

FREE
FEBRUARY 2012

Andrea de Michaelis presents

HORIZONS

Spiritual Solutions for Florida Since 1992 • Applying The Law of Attraction



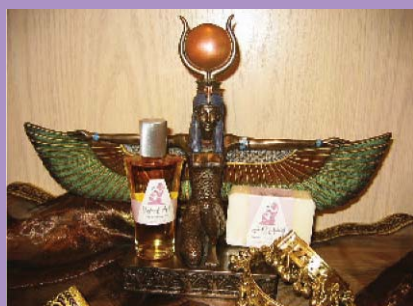
Our 20th Year

FEBRUARY 2012
FREE



Enchanted Gifts for the Mind, Body and Soul

Creating Energy



Featuring Our Best Selling
Egyptian Goddess Perfume Oil

**Mini Readings
every Saturday
11 am - 5 pm
with Yvette, Barbara or TJ**

Our Enchanted Gifts
include: Crystals, gemstones,
jewelry, salt lamps, drums,
didgeridoos, singing bowls,
books, tarot, CDs, candles,
incense, oils, herbs, sage,
divination tools, statuary &
altar items, belly dance
accessories, henna, tapestries,
peace-promoting items,
faeries & much more!



*It was written in the stars
and whispered on the wind;
destiny would guide our hearts
to a love that knows no end.*



Create you own "Altar of Love"
with Rose Quartz, Kama Sutra Oils,
Candles, Aromatherapy, Music and
many other items to choose from.



Cupid & Psyche
God & Goddess Love Altar

**Don't Forget!
"Friday Fest"
Family Street Party
Friday, February 10th
6 pm - 10 pm
Drum Circle
"Down on the Corner"**

835 East New Haven Avenue
in Historic Downtown Melbourne
(Think Purple)

Monday thru Saturday 10 am - 6 pm
Sunday, Noon - 5 pm
321-952-6789

"Where Old Melbourne meets the New Age"



AQUARIAN DREAMS

Serving Brevard County since 1986

Conscious Living Products

*Incense * Candles * Windchimes
Yoga & Meditation Products
Crystals * Aromatherapy
Massage Tools * New Age Music*

Global Imports

*India Tapestries * Batik Wallhangings*

Natural Children's Products

*Positive Lifestyle Children's Books
Natural Fiber Clothing * Organic Toys*

Gemstone Jewelry

100's of one-of-a-kind pieces.

Natural Fiber Clothing

*Imports from India, Bali & Guatemala
Yoga Pants * Tai Chi Shoes * Sarongs*

Holistic & Spiritual Books

Largest selection in Brevard County!

Daily Classes

*Yoga * Meditation * Healing
Kundalini * Community Gatherings*

Mail Order Catalog

Request our catalog or visit us online



Special Events: February 2012



Intuitive Healings & Massage Therapy with Teren

*Intuitive bodywork - reflexology - pranic healing
& crystal healing - meditation - hatha yoga*
Massage License #MA33885 Establishment License #MM13334

Transformational Experiences

Sedona Metaphysical Teacher: Bruce Orion

*Bruce Orion is a well-known & respected spiritual teacher/
Astrologer/ Certified Hypnotherapist / Metaphysical Historian from Sedona*

Private Sessions:

*Astrological Counseling, Past Life Regressions,
Chakra Clearing, Higher Consciousness Work*

For more information, visit www.bruceorion.com.



Daily Services available: *Acupuncture & Oriental Medicine
Astrology Readings * Chakra Balancings * Hypnotherapy
Massage Therapy * Past Life Regressions * Pranic Healing*



414 N. Miramar Ave (Hwy A1A)
Indialantic (321) 729-9495
www.aquariandreams.com



**Stop in and
see if what
we offer
nourishes
your soul...**



1745 Trimble Road
321.254.0313

**A POSITIVE PATH
FOR SPIRITUAL
LIVING...**

Rev. Beth Head welcomes you

Unity offers practical, spiritual teachings that
empower abundant and meaningful living

**If you like Wayne Dyer and
Louise Hay, you will enjoy
Unity of Melbourne**

SUNDAYS at 10:00am

**Sunday February 12th Potluck after
service**

We welcome back Pilot Group
Consultant Kristi Peterson. We will share a brief
update during Sunday Morning Service.



**Pet Friendly Family Potluck
Saturday, February 18th
Noon -4:00pm**

We are having a pet friendly picnic in
Unity Peace Park. Please make sure your
pets are friendly
and up to date on
their shots. They

must be on a leash or in a container. We
will have free pet treats to honor the
love of our pet family. We will set up
our picnic buffet in the gazebo, please
bring a dish to share. Join us for fun and
fellowship in the park.



**Art and Practice of Nothing and No One Against You with
Lloyd Reiser Friday 2/24 7-9pm and Saturday 2/25 9-5:00pm**

and 3 follow-up sessions. This program teaches us how to
dismantle any exception to the principle that there is only
one presence and one power at work in our life, God the
Good. The Art & Practice is a fast-track to healing and personal
transformation. You can find out more about the Art & Practice
program and its creators at www.theqeffect.com This qualifies
as a communication class for Partner Membership.



Membership Orientation Saturday 2/25/2012

This class is open to anyone seeking membership in Unity of Melbourne and
anyone who has questions about Unity.



**SOUND JOURNEY with Janine Chimera
Sunday, February 26 6:30-7:30pm**

An experience created through the use of sounds in a
positive, loving, and healing environment. You need do
nothing but be still and allow the vibrations of sound from
voice and various instruments to bathe you and assist you
on a personal journey. WHAT TO BRING...A mat, pillow,
blanket, all optional. (This event not suited to young
children.) Suggested offering: \$10



**DOUGLAS BLUE FEATHER
IN CONCERT Sunday,
February 19th 6pm**

Requested
Concert Offering - \$20 Learn How
To Play The Native American Flute
Workshop

**Monday, February 20th
7:00 - 9:00pm**

This is a hand-on workshop for those
interested in learning how to play the
Native American flute. Basic scales,
techniques, embellishments, and creating
songs will be taught so that the student

can begin playing and enjoying the instrument. Flutes by High
Spirits are provided or bring your own. The class fee includes
practice materials and a practice CD by Douglas Blue Feather.
The Native American flute is a very spiritual and healing
instrument that is easy to learn to play in a very short time.
Flutes and CDs will be available for purchase.

Coming In March Metaphysics 1, Part 1

Facilitator Paulette Mason 6 Wednesdays
beginning 3/7/2012 from 2-4pm or 6-8pm



DURING THE WEEK

Sunday, 11:15 to noon. Adult Sunday school - Join us as we have a metaphysical
discussion. Childcare available.

Tuesdays and Thursdays at Noon - Healing Prayer Service open to all.

Tuesdays 7:30pm A Course In Miracles with Darlene Capinha

1st Sunday of month (Mar 4, April 1) 4pm Reiki Healing Service with Lloyd Reiser

2nd Sunday of month (Mar 11 and April 8) at 4:00pm Chanting with Lloyd Reiser

3rd Sunday of the month (Mar 18 and Apr 15) at 2:30pm Unity's Licensed
Teachers conduct a mini Sunday Service at Carnegie Gardens

2nd and 3rd Wednesdays of the month (Feb. 8 & 15 and Mar 13&20) Rev. Beth
conducts a mini service at Trinity Towers East

Always check www.unityofmelbourne.com for possible event date or time changes

DIRECTIONS TO US: I-95 exit 72, follow Eau Gallie Blvd (518) to Wickham Rd & go left, then left on Trimble. Trimble is north of Eau Gallie Cswy, south of Aurora.

**The greatest
optical illusion
is separation**

Publisher/Editor/Layout

Andrea de Michaelis

Thanks for help this month

Gerald & Rev. Beth Head
Morgana Starr

On the Cover (see page 29)

Golden Thread by Jane Taylor

Contributing writers:

Michelle Whitedove
Esther & Jerry Hicks
Cecelia Aitable
Ma Yoga Shakti
Karen Williams
Lynn Thomas
Barbara Lee
Mike Dooley
Alan Cohen
Tom Sannar
Wayne Wirs
Jim Giorgi

HORIZONS

Our Advertising Rates ... Low because we're in it for the outcome, not the income	6
12 Steps of Spiritual Freedom by Rev. Tom Sannar	6
This Month's Thoughts About Things by Andrea de Michaelis	7
The Teachings of Abraham by Esther and Jerry Hicks	9
Right Understanding by Jim Giorgi	10
Sometimes She Bites by Wayne Wirs	11
Signs of Spiritual Awakening	12
Herb Corner with Cecelia Aitable	13
Soul Powered Life by Lynn Thomas	14
Ask Whitedove with Michelle Whitedove	15
From The Heart by Alan Cohen	16
Yoga: Natural Pathway to Godhood by Ma Yoga Shakti	17
Our Classified Ads	18
Our Calendar of Events	19
Our Phone Directory *Horizons may be picked up at most of these locations*	20
Law of Attraction Works Even If You Think The Wrong Thoughts	24
Abraham Fun with Karen Williams	25
Notes From The Universe by Mike Dooley	28
About the Cover Art	29
Solar and Lunar Celebrations - A Folkways Calendar	30
Come to Your Lovemaking As Shiva and Shakti Would	31
Suggested Reading, Watching, Listening	32
Our Mission Statement	35
Monthly Horoscopes by Barbara Lee	36



"And the day came
when the risk to remain
tight in a bud was more
painful... than the risk
it took to blossom."

Anais Nin

Horizons thanks
everyone willing
to take the risk

HORIZONS MAGAZINE is distributed FREE each month to 200+ bookstores and health food stores throughout Florida, as well as by subscription. HORIZONS is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life. Please write us with your comments.

ARTICLE SUBMISSION: You may submit articles of 200-900 words on any area of personal growth and practical spirituality to HorizonsMagazine@aol.com, along with a 50 word bio telling who you are and how to contact you. Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for as an ad.

The views expressed in Horizons Magazine are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

HORIZONS MAGAZINE
575 Escarole Street SE • Palm Bay, FL 32909-4802

321.722.2100

We accept all credit cards and Paypal

Visit www.horizonsmagazine.com

Email HorizonsMagazine@aol.com

Classifieds \$1.50 per word.
Calendar \$.30 per word.
Phone Directory \$5 per line.

page 18
page 19
page 20

DISPLAY ADVERTISING RATES

Ad size	1 month	3 months*	6 months*
Small Strip Ad	\$ 50	\$ 40	\$ 30
Business card	\$ 90	\$ 75	\$ 65
1/4 page	\$180	\$150	\$125
1/3 page	\$200	\$175	\$150
1/2 page	\$300	\$250	\$220
1/2 on pgs 36,37	\$350	\$300	\$250*horoscopes
Full page	\$400	\$350	\$300
Back page color	\$625	\$565	\$475
Inside back color	\$525	\$465	\$400 color
Inside front color	\$550	\$485	\$425 color
Page 3 color	\$550	\$485	\$425 color
Page 4	\$450	\$400	\$350
Front cover	\$900 (Restrictions apply)		

COLOR ADD 25%

***You must prepay to get discounted rate**

Example: Business card for 6 months is \$390 prepaid
Full page ad for 6 months is \$1,800 prepaid
Broken contracts receive full advertising credit

BEST AD RATES & WIDEST DISTRIBUTION

of any spiritual growth magazine in Florida.
We're distributed monthly to 200+ bookstores and health food stores all over Florida, as well as by private subscription. See pages 20-23 to see where HORIZONS MAGAZINE is distributed

For good advertising results, studies show it takes a reader 3-4 times seeing a new ad before it is noticed and acted on. By the 4th ad, readers begin to call.

Payment is due by the 10th with your ad.

DISPLAY AD SIZES

Full page ad is 7.25" wide by 9.5" tall
1/2 page 4.25" tall by 7.25" wide or 9" tall by 3.5" wide
1/3 page 2.8" tall by 7.25" wide or 9" tall by 2.3" wide
1/4 page 4.25" tall by 3.5" wide or 2" tall by 7.25 wide
Business card ad is 2" by 3.5"
Small strip ad is 1" x 3.5"

**WE ACCEPT ALL CREDIT CARDS
AND PAYPAL ONLINE**

Email us at HorizonsMagazine@aol.com

321-722-2100

Mail ad with payment to
HORIZONS MAGAZINE
575 Escarole Street SE
Palm Bay, FL 32909-4802

12 Steps of Spiritual Freedom

By Rev. Tom Sannar

www.new-thought.org/ Email oneheart@roadrunner.com

- 1. Recognition - God Is First.** I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.
- 2. Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
- 3. Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.
- 4. Dominion.** I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
- 5. I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.
- 6. I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
- 7. Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
- 8. Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
- 9. Persistence.** I persist through faith. I maintain focus and discipline.
- 10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
- 11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
- 12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.





Andrea de Michaelis
Publisher

This month's thoughts about things...

"In the company of one who
is living Love, you can't help
but spring into that Love."
- Sri Sri Ravi Shankar

Hello and welcome to the **February 2012** edition of **Horizons Magazine**. I'll begin with my Planet Fitness Update: I joined Planet Fitness the day before Thanksgiving and I can already tell a difference in how I look and feel. Just two months in, I'm already stronger, have more energy and get better sleep. I'm learning the importance of keeping muscles strong and how muscle tissue can rebuild in 6 weeks, how muscle tissue is broken down and reforms as you exercise.

I was lighter, healthier and more fit at the end of last year than when it began. I've changed my eating habits drastically since my previous carcass eating lifetime of processed and fast food. I tied cause to effect and, one by one, stopped eating the foods that my body couldn't handle – for me, that was fats. Now, each year since 2005, I find myself being led to more healthful food and lifestyle choices, and working out a little more each year. I'm younger and healthier now than I was 10 years ago. I feel my diet has sent me back 20 years.

At the advice of noted fitness trainer Cindy Cox-Ruccolo (see www.cindyruccolo.com) I just added some fish oil supplements to my regime, as well as Glucosamine Chondroitin & MSM for the joints. I'd posted on Facebook that I hear a crunching sound in my right elbow area as I do a triceps kickback even without weight, but had no pain, no discomfort. Cindy had commented "*Sounds like Crepitus. Crepitus is a symptom characterized by a crackling, crunching, grating feeling/sound under the skin, in the joints. In soft tissues, crepitus can be air or gas that has abnormally penetrated and infiltrated an area, in the soft tissue. In a joint, crepitus can indicate cartilage wear in the joint space. We are not Dr.'s. If there is pain, you should see a Dr. asap.*"

Cindy is the sister of a longtime friend, and she's a professional bodybuilder as well as a licensed and certified personal trainer. Cindy is an old school trainer, it's resistance training using no machines, no weights, just your own body. She's 48 with the body of a 25 year old. I did her sequence last night of lunges, jumping squats and weightless deadlifts - it got my heart pumping and got me out of breath in short order. I did sets off and on all evening so I can increase my endurance. My muscles are barking today. That means it's effectively working out muscles I need to work out. I will definitely do this sequence on a regular basis. It really works the major muscles.

And I can do this at home, alone, no weights, no machines? Bring it! Now on days I can't get out to the gym, I have the perfect at home routine. All I need is 30 minutes and 6 feet of floor space. I wonder what my body will be like this time next year? My thought is I'll be a clean, lean, healthy fuel burning machine.

...continued on page 31...

If you appreciate what Horizons has each month, show your support by subscribing, even if your local store carries us.

Subscribe Today

We'll give you 12 monthly issues of Horizons Magazine for just \$22 (\$42 overseas.) Charge it to any credit card or PayPal. FILL OUT THIS FORM OR CALL 321-722-2100, and the next issue of Horizons Magazine will be at your door early each month. You may email HorizonsMagazine@aol.com or mail to 575 Escarole St SE Palm Bay, FL 32909-4802.

*Postage has gone UP but
our prices have gone DOWN*

Please send me ____ subscription(s) at \$22 each. I enclose my check or money order ____ OR
Charge \$ ____ to my credit card. The number is ____
The expiration date is : ____ Email address: ____
Mail my subscription to: Name ____ Phone ____
Address : ____ Apt No. ____
City ____ State ____ Zip Code ____

Yes! I want to receive Horizons Magazine at my own front door

Page 7

MATRIX



ENERGETICS®

The Science & Art of Transformation



Matrix Energetics is a powerful consciousness technology that provides for instantaneous and lifelong transformation at the physical, mental, emotional, and spiritual levels. Committed to transforming the planet one person at a time, Matrix Energetics offers easy-to-learn techniques and strategies for enhancing all areas of life—such as health, family, career, relationships, and finances. Based upon widely-known principles of Quantum

Physics, Matrix Energetics taps into the morphic field of infinite potential and provides easy access to infinite possibilities for all who choose to participate.

