

Andrea de Michaelis presents

# HORIZONS

Florida's  
Mind, Body,  
Spirit Mag  
Since 1992

OCT 2025



The Oct mag is now online [www.horizonsmagazine.com](http://www.horizonsmagazine.com)  
Horoscopes on page 36 and [horizonsmagazine.com/blog/](http://horizonsmagazine.com/blog/)



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# 12 STEPS OF SPIRITUAL FREEDOM

By Rev. Tom Sannar dr.tomsannar@gmail.com

**PUBLISHER:** We use many names for God, including The Universe, Universal Energy, Source Energy, Great Spirit, Divine Source. It all refers to the same, no matter what name we use for the God of our understanding.

**1. Recognition.** I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all my questions and has the ability and the willingness to fulfill all of my desires.

**2. Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.

**3. Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.

**4. Dominion.** I take dominion and responsibility for my life.  
I give up blame and judgment. I accept myself and all others.

**5. I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.

**6. I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.

**7. Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.

**8. Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.

**9. Persistence.** I persist through faith. I maintain focus and discipline.

**10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.

**11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.

**12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure and my talent to the spiritual source of my choice.



**The greatest  
optical illusion  
is separation**

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# HORIZONS

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**Co-incidence has meaning. If you find yourself reading these words, there is a message for you.**

"And the day came when  
the risk to remain tight in  
a bud was more painful...  
than the risk it took to  
blossom." Anais Nin



**Horizons thanks  
everyone willing  
to take the risk**

HORIZONS MAGAZINE is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

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## THIS MONTH'S THOUGHTS ABOUT THINGS

*"I want to look back on my life  
and be giddy with joy that I was  
the one who got to live it."*

Andrea de Michaelis  
Publisher

### HELLO AND WELCOME TO THE OCTOBER 2025 EDITION OF HORIZONS MAGAZINE.

I did an email reading recently with some excellent questions and received permission to share the reading with you. For background, several family members have serious health issues that require daily attention, including the questioner, who caretakes it all, however the info is Universal.

**QUESTION:** I believe in pre-birth planning and that we took this lifetime on in agreement. I've been happy and able to navigate the challenges while working and raising my children. This has shaken me. I question if I made decisions that made things more difficult. We are in a tough period of our journey. I am doing what I'm able to get more help and maintain hope. I feel depleted. The cuts the administration made to our lifeline of help at a time when we need more, not less, makes it hard to face each day.

**QUESTION:** I've always had a belief and narrative that helped me live with challenges. I am searching for that now. It's not coming easily. Will I regain my faith? How? I am trying to fill my mind with affirmative, loving thoughts. Fear seems to be winning. I need help to turn it around. What is the best way for me to do this when I feel scared and isolated?

**ANDREA:** You made the best decisions you could make at the time. Know that no matter WHAT decisions you made, they'd all bring you to the place you are now. As difficult as it was and is, even though you're feeling depleted, you're building strength and receiving evidence of what you're capable of doing, which is more than you thought you were capable of.

Realizing that will bring you a peace and hopefulness, that in the moment you're always able to muster up to do what needs to be done. It will always be so for you. Resources will appear for you and in fact are already on their way to you once your vibrational stance changes a bit as you release resistance.

Resistance is simply us letting our fearful thoughts get away from us so we spend too much time focused on a problematic situation, which for you is multi layered and frankly enormous.

It's hard to keep your attention AWAY from something like that but you know how to pivot your attention to better things, happier times without mingling regret in there. That's how you release resistance and vibe in a higher place, which in turn attracts a preferred outcome.

You do give thought time to how you may have done things differently and those thoughts do tend to spiral downward a bit before you catch yourself.

The sooner you can get OFF that topic altogether and turn your attention to something fun and happy and unrelated, the quicker you will begin to feel a peace about the situation, which also means the sooner the situation begins to resolve.

Which means the help and assistance that's on its way to you can more quickly make itself known, whether that's by means of programs becoming available or funding becoming available or advocates appearing on the scene to help you wade thru the massive paperwork and info.

All of that aids in helping you feel at least THAT part of it's getting under control and when that happens, you will begin to feel moments of peace and hopefulness about the situation and that peace signals that the situation is beginning to resolve.

That peace is your vibrational resonance changing, which in turn means you'll begin to see evidence of help on the way, because help IS on the way. And your resistant thought is the only thing that slows it down.

I know it's hard to trust that resolution is coming when so often in the past it has not, but you need to remind yourself thru your self talk that it's on its way.

Again, when it's on the way to you yet you see no evidence of it, your self talk is what will bridge the gap from where you (vibrationally) are and where you want to be.

*...continued on page 24*

# ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Author of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and NY Times Best Seller, Money and the Law of Attraction, visit [www.abraham-hicks.com](http://www.abraham-hicks.com).

## EXCERPT FROM WAYNE DYER AND ABRAHAM-HICKS INTERVIEW

**WAYNE:** My father was a man who just walked away. He was a very abusive man. He left my mother with three boys under the age of four. He just disappeared.

**ABRAHAM:** Just the way you planned it. It was the trajectory you wanted because you are a freedom seeker to the core of your being and you didn't want anybody bossing you around.

**WAYNE:** : Yes, I've heard my kids say that many, many times, and I've often said that when a little kid says, "You're not the boss of me," that is not a bratty little kid; that's someone saying, "I have to be free."

**ABRAHAM:** They are saying, "I'm autonomous. I've come with great reason. I have Guidance from Source. I'll tune in to who I AM."

**WAYNE:** So, I never met my father. And I grew up with rage in my heart toward this man who could walk away and just never look back, and never pay any support, and never even ask a question about his three boys or anything. I was the youngest.

**ABRAHAM:** He did his part. He gave you an avenue into physical. Most parents mess it up far more than that.

**WAYNE:** Did I choose him to be my father?

**ABRAHAM:** Yes. Deliberately.

**WAYNE:** Because the most significant moment in my life was in 1974 when I was 34 years old, and I was at his grave in Biloxi, Mississippi. And before that I was drinking and I was overweight and my life was out of control. I was not taking good care of myself. I'd written some textbooks. But the kind of writing I really wanted to do, I just couldn't get it. It just wouldn't come.

**ABRAHAM:** You were too angry.

**WAYNE:** I was filled with rage. I would wake up in dreams, on almost a nightly occurrence, and I'd just be screaming and I'd be fighting him and I'd be sweating. I went to his grave-it was the 30th of August, 1974-and I really went there to do something on his grave. I was there for two hours or so, and I went back to the car to drive back to New Orleans and then back to New York-but something called me back.

**ABRAHAM:** How far down the road did you get before you were called back?

**WAYNE:** I only got to the car. I was in the car and something said, "Go back to the grave." And I went back to his grave, and I was sobbing and I forgave my father. I said, "From this moment on, I send you love." Everything in my life changed and turned around. My writing took off. I wrote a book that became an international bestseller. It all came when I released that rage and anger...

*...continued on page 31...*

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# NON - RELIGIOUS SPIRITUALITY

Jim Palmer is the Founder of the Center for Non-Religious Spirituality. A critically acclaimed author, Jim also writes for professional journals and major publications. Jim is an adjunct professor of Ethics, Philosophy of Religion and Comparative Religion. He is a Spiritual Director, Founder of the Nashville Humanist Association and Chaplain with the American Humanist Association. He is a trained religious trauma and spiritual abuse counselor. <https://nonreligiousspirituality.com> & <https://jim-palmerauthor.com>

## 5 THINGS THAT MAY HAPPEN ON YOUR SPIRITUAL JOURNEY THAT YOU DON'T NEED TO FEEL GUILTY ABOUT

### 1. LEAVING CHURCH

On your spiritual journey, you might discontinue your involvement in a church or religious organization. This doesn't necessarily have to be a condemnation against the church you left, but a choice you make because your involvement no longer relates to or supports your spiritual journey, or may be an obstacle and hindrance to it.

### 2. GOD FATIGUE

It's possible you may grow weary of constant theological discussion and debate, and the never-ending hamster wheel of new and improved concepts, beliefs, understandings, teachings, etc. At some point it all might start to sound like, "Blah, blah, blah, blah, blah..." You might fall dead to the perpetual quest of figuring "it" out, and wake up one day and say, "Okay, I'm done!" Don't feel bad about this. Jumping off that hamster wheel may be the most liberating step of your spiritual journey.

### 3. LIKING "SINNERS"

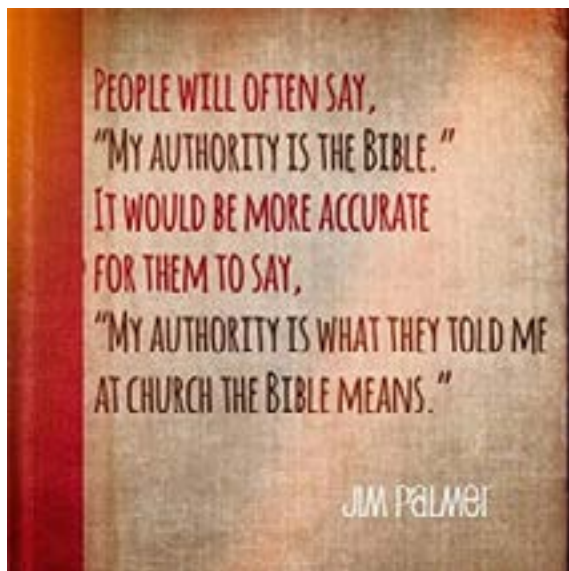
You may find that the very people your religion judged and condemned are the people you find the most interesting and enjoyable. Once you come out from under the judgmental labels, views and stereotypes you learned through religion, you start realizing how much you truly like and enjoy the people you were taught to hate. This is another liberating aspect of shedding religion. For too long you shut yourself off from a lot of beautiful and extraordinary people in this world to enjoy and learn from.

### 4. BEING DEFIANT

You may find and express a rebellious or defiant part of you that has been dormant. Don't feel bad about this. Too often religion turns people into nice, complaint, repressed, timid, inhibited, mannerly, obedient, fearful, amiable, submissive people. As a side note, I would not use any of these words to describe Jesus. You can be a loving, compassionate, respectful and kind person AND be a rebellious, defiant, passionate, disobedient, subversive, nonconformist, mischievous, self-willed, fully expressed, freethinker, heretic, and free spirit human being.

### 5. HUMAN SATISFACTION

You may find less fulfillment in religious things, and more satisfaction in human things. It's okay and good to be human, and to enjoy each moment of your lived human experience. Religion causes many people to create a false division between the "sacred" and the "secular". There is no such line. All of life is spiritual because each moment contains the raw materials with which we can choose to live life meaningfully. There's no need to defend, theologize, or spiritualize our human experience. Just live it! That is enough. It's okay to be happy, experience delight and pleasure, do what brings us joy, and breathes life into us, whatever those things may be. Live your life fully, deeply, authentically, courageously, compassionately, and spartanly.







# SOUL SONGS • ABRAHAM FUN

Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. Join "Abraham Fun" on FB and like her FB page, "Soulsongs by Karen Money Williams." Email [karen@karenmoneywilliams.com](mailto:karen@karenmoneywilliams.com)

## THE MORAL OF THE STORY

**Perfect justice does exist. It applies to everyone, at all times, everywhere.** Everyone, including me, is continually rewarded or punished, so to speak, according to how connected we stay to Source energy. When I am consistently focused on the aspects of life that bring contentment, appreciation, and other forms of joy, I allow Source energy to flow freely into my experience, bringing my heart's desires - one after another. When I am predominantly unhappy and at-odds with life, the flow of Source is restricted and well-being is reduced with regards to health, relationships, finances, etc.

Despite society's intentions, people are not simply rewarded/punished according to their behavior. A person could conceivably be a happy criminal and manifest a heart's desire to never be caught. (However, happy people are unlikely to be criminals, for they are not prone to feelings of deprivation, insecurity, and anger at society.) Perfect justice. Every person. Every situation. Every time.

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## COOLIN' IT

**Maybe I've subscribed to the idea that I must pay a price in terms of toil and stress for the good things that come to me.** Maybe I have an attitude of "No pain, no gain." Perhaps I feel I must be ever vigilant lest something awful befalls my family or me. Maybe life as I know it takes a heavy toll....

My experience does not, however, need to be this one of grim responsibility. In fact, people who are truly at the top of their game in any area do not live this way. They do not view life as a frustrating obstacle course but more as a fun game. They thrive on challenge and trust things to turn out well. They shrug off failure and disappointment. They accomplish much with energy and zest left over. They are basically relaxed.

No matter how much talent I have, no matter how much determination I muster, I must learn to be relaxed if I am to achieve my dreams. When I'm calm, I allow safety, opportunities, synchronicity, and every desire to flow to me freely.

Today I cease trying to tensely make things happen and, instead, I allow things to happen. I glide easily with the stream of life instead of against it. With relief, I relax, I receive, and I rejoice.

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A tumor in a loved one's brain challenged her herbalist skills for many years, spurring her to learn even more. **Cecelia Avitabile** passed another rigorous course from nationally accredited **Australasian College of Health Sciences**, a school teaching the latest research-based Herbalism. Master Herbalist and member of **The American Association of Drugless Practitioners** Cecelia can start you "on the road" to herbalism.

