

FREE
AUGUST 2016

Andrea de Michaelis presents

HORIZONS

Spiritual Solutions for Florida Since 1992 • Applying The Law of Attraction

Our 24th Year

AUGUST 2016
FREE

Andrea de Michaelis

Rev. Albert J. Bowes

**Readings:
Personal or Business**

**By appointment
386-228-3209
11:30am-5pm
Seven days a week
In person or by phone**

**Intuitive Guidance:
Personal or
Business
Career changes**

**Avoid Traffic, Beat
The Heat! Phone
readings are just
as accurate as in
person readings**

**Education
Family issues
Personal
empowerment
Increase emotional
happiness
Less stress
More energy**



**Intuitive Life Coach
Psychic Detective**

**Albert has
successfully
worked with law
enforcement,
archeologists, oil
companies, etc.**

**Found lost boats,
airplanes, persons,
etc.**

**Was invited to
Russia where
he took part in
research with
psychics and
scientists.**



**Friend him
on Facebook**

Cassadaga

Scientifically proven accuracy.

**He has taught Parapsychology 1 & 2 at
the University of Florida**

**www.psychicconsultant.org
See video**

**Read credentials, testimonies and "Visions
of Time", book written about Albert from a
research program on his abilities, conducted
in a four year study by Dr. David Jones.**

Albert was a Project Manager and Lecturer for the **Edgar Cayce Foundation** and their **Association for Research and Enlightenment**. Albert also hosted a year-long TV show, "Society of Holistic Healing" on **TV Channel 3**, and has made appearances by invitation on "The Carol Nelson Show", on **WFTV Channel 9** in Orlando, and "**PM MAGAZINE**" **WCPX Channel 6**. Albert was invited to **Russia** to study the paranormal, where he worked with a team of Psychics, Researchers and Scientists.

He has worked with a wide variety of professionals, including Archeologists, Research Scientists, Detectives, Doctors, Surgeons, Oil Companies, and many other individuals, both professional and private. He is the founder of **The Society for Holistic Living**, which advocates the incorporation of Body, Mind and Spirit, working toward completeness in life. He has taught University level Parapsychology 1 & 2 for the **University of Florida**, and his Anthropology work is still being taught in Universities.

Albert was the subject of the internationally published book "**VISIONS OF TIME**", to make the world aware of the scientific possibilities for using psychic gifts. Albert's gifts have been validated by double-blind testing by a University Professor in a four-year research project. Albert's work has included successful projects with **NASA** & the **FBI**, to working on academic projects, to finding missing persons, sunken ships.

Nellie 386-228-0168

**Reading
seven days
a week**

**Call
for
Appts**

8am-8pm

See video at



PsychicMedium

**Go to my website to see
what my clients say,
click "Testimonies"**

www.aaanelliecassadagatherealone.com

TESTIMONIAL: I appreciate the time you spent with me. The concert I was having such a hard time remembering was Patti LaBelle -- that was Kenny's favorite singer. It's funny this particular event came up in the reading Sunday because Sunday and Monday are the Mexican celebration for departed loved ones -- I was just wondering to myself what the greatest moment we had together in our short 4 years together, and for some reason I didn't think of this concert. This WAS definitely our best activity together and it took me coming to see you to remind me of that. Thank you for the piece of mind you have given me. **Chris**

TESTIMONIAL: Nellie, you said some things about an uncle my mother had that I never knew about. You mentioned he was a musician, and he was very well known. The next day I called my mom in Hungary and she started to cry, she verified everything you said. I never knew he existed up until you told me about him. At the time of the reading, you told me that he was there with me, it was a life turning experience for me. Thank you so much Nellie. **Klara**

TESTIMONIAL: Hi Nellie: You told me that my gr gr mo Gaetano S came from the Bari area I found a young relative named Roberta S from the Salerno area and she will contact me about the family. There are many relatives from Bari area and the Salerno province. In Bari are the names of my family members: Grimaldi, Amodeo, and guess what the Fama family into whom my son Charlie, married! **Eileen**

TESTIMONIAL: Nellie, I loved your message, and got lots of info from it, now the hard part. put it into practice. thank you so much very much for sharing your wisdom with me and others.

TESTIMONIAL: Nellie, This is going to be short because I can not describe what happened to me today but I am at peace with myself after a very long time! You took me in a 1/2 hour early today and then made time for a friend of mine - so appreciated! And you spent extra time with me!! Feel like I won the lottery! I feel like the biggest dark cloud has been taken away from my life. I can not describe the happiness I feel - no words to describe the peace of mind I have! I do not remember so much peace! Some day I will write and explain more but just can't put it into words right now! **THANK YOU! Maggie**
I will be back!!!

TESTIMONIAL: Before I met Nellie I had been to Cassadaga a few times in the past to get readings. In the past the readings were ok but not too specific. This time was different. When I got my first reading I had been going through many health and issues in my life. Nellie gave very useful info that was specific including dates and outcomes. Most of her predictions have come true, even the ones that seemed unlikely. I am very grateful to her for both her reading and her compassion. If you are ever in Cassadaga and want an accurate reading set up an appt to meet with her.



**To welcome
all people and
experience
our oneness
with God**

Rev. Beth Head welcomes you



**2401 N. Harbor City Blvd
Melbourne, FL 32935
321.254.0313**

SUNDAY Services
9:30 and 11:00am
Sunday school at 11:00am
Child care both services

KEYS TO THE KINGDOM

MONDAYS 6:30pm beginning August 8th
Facilitator: Tim Hall

This class is an advanced course in prosperity consciousness building. It is designed to be a unique seven week transformational experience to gently lead a student through their mental and emotional blocks and into a greater awareness of their true potential. Course materials are \$50.

**The Q Effect: The Art & Practice of Living
with Nothing and No One Against You**
SATURDAY August 13th, 9:30-3:30

Registration includes workshop, materials, 21-day practice and three group coaching sessions via conference call. Registration: \$50.00 all materials included. Presented by Certified Q Coach Rev. Beth Head.

LUNCH WITH THE MINISTER
SUNDAY August 14th 12:30pm

If you are new to Unity, Rev. Beth would like the opportunity to get to know you. This is also an opportunity to get to know others who are new to Unity. Please sign up as lunch is limited to 8.

SUMMER WORSHIP SERIES CONTINUES

WEDNESDAY 10:00am or 7:00pm Facilitator: Maggie Rosche

PRAYING WITH THE 12 POWERS: Claiming The Superhero Within
Join us to explore the 12 gifts of our Christ nature, in prayer, song, silence and discussion. Treat yourself to a summer metaphysical make-over. Take a closer look at the higher powers which are the "image and likeness" of God in us. Give dynamic meaning to "God in you and as you" by learning to call forth the many facets of your inherent Divine Consciousness. \$10 love offering suggested.

NEW MEMBER CLASS

SATURDAY August 20th 9:30am
Facilitator: Rev. Beth Head or one
of our Licensed Unity Teachers

This class is for anyone interested in learning more about Basic Unity Principles and Unity of Melbourne. This class is a requirement for associate or partner membership in Unity of Melbourne. Love offering.

ONGOING EVENTS

Noon Prayer Service Tuesdays and Thursdays

First Sunday of the Month - Reiki Healing
Service 12:00pm

Third Sunday of the Month - mini service at
WAVECREST 2:30pm

Thursdays - Meditation with Jenny 7pm

Second and Fourth Thursdays - Club CHIP
6pm

Second Friday Night - Craft Night 6:30pm -
bring your unfinished projects to work on

Join us in a Journey of Spiritual Discovery



WAT PUNYAWANARAM

Brevard County's Learning Center Of The Buddha's Teaching, Meditation And Thai Culture
4490 Aurora Road Melbourne 321-255-1465 www.watpun.org

Visiting Hours: 7AM to 8PM Daily
Meditation 7 to 8AM * 7 to 8PM Daily
Thrift Shop: Wed to Sun 9AM to 4PM
Thai Food Served Sunday 10AM - 2PM

We are predominately Thai but many from other
cultures join us. We have several Monks and Nuns
of the Dhammayut Order in residence.



**Merritt
Island
Sunday
Services
10:00 am**



MINISTER
Rev. Rose M.
Whitham

Listen to our Sunday talks online

www.unitymerrittisland.org

4725 N. Courtenay Parkway
Merritt Island, Florida 32953

321-452-2625 Email info@unitymerrittisland.org



**10:30AM
SUNDAY
MORNINGS**

The New Way POD
The Aquarian Building
238 Peachtree St in Cocoa
www.thenewway.us
Admin@TheNewWay.us
321-458-7956

Rev. Mark
Pasqualino

**Come find what
you're missing**



**The greatest
optical illusion is
separation**

HORIZONS

Publisher/Editor/Creator
Andrea de Michaelis

On the Cover (page 27)
To The Other Side
by Lori Hlavsa

Contributing Writers:

Michelle Whitedove
Doreen Virtue, Ph.D.
Dr. Wayne W. Dyer
Timber Hawkeye
Cecelia Aitabile
Margaret Lembo
Abraham-Hicks
Ma Yoga Shakti
Jenny Mannion
Karen Williams
Mark Anthony
Kate Zourkas
Mike Dooley
Maya White
Alan Cohen
Tom Sannar

Our Advertising Rates • Low because we're in it for the outcome, not the income ...	6
12 Steps of Spiritual Freedom by Rev. Tom Sannar	6
This Month's Thoughts About Things by Andrea de Michaelis	7
Mindfulness And Meditation by Kate Zourkas	8
The Teachings of Abraham-Hicks	9
Herb Corner with Cecelia Aitabile	10
Empowerment through Powerlessness by Mark Anthony	11
Attention Shifting by Jennion Mannion	12
Buddhist Boot Camp: Beyond Right and Wrong by Timber Hawkeye	13
From The Heart by Alan Cohen	14
Ask Whitedove with Michelle Whitedove	15
Archangel Oracle Cards by Doreen Virtue, Ph.D.	16
Soul Songs: Abraham Fun with Karen Williams	17
Our Classified Ads	17
Our Calendar of Events	18
Everyday Wisdom by Dr. Wayne Dyer	19
Notes From The Universe by Mike Dooley	19
GemSpot with Margaret Lembo	20
Our Phone Directory *Pick up Horizons at these stores and locations*	22
Cover Art	27
Monthly Horoscopes by Maya White	30

Co-incidence is meaningful. If you find yourself reading these words, there is a message for you.

"And the day came when
the risk to remain tight in
a bud was more painful...
than the risk it took to
blossom." Anais Nin



**Horizons thanks
everyone willing
to take the risk**

HORIZONS MAGAZINE is distributed FREE each month to 200+ bookstores and health food stores throughout Florida, as well as by subscription. **HORIZONS** is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

ARTICLE SUBMISSION: You may submit articles of up to 900 words on any area of personal growth and practical spirituality to HorizonsMagazine@aol.com. Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for.

The views expressed in Horizons Magazine are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

HORIZONS MAGAZINE
575 Escarole Street SE • Palm Bay, FL 32909-4802

cell/text 321.750-3375

We accept all credit cards and Paypal

Visit www.horizonsmagazine.com
Email HorizonsMagazine@aol.com

Classifieds \$2.00 per word page 17
 Calendar \$.50 per word. page 18
 Phone Directory \$5 per line pages 22-25

DISPLAY ADVERTISING RATES

Ad size	1 month	3 months	6 months
Small Strip Ad	\$ 50	\$120	\$180
Business card	\$ 75	\$210	\$390
1/4 page	\$225	\$540	\$960
1/3 page	\$240	\$600	\$1110
1/2 page	\$350	\$900	\$1560
Full page	\$485	\$1275	\$2250
Back page	\$625	\$565	\$475 Unavailable
Inside back	\$525	\$1395	\$2400
Inside front	\$550	\$1455	\$2550
Page 3	\$550	\$1455	\$2550
Page 4	\$450	\$1200	\$2100
Front cover	\$900 (Restrictions apply)		

As of Feb 2016 all pages are color, so above prices have been adjusted to reflect color prices. Ad rates posted before Feb 2016 said "Add 25% for color" so no more math.

*You must prepay to get discount

Example: Small strip ad for 6 months is \$180 prepaid

Full page ad for 6 months is \$1,800 prepaid

Broken contracts receive full advertising credit

Since 1992, distributed monthly to 200+ bookstores and health food stores all over Florida, as well as by private subscription. See pages 22-25 to see where to pick up HORIZONS MAGAZINE.

For good advertising results, studies show it takes a reader 3-4 times seeing a new ad before it is noticed and acted on. By the 4th ad, readers begin to call.

Payment is due by the 10th with your ad

DISPLAY AD SIZES

Full page ad is 7.25" wide by 9.5" tall
 1/2 page 4.25" tall by 7.25" wide or 9" tall by 3.5" wide
 1/3 page 2.8" tall by 7.25" wide or 9" tall by 2.3" wide
 1/4 page 4.25" tall by 3.5" wide or 2" tall by 7.25 wide
 Business card ad is 2" by 3.5"
 Small strip ad is 1" x 3.5"

We accept all credit cards and PayPal online

Email HorizonsMagazine@aol.com

321-750-3375 cell/text

Mail ad with payment to
HORIZONS MAGAZINE
 575 Escarole Street SE
 Palm Bay, FL 32909-4802

12 Steps of Spiritual Freedom

<http://oneheart-onemind.org> Email dr.tomsannar@gmail.com

- 1. Recognition - God Is First.** I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.
- 2. Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
- 3. Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.
- 4. Dominion.** I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
- 5. I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.
- 6. I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
- 7. Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
- 8. Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
- 9. Persistence.** I persist through faith. I maintain focus and discipline.
- 10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
- 11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
- 12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.



You are loved and guided more than you can imagine



Andrea de Michaelis
Publisher in 2016

THIS MONTH'S THOUGHTS ABOUT THINGS...

