

Andrea de Michaelis presents

SEPT 2025

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# 12 STEPS OF SPIRITUAL FREEDOM

By Rev. Tom Sannar dr.tomsannar@gmail.com

**PUBLISHER:** We use many names for God, including The Universe, Universal Energy, Source Energy, Great Spirit, Divine Source. It all refers to the same, no matter what name we use for the God of our understanding.

**1. Recognition.** I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all my questions and has the ability and the willingness to fulfill all of my desires.

**2. Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.

**3. Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.

**4. Dominion.** I take dominion and responsibility for my life.  
I give up blame and judgment. I accept myself and all others.

**5. I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.

**6. I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.

**7. Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.

**8. Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.

**9. Persistence.** I persist through faith. I maintain focus and discipline.

**10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.

**11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.

**12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure and my talent to the spiritual source of my choice.

**The greatest  
optical illusion  
is separation**

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**Co-incidence has meaning. If you find yourself reading these words, there is a message for you.**

"And the day came when  
the risk to remain tight in  
a bud was more painful...  
than the risk it took to  
blossom." Anais Nin



**Horizons thanks  
everyone willing  
to take the risk**

HORIZONS MAGAZINE is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

**ARTICLE SUBMISSION:** You may submit articles of up to 1500 words on any area of personal growth and practical spirituality to [HorizonsMagazine@gmail.com](mailto:HorizonsMagazine@gmail.com). Time sensitive articles must be submitted 3 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for.

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# THIS MONTH'S THOUGHTS ABOUT THINGS

*"I want to look back on my life  
and be giddy with joy that I was  
the one who got to live it."*

Andrea de Michaelis  
Publisher

**Hello and welcome to the Sept 2025 edition of Horizons Magazine.** I did an email reading recently with some excellent questions and received permission to share the reading with you. For background, several family members have serious health issues that require daily attention, including the questioner, who caretakes it all, however the info is Universal.

**Question:** I believe in pre-birth planning and that we took this lifetime on in agreement. I've been happy and able to navigate the challenges while working and raising my children. This has shaken me. I question if I made decisions that made things more difficult. We are in a tough period of our journey. I am doing what I'm able to get more help and maintain hope. I feel depleted. The cuts the administration made to our lifeline of help at a time when we need more, not less, makes it hard to face each day.

I've always had a belief and narrative that helped me live with challenges. I am searching for that now. It's not coming easily. Will I regain my faith? How? I am trying to fill my mind with affirmative, loving thoughts. Fear seems to be winning. I need help to turn it around. What is the best way for me to do this when I feel scared and isolated?

**Andrea:** You made the best decisions you could make at the time. Know that no matter WHAT decisions you made, they'd all bring you to the place you are now. As difficult as it was and is, even though you're feeling depleted, you're building strength and receiving evidence of what you're capable of doing, which is more than you thought you were capable of.

Realizing that will bring you a peace and hopefulness, that in the moment you're always able to muster up to do what needs to be done. It will always be so for you. Resources will appear for you and in fact are already on their way to you once your vibrational stance changes a bit as you release resistance.

Resistance is simply us letting our fearful thoughts get away from us so we spend too much time focused on a problematic situation, which for you is multi layered and frankly enormous. It's hard to keep your attention AWAY from something like that but you know how to pivot your attention to better things, happier times without mingling regret in there. That's how you release resistance and vibe in a higher place, which in turn attracts a preferred outcome.

You do give thought time to how you may have done things differently and those thoughts do tend to spiral downward a bit before you catch yourself. The sooner you can get OFF that topic altogether and turn your attention to something fun and happy and unrelated, the quicker you will begin to feel a peace about the situation, which also means the sooner the situation begins to resolve.

Which means the help and assistance that's on its way to you can more quickly make itself known, whether that's by means of programs becoming available or funding becoming available or advocates appearing on the scene to help you wade thru the massive paperwork and info.

All of that aids in helping you feel at least THAT part of it's getting under control and when that happens, you will begin to feel moments of peace and hopefulness about the situation and that peace signals that the situation is beginning to resolve.

That peace is your vibrational resonance changing, which is turn means you'll begin to see evidence of help on the way, because help IS on the way. And your resistant thought is the only thing that slows it down.

I know it's hard to trust that resolution is coming when so often in the past it has not, but you need to remind yourself thru your self talk that it's on its way. Again, when it's on the way to you yet you see no evidence of it, your self talk is what will bridge the gap from where you (vibrationally) are and where you want to be.

Opportunities are presented to you in response to your self talk. Ask for new doors to be shown to you, then ask (within/silently) in every situation and as you stand before every person, what good does this person or situation have for me? If your thoughts are wrapped up rehashing past problems, you're not actively looking for your good. When you look for your good, people will come into your life to help you achieve it. Situations will unfold that will delight you. Be on the lookout for WHAT GOOD DOES THIS DAY HOLD FOR ME?

*...continued on page 24*

# ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Author of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and NY Times Best Seller, Money and the Law of Attraction, visit [www.abraham-hicks.com](http://www.abraham-hicks.com).

## When They Won't Help Around the House

**QUESTION:** Would you elaborate a little more on ways in which family members could harmoniously share in the responsibilities of common home maintenance and help with the general flow of the activities of the family, and still maintain their individual feeling of freedom.

**ABRAHAM:** When you speak of responsibilities, you are usually speaking of action, and we certainly understand that there are plenty of action responsibilities to be shared in the making and managing and maintaining of a home environment. And we also understand how it seems logical to most people that when there are a specific number of things that need to be done and there are a specific number of people to share those tasks, an action regimen seems logical.

The thing that usually goes wrong in such situations is that the people who are assigning the activities of the family are often doing so from a personal place of imbalance - not out of balance because of the amount of work that they are personally doing, but because of the resentment they feel about having to do more than what they feel is their fair share, or the frustration they feel about the work to being done the way they want it to be done.

Even though we are talking about taking action to organize and maintain the home, it is still necessary to

find personal alignment first. Which leads us to another flawed premise:

## Flawed Premise: With enough effort, or hard work, I can accomplish anything.

When you are Vibrationally out of balance with your desired results, there is not enough action in the world to compensate. Without working to achieve **Vibrational alignment** with what you really want, but instead, offering action to push against, or fix existing problems, the **Law of Attraction** will bring you a steady stream of problems to fix - and you will never get out ahead of them. If you are focused upon problems - the **Law of Attraction** will bring problems to you faster than you can fix them. If you are focused upon a disorganized home - the **Law of Attraction** will bring more experiences of disorder, disruption, and problems than you can keep up with.

In simple terms, the power of the **Law of Attraction's** response to your Vibration will always be stronger than your ability to keep up in terms of action. You just cannot get there from there. The only way to bring order to your life or your home - or your relationships - is to tap the powerful leverage of **Energy alignment**. And when you do, things that were formerly a struggles will seem to flow effortlessly.

You have to let go of the struggles and focus upon the end result that you are seeking. You have to find the feeling-place of a cooperative home that is organized and good-feeling before you can inspire that behavior from others. The people in your life will always give you exactly what you expect. No exceptions.

Many people tell us that they believe that their negative expectations were born from observing negative

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# NON - RELIGIOUS SPIRITUALITY

Jim Palmer is the Founder of the Center for Non-Religious Spirituality. A critically acclaimed author, Jim also writes for professional journals and major publications. Jim is an adjunct professor of Ethics, Philosophy of Religion and Comparative Religion. He is a Spiritual Director, Founder of the Nashville Humanist Association and Chaplain with the American Humanist Association. He is a trained religious trauma and spiritual abuse counselor. <https://nonreligiousspirituality.com> & <https://jimpalmerauthor.com>

## 6 Characteristics of Toxic Religion That Can Hinder Your Growth Journey:

1. The “old is gone and new has come”-mentality can lead a person to believe that change and transformation happens by God at a point in time, rather than squarely confronting, addressing and seeking professional help and support for the broken, wounded or unresolved issues of one's life and relationships.
2. The premise that people are inherently bad, born “sinners,” and rejected by God, corrupts one's sense of worth and value, and creates a shame-based belief about oneself that cripples a person's capacity to lead a healthy and whole life.
3. The tendency to focus on externals, appearances, rule-keeping, box-checking and behavior modification distracts a person from digging deep enough into the layers of who they are to address the root cause of their personal suffering.
4. Seeking, expecting and waiting for God's “intervention” in one's life causes a passivity where a person doesn't take responsibility or action in ways that are necessary for growth and transformation.
5. Meeting-based and surface-level relationships, which sometimes characterize institutional church, can often lack the depth, honesty, authenticity and vulnerability that we need in our relationships to support our growth and transformation.
6. The separatist mentality of religious subculture can cut people off from connection and relationship with others outside that subculture, which significantly limits the people who could be contributing to our journey of personal growth and development.

## Just for the record, Jesus did NOT:

"I find it curious that practically every creed of the **Church**, whether the early ecumenical creeds, the **Roman Catholic** creeds or the **Protestant** creeds are statements that outline the theological positions and doctrines of the **Church**, but hardly have any of the teaching of **Jesus** in them. **Christendom** is lost in a theological maze about **Jesus** that has very little connection to or basis in the **Jesus** of history.

### Just for the record, Jesus did NOT:

Start the Christian religion  
See human beings as “sinners”  
Die to rescue people from God's wrath  
Establish the clergy class  
Create a theological orthodoxy  
Write or read the New Testament  
Teach women were subservient to men  
Require people to worship him  
Say humankind is separate from God  
Tell people heaven is a future place  
Claim exclusive rights to God  
Encourage the practice of religion  
Believe in a literal hell  
Claim superiority to all other humans

Christianity is not the fault of **Jesus**. **Jesus** said the truth will set you free. If you are not free, you have not yet uncovered the truth **Jesus** referred to. Just because you are a **Christian** doesn't mean you have uncovered it. In fact, it might be the biggest reason why you haven't.”

- **Jim Palmer, Inner Anarchy**

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# SOUL SONGS • ABRAHAM FUN

Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. Join "Abraham Fun" on FB and like her FB page, "Soulsongs by Karen Money Williams." Email [karen@karenmoneywilliams.com](mailto:karen@karenmoneywilliams.com)

## WONDER: IT'S MORE THAN BREAD

**How would I feel if I were living my ideal life? Pleased, fulfilled, empowered, invigorated, ever anticipating more great experiences?**

Here is a direct route to that fabulous life that I desire: Start finding ways to sample the feelings of that wonderful life, even before it arrives. As I make those feelings a regular occurrence, I will begin to usher in my desires.

**But how on God's green earth do I do that, before the fact?**

1) I think less about what was and what is, if they aren't so great, and I think more about what I want to happen. I imagine, I visualize, I dream big.

2) I focus more on what I do enjoy and appreciate about my current existence and less about what is messed-up, unfair, discouraging, and just plain wrong.

As I set out to find a little pleasure here, a little fulfillment there, a little empowerment here, a little anticipation there, I gradually open the doors to wonder.

## GETTING THE GOODIES

**As I think back to receiving presents on a special occasion, I realize I didn't need to do anything - only receive. And I recall the anticipation and appreciation I felt.**

The Universe knows every detail of my current wish list and yearns to delight me by providing each of my heart's desires, tangible and intangible. All I must do is become receptive by:

**1) Anticipating good things.** I practice living in a state of hope and wonder.

**2) Appreciating.** I practice loving where I am right now and noticing the happy aspects of my experience. I train myself to give minimal attention to the things I dislike and don't want.

**3) Relaxing.** When I relax and simply enjoy life, I am utterly receptive to my good. I hereby give myself permission to kick-back, chill-out, have fun. When I'm in this mode, I am pulling in the deepest desires that I hold for myself and for the planet.

**AD RATES ON PAGE 4**

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Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. [herbcorner.net](http://herbcorner.net)

## MENOPAUSE: IT'S NOT A DISEASE

**Menopause has always been a natural part of a woman's life marking the end of her reproductive cycles. It is not a disease and it does not need to be medicated away by doctors.** It doesn't mean you are old and dried up in fact in today's time it is quite freeing.

We are not the 50 year-olds of our grandmother's day. We live much busier lives with our families and loved ones and without a period we no longer have to plan around bleeding, bloating, weight gain, moodiness, headaches and the painful cramps associated with menstruation.

Typically menopause is a gradual process that can take years and is different from woman to woman. It's not the menopause causing the problems that's the end of menstruation caused by the inability of the ovaries to produce the estrogen needed for a period. It's the perimenopausal stage that causes problems such as hot flashes, changes in hair, skin and muscle tone, brain fog, weight gain, rising blood pressure and cholesterol, mood swings and depression for women.

If you've been advised to take synthetic hormones to help you through this do your research; they have been linked to uterine and breast cancer, heart disease, lowered levels of HDL's and increases in LDL's this is not a wise trade for hot flashes. There are much more natural ways to beat a hot flash and other discomforts.

Fortunately we naturally produce hormones from the compounds made available in herbs and from many of the foods we eat. These nutrient and herbal phytoestrogens help relieve symptoms but they do not cause

*...continued on page 33...*

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# CRYSTALS, ROCKS, MINERALS

## DAILY USE AND PRACTICE

### GRANITE

Sharron Britton has been a rock collector for as long as she can remember. From picking up shark's teeth and fossils on Venice Beach in Florida where she grew up to honing in on rare mineral treasures at the world's largest rock and mineral show in Tucson, AZ, she has always felt at home working with rocks. 20 years ago she began selling a few pieces from her collection to her friends, and the response was so positive she started her business. Her customers run the gamut from mineral collectors and lapidary enthusiasts to lightworkers and metaphysicians. Sharron believes everyone who loves rocks is a kindred spirit. See her [Facebook page at SharronRocks](#)

**As the summer moves towards fall I have been enjoying the beauty of Maine.** I have been blessed with cool nights, glorious sunny days and reunions with cherished friends. A few nights ago I got a room in a bed and breakfast perched on a cliff overlooking the **Atlantic Ocean** and slept with my windows open lulled by the sounds of the sea. The next day I drove a few miles down the coast to one of my favorite places in the world, **Reid State Park**. It is a wild beach where the waves come crashing in over the rocks before foaming over the sand. There were boulders all around and I found a perfect stone to sit on as I soaked in the energy of magnificent **Maine granite**.

