

FREE
DECEMBER 2008

Andrea de Michaelis presents

HORIZONS

Spiritual Solutions for Florida Since 1992 • Applying The Law of Attraction



DECEMBER 2008
FREE



The Gathering is not just a place but rather the coming together of a group of people who are determined to see Love instead of fear in every situation. Grounded in the teachings of A Course In Miracles and open to the exploration of all spiritual paths, we gather to join in Spirit, examine our beliefs, and take joyful responsibility for our choices and experiences.

The Village Gathering

A Course in Miracles Every Wednesday Night

7:00 - 8:30 pm

Lecture and Discussion with
Rosalie Bianco



Happiness comes from a Well of Love so deep that it is inexhaustible. Accessing that Well is easy once you discover the secrets to life buried in your own soul. The willingness to know your

True Self will lead You to the treasures found in your own reflection.

Join me on Wednesday nights and together we will bring the teachings of A Course in Miracles to life – to your life and mine.

See you there,
Rosalie

Tuesday Nights

7:00 - 8:30 pm

Text and Lesson Discussion Group
with Jon Hess & Friends

“Teach only love, for that is what you are.”

— A Course in Miracles

FIRST Sunday Evening Events

6:00 p.m. to 7:30 pm

(Love offering)

Dec. 7: Robin and Eddy in Concert!

No matter how far apart we may seem, we can always find common ground...as evidenced by this acoustic duo whose spiritually uplifting messages will warm your heart and get your feet tapping.



Visit our website for a full schedule of events.

www.TheVillageGathering.com

The Village Gathering

6 Rosa L. Jones Blvd. ♦ Cocoa Village, FL ♦ 321-617-9005

(Enter on the East side of the building, under the portico.)



Rev. Albert J. Bowes

386-228-3209 • Cassadaga



Albert has been a professional psychic for 35 years. He offers a unique, scientifically proven service that has amazed and changed peoples lives. An Ordained Minister and Certified Psychic from Cassadaga, FL, Albert has a unique gift that allows him to develop a sincere empathy with his clients. He uses this gift to give people gentle but firm guidance into knowing themselves better.

PSYCHIC READINGS

Telephone or In Person

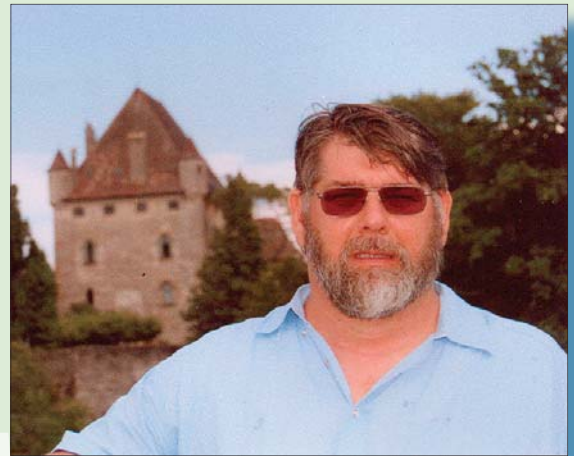
By appointment only

386-228-3209

Accuracy scientifically proven

Readings have the potential to:

- Improve marital communications.
- Resolve negative patterns.
- Enhance your career development.
- Provide insight into the lives and behavior of friends, family, co-workers, employees.
- Provide guidance for self-analysis, discovery and growth.
- Improve your understanding of people and events in your past including why they happened.

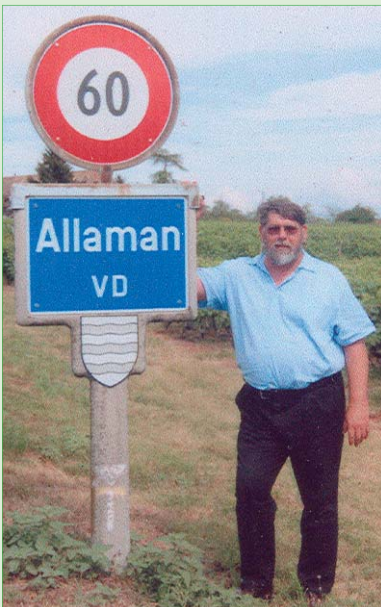


CREDENTIALS:

Albert was the subject of the internationally published book "**VISIONS OF TIME**", to make the world aware of the scientific possibilities for using psychic gifts. Albert's gifts have been validated by double-blind testing by a University Professor in a four-year research project. Albert's work has included successful projects with **NASA** & the **FBI**, to working on academic projects, to finding missing persons and sunken ships.

He has worked with a wide variety of professionals, including Archeologists, Research Scientists, Detectives, Doctors, Surgeons, Oil Companies, and many other individuals, both professional and private. He is the founder of **The Society for Holistic Living**, which advocates the incorporation of Body, Mind and Spirit, working toward completeness in life. He has taught University level Parapsychology 1 & 2 for the **University of Florida**, and his Anthropology work is still being taught in Universities.

He was also a Project Manager and Lecturer for the **Edgar Cayce Foundation** and their **Association for Research and Enlightenment**. Albert also hosted a year-long TV show, "Society of Holistic Healing" on **TV Channel 3**, and has made appearances by invitation on "The Carol Nelson Show", on **WFTV Channel 9** in Orlando, and "**PM MAGAZINE**" **WCPX Channel 6**. Albert was invited to **Russia** to study the paranormal, where he worked with a team of Psychics, Researchers and Scientists.



Albert Bowes is a **REAL** psychic detective who has worked with local and national law enforcement agencies. Visit him online at www.psychicconsultant.org

**Stop in and
see if what
we offer
nourishes
your soul...**



*Rev. Beth Head
welcomes you*



Unity Church
OF MELBOURNE FL

1745 Trimble Road
321.254.0313

New Thought Teachings in Practical Christianity
www.unityofmelbourne.com

Sunday Services 9:00am & 11am

**OUR SUNDAY
MUSICIANS ROCK!!**

HEALING SERVICES

Sunday December 7th

Reiki Healing Service 4:30 PM

Sunday, December 14th

Pranic Healing Service 4:30 PM



SUNDAY DEC. 7TH HERE II HERE

A circle of talented musicians and a vocal harmony group, Here II Here f/k/a Inner Voice has been moving crowds to a frenzy with its rhythmic blend of tribal pop, illuminated rock, and soul-inspired R&B harmonies resonating with innovative lyrics of peace, awareness, connection, love.

CONCERT 6:30PM

**AND FEATURED MUSICIANS FOR THE
9:00AM AND 11:00AM SERVICES**

This music heals. It blows your mind and heart wide open, all the while making your rump go bump! \$25 suggested love offering.

No one turned away.

www.myspace.com/hereiihere

Music and videos online at

www.hereiihere.com

Saturday, December 13th

**Give A Christmas Gift To Unity
Church Of Melbourne! "SPRUCE"
UP OUR GROUNDS** This is the same

day that the kids will be practicing their Christmas Program, so parents, bring the kids and work in the yard while you wait.

Trees need trimming and the bushes need a "haircut" There are lots of weeds, limbs, twigs and sticks that need our attention, too. If you want to contribute a few plants for the flower beds, so much the better. Bring your gloves & yard tools. Spend as much time as you can to make our church "sparkle".

Sunday, December 14th

**11AM CHILDREN'S
CHRISTMAS PAGENT &
SANTA VISIT**

Matt and Lucy Version Births

Come at 9:00am for a traditional service and stay on for the service that is a gift from our Youth and Family Ministry Department. You will be blessed by both services.

Sunday, December 21st

**CHRISTMAS CONCERT Presented By
UNITY CHURCH OF MELBOURNE and
THE NEW CHURCH CHOIR 6:30 PM** This will be an evening of Christmas music for our combined church families. You will be spiritually inspired and blessed by this evening of music.

Wednesday, December 24th

**CHRISTMAS EVE CANDLELIGHTING
SERVICE 7:00 PM**

Every year we are filled with a sense of awe and wonder during our candlelighting service. Let your heart be open for a greater experience of Christmas.

Sunday, December 28th

BURNING BOWL SERVICE 9 & 11 AM

Prepare for the New Year as we let go of the old and usher in the new for 2009.

Wednesday, December 31st

PRAYER FOR WORLD PEACE 7:00

AM During our annual Prayer for World Peace service, we will be blessing all religions and all countries. Afterwards, join us as we have break-fast fellowship at an area restaurant.

COMING February 1-6, 2009

**LOOKING FOR THE PERFECT CHRISTMAS PRESENT FOR YOURSELF
OR SOMEONE YOU LOVE? DO YOU WANT TO IMPROVE YOUR LIFE?
S.E.E. ON THE SPACE COAST 2009 (Spiritual Educat and Enrichment)**

Rev. Dr. Paul Hasselbeck, Dean of SEE at Unity Institute, will be teaching The Twelve Powers and Mediation Practices. Rev. Linda Machesis, minister of Unity of Vero Beach, will be teaching Bible Interpretation of the Hebrew Scriptures and The Christ In The Bible. In the evenings, Rev. Therese Lee will teach Loving What Is based on Byron Katie's book. Visit www.unityofmelbourne.com for more info

DIRECTIONS TO US: I-95 exit 72, follow Eau Gallie Blvd (518) to Wickham Rd & go left, then left on Trimble. Trimble is north of Eau Gallie Cswy, south of Aurora.