"In the company of one who is living Love, you can't help but spring into that Love." - Sri Sri Ravi Shankar

Welcome to the August 2016 issue of Horizons Magazine. Last month was a news fest focused on unfortunate, racially motivated conflict. Sometimes it takes drastic measures to wake us up enough so that we ask ourselves, "What do we really believe? What ARE our deepest beliefs about our life and the people around us, and the direction we see all of us heading?" **I'm hopeful.**



BENNY DIDN'T GROW UP THINKING MOUSE LIVES MATTER

Benny is tired of hearing *Lizard Lives matter, Bird Lives matter, Mouse Lives matter.* Yeh, yeh, he knows "all lives matter" but Whatever weaker than him crosses his path is at the mercy of his mood du jour. The hunt is in his blood. His mom was a hunter, his dad was a hunter. He saw them beat up lizards and birds and mice his whole life, and so he figured that was what he was supposed to do, too. Nobody told him any different. It happens to us humans, too. It's not his fault he thinks the way he does. He grew up repeating what his kinfolk said was the thing to do and the way life is. But tell that to the lizard, tell that to the bird, tell that to the mouse. **We humans are slowly but surely beginning to wake up and we're learning to stop the cycle, to do better.**

Do you ever feel like apologizing to an entire segment of society but you don't have the vocabulary to even begin to address it since who'd ever thought in this lifetime such things would still be happening? There's an almost overwhelming urge to fall at the feet of strangers apologizing on behalf of the ignorant and mean spirited ones whose skin is the color of mine. Even so, **I hold the vision of a better tomorrow.**

STAY MINDFULLY VIGILANT.

Don't fall into any plan to create race wars. The media wants to enflame us into action for ratings. We learned without doubt this election season that the media suppresses info that doesn't fit their agenda. They want to make us think things are worse than they are so we'll uprise and react. The powers that be want to divide us to make it easier to bring in martial law. **Be kind. Stay mindful. We're all in this together. We'll get through this.**



TRUE AMERICANS CELEBRATE RACIAL, CULTURAL AND RELIGIOUS DIVERSITY.

We **Make America Great Again** by showing in our daily lives that we believe in the **USA's Declaration of Independence** directive "all men are created equal, endowed with rights to Life, Liberty and the pursuit of Happiness." **To suppress anyone due to race, culture and religion is very UN-American.** I respectfully request that we don't get it twisted.



Yes, many are passing due to injustice but we have to walk over the bodies to move forward. It never gets easier, but hovering over them after the fact doesn't do anyone any good. **Link arms with those still standing and walk on together, praying for those in need still breathing. That way we catch each other as we stumble and no one stays down for long.**

HONORING THE ANGELS YOU FIND IN FRONT OF YOU

I was behind a young mother in the store earlier. She had three sons, about 2, 6 and 8 and she was doing an admirable job of keeping them under control. The older ones unloaded the shopping cart while the youngest quietly watched his mom on the phone telling someone she'd "be right back to take care of it." She seemed weary but handled the scene with grace and ease.



I looked at the two oldest, it brought to mind the two young men who'd been unlawfully shot by officers last month. This strong mother was raising three young black men not knowing what would become of them in tomorrow's society. No one with eyes open can pretend they'll have equal opportunity in our lifetime. No matter how good a mother she is, no matter how good a person they grow up to be, because of the color of their skin. I felt great shame. But **we can work to change that.**

When her groceries were tallied, I handed the cashier cash saying, "*May I, please? Seeing you with your boys gives me hope for our next generation. Thank you.*" And I meant it. I was grateful for the chance to lighten her load for at least the moment, perhaps to create a happy story to tell later, perhaps give a reminder that good and bad exists side by side. But I could tell she knew that.

The timing was synchronistic. I seldom carry cash on me but I'd just returned from the bank where I'd cashed my \$15 check for jury duty as well as a \$100 donation check someone had gifted me. I never expected either amount, and would typically have deposited it rather than cashing it. Since everything was falling into place, I figured it was her money anyway.



Enjoy our offering this month.
Hari Om.

Andrea

MINDFULNESS AND MEDITATION: MY PERSONAL RETURN ON INVESTMENT



Kate Zourkas is a wife, mother, author, yoga teacher, mindfulness advocate and management consultant. Kate is founder and owner of Yoga Bella and teaches privately from her home in Sydney, Australia. <http://readyaimbalance.blogspot.com/>


I am a yoga teacher and to become a yoga teacher you are asked to meditate and work on your own practice so that you can then teach and guide others. Therefore, mindfulness and meditation form a

large part of my personal practice, as well as the yoga classes I teach, and personally I have seen some really good results.

I have been researching lately on the return of investment of mindfulness and meditation and how it is being used in the corporate environment. Many organizations in the USA have regular meditation classes or quiet rooms available for their employees and they have only positive things to say about the programs that they've introduced. Companies like Google have really embraced the mindfulness movement and I think other organizations will follow quite quickly as it is becoming more mainstream and there are clear benefits linked to return on investment.

This has made me think about what is the return on investment for mindfulness and meditation? And I have come to the conclusion that I can only really talk about it from my own personal experience and the actions that I have taken to improve my mindfulness and the benefits that I have seen firsthand.

Light-Worker Helpdesk
Many ways to be open to Light



Empathic Life Consultant
Mentor / Dream Interpreter

407-957-4044
Luminata53@aol.com

Dr. Bev
Ordained
Beverly Ceroy PhD

It seems to me that people generally don't start on their mindfulness journey to become better leaders or employees, they do it for themselves to improve their own personal awareness and create their own versions of inner peace.

The 3 mindfulness actions that I have taken are:

I became more aware of my own thoughts and started to be more mindful about what goes on in my mind by observing and choosing my thoughts carefully. I want to fill my head with more positivity and reduce the negative noise or mental chatter. I took a step forward in taking ownership of what goes into my head and this is a pretty powerful first step.

I started to treat myself better. I put myself first and started to focus on my own mind, reactions, and opinions. My number one rule is to 'Be kind to myself' and I constantly use that to keep myself in line. In addition, I have learned how to say 'no' and not feel guilty, which is easy to write but much harder to put into action.

A regular meditation and yoga practice has been the backbone to my mindfulness journey. I started with guided meditations in 2011 and I highly recommend that to anyone who is starting on their mindfulness journey. Also, I tell people to learn how to breathe properly; most of us just breathe into our upper chests and don't breathe down into our diaphragm. Learning how to breathe will have a huge impact on your state of mind. Yoga has been an amazing way to improve the balance between my body and mind, and it supports me to feel centered.

What is my own personal return on investment?

Increased time, because I stopped filling my life with noise (mental chatter takes up a lot of time and energy and is very stressful).

Increased productivity.

Increased focus, clarity, and decision making.

Feeling centered and balanced through most situations. I view stress differently and I feel more like an observer rather than a participant of stress.

Increased presence. When I am home I am present. When I am working I am present. I focus on what is in front of me.

I have learned to let go of things quickly. If I do get angry or stressed, I get over it faster and move on.

Increased self-esteem and self-empowerment. I feel good about myself and to me this is priceless and where I gain the most benefit. Feeling good about yourself will open doors and opportunities beyond your wildest imagination. We are all awesome in our own way and we just need to open ourselves up beyond the noise to see it for ourselves.

ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Author of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and NY Times Best Seller, Money and the Law of Attraction, visit www.abraham-hicks.com.

No Need To Be Organized!

Q: Okay, my question is: I've been really struggling with being very disorganized. I have a business and on my desk I've got a stack of business cards that should be entered into my database....

Abraham: Why?

Q: So that I can keep track of these people and...

Abraham: Why?

Q: ...and market them.... (Brief pause.) Why are they still there?

Abraham: Why do you need to do something different with them than you are doing?

Q: Because I'm not reaching out to this group of people to stay in front of them, to keep myself marketed to them....

Abraham: Do you have plenty to do already?

Q: Yes.

Abraham: Then why do you need more? (Laughter.)

Q: Well, I want to continue growing my business. And it's not just that, I mean, you know, I've got papers piled up here and there, and I feel like the fact that I'm disorganized is holding me back.

Abraham: We agree with that, but when you hate organizing then organizing will hold you back, too.

Q: Uh-huh. Yes, I hate it. (Laughter.)

Abraham: And the Universe has a way of yielding to you irrespective of your organizational skills. In other words, the Universe doesn't say, "When you get organized, we'll yield to you." (Laughter.) The Universe doesn't say, "A clean desk is required before you get the good stuff." The Universe says to you, "When you want it, we yield it to you, and if you're in this place of allowing it then you're gonna let it in." And so there are different styles -- there are those who need to be organized in order to stand it. In other words, clutter just makes them crazy. Well, we would encourage them to get organized because they need it for alignment. But if organizing is as frustrating as you say it is and if you're making that stack work, it is our suspicion that you could get your hands pretty quickly on anything on your desk if it really mattered to you. If it really mattered, you could find it reasonably quickly. In other words, we think it is more of a time saver to just find it when you need it -- the Universe will help you -- than for

...continued on page 21...

Please Join Us For a Fundraiser To Benefit Lorriann!



**Have a Heart
Psychic Fair**

**Saturday
Aug 13th**

10:00am -- 3:00pm

**Readers, Door Prizes, Raffles,
Bake Sale & More \$20 Includes**

One 15 min Reading & One Door Prize Ticket

1924 Melody Lane Melbourne, FL 32901

(Go to rear of Melbourne Auditorium on Hibiscus)

Sponsored By Spiritualist Chapel of Melbourne



1951 Stimson St.
Jacksonville, FL 32210

(904) 389-3690

www.earthgifts.com

Open Wed - Sunday 10am - 6pm Closed Monday & Tuesday

ROCK SHOP,
CANDLES,
INCENSE,
HERBS, OILS,
BOOKS, TAROT,
MORE



Rev. Andy Conyer



UNITY LIFE ENRICHMENT CENTRE 863-471-1122

10417 S. Orange Blossom Blvd, Sebring, FL 33875

Email unity@vistanet.net www.unityofsebring.org



Reverend Robyn Stevens

Consultant,
Psychic
Medium

Card & Spirit Readings

321-327-8881

Rmoondrop@aol.com

Tom Arcuti - Yachaq Shaman of Imbabura
initiated in the Tradition of the Yachaqs of Imbabura from the Andes of Ecuador

**Crystals, Minerals, Pendulums,
Elixirs, Resins & Smudge Supplies**

Online: <http://store.allipacha.com> or call for appointment
www.allipacha.com tom@allipacha.com 386-747-9294

THE HERB CORNER AND LEARNING CENTER

More than just herbs and herbal classes

**Certified Master Herbalist &
Holistic Healthcare Provider on Staff**

Hours: Wed-Fri. 10-5, Sat. 11-3

**277 N. Babcock St., Melbourne
321-757-7522**



Our Herbal Certification Course

"Reclaiming Your Roots"



**An in depth study of the
healing properties of herbs
from**

**June 2016 – November 2016 on alternate
Saturday mornings or Sundays from
June 2016 to September 2016.**

Pre registration is required

Cost \$300 plus a materials fee of \$40 includes

**all printed instruction and materials. A \$40 non-
refundable deposit is required for books and
supplies due by May 25th, 2016 with the balance
made in fourteen additional installments of \$20. A
certificate will be awarded upon completion.**

Call for more info 321-757-7522

*As a Master Herbalist I will help to start you "on the road" to
herbalism. Reclaiming Your Roots provides you with the health-
promoting herbal skills that have nearly been lost to our "modern"
world. In 7 months you'll learn how to treat non-emergency
health problems, and gain an excellent grounding in the basics:
teas, tinctures, salves, syrups, compresses. It also includes
healthy choices for women, men, children and pets. You'll also
be taking a nature walk at Turkey Creek. Sign up now for the next
class.*

**Also gifts, jewelry, gemstones, candles,
Himalayan salt lamps, organic skin care soaps
and cosmetics, glass and plastic bottles, herbal
supplies, organic essential oils and diffusers,
detox foot bath sessions**

**www.herbcorner.net
for articles, recipes, newsletter**

Herb Corner

Cecelia Avitabile of The Herb Corner and Learning Center in
Melbourne FL is a Certified Holistic Health Practitioner with a Masters
of Herbalism degree and over 20 years of herbal experience. A
member of American Association of Drugless Practitioners and the
American Herbalist Guild. Visit www.herbcorner.net 321-757-7522

LIFE EVERLASTING

**Helicrysum stoechas also known as Cudweed is a
gentle yet powerful herb native to North America and
a member of the mint family.** Its name comes from its
everlasting curry scent; which occurs when its leaves or stems
are crushed. The leaves, flowers and stems of this plant can be
used as a tea, bath, poultice, compress, powder, infused oil or
made into a salve.

A Tea can be made by using 1tspn of the herb steeped in 8oz
boiling water for 15-20 minutes then strained. Traditionally in
the past teas have been used by **Native Americans** for **coughs,**
stomach aches, bronchitis, asthma, colds and headaches and
it is still used for those things today. Some people have found
using this tea is uplifting and energizing easing depression as
well. Used as a mouth rinse the tea can be used to soothe
ulcerations of the mouth and throat. And applied to the scalp
the tea helps kill off head lice. If the herb is boiled with wine it
can be used as an **intestinal parasite cleanser.**

Life Everlasting contains fatty acids, ursolic acids and oleanolic
acids, these constituents provide antioxidant, anti-inflammatory
and emollient properties. **The antioxidant properties** of the
fatty acids help create new skin cell membranes helping to
provide a youthful appearance to your skin by protecting it
from damage due to pollution and sun damage. **The anti-
inflammatory properties** from ursolic and oleanolic acids help
calm skin irritations, reduce redness and protect it the skin from
environmental damage. Plus these protective constituents also
help to inhibit tumor production. Besides those properties **Life
Everlasting** also provides **antimicrobial, expectorant, pectoral,**
diaphoretic and anodyne properties. And because the leaves of
this plant have astringent properties they can be chewed to
relieve mouth or throat ulcers.

The flowers of **Life Everlasting** have an uplifting scent which
can help relieve depression and anxiety this aroma is believed
to open the right side of the brain enhancing creativity. For
insomnia a dream pillow or a pre-bedtime bath made with **Life
Everlasting** added to the bath water may help. The scent can
also be used to **ease asthmatic problems** at night when a small
sleep pillow filled with **Life Everlasting** flowers placed next to
an asthmatic at bed time

Applied to the skin as a salve or infused oil **Life Everlasting**
antimicrobial properties helps protect the skin, reduce bruising,
acne and psoriasis. It stimulates the production of connective
tissue, this can help to brighten the skin and reduce the
appearance of dark spots. It also helps **reduce nerve damage,**
ease bug bites, reduce pain, boils and swelling. And when the
leaves and flowers are powdered they can be used to stop
bleeding.

