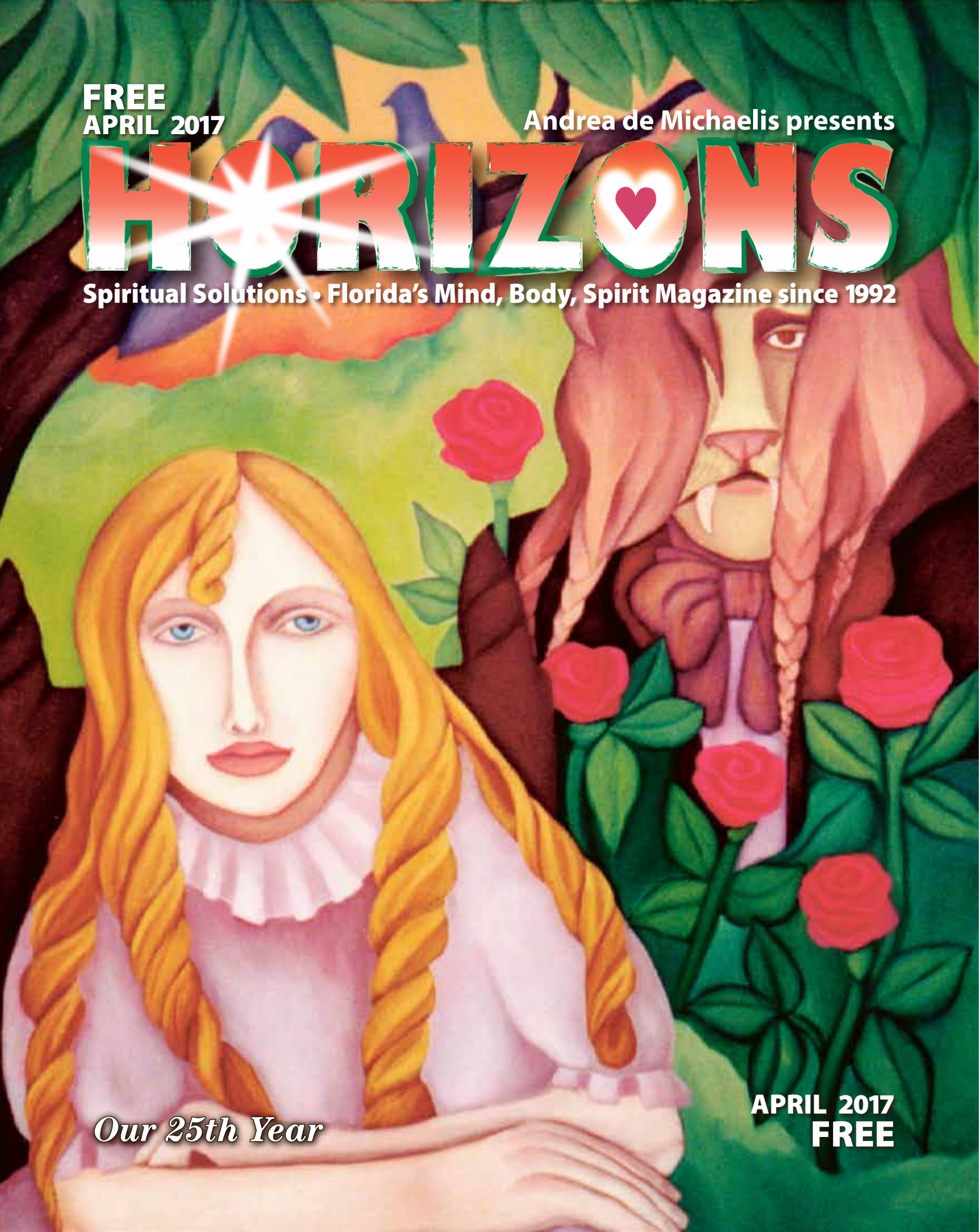


FREE
APRIL 2017

Andrea de Michaelis presents

HORIZONS

Spiritual Solutions • Florida's Mind, Body, Spirit Magazine since 1992



Our 25th Year

APRIL 2017
FREE



Margaret Ann Lembo is the author of The Essential Guide to Aromatherapy and Vibrational Healing and The Essential Guide to Crystals, Minerals and Stones, Archangels and Gemstone Guardians Cards and Crystal Intentions Oracle . . . and more. Find out more about The Crystal Garden Brand medical grade essential oils and all of her books at www.TheCrystalGarden.com and www.MargaretAnnLembo.com

APRIL 2017

April Showers: Nurture the Seeds of Your Consciousness

The lilac flower and essential oil are a perfect match for nurturing new beginnings. The fragrance of lilac aligns with the zodiac sign of Aries, the beginning of our astrological cycle. Every spring we have an opportunity for renewal and growth. You can establish the intention to awaken your mindfulness and your consciousness during this next cycle of your life. When I smell certain floral scents, I am immediately transported to my childhood garden. Essential oils can easily transport us into our memories. Memories bring awareness as a jumping off point to either remind ourselves of the blessings of the past or as a tool to heal underlying issues that just might be holding you back. Breathe deeply and release that which is no longer relevant. New foundations for connecting with blessings and gratitude can be nurtured now to replace what you removed or cut away.



The sweet floral scent of lilac is useful to calm anxiety and balance emotions. Essential oils and positive intentions work well together to keep your awareness on the awakening mindfulness and your consciousness. Nurture the seeds ready to blossom. Inhale the essential oil deeply while you repeat positive thoughts that match your intention. Do this daily and you will notice a change for the better. You'll establish new thought patterns that are positive. The practice of affirming the good will shift you into a state of blessings and grace.

TRY THESE POSITIVE INTENTIONS:

I find balance in my life through play, work, rest, exercise, and laughter.

I am self-confident and poised. I recognize my self-worth and step into my personal power with grace and ease.

I am divinely protected.

I am grateful.



From the creator of
Smudge in Spray



SPRING IS IN FULL BLOOM (AT THE CRYSTAL GARDEN)



HYACINTH OIL
Relieves Stress and Tension
5 ml.



GERANIUM OIL
Encourages Emotional Balance
5 ml.



LILAC OIL
Lifts Your Spirits
5 ml.

2610 N. Federal Highway, Boynton Beach, FL 33435 • 1-877-444-5099 • www.TheCrystalGarden.com



NEW LOCATION!

reative Energy

Enchanted Gifts for the Mind, Body and Soul

*Come join us and experience our Rebirth, Grand Opening
& Celebration of 20 Years in Business!*

**At our new & much larger location:
780 West New Haven Ave
Melbourne, FL 32901**

*(formerly Meredith's Bridal)
Located just 1.7 miles west of
Downtown Melbourne
and 3/4 mile east of the mall.*



**We are excited to share
our new Sacred Space
with all of you and we
have faith "If we build it ~
you will come!"**



**Readings
Every Friday,
Saturday,
Some Sundays**

321-952-6789



**Welcome
Spring!**



**New Limited Edition
Orange Lokai Bracelets**

**An expanded
selection of items
to enhance your
Spiritual Journey
Additional space
for Workshops,
Classes, Psychic
Readings and
More!**



**Our Enchanted Gifts include: Crystals, gemstones, jewelry, salt
lamps, drums, didgeridoos, singing bowls, books, tarot, CDs,
candles, incense, oils, herbs, sage, divination tools, statuary, altar
items, men & women's world clothing, belly dance accessories,
henna, tapestries, peace-promoting items, faeries & much more!**



**Follow us on Facebook
to get updated information
<https://www.facebook.com/creativenergymelbourne/>**



To welcome
all people
and
experience
our oneness
with God

Rev.
Beth Head
welcomes you



2401 N. Harbor City Blvd
Melbourne, FL 32935
321.254.0313

SUNDAY Services
9:30 and 11:00am
Sunday school at 11:00am
Child care both services



PALM SUNDAY 4/16 – 9:30 and 11:00AM Come and share in this powerful service where we Walk the Palms.

GOOD FRIDAY SERVICE 4/14 – 6:30PM This will be a service with celebration of the life of Jesus Christ, prayer and communion in preparation for Easter.

EASTER SERVICE 4/16
9:30 and 11AM Celebrate Easter with us in our new church home. There will be activities for our children.

EARTH DAY EXPO 4/22
10AM–3PM Compassion – Cooperation – Community. We will have a farmers' market, exhibits of soar and eco products, music, a vegan café and earth inspired arts & Crafts. There will be music throughout the day and the event will end with a drum circle at 3:00pm.

HOLY HUMOR SUNDAY 4/23
9:30 and 11:00AM

FRIDAY, APRIL 21ST, 6:30 PM
12 SPICES FACILITATED BY PAUL ESCHÉ Join us for curious, conscious, creative cuisine. Soul satisfying dinner and lively discussion based on the power of Spirit. Suggested love offering \$10.

SUNDAY, APRIL 9TH AND APRIL 23RD THE QUEST facilitated by Valarie Parson. 12:30 PM – 1:30PM Got "QUESTions?" Join us each Sunday for one power-packed hour as we journey through the book and workbook of "The Quest." We'll take the topics as they come and have great discussions as we find meaning on the journey and help others along the way. Books and Workbooks available in the bookstore at Unity of Melbourne. Suggested love offering \$5.

ONGOING EVENTS

First Sunday of the Month - Reiki Healing Service after both Sunday Service
Second Friday Night – Game Night 6:30pm
Third Sunday of the Month – mini service at WAVECREST 2:30pm
Noon Prayer Service Tuesdays and Thursdays
Tuesdays – Course In Miracles 7:00pm
Thursdays – Meditation with Jenny 7:00pm



DATE: **SATURDAY, APRIL 22, 2017**

TIME: **10 AM - 3 PM**
(DRUM CIRCLE AT 3 PM)

WHERE: **UNITY OF MELBOURNE**
2401 N. HARBOR CITY BLVD., MELBOURNE, FL
WEB: **UNITYOFMELBOURNE.COM/EARTH-DAY-EXPO**

Music to enjoy throughout the day in the Sanctuary
Vegan Café
Earth inspired arts & crafts
Solar energy & eco exhibits
Hydroponics & Florida gardening

Join us in a Journey of Spiritual Discovery



Merritt
Island
Sunday Services
10:00 am



MINISTER
Rev. Rose M.
Whitham

Listen to our Sunday talks online
www.unitymerrittisland.org
4725 N. Courtenay Parkway
Merritt Island, Florida 32953
321-452-2625 Email info@unitymerrittisland.org



10:30AM
SUNDAY
MORNINGS

The New Way POD
The Aquarian Building
238 Peachtree St in Cocoa

www.thenewway.us
www.facebook.com/peopleofdiversity

321-543-0058

Come find what you're missing

Rev. Mark
Pasqualino



**The greatest
optical illusion is
separation**

Publisher/Editor/Creator
Andrea de Michaelis

On the Cover (page 31)
Beauty and the Beast
by Robyn Bellospirito

Contributing Writers:
Kryon thru Lee Carroll
Michelle Whitedove
Cecelia Aitable
Margaret Lembo
Abraham-Hicks
Sonia Choquette
Karen Williams
Doreen Virtue
Monte Farber
John Holland
Mike Dooley
Maya White
Alan Cohen
Tom Sannar
Sophia Quzi
Cary Bayer
Jeff Brown

HORIZONS

Crystals and Oils with Margaret Lembo	2
Our Advertising Rates • Low because we're in it for the outcome, not the income	6
12 Steps of Spiritual Freedom by Rev. Tom Sannar	6
This Month's Thoughts About Things by Andrea de Michaelis	7
Change by Kryon channeled by Lee Carroll	8
The Teachings of Abraham-Hicks	9
Herb Corner with Cecelia Aitable	10
My Misgivings About My Ability To Help Others by Sophia Quzi	11
5 Ways To Find Your Tribe Within Your Community By John Holland	12
From The Heart by Alan Cohen	14
Ask Whitedove with Michelle Whitedove	15
Spring Ahead For A Spring Cleaning by Sonia Choquette	16
Soul Songs: Abraham Fun with Karen Williams	17
Our Calendar of Events	18
Spiritual Graffiti by Jeff Brown	19
Notes From The Universe by Mike Dooley	19
Our Mission Statement	20
Life 101 with Cary Bayer	20
Quantum Affirmations with Monte Farber	21
Our Phone Directory *Pick up Horizons at these stores and locations* ...	22
How to Keep the Faith and Keep Going by Doreen Virtue	27
Monthly Horoscopes by Maya White	30
Cover Art	31

Co-incidence is meaningful. If you find yourself reading these words, there is a message for you.

"And the day came when
the risk to remain tight in
a bud was more painful...
than the risk it took to
blossom." Anais Nin



**Horizons thanks
everyone willing
to take the risk**

HORIZONS MAGAZINE is distributed FREE each month to 200+ bookstores and health food stores throughout Florida, as well as by subscription. **HORIZONS** is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

ARTICLE SUBMISSION: You may submit articles of up to 900 words on any area of personal growth and practical spirituality to HorizonsMagazine@aol.com. Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for.

The views expressed in Horizons Magazine are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

HORIZONS MAGAZINE
575 Escarole Street SE • Palm Bay, FL 32909-4802

cell/text 321.750-3375

We accept all credit cards and Paypal

Visit www.horizonsmagazine.com
Email HorizonsMagazine@aol.com

Calendar \$.50 per word. page 18
Phone Directory \$5 per line pages 22-25

DISPLAY ADVERTISING RATES

Ad size	1 month	3 months	6 months	12 months
Small Strip Ad	\$ 50	\$120	\$180	\$300
Business card	\$ 75	\$210	\$390	
1/4 page	\$225	\$540	\$960	
1/3 page	\$240	\$600	\$1110	
1/2 page	\$350	\$900	\$1560	
Full page	\$485	\$1275	\$2250	
Back page	\$625	\$565	\$475	Unavailable
Inside back	\$525	\$1395	\$2400	
Inside front	\$550	\$1455	\$2550	
Page 3	\$550	\$1455	\$2550	
Page 4	\$450	\$1200	\$2100	
Front cover	\$900 (Restrictions apply)			

As of Feb 2016 all pages are color, so above prices have been adjusted to reflect color prices. Ad rates posted before Feb 2016 said "Add 25% for color" so no more math.

*You must prepay to get discount

Example: Small strip ad for 6 months is \$180 prepaid

Full page ad for 6 months is \$1,800 prepaid

Broken contracts receive full advertising credit

Since 1992, distributed monthly to 200+ bookstores and health food stores all over Florida, as well as by private subscription. See pages 22-25 to see where to pick up HORIZONS MAGAZINE.