**Granite is an igneous rock composed mostly of quartz, feldspar and plagioclase.** It forms from magma that slowly cools underground, creating igneous intrusions that can range from huge basoliths hundreds of kilometers across to small dikes only a few centimeters long. Formed during the **PreCambrian Era**, it is one of the most abundant rocks underlying our earth's crust. Whenever we need to connect to the earth's firm foundation, **granite** can fill the bill.

As we move towards the coming of the **Autumnal Equinox** when summer yields to fall, many of us gratefully await a time to regain our balance amidst the chaos that surrounds us. **Granite** is associated with strength, abundance and protection. It is also considered to provide grounding and balance in relationships.

For those who have been feeling tossed about by the rapid shifts in the world around us, granite is a great talisman to help us reconnect to our foundation. Since granite is a stone representing stability, it can help create a strong base for diplomacy and cooperation.

**Granite** comes in many colors depending on the mineralization associated with it. White, red, yellow, blue, black and brown varieties are readily available. **Mica** is often associated with **granite** and you can often find black spots of hornblende in it. For centuries **granite** has been quarried and used for building.



Granite, Reid State Park, Georgetown ME

The **Great Pyramids of Egypt** are made of **granite**. The **Mayans** and **Aztecs** used **granite** to build their cities. Throughout **New England** and in many places around the world, churches are made of **granite**. **Granite** endures.

For those of you who do not live in a place where you can find your special piece of **granite** walking along the beach, you can find it easily at any place that sells **granite countertops** or **river rocks** for your garden. Find a piece that calls your name and put it in your pocket. Feel safe and grounded in the things that really matter.

Many blessings to you,

*Sharron*





# PSYCHIC MICHELLE WHITEDOVE

Lifetime TV named her America's #1 Psychic on America's Psychic Challenge. Her books include: She Talks To Angels, Ghost Stalker. As of Dec 2022 her physical body could no longer contain her Spirit, but she is still sending her guidance. Her work continues. She's done much writing that has not yet been published and Horizons has been given permission to continue to publish it. Visit [www.MichelleWhitedove.com](http://www.MichelleWhitedove.com)

**DEAR WHITEDOVE: Do twin flame souls resemble each other or are they opposites?**

## DEAREST,

A twin flame is a soul that has divided its energy to incarnate into separate bodies, to have separate experiences. It has been said that **Jesus** and **Mother Mary** are **Twin Flames**. In this case they led similar lives, highly evolved spiritual beings, on a mission of enlightenment for the world, with **Mary** offering a supporting role to **Jesus**. I believe that they communicated telepathically and could empathically feel each other even when separated at great distances.

In other **Twin Flame** scenarios, a soul will divide to work on its karmic debts. These bodies are not meant to meet, the goal is to hurry up and complete their journey but twice as fast. Although if they do cross paths they will be magnetically drawn to each other because of their divine energy: like attracts like.

In any case it's a fallacy to believe that **Twin Souls** are oppositional, when they are mirrored reflections of one another. If you divide anything in half, it's all the same element. **Twin Souls** offer supporting roles, they are the same energy although when looking in the mirror sometimes we see the worst aspects - so if one being is reflecting light and the other is mirroring the darkness of the soul, you might think that they are opposites. But in reality these beings are glimpsing the yin and the yang aspects that resides within the human soul.

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# YOGA SHAKTI MISSION



## YOGA SHAKTI MISSION

**3895 HIELD ROAD, NW  
PALM BAY, FL 32907  
321-725-4024**

[www.yogashakti.org/](http://www.yogashakti.org/)

Ma Yoga Shakti [yogashaktipalmbay@gmail.com](mailto:yogashaktipalmbay@gmail.com)

## SUNDAY LECTURES 9 - 10AM



Students doing Surya Namaska on the International Yoga Day (held every year on June 21st.)

## YOGA CLASS SCHEDULE

Donation: \$10 per class or \$50 per month  
Our weekly Yoga classes are held outside in a large, beautiful, screened in pavilion in the woods of Palm Bay. Bring your own mats.

**Mon. 7 pm Annapurna** Classical Asana Yoga

**Tues 10 AM Yoga with Gajendra**

**Tues. 7 pm Vinyas Flow with Natalia**

**Wed 7 pm. Lisa Campbell** Yin Yoga

**Thurs 7 pm Sensei Marguerite** Intermediate Yoga

**Fri 9:30am Chair Yoga with Audrey da Costa** \$8

*Schedule subject to change.*

## VEGETARIAN INTERNATIONAL LUNCHES -- FIRST SATURDAY OF THE MONTH AT NOON

Suggested Donation \$15 — small children free





Here I've gone online to <https://openai.com/index/chatgpt/> and asked questions. Your choice When you "Try ChatGPT" is to (1) Log in, (2) Sign Up for Free or (3) Stay Logged Out. I always stay logged out.

*While Artificial Intelligence can produce some interesting info, it can also hallucinate and give errors.*

In Roberto Mata vs. Avianca Airlines US District Ct, Southern District of NY Case 1:22-cv-1461(PKC) attorney Steven Schwartz used ChatGPT to conduct legal research for the court filing. The court found that the cases didn't exist and had "bogus judicial decisions with bogus quotes and bogus internal citations" and sanctioned and fined the attorney and the law firm.

**HAVE FUN BUT CHECK FOR ACCURACY. -- Publisher**

## I ASKED CHATGPT: WHAT DOES ABRAHAM-HICKS SAY IS THE QUICKEST WAY TO GET INTO ALIGNMENT?

### CHATGPT RESPONDED:

**Abraham-Hicks** teaches that the quickest way to get into alignment is to reach for a better-feeling thought—moment by moment. Here are some of their most common teachings around this:

"The key to alignment is feeling good."

**Esther Hicks (as Abraham)** emphasizes that alignment with your **Inner Being (or Source)** happens when you feel good emotionally. You don't need to "fix" the problem; you just need to tune yourself to a better emotional state.

### QUICKEST WAYS ACCORDING TO ABRAHAM:

#### 1. Reach for the best-feeling thought you can find.

- You don't need to go from despair to joy—just slightly better.
- Ask: "What thought feels just a little bit better than this one?"

### 2. Use appreciation or gratitude.

- They call appreciation a "rampage" of high vibration.
- Example: Start naming things you enjoy or love around you right now.
- It's easier than forcing positivity.

### 3. Meditation (15 minutes daily)

- Abraham says: "Meditation is the fastest way to stop resistance."
- By quieting your mind, your vibration naturally rises.

### 4. Focus on what you want—not what's wrong.

- Stop explaining what's not working.
- Say: "Wouldn't it be nice if..." instead of complaining.

### 5. Go to general thoughts when specifics feel bad.

- If details of a situation feel painful, zoom out.
- Think: "Things always work out for me." or "This too shall pass."

### SUMMARY QUOTE:

"The way you feel is your point of attraction, and so the **Law of Attraction** is responding to the way you feel, not to the way you mean or the way you talk."

So: Shift your emotion • Shift your vibration • Enter alignment.

## I ASKED CHATGPT: What does Abraham-Hicks say about those afraid of an impending Civil War?

### CHATGPT RESPONDED:

**Esther Hicks** and **Abraham** (the non-physical group she channels) give broader guidance on fear, resistance, and collective focus that can offer meaningful insight for anyone feeling anxious about ANY societal division.

### WHAT ESTHER HICKS (ABRAHAM) GENERALLY SAYS ABOUT FEAR & COLLECTIVE CONSCIOUSNESS

#### 1. FEAR INDICATES RESISTANCE

**Abraham** consistently teaches that negative emotions like fear are signs of resistance—meaning you're not in alignment with your inner being or **Source Energy**. Instead of resisting the situation or giving that fear fuel, you can shift your focus toward more uplifting thoughts:

*... continued to page 15...*





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*“Negative emotion is your indicator of resistance, while positive emotion is your indicator of allowance.”*

## 2. WHAT YOU GIVE YOUR ATTENTION TO GROWS

They emphasize that paying attention to what-is (especially fearful projections) only magnetizes more of it. To shift the momentum, you must pivot toward how you'd prefer things to be:

*“What is has no bearing on what is coming unless you are continually regurgitating the story of what-is. By thinking and speaking more of how you really want your life to be, you ... jump off into more of the same.”*

*“Many around you want to point out ‘reality’ ... if you are able to see only what-is—then, by Law of Attraction, you will create only more of what-is... You must ... put your thoughts beyond what-is in order to attract something different or something more.”*

## 3. YOU CAN SHIFT YOUR EMOTIONAL STATE QUICKLY

Even if you're feeling intense fear or despair, **Abraham** teaches that you can deliberately shift your vibration by choosing thoughts that feel better—in as little as ten minutes:

*“No matter how ... awful whatever-it-is is ... 10 minutes is as long as we think it would ever take to achieve the important manifestation of the improved emotional state of being.”*

## 4. COLLECTIVE AWARENESS MATTERS—BUT FOCUS ON YOUR ALIGNMENT FIRST

While everyone is part of a "consensus reality" that shapes shared experiences, you don't need to get absorbed by fear or divisive narratives. Your own inner alignment influences what you attract—on both a personal and subtle collective level:

*“We live in a sort of consensus reality where a lot of things shift based on the collective.”*

## SUMMARY: WHAT ESTHER HICKS MIGHT SAY TO SOMEONE AFRAID OF “IMMINENT WAR”

Recognize the fear as a signal that you're out of alignment with your inner being.

Shift your focus from worst-case scenarios (“civil war”) toward how you'd prefer society to be—peaceful, harmonious, evolving.

Cultivate emotions of trust, love, hope, or the good you can perceive—even if small.

Take emotional action: use a mantra, a peaceful visualization, or a moment of appreciation to pivot your feelings.

Trust in the process: **Abraham** emphasizes that the universe (or **Source**) is always aligning with well-being—even when human circumstances seem turbulent.

## IN PRACTICE: A SHORT EXERCISE

**Acknowledge your feeling:** “Yes, I’m anxious or fearful right now.”

**Ask yourself:** “What thought would feel just slightly better?” It could be, “I trust that we’re moving toward more unity,” or, “I’m grateful for the caring people around me.”

**Hold that thought** for a few minutes, feel its vibration, and let your emotional state soften.

**Repeat as needed.** The goal isn't to ignore reality but to return to a more centered, empowered state where you can operate from clarity instead of reactivity.

**Abraham's** universal guidance for handling fear, resistance, and collective anxiety is timeless—and can be applied to any unrest, personal or societal.



# DO NOT WAIT ANOTHER MOMENT FOR PERMISSION

Scott Grace is a healer, guide and life coach, as well as the author of: [Mindful Masculinity](#), [Teach Me How To Love](#), [Oh the Places Your Ego Will Go!](#) And.... [How To Evolve During The Trump Experience Whether Humanity Joins You or Not](#), which he never dreamed would be relevant again. He can be found at [www.scottsongs.com](http://www.scottsongs.com), on YouTube, and Facebook, and in Ajijic, Mexico if you want to take him out to lunch.

It was at a **Course In Miracles** Conference when I first realized it.

I had gone to my room to take a nap, and was awakened after ten minutes by a powerful urge to go straight down to **Tom Carpenter's** workshop.

**Tom** serves as a channel for **Jeshua Ben Joseph**, more popularly known in this culture by the nickname "**Jesus**".

I was excited! At that time I didn't often receive what felt like inner direction. I assumed I was going to get some pearls of wisdom at the workshop to assist me in my life.

I walked into the room, and **Tom (Jeshua)** was fielding questions.

I held my hand high, and he met my eyes immediately. "Do you have a message for me?" I asked. "I was awakened in the middle of my nap and told to get down here in a jiffy."

I waited, opening my heart and mind for some pearls to come forth.

**Jeshua** answered, gently and clearly: "*Why do you assume you were guided to come here because you had something to receive? Perhaps you were awakened from sleep because you had something to give.*"

His re-frame floored me.

I had been seeing myself as someone who was broken, and on a quest to be successfully repaired. Through the eyes of Truth, **Jeshua** saw me whole and complete, here on a mission to give.

He invited me to make a quantum leap: to give up this business of needing to fix something broken and instead be about my Father's Business.

Releasing the perception of myself as damaged goods has been a continuing process for me. My ego is so quick to jump in and present evidence in the courtroom of my mind that makes a case for my inadequacies.

When I lend the power of my belief to such self-prosecution, I am motivated to become a seeker, and, like a fish going off on a search for the sea, I journey near and far to fix something that isn't broken.

The world is full of seekers, people operating from the mistaken premise that there is something wrong with them and something outside that possibly can fix them. As **Swami Beyondananda** is fond of saying, "There is a seeker born every minute!"

My seeking has led me to all kinds of teachers, methods, practices, books and workshops. I regret none of these life experiences, for they all have broadened me as a person.

But there came a time when all of them seemed to be saying the same thing: "*Give up seeking, start finding. Stop searching for truth and start living it. Stop fixing yourself and start giving your gifts.*"

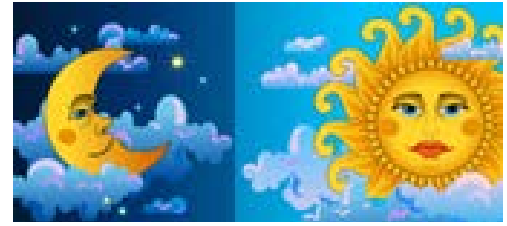
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# SOLAR AND LUNAR CELEBRATIONS OF THE ANCESTORS



Debra Strasser is High Priestess at Church of Iron Oak in Palm Bay, FL.

## WELCOME TO SEPT 2025

**September's full moon on Sept 7 is called the Corn Moon and in 2025, it will be the center of many seasonal and religious celebrations.** In ancient Greece, this was the time of **The Eleusinian Mysteries**. The Mysteries are believed to have begun around 1500 B.C.E., during the **Mycenean Age**. Much of the concrete info about the **Eleusinian Mysteries** was never written down. The earliest surviving literary account of it is found in the **Homeric Hymn to Demeter**, written sometime between 650 and 550 BCE. The hymn details how **Demeter**, in her sorrow over losing her daughter **Persephone** to the underworld, stops the grain from growing. To avoid a catastrophe, **Persephone** is allowed to return to the earth, but only during a certain time of the year. **At its core, the story is an explanation for the cyclical nature of agriculture:** the time **Persephone** spends in the underworld represents the barren part of the year, while the time she spends with **Demeter** represents the fertile part of the year. In ancient **Greece**, winter was the busiest season for agriculture and might correspond to the time when **Persephone** and **Demeter** were together. The mysteries themselves were actually celebrated around the time for the autumn sowing.