**Attend one of our life-changing seminars
in a city near you**

To find a Certified Practitioner near you, visit:
www.matrixenergetics.com/cp-listing.aspx

FEATURED SEMINAR

Asheville, NC

Levels 1 & 2



FEBRUARY 17TH - 20TH - RENAISSANCE ASHEVILLE HOTEL

UPCOMING SEMINARS

San Francisco, CA

Levels 1 & 2, January 27 - 30, 2012

Asheville, NC

Levels 1 & 2, February 17 - 20, 2012

Albuquerque, NM

Levels 1 & 2, March 2 - 5, 2012

Scottsdale, AZ

Level 3, March 31 - April 1, 2012

Fort Lauderdale, FL

Levels 1, 2 & 3, April 20 - 26, 2012

**Friday night demonstration
FREE and OPEN to the public,
space permitting for
Levels 1 & 2 only.**



Check our website for our seminar schedule, early registration discounts, and information about Dr. Bartlett's books.

Follow us on:

facebook

twitter

1.800.269.9513

WWW.MATRIXENERGETICS.COM

ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Esther & Jerry Hicks are authors of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and the NY Times Best Seller, Money and the Law of Attraction and their dvd, The Secret Behind "The Secret." Visit www.abraham-hicks.com.

TEEN DAUGHTER IS LEADING THE SEXUAL REVOLUTION

Guest: On one of your tapes, you mention that we're headed into a sexual revolution. And I have a 13-year old stepdaughter who is leading the pack. But I'm glad I heard you say that, because it gave me a whole new perspective. Instead of having all these fears and telling her, "You're going to get AIDS and you're going to get..." But I don't understand. I want a new perspective on how I can best be with her in an accepting, supportive and non-judging way. Because it really does hit a few triggers, because I'm kind of practiced in a certain thought.

Abraham: Well, the most important thing that we would say to you about that, is, do not try to be the arbitrator of something that is coming forth naturally from her. Don't try to legislate something that is innate. It's like trying to orchestrate breath. It's like saying to people, "You are only allowed to have this many breaths a day, so don't exercise or don't move your body in any way." It's bigger than any legislation. It's bigger than any manipulation that can come forth on a physical front, and it has been the basis of more consternation than almost all other things put together. As you try to legislate something that is so innate and so natural, all you do is get crossways of the inherent nature of your being.

Now, we're going to offer this delicately, but we also want to offer it bluntly: In the same way that you do not try to legislate sex among your beasts -- we would not try to legislate it among your teenagers. They are as wild as beasts, and more powerful in their wanting.

Guest: I think what I hear you saying is to just hold the notion, "All is well," and I don't know if that means ignore that, but just be in allowing state? It's not so easy sometimes.

...continued on page 26...



Herbal Consults, Natural Healing School
DAWN'S ENCHANTED GARDEN
 Email Dawnsenchantedgarden@yahoo.com

Live Oak School of Natural Healing
 Currently offering Herbalist Certification Programs in class and online
352-669-1963 • 407-967-6042
 Visit my websites: Dawnsenchantedgarden.com • Mistressoftea.com
Liveoakschoolofnaturalhealing.com • Auroraperfumes.com

UNICORN & CRYSTAL BALL
ARIEL 772-260-2887
Readings, Divination, Spiritual Art, Dreams



Statewide consult or local appointments

CASSADAGA
SPIRITUALIST CAMP WELCOMES YOU
To Experience This Peaceful Community Where
Certified Mediums And Healers Are Available Daily

Sunday Adult Lyceum 9:30am Lyceum classes are provided as a forum for those who have a desire to learn more about the Religion, Science, and Philosophy of Spiritualism.


Sunday Service 10:30am Join us for our weekly church Service. All welcome!

Sunday Message Service 12:30-1:30pm This is a public message service where our students and mediums demonstrate the continuity of life.

Wednesday Night Message Service 7:00 - 9:00 pm Healing will be offered from 7:00 - 7:25pm. The Message Service consists of a brief talk or meditation followed by professional and student messages ending at approximately 9:00pm.

HISTORICAL TOURS Tuesday and Thursday 2pm and Saturday 3pm Learn about Cassadaga's beginnings, unusual architecture and spirit activity.

ORB TOURS Saturdays 7pm A walking tour of Cassadaga to explore energy spots. Take your own photo or see pictures taken by your guide.



For info on activities, workshops or ongoing classes please visit www.cassadaga.org or call

The Cassadaga Camp Bookstore
386-228-2880

RIGHT UNDERSTANDING



Jim Giorgi is an Integral psychotherapist and life coach; ordained Zen Buddhist priest and Dharma Teacher; Nihon Goshin Aikido black belt instructor; EEG Neurotherapist; EFT Practitioner; author of two books: one on Nihon Goshin Aikido and one on practical spirituality and integral living (*Between Yesterday and Tomorrow*). Contact him at www.brightpathway.com

In the fourth Noble Truth, the Buddha declared that the means of transcending suffering was following the Noble Eightfold Path.

The first of these pathways is termed Right View or Right Understanding, and it is upon this foundation that the practice and realization of all of the seven succeeding principles of the eightfold path is made possible. Right understanding is transformed from a mere intellectual concept into an encompassing experiential reality through the consistent practice of becoming present and accepting whatever is happening in the moment.

Becoming present involves dropping judgments and resistances and expanding awareness beyond the limited interpretation of what is happening before us. This allows all of the incoming informational energy to enter awareness. A ground is needed to discern a figure; empty space is necessary to discern form. The absence of emptiness would be like viewing a totally black page, which is filled with all letters but cannot be read, or like listening to white noise, which, because it contains all sounds without any spaces has no music. We need both form and emptiness to comprehend the full, clear meaning of our experiences. Both form and emptiness are simultaneously coexistent, form arising from and dissolving back into emptiness. When we contract, we diminish our perception of emptiness and see only the form. All of our perceptions and judgments are based on limited info. Presence allows us to see clearly the totality - both the form and the emptiness - existence before us, rather than seeing things as polarized and imperfect. This is not some ethereal spiritual conjecture but a physical, energetic reality.

The truth is that you are made of conscious, joyful, loving energy in condensed form, and you are swimming in and being showered by the same conscious loving energy

in expanded form in every moment. There is no separation between the condensed and expanded energies. You have created a wall between the energy that constitutes your body and the energy of the entire remainder of the Kosmos that is surrounding you, creating gates in that wall to let that energy in. You identify yourself as the wall instead of the energy, and are only aware of the energy that is your true self when those conditions are met. Only then do you open the gates and experience a small portion of your true fullness. There is no free flow of energy, no give and take between the dense “you” and the expanded “you.” You’re unwilling to dismantle the wall and gates for fear you would then have nothing at all

“Solid” objects are not solid but are pure energy coming into and going out of the appearance of solidity every moment. It is like a fantastic fountain that can create all sorts of beautiful shapes and forms from flowing water. The water flows out of the jets, creates the forms, and then drops back into the pool in a joyful, infinite and eternal cycle. At each successive moment it is different water that is flowing into and creating the shape of the objects you observe, but the appearance of the shape remains stable to the observer. There’s always more energy coming back so there’s no reason to worry that you will ever be in a state of detachment or lack. So the miracle of creation is occurring in every moment and enlightenment is simply the total openness to and joy arising from witnessing, participating and collaborating in the creation of everything that is, and is happening, right now. This is how the Buddha and Jesus saw the world and everyone in it. They were saying, “Open your eyes and see as I do, we are the same, we all can see this way.” The only way to join with the endless and abundant flow of our true nature is to drop the wall and experience the truth. The “Big Bang” of creation did not occur 13.75 billion years ago. It is happening now, and has happened for every now and will happen for every now through all eternity.

We are born to be expansive, but soon after birth adopt a state of reflexive contraction in resistance to expansion. Eventually, we learn to contract in response to our contractions, creating even greater suffering. However, we never lose our expansive nature, we habitually contract when we experience a taste of that expansiveness. If reactive contraction were not unconscious and habitual, we could drop it immediately because it no longer serves our highest good and purpose. But once this process becomes habitual, conscious attention and even effort is necessary to break the habit and drop resistance. The liberation sought in the quest for enlightenment is the ability to expand even in the face of contraction.

The irony of life is that we spend most of our waking hours attempting to distract ourselves from the very space and the very moment that would joyfully and abundantly give us everything that we could ever imagine obtaining. That space is here, that moment is now. We all are the space in which the entire universe is continually unfolding, manifesting, dancing and dissolving. That is the truth that we are here joyfully to discover and to live. Identifying the origins and structures of these barriers and charting a path to guide the journey beyond them toward self-realization is my intention for writing *Between Yesterday and Tomorrow*.



Distinctive
Aromatherapy
321-632-1221

1540 Highland Avenue Eau Gallie, Florida 32935
www.naturespirit.com doreende33@yahoo.com

SOMETIMES SHE BITES



Wayne Wirs is the author of "Fading Toward Enlightenment" and "The Implications of the Soul." He has been blogging continuously—before, during, and after enlightenment—for over nine years. Wayne's complete works—his five books, photography and online journal—can be found online <http://waynewirs.com>.

—I've often said, "The less there is of me, the more there is of Her."

Often, for people who are physically near me, they pick up on Her energy (I know how pompous that sounds, but it is what it is). For some, She hugs them and they reap Her benefits—my mother, one of my former students—but for others, sometimes She's a little more... forceful.

Sometimes She bites.

Though the following events happened a few weeks ago, I didn't feel I could talk about them because the wounds were just too fresh and raw for my friend, Jim, to handle.

While I was camped in Ocala, Jim—the guy I write software for—came up for a brainstorming session. The meeting though, quickly devolved into a "confessional" of his worries and doubts about the direction and evolution of his business. He's risking a lot, practically everything he owns (owned) on this idea, so naturally he's stressed. Who wouldn't be?

Somewhere in our conversation, somewhere toward the end of our "meeting," She said—and for the life of me I don't remember why this popped out of my mouth—She said to him, *"There is only one thing in this entire Universe which is permanent, and whatever it is you are clinging to, that ain't it."*

He looked at me a little confused and said, "Yeah, what's that?," but then he realized I was talking about Her and, since he thinks I'm kind of crazy, well, that was the end of it.

About a week later, at two in the morning on Christmas Eve, a rat in his attic chewed through an electric wire and his million dollar house burned to the ground.

...continued on page 27 ...

Ascension Ceremony

Creating a Chalice of Light

LIGHT FOR YOUR LIFE, YOUR COMMUNITY, OUR WORLD



Georgianna Rivera
www.TheAscendingSoul.com
GeorgiannaRivera@gmail.com
 786-253-7250



MARGARITA VARELA

Certified Medium & Healer

386-215-5161

Cassadaga Spiritualist Camp

METAPHYSICAL MINERALS AND JEWELRY

"From the Earth to the Stars"

Coming to a show near you—check website for dates and locations

www.meldedmetal.com

Bring this ad for a 20% single purchase discount





SPIRITUAL PATH FOUNDATION

*What you are to be,
you are now becoming*

Available for private sessions
 Reiki treatments • Regressions • Shamanic
 Healing • Counseling in person or by phone
 Shamanic Warrior Key of Life Classes

321-951-8774
www.spiritualpathfound.org
 Email spiritweaver@bellsouth.net and
 Spiritweaver at www.spiritweavershaman.org




Spiritweaver



JON MUNDY, PH.D.

Noted Author/Speaker

**February 26, 2012
Sunday Service at 10**

*"I'm Nobody, Who Are You?
"On The Mythology of Self"*

Workshop at 12 Noon – 3:30 pm \$25.00

"Living A Course In Miracles" & Standup Philosophy as Dr. Baba Jon Mundane

UNITY CENTER OF VERO BEACH, 950 43rd Avenue, Vero Beach, FL 32960

For Reservations and Directions: 772-562-1133 www.unityofvero.com

SIGNS OF SPIRITUAL AWAKENING

Your sleep patterns change. You feel restless but seem to have more energy. Get used to it and don't worry. Your body will adjust in time.

Activity at the crown of your head. Tingling, itching sensations running over your scalp. Feelings like someone is applying pressure to the top of your head. Flashes of great inspiration, creativity, thoughts. This is the crown chakra opening. You are receiving divine energy/inspirations through the crown.

Waves of emotion. Feeling sad, lonely, happy, angry etc. for no reason. This is a release of blocked emotions and can come from the heart chakra. Acknowledge and release these blocks as they arise. You are clearing old stuff from your past.

Old issues keep coming back and you feel lost. Don't over analyze the issues that arise. Accept and face what comes, then release it. This is cleansing and you will find your way forward. You are never lost.

Your body changes. Don't panic or feel sad if you lose weight or put it on. Your energy levels may swing from high to low. This will settle down when old issues are dealt with. Your vibration is rising as you surrender and understand.

Food intolerances, allergies and cravings. As you become more sensitive to energy, your body may start to react to foods you've always eaten and/or you may start to crave something different. The intolerances and allergies may not be permanent. Trust your body to communicate what it requires.

Your senses increase in their sensitivity. Your 6th sense opens up and you become much more aware of subtle energies. You may hear your name called, voices and sounds. You may also begin to see sparkles of light, shadows, lights, movement, auras around objects. Your 5 senses are being fine tuned and your 6th sense is opening up. The lights, shadows and voices are those of spirit and your guides.

You begin to view the whole world and all that it supports in a new way, a new understanding. You feel a stronger connection to nature, finding a deep appreciation for all of the colors and the shapes. Be compassionate and loving to all things. You are feeling what truly "is." Go with the flow. Trust. Be gentle with yourself as your awareness expands.

...continued on page 35...

THE SPIRITUALIST CHAPEL OF MELBOURNE

with Rev. John Rogers
1924 Melody Lane

MELBOURNE



SUNDAYS 10am-11:30am

Everyone Welcome!

321-733-1555

Check website (under special announcements)
for dates for

MEDIUM'S DAY

Open to the public

\$15 for 15 minute reading

SPECIAL WORKSHOP Feb 15, 2012 6- 9PM

**"Medical Energy Intuition Training for
Practitioners of Healing and Health Care
Professionals" with Cara Seekings, RN and
Thanatologist with Hospice. Cost \$15. To
see her bio, visit www.spirit-chapel.org.**

Call 321-733-1555 to sign up

HERB CORNER

Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. Visit www.herbcorner.net and Call 321-757-7522

ROOIBOS

Rooibos (pronounced Roy Boss). This herb makes a delicious tasting tea that has a wonderful red color and may therapeutic values. **Rooibos** is loaded with **flavanoids**, **quercetin**, **rutin**, **luteolin**, **phenolic acid** and **aspalathin**. Together they provide **Rooibos** with its high antioxidant levels that give it the ability to prevent free radical damage that may lead to the development of cancer, heart attacks or strokes.

Research done in Japan found that **Rooibos** has the ability to inhibit malignant cell changes in mice. The mice were given a 2% solution of **Rooibos** in their drinking water (this would be equivalent to a human drinking 2/3 cup of a strong tea) per day and its maximum value for reducing malignant cell growth was reached at 10% (3 cups for a human) per day.

It was also found through research that **Rooibos** may be of benefit against gamma radiation; this can help to prevent damage to DNA when given just prior to radiation.

Beyond these findings this South African herb has traditionally been used in the digestive system for upset stomach, colic, and to aid in proper digestion.

It has been used for nervous tension, headaches and for sleep disorders. Its antihistamine properties help people who are troubled with hay fever and it seems to help people who are allergic to milk.

Some other things that I found interesting about **Rooibos** is that it contains no caffeine and it contains a healthy form of fluoride so it is of benefit to your teeth.

One of the downfalls to **Rooibos** is that it contains a **polyphenol** which seem to interfere with the absorption of **iron** so if you are already anemic this can be a problem (just a note, your typical black tea also has polyphenols).

RECIPE:

A good blend using Rooibos would be 4 cups boiling water, 1 tsp. Rooibos, 1 tsp. Rosehips, 1 tsp. hibiscus and ½ tsp. Lemon Balm.

This tea has a good flavor both hot and cold, I've added some orange juice and lemon slices to make a delightful summer time punch.



THE HERB CORNER AND LEARNING CENTER



Hours: Wed-Fri. 10-5, Sat. 11-3

277 N. Babcock St., Melbourne * 321-757-7522

TAKE CONTROL OF YOUR HEALTH!

Herb Classes Begin February 25th!

"RECLAIMING OUR ROOTS" HERBAL CLASSES LOOKING FOR HEALTH CARE OPTIONS?



Plants have been, and still are, the back bones of our modern medicine.

As a Master Herbalist it has always been my desire to educate people concerning the medicinal uses of herbs and foods so that they can be a part of, and take charge of, their healing. I have seen more and more of you in the shop with the desire to learn, but the cost of my classes were holding you back. Because it is my desire to teach as many as I can about herbal health, I will be offering my classes at a 33% discount, charging \$20 per class (pay as you go).

Reclaiming Our Roots will start you "on the road" to herbalism, providing the options of health-promoting herbal skills nearly lost to our "modern" world. In this 7 month journey, you will learn how to treat non-emergency health problems, and gain an excellent grounding in the basics of herbal medicine making including teas, tinctures, salves, syrups, compresses and more.

This is an indepth study of the healing properties of herbs for women, men, children and pets; covering all of the systems of the body, the conditions that are associated with that system; and the herbs that are of benefit to these systems and conditions.

Included in these 15 classes are herbs for kids, herbs for pets and 2 planned herb walks.

If you are ready to take your health into your own hands because you are tired of the many side effects and the outrageous costs from your medicines, then I hope you will join me in these classes.