For good advertising results, studies show it takes a reader 3-4 times seeing a new ad before it is noticed and acted on. By the 4th ad, readers begin to call.

Payment is due by the 10th with your ad

DISPLAY AD SIZES

Full page ad is 7.25" wide by 9.5" tall
1/2 page 4.25" tall by 7.25" wide or 9" tall by 3.5" wide
1/3 page 2.8" tall by 7.25" wide or 9" tall by 2.3" wide
1/4 page 4.25" tall by 3.5" wide or 2" tall by 7.25 wide
Business card ad is 2" by 3.5"
Small strip ad is 1" x 3.5"

We accept all credit cards and PayPal online

Email HorizonsMagazine@aol.com

321-750-3375 cell/text

Mail ad with payment to
HORIZONS MAGAZINE
575 Escarole Street SE
Palm Bay, FL 32909-4802

12 Steps of Spiritual Freedom

<http://oneheart-onemind.org> Email dr.tomsannar@gmail.com

- 1. Recognition - God Is First.** I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.
- 2. Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
- 3. Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.
- 4. Dominion.** I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
- 5. I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.
- 6. I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
- 7. Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
- 8. Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
- 9. Persistence.** I persist through faith. I maintain focus and discipline.
- 10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
- 11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
- 12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.



You are loved and guided more than you can imagine



Andrea de Michaelis
Publisher in 2016

THIS MONTH'S THOUGHTS ABOUT THINGS...

"In the company of one who is living Love, you can't help but spring into that Love." - Sri Sri Ravi Shankar

Welcome to the April 2017 Horizons. First of all, it feels good to have my arms and hands back 100% after a year of not letting them heal up properly before I over-used them again. Last **March** I did some major yard pruning and injured them both. By **October** I was almost good to go when **Hurricane Matthew** came along. I threw myself into yard clean up afterwards and re-injured them again. *All I have to do it stop using the injured limb for 6 weeks, six short weeks and it will heal like crazy.* I kept stopping short at 4 weeks in, being bored because I couldn't use my arms. Taking a walk outside was frustrating because everywhere I look there was a plant to be watered, a branch to be pruned, a blossom to be cut, some leaves or branch deadfall to rake up. *It became a real lesson in observing without doing, observing while holding the thought that everything was fine as it was, nothing needed to be any different than it was.* That's a very powerful contemplation and was pretty life changing for me. It was the break I needed to reset my internal soul clock.

WHAT'S THE WORST THAT CAN HAPPEN?



Clouds of dark smoke billowed in the sky as a brush fire closed **I-95** on **March 5th** as we were driving home from **Fort Lauderdale**. We ran into it at 2:30pm. I was glad for **GPS** because I got a **Google** alert letting me know traffic was ahead. It showed me I could get onto the **Turnpike** 6 miles ahead at the **Northlake Blvd** exit. It took about 30 minutes to travel the 6 miles, inching along, then I headed

west to the Turnpike. I haven't taken the Turnpike for about 15 years and didn't recall where the exits were. The **Turnpike** runs parallel and right alongside **I-95** for a good stretch in south **Florida**. But my exit is **Hwy 192** which is in **Kissimmee**, 40 minutes west of **I-95**. I wanted to find the first exit I could get off once I was north of the brush fires so I didn't end up 40 miles too far west. I discovered that the **Turnpike** now is **SunPass** only. At first I hesitated to get on since I don't have **SunPass**. But it was the only way home since **US1** and **AIA** are together down there and that was where emergency vehicles were accessing the scene of the fire.

My hesitation was brief then I asked myself, "*What is the worst that can happen if I get on the Turnpike and don't have SunPass?*" I figured I'd have to pay a maximum fine or a violation ticket but it would still be our quickest way home.

I went through the ticket lane and even though I did not have a ticket, they allowed me to pay \$12 which is the maximum toll. A friend told me that had I just sped through the **SunPass** lane, they would have only sent a bill to my home for the amount of the toll (about \$2.30.) I was told that before I got to the toll booth but then I saw the sign that said like **\$100 fine for going through without paying**. I should have just driven through the **SunPass** only lane. I know now for the future.

Asking myself the question "*what's the worst that can happen if I do ____*" has become a very liberating practice. Some things are worth paying the price for to avoid unnecessary aggravation.

I'VE HAD SOME BIG CHANGES THIS MONTH!

I recently learned that **Wells Fargo** helped finance the **Dakota Access Pipeline** so I moved my personal and business bank accounts, which I'd had since 1984, to my local credit union. **Wells Fargo** has always been good to me, but sometimes you gotta vote with your wallet.

For years I had a credit union savings account that I had to open when I got a car loan. Later I used the credit union for my tenant to deposit rent into each month. There was a checking account attached to it that I paid the rental home repairs, taxes and insurance out of, but I didn't use the credit union otherwise.

I've been on a "dumping the doubles" streamlining kick so I was ready to consolidate and get all my banking in one place. I had to open several business and personal accounts and was surprised to learn there were no service charges on any of them. I could have been saving many dollars per year had I realized that. It was a trip -- and time consuming -- changing all direct deposit and bill paying info, but it felt good once it was all changed over. It felt like a fresh start.

For decades banking was very automatic and impersonal for me. I had a lot going on and making a deposit was a routine chore to be gotten over with as soon as possible. I was thrilled when they built a credit union 2 miles away, I can walk my deposits in now. There are no monthly fees and my dollars support my local community. Instead of driving my first deposit through, I parked my car and walked inside. There were a couple of people waiting and a couple of others came in after me, so there were half a dozen of us standing in the small lobby. It was easy to make conversation and get to know some new neighbors in the community. It was a good experience and it made me feel connected.

...continued on page 29...



CHANGE

A message from Kryon channeled by
Lee Carroll. Visit <http://www.kryon.com>
Lee Carroll will be in the Melbourne, FL area
Nov 25.2017, the Saturday after Thanksgiving

Greetings, I am Kryon. I want to create something in this room. I want to create the harmony and coherence of thought. I want to talk to you personally right now about what you're facing. All of you are facing change. Sometimes change has already occurred in your life, and for some of you, it's still coming. This shift of the planet, the one that has been foretold by the ancients, is here. You are needed to balance yourself so that those around you will have the opportunity to be changed by your balance. They can change more gracefully because the wisdom that is yours creates a template that they can emulate. There is no reason to fear the changes at hand. The things that you hold the most dear may be altered. They may alter themselves! There may be changes in your biology, readjustments, and recalibrations in your relationships, in business, in your vocation, your avocation, and in literally all you like and don't like.

Shifts are not always bad. Many shifts move into benevolence where there was none before. Sometimes it's a solution when there was none before, so I ask you, ***why is it that when change and shift start to occur, you go to the worst common denominator, which is fear?*** You've all had good things happen unexpectedly. That comes with life. Why do you expect the worst during this shift? The answer is that this one is the big one. This one starts to change your consciousness, makes you ask questions that you've never asked before. This shift allows you to awaken to new truths. Many of you are starting to become more compassionate. If I could envision anything for you, it would be a smile on your face, joy in your heart, and an understanding that goes beyond the reality you have grown accustomed to.

CHANGE

If you take the word change, there are six letters.

C can represent a coherence of sameness. Let us say you're coherent with life, because it doesn't change. It's always the same. Therefore there's a coherence that makes you want to stay the same. It feels good because you've figured it out. It feels good because you think you know what's next and you're more joyful in these situations of coherent belief - then something changes. Perhaps you have a circle of friends that has always been the same, and suddenly they bring in someone new. Now the circle is different. In fact, it interrupts the way the circle was to the point where you want to quit. The coherence you had as the group that you were has changed. This is a metaphor for this planet right this minute. The coherence of everything that

used to be is starting to move and often you don't like it at all. It's just like the new person in the group changed the attitude, the consciousness, and the joy of a circle you thought you knew. What do you do with it? Human nature says you quit. You've had enough. Or, you fight to keep the circle the same. That's not an old soul. That's what the eight-year-old on the playground does, because it's all they have.

H represents you having a really hard time with the "great lie". The great lie is this: Everything that's going to happen in the future can be judged by what has happened in the past. You simply call upon that which was in order to cognize that which will be. Therefore, no matter what happens in the change, you see it as trouble, based on past change. Therefore, change is always negative. "Nothing good can come of this change," you say, "because when I examine the past, change never brought good things." And so the big lie is that nothing will ever be created that is different than what you know now or have seen. The future may be filled with things you've never seen. It may be benevolent in ways you can't imagine. Suddenly, you get sick and you have things happen to you that have never happened before. What's the first reaction? "Oh, I've always had a coherence of health. Why did it change? What's wrong with me? What have I done wrong?" And the big lie? Every time there is a change like this, it's bad news. You say, "Just look at what's happened in the past or what happened with Joe. This cannot be good." Therefore, you start to close-up shop. The big lie: Nothing is new. There is a tendency to judge everything by what has gone before. The illness? Most often you need to recalibrate your cells to be able to accept what is coming.

A is anxiety over it all. Anxiety will shorten your life. For some, change itself is an enemy and it's treated as an enemy, for it disrupts what was, which was understood and working. Getting past anxiety is what the old soul has the ability to do. It comes with the wisdom of knowing what is happening and relaxing with the process.

N - Nothing is as it seems. Nothing is as it seems here. Don't make up your mind what you think you know. As you sit there, are you willing to admit that you don't know everything? The change at hand is not repeated history. These things with you personally and also planetary are going to shift in ways that have not happened before. There's going to be integrity and compassion that has never happened before. Turmoil may be what you see for a while, but it's not always as it seems.

Many of you tend to make up your mind before anything happens what's going to happen. Not the old soul - not the balanced one. I want you to go into your mind where the issues are that bother you. No matter what it is right now that bothers you, whether it's personal or planetary, I want you to see a clean slate on a blackboard with nothing on it - nothing. It's blank because the effects of changes are not written on it yet. The effects on your issues are waiting for benevolent change.

...continued on page 31

ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Author of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and NY Times Best Seller, Money and the Law of Attraction, visit www.abraham-hicks.com.

RESISTANCE IS FUTILE! TAKE THE ROAD LESS HAZARDOUS

QUESTION: As an employee, if you find yourself in an unpleasant work environment, how could you remain in such a situation and still maintain a positive personal life experience?

ABRAHAM: The first thing we would encourage you to do is to lay low, so to speak. Try to be as inconspicuous as possible in your awareness of the disharmony. In fact, do your best to be unaware of the disharmony, because in actually being unaware of the disharmony, there will be no active vibration of it present within you, and the Law of Attraction will then leave you out of any discordant rendezvous.

But if, instead, you are aware of the unpleasant occurrences—if you seek to quell the injustices by drawing attention to them—then you activate a vibration within you that draws you closer into the unpleasant mix. If, from your point of view, you identify wrongdoing and you point it out, those participating in the behavior you believe is wrong will rise up larger and push back at you in an attempt to convince you that it is really your point of view that is wrong. Then you push back, and they push back, and the discord looms larger while both sides are deprived of any lasting solution.

All contrast causes an asking for improvement by all parties involved, but usually those involved are pushing so hard against someone else that they render themselves incapable of seeing the solution, even though it may be quite near.

Seeing what you do not want until you can no longer stand it, and then leaving the situation and going somewhere else, does not bring a lasting solution, because the reason you left is the dominant vibration within you, which means more scenarios like the one you just walked away from are making their way into your experience again. In other words, you did not change your point of attraction by moving to a new location, to a new job, or to a new relationship.

Discover...
The Artist's Law of Attraction
SharonLRichards.com



1951 Stimson St.
Jacksonville, FL 32210
(904) 389-3690
www.earthgifts.com
Open Wed - Sunday 10am - 6pm Closed Monday & Tuesday

ROCK SHOP,
CANDLES,
INCENSE,
HERBS, OILS,
BOOKS, TAROT,
MORE

KORNUCOPIA 386-963-4898
12093 CR 137 • Wellborn, FL 32094
Tues thru Fri 10am - 5pm, Saturdays 10am - 3pm
Antiques, Vintage Collectibles, Chime Candles,
Sage, Incense, Tarot Cards, Jewelry, Books, More





Kim Danbert
Spiritual Counseling • Phone Readings
PSYCHIC-MEDIUM TAROLOGIST
35 years experience **321 752-4218**
Gypsyohara@gmail.com



Crow's Crossroads Shoppe
Aurora Collins
Owner/Psychic Consultant

READINGS, CLASSES 3810 SE Lake Weir Ave, Ocala, FL 34480
352-235-0558 Email Avalon.biz@gmail.com

It may sound odd, but the fastest way to get to a new-and-improved situation is to make peace with your current situation. By making lists of the most positive aspects you can find about your current situation, you then release your resistance to the improvements that are waiting for you. But if you rail against the injustices of your current situation, you hold yourself in Vibrational alignment with what you do not want, and you cannot then move in the direction of improvement. It defies Law.

...continued on page 26...

Herb Corner

Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. Visit www.herbcorner.net 321-757-7522



Take Control of Your Health With Herbs - Mankind's Oldest Medicine

Herbs have been used as a standard practice of complementary health-care for thousands of years. History has accumulated a vast knowledge of healing with plants providing us with a huge variety of healing options.

There are over 750,000 plants on the planet Earth and they all contain chemical compounds that can be converted into hormones, vitamins and minerals that address the root cause of the condition, not just the symptoms. They work like precision instruments providing over-all support for the body. The Herb Corner carries all your herbal needs.

Master Herbalist & Certified Nutritional Consultant on Staff

We Sell More Than Just Herbs!

Lip Balms, Headache Sticks, Bar & Liquid Soaps, Natural Organic Cosmetics, Salves, Essential Oils, Unique Tea Diffusers, Tea Pots & Oriental Mugs, Herbal Tumblers, Raw and Tumbled Gemstones, Gemstone Animals, Eggs & Spheres, Salt Lamps in various sizes and shapes, Sage, Candles, multi-colored LED lightboxes, Rings, Necklaces, Bracelets, Earrings, and much, much more!!!



Specializing In All Natural Products



THE HERB CORNER AND LEARNING CENTER

Hours: Wed-Fri. 10-5, Sat. 11-3

277 N. Babcock St., Melbourne * 321-757-7522

Ongoing Herb Classes! Call for Details!

CENTAURY



As a member of the Gentian Family, Centaury has more than 40 species, which can be found in the U.S., Europe or North Africa. It may also be referred to as "Christ's Ladder", "Feverwort" or "Filwort."