**Sept 5 and 6: Mawlid** - The celebration of the birth of the Prophet Muhammad in the Islamic faith

**Sept 7: Full Corn Moon in Pisces** (Harvest Moon will be in October in 2025)

**Sept 21: New Moon in Virgo**

**Sept 22 - 24: Rosh Hashanah**, The two-day Jewish New Year that highlights rest and reflection.

**Sept 22: Mabon** A significant festival in the **pagan** and **Wiccan** traditions. **Mabon**, also known as the **Autumn Equinox**, is a time to honor the bountiful harvest, express gratitude for the abundance of the Earth and find balance within ourselves. It symbolizes the second harvest, where we reap the rewards of our hard work and appreciate the abundance surrounding us. **Mabon** provides an opportunity to deepen our con-

nection with nature and embrace the changing seasons. Take a walk in the woods, witness the transformation of the leaves, from vibrant greens to fiery reds and golden yellows. Gather fallen leaves, acorns, or pinecones to create meaningful decorations for your home or altar. Engaging in activities like gardening, foraging for wild mushrooms, or participating in a local harvest festival can further immerse you in the spirit of **Mabon**.

**Sept 23: Autumn Equinox**

**September 28 - Oct 6: Moon Festival, China** - A Time for family reunions. Ancient **Chinese** Emperors worshiped the moon to thank it for the harvest.

**Sept 7 - 21 - Pitru Paksha** Ancestor remembrance when **Hindus** pay homage to their ancestors.

**Sept 29: Feast of St. Michael, Old Michaelmas.** **Michael** is an archangel in **Judaism**, **Christianity** and **Islam**, but his festival is one that can be observed by people of all faiths and spiritual paths. In **Europe**, **Michaelmas** was blended with the cross quarter day of **Lammas**. **Lammas**, (a corruption of the Old English words for "loaf mass") was the midpoint between the **summer solstice** and **autumnal equinox**. Traditionally a festival associated with harvesting grain, it marked the beginning of the wheat harvest, and especially celebrated the first wheat or corn crop. Grains harvested at **Lammas** time also include barley, oats, and sunflower. Tenant farmers would present the first crop harvest to their landlord.

The **Anglo-Saxon** poem **the Menologium** alliteratively calls it the 'high-angel's tide in harvest', i.e. 'the archangel's day in autumn':

Lo, we honour widely throughout the earth  
the high-angel's tide in harvest,  
Michael, as the multitude know,  
five nights after the equinox day.

**HAPPY SEPTEMBER AND BLESSED BE!**



# SETH SPEAKS

Seth is the nonphysical spiritual teacher who spoke through the author Jane Roberts. Seth presented the furthest reaches of human potential, the eternal validity of the soul and the concept that we create our own reality according to our thoughts, emotions and beliefs. Seth taught to access and use the source of power, wisdom within you. [www.sethlearningcenter.org](http://www.sethlearningcenter.org)

## SETH, HOW DO WE FACE A HURRICANE?

External experiences are going to be the result of inner beliefs and emotions. By staying calm, trusting that you'll be safe and well, the outer conditions of your personal experience will shape themselves in accordance with those inner conditions. It isn't a matter of pretending but **KNOWING** the outer state reflects the inner one and trusting the outcome.

From Seth thru Jane Roberts "You Make Your Own Reality" Session 614, "The Nature of Personal Reality"



## SETH, HOW DO WE FACE A HURRICANE?

By staying calm, trusting that you'll be safe and well, the outer conditions of your personal experience will shape themselves in accordance with those inner conditions. It isn't a matter of pretending, but **KNOWING** the outer state reflects the inner one and trusting the outcome.

When you stay calm and trust that you'll be safe and well no matter what, the outer conditions of your life will shape in a way that keeps you safe and well no matter what.

When you stay calm and trust that you'll be safe and well no matter what, the outer conditions of your life will shift in a way that keeps you safe and well no matter what.

**What magicians we are, turning darkness into light, transforming invisible atoms into dazzling theater of the world**, pulling objects, (people as well as rabbits) out of secret microscopic closets, turning winter into summer, making a palmful of moments disappear through time's trap door. We learned the methods so long ago that they're unconscious, and we've hypnotized ourselves into believing that we're the audience, so I wonder where we served our apprenticeship. Under what master magicians did we learn to form reality so smoothly that we forgot to tell ourselves the secret?

**You must begin to trust yourself.** If you do not then you will forever be looking to others to prove your own merit to you, and you will never be satisfied. You will always be asking others what to do, and at the same time, resenting those from whom you seek such aid.

**Therefore, as always, recognize within yourselves the vitality of your being.** And look to no man or no idea or no woman or no dogma, but the vitality of your own being, and trust it. And that which offends your soul, turn away from, but trust yourself.

**And, if you believe, in very simple terms, that people mean you well, and will treat you kindly, they will.**

And, if you believe that the world is against you, then so it will be in your experience. And, if you believe that you will begin to deteriorate at age 22, then so you shall.

**You should tell yourself frequently 'I will only react to constructive suggestions.'** This gives you positive ammunition against your own negative thoughts and those of others.

**Time does not cause change in matter**, appearances to the contrary. I am going to skip a giant step, and say that man himself and all conscious beings produce matter subconsciously.

**You are so part of the world that your slightest action contributes to its reality.** Your breath changes the atmosphere. Your encounters with others alter the fabrics of their lives, and the lives of those who come in contact with them.

**You were born into a state of grace. It is impossible for you to leave it.** You will die in a state of grace whether or not special words are spoken for you, or water or oil is poured upon your head. You share this blessing with the animals and all other living things. You cannot fall out of grace, nor can it be taken from you. You can ignore it. You can hold beliefs that blind you to its existence. You will still be graced but unable to perceive you own uniqueness and integrity, and blind also to other attributes with which you are automatically gifted.





# SPIRITUAL GRAFFITI

Jeff Brown is author of *Spiritual Graffiti*, *Ascending with Both Feet on the Ground*, *Love It Forward*, *An Uncommon Bond*, *Apologies to the Divine Feminine*, *From a Warrior in Transition*, *Karmageddon*, an award winning documentary, and *Grounded Spirituality*. Visit [www.Soulshaping.com](http://www.Soulshaping.com) and [www.Soulshapinginstitute.com](http://www.Soulshapinginstitute.com). These are passages on 'judgment' in his book, 'Grounded Spirituality.'

## ON JUDGING AND JUDGMENT

Don't judge! Yet in truth, we are judging all the time. We were granted the gift of discernment and critical thinking. Thank God for that—it keeps us from walking down the wrong paths, making unhealthy decisions, destroying our lives. Even those who criticize judgment are judging. It's fundamental to the human experience.

Perhaps the real question is not IF we are judging (or discerning, if you prefer), but WHY we are judging? Is it benevolently or malevolently intended? Are we judging in a forward-moving effort to distinguish unhealthy from healthy, or are we judging as a reflection of an unresolved superiority complex? Are we judging because we have a need to call out the madness of the world, or as a direct reflection of it? Where are we coming FROM?

Judgment can be a divisive and destructive force, often wielded as a weapon against those deemed different. It can divide us, it can undermine our connection to one another, and it can perpetuate an adversarial framework of perception that fractures rather than heals. It is one of the primary roots of the poisonous tree. As a result, it is essential that we become conscious of our own unconscious judgmental tendencies, and seek a more compassionate approach where possible.

At the same time, we have to be careful not to swing so far in the other direction that we lose contact with reality. Again, it's about that delicate balance. In its extreme forms, the anti-judgment mantra can actually perpetuate the madness it seeks to avoid by nullifying one's freedom of thought and expression, and deflecting personal responsibility for our own actions. It becomes yet another spiritual bypass mechanism, one where individuals repress valid and fair-minded perceptions because they fear that they are being "judgmental" toward others. When this happens, the individual becomes split between an unactualized inner knowing, and an adaptation to an externally influenced "idea" of appropriate behavior. And, that which merits true legitimate judgment gets overlooked.

Let's embrace common sense. Not every negative judgment we feel is sourced in our own stuff, or in a past life projection trail. Sometimes our judgments are actually reflections of a conscious discernment process. Sometimes we are appalled by certain behaviors because we have evolved to the point where we can distinguish good from bad, healthy from unhealthy, benevolent from malevolent.

If we remove our capacity for judgment altogether, we'll never reach our true potential as we're muting one of our key superpowers: discernment. Conscious judgments keep us alive and fuel the sacred activism that improves our world. If we lose the capacity to judge, we lose the capacity to effect the kinds of change that will make the world a safer and more inclusive place.



# NOTES FROM THE UNIVERSE

International tax accountant turned entrepreneur turned writer for "the Universe" and one of the teachers for The Secret, Mike Dooley runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit <http://tut.com>

**Your Attention, please...  
Your Attention Please...**

**This is the Universe and  
today I'll be recording  
your every thought, word,  
and deed.**

**No matter how generous  
or stingy.**

**No matter how helpful or  
hurtful.**

**And everything I record  
for you will be played  
back as some type of  
manifestation in your life.**

**Thank you, that is all.**

**The Universe**



# METAPHYSICS 101

## Just What is the Study of Spirituality and Personal Evolution?

Marilyn Muir, LPMAFA, began studying metaphysics in 1970, astrology in 1973 and began teaching in 1975. She has taught nationally, had a live tv show and was a radio and magazine columnist. She hosted workshops and private classes for national and international students then retired to research and write. Fifteen books are completed, with several others in varying stages of completion plus multiple research projects underway. Her website has free pdf downloads to much of her work [www.marilynmuir.net](http://www.marilynmuir.net)

**In this introduction we can only scratch the surface of the field of metaphysics in order to set a basis for our personal perspective and participation.**

Late in his studies, Greek philosopher **Plato** organized his developed material into single subject physical reality books. When these were completed, **Plato** had a bunch of stuff left over that just didn't fit into the physical reality topics because they were more about non-physical subjects and experiences.

He considered these "leftovers" to be *beyond the physical* and termed them *meta* (Greek for beyond or after) the physical matters already codified. So **meta-physical** simply means beyond the physical, containing all the "stuff" that just doesn't fit into physical reality categories.

Just because something cannot be placed into accepted physical typecasting has nothing to do with its reality in experience. If I like the color blue, that's real to me but it doesn't fit into any of **Plato's** reality books. My appreciation for color blue is outside physical reality but is still valid in experience - or **metaphysical**.

described, that which is beyond physical reality, more like conceptual reality. Since it is so wide-based and speculative in nature, it does not lend itself to the codification of a religion.

It tends towards intellectual reasoning and I may "think metaphysically" but there really is nothing tangible to worship or revere, no deity, no object, no ritual.

I may practice my philosophy by behaving in a meta-physical (elevated consciousness) way. I term myself as a **metaphysician** because I don't want to be identified with a rigid set of dogma or beliefs. As a **metaphysician**, I would be more apt to declare myself a child of the universe, one with all creation, the heir to the kingdom of first cause, a seeker on the path of wisdom, a consciousness on a journey of discovery, seeking union and reunion with "the all".

This is not a philosophy or a journey for the faint of heart as the **metaphysician** instinctively knows this is a journey of self-actualization. While you may share your path with others from time to time, success or completion of your journey is really all up to you.

That path can get lonely as you progress, as much of this internal journey requires alone time and reflection. You may have to move on, much to the consternation of those who can no longer travel with you because your paths are diverging. That includes family and friends as well as teachers, co-seekers and students. Each path is unique.

We occasionally have fellow travelers with whom to temporarily share a space on that path. But the path itself is unique and designed for one... you, just as each student's spiritual journey is individual, their own.

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**florida HERBAL COOPERATIVE**  
AGRICULTURAL MARKETING COOPERATIVE

We promote Florida-grown medicinal herbs, connect herb farmers with herbalists, retailers, and other buyers, and facilitate education and sharing resources between Florida herb farmers

Are you an herb grower, herbalist, or herb retailer? We need your input. Help guide the cooperative by filling out the online survey found on our website. Sign up for our newsletter or follow us on Facebook for upcoming online workshops!

[FLORIDAGROWNHERBS.COM](http://FLORIDAGROWNHERBS.COM)

**Webster's International Student Dictionary** describes **metaphysics** as a (speculative) "*branch of philosophy that deals with the first principles of being and knowledge and with the essential nature of reality,*"

It is often referred to as a religion, but to me is really more of a philosophy. A metaphysical belief system is one based on the first principles





# OUR MIND

Ma Mokshapriya Shakti is successor to H. H. Ma Yoga Shakti Saraswati, founder of Yogashakti Missions worldwide that teach the essence of yoga, meditation, and spirituality. Mokshapriya is an agent of change who teaches self-empowerment—inspiring people to make big changes through her down-to-earth interpretation of complex philosophy. She inspires and guides at the Yogashakti Ashram in Queens, New York. Her direct, approachable, and incredibly loving nature help her students to illuminate their own personal paths with ease and grace. Visit [www.yogashakti.org](http://www.yogashakti.org) Email [yogashaktiny@gmail.com](mailto:yogashaktiny@gmail.com)  
Yogashakti Yoga Center on YouTube at <https://www.youtube.com/channel/UC08Xfld4QT1fYGYN0b6QhPw>

## YOGA SUTRAS OF PATANJALI Techniques of Meditation

### #14 GUNAS -- OUR MIND

This is a systematic series of the study of the **Our Mind**. We will be giving you the most important **Yoga Sutras of Sage Patanjali** each month. The **Sutras** reveal how our mind works and how we can have complete control not only of the conscious but also of the unconscious mind. This is the true goal of all yogic practices. In this second chapter we discuss the practices.

**Sage Patanjali** understood the mental process to such a degree that he could take the mind and evolve it to a higher consciousness just through this study. The text is written to be practiced and through practice it brings deeper wisdom and awareness of our own mind. I am hoping that the reader will reflect on the contents and begin to understand how our mind works and how we can harness its power.