EMPOWERMENT THRU BEING POWERLESS



Mark Anthony the Psychic Lawyer® (aka The Psychic Explorer™) is author of *Never Letting Go* and *Evidence of Eternity*. He is a world-renowned 4th generation psychic medium who communicates with spirits. See page 31. Visit www.EvidenceOfEternity.com

In June I was one of the speakers at the Sedona Spirit Symposium. The finale of the three day event was a Mediumship demonstration where I was privileged to connect random audience members with loved ones in spirit.

Part of being a psychic medium is to expect the unexpected—and throughout the evening I kept receiving the image of a gecko and images of **Orlando**. Being from Central Florida, I explained to the crowd that a gecko is a symbol for **Orlando**. I kept asking the crowd, “Do geckos, or does **Orlando**, Florida resonate with anyone?”

No one responded, so I moved on.

The next morning my manger **Rocky** and I were having coffee. She turned on the television and the unexpected horror of the mass murder at the **Pulse Nightclub** flooded our eyes and ears.

“Mark, last night you kept getting images of **Orlando**!”

“I didn’t expect it to mean this!”

“Whether you expected it or not—you were picking up on **Orlando**.”

Watching the shocking images of slaughter overwhelmed me with sadness, yet I felt another emotion surge through me—anger.

I was angry that such enormous pain was inflicted by the self-loathing of a cruel and hateful religious fanatic upon so many innocent people—I felt powerless.

In search of solace, **Rocky** and I later climbed to the top of **Red Rock Mountain** in **Sedona**. I sat gazing at the magnificence of the beauty of **Sedona**. I felt so insignificant. As a psychic medium, a large part of what I do is to help people heal from the wounds of their past. Yet how could I counsel people about something like the **Orlando** massacre?

Atop this windy mountain in **Arizona** the answer came to me—the key to healing from the past is realizing we are powerless to change it.

So simple, and yet so complex. There is nothing we can do about the fact something painful has happened to us or to someone we love. But what we can do is learn to change how we react to that pain. By acknowledging our powerlessness over the past we are empowered to take command of our present and our future.

Leaves & Roots

9476 E. Colonial Drive
Orlando, FL 32817

Over 100 Top Quality
Essential & Fragrance Oils
Herbs & Herb Blends in capsules
Aromatherapy supplies
Herbal research
Herbal extracts
Incense, Soaps
Body Care
Books

407-823-8840
Email leavesandroots@leavesandroots.com

M-F 10-7
Sat 10-5
Sun 12-5

Over 300 herbs & spices in stock
www.leavesandroots.com

Native American & Metaphysical Stuff Store
Readings, Crystals, Jewelry, Incense, Smudge

The Purple Rose Trading Co.

Rev. Tina, Owner
P.O. Box 275 • 1079 Stevens St. Cassadaga, FL 32706
www.cassadaga-purplerose.com (386) 228-3315

Spiritual Services with Laura Beers

**Change your Perspective
Change your Life!**

Psychic Medium,
Motivational Speaker,
Spiritual Certified Coach, Ordained Minister
In Person, Phone, Skype, Groups, will travel

321-751-4766 By appointment
www.HealYourSpirit2.com

How many times do you feel anchored to the chains of the past? Does your mind replay a traumatic event over and over to the point you feel no escape from the pain? Do you find yourself looking to someone else for approval or validation?

Do you focus on events in your past which you feel “robbed” you of your validation, self-esteem or even happiness? Were you treated rudely or cruelly by someone? Maybe it was a family member, friend, classmate, co-worker, boss or stranger.

These negative emotions and experiences are intensified when linked to the death of a loved one. How many times have you wished you could go back in time and save someone’s life?

Given the opportunity everyone would go back in time to save a loved one, or prevent the horror we witnessed in **Orlando**.

With the ability to time travel you could change something about your childhood, career or relationship. You may even want to bring last **Saturday** night’s winning lottery numbers. As long as you’re swinging in to save the day you might as well become a millionaire—right?

...continued on page 29



ATTENTION SHIFTING

Jenny Mannion eliminated her symptoms of several chronic diseases in under one month and found her path to healing. She has since written over 200 articles on healing naturally. The following is excerpted from her book *A Short Path to Change: 30 Ways to Transform Your Life*, which guides readers through 30 very short and easy exercises to transform their lives. See <http://www.jennymannion.com>

"When you change the way you look at things—the things you look at change."
—Dr. Wayne Dyer

This one quote alone helped me tremendously in the process of healing myself. We choose what to see. Often we react from some state of previously held beliefs and patterns and do not act consciously at all. When you begin to realize where you put your energy and the perspective in which you view that situation, you can begin to decide if it is accurate and if there is a better place to put your energy. You can truly turn a few minutes of what would have been a negative spiral, into one of the happiest moments of your day, just by shifting your attention.

When I was ill, I felt like I had the flu most days. This lasted for more than six years. There were times when my body ached so badly that all I knew how to do was focus on it. When I decided that I could feel better than I had been, I focused all my energy on a little finger, a toe, or any single part of my body that did not hurt. I paid gratitude for that part of my body. I told myself that if that one part was healthy, then there were healthy cells in my body, and I was not as sick as doctors said.

I wouldn't say I felt a hundred percent better instantaneously, but I felt a lot better than I did during those many months of lying there, thinking about how badly I felt.

...continued on page 28



Many PSYCHICS and HEALERS and VENDORS to choose from!

Saturday Sunday
Sept 24 Sept 25, 2016
11am-6:30pm 11am-5:00pm
\$7 day/\$10 for the weekend, 12 and under free

Orlando Mystic Faire
Osceola Heritage Park
1875 Silver Spur Lane
Kissimmee, FL 34744

• Massage • Tarot • Mediums • Angel Portraits • Feng Shui • Crystals • Candles • Incense • Beads • Spiritual Art • Jewelry • Mandalas • Angel Art • Reiki • Past Lives • Native American Art & Drums • Animal Communication

Email canbria@aol.com www.mysticfares.com
For info, call Candyce 239-949-3387

BEYOND RIGHT AND WRONG



Timber Hawkeye is the bestselling author of Buddhist Boot Camp. He offers a non-sectarian approach to being at peace with the world both within and around us. Visit <http://TimberHawkeye.com> and find him at <https://www.facebook.com/BuddhistBootCamp/>

When someone tells me they have recently lost their job or divorced, my immediate response is "Congratulations!"

It's not because I'm cold or insensitive, I have simply heard so many accounts of people looking back on what initially felt like a huge disappointment in their lives and later realizing it was actually a blessing in disguise. Breakdowns lead to breakthroughs, and there's often a massive gap between what we think is best for us and what we actually need.

The moment we stop judging and referring to any portion of our lives as "terrible" or "horrible," it stops being "terrible" or "horrible" and becomes just another chapter in our book (neither good nor bad, but somehow necessary for one reason or another).

So why are we so quick to assume that whatever is happening in the world is always for the worse? What if we're not on a downward spiral toward doom but on a very gradual, challenging, obstacle-filled incline toward euphoria and liberation?

We have individually and collectively overcome so many changes, hardships and difficulties over the years, and here we are (on the other side of everything) significantly improved, enriched, liberated, and wiser. If you ask me, the world is an incredibly beautiful place as it is! Even the things that we are tempted to dub as the downfall of society (i.e. social media) are actually responsible for introducing words like "mindfulness" and "awareness" into our everyday language (at schools, workplaces, and even our homes).

When I speak across the U.S., it is clear that our access to information through YouTube, Google, and even Facebook has actually opened our eyes, not narrowed our minds. An initial resistance to change is to be expected (we just LOVE our comfort zones, don't we?) but as Neale Donald Walsch says, "Magic happens just outside our comfort zone, not in it."

So... what if the problem isn't the world at all but our perspective of it?

What if we start believing that we will actually be okay regardless of who gets elected as president, or if the United Kingdom remains part of the European Union or not? Is it possible that our definition of "okay" is simply too concrete?



Janice Scott-Reeder, AA, BA, Druid

Licensed Psychic, Astrologer, Broward County, FL
Master Tarotist, Hypnotherapist, Psychometry, Spirit Contact
954-698-6926 (Coconut Creek 33073)

Facebook: CosmicSalamander or CosmicJanice

KORNUCOPIA 386-963-4898

12093 CR 137 • Wellborn, FL 32094

Tues thru Fri 10am - 5pm, Saturdays 10am - 3pm

Antiques, Vintage Collectibles, Chime Candles,

Sage, Incense, Tarot Cards, Jewelry, Books, More



Discover...
The Artist's Law of Attraction
www.SharonLRichards.com

Maybe we need a certain president to be elected only to later be impeached so we can feel empowered as a nation again instead of powerless. What if nothing is really the "end of the world" but only the beginning of a new one, and the real problem is that each of us judges this new world as either "better" or "worse" instead of just calling it what it is: New.

By all means, please, cast your vote and do what you think you can... but then release your grip and let the chips fall where they may (they are going to anyway). Have trust that everything will be okay, even if it means that your definition of "okay" needs to change a little bit.

As Rumi said, "Beyond 'right' and 'wrong' there is a field; I will meet you there!"

Have the serenity to accept the things you cannot change, the courage to change the things you can (by promoting what you love instead of bashing what you hate), and the wisdom to know the difference.

SPIRITUALIST CHAPEL of Melbourne

We Welcome All To Sunday 10 AM services
1924 Melody Lane, Melbourne, FL 32901
Spirit Messages - Healing Service
Guest Speakers - Private Readings
\$15/15 minutes after Services
321-419-6262

Spiritualism + Mediumship Classes
Thursdays 6:30-8:30 pm
\$3 members
\$5 others

Friend us on Facebook: [SCM-SpiritualistChapelOfMelbourne](https://www.facebook.com/SCM-SpiritualistChapelOfMelbourne)

FROM THE HEART



Alan Cohen is the author of the new bestseller *A Course in Miracles Made Easy: Mastering the Journey from Fear to Love*. Become a certified professional life coach through Alan's transformational Life Coach Training beginning September 1. For more info about this program, his free daily inspirational quotes, online courses, and weekly radio show, visit www.AlanCohen.com.

How to Safely Remove Your Husband's Skull

The **Jawara Tribe** in the **Andaman Islands** has fought off nearly all attempts by civilized people to penetrate their domain. As a result, this primitive culture has retained its customs for thousands of years. Yet a few visitors have been accepted, returning with remarkable footage of a kind of people nearly otherwise decimated from the earth.

I saw a documentary that introduced **Jawara** women who wear the bones of their dead husbands around their necks. In some cases, the widow totes the man's skull. The documentary's narrator suggests, *"Imagine trying to make love to a woman who is wearing the skull of her dead husband around her neck."* While the comment is odd, it struck a realization within me. In our culture many of us also wear the skulls, bones, or remnants of dead husbands, lovers, family members, business partners, or friends around our necks—not physically, but energetically. We hang past memories, resentments, and upsets over our hearts such that we keep other people from getting close to us. Clinging to the past, for better or worse, manufactures a

psychic armor that new people, events, and experiences cannot penetrate. These skulls might be "treasured wounds" or even treasured positive memories. In either case history overshadows the present and delays us from stepping into our highest destiny.

I heard about a **German** woman with a psychological disorder in which she would get stuck on a particular moment in her experience, and then not know what happened for a period of time after that. For example, she would be holding a pot of coffee in her hand and that scene would freeze in her mind even while the "movie" of her life went on. She would be pouring the coffee but still think it was in the pot, not knowing where she was pouring it.

This phenomenon is similar to the **Jawara** skull bearers in that we get stuck on events in the past at the expense of being fully present now. Every moment in our life is a frame in a movie that keeps going on. If we fixate on a past scene, we cannot see the movie as it continues to play.

Perhaps the most familiar bearer of a treasured wound is **Charles Dickens' Miss Havisham** in his classic novel, **Great Expectations**. We meet the elderly spinster who was jilted at the altar many years earlier. **Miss Havisham** still wears her yellowed wedding gown while the cobwebbed china for her marital feast sits on her dining-room table beside the uneaten wedding cake.

Miss Havisham is the quintessential bearer of a treasured wound. Her tattered wedding dress and rotting cake serve as lifelong badges of victimhood. Daily she reminds herself of the loss she cannot get beyond, and glorifies it to the world.

Forgiveness, as taught by **A Course in Miracles**, calls us to release the past scenes upon which we are frozen. It does not ask us to overlook bad things that have happened, while still holding onto them subconsciously. It is said, "We bury the hatchet, but then we remember where we buried it." Real forgiveness means rising above the belief that we are victims, and that any person or experience has power over our lives.

The skull and coffee pot symbols run even deeper. Many of us carry old belief systems that keep us from growing into new ones. We harbor religious dogmas, judgments from our parents, opinions pounded into us from public education, cultural stereotypes, nicknames we were called, guilt over past mistakes, and all kinds of ideas that keep us living smaller than we are and we deserve. I have studied with many amazing teachers and thought systems. At some point I had to let go of each of them to move on to a more expanded vision. Every belief system exists to be learned from, applied, and then transcended.

Consider if you are wearing any skulls around your neck or pouring hot coffee on yourself. Who or what are you holding on to? What you hold to is holding you. If so, take an action, communicate, do a release ceremony, pray, affirm, discuss with a friend, or do whatever you need to do to get beyond limiting past relationships, painful events, self-judgments, fears, and a sense of "small me." You are too big for that now. Such beliefs are the toys of childhood, and we are maturing into spiritual mastery.

We honor our dead by remembering them, but there is an even more important memory we need to preserve—the remembrance of our true self. There is a you greater than your past, a deeper inner spirit that has never been touched by your personal history. This is your true self, the one you were born to know and live. We cannot carry around the bones of the dead and be fully available to embrace the hearts of the living.