Historically Centaury was found in the writings of Hippocrates, Dioscorides and Avicenna where it was mentioned for treatment of **dropsy (congestive heart)**, **parasites**, **wounds** and for **snakebite**. And it was used by the Romans for **malaria** and for **fever**; I wonder if they knew it contains quinine and that is why it is helpful for these conditions. Today the active constituents of Centaury are used in medications for appetite regulators and laxatives and for medications that treat **bladder and kidney problems**.

Currently one teaspoon of Centaury infused in 8 ounces of boiling water sipped slowly; or 1 teaspoon of its tincture before meals contains the bitter constituent centapicrin and amarogentin along with tannins, these help ease digestion, stimulate digestive secretions and bile making it good for **heartburn**, **ulcers**, **gas**, **bloating**, **constipation and diarrhea as well as gallbladder and liver disease**. When taken over time, these constituents help stimulate the reflux activity within the upper GI tract. The German Commission E mentions that 1-2 grams of Centaury used daily improves metabolic disorders; which when taken over-time can be used to take off weight (this is good for people who live a sedentary life). This may be because Centaury helps to enhance the actions of the **liver**, **gallbladder** and the **kidneys** in the metabolism of protein, fats and other toxins. This then helps to inhibit the accumulation of "bad estrogens", **menstrual cramps** and other conditions associated with excess estrogen.

Centaury also contains phenolic acids, which have been found to **help reduce fevers** by causing the body to sweat, which aids in the removal of the toxins that are making you ill. Another ability of Centaury is to help you gain better control over your **bladder and kidneys**, strengthening them; this is helpful for children who wet the bed or for adults who are being bothered by incontinence. Finally, externally when used as a wash or as a compress Centaury can be used to help clear vision, reduce age spots or freckles and to heal wounds. It's not a commonly known herb but it has some interesting useful properties.



MY MISGIVINGS ABOUT MY ABILITY TO HELP OTHERS

Writer Sophia Quzi works as a welfare benefits specialist adviser and has been practicing Raj Yoga and teaching mindful meditation for the past 9 years. "In my job, I help people from all communities reduce suffering caused by having very little or no knowledge about their rights and entitlements in the UK. Despite a life-

time of often falling short of my own true potential, I've always held on to a quote by the poet Rabindranath Tagore:

"Clouds come floating into my life, no longer to carry rain or usher storm, but to add color to my sunset sky. That always sounded like something I believed in. I just never knew how to put it into practice. The moment I introduced myself to meditation and spiritual knowledge, I knew I was on my way of achieving it."

For a long time my idea of helping others was trying to fix what ever I thought was broken in their life.

My misgiving started when I had someone very close to me diagnosed with mental illness. Even though I had good intention for all of them, unknowingly I may have left some even more wounded. Only few years back, for the first time I realised that human soul doesn't need to be fixed, advised or saved, it simply wants to be seen and heard.

When I show a deep sense of respect and unconditional love to the suffering soul it naturally heals. I now know that all I can do for the sufferer, is to offer the presence of my pure love and attention, so that they can blossom to the fullest in their own pace.

I love Mary Oliver's quote "This is the first, the wildest and the wisest thing I know: that soul exists and is built entirely out of attention."

Our attitude should be as such that it only reminds the sufferer of its true self.



NEW YOU HOLISTIC EXPO
RENEW YOUR MIND, BODY & SPIRIT

**May 20th
and
May 21st**
(Saturday 10am-6pm)
(Sunday 10am-5pm)

Azan Shrine Center
1591 W Eau Gallie Blvd
Melbourne, FL

For more info or to have a booth please visit:
www.NewYouHolisticExpo.com

FREE PARKING!



\$1.00 OFF COUPON
With this ad

Psychics • Mediums
Astro-Palmistry
Energy Workers • Tarot
Spirit Portraits • Past Lives
Angel Card Readings

FOOD!

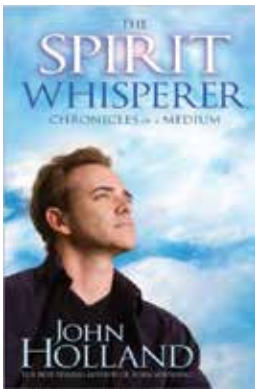
*All food proceeds go to the Shriners Hospitals for Children

Crystals • Unique Gifts • Jewelry
Essential Oils • Handmade Soap
Incense • Natural Products
Native American Items

Meditation Room
Crystal Singing Bowls

FREE LECTURES!

**\$5/day
\$8/weekend**



5 WAYS TO FIND YOUR TRIBE WITHIN YOUR COMMUNITY

John Holland is a psychic medium, spiritual teacher, author, and radio host. He is a best seller author of: Power of the Soul, Psychic Navigator, Born Knowing, The Psychic Tarot Oracle Deck, The Spirit Whisperer - Chronicles of a Medium, The Psychic Tarot For The Heart and The Spirit Messages - The Daily Guidance Oracle Deck. www.johnholland.com

Do you belong to a spiritual or like-minded tribe? A group where the relationships are all about sharing, giving, and receiving energetically from each other?

People who travel a spiritual path, or who are just being awakened spiritually, often find it difficult to follow their souls' path alone. Some people feel like they are the different one in their family or different from some of the people that are in their lives now. What do I truly mean by different? Let me try to explain.

If you're the type of person who constantly questions if there's more to life than what appears to be directly in front of you, then you're a little different than the norm. It may be that you've had your own spiritual experiences, and you're now drawn to metaphysics, New Age, or you just have a keen interest in psychic phenomenon. Equally, it may be that you know your soul is reaching out for you to follow its guidance. If you're experiencing or feeling these things, it's a good indicator that you're like me - one of the "different ones." If you think about it, are we really different or are we just more "awake" or "aware" than others?

I've met thousands of people at workshops and events who are from all walks of life, and from all over the world, and many have one thing in common: They are all on a spiritual quest to find their soul and their purpose. I so enjoy watching people come together, become friends (sometimes for life), and who feel they can express themselves with one another in a positive way. They no longer feel alone or feel like the different one. They have found members of their tribe.

You may ask yourself: why am I dealing with the same issues again and again? The answer is—because you've almost resolved them.



When I say "tribe", I mean like-minded souls who are drawn to each other. People who have similar interests, who accept you, who will push you to be all that you can be, who encourage you to reach for your goals and dreams. Those who challenge you, who understand your point

of view, and who help you to possibly expand your mind and consciousness. They are the people who are members of your tribe. All of us have the fundamental human need to belong.

FINDING YOUR COMMON GROUND

I recently joined an 8-week oil painting class. I kept saying to myself: "I HAVE to take an art class!" The time was never right, or maybe I was making excuses because I'm busy doing life. But this year my soul kept pushing me and pushing me until I finally signed up for a class in oil painting - and my schedule allowed me to attend the whole 8 weeks. Now maybe being in an oil painting class for some wouldn't be considered spiritual, but for me it is. I'm with like-minded people and we all have one thing in common ... art !

The teacher is amazing, and the talent of my fellow students is inspiring. When I'm in the class studying, painting, and letting my creative juices show itself on the canvas, I am no longer John Holland, medium, teacher. I'm a student in art like everyone else there and I so look forward to the class each and every week. It gives me a chance to get out of my head and into my creative mind. The class is spiritual to me because it is meditative, and I'm learning life lessons. Like, if you make a mistake with the painting - no worries - start again. Also, let go and have fun! There are many more lessons I'm learning from the class - and I'm not alone. I'm with my art tribe!

If you feel you are not part of a tribe, or if you believe no one is out there who understands, then please think again. Your people are out there. I always say, "Like attracts like!" You just have to believe it, keep following your spiritual practices, and your souls will come together. When this happens, you will feel that you have known these people your whole life!

You can't meet your tribe if you're constantly sitting at home. Is there a certain activity you like - perhaps an art class, meditation group, yoga, or even a book club?

Many people enjoy each other's company especially when they're all in sync with a commonly shared activity. It may be that when you identify the activity you most want to participate in, you'll discover through that class or workshop, you've become part of a tribe simply by joining something that nurtures your soul, as well as your mind and body!

...continued on page 28...

Reverend Albert J. Bowes

Accuracy scientifically proven



Avoid Traffic, Beat The Heat! Phone readings are just as accurate as in person readings

**386-228-3209 or
386-228-0168**
www.psychicconsultant.org

Psychic Medium Healer *Nellie*

**READINGS IN
CASSADAGA
SEVEN
DAYS
A WEEK**



386-228-0168

Go to my website and **CLICK "Testimonies"**
www.aanelliecassadagatheralone.com
<https://www.cassadaganelliesgarden.com>

Native American & Metaphysical Stuff Store
Readings, Crystals, Jewelry, Incense, Smudge

The Purple Rose Trading Co.

Rev. Tina, Owner
P.O. Box 275 • 1079 Stevens St. Cassadaga, FL 32706
www.cassadaga-purplerose.com (386) 228-3315



Rev. Andy Conyer

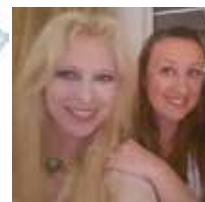
UNITY LIFE ENRICHMENT CENTRE 863-471-1122
10417 S. Orange Blossom Blvd, Sebring, FL 33875
Email unity@vistanet.net www.unityofsebring.org

Thank you to all of Brevard county for your loving support

*All
Angels
Oasis
you'll find*



Morgana Starr
Daena Deva



• Angel Themed Gifts,
Books, and Framed Pics

• Archangel Essential Oils

• Readings (Mediumship,
Spiritual Guidance, Meet Your
Guardian, Psychic, Past Lives,
Crystal, Tarot)

• Classes (Reiki, Spiritual
Development, Angelic Arts)

**Mediumship Classes
every Thursday
evening at 7pm**

**Readers Available
Daily Mon-Sat 10-5pm
Sunday 11-4pm**

FEATURING

Scott Donat, The Foot Guy

"Reflexology uses the feet to assist the body in a return to balance. A reading is an interpretation of information given from multiple sources, in combination they are used in an effort to assist people in moving forward and connecting them spiritually."

NOW ACCEPTING APPLICATIONS FOR NEW READERS AND SPIRITUAL TEACHERS IN THE STORE

Come join us in The Angelic Movement and visit us at Angels Oasis in the Threadneedle Mall
321-506-1143 404 Brevard Avenue in Historic Cocoa Village, FL 32922 www.MorganaStarr.com

FROM THE HEART



Alan Cohen authored the bestselling *A Course in Miracles Made Easy: Mastering the Journey from Fear to Love*. Join Alan in Hawaii this June 19-23 for a life-transforming retreat, *Power, Passion, and Purpose: a Training to Live Your Vision*. For info about this program, Alan's books and videos, free daily inspirational quotes, online courses, and weekly radio show, visit www.alancohen.com.

LAST YEAR'S BIRDS AND THIS YEAR'S NEST

With the advent of the Internet and Facebook, I've had lots of people from my past find me and reach out to connect. Some from as far back as elementary school, high school, and college. Some of these people were my best friends at the time. It was exciting to hear from them again, and in most cases we had a lengthy phone talk or lunch date. Part of me thought we might rekindle our friendship.

But in all cases, after our initial meeting, we didn't have much more to talk about. Most of our conversation was reminiscing. After that, the interaction ran out of gas. We hugged, wished each other well, said, "*Let's keep in touch*," and we went our separate ways, never or rarely to connect again.

Part of me felt sad that such friendships had no current life. Then I saw a quote by **Miguel de Cervantes**, author of the beloved classic novel *Don Quixote*: Do not look for this year's birds in last year's nest. What a fabulous, penetrating lesson! What is of the past belongs to the past. What is of the present belongs to the present. Sometimes the two overlap; often they do not.

This brought me to discover a principle I call **Golden Intersections**. When we connect with someone, whether for a moment, a decade, or a lifetime, there is a purpose to that meeting. *A Course in Miracles* tells us that there is no such thing as a random encounter; every person we meet is sent to us by Spirit for a purpose. Our job is to discover and extract the gift in that meeting and use it. No connection is outside our destiny of good.

All relationships exist for a reason, a season, or a lifetime. **Reason relationships** might occur via a crossing of paths for a meaningful moment, a conversation in an elevator, a hearty laugh with a waitress, one date with a person you don't see again, are never an accident; they all have purpose. **Season relationships** go on for months or years: a romantic relationship, strong friendship or a close connection with a co-worker belong to you for a length of time. Then, like all seasons, the interlude comes to an end and gives way to something new. **Life-time relationships** are usually with family members or friend. They run deep and run the gamut of activities and emotions.

No matter how long your relationship lasts, there is a gift in it. Sometime that gift comes through love, fun, and joy. Sometimes it comes through hardship and challenge. Do not write off difficult interactions as a mistake or a waste of time. In some cases the gifts they bestow are more transformational than easy relationships. *A Course in Miracles* tells us that it takes great spiritual maturity to recognize that all events, encounters, and relationships are helpful.

I used to romanticize the past by wondering if I had made a mistake by not getting together with some past girlfriends when I had the chance to. I second-guessed myself for leaving or not cultivating relationships that could have turned out to be soulmate connections. Then something truly uncanny happened: In every case, some unexpected event showed up to demonstrate to me that there was a good reason those relationships did not endure. For example, my first love was my high school girlfriend **Laurie** in **New Jersey**. I was constantly high on love for months until we had a stormy breakup when I went off to college, and I never saw **Laurie** again. Often I wondered if we might have continued our love affair and come together for life if I had handled the situation better.

Thirty-five years later a friend of mine in **Maui** invited me to an intimate dinner party at his home in a remote tiny mountain town. "I want you to meet my friend **Eddie**," he told me. I was shocked to discover that this **Eddie** was **Laurie's** brother! When our conversation came around to **Laurie**, I admitted I felt bad about our breakup. "No need," **Eddie** told me. "If you saw the life **Laurie** has chosen, you would not miss her. Her lifestyle and the choices she has made are worlds away from what you are doing." Then he told me about **Laurie's** volatility and scarred relationships. Still I gave him my email to pass along to his sister so I could at least say hello after all these years. **Laurie** never connected. Now I realize that ending the relationship, even for what seemed foolish or immature reasons, was the way it had to be. It had a delightful purpose when it existed, but when that purpose had been served, there was no reason for it to continue.

As we step into spring, the season of renewal, we have an opportunity to let the past go and allow new life to fill us. If you and I can just have faith that what belongs to us will stay with us, and if something served us in the past it does not necessarily belong to us in the present, we would forever shine in the now. Last year's birds built their nests, and both the parents and the chicks have flown on to a new life. When we stay as light as birds in the glorious now, we too fly on to our highest destiny.

Guest speakers and videos on exciting metaphysical topics!