Classes run from February 2012- August 2012, on alternate Saturday Mornings.

Pre-registration is required. A \$20 non-refundable deposit is required for your books and due by February 20.

Call 321-757-7522 for more information.

Over Medicated? We Have Natural Alternatives!
Hundreds of Organic Bulk Herbs * Custom Blended Herbal Remedies

Visit www.herbcorner.net for events, recipes, newsletter, etc.

Soul Powered Life



Lynn Thomas is a nationally published author and intuitive writer who blends the practical with the mystical, bringing wisdom and insights to her readers to help inspire and overcome life's challenges. Learn intuitive writing with the Intuitive Writing Course at: www.SoulPoweredLife.com

Why Worry When You Can Choose to be Happy?

Every thought we have is a choice. So why worry when you can choose to be happy? One of my favorite quotations is: "Worry is negative prayer." This quote reminds us that our worry is actually energizing that which we claim we do not want to happen, or that which we wish did not happen.

What we worry about, draws our focus and energy to it like a magnet. Worry pulls us off center, away from that which we'd rather have occur. Worry is the polar opposite of our desire. If we worry that we'll be sick, how much thought are we putting into being well? If we worry about being broke, how much thought are we putting into prosperity?

Even worse, worry is fueled by our emotions. You can't really worry over something, without feeling strongly about it, too. This makes the worry even more powerfully negative.

HOLISTIC HOUSEHOLD PRODUCTS

Online outlet for Natural home and healthcare products.

Kim Nielsen 407-506-4140

knielsen@wedeliverwellness.com

METAPHYSICIANS' CIRCLE

1st Sunday PSYCHIC FAIR

\$10 for 15 minute reading

2nd, 3rd, 4th, 5th Sundays

Guest Speakers on Metaphysical Topics

\$3 fee
7:00 - 8:45pm

321-474-7348

Always seeking new speakers, visit
www.metaphysicianscircle.com



NEW LOCATION:
307 E. Lincoln Avenue
downtown Melbourne

Worry fragments and depletes our energy. Worry causes disease. It causes nervous tension and fear. It makes us tired, cranky and anxious. Worry muddles our thoughts and causes us to make bad decisions.

When we worry, we cannot be in the now moment because our focus is in the past or future.

So what do we worry about?

We worry about things we cannot change — and things we can change.

By dropping the worry, we can become centered and focused in the now moment, focusing on what we do desire with a calm mind.

If you are troubled with worry, write down what is worrying you. Often this step alone will help us define the worry and as we see it in a new light, we can release its power over us. Often, it will seem trivial, or at least not so big after all.



If, after writing about your worry, you are still worried about it, ask yourself, "What is the worse that would happen if this happens?"

Realize that the worse is not likely to happen, but if it does, you will survive it. Focus on how to not let the worse happen in a calm and rational state of mind.

If you are still distraught and just can't seem to drop the worry, look into the mirror and tell yourself in a firm voice, "I do not wish to think about this anymore. I desire to think about ___ instead" or "I wish this to happen instead."

Sometimes, we need to take stock and shock ourselves out of a negative loop.

Still worried? Then turn it over to a higher power, whether that be God, the angels, your guides, your higher self, a Spiritual Master... whoever you believe can take it from you so that you can feel relief.

Imagine yourself handing the worry over to them, or write about it asking them for assistance... then let go. Don't continue to worry after handing it over.

When we calm our mind and thoughts, we can create seeming miracles in our lives. Bring your thoughts back from the past or future. Focus on your breathing, and center in the now.

Our power is in the now moment.
Healing occurs in the now moment.
Wise decisions are made in the now moment.
So why Worry When You Can Choose to be Happy?

Ask Whitedove



Got a burning question? Celebrity Psychic and Spiritual Teacher Michelle Whitedove is here to help give clarity on topics from Archangels to Zodiac, just ASK WHITEDOVE! Lifetime TV named her "America's #1 Psychic" after showcasing her gifts on "America's Psychic Challenge." Ask your specific questions at www.MichelleWhitedove.com.

Dear Michelle,

The other night I was dreaming that I was flying. Not in an airplane, but more like a bird. My arms were outstretched and I was soaring high above in the night sky with the stars above me. It was a great feeling of freedom and more beautiful than words can express. I was in the middle of this dream then all of the sudden I could hear my son cough from his bedroom. This sound caused me to feel as though I were falling a great distance and my body flailed as I awoke. This nearly scared me to death. Can you explain?

-Free Bird in CO

Dear Free Bird,

I'm sure that most people can relate to your question. It happens to everyone; that feeling of falling, falling, falling and trying to catch yourself as you awaken startled. When the body rests, the soul is free to roam. Or fly! Your soul was out of body on a journey. You became aware of this, or consciously awake with the familiar sound of your child. As your physical body began to stir, your soul came crashing back in a hurry and jolted you awake.

I always advise my students; when this happens try to lay there for a few minutes and remember where you were, then journal it. The experiences we have on the other side are often vivid journeys - just like your exciting adventure of the soul. Wishing you many more happy travels!

Dear Whitedove,

My eccentric auntie who turned me on to all this psychic stuff just announced that she is building a meditation room with an Altar. I know that she's not into sacrifices or anything that could be construed as evil. But why build an altar; isn't that sacrilegious? **Uneasy in Maine**

Dear Uneasy,

My, you are so suspicious. An Altar is simply a sacred space, many times just a table. A small space held in reverence. Your Auntie's intent is to have a dedicated place for her

...continued on page 32 ...



Tom Arcuti YACHAK SHAMAN OF IMBABURA
Initiated in the Tradition of the Shamans of Imbabura Lineage
of the Caras from the Andes of Ecuador.

Shamanic Cleansing and Balancing Ceremonies

Crystals, Stones, Medicine Bags, Pendulums, Mineral Elixirs, Smudge Supplies

Online <http://store.allipacha.com>

Sat/Sun Jan 14-15th, 2012 Volusia County Fairgrounds

www.allipacha.com tom@allipacha.com 386-747-9294



The Cosmic Salamander, Inc.

Janice Scott-Reeder, AA, BA, licensed Psychic & Astrologer

From supplies to readings we have you covered!

954-698-6926 (Coconut Creek, FL)

www.cosmicsalamander.com

Rev. Dawn Casseday

Psychic, Clairvoyant, Medium

Reiki /Energy Healing, Tarot
Past Life Regression Specialist

Phone
readings
available

386-478-0341

www.revdawncasseday.com

CASSADAGA

The Cosmic
Church of Truth



1637 Hamilton Street
Jacksonville, FL 32210

Sunday Mornings
Lessons In Truth
Sunday Service 10:30am

Call for classes & meetings.
Private counseling &
healing sessions
available by appointment

(904) 384-7268

www.thecosmicchurchoftruth.net

JOANNE PRIAULX, LMT, LCT

MA 4308



COLON THERAPY AND MASSAGE THERAPY
COLON HEALTH SERVICES MM921

874-B W. Eau Gallie Blvd
Melbourne, FL 32935

321-242-1713

www.colonhealth4u.com

30 years
experience

From the Heart

Alan Cohen is the author of many popular inspirational books, including his newly-released *Enough Already: The Power of Radical Contentment*. Join Alan for his life-transforming Mastery Training this summer, and on his weekly Hay House Radio show, *Get Real*. For more information about Alan's books, programs, or his free daily inspirational quotes via email, visit www.alancohen.com, email info@alancohen.com, or phone 1-808-572-0001.



The Book of Deservingness

As we proceed into 2012 we must be clear on our vision of who we are, the goals we hold most sacred, and what we deserve. In the Jewish religion, at the outset of the New Year adherents offer each other the blessing, "May you be inscribed in The Book of Life," meaning, "May you live healthfully and joyfully during the coming year."

The Book of Life contains a chapter called The Book of Deservingness. Its appropriate blessing might be, "May you know deep within your soul that you deserve to have all the good things your heart desires." Abraham-Hicks explains that there are two key elements to achieve any manifestation: desire and deservingness. When you seek to attain any goal, Abraham suggests that you focus on two questions: "Why do I want this?" and "Why do I deserve this?" When you are clear on those two answers, all the good that is yours will come to you.

Here are three true stories from The Book of Deservingness:

(1) I occasionally visit a lovely retreat center, Harbin Hot Springs, near Calistoga, California, where some of the best massages on the planet are generously doled out. I used to go to Harbin for three or four days to renew myself before or after a lecture tour. During that period I would usually sign up for one massage. Soon after I arrived one day I went to the massage register to record my name in the blank for

my massage appointment. Looking through the schedule of signups, I noticed that one fellow had signed up for a massage every day for three days. The idea of doing this struck me as a revelation — a person could have a massage three days in a row if he wanted! I had never even considered this possibility, since on some subconscious level I considered so much pleasure to be gluttonous or self-indulgent. But when I saw that this fellow had dove into the very heart of the pleasure machine, I realized that such an act was doable — and I really wanted to do it to. I gleefully registered for massages three days in a row, and went on to love every minute of them. I don't remember that fellow's name, but if I did I would thank him profusely for serving as a mind stretcher and helping me inscribe myself in The Book of Deservingness.

(2) I was presenting a seminar on prosperity when a woman raised her hand and posed this dilemma: "I am a Red Cross fundraiser. After a hurricane or flood, I swing into action and raise millions of dollars in a short time to aid the victims. Meanwhile I'm struggling with my own finances and I have hard time paying my rent and other bills each month. Why is that?"

I thought about her situation and told her, "When you know that you deserve to have your rent and bills paid as confidently as you know that the disaster victims deserve to have their needs met, you will raise the funds for your own important needs."

(3) My coaching client Ted has served as a firefighter for 25 years. Recently he told me that he is retiring and he would like to move with his wife from New Hampshire to Florida. The couple is tired of the cold New Hampshire winters and ready for some sunshine. "We've made an arrangement to rent a Florida home for a month this winter," he told me. "We'd really like to stay for three months," he admitted.

"Then why don't you stay for three months?" I had to ask.

"That seems like a lot to ask," he answered shyly.

I told Ted, "You have been saving people's lives for 25 years. You've courageously burst into burning buildings and rescued adults, children, their pets, and possessions. Many people are more grateful to you than most other people in their lives. Don't you think someone who has offered such service deserves to have three months in the sun — let alone the rest of your life?"

"When you put it like that, it makes sense," Ted replied. "I'll stretch the one month to three," he added.

We all have a part of our mind that feels limited to a one massage only; other people deserve, but not me; one month but not three mentality. To step into our true deservingness, we must question that limit and find reasons for our greater deservingness, reinforced by models of those who are manifesting what we desire and demonstrating that the bigger vision is possible and doable.

Many predictions for 2012 are linked to the Apocalypse. While the word has many dark connotations, its literal meaning is "the lifting of the veil," the drawing aside of the curtain of illusion and the revelation of the greater truth. One of the most formidable illusions under which we have suffered is the illusion of unworthiness. That illusion is written nowhere in the Book of Deservingness. Perhaps we would all do well to take that volume from the shelf, dust it off, and give it a good read. You might just find your name in it.



SUNDAY
MORNINGS
10:30AM
www.thenewway.us



Rev. Suzan Bailey

Held at The Aquarian Building 238 Peachtree St Cocoa
2 streets North of 520, 1 block East of US1
See fish art on the building!

info@thenewway.us 321-961-3615

YOGA: A Natural Pathway to Godhood

Ma Yoga Shakti is a beloved teacher with ashrams in India and USA. She has been greatly instrumental in the spread of Yoga in the US. Yogashakti Mission, 3895 Hield Rd N.W. Palm Bay FL 32907 Email yogashaktipb@yahoo.com visit www.yogashakti.org (321) 725-4024



Yoga is essentially a spiritual approach concerned with the fundamental mental aspect of every human life. The word Yoga is of great significance. It is derived from the sanskrit word "Yuj" to unite. It means union or identification- The union of the Jivatma, the Individual Soul, with the Paramatma, the Supreme Soul, is known as Yoga.

THE MIND IS YOUR WORLD

If the mind is unhappy, you see unhappiness all around. If the mind is happy you see happiness all around. What you see and think is outside, is never outside. it is inside. The inside is always manifesting, projecting itself.

Any criticism reminds me that the person is full of conflicts himself. If someone criticizes me, I may or may not be pained, but it gives me an insight that the person is full of conflicts.

If you are joyful within yourself, you will project joy outside. If you are skilled within yourself, you will manifest your skill outside. If you are good at heart, you will do acts of goodness outside, because the whole world is your mind or your mental projection. What you are within, you will project outside.

Knowing this, you must remember that one aspect of God is bliss. The scriptures mention, "Practice joy all the time" because God is joyful.

By practicing joy you are coming closer to Him and this joy is to be practiced in all circumstances favorable and unfavorable, in happiness and in sorrow.

It is advised that one should always be happy. Whatever may happen be happy. The teaching of Gita and Yoga is to practice joy in all circumstances. Think that every work is God's work and derive joy from it. You are serving God. Whatever comes to you, do it in a spirit of love, dedication and joy. All these practices will lead you on the Path.



MELISSA BROWN
Psychic Medium / Medical Intuitive
Jacksonville, Florida (413) 512-0633
jaxmedium@gmail.com

YOGA SHAKTI MISSION
3895 Hield Rd NW Palm Bay 321-725-4024

Sundays 9-10am
Sunshine Lectures

First Saturday of
month at noon
Vegetarian
luncheon

Ma Yoga Shakti

See page 39

Email yogashaktipb@juno.com Visit www.yogashakti.org

Grand Opening! Book and Bead Outlet

Knowledge & Gifts from the Earth

Merritt Island (Behind McDonald's)

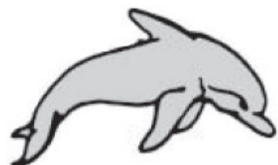
40% & 50% off ALL Books

Specializing in Books for
the Body, Mind & Spirit

**50% off 1,000's of
Strands of Beads**

From Amethyst to
Unakite and Findings

**Up to 50% Off
Tarot Decks**



Herkimer Diamonds * Incense * Relaxation CD's from \$5
Crystals * Jewelry * Pendulums * Salt Lamps from \$17

BookAndBeadOutlet.com

950 N. Courtenay Pkwy (RT3) Merritt Island, FL 32953
(321) 453-2665 Hours: M-F 9 to 5, Saturday 9 to 2

OUR CLASSIFIED ADS

Your listing here for just \$1.50 per word. Mail your listing with payment by 10th of the month preceding publication or email to HorizonsMagazine@aol.com

COME FILL YOUR HEART WITH DOLPHIN JOY!

www.dolfunswims.com dolfunswims@comcast.net

MIRO POSAVEC, REGISTERED HOMEOPATH www.miropath.com
772-774-8529

MANUSCRIPT REJECTED? SELF PUBLISH!

www.selfpublishingseminars.com

HOME-BASED INCOME OPPORTUNITY Work from home promoting natural home and healthcare products. Kim Nielsen 407-506-4140 knelsen@wedeliverwellness.com

CALL THE FLORIDA RE GURU for all your Florida Real Estate Needs
Terry V Schneider, New Millennium RE Brokers (C)321-557-3861

HEAL YOUR LIFE TRAINING Become a licensed HYL workshop leader in the philosophy of Louise Hay. www.healyourlifetraining.com

GANODERMA? HEALTHY COFFEE, TEA Improves health, go to <http://Investinyourhealth.organogold.com> Free Samples Available
Call Diana 954-871-2812

JACKSONVILLE SPIRITUAL GIFTS, PRIVATE READINGS, PARTIES, festivals
Reverend Judy Zarnes psychic medium available for ceremonies
904.477.4427. Dawn Hudson intuitive tarot card reader 904.710-1420

PLEASE EMAIL FEEDBACK ABOUT PSYCHIC READERS to the editor at andrea@horizonsmagazine.com

OBE OUT OF BODY EXPERIENCE - YOU ARE NOT THE BODY \$10 mp3 file at www.horizonsmagazine.com. See pg 28.

HIGHEST QUALITY HAND MADE LYE SOAP The No Sweat Soap Factory
POBox 882, Mountain View, AR 72560 870-269-9499 nosweatsoap@yahoo.com www.nosweatsoap.com

CONNECTING WITH YOUR ANGELS, GUIDES & TEACHERS \$10 mp3 file at www.horizonsmagazine.com. Designed to activate the third eye, expand awareness, develop psychic perception. Page 28.

CHANGE YOUR EATING HABITS \$10 mp3 file at www.horizonsmagazine.com. By the power of suggestion, your desire to overeat will be replaced; your craving for unhealthy foods will be replaced See pg 28.