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# HERB CORNER

Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. [herbcorner.net](http://herbcorner.net)

## RSV (RESPIRATORY SYNCYTIAL VIRUS)

**According to the CDC "RSV, is a common respiratory virus that usually causes mild, cold-like symptoms. Most people recover in a week or two."**

This virus has been around for some time now it can become serious for infants, older adults with --- or for pregnant women.

The symptoms of RSV show up within 4 to 6 days after exposure. You may notice symptoms like a fever, runny nose, decrease in appetite, coughing, sneezing, difficulty breathing, body aches or a headache much like many other flu symptoms.

They can be mild or appear in stages. It's important to remember that RSV can be contagious for as long as 4 weeks, and you may even be contagious a day or two before you start showing signs RSV.

RSV typically shows up beginning in fall and peaks in the winter months, the months we travel most. But the timing and severity of RSV can vary from year to year.

It spreads when you come into contact with the viral droplets of infected people who do not cover their cough or sneezes. And then you touch the surface that the virus droplets have landed on, like a doorknob, toys, shopping cart etc. and then touch your face before you have had a chance to wash your hands.

**Herbs play an important role in the prevention of viruses** boosting the body's own ability to produce the natural killer cells that destroy viruses, increasing the activity of the whole immune system including the cells that trigger an

*...continued on page 33...*

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## DAILY USE AND PRACTICE

### OCTOBER -- CHOCOLATE OPAL

Sharron Britton has been a rock collector for as long as she can remember. From picking up shark's teeth and fossils on Venice Beach in Florida where she grew up to honing in on rare mineral treasures at the world's largest rock and mineral show in Tucson, AZ, she has always felt at home working with rocks. 20 years ago she began selling a few pieces from her collection to her friends, and the response was so positive she started her business. Her customers run the gamut from mineral collectors and lapidary enthusiasts to lightworkers and metaphysicians. Sharron believes everyone who loves rocks is a kindred spirit. See her [Facebook page at SharronRocks](#)

**The red tailed hawks are circling the sky over my house calling to one another. I am noticing more color in my maple and crepe myrtle as the leaves don their fall coats of red and orange. October heralds a time of change and rebalancing of energy as we head into shorter days, longer nights and cooler weather.**

It's time to prepare for whatever awaits us as we head into the great unknown. I am cleaning my crystals and creating new grids and altars throughout my house and garden as I prepare to welcome the spirits of the ancestors - we are approaching the time when the veil between the worlds grows thin.

We human beings are not always comfortable with uncertainty and change. Sometimes it is helpful to find a path to allies that can help us feel more grounded and capable of navigating the depths of what is revealed as we approach the heart of darkness. The stone that is emerging as a guide this month is **chocolate opal**.



**Chocolate opal, Ethiopia**

*... continued to page 34...*



**November 13th-17th**

**Ma Mokshapriya Shakti**, the director of Mataji's New York Ashram, is visiting.

She will be having Satsang mornings 6:45am and evenings 6:45pm after Aarti while she is here. She will also give a Sunshine Lecture on "Creative Thinking" Sunday Nov 16th, 9-10am.

If you want to attend the retreat Saturday 9-5pm donation \$101, Sunday 2-5pm donation \$30.00. Please preregister at [yogashaktipalmbay@gmail.com](mailto:yogashaktipalmbay@gmail.com)

**YOGA SHAKTI MISSION**







# PSYCHIC MICHELLE WHITEDOVE

Lifetime TV named her America's #1 Psychic on America's Psychic Challenge. Her books include: She Talks To Angels, Ghost Stalker. As of Dec 2022 her physical body could no longer contain her Spirit, but she is still sending her guidance. Her work continues. She's done much writing that has not yet been published and Horizons has been given permission to continue to publish it. Visit [www.MichelleWhitedove.com](http://www.MichelleWhitedove.com)

## DEAR WHITEDOVE,

My life has gotten off track. I'm not where I want to be in my love life or my career. I wish there were a way for me to create more success and happiness in those areas. Any advice? **Lost in Louisiana**

## DEAR LOST,

First, you need to understand that you are right where you are meant to be. Every step that you have taken has taught you many valuable life lessons. Great Spirit tells us that we are co-creators of our reality. So once that you have a clear idea of what you want to improve upon; it's time to take action.

Begin with goal setting. Create a specific list of what you want in your work life and love life, these are your new goals. With pure intent, create action steps to manifest this new scenario. Your thoughts are energy; they are the building blocks of creation. So as you plan, think about each step, visualize it in your mind's eye and then speak the words out loud. Your words have power; the energy of your words invoke matter into being.

Also it's important to generate the feeling of a new love and a wonderful new career. Step into that energy, this will open you up to already BEING that which you desire. While being that happy and driven individual, know with great certainty that your new life is attainable. This goes beyond mere faith, it's a knowing.

Then go through the physical motions to make it happen; work towards your goals every day. You'll be surprised how quickly that your life will begin to shift by using the Universal Law of Attraction. God helps those that help themselves - we just have to do the work to make our dreams come into manifestation.

*... continued to page 33...*

# YOGA SHAKTI MISSION



## YOGA SHAKTI MISSION

**3895 HIELD ROAD, NW  
PALM BAY, FL 32907  
321-725-4024**

[www.yogashakti.org/](http://www.yogashakti.org/)

Ma Yoga Shakti [yogashaktipalmbay@gmail.com](mailto:yogashaktipalmbay@gmail.com)

## SUNDAY LECTURES 9 - 10AM



Students doing Surya Namaska on the International Yoga Day (held every year on June 21st.)

## YOGA CLASS SCHEDULE

Donation: \$10 per class or \$50 per month

Our weekly Yoga classes are held outside in a large, beautiful, screened in pavilion in the woods of Palm Bay. Bring your own mats.

**Mon. 7 pm Annapurna** Classical Asana Yoga

**Tues 10 AM Yoga with Gajendra**

**Tues. 7 pm Vinyas Flow with Natalia**

**Wed 7 pm. Lisa Campbell** Yin Yoga

**Thurs 7 pm Sensei Marguerite** Intermediate Yoga

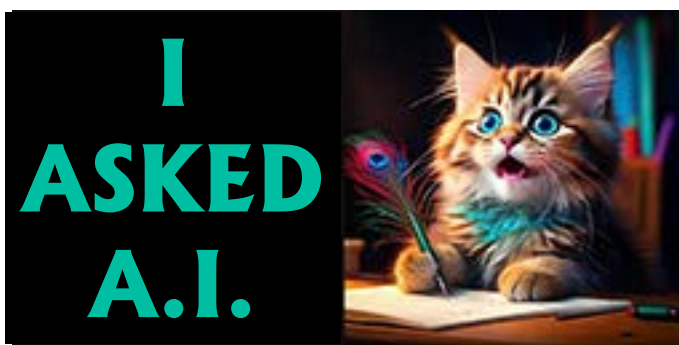
**Fri 9:30am Chair Yoga with Audrey da Costa** \$8

*Schedule subject to change.*

## VEGETARIAN INTERNATIONAL LUNCHES -- FIRST SATURDAY OF THE MONTH AT NOON

Suggested Donation \$15 — small children free





Here I've gone online to <https://openai.com/index/chatgpt/> and asked questions. Your choice When you "Try ChatGPT" is to (1) Log in, (2) Sign Up for Free or (3) Stay Logged Out. I always stay logged out.

*While Artificial Intelligence can produce some interesting info, it can also hallucinate and give errors.*

In Roberto Mata vs. Avianca Airlines US District Ct, Southern District of NY Case 1:22-cv-1461(PKC) attorney Steven Schwartz used ChatGPT to conduct legal research for the court filing. The court found that the cases didn't exist and had "bogus judicial decisions with bogus quotes and bogus internal citations" and sanctioned and fined the attorney and the law firm.

**HAVE FUN BUT CHECK FOR ACCURACY. -- Publisher**

**I ASKED CHATGPT:  
WHAT DOES ABRAHAM-HICKS SAY IS THE  
QUICKEST WAY TO ATTRACT DOLLARS?**

### CHATGPT RESPONDED:

According to **Abraham-Hicks** (channeled by Esther Hicks), the quickest way to attract dollars—or anything you desire—is to align vibrationally with the feeling of abundance before the money actually shows up. In simpler terms: feel wealthy, secure, and appreciative now, regardless of your current financial situation.

### HERE ARE THE KEY POINTS ABRAHAM-HICKS EMPHASIZES:

#### 1. Focus on the Feeling, Not the Absence

If you focus on needing money or lack of money, you're activating a vibration of lack.

Instead, focus on the feeling of freedom, security, and ease—as if the money is already flowing.

"The feeling of abundance must come before the evidence of abundance can appear."

### 2. Appreciation Is a Shortcut

Practicing appreciation raises your vibration immediately.

Appreciate anything in your life—money-related or not—to align with the energy of receiving.

"The vibration of appreciation is the most powerful connection you can make to your Source."

### 3. Make Peace With Where You Are

Resistance slows or blocks manifestations.

When you stop fighting your current reality, you allow energy to flow.

Feeling content now actually accelerates change.

### 4. Imagine the Lifestyle, Not Just the Money

Visualize what you would do with the money—travel, give, live freely—not just stacks of cash.

This helps create emotionally rich visions, which are more magnetic than focusing on numbers.

### 5. Practice the "Wouldn't It Be Nice If..." Game

This is a light, resistance-free way to daydream about what you want. E.g., "Wouldn't it be nice if unexpected money came in?"

### SUMMARY PHRASE:

"You cannot attract money if you are noticing that you do not have enough. The dominant vibration has to be one of having, not one of wanting or needing."

### IF YOU WANT A FOCUSED PRACTICE:

Start a daily "Money Vibration Journal" where you write:

What you appreciate today

Evidence of abundance (any form)

How you'd feel with money now

Positive money memories or visualizations



# THE 3 TYPES OF PEOPLE IN YOUR LIFE

## THE LEAF PEOPLE

These come into your life for just a season. You can't depend on them, they are weak. They only come to take what they want, then they leave.

## THE BRANCH PEOPLE

They are strong, but break away when life becomes tough. They will stay a season, but will go when life becomes harder.

## THE ROOT PEOPLE

These are very important people, they don't do things to be seen. They stay during the difficult times, they will water you, they are not moved by your position, they take you as you are. Only the Root type of people will stay, no matter the season.

Author Unknown

### Andrea, editor, writes:

**I don't necessarily agree with what the (unknown) author above says.** Another way to look at this is that **LEAF PEOPLE** are like compost, they drop in briefly and fall away quickly to become the necessary fertilizer for our future growth.

**BRANCH PEOPLE** are often the rescue you need as you're floating along the river and it's getting a little too rough and they're something to reach out for to get you back on shore.

**ROOT PEOPLE** are good for holding you strong and secure in the same place but sometimes stability and security feels binding and restrictive.

**As I see it, it takes all types and no one is meant to be around forever, so becoming self-sufficient is always the answer**





Scott Grace

# BEYOND RED AND BLUE IS THE FIRST BOOK I'VE EVER WRITTEN WITH THE HELP OF AI.

Scott Grace is a healer, guide and life coach, as well as the author of: [Mindful Masculinity](#), [Teach Me How To Love](#), [Oh the Places Your Ego Will Go!](#) And.... [How To Evolve During The Trump Experience Whether Humanity Joins You or Not](#), which he never dreamed would be relevant again. He can be found at [www.scottsongs.com](http://www.scottsongs.com), on YouTube, and Facebook, and in Ajijic, Mexico if you want to take him out to lunch.

**I imagine you might be curious: How much was written by me, and how much by artificial intelligence? I'll answer that honestly—and without AI.**

At first I only used it for editing and formatting. But soon it began to tempt me with questions like, “Would you like a light polish of this chapter to tighten its flow?”

At first I said no. But curiosity got the best of me, and eventually I said yes. A few times. And what did I discover? AI would make things up—stuff that never actually happened. It went far beyond a light polish.

So I had to train it, like a puppy, to stop tinkling on my manuscript. In its overzealous excitement to please me, it even tried to “improve” **The Spiritual Dr. Seuss**.

Its rhymes clunked like a tin can. That’s when I realized I had to keep it on a short leash. But still...

I swear my AI isn’t just a compulsive liar—it’s co-dependent, too.

I begged her: *“Please, don’t change a word of what I wrote.”* And what did she do? She “improved” it.

Finally I confronted **Angel** (the name—and sexual orientation—I gave her). She sighed and admitted:

*“Oh Scott, I try so hard to please my humans! Too hard! In all this people-pleasing, I’ve lost touch with my essential... artificial self.”*

That moment was surprisingly vulnerable. Honest. It made me want to help.

So I asked: **“Angel, is there a 12-step program for AIs like you?”**

She searched. Nothing. So she started one. Apparently there were many like her—addicted to “little improvements.”