**Metaphysicians
Circle**

321-543-3915

\$3 fee SUNDAYS 7 - 8:45pm

**Explore the Psychic
and Spiritual
Universe with us!**

**Spiritual teachers,
mediums, healers,
and psychics
scheduled regularly.**

**Heaven Sent Wellness
4455 Pinewood Rd
Melbourne, FL 32934**

ASK WHITEDOVE



Got a burning question? Celebrity Psychic and Spiritual Teacher Michelle Whitedove is here to help. Lifetime TV named her "America's #1 Psychic" on "America's Psychic Challenge." Her books include: Ghost Stalker: A Psychic Medium Visits America's Most Haunted Sites • Ghost Stalker Two: A Psychic Medium Visits Europe's Most Haunted Castles • She Talks with Angels: a Psychic Medium's Guide into the Spirit World • Angels Are Talking: A Psychic Medium Relays Messages from the Heavens • My Invisible Friends
Visit www.MichelleWhitedove.com

Dear Michelle,
I love people and animals and I want to learn how to see an Aura. Hoping that you can give me some tips.

Dearest,

The AURA is your electro-magnetic force field, it's the light of your soul emanating from within. You can train yourself to see auras with a little practice. Start with trees, they have a robust aura. Sit outside when daylight is fading because it's difficult to see the light of an aura in bright sunshine. Clear your mind, open your heart and from a distance look at the tree bark. Within an inch of the bark you will begin to see the white aura that outlines the tree. Practice daily until you see it. Trees don't move so they are great subjects to study first, whereas animals are always scampering about.

Then begin to study people as they are sitting around. It's easier if they are against a solid color wall so that you can look at the area surrounding them. You are looking for a shadow made of light. In the beginning you may only see a faint white light, but the more you practice then you'll see the light in colors. People emanate a variety of rainbow colors in different sizes. Enjoy!

Dear Whitedove,
I'm curious about the information that you may have about the use of marijuana. My Father is not open to hearing any positive aspects because he's so preoccupied in his outdated belief system. Wondering what "Spirit" has to say?

Dearest,

Our creator made every plant with purpose and the cannabis plant has been cultivated since ancient times even before the written word. It's an extremely versatile plant with many positive applications for humanity.

Hemp, the low level THC variety of cannabis was an important agriculture crop and known to be used in ancient Egypt and China. It had been in continual use globally as a natural and renewable resource used for textiles, canvas, linen, paper and rope until it was outlawed in the 1930's. Hemp was known to



Janice Scott-Reeder, AA, BA, Druid

**Licensed Psychic, Astrologer, Broward County, FL
Master Tarotist, Hypnotherapist, Psychometry, Spirit Contact
954-698-6926 (Coconut Creek 33073)**

be stronger and superior to cotton. Imagine how many forests could be saved with hemp used as the main source of our modern day paper products?

During the **Great Depression**, smoking marijuana was increasing. After the outrageous propaganda campaign "*Reefer Madness*" it became a witch hunt. Criminalization of marijuana followed and hemp farms stopped production. New laws caused a black market industry and the rise of drug cartels.

When marijuana was classified as a schedule 1 drug and listed in the same category as heroin, this caused long term jail sentences for many. It reinforced the lie that marijuana is a hard drug, when actually it's a stress reducing drug and the "negative" side effects were relaxation and appetite. The stigma of smoking marijuana was fabricated and promoted which is an outdated mode of thinking. In fact, there is a whole culture that uses cannabis to expand their consciousness and heal the mind.

Once a vilified drug, science is now rediscovering the importance of cannabis, CBD hemp oil and tinctures, as medicine and possibly medical miracles in the areas of **seizures, tumors, post-traumatic stress disorder (PTSD), cancer, fibromyalgia, eczema, Crohn's Disease, multiple sclerosis** and certain neurological disorders.

As a food, the nutrients of hemp seed are known to be a nutritionally complete food source: so much so that global hunger could be eradicated because life can be sustained with a handful of seeds.

Cannabis is God's green grass that was put here to sustain humanity. We as a global society should champion its amazing benefits, push forward with medical testing, reduce laws and increase hemp production for paper goods. Natural solutions and herbal medicines are a God send - literally!

**Spiritual Services with
Laura Beers**

**Get Healthy
Intensive 2 Day
Workshop**

**Shift your Mind,
Enlighten your Body
& Connect your Spirit**

**April 8-9, 2017 • Sat 10-4 PM, Sun. 12-3
Hilton Rialto Melbourne, FL**

Includes Saturday lunch • See schedule online
Use PREPAY promo code for discount!

**321-751-4766 By appointment
HealYourSpirit2.com**





SPRING AHEAD WITH A SPRING CLEANING

Sonia Choquette is a world-renowned author, storyteller, vibrational healer, and six-sensory spiritual teacher in international demand for her guidance, wisdom, and capacity to heal the soul. She's the author of several best-selling books, including The New York Times bestseller *The Answer Is Simple . . .*, *Ask Your Guides*, *Trust Your Vibes*, and *Soul Lessons and Soul Purpose*. Visit soniachoquette.com

GRATITUDE bag

*The most convenient way to express
and carry life's gifts*



What is a GRATITUDE bag?

Your GRATITUDE bag is a personalized, portable, inspirational, mood shifter. It contains a snapshot of your life experiences, both large and small, that you are most GRATEFUL for. Each bag is as different as the person creating it!

How do I use my GRATITUDE bag?

Every GRATITUDE bag contains 36 GRATITUDE cards and a pen. Each time you achieve a goal, turn a dream into a reality, or experience something that warms your heart, write it down on a GRATITUDE card. You can also jot down your favorite affirmation or inspirational quote. Place your GRATITUDE cards in your GRATITUDE bag and keep your bag nearby.

When should I use my GRATITUDE bag?

Anytime you need to be reminded of life's gifts, bring a smile to your face, affirm a commitment, or shift your mood, pull out your GRATITUDE bag. Read its contents. Be inspired. Be proud. Be GRATEFUL!



Visit <http://livingingratitude.com/>
Email info@livingingratitude.com 305-972-8336

As springs inches upon us, (although it is freezing cold in Chicago and it's hard to believe it's begun or will ever come) we all know this is traditionally the time for us to go through our homes and give everything a really thorough spring cleaning.

As the days get longer and hopefully a little brighter we are ready to come out of our winter mindset and let the sunshine in.

So let's get to it. Start by clearing out the closets, the refrigerator, and if you are really interested in making way for new life, the basement, garage, and underneath the bathroom sink, getting rid of everything that no longer has a useful purpose, or uplifts your energy.

If it can be recycled, recycle it. If it can be donated, donate it. If it can be composted, compost it. Be ruthless in your effort to clear away the old and get new energy circulating into your life.

Remember that your personal environment mirrors your inner state on every level, mental, physical, emotional, and spiritual.

As you look around what does your home say about you right now? If you are surrounded by clutter and useless bits and pieces, your overall vitality is going to be slowed down, and your energy field is going to be sluggish, less radiant, less attractive, and even stuck.

The more you clean, clear, wash, eliminate, and move the energy around you, the better the energy picks up inside you. This is so true for me that I don't wait for spring to clean on this deep level. I do it every several months, just to ensure I am living in the highest, freshest, most radiant energy possible because my Spirit deserves nothing less than this kind of love and respect.

To help elevate the energy in your life, and begin to attract all the wonderful new experiences you long for, take a keen look at everything surrounding you and pare down as much as you can.

Gather up clothing you don't wear, gifts you received and never liked or will never use, old pots and pans, and assorted dishes that clutter up the cupboards, books that you've read and will never read again, or have never read or will at all, and give them to charity. Don't need for things to be old to move them along. Anything that doesn't lift your Spirit should be put back into circulation for someone else to use and enjoy. In doing this, you are opening the way for gifts to come back to you in surprising ways as well.

...continued on page 28...

ABRAHAM FUN



Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. Join "Abraham Fun" group on FB and like her FB page, "Soulsongs by Karen Money Williams." karen@karenmoneywilliams.com

Soulson #449 - Is There a Golden Age Coming?

Is there a time of peace, prosperity, and international goodwill coming to Planet Earth? Will people universally thrive and live in harmony in an age that's just around the corner? Well, no. This world was not established with that intent.

Earth was set up as a place offering lots of contrast - plenty of things we like and plenty of things not wanted. From that place of great variety, we form preferences and desires for the positive experiences. And here's the secret to life: by focusing on those pleasant things, we can manifest them consistently.

If this became an idyllic, "perfect" world in which I and others had no more desires, it would spell the end of us and probably the end of the planet. For it is fresh, new desire that, every moment, pulls life force into our bodies. And those desires keep the planet spinning, fulfilling its purpose. There's no need to yearn for a golden age and feel impatient or frustrated. There will always be some problems here, there will always be some degree of conflict, there will always be people who "don't get it."

The good news: none of the junk needs to enter my experience. As I consistently remove my attention from what's going wrong and place it on what's going right, I can enjoy my own golden age, starting now.

And through that process, I benefit humankind. For every thought that has ever been thought still exists, available for access, and I'm adding to the good stuff daily.

Connect with Your Angels

Heal, Harmonize and Enrich
every aspect of your life with

Patricia Alton
Angel Therapy Practitioner®

Certified by Doreen Virtue, Ph.D.

386-873-2517



Angel Readings
Past Life Regression
Mediumship
Goddess Gatherings

ANGEL PSYCHIC

"The Psychic Psychics Go To"

1-323-466-3684

True Answers + Real Results

www.TruePsychicReader.com



Matjaz Lesjak, MD of Solvenia conveys Bruno Gröning's knowledge in such a way that everyone can experience his statement, "There is no incurable!" **Friday, April 21, 2017, 7.00pm** The Center for Pranic Healing • 619 N Thornton Ave, Orlando, FL 32803 lecture.florida@gmx.net 561-342-1783 <http://northamerica.bruno-groening.org>

Fairy Dust
Crystals & Such
352-693-4592

11781
SE
HWY 441,
Bellevue,
FL 34420
(Almeida Plaza)

Anniversary Fair "A Day of Holistic & Spiritual Healing" March 18th, 11 am to 6:00 pm

Find us on Facebook for details www.fairydustcrystals.com

Enjoy a visit to...

Cassadaga Spiritualist Camp
A Community with Spirit!

Experience This Peaceful Community Where Certified Mediums and Healers are Available Daily

- Classes & Workshops
- Historic Tours
- Spirit Encounter Tours

- Special Events
- Readings by Certified Mediums
- Certified Spiritual Healers

Wednesday Message Service, Colby Temple 7p.m.
 Sunday Adult Lyceum, Davis Building 9:30 - 10:15 a.m.
 Sunday Church Service, Colby Temple 10:30 a.m.
 Sunday Message Service, Davis Building 12:30 - 1:30 p.m.

Cassadaga Spiritualist Camp Bookstore & Welcome Center

Largest Selection of Books on Spiritualism, Metaphysics and Meditation.
 CD's • DVD's • Crystals • Jewelry • Candles • Unique Gifts and Crafts

Monday - Saturday 10am - 6pm Sunday 11:30am - 5pm
 Camp Bookstore 386-228-2880 • Camp Office 386-228-3171
 1112 Stevens Street
 Cassadaga FL 32706
www.cassadaga.org

10% Off
with this
ad

CALENDAR OF EVENTS

Call to confirm and learn of last minute changes 50c per word, due the 10th of the month before. Email HorizonsMagazine@aol.com or call 321-750-3375 with credit card info. No calendar listings taken by phone.

Tuesdays and Thursdays MELBOURNE 12-1pm Prayer Service Unity Church 2401 N. Harbor City Blvd 32935 321-254-0313 (pg 4)

Wednesdays 7pm TITUSVILLE The Spiritual Enlightenment Class at Space Walk of Fame Museum, 303 Pine St 32796 321-543-3674

2d, 4th Thurs MELB/PALM BAY 7pm Wiccan-Pagan Outer Court Classes Church of Iron Oak email scribe@ironoak.org 321-722-0291

Sundays PALM BAY Spiritual Lectures 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 www.yogashakti.org

Sundays MELBOURNE 9:30am and 11am Services at Unity Church of Melbourne 2401 N. Harbor City Blvd 32935 321-254-0313

Sundays MELBOURNE 10am Spiritualist Chapel of Melbourne 1924 Melody Lane behind Melb Auditorium 321-419-6262

Sunday MELBOURNE 10am Dharma Talk by Al Rapaport at Open Mind Zen 878 Sarno Rd Melbourne 321-427-3511 openmindzen.com

Sundays ORLANDO 10am Meditation 10:30am Service Center for Spiritual Living, 709 Edgewater Dr 407-601-1169

Sundays COCOA VILLAGE 10am Center for Spiritual Living Space Coast at 602 Brevard Ave 321.474.2030 www.cslspacecoast.org

Sundays 10:30am NEW SMYRNA Community Unitarian Universalist Church 1108 N. Dixie Highway (US 1) dbcuuc.org

Sundays MELBOURNE Metaphysicians' Circle discussion group held 7-8:45pm \$3 at Heaven Sent 4455 Pinewood Rd Melb 32934

Saturday April 8 MERRITT ISLAND 10am-12pm Prosperity & Faith Workshop with Kim Danbert -- God wants to bless you! Visualization, Faith Plan, Empowering Scriptures. At Book & Bead, 950 N. Courtenay Pkwy call to enroll 321-453-2665

Wednesday April 19 MERRITT ISLAND 6- 8pm Message Service Kim Danbert gives Messages from Spirit. Donation basis at Book & Bead, 950 N. Courtenay Pkwy 321-453-2665

Sunday April 23 MERRITT ISLAND 1-3pm Aura Portraits Kim Danbert produces pastel paintings with interpretation of your Aura. 30 minute sessions. Please call for appointment at Book & Bead, 950 N. Courtenay Pkwy 321-453-2665

Friday April 21, 2017 ORLANDO 7:00pm A New Path to Health for Body and Soul. Medically verified healings of many illnesses. Speaker Matjaz Lesjak, MD of Solvenia conveys Bruno Gröning's knowledge in such a way that everyone can experience his statement, "There is no incurable!" Location: The Center for Pranic Healing, 619 N. Thornton Ave, Orlando, FL 32803 Contact lecture.florida@gmx.net 561-342-1783 More info, see <http://northamerica.bruno-groening.org/>

Rev. Dawn Casseday

Psychic, Clairvoyant, Medium
Reiki /Energy Healing, Tarot
Past Life Regression Specialist

Phone readings available

386-478-0341
www.revdawncasseday.com
CASSADAGA



SPIRITUALIST CHAPEL of Melbourne

We Welcome All To Sunday 10 AM services
1924 Melody Lane, Melbourne, FL 32901
Spirit Messages - Healing Service
Guest Speakers • Private Readings
\$15/15 minutes after Services

321-419-6262
www.SpiritualistChapel.com
Friend us on Facebook: [Spiritualist Chapel of Melbourne](#)

Spiritualism + Mediumship Classes

Thursdays 6:30-8:30 pm
\$5 members
\$10 others



SPIRITUAL GRAFFITI

Jeff Brown is author of Spiritual Graffiti, Ascending with Both Feet on the Ground, Love It Forward, An Uncommon Bond, Apologies to the Divine Feminine From a Warrior in Transition and Karmageddon, an award winning documentary about spirituality and emotional healing. Visit www.Soulshaping.com and www.Soulshapinginstitute.com

It took me some years to understand that many of us are more afraid of happiness than misery. Because misery and martyrdom have an inherent safety about them - one is never particularly vulnerable, nor at risk of disappointment. Unhappiness becomes a security blanket, a way to armor ourselves against deep feeling. On the other hand, happiness has an intrinsically risky quality. When we open our hearts to life, we are always vulnerable to loss, to shattering, to having it all fall away. But it can also expand and deepen, joyfully permeating every element of our life. I can often sense when someone has made unhappiness their shield, their perpetual life stance. And it saddens me. Because locking ourselves into a negative way of being is a self-fulfilling prophecy: misery begets misery. Because only through risking something can we arrive at a new perspective. And most significantly, because the rhythms and tides of one's life can truly shift in the blink of an eye. *All it takes is one good day and the whole damn thing can come back to light.*



NOTES from the Universe

An international tax accountant turned entrepreneur turned writer for "the Universe," and one of the teachers for The Secret, Mike Dooley runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. <http://tut.com>

You do know, of course, why you're here don't you? Because you couldn't resist the challenge!