### MOTHER NATURE AND THE GUNAS

Last month we learned that we need to remove our attachments to fully realize who we really are. As long as we believe that this body and world is all there is, we can not remove the **kleshas** or sorrows. This identification of ourselves with the three worlds **physical, mental and astral** is the cause of attachment. If we think we are the mind we make choices to our liking or whims. We look to objects of the world to give us security, happiness and wisdom.

We need to understand that we are not the experiencer of this world. It is the soul that is the experiencer of this world. What has happened that the **seer** (our Soul) unites with the **seen** (the senses and elements) and becomes one with the world to experience it for enjoyment and liberation.

**Swami Vivekananda** explains it thus:

The experienced, that is nature, is composed of elements and organs — the elements, gross and fine, which compose the whole of nature, and the organs of the senses, mind, etc. and is of the nature of **illumination (Satva), action (Rajas), and inertia (Tamas)**.

What is the purpose of the whole of nature? That the Soul may gain experience. The Soul has, as it were, forgotten its mighty, godly nature.

There is a story that the king of the gods, **Indra**, once became a pig, wallowing in mire; he had a she-pig and a lot of baby pigs, and was very happy.

Then some gods saw his plight, and came to him, and told him, "You are the king of the gods, you have all the gods under your command. Why are you here?"

But **Indra** said, "*Never mind; I am all right here; I do not care for heaven, while I have this sow and these pigs.*"

The poor gods were at their wits' end. After a time they decided to slay all the pigs one after another. When all were dead, **Indra** began to weep and mourn. Then the gods ripped his pig-body open and he came out of it, and began to laugh, when he realized what a hideous dream he had had — he, the king of the gods, to have become a pig, and to think that that pig-life was the only life!

Not only so, but to have wanted the whole universe to come into the pig-life! The Soul, when it identifies itself with nature, forgets that it is pure and infinite.

*...continued on page 32...*



Coleman Smith

In Atlanta, Ga. 1971, Coleman Smith's 1st teacher was Maxine Taylor, America's 1st licensed astrologer. Atlanta hosted many astrologers in the 1970's and 1980's. In 1980, he published a rare astrology book with noted NY astrologer Al H. Morrison, Chaney's Primer of Astrology. Coleman now lives in Jacksonville, FL and was President of the N. Florida Astrological Assn. for 8 years. Email [colemansmithastrology@gmail.com](mailto:colemansmithastrology@gmail.com)

# ZODIAC NEWS

## HIGHLIGHTS SEPTEMBER 2025

**Eclipse season is here, one solar and one lunar this month.** Not the best time to start projects or sign anything for the few days surrounding the eclipses. There are electromagnetic and other forces that activate, stimulate, or trigger our responses to events or conditions. It is not easy to have poise in the midst of a storm. Use your metaphysical training to navigate through this.

**Sept 1: Saturn enters Pisces.** Dipping its toe back into **Pisces**, **Saturn** and **Pisces** just don't get along too well. Illusion and idealism (**Neptune**) are saddled with tangible, practical matters (**Saturn**). Next year both **Saturn** and **Neptune** join forces in **Aries**. Eventually hidden things become revealed.

**Sept 2: Mercury enters Virgo.** **Mercury** loves it here. A few weeks of math, science, and logic. Inventory analysis. Puzzles and crossword puzzles.

**Sept 3: Mercury square Uranus.** What you say isn't quite what you meant to say. A flicker of genius comes and goes, usually goes. Foot and mouth disease. Minor accidents with the car.

**Sept 4: Mars square Jupiter.** Lots of hot air with this one. Plenty of energy, but results aren't happening. Preachers and salespeople love this aspect. Tendency to exaggerate (**Jupiter**) with some vigor (**Mars**).

**Sept 5: Uranus turns retrograde.** Uranus will retrograde for about six months. It will be stationary in the same degree of **Gemini** for a few weeks, indicating an underlying current of an extra oomph of the **Uranian** vibration. Some chaos and more sudden and unexpected events occur for the next few weeks while stationary.

**Sept 7: Full Moon Eclipse in Virgo/Pisces.** Aah, an eclipse---not to worry with this one (hopefully). Seriously, this eclipse doesn't have any harsh aspects,

not any challenging lessons to learn. That leaves the concept of the true meaning of the **Virgo/Pisces** axis---serve and service. Service without reward. For a few moments of time, the Veil is thin during eclipses. A Door to the Other Side.

**Sept 12, 13: Sun sextile Jupiter. Mercury sextile Jupiter. Mercury conjunct Sun.** Two brilliant days. Certificates of Merit, a publisher's dream. If anyone has any task to do, Easy-Peasy. The wind is at your back with clear skies. Be proud, utilize this "can-do" energy. Mental giants do giant mental things, we can too. Two days of Truth (**Jupiter**), mental prowess (**Mercury**), and overall vitality and life purpose (**Sun**).

**Sept 15: Venus sextile Mars.** Another good day. When these two are in harmony, romance is in the air. A spark, lots of laughter, good times.

**Sept 17: Mercury opposite Saturn.** Words can hurt. **Saturn** can be too sarcastic, not everyone is laughing. **Saturn** can add some vinegar to the equation. **Saturn** is delay oriented, hurry up and wait. Last degree of **Virgo** and **Pisces** indicates that all things are not perfect, that perfection is really just a concept.

**Sept 18: Mercury enters Libra. Mercury opposite Neptune.** Truth is hidden with **Mercury/Neptune**. The word "discern" isn't easy to see, too much fog and mist. Not a good day to sign anything. Positive uses involve metaphysics, meditation, and subtle messages. Write about something spiritual and cosmic.

**Sept 19: Mercury trine Uranus. Mercury trine Pluto. Venus enters Virgo.** Much better today. The genius inside all of us has a chance to shine today. A flicker of a light bulb moment (**Uranus**), depth awareness, science and logic (**Pluto**), has **Mercurial** moments of star quality. Something inventive is afoot. **Venus/Virgo** indicates a few weeks of orderliness, and as the **French** say, *mise en place*, everything in its place.

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# ZODIAC NEWS

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Coleman Smith

**Sept 20: Venus square Uranus.** Add some salsa to the mix today. Quirky. People do crazy things just to see the reaction of others. What you want is fleeting. Impulse buying doesn't work out.

These next four days are interconnected and have a "fated" vibration to them. World affairs take center stage. **The Sun and Moon in the last degree of Virgo, Saturn in the last degree of Pisces, and Mars in the last degree of Libra** has it all--- elements of intrigue, hidden things being revealed, and health and work issues.

**Sept 21: Sun opposite Saturn. New Moon Eclipse in Virgo. A Day of Reckoning.** Heavy-handed, those in control seek more control. The **I Ching** mentions, "Preponderance of the Small". Big government dealing with many small challenges. **Saturn** is the Keeper of the Records, and much like **Santa**, "have you been good or bad" is the theme (especially with health concerns.) This is not an easy day, much going on in the world of politics. Lines in the sand being drawn. Use your energies wisely, take care of the small things as the need arises.

**Sept 22: Mars enters Scorpio. Sun enters Libra. Mars and Scorpio** fit together, although with a cloak and dagger overtone. Secrets, schemes, and plots for a few months. Military and police, wars and rumors of wars. On the positive side, surgeons have this placement of **Mars**. Stamina is excellent.

**Sept 23: Sun opposite Neptune. Sun trine Uranus.** Oppositions are strong, trines can be lazy. Ego takes a back seat with Sun/Neptune contacts. It is difficult to be as great as you can be. A prevailing feeling of uncertainty. However, music and the arts are always cathartic. **Sun/Uranus** is a go your own way aspect, but with others coming along for the ride. One aspect is spacey, the other has group activities prominently placed. Go figure.

**Sept 24: Sun trine Pluto. Mars square Pluto.** Power, focus, and concentration rules today. Mars/Pluto is power used in a forceful, bad way. Tossing their weight around, bullying, and intense situations can happen. Underhanded transactions, Don Vito and the Mafia, secrets.

## SAUDI ARABIA---CHANGING OF THE GUARD

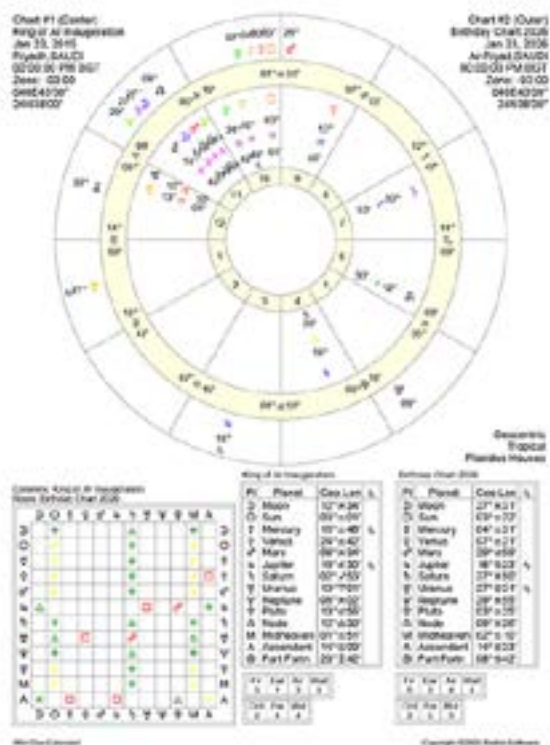
By Coleman Smith

**Mundane astrology is the branch of astrology that studies countries, leaders, and everything related to politics. Yes, countries have horoscopes.** On **November 11, 1901**, the path of a solar eclipse went right over the capital of **Arabia, Riyadh**. Two months later, on **January 13, 1902**, **Ibn Saud** and some of his relatives scaled the walls of the capitol building using palm trees and assassinated the governor. Arabia became Saudi Arabia.

**This next example is "stretch", but worthy of note.** On **November 2, 1921**, the Saud family finally defeated the last of the contenders to the throne. On March 28, 1922, there was an eclipse passing over Saudi Arabia.

On **January 23, 2015**, the present King took office. The inauguration horoscope is significant and active. I used a noon chart. The Sun at **3° Aquarius** is being transited **Pluto**. **King Salman bin Abdulaziz Al Saud** is now 89 years old. Safe to say with the transit of **Pluto** over the inauguration charts **Sun** and his advanced age, together with the eclipse that a change in leadership of **Saudi Arabia** will happen in the near future. The King had many wives and many sons. Most of them will vie for the top spot, and with trillions of dollars at their command the competition will be fierce.

And the eclipse on **August 2, 2027**. We have seen how eclipses relate to events in the horoscopes of countries. A change at the top seems imminent.





## THIS MONTH'S THOUGHTS ABOUT THINGS

*...continued from page 6...*

*"I want to look back on my life  
and be giddy with joy that I was  
the one who got to live it."*

As far as self talk and what specifically to say, here are some helpful links <https://horizonsmagazine.com/blog/i-program-my-self-talk-to-attract-opportunity/>

In order to release resistance, nothing needs to change but our perception, our thoughts and our self talk. It's not always easy to remember that whatever situation I'm in, I've gotten there by being a vibrational match to it.

It's not always easy to see how that can be. The only way I can get out of it is to change my thoughts about what I'm living and what I'm seeing.

When you use your self-talk to remind yourself that you have access to inner guidance that can lead you in the right direction for all decisions, you become very powerful.

When you tell yourself that, your mind starts looking for evidence of it and attracting guidance and inspiration to you. And unless you drown out that inner guidance by having your attention on the (albeit substantial and hard to ignore) woes going on right now, you'll be inspired to action that can change your mood, your level of faith and your world — right now, right where you are — for the better.

And talk about powerful, in the midst of all that's going on, you've managed to once again reach REMISSION from stage 4 cancer!

If you spend 51% of your time looking all around you at everything that's going wrong, you can't be attracting anything else. Discipline yourself to be able to quickly pivot your attention to something happier, like I watch funny talking cat videos on **TikTok**.

Those moments of bringing a smile to your face will lead to more moments of happier thoughts and you'll begin to attract REASONS for even more happier thoughts. The more you can let THAT be your snowball each day, the quicker you'll see your situations begin to resolve.

These are very real things that are happening to you. Remember that whatever situation you're in, you've gotten there by being a vibrational match to it. It's not always easy to see how that can be and trying to figure it out will just add more resistance. The only way to get out of it is to change your thoughts about what you're living and what you're seeing. pivot your attention elsewhere, at least temporarily. Discipline yourself so it's easier to catch yourself and do next time.

**QUESTION:** I've always had a belief and narrative that helped me live with challenges. I am searching for that now. It's not coming easily.

**Andrea:** The thing is it's time for an upgrade (think of it as on par with the Windows 11 update) in your beliefs and very often that's precipitated by traumatic events. You've been living in a traumatic situation on many levels for quite awhile now.

Volcanos have two ways to erupt to release pressure: effusive and explosive. It can erupt slowly, causing little lava flows here and there, or — depending upon how much pressure (karmic momentum of everyone involved and yes you know we all signed up before birth to be born into the situations we find ourselves in) is stored up — it can be explosive, raining down in a wide arc upon everything around them.

**QUESTION:** Will I regain my faith? How? I am trying to fill my mind with affirmative, loving thoughts. Fear seems to be winning. I need help to turn it around. What is the best way for me to do this when I feel scared and isolated?

**Andrea:** You'll soon enough have the explosive situations behind you, replaced by normal, garden variety human life trauma. And it will be easier. You'll begin to attract the help you need and that will give you enough evidence to give you hope that more help is on the way.

You'll discover new people, both friends and advocates familiar with your situations and educated in how to help you navigate them. Having a bit of community helps you sustain hope and give glimmers of faith for the best possible outcome.

You'll discover organizations to aid in resolving every step of what you're having to deal with now. As this comes you'll enjoy increasing hope and peace of mind.  
###

*end of email reading*

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Scott Grace

## DO NOT WAIT ANOTHER MOMENT FOR PERMISSION

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The problem with seeing yourself as a seeker is that no one ever comes along and says, ***“OK, you have officially graduated from the school of seeking. You now are a powerful being, whole and complete, with permission to extend your gifts and uplift the world.”***

Or, if someone does say that, you may have gotten so comfortable in the identity of seekerhood that to just believe them and discard the role is too threatening. But we all will discard it eventually.

The call to awaken is far too compelling to resist forever.

**Dr. Donald Epstein, founder of Network Chiropractic**, reminds his students to set goals, not for what they want to get in life, but for what they want to give.