SLEEPYTIME RECHARGE \$10 mp3 file at www.horizonsmagazine.com. Play this recording as you are falling asleep for restful rejuvenation. We can retrain our consciousness to create healthy beliefs. See pg 28



**British Medium
Janette Marshall
returns to
Florida**

*To Promote the Religion,
Science, and Philosophy
of Spiritualism*



IFSK Director
Marilyn Jenquin

**Private
Readings**
In Person
or by Phone
\$75 / 45 minutes

407-673-9776

Jacksonville March 1st-3rd
Demo of Mediumship Fri, March 2nd ~ 7:30-9 PM ~ \$25
Workshop ~ Saturday March 3rd 10AM ~ 4PM
Both @ Unitarian Universalist Church of Jacksonville,
7405 Arlington Expressway

Tallahassee March 4th - 6th
Workshop ~ Sunday March 4th ~ 1- 5 PM
Demo of Mediumship Monday, March 5 7:30-9 PM \$25

Orlando March 8th - 14th
Workshop ~ Friday, March 9th ~ 6:30-9:30 PM
2nd Workshop ~ Saturday, March 10th ~ 10 AM - 4PM
Both @ Center for Mind-Body-Spirit Connection
6808 Hanging Moss Rd, Orlando

Gainesville March 15th - 18th
Demo of Mediumship Fri March 16 ~ 7:30-9 PM \$25
Workshop ~ Saturday March 17th 10 AM - 4 PM
Both @ Unity of Gainesville, 8801 NW 39th Avenue

Private Readings Available with Jan by Appointment.

Check our other events for 2012 on our website
www.ifsk.org
Email dependablepc@earthlink.net



OWL VISIONS

501 Florida Ave
Cocoa Village
321-292-9292



REV. TERRI MCNEELY
Spiritual Advisor
Medium
Reiki Master

Email OwlVisions@aol.com
<http://smile-village.com/OwlVisions/>

Gifts, jewelry,
crystals, books, tarot,
divination decks and tools,
sage, altar items, music,
readings, aromatherapy

Classes
Spiritual Tarot
Mediumship Development
Crystals • Pendulums
Jewelry making

OPEN WED - SAT
From about 2-3pm
to about 7-8pm
Call first

CALENDAR OF EVENTS

Call to confirm and learn of last minute changes 30c per word, due the 10th (of the month before) at 575 Escarole St SE Palm Bay FL 32909-4802. Email to HorizonsMagazine@aol.com - call 321-722-2100 with credit card info. No calendar listings taken by phone. Listings must include time and physical location. Just \$10 extra for color or a box around your listing

Every Tuesday WINTER SPRINGS Come and listen to Satsang which means gathering together to ask about our true nature and Truth. Then join us for a vegetarian meal. Everyone welcome. Free 7pm -9pm 4811 East Lake Drive Winter Springs, FL 32708. Call 407-264-7313 for more information

Thursdays - MELBOURNE Meet us at the Community Center for Healing Arts, 916 Columbus Ave., Melbourne, FL 32901, for a 6 week discovery class, entitled This Thing Called You. Preregistration required for CD of class material. Required text This Thing Called You by Ernest Holmes. Contact Kathryn C. Flanagan for details and to register. Class will run from March 1, 2011 - April 5, 2011, 10:00am - 1:00 pm. Love donation.

2d, 4th Thursdays MELBOURNE/PALM BAY 7pm Wiccan-Pagan Outer Court Classes, Church of Iron Oak 321-722-0291

Sundays MELBOURNE Spiritual Lecture Series 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 No fee, but offering appreciated. Hield Rd is off Minton Road, just north of Palm Bay Rd, go west a mile or so, on the right, look for mailbox

Sundays MELBOURNE 10am Sunday Service Unity Church of Melbourne 1745 Trimble Rd (off Wickham) 321-254-0313 (see pg 4)

Sundays MELBOURNE 10am Spiritualist Chapel of Melbourne, 1924 Melody Lane, behind the Melbourne Auditorium 321-733-1555

Sundays Rockledge 10AM Sunday Celebration, Wednesday Life Enrichment Series 7PM, visit www.cslspacecoast.org for more information. Center for Spiritual Living-Space Coast, 835 Executive Lane, #136, 321-338-2990

Sundays MELBOURNE Metaphysicians' Circle NEW 307 E. Lincoln Avenue downtown Melbourne 7:00-8:45pm \$3 321-474-7348

1st Sunday MELBOURNE Metaphysicians' Circle presents their Monthly Psychic Fair NEW LOCATION 307 E. Lincoln Avenue 7:00 to 9:00pm \$3 admission \$10 for 15 minute readings 321-474-7348

SUNDAY, JANUARY 29 WEST PALM BEACH 10 -11:30 a.m. CSA minister Katherine Geddes Meditation for Personal Benefits and Satisfying Spiritual Growth 1 p.m. ROY EUGENE DAVIS Spiritual Enlightenment as Self-Revelation 2:30 p.m. Kriya Yoga Initiation CROWNE PLAZA HOTEL 1601 Belvedere Road. Meditation Seminars with Roy Eugene Davis, a direct disciple of Paramahansa Yogananda. Effective Techniques, Helpful Routines & Practice Sessions All Are Welcome. Donation Basis. Reservations Are Not Needed. Ordained by Paramahansa Yogananda in 1951, Roy Eugene Davis has taught these unique spiritual growth methods in North and South America, Europe, and India. His books, CDS, and free literature will be available. Lunch break. Tell your spiritual friends about these programs. Arrive early. FREE: Read Truth Journal and other writings by Mr. Davis at www.csa-davis.org.

SATURDAY Feb 11th ROCKLEDGE 2-4pm Manifesting Love In Your Life Whether in a relationship or looking for one, this workshop Intensive will give you tools to bring more love into you life. Affirmations, Karmic Releases, Aphrodisiac Recipes, and Anointing Oils are some of the tools covered. \$25 Space limited. Registration is recommended. Mystic Encounters by RME, Rockledge, FL (321) 544-6738.

SATURDAY Feb.11th ROCKLEDGE 6-8pm From the Eyes of the Seer: A Group Medium Session. Messages from Spirit, Loved Ones passed over, Spirit Guides and Angels around you will be given to each attendee \$25. Space limited. Registration is recommended. Mystic Encounters by RME, Rockledge, FL (321) 544-6738.

SUNDAY February 15, 2012 MELBOURNE 6PM-9PM The Spiritualist Chapel of Melbourne is holding a workshop. The Person who will be leading the workshop is Cara Seekings. She is a Registered Nurse Thanatologist with Hospice. Her workshop will be on "Medical Energy Intuition Training for Practitioners of Healing and Health Care Professionals". The cost is \$15.00 per person. To see her Bio, please check www.spirit-chapel.org. Please call 321-733-1555 to sign up.

SUNDAY, February 26 VERO BEACH Unity Center hosts DR. JON MUNDY at 10 a.m. Service and 12:00 to 3:30 p.m. Workshop. Service: I'M NOBODY, WHO ARE YOU? Workshop: LIVING A COURSE IN MIRACLES. Advance registrations for workshop \$25, phone 772-562-1133.

Read Andrea's daily blog at <http://horizonsmagazine.com/blog/>

ALPHABETICALLY BY COUNTY

Place your ad here for just \$5 per line. 20 characters per heading, 44 characters per line
Payment due 10th of the month before 321-722-2100 • Email and Paypal to HorizonsMagazine@aol.com

OUR PHONE DIRECTORY... 321-722-2100

ALACHUA COUNTY (352) GAINESVILLE (386) HIGH SPRINGS

A ROCK SHOP & MORE

HIGH SPRINGS EMPORIUM 386-454-8657
660 NW Santa Fe Blvd (441)
Gemstone Jewelry & More

BOOKS & GIFTS

WILD IRIS BOOKS 352- 375-7477
802 W University Ave www.wildirisbooks.com

CHURCHES

SERAPHIM CENTER & CHAPEL 352-339-5946
1234 NW 14th Ave Gainesville, FL
<http://www.seraphimcenter.org>

HEALTH FOODS

MOTHER EARTH MARKET 352-331-5224
MOTHER EARTH MARKET 352-372-1741

BREVARD (321)

ACUPUNCTURE

SUSAN HATHAWAY, Ph.D., AP 723-3017
2105 Palm Bay Rd NE Suite #2 in Palm Bay

ASTROLOGER

LESLIE MARLAR 779-0604
VLMarlar@aol.com www.lesliemarlar.com

ASTROLOGY REPORTS,

SPIRITUAL SOUL CENTERED

ANDREA DE MICHAELIS \$22
For birth, predictions and compatability, geared
toward personal growth and intuitive revelation.
Can be mailed or emailed as a gift
Email horizonsmagazine@aol.com

BOOKS & GIFTS

AQUARIAN DREAMS 729-9495
414 N. Miramar Avenue (Hwy A1A)
www.aquariandreams.com

CREATIVE ENERGY 952-6789
Incense, Music, Jewelry, Books, More
See ad page 2 835 E. New Haven Ave Melb

ENCHANTED SPIRIT 784-2213
Treasures to inspire the spirit, soothe the soul
320 N. Atlantic Ave (A1A) Cocoa Beach
Corner of North 3rd Street - Readings By Appt

OWL VISIONS Rev. Terri McNeely 292-9292
501 Florida Ave Cocoa Village 2-6pm call 1st

WHAT YOU LOVE TO DO 504-0304
602 Brevard Ave in Downtown Cocoa Village
www.whatyoulovetodo.com

WWW.ANGELSBYFELICIA.COM 917-3757

CHURCHES

CENTER FOR SPIRITUAL LIVING SPACE COAST
Rev. Ron Fox Rockledge 321-338-2990

THE NEW WAY www.TheNewWay.us 961-3615

SPIRITUALIST CHAPEL OF MELBOURNE 733-1555

UU Church OF BREVARD www.uubrevard.org

UNITY OF MELBOURNE 10am Sundays 254-0313
1745 Trimble Rd www.unityofmelbourne.com

UNITY OF MERRITT ISLAND 452-2625

UNITY CHURCH ON THE SPACE COAST
2000 South St in Titusville 383-0195

DIGEREDOO AND DRUM

LESSONS, DRUM REPAIR

JON PAUL 321-216-6041

HEALTH FOODS

APPLESEED 1007 Pathfinder Rckldge 631-1444
NATURE'S MARKET & CAFÉ 254-8688
PINETREE HEALTH 777-4677
SUNSEED CO*OP Cape Can AIA 784-0930
THE JUNGLE ORGANIC AIA 773.5678

HERBS & GIFTS

HERB CORNER 277 N. Babcock Melb 757-7522

MAMA JO'S SUNSHINE HERBALS
1300 Pine Tree Dr. IHB 321- 779-4647

MASSAGE THERAPY

DEBILEE WIEDORFER Cocoa area 321-720-1022
<http://smile-village.com/DebileeWiedorfer/>

LOTUS HEART HOLISTIC CENTER 321-768-7575
529 E. New Haven Avenue downtown Melbourne
www.lotusheartmelbourne.com

MEDITATION CDS MP3S

ANDREA de MICHAELIS \$10 See display ad pg 28
Connecting With Your Angels, Guides, Teachers
OOBE Experience - ReProgram Eating Habits
Breath & Mantra Meditation since 1972
Breathe awake The One inside

METAPHYSICAL SERVICES

MYSTIC ENCOUNTERS BY RMF
Mystic Readings, Medium Sessions
Past Life Regressions, House Cleansings
Workshops/Classes/Events
Individual/Phone/Groups
Central FL Area (321) 544-6738

PRINTER, COPIER, FAX

Great savings and service - FREE delivery
Toner cartridges 100% guaranteed
advancedlazertech.com 321-242-7735

PSYCHIC READERS

JORIE EBERLE 321-638-0367
Spiritual Teacher, Reader, Advisor, Classes

KATHRYN FLANAGAN 321-591-5171
Advisor • Teacher • Tarot • Home Parties

REV. ROBIN Psychic/Medium 321-544-6738
In Person/Phone/Groups/Parties

REV. TERRI MCNEELY 321-292-9292
Spiritual Advisor/Medium. Classes in Medium-
ship at Owl Visions Cocoa Village. Also
crystals, jewelry, essential oils and blends.
www.smile-village.com/OwlVisions/

MORGANA STARR 321-506-1143
Psychic-Medium, Classes. Private or group

AAMichael Gabriel AM St.Germaine Reader
lilapsychic@yahoo.com 321-264-8930

Please email feedback about readers
to andrea@horizonsmagazine.com

ROCKS, CRYSTALS, FOSSILS, JEWELRY

CHRYSLIS SPIRIT Rocks, Fossils, Crystals,
Jewelry Wholesale Prices! Rare Stones:
Moldavite, Super 7, Phenacite, 1200+ lbs of
Selenite, Salt Lamps \$14, Long Selenite Wands
\$4, Singing Bowls \$20, Gemstone Jewelry \$8
and More! 2137 N. Courtenay Pky #30
Mon/Tue/Thu/Fri 10-5 Wed/Sat 11-3

SALT DELIVERY AND WATER TREATMENT

SALTY'S Water Treatment Supplies and
Service, Salt Delivery and More 321-725-7080
Installations, Upgrades www.saltyswater.com

SPIRITUAL DEVELOPMENT

ANDREA de MICHAELIS 321-722-2100
What's it all about? What's happening to me?
Working thru spiritual emergence
andrea@horizonsmagazine.com

THERAPY

SPIRITUAL PATH FOUNDATION 321-951-8774
Reiki, Regressions, Shamanic Healings,
Counseling (in person or by phone)

KEITH FITCH, LMT 321-504-0304
Massage/Cranial Release Technique
Sound and Vibrational Therapy #MA53465
Your home, biz or our Cocoa Village Location

YOGA MEDITATION

CLASSES, RETREATS

YOGA SHAKTI MISSION 321-725-4024
Also books available by Ma Yoga Shakti
3895 Hield Rd in Palm Bay (see page 39)

BROWARD (954) FT. LAUDERDALE

BOOKS & GIFTS

ANGEL HAVEN Las Olas Blvd Ft Laud 522-4720

CENTER FOR HUMAN DEVELOPMENT
5809 Hollywood Blvd. Hollywood, FL
954-989-6400 www.espcenter.com

CRYSTAL VISION 3160 Stirling Rd 981-4992

DIVINE LOVE INSTITUTE 954-920-0050
Hollywood, FL www.divineloveinstitute.org
Gifts, Free Reiki Circle, Life Coaching, Akashic
Record Certification, Angel Workshops, Magni-
fied Healing and IET Certification

GRIFFIN'S LOFT 625-6775

NATURE'S EMPORIUM 755-2223
8041 West Sample Road Coral Springs

NEW AGE BOOKS & THINGS 771-0026
4401 N. Federal Hwy Fort Lauderdale

CHURCHES

RELIGIOUS SCIENCE FORT LAUDERDALE
Center for Spiritual Living 954-566-2868

UNITY GATEWAY CHURCH 954-938-5222
3701 N. University in Coral Springs

UNITY CHURCH OF HOLLYWOOD 954-548-9320
2750 Van Buren Street www.unityoh.org
Services in Spanish 6pm Sunday in the sanctuary

HEALTH FOODS

HEALTH FOODS PLUS 989-3313
3341 Hollywood Blvd in Hollywood

WHOLE FOODS MARKET
810 University Drive Coral Springs 753-8000
7220 Peters Road in Plantation 236-0600
2000 N. Federal Hwy Ft. Laud 565-5655

WILD OATS MARKETPLACE 566-9333
2501 East Sunrise Blvd in Ft. Laud

COLLIER COUNTY (239) NAPLES

BOOKS & GIFTS

SACRED SPACE 239-390-2522

CHURCHES

UNITY OF NAPLES Books, gifts 775-3009

HEALTH FOOD STORES

FOR GOODNESS' SAKE 353-7778
FOOD & THOUGHT MKT CAFE 213-2222
NATURE'S GARDEN 643-4959
SUN SPLASH Market & Cafe 434-7721
SUNSHINE Discount Vitamin 941-598-5393

DUVAL (904) JACKSONVILLE

BOOKS & GIFTS

BLACK SHEEP BOOKS 880-1895
9735 St. Augustine Road Jacksonville 32257

EARTH GIFTS www.earthgifts.com 389-3690

CHURCHES

COSMIC CHURCH OF TRUTH 904-384-7268
1637 Hamilton Street - in Jacksonville

UNITY CHURCH FOR CREATIVE LIVING
2777 Race Track Rd Jax 904-287-1505
www.unityinjax.com/

PSYCHIC READERS

MELISSA Medium & Medical Intuitive
413-512-0633 jaxmedium@gmail.com

ESCAMBIA (850) PENSACOLA

UNITY OF PENSACOLA 850-438-2277
716 N. 9th Ave. www.unitypns.com

FLAGLER (386) PALM COAST

ART, GIFTS, GATHERINGS

THE SOURCE LIMITED 386-437-3230
4601 East Hwy 100, Unit F-3 Bunnell 32110

HILLSBOROUGH (813) TAMPA, LUTZ

BOOKS, GIFTS, READINGS

MYSTIKAL SCENTS 813-986-3212

GAIA SPIRITUAL DOORWAYS 813-943-3666
26300 Wesley Chapel Blvd, Lutz Florida 33559
<http://www.gaiaaspiritualdoorways.com/>

INDIAN RIVER (772) VERO, SEBASTIAN

ACUPUNCTURE

COMPLEMENTARY MEDICINE 772-766-4418

CHURCHES

UNITY OF VERO BEACH 772-562-1133

HOMEOPATHY

MIRO POSAVEC, Registered Homeopath
www.miropath.com 772-774-8529

ANGEL THERAPY

Readings with Certified Medium - MJ
772-913-1314 www.revmaryjean.webs.com

BOOKS & GIFTS

THE LABYRINTH 239-939-2769
12995 S. Cleveland Avenue #108

CHURCHES

UNITY OF FT. MYERS 239-278-1511
11120 Ranchette Road Fort Myers, FL 33966
www.unityoffortmyers.org