Enchanted Gifts for the
Mind, Body and Soul

Creative Energy

Crystals, gemstones, jewelry, salt lamps, drums,
didgeridoos, singing bowls, books, tarot, CDs, candles, incense, oils,
herbs, sage, divination tools, statuary & altar items, men & women's
clothing, belly dance accessories, henna, tapestries, peace-promoting
items, faeries and much more!

Readings Friday, Saturday, Sunday

835 East New Haven Avenue
in Historic Downtown Melbourne
(Think Purple)
Monday thru Thursday 10 am - 6 pm
Friday & Saturday 10 am - 8 pm
Sunday Noon - 5 pm

321-952-6789 

"Where Old Melbourne meets the New Age"

ASK WHITEDOVE



Got a burning question? Celebrity Psychic and Spiritual Teacher Michelle White Dove is here to help. Lifetime TV named her "America's #1 Psychic" on "America's Psychic Challenge." Her books include: Ghost Stalker: A Psychic Medium Visits America's Most Haunted Sites • Ghost Stalker Two: A Psychic Medium Visits Europe's Most Haunted Castles • She Talks with Angels: a Psychic Medium's Guide into the Spirit World • Angels Are Talking: A Psychic Medium Relays Messages from the Heavens • My Invisible Friends
Visit www.MichelleWhitedove.com

Dear Whitedove,

Recently, it was time for my Mother to downsize from her home of fifty years and move to a small residence. Financially and physically it was important to do so. My siblings and I helped her to sell off many of her beloved belongings. During the process of packing she hurt her back severely and was doubled over with sciatic pain. I understood the spiritual connection to her back pain was that she no longer felt supported, since everything in her life is drastically changing. The holistic chiropractic Doctor that treated her back recommended that Mom should also have her heart checked by a specialist. The doctor explained the physical reasons: can you explain the spiritual connection? ~ **Doting Son in Denver**

Dear Son, As a Health Intuitive many times I see a physical connection of lower back pain associated to physical heart issues just as your holistic chiropractic Doctor. It is imperative that you follow up with a cardiologist and do testing so any issues can be treated in the early stages. The spiritual connection for your Mom: she is suffering emotionally from a broken heart. She associates her lifelong acquisitions as her status in life: her big home, her former job, her bank account, her beautiful and sentimental things. She is very attached to these materialistic things that are symbols of her road to success and she has let these belongings define her. (I see this mostly with career driven men.) With psychic insights I see that first there was the death and loss of her husband of many years, now she is losing her home and many possessions and for the first time she's now grieving and is heartsick. This transition has removed her foundation and can be humbling and overwhelming for the elderly.

The truth is that her real symbols of success are intangible. God knows about all of the people that she helped along the way, the love that she gave to her mate, her children and her dedication and loyalty to her employer. I see your mother as good soul who is always willing to help those in need. During her final chapter on Earth, be very kind, reminisce and help her to see all that good that she has done: it's time for her to understand her true value and know that her deeds are more important than her belongings.



Sandra Bianco
 Licensed Massage Therapist MA#31943
407-247-6217
skblmt@gmail.com
 2471 Aloma Ave, Ste 201, Winter Park 32792
 Providing skilled and compassionate therapy since 2000

Dear Michelle,

When I was a girl I wanted to be a teacher when I grew up. I had such admiration for the teachers that inspired my imagination and helped me as elementary student. Then as a young adult with an aptitude for math I became an accountant. Twenty years later, this job isn't fulfilling. I wonder if I'm meant to be in an industry that helps humanity as I felt called to do as a child.

- Yearning Soul in Syracuse

Dear Yearning Soul, You are never too old to make a change but don't feel that it's imperative to change career paths when you can also do volunteer work. There are five fulfilling paths to serve humanity. Which one best fits you?

- **The Artist.** The arts bring joy to the world: dancer, singer, painter, designer, poet, author, sports figure, musician and more. Many times an artist is channeling and being inspired from higher realms to delight the audience.

- **The Educator.** The teacher, coach, lecturer, professor is the soul that loves to learn and is inspired to help others gain knowledge.

- **The Healer.** A doctor, shaman, nurse, or therapist is a soul that is drawn to follow the path of Eastern Medicine, Western, Indigenous knowledge or a combination of modalities to be in service and to help heal humanity. Animal veterinarians also fall into this category too.

- **The Cleric.** A shaman, metaphysician, priest, preacher, pope, nun, monk, lama is an enlightened soul that is in service to humanity to serve as a spiritual instructor. Also through their spiritual devotion of prayer work, meditation and charity they also assist in raising the vibration of the planet and the people.

- **The Inventor.** This is the rarest of souls with a scientific mind that make leaps in innovation for the betterment of the world.



- Spiritual Guidance
- Archangel Workshops
- Angel Oracle Card Readings
- Personalized ArchAngel Info
- Chakra Clearing and Balancing

Angel Gathering House Parties.
Call Enchanted Spirit for Details

Gemstones • Crystals • Singing Bowls • Incense • Reiki Candles
 Fairy Ornaments • Meditation CD's • Metaphysical and Spiritual
 Books • Buddhas • Fountains • Angels

320 N. Atlantic Ave Cocoa Beach 32931
enchantedspiritchb@gmail.com **321-784-2213**



DOREEN VIRTUE'S ANGEL ORACLE CARDS



Co-incidence is meaningful. If you find yourself reading these words, there is a message for you.

Doreen Virtue is a doctor of psychology and 4th-generation metaphysician who works with angelic, elemental, and ascended-master realms, author of 50+ books about angels and mind-body-spirit issues. www.angeltherapy.com

GROUNDING

This card is a signal that your energy and attention need to be grounded. If you've been feeling spacey, confused, or forgetful, this card speaks to the reason. "Un-groundedness" means that your attention is directed up too high—as if you're not in your body. A balance is needed between a focus on spirit and a focus on Earth.

You can ground yourself by walking barefoot on grass or soil, by eating foods from the ground like potatoes or carrots, by rubbing your bare feet, by touching a tree or plant, or by visualizing roots coming from the bottom of your feet into the earth. Grounding will help you to better concentrate and focus, and will also increase your connections to the angels.

ADDITIONAL MEANINGS FOR THIS CARD

- Spend time gardening
- Work with flower essences
- Make sure the words you speak or write are practical, grounded, understandable
- Be down-to-earth and authentic in your relationships
- Send love and light to Mother Earth.
- Adjust your diet and other lifestyle habits so that they support your mental and physical awareness



GROUND YOURSELF

"When you detach from awareness of your body and the physical world, you become ungrounded. Although it's pleasant to float heavenward, your attention and work are needed upon the Earth. We're helping you balance the spiritual and material so that you can enjoy a fulfilling Earthly life."



Join us on Facebook



Spiritual Uplifts
Metaphysical Store

Gifts, Books, Cards,
Crystals, Candles,
Incense, jewelry,
Salt Lamps, More

Energy Healing
Readings
Classes

904-292-4555

3491 Pall Mall Drive
Jacksonville, Florida 32257
<http://spiritualuplifts.com>

Rev. Dawn Casseday

Psychic, Clairvoyant, Medium
Reiki /Energy Healing, Tarot
Past Life Regression Specialist

Phone readings available

386-478-0341
www.revdauncasseday.com
CASSADAGA



HORIZONS CLASSIFIEDS

Your listing here for \$2.00 per word.
Email your listing with payment by 10th of
the month before to
HorizonsMagazine@aol.com

HEAL YOUR LIFE WORKSHOP LEADER TRAINING.

Become a licensed Heal Your Life teacher in the philosophy of Louise Hay. Manuals and materials to lead up to 14 different workshops. Our training is licensed by Hay House, Inc and approved by Louise Hay. www.healyourlifetraining.com

DR. BEV, ORACLE, DREAM INTERPRETATION,

Empathic Counsel, Joyologist, Ordained. Kissimmee,
St. Cloud FL area 407-957-4044

WWW.SKINPLUSENERGYINC.COM

Free Energy Work

ABRAHAM FUN



Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. You can join Karen's "Abraham Fun" group on FB and like her FB page, "SoulSongs." karen@karenmoneywilliams.com.

SoulSong #438

Should I Tithe and Donate?

Great pleasure can come from giving to others and feeling their appreciation or at least knowing I'm contributing to a worthy cause. When I give of my resources to others, it often helps me to feel more prosperous just by the fact that I have extra to spare. And when I feel prosperous, it helps me magnetize more abundance, for my circumstances ever reflect how I'm thinking and feeling.

But if I'm giving from a sense of guilt, duty, or worry about the recipients, I'd be better off not to give at all. Nothing good ultimately comes from an action I take while feeling bad. There is no record-keeping God who demands I give away 10% or more of my income in order to be blessed. But there is an immutable Law of Attraction declaring that when I feel bountiful, helpful, and useful, I will attract good things to myself. And if I can give in that spirit, envisioning good for all concerned, my recipients and I will be blessed indeed.



*To Promote the Religion,
Science, and Philosophy
of Spiritualism*



IFS Director
Marilyn Jenquin

**Private
Readings
BY APPOINTMENT**



**ON-GOING PSYCHIC/MEDIUM
SPIRITUAL DEVELOPMENT
CLASSES**
www.ifsk.org for locations, times
dependablepc@earthlink.net

TALLAHASSEE
Thursday, Aug 4th 7:00 – 9:30 PM

TALLAHASSEE
Friday, Aug 5th 11:30AM-1:30 PM

GAINESVILLE
Saturday, Aug 6th 2:00-4:30 PM

MELBOURNE
Tuesday, Aug 2nd 7:00 – 9:30 PM

JACKSONVILLE
Wednesday, Aug 24th
7-9:30 PM

JACKSONVILLE
Thursday, Aug 25th
1-2:30pm and 7-9:30 PM

Marilyn will be doing **British Evidential
Style Mediumship Readings ~ Sat. August
27th @ Fairy Dust Crystals and Such,**
Bellevue by appointment

www.ifsk.org **407-247-7823**



A BRANCH OF
Leaves & Roots

Your Health Matters To Us!

A Branch of Leaves & Roots
460 N. Ronald Reagan Blvd
Longwood, FL 32750

*Alternative Choices Natural,
Organic Dried Herbs and Spices,
Essential Oils And More*

321-422-0815





Fairy Dust
Crystals & Such

**11781 SE HWY 441, Bellevue, FL 34420
(the Almeida Plaza) 352-693-4592**

**Crystals, books, tarot, jewelry, candles, essential oils
READERS ON SITE EVERY AFTERNOON**

Find us on Facebook for details www.fairydustcrystals.com

*Previously
"Pixie Dust
Crystals
and
Such"*

CALENDAR OF EVENTS

Call to confirm and learn of last minute changes 50c per word, due the 10th of the month before. Email HorizonsMagazine@aol.com or call 321-750-3375 with credit card info. No calendar listings taken by phone.. \$10 extra for color or box around your listing

Tuesdays and Thursdays MELBOURNE 12-1pm Prayer Service Unity Church 2401 N. Harbor City Blvd 32935 321-254-0313 (pg 4)

Wednesdays 7pm TITUSVILLE The Spiritual Enlightenment Class at Space Walk of Fame Museum, 303 Pine St 32796 321-543-3674

1st Thursday every month OCALA 6-7:45pm Loving Communication© FREE Intro Class Freedom Public Library 5870 SW 95th St. Ocala 858-922-2964 Email fredjkeyser@gmail.com

2d, 4th Thurs MELB/PALM BAY 7pm Wiccan-Pagan Outer Court Classes Church of Iron Oak email scribe@ironoak.org 321-722-0291

Sundays PALM BAY Spiritual Lectures 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 www.yogashakti.org

Sundays, FT MYERS 9:15 am and 11am services Unity of Fort Myers, Rev. Jim Rosemergy. www.unityoffortmyers.org

Sundays MELBOURNE 9:30am and 11am Services at Unity Church of Melbourne 2401 N. Harbor City Blvd 32935 321-254-0313

Sundays MELBOURNE 10am Spiritualist Chapel of Melbourne 1924 Melody Lane behind Melb Auditorium 321-419-6262

Sunday MELBOURNE 10am Dharma Talk by Al Rapaport at Open Mind Zen 878 Sarno Rd Melbourne 321-427-3511 openmindzen.com

Sundays ORLANDO 10am Meditation 10:30am Service Center for Spiritual Living, 709 Edgewater Dr 407-601-1169

Sundays COCOA VILLAGE 10am Center for Spiritual Living Space Coast at 602 Brevard Ave 321.474.2030 www.cslspacecoast.org

Sundays 10:30am NEW SMYRNA Community Unitarian Universalist Church 1108 N. Dixie Highway (US 1) dbcuc.org

Sundays MELBOURNE Metaphysicians' Circle discussion group held 7-8:45pm \$3 at Jerry Forney's, 1357 Palmwood Drive, Melbourne, FL 32935 321-259-3822 or 321-543-3915, Email: Storytree1@aol.com

Sunday August 28, 2016 MELBOURNE Louis Gates speaking 10am Spiritualist Chapel of Melbourne 1924 Melody Lane behind Melb Auditorium 321-419-6262