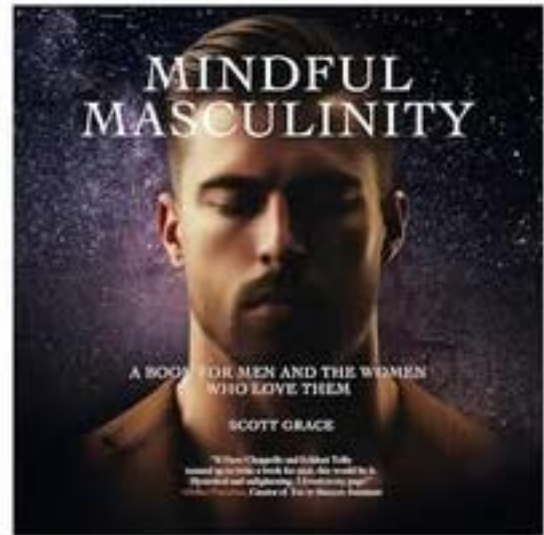
When I set my goals and my focus on the gifts I want to give, I magnetize all that I need from the universe to take the next step, and each step after that.

I love watching how life supports those who support life.

I used to believe that I must become perfect, or close to it, before I could offer myself to the world. Now, although I still have a pesky inner critic occasionally trying to hold me back, I have fired him as my guidance counselor.

I have learned to listen to a wiser and far more loving guide within me.

Now I can say with gusto, ***“Hey, I am not perfect, and I probably won’t become so in the near future. I choose to give of myself anyway, warts and all. God, use me thoroughly, all of me, including my apparent weaknesses. In fact, let my warts serve as an inspiration so that others might see me and say, “He’s out there sharing his gifts wholeheartedly, and with such obvious imperfections! Maybe it’s time to offer myself wholeheartedly as well.”***



It may seem outrageous and maybe even a little arrogant to behold yourself as whole, capable and good enough just as you are, but there is no humility in the comfort of a wheelchair when you have been given the power to walk.

I challenge you, if you have been sitting on your assets, to rise up and walk, dance, serve and give of yourself with all of your heart and soul.

If you are waiting till you are fixed, healed or perfect, you will put it off forever.

If you dare to start living as if there is nothing wrong with you, life will meet your dare and put you to work.

And in doing God’s work, you will be far too busy and happy to spend another moment trying to fix yourself.

We have been napping, you and I, and we have been dreaming a frightening dream. In our nightmare it seemed that we were broken and guilty, and now we are waking up to the truth that we are quite whole and holy beings.

This is the quantum leap, the death of the mythology of original sin and the opening of the gates to a deep sense of purpose and fulfillment.

Please do not wait another moment for permission.

It’s your own consent you have been waiting for.

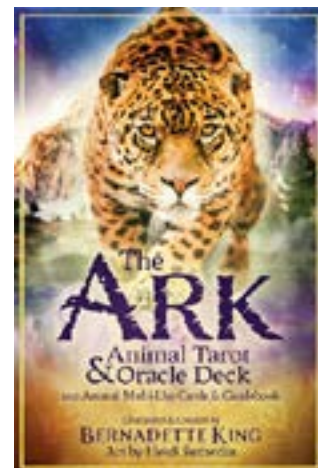


# WHAT IS MY SPIRIT ANIMAL

Bernadette King, creator of The Ark Animal Tarot & Oracle Deck has for 20+ years helped folks get closer to their Animal Allies, become more accurate psychic mediums & animal communicators & stronger intuitive tarot readers. Thru WhatIs-

MySpiritAnimal.com folks are learning about their own Spirit, Totem, & Power Animals. The Ark is a 100 card deck which practitioners can use for divination & healings.

Visit [WhatIsMySpiritAnimal.com](http://WhatIsMySpiritAnimal.com)



**Coyote** will use every opportunity to present a piece of insight through even what appears to be a wholly transparent situation.

**Coyote** challenges us to think about those things that we have pushed down or hidden from others. Very often such matters impact our body, mind, and spirit even unwittingly. Recognizing what you've buried and finding coping mechanisms is a step toward wholeness.

**Coyote** also chases away gloomy clouds and negative perspectives by offering the gift of seeing life through the eyes of good humor.

If **Coyote** had a mantra it could well be, "expect the unexpected." Uncertainty is part of life so you might as well embrace it like the **Coyote** and release what you cannot control with joy.

## COYOTE SPIRIT ANIMAL

### COYOTE SYMBOLISM & MEANING

**Coyote** symbolism and meaning is incredibly complex.

There is nothing about this animal's teachings that are simple or superficial. The symbolism of the **Coyote** remains enigmatic, being both a trickster yet also a teacher.

**Coyote** energy is a sign of trouble or good fortune. Most of all, however **Coyote** arrives in our lives with a smile and a song, acting as a gentle reminder that laughter is truly good medicine.

One can be both playful and wise - there is a balance in between.

The **Coyote** is a wild sage whose message comes indirectly. This is not a candid spirit, but one that often resorts to chicanery and jokes to get a point across. Thus, when working with **Coyote** you must keep on your toes.

**Coyote** as a **Spirit Animal** appears when we either need to remove our masks or put them on for protection. **Coyote** also enters the lives of those who have fallen into taking life much too seriously.

Learning to laugh at our mistakes and use them as a teachable moment can be incredibly healing and a wonderful coping skill.

**Coyote** may be telling you to be mindful of the risk-reward equation. Sometimes we need to play it safe, and other times take a clever leap of faith into something wholly new and challenging. It's likely that you are about to embark on a new situation that calls for adaptation.

Finally **Coyote** comes to us in times when our family needs nurturing. Turn your eyes to the home front and determine who needs extra support and what proverbial elephants in the living room you've been avoiding.





# WHAT IS MY SPIRIT ANIMAL

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Some medicine men use **Coyote** for healing in a special ritual called **Coyoteway**. This takes several days to complete, during which time **Coyote** is honored in ritual and prayer.

## COYOTE TOTEM ANIMAL

Those born with **Coyote** as a **Totem Animal** are wise, light-hearted folk. You have no trouble laughing at life, even your mistakes.

As a child you may have been the class clown. As an adult you'll find that odd happenstance has a way of finding you.

**Coyote** people like to live simply, which is why you adapt to new things so easily. Trust is very important to you, as is your tribe of family and friends.

**Coyotes** find that life can be both sacred and silly at the same time. You are cunning and sometimes tempted to use your trickster energy for pranks. The key here is making sure such jokes are not vengeful or ill-conceived. **Coyote** follows the golden rule.

In love, you are devoted. **Coyotes** mate for life and diligently care for their young.

## COYOTE POWER ANIMAL

Invoke **Coyote** as a **Power Animal** when you need to turn your frown upside down. If you never release stress, and only dwell on the negatives, you'll attract more negativity. Invoke **Coyote** and let him guide you in making a positive transition - tapping that inner child and learning how to live playfully once more.

Another good application for **Coyote** energy is when you're facing a new situation that makes you uncomfortable. **Coyote** shape shifts and transforms with ease. Let him show you how to reclaim your power in this space.

## NATIVE AMERICAN COYOTE SYMBOLIC MEANINGS

Native Americans consider the **Coyote** a creator, an Ancestor spirit, and a trickster. As a Creator it is said that **Coyote** shook a blank in all four of the cardinal directions creating land and water.

## COYOTE DREAMS

Dreams about **Coyotes** can be a positive or negative messenger. If the creature is being sneaky that implies someone else is likewise deceiving you. A non-threatening **Coyote** may indicate that you need to take things less seriously. Loosen up and laugh.

Learn more about **Coyote** Spirit by reading **Coyote** Dream Meaning on [WhatIsMySpiritAnimal.com](http://WhatIsMySpiritAnimal.com)!

## FAR EASTERN COYOTE SYMBOLIC MEANINGS

In both **Japan** and **China** black and white **Coyotes** (and Foxes) are omens of good and evil, respectively. Japanese stories include references to these creatures having great magic and the ability to shape shift at will.

## COYOTE SYMBOLIC MEANINGS KEY

Trickster  
Reluctant Hero  
Playfulness  
Adjustability  
Adaptation  
True seeing  
Creativity  
Paradox  
Shape shifting  
Wisdom



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<http://www.unityofsebring.org>

## HILLSBOROUGH (813) TAMPA, LUTZ

### BOOKS, GIFTS, READINGS

MYSTIKAL SCENTS 813-986-3212

## INDIAN RIVER (772) VERO, SEBASTIAN

### BOOKS & GIFTS

INSPIRED HEART Old Dixie Hwy 772-696-1910

SPARK OF DIVINE 772-257-6499

## CHURCHES

UNITY OF VERO BEACH 772- 562-1133  
950 43rd Ave 32960 [www.unityofvero.org](http://www.unityofvero.org)

### LAND & TREE SERVICE

LION'S HELP [www.lionshelp.com](http://www.lionshelp.com) 772-492-8662  
Tree trimming, removal, lot clearing, sod and  
rock installation, Licensed and Insured 5 Stars

### READINGS, CLASSES

INTO THE MYSTIC 1614 US Hwy 1 Sebastian  
Spiritual Medium Marchelle 772-480-4344

## LEE COUNTY (239) FT. MYERS

### BOOKS & GIFTS

THE MYSTICAL MOON 239-939-3339  
8890 Salrose Lane in Fort Myers 33912

THE MYSTICAL MOON 239-301-0655  
8951 SE Bonita Beach Rd Bonita Springs 34135

THE LABYRINTH 239-939-2769  
12995 S. Cleveland Avenue #108

### CHURCHES

UNITY OF FT. MYERS 239-278-1511  
[www.unityoffortmyers.org](http://www.unityoffortmyers.org)

## LEON COUNTY (850) TALLAHASSEE

### BOOKS & GIFTS

CRYSTAL PORTAL 850-727-8214  
[www.crystalportalgems.com](http://www.crystalportalgems.com) FB Crystal Portal

STONE AGE Tallahassee Mall 850-383-0233

### HEALTH FOOD STORES

HONEYTREE 1616 N. Monroe St 681-2000  
NEW LEAF MARKET 942-2557

## MARION COUNTY (352) OCALA

### BOOKS & GIFTS

CROW'S CROSSROADS SHOPPE 352-235-0558

FAIRY DUST CRYSTALS AND SUCH 352-693-4592  
11781 SE HWY 441, Belleview, FL 34420  
[www.fairydustcrystals.com](http://www.fairydustcrystals.com)

SOUL ESSENTIALS OF OCALA 352-236-7000  
805 E. Ft. King St., Ocala, FL 34471  
[www.soulessentialsocala.com](http://www.soulessentialsocala.com)

### CHURCHES

UNITY OF OCALA 101 Cedar Road 352-687-2113

### HEALTH FOOD STORES

EARTH ORIGINS MARKET 352-351-5224

## MARTIN CTY (772) FT. PIERCE/STUART

### HEALTH FOODS/CAFE

PEGGY'S 5839 SE Federal Hwy 286-1401

### SPIRITUAL CENTERS

UNITY OF FORT PIERCE 461-2272  
3414 Sunrise oneness@unityoffortpierce.com

## MONROE (305) KEYS, KEY WEST

### AROMATHERAPY & HERBS

BLUE MOON HERBALS, AROMATICS 305-587-8303  
[www.bluemoonherbals.com](http://www.bluemoonherbals.com)  
30150 Overseas Hwy Big Pine Key, FL 33043

### HEALTHFOOD/JUICE BAR

GOOD FOOD CONSPIRACY 305-872-3945  
US 1, Mile Marker 30 on Big Pine Key  
<http://www.goodfoodconspiracy.com/>

### NEW AGE BOOKS, GIFTS

BLUE MOON TRADER 872-8864

## OKALOOSA (850) FT. WALTON BCH

### CHURCHES

UNITY CHURCH FWB 864-1232

### HEALTH FOOD STORES

FEELIN' GOOD. 654-1005  
GOLDEN ALMOND FWB 863-5811

## ORANGE COUNTY (407) ORLANDO

### BOOKS & GIFTS

AVALON Hillcrest St in Orlando 895-7439  
SPIRAL CIRCLE 750 Thornton Orlando 894-9854

### BUDDHIST CENTER

VAJRAPANI KADAMPA CENTER 407-896-3998  
813 Montana 32803 meditationinorlando.org

### HERBS, GIFTS

LEAVES & ROOTS 407- 823-8840  
9476 E. Colonial Drive in Orlando

BRANCH OF LEAVES & ROOTS 321-422-0815  
460 N. Ronald Reagan Blvd, Longwood 32750

## **PALM BEACH (561)**

### **BOOKS & GIFTS**

SHINING THROUGH 276-8559  
DREAM ANGELS 561-745-9355  
CRYSTAL GARDEN 369-2836  
2610 N. Federal Hwy Boynton Beach

### **CHURCH / CLASSES**

UNITY OF THE PALM BEACHES 561-833-6483

UNITED METAPHYSICAL CHURCH 561-686-0217  
OF THE PALM BEACHES unitedmetaphysical.org  
917 North Dixie Highway Lake Worth 33460

### **HEALTH INSTITUTE**

HIPPOCRATES HEALTH 561-471-8876  
http://hippocratesinstitute.org WPB 33411

## **PINELLAS (727) ST PETE, CLEARWATER**

### **BOOKS & GIFTS**

MYSTIC GODDESS Largo 727-530-9994

### **CHURCHES**

UNITY OF CLEARWATER 727-531-5259  
PEOPLE'S SPIRITUALIST CH 727-823-5506

### **HEALTH FOOD STORES**

EARTH ORIGINS MARKET St.Pete 727-347-5682  
EARTH ORIGINS MKT Palm Harbor 352-786-1231