LEON CTY (850) TALLAHASSEE

BOOKS & GIFTS

CRYSTAL CONNECTION 878-8500
1233 Apalachee Parkway in Tallahassee

STONE AGE Tallahassee Mall 383-0233

HEALTH FOOD STORES

HONEYTREE 1616 N. Monroe St 681-2000
NEW LEAF MARKET 942-2557

MARION COUNTY (352) OCALA

BOOKS & GIFTS

SOUL ESSENTIALS Ocala 352-236-7000
Crystals, rocks, gems, unique gifts, healing gifts
805 SE Ft. King St jensoul@embarqmail.com

CHURCHES

UNITY OF OCALA 101 Cedar Road 352-687-2113

HEALTH FOOD STORES

MOTHER EARTH MARKET 352-351-5224

OCALA GHOST WALKS

www.ocalaghostwalks.com 352-690-7933

MARTIN COUNTY (772) STUART

BOOKS & GIFTS

MYSTIC CHRONICLE Jensen 334-1899

CRYSTALS & GEMS

BELLA JEWELRY & GIFTS 219-8648
39 SW Osceola Street, Stuart 34994

DREAM CATCHER 692-6957
1306 NW Federal Highway in Stuart

HEALTH FOODS/CAFE

NATURE'S WAY CAFE Stuart 220-7306
PEGGY'S 5839 SE Federal Hwy 286-1401

BOOKS AND GIFTS

DREAMCATCHER 692-6957
Emerald Plaza 1306 NW Federal Hwy Stuart

SPIRITUAL CENTERS

UNITY OF FORT PIERCE 461-2272
3414 Sunrise oneness@unityoffortpierce.com

MIAMI-DADE (305)

BOOKS & GIFTS

CELESTIAL TREASURES 461-2341
3444 Main Hwy in Coconut Grove

9TH CHAKRA 538.0671
530 Lincoln Road in Miami Beach

FAIRY'S RING 86 Miracle Mile 446-9315

HEALTH FOODS

WHOLE FOODS MARKET 933-1543
21105 Biscayne Blvd in Aventura
1020 Alton Road Miami Beach 938-2800

WILD OATS MARKETPLACE 532-1707
WILD OATS MARKETPLACE 971-0900

SPIRITUAL SERVICES

GEORGIANNA RIVERA 786-253-7250
www.theascendingsoul.com
Magnified Healing class/certification,
Ascension Ceremony Facilitator, Integrated
Energy Therapy, Akashic Record Consultation,
Ascension Study Group

MONROE (305) FLORIDA KEYS

HEALTHFOOD/JUICE BAR

GOOD FOOD CONSPIRACY 305-872-3945
US 1, Mile Marker 30 on Big Pine Key

MASSAGE & COLONICS

CAROL CHRISTINE 305-849-3263
Health is wealth, each one, teach one

NEW AGE BOOKS, GIFTS

BLUE MOON TRADER 872-8864
CRYSTAL LOFT 872-9390

OKALOOSA (850) FT. WALTON BCH

CHURCHES

UNITY CHURCH FWB 864-1232

HEALTH FOOD STORES

FEELIN' GOOD! Hwy 98 Destin 654-1005
GOLDEN ALMOND FWB 863-5811

YOGA, CLASSES, MORE

THE BAREFOOT YOGA STUDIO 850-678-8498
www.thebarefootyogastudio.net

ORANGE COUNTY (407) ORLANDO

BOOKS & GIFTS

AVALON Hillcrest St in Orlando 895-7439
SPIRAL CIRCLE 750 Thornton Orlando 894-9854

CHURCHES

CENTER FOR MIND BODY SPIRIT CONNECTION
A Religious Science Church 407-671-2848
www.mindbodyspiritone.com

HERBS, GIFTS

LEAVES & ROOTS 407- 823-8840
9434 E. Colonial Drive in Orlando

MEDITATION GALLERY

SHIRDI SAI BABA CENTER 407-830-1276

HERBAL CONSULTS,

DAWN'S ENCHANTED GARDEN
Live Oak School of Natural Healing
352-669-1963 and 407-967-6042
Dawn @ Dawnsenchantedgarden.com

PALM BEACH (561)

BOOKS & GIFTS

BOTANICA SAN EXPEDITO 561-682-0955
CHANGING TIMES 640-0496
CRYSTAL CREATIONS 649-9909
SECRET GARDEN 844-7556
SHINING THROUGH 276-8559
DREAM ANGELS 561-745-9355
SPIRITUAL AWAKENINGS Lk Worth 561-642-3255

CRYSTAL GARDEN 369-2836
2610 N. Federal Hwy Boynton Beach

COFFEE & GIFTS

MOTHER EARTH COFFEE & GIFTS 561-460-8647
410 2nd Avenue North in Lake Worth, FL 33460

CHURCH / CLASSES

UNITY OF THE PALM BEACHES 561-833-6483

HEALTH FOOD/CAFES

NUTRITION S'MART 561-694-0644
4155 Northlake Blvd Palm Bch Gardens
www.nutritionmart.com

SPIRITUAL DEVELOPMENT

ANDREA de MICHAELIS 321-722-2100
Phone Sessions • What's happening to me?
Working thru spiritual emergence
Email andrea@horizonsmagazine.com

PINELLAS (727) ST. PETE CLEARWATER

BOOKS & GIFTS

MYSTIC GODDESS Largo 530-9994
OTHER WORLDS St. Pete 345-2800

CHURCHES

UNITY OF CLEARWATER 531-5259
PEOPLE'S SPIRITUALIST CH 686-8362
TEMPLE OF LIGHT 538-9976

HIGHER LEARNING

COLLEGE OF METAPHYSICAL STUDIES 538-9976
Distance or on campus classes, www.cms.edu

HYPNOSIS

ST. PETERSBURG HYPNOSIS CENTER 452-5630
CLEARWATER HYPNOSIS 727-562-5630
FloridaHypnotherapy.com
Stop Smoking, Release Weight, Stress Reduction
Prosperity Thinking, Procrastination, Confidence
Free Consultation - Call Now

ST LUCIE (772)

SPIRITUAL CENTERS

CRYSTAL CENTER OF ILLUMINATION 465-9327
ACIM • TM • Yoga • Reiki • E-W Sunday Service

SARASOTA (941)

BOOKS & GIFTS

ELYSIAN FIELDS Midtown Plaza 941-361-3006

SEMINOLE (407) SANFORD

CHURCH, BOOKS, GIFTS

UNITY CHURCH OF CHRISTIANITY
4801 Clarcona Ocoee Rd ORL 407-294-7171

CRYSTALS AND GEMS

TIMELESS TREASURES 407-314-7478
Flea World - Sanford - A/C GOLD Bldg #18-20

GIFTS, CONSULATIONS

LUNASOL ESOTERICA Sanford 407-392-6870

CLOTHING AND GIFTS

DIVINE MOTHER EARTH Sanford 321-363-4901

VOLUSIA (386) DAYTONA, NEW SMYRNA, DELAND

ACUPUNCTURE

Debra (Rusty) Gaffney AP, DOM. C.C.P.A., DCN
Acupuncture Physician, Oriental Medicine
339 E New York Ave DeLand FL 32724
386-734-4126 www.acudebra.com

BOOKS AND GIFTS

A LOTTA SCENTS 423-9190

ART & SOUL Orange City 774-4278

CASSADAGA CAMP BOOKSTORE 228-2880

Certified Mediums Available Daily

MERLIN'S VISION in Deland 738-4056

THE PURPLE DOOR 31 S Hwy 17-92 753-9393

DAYTONA BOOKS & METAPHYSICS 236-9968

HERBS AND GIFTS

SPICE OF LIFE HERBS 734-0035
214 W. Beresford Ave in Deland Wed, Fri, Sat
11-5pm, Thurs 11-6p www.spiceoflifeherbs.com

METAPHYSICAL CENTER

INT'L ASSN. OF METAPHYSICS (I.A.M.) 228-0910
140 E. Michigan Ave., Lake Helen, FL 32744
Classes, Seminars, Sun & Thu Light Services

PSYCHICS ROCKS & GEMS

PURPLE ROSE in Cassadaga 386-228-3315

GEORGIA

BOOKS & GIFTS

PHOENIX & DRAGON 404-255-5207
5531 Roswell Road • Atlanta, GA 30342
inside I-285 www.phoenixanddragon.com
Unique gifts, jewelry, psychic readings

Morgana Starr



Author
Speaker
Psychic
Medium
Spiritual
Advisor

Personal Sessions with
Morgana can assist you at
gaining direction and finding
Divine peace in your life.

PSYCHIC DEVELOPMENT CLASSES

Beginning
Intermediate
Advanced Levels

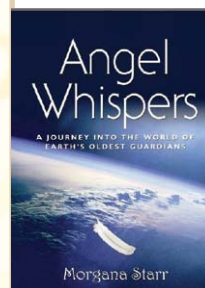


Melchizedek Method
of Healing Workshop in April

Personal Sessions and
Classes in the Cocoa area

Phone and Skype
Sessions available

GUIDED MEDITATION CD'S



Morgana's newest
book, *Angel Whis-
pers, A Journey
Into the World of
the Earth's Oldest
Guardians* is
now available on
her website,
Amazon and
Cassadaga Bookstore

321-506-1143

www.morganastarr.com

Gift certificates available

Find me on Facebook!



From Andrea's Daily Blog "Creating My Own Reality One Thought At A Time" at www.horizonsmagazine.com/blog/
Andrea de Michaelis, Editor

Law of Attraction works even when you think the "wrong" thoughts

I got an email last week on the topic that I get the most inquiries about: Law of Attraction — why am I getting what I'm getting and how do I attract what I want instead? The answer is simple but may take some fine tuning until you really understand what you're doing and why.

Domino writes: I live in San Diego. I am trying to use the law of attraction to get men to stop approaching me for sex. I say affirmations several times a day: "I am left alone when I am walking. I am left alone when I go shopping. It's easy to say no. My boundaries are respected. Men have clean thoughts about me."

Andrea responded: Domino, with all due respect, these particular affirmations will not help you attract what you think you are attracting (or not.) The thing most people get wrong about law of attraction is not being clear on what they are thinking and thus attracting. With the above 5 sentences, the topic is clearly "I want to avoid being attacked." The focus is "walking alone, men overstepping boundaries due to their unclear thoughts." So just be aware that right now you're a magnet for that.

Some more helpful statements might be:

I am a powerful person and I exude confidence.

I have the power to handle myself in all situations.

I attract pleasant and delightful circumstances and people to me.

I look for the good in everything and everyone I see.

People are kind and helpful and generous with me.

When you hold these thoughts, when you vibe in this place, you are nowhere near the other place, the place where the first 5 affirmations will hold you. So there's no need to focus there. You can feel the difference in the statements. The difference in how you feel as you say them, the amount of lightness and security you feel, is also your indication of the vibrational difference in what you'll attract.

It's like when someone gives a hypnotic suggestion, "You will not smoke. You don't want to smoke. You will stop smoking." That is never successful because the focus is still "smoking." A more successful smoking suggestion would be "It feels good to make the decision to stop smoking for now. It feels good to breathe in the fresh air. I love the way things smell and taste so good now. It feels good to exercise and take strong, deep breaths. It feels good to walk around the block every day and swing my arms in rhythm like winding an inner clock. It feels so good to breathe in the fresh air." The topic here is "feel good, breathe." Your subconscious will do all the work for you with suggestions like this. A gentle and subtle redirection of focus plus replacement activity = success.

I wrote about affirmations and inner dialogue script replacement at <http://horizonsmagazine.com/blog/?p=14689>, entitled When "Thinking Positive" Doesn't Help. It's just matter of getting the terminology right for the words and phrases you are going to program yourself with. I do this kind of work all the time in my hypnosis practice and also with my audio self hypnosis files (see page 28) and I get a lot of feedback about what works and what doesn't. If you like, feel free to use the search box at my blog to search "law of attraction" as I've written on it a lot and I'm glad to help. We also discuss this during Spiritual Emergence-y Sessions (see page 25.)

And, last but not least, remember that it's all related, everything. If you have resistance — or unresolved issues — in any other area of your life, it will impact (on some level) what you attract in all areas. The best thing to do is do a little soul searching on a regular basis, say during morning meditation or evening review and, as issues come up, give them a little thought and work through them one and for all.

The good news is the more personal stuff you work through at the moment it comes up for you, the easier life gets and the less resistance you find you have. When you aren't being continually triggered by the people, circumstances and events around you, you automatically begin attracting more of what you want without having to consciously program yourself with affirmations and positive statements in order to stay focused on it long enough for it to happen. It begins to flow automatically. You stop creating more aggravating karma to work out later. Life becomes the dream you always wanted it to be. Really."



Serena LaSol
Healing Key Way
Reiki -Quantum Touch
Aromatherapy
Sacred Stone Healing
Sound Healing
509-389-0927

Charles Lightwalker
Intuitive Readings -Medical Intuition
Channeling -Sound Healing
Reiki - Author
509-389-7290



TheFamilyOfLight.net

ABRAHAM *FUN*



Karen Williams is the author of *Soulsongs: Welcoming Your Deepest Desires* and distributes a bumper magnet, "Think Happy Thoughts & Good Things Will Happen." Karen and her partner, Mark, also host Abraham-Hicks discussion groups in Winter Springs, FL. soulsongkaren@cfl.rr.com. Karen's blog: www.abrahamfun.com. www.lulu.com/soulsongkaren

Push The Parameters

This and every moment, I'm giving off a signal, an electromagnetic vibration. The signal is created by my mental focus, and it registers the degree to which I like or dislike whatever has my attention. Naturally my signal ever shifts and changes as quickly as I change my thoughts. But it generally stays within certain parameters on a happy/unhappy scale because my range of thoughts generally stays, due to habit, within certain parameters.

Everyone and everything in my experience is responding to my signal. My boss, the checkout guy, friends, family, even the traffic and weather react to my signal. All of life participates in this amazing and intricate dance.

The happier my signal, the more I will encounter what I want, for my outer experience must match my vibration. Universal Law of Attraction, as immutable as gravity, decrees it.

Today I resolve to venture beyond usual parameters. I deliberately choose to shrug off irritations, aggravations, and unsettling thoughts about the future.

I deliberately choose to think about what I like and want. Thus I deliberately ramp up my vibration, and delightful results will ensue.

The Highest Quality Hand Made Lye Soap

No Sweat Soap Factory

Using a 200 year old family recipe and a fifth generation iron soap pot, Deborraha Burnett makes Scottish Lye Soap at the **No Sweat Soap Factory**. She may be found at Living History events, old-time music festivals, craft fairs.



LYE SOAP FOR:

Psoriasis and Eczema
Spots & Stains
Poison Oak/Ivy
Athlete's Foot
Insect Bites
Dandruff
Fish Bait
Acne

The No Sweat Soap Factory

870-269-9499 POBox 882, Mountain View, AR 72560

E-Mail nosweatsoap@yahoo.com

www.nosweatsoap.com

\$3 PER BAR

I have met many people who have been treated for depression and other conditions when they were, in fact, in the deep stages of spiritual crisis. ~

Caroline Myss

ARE YOU IN SPIRITUAL EMERGENCE-Y?

Are you in turmoil in relationships?
Have you been fired or betrayed?
Do you have a total sense of abandonment?
Is your emotional life a roller coaster?
Are you moving between feelings of numb blankness to darkness and despair? Are you:

Have you had a major life upheaval such as
paranormal or mystical experience
near-death experience
death of loved one
change of location
job change
marriage
disability
divorce
illness

hurt
angry
irritable
fatigued
restless
resentful
melancholy
mentally foggy
over or under fed
sleepless or overslept
using addictive substances?

Are your spiritual needs not being met in the churches? You know your spiritual needs are being met when you have a sense of stillness within you, and a feeling of connection to the *Creator/Source/Universe/Energy/God/Goddess* of your understanding. Spiritual emergence-y is a form of identity crisis where you undergo drastic changes to your belief system. This is a sign that deep work and purification are unfolding. It can be uncomfortable and painful, not easy to function in society and to continue with daily tasks and responsibilities. As we pursue a spiritual path, we all deal with the same issues,



**"Who am I?"
"What am I doing here?"
"What is my purpose?"
"Why is there so much pain & suffering?"**

These questions arise from contemplation of something that does not fit into our present belief system. In order to break through, you have to burn away your current limited view of the world and of your place in it. There are rules to navigating this smoothly and I can teach you those rules, so you can live a more expansive life. So much of my counseling practice is currently on the topic of spiritual emergence-y that I decided to make it a focus for 2012. Together we can discover more of who you came here to be. \$60 for one hour by phone at your schedule, and affordable because this is important work.

"How blessed I was to find you. Who so effortlessly showed me who I was and made me see through the lies I'd been told and began to believe myself. Thank you."