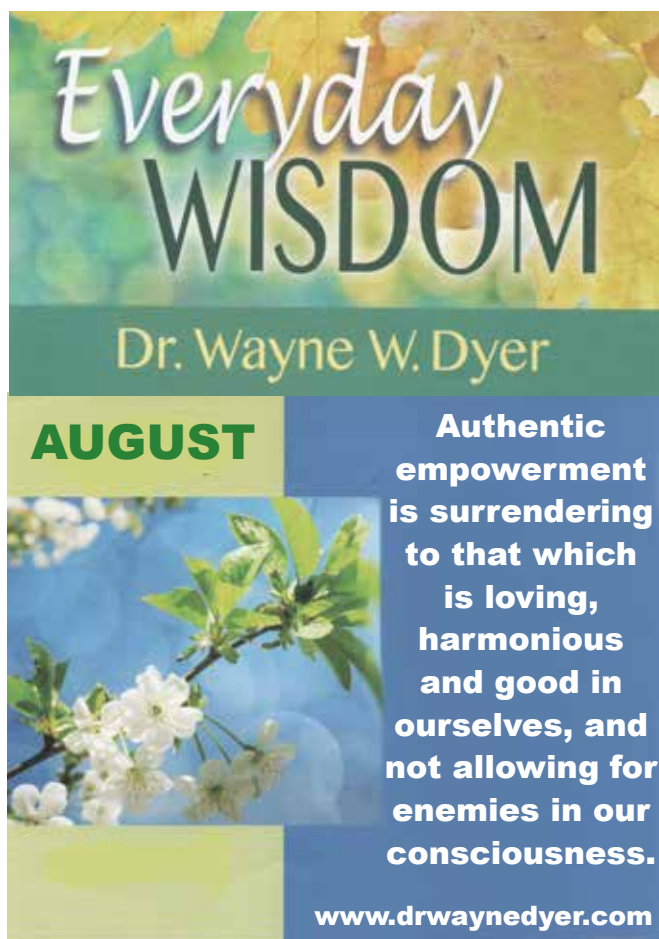
October 15-16, 2016 FT LAUDERDALE I Can Do It conference with Gregg Braden, Mike Dooley, Dr. Christiane Northrup, Dr. Joe Dispenza, Cheryl Richardson, Maastin Kipp, Gabrielle Bernstein, Kris Carr, Davidji, Nick Ortner, Brendan Burchard. At Broward Center for the Performing Arts, 201 SW Fifth Avenue, Ft Lauderdale 33312 http://icandoit.net/fort-lauderdale



Spirit and Psychic Readings
DAENA CROGHAN 330-472-9716
 Phone, Skype, In Person
 Angel Channeling, Reiki Attunements, Past Life Readings, Meditation Assistance, Career Guidance
www.SpiritAndPsychicReadings.com



Eckankar presents
Saturday, August 13, 1-3 p.m.
Keys to Spiritual Worlds
Free Interactive Workshop
 Unlock your Past Lives, Dreams, and Spiritual Experiences using the Creative Power of Soul. Complimentary gift book with CD.
Cocoa Beach Public Library 386-684-0312
 550 N. Brevard Ave., Cocoa Bch, FL 32931 www.eck-florida.org



**Everyday
WISDOM**

Dr. Wayne W. Dyer

AUGUST

Authentic empowerment is surrendering to that which is loving, harmonious and good in ourselves, and not allowing for enemies in our consciousness.

www.drwaynedyer.com



NOTES from the Universe

An international tax accountant turned entrepreneur turned writer for "the Universe," and one of the teachers for The Secret, Mike Dooley has found his calling. Mike runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit <http://tut.com>

**Always, when you just
don't know what you want,
want happiness;
and when you just don't
know what to do,
do anything.**

**You can start today,
The Universe**

MORGANA STARR The Angel Communicator®

First Ever Angelic Retreat September 16-18

Featuring... & more!
Morgana Starr, The Angel Communicator & Daena Deva



Anneke Charland
Master Herbalist ,
Owner Mrs Mango's



Jennifer Cleveland
Certified Yoga
Teacher & LMT



Anthony Profeta
Meditation
Teacher



Kathleen Rodamer
Owner of Your
Crystal Shop



Daena Deva
Morgana Starr

***Special
gift on
Friday
evening!***



**Ask about our
7 weekly
payments option**

**•Angel Messages •Channeling • •Crystals •Gluten Free/Healthy Food
•Herbs • Feng Shui • Mindful Triathlon • Essential Oils**

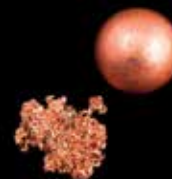
See www.MorganaStarr.com for other classes and events or call 321-506-1143



Margaret Ann Lembo is author of *Chakra Awakening*; *The Essential Guide to Crystals, Minerals and Stones*; *The Angels & Gemstone Guardians Cards*; *Color Your Life with Crystals*, more. She is an aromatherapist and the owner of The Crystal Garden — a book store, gift store, and spiritual center in southeast Florida.
www.MargaretAnnLembo.com | www.TheCrystalGarden.com

GEM SPOT: COPPER

A conduit for goodness, prosperity, and love



What kind of bandwidth are you working with? Are you receiving a clear signal and comprehensible messages from others and the Universe? Every day and any time it is a good time to clear your channel and allow wisdom to flow through you. **Copper** is a metallic element usually found in rounded masses without crystal form. The energy of this metal is aligned astrologically with the zodiac sign of **Scorpio**. The historic nature of this metal combined with its colorful variations when exposed to the elements and its thermal and electrical conductive qualities increases your ability to tap into the cosmos to garner wisdom, knowledge, and surprising information that can be applied to your spiritual practice of meditation, prayer, and contemplation. **Copper** has been used by humans for a variety of purposes for more than ten thousand years. **Copper** opens your heart despite aggravating or demeaning situations that took place in the past, enabling you to gaze into the sacred mirror to find the lustrous beauty within yourself. It carries the vibration of the colors blue and green which lends energy toward calmness and inner peace. It is responsible for the blue and green coloring of **copper sulfides** such as chalcopyrite and peacock copper, **copper carbonates** such as malachite and azurite, and other copper-containing minerals like **diopside**, **chrysocolla** and turquoise. **Copper** provides a clear conduit for messages and inspiration. This metal is beneficial when working on an invention, formula, or any project that requires a download of insight to complete the task at hand. It is beneficial for writers, musicians, and inventors who feel stumped or stagnant. Match these positive thoughts with copper and allow blessings to flow into your life:

Affirmation: *I am a conduit for goodness, prosperity, and love. I am open to receive inspiration, wealth, and good health! My power is immeasurable. I easily transform anger and frustration through conscious release and awareness.*



THE
CRYSTAL GARDEN
BOOKS, GIFTS & SPIRITUAL CENTER

From the
creator of
**Smudge
in Spray**



Oils to Reduce Stress

Diffuse
during
times of
stress to
enjoy these
benefits.



Eucalyptus

- Brings awareness to your breath
- Helps clear your mind
- Allows you to release feelings of frustration

Lemongrass

- Improves your ability to see life with joy
- Restores balance after a period of stress
- Encourages feelings of belonging and self-confidence



2610 N. Federal Highway, Boynton Beach, FL 33435 • 1-877-444-5099 • www.TheCrystalGarden.com



ABRAHAM-HICKS

... from page 8 ...

you to spend all that time trying to get organized and maintain a lifestyle that you have not produced or that has never been important to you.

Q: Mmm. Wow, that's awesome. That's powerful. (Laughter.)

Abraham: The only thing that is sticking for you is that you are beating up on yourself for not being organized, which is what is causing the resistance. But if you will say, "Ah, I'm like a mad scientist," or, "I'm like a creative genius where the energy just flows through me," because you are that. You don't have to be like someone else is in order to have your success. You're having your success. And more is coming.

Q: Okay. I was wondering if that might be tied in, 'cause I was also dealing with some financial issues, and my bank accounts are disorganized -- my personal account, my business account, money's going back and forth between those two; my personal and business credit cards, you know, it's like wherever I need the money from it's being pulled here to go there and being pulled here to go there. Is that related to this -- I mean, is disorganization in this area causing me financial distress or are those just still not...

Abraham: Well, we think the disorganization that you have been practicing is sort of evident there, but we do not think one is the cause of the other. We think that the way you feel about organizing is the cause of all of them. But here is the thing that we really want you to hear: are you making it work? In other words, do you have a sense of where the money is?

Q: I... not in a way that I could explain to the IRS. (Laughter.) But, yeah, I know where money is and which bank account has some in it at that moment and which one might need it later.

Abraham: Well, if you ever needed to explain it, all of the records are there. In other words, money in and money out is not a difficult thing to explain. Even when you spend something on your credit card, there is a record of it. And so at any point that any reconciliation is necessary, it is there for you. The reason that we're playing with you here a little bit is because we want to soothe you into this place where you are no longer beating up on yourself for your organizational style. And we would call it a style because it's sort of the way that you are moving, and the reason that we are not wanting you to all of a sudden begin to try to tighten up on yourself and shape up and do things in a more regimented way, in the way that would please someone else, is because creative juices very often are inhibited. In other words, sometimes there is a greater sacrifice to creative flow when you get all organized than when you just allow things to flow.

... continued on page 26 ...

High Springs Emporium



North Central Florida's **ONLY** Rock Shop
The most unusual store in town.
Rocks, Crystals, Gifts, Jewelry

It's been a long hot summer

Cool off at the High Springs Emporium!
Jump in the springs, then stop by for some cool rocks:

- Himalayan Ice Quartz, aka Nirvana Quartz
- Malachite with Chrysocolla
- Ocean Jasper
- Deep Blue Labradorite
- Tibetan Enhydro Quartz
- Iceland Spar Optical Calcite
- Crystal-filled Geodes

Stone of the month - Agate • All agate is 20% off all month



Brazilian Agate Slab

OPEN Mon-Sat 11 am-6 pm and Sunday noon-5 pm
660 N.W. Santa Fe Blvd • High Springs, FL 32643

386-454-8657 <http://highspringsemporium.net>



Experience This Peaceful Community Where Certified
Mediums and Healers are Available Daily

- Classes & Workshops
- Historic Tours
- Spirit Encounter Tours
- Special Events
- Readings by Certified Mediums
- Certified Spiritual Healers



Wednesday Message Service, Colby Temple 7p.m.
Sunday Adult Lyceum, Davis Building 9:30 - 10:15 a.m.
Sunday Church Service, Colby Temple 10:30 a.m.
Sunday Message Service, Davis Building 12:30 - 1:30 p.m.

Cassadaga Spiritualist Camp Bookstore & Welcome Center

Largest Selection of Books on Spiritualism, Metaphysics and Meditation.
CD's • DVD's • Crystals • Jewelry • Candles • Unique Gifts and Crafts

Monday - Saturday 10am - 6pm Sunday 11:30am - 5pm

Camp Bookstore 386-228-2880 • Camp Office 386-228-3171

1112 Stevens Street
Cassadaga FL 32706

www.cassadaga.org



ALPHABETICALLY BY COUNTY

Place your ad here for just \$5 per line. 20 characters per heading, 44 characters per line
Payment due 10th of the month before • Email and Paypal to HorizonsMagazine@aol.com

OUR PHONE DIRECTORY... 321-750-3375

ALACHUA COUNTY (352) GAINESVILLE (386) HIGH SPRINGS

A ROCK SHOP & MORE

HIGH SPRINGS EMPORIUM 386-454-8657
660 NW Santa Fe Blvd (441) Gemstone Jewelry

BOOKS & GIFTS

WILD IRIS WWW.wildirisbooks.com 352- 375-7477

CHURCHES

UNITY OF GAINESVILLE 352-373-1030
8801 NW 39th Ave 32606 www.unitygainesville.org

HEALTH FOODS

EARTH ORIGINS MARKET 352-331-5224
EARTH ORIGINS MARKET 352-372-1741

BREVARD (321)

BOOKKEEPING

ACCOUNTING BY CATHI BRENNAN 321-266-1660

ACUPUNCTURE AND LASER LIGHT THERAPY

David Rindge, LAc, DOM, RN 321-751-7001
1601 Airport Blvd, Suite 1 Melbourne, FL 32901
CooperativeMedicine.com HealingLightSeminars.com

AROMATHERAPY, OILS

HERB CORNER 277 N. Babcock Melb 757-7522

ASTROLOGER

LESLIE MARLAR 779-0604
VLMarlar@aol.com www.lesliemarlar.com

ASTROLOGY REPORTS

ANDREA de MICHAELIS \$22
3 month Future Prediction Reports
Email horizonsmagazine@aol.com

AUTOMOTIVE REPAIR

MELLOR'S AUTOMOTIVE 321-956-1997
Visit www.mellorsautomotive.com

BOOKS & GIFTS

AQUARIAN DREAMS AIA Indialantic 729-9495

BOOKANDBEADOUTLET.COM 950 N. Courtenay
Pkwy Merritt Island 321.453.2665 50% off bks

CREATIVE ENERGY 952-6789
Crystals, Jewelry, Drums, Singing Bowls, Books
More! 835 E. New Haven Ave downton Melb

ENCHANTED SPIRIT 320 N. AIA CB 784-2213

OWL VISIONS Rev. Terri McNeely 292-9292
501 Florida Ave Cocoa Village 2-6pm call 1st

RAIN TREE GIFTS 321-345-4970
826 E. New Haven Avenue, Melbourne FL 32901

BUDDHIST TEMPLE

WAT PUNYAWANARAM 321-255-1465
4490 Aurora Road Melbourne www.watpun.org

CAFE GLUTEN FREE

THE BALD STRAWBERRY 321-458-5529
1248 Sarno Rd 32935 thebaldstrawberry.com

CHIROPRACTIC

DOCKSIDE CHIROPRACTIC 321-775-3734
Dr. Kevin Poulston BS,DC 1300 Pinetree Drive
Suite #7 IHB 32937 docksidechiropractic.com

VICKI M. MERRICK, DC 321-952-7004
2060 Palm Bay Rd NE #2, Palm Bay, FL 32905

CHURCHES

CENTER FOR SPIRITUAL LIVING SPACE COAST
A Science of Mind Church Cocoa Vlg 474.2030

THE NEW WAY www.TheNewWay.us 458-7956

SPIRITUALIST CHAPEL OF MELBOURNE 419-6262
UU Church OF BREVARD www.uubrevard.us

UNITY OF MELBOURNE 10am Sundays 254-0313
2401 N. Harbor City Blvd Melbourne 32935
www.unityofmelbourne.com

UNITY OF MERRITT ISLAND 452-2625
4725 N Courtenay 32953 unitymerrittisland.org

UNITY CHURCH ON THE SPACE COAST
2000 South St in Titusville 383-0195

CRYSTALS, GEMS ROCKS

YOUR CRYSTAL SHOP 321-615-8927
www.yourcrystalshop.com Cultural gifts
2137 N. Courtenay Pkwy Merritt Is, FL 32953

HEALTH FOODS

APPLESEED 1007 Pathfinder Rckldge 631-1444
NATURE'S MARKET & CAFÉ 254-8688
ORGANIC FOOD CTR Indialantic 724-2383
PINETREE HEALTH 777-4677
SUNSEED CO*OP Cape Can AIA 784-0930
SUNSHINE HEALTH FOODS Titusville 269-4848

HERBS, OILS & GIFTS

HERB CORNER 277 N. Babcock Melb 757-7522

MAMA JO'S SUNSHINE HERBALS
1300 Pine Tree Dr. IHB 321-779-4647

HOME BIRTH SERVICES

PAM PEACH L.M. www.Birthingpath.com

MASSAGE THERAPY

EILEEN A JACOBS, L.M.T. 321-773-0409
Reiki Master/Teacher • MM9571 • MA 8698

NATURAL PET SUPPLIES

NATURAL PET SPECIALTY SHOP 321-259-3005

PSYCHIC READERS

ANDREA de MICHAELIS 321-750-3375
Clairvoyant, honest, accurate, illuminating

JORIE EBERLE 321-638-0367
Spiritual Teacher, Reader, Advisor, Classes

ELLEN DOREEN Psychic/Medium 321-298-1624
www.ellendoreen.com MC/Visa/AmEx/Disc

REV. KATHRYN FLANAGAN 321-458-7956
Spiritual Advisor * Teacher* Tarot
Reiki * Weddings* Public Notary

REV. TERRI MCNEELY 321-292-9292
Spiritual Advisor/Medium. Classes in
Mediumship at Owl Visions Cocoa Village. Also
crystals, jewelry, essential oils and blends.