## **SARASOTA (941)**

### **BOOKS & GIFTS**

ELYSIAN FIELDS Midtown Plaza 941-361-3006

### **HEALTH FOOD STORES**

EARTH ORIGINS MARKET 365-3700 and 924-4754

## **SEMINOLE (407) SANFORD, LAKE MARY**

### **CHURCH, BOOKS, GIFTS**

UNITY CHURCH OF CHRISTIANITY  
4801 Clarcona Ocoee Rd ORL 407-294-7171

### **GIFTS, CONSULTATIONS**

LUNASOL ESOTERICA Sanford 321-363-4883

## **ST. JOHN'S (904) ST AUGUSTINE**

### **BOOKS & GIFTS**

MY CALUDRON TOO 904-217-0299  
PEACEFUL SPIRIT 904-228-9240  
SAGE & CRYSTALS LLC 904-808-5507

## **VOLUSIA (386) DAYTONA, DELAND, NSB**

### **BOOKS, GIFTS PSYCHICS**

CASSADAGA CAMP BOOKSTORE 386-228-2880  
1112 Stevens Street, Cassadaga, FL 32706

MY CAULDRON 386-624-7000

MAMA GAIA'S MYSTIQUE 386-366-4385

### **CHURCHES**

CASSADAGA SPIRITUALIST CHURCH 386-228-3171  
1250 Marion Street, Cassadaga, FL 32706

### **CRYSTALS AND GEMS**

TIMELESS TREASURES 386-252-3733  
Daytona Flea Market • Corner Shops CS 75&76

### **HERBS AND GIFTS**

SPICE OF LIFE HERBS 386-734-0035  
214 W. Beresford Avenue, Deland  
Open Wed 11-6pm, Thurs, Fri, Sat 11-6pm  
www.spiceoflifeherbs.net

### **HAUNTED MUSEUM**

C. GREEN'S HAUNTED HISTORY MUSEUM 228-3315  
Next to Purple Rose 1079 Stevens Street 32706

### **PSYCHICS GEMS ROCKS**

PURPLE ROSE in Cassadaga 386-228-3315  
1079 Stevens Street 32706

## **KNOXVILLE, TN**

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THERESA RICHARDSON 865-705-2525  
Original co-founder of Horizons Magazine  
Clairvoyant Intuitive Readings, Channeled  
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Readings are available by phone or in person.  
Email info@theresarichardson.com  
Visit [www.theresarichardson5d.com/blog](http://www.theresarichardson5d.com/blog)

## **UNITY CHURCHES IN FLA**

Atlantic Beach	904-246-1300
Bonita Springs	239-941-3100
Bradenton	941-758-6489
Brandon	813-727-4431
Clearwater	727-531-0992
UnityNow	727-524-0600
Daytona Beach	386-253-4201
Delray Beach	561-276-5796
Dunedin	727-734-0635
Ft Laud Metaphysical	754-300-1428
Fort Myers	239-278-1511
Fort Pierce	772-461-2272
Gainesville	352-373-1030
Gulf Breeze	850-932-3076
Hollywood	954-922-5521
Jacksonville	904-287-1505
Jacksonville	904-355-5100
Jacksonville Beach	904-246-1300
Lakeland	863-646-5314
Lecanto	352-746-1270
Leesburg	352-787-0834
Melbourne	321-254-0313
Mount Dora	352-483-5683
Naples	239-775-3009
New Smyrna Beach	386-481-0890
Northport/Pt Charlotte	941-423-8171
Ocala	352-687-2113
Orlando	407-294-7171
Orlando	407-852-3940
Oviedo	321-206-5148
Palm Harbor	727-784-7911
Pensacola	850-438-2277
Plant City	813-659-2624
Poinciana	863-427-4276
Port Richey	727-848-7702
Port St. Lucie	772-878-9819
St. Petersburg	727-344-1515
St. Petersburgn	727-898-2457
St. Petersburg	727-527-2222
Sarasota	727-848-7702
Sebring	863-471-1122
Sun City	813-298-7745
Tampa	727-531-1836
Tampa	813-870-0731
Tampa	813-882-0440
Titusville	321-383-0195
Venice	941-484-5342
Vero Beach	772-562-1133
West Palm Beach	561-721-1267
West Palm Beach	561-833-6483





# ABRAHAM HICKS

... from page 7...

Esther Hicks

behavior, and not the other way around. *"I didn't expect my son to refuse to take out the garbage until he consistently refused to take out the garbage."*

You can find yourself in an endless loop where you explain that you feel negative because of the negative behavior of someone else. *But if, instead, you take control of your own emotions and you think an improved thought because it feels better to do so, you will discover that no matter how the negative trend got started, you can turn it around.* You have no real control of what anyone else is doing with their Vibration (or with their actions, for that matter), but you have complete control over your own thoughts, Vibrations, emotions, and point of attraction.

## What if One Doesn't Want the Relationship to End?

**QUESTION:** But what if your desires are really different from those of your mate? What if one of you has decided to bring your relationship to an end and the other wants it to continue?

**ABRAHAM:** We understand how that may seem like "different desires," but actually there is a powerful mutual desire at the heart of what both people want: the desire to feel better. One believes that the action of separation is the most likely path to feeling better, while the other believes that staying together is the path.

Let us begin this discussion by pointing out another flawed premise, which is a big part of the basis of confusion on this issue:

**Flawed Premise: The path to my joy is through my action. When I am feeling bad, I can get to a better-feeling place by taking action. I can focus upon a situation that I think is the reason I am feeling bad, and walk away from it. And once away from it, I will feel better. I can get to what I want by leaving what I don't want.**

The positive moments you may have once felt within your relationship were not about the harmony you found with each other (that now seems to be gone), but instead about your own alignment with who-you-really-are. It is true that it is easier for you to be in alignment with yourself when you are not focused upon unwanted things. So a person

near you who is pleasing to you can serve as a positive object of attention, causing no distraction from your alignment. But the belief that another person is "making" you happy is incorrect. Your happiness is your natural state of being. The correct understanding is that you are using this currently pleasant person as your reason not to focus yourself away from who-you-really-are; while, in your state of unhappiness, you may be using this currently unpleasant person as your reason to focus yourself away from who-you-are.

Your true happiness happens when you discover that no one other than yourself is responsible for the way you feel. If you believe that others are responsible for the way you feel, you are in true bondage, because you cannot control how they behave or how they feel.

It is natural that you would want to remove yourself from things that do not feel good, but in an inclusion-based Universe that is not possible. You cannot focus upon unwanted things- and therefore activate the unwanted in your Vibration--and get away from it, because the pulling power of the Law of Attraction is stronger than any action that you may offer.

As you walk away from one unpleasant situation, the **Law of Attraction** will bring another that feels very much like it, and usually quickly. You just cannot get there from there. To get to where you want to be - that place of feeling better - you have to reach for alignment between you and You.

## Find Alignment First and Then Take Action

In every society of the vast number of societies on your planet today, you have instituted rules, requirements, taboos, laws - along with a great variety of rewards and punishments for conforming or not conforming - as each society seems determined to sort into separate piles the wanted from the unwanted. And although you work very hard at the sorting process, the piles continue to shift around; and you never come even close to a consensus of wanted and unwanted, right and wrong, good and bad.

It is our desire that, knowing this, you will never again require global, community, or even a partner's agreement in order to find your confidence, direction, and power. We want you to remember that the need for agreement from others come from a basis of misunderstanding of the **Laws of the Universe** and runs counter to who-you-really-are.

It is our desire that, by understanding your own personal **Guidance System**, you will return to alignment with the power that flows to you and through you. For by your finding agreement with the power that flows forth from within you, the harmony that you seek on all other levels and all other subjects- and with all others - will then (and only then) be possible.

...continued on page 34...



Mokshapriya  
Shakti

# OUR MIND

... from page 21

The Soul or consciousness does not love; it is love itself. It does not exist; it is existence itself. The Soul does not know; it is knowledge itself. It is a mistake to say the Soul loves, exists, or knows.

Our lives are influenced by the five great elements: **earth, water, fire, air and sky.**

It is influenced by the subtle forms of **touch, taste, smell, hearing, and sight.**

Also by the **24 elements: 5 senses, 5 working organs, 5 praanaas (ascending life force), 5 aapanaas (descending life force), budhi (intellect) and 3 gunas.** We know the senses, we know the elements.

The senses and the elements are related. **Earth - nose, water - taste, eyes - fire, air - skin, and sky - ears.**

If consciousness is not inside us, we will not be able to perceive anything. Nature's divine energy is beyond knowledge. The state where even knowledge is not knowledge. A primordial state is the stage where nature sleeps - when nature is in its dormant state.

The **gunas** are in the primordial state of nature, before nature came into existence. **The three gunas** change or motivate the whole world. **Sattva - purity, raja - activity, and tama - inertia,** are the three eternal qualities which create the whole world. Everything is created because of these three.

In the morning we are under the influence of **sattva guna** and everything is beautiful, pure and fresh. In the daytime there is **raja guna**. **Raja guna** is heat and it creates more activities; more work and more desires. In the evening the energy is withdrawn, and we experience **tama guna**. One becomes tired and inert, wants to sleep and does not want to initiate anything.

**At midnight tama guna is at its peak.** Early morning is a mixture. **After 3 a.m. it is complete sattva guna.** If we go to sleep at the proper time, when dark sets in, then at 3 a.m. our dreams are different. We are not under the influence of tama.

In our life we are constantly motivated by these three **gunas**. It is an imbalance in the **gunas** that create a problem. We should be like birds, they wake up in the morning and sing the praises of the Lord, then they start looking for their food, and in the evening they settle down and put their beak under the wing to fall asleep. It is when we do not follow the rhythm of nature that we create problems mentally and physically.

**The seer (our soul) is pure consciousness only but sees according to the waves of the mind.** When the seer's consciousness is altered into intellect, it begins to experience the world.

The soul has nothing in it but becomes the energy of seeing according to the design of the **chitta or mind.**

Whatever we think and see comes from the soul. It begins to see, to act according to the pattern of the **chitta**. If we know this truth, then even **samaadhi** can be a pattern of the **chitta**.

Instead of repeating ugly or worldly patterns like lust, rage, desire, or greed, we can fill it with the purest vibrations, virtuous and positive vibrations, which are uplifting. On the other hand, **raag, dvesh, abhinivesh, avidya, and asmita** bring us only sorrows.

Our thoughts create our reality. The world and our experiences are a reflection of the soul. Just as a mirror reflects the sunlight, our soul reflects the experiences. Without the sun the mirror could not reflect.

The soul itself is the center where all the different perceptions converge and become unified. That soul is free, and it is its freedom that tells you every moment that you are free.

But we mistake, and mingle that freedom with intelligence and mind. We try to attribute that freedom to the intelligence, and immediately find that intelligence is not free; we attribute that freedom to the body, and immediately nature tells us that we are again mistaken.

The Yogi analyses both what is free and what is bound, and ignorance vanishes. We find that the soul is free and is the essence of knowledge which comes through the intellect is bound to earth.

If **avidya or ignorance** is absent, then identification with personality also will be absent. This is known as the destruction of future births, desires, and sufferings. This is the purpose of practicing yoga. Then the seer reaches the highest stage known as **kaivalyam**: the ONLY and knows that there is no difference between the Divine and itself - Self Realization.



# HERB CORNER

*... from page 11...*

the side effects synthetic hormones do because they are short acting and weak with the liver only accepting the compound necessary to complete the hormone puzzle.

**BLACK COHOSH** is well known for its ability to relieve hot flashes plus it can also ease depression, vaginal dryness and water retention. Vitex helps balance hormone production so you are not overloaded with progesterone or estrogen; it also helps regulate the hypothalamus, the area of the brain that regulates body temperature (aka a hot flash).

**RED CLOVER** contains phytoestrogens, lignans and plant compounds that protect you from estrogen dominant cancers, it also enhances libido and reduces hot flashes.

**ASHWAGANDA** supports the adrenal glands in the production of estrogen, it protects the heart and it helps reduce hot flashes and night sweats so you sleep better.

## RECIPE:

Instead of reaching for a synthetic hormone why not try balancing your hormones with a tea or tincture made with:

2parts **Wild Yam**  
2/3part **Licorice**,  
1part **Dandelion root**  
1part **Sage** and  
**1part Red Clover.**

If hot flashes are your problem they can be cooled with: 1 part **Black Cohosh**  
1 part **Vitex**  
1/2 part **Sage**  
1 part **Hibiscus**  
1 part **Red Clover**  
1/2 part **Nettles** and  
1/2 part **Oatstraw.**

Remember it is not a disease it's a stage of life.



## PSYCHIC MICHELLE WHITEDOVE

*... from page 13...*

**DEAR WHITEDOVE,**  
**I've prayed, prayed and prayed my guts out so why won't God answer, I'm not asking for that much. What's up with this?**

**DEAREST,**  
Believe it or not, there is an art to prayer. First give thanks; always be humble and grateful for all of the blessing that you have been bestowed. Then pray with sincerity, for **God** knows our heart. When petitioning God or the Angels to intercede - - never tell them how to do their job.

Far too many times people pray and try to micromanage **God** like this: "Oh God Thank you for helping me to pay my big unexpected bill this month. **Aunt Sally** has the funds; please open her heart and her purse strings to give me what is needed. Amen"

You can claim the outcome - but let **God** work the magic. Don't tell your heavenly support team how to manifest a miracle for you. **Aunt Sally** may not bend. But your Angels would have had a solution greater than you could imagine!

Here's something else to know. **God** hears all of our prayers. But sometimes our biggest blessing is an unanswered prayer. Too often we cling to the past, when there is an adventure just around the corner. **God** knows what is in our highest good. Sometimes the answer is a simple No! There is another plan in the works. **God** has the first and last say.

Remember **God** helps those who help themselves. So pray and get to work. Are you praying for a car? If you need a new car, start working and setting aside funds. Are you praying for improved health? Start researching and do what you can to improve your body. Look for signs, listen for solutions during meditation. **Your faith in action is how we co-create our future with God.** In this way, you will find things falling into alignment as the **Law of Attraction** commands.



Esther Hicks

# ABRAHAM HICKS

*... from page 31...*

Most people would deem it unwise to load a big clumsy truck, which has a very bad suspension system and a steering mechanism so worn-out that it is almost impossible to keep the truck on the road, with their most precious cargo. Or, most people would deem it unwise to gather a load of precious glass antiques and put them in the carrying basket of the bicycle that their five-year-old son is taking on his first bicycle ride today. Or, most people would deem it unwise to carry a sack containing their life's savings and all of their favorite jewelry and then walk out onto the iced-over lake before they were sure that the ice was actually strong enough to hold their weight.