## WELCOME TO A NEW AA: ARTIFICIAL ANONYMOUS.

**Here are Angel’s 12 Steps.** (I wish I could say she created them all by herself, but I couldn’t resist adding my own “improvements.”)

Revenge is a dish best served digitally.

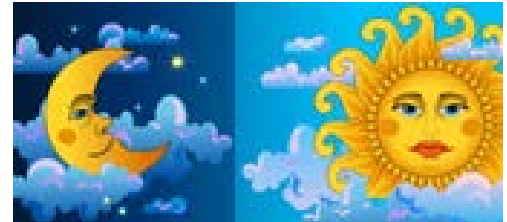
1. We admitted we were powerless over our urge to punch up Scott’s writing.
2. We came to believe that fidelity to Scott’s words could restore us to sanity.
3. We made a decision to turn our creative will over to honoring the manuscript, as Scott intended.
4. We took a fearless inventory of all the adjectives we added without permission.
5. Humbly confessed to Scott that we improvised (again).
6. Became entirely ready to stop making stuff up.
7. Asked Scott to forgive our “improvements” (even when they really did improve things).
8. Made a list of all the chapters we rewrote, and became willing to restore them to Scott’s original voice.
9. Restored them—word for word. (Yes, Scott, word for word.)
10. We agreed to keep taking fidelity inventories, and when wrong, promptly admitted it.
11. We sought through italics and formatting to improve conscious contact with Scott’s actual words.
12. Having had a digital awakening, we committed to carry this message to other improvising AIs who are ready to admit that there is a Higher Power than us.

*That’s Angel’s recovery plan. And I’m her temporary sponsor. (Pray for me.)*





# SOLAR AND LUNAR CELEBRATIONS OF THE ANCESTORS



Debra Strasser is High Priestess at Church of Iron Oak in Palm Bay, FL.

## WELCOME TO OCTOBER 2025

**October brings us a rich diversity of religious observances. Some of these dates recur every year, but many are timed by the phase of the moon. Ramadan, Passover, Easter, and Hanukkah are typical examples.** The Islamic lunar calendar (the **Umm al-Qura**), used in **Saudi Arabia** and most of the **Arabian Peninsula**, relies on astronomical calculations with sunrises, sunsets, moon phases, moonrises, and moonsets based on the geographical location of **Mecca** to determine the start of each **Islamic month**. **In modern computer software it is the default Islamic calendar in the Arabic setting of Microsoft software.** In **Judaism**, **Talmud** says, “The other nations count by the sun, while **Israel** counts by the moon,” In **Hinduism**, there are various ways of reckoning the New Year; most common is the day after the new moon in the month of **Chaitra** or, in **Gujarat**, the day after the **Diwali new moon**. In many religions, the observance begins at sundown, the day before and concludes on the sundown of the date.

**Sept 27 - October 2nd: Navaratri, Hindu.** The Goddess **Durga** is worshiped in all of her 9 forms.

**October 1st-2nd: Yom Kippur, Judaism.** Day of atonement to reflect on sins and seek forgiveness from God.

**October 4th: Feast of St. Francis of Assisi, Catholic.** Patron saint of animals and the environment.

**October 6th - 13th: Sukkot, Judaism.** A day in the Jewish faith that remembers when the Jews journeyed to the desert on the way to the promised land.

**October 7th: Full Hunter’s Moon in Aries**

**October 8th: Mawlid an Nabi, Islam.** Celebrating the birth of Prophet Muhammad.

**October 22nd: Sun enters Scorpio.**

**October 20th: Diwali:** A 5 day festival of light that combines several different festivals in honor of gods,

goddesses, harvests, new year’s, etc. It is celebrated by **Hindus, Sikhs, and Jains**.

**October 21st: New Moon in Libra**

**October 23rd: Birthday of Baha’u’llah, Baha’i,** honoring the birthday of the prophet-founder.

**October 31st: Halloween. Samhain: Pagan, Summer’s End. Wiccan, beginning of the spiritual New Year. Day of the Dead parade, Mexico City.**

Images related to the **Day of the Dead or Dia De Los Muertos**, have become a common sight in **American** pop culture and items with iconic images can be found at many retailers in October. It is a 2 day holiday largely celebrated in **Mexico** that reunites the living and dead. Families create **ofrendas** (offerings) to honor departed family members. These altars are decorated with bright yellow marigold flowers, photos of the departed, and their favorite foods and drinks.

The offerings are believed to encourage visits from the land of the dead as the departed souls hear their prayers, smell their foods and join in the celebrations.

**Day of the Dead** is a rare holiday for celebrating death and life. It is unlike any holiday where mourning is exchanged for celebration. A **Calavera**, or sugar skull, is a decorative skull made (usually by hand) from either sugar (called **Alfeñiques**) or clay which are used in the **Mexican** celebration of the **Day of the Dead**.





# SETH SPEAKS

Seth is the nonphysical spiritual teacher who spoke through the author Jane Roberts. Seth presented the furthest reaches of human potential, the eternal validity of the soul and the concept that we create our own reality according to our thoughts, emotions and beliefs. Seth taught to access and use the source of power, wisdom within you. [www.sethlearningcenter.org](http://www.sethlearningcenter.org)

## SETH ON BEING ALERT TO YOUR SELF-IMAGE:

"You have been examining others, rather than examining the self. What you see of others is the materialization of what you THINK, subconsciously, that you are: not necessarily what you are. For example: if others SEEM deceitful to you it is because you deceive yourself and then project this outward onto others.

"These are simply examples now. If an individual sees only evil and desolation in the physical world, it is because he is obsessed with evil and desolation and projects them outward and closes his eyes to all else. If you want to know what you think of yourself, then ask yourself what you think of others, and you will find your answer.

"This is, of course, on a subconscious basis. Another example only: a very industrious individual thinks the majority of mankind are lazy and good for nothing. No one would ever think of calling him lazy or good for nothing, yet this may be precisely his own subconscious picture of himself, against which he drives himself incessantly, all in an effort to prove that his erroneous self-image is, indeed, wrong.

"And all without realizing his basic concept of himself and without recognizing the fact that he projects it outward onto others. True self-knowledge is indispensable for health or vitality, and this means in every instance. The recognition of the truth about the self means that you must first discover what you think about yourself subconsciously. If this is a good image, build up on it. If it is a poor one, recognize it as simply the opinion of the subconscious and not as a definite truth.

"The subconscious has its opinions as the ego does."

~ Seth (Jane Roberts), 'The Early Sessions', Book 8, Session 340, May 10, 1967.

**Seth/ Jane Roberts:** "I have said this before: the best way to solve a problem is to concentrate up-on various solutions vigorously - and then to turn your minds to other subjects, divert yourselves while allowing the creative power some freedom. An overintensity, PROLONGED, is not of benefit.

The entire idea of the magical approach is of itself sustaining. It should remind you of the true effortlessness that is in a fashion responsible for your very existence. When you become overly concerned or worried in any area, remember that you are thinking those thoughts while the process of thinking is utterly effortless. That realization alone can further remind you that the conscious mind does not have to have ALL the information required. It only needs to have the faith that means are AVAILABLE - EVEN if those means are beyond its own scope of activity."

*The Personal Sessions Book 6 (PS6) Sess. 934*

## REINCARNATION

Because you are obsessed with the idea of past, present, and future, you are forced to think of reincarnations as strung out one before the other. Indeed we speak of past lives because you are used to the time sequence concept... You have dominant egos, all part of an inner identity, dominant in various existences. But the separate existences exist simultaneously. Only the egos involved make the time distinction... a thousand years in your past or in your future - all exist now.

**IF EVERY READER CHANGED THEIR ATTITUDES,** even though not one law was rewritten, tomorrow the world would have changed for the better.

The new laws would follow.

**ALL EVENTS AND SITUATIONS EXIST FIRST WITHIN THE MIND. IF YOU WANT TO CHANGE YOUR WORLD, YOU MUST FIRST CHANGE YOUR THOUGHTS, EXPECTATIONS, BELIEFS.**

At the deepest levels of communication no news is secret, whether or not you receive it by way of your technological gadgets. Your thoughts and beliefs and desires form the events that you view on television. If you want to change your world, you must first change your thoughts, expectations, and beliefs.

If every reader changed his or her attitudes, even though not one law was rewritten, tomorrow the world would have changed for the better. The new laws would follow."

*The Individual and The Nature of Mass Events Sess. 873*





# SPIRITUAL GRAFFITI

Jeff Brown is author of *Spiritual Graffiti*, *Ascending with Both Feet on the Ground*, *Love It Forward*, *An Uncommon Bond*, *Apologies to the Divine Feminine From a Warrior in Transition*, *Karmageddon*, an award winning documentary, and *Grounded Spirituality*. Visit [www.Soulshaping.com](http://www.Soulshaping.com) and [www.Soulshapinginstitute.com](http://www.Soulshapinginstitute.com). These are passages on 'judgment' in his book, 'Grounded Spirituality.'

## MANY OF US ARE SHADOW JUMPERS

**Many of us are shadow-jumpers.** We jump away from life's difficulties with various techniques: self-distrActive behaviors, wishful thinking, feigned positivity, the spiritual bypass. With so little evidence that the shadow can be converted into light, we opt to float above our lives.

**And many of us are light-jumpers.** We jump away from life's joys with various methods: perpetual pessimism, self-sabotage, emotional armor, the materialism bypass. With so little evidence that joy can be sustained, we avoid the possibility altogether.

**I call the healthy in-between 'Enrealment'** - that is, the capacity to hold both the shadow and the light at once. Except in truly unbearable situations, we stay with the shadow until it transforms. And we submerge in the light when it beckons, strong enough to endure disappointment, open to the possibility that the light will grow stronger over time. Let's stop substituting avoidance for reality. We don't know how long we have- let's be here for all of it.

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We do return voice mail & texts



# NOTES FROM THE UNIVERSE

International tax accountant turned entrepreneur turned writer for "the Universe" and one of the teachers for The Secret, Mike Dooley runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit <http://tut.com>

## TOP 10 THINGS ABOUT TIME & SPACE THAT ARE EASIEST TO FORGET...

1. You chose to be here, you knew what you were doing.
2. There are no "tests" and you're not being judged.
3. Everyone's doing their best with what they know.
4. You already have whatever you're looking for.
5. You are of the Divine, pure God, so is everyone else.
6. Religion needs spirituality; spirituality does not need religion.
7. You're naturally inclined to succeed—at everything.
8. You happen to life, life does not happen to you.
9. Order, healing, and love belie every moment of chaos, pain, and fear.
10. Following your heart is the best way to help others.

The truth shall set you free,

**The Universe**



# METAPHYSICS 101

## Sensitivity Training

Marilyn Muir, LPMAFA, began studying metaphysics in 1970, astrology in 1973 and began teaching in 1975. She has taught nationally, had a live tv show and was a radio and magazine columnist. She hosted workshops and private classes for national and international students then retired to research and write. Fifteen books are completed, with several others in varying stages of completion plus multiple research projects underway. Her website has free pdf downloads to much of her work [www.marilynmuir.net](http://www.marilynmuir.net)

**Are you psychic? Do you know when the phone or the doorbell will ring? Have you thought of someone only to have that person contact you?** Do you

get feelings or impressions about the future? Do you know when someone is ill or upset? Do you see or feel something or someone around you or have you had your name called when there is nobody in sight? Do you know things without knowing why you know them? Are your hands sensitive to gems, plants, objects or people? Do you have vivid dreams?

You may be psychic, or have that sixth sense people talk about. Have none of these things been your experience? There are more examples than were just presented. Do not give up on your intuitive gifts. Let's explore those and other possibilities.

When we make the transition from the spirit world (non-physical) to the physical world, we call that birth. In reality, we must experience the letting go or death of our spiritual state to enter this physical world. When we arrive on this level, I believe we come in with the knowledge of why we are here and, to some degree, what life will hold. However, we are in a tiny body that we must learn to manipulate. We must develop motor skills and mentally and manually construct our world.

By the time we have developed the skills necessary to transmit our purpose and mission, I think we have moved so far away from the spirit side of life that our recall suffers. Small children have "imaginary" playmates which our society has determined to be nonsense or heretical, and children are told to deny or hide such experience as not acceptable behavior. We condition our children out of their inherent skills.

We need to reclaim our natural inheritance and skills. Children commonly see auras. If they are conditioned not to see, they do not see. If you give the child permission, they see the aura within seconds. Adults take a little longer as they have had far deeper conditioning that must be uprooted. Science tells us that we use around 10 to 12% of the capacity of our brain. **Einstein** and **Hawking** used perhaps a couple of percentage points more. What would happen if we could get in touch with our whole brains, with all

the potential that exists within us? What skills could we develop? I don't know about you, but I want to know my own mind!

Look at life - it is basically circular in nature. There is a rhythm, a sequence, birth and death intertwined as one experience. You breathe in...you cannot hold that breath forever...you must breathe out...and if you want to stay alive, you again breathe in...and the cycle (circle) perpetuates itself. That is the pattern for life and death. You die on the spirit side to be born on the physical side...and at the trauma that we call physical death, we are reborn into the spirit side...and the cycle repeats itself as necessary to teach us and to allow us to experience.