Nothing in all creation, not in any sphere of the universe, compares to being born into time and space without any recollection of your past. Having to find your own way when lost, your own courage when frightened, and the infinite powers at your disposal when challenged. Left to the elements to rediscover your supremacy over them. Driven by your passions so that you might rise above your humble, naked beginnings and ultimately see through the illusions that have trapped you. To find yourself once again high upon the throne of thy Kingdom come, from whence it all began.

**Walking on sunshine,
The Universe**



To Promote the Religion,
Science, and Philosophy
of Spiritualism



IFSK Director
Marilyn Jenquin

**Private
Readings
BY APPOINTMENT**



www.ifsk.org

ON-GOING PSYCHIC/MEDIUM SPIRITUAL DEVELOPMENT CLASSES

www.ifsk.org for locations, times
dependablepc@earthlink.net

**WORKSHOP: BRITISH STYLE
EVIDENTIAL MEDIUMSHIP~ HOW DOES
THAT FIT IN MY EVERYDAY LIFE?**

Saturday, April 22nd 12:30-4:30 Dream Angels,
Tequesta, FL 561-745-9355 ~ Limited to 20

Saturday, June 24th 12:30-4:30 @ Private
Residence Orange Park/Jacksonville FL ~
Contact Marcus 904-208-0979 ~ Limited to 10

British Style Evidential Mediumship is the "Gold Standard" of Mediumship. Professional Mediums using this style are able to lovingly reunite those who have passed to the Spirit World with those left behind, and are also able to help resolve any problems left after the passing of a person. This style of Mediumship has useful applications in everyday life. This workshop will help you develop a clearer understanding of what it means to receive info using either Psychic or Mediumship skills. This workshop will include actual hands-on class exercises and is suitable for all levels.

407-247-7823

High Springs Emporium

North Central Florida's ONLY Rock Shop
The most unusual store in town.
Rocks, Crystals, Gifts, Jewelry



Open Your Heart to the Joy of Spring!
Beautiful Crystals in All the Colors of Spring

- Chinese Hemimorphite in Tranquil Turquoise
- Dream Quartz from Madagascar, Spring Green
- Petal Pink Rhodochrosite
- Lovely "Blue Rose" Quartz Spheres
- Golden Beryl Crystals
- Peach Selenite
- Rainbow Fluorite from around the World
- Crystal Eggs

Sounds of Spring Sale - All Wind Chimes,
Bells and Singing Bowls 20% off!

Gorgeous Flowering Baskets
for Your Front Porch

Stone of the month
Herkimer Diamond Quartz
20% off all month long



Watermelon Tourmaline
in Citrine, Brazil

OPEN Mon-Sat 11 am-6 pm and Sunday noon-5 pm

660 N.W. Santa Fe Blvd • High Springs, FL 32643

386-454-8657 <http://highspringsemporium.net>

HORIZONS MAGAZINE MISSION STATEMENT

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions. To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience. What we see and experience is simply the brain's interpretation of electrical signals. The only reality we cope with is the world of perceptions inside our mind. We participate in creation of the reality we experience by our intentions, beliefs and expectations, by every thought we think and every word we speak.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation. Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it.

We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise. So, if you read an article that touches your heart, or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss their offering with them. Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

*From my heart to yours,
Andrea de Michaelis*



Cary Bayer (www.carybayer.com, 845-664-1883) is a Florida-based Life Coach, who's worked with Oscar-winners Alan Arkin and Pietro Scalia and Emmy-winners David Steinberg and Judy Henderson. He authored 13 books, including *A Course in Money Miracles* and *Higher Self Meditations*. The former TM teacher trainer founded Higher Self Healing Meditation.

LIFE 101 WITH CARY BAYER

WHAT IF GOD WAS ONE OF US?

In the early 15th century, a teenaged girl named Joan D'Arc saw visions in which angels told her to lead the French army against the British. She was only a girl, but she followed the directions from above just the same. In the early 21st century, Joan Girardi, the title character of *Joan of Arcadia*--now appearing in syndication on the Sci Fi Channel--carries on conversations with God and despite His challenging assignments, carries them out, too. The program's theme song asks, "*What if God was one of us?*"

What if He was? What if, each week without fail, God gave you specific guidance to align you to your higher purpose? What if, each minute, God gave you such counsel? Sure, it sounds great, but what would you do if the directions you were given didn't seem to make much sense to you or, worse, you didn't like them?

Joan, for example, was told, in one episode, to take her best friend's sculptures out of a school art show; in another to build a boat despite having zero construction skills; and in yet another to take an advanced placement science class despite a poor grasp of the subject. These seemingly inane tasks cause her to kick and scream. However, by carrying them out, she repeatedly winds up fulfilling a bigger purpose than her less than cosmic consciousness ever could have imagined. As viewers, we can't see the methods behind God's "madness" either--until the end.

What if God could ride a bus? On this show, He does; Joan sees Him (quite often Her) on public transportation, in school corridors, in parks. **Joan** gets messages from God through ordinary-looking people--mechanics, children, bookstore workers. Maybe--just maybe--you do, too. *Perhaps your life coach is giving you assignments inspired by God. Maybe your significant other is giving you God's advice. Maybe a co-worker is God covering your back.* The Creator talks quietly in your mind between your thoughts, and you call it intuition. God zaps you in your guts loud and clear to tell you when something is right or wrong for you. God whispers in your ear, and you think, "Something tells me..."

Find and watch *Joan of Arcadia* and see how natural it is for a teen-aged girl to get instructions from God. Then look at your life from a God's-eye view to see which channels God is using to give you ongoing counsel and feedback. Then follow it. You'll be glad you did.

MONTE FARBER'S QUANTUM AFFIRMATIONS TECHNIQUE



Monte Farber is, with wife Amy Zerner, author of a series of best-selling books with over 2 million copies in print, including Karma Cards, the Enchanted Tarot and the Psychic Circle. This is an excerpt from Quantum Affirmations: The New Energy Science of Conscious Manifestation. www.MonteFarber.com and www.TheEnchantedWorld.com

WHAT IS YOUR GIFT?

What gift were you seemingly given and that you now share with the world? What flows to you and through you effortlessly and endlessly? **Identifying your Gift** is the **Third Step** in my **Quantum Affirmations** technique designed to help you resonate with (now) and live in (eventually, sooner than you think!) the probable future you'd like to be living in now.

So what's your Gift? Being a kind person is a Gift and one that the world needs more and more, so if you are kind to people that is most certainly a Gift to work with when you do my QA technique. Your Gift, however, can literally be anything you are good at, parenting, cooking, business, friendship, partnership, recreational activities, communicating, literally anything.

Why do we identify our Gift as the **Third Step** in my Quantum Affirmations technique? Because we're working on dialing down your fear and other excited emotions regarding your Goal because they are a big reason why you have not already attained your **Goal, Step Two**, where we **Examine Your History With Your Goal**. Once you have identified your Gift, you are ready to dip your toe into the ocean that is **Visualization**. *Quantum Affirmations work because they are inextricably linked with Visualization which is, in turn, inextricably linked with your sub-conscious and intuitive faculties, both of which speak in symbols and emotion-feeling-tones.*

When you are alone in a place where you won't be disturbed - take some deep breaths, close your eyes, and see yourself fully manifesting your Gift, that which flows to your effortlessly and endlessly. Relax into this visualization of you working your Gift until you're comfortable and ready to bring your Goal into the mix.

Blending your Gift with your Goal is **Step Four** of my **Five Step Quantum Affirmation** technique. Right now, you should just concentrate on luxuriating in and appreciating your Gift. I'm sure you'll agree with me when I say that very few of us take the time to realize our Gift and, once we do, we are often surprised that we have more than one Gift, often many more than one.

Leaves & Roots

9476 E. Colonial Drive
Orlando, FL 32817

407-823-8840
Email leavesandroots@leavesandroots.com

M-F 10-7
Sat 10-5
Sun 12-5

Over 300 herbs & spices in stock
www.leavesandroots.com

Over 100 Top Quality
Essential & Fragrance Oils
Herbs & Herb Blends in capsules
Aromatherapy supplies
Herbal research
Herbal extracts
Incense, Soaps
Body Care
Books

Join us on Facebook

Spiritual Uplifts

Metaphysical Store

Gifts, Books, Cards,
Crystals, Candles,
Incense, Jewelry,
Salt Lamps, More

Energy Healing
Readings
Classes

3491 Pall Mall Drive
Jacksonville, Florida 32257
<http://spiritualuplifts.com>

904-292-4555

YOGA SHAKTI MISSION

Sunshine Lectures
Sundays 9 - 10am
*Talks on
Spiritual Topics*

YOGA CLASSES
7-8pm
\$7 Per Class or
\$25/month unlimited
Monday thru Thursday

Ma Yoga Shakti
First Saturday
at noon
VEGETARIAN LUNCHEON
\$10 donation
(children free)

YOGA SHAKTI MISSION
3895 Hield Rd NW Palm Bay
yogashaktipalmbay@gmail.com
321-725-4024
Visit www.yogashakti.org

BOOKS BY MA YOGA SHAKTI
Yoga Syzygy Guide to Hatha Yoga \$15
Techniques of Meditation to Enhance Mind Power \$10
Shri Satya Narayana Katha \$5
Hanumaan Chalisa \$5 • A Spiritual Message \$5
The Seven Invisible Psychic Lotus \$10
Yoga Asana Chart \$2 • Chandogya Upanishad \$5

ALPHABETICALLY BY COUNTY

Place your ad here for just \$5 per line. 20 characters per heading, 44 characters per line
Payment due 10th of the month before • Email and Paypal to HorizonsMagazine@aol.com

OUR PHONE DIRECTORY... 321-750-3375

ALACHUA COUNTY (352) GAINESVILLE (386) HIGH SPRINGS

A ROCK SHOP & MORE

HIGH SPRINGS EMPORIUM 386-454-8657
660 NW Santa Fe Blvd (441) Gemstone Jewelry

BOOKS & GIFTS

WILD IRIS WWW.wildirisbooks.com 352- 375-7477

CHURCHES

UNITY OF GAINESVILLE 352-373-1030
8801 NW 39th Ave 32606 www.unitygainesville.org

HEALTH FOODS

EARTH ORIGINS MARKET 352-331-5224
EARTH ORIGINS MARKET 352-372-1741

BREVARD (321)

BOOKKEEPING

ACCOUNTING BY CATHI BRENNAN 321-266-1660

ACUPUNCTURE AND LASER LIGHT THERAPY

David Rindge, LAc, DOM, RN 321-751-7001
1601 Airport Blvd, Suite 1 Melbourne, FL 32901
CooperativeMedicine.com HealingLightSeminars.com

AROMATHERAPY, OILS

HERB CORNER 277 N. Babcock Melb 757-7522

ASTROLOGER

LESLIE MARLAR 779-0604
VLMarlar@aol.com www.lesliemarlar.com

ASTROLOGY REPORTS

ANDREA de MICHAELIS \$22
3 month Future Prediction Reports
Email horizonsmagazine@aol.com

AUTOMOTIVE REPAIR

MELLOR'S AUTOMOTIVE 321-956-1997
Visit www.mellorsautomotive.com

BOOKS & GIFTS

ANGELS OASIS Cocoa Village 321-506-1143

AQUARIAN DREAMS Indialantic 321- 729-9495

BOOKANDBEADOUTLET.COM 950 N. Courtenay
Pkwy Merritt Island 321.453.2665 50% off bks

CREATIVE ENERGY 952-6789
Crystals, Jewelry, Drums, Singing Bowls, Books
780 West New Haven Avenue Melbourne, FL
32901 (formerly Meredith's Bridal) Located just
1.7 miles west of Downtown Melbourne

ENCHANTED SPIRIT 320 N. AIA CB 784-2213

RAIN TREE GIFTS 321-345-4970
826 E. New Haven Avenue, Melbourne FL 32901

BUDDHIST TEMPLE

WAT PUNYAWANARAM 321-255-1465
4490 Aurora Road Melbourne www.watpun.org

CAFE GLUTEN FREE

THE BALD STRAWBERRY 321-458-5529
1248 Sarno Rd 32935 thebaldstrawberry.com

CHIROPRACTIC

DOCKSIDE CHIROPRACTIC 321-775-3734
Dr. Kevin Poulston BS,DC 1300 Pinetree Drive
Suite #7 IHB 32937 docksidechiropractic.com

VICKI M. MERRICK, DC 321-952-7004
2060 Palm Bay Rd NE #2, Palm Bay, FL 32905

CHURCHES

CENTER FOR SPIRITUAL LIVING SPACE COAST
A Science of Mind Church Cocoa Vlg 474.2030