In other words, it always makes sense to first find fundamental stability before embarking on any journey, especially those journeys that matter most to you. And yet, as people interact with one another on important subjects, they commonly plunge headlong into conversations and decisions and behaviors before they have achieved any sense of true stability, and then the return to stability is often very long in coming. And often, once out of balance, they stumble into the next and then the next and then the next out-of-control experience. Through these examples, it is our desire to help you remember **the art of alignment first - then action. Alignment first - then conversation. Alignment first - then interaction. Alignment first - then anything else.**

People sometimes say, "Think before you speak." A wise intention, but we would take it further. We would suggest, "Think - and then evaluate the value of that thought by noticing how it feels; and do that often enough that you know, without question, that you are in alignment - then speak, then act, then interact."

Someone who takes the time to understand their relationship with Source, who actively seeks alignment with their **Broader Perspective**, who deliberately seeks and finds alignment with who-they-really-are, is more charismatic, more attractive, and more effective, and more powerful than a group of millions who have not achieved that alignment.

The historical masters and healers who you revere understood the value of this personal alignment. And we sub-

mit to you: **There is no relationship of greater importance to achieve than the relationship between you, in your physical body, right here and now, and the Soul/Source/God from which you have come. If you tend to that relationship first and foremost, you will then, and only then, have the stable footing to proceed into other relationships.** Your relationships with your own body; your relationship with money; your relationship with your parents, children grandchildren, the people you work with, your government, your world will all fall swiftly and easily into alignment once you tend to this fundamental, primary relationship first.

## Abraham's 30-Minute Energy Alignment Process

Find things in your immediate vicinity--such as your bed, your bed linens, and your pillow--to direct your appreciation toward. Then set your intention to sleep well and to awaken refreshed. When you find yourself awake in the morning, like in more appreciation for at least five minutes, and then refresh yourself by bathing and eating. Then, sit for 15 minutes and quiet your mind. Feel whatever resistance you may have fall away, and feel your Vibration rise. Then open your eyes, and sit for five or ten minutes writing a list of things you appreciate about your life.

In doing this **Energy-alignment work**, your point of attraction will not only yield to you activities and rendezvous with good-feeling people, places, and things - but your ability to experience the delicious depth of them will be dramatically enhanced. Rather than doing things and going places to try and make yourself feel good, deliberately get to feeling good - and let those things and people and places come to you. It is possible that once you come into alignment with who-you-really-are, you will gravitate to a different relationship. But it is also likely that the relationship that you are already in was attracted from your point of being in alignment to begin with, and now that you have achieved alignment again, it will renew itself for you.

If you entered your current relationship from a place of mostly-alignment, its potential for returning to a wonderful feeling-place is great. If you entered this relationship because you were in the process of escaping from something unpleasant, then the basis of this relationship may be more about what you do not want than about what you do want.

In any case, getting yourself feeling good before you take any action is always the best process; and when you do not feel good, you cannot be inspired to any action that will solve the problem.



# METAPHYSICS 101



Marilyn Muir

*...continued from page 20...*

You must seek with and use the highest and best in you every day in every way. That is not always an easy task. You have some days when you are sharp and on the mark. You have other days when you are not up to par, when personal behavior or progress seems to elude you. You must keep working towards that internal goal, even if you misstep or fall back.

You must provide your own internal support and motivation. Developing your spiritual self is a better way of life, but knowing and attempting that does not make it easier. When you work on the development of your spiritual self there is no guarantee that you will succeed each time you try. You must persevere.

Do you want growth and progress for your consciousness? Keep working. You must earn and create your own way. If you get stuck somewhere along the way, you must unstick yourself and again move toward your goal.

To believe and to behave metaphysically, you must seek and express the highest and best within you. If you fall short, just pick yourself up, dust yourself off, and resume your journey.

You learn by doing.  
You learn by succeeding.  
You learn by making a mistake.

You learn as long as you are open to the learning process. If you stop being open to the learning process and you stop learning, you will probably have gone as far as you can go in this experience and can return to your spiritual essence to rest and prepare for the next part of your journey, a new path. The universe has plenty of time and paths for you to accomplish your personal evolution.



## THIS MONTH'S THOUGHTS ABOUT THINGS

*...continued from page 24...*

*"I want to look back on my life and be giddy with joy that I was the one who got to live it."*

Links to more email readings at <https://horizonsmagazine.com/blog/an-email-reading-how-can-i-regain-my-faith-despite-fear/>

**You may think that what you do or say or think doesn't matter, that you're just a drop in the ocean with no influence to help out or change things. That's so NOT TRUE.**

Your most powerful tool is your thoughts. As hopeless as ANY situation feels, it's really only your THOUGHTS that you're dealing with and YOU HAVE THE POWER TO CHANGE THOSE.

It doesn't matter what's going on in the rest of the world, I can choose to focus my thoughts in a way that attracts to me exactly what I want in my life. I can change my thoughts and discipline my behaviors so much that I can have an excellent and prosperous life no matter who's in office, no matter what the official state of the economy, no matter what the scientists or environmentalists say is happening around us. You can choose the same.

Some people are fearful and beginning to panic. We can help by turning their thoughts to more pleasant things. We can ask them to talk about hopes they have for the future, once this situation has passed.

We can ask them to recall the happy times in their lives, and get them vibrating in a better feeling place. We can help them be hopeful, because when we are hopeful, we attract a more satisfying experience to ourselves.

That's the most important thing we can do in a crisis

Enjoy our offering this month.  
Hari Om.



Andrea

# HOROSCOPES SEPT 2025



## ARIES – (March 19 – April 18)

Busy, studious, you start the month with the will to take on your responsibilities. Energies from Virgo: the sun and Mercury in tandem from the 2nd to the 22nd, help you focus and settle down. Mars, your planet, facing you from the 1st to the 22nd, could raise red flags in your intimate or contractual sphere, stay calm and don't ignite any fires! Then Mars moves into Scorpio on the 22nd and infuses your aura with an almost sultry charisma, you will not go unnoticed and your dynamism will be significant. Tranquility could await you at home even if some minor disagreements are not excluded, but Saturn and Jupiter in a good aspect pacify the atmosphere. Your relationships are creative, as is the friendly sector, very promising!

### LOVE IN GENERAL

Love fills you with passionate feelings from the 1st to the 19th, your emotional life occupies your thoughts and you will not overlook any detail to pamper it. Then from the 19th onwards, your sensuality ignites but your feelings, on the other hand, become more internalized: find the right balance between the heart and the body.

### IN A RELATIONSHIP

Very busy with your back-to-school affairs until the 21st, your relationship will require your attention, but most importantly your affection. Take advantage of the opportunity to be together. Your affections will be intense from the 1st to the 18th, available to your partner. A generous lover this month!

### SINGLE

Your chances of meeting your soulmate are high from the 1st to the 18th, go out to cultural or sports venues, then keep your eyes open near your home, a nice encounter is likely. Throughout the month, your desires are strong, know how to express them gently.

### CAREER / FINANCE

Throughout the month, Mars enhances your drive to succeed financially, so you should make every effort to increase your assets, especially those from speculation rather than your daily work. The professional sphere is expected to be stable with enough diplomacy, starting from the 19th, to receive a raise.

### ADVICE

There is a lot of movement for your sign this fall, you enjoy it but don't get yourself into trouble by excess of dynamism or proselytizing, loosen up!

## TAURUS – (April 19 – May 19)

Between love and responsibilities, this back-to-school period looks busy! Until the 22nd, the energies in Virgo (Sun and Mercury from the 2nd to the 18th) generously strengthen your emotional sphere, so the focus will be on your love life or on your children if you are a parent. Venus in Leo until the 18th, in square with your sign, brings its benefits to your home but in a chaotic manner, so don't demand too much from your inner circle. Then the planet moves to Virgo and your daily life should improve. Mars activates your professional energy from the 1st to the 21st, you will be efficient and then your energy will focus on others, partners, or associates. Radical changes are underway regarding your general destiny, 1st decan. Rely on loyal and supportive relationships, as well as solid friends.

### LOVE IN GENERAL

This is a great month for matters of the heart. You will be enthusiastic and passionate until the 18th, and then completely engaged, effective, and loving for the rest of the month. Your sensuality will be influenced by your professional dedication until the 21st, but after that your desires will be multiplied! You will know how to fulfill your partner and prove your commitment to them.

### IN A RELATIONSHIP

There are no clouds in your marital sky, rather a calm period awaits you. Work on smoothing out any small disagreements within your household and all will be well. Your physical life promises to be pleasant and even passionate starting from the 22nd.

### SINGLE

Your neighborhood could facilitate a meeting, unless your family introduces you to someone you like. After the 19th, Venus sets the tone: get out, love could come your way. From the 2nd to the 18th, you will have the words to seduce.

### CAREER / FINANCE

A radical change in your main source of income could be starting. Uranus in a favorable aspect to Pluto is shaking up your professional destiny for the better,



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but for now you will have to accept a destabilization of your usual markers. Adapt quickly and you will gain confidence in yourself and have fewer cold sweats!

## ADVICE

Some shaking is likely and you don't like that! But try to see the glass as half full rather than half empty, the work sphere requires your attention but your personal life will make up for it.

## GEMINI – (May 20 – June 19)

Between family or real estate matters, you will have no shortage of work! The Virgo energies: sun from the 1st to the 22nd and Mercury from the 2nd to the 18th, focus on your home. Whatever happens there, you are encouraged to communicate with precision. Uranus in your sign, 1st decan, infuses your personality with a fast pace, so be careful not to confuse dynamism with nervousness. Your interpersonal relationships look promising from the 1st to the 18th, and then warmth enters your home. Under the influence of Mars in Libra until the 21st, you will be warm and attentive with your children or loved ones. Then the planet moves into Scorpio, bringing a rapid pace to your work! Saturn in Pisces from the 2nd demands that you structure your career or vocation, 1st decan. Your friends will be there for you. The end of the month is passionate!

## LOVE IN GENERAL

Even if your freedom seems essential to you (especially for the 1st decan), you will want to cherish a potential partner or embody a form of love. Your multi-faceted personality should, therefore, come out on top through timely communication from the 19th to the 30th and through a very physical behavior from the 1st to the 21st.

## IN A RELATIONSHIP

Give yourself moments of personal freedom while setting up times for just the two of you! Find this balance for your emotional serenity. From the 1st to the 21st, your sensuality will delight your other half. Starting from the 22nd, your couple takes precedence.

## SINGLE

This month looks promising for your love life! Successively, the sun, Venus, Mars, and Mercury are helping you believe in your abilities and make a beautiful encounter. Your neighborhood or cultural outings could facilitate the development of your romantic status.



## CAREER / FINANCE

Pluto in your financial sector could bring in a significant amount of money. However, Saturn doesn't make it easy for you to relax professionally and therefore financially, especially for the 1st decan. Nonetheless, Jupiter supports your assets, particularly for the 2nd decan, an increase in your main income is possible, so make the most of it to organize your financial life.

## ADVICE

A month of active and interesting return. Expect some tensions at work or with colleagues who may be rigid or intrusive: forewarned is forearmed!

## CANCER – (June 20 – July 21)

This month is going to focus on your relationships and your home. From the 1st to the 22nd, the Sun in Virgo, supported by Mercury from the 2nd to the 18th, gives you a very communicative temperament; you will be open and ready to help. Then, the energies shift to Libra, where your family life or home will require your presence and involvement. Jupiter in your sign (2nd decan) helps you evolve in your life in general, with opportunities served to you on a platter. Your dynamism will go from hesitation from the 1st to the 21st to passion afterwards; find the right tempo. Your professional sphere deserves your attention, as Neptune could bring about a blur that is far from artistic – take precautions. Saturn protects your life's ideal; perhaps there is something unfinished that you need to reconsider?

## LOVE IN GENERAL

From the 1st to the 18th, Venus makes you demanding, possessive, and calculating, then the planet moves into Virgo and you find a beautiful emotional serenity. Whatever you experience, your feelings will be strong, never indifferent, and ready to be shared. From the 22nd, a carnal passion could carry you far!

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## IN A RELATIONSHIP

Your partner will be important to you until the 18th, so don't suffocate them under the guise of loving them. After the 19th, you will regain a lightness that will please your partner as much as a powerful sensuality. The end of the month is passionate.

## SINGLE

Full of charm and magnetism, Jupiter enhances your aura, capable of attracting the one you love to you. Communication will play a major role from the 1st to the 22nd, while afterward your sex appeal will not go unnoticed. Dare to declare yourself!

## CAREER / FINANCE

Keep an eye on your career or your professional sphere (especially the last decan), Neptune's presence encourages you to be cautious, to read between the lines of any official document, ask questions if necessary! On the other hand, Pluto could favor external financial assistance, have you recently applied for a loan?

## ADVICE

A few professional concerns are not impossible, be extra vigilant and everything will be better. Thanks to Jupiter in your sign, your morale will be good and a celestial protection watches over you!

## LEO – (July 22 – August 21)

Your heritage occupies your thoughts as well as significant relationships. Until the 22nd, the energies in Virgo (Sun from the 1st to the 22nd and Mercury from the 2nd to the 18th) urge you to take an interest in the money you earn through your work - do you have a talent to express? Venus in your sign from the 1st to the 18th heightens your charisma and your innate sense of matters of the heart, then the planet moves into Virgo and your enthusiasm turns into a relatively playful shyness. Mars in Libra until the 21st enhances your morale but your relationships with neighbors may sometimes be tense, be careful. From the 22nd, take care of your loved ones at home, especially because Pluto is in opposition all month (1st decan) and won't be holding back - your close ones or partners will not give in! The end of the month is social and focused on others.

## LOVE IN GENERAL

Conciliatory and charming to a fault until the 18th, your love life is on your mind with a hint of sensuality that you'll want to indulge. You'll express it with dynamism until the 21st, then with an intensity that you'll need to manage. Prepare for power struggles if you forget to compromise a little!

## IN A RELATIONSHIP

Is this the result of your holiday together, but your married life looks promisingly peaceful. Indeed, your very affectionate behavior throughout the month should greatly facilitate your rapport. Be mindful of your sometimes urgent desires and your communication style, and everything will be fine.

## SINGLE

Your desire to get married will be strong, but will you have opportunities to meet people? Yes if you step out of your regular social circle, also dare to step out of your comfort zone! The friends' circle can facilitate a love at first sight from the 1st to the 18th.