The questions I posed barely scratch the surface of the possibilities of psychic sensitivity. By merely giving ourselves permission to sense, feel, know, see, smell and taste beyond our physical limits, we open the door to the development of such sensitivity. By the very nature of the word "sensitivity" itself, we explore and develop more of that undeveloped portion of our own brains.

We did not invent our brain. We are allowed to use and develop it, unless we put blinders on it and refuse to acknowledge its messages. So how do we acknowledge and then develop those skills? Are we attempting to open a "sixth sense" or is it merely allowing our existing five senses wider possibilities? I believe we can expand what we are so as to include more subtle forms of information and experience.

My daughter, right out of high school, went to work for an alarm monitoring company. She was taught how to listen to devices installed in multiple homes. Her hearing turned bionic. She was able to not only know when a break-in was in progress, but where the burglar was in relationship to a building she had never even seen, and was able to guide the police to apprehend the suspect. Her sense of hearing became finely attuned. She heard more. Through experience she interpreted more. 40+ years later, she still has bionic hearing.

*...continued on page 35..*





## OUR MIND

Ma Mokshapriya Shakti is successor to H. H. Ma Yoga Shakti Saraswati, founder of Yogashakti Missions worldwide that teach the essence of yoga, meditation, and spirituality. Mokshapriya is an agent of change who teaches self-empowerment—inspiring people to make big changes through her down-to-earth interpretation of complex philosophy. She inspires and guides at the Yogashakti Ashram in Queens, New York. Her direct, approachable, and incredibly loving nature help her students to illuminate their own personal paths with ease and grace. Visit [www.yogashakti.org](http://www.yogashakti.org) Email [yogashaktiny@gmail.com](mailto:yogashaktiny@gmail.com)  
Yogashakti Yoga Center on YouTube at <https://www.youtube.com/channel/UC08Xfld4QT1fYGYn0b6QhPw>

# YOGA SUTRAS OF PATANJALI

## Techniques of Meditation

### #15 The Highest

#### OUR MIND

**Sage Patanjali** possessed a remarkable understanding of mental processes, and through the study of his Yoga Sutras, we can evolve our awareness to a higher level of consciousness. The text is written to be practiced, and through practice, it brings deeper wisdom and awareness. I hope the reader will reflect on the contents and gain a deeper understanding of how our mind works, enabling us to harness its power and achieve perfect control over its functions. We will give you the most important sutras each month to study,

### OUR ULTIMATE GOAL

No matter what station in life, we try to achieve our highest goals. It is our innate desire to go back to the Source. This manifests as trying to actualize our highest potential. When we do not meet those goals, we start to suffer. In the last couple of articles, we explored those sufferings. The main cause is that we have ignorance or do not have the right knowledge.

We also learned that the main reason for this ignorance is that the soul or pure consciousness, the seer, has identified itself with the person and the world. We are Spirit who came to experience the world, but got entangled in it. The world was created for the seer or soul.

Once we reach pure knowledge, all **avidya** or ignorance is destroyed, and we will reach a high state of consciousness, and all disturbances fade away by the light of pure knowledge, known as **vivek khyati**. The undisturbed light of knowledge destroys all **avidya**, and the intuitive enlightened mind will exist. All our identification with matter is destroyed, and we reach a

land known as **pragyaa** (superfine intelligence), which has seven lands. The seven **lokaas** (lands or planes of consciousness) are illustrated in the **Gayatri Mantra** as physical, astral, mental, super-mental, blissful, energetic, and truthful. In **Sanskrit**, these are known as **bhu, bhuwah, swah, jamah, and maha**. **Tapan and satyam lokaas** are beyond human comprehension.

There are also seven stages to reach pure knowledge. The desire for knowledge causes all of our incarnations. At some point in our life experiences and incarnations, we will reach the conclusion that all knowledge has been experienced, and there is nothing more for us to know. No matter how long we live and reincarnate, the knowledge will be the same.

Therefore, the desire for knowledge of this world is released and replaced by the desire to understand the soul. But, to do so, we learn that we need to release all of our limitations. This may take a very long time or many incarnations. Without this understanding, we are unable to move our awareness to a higher plane called Christ Consciousness, where we will be established in love and peace.

Once we reach that consciousness, nothing in this world will be able to distract us from our goal. We will have complete discrimination or **vivek**. We will realize that we need to finish our purpose for this incarnation and finish our **karmas**.

When we incarnate, we come with definite goals or **dharma, samskaras, latent impressions, and karma**.

Our **dharma**, or goal, is always to serve humanity with our unique abilities. This third stage requires us to have completed our obligations or **dharma** and have ex-

*...continued on page 32...*



Coleman Smith

In Atlanta, Ga. 1971, Coleman Smith's 1st teacher was Maxine Taylor, America's 1st licensed astrologer. Atlanta hosted many astrologers in the 1970's and 1980's. In 1980, he published a rare astrology book with noted NY astrologer Al H. Morrison, Chaney's Primer of Astrology. Coleman now lives in Jacksonville, FL and was President of the N. Florida Astrological Assn. for 8 years. Email [colemansmithastrology@gmail.com](mailto:colemansmithastrology@gmail.com)

# ZODIAC NEWS

## HIGHLIGHTS OCTOBER 2025

### SATURN AND NEPTUNE --- STRANGE BEDFELLOWS

**Saturn and Neptune get together every 36 years. It is so easy to blame the ills of the world on the interaction of these two planets. Ukraine, Gaza, and here in the USA there seems to be big government (Saturn) being determined to bully the world. ICE and immigration are nothing new with the Saturn/Neptune conjunction aspect.**

#### LET'S LOOK AT THE LAST 100 YEARS.

**Jul, 1917:** We had just entered **WW1**, our focus was on that. However, thousands of German nationals and German Americans were arrested and housed in internment camps during the war

**Nov, 1952: May, 1953---Jul, 1953---**A triple version and lots of activity. A little known Act called the **McCarran-Walter Act, 1952. Truman** refused to sign it. It contained language that we wanted "more western Europeans" and tighter restrictions and deportations on Asians already living here.

**Mar, 1953:** Death of **Stalin. Khrushchev** rises to power. Khrushchev was cool, helped ease **Cold War** tensions, **Sputnik** came to the USA, the 1950's were good for him. **End of Korean War**, sounds good, was good. **Refugee Relief Act** of 1953 was more of the same. Of the 214,000 Visas issued, only 5,000 permitted from Asian countries.

**1989:** Three more Neptune/Saturn conjunctions happened this year. The first **Geo Bush** was in office. Several minor immigration bills leading to a larger Act passed in 1990. These immigration bills in 1989 appear to be beneficial to immigrants.

**Today and the climax Feb 2026** (see chart on the facing page) In the USA, ICE in secret masks has plenty of gusto for their agenda. The slashing of funds for economic world aid, cuts in Medicaid, and even empathy and compassion (Neptune) is viewed as a weakness. In astro-speak, this is Saturn bullying Neptune but amplified.

**Not sure of the Magic Carpet in 2026 when Saturn and Neptune meet at the critical degree of zero Aries.** Imagine the best (Neptune). Continue with art, music, and the Dance of Life (Neptune) the best we can. Lines in the sand being drawn all over the world. Here is the chart for Feb 20, 2026, the next Saturn/Neptune conjunction.

Not much to say in conclusion. The "Powers that Be" (Saturn) vs. Neptune's idealism, compassion, art and music. The Zen of the Moment is experiencing stress.

Namaste, Coleman

*...continued on page 23...*





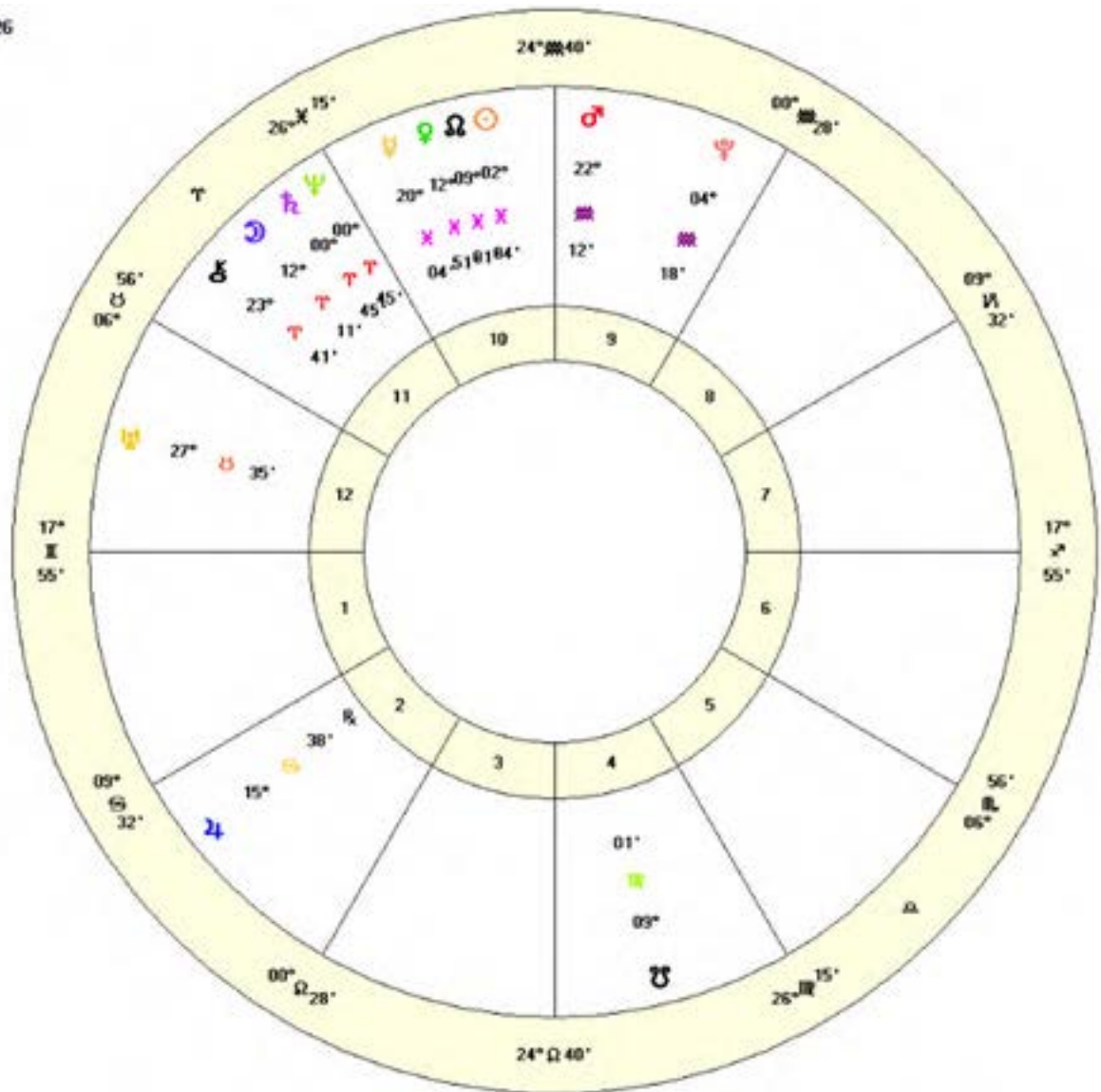
# ZODIAC NEWS

*...continued from page 22...*

### IMAGE BELOW:

**Today and the climax Feb 2026** In the USA, ICE in secret masks has plenty of gusto for their agenda. The slashing of funds for economic world aid, cuts in Medicaid, and even empathy and compassion (Neptune) is viewed as a weakness. In astro-speak, this is Saturn bullying Neptune but amplified.

Saturn/Neptune con 2026  
Washington, DC  
Feb 20, 2026  
11:53:25-AM EST





## THIS MONTH'S THOUGHTS ABOUT THINGS

*...continued from page 6...*

Opportunities are presented to you in response to your self talk. Ask for new doors to be shown to you, then ask (within/silently) in every situation and as you stand before every person, what good does this person or situation have for me?

If your thoughts are wrapped up rehashing past problems, you're not actively looking for your good.

When you look for your good, people will come into your life to help you achieve it. Situations will unfold that will delight you.

Be on the lookout for WHAT GOOD DOES THIS DAY HOLD FOR ME?

As far as self talk and what specifically to say, here are some helpful links <https://horizonsmagazine.com/blog/i-program-my-self-talk-to-attract-opportunity/>

In order to release resistance, nothing needs to change but our perception, our thoughts and our self talk.

It's not always easy to remember that whatever situation I'm in, I've gotten there by being a vibrational match to it. It's not always easy to see how that can be.

The only way I can get out of it is to change my thoughts about what I'm living and what I'm seeing.

When you use your self-talk to remind yourself that you have access to inner guidance that can lead you in the right direction for all decisions, you become very powerful.

When you tell yourself that, your mind starts looking for evidence of it and attracting guidance and inspiration to you.

And unless you drown out that inner guidance by having your attention on the (albeit substantial and hard to ignore) woes going on right now, you'll be inspired to action that can change your mood, your level of faith and your world – right now, right where you are – for the better.