Andrea de Michaelis 321-722-2100

Email horizonsmagazine@aol.com

Andrea online at <http://horizonsmagazine.com/blog/>

CREDIT CARDS, PAYPAL



Abraham-Hicks

...continued from page 9...

Abraham: Well, we can give you something that will help you to release some of those former beliefs and concerns, and connect with one that comes forth deeper from within you. We've been talking about being extensions of Nonphysical Energy. And we say to you that the contrast, or the experience of your physical lifetime, is what puts the impulse within you that summons the Life Force. And can you not hear that more purely around the subject of sexuality than any other subject?

Here you come forth into these environments that are established to produce within you desire, and then you are saying, "*Well, that desire, even though it is within me, must be set aside.*" Physical beings have been working very hard to deprive themselves of the feeling of desire. There are many who ascribe to the philosophy that desire is the root of all evil. That if I want something, then I am uncontrollable. And so, there are many people that, in many different ways, are trying to get you to control, to control, to control. There is a better way: Rather than trying to control the desire by trying to pull the desire down -- it is much better to get into vibrational alignment with the fullness of it.

And so, think about the subject of rampant sexuality; (aside from the moral issues that the religions are offering about it being an inappropriate thing to do, when the entire basis of the Universe speaks to the contrary of that) let's pick up the "Stick" that says "sexually transmitted disease," and feel the discomfort of that. And then ask yourself, is that the only subject around sexuality? When I pick up that specific "Stick," of course I would vibrate in a place of not wanting. But are not there many other aspects relative to the subject of sexuality that cause me to vibrate in a better feeling place? You, personally, must come into vibrational harmony with the idea of Well-being around the subject.

And so, out here in this sea of contrast -- where all things are possible -- if you want to get into that place of guardedness, there are unlimited things that you can worry about. There are many people who make their living and their livelihood by finding things that you might be guarded about and getting you all worried about them so that they can help you soothe them.

The Sexual Drive Is A Spiritual Desire

But the truth of it is: Well-being is the order of the day. And the rampant sexuality that is the basis of your physical universe is a very good thing. It is the survival of your species. It is the ongoing of the species. It's what keeps providing the environment of contrast that keeps taking thought beyond that which it has been before.

It is difficult for us to understand how you ever got so crossways of this natural inherent sexual desire that is born within you. It is a spiritual desire that comes forth. You can legislate it, you can orchestrate it, you can make all kinds of rules and laws about it, and the desire will still triumph. And all your population will do is find greater and greater ways to be deceptive -- as they are satisfying this one very inherent desire that is within them.

And so, we're not great encouragers, you are discovering, of repressing any desire. Your desires are very natural. We are encouraging you to find ways to find vibrational alignment with the desire. So we would be talking in terms of Well-being. We would be talking in terms of a Guidance System that is alive and well.

You cannot feel a desire and be in vibrational harmony with it and at the same time be doing yourself in. But, sometimes, what happens, the teenagers, or anyone, for that matter, who doesn't know about Energy flow, they don't know about emotions, they don't know what their emotions are telling them, they're out there holding themselves in vibrational harmony with things that don't feel good. So they're pinching off their Life Force until they can hardly breathe. And then they're taking drugs and doing all kinds of things so that they can numb themselves out so that they cannot feel the discomfort of being disconnected from their Source Energy. And in that place of disconnection, in that place of separation from their Guidance System, of course all kinds of things are going to happen... that they do not want but that they are in vibrational harmony with.

As a mother, or a mentor, or as a teacher, you are not wanting to orchestrate the things that they choose as desires. For heavens sakes, you can't orchestrate something that is a desire that is a born wanting. You don't stand a chance in any of that. And even if you did stand a chance, and could find a way of orchestrating their behavior so that you could deprive them of their natural desires, you would not want to. What you are wanting to do is be a catalyst to assist the young ones in recognizing their own Guidance System. You're wanting to help them recognize that Well-being is the order of their life experience.

As you look at anyone and you anticipate wonderful things for them, and as you pick up the "Stick" that makes you feel fearful about them, and you put it down and reach for another, and reach for another, and reach for another, until you are solid on the ground of knowing the absolute Well-being of this one, and you hold them as your object of attention, and you know that all is well for them, and you let them know that you trust them, that you trust their Guidance System, that you know that they have the ability to guide their life in a way that would surprise and delight them and please them -- and bring them success on all levels -- then you have given them a true gift of connection.

Your powerful life is in your now. Right now. And the way you feel now is everything.

...continued on page 33 ...



Sometimes She Bites

...continued from page 11...

That evening, after he was released from the hospital for smoke inhalation, he took what few valuables remained and locked them in the only part of the house to survive the fire, his garage. That night, someone broke into his garage and stole what little he had left.

When I heard of these events, my first thought was, "She just set him free," but Jim's not particularly spiritual (though after this, I suspect he's getting that way), so I didn't blurt that out—at least not right away.

But besides the, what?, miracle of Her premonition/warning, there was another truly astonishing miracle: Just days prior to the fire, Jim had started sleeping with his bedroom door closed. He did this because his four little Yorkies had started peeing in the house at night—so he started locking them inside the bedroom with him.

If that door hadn't been closed, not only would the dogs probably have died—they all survived the fire because they were with him—but most likely Jim would have died from carbon monoxide poisoning.

He lost practically everything he owned.

His insurance company will probably give him a nice, fat check.

He's got a clean slate.

He's got his freedom.

He's starting to see the advantages of a simple, uncluttered life.

He's even started looking at RVs—thinking of going nomad.

God/She works in mysterious ways. Most of the time—if you are open to Her—She'll hug you.

But sometimes—if you're stubborn (see practically all of 2010 for me)—She's going to bite.

"There is only one thing in this entire Universe which is permanent, and whatever it is you are clinging to, that ain't it."



WILD IRIS BOOKS

Celebrating life and diversity

Crystals, Stones, Tarot Decks, Jewelry, Art, Clothing, Candles, Soaps, Lotions, Gifts. **Have wine or beer at the Wild Words Café. Delight in our gourmet coffees, teas and incredible food creations! Free wireless Internet.** Psychic Tarot Reader, Astrologer and Psychic Medium available full time. Call and schedule now because our calendar fills up quickly!



Live Music, Spoken Word, Open Mic every Friday night until 11:00pm.

Hours:
Tues - Saturday
11am - 6pm
Friday til 11pm

802 W. University Ave.
Gainesville, FL 32601
(352) 375-7477
www.wildirisbooks.com

O O B E You Are Not The Body

An astral flight out of the body

A \$10 mp3 file by Andrea de Michaelis

Being out of your body is a natural state that happens every night whether you recall it or not. With this recording, you will become aware of your existence beyond the physical realm. With repeated listening, you will realize your ability to leave your body, to return safely, and remember it.



SEE PAGE 28

www.horizonsmagazine.com

Tod
McNeal's

NATURE'S HAVEN SPIRITUAL SPEAK

321-208-3636

"The earth is round for a reason...we are all connected...there are no edges to earth... travel in any direction and one will always arrive back to the point of beginning; a sort of inter-connected mirroring and a great spiritual lesson on Unity..." ~Tod McNeal"

Rental Homes North Brevard: <https://www.facebook.com/pages/Natures-Haven/198291863535804?sk=photos>

NOTES from the Universe



An international tax accountant turned entrepreneur turned writer for "the Universe," and one of the teachers for the bestselling book *The Secret*, Mike Dooley has found his calling. Mike runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit www.tut.com to sign up for free daily Notes from the Universe!

Like most things in life, getting what you want, or doing something new, or being really honest with yourself, is typically very, very hard for first timers, but then... it becomes patently, ridiculously, absurdly and preposterously EASY for the rest of eternity.

I'd say do it right, nail it, whatever it takes, because "easy" is good, and eternity is long. Comprehend?

The Universe

*Each cd available for **immediate mp3 download** for **just \$10** (regular cd \$22)*

Connecting with Your Angels, Guides & Teachers

Designed to activate the third eye, expand awareness, develop psychic perception and become receptive to inner guidance. Even if you have never experienced conscious contact, you can still be successful. Once you activate your psychic perception, expect to receive inner guidance more clearly than ever before. Even if you are skeptical, you can still be successful. A fish doesn't have to believe in the ocean. As your third eye opens, expect to receive more psychic impressions from your guides.



Healthy Eating Habits

By the power of suggestion, your desire to overeat will be replaced by increased willpower; your craving for unhealthy foods will be replaced by finding fun ways to increase your physical activity. Turn up your body's metabolism to burn fat and leave you with a higher energy level. Each time you listen, you can experience a new and healthy vital energy flowing.

OBE You Are Not The Body An astral flight out of the body

Being out of your body is a completely natural state that happens every night whether you recall it or not. With this recording, you will suspend yourself in the awareness of your physical body being "not there." Of your existence beyond the physical realm. With repeated listening, you will realize your ability to leave your body, to return safely and to remember it.



Sleepytime Recharge

Science knows the health and wellbeing of our physical body is a direct result of the thoughts we habitually think and our inner response to the words we hear. The cells of our body process info and control our behavior by way of genes being turned on and off by influences outside us, such as our perceptions and beliefs. We can retrain our consciousness to create healthy beliefs, and create a profoundly positive effect on our bodies. Our body is a community of 50 trillion living cells, a biochemical machine and the driver is the mind. Dis-ease is merely result of how we're driving our physiology. Carefully selected words and phrases on this recording will reprogram the cells of your body for optimum physical and mental health.

Andrea's cds Listen online



For download, go to
www.horizonsmagazine.com
Go to "Andrea's Audio CD MP3 Page"
OR directly to

http://www.horizonsmagazine.com/CD_Page/index.html

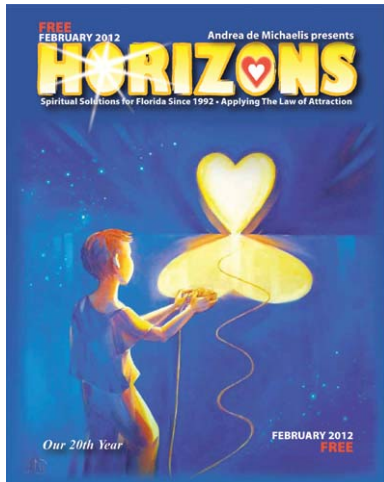


Email andrea@horizonsmagazine.com Andrea de Michaelis is a Certified Hypnotherapist, ABH

COVER ART

GOLDEN STRING

by Jane Taylor



*'I give you the end of a
golden string,
Only wind it into a ball,
It will lead you in at
Heaven's Gate,
Set in Jerusalem's wall.'*

(William Blake)

I've been painting and drawing since I could hold a pencil, and worked as a professional illustrator for many years, but am now doing far more of the thing I love best - painting in oils on canvas. I regularly sell worldwide and love connecting with the people who buy my work (it's all original art - no prints here I'm afraid!) Most of what I do nowadays is what's termed 'inspirational' art. That's art for healing, using images and colours that touch us at a deeper level, so that the simple presence of the painting on a wall provides a continuous gentle reminder to lift the soul to joy.

For me painting is one of the necessities of life, - I find it energising and transformational and couldn't imagine not doing it! I tend not to plan too far ahead but just move with the spirit, literally, although themes of subject and colour do tend to develop anyway - at the moment it's nature, big time! Or nature spirits and angels - sometimes I have no idea what is going to materialise on the canvas before I pick up my brush!

What I do find is that folk will often say that a particular picture speaks to them on a deep level, and brings them a great deal of joy - and selling my work like this is so rewarding on a personal level too! I also do commissions for clients who have a specific image in mind that they want to bring to life - there are some samples on my website, which you may like to check out just for fun - you can find my work at <http://www.janetaylorart.weebly.com/> or email me at chalicewell@hotmail.co.uk



Don't give up on your ideal weight!

ALL physical, emotional and problems are caused by an imbalance in the body.

Homeopathy is profoundly powerful in helping to restore this balance, and getting people grounded, and back into their lives.

One of my clients had severe depression and hadn't left her home for 3 years. This is from an email she sent after 4 weeks of taking Homeopathic remedies.

"I have to say, with the exception of today, I have got more done around here than I have in more than 2 years!! I'm afraid to do this, but I'm actually getting very excited!!!!!! I don't feel depressed, I can handle some stress with ease, I feel like I'm doing better with my kids, my bills are paid, laundry is all done (and by me this time), the house is clean in ways I haven't done in years and I've been helping Logan remove and clean up the old garage roof in preparation for a new one. I could not have done any of that before you gave me the remedies. Is it possible (I have been speculating) that this is only the beginning? Do things get better from here? I didn't know that I was capable of much more.

If this keeps up, I'm gonna have to follow through with my promise to get on my knees and worship you. And I will!!! I actually shed a couple of tears for the difference I've seen in such a short time.

Another question...do I continue with the remedies forever? I'm okay if that's how it goes. Hell, I've been taking chemical shit for years in an attempt to live normally. I can surely do this. I just wondered if you do it for a while and then stop. Let your body take over... or is my body just not capable of doing it on it's own?

*Do you see this kind of transformation regularly? You seemed confident it would work. I'm loving you, right now!!!
Talk to you soon, Miro"*

TESTIMONIAL

*Let me first start by saying Thank you! 17 pounds but that is just a bonus the real good news is I am not on any insulin or diabetic pills. I see my primary care doctor tomorrow, and have to be honest I'm excited to tell him it was not hard or inconvenient. I told you when I asked him about this diet so I could get off those meds that was his response. Anyway I have tons more energy. Thanks again (full 3 week cycle)
(Client: 48 year old woman in Palm Bay)*



CALL MIRO POSAVEC
Registered Homeopath
Make your life better TODAY
772.774.8529
www.miropath.com

A Folk Ways Calendar



FEBRUARY 2012						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29				

Ancient people saw the flow of time as circular, not linear, and the changes were understood as a great wheel. Woven together with the solar cycles are the monthly lunar cycles, which affect all life on Earth from the tides of the oceans, to the fluids within our bodies, to our emotions, to our unconscious. Many folk/ethnic/Indigenous religions and traditions have been lost through time, destroyed by men who sought to establish a new God. Which is interesting since Christianity and most of its rituals is based on Egyptian mythology, whose source is pagan. No matter who we are or where we came from, ancestors from every culture across the world and throughout time had mystical ways of honoring life's important moments by rites of passage and celebration. Rituals are one way we intentionally create meaningful connections with special events and people in our lives. When we experience the richness in our life by having celebrations to mark events, our life is transformed into something magical and wonderful.

I know much myth and tradition isn't about worshipping gods or goddesses, but about recognizing and honoring archetypes in a way that is useful in our daily lives. Much can be rediscovered through folk customs and folktales. Our ancestors found comfort in the cycles of the seas and stars. It gave them faith that when the sun left the sky, the moon would appear. That when a season of snow passed, a season of sunshine would follow. They learned by the phase of the moon and cycle of seasons the best times to plant and to harvest.

My experience is that being in tune with the natural rhythms of our Universe helps me find my place in it. It helps me feel connected and supported by the natural world around me, no matter what human chaos may be happening. When we feel ourselves to be separate from nature, we feel fragmented and frazzled by our daily lives. If we're to change this, we must begin seeing ourself and our relationship to the Earth, the moon and the sun with new eyes. To look for the natural patterns and cycles, and see what relevance they might have in our life. Observing the natural cycles teaches that every one and every thing is valuable and sacred. You might want to Google the unfamiliar names you read here and see what some of the ancients believed, and how they celebrated the cycles.

-- Andrea de Michaelis, Editor

FEBRUARY 2012

2012 IS THE YEAR OF THE WATER DRAGON according to the Chinese Lunar Calendar. The year of the Water Dragon means the year of wealth. It is good news for many faced with financial difficulty in the past few years. It is time to enjoy abundance. The element of the Dragon is wood. Water nourishes wood. In the year of the Water Dragon, the water will nourish wood, and that means the dragon will soar. It means the beginning of the good luck cycle of 12 years. The Year of the Water Dragon is going to bring good luck to the world in general. It starts January 23, 2012 and ends February 9, 2013.

FEB 2ND GAELIC WICCA: Imbolc and St. Brigid's Day.

A festival of the hearth and home, and a celebration of the lengthening days and the early signs of spring.

FEB 3RD JAPAN SHINTO: Setsu-bun, day of purification.

Setsubun has been celebrated in many ways, but perhaps the most common custom found throughout Japan is the traditional Mame Maki or the scattering/throwing of beans (mame) to chase away the evil oni.

FEB 7TH Full Snow Moon at 4:54pm

FEB 7TH JUDAISM Tu B'Shevat is the Jewish New Year for the Trees. It begins in the evening of Tuesday, February 7, 2012, and ends in the evening of Wednesday, February 8, 2012. To celebrate, many people eat fruits and nuts. It is also traditional to plant trees and seeds.

FEB 8TH HINDU: Vasant Panchami / Saraswati Puja, celebration of the Goddess Saraswati -- marks the end of the winter season and ushers in the springtime. It is a festival full of religious, seasonal and social significance and is celebrated by Hindus all over the world with new sense of optimism.