THE GREATEST OPTICAL ILLUSION IS SEPARATION

Publisher/Editor/Layout:
Andrea de Michaelis

Thanks for help this month

Vickie & Richard Martin
Bernadette Carter
Cha Cha La Belle
Brothermine Jerry
Rev. Beth Head
Sally Carmany
Gerald Head
Denise Marr

Cover art (see page 34):
Gaia by Eva M. Sakmar-Sullivan

Contributing writers:

Michelle Whitedove
Richard A. Singer, Jr.
Esther & Jerry Hicks
Cecelia Aitable
Michael Abedin
Karen Williams
June K. Brown
Steve Pavlina
Matthew Fox
Barbara Lee
Sharon Janis
Alan Cohen
Mike Dooley
Tom Sannar

HORIZONS

Our Advertising Rates ... Low because we are in it for the outcome, not the income	6
12 Steps of Spiritual Freedom by Rev. Tom Sannar	6
This Month's Thoughts About Things by Andrea de Michaelis	7
The Teachings of Abraham by Esther and Jerry Hicks	8
Personal Development for Smart People by Steve Pavlina	9
Animal Spiritual Guidance by June K. Brown.	10
The Hidden Spirituality of Men by Matthew Fox	11
Herb Corner with Cecelia Aitable	13
Our Classified Ads	14
Ask Whitedove with Michelle Whitedove	15
Secrets of Spiritual Happiness by Sharon Janis	16
From The Heart by Alan Cohen	17
Notes From The Universe by Mike Dooley	18
Your Daily Walk by Richard A. Singer, Jr.....	20
The Movie Mystic DVD Review You Can Heal Your Life by Michael Abedin.....	21
Our Phone Directory *Horizons may be picked up at most of these locations*	23
SoulSongs by Karen Williams	33
Cover Artist	34
Our Calendar of Events	35
Our Mission Statement	40
How to Use Horizons Magazine	40
Solar & Lunar Celebrations of the Ancients by Roger Coleman	41
Suggested Reading, Watching, Listening	42
Psychic Fair CalendarAttn Psychics and Psychic Fair promoters.....	43
Monthly Horoscopes by Barbara Lee	44



And the day came
when the risk to remain
tight in a bud was more
painful... than the risk it
took to blossom.

Anais Nin

**HORIZONS thanks
everyone willing
to take the risk**

HORIZONS MAGAZINE is distributed FREE each month to 300+ bookstores and health food stores throughout Florida, as well as by subscription. HORIZONS is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life. Please write us with your comments.

ARTICLE SUBMISSION: You may submit articles of 200-900 words on any area of personal growth and practical spirituality to HorizonsMagazine@aol.com, along with a 50 word bio telling who you are and how to contact you. Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for as an ad.

The views expressed in Horizons Magazine are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

We accept all credit cards and Paypal

HORIZONS MAGAZINE

575 Escarole Street SE • Palm Bay, FL 32909-4802

321.722.2100

Visit www.horizonsmagazine.com

Email HorizonsMagazine@aol.com

Classifieds \$1.50 per word. page 14
 Phone Directory \$5 per line. page 23
 Calendar \$.30 per word. page 35
 Psychic Fair Calendar \$5 per line page 43

DISPLAY ADVERTISING RATES

Ad size	1 month	3 months*	6 months*
Small Strip Ad	\$ 50	\$ 40	\$ 30
Business card	\$ 90	\$ 75	\$ 65
1/4 page	\$180	\$150	\$125
1/3 page	\$200	\$175	\$150
1/2 page	\$300	\$250	\$220
1/2 on pgs 44, 45	\$350	\$300	\$250*horoscopes
Full page	\$400	\$350	\$300
Back page incl. color	\$625	\$565	\$475
Inside back	\$525	\$465	\$400 color
Inside front	\$550	\$485	\$425 color
Page 3	\$550	\$485	\$425 color
Page 4	\$450	400	\$350
Front cover	\$900 (Restrictions apply)		

COLOR ADD 25% *You must prepay to get discounted rate
 Example: Business card for 6 months is \$390 prepaid
 Full page ad for 6 months is \$1,800 prepaid

BEST AD RATES & WIDEST DISTRIBUTION

of any spiritual growth magazine in Florida.
 We're distributed monthly to 300+ bookstores and health food stores all over Florida, as well as by private subscription. See pages 23-26 to see where HORIZONS MAGAZINE is distributed

For good advertising results, studies show it takes a reader 3-4 times seeing a new ad before it is noticed and acted on. By the 4th ad, readers begin to call.

Payment is due by the 10th with your ad.

DISPLAY AD SIZES

Full page ad is 7.25" wide by 9.5" tall
 1/2 page 4.25" tall by 7.25" wide or 9" tall by 3.5" wide
 1/3 page 2.8" tall by 7.25" wide or 9" tall by 2.3" wide
 1/4 page 3.5" wide by 4.25" tall
 Business card ad is 2" by 3.5"
 Small strip ad is 1" x 3.5"

**WE ACCEPT
 ALL CREDIT
 CARDS AND
 PAYPAL
 ONLINE**

321-722-2100

Email us at HorizonsMagazine@aol.com

**SPONSOR OUR WEBSITE FOR ONE
 MONTH FOR JUST \$120**

Mail ad with payment to
HORIZONS MAGAZINE
 575 Escarole Street SE
 Palm Bay, FL 32909-4802

12 Steps of Spiritual Freedom

By Rev. Tom Sannar

www.new-thought.org/ Email oneheart@roadrunner.com

1. Recognition - God Is First. I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.
2. Unification. I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
3. Willingness To Change. I am willing to assess my life, to honestly look at and face all my fears.
4. Dominion. I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
5. I Live On Principle. I know that I am a Spiritual Being. I live my life with honesty and integrity.
6. I Live On Purpose. I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
7. Forgiveness. I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
8. Positively Present. I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
9. Persistence. I persist through faith. I maintain focus and discipline.
10. Service. I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
11. Gratitude. I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
12. Tithing. I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.





Andrea de Michaelis
Publisher

THIS MONTH'S THOUGHTS ABOUT THINGS...

*"I want to look back on my life and
be giddy with joy that I was the
one who got to live it."*



ello and welcome to the **December 2008** edition
of **Horizons Magazine**.

SYNCHRONICITY

Each month I make up a list of what I'd like the Universe to bring me in the next 30 days. The list invariably helps me stay focused and I usually achieve what I am seeking by month's end. As I was creating my visualization script for the month of November, I wrote down "bring me someone to take the **Horizons** website to the next level." I wrote the script on **October 29th**.

On **November 3rd**, I received a call from **Bernadette Carter**, who was inquiring about advertising. She and I immediately hit it off and began talking on all manner of things and got on the website topic. She asked me if I knew who **Steve Pavlina** was and I did not. Part of the synchronicity is that Bernadette's birthday is October 29th, the day I wrote my **November 2008** script asking for someone to take me to the next level with the website. She had seen him speak at the **Hayhouse I Can Do It Tampa** conference in October.

Although Bernadette was the first one to mention Pavlina to me, I had an unread email waiting for me from **Hay House** that included an excerpt from **Steve's Personal Development for Smart People: The Conscious Pursuit of Personal Growth** book, which you'll find on page 9 of this December **Horizons**. Also, unopened in the outer office was the review copy of Steve's book that **Hayhouse** sent me. Synchronicity!

I like that title "For Smart People". I think you have to be smart to "get it" when profound lessons are given using simple words. Too often we think: "Oh that's too simple, that can't work" so we never try something that could change our world forever. To paraphrase the scientific principal of **Ockham's Razor**, "All other things being equal, the simplest solution is the best." Yet we tend to overlook what seems to be too easy.

At 19, Pavlina's life came crashing down upon him and, in an attempt to overcome his situation, he decided the best course of action was to go to work on himself. His book and his popular online blog is the result of years of delving deep inside himself and he shares the insights he's learned along the way. Lots of them. Almost a thousand articles on his pages, all by him, all interesting and relevant to now.

A friend asked, "Why are you going to promote this guy's website? Why not promote the Horizons site instead?"

My answer was, "I want to promote him because he does the same work I do at Horizons. Except his website gets millions of hits each year, so he's got a much wider readership. Do I want my readers to only know what I know, or do I want to turn them on to whoever can help them the most?" I may have 150 articles online while he has maybe 5 times that.

...continued on page 43...

If you appreciate what Horizons has each month, show your support by subscribing, even if your local store carries us.

GET THE SPIRIT!

SUBSCRIBE TODAY

We'll give you 12 monthly issues of **Horizons Magazine** for just \$26 (\$48 overseas.) Charge it to any credit card or PayPal. **FILL OUT THIS FORM OR CALL 321-722-2100**, and the next issue of **Horizons Magazine** will be at your door early each month. You may email **HorizonsMagazine@aol.com** or mail to **575 Escarole St SE Palm Bay, FL 32909-4802**.

Please send me ____ subscription(s) at \$26 each. I enclose my check or money order ____ OR
Charge \$ ____ to my credit card. The number is ____
The expiration date is : ____ Email address: ____
Mail my subscription to: Name ____ Phone ____
Address : ____ Apt No. ____
City ____ State ____ Zip Code ____

Yes! I want to receive Horizons Magazine at my own front door!

Page 7

ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Esther & Jerry Hicks are authors of *Ask & It Is Given*, *The Amazing Power of Deliberate Intent* and the NY Times Best Seller, *Money and the Law of Attraction* and their dvd, *The Secret Behind "The Secret"!* www.abraham-hicks.com.

Excerpted from Abraham's New York Times Best Seller, *The Law of Attraction*

The Universal Law of Attraction

Everything in your life and the lives of those around you is affected by the Law of Attraction. It is the basis of everything that you see manifesting. It is the basis of everything that comes into your experience... An awareness of the Law of Attraction and an understanding of how it works is essential to living life on purpose. In fact, it is essential to living the life of joy that you came forth to live.

The Law of Attraction says: That which is like unto itself, is drawn... When you say, "Birds of a feather flock together," you are actually talking about the Law of Attraction. You see it evidenced when you wake up feeling unhappy, and throughout the day things get worse and worse, and at the end of the day you say, "I shouldn't have gotten out of bed." You see the Law of Attraction evidenced in your society when you see that the one who speaks most of illness has illness; when you see that the one who speaks most of prosper-

You see the Law of Attraction evidenced in your society when you see that the one who speaks most of illness has illness; when you see that the one who speaks most of prosperity has prosperity

ity has prosperity... The Law of Attraction is evident when you set your radio dial on 630AM and expect to receive the broadcast from the transmitting tower of 630AM, because you understand that the radio signals between the transmitting tower and your receiver must match. As you begin to understand—or better stated, as you begin to remember—this powerful Law of Attraction, the evidence of it, which surrounds you will be easily apparent, for you will begin to recognize the exact correlation between what you have been thinking about and what is actually coming into your experience. Nothing merely shows up in your experience. You attract it, all of it, no exceptions.

GIVING THOUGHT TO IT IS INVITING IT

The more you come to understand the power of the Law of Attraction the more interest you will have in deliberately directing your thoughts—for you get what you think about, whether you want it, or not.

Without exception, that which you give thought to is that which you begin to invite into your experience. When you think a little thought of something that you want, through the Law of Attraction, that thought grows larger and larger, and more, and more powerful. When you think a thought of something you do not want, the Law of Attraction draws unto it, and it grows larger and larger, also. And so, the larger it grows, the more power it draws unto it, and then the more certain you are to receive the experience.