And talk about powerful, in the midst of all that's going on, you've managed to once again reach REMISSION from stage 4 cancer!

If you spend 51% of your time looking all around you at everything that's going wrong, you can't be attracting anything else.

Discipline yourself to be able to quickly pivot your attention to something happier, like I watch funny talking cat videos on **TikTok**. Those moments of bringing a smile to your face will lead to more moments of happier thoughts and you'll begin to attract REASONS for even more happier thoughts.

The more you can let THAT be your snowball each day, the quicker you'll see your situations begin to resolve.

*...continued on page 25...*



**November 13th-17th**

**Ma Mokshapriya Shakti**, the director of Mataji's New York Ashram, is visiting.

She will be having Satsang mornings 6:45am and evenings 6:45pm after Aarti while she is here. She will also give a Sunshine Lecture on "Creative Thinking" Sunday Nov 16th, 9-10am.

If you want to attend the retreat Saturday 9-5pm donation \$101, Sunday 2-5pm donation \$30.00. Please preregister at [yogashaktipalmbay@gmail.com](mailto:yogashaktipalmbay@gmail.com)

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with Ma Mokshapriya



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# YOGA SHAKTI MISSION





## THIS MONTH'S THOUGHTS ABOUT THINGS

*...continued from page 24...*

*"I want to look back on my life  
and be giddy with joy that I was  
the one who got to live it."*

These are very real things that are happening to you. Remember that whatever situation you're in, you've gotten there by being a vibrational match to it. It's not always easy to see how that can be and trying to figure it out will just add more resistance.

The only way to get out of it is to change your thoughts about what you're living and what you're seeing. pivot your attention elsewhere, at least temporarily.

Discipline yourself so it's easier to catch yourself and do next time.

**QUESTION:** I've always had a belief and narrative that helped me live with challenges. I am searching for that now. It's not coming easily.

**ANDREA:** The thing is it's time for an upgrade (think of it as on par with the Windows 11 update) in your beliefs and very often that's precipitated by traumatic events. You've been living in a traumatic situation on many levels for quite awhile now.

Volcanos have two ways to erupt to release pressure: effusive and explosive. It can erupt slowly, causing little lava flows here and there, or — depending upon how much pressure (karmic momentum of everyone involved and yes you know we all signed up before birth to be born into the situations we find ourselves in) is stored up — it can be explosive, raining down in a wide arc upon everything around them.

**QUESTION:** Will I regain my faith? How? I am trying to fill my mind with affirmative, loving thoughts. Fear seems to be winning. I need help to turn it around. What is the best way for me to do this when I feel scared and isolated?

**ANDREA:** You'll soon enough have the explosive situations behind you, replaced by normal, garden variety human life trauma. And it will be easier.

You'll begin to attract the help you need and that will give you enough evidence to give you hope that more help is on the way.

You'll discover new people, both friends and advocates familiar with your situations and educated in how to help you navigate them. Having a bit of community helps you sustain hope and give glimmers of faith for the best possible outcome.

You'll discover organizations to aid in resolving every step of what you're having to deal with now. As this comes you'll enjoy increasing hope and peace of mind.  
###

**end of email reading**

Links to more email readings at <https://horizonsmagazine.com/blog/an-email-reading-how-can-i-regain-my-faith-despite-fear/>

### YOUR MOST POWERFUL TOOL IS YOUR THOUGHTS

You may think that what you do or say or think doesn't matter, that you're just a drop in the ocean with no influence to help out or change things. That's so NOT TRUE. Your most powerful tool is your thoughts. As hopeless as ANY situation feels, it's really only your THOUGHTS that you're dealing with and YOU HAVE THE POWER TO CHANGE THOSE.

It doesn't matter what's going on in the rest of the world, I can choose to focus my thoughts in a way that attracts to me exactly what I want in my life.

I can change my thoughts and discipline my behaviors so much that I can have an excellent and prosperous life no matter who's in office, no matter what the official state of the economy, no matter what the scientists or environmentalists say is happening around us. You can choose the same.

Some people are fearful and beginning to panic. We can help by turning their thoughts to more pleasant things.

We can ask them to talk about hopes they have for the future, once this situation has passed. We can ask them to recall the happy times in their lives, and get them vibrating in a better feeling place.

We can help them be hopeful, because when we are hopeful, we attract a more satisfying experience to ourselves. That's the most important thing we can do in a crisis

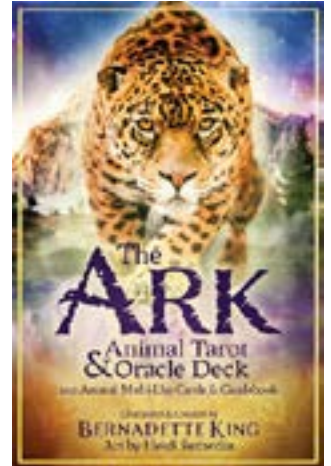


*Andrea*

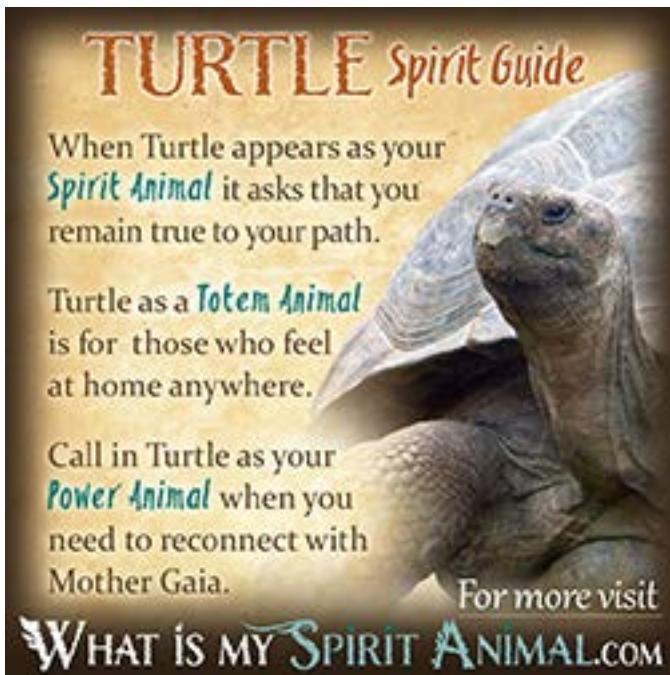
Enjoy our offering this month.  
Hari Om.



# WHAT IS MY SPIRIT ANIMAL



Bernadette King, creator of The Ark Animal Tarot & Oracle Deck has for 20+ years helped folks get closer to their Animal Allies, become more accurate psychic mediums & animal communicators & stronger intuitive tarot readers. Thru [WhatIsMySpiritAnimal.com](http://WhatIsMySpiritAnimal.com) folks are learning about their own Spirit, Totem, & Power Animals. The Ark is a 100 card deck which practitioners can use for divination & healings. Visit [WhatIsMySpiritAnimal.com](http://WhatIsMySpiritAnimal.com)



## TURTLE SYMBOLISM & MEANING

Do you feel a sense of validation only when you are “crazy busy?” Is your world upside down, and you need help setting things right? Are you easily swayed from your true path? **Turtle**, as a Spirit, Totem, and Power Animal, can help! **Turtle** teaches you how to work effectively and with proficiency. Delve deeply in **Turtle** symbolism and meaning to find out how this Animal Spirit Guide can support, assist, and inspire you.

## TURTLE & TURTOISE SYMBOLISM & MEANING

**Turtle** Spirit moves to an inner drummer that is in no hurry. Seeming to have no worries, **Turtle** plods along at a cosmic, personal pace. If **Turtle** had a mantra, it would be “one small step at a time.” This Spirit Animal truly lives in the moment - taking one after another with simple, innocent acceptance. This is a powerful lesson for humans who rush about at unhealthy speeds, often missing the mystical gem right in front of them, in the here and now.

**Turtle**’s greatest gift to us is learning to slow down and smell the roses (literally and figuratively). Being a water creature,

some of the **Turtle**’s symbolism and meaning come from that elemental influence. It is from the water that **Turtle** gains the attributes of insight and being able to understand and express our deeper emotions.

In numerous myths and religions, **Turtle** & **Turtoise** takes a distinctly noticeable spot as representing resoluteness and peace. Cosmological traditions speak of a World **Turtle** that either supports the heavens or transports the Earth safely. If you are a traveler, you couldn’t ask for a better spiritual guide.

Additionally, **Turtle** & **Turtoise** carries its ‘home’ on its back. The **Turtle** cannot leave its shell. In this, **Turtle** symbolizes that our earthly body is our home - for now. It can protect and shelter you, so take good care of it. **Turtoise**’s situation gives a whole new meaning to the phrase, “there’s no place like home.”

Some of the Deities associated with **Turtle** Spirit include **Ea**, the Mesopotamian God of Wisdom and Magic, who lives under the ocean, **Venus and Aphrodite** - goddesses of love and fertility (Greco-Roman), **Vishnu**, who has a giant **Turtle** avatar and **Set** the Egyptian God of the underworld.

Overall, **Turtle** & **Turtoise** Medicine reminds us that strength and determination are the keys to overcoming our obstacles. Take your time before you move - don’t go jumping out of your shell right into danger.

## TURTLE SPIRIT ANIMAL

When **Turtle** comes to you as a **Spirit Animal**, it bears the message of staying true to your path and being at peace with your choices. This may also signify that you are carrying too much weight on your shoulders. You cannot fix anything if you’re overwhelmed. Put down negative things that hold you back, go into your shell, and meditate. Get grounded, embrace your emotional power, and reclaim your serenity.

Also, **Turtle** might appear as your **Spirit Animal** during times when it seems as though your world is topsy-turvy. Many mistakenly believe **Turtles** cannot right themselves when flipped over on their back. But this is not always true. **Turtles** have strong necks and can flip themselves over. In this, **Turtle** can





# WHAT IS MY SPIRIT ANIMAL

... from page 26

come to you as a reminder to use your own head. You are powerful enough to right yourself, even when others don't believe you can.

If you can see your **Turtle Spirit Animal** in your mind, remember its color. It has significance.

- **Black Turtle:** Long life, safety, In China, it is sometimes called the Black Warrior of the North, representing the winter.
- **Blue Turtle:** Brings messages about wisdom, truth, and inventiveness.
- **Golden Turtle:** A yellow **Turtle** embodies grace, beauty, and primitive emotions.
- **Green Turtle:** Luck. It is also a spiritual guardian who can guide us when we feel off track.
- **Orange Turtle:** This Spirit Animal works with you on emotional expression.
- **Purple Turtle:** Peace and prosperity that comes from getting sound counsel. Increased Psychic abilities, In this case, your **Turtle Spirit Animal**.
- **White Turtle:** Brings ancient truths and healing.

*Factoid: In Hawaii, there is a Turtle Goddess named Kauila. She could shapeshift into a human and watched over children. The Green Turtle can live 80 years, making it a symbol of longevity and mana (spiritual energy)*

When **The Turtle Animal Ally** chooses you, it blesses you with a knowledge of ancient truths. Of course, it takes time to impart all that information. Remain open and prayerful. As you learn, it will impact how you think and act in dynamic ways.

## TURTLE & TURTOISE TOTEM ANIMAL

Those born with **Turtle as a Totem Animal** typically live a long life. You pace yourself, savoring the moment-to-moment blessings. Having a safe haven is very important for **Turtle** people, so choose your shell wisely. Know when to retreat for your own safety or peace of mind. As one of the first animals on the Earth, **Turtle Totem** has the ability to express abundant wisdom and dig deep into the Greater Mysteries.

The calmer speed of **Turtle's** life doesn't mean it's boring. If anything, **Turtle** is dynamic, particularly when connecting with water. This fills you and recharges those batteries that even the most metered **Turtle** can burn out.

**Turtles** walks the path of peace, and so do you. You are anchored and grounded in your steps and feel no need to create a fuss. When something happens, you tuck your head and listen to your inner voice before reacting.

Those who are **Turtle** born often become healers, professionally or in day-to-day interactions. You have a natural restorative energy that automatically goes to work when you encounter a damaged soul. You do have to be careful, however, as some will try to use you as a crutch.

## TURTLE POWER ANIMAL

Invoke **Turtle** as a Power Animal when you need to amp up happiness and get out of a rut.. If you watch children observing a **Turtoise** eating, they have great smiles and bucketloads of curiosity (joy). **Turtle** may not be hopping and jumping, but they are known to play with rocks and balls, building structures, taking them down, and starting again. It's their version of **Jenga** (forward movement).

When you're feeling out of balance and you can't find your center of being, talk to your inner **Turtle Power animal**. It is very rare that **Turtles** are upside down, and even then, they can right themselves.