FEB 14TH - Valentine's Day

FEB 17TH Full moon rises at dusk tonight

FEB 19TH CHRISTIAN: Transfiguration Sunday. The Transfiguration of Jesus is an event in which Jesus is transfigured and becomes radiant upon a mountain.

FEB 20TH HINDU: Maha Shivaratri in honor of Lord Shiva, one of the Hindu Gods forming the Trinity. All through the day and night the devotees fast and chant the sacred mantra "Om Namah Shivaya."

FEB 21ST - New Moon at 5:30pm

FEB 21ST CHRISTIAN: Shrove Tuesday / Fat Tuesday

FEB 22ND CHRISTIAN: Ash Wednesday



Thoughts about things...

... from page 31...

*All the particles of the world are in love
and looking for lovers*

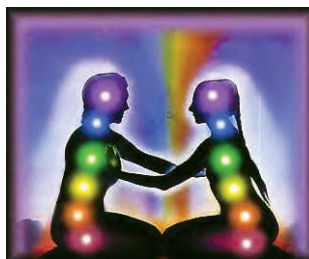
— Rumi

Have you ever felt so filled with love that it didn't matter if you squeezed it out onto one person alone or everyone everywhere? Yeah, me too. I don't often write about love relationships simply because I don't think everyone needs to have a partner in order to feel loved and to be happy. I've spent a dozen years at a time in celibacy bouts with no lover on the horizon, and my life is happy and fulfilling during those solitary times. I've never been into recreational sex. I don't judge it, it just carries more emotional baggage than I want to be saddled with. If I'm going to be intimately involved with someone, if I am who I say I am then it has to become part of my spiritual practice.

The word "tantra" is used to market everything from bath salts to music, but what most do not know is that tantric sex is only one facet of tantra. Tantra is an entire lifestyle, just as yoga is a lifestyle and encompasses much more than merely body postures (asanas). The concept of true tantra, as in true yoga, is an entire state of consciousness that imbues everything you do with a sense of oneness and connection. It seeks to commune in a holy manner with everything you come in contact with, animate or inanimate, animal, mineral, vegetable or etheric. It treats everything with utmost respect, kindness and reverence, and celebrates every thing at every moment. Tantra teaches to live in an orgasmic state of being. That is what living a tantric lifestyle is all about.

A tantric practitioner approaches every moment with no agenda other than to taste fully the essence and form of it. To delve deeply into the experience of each moment and become one with it. To become timeless, to be in the ever present, and to breathe yourself into remaining conscious in that present.

When I reach that euphoric state of mind, I can take that deeply into my meditation and use it in my spiritual practice. I can breathe and direct that euphoria into thoughts of whoever or whatever could use some healing and blessing, and pour it out upon them in my mind's eye. In this way, I am adding to the global mental plane, that giant bank of thoughtforms in the sky that we all have access to. I make it a daily practice to deposit good thoughts into that bank. And when you do a practice like this with a partner, you together become a powerful force to do good in the world, to do a real service to mankind via your meditations and contemplations.



COME TO YOUR LOVEMAKING AS SHIVA AND SHAKTI WOULD

What is our purpose in being together if we do not enrich each other and those around us? A friend and I had a discussion about sex. She considers it something you do to get it over with. She is a very spiritual person but considers sex and spirituality in two different worlds. *The greatest optical illusion is separation.* Tantra teaches that all aspects of life are special and sacred. It's the idea of creating heaven on earth and viewing yourself as a god or goddess.

In tantra, you learn to form a spiritual connection with everything and everyone. Tantra is a lifestyle which may or may not include a sexual practice. We're talking here though specifically about the sexual practice, where you worship your Beloved as the embodiment of God. If you do not have a partner, you simply do the practice on your own using visualization.

*To a worldly man, a God-intoxicated person
will appear mad and he will laugh at him, but
to the God-intoxicated man, the worldly appear
insane, foolish, misled, blind. Sai Baba*

Make a practice of sharing this intoxication with your Beloved daily during a joint meditation practice. Daily meditation together keeps you bonded. Sit together for 20 minutes a day breathing together silently, eyes closed. Another bonding exercise I love is Heart Breaths. I remember the first time I did Heart Breaths. It was back in the 1970's in a group encounter session. We all sat in a circle and paired with the person next to us. We faced each other, chairs a little offset, my right hand over her heart, her right hand over mine. Left hands over right hands. Then we gazed into each other's eyes silently for four minutes, breathing together. It was very powerful. I've also done this alone, hand over my own heart, gazing into my eyes in the mirror. It's powerful stuff.

**What you want to do is
create a setting for the
seduction of Spirit to take
the reins in your sexual
encounter with your
Beloved**

...continued on page 38...



Ask Whitedove

...continued from page 15...

daily spiritual practice, a place to sit and pray, contemplate and meditate. Many people have altars in their homes. Upon it, they will place meaningful spiritual objects such as pictures that are sacred to them: Jesus, Buddha, Mother Mary, Angels, saints or even a guru, incense, herbs, stones, holy water and a white candle. This is an ancient tradition that's making its way back to popularity in the Western World. People are being pulled to have a more personal relationship with God. Spirituality is a state of being, it's not just once a week during church service. You might want to include an altar in your home, too.

Dear Whitedove,

I went to a Medium to ask a question about my father. Instead my Grandmother came though with a message that she is watching over me, and gave me some very specific advice. The truth is that she didn't like having Grandchildren and was a very mean woman. I was disgusted when she tried to give me direction from the other side. I'm wondering why my father didn't make an appearance since he's the one I wanted the Medium to converse with? -**Anti Granny in AK**

Dear Anti-Granny,

I can certainly understand your point of view. But a Medium is only a middle-man that has the ability to call-in the souls that have a message for you. Your Grandma came in and your Father was busy; it's as simple as that. Many times a soul will come through with a message of love and ask for forgiveness. That spirit will even try to help us from the other side to try to make up for their physical actions while on Earth. Now that your Grandma is in the Heavens, she has a clear understanding of how she let you down and even hurt you. She's truly coming from a place of unconditional love; although you still need time to process her invitation to forgive.

As for your Father, he was unavailable. You see, souls on the other side have much to do in the Heavens. They are working on their souls' growth. We can call on them but they have their own journey. Watch for him during the dream time, this is the easiest way for a soul to make contact and come for a visit. These dream time meetings are very special and profound.



SUGGESTED READING WATCHING LISTENING

CDS:

MediDating by Gabrielle Bernstein, Meditations for Fearless Romance
Getting into the Vortex Guided Meditations CD and User Guide
by Esther and Jerry Hicks

BOOKS:

Spiritual Partnership by Gary Zukav
The Well That Never Runs Dry by Joann Davis
Be Love Now, The Path of the Heart by Ram Dass
Downward Dog, Upward Fog by Meryl Davids Landau
The Seeker, the Search, The Sacred by Guy Finley
Yoga For Every Room in your House by Jinjer Stanton
Fading Toward enlightenment by Wayne Wirs www.fade2e.com
The Bushman Way of Tracking God by Bradford Keeney, Ph.D.
How To Rule The World From Your Couch by Laura Day
Making Room for Mr. Right by Robin and Michael Mastro
Wild Attraction: A Ruthlessly Practical guide to Extraordinary Relationship by Paul and Patricia Richards
The Physics of Miracles by Richard Bartlett, DC. ND
The Wisdom of a Broken Heart by Susan Piver
The Now Effect by Elisha Goldstein, Ph.D.

Unfinished Evolution: How a new age revival can change your life and change the world by Teena Booth

Question Your Thinking, Change the World by Byron Katie
How to Hear Your Angels by Doreen Virtue, Ph.D.
Healing Words from the Angels Doreen Virtue, Ph.D.
The Age of Miracles Marianne Williamson
The Hidden Spirituality of Men by Matthew Fox
Do It Anyway by Kent M. Keith
365 Prescriptions for the Soul by Dr Bernie S. Siegel
How to Be Compassionate by His Holiness the Dalai Lama
The Secret Life of Water by Masaru Emoto
The Miracle of Water by Masaru Emoto

WWW.ABRAHAM-HICKS.COM

Ask And It Is Given
Money & Manifestation
The Astonishing Power of Emotions
The Law of Attraction: Teachings of Abraham
From Grief To Joy: Moving Up The Emotional Scale
Money and the Law of Attraction: Learning to Attract
The Vortex, Where Law of Attraction Assembles All Relationships
Getting into the Vortex Guided Meditations CD and User Guide

MUST SEE DVDs

The Secret Behind The Secret www.abraham-hicks.com

The Secret - the Original edition with Abraham-Hicks. It's the one with "the secret" actually in it, although The Secret "extended version" (with Abraham-Hicks edited out) has good info in it also.



Abraham-Hicks

...continued from page 26...

RELUCTANT BOSS SEEKS FEELINGS OF FREEDOM

Question: I've been a very effective linear creator. And I've discovered the possibility, through our last discussion, of what, in my imagination, is holographic harmony between all of my desires. And I'd like to allow that.

Abraham: When you speak about these desires, and you think about the linear process that you have been applying, do you think that you've been thinking that the creation, or the allowance of your desire is about your action? Is that why you have to line them up and only deal with them one at a time, because you can only do one thing at a time? You are launching desires, constantly, and then if you are holding yourself in a place of feeling good, why not allow them all to be simultaneously manifested? Why hold yourself in a linear fashion?

Guest: Well, that's exactly what my new idea is: ... Freedom being a quality I value very highly, I feel I can only have freedom if I maintain a sense of invisibility in the world. My pattern of thought has brought lots of wonderful opportunities into my life that I've attracted because I want them. And then I've turned them down because I believed they would impinge on my sense of freedom.

Abraham: You can let a desire for freedom be one of the dominant vibrations within you, and the Universe has to yield that to you at the same time that it is yielding all the other things that you desire. Put freedom in the equation, and hold yourself in vibrational harmony with it, and the Universe will find a way to give you everything that you want within the feeling of freedom that you also want.

You have come from the place that many people have come from, or are still standing, where there is this action-oriented approach to most things that says, "I only have so many hours in the day, and so, I can't bite off more than I can chew."

But when you step back from the action -- and you begin to realize that these rockets of desire, and the Energy that is produced within them, is many times more powerful than any action that you could offer and that your work is about visualizing and allowing, it's not about finding yourself in some sort of action -- then you begin to recognize that you could simultaneously do hundreds, if not thousands, of things, because it doesn't take much time to focus. But the trick is focusing purely. What makes physical beings think that it takes more time, or that they can only do one thing at a time, is because, very often, they have an

Ask about our NO CREDIT CHECK InHouse Finance Program

We Help People Get Well And Stay Well!



- Laser Therapy
- Bio-electromagnetics
- Acupuncture
- Hypnosis
- Herbs/Homeopathy
- Thermography Screening



DAVID RINDGE, LAc, DOM, RN

ACUPUNCTURE PHYSICIAN

DOCTOR OF ORIENTAL MEDICINE •

REGISTERED NURSE

OVER 35 YEARS MEDICAL EXPERIENCE

• PRESIDENT EMERITUS, FLORIDA

STATE ORIENTAL MEDICAL ASSN

CENTER COOPERATIVE MEDICINE

1601 Airport Blvd, #1

Melbourne, FL 32901

321-751-7001

www.cooperativemedicine.com



idea of what they want, but then they notice that it hasn't happened. And so, they hold themselves in vibrational discord, and so, that's why it does not come about.

And so, what you're talking about, here, is discovering a way of holding a pure thought about many things simultaneously.

Guest: I am a reluctant boss because I sense that the responsibility for others around me will impinge on my freedom. At the same time, I love being a leader, and I'm very effective as a leader. I want to hold and sustain a vibration where I enjoy and delight in the clarity and capability that I share -- and also do what I want, when I want, and how I want.

Abraham: When you have been beating the drum of freedom for as long as you have, and we beat it, too, what happens is, if you are a leader or a boss, where there are others who are following you, sometimes there is this feeling within you of hypocrisy, because you're saying, "I demand freedom for myself, but you all need to do this certain list of duties that I've given you." And so, sometimes it feels that they are not free within the limits that you are offering.

...continued on page 34...



Abraham-Hicks

... from page 33...

Understand that Law of Attraction is the great sifter. Law of Attraction is sorting everything out, and it's not your job to be the sorter. It's your job to say, "Universe, these things I desire. Please bring to me those beings, those thoughts, those circumstances, and those events that are a vibrational match to this." So then, the Universe reaches out and finds those people that are a vibrational match to those things, and brings them to you. You are not keeping them from their freedom, Law of Attraction is bringing them to that which is a vibrational match to where they are.

Now, it's possible, as they begin to get a sense of who you are, and as they begin to watch the way you live, that they may begin to vibrate as you do. Which means they may, very soon, not be a vibrational match to the role that they first came to. In which case, you joyously release them to whatever the Universe has then provided for them through Law of Attraction -- while the Universe brings to you yet more who are a vibrational match.

The Universe is going to work it out, Law of Attraction will work it out, and you do not have to hold yourself responsible -- your work is, constantly, to just say, "These things I want. These things I want. These things I want."

When you are beginning to work in a team involvement, even if it's a relationship with one other, what very often happens is: you have this plan of that which you want. You have launched this dream. And you usually send up a strong enough rocket that the Universe yields to you very good matches, especially in the beginning.

But then, because you were not pure in your vision, or because you are, like most people, offering your vibration more about what you're observing than anything else, you observe the conditions of your staff, or you observe what's happening there.

And as you observe it, and what you are observing does not match your vision, because it's in your face, and because you have a greater habit, most of you, of observing than you do of visualizing -- you begin to achieve vibrational harmony with the very discord that you despise.

So you hold around you people that keep making mistakes, or people that keep not being happy in their work, or people that are not very creative, or people who don't feel free and

are moaning about it. And it is being surrounded by that, that makes you make these decisions: "I don't want to be a boss."

We don't want you to be a "boss", either. We want you to be a visionary. We want you to be a visionary that's a vibrational match to your own vision. We would like you to hire, at the most reasonable rate that you will ever imagine, an incredible Manager called Law of Attraction.

Law of Attraction will do all of the managing. Law of Attraction will do the inspiring, the reprimanding, (There won't be any, but sometimes it feels so to you) and so, the Law of Attraction will do all of anything that you would need a manager to do -- if you will finally, once and for all, assume the role of visionary.

When you hold yourself in the place of visionary, then Law of Attraction takes care of everything else. And there will be a steady stream of anything that you need, making its way, powerfully, into your experience to provide for you all of the details that are necessary in the actualization of your vision.

When you hold yourself in the place of visionary, then Law of Attraction takes care of everything else. And there will be a steady stream of anything that you need, making its way, powerfully, into your experience.

You are always going to be surrounded by people who are making their way through this. And if you get very sensitive to where they are, you just end up where they are. And so, just keep maintaining your vision, and let them rise to it or not. If you maintain your vision, they must rise to it -- or they will vibrate out of your experience. Most people do not maintain their vision:

They have a vision, but they are sensitive to what is happening. And as they are sensitive to what is happening, they hold vibrational harmony with what is happening -- so that nobody is a vibrational match to their vision. If people say, "What's your role here?" you say, "I am the creator. I am the visionary. And if they say, "What's my role here?" you say, "Your role is whatever you choose it to be. It's not my job to decide your role. I've done such a good job of deciding my role, that Law of Attraction is working everything else out.

Maybe you'll fit in here and maybe you won't, that's not my job. I'm not managing this. I'm not orchestrating this -- I am envisioning this. All I'm doing is holding my vibration pure. The Universe will take care of everything else.

I need no managers. And if I did, the Law of Attraction would find them, and they would just be down here managing each other. I'm going to, once and for all, let the "giant manager in the sky" manage in the way that it always does. It manages to perfection."

Now, that doesn't mean that you will not feel inspired to get into some action -- because action is delicious. When you're feeling free, you get inspired to all kinds of action. There is nothing more exhilarating than to be involved in the action when it is inspired from the Stream of pure desire. It's great fun to be involved in action under those conditions.

SIGNS OF SPIRITUAL AWAKENING

... from page 12...

You're changing and becoming more accepting of things for what they are. You desire to break free from old habits and restrictive patterns that no longer serve you. Do it. Release the old so you may be filled with the new. Set yourself free and trust in love.

You begin to notice more and more signs that speak directly to you on a very profound level. They will have great meaning to you as your awareness blossoms.

Synchronicity increases. Synchronistic events flow as you are being shown that you are on the right path. Number sequences, meetings, pictures, visions flow in your direction. These coincidences have great meaning and tie in with your thoughts.

Sudden awareness of recurring patterns or relationships. You may have been living out the same old patterns for decades but suddenly you become aware of it. You may realize that you always destroy what you create, always pick unavailable partners or always attract dependant people - the list is endless. This is great, becoming aware is the first step in eradicating it.

A change in what you read, hobbies etc. You are heading for a life of deeper fulfillment and purpose. As you do you will find different ways to pass the time and may not enjoy things you have always done as much anymore. It's fine, new pastimes will interest , you just be open to what comes your way.

Change and growth are taking place; the discomfort you experience is increased by resistance. Know that all is exactly as it should be and you are having the human experience of growth, let go and roll with it. When discomfort strikes, ask yourself where or what you are resisting and let it go. The darkest part of night is just before dawn.