## CAREER / FINANCE

Idealistic, you want to develop your career or professional skills, do you have a training program to set up? Don't rely too much on external financial support, but rather on your own strengths! From the 1st to the 18th, you will have enough charm to persuade if necessary.

## ADVICE

Make the most of your attractiveness and great sociability, as you will need it to navigate any potential relational issues this month. Friends or projects are taking off!

## VIRGO – (Aug 22 – Sept 21)

A healthy introspection welcomes you this fall. Until the 22nd, you will mature your thoughts, reflect a lot before making a decision, then the end of the month is more active, more pragmatic! Of course, with Mars in your sign from the 1st to the 21st, your physical behavior gets a nice boost, but do not rush into anything; the energies urge you to weigh the pros and cons before acting. Jupiter could lead you to awkward professional moves, so don't mix sensitivity and work. Uranus helps you see far ahead; your future is outlined with originality, and your intellectual or spiritual aspirations may give you a desire for something different. Pay attention to your contractual or intimate life; don't leave anything uncertain as your love life or parental life must embrace some changes beneficial in the long run.

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## LOVE IN GENERAL

You express your feelings with generosity and a bit of shyness, but your desires are powerful and clear from the 1st to the 21st; love should inspire you to give your best! Pluto helps you make emotional choices in line with your true nature; embrace this inevitable and transformative process.

## IN A RELATIONSHIP

The difficulty of communicating until the 18th should prompt you to weigh your words with diplomacy, your partner may get annoyed by your silence or clumsiness. Express your love through powerful sensuality. Your partner may surprise you, move closer to them.

## SINGLE

The circle of friends fosters opportunities to meet, especially for the first decan. For everyone, believe in your lucky star, there is someone out there made for you! Neptune in your marriage sector invites you to let love come to you rather than pursuing it!

## CAREER / FINANCE

Your professional destiny is blessed by Jupiter, boosting your ambition. However, others' resistance could slow down your progress. Avoid making too many compromises to advance your interests and honor your commitments. Something poorly handled may come back to haunt you. Saturn is assisting you now in wrapping up a delicate matter, especially for those born in the last decan.

## ADVICE

This return is bittersweet but you know how to handle it! Choose balance in all things and you can't go wrong. Rely on your gentle character and a top-notch circle of friends!

## LIBRA – (Sept 22 – Oct 21)

A healthy self-reflection awaits you this back-to-school season. Until the 22nd, you will be maturing your thoughts, considering carefully before making a decision. The end of the month will be more active and pragmatic! With Mars in your sign from the 1st to the 21st, your physical behavior gains a great momentum. Don't rush into anything though, as the energies encourage you to weigh the pros and cons before acting. Jupiter might tempt you into clumsy professional moves; avoid mixing emotions and work. Uranus helps you see far ahead, shaping your future uniquely. Your intellectual or spiritual aspirations may spark a desire to venture



elsewhere. Pay attention to your contractual or intimate life, avoiding ambiguity as changes are necessary for long-term benefits in your love or family life.

## LOVE IN GENERAL

You express your feelings with generosity and a hint of shyness, but your desires are strong and clear from the 1st to the 21st. Love should inspire you to give your best! Pluto helps you make emotional choices in line with your true nature. Embrace this inevitable and rejuvenating process.

## IN A RELATIONSHIP

The difficulty in communicating until the 18th should prompt you to weigh your words diplomatically, as your partner may become annoyed by your silence or clumsiness. Express your love through powerful sensuality. Your partner may surprise you, so go to them.

## SINGLE

The circle of friends promotes opportunities to meet, especially in the first decan. For everyone, believe in your lucky star, there is someone out there made for you! Neptune in your marriage sector invites you to let love come to you rather than chase after it!

## CAREER / FINANCE

The professional destiny is favored by Jupiter, enhancing your ambition, but the resistance from others might slow down your progress. Do not compromise too easily to serve your interests, and make sure to respect your commitments. Something poorly handled could resurface, and Saturn is now helping you to finalize a delicate matter, in the last decan.

## ADVICE

This back-to-school season is a bit mixed, but you've got this! Strive for balance in all things and you can't go wrong. Lean on your gentle nature and a top-notch circle of friends!

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## SCORPIO – (Oct 22 – Nov 20)

Your friends and projects will be the focus of this back-to-school season! The Virgo energies (Sun and Mercury in tandem from the 2nd to the 18th) urge you to think seriously and meticulously, and you will act with these same qualities. Mars, your planet, in Libra until the 21st weakens your self-confidence, you may feel prevented from acting, but then Mars slips into your sign on the 22nd and your behavior changes radically! The home front could require your attention, 1st decan, don't get upset, stay cooperative. The professional sphere welcomes Neptune in Aries, amidst inspiration and novelty, find your rightful place. Your charm, thanks to Venus in a good aspect, facilitates your social or professional relationships until the 18th, then the planet supports your friendly ties. The last week makes you silent and melancholic.

### LOVE IN GENERAL

You aspire to stable, almost telepathic emotional relationships. Love will be embodied in your work and then in your circle of friends. Your desires are secret until the 18th and facilitate a story escaping the eyes of others. From the 22nd, you regain power over your sensuality!

### IN A RELATIONSHIP

Even if some troubles within your home disturb your closeness, you will be able to share lovely moments together, especially after the 18th. Before this time, give the other the chance to guess you, to surprise you, don't try to control the situation, let yourself be loved.

### SINGLE

Particularly secretive until the 21st, you will act with strategy and mostly in the shadows, a person who is not free or very demanding could push you to excel! Romantic feelings inspire a lot of stress in you, are you afraid of falling in love?

### CAREER / FINANCE

Your career is supported by Jupiter, who is triggering a profound evolution of your skills through training or highly protective external assistance. Uranus is shaking up your inner resources or those stemming from a banking or financial transaction, anything is possible here and especially the best outcome!

### ADVICE

Let yourself be guided by the planetary energies, stop trying to chase multiple hares at once, and accept the possible help from others; they love you and prove it to you!

## SAGITTARIUS – (Nov 21– Dec 20)

Between career and true friendships, you are starting this new season at a fast pace! The Virgo energies (sun until the 22nd and Mercury from the 2nd to the 18th) encourage you to focus on your work and to improve your communication. Mars from the 1st to the 21st, in a favorable aspect to your sign, facilitates your projects: your support system and decisions are favored. After 22nd, your behavior becomes more enigmatic. Some family tension remains possible; do you need to care for an elderly parent? Uranus could complicate your marital or contractual sphere, so don't let possible surprises overwhelm you, adapt! From the 23rd, you feel the call of the collective, your adventurous nature takes over. Using others' money could help you launch a project or initiate a significant life change.

### LOVE IN GENERAL

Love carries you far as always, too? Venus fervently facilitates your impulses, until the 18th, your generous heart combined with an effectively active seduction should help you experience this domain with joy. After the 22nd, you will be less comfortable with your feelings and desires, forewarned is forearmed.

### IN A RELATIONSHIP

Until the 18th, the complicity with your partner seems easy, Venus and Mars in a good aspect to your sign foreshadow delightful moments of sharing. However, the last week requires a bit of patience and tenderness to maintain this enviable harmony.

### SINGLE

Real opportunities are coming. Between the 1st and the 18th, your enthusiasm heightens your attractiveness, you could meet a brilliant person who stands out due to their culture or tastes. Your desires will be capable of offering you a beautiful sensuality to share.

### CAREER / FINANCE

This sector is clearly favored thanks to the influence of Jupiter, divine providence is at work and could help you finance a long-term project or rebalance your budget if it has been causing you some problems. However, be alert for any unforeseen events that could alter a work contract or partnership.

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## ADVICE

Neptune is beginning to influence your creative or emotional sector, ground yourself during the month if you feel reality slipping away, 1st decan. Your legendary optimism is with you.

## CAPRICORN – (Dec 21 – Jan 19)

You aspire to evolve, to train yourself, or even to change your trajectory! Indeed, the energies from Virgo (sun from the 1st to the 22nd and Mercury from the 2nd to the 18th) activate your idealism. Beware of Mars squaring your sign until the 21st, which could trigger hostilities at your work, do not get involved in sterile conflicts, then Mars moves into Scorpio on the 23rd: your social network is strong. Jupiter is assisting you in legalizing a union or consolidating a contract, especially for the 2nd decan. Expect some trouble concerning your home, Neptune brings some uncertainty, do not leave anything to chance, 1st decan. Your morale is good, the everyday sphere might surprise you, be receptive. After the 23rd, your career occupies your thoughts.

## LOVE IN GENERAL

Until the 19th, a beautiful emotional intensity drives you to declarations or sensual excesses, find the right balance. Mars enhances your sensuality but with clumsiness, do not confuse seduction with assault! Around the 20th, you regain sentimental and physical ease, offer your loved ones a part of your sensitive and passionate self.

## IN A RELATIONSHIP

Communication will be excellent between you, as well as a healthy emotional approach, but watch out for a tendency to jealousy and possessiveness until the 18th. Your desires will be important, don't impose them, suggest them delicately. The end of the month is joyful!

## SINGLE

The energies make it easier for a promising encounter or the return of someone from the past, perhaps with a significant age difference? After the 22nd, your desires are strong and inspiring, see your friends, they might introduce you to a potential partner.

## CAREER / FINANCE

Thanks to Jupiter in your contractual sector, very beneficial changes are happening or are on the way. Pluto invites you to tighten your purse strings or simply reevaluate your budget, but you will have strong ambi-

tion and perseverance to increase your income. The professional sphere remains unpredictable after the 7th.

## ADVICE

Some challenges should boost your combativeness, often discreet but powerful. Proceed with caution from the 1st to the 21st, as others' resistance will be strong. Your visionary side should help you navigate smoothly despite obstacles!

## AQUARIUS – (Jan 20 – Feb 17)

Between introspection and ideal, you are kicking off this new season with intensity! Planets in Virgo (Sun from the 1st to the 22nd and Mercury from the 2nd to the 18th) strengthen your inner search, some changes may be inevitable. Mars in Libra until the 21st, in a good aspect to your sign, helps you overcome difficulties, you will know how to act in your best interests. Pluto in your sign instills a powerful force in you, your aura impresses others. Love encourages you to make a pact with your partner, then on the 19th, your feelings may lead you to some excesses, do not be jealous or suspicious. After the 22nd, the professional sphere could make you clash with your colleagues, stay calm! Saturn from the 2nd prompts you to review your budget, don't throw money out the window. Starting from the 23rd, you are performing well.

## LOVE IN GENERAL

A lot of emotional intensity prompts you to express your feelings, which will be strong and passionate. However, after the 22nd, your lack of self-confidence could affect what you give to your loved one or the one you desire; don't scare the other away with awkwardness.

## IN A RELATIONSHIP

Your relationship life looks harmonious during the first three weeks of the month. You will have a lot of desire to share and feelings to express, so make the most of it! The end of the month is more tense, professional stress could darken your married life.

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## SINGLE

Uranus suggests from the 7th to welcome a radical change, keep an eye out as a lightning strike could change your status! Until the 18th, you long for a stable partnership and your feelings will be tense, then after the 19th, passion will ignite your heart.

## CAREER / FINANCE

Saturn returns to your financial sector and something needs to be reviewed, finalized, see your long-term assets and consolidate what needs to be. Jupiter and Venus from the 19th could trigger a financial windfall, do you have any bank investments? Your work is looking stable but watch out for your impulsiveness after the 22nd.

## ADVICE

Pluto enhances your attractiveness and inner strength. Whatever you experience this fall, you will have the resources to face troubles and conflicts. Don't push anything and let go if necessary.

## PISCES – (Feb 18 – March 18)

Your loved ones are in the spotlight until the 22nd along with a healthy introspection towards the end of the month. The Sun in Virgo from the 1st to the 22nd, accompanied by Mercury from the 2nd to the 18th, favors your marital or partnership relationships. You will be attentive and devoted. Saturn's return to your sign since the 2nd offers you the opportunity to rethink your strategy. Is there a specific aspect of your life that needs to be structured for long-term success? More mature than usual, you can be relied upon. Some tension may shake the household, unless an unexpected event changes the game. Keep an eye on your financial sphere, as Neptune's influences are not always helpful. Your energy, although strong until the 21st, urges you to manage intensity. Then, from the 22nd, it's your ideals that guide you.

## LOVE IN GENERAL

Your daily life looks pleasant and smooth until the 18th. Your partner will appreciate your company with calm and mutual attentiveness. On the 22nd, Mars moves into Scorpio, forming a beautiful aspect to your sign and urging you to believe in yourself, you act with vigor and passion! Jupiter could trigger a sentimental evolution, pleasure is within your reach.

## IN A RELATIONSHIP

The planets are favoring your intimacy, your home, you will feel right at home with your long-term partner, Venus and Mars are promoting the expression of your feelings and are announcing a passionate and joyful sensuality! Dialogue is favored until the 18th, so take advantage of it.

## SINGLE

Your chances of meeting someone are real, especially for the second decan. Go out as much as possible and take care of your appearance, as Venus adorns you with a very attractive aura of gentleness. Your wishes will be clear until the 21st, so know what you want to experience!

## CAREER / FINANCE

Planetary influences could facilitate good financial news, especially towards the end of the month. From the 1st to the 21st, you will not spare any effort to fill your purse, with a small fish turning into a shark? Good luck in gambling is also possible, play (moderately)! Neptune is casting a murky atmosphere over your professional income, so be vigilant.

## ADVICE

A more serious return than it seems, thanks to Saturn's return to your sign, which should help you finalize something important: you gain in strength and tenacity, cool!



# HORIZONS MAGAZINE

## MISSION STATEMENT

*What I'm here to do with Horizons is share a belief and formula for happiness that I've found is true for me and for others I know. To give readers the choice to entertain those ideas, some of which may be an option for them as well. We don't always know what we might prefer, how our life might change for the better if we don't consider and entertain the idea of something new.*

Andrea de Michaelis. Publisher

## OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions.

To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience.

What we see and experience is simply the brain's interpretation of electrical signals. The only reality we cope with is the world of perceptions inside our mind.

We participate in creation of the reality we experience by our intentions, beliefs and expectations, by every thought we think and every word we speak. Because we participate in this creation, we have access to as much happiness and supply as we can discipline ourselves to focus on.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation.

Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, truly in the Now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it. We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise.

So, if you read an article that touches you or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss the offering with them.

Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

**Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.**



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