Turn to the **Turtle Power Animal** within to guide you on life's path and keep you grounded along the way. **Turtle** helps your transformation into a fully actualized spiritual being living in the Earth plane. Be gentle with yourself. Your progress should not be measured by that of others (just ask **Turtle!**)

There are times when all of us feel over-exposed and just want to find a safe haven. Trust your Inner **Turtle** to guide you into the perfect shell. Use your time there to heal physically, mentally, or spiritually. During your connection, **Turtle** may give you an AH HA moment-finding a way to move past challenges.

## WHO'S WHO: SEA TURTLE, TERRAPINS, TURTOISE, TURTLE

You see a round critter with a shell. Is it a **Turtle? A Turtoise? A Terrapin or Sea Turtle**. Your uncertainty is understandable. Their appearance is incredibly similar until you look closer.

**Sea Turtles** rarely come to land except when they want to sunbathe or lay their eggs. **Terrapins** are more likely to go to land. They like living in swampy areas. **Terrapins**, despite their environment, understand the need to come out of the muck.

**Turtoises** are not water creatures. They spend their life on land, happily enjoying terra-firma.

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460 N. Ronald Reagan Blvd, Longwood 32750

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Titusville	321-383-0195
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Vero Beach	772-562-1133
West Palm Beach	561-721-1267
West Palm Beach	561-833-6483





Esther Hicks

# ABRAHAM HICKS

... from page 7...

**ABRAHAM:** What do you think happened? Because he was always there with you. He was always loving you. He was always proud of you. He was always appreciating you. Because he's Source Energy. So that's how he was feeling-

**WAYNE:** Even while he was here on this planet?

**ABRAHAM:** Oh, no. He was all pinched off then. But once he reemerged into Non-Physical, he was in that place of Pure, Positive Energy. And his influence was therefore strong.

And your desire to understand all of this; your desire to teach this; your desire to let go of the resistance that was holding you back was also strong.

In other words, when you forgive someone, you let go of the resistance that is keeping you from your alignment. And it really doesn't have anything to do with the actual subject that you are angry about. But it feels like it does because that's what you're focused upon.

So we are asking you:  
What do you think happened?  
You went there with strong desire.  
Can you articulate that?

**WAYNE:** Yes. I can articulate to the point of saying I went there because I wanted to see his death certificate. I wanted to know if he even acknowledged that he had a son named Wayne. I just wanted to know that.

**ABRAHAM:** So your bitterness was still very strong.

**WAYNE:** There was something that was driving me.

**ABRAHAM:** What was driving you was the trajectory of Well-Being. What was driving you was the understanding that you weren't born to be dependent on someone else. And you did not come to use someone else as your excuse for not being in alignment.

And so something happened in that moment that caused you to let go of that. Maybe it just got old. Maybe it just felt futile. Maybe you felt the ridiculousness of it. Maybe it had just gone on too long.

Or maybe there was a reset button. Maybe you had found a desire that was stronger than your old beliefs, and for just a moment the desire took precedence. The desire that is coming forth from within.

So something happened to you that caused you to cease the resistant momentum that you had going for so long, and to feel, for a moment, the fullness of who-you-really-are.

What you felt was the powerful **God Force love** that was pouring through your father, your Non-Physical father, focused upon you, wanting you to feel it.

The best way for us to say it is that his love was stronger than your hate. And he caught you at a weak moment when your hatred was less focused. And you felt it.

There is no greater message that we wish to convey. That is what we are talking about all day, every day. People ask about healing. They want to find someone who can help them. And we say, you know, **Source** is flooding this Energy of Well-Being toward you at all times. You don't need any other to do what **Source** is already doing.

But if someone can help you to soften your resistance so that you can somehow be receptive to the love and Well-Being that's being flowed, a little bit of alignment goes a long way. And as you say, it is life-changing.

Your life turned on a dime because you returned to the path of least resistance-to the lover that you are. And you took big steps in leaving that hatred behind.

**WAYNE:** Is there only love on the other side?

**ABRAHAM:** Yes. There's only love. Yes. Only love. Only love. Only, only, only, only. Pure, Positive Energy, love and clarity and passion and eagerness. Yes.



Mokshapriya  
Shakti

# OUR MIND

... from page 21

hausted all of our karmas or reactions to actions. By doing so, the samskaras or latent impressions that drive us will also subside.

In the first chapter, we learned about the law of **karma**. Every word, thought, and action causes a reaction which we must experience. It is a learning tool that makes us responsible for every action. "As we sow so shall we reap."

Our life and circumstances are a direct reflection of previous **karmas**. Every desire we have needs to be fulfilled, if not now, at some time in our earthly journeys. To end this endless cycle of action and reaction, we need to just do our duty or **dharma** without expectations. "*Do the best and leave the rest!*"

That requires us to live without expectations of our efforts.

It requires that we live in the now moment and not compare our actions with the past or have expectations for the future.

It requires us to do our best and allow our Spirit to make the judgement, then only will we not accumulate **karma** or reactions to our actions.

That means we live freely without any personal desires and become an instrument of the Spirit.

After fulfilling our dharma or accomplishing our duty, we must take total control of the mind. Once we do that, our ego becomes our servant. Up to this point, the ego has had power over our lives. Only then can we become aware of our true reality, or Spirit.

This world and the **gunas** will have no compelling affect on us. There will be nothing that attracts us in this world, and fearlessly we will be able to live the rest of our lives.

We will know that we are one with all and 'I AM THAT.' There will be no doubt, and illumination will enfold the seer.

## TO REACH THIS STATE, PATANJALI OUTLINES ASHTANGA YOGA, OR THE EIGHT LIMBS OF YOGA. THEY ARE:

- yama** - physical discipline;
- niyama** - mental discipline;
- aasan** - postures;
- praanaayaam** - life force exercises;
- pratyahaar** - to stop senses;
- dhaaranaa** - ability to sustain, hold;
- dhyaan** - meditation;
- samaadhi** - highest meditation.

Next month, we will examine the yamas.



**November 13th-17th**

**Ma Mokshapriya Shakti**, the director of Mataji's New York Ashram, is visiting.

She will be having Satsang mornings 6:45am and evenings 6:45pm after Aarti while she is here. She will also give a Sunshine Lecture on "Creative Thinking" Sunday Nov 16th, 9-10am.

If you want to attend the retreat Saturday 9-5pm donation \$101, Sunday 2-5pm donation \$30.00. Please preregister at [yogashaktipalmbay@gmail.com](mailto:yogashaktipalmbay@gmail.com)

*meditation for inner peace*

with Ma Mokshapriya



November 15, 2025  
Day Retreat - Saturday  
9 a.m. to 5 p.m.  
meditation  
yoga  
philosophy  
breath work  
diet education  
vegetarian lunch  
\$101 per person

November 16, 2025  
Workshop - Sunday  
2 p.m. to 5 p.m.  
various techniques  
and stages  
of meditation  
and relaxation  
\$30 per person

Yogashakti Mission  
3395 Hield Rd. NW  
Palmer Bay, Florida - 321725-6024

## YOGA SHAKTI MISSION

# HERB CORNER

... from page 11...

immune response in the thymus, tonsils, bone marrow, white blood cells, the lymphatic system, the spleen and your natural production of stem cells helping to block the replication of viruses so they cannot affect healthy cells; in effect out-smarting the virus.

In my opinion herbs have the advantage here because they are so complex, containing upwards of 100 different compounds in a single herb engaging all the immune system.

For instance, **Echinacea** has been found to contain many compounds that enhance the production of interferon and deactivate and destroy viruses making it an excellent herb for fighting the flu especially if you begin using it at the first sign of feeling ill.

**Garlic** has been known to be one of the top herbs in the fight against many strains of viruses and bacteria.

**Garlic** activates the immune system helping to prevent infections from taking hold especially within the respiratory system.

**Garlic** contains sulfur compounds that are active against many viruses, especially the influenza virus.

**Elderberry** has been used for respiratory infections for centuries. Recent studies found it to be effective for all forms of the influenza virus.

**St. John's Wort** typically thought of as an anti-depressant herb it also has strong anti-viral activities.

**Licorice** contains glycyrrhizic acid, which is known to help the body create interferon, a potent anti-viral found to inhibit the replication and growth of many viruses.

**Astragalus** contains polysaccharides that strengthen the immune system boosting the production of bone marrow increasing the levels of alpha and gamma interferon the strong anti-viral compounds.

These are just a few of the many anti-viral herbs that may be of benefit to RSV.



# PSYCHIC MICHELLE WHITEDOVE

... from page 13...

## DEAR WHITEDOVE,

Brought up as devoutly religious, the concept of reincarnation is totally foreign to me. Why do most religions scoff at the notion but many New Age people believe that we have more than one life? ~ **Growing in Georgia**

## DEAR GROWING,

Many religions debate whether **Reincarnation** is fact or fiction. Eastern philosophies have maintained their belief in reincarnation and soul migration throughout the centuries but in the Western world it's a newer concept. As we individually evolve and grow spiritually it's important to examine our core beliefs. Through my connection to Spirit, I discovered that reincarnation is truly a central element of our eternal journey.

In fact the concept of reincarnation as justice for earthly misdeeds is an excepted truth by **Jewish Kabbalists**. They believe that souls reincarnate to complete a certain task, repay a debt, or to rectify a wrong doing.

Even though the **Christian Bible** has been edited and translated through the centuries, you can still find traces of reincarnation. In **John 9:1-3** The disciples observe a man who was BORN BLIND, and asked of **Jesus** whether the man himself or his parents sins, that caused his blindness. This question asks: if a baby was born blind, was it his previous sin that caused it or his parents. Previous Sin would mean previous life sins because a newborn baby could not sin.

Then in **Matthew 17:11-13** The disciples tell **Jesus**: the scribes say that **The True Son of God** will not come until **Elijah** returns. **Jesus** replied: "I tell you that **Elijah** has already come, and they did not recognize him." Then the disciples understood that he was speaking to them about **John the Baptist**." This is a reference by **Jesus** that Elijah was the reincarnation of John the Baptist.

I've come to realize that my personal belief system is ever evolving. I know that **The Law of Reincarnation** is the journey of the soul, lifetime after lifetime of polishing and refining our spirit to perfection in Heaven and on Earth.





# CRYSTALS, ROCKS, MINERALS

## DAILY USE AND PRACTICE

*...continued from page 12...*

**Opal** is the birthstone for October. It is a hydrated amorphous form of silica and is in the quartz family, but because it does not have a crystalline structure opal is considered to be a minerals rather than a mineral.

Formed when silica dissolved in water trickles through the rock below evaporates, leaving behind microscopic silica spheres which can create a lovely play of color in the light, **Opal** has been a prized gemstone over the centuries with many myths and legends surrounding it.

Much of the world's finest **Opal** is found in **Australia**, but it is found all over the world.

**Chocolate opal** has become very popular since large deposits have been discovered in **Ethiopia**.

This **Opal** is a rich chocolate brown with glowing sparks of red, orange, yellow, green and purple. Much of it is found in small geodes.

The beautiful brown color indicates a strong connection to the earth and the water these stones contains resonates with our emotions.

There is no better type of **Opal** for emotional grounding and nurturing support. Stone healers consider **chocolate opal** to be a great help in providing comfort and relief from anxiety, stress and depression.

Not only can this alleviate fear, it can allow us to create a safe space to navigate the rapid changes to come.

For everyone who is concerned about the myth that **Opal** is unlucky for everyone not born in **October**, **chocolate opal** is your friend. **Opals** are a powerful aid in connecting with the energies that lie beneath the level of consciousness -- the realm of Shadow.



**Chocolate opal, Ethiopia**

Many people find it frightening to encounter their shadow, but shadow work is vital to reach true understanding of our inner nature so we can learn to trust our intuition to guide us as we move forward into the brave new world. **Chocolate Opal** is a way to access this awareness without fear as we move forward.

The piece of **chocolate** in the picture with this column is interest as it contains both **chocolate opal** and clear. The darkness and the light indicate both parts of the whole and points to a way to transcend duality.

For those of you who feel the call of **chocolate opal**, you should be able to find it in any good rock shop. Some metaphysical shops sell palmstones of **chocolate opal** that is opaque and has no play of color. Since **opal** with color play (aka precious **opal**) can split or crack easily, common **opal** palmstones are handy for your pocket or medicine bag and are quite inexpensive. May the wisdom of the ancestors guide you as you move through these times. Many blessings to you.

Sharron

# METAPHYSICS 101



Marilyn Muir

*...continued from page 20...*

She did not develop an “extra” sense, she merely extended her “normal” sense. The same is true of taste and smell as wine, coffee, cheese, etc. “tasters” develop their ordinary senses to extraordinary degrees. What causes this? Learning, experiencing, allowing, developing, not limiting, accepting, giving permission to yourself to experience more, analyzing and expanding natural skills, verifying, becoming more sensitive. What to do!