MORGANA STARR 321-506-1143
Psychic-Medium, Classes. Private or group

Please email feedback about readers
to horizonsmagazine@aol.com

SPIRITUAL DEVELOPMENT

ANDREA de MICHAELIS 321-722-2100
Working thru it horizonsmagazine@aol.com

YOGA

SUNDARI YOGA STUDIO 321-613-5999
46 North Brevard Ave Cocoa Beach, FL
<http://sundariyogastudio.com/>

THE YOGA SPACE 321-223-4285
1103 W Hibiscus Blvd, West Melbourne 32904

THEE HOUSE OF YOGA Classes 321-726-9642
412 5th Ave, Indialantic, FL 32903

YOGA, MEDITATION

YOGA SHAKTI MISSION 321-725-4024
3895 Hield Rd in Palm Bay yogashakti.org

ZEN MEDITATION

OPEN MIND ZEN openmindzen.com 427-3511
Al Rapaport/Sensei•Breathwork•Zen Dialogue

BROWARD (954) FT. LAUDERDALE

BOOKS & GIFTS

ANGEL HAVEN Las Olas Blvd Ft Laud 522-4720

CRYSTAL VISION 3160 Stirling Rd 981-4992

DIVINE LOVE INSTITUTE 954-920-0050
Hollywood, FL www.divineloveinstitute.org
Gifts, Free Reiki Circle, Life Coaching, Akashic
Record Certification, Angel Workshops, Magni-
fied Healing and IET Certification

NATURE'S EMPORIUM 755-2223

NEW AGE BOOKS & THINGS 771-0026
4401 N. Federal Hwy Fort Lauderdale

SPIRITUAL JOURNEY 954-752-2329
7420 Wiles Road Coral Springs, FL 33067
<http://spiritualjourneyweb.com>

CHURCHES

CENTER FOR SPIRITUAL LIVING 954-566-2868

UNITY GATEWAY CHURCH 954-938-5222

UNITY CHURCH OF HOLLYWOOD 954-548-9320

HEALTH FOODS

HEALTH FOODS PLUS 989-3313
3341 Hollywood Blvd in Hollywood

WHOLE FOODS MARKET
810 University Drive Coral Springs 753-8000
7220 Peters Road in Plantation 236-0600
2000 N. Federal Hwy Ft. Laud 565-5655

WILD OATS MARKETPLACE 566-9333
2501 East Sunrise Blvd in Ft. Laud

PSYCHIC READERS

JANICE SCOTT-REEDER 954-698-6926
Tarotist and Astrologer, e/snail mail readings.
In person readings at the Cosmic Salamander
<http://cosmicsalamander.com>

COLLIER COUNTY (239) NAPLES

BOOKS & GIFTS

SACRED SPACE 239-390-2522

CHURCHES

UNITY OF NAPLES Books, gifts 775-3009

HEALTH FOOD STORES

EARTH ORIGINS MARKET 239-434-7221

FOR GOODNESS' SAKE 353-7778

FOOD & THOUGHT MKT CAFE 213-2222

NATURE'S GARDEN 643-4959

SUN SPLASH Market & Cafe 434-7721

SUNSHINE Discount Vitamin 941-598-5393

DUVAL (904) JACKSONVILLE

BOOKS & GIFTS

EARTH GIFTS www.earthgifts.com 389-3690
Wed - Sunday 10am - 6pm Closed Mon & Tues

SPIRITUAL UPLIFTS 904-571-2586
3491 Pall Mall Dr Jax 32257 spiritualuplifts.com

CHURCHES

COSMIC CHURCH OF TRUTH 904-384-7268

UNITY CHURCH FOR CREATIVE LIVING in Jax
www.unityinjax.com/ 904-287-1505

RECONNECTIVE HEALING

www.healingenergybyted.com 904-613-7608

ESCAMBIA (850) PENSACOLA

CHURCHES

UNITY OF PENSACOLA 850-438-2277
716 N. 9th Ave. www.unitypns.com

HIGHLANDS (863) SEBRING

CHURCH, CLASSES

UNITY LIFE ENRICHMENT CENTRE 863-471-1122
10417 S. Orange Blossom Blvd, Sebring 33875
<http://www.unityofsebring.org>

HILLSBOROUGH

(813) TAMPA, LUTZ

BOOKS, GIFTS, READINGS

MYSTIKAL SCENTS 813-986-3212

GAIA SPIRITUAL DOORWAYS 813-943-3666
26300 Wesley Chapel Blvd, Lutz Florida 33559
<http://www.gaiaaspiritualdoorways.com/>

INDIAN RIVER (772) VERO, SEBASTIAN

ACUPUNCTURE

COMPLEMENTARY MEDICINE 772-766-4418
ACUPUNCTUREVEROBEACH.COM 772-770-6184

BOOKS & GIFTS

INSPIRED HEART Old Dixie Hwy 772-696-1910
SPARK OF DIVINE 772-257-6499

CHURCHES

UNITY OF VERO BEACH 772- 562-1133
950 43rd Ave 32960 www.unityofvero.org

LAKE COUNTY

BOOKS & GIFTS

CRYSTAL CLOSET (407) 878-2700
121 N Highland St Mount Dora, FL
www.thecrystalcloset.com

LEE COUNTY (239) FT. MYERS

BOOKS & GIFTS

SO MOTE IT BE 239-689-3728
2267 1st St in Fort Myers, Florida 33901

THE MYSTICAL MOON 239-939-3339
8890 Salrose Lane in Fort Myers 33912
www.themysticalmoon.com

THE MYSTICAL MOON 239-301-0655
8951 SE Bonita Beach Rd Bonita Springs 34135

THE LABYRINTH 239-939-2769
12995 S. Cleveland Avenue #108

CHURCHES

UNITY OF FT. MYERS 239-278-1511
www.unityoffortmyers.org

LEON CTY (850) **TALLAHASSEE**

BOOKS & GIFTS

CRYSTAL CONNECTION 878-8500
1233 Apalachee Parkway in Tallahassee

STONE AGE Tallahassee Mall 383-0233

HEALTH FOOD STORES

HONEYTREE 1616 N. Monroe St 681-2000
NEW LEAF MARKET 942-2557

MARION COUNTY **(352) OCALA**

BOOKS & GIFTS

BAREFOOT ZEN 1703 NE 8th Rd 34470 207-0281

SOUL ESSENTIALS Ocala 352-236-7000
Crystals, rocks, gems, unique gifts, healing gifts
805 SE Ft. King St jensoul@embarqmail.com
<http://soulessentialsoccala.com/>

CROW'S CROSSROADS SHOPPE 352-235-0558

FAIRY DUST CRYSTALS AND SUCH 352-693-4592
11781 SE HWY 441, Belleview, FL 34420
Crystals, books, tarot, jewelry, candles, oils
www.fairydustcrystals.com

CHURCHES

UNITY OF OCALA 101 Cedar Road 352-687-2113

HEALTH FOOD STORES

EARTH ORIGINS MARKET 352-351-5224

OCALA GHOST WALKS

www.ocalaghostwalks.com 352-690-7933

MARTIN COUNTY **(772) STUART**

HEALTH FOODS/CAFE

PEGGY'S 5839 SE Federal Hwy 286-1401

SPIRITUAL CENTERS

UNITY OF FORT PIERCE 461-2272
3414 Sunrise oneness@unityoffortpierce.com

MONROE (505) **KEYS, KEY WEST**

AROMATHERAPY & HERBS

BLUE MOON HERBALS, AROMATICS 305-587-8303
www.bluemoonherbals.com
30150 Overseas Hwy Big Pine Key, FL 33043

HEALTHFOOD/JUICE BAR

GOOD FOOD CONSPIRACY 305-872-3945
US 1, Mile Marker 30 on Big Pine Key
<http://www.goodfoodconspiracy.com/>

HELP YOURSELF FOODS 305-296-7766
829 Fleming Street in Key West, FL 33040
<http://www.helpyourselffoods.com/>

NEW AGE BOOKS, GIFTS

BLUE MOON TRADER 872-8864

OKALOOSA (850) **FT. WALTON BCH**

CHURCHES

UNITY CHURCH FWB 864-1232

HEALTH FOOD STORES

FEELIN' GOOD! Hwy 98 Destin 654-1005
GOLDEN ALMOND FWB 863-5811

ORANGE COUNTY **(407) ORLANDO**

APOTHECARY

GYPSY APOTHECARY HERB SHOPPE 407-745-5805
3540 South Orange Ave, Orlando, FL, 32806
www.herbzorlando.com/

BOOKS & GIFTS

AVALON Hillcrest St in Orlando 895-7439
CRYSTAL CLOSET Mount Dora 878-2700
SPIRAL CIRCLE 750 Thornton Orlando 894-9854

BUDDHIST CENTER

VAJRAPANI KADAMPA CENTER 407-896-3998
813 Montana 32803 meditationinorlando.org

HERBS, GIFTS

LEAVES & ROOTS 407-823-8840
9476 E. Colonial Drive in Orlando

MEDITATION CLASSES

BRAHMA KUMARI MEDITATION CENTER
FREE Meditation Classes www.bkwsu.org
407-228-0026 Call 407-493-1931

PSYCHIC MEDIUM

NICOLE BOWMAN 1(800) 690-4839

SPIRITUAL COUNSEL

PSYCHIC MEDIUM TORRE' 321-439-3073
Teacher, Healer www.venusinvelvet.com

PALM BEACH (561)

BOOKS & GIFTS

EXPEDITO ENLIGHTENMENT CTR 561-682-0955
CRYSTAL CREATIONS 649-9909

SECRET GARDEN 844-7556
SHINING THROUGH 276-8559
DREAM ANGELS 561-745-9355
SPIRITUAL AWAKENINGS Lk Worth 561-642-3255
CRYSTAL GARDEN 369-2836
2610 N. Federal Hwy Boynton Beach

COFFEE & GIFTS

MOTHER EARTH COFFEE & GIFTS 561-460-8647
410 2nd Avenue North in Lake Worth, FL 33460

CHURCH / CLASSES

UNITY OF THE PALM BEACHES 561-833-6483

HEALTH FOOD/CAFES

NUTRITION S'MART 561-694-0644
4155 Northlake Blvd PBG nutritionismart.com

HEALTH INSTITUTE

HIPPOCRATES HEALTH 561-471-8876
<http://hippocratesinstitute.org> WPB 33411

PINELLAS (727)

ST PETE, CLRWATER

BOOKS & GIFTS

MYSTIC GODDESS Largo 727-530-9994

CHURCHES

UNITY OF CLEARWATER 727-531-5259
PEOPLE'S SPIRITUALIST CH 727-823-5506

THE TEMPLE OF SPIRITUAL AWARENESS 709-3909
www.templeofspirituala.wix.com/spiritual-awareness
Find us on Facebook

FREE ENERGY WORK

Skin Plus Energy Inc. (727)642-6165
www.SkinPlusEnergyInc.com

HEALTH FOOD STORES

EARTH ORIGINS MARKET St.Pete 727-347-5682
EARTH ORIGINS MKT Palm Harbor 352-786-1231

ST LUCIE (772)

BOOKS, GIFTS, EVENTS

THE OWL BUTTERFLY 772-242-8166
US-1, Port St Lucie 34952 theowlbutterfly.com

SPIRITUAL CENTERS

CRYSTAL CENTER OF ILLUMINATION 465-9327
Course In Miracles, TM, Tai Chi & Yoga

SARASOTA (941)

BOOKS & GIFTS

ELYSIAN FIELDS Midtown Plaza 941-361-3006

HEALTH FOOD STORES

EARTH ORIGINS MARKET 365-3700 and 924-4754

SEMINOLE (407)

SANFORD, LAKE MARY

CHURCH, BOOKS, GIFTS

UNITY CHURCH OF CHRISTIANITY
4801 Clarcona Ocoee Rd ORL 407-294-7171

GIFTS, CONSULATIONS

LUNASOL ESOTERICA Sanford 321-363-4883

SPIRITUAL COUNSEL

PSYCHIC MEDIUM TORRE' 321-439-3073
Teacher, Healer www.venusinvelvet.com

SUWANNEE (386)

LIVE OAK, WELLBORN

BOOKS AND GIFTS

KORNUCOPIA 386-963-4898
12093 CR 137 in Wellborn, FL 32094
Tues thru Fri 10am - 5pm, Sat 10am - 3pm
Antiques Candles Sage Incense Tarot Jewelry

VOLUSIA (386)

DAYTONA, DELAND, NSB

BOOKS AND GIFTS

CASSADAGA CAMP BOOKSTORE 386-228-2880
MY CAULDRON 386-624-7000

CHURCHES

CASSADAGA SPIRITUALIST CHURCH 386-228-3171
COMMUNITY UNITARIAN UNIVERSALIST dbcuc.org
UNITY COMMUNITY CHURCH NSB 386-481-0890