A desire to "find yourself", change your social group, behavior, job etc. You may start to question who you really are and start to see that your current life may not have been a conscious choice and is more of a by product. Before you can consciously choose, you may find yourself stripping away layers to reconnect with you, the spiritual you.

A feeling that something has changed within you. You simply feel different, you may not look any different but you know something has changed internally. Your old ways are falling by the wayside and the real you is starting to emerge. And you are not alone in your awakening.

By Unknown

Editor's note: You may have some or none or all of these signs on your own journey. There is no "right" way to awaken. There is no "right" path to awaken to. It is specific to each of us and the guidance for it will unfold within your own heart when it is time.

Andrea de Michaelis

OUR MISSION STATEMENT

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions. To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience. We do this by our intentions, beliefs and expectations, by every thought we think and every word we speak.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation. Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are.

This frees us to begin to live more fully, in every moment, now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it.

We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise. So, if you read an article that touches your heart, or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss their offering with them. Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

*From my heart to yours,
Andrea de Michaelis*



Barbara Lee is a Reiki Master Teacher, Psychic and Professional Astrologer. She offers phone consultations and a state of the art astrological chart service with six types of computerized reports. Call Barbara at 1-208-773-7822, visit on the web at www.IntuitiveReflections.com, or email barbaralee21@roadrunner.com

HOROSCOPES

ARIES: MARCH 21 TO APRIL 19 "I AM"

This is the month where you are driven to reevaluate your goals, relationships and what you hope to accomplish. I guess the reality of the matter is If you don't love it and your heart ain't into what you are doing then it is time to lose the baggage. Create a vacuum so the Universe can give you what you really want.

TAURUS: APRIL 20 TO MAY 20 "I HAVE"

For the month of love, you will be very attracted to creative and artistic endeavors. With your friends, you wish that they would put you first like you do them, this is not always the case. Hurt feelings may prompt you to think about your boundaries in regards to your time commitments and what you receive from life.

GEMINI: MAY 21 TO JUNE 20 "I THINK"

This month you may feel like an outsider as well as an intruder for reasons unknown to you. It is amazing how we can piss people off just by expressing ourselves. Maybe the other issue that you have not considered is that you are very psychic and pick up on the energies around you sometimes without knowing how these energies affect you and why.

CANCER: JUNE 21 TO JULY 22 "I FEEL"

This month in particular brings back many memories and that is why you are reacting more subconsciously than consciously to the events in your life right now. You have heard it before, issues with your Mother, right? She gave you a great sense of awareness, just remember to know who you are so you do not take on other people's energy.

LEO: JULY 23 TO AUGUST 22 "I WILL"

You are very instinctive about money, stocks, and the lottery this month. Trust your feelings when it comes to what will make you happy, as well as what you think others will need and how you can help them. You will have to make time time this month for your relatives, believe it or not they really do support you.

VIRGO: AUGUST 23 TO SEPT 22 "I ANALYZE"

Your lesson this month is to enter the one mind of clarity. Yes, everything according to you has its perfect place and perfection and fussy about details will drive your nervous system crazy. You can be very particular about your own life, but not when it comes to others and how you think they should be.



Psychic & Astrological
Phone Consultations
Astrological Chart Service

Barbara Lee
208-773-7822

Order a Natal Report
receive a one month
Transit Report FREE

Visa / MC accepted
 Email barbaralee21@roadrunner.com
www.IntuitiveReflections.com



Wildwood Botanicals
Premium Massage Lotion and Cream

Wildwood Botanicals Premium Massage Lotion & Cream
Visit website at www.wildwoodbotanicals.net
Email info@wildwoodbotanicals.net (208) 773-7822

FOR FEBRUARY 2012

LIBRA: SEPT 23 TO OCT 22/23 "I BALANCE"

You are experiencing a creative surge of energy this month and with transiting Saturn still on your tail you are being guided to focus this creative energy on something tangible. It could be a work of art, dancing, working out, yoga, massage anything that will utilize excess energy positively.

SCORPIO: OCT 23 TO NOV 21/22 "I TRANSFORM"

In your work environment you want to spread your wings and break free from the confinements of boring routine imprisoned behind a desk. Your capabilities are much better utilized by interacting with people. You have the gift of understanding the human race because of your past experiences.

SAGITTARIUS: NOV 22 TO DEC 21 "I PERCEIVE"

Your keyword this month is integration of the past with the future. You are being called upon to be of great service to others. You have what it takes to help others heal. As you help others in need it will help you come out of your shell and bring you great joy and fulfillment. Lesson learned.

CAPRICORN: DECEMBER 22 TO JAN 19 "I USE"

Pluto continues to have a purging affect in every area of your life, especially your intimate relationships. It is time to lose the judgments and focus on love and acceptance. A loving heart knows no boundaries. The new energy in your life welcomes many opportunities to expand your compassion towards self and others.

AQUARIUS: JANUARY 20 TO FEB 19 "I KNOW"

This month your focus is on regeneration and transformation. Wherever you have Leo in your chart, turn there for comfort. There will be unexpected money flowing into your life this month. Some of the increased income may have to do with shared resources and the lottery. Keep up the good work, your positive affirmations are working.

PISCES: FEB 19 TO MARCH 22 "I BELIEVE"

The deeper you are in love with what you do for a living the more successful you will be, and happier. You have so much love to give, and in the giving you are so kind and compassionate. The positive energy that you have been putting out is coming back to you though your networking and business contacts.

Available for *immediate mp3 download* for just \$10 (regular cd \$22)

Connecting with your Angels, Guides & Teachers

Designed to activate the third eye, expand awareness, develop psychic perception and become receptive to inner guidance. Even if you have never experienced conscious contact, you can still be successful. Once you activate your psychic perception, expect to receive inner guidance more clearly than ever before. Even if you are skeptical, you can still be successful. A fish doesn't have to believe in the ocean. As your third eye opens, expect to receive more vivid psychic impressions from your angels, guides and teachers.



Andrea, I listen to this mp3 file as I begin my meditation, then I go into the silence for 20 minutes. I never felt very successful at meditating until now. It's easier to feel peaceful and things don't worry me as much now. I have even done some automatic writing that has helped me focus myself careerwise, and my new ideas are creating more income. Thank you for the kickstart. Jennifer Hudson, Orlando

Listen online

For download, go to www.horizonsmagazine.com -- Go to "Andrea's Audio CD MP3 Page" OR directly to http://www.horizonsmagazine.com/CD_Page/index.html



Thoughts about things...

... from page 31...



Andrea de Michaelis, Editor

*"I want to
look back on
my life and
be giddy with
joy that I was
the one who
got to live
it."*

So you can sit together silently for 20 minutes, each offering the world's troubles up to God on the inhale, and exhaling His love back down into the hearts of the world. Then do 4 minutes of heart breaths, eyes open, then come to your lovemaking as Shiva and Shakti would.

Shiva is the Hindu destroyer god, which means he's the destroyer of our illusion and the ignorance that stands in the way of humankind's union and enlightenment. Shiva is a major Hindu deity, worshipped in Hindu temples in the form of the *Shiva lingam*, which represents the cosmic pillar that unites heaven and earth, in the shape of the phallus, it is the symbol of male creative energy.



Shiva and Shakti

Shakti represents the Divine feminine creative power, sometimes referred to as The Great Divine Mother. Shakti is the agent of all change, and is cosmic existence as well as liberation. Her most significant form is the *kundalini shakti* force, that flowing Life force we feel especially strong when we have chemistry or sexual desire for someone. Shakti is worshipped in the form of the *yoni*, which represents the origin of life, in the shape of the vagina. It is the symbol of female creative energy.



Shiva Lingam
& Shakti Yoni

I'm not talking about role playing, I'm talking about being aware of the greater significance of the Cosmic forces playing out in your life. Myth and legend has a lot to teach us about archetypes and when we understand those, we understand ourselves and human nature more as well. What you want to do is create a setting for the seduction of Spirit to take the reins in your sexual encounter with your Beloved. Become aware of the spiritual energy in the room. Simply your awareness of it will constitute an initiation between the two of you. Make it a practice to use slow, deep breathing and controlled exhales throughout each session.

The male body symbolically holds the key to uniting heaven and earth as well as the continuation of mankind. When you worship your man's body as that, you are using the key to unlock a great power within him. Regardless of gender (I will use he and him and his for ease), when his heart opens

when you touch him, or yours when he touches you, when that radiant feeling comes over you is the time you begin to breathe it in and then breathe it out into the Universe. You breathe it in as God's great Love and you breathe it out, sending it into that big bank in the sky that holds good thoughts and hope and healing, that anyone who wants to tap into it, can tap into it.

This is the stuff of real magic, having a daily practice to consciously add good into the Universe while enjoying your Beloved. Eye contact and slow, deep breathing is important, with slow and controlled exhalation. This also regulates the shakti within you and prolongs the pleasurable sensation. The inhale will take care of itself, your job is to slow and control the exhale as you become aware of the radiation of sensation.

**When you
do a practice
like this with
a partner,
you together
become a
powerful force
to do good
in the world**

That's one important job of meditation, whether you are conscious of doing it or not, is you are sending up thoughts of peace and security and good feeling and hope and they are depositing into that big bank in the sky they call the global mental plane.

So your job in the union of you and your Beloved is to keep him happy and filled with radiant Love so that he can create what God sent him here to create. The more you create the space for him to open up and pour himself out and feel

God's love pouring through him, the more of a beacon he will be free to be.

The happier you make him with you, the happier he will naturally make you with him. God always has us give what we want to receive for a reason, it's his signal to us, it's the intuitive spidey sense He uses to let us know what the other is thinking and wanting.

*A note to a Lover: You're not here to
entangle me nor I you, except in silken sheets.
I'm here to set you free to be, you're here to
let me love you as you've never been loved
before. You think that would be easy. LOL
here, step into this bath and eat this apple
while we talk about this great Love.*

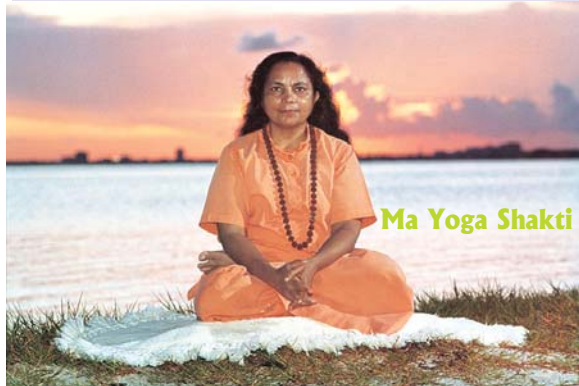


Enjoy our offering this month.
Hari Om.

Andrea

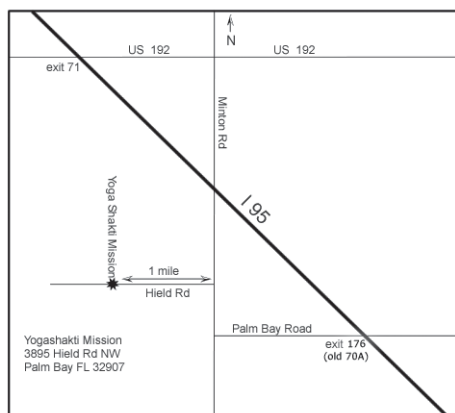
JJB BOE

YOGA SHAKTI MISSION



Ma Yoga Shakti

Sunshine Lectures
Sundays 9 - 10am
Talks on Spiritual Topics



Ramayan Chanting
 Sundays
 10:15-11:15 am

Bhajans/Kirtans
 First Wednesday
 6:45- 7 45 PM

First Saturday
 at noon
VEGETARIAN LUNCHEON
 \$10 donation
 (children free)

YOGA CLASSES
 \$7 Per Class or \$25/month unlimited

Monday 7:00-8:00pm
 Gajendra Giles

Tuesday 7:00-8:00pm
 Maryann and Jim Loafman

Thursday 7:00-8:00pm
 Chip & Shyama Iacona



www.photographybyrebecca.com



March 16 - March 18 2012 Retreat with Mataji

Come away for a weekend to a different world, in the oasis of beauty and peace created for us by Mataji in her Palm Bay Ashram. Come and sit at the feet of a Master of Yoga, **Mataji, Ma Yogashakti**. Hear her expound the wisdom of the Vedas. Take part in Hatha Yoga classes, early morning satsang and meditation with Mataji and traditional temple worship.

REGISTRATION: In advance \$120.00 per person, families \$170.00. At the door \$130.00 per person or \$190.00 for families.

WHEN: 4 pm on the 16th - 2 pm on the 18th of March 2012.

WHERE: Yogashakti Mission 3895 Hield Road, Palm Bay FL 32907.

MEALS: Delicious and wholesome home-cooked vegetarian meals will be served each day.

WHAT TO BRING: Sleeping pad or blankets and sheets, loose comfortable clothes, towel, yoga mat, pen and notebook.

E-MAIL: yogashaktipb@yahoo.com to register or call 321-725-4024

BOOKS BY MA YOGA SHAKTI

Techniques of Meditation to Enhance Mind Power \$10

The Seven Invisible Psychic Lotuses \$10

Yoga Syzygy Guide to Hatha Yoga \$15

Shri Satya Narayana Katha \$5

Chandogya Upanishad \$5

A Spiritual Message \$5

Hanumaan Chalisa \$5

Yoga Aasana Chart \$2



Newly re-released: **Spiritual Message just \$5**

Tips on daily spiritual practice, silencing the mind

YOGA SHAKTI MISSION

3895 Hield Rd
 NW Palm Bay

321-725-4024

Email yogashaktipb@yahoo.com
 Visit www.yogashakti.org

HORIZONS MAGAZINE
575 Escarole Street S.E.
Palm Bay, FL 32909-4802



As hopeless as any situation feels, it's really only your thoughts that you're dealing with. And you have the power to change those. Louise Hay

**Read or Download These
Inspired Publications
FREE at www.csa-davis.org**

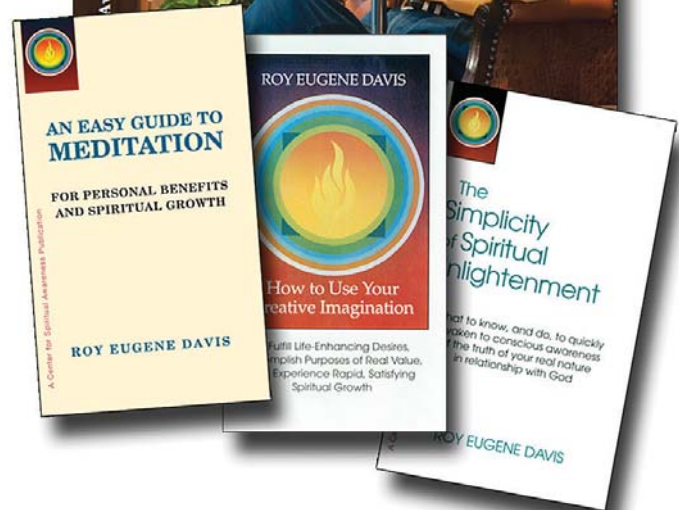
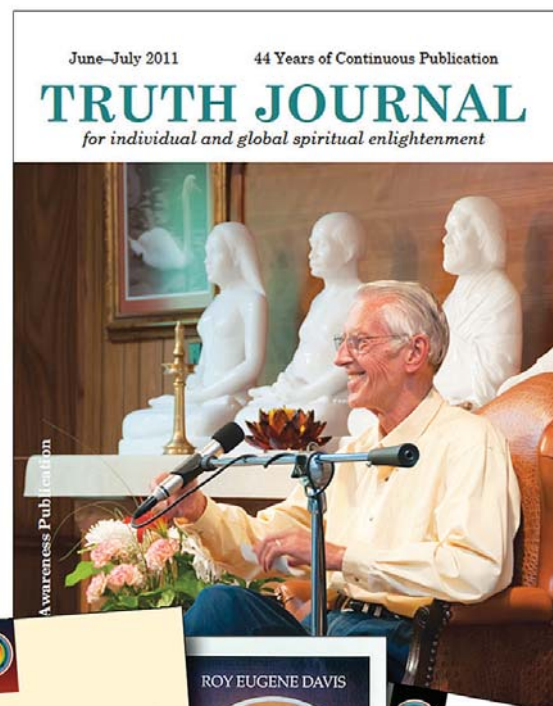
Truth Journal Magazine
An Easy Guide to Meditation
**How You Can Use Your
Creative Imagination**
**The Simplicity of Spiritual
Enlightenment**

By Roy Eugene Davis, a direct
disciple of Paramahansa Yogananda

Also:

Spanish language books,
read or download FREE.
Guidelines to Inspired Living.
Free video and audio talks
by Roy Eugene Davis.
Online ordering of books,
DVDs and audio CDs.
Schedules of Kriya Yoga
meditation seminars in the
northeast Georgia mountains.

Center for Spiritual Awareness
P. O. Box 7
Lakemont, Georgia 30552-0001
info@csa-davis.org
Tel: 706-782-4723 weekdays



**Read a little. Meditate More.
Think of God all the time.
– Paramahansa Yogananda**