When you see something you would like to experience and you say, "Yes, I would like to have that," through your attention to it you invite it into your experience. However, when you see something that you do not want to experience and you shout, "No, no, I do not want that!" through your attention to it you invite it into your experience. In this attraction-based

Universe, there is no such thing as exclusion. Your attention to it includes it in your vibration, and if you hold it in your attention or awareness long enough, the Law of Attraction will bring it into your experience, for there is no such thing as "No". To clarify, when you look at something and shout, "No, I don't want to experience that; go away!" then what you are actually doing is calling it into your experience, for there is no such thing as "No" in an attraction-based Universe. Your attention to it says, "Yes, come to me this thing I do not want!"

Fortunately, here in your physical time-space reality, things do not manifest into your experience instantaneously. There is a wonderful buffer of time between when you begin to think about something and the time it manifests. That

...continued on page 19...



Rev. Dr. Janet Claire Moore
Spiritual Reader, Channel and Counselor
ADL Minister, Licensed Mental Health Counselor
ACHE, Certified Clinical Hypnotherapist

"TO INSPIRE, ENCOURAGE AND HEAL"
Life path, future possibilities, Past lives, Grief
issues, and Messages from Loved Ones in Spirit

GAINESVILLE, FL **352-373-8047**

JCMoore1@gmail.com
www.SeraphimCenter.org/reverend_drjanet.htm



PERSONAL DEVELOPMENT FOR SMART PEOPLE

The following excerpt is taken from the book PERSONAL DEVELOPMENT FOR SMART PEOPLE: The Conscious Pursuit of Personal Growth by Steve Pavlina. It is published by Hay House (October 2008) and is available at all bookstores or online at: www.hayhouse.com. Visit online at www.stevepavlina.com

How to Build Your Power

Just like your muscle tissue, power weakens from lack of use and grows stronger when exercised. The more you train your power, the more powerful you become. Everyone has some power, but not everyone develops it to the same degree. Here are some methods to train yourself to become more powerful.

PROGRESSIVE TRAINING

A good way to build power and especially self-discipline is to progressively train yourself to tackle bigger challenges. When you train your muscles, you lift weights that are within your ability. You push your muscles until they fail, and then you rest. Similarly, you can develop your power by taking on challenges that you can successfully accomplish but that push you close to your limits. This doesn't mean trying something that's beyond your strength and failing at it repeatedly, nor does it mean playing it safe and staying within your comfort zone. You must tackle challenges that are within your current ability to handle but which are close to your limit.

Progressive training requires that once you succeed, you must increase the challenge. If you keep working at the same level, you won't get much stronger.

It's a mistake to push yourself too hard when trying to build your power. If you attempt to transform your entire life overnight by setting dozens of new goals for yourself, you're almost certain to fail. This is like a person who goes to the gym for the first time ever and packs 300 pounds on the bench press. You'll only look silly. Accept your current starting point without judging yourself harshly.

If you're starting from a very low point in your life, you may find it extremely challenging just to get yourself out of bed before noon and pay your bills on time. Later, you may progress to making dietary improvements, starting an exercise program, and breaking harmful addictions. As you gain more power over your life, you can take on bigger goals, such as building the career of your dreams and attracting a fulfilling relationship.



Charles Lightwalker

*Channeler, Shaman,
Medical Intuitive, Healer*

509-389-7290

www.thefamilyoflight.net charleslightwalker@yahoo.com

TRISH SMITH 386-490-6285



**Medium • Spiritual Counselor
Healer • Past Life Regression
Animal Readings**

Email trishsmith719@gmail.com



Spiritual Path Foundation

Available for
private sessions:

- Reiki treatments
- Shamanic Healing
 - Regressions
 - Counseling in person or by phone

Now taking registration for
2009 Shamanic Warrior Class

Deadline to register is 1/1/2009
See www.spiritweavershaman.org

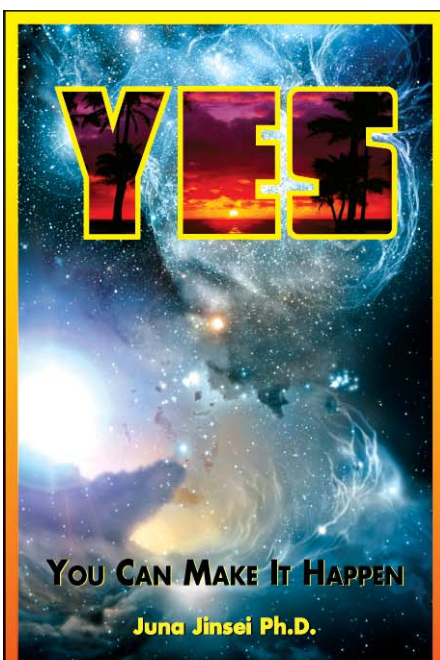
321-951-8774

www.spiritualpathfound.org
Email spiritualpath@bellsouth.net and
Spiritweaver at www.spiritweavershaman.org

Don't compare yourself to other people. If you think you're weak, everyone else will seem strong. If you think you're strong, everyone else will seem weak. There's no point in doing this. Simply look at where you are now, and aim to get stronger as you go forward.

Suppose you want to develop the ability to complete eight solid hours of work each weekday. Perhaps you try to work a solid eight-hour day without succumbing to distractions, and you only manage to do it once. The next day you fail utterly. That's perfectly fine. You did one rep of eight hours. Two is too much for you, so cut back a little. Could you work with high concentration for one hour a day, five days in a row? If you can't do that, cut back to 30 minutes or whatever you can do. If you succeed, increase the challenge. Once you've mastered a week at one level, take it up a notch the next week. Continue with this progressive training until you've reached your goal.

...continued on page 31...



This remarkable motivational book is the key to bringing balance and wholeness into your life so you can achieve your goals of perfect health, abundant wealth, and inner peace. It contains over a dozen metaphysical practices to open your mind, increase your awareness, and develop your seeking spirit. Juna shares the sufferings and joys from numerous heartfelt experiences that are excellent examples of how you can tap into, and apply your powerful personal energy as you journey on your path to enlightenment.



Pages 440
\$25.95
Find it on
www.amazon.com
or at Barnes and Noble
ISBN 978-1-4327-2629-4

As a Pastoral Counseling Psychologist Juna Jinsei has spent her entire life pursuing the best means to enable people to overcome their personal sufferings. In YES she shares her intricate spiritual quest and the answers she discovered that can lead you to indestructible happiness.

ANIMAL SPIRIT GUIDANCE



By June K. Brown
Animal Spirit Guidance is my passion. My Church is my backyard, the beach, or the grocery store parking lot. Everywhere I look, I see the omens sent to me from The Great Spirit, guiding me daily on my quest to spiritual enlightenment. Thank you Grandmother Spider! Email June at JBr340@aol.com

THE DEER * GENTLENESS

The deer is a beautiful, elegant and graceful animal. When I see deer in the wild or at the zoo, my first thought is that of unconditional kindness, gentle heart filled with light and love. They look at you with these big brown eyes as if they are imploring you be kind and innocent like them.

I would like to share a story with you that I read about a year ago.

One day, a fawn received a message from Great Spirit to climb the mountain at the edge of the forest and visit the spirit world where she would receive great insights.

The fawn obeyed the order. She made her way to the edge of the mountain and began her long and difficult ascent. When she was half way up the mountain she encountered a demon who would not let her pass to visit with Great Spirit.

She looked at the demon and said, "Please let me pass. Great Spirit has called me." The demon refused and tried to scare the fawn with magic that would have made any other run with fright.

The fawn, being so kindhearted and knowing that her journey must be complete, said, "I must go past. Please kind sir, allow me." The demon again refused and tried more magic on the fawn to scare her away.



The fawn held no fear in her heart and sent out her love and light to the demon. The demon shrunk to the size of a walnut and disappeared.

The fawn continued on her journey and met with Great Spirit, learning all that she needed to know.

Sometimes we allow our fears to get in our way. We become hard-hearted because of the obstacles and road blocks set before us.

Deer teaches us to keep our light shining, be kind to those who are not and to keep moving forward on our journey.

You cannot see the light from the void when you are in a state of urgency, fear or hatred.

Walk your journey up the mountain.
You will find the light.

THE HIDDEN SPIRITUALITY OF MEN

Matthew Fox is the author of 28 books. This article is based on the book *The Hidden Spirituality of Men: Ten Metaphors to Awaken the Spiritual Masculine* and He was a member of the Dominican Order for 34 years. You can visit him online at <http://www.matthewfox.org>.

As a 67 year-old who has been male all my life, there's something I feel compelled say to my brothers and the young men and boys who will soon be men.

Our species is in trouble. And we men are a big part (not the only part) of that trouble. A renowned scientist at **Stanford University** told me two years ago: "We are the first species in 4 and a half billion years that can choose not to go extinct. But of course we have not yet made that choice."

As long as men are bogged down in superficialities — many of which our consumer-driven economic culture strives to addict us to — we will not be our real selves, our best selves, our most beautiful selves.

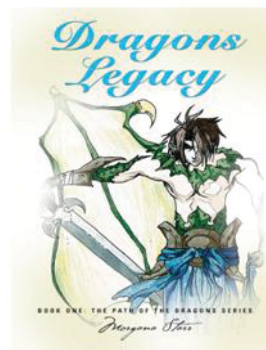
We get into a locked squirrel cage of work, work, work and spend, spend, spend and have no time for asking: "Why am I here? What can I contribute? How do I give back my love and gratitude and wisdom?"

...continued on page 30...





Rise above all challenges! Empower yourself! Develop and strengthen your inner spiritual powers of thought, intuition, visualization, psychic, meditation and powers of manifestation. Free monthly lecture. Visit www.mygardenofknowledge.com.



Dragons Legacy
Book One: The Path of the Dragons Series
<http://morganastarr.com/>

Take heed, shape-shifting healing dragons fly through many adventures and narrow escapes that center on Quinton, an orphaned prince, raised by a dragon/girl, Mary. The dragon of war, Maalock, battles evil dragons and trains the young prince to reclaim his throne.

ENLIGHTENMENT NOW

LIVING SPIRITUAL MASTER



OPENING YOU TO
 DEEPER STATES OF
 LOVE, PEACE,
 PRESENCE & WISDOM



KEVIN HUNTER 239.784.7070

WWW.AWAKENEDHEARTPRESENCE.COM

SPIRITUAL EMPOWERMENT & GUIDANCE FOR THE INNER JOURNEY

Find out more! www.JoinCLP.com • Call 321.373.5215

Join Our Social Network

www.ConsciousLivingSpace.com

Find Old Friends~Meet New Ones!