THE NEW WAY www.TheNewWay.us 458-7956

SPIRITUALIST CHAPEL OF MELBOURNE 419-6262
UU Church OF BREVARD www.uubrevard.us

UNITY OF MELBOURNE 10am Sundays 254-0313
2401 N. Harbor City Blvd Melbourne 32935
www.unityofmelbourne.com

UNITY OF MERRITT ISLAND 452-2625
4725 N Courtenay 32953 unitymerrittisland.org

UNITY CHURCH ON THE SPACE COAST
2000 South St in Titusville 383-0195

CRYSTALS, GEMS ROCKS

YOUR CRYSTAL SHOP 321-615-8927
www.yourcrystalshop.com Cultural gifts
2137 N. Courtenay Pkwy Merritt Is, FL 32953

HEALTH FOODS

APPLESEED 1007 Pathfinder Rckldge 631-1444
NATURE'S MARKET & CAFÉ 254-8688
ORGANIC FOOD CTR Indialantic 724-2383
PINETREE HEALTH 777-4677
SUNSEED CO*OP Cape Can AIA 784-0930
SUNSHINE HEALTH FOODS Titusville 269-4848

HERBS, OILS & GIFTS

HERB CORNER 277 N. Babcock Melb 757-7522

MAMA JO'S SUNSHINE HERBALS
1300 Pine Tree Dr. IHB 321-779-4647

HOME BIRTH SERVICES

PAM PEACH L.M. www.Birthingpath.com

MASSAGE THERAPY

EILEEN A JACOBS, L.M.T. 321-773-0409
Reiki Master/Teacher • MM9571 • MA 8698

NATURAL PET SUPPLIES

NATURAL PET SPECIALTY SHOP 321-259-3005

PSYCHIC READERS

ANDREA de MICHAELIS 321-750-3375
Clairvoyant, honest, accurate, illuminating

REV. APRIL RANE 321-639-8738
Psychic/Medium, Channel www.aprilrane.com
Accurate Spiritual advice -36 years in Brevard

REV. KATHRYN FLANAGAN 321-458-7956
Spiritual Advisor * Teacher* Tarot
Reiki * Weddings* Public Notary

REV. TERRI MCNEELY 321-292-9292
Spiritual Advisor/Medium Classes one on one

MORGANA STARR 321-506-1143

Please email feedback about readers
to horizonsmagazine@aol.com

SPIRITUAL DEVELOPMENT

ANDREA de MICHAELIS 321-750-3375
Why does this keep happening to me?
Working thru it horizonsmagazine@aol.com

YOGA

SUNDARI YOGA STUDIO 321-613-5999
46 North Brevard Ave Cocoa Beach, FL
<http://sundariyogastudio.com/>

THEE HOUSE OF YOGA Classes 321-726-9642
412 5th Ave, Indialantic, FL 32903

YOGA, MEDITATION

YOGA SHAKTI MISSION 321-725-4024
3895 Hield Rd in Palm Bay yogashakti.org

ZEN MEDITATION

OPEN MIND ZEN openmindzen.com 427-3511
Al Rapaport/Sensei•Breathwork•Zen Dialogue

BROWARD (954) FT. LAUDERDALE

BOOKS & GIFTS

ANGEL HAVEN Las Olas Blvd Ft Laud 522-4720

CRYSTAL VISION 3160 Stirling Rd 981-4992

DIVINE LOVE INSTITUTE 954-920-0050
Hollywood, FL www.divineloveinstitute.org
Gifts, Free Reiki Circle, Life Coaching, Akashic
Record Certification, Angel Workshops, Magni-
fied Healing and IET Certification

NATURE'S EMPORIUM 755-2223

NEW AGE BOOKS & THINGS 771-0026
4401 N. Federal Hwy Fort Lauderdale

SPIRITUAL JOURNEY 954-752-2329
7420 Wiles Road Coral Springs, FL 33067
<http://spiritualjourneyweb.com>

CHURCHES

CENTER FOR SPIRITUAL LIVING 954-566-2868
UNITY GATEWAY CHURCH 954-938-5222
UNITY CHURCH OF HOLLYWOOD 954-548-9320

HEALTH FOODS

HEALTH FOODS PLUS 989-3313
3341 Hollywood Blvd in Hollywood

WHOLE FOODS MARKET
810 University Drive Coral Springs 753-8000
7220 Peters Road in Plantation 236-0600
2000 N. Federal Hwy Ft. Laud 565-5655

WILD OATS MARKETPLACE 566-9333
2501 East Sunrise Blvd in Ft. Laud

PSYCHIC READERS

JANICE SCOTT-REEDER 954-698-6926
Tarotist and Astrologer, e/snail mail readings.
In person readings at the Cosmic Salamander
<http://cosmicsalamander.com>

COLLIER COUNTY (239) NAPLES

BOOKS & GIFTS

SACRED SPACE 239-390-2522

CHURCHES

UNITY OF NAPLES Books, gifts 775-3009

HEALTH FOOD STORES

EARTH ORIGINS MARKET 239-434-7221
FOR GOODNESS' SAKE 353-7778
FOOD & THOUGHT MKT CAFE 213-2222
NATURE'S GARDEN 643-4959
SUN SPLASH Market & Cafe 434-7721
SUNSHINE Discount Vitamin 941-598-5393

DUVAL (904) JACKSONVILLE

BOOKS & GIFTS

EARTH GIFTS www.earthgifts.com 389-3690
Wed - Sunday 10am - 6pm Closed Mon & Tues

SPIRITUAL UPLIFTS 904-571-2586
3491 Pall Mall Dr Jax 32257 spiritualuplifts.com

CHURCHES

COSMIC CHURCH OF TRUTH 904-384-7268

UNITY CHURCH FOR CREATIVE LIVING in Jax
www.unityinjax.com/ 904-287-1505

RECONNECTIVE HEALING

www.healingenergybyted.com 904-613-7608

ESCAMBIA (850) PENSACOLA

CHURCHES

UNITY OF PENSACOLA 850-438-2277
716 N. 9th Ave. www.unitypns.com

HIGHLANDS (863) SEBRING

CHURCH, CLASSES

UNITY LIFE ENRICHMENT CENTRE 863-471-1122
10417 S. Orange Blossom Blvd, Sebring 33875
<http://www.unityofsebring.org>

HILLSBOROUGH (813) TAMPA, LUTZ

BOOKS, GIFTS, READINGS

MYSTIKAL SCENTS 813-986-3212

GAIA SPIRITUAL DOORWAYS 813-943-3666
26300 Wesley Chapel Blvd, Lutz Florida 33559
<http://www.gaia-spiritualdoorways.com/>

INDIAN RIVER (772) VERO, SEBASTIAN

ACUPUNCTURE

COMPLEMENTARY MEDICINE 772-766-4418
ACUPUNCTUREVEROBEACH.COM 772-770-6184

BOOKS & GIFTS

INSPIRED HEART Old Dixie Hwy 772-696-1910
SPARK OF DIVINE 772-257-6499

CHURCHES

UNITY OF VERO BEACH 772- 562-1133
950 43rd Ave 32960 www.unityofvero.org

READINGS, CLASSES

INTO THE MYSTIC 1614 US Hwy 1 Sebastian
Psychic Medium Marchelle 772-480-4344

LAKE COUNTY

BOOKS & GIFTS

CRYSTAL CLOSET (407) 878-2700
121 N Highland St Mount Dora, FL
www.thecrystalcloset.com

LEE COUNTY (239) FT. MYERS

BOOKS & GIFTS

SO MOTE IT BE 239-689-3728
2267 1st St in Fort Myers, Florida 33901

THE MYSTICAL MOON 239-939-3339
8890 Salrose Lane in Fort Myers 33912
www.themysticalmoon.com

THE MYSTICAL MOON 239-301-0655
8951 SE Bonita Beach Rd Bonita Springs 34135

THE LABYRINTH 239-939-2769
12995 S. Cleveland Avenue #108

CHURCHES

UNITY OF FT. MYERS 239-278-1511
www.unityoffortmyers.org

LEON CTY (850) TALLAHASSEE

BOOKS & GIFTS

CRYSTAL CONNECTION 878-8500
1233 Apalachee Parkway in Tallahassee

STONE AGE Tallahassee Mall 383-0233

HEALTH FOOD STORES

HONEYTREE 1616 N. Monroe St 681-2000
NEW LEAF MARKET 942-2557

MARION COUNTY (352) Ocala

BOOKS & GIFTS

CROW'S CROSSROADS SHOPPE 352-235-0558

FAIRY DUST CRYSTALS AND SUCH 352-693-4592
11781 SE HWY 441, Belleview, FL 34420
Crystals, books, tarot, jewelry, candles, oils
www.fairydustcrystals.com

GREEN DRAGON NEW AGE GIFTS 352-690-7933
725 E Silver Springs Blvd, #1 Ocala, FL 34470

SOUL ESSENTIALS Ocala 352-236-7000
Crystals, rocks, gems, unique gifts, healing gifts
828 E Fort King St jensoul@embarqmail.com
<http://soulessentialsocala.com/>

CHURCHES

UNITY OF OCALA 101 Cedar Road 352-687-2113

HEALTH FOOD STORES

EARTH ORIGINS MARKET 352-351-5224

OCALA GHOST WALKS

www.ocalaghostwalks.com 352-690-7933

MARTIN COUNTY (772)

Hobe Sound FT. PIERCE

BOOKS, GIFTS, READINGS

PSYCHIC & THE GENIE 772.402.5441
Hobe Sound Crystals/Incense/Salt lamps/Psychic

HEALTH FOODS/CAFE

PEGGY'S 5839 SE Federal Hwy 286-1401

SPIRITUAL CENTERS

UNITY OF FORT PIERCE 461-2272
3414 Sunrise oneness@unityoffortpierce.com

MONROE (305) KEYS, KEY WEST

AROMATHERAPY & HERBS

BLUE MOON HERBALS, AROMATICS 305-587-8303
www.blumoonherbals.com
30150 Overseas Hwy Big Pine Key, FL 33043

HEALTHFOOD/JUICE BAR

GOOD FOOD CONSPIRACY 305-872-3945
US 1, Mile Marker 30 on Big Pine Key
<http://www.goodfoodconspiracy.com/>

HELP YOURSELF FOODS 305-296-7766
829 Fleming Street in Key West, FL 33040
<http://www.helpyourselffoods.com/>

NEW AGE BOOKS, GIFTS

BLUE MOON TRADER 872-8864

OKALOOSA (850) FT. WALTON BCH

CHURCHES

UNITY CHURCH FWB 864-1232

HEALTH FOOD STORES

FEELIN' GOOD! Hwy 98 Destin 654-1005
GOLDEN ALMOND FWB 863-5811

ORANGE COUNTY (407) ORLANDO

APOTHECARY

GYPSY APOTHECARY HERB SHOPPE 407-745-5805
3540 South Orange Ave, Orlando, FL, 32806
www.herbzorlando.com/

BOOKS & GIFTS

AVALON Hillcrest St in Orlando 895-7439
CRYSTAL CLOSET Mount Dora 878-2700
SPIRAL CIRCLE 750 Thornton Orlando 894-9854

BUDDHIST CENTER

VAJRAPANI KADAMPA CENTER 407-896-3998
813 Montana 32803 meditationinorlando.org

HERBS, GIFTS

LEAVES & ROOTS 407- 823-8840
9476 E. Colonial Drive in Orlando

MEDITATION CLASSES

BRAHMA KUMARI MEDITATION CENTER
FREE Meditation Classes www.bkwsu.org
407-228-0026 Call 407-493-1931

SPIRITUAL COUNSEL

PSYCHIC MEDIUM TORRE' 321-439-3073
Teacher, Healer www.venusinvelvet.com

PALM BEACH (561) BOOKS & GIFTS

EXPEDITO ENLIGHTENMENT CTR 561-682-0955
CRYSTAL CREATIONS 649-9909
SHINING THROUGH 276-8559
DREAM ANGELS 561-745-9355
SPIRITUAL AWAKENINGS Lk Worth 561-642-3255
CRYSTAL GARDEN 369-2836
2610 N. Federal Hwy Boynton Beach

COFFEE & GIFTS

MOTHER EARTH COFFEE & GIFTS 561-460-8647
410 2nd Avenue North in Lake Worth, FL 33460

CHURCH / CLASSES

UNITY OF THE PALM BEACHES 561-833-6483

HEALTH FOOD/CAFES

NUTRITION S'MART 561-694-0644
4155 Northlake Blvd PBG nutritionismart.com

HEALTH INSTITUTE

HIPPOCRATES HEALTH 561-471-8876
<http://hippocratesinstitute.org> WPB 33411

PINELLAS (727)

ST PETE, CLRWATER

BOOKS & GIFTS

MYSTIC GODDESS Largo 727-530-9994

CHURCHES

UNITY OF CLEARWATER 727-531-5259
PEOPLE'S SPIRITUALIST CH 727-823-5506

THE TEMPLE OF SPIRITUAL AWARENESS 709-3909
www.templeofspirituala.wix.com/spiritual-awareness
Find us on Facebook

HEALTH FOOD STORES

EARTH ORIGINS MARKET St.Pete 727-347-5682
EARTH ORIGINS MKT Palm Harbor 352-786-1231

ST LUCIE (772)

BOOKS, GIFTS, EVENTS

THE OWL BUTTERFLY 772-242-8166
US-1, Port St Lucie 34952 theowlbutterfly.com

SPIRITUAL CENTERS

CRYSTAL CENTER OF ILLUMINATION 465-9327
Course In Miracles, TM, Tai Chi & Yoga

SARASOTA (941)

BOOKS & GIFTS

ELYSIAN FIELDS Midtown Plaza 941-361-3006

HEALTH FOOD STORES

EARTH ORIGINS MARKET 365-3700 and 924-4754

SEMINOLE (407)

SANFORD, LAKE MARY

CHURCH, BOOKS, GIFTS

UNITY CHURCH OF CHRISTIANITY
4801 Clarcona Ocoee Rd ORL 407-294-7171

GIFTS, CONSULATIONS

LUNASOL ESOTERICA Sanford 321-363-4883

SPIRITUAL COUNSEL

PSYCHIC MEDIUM TORRE' 321-439-3073
Teacher, Healer www.venusinvelvet.com

SUWANNEE (386)

LIVE OAK, WELLBORN

BOOKS AND GIFTS

KORNUCOPIA 386-963-4898
12093 CR 137 in Wellborn, FL 32094
Tues thru Fri 10am - 5pm, Sat 10am - 3pm
Antiques Candles Sage Incense Tarot Jewelry

VOLUSIA (386)