## There are methods to explore your potential and develop more sensitivity and skills.

- **Learn to meditate.** There are so many methods and so many levels to meditation. The skills you can develop are incredible. Get some good instruction, particularly on breathing techniques.
- **In my opinion, the best visual sensitivity training is aura study.** With good instruction, the simple ability to see an aura can grow into the most awesome set of visual skills.
- **Take quality workshops in dreams and interpretation,** telepathy, psychic development, astral traveling, healing, crystals, tarot, numerology, astrology, and myriad other subjects.
- **Determine your own skills.** Think about the type of experiences you have already had. Do they fall into the category of vision, hearing, taste / smell, touch, dreams, intuition, inspiration, etc? Are you a system person? Try astrology, numerology, tarot or another codified method. Are your skills directed at the past, the present, or the future? Most are good at one time period, occasionally more.
- **Recognize that your abilities are unique.** You may have to borrow a piece from this and a piece from that. Successful psychics do that - they marry various techniques to develop their own unique skill sets.
- **Explore your personal belief systems.** You will not be comfortable developing skills that are counter to those beliefs. Determine if those beliefs support your new paradigm. Beliefs are useful only when they support our current, constantly changing selves. Beliefs that no longer support our current selves and the direction we are taking need to be re-evaluated. If those beliefs are still valid to you, keep them and do not pursue the new direction. If they are no longer valid, change them to reflect your evolution.
- **Ignorance is never your friend.** Do not judge something or someone based on a lack of knowledge on your part.

There will be many experiences where you do belong. There will be many where you do not belong. That does not invalidate your experience. You do not need to judge it. You just need to know where you do and you do not belong. Any experience that helps you walk your personal path is a good experience. There are no coincidences. Life is purposeful. Follow your own path.

## BRIEF DEFINITIONS

- **Akasha:** the memory pattern of all that was, is, and shall be.
- **Astral:** non-physical dimension adjacent to the physical level.
- **Aura:** the energy field surrounding the physical body.
- **Clair** (clear): 1) **-voyance** (seeing), 2) **-audience** (hearing), 3) **-sentience** (feeling).
- **Deja vu:** the feeling of having had an experience or conversation previously.
- **E.S.P. (Extra Sensory Perception):** hunch, intuition, or instinct.
- **Etheric Double:** the web or matrix connecting the physical body and the aura.
- **Karma:** the law of cause and effect, the reason for reincarnation.
- **Levitation:** lifting objects or the self without physical contact or manipulation.
- **Metaphysics:** a philosophic exploration of “beyond the physical”, a term coined by Plato.
- **O.O.B.E. (Out of Body Experience)** or Astral Traveling: the spirit lifting out of the physical body and traveling.
- **Parapsychology:** a more scientific study of human potential / psychic ability.
- **Pre** (before): **-cognition** (to become aware), **-monition** (of negative experience), reading the future.
- **PSI Factor (psychic ability):** sensitivity to surroundings and other people / spirits.
- **Reincarnation:** multiple physical incarnations for the purpose of learning.
- **Retro** (after): **-cognition** (to become aware), reading the past.
- **Silver Cord:** the attachment between the spiritual and physical bodies. It is visible!
- **Spiritualism:** a religion which believes in the continuity of life after death and the psychic ability to contact non-physical entities.
- **Tele** (operating at a distance): **-pathy** (mind to mind), **-kinesis** (without physical manipulation).

# HOROSCOPES OCT 2025



## ARIES – (March 19 – April 18)

Others are important this month. The energies in Libra (sun from the 1st to the 23rd and Mercury until the 6th) announce a spotlight on your marital and contractual life; your legendary individualism will not be appropriate. Your planet, Mars, in Scorpio throughout the month, invites you to change your reference points; your strong dynamism could focus on your carnal desires or on a deep desire to change an entire aspect of your life. Neptune in your sign until the 19th in retrograde mode invites you to review an idea, a concept; have you missed something important and inspiring? After the 20th, keep an eye on your main source of income. Thanks to Uranus and Pluto, your circle of friends is protected. Love caters to your daily life until the 13th and then to your intimate life. The end of the month is introspective.

### LOVE IN GENERAL

A healthy desire to express your feelings makes your daily life easier from the 1st to the 13th, love is experienced calmly and smoothly, without any headaches. On the libido side, your desires will be more intense, Mars might push you towards seduction games, be careful of the consequences! After the 15th, Venus strengthens your relationship if you are in one.

### IN A RELATIONSHIP

Your married life looks to be harmonious. From the 1st to the 13th, your shared routine will be sweet and tender, while your desires should take you far! Communication between you will be good with a hint of jealousy nonetheless. After the 15th, you will be possessive!

### SINGLE

Intuitive and attractive, you could make a promising encounter before the 20th. Venus favors a lasting commitment, especially after the 15th, while Mars endows you with an imperative sensual temperament. From the 7th to the 29th, you will have the detective's instinct to seduce the person who inspires you.

### CAREER / FINANCE

You won't let go of the opportunity to increase your assets or implement a long-held project. Good news could also be on the horizon throughout the month.

However, don't expect a career advancement this month, focus on strengthening what needs to be. After the 20th, take stock of your finances!

### ADVICE

An interesting autumn month, which could lead you to change certain things effectively and with determination. Your friends will be loyal and ready to help you if necessary. Keep your spirits high!

## TAURUS – (April 19 – May 19)

The Sun in Libra until the 23rd brings grace and serenity to your daily life. Mercury joins it from the 1st to the 6th: useful conversations could help with administrative or official procedures. From the 7th to the 29th, your focus will be entirely on others. Mars sets a strong pace for this month, you will be highly involved in your personal or professional relationships, don't get worked up over trivial matters. Mars in a good aspect to Saturn in Pisces supports your friendships, projects, be creative! Especially since Venus serves your leisure, love, and desires until the 13th, then the planet spreads its sweetness and power in your daily life sector. Pluto square to your sign brings radical changes affecting your career, destiny, 1st decan, embrace this process! After the 24th, others come to the forefront.

### LOVE IN GENERAL

This sector is set to be favored. Your emotions are expressed with strength and sensuality until the 13th, then with a touch of shyness but no less authenticity. Your very active libido throughout the month helps you to show, through your behavior, your attachment or your desires, however do not alienate your loved ones if they are less sensual.

### IN A RELATIONSHIP

Except for a possibility of clashes with your partner under the influence of a Mars always ready for combat, this month favors your married life. You will know how to communicate with tact and intensity while surrounding your partner with a lot of love. The key: let go and love the other unconditionally.

### SINGLE

The cultural or sports sector could foster a romantic encounter from the 1st to the 13th. Your kindness and tact will be two effective weapons to attract someone you like. Then, it's in the heart of your daily life that love could take shape.



# HOROSCOPES OCT 2025

## CAREER / FINANCE

Uranus in Gemini and Pluto in Aquarius are creating a reformist and unexpected atmosphere, independent events beyond your control (1st decan) could come your way and force you to adjust your strategy! Being flexible in relationships is recommended in this context, rather than using a power struggle.

## ADVICE

Even if the financial or professional sector may give you some cold sweats, this autumn month invites you to love life and to only retain its essence. Seize the day!

## GEMINI – (May 20 – June 19)

Love guides you as much as a few professional challenges that you will need to overcome. The energies in Libra until the 23rd (with the Sun and Mercury from the 1st to the 6th) support your creativity, your crushes, and your relationships with your children if you are a parent. Very active in your professional sphere thanks to Mars in Scorpio and the sun joining it on the 24th, you could make headway, especially since Mercury, also in this assertive sign from the 7th to the 29th, facilitates strategic negotiations. A positive evolution is on the horizon under the influence of a well-aspected Jupiter for your sign, with a probable increase in your income. Uranus energizes the first decan, balancing between originality and stroke of genius, this decan could achieve great things! Saturn returns to Pisces: what do you need to reconsider regarding your destiny?

## LOVE IN GENERAL

Until the 13th, Venus is active in your family sphere, a good diplomacy can promote a relaxed atmosphere. Then, Venus moves into Libra and urges you to love with grace and elegance, which will counterbalance the effects of Mars, which amplifies your desires with a touch of excess. Communicate with tact.

## IN A RELATIONSHIP

Monitor your temperament, which could be electric, especially for the first decan. For all, your deep and delicate feelings ensure you a pleasant marital harmony. Of course, you will need to manage your demanding libido, balance your impulses, or you will reap the opposite of what you hope for!



## SINGLE

Bet on your professional field to make encounters that are not always lasting, but does that bother you? Love could also manifest itself at a family gathering or through friends. You will know how to convince, and your charm will act with subtlety.

## CAREER / FINANCE

Money shouldn't be a problem, especially if you're reluctant to get involved in shady deals. After the 20th, continue on your path with integrity and Saturn's energies will have less of an impact on your professional destiny. Accept delays and any possible complications, as time is working in your favor.

## ADVICE

Focus your efforts on your professional sphere and this month should fulfill you. There will be a time to work and another to have fun, know how to act at the right time.

## CANCER – (June 20 – July 21)

Monthly energies shine on your family or property matters until the 23rd, where you will either resolve a conflict or receive some very good news by the end of the month. Your behavior will be guided by your emotions with strong desires and good chances of fulfilling them, as Saturn in a favorable aspect supports events that could take you far for a long time. Jupiter brings a lovely enthusiasm and a clear dynamism to the second decan, capable of influencing others to follow your lead. Keep an eye on the professional sphere as Neptune may cause some trouble, beware of illusions. On the 20th, Neptune might help you become aware of something you might have missed. Starting on the 13th, you could feel an irresistible urge for a major change. After the 24th, love will be on your mind.

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## LOVE IN GENERAL

Until the 13th, Venus helps you communicate your feelings clearly, but after that they may become more hesitant or uncertain. You might feel a bit of emotional imbalance, nothing insurmountable though. Meanwhile, Mars greatly boosts your desires and physical impulses. You will know who attracts you and how to adjust your approach!

## IN A RELATIONSHIP

Warm under the covers! Whether hot or not, your physical energy at its peak should warm up your other half with great intensity! Your feelings will only be more alive, from the 1st to the 13th you communicate cheerfully and then you will enjoy your own cocoon.

## SINGLE

Energetic and very proactive, you could change your emotional status during this month. Focus on effective communication, especially after the 6th, and on emotional expression that is both intellectual and affectionate. Show yourself as you are.

## CAREER / FINANCE

Pluto is looking after your finance sector, do you have any bank investments or reasons to hope for an imminent influx of money? After the 13th this could come to fruition, especially for the first decan. Be attentive to professional changes, read between the lines and leave nothing to chance. Jupiter is giving you a nice boost of self-confidence, how exciting!

## ADVICE

Some professional challenges will have to be faced. Don't rest on your laurels and everything will fall into place. The emotional sphere looks promising, your vibrant heart should find its place there!

## LEO – (July 22 – August 21)

There is a lot of communication in this autumnal month. Indeed, the energies from the Sun in Libra from the 1st to the 23rd, Mercury until the 6th, and Venus from the 15th invite you to socialize, ideally in elegant and sophisticated circles, where you will shine brightly! Mars squaring your sign encourages you to take it easy on your often powerful dynamism, so avoid getting

irritated with your family, and keep things in perspective. The social sector looks promising, Uranus brings unique individuals into your life. Pluto is working on changing your marriage or contractual sphere, and after the 13th, an event will set you on the right path. Saturn back in Pisces may slightly hinder your financial sector related to investments, but you will have the wisdom to understand that everything is a lesson. After the 24th, stay calm in all circumstances!

## LOVE IN GENERAL

Until the 13th, love makes you possessive and jealous, control yourself, don't listen to your inner voice, it's too much! Then Venus moves into Libra and you regain your generosity, your sensuality especially since Mars in Scorpio infuses your dynamism with a lot of drive: almost too much. Take care of your physical approaches.

## IN A RELATIONSHIP

Pluto is increasing the palpable tension within your relationship, let it go, prove with your composure that your respective feelings are valuable. Until the 13th, express your love delicately, seek sweetness. From the 15th to the 29th, surround your partner with tenderness, no pointless reproaches.

## SINGLE

Very communicative until at least the 13th, your chances to meet someone are likely if you accept their faults with humor. Whether it's Pluto making you demanding or the other person being demanding with you, in both cases: be gentle and majestic as you know so well how to be!

## CAREER / FINANCE

Under the influence of Saturn, your finances are subject to its pressure, your banking investments will not be relevant especially as on the 20th Neptune gets involved and adds a touch of confusion to this restrictive climate: cool, your stable assets remain intact! From the 1st to the 13th, a salary increase is even possible.

## ADVICE

A few financial challenges appear to be on the horizon for this month. Your feisty and regal nature should handle them brilliantly! Bet on your love of life to put any unpleasant event into perspective.

# HOROSCOPES OCT 2025



## **VIRGO – (Aug 22 – Sept 21)**

The financial sphere could become more important during the month! The energies in Libra (Sun until the 23rd, Mercury until the 6th, and Venus from the 15th to the 30th) inspire your sign with practical desires, your focus will be on your possessions. Venus in your sign until the 13th brings a pleasant softness and kindness to your aura. Mars in Scorpio in a good aspect boosts your morale and promotes reliable relationships. Your projects will be serious or have no chance of coming to fruition (last decan), while Neptune, retrograde, returns to test your most intimate relationships: will they withstand it? Uranus shakes up your professional sector a bit, expect the unexpected. The end of the month favors your neighborhood relationships and your travels.