1. Create your home page
2. Upload your favorite video, music & photos
3. Start your blog, read and comment on the forums, and start connecting

It's great fun and all free.

Created by

Conscious Living
Partnership
 Join the Conscious Revolution

www.ConsciousLivingPartnership.com

Come join us and
 like-minded people
 from around the world

-Shannon Burnett
 Founder & CEO



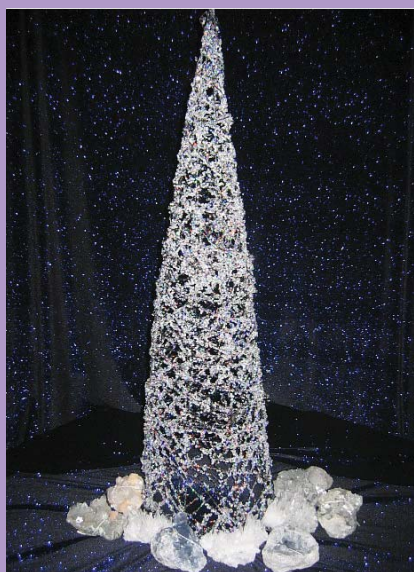
888.285.1233





Enchanted Gifts for the Mind, Body and Soul

Creative Energy



Our Enchanted Gifts include:
Crystals, gemstones, jewelry, salt
lamps, drums, didgeridoos, singing
bowls, books, tarot, CDs, candles,
incense, oils, herbs, sage,
divination tools, statuary & altar
items, belly dance items, henna, tap-
estries, peace-promoting items, Amy
Brown + faeries and much more!

***All Amy Brown Faeries now
40% off!**

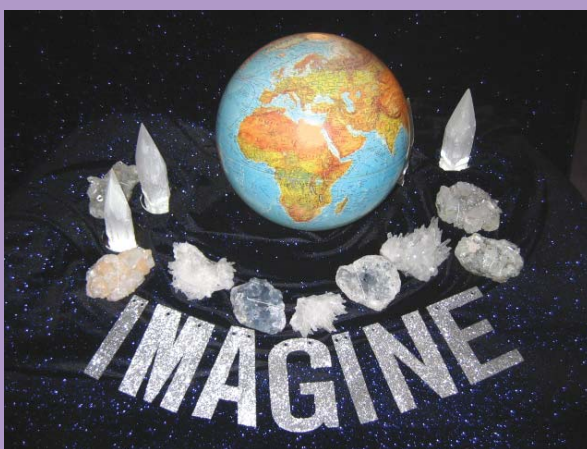
835 East New Haven Ave
Historic Downtown Melbourne
(Think Purple)

HOURS

**Mondau thru Thursday 10am-6pm
Friday & Saturday 10 am-8 pm
Sunday Noon to 5 pm**

321 952-6789

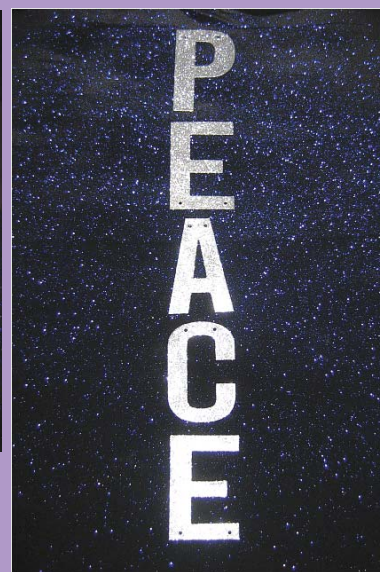
*"Where Old Melbourne meets
the New Age"*



*You may say
That I'm a dreamer
But I'm not the only one
I hope someday
You'll join us
And the world
Will be as one*

-John Lennon

*Peace, Love and the
Brightest of Blessings
from our Family
to Yours...*



**Experience the charm
of Candlelight Shopping
in Historic Downtown
Melbourne this
Holiday Season.
Live music, carolers,
horsedrawn carriages,
tasty treats and
"Father Christmas".**

**Saturday evenings
through December 20!**

Most shops open until 9 pm

HERB CORNER



Cecelia Avitable of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. For more information call 321-757-7522

GOLD, FRANKINCENSE & MYRRH

The holidays are here again along with its traditions. As a spiritual herbalist I have often thought about the gifts given by the 3 Wise Men at Christ's birth and what was their purpose, were they given to **Jesus** for spiritual reasons or for medicinal purposes as he was growing up. What I found was that they were not just herbs of Christian tradition they are also mentioned in the **Torah, Talmud, and Koran**, in **Druid, Wiccan, Vedic, Buddhist and Taoist** literature.

At the time of Yeshua's birth **Frankincense and Myrrh** were more costly than gold and they were believed to be representative of his roles as prophet, priest and king.

Historically Frankincense and Myrrh were found in **Babylonian, Egyptian, Indian, Greek, Roman and Chinese** writings dating back as far as **2800 BC**. Back then they were used to acknowledge divinity, for purification, as temple offerings, in rituals for death and rebirth, for embalming practices and as the key ingredients in anointing oils. During this time period **Frankincense and Myrrh** were also used in cosmetics helping to keep the skin looking youthful, for repelling insects and for healing wounds and ulcers.

Today **Frankincense and Myrrh** still retain their spiritual purposes for worship, purification, consecration and for blessings. They are also used to reduce stress, anxiety for reducing sorrow and for assisting in meditation.

As an herbalist today I use **Frankincense and Myrrh** mixed with **Turmeric and Cayenne** for pain and inflammation helping people with arthritis and joint pain. I also use them for problems concerning the mouth for sore throats, bad breath, gum disease, pyorrhea, canker sores, gingivitis or thrush as a mouth wash, gargle or as a **tooth powder made with ½ cup Kaolin, 1teaspoon Myrrh, 1teaspoon, Frankincense, 1teaspoon Baking Soda and the essential oils of Cloves and Anise.**

Besides being good for these conditions these herbs have the ability to help with parasites, asthma, bronchitis, athlete's foot, nail fungus, healing and disinfecting wounds, clearing lymph congestion, stimulating blood cell activity and increasing adrenal hormones.

I am glad to find that extensive research is being done in the UK on **Gold, Frankincense and Myrrh** for their ability to shrink tumors. Researchers have found them to be rich in biologically active molecules that have the potential to prevent cancer.

When those three Wise Men gifted the infant **Jesus** could they have known what their gifts would be used for?

www.
Maha Vajra.BE

MODERN ENLIGHTENED
SPIRITUAL MASTER

Angelica

★ Intuitive High Priestess ★
Evolving Your Body,
Mind, Heart & Soul

Psychic ★ Astrology ★ Numerology ★ Enneagram ★ Tarot
239.289.8602 www.angelica.com

THE HERB CORNER AND LEARNING CENTER

*Over medicated?
We have natural
alternatives*

- Hundreds of Organic Bulk Herbs
- Custom Blended Herbal Remedies
- Amber, Cobalt & Plastic Bottles
- Essential Oils
- Private Consultations
- Crystals, Candles, Incense,
- Egyptian Bottles and Jewelry

Sat Dec. 13th
Body Mind Spirit Fair
Readers, Reiki, Medical Intuitive,
Aromatherapy and Chair Massage

**Certified Master Herbalist
and Holistic Healthcare
provider on staff**

321-757-7522

OPEN Wed-Friday 10am-5pm
Saturday 10am-2pm
See www.herbcorner.net for free recipes, articles, info

277 N. Babcock St.
Melbourne, FL 32935

OUR CLASSIFIED ADS

Your listing here for just \$1.50 per word. Mail your listing with payment by 10th of the month preceding publication or email to HorizonsMagazine@aol.com

AFFORDABLE CRUISES www.bffcruises.com 888-420-7514

PSYCHIC PHONE READINGS REV. EMMA ROSA
813-677-6314 • 813- 843-8961

LIVE RADIO WEBCASTS ON EXPLORATIONS RADIO WITH CHRISTOPHER TIMS www.explorationsradio.com covering Mystery School Teachings, the Spiritual Journey, Sound Healing, paranormal and extraterrestrial phenomena, alternative health topics, live guest interviews and open call - in lines! Every Wednesday 7:30 pm! Also visit www.christophertims.com and www.soundhealing.org.

NO PAIN TRAMA RELIEF , PAST LIFE REGRESSION, Distance Healing <http://www.joyoflivingwell.org> 305-280-1633

PERSONAL TAROT READINGS BY CASSY. Ethical, compassionate, Cassy's spiritual calling can help you find guidance today! Readings from \$20. www.Cassystarot.Com

SPIRITUALIST READINGS BY PHONE OR IN PERSON.
Rev. Marilyn L. Godley 772-335-7221

HELPING ORDINARY PEOPLE IN EXTRAORDINARY CIRCUMSTANCES. www.innerchristlight.com

CONNECTING WITH YOUR ANGELS, GUIDES & TEACHERS \$10 mp3 file at www.horizonsmagazine.com. Designed to activate the third eye, expand awareness, develop psychic perception and train you to become receptive to inner guidance. You can listen at your computer. See page 46.

CHANGE YOUR EATING HABITS \$10 mp3 file at www.horizonsmagazine.com. By the power of suggestion, your desire to overeat will be replaced by increased willpower; your craving for unhealthy foods will be replaced by finding interesting, fun ways to increase your physical activity. You can listen at your computer. See page 46.

SLEEPYTIME RECHARGE \$10 mp3 file at www.horizonsmagazine.com. Play this recording as you are falling asleep for restful rejuvenation. We can retrain our consciousness to create healthy beliefs. We can not only regulate our own brain chemistry to overcome ailments and bad habits, we can reprogram our lives for more personal joy. See page 46.

A UNIQUE GIFT! WISDOM OF THE TAO for people in a hurry. Fits easily into pociket or purse. www.haiku-tao.com

CRYSTAL CONNECTION

Amazing Geodes, Gems & Minerals




Also: Angel Gifts, Incense, Music, Cards, Singing Bowls, Candles, Jewelry, Oils

Two locations to serve you:

Crystal Connection 311 Gulf Blvd Indian Rocks Beach 727-595-8131	Crystal Connection 298 S.Nova Road, Suite A Ormond Beach 386-673-0014
---	---





To Promote the Religion, Science, and Philosophy of Spiritualism

Develop Your Psychic-Medium Intuitive Talents * Ongoing Classes

These aren't skills needed just for work as a professional medium. These are life skills we had as children but have lost. It is of benefit to our everyday lives to regain the talents we had. Also these classes are an opportunity to understand what may already be happening in your life now that you would like to have better control over.