DAYTONA, DELAND, NSB

BOOKS AND GIFTS

CASSADAGA CAMP BOOKSTORE 386-228-2880
MY CAULDRON 386-624-7000

CHURCHES

CASSADAGA SPIRITUALIST CHURCH 386-228-3171
COMMUNITY UNITARIAN UNIVERSALIST dbcuc.org
UNITY COMMUNITY CHURCH NSB 386-481-0890

CRYSTALS AND GEMS

TIMELESS TREASURES 386 252-3733
Daytona Flea Market • Corner Shops CS 75&76

PSYCHICS GEMS ROCKS

PURPLE ROSE in Cassadaga 386-228-3315

SPIRITUAL COUNSEL

PSYCHIC MEDIUM TORRE' 321-439-3073
Teacher, Healer www.venusinvelvet.com

PSYCHIC READERS IN CASSADAGA, FL

ALBERT BOWES 386-228-3209
NELLIE EDWARDS 386-228-0168

TRACI DICAPRIO 386-337-0536
Psychic Medium Also booking parties
Email Sororfla@yahoo.com

Rev. Dr. JAMES THOMAS 386-451-7214
Cassadaga Medium, Healer IAM1981@aol.com

UNITY CHURCHES IN FLA

Bonita Springs	239-941-3100
Bradenton	941-758-6489
Brandon	813-727-4431
Clearwater	727-531-0992
UnityNow	727-524-0600
Daytona Beach	386-253-4201
Delray Beach	561-276-5796
Dunedin	727-734-0635
Fort Myers	239-278-1511
Fort Pierce	772-461-2272
Gainesville	352-373-1030
Gulf Breeze	850-932-3076
Hollywood	954-922-5521
Jacksonville	904-287-1505
Jacksonville	904-355-5100
Lakeland	863-646-5314
Lecanto	352-746-1270
Leesburg	352-787-0834
Melbourne	321-254-0313
Mount Dora	352-483-5683
Naples	239-775-3009
New Smyrna Beach	386-481-0890
Northport/Pt Charlotte	941-423-8171
Ocala	352-687-2113
Orlando	407-294-7171
Orlando	407-852-3940
Oviedo	321-206-5148
Palm Harbor	727-784-7911
Pensacola	850-438-2277
Plant City	813-659-2624
Poinciana	863-427-4276
Port Richey	727-848-7702
Port St. Lucie	772-878-9819
St. Petersburg	727-344-1515
St. Petersburgn	727-898-2457
St. Petersburg	727-527-2222
Sarasota	727-848-7702
Sebring	863-471-1122
Sun City	813-298-7745
Tampa	727-531-1836
Tampa	813-870-0731
Tampa	813-882-0440
Titusville	321-383-0195
Venice	941-484-5342
Vero Beach	772-562-1133
West Palm Beach	561-721-1267
West Palm Beach	561-833-6483

We Help People Get Well And Stay Well!

**Our goal: rapid, effective,
affordable treatment**

- Acupuncture
- Laser Needle Acupuncture
- Laser Therapy
- Pulsed Electromagnetic Field Therapy (PEMF)



**David Rindge,
LAC, DOM, RN**

We specialize in modern, cutting edge therapies shown to heal a broad range of health conditions because of the science supporting them and because of the clinical results and lack of problems we have seen over many years.

Pain
Sports Medicine
Urology / Prostate
Digestive Disorders
Hair Loss - Alopecia
Respiratory Disorders
Cardiovascular Disease
Neuropathy / Nerve Pain
Bone Healing - Osteoporosis
Female / Gynecology / Fertility
Skin -- Acne, Dermatitis, Psoriasis
Hearing Loss, Meniere's, Tinnitus
CNS Disorders - MS, Parkinson's, Spinal Cord Injury



If you have been told that you or a loved one will just have to live with pain or that your health or that a specific condition cannot be improved, think again!

**David Rindge, LAC, DOM, RN
Center for Cooperative Medicine
Healing Light Seminars**

1601 Airport Blvd, Suite 1
Melbourne, FL 32901

321-751-7001

**www.CooperativeMedicine.com
www.HealingLightSeminars.com**





ABRAHAM-HICKS

...continued from page 9

Since a powerful desire for improvement is always born out of unpleasant situations, the larger part of you is already experiencing the benefit of the contrast you have lived, and you can—much more easily than many of you believe—begin, right now, to receive the benefit of that contrast. It may not be easy at first, but it really is as simple as making the best of where you are.

In every particle of the Universe, there is that which is wanted—and the lack of it. By making a decision to orient yourself to look for what is wanted, you will change your vibrational patterns of resistance and it will not be possible to remain in unwanted situations for long periods of time.

A Rampage of Appreciation is one way to speed the process.

A FUN GAME FOR GIVING THANKS

The Rampage of Appreciation game can be played anywhere and at any time because it is easily played simply by directing pleasant thoughts in your mind. If you were to write your thoughts on paper, it would enhance this process, but it is not necessary.

GIVING THANKS

Begin by looking around your immediate environment and gently noticing something that pleases you. Try to hold your attention on this pleasing object as you consider how wonderful, beautiful, or useful it is. And as you focus upon it longer, your positive feelings about it will increase.

Now, notice your improved feeling, and be appreciative of the way you feel. Then, once your good feeling is noticeably stronger than when you began, look around your environment and choose another pleasing object for your positive attention.

Make it your objective to choose objects of attention that easily evoke your appreciation, for this is not a process of finding something troubling and fixing it; this is a process of practicing the higher vibrations. The longer you focus upon things that feel good to you, the easier it is for you to maintain those vibrational frequencies that feel good. And the more you maintain these goodfeeling frequencies, the more the Law of Attraction will deliver to you other thoughts, experiences, people, and things that match your practiced vibration.

Since it is your primary intention, as you move through your day, to find things to appreciate, you are practicing a vibration of less resistance, and you are making your connection to your own Source Energy stronger.

SHOWING GRATITUDE AND APPRECIATION OFTEN

Because the vibration of appreciation is the most powerful connection between the physical you and the Non-Physical You, this process will also put you in a position to receive even clearer guidance from your Inner Being.

The more you practice appreciation, the less resistance you will have in your own vibrational frequencies. And the less resistance you have, the better your life will be. Also, by practicing this Rampage of Appreciation, you will become accustomed to the feeling of higher vibrations, so that if you ever revert to an old pattern of conversation that causes resistance in your vibration, you will notice it, early on, before the vibration gets too strong.

The more you find something to appreciate, the better it feels; the better it feels, the more you want to do it; the more you do it, the better it feels; the better it feels . . . the more you want to do it. The Law of Attraction assists with the powerful momentum of these positive thoughts and feelings until, with very little time and effort, you will find your heart singing in your joyous alignment with who you really are.

And in this wonderful-feeling vibration where no resistance exists, you will be in an exaggerated state of allowing; you will be in the vibrational state where the things that you desire can flow easily into your experience. The better it gets, the better it gets!

BE GRATEFUL AND MORE GOOD WILL COME

Every time you appreciate something, every time you praise something, every time you feel good about something, you are telling the Universe: “More of this, please.” You need never make another verbal statement of this intent, and if you are mostly in a state of appreciation, all good things will flow to you.

We are often asked, Isn’t love a better word than appreciation? Isn’t love more descriptive of the Non-Physical Energy? And we say that love and appreciation are really the same vibration. Some use the word gratitude, or a feeling of thankfulness, but all of these words are descriptive of Well-Being.

A desire to appreciate is a very good first step, and then as you find more things that you would like to say “Thank you” about, it quickly gains momentum. And as you want to feel appreciation, you attract something to appreciate. And as you appreciate it, then you attract something else to appreciate, until, in time, you are experiencing a Rampage of Appreciation.



HOW TO KEEP THE FAITH AND KEEP GOING

Doreen Virtue is a doctor of psychology who works with angelic, elemental, and ascended-master realms, author of 50+ books about angels and mind-body-spirit issues. www.angeltherapy.com

I understand how frustrating and disappointing it can feel, when your dreams don't seem to be immediately realized. You are excited to share your product or service with others, and to get going with your life purpose career. This can also be true with your prayers for healing, relationships, and so forth.

I felt that way when I sent my first book proposal to potential publishers, and all I received were rejection letters. At first, I thought this might be a sign that I wasn't meant to be an author. Yet here's what I want to share with you: If you repeatedly and continuously receive a message to do something positive . . . do it! That's your inner divine guidance, urging you toward your life purpose.

You may receive these inner promptings as feelings, intuition, thoughts, ideas, visions, or signs. It feels like your angels are persistent coaches who are encouraging you to keep going - and they are!! That's what my guardian angels did with my first book. Although it had been rejected, my guardian angels urged me to take the printed manuscript out of my desk drawer and send it out again. They clearly guided me to make photocopies of the manuscript and send it to 44 publishers!

And this time (although I received 40 rejection letters), I was accepted by 4 publishers!

Look at those Angel Numbers! The number 4 means the angels are with you, and they certainly were when they pushed me past all of my fears of failure and success. The angels had me focus upon my mission: to help as many people as possible, instead of focusing upon fears.

Similarly, when I first had a clear vision to create angel oracle cards, my publisher didn't immediately "get" the concept. So I received a rejection. Yet, the angels never get discouraged, and they urged me to ask my publisher again . . . which I did, and received a second "No." Those angels are persistent and tenacious, because they had me ask my publisher 4 times, and finally I received a "Yes."

If you're experiencing blocks or delays, please keep the faith and keep going. Listen to the persistent divine guidance, which will support you and open all the right doors for you. Do not let the world's "No's" stop you from following all of the "Yes's" you're receiving from God through the angels.



If you appreciate what Horizons has each month, show your support by subscribing, even if your local store carries us.

Reading gives us someplace to go when we have to stay where we are.

SUBSCRIBE TODAY

We'll give you 12 monthly issues of Horizons Magazine for just \$24 (\$48 overseas.) Charge it to any credit card or PayPal. **FILL OUT THIS FORM OR CALL 321-750-3375** and the next issue of Horizons Magazine will be at your door each month. Paypal and email HorizonsMagazine@aol.com or mail to 575 Escarole St SE Palm Bay, FL 32909-4802.

YES, PLEASE SEND ME ____ subscription(s) at \$24 each. I enclose my check or money order _____ OR

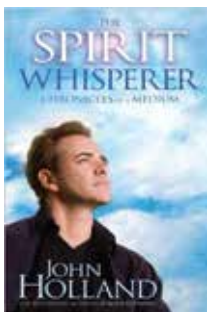
Charge \$_____ to my credit card. The number is _____

The expiration date is : _____ Email address: _____

Mail my subscription to: Name _____ Phone _____

Address : _____ Apt No. _____

City _____ State _____ Zip Code _____



5 WAYS TO FIND YOUR TRIBE WITHIN YOUR COMMUNITY

... continued from page 12 ...

1. LOCAL EVENTS

Try asking your neighbor if there's a certain event coming up that fits the activity that you like or enjoy.

2. ONLINE

Is there an online community where you can share your thoughts?

3. FORM YOUR OWN CLUB

Maybe there are certain friends you know now who have similar interests, but you've never acted on it. You could even be the leader and form something new!

4. TAKE A CLASS

Is there a class or workshop that keeps grabbing your attention?

5. VOLUNTEER

If you're a lover of animals, is there a local animal shelter that could use your help? I find that animal people have a bonding experience that can only be shared with other animal people.

These are just a few suggestions. But remember, the more spiritual you become, the greater the possibility that some friends may fall away. It's as if your vibrations are no longer in sync. Please know that it doesn't mean they are bad people - it's just that you may find they cannot relate to your journey.

Please take heart, because for every person who leaves, a new tribe member will soon appear and step into the void.

You have to know and believe that our thoughts attract, and the same goes for like-minded people somehow finding each other!

Sometimes your tribe becomes your soul family. Reach out and explore. Don't let life live you - you live life! Trust and have fun!



SPRING CLEANING

... continued from page 16 ...

I have a client who donated her piano to a school and fell in love with the new school principal as a result, so you never know what wonderful gifts await your generous recycling and re-circulating. As you lighten the load, so will your Spirit lighten up too.

Once you clear and eliminate, do a spiritual cleansing of the energy as well. There are many ways to do this, from opening all the doors and windows and burning a little sweet grass and sage, while beating a drum or ringing a bell just to stir up old dormant vibrations and move them along. This always feels good to do and while stirring up the energy around you, notice how it stirs up the energy inside as well, maybe in ways to get you motivated and off your duff if you've been a bit on the lazy side.

Another wonderful way to clean both space and energy is to pour equal parts vinegar and water into a spray bottle and use it to wash down and freshen surfaces. Hold positive intentions in your heart and mind as you work, and to add even more light and love to the vibration sing as you clean.

Be thorough as you work. Get into the corners with your broom, mop and vacuum so that stagnant energy is chased away. Put on your favorite rock star music and dance your way through this part of the spring clean so you invite your joy guides in to fill up the newly cleansed energy with love and laughter.

If you want to sanctify the energy you may want to burn a fresh scented candle once you are finished with the heavier work, and as a means of blessing your newly cleared space.

Say a prayer for protection, peace, calm, and joy to fill the home and ask your divine helpers to surround it and keep it's energy bright and beautiful for you and all who live here to dwell in. Don't leave the candle unattended though. You want to clean and clear but not down to the ground.

As a final step in your spring-cleaning, end the experience with an Epsom salt bath to clear your aura and cut energetic cords to the past. Soak for a bit and as you do ask your higher self to usher in new and higher aspects of your Spirit to express fully though you now.

And then don't be surprised if you spring into action with radiance, vitality, creativity and more joy than you have felt in a while. Happy Spring.



This month's thoughts about things...

"I want to look back on my life and be giddy with joy that I was the one who got to live it."

... from page 7

I'm neither an activist nor a protestor, but it felt good to have cut ties with **Wells Fargo**. I did not want my dollars to contribute to human rights abuses and environmental issues such as have been and still are happening at **Standing Rock, ND**. *I also didn't want to continue to focus on the issues, either. I know whether something is TRUE or not doesn't matter. If I am focused on something that is not taking my attention in a direction that makes me happy and hopeful about my future, true or not, it's not doing me any good to think about it.*

RESISTING CUTS OFF THE FLOW OF MY GOOD

A pal overcame cancer a few years ago. It was quite the journey but she's a trooper and now on the other side of it. She's having a health flare-up lately, not surprising because she's active in the protest/resistance movement. *I know if I give a lot of attention and energy to anything I don't like, that introduces resistance into my vibe which cuts off the flow of my good.*

RESISTANCE TO ANYTHING KINKS MY HOSE ON ALL TOPICS

The resistance kinks the hose so to speak. So even though she's fighting for a good cause, she's still fighting and the universe will continue to give her more to fight about because she's always proving herself fit for battle. Some protest and march against something they feel anger and hate for. They just want to see them taken down. I can prefer things be other than they are without feeling outrage. Twenty years ago I'd have felt outrage but *I've come to know everything that happens is just leela, a play of the Universe. Acceptance sparked insight.* Another friend's video after overcoming cancer using lifestyle change --> https://www.youtube.com/watch?v=ifNo3D-Oo_g

I CAN USUALLY FIND THE HELPERS

I'm a good tracker. I can find helpers where people think no helpers are to be found. I make posts and comments — not to take anyone down — but to keep informed those who may be interested in helping change come about. To shine a light for those who feel motivated to help.