CRYSTALS AND GEMS

TIMELESS TREASURES 386 252-3733
Daytona Flea Market • Corner Shops CS 75&76

PSYCHICS GEMS ROCKS

PURPLE ROSE in Cassadaga 386-228-3315

SPIRITUAL COUNSEL

PSYCHIC MEDIUM TORRE' 321-439-3073
Teacher, Healer www.venusinvelvet.com

PSYCHIC READERS IN CASSADAGA, FL

ALBERT BOWES 386-228-3209
NELLIE EDWARDS 386-228-0168

TRACI DICAPRIO 386-337-0536
Psychic Medium Also booking parties
Email Sororfla@yahoo.com

Rev. Dr. JAMES THOMAS 386-451-7214
Cassadaga Medium, Healer IAM1981@aol.com

UNITY CHURCHES IN FLA

Bonita Springs	239-941-3100
Bradenton	941-758-6489
Brandon	813-727-4431
Clearwater	727-531-0992
UnityNow	727-524-0600
Daytona Beach	386-253-4201
Delray Beach	561-276-5796
Dunedin	727-734-0635
Fort Myers	239-278-1511
Fort Pierce	772-461-2272
Gainesville	352-373-1030
Gulf Breeze	850-932-3076
Hollywood	954-922-5521
Jacksonville	904-287-1505
Jacksonville	904-355-5100
Lakeland	863-646-5314
Lecanto	352-746-1270
Leesburg	352-787-0834
Melbourne	321-254-0313
Mount Dora	352-483-5683
Naples	239-775-3009
New Smyrna Beach	386-481-0890
Northport/Pt Charlotte	941-423-8171
Ocala	352-687-2113
Orlando	407-294-7171
Orlando	407-852-3940
Oviedo	321-206-5148
Palm Harbor	727-784-7911
Pensacola	850-438-2277
Plant City	813-659-2624
Poinciana	863-427-4276
Port Richey	727-848-7702
Port St. Lucie	772-878-9819
St. Petersburg	727-344-1515
St. Petersburgn	727-898-2457
St. Petersburg	727-527-2222
Sarasota	727-848-7702
Sebring	863-471-1122
Sun City	813-298-7745
Tampa	727-531-1836
Tampa	813-870-0731
Tampa	813-882-0440
Titusville	321-383-0195
Venice	941-484-5342
Vero Beach	772-562-1133
West Palm Beach	561-721-1267
West Palm Beach	561-833-6483

We Help People Get Well And Stay Well!

**Our goal: rapid, effective,
affordable treatment**

- Acupuncture
- Laser Needle Acupuncture
- Laser Therapy
- Pulsed Electromagnetic Field Therapy (PEMF)



**David Rindge,
LAC, DOM, RN**

We specialize in modern, cutting edge therapies shown to heal a broad range of health conditions because of the science supporting them and because of the clinical results and lack of problems we have seen over many years.

Pain
Sports Medicine
Urology / Prostate
Digestive Disorders
Hair Loss - Alopecia
Respiratory Disorders
Cardiovascular Disease
Neuropathy / Nerve Pain
Bone Healing - Osteoporosis
Female / Gynecology / Fertility
Skin -- Acne, Dermatitis, Psoriasis
Hearing Loss, Meniere's, Tinnitus
CNS Disorders - MS, Parkinson's, Spinal Cord Injury



If you have been told that you or a loved one will just have to live with pain or that your health or that a specific condition cannot be improved, think again!

David Rindge, LAC, DOM, RN
Center for Cooperative Medicine
Healing Light Seminars
1601 Airport Blvd, Suite 1
Melbourne, FL 32901
321-751-7001
www.CooperativeMedicine.com
www.HealingLightSeminars.com





ABRAHAM-HICKS

...continued from page 21

So the question that we are putting to you is: do your organizational skills, particularly the ones that are relating to money, cause you trauma? In other words, are you bouncing checks? Are you getting late notices? Are you financially behind things as a result of what some would call “irresponsibility”? Or are you managing in your style?

Q: Yes to both. I mean, it has caused me to end up bouncing a check or getting a late fee and things like that. And yeah, I think I’ve gotten to the point where that doesn’t bother me.

Abraham: Well, you see, this is hard for many to hear but when you get into this creative flow where you’re asking and the Universe is yielding, you reach this place where you don’t sweat the small stuff. And keeping track of what you did is a little bit of sweating the small stuff. Now, we know your government requires it of you to a certain degree, we know that there are records and reconciliations that are required, but we have to say to you: far, far, far more importance is put upon that than we would if we were standing in your physical shoes because you spend your time doing things you do not want to do, get yourself out of sync with the flow -- when you get in the flow, so much avalanches in that it becomes unimportant how it is managed. It’s sort of like saying, “I have more money than I have any sensible use for, so now I don’t have to keep such a close eye on my bank account.”

So -- oh, there is so much disagreement in this room. It is great fun. (Laughter.) Esther balances her checkbook to the penny. She cannot bear it if it does not balance. She will stay up all night to find it if it is out of balance. And she feels uncomfortable while she is doing it because she knows with every fibre of her being that it is a waste of her precious life experience. And yet she has this thing that says, “I must be able to account for all of this.” And what we would say to her is if you will relax and allow, everything falls into place.

What we are really saying to you is: find the place of ease and let your creative juices flow, and let everything else take care of itself.

Q: I don’t even balance my, I don’t even keep track of my check book. I just have some sort of a guesstimate of what I think is available.

Abraham:: The bank is keeping track. (Laughter.)

Q: Right. That’s what I figure.

Abraham: And you can call them any time you want and ask them how you’re doing.

Q: Yes. Right.

Abraham: And you have an awareness of approximately what’s outstanding since you last called. We think you can figure it out close enough.

Q: And that should be okay. And that’s not causing any problems, then, as far as money and things flowing to me? It’s just two different things.

Abraham: Your guilt about it causes problems. The situation itself doesn’t matter.

Q: Okay.

Abraham: In other words, as you say, “I’m a bad person because I don’t make my bed,” then you better make your bed or get over thinking that you’re a bad person because you don’t.

Abraham: In other words, either make it or say it’s all right that you don’t, but don’t keep yourself in that tension place, you see. Yes. What we would do, if we were standing in your physical shoes, we would look for our own positive aspects. We would say, “I’m alive, I’m energetic, I’m enthusiastic about life. There is so much that I want to do. There are so many things that do attract me, there are so many things I’m interested in. And I’m taking a big bite out of life, and the things that matter do get my attention. Everything’s percolating along just right, and I’m becoming more and more expansive. And at any time that I want, if it’s really important, I can hire someone to deal with all of that stuff.” And just relax.

There are those who get out and live life, and there are those who stay home and clean their house. (Laughter.) And there are those that call one virtuous and one whimsical and irresponsible. And there are those like us that call it your choice in the way you live your life. You get to choose. Nobody else. The only thing that matters is your alignment between you and You. That’s all, you see. So ease your own mind and bring yourself into alignment.

If you really, really, really want things to be tidy, if you really, really want things to be reconciled and organized, then you’ve been launching rockets of desire and the Universe has been hearing that. And as you chill out and stop beating up on yourself and noticing how ‘irresponsible’ and disorganized you are, which is holding you in a pattern that is not letting the Universe yield to you what you need to get organized -- in other words, as long as you’re frustrated about not being organized, that means that frustration itself is the indicator that you’re holding yourself in a place where even though the Universe is trying to yield the solution to you, you can’t get it, you see. So that’s why we’re saying make it a non-issue. Say it doesn’t matter. De-activate that and everything that you need or want, if you really want it, will flow easily to you.

So later on, after you’ve really chilled out about this, and you have someone keeping your house and you have someone keeping your books, then you can say to us, “Well, Abraham, I guess it did matter because when I relaxed all of that came to me.” But if -- five years from now, after you’ve chilled out and you’re happier than you’ve ever been, and you still don’t have anyone keeping your house and keeping your books -- then you can say, “Well, I guess I really didn’t want that because it didn’t



ABRAHAM-HICKS

... from page 8 ...

happen.” Because if you want it and you relax, it will happen. That’s big. No matter what it is -- if you really want it and if you get out of the way of it, it will happen. It must be. It is law. It can be no other way. It’s the way this Universe is established, you see.

We did not find you confusing. We found you easy to read. We found the question within you clear. Do you feel the power of our answer? We’re coming forth in response to the clarity of your desire. You’re clear. (Laughter.) You’re just confused because you think you’re supposed to want what others want you to want. They say, “Cleanliness is next to godliness.” (Laughter.) And we say, think of this random Universe where everything is possible, and understand that the organizational skills belong to Law of Attraction. And if you will relax and allow Law of Attraction to do the organization, the managing, then you can spend your time doing the things that please you and that make things happen for you. Yes.

So next time someone asks you how you’re doing on your checkbook, say, “Law of Attraction is managing my financial affairs.” (Laughter.) “I have a financial manager.” “Oh, really! Is he good?” “The best. God-like.” (Laughter.)



OWL VISIONS

501 Florida Ave
Cocoa Village

321-292-9292

Gifts, jewelry, crystals,
books, tarot, divination
decks and tools, sage,
altar items, music,
readings, aromatherapy
Gemstone mala beads,
different stones and
stone sizes, Crystal
Journey candles, soy
tealights, spell candles,
new pendulums different
stones, pashmina shawls,
silk scarves, gold etched
Reiki wands

Open Wed - Sat
2:00pm until ?
Call First



REV. TERRI MCNEELY
Spiritual Advisor
Medium
Reiki Master

Ask about Mediumship classes

Email OwlVisions@aol.com

<http://smile-village.com/owlvisions/>

COVER ART

Lori Hlavsa TO THE OTHER SIDE



“To The Other Side” A loved one passed this year and this is to show her, we are still together in spirit as she makes the transition to the other side. We ride peacefully, quietly and as gracefully as a swan.

Residing in Florida with husband and children, Lori Hlavsa is an accomplished artist. *“My hope is to take the viewer to a place where imagination and dreams really do exist.”* Discovering a love for art at a young age, Lori began to work as a freelance artist through high school. She demonstrated airbrush to other students. Family, friends, and teachers were supportive. In the 80’s, Hlavsa’s airbrushed murals on vehicles and motorcycles were popular. She earned an Associates Degree in Ad Design from the Fort Lauderdale Art Institute. Her sign and mural business grew through the 1980’s and her work brightened up homes, daycare centers and Broward County schools. Through the 90’s, Lori came up with creative ways to decorate, using handmade paper as an art medium to create abstract sculptures.

She soon started selling the paper sculptures at art shows and before long, the sculptures evolved into humanlike figures of clowns, fairies and dancers. Her Mom helped in production and in time, these little

Paperpeople live in homes of collectors all over the country. Much of Hlavsa’s themes comes from family. Watching her daughter dance from the age of 5 to 18 and sketches of the dancers in class have become the basis for some of her figures; graceful, dance-like poses. Her son’s calm, free spirit and love for the ocean surf inspires her. Her husband’s support, energy, and drive encourages her love of art. Lori’s promoters and their show finesse, gather people that love and enjoy her work. Customers always comment that Hlavsa’s work is magical and inspirational. *“I hope to bring out the child inside, celebrate the present day and to be free in it. Sing, Dance, Live, Laugh, Love and Listen to the quiet rhythm of the world.”* Email Paperpeple@aol.com





ATTENTION SHIFTING

...continued from page 12

What you focus on truly does expand, and it is of the utmost importance that you begin to realize where your attention goes.

An example is when you wake up and something happens to make you think that this is going to be “one of those days.” Maybe you overslept, spilled coffee, or stubbed your toe running around and getting ready for the day. This one thing has happened and already you put your attention on the one thing that went wrong. That sets the intention for more things to go wrong by labeling it as “one of those days.”

Instead, you could choose to laugh it off and think that what just happened really stunk but it’s not the end of the world.

You could also possibly change the pattern you were creating and declare that you are ready for this day to be a great one. You have the ability to switch your attention to create a more desirable outcome, but the first step is becoming aware of where your attention goes.

EXERCISE: LEARNING TO SHIFT YOUR ATTENTION TO CHANGE YOUR CURRENT REALITY

For this exercise, think of something that usually gets you stressed out; something that is a real trigger for you. It can be a person, a habit, or a slow driver ahead of you. Before that next moment hits, think about how you could shift your attention in that moment to something else.

For example, maybe you get stressed when you drive behind slow drivers. Promise yourself that the next time you are behind one, you will blast your favorite song and sing along as loud as you can. Or you will run through the list of things you are grateful for that day. You can do anything but concentrate all your stress on the fact that you are moving slower than you want to and worrying about being late.

Maybe you have to work with a person who has an annoying habit. Try to imagine the best thing you can about that person. The next time they display that habit, picture that best quality instead of focusing on what annoys you.

When you do this, note how you feel and write down how it made you feel differently. Be sure to give yourself lots of gratitude for noticing how you felt in that moment!

Excerpt from *A Short Path to Change: 30 Ways to Transform Your Life* by Jenny Mannion © 2016 by Jenny Mannion. Used by permission from Llewellyn Worldwide, Ltd., www.Llewellyn.com.



Appleseed Health Foods
 Specialty and Natural Foods • Organic Produce
 Wheat & Gluten-free Foods • Organic Meats
 Vitamins & Minerals • Health & Beauty • Reference Library

1007 Pathfinder Way in Rockledge 321-631-1444
www.appleseedhealth.com Mon-Fri 10am-6pm Sat 10am-3pm

www.icandoit.net/fort-lauderdale



I CAN DO IT!®

Fort Lauderdale

OCTOBER 15 - 16, 2016

Broward Center for the Performing Arts
 201 SW Fifth Avenue
 Ft Lauderdale 33312

Gregg Braden, Mike Dooley, Dr. Christiane Northrup,
 Dr. Joe Dispenza, Cheryl Richardson, Maastin Kipp,
 Gabrielle Bernstein, Kris Carr, Davidji,
 Nick Ortner and Brendan Burchard

800-654-5126



EMPOWERMENT THRU BEING POWERLESS

...from page 11..