New groups forming in Orlando, Gainesville, and Tampa /St. Pete in January. Call or e-mail for details.

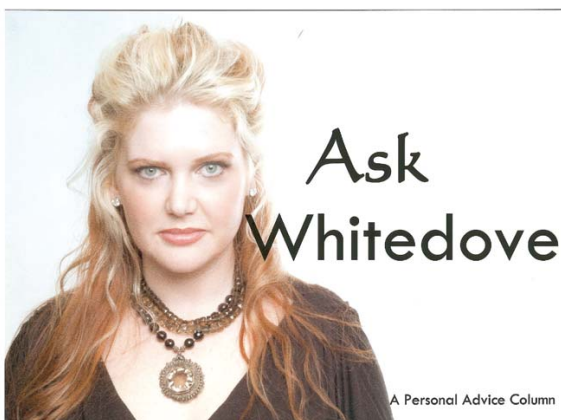
On-going Psychic Spiritual Development Classes meet 7-9:30PM

IFSK Director Marilyn Jenquin

Private Readings
In Person
or by Phone
\$75 / 45 minutes

www.ifsk.org **407-673-9776**

Melbourne ~ Tues Dec 19 ~ 12-2:30pm & 7-9:30pm
Jacksonville ~ Thursday, Dec 18th ~ 7-9:30 PM
Tallahassee ~ Wednesday, Dec 11th ~ 7-9:30 PM
Tallahassee ~ Friday, Dec12th ~ 11AM-1:30 P
Winter Park ~ Tuesday, Dec 1st ~ 7-9:30 PM




Got a Burning Question, New Age terms nagging at you? Celebrity psychic Michelle White dove is a world-class medium whose mission is to empower humanity as a spiritual teacher and visionary. She has been featured on ABC, CBS, FOX, and PBS-TV. Lifetime Television named her America's #1 Psychic, Giving clarity on topics from Archangels to Zodiac, just ASK WHITE DOVE your specific questions at www.michellewhitedove.com/contact.php. Visit www.MichelleWhite dove.com. Subscribe to Michelle's Video Channel www.YouTube.com/MichelleWhite dove

Dear White dove, A friend told me that I should wear a necklace made of rose quartz because it would help me. Do you believe that stones can have a real effect on the physical body? Thinking Pink, Georgia


Dear Pink, Today modern science knows that quartz crystals generate an electrical charge when mechanical pressure is applied to them and they also vibrate. Quartz is used in radios, computers, and watches. Gemstones have been used throughout history for their beauty and their power. The Talmud and the Bible both speak of specific gemstones used for protection that cover the breast plate of the high priest. Kings and Queens used them in their crowns and stones were set in their swords and aligned specifically to enhance fighting abilities and to protect the user. So yes your friend has suggested pink quartz because it emanates qualities of unconditional love for the world, and self love. We can all use more love right now. Wear the pink quartz on a necklace with a long chain. For maximum benefit wear it over the heart chakra. And know that stones are most effective when resting against the skin.

Dear Almost, I saw you on TV and you spoke about your psychic abilities, God, and Angels. But I feel that you have to be into religion to buy into these invisible helpers. I'm agnostic and haven't ever felt comfortable with religion. Help me to understand. Almost Atheist, UK

Dear Almost, There are many forms of life here on Earth and throughout the Universes. Angels are beings that are pre-religion, they have always existed. The one thing that all life forms have in common is that their core essence is pure energy. As humans we try to intellectualize everything. Does God look like us? Is he an all-knowing wise man with a beard? Are Angels male or female winged humanoids? We personify them to be like us, but actually they are energies. The Universal Consciousness is an energy force, the source of all things. Humans tend to compartmentalize and need to use labels: God, Allah, Great Spirit, Angel, whatever name gives you comfort. When people see them, the human mind tries to establish their likeness from memory, just as we search a computer for a matching file. In actuality they are unique energy forms of light and superior intelligence.



Readings by
Ericka Boussarhane
www.coldcasepsychic.com
 International Psychic Medium
 Toll Free 1-866-994-4733
 As featured on TV and National Radio





PENNY O'BRIEN
 Mon-Fri 8:30-7pm
 Sat 8-5pm
 Sun 10am-2pm

Gems, crystals, herbs, oils, candles, incense, books, tarot cards, divination tools, runes, wands, pendulums, altar items, tapestries, shirts, faery art, cards, dragons, skulls, wizards, witches, fairies, windchimes, jewelry

386-445-9092
MerlinsMercantil@aol.com
www.merlinsmercantile.org
 In St. Joe Plaza off Palm Coast Pkwy



Is your space inviting abundance into your life?
 Feng Shui, Organizing, & Decorating Services

Visit our online store
save 15%
 Use Code: **horizons**


Upcoming Workshops:
 Live Your Intention
 Intro to Feng Shui
 Feng Shui & Energy

www.AwakenYourSpace.com
 772-299-0705

Awaken Your Space

Designs for Harmonious Living





Tom Arcuti

YACHAK SHAMAN OF IMBABURA

SHAMANIC CEREMONY

Initiated in the Tradition of the Shamans Of Imbabura Lineage of the Caras from the Andes of Ecuador

OFFERING CEREMONIES FOR CLEANSING & BALANCING; GOOD FORTUNE; SOUL MISSION AND YOUR TRUE SELF; ALLIES, GUIDES, TOTEMS; ENERGETIC INTEGRATION & FRAGMENTATION; PROTECTION.

386.747.9294

tom@allipacha.com www.allipacha.com

At eighteen, I had a Near Death Experience at the scene of a fatal car crash. I had a personal encounter with Angels, and The Great Spirit. My energy/soul left my broken body and ascended. I found myself in the presence of the Universal Consciousness, which

...continued on page 22 ...

SECRETS

Excerpts from
Secrets of Spiritual Happiness



Writer-producer-artist-musician Sharon Janis is the author of *Spirituality For Dummies*, *Secrets of Spiritual Happiness*, and *Never to Return: A Modern Quest for Eternal Truth*. Visit her website for inspiring book excerpts, streaming videos, devotional chanting, more: www.sharonjanis.com

BE A BLESSING

Some cause happiness wherever they go;
 others whenever they go.
 —Oscar Wilde

A Company of Angels

277 N. Marion Avenue Nov 28th & 29th Festival of Lights
 Downtown Lake City Dec 2nd Chord Cutting 7pm
386-752-5200 Dec 6th Blood Drive
 10 to 6 Mon-Sat

Once upon a time, a king and his men were on their way to hunt, when they saw a simple fellow riding his donkey on the trail ahead of them. In that kingdom, seeing a donkey was considered to be a bad omen. The king was furious. He had been planning for this hunting trip all month, and now this man on the donkey had ruined the whole thing. "Go beat him!" the King commanded his men. They beat the man severely, and then the hunting party went on its way.

That day, the hunt went exceptionally well – in fact, it was the most successful hunt the king had ever had. On his way back to the palace, the king saw that same area of the road where they'd passed the man on his donkey. He felt a little guilty about having his men beat someone who had ended up being a very good omen.

The next morning, the king told his soldiers to bring the man to the castle, so he could apologize to him. The badly bruised man was brought to the king's courtyard.

"I want to apologize to you," the king expressed, "It seems that you and your donkey were good omens, after all. Our hunt went exceptionally well."

"Well, your majesty," the man replied, "I saw your face yesterday morning, and look at my body – it's black and blue from head to toe. Tell me, O King, who is a good omen, and who is a bad omen?"

The finest road to spiritual happiness is to do your very best to be a blessing to everyone you see and to everyone you know. Even if you think someone has done something

...continued on page 29...



**Marcus, Debra
 And Staff**
Center for Healing Arts
 916 Columbus Ave.
 Melbourne, FL 32901
(321) 733-7633

MA18644 / MA26015 / MM7484

- **Private Shamanic Healing**
- **Shamanic Transformational Classes**
- **New & Full Moon Ceremonies**
- **Munay-Ki Rites of Passage**
- **Myofascial Release**
- **Massage Therapy**
- **Certified Master Hypnotist**

Ancient Power for Today's Healing **Center for Healing Arts**

Happy Holidays! Gift Certificates & Packages Available

Community Drum Circle. 1st Friday of each month. Ask about our classes. Call (321) 733-7633. Love donation. Bring a drum if you have one.

Munay-Ki Shamanic Rites of Passage - Free Introduction 7-9:00 pm. Learn about and how you can receive the 9 rites of initiation transmitted by the Inka Shamans of Peru. These rites accelerate the transformation process of human consciousness and awakens the "seer" within and the ancient and future wisdom within you. A must for professional healers. Pre-requisite for becoming a Mesa Carrier.

Moon Ceremonies Full Moon Friday, December 12th., New Moon Saturday, December 27th, and Full Moon and Sunday January 11th. Starts 7:30pm. Bring a stick & dish to share.

Gentle Healing Yoga with Earth Gong Meditation. Every Wednesday, 11:30am-1:00pm. \$40 for 4 weeks or \$15.00 per class. RSVP (321) 733-7633.

FROM THE HEART

Alan Cohen is the author of many popular inspirational books, including *I Had it All the Time*. Alan is now offering a daily inspirational lesson via email. For information on this program or others, or to receive Alan's free daily quote and/or quarterly newsletter, visit www.alancohen.com, email info@alancohen.com, or phone 1-800-568-3079



Your Past isn't What it Used to Be

During my high school years I walked to school each morning with my buddy **George**. One day as an act of affection I reached my arm around George's shoulder and hugged him lightly. My friend was uncomfortable with this motion and politely threw my arm off his shoulder. I felt embarrassed and we both said nothing. At the end of the year we were off to college and we went our separate ways. For a long time, however, when I thought about George I recalled that awkward moment.

Many years later I received a message from my office assistant: "George R. called and said he misses walking to school with you." Delighted to hear from my old friend, I phoned him and the next time I was in his city we met for lunch. As we began to reminisce, I confessed, "Sometimes I still feel weird about the morning I put my arm around your shoulder and you tossed it off." George looked perplexed. "I don't remember that at all," he told me sincerely. "All I remember is that you waited for me every morning, even in the rain."