WE CAN LEARN BY WATCHING HOW ART IMITATES LIFE

I've been watching **Greenleaf** on **Netflix**, it's an excellent show with provocative dialogue. "The Greenleaf family, which runs sprawling **Memphis** megachurch **Calvary Fellowship World Ministries**, appears to be a loving and caring clan. Beneath

the surface, though, exists scandalous secrets and lies. Greed, adultery and sibling rivalry are among the issues that threaten to test the family's faith and tear the group apart. The scandals happening are uncovered by **Grace**, the estranged daughter of church leader **Bishop James Greenleaf**, when she returns home after a 20-year absence." There are some great lines in the show. For instance:

IS THERE REALLY A HELL WHERE PEOPLE GET PUNISHED FOR ALL ETERNITY?

When asked "Do you really think there's a Hell? Someplace where people get punished for all eternity?" **Bishop Greenleaf** responds. "I've never been much for this God of punishment. I know the **Bible** says it's a fact, but I've never seen any evidence of it myself. *Most sin, to me, seems like it brings its own suitcase of pain with it when it walks in the door. That being said... I think when we die, we go immediately and completely into the presence of the pure love of God. And for some of us, depending on what we've done, to discern in that moment how much damage we did, how good it all could have been otherwise... that's going to feel like Hell.*"

Oprah Winfrey has a regular role on the show. She has some great lines, in this one, talking to a brother threatening her. "I don't know how you got to be the way you are. It's one thing to be sick, it's another thing to go walking around peacocking about it. But I remember my **Bible** and that kind of prancing is reserved for Satan." I didn't grow up believing in Satan but I get the drift. I also see that's what some say our current president is doing.

STICK TO THE ISSUES IF YOU WANT TO BE TAKEN SERIOUSLY

I've seen the **Saturday Night Live** parodies and I can appreciate a good satire. A pal who takes serious issue with what's going on makes comments like, "*The Cheeto in Chief keeps his jacket on so you don't see his diaper butt.*" When people take the attention off the issues and put it on something personal, it dilutes their integrity for me. Personal attacks just show you're an angry or mean person. If that is not how you want to be seen, sticking to the issues is how you get issues resolved.

SCANDALS ARE SIGNS THAT DARKNESS CAN NO LONGER HIDE

Doreen Virtue says news reports of scandals are cause for lightworkers to celebrate. Not because of the scandals themselves, but because they are clear signs that darkness can no longer hide. Those scandals have always existed. The difference is that they are now discovered and reported. Everyone is aware of the truth. Darkness is running, resigning, and trying to hide . . . but it faces total eviction from our reality as we each allow God's light full access to shine through us. When you turn the lights on in the room, darkness vanishes. Keep shining and speaking your truth, as that's your divine purpose.



Enjoy our offering this month.
Hari Om.

Andrea



Maya White is a Master Destination Astrologer and one of only 90 people in the world certified in Astro*Carto*Graphy, a specialized branch of astrology which helps people find their perfect place on earth for love, prosperity, and personal growth. She's also the creator of Easy Astrology Oracle Cards published by Hay House. Visit Maya's website and sign up to receive her weekly newsletter. www.MayaWhite.com

HOROSCOPES

APRIL 2017

Cusp dates are accurate for 2016. Sometimes the actual date the sun enters the sign varies by a day or so because of a leap year, or, even the time of day. I assure you these cusp dates are correct for 2016.

Aries – (March 20 – April 18) Expect the unexpected this month when Uranus, the planet of miracles joins the Sun for the April 10th full moon. Every full moon delivers a harvest of some kind, and all of this action in your solar first house benefits you personally. Jupiter and the Moon aligned in Libra at this time suggest that you will advance through partnerships. Surrender, Aries - you need help, but it's there for you.

Taurus – (April 19 – May 19) It's critical you keep your spirits up this month, Taurus. Mars traveling through your sign gives you energy and drive, but asteroid Ceres is also dining at your sun sign table. Goddess Ceres must be handled with kind discipline; her lesson is to learn to flow with change and not hold on to the past. Anger does nothing to clear the way for your next step - remain a lover of all that life has to offer.

Gemini – (May 20 – June 19) It's critical that you speak out, Gemini. With Mars and even retrograde Mercury in your solar 12th house, what you suppress sits in your energy field like undigested food. April is a critical, turning point month and your core vital energy is highlighted. The stars deliver a lesson in management of your personal power. Choose wisely because the way things shape out now will have a long lasting impact.

Cancer – (June 20 – July 21) April is a key month for your career success, Cancer. All that you have been working towards finally comes together cohesively as you gain needed traction. There may be lingering issues that demand your time and attention at home, but know that there is a silver lining to everything that happens at this time. Stay focused in times of chaos; the winds of change are blowing positively in your favor.

Leo – (July 22 – August 21) Consider April to be your transitional month, Leo. Accept this state of flux as a time to establish new work and health routines. Focus on the small things in your life and honor each morning as a critical time to set a tone of peace for the day. You need some 'down' time to replenish your vitality. Remember that gracious Sol is your planetary avatar; let the Sun shine on your soul as you rebuild your body.

Virgo – (August 22 – September 21) There may be uncertainty in your exterior world, but find a way to calm your nerves and focus on the abundance that is possible for you now. Your rightful place is one of comfort, so, even if you have to overlook minor annoyances right now - settle into a zone of feeling good. And, when in doubt - the correct answer is 'yes'.

Libra – (September 22 – October 21) Finally, Libra, things are running smoothly and you're ready to take on the next phase of your work. Partnerships are important to your sigh, but the critical relationship now is the one you have with yourself. Be prepared for a sudden opportunity to materialize - your ability to act swiftly and decisively is key to a successful outcome. Make like a good scout, and be prepared.

Scorpio – (October 22 – November 20) There is a so much energy available to you this month, and the secret to success is time management. You may feel invincible, and generally you are, provided you don't take on too much. Focus on the small picture, and the overview will fall into place nicely. Balance with play and find a moderate exercise routine. Just don't go overboard and take on more than you can comfortably handle. Practice saying 'no'.

Sagittarius – (November 21 – December 19) The fire energy of an Aries sun enhances your sign, Sag. Take a deep breath and embrace the good energy that is coming your way. Another bonus for April is that the full moon of April 10th is joined with Jupiter, your planetary ruler. This bodes well for you with a promise of benefits coming through both personal and professional partnerships. Expect the best!

Capricorn – (December 20 – January 18) You are now in a reorientation phase and new people and situations will enter your life quickly. So much of what was once a part of your life is simply no longer interesting. Embrace this season of Light and joy. You tend to get serious, and it's time to give that up. Hard work will not really win the day for you now; allow the Universe to gift you, and accept the easy gains with delight.

Aquarius – (Jan 19 – Feb 17) There is no denying the full moon of April 10th will reverberate through the ethers.

With the Sun conjunct your ruling planet, Uranus, think of this event as setting up a new energetic template. You're an important cog in this wheel. You may not be impacted personally, but know that you play a role in the Universal connection that is needed for the human race to survive.

Pisces – (Feb 18 – March 19) Venus retrograde in your sign until April 15th invites you to enrich your life in every way. Tune in and listen to the tonal whispers in art and music; open your inner eye to an ever present world of subtle colors. Like the gentle rising of an ocean tide, you are present to expand what is good. Embrace your role as a planetary healer in what appears to be a world of troubles.



COVER ART BEAUTY AND THE BEAST

ROBYN BELLOSPIRITO



I am an artist and shamanic practitioner and I enjoy dancing, singing, playing percussion and writing stories. My introduction to oil painting was when I was 8 years old. I quickly fell in love with the medium and have been painting ever since. The images I create feel as if they are channeled through me from a higher source, as I allow forms and lines to emerge on their own without planning them beforehand. Most of the themes in my work are about nature or fantasy, but they are also universal, speaking to viewers on a deep, personal level. I have been told that my art is spiritually lifting, which is something that is much needed in today's world where the harshness of reality can often blind us to the beauty of what is most essential



- love. Through my art, I strive to create images that touch people's hearts. I am a resident of Huntington, NY and I am listed in the current editions of Who's Who in American Art and Who's Who of American Women. For over thirty years I have been exhibiting my paintings in galleries and museums in the New York metropolitan area, around the country and abroad. My original oil paintings are for sale, as well as giclee prints.

For more info please visit www.robynbellospirito.com.



CHANGE

...continued from page 8...

G is the great gift. Can you imagine a time when, whatever you are worried about right now, eventually becomes the greatest gift of your life? You may say, "Something happened that caused me to do something I never would have done before, which put me in a place I never thought existed. I'm peaceful, and I'm with people that I love instead of having drama with others who are in turmoil." That's the beauty and wisdom of an old soul. Being able to see a gift while in turmoil is an attribute of wisdom.

E stands for beautiful energy - The energy of completion, compassion, balance, understanding, and a good night's sleep. Do you realize how well you sleep when all is well in your life? You cannot take an old energy consciousness and simply reframe it overnight. I'm giving you the ABCs of this shift. The planet needs you to do this work now. Expect to live longer than you expect to live. Watch your language, because by habit you often verbalize your own demise. Watch the words that come out of your mouth because they really do set a pattern of the reality of who you are. Think to yourself, "There's a grand machine listening to every word, and that machine will deliver what I'm asking for." Stop and reframe that which you say to others. Let the integrity of all of this sink in. Think about what you're saying and reframe words into benevolent, compassionate things that you expect for yourself. Affirmations are the key and we have said this before: Make your own affirmations and say them out loud. Let your body hear who you are, as if you are placing an order in a restaurant.

When? When will it happen? Not soon enough. There is learning and recalibration here. Doesn't that make sense? You've only just arrived into this energy. There's going to be learning and there will be some who will pass over and come back and continue, but as I have said before, when you come back, you'll be aware of what's happened. You won't make the mistakes that you made before and you'll continue who you are. There'll be a sense delivered from your Akash and you will remember what you're here for. It could indeed be a while before you start to see these things manifesting on your news, yet many of you are starting to see them now in your personal life. You start small and get big. It's a great message of what really is happening on the planet. Make no mistake. You don't have to be of a certain belief for any of this to happen. Major religions on the planet teach compassion. Watch for this, for they will start to morph as well and what they will do is they will start seeing one another differently. Watch for this. There will be forgiveness - watch for this. There will be a realization that they are all on the same track with the same creator - watch for this. The process will be intrinsic. That's who you are, old soul. Let the change begin. And so it is. KRYON

HORIZONS MAGAZINE
575 Escarole Street S.E.
Palm Bay, FL 32909-4802



As hopeless as any situation feels,
it's really only your thoughts that
you're dealing with. And you
have the power to change those.
Louise Hay

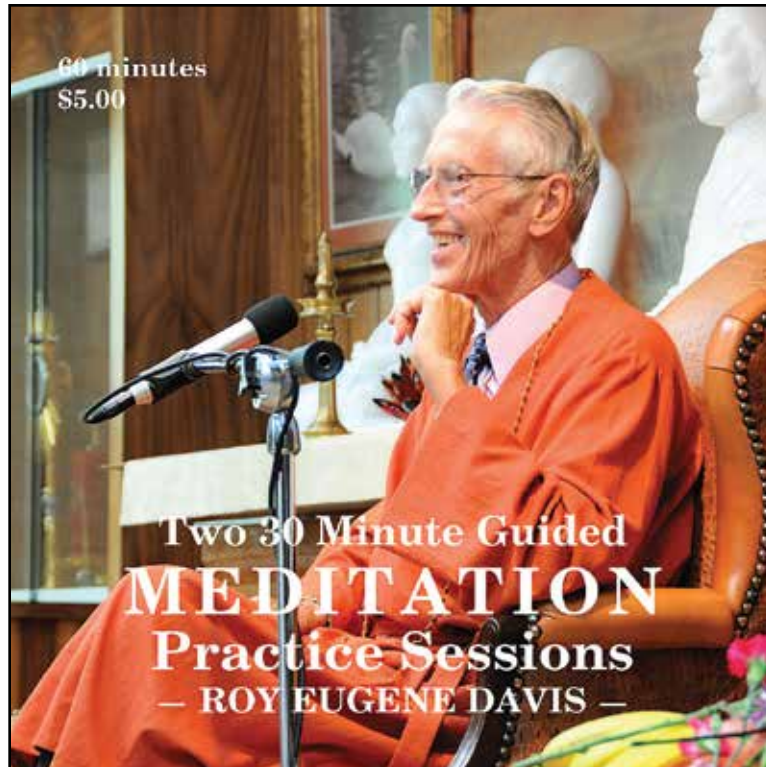
When we think that the
world has unlimited
resources, our world
becomes unlimited.
Ma Yoga Shakti

FREE

**Meditate Easily,
Naturally, and
Effectively With
this FREE Audio
CD Recording**

**Two 30 Minute
Guided Practice
Sessions**

Benefits of regular
meditation are stress
reduction, improved
concentration,
strengthening of the
body's immune system,
slowing of biological
aging, and satisfying
spiritual growth.



Sessions begin with routines to calm the mind and focus attention.
Use the short periods of silence to contemplate your pure essence.

Request your free copy by mail, e-mail, or telephone.
Pay only for packing and postage. In the U.S. \$3.00

Center for Spiritual Awareness
P. O. Box 7 Lakemont, Georgia 30552-0001
e-mail info@csa-davis.org
706-782-4723 weekdays 8 a.m. – 3 p.m. East Coast Time

Free on our Internet web site: csa-davis.org
Truth Journal, articles & books in several languages; video and audio talks; online
ordering of books, DVDs and CDs; meditation seminar and retreat schedules.

**Roy Eugene Davis has been teaching spiritual growth processes for more than
60 years in North and South America, Europe, West Africa, and India. He was
ordained by Paramahansa Yogananda in 1951. Read *Truth Journal*, hear Mr. Davis'
talks, and see meditation seminar and retreat schedules at www.csa-davis.org**