Sounds great! But unless your eccentric genius neighbor Dr. Brown invites you to go for a spin in his DeLorean with its newly upgraded flux capacitor, it's impossible to change the past.

On a serious note, people tend to feel responsibility for the terrible things which have happened to them whether or not they were at fault. This self-imposed burden of responsibility triggers anger, resentment, guilt, and depression which results in low self-esteem.

Realizing how powerless you are can empower your emotional healing.

When the darkness of negativity overwhelms you as your mind replays the death of a loved one, or some other gripping trauma from your past, look to the Light of powerlessness.

TELL YOURSELF:

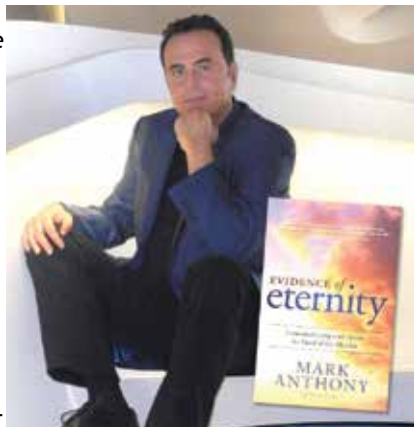
"I am powerless to change the fact my loved one died."

"I am powerless to change the past."

"I am powerless to change his/her behavior."

"I cannot change yesterday, but I am master of today."

Accepting you are powerless to change the past or control the behavior of those who've wronged you lifts the weight of responsibility from your heart. This leads to accepting you are the only one responsible for your actions and feelings. It also helps you understand while you cannot change the past, you must learn from it in order to grow personally.



By accepting you have no power to change the past you are now empowered to control the present. The road to healing is not an express lane but rather a long and winding road through many peaks, valleys, and detours, but ultimately you're the one in the driver's seat.

You may be powerless over yesterday but you are empowered today for creating a better tomorrow.

For more information about Mark and his Mystical Mayan Cruise, see page 31 and visit www.EvidenceOfEternity.com



Crow's Crossroads Shoppe
Aurora Collins
Owner/Psychic Consultant

READINGS, CLASSES
352-235-0558

3810 SE Lake Weir Ave, Ocala, FL 34480

Email Avalon.biz@gmail.com

Guest speakers and videos on exciting metaphysical topics!



**Explore the Psychic
and Spiritual
Universe with us!**

**Spiritual teachers,
mediums, healers,
and psychics
scheduled regularly.**

321-543-3915

\$3 fee SUNDAYS 7 - 8:45pm

Heaven Sent Wellness
4455 Pinewood Rd
Melbourne, FL 32934

YOGA SHAKTI MISSION



Sunshine Lectures

Sundays 9 - 10am

*Talks on
Spiritual Topics*

NEW! Tai Chi
Sundays 5-6pm
1st class free

**YOGA
CLASSES**
7-8pm

\$7 Per Class or
\$25/month unlimited

Mojday thru Thursday

Ma Yoga Shakti

**First Saturday
at noon**
**VEGETARIAN
LUNCHEON**
\$10 donation
(children free)

YOGA SHAKTI MISSION
3895 Hield Rd NW Palm Bay

yogashaktipalmbay@gmail.com

321-725-4024

Visit www.yogashakti.org

BOOKS BY MA YOGA SHAKTI

Yoga Syzygy Guide to Hatha Yoga \$15
Techniques of Meditation to Enhance Mind Power \$10
Shri Satya Narayana Katha \$5
Hanumaan Chalisa \$5 • A Spiritual Message \$5
The Seven Invisible Psychic Lotuses \$10
Yoga Aasana Chart \$2 • Chandogya Upanishad \$5



Maya White is a Master Destination Astrologer and one of only 90 people in the world certified in Astro*Carto*Graphy, a specialized branch of astrology which helps people find their perfect place on earth for love, prosperity, and personal growth. She's also the creator of Easy Astrology Oracle Cards published by Hay House. Visit Maya's website and sign up to receive her weekly newsletter. www.MayaWhite.com

HOROSCOPES

AUGUST 2016

Cusp dates are accurate for 2016. Sometimes the actual date the sun enters the sign varies by a day or so because of a leap year, or, even the time of day. I assure you these cusp dates are correct for 2016.

Aries - (March 19 - April 18) Burn your Light brightly, Aries. Uranus, the planet of sudden change is playing games with Mars, your planetary ruler through an aspect of anxiety and frustration. Tension asks for release, and this is where you can shine. Avoid putting your energy into no-win situations. Stay flexible, be willing to adjust your agenda, and maintain your connection with the Universal flow.

Taurus - (April 19 - May 19) The rays of a Leo sun often burn the tender underbelly of Taurus the Bull. However, this time around, Jupiter has a nice surprise provided you can temper your stubborn streak. You already won! Just step up and claim the prize. This is what Leos do so well, and it makes you angry because they make it look easy. Keep moving - you must go ALL the way. Your reward will be well worth the extra effort.

Gemini - (May 20 - June 19) Get comfortable with that restless feeling, Gemini; it won't last long. This month your sign sits in the axis of anxiety and frustration tempered by endurance and persistence; or, in other words, Saturn and Mars are messing with your mind. You need clarity now, and, sometimes you just need to disconnect in order to rejoin at a higher and better vibration. Step back from illusions and do whatever it takes to find true peace.

Cancer - (June 20 - July 21) Simplicity is going to cover a lot of ground for you this month. Keep things streamlined and easy, and resist the temptation to take on perfection; it's not going to happen. Rather, forward motion is a bit messy. Your problems defy easy solutions right now, but the secret to success is good and clear communication. There is no place for less than your total sincerity. Keep the lines open and surrender to your vulnerability.

Leo - (July 22 - August 21) The Sun focuses a beam of great clarity for you this month. Joy and Wisdom are your two key words for August, and both qualities are illuminated by the shape of the Cosmic bowl. Your starring role is to accept and embrace all that is possible. This next level of your work is largely completed, and the best thing to do now is let go and await delivery of your miracle.



Virgo - (August 22 - September 21) Wow! Jupiter, Venus, and Mercury are delightfully in your corner now and like the fabled 3 wise men, they have come bearing gifts. There are two activation

keys, however, that are needed to open the blessings. First - do not become distracted. Second - make any needed adjustments quickly. Flexibility and focus are the keys that unlock a wealth of joy and prosperity for you, Virgo. Enjoy.

Libra - (September 22 - October 21) Mum's the word, Libra. With three planets in your 12th house for most of the month, take the high road and tend your garden. House 12 is a place of repose and it represents a time to till the soil of your spiritual world as you prepare for new beginnings. Proper groundwork leads to rapid growth, but now it's time to lay low and nurture your inner child as you plant seeds for the future.

Scorpio - (October 22 - November 20) Take a good, strong breath and dive in. You've come to a point of no return, and the only way out is to walk through the fire. This New and Full Moon Leo/Aquarius axis tenderizes your soul - kind of like getting jabbed by a hot poker. Plus, Mars and Saturn in your money sector whisper stories of lack to those who listen. Be wise and turn discomfort into leverage! You were born to win.

Sagittarius - (Nov 21- Dec 20) The fires of August challenge your spiritual endurance. Physical athleticism helps, but the core issue is moving into your highest level of being. You may be tempted to reach out in your old familiar ways, but wandering only takes you so far. Running endless miles does not provide an answer in your search for depth. It is about the journey to whom you really are, and where you really want to go.

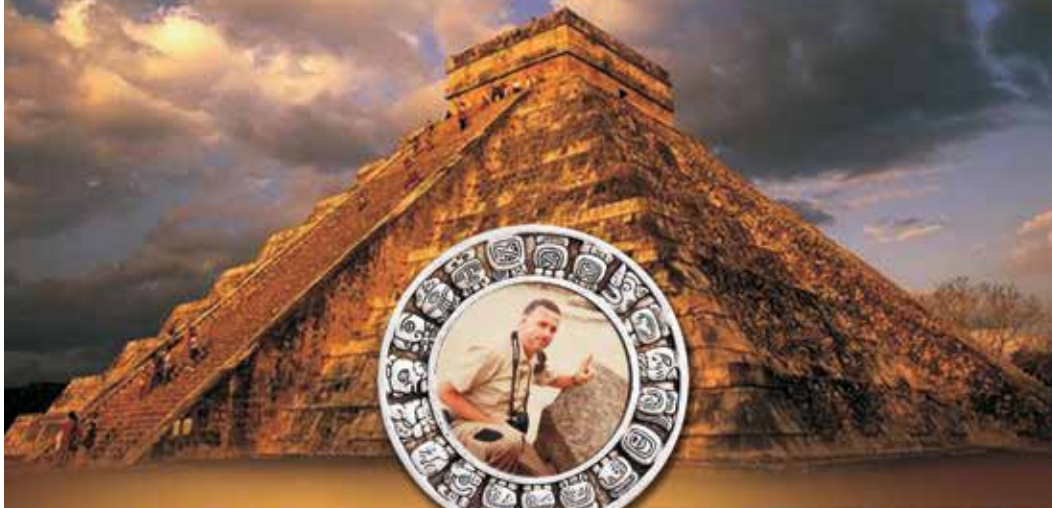
Capricorn - (December 21 - January 19) It's time for a sprint to the finish line. Your short term efforts pay off in big picture benefits, but you must put in the work. These accomplishments demand the price of your focus; just apply your natural consistency and you'll be set. There is much confusion, yet none of it is your concern. Keep your eyes on the prize. Jupiter still shines bright, keeping you highly favored, richly rewarded.

Aquarius - (January 20 - February 17) The planetary placements of August put you in a perfect position to be the chess master. Test the waters and see how your efforts and decisions manifest in the material world; and then, refine your tactics and do it again. You'll see a rapid turnaround in response to your actions. Gathering information is a critical part of your effectiveness as you work with the fluidity of Universal energies.

Pisces - (February 18 - March 18) Surrender to your desires, Pisces. Everybody is so serious now, but with just a little bit of flexibility, you can have it both ways. If and when you are feeling financial stress, just hold tight and put on your practicality hat. Slow and steady is the way forward in almost every aspect of your life. Partnerships hold maximum benefit for you right now. It's that desire thing again - just say yes.

MYSTICAL MAYAN CRUISE WITH PSYCHIC EXPLORER MARK ANTHONY

OCTOBER 22 – 27, 2016



Join Psychic Explorer Mark Anthony on the Mystical Mayan Cruise!



Ahoy Psychic Explorers! Relax
& Enjoy aboard and ashore!

Our amazing voyage departs
from Fort Lauderdale aboard
Princess Cruises, luxurious
vessel, Royal Princess. This
sensational 5 night adventure
will take us to the Ports of call
of Costa Maya & the island of
Cozumel.

While at sea, we'll have two days with Mark Anthony
The Psychic Explorer! Mark will share knowledge of
the Mystical Mayans and Evidence of the Afterlife.
He will also conduct gallery readings connecting
random attendees with loved ones from the other
side. This best-selling author of *Evidence of Eternity*
and *Never Letting Go*, explains in easy to
understand language how communicating
with Spirits is real and based on sound
scientific principles.

Aye! Join us! On The Royal Princess.

For details, information or to book now,
call 800.637.5222 or visit
www.ThePsychicExplorer.com



SUMMER SPECIAL!

Book 2 tickets & get one FREE All Access Pass to Mark Anthony Cruise Events.

To get your discount Call 615-452-7077

Ask for Jerry and mention "Summer Special"

HORIZONS MAGAZINE
575 Escarole Street S.E.
Palm Bay, FL 32909-4802



As hopeless as any situation feels,
it's really only your thoughts that
you're dealing with. And you
have the power to change those.

Louise Hay

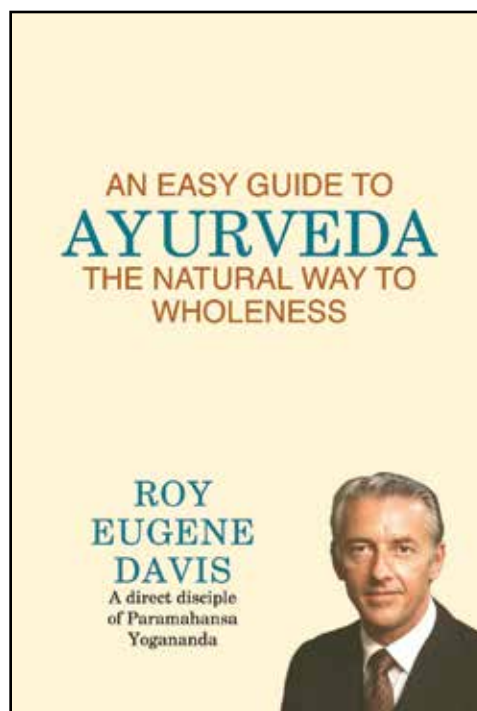
When we think that the
world has unlimited
resources, our world
becomes unlimited.
Ma Yoga Shakti

New 2nd printing!

An Easy Guide to Ayurveda

Paper Cover 5.375 x 8 160 pages
\$5.00 plus \$3.00 postage
CSA Press, Publisher

Center for Spiritual Awareness
PO Box 7, Lakemont, Georgia 30552
706-782-4723 weekdays 8 a.m. – 3 p.m.
info@csa-davis.org csa-davis.org



Chapter One

Basic Principles, Practices, and Lifestyle Routines

Chapter Two

Understanding and Balancing the Mind-Body Constitution

Chapter Three

Choosing Foods and Behaviors for Inner Balance and Spiritual Growth

Chapter Four

Routines for Mental and Physical Cleansing

Chapter Five

Rejuvenation, Enlightened Living, and Conscious Immortality

Appendix

**The Inner World of Colors, Gemstones, Metals, and Mantras:
Their Special Qualities and Beneficial Applications According
to Ancient Traditions and Modern Discoveries**

Roy Eugene Davis has been teaching spiritual growth processes for sixty years in North and South America, Europe, West Africa, and India. He was ordained by Paramahansa Yogananda in 1951. FREE: read Truth Journal, listen to Mr. Davis' talks, and see meditation seminar and retreat schedules at www.csa-davis.org