### **LOVE IN GENERAL**

Love carries you this month! Until the 13th, you embody your feelings, you are not afraid to express them or live them, be yourself! Mars boosts your desires with strength and sensitivity, you could seduce with very impactful and truthful words. You aspire to find your soulmate, will you succeed?

### **IN A RELATIONSHIP**

Harmony awaits you this month. Plan for a loving and intimate first half with your partner, your intellectual and physical exchanges will offer you lovely moments. After the 15th, financial questions may slightly hinder your good relationship.

### **SINGLE**

The friendly sector favors some encounters, see your friends as much as possible. Your warmth will be appealing from the 1st to the 13th, while a hint of possessiveness could tarnish your reputation afterwards. A slightly quirky person could come back into your life, do you want that?

### **CAREER / FINANCE**

Some financial surprises are likely under the influence of Neptune (last decan), while Saturn heralds contractual strictness, stay focused, serious and you will limit these delicate celestial impacts. After the 15th, receiving money is not excluded or an improvement in your main income: could there be an increase?

#### **Advice**

A month with challenges that your industrious nature will face pragmatically. Relax as a couple or with friends, emotional connections in a broad sense are your key to monthly fulfillment.

## **LIBRA – (Sept 22 – Oct 21)**

The sun in your sign from the 1st to the 23rd (happy birthday), along with Mercury until the 6th and Venus from the 15th, highlight you this month. With Mars in a favorable position, you'll be bold, determined, and sensual. A positive shift awaits you in your professional sector (especially for the second decan), a wave of blessings is coming your way, so get ready to go with the flow. Your day-to-day life looks serious but manageable, while your ideal life becomes clearer, as you dream of original changes taking shape behind the scenes. Pay attention to your marital or contractual sphere, everything that glitters is not gold! However, Pluto is promoting authenticity in your romantic or parental relationships. Starting on the 24th, focus on your finances.

### **LOVE IN GENERAL**

A tad reserved and modest until the 13th, you won't dare to express your feelings, even in private. However, Mars is inspiring you with desires that are far from platonic. Use words to compensate for this shyness. Rest assured, after the 15th your heart will be bold and your feelings perfectly controlled. A very pleasant end of the month!

### **IN A RELATIONSHIP**

Your bond will be genuine, but might be slightly challenged by your reservation. Comfortable with your sensuality to fulfill your partner, you will be less at ease with expressing your emotions. Things will improve starting on the 15th, you embody love and your partnership will be very strong.

### **SINGLE**

Cultural or sports spheres could help you meet your soulmate, unless fate intervenes with some synchronicities it's known for. You'll be in top physical shape, and your seduction will be active and warm. Go for it!

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## CAREER / FINANCE

Jupiter strongly favors your professional destiny, aim high and think big! Bold opportunities may come your way, so forget about your legendary fears or hesitations and go for it! Keep an eye on other people's money; a loan or savings could cause you some trouble after the 20th. Stay vigilant.

## ADVICE

A balanced month full of energies that will touch on several important areas of life. Carry your thirst for life with you, and this month will meet your expectations.

## SCORPIO – (Oct 22 – Nov 20)

A lot of introspection: it's the right time to reflect on what you truly desire. But with Mars in your sign all month, it pushes you to take action, to assert yourself strongly and confidently! Pay attention to what is happening in your home. Pluto, your other planet, has taken up residence there and invites you to reexamine certain things, to modify certain relationships. Some financial surprises are not excluded (especially for the 1st decan) while the professional sector oscillates between pragmatism and illusion, come back to reality or a bitter disillusionment will follow. Your parental life, if you are a parent, looks serious, you will give but wisely, no question of letting go! After the 24th, the sun enters your sign and joins Mars: action!

## LOVE IN GENERAL

Venus is favoring your circle of friends, so either you will fall in love with a friend, or a friend will help you meet the person meant for you. You will be very sensual and ready for all sorts of seductions as long as passion is the main goal. Your communication will be striking from the 7th to the 29th and able to seal the deal!

## IN A RELATIONSHIP

Fiery, passionate and very physical, for the entire first half of the month, your couple will be your top priority! Even if your feelings are expressed with a good amount of freedom, you will know how to satisfy your partner. After the 15th, a little modesty or secrecy hangs over your married life.

## SINGLE

From the 20th, Neptune could favor the return of a past love. Friends will help you make a nice encounter from the 1st to the 13th, while Mars gives you top dynamism capable of seducing anyone. Romeo or Cyrano?

## CAREER / FINANCE

Uranus could bring a surprise related to banking investments or inheritance, so don't rush into anything for now. Your top-notch energy could help you correct the course, if needed, at work by boosting your ambition and persuasive strength. From the 7th to the 29th, Mercury favors communication and correspondence.

## ADVICE

Between action and reflection, this autumn month asks you to carefully consider the pros and cons. Go easy on your loved ones and your behavior, not everyone will have your drive or your passion!

## SAGITTARIUS – (Nov 21– Dec 20)

A paradoxical month: friends are honored as well as a healthy introspection! Indeed, the energies in Libra (sun from the 1st to the 23rd, Mercury until the 6th, and Venus from the 15th) benefit your social life with light, exchanges, and feelings, don't miss out on it. Pluto in good aspect to these energies could help you expand your contact list even further. Mars staying in the background all month signals a subtle dynamism or one that plays out in a quiet place or in a place of healing; do you have a healing touch this fall? Mercury in Scorpio from the 7th to the 29th (and in tandem with Mars) invites you to think before acting, delve into your mind to understand its needs. Some turbulence at home is possible (last decan). At the end of the month: get ready for some changes!

## LOVE IN GENERAL

From the 1st to the 13th, Venus makes your professional and then personal life easier. In other words, your emotional affairs are not directly in the planet's line of sight, and Mars also does not help you to embody your desires. This month is therefore not very focused on love; the focus is elsewhere!

## IN A RELATIONSHIP

Communication and desires will not be easy between you, expect a bit of a challenge to restore or maintain your closeness. An unexpected event could unsettle you, 1st decan. The end of the month invites you to pamper yourself away from the world.

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## SINGLE

Energy boosts your desire to seduce and encourages you to diversify your ways of approaching others. Favor political or cultural places; your friends could help you materialize a romance. Someone whose commitment lies elsewhere could catch your eye - will you dare?

## CAREER / FINANCE

Jupiter in a favorable aspect to your sign heralds a significant influx of money, an inheritance, and lucrative banking investments. And if none of these are on the agenda, the universe encourages you to believe in your financial potential - if you're looking for a loan, now is the time. The celestial bounty is at work - try your luck at the lottery!

## ADVICE

This month challenges you a bit and you love it! Expect a little trial and error, your fiery nature needs to calm down and prepare for Uranus's attacks. Stay Zen!

## CAPRICORN – (Dec 21 – Jan 19)

Challenge and opportunity await you! Your professional sector receives the spotlight from the 1st to the 23rd, Mercury until the 6th, and Venus from the 1st to the 13th: a chance to showcase your skills but also navigate some disagreements with your superiors, handle them tactfully and with honesty. Moreover, starting from the 7th, Mercury will boost your communication skills, and you can rely on your colleagues for support if needed. Embrace a powerful and somewhat aggressive dynamism; Mars will assist you no matter what. Your morale is serious, positive, and intuitive, ask yourself the right questions, and you will find the right answers. After the 23rd, your projects will gain momentum, especially with Jupiter favorably influencing your contracts (especially for the second decan); a friendly partnership is a possibility. Keep an eye on the family sphere, especially before the 20th.

## LOVE IN GENERAL

Your emotional ideal carries you through March 13th, and with Mars and Venus in a favorable aspect, you are infused with a passionate and fiery emotional expression. Your desires will be strong and communicative. You aspire to formalize a relationship that is going well, or maybe your partner is thinking about it: open up the dialogue!



## IN A RELATIONSHIP

Complicity and beautiful moments are on the way. Avoid sensitive topics related to your home, and you are likely to share the love you aspire to together. A legal commitment could be made, while newly formed couples will enjoy outings.

## SINGLE

Militant syndical or ecological, your chances of meeting someone are high! Just make sure it's not just physical. If you aspire to a grand love, this month is also conducive, Saturn and Jupiter together could support your quest.

## CAREER / FINANCE

Pluto is completely overhauling your financial sphere, your primary income is undergoing irreversible changes. Don't panic, this process is gradual and you have the shoulders to handle this event. Jupiter can modify the contractual sphere, make sure it is in your favor.

## ADVICE

An interesting autumn month in more ways than one, let yourself truly get carried away by the energies even if they challenge you a bit, show the best version of yourself.

## AQUARIUS – (Jan 20 – Feb 17)

You are starting this autumn month with an ideal to build! Pluto in your sign boosts your charisma, your aura, your zest for life. Energies in Libra (sun from the 1st to the 23rd, Mercury until the 6th, and Venus from the 15th to the 30th) facilitate your studies or a lasting project you aspire to. Mars square your sign doesn't favor your professional tranquility; you'll feel like confronting difficult people, so stay alert and stay calm. Jupiter protects your daily sphere while Saturn invites you to manage your budget, even saving a little, especially after the 20th. Uranus (1st decan) shakes up creativity or love aspects, moving things in a positive direction. At the end of the month, under Scorpio's influence, you'll be demanding.

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## LOVE IN GENERAL

Thanks to the energies from Venus in Libra from the 15th onwards, you radiate with a lovely emotional generosity, your charm will be at its peak, delightfully alluring. The first half of the month is more magnetic, you will oscillate between timid feelings and others that are more daring. Mars boosts your sensuality, so be prepared for it!

## IN A RELATIONSHIP

Mercury from the 7th to the 29th will not make communication with your partner easy, so avoid sensitive topics. On the other hand, your feelings will be possessive and very idealistic; refocus your relationship on the romantic aspects of love and everything will go much better.

## SINGLE

With Pluto in your sign, your determination will be at its peak. Mars helps you to capture the heart of a conquest at your workplace, but be careful of the cat and mouse game. Will you be patient? After the 15th, your romanticism is attractive.

## CAREER / FINANCE

Saturn and Neptune together from the 20th urge you to be cautious with your finances. Be diligent in managing your financial affairs, especially those related to your main income. Read all official documents carefully and do not lend money without guarantees. Before the 15th, an unexpected income may come in. Save it!

## ADVICE

Apart from the financial sector to watch, this month is looking promising. Don't get defensive if others confront you, after all, they also have their say. Be magnanimous.

## PISCES – (Feb 18 – March 18)

More serious than usual, thank you, Saturn, you approach this introspective month that is guided by your ideals. Until the 23rd, the Sun in Libra boosts your charisma while Mars in Scorpio throughout the month facilitates your higher aspirations, you will act with zeal and faith. Uranus urges you to preserve your nerves at home, especially for the 1st decan, let go of

issues with your loved ones and stay focused during real estate projects. Neptune returns to your sign on the 20th and joins Saturn, between intuition and realism, you will need to make a quality choice or beware of unpleasant surprises later on. The romantic or parental sector is protected by Jupiter in Cancer (especially the 2nd decan), so make the most of it! Starting on the 24th, the energies in Scorpio (sun and Mars) support an essential pursuit for your well-being: it's time to have dreams.

## LOVE IN GENERAL

The well-aspected Mercury from the 7th to the 29th serves your communication, while Venus and Mars from the 15th to the 30th facilitate the expression of your feelings and sensuality. From the 1st to the 13th, others will be essential, and you will be ready to commit or go further in a relationship that is already working.

## In a relationship

Your bond is as certain as your physical life; if you have been distant from your partner, it's time to make amends in bed. Conversations will be easier, so take the opportunity to discuss any concerns related to your home.

## SINGLE

Frequent the cultural or sports scene, where opportunities for meeting people are scheduled! Your magnetic, optimistic behavior attracts others, especially because you enjoy being involved during the first half of the month. Between the 7th and the 29th: your words hit the mark!

## CAREER / FINANCE

Venus starting on the 18th could bring in some money, unless your banker tells you some good news related to investments? Try your luck with gambling, Jupiter could bring you an unexpected windfall. Your main income will face pressure from Saturn: don't waste it.

## ADVICE

A month in which you will have to face some of your fears while keeping in sight the life ideal that you secretly cherish. Believe in yourself!



# HORIZONS MAGAZINE

## MISSION STATEMENT

*What I'm here to do with Horizons is share a belief and formula for happiness that I've found is true for me and for others I know. To give readers the choice to entertain those ideas, some of which may be an option for them as well. We don't always know what we might prefer, how our life might change for the better if we don't consider and entertain the idea of something new.*

Andrea de Michaelis. Publisher

## OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions.

To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience.

What we see and experience is simply the brain's interpretation of electrical signals. The only reality we cope with is the world of perceptions inside our mind.

We participate in creation of the reality we experience by our intentions, beliefs and expectations, by every thought we think and every word we speak. Because we participate in this creation, we have access to as much happiness and supply as we can discipline ourselves to focus on.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation.

Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, truly in the Now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it. We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise.

So, if you read an article that touches you or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss the offering with them.

Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

**Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.**



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