I was stunned. For all those years one of my primary memories of my friendship with George was built around my perceived error. Meanwhile all he remembered was the good. What a waste of my thought and energy! And how wonderful it felt to know that George had always appreciated me.

While you have many possible alternative futures, you also have many alternative pasts. Out of literally billions of experiences in your life, you have chosen to focus on only a small number of selected events and call it "my past." You may think of events A, G, M, and W as your past, but you could also consider events B, D R, and Z as your past. If you focus on traumatic or self-defeating moments as your past, you will call forth sorrow or loss and your future will replicate them. If you focus on empowering and self-honoring events as your past, you will call forth appreciation and inner peace, and your future will deliver you more experiences to match them.

...continued on page 30 ...

Gregg Braden in Naples

Jan 30-31, 2009 Fractal Time: The Secret of 2012 And A New World Age

Friday, January 30th 7:00 pm
Saturday, Jan. 31st 9:00 am

Unity of Naples Church
Naples, FL

239-775-3009
www.naplesunity.org
www.greggbraden.net



Spiritual Awakening

1045 N. John Young Pkwy. Kissimmee, FL
407-343-9062

Church & Spiritual Center

BOOKSTORE – GIFT SHOP – READINGS
Hours – 12:00 p.m. – 5:00 p.m. Mon.-Sat.
Reiki – Tai Chi Chih Classes - Meditation Circle
Space Available for Meetings/Workshops
www.churchofspiritualawakening.com

The Cosmic Church of Truth




1637 Hamilton Street
Jacksonville, FL 32210

Sunday Mornings Lessons In Truth

Sunday Service 10:30am

Call for classes & meetings.
Private counseling & healing sessions available by appointment

(904) 384-7268
www.thecosmicchurchoftruth.net



NIGHT SNACKERS LOSE THE URGE!

"I'm down 15 pounds and I no longer have the urge to snack in front of the tv. Who knew it could be this easy? I don't know how it works, but it works. Thank you." See Page 46

SISTER BENNETT specializes in tea
leaf readings
by telephone.
904-551-6805



Also advice on love, luck, health

NOTES from the Universe



An international tax accountant turned entrepreneur turned writer for "the Universe," and one of the teachers for the bestselling book *The Secret*, Mike Dooley has found his calling. Mike runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, and happiness. Visit www.tut.com to sign up for free daily Notes from the Universe!

9th Annual
**EXPO
OF
Heart**

Mark Your Calendar!
February 22, 2009
www.ExpoOfHeart.com
888.292.1116

Produced by Conscious Living Partnership™

*Do you know what happens the instant I
become a brand new "someone"?*

*You know, the moment I begin to play,
grow, and become more than I was,
within the jungles of time and space?*

*I feel alone, disconnected, like I'm missing
something. Even though I'm none of those
things.*


And neither are you.

*Rock on, loveable -
The Universe*

**WHAT YOU
LOVE TO DO**

Gift Boutique ~ Meeting Place


Jewelry	CDs
Candles	DVDs
Salt Lamps	Tuning Forks
Incense	Singing Bowls
Oils	Tarot Readings
Cards	Toning Circles
Books	Belly Dancing

 Massage, Sound, &
Vibrational Therapy by
Keith Fitch, LMT
MA53465 ~ MM21321

602 BREVARD AVE • COCOA VILLAGE
321-504-0304
www.whatyoulovetodo.com

**FEEL ICKY
FOR NO REASON?
SEE PAGE 46**

*"I used to think I had chronic fatigue or
was depressed, but I think now it was all
related to my habit of thinking. I have
more energy now, more clarity and feel
motivated. Thank you."*



ABRAHAM-HICKS



...continued from page 8...

buffer of time gives you the opportunity to redirect your attention more and more in the direction of the things that you actually do want to manifest in your experience. And long before it manifests (actually, when you first begin to give thought to it), you can tell by the way you feel whether it is something you want to manifest or not. If you continue to give your attention to it—whether it is something you want, or something you don't want— it will come into your experience.

These Laws, even if you do not understand that they do, affect your experience even in your ignorance of them. And while you may not be aware of having heard of the Law of Attraction, it's powerful effect is evident in every aspect of your life experience.

As you consider what you read here and begin to notice the correlation between what you are thinking and speaking and what you are getting, you will begin to understand the powerful Law of Attraction. And as you deliberately direct your thoughts and focus upon the things that you do want to draw into your experience—you will begin to receive the life experience that you desire on all subjects.

Your physical world is a vast and diverse place full of an amazing variety of events and circumstances, some of which you approve of (and would like to experience) and some of which you disapprove of (and would not like to experience). It was not your intention as you came forth into this physical experience to ask the world to change in order to accommodate your opinions of the way things should be, by eliminating all things that you do not approve of and adding to the things you do approve of.

You are here to create the world around you that you choose, while you allow the world—as others choose it to be—to exist, also. And while their choices in no way hinder your own choices, your attention to what they are choosing does affect your vibration, and therefore your own point of attraction.

...continued on page 28...

Your Thoughts Have Magnetic Power

Rev. Clara Gross

CASSADAGA, FLA

Phone Readings Available
MasterCard, Visa accepted

386-774-9388

Psychic - Medium
Spiritual Counseling



1500 Cassadaga Road • Cassadaga, FL 32706
Res. 407-323-7957

UNITY CENTER for Spiritual Living



Rev Rose Whitham
Sunday talks on our
website www.ucsl.org



4725 N. Courtenay Pkwy
2.5 miles north of 528
Merritt Island, FL
Email ucsl@bellsouth.net

**Positive, Practical Christianity
for Today's Families & Community**

Sunday Service 10 am

Inspirational, uplifting music with
keyboardist, composer and vocalist J D
Daniel and the UCsl band and choir

Children's Church - Growing Kids with Love 10am

December 7
December 14
December 21

Love
Peace
Joy

**Weekly
Activities**

Gentle Yoga
Tuesday
4:00-5:00PM

Music Together
Thursday
3:30-4:30PM
& 4:30-5:30PM

Buddhist Meditation
Friday, 7:30-8:45PM

Reiki Healing
and Meditation
3rd Sunday
of Month
11:30AM



Dec. 21st Special
Christmas Service and
a visit from Santa

December 24 7PM
Candle Light
Christmas Eve



Dec. 31 7PM
Burning Bowl
Ceremony
Release the
old and bring
in the new

321-452-2625
www.ucsl.org

The College of Metaphysical Studies



The Educational Division of New Awareness Ministries, Int'l

Authorized to operate by the Commission for Independent Colleges and Universities, Florida Department of Education

**Earn a Certification or Degree from
the comfort of your own home**

The College of Metaphysical Studies (CMS) has been a leader in metaphysical and spiritual education since 1986. Our primary purpose is to train prospective leaders for metaphysical, New Age, New Thought, Spiritualist and Neo-Pagan communities through Distant-Learning or On-campus Training. Those persons not planning to become practitioners, but who only wish to pursue a solid self-improvement program and acquire an excellent education in metaphysics and the spiritual sciences, are also encouraged to attend in a degree or non-degree status.

We are authorized to operate as a private, non-secular college and to issue Associate, Bachelor, Master and Doctorate Degrees in metaphysics, religion, spiritual awareness, spiritual and holistic healing, esoteric studies, parapsychology, and the entire allied metaphysical field. We also train and certify ministers, spiritual and holistic healers, teachers, pastoral counselors, mediums, intuitive practitioners, past-life regression facilitators and administrators.

**Write for our free booklet or visit us at
www.metaartsandsciences.org**

**18514 US Highway 19 N
Clearwater, FL 33764
1-800-780-META**

Email: meta@gte.net or drbarbara@cms.edu



Dr's. Barbara and Paul Daniele

YOUR DAILY WALK



Richard A. Singer Jr. is a therapist living in the Cayman Islands. The following is from his new book, "Your Daily Walk with the Great Minds of the Past and Present". To learn more, visit www.yourdailywalk.org/ or E-Mail him at RAS9999@aol.com.

"Laundry is the only thing that should be separated by color." Unknown Author

MEDITATION

Separation of human beings by any characteristic is complete idiocy and absolute insanity. Diversity and variation make this world extraordinary and gives us an opportunity to grow spiritually and unite as one race. Remember, there is only one race and that consists of all humanity.

If humanity is to prosper and thrive in the future, we must get rid of this ridiculous idea that any human being is inferior based on external characteristics such as race, ethnicity, religion, creed, and all the other aspects we use to rationalize exclusivity.

PERSONAL JOURNALING

Do you possess prejudicial beliefs or biased judgments regarding people who appear different from you? Do you plan to continue this nonsense?

Today, I will explore my beliefs about the nature of humanity and challenge any irrational or nonsensical beliefs.

**TIME FLIES,
whether you're
having fun
or not**



**CAN'T MEDITATE?
BET YOU CAN.**

SEE PAGE 46

"I never felt very successful at meditating until now... things don't worry me as much now. Thanks for the kickstart."



THE MOVIE MYSTIC



Louise Hay and *You Can Heal Your Life* come to video. DVD review by Michael Abedin, Guest Reviewer. *You Can Heal Your Life*, directed by Michael Goorjian (Illusion) and produced by Gay Hendricks and Steven Simon, founders of Spiritual Cinema Circle, a DVD subscription service offering hard-to-find films with inspiring and uplifting themes. It's the December feature pick for SCC subscribers. (800) 556-0129, or www.spiritualcinemacircle.com

In the film business, when something's a success, it gets done again, and again, and maybe again. To say that **What the Bleep** and **The Secret** were successful is kind of like saying that **Barack Obama** ran a pretty good campaign.

What the Bleep had a bleep of a run at the box office in 2004, and the success of **The Secret** a couple of years later on DVD turned it into an industry unto itself. Imitators popped up and a style was born, one in which authors, teachers, and healers discuss quantum physics, metaphysics, and the search for love, wealth, and meaning in the universe. In the meantime, nameless seekers wander through the narrative, eventually putting the principles into effect.

Two terms pop up pretty regularly when someone appears on the screen - "visionary" and "pioneer". No one explains what you have to do to be a visionary (see things, presumably), but everyone knows what pioneers do. They put on coonskin caps and blaze trails, and pretty soon they're leading wagon trains into new territory.

Few people deserve to be called a pioneer more than **Louise Hay**, and *You Can Heal Yourself* is a DVD chronicle of her life and her career as she enters her eighth decade, the one that she's decided is going to be her best ever.

That's the kind of statement that's her trademark - simple, direct, confident. Things weren't always that clear, though. She apparently had a pretty good life "until I was about eighteen months old". Her parents divorced and she went through foster homes until she was five, and then wound up back with her mother, who had remarried. The next ten years were a chronicle of physical and sexual abuse, until she left home at fifteen and headed for **Chicago**, **New York**, and a high-fashion modeling career.

A marriage to an English aristocrat ended in divorce, and she found herself at the **Church of Religious Science** in **New York**, where she came across the idea that if you can change your thoughts, you can change your life. The rest, as they say, is - well, maybe not history. It's her story - one she created an affirmation at a time.

Keeping it simple.

Louise Hay's publishing career had its start in her bedroom in **Santa Monica**, and **Hay House** is now an empire. The seed was Hay's small 1976 pamphlet, **Heal Your Body**, which included her now-famous list of dis-eases and their true spiritual and metaphysical roots, and which was expanded into the book **You Can Heal Your Life** in 1984. The list is so simple, basic, and obvious that you could see it being recited by a shaman around a campfire.

...continued on page 42...



National Cremation
SOCIETY®

*Pre-Plan and Save
It's too important to
trust to anyone but
National Cremation*

Call For Your Personal Consultation.
In Martin & St Lucie Counties 772-713-1510
Palm Beach & Broward Counties 561-582-3341



Candyce Strafford
Clairvoyant/Medium
Past Life Specialist

Allow me to connect to loved ones on the Other Side or bring in messages that might help you on your life path. I am here to joyfully serve.

239-949-3387 Naples, FL



Patricia Crane, Ph.D.
and Rick Nichols

**Heal Your Life,
Achieve Your
Dreams!**

**March 21 - 28, 2009
Orlando, FL**

NOW YOU CAN BECOME CERTIFIED TO LEAD
TRANSFORMATIONAL WORKSHOPS BASED ON
THE PHILOSOPHY OF LOUISE HAY.

This powerful 7 day intensive is a unique
combination of personal growth and
professional training . . .

IDEAL FOR: Life Coaches, Holistic Health Practitioners,
Therapists, and Anyone who wants to contribute to the
healing of the planet by healing the emotional wounds
of themselves and others.

COME PREPARED FOR TRANSFORMATION!

Contact us immediately for your early registration bonuses.

800 969-4584 www.hylteachers.com



Ask
Whitedove

...continued from page 15...

was so bright I couldn't look directly at it with my spirit eyes. In a telepathic manner, information is relayed.

This was a profound experience I that share with others so they may have faith that there is a greater force at work in the Universe. So please know that these energies do exist for you too. Anyone can call on them for assistance, with or without religious affiliations. That's the beauty, its equal opportunity with the God force.

Dear Whitedove, My father died about ten years ago and our family really misses him. But I'm troubled that my sister always prays to him. How do you feel about praying to loved ones? Daddy's Girl in Missouri

Dear Daddy's Girl, From the other side, our loved ones do check in on us from time to time. But they are limited in their abilities to actually assist us because they are still learning and evolving in the spirit realm. Even though we have an unseen support team of Angels and Guides, I always advise people to take your prayers and requests to the top. God is the all knowing Universal Consciousness that has the solutions to our Earthly problems.

The SPIRITUALIST CHAPEL OF MELBOURNE

with Rev. John Rogers

1924 Melody Lane Melbourne



SUNDAYS 10am-11:30am

Everyone Welcome!

321-733-1555

2nd Sunday of month Noon-2pm

MEDIUM'S DAY

Open to the public

\$15 for 15 minute reading

Also available will be
Snacks • Massage Therapy • Healing by donations

Visit us online at www.spirit-chapel.org



386-228-0168

Nellie

Psychic • Medium • Healer • Teacher

SCSCMA CERTIFIED

475 Seneca

CASSADAGA

Serving Spirit

Psychic Development
Classes in Cassadaga

All classes 10am to 4pm

Jan 17: Prepare for the Journey

Jan 31: Make the connection

Feb 09: Travel unlimited

Intensive study course, each class
complete but building upon others.



Begining and
intermediate students

386-228-2880

386-228-0168

P.O. Box 262
Cassadaga, FL 32706

Email alwayasnellie@yahoo.com

ALPHABETICALLY BY COUNTY

To place your ad here for just **\$5 per line** and mail it with payment by the 10th of the month before to: **Horizons**, 575 Escarole St SE, Palm Bay, FL 32909-4802 Email HorizonsMagazine@aol.com

OUR PHONE DIRECTORY... 321-722-2100

ALACHUA COUNTY **(352) GAINESVILLE** **(386) HIGH SPRINGS**

A ROCK SHOP & MORE

HIGH SPRINGS EMPORIUM 386-454-8657
660 NW Santa Fe Blvd (441)
Gemstone Jewelry & More

CHURCHES

SERAPHIM CENTER AND CHAPEL
412 NE 16th Avenue 352-373-3133
<http://www.seraphimcenter.org/>

HEALTH FOODS

MOTHER EARTH MARKET 352-331-5224
MOTHER EARTH MARKET 352-372-1741

PSYCHIC READER

REV. DR. JANET CLAIRE MOORE 352-373-8047
Channeler, Medium, Ordained Minister,
Licensed Counselor

BREVARD (321) **MELBOURNE, COCOA**

ACUPUNCTURE

SUSAN HATHAWAY, Ph.D., AP 723-3017
1900 Palm Bay Road NE, Suite #B Palm Bay

ASTROLOGY REPORTS

ANDREA de MICHAELIS \$22
Spiritual Astrology - Compatability, Transits
Reports focused on soul growth and mission
Email horizonsmagazine@aol.com with name,
birth date, time (if known) and location.
MC Visa Am Ex Discover Paypal - Email/Mail
My reports are unlike any report you've
had to date, they are in depth, soul growth
oriented and relevant to Now.

BOOKS & GIFTS

AQUARIAN DREAMS 729-9495
Large Selection of Books, Unique Gifts,
Global Imports, Crystals & Jewelry.
Serving Brevard since 1986.
414 N. Hwy A1A Indialantic
www.aquariandreams.com

CREATIVE ENERGY 952-6789
Incense, Music, Jewelry, Books, More
See ad page 12 835 E. New Haven Ave Melb
The little purple store in historic downtown

SPEEDY PAC/Ship/Gifts/Decor 728-2415
Interchange Sq. Malabar Rd west of I-95

WHAT YOU LOVE TO DO 504-0304
602 Brevard Ave in Downtown Cocoa Village
Visit us at www.whatyoulovetodo.com

WWW.ANGELSBYFELICIA.COM 917-3757

BUDDHISM 321-961-3223
www.brevardcountybuddhistfellowship.com

CHURCHES

CENTER FOR SPIRITUAL AWARENESS
Sunday Celebration 10:30 am
5 Rosa L. Jones Dr Cocoa Village 634-5188
www.cfsabrevard.org

CHRIST CHURCH OF POSITIVE LIVING
1353 N. Courtenay Pkwy Suite U
Merritt Island 454-4109

THE NEW WAY 751-7584
Sunday Mornings 10:30am at the Aquarian
Building 238 Peachtree St Cocoa.
www.thenewway.us TheNewWay@bellsouth.net

THE SPIRITUALIST CHAPEL
OF MELBOURNE 733-1555
Sunday Services 10am Rev. John Rogers,
w/1924 Melody Lane behind Melb Auditorium.
2nd Sunday of month 12-2pm Medium's
Day \$15 for 15 minute reading. Snacks •
Massage Therapy • Healing by donations.
321-733-1555 Visit www.spirit-chapel.org

UNITY CHURCH MELBOURNE 254-0313
1745 Trimble Rd www.unityofmelbourne.com

UNITY CENTER FOR SPIRITUAL LIVING
4725 N. Courtenay Merrit Island 452-2625

UNITY CHURCH ON THE SPACE COAST
2000 South St in Titusville 383-0195

UNIVERSAL PATH CENTER 459-0208
2460 N. Courtenay Pkwy Merritt Island

DREAM INTERPRETATION

ANDREA de MICHAELIS Andreahugs@aol.com
By phone, email from \$25 321-722-2100
Receive a written record to meditate upon

HEALTH FOODS

APPLESEED 1007 Pathfinder Rckldge 631-1444

THE HEALTH STATION AIA 773.5678

NATURE'S MARKET & CAFÉ US1 254-8688

PINETREE HEALTH 777-4677

SUNSEED CO*OP Cape Can AIA 784-0930

SUZAN'S HEALTH HAVEN 728-3930
924 E. New Haven Avenue
(In the new Railroad Emporium)

HERBS & GIFTS

HERB CORNER 757-7522
277 N. Babcock Street in Melbourne

MAMA JO'S SUNSHINE HERBALS
1300 Pine Tree Dr. IHB 779-4647

MASSAGE

JOHN ESTES House Call Massage 848-7875

MEDITATION

ANDREA de MICHAELIS Andreahugs@aol.com
Breath & Mantra Meditation since 1972
Breathe awake The One inside

METAPHYSICAL STORES

CHRYSALIS SPIRIT (www.chrysalisspirit.com)
Jewelry, Crystals, Oils, Soaps, Readings, More!
Rare stones such as Moldivite and Azezulite.
Frontenac Flea Market US1 Cocoa Sat & Sun

Chrysalis Spirit

321-615-8928

Frontenac Flea Market

Corner of Main & C Row

Jewelry, Crystals, Oils, Soaps, Readings

www.chrysalisspirit.com

MEETING PLACE

WHAT YOU LOVE TO DO 504-0304
www.whatyoulovetodo.com

PSYCHIC READERS

REV. APRIL RANE 321-639-8738
Psychic-Medium & Tarot. www.aprilrane.com

JORIE EBERLE 321-638-0367
Spiritual Teacher, Reader, Advisor, Classes

CHRYSALIS SPIRIT's Mediums \$12 for 10 minutes • See ad under Metaphysical Stores

KATHRYN FLANAGAN 591-5171
Advisor • Teacher • Tarot • Home Parties
www.kathryn-flanagan.com

LILA CARTER 264-8930
Spiritual Medium & Pet Psychic

DIANNA HINKLEY 321-213-6574
Intuitive/reader www.mytarotspace.com

REV. DEBORAH PRIEVO 321-626-5641
Psychic - Tarot - Dream Interpretation

REIKI

MICHAEL T. COKER 954.328.1599
Reiki sessions, circles, and classes! Try
Reiki in a powerful pyramid structure!
Visit us via the web: www.gotReiki.net

SPIRITUAL COUNSELOR

KATHRYN FLANAGAN, RScP 591-5171
United Centers for Spiritual Living
Practitioner, Teacher, Counselor, Available for
Scientific Prayer. www.kathryn-flanagan.com

THERAPY

SPIRITUAL PATH FOUNDATION 951-8774
Reiki, Regressions, Shamanic Healings,
Counseling (in person or by phone)

KEITH FITCH, LMT 504-0304
Massage, Sound, Vibrational Therapy
MA53465 ~ MM21321

YOGA MEDITATION

RETREAT

YOGA SHAKTI MISSION 725-4024
3895 Hield Rd in Palm Bay (off Minton Rd)

BROWARD (954) FT. LAUDERDALE

BOOKS & GIFTS

ANGEL HAVEN 522-4720
1318 E. Las Olas Blvd Ft Laud

CRYSTAL FANTASY 973-0903
5111 Coconut Creek Parkway in Margate

CRYSTAL VISION 981-4992
3160 Stirling Road Hollywood

INNER WISDOM BOOKS 596-5059
39 S. Federal Highway Deerfield Beach

GRIFFIN'S LOFT 625-6775
4282 S. University Drive in Davie

NATURE'S EMPORIUM 755-2223
8041 West Sample Road Coral Springs

NEW AGE BOOKS & THINGS 771-0026
4401 N. Federal Hwy Fort Lauderdale

CHURCHES

HOLLYWOOD METAPHYSICAL CHAPEL
http://www.metaphysicalchapel.com/

RELIGIOUS SCIENCE FORT LAUDERDALE
Center for Spiritual Living 954-566-2868

UNITY GATEWAY CHURCH 938-5222
3701 N. University in Coral Springs

HEALTH FOODS

HEALTH FOODS PLUS 989-3313
3341 Hollywood Blvd in Hollywood

WHOLE FOODS MARKET
810 University Drive Coral Springs 753-8000
7220 Peters Road in Plantation 236-0600
2000 N. Federal Hwy Ft. Laud 565-5655

WILD OATS MARKETPLACE 566-9333
2501 East Sunrise Blvd in Ft. Laud

CHARLOTTE (941)

BOOKS & GIFTS

STARCHILD BOOKS 941-743-0800
3762-E Tamiami Trail, Port Charlotte 33952

COLLIER COUNTY (239) NAPLES

BEAUTY SALON, SPA

GEMINI MOON 403-8008
888 1st Avenue in Naples

BOOKS & GIFTS

SACRED SPACE 239-390-2522
3465-4 Bonita Beach Rd Bonita Springs

CHURCHES

UNITY OF NAPLES Books, gifts 775-3009

HEALTH FOOD STORES

FOR GOODNESS' SAKE 353-7778

FOOD & THOUGHT MKT CAFE 213-2222
2132 Tamiami Trl N. www.foodandthought.com

NATURE'S GARDEN 643-4959

SUN SPLASH Market & Cafe 434-7721

SUNSHINE Discount Vitamin 941-598-5393
2403 #7 Trade Center Way in Naples

COLUMBIA (386) LAKE CITY

BOOKS & GIFTS

A COMPANY OF ANGELS 752-5200
277 N. Marion Avenue, Lake City, FL 32055

DUVAL (904) JACKSONVILLE

BOOKS & GIFTS

BLACK SHEEP BOOKS 880-1895
9735 St. Augustine Road Jacksonville 32257

COBALT MOON Neptune Beach 246-2131

EARTH GIFTS www.earthgifts.com 389-3690

CHURCHES

COSMIC CHURCH OF TRUTH 904-384-7268
1637 Hamilton Street - in Jacksonville

UNITY CHURCH FOR CREATIVE LIVING
2777 Race Track Rd Jax 904-287-1505
www.unityinjax.com/

ESCAMBIA (850) PENSACOLA

CHURCHES

UNITY OF PENSACOLA 850-438-2277
716 N. 9th Ave. www.unitypns.com

FLAGLER (386) PALM COAST

ART, GIFTS, GATHERINGS

THE SOURCE LIMITED 437-3230
4601 East Hwy 100, Unit F-3 Bunnell 32110

GIFTS, HERBS, READERS

MERLIN'S MERCANTILE 445-9092
234 St. Joe Plaza Drive in Palm Coast
Crystals, gems, divination tools, art classes
and events. Space available for workshops
Also U-Haul! www.merlinsmercantile.org

HILLSBOROUGH (813) TAMPA

BOOKS & GIFTS

COSMIC BOOK CENTER Tampa 985-2901

MYSTIKAL SCENTS 813-986-3212
9545 E. Fowler Avenue in Thonotosassa

CHURCH, BOOKS

HARMONY SPIRITUAL CENTER 872-0295

INDIAN RIVER (772) VERO, SEBASTIAN

ACUPUNCTURE

COMPLEMENTARY MEDICINE 772-766-4418

BOOKS & GIFTS

THE INSPIRED HEART 772-569-2877

CHURCHES

UNITY OF VERO BEACH 562-1133

LEON CTY (850) TALLAHASSEE

BOOKS & GIFTS

CRYSTAL CONNECTION
FOR MIND BODY & SPIRIT 878-8500
1105 Apalachee Parkway in Tallahassee

STONE AGE Tallahassee Mall 383-0233

HEALTH FOOD STORES

HONEYTREE 1616 N. Monroe St 681-2000
HONEYTREE 1415 Timberlane 942-7000
NEW LEAF MARKET 942-2557

MEDITATION

Transcendental Meditation 850-534-0004

MARION COUNTY (352) OCALA

HEALTH FOOD STORES

MOTHER EARTH MARKET 351-5224

MARTIN COUNTY (772) STUART

BOOKS & GIFTS

MYSTIC CHRONICLE Jensen 334-1899

CRYSTALS & GEMS

BELLA JEWELRY & GIFTS 219-8648
39 SW Osceola Street, Stuart 34994

DREAM CATCHER 692-6957
1306 NW Federal Highway in Stuart

HEALTH FOODS/CAFE

NATURE'S WAY CAFE Stuart 220-7306
PEGGY'S 5839 SE Federal Hwy 286-1401

MIAMI DADE (305)

BOOKS & GIFTS

32 PATHS www.32PATHS.COM 461-2341
3444 Main Hwy in Coconut Grove

9TH CHAKRA 538.0671
530 Lincoln Road in Miami Beach

FAIRY'S RING 446-9315

HEALTH FOODS

WHOLE FOODS MARKET
21105 Biscayne Blvd in Aventura 933-1543
Wild Oats Marketplace 532-1707
1020 Alton Rd. on South Beach

WILD OATS MARKETPLACE 971-0900
11701 S. Dixie Hwy in Miami

MONROE (305) FLORIDA KEYS

HEALTHFOOD/JUICE BAR

GOOD FOOD CONSPIRACY 872-3945
US 1, Mile Marker 30 on Big Pine Key

NEW AGE BOOKS, GIFTS

BLUE MOON TRADER 872-8864

CRYSTAL LOFT 872-9390

OKALOOSA (850) FT. WALTON BCH

CHURCHES

UNITY CHURCH 864-1232
1797 Hurlburt Road in Fort Walton Beach

HEALTH FOOD STORES

FEELIN' GOOD! Hwy 98 Destin 654-1005

GOLDEN ALMOND 863-5811
339 NW Racetrack Rd in Ft Walton Bch

THE NAME IS NATURAL 244-8336
Store/Cafe-99 Eglin Pkwy Ft. Walton Beach

MEDITATION

Transcendental Meditation 850-534-0004

ORANGE COUNTY (407) ORLANDO

BOOKS, GIFTS

AVALON Hillcrest St in Orlando 895-7439
SPIRAL CIRCLE 750 Thornton 894-9854

HERBS, GIFTS

LEAVES & ROOTS 407- 823-8840
9434 E. Colonial Drive in Orlando

MASSAGE THERAPY

VICKY KISAMITAKIS 786-342-4427

MEDITATION GALLERY

SHIRDI SAI BABA CENTER 407-830-1276

PSYCHIC MEDIUM/TAROT

DIANNE WARREN 407-880-3135
Phone Readings - Private readings

PSYCHIC TAROT SEANCE

DENNIS HOLLIN 407-721-3396

OSCEOLA COUNTY (407) KISSIMMEE

SPIRITUAL CENTER

SPIRITUAL AWAKENING 407-343-9062
1045 N. John Young Pkwy Kissimmee
www.churchofspiritualawakening.com

*Visit our links online.
Lots of exciting new articles and ideas.*

FREE www.horizonsmagazine.com

PALM BEACH (561)

BOOKS & GIFTS

BOTANICA SAN EXPEDITO 561-682-0955
4047 Okeechobee Blvd. #129, W. Palm Beach
33409 www.BotanicaSanExpedito.com

CHANGING TIMES 640-0496
CRYSTAL CREATIONS 649-9909
SECRET GARDEN 844-7556
SHINING THROUGH 276-8559
CRYSTAL GARDEN 369-2836
2610 N. Federal Hwy Boynton Beach

DREAM ANGELS 561-745-9355

SPIRITUAL AWAKENINGS 561-642-3255
4469 S. Congress Ave #121 in Lake Worth

WITCHES HAT 561-656-1775
1107 Royal Palm Beach Blvd Royal Palm Beach

CHURCH / CLASSES

UNITED METAPHYSICAL CHURCH
528 S. Haverhill Road WPB 561- 686-0217

UNITY OF THE PALM BEACHES 833-6483
www.UnityChurchintheGardens.com

HEALTH FOOD/CAFES

NATURE'S WAY
103 South US Hwy 1 Jupiter 561-743-0401
11911 US 1 in N. Palm Bch 561-627-3233

NUTRITION S'MART 561-694-0644
4155 Northlake Blvd Palm Bch Gardens
www.nutritionsmart.com

PSYCHIC READER

SARAH SPIRITUAL 561-682-0956

PINELLAS COUNTY (727) ST. PETE, CLEARWATER

BOOKS & GIFTS

LEMURIA BOOKS & GIFTS 360-9773

MAGICKALYSTICS 772-8700
34838 US Hwy 19 N Palm Harbor

MYSTIC GODDESS Largo 530-9994

OTHER WORLDS St. Pete 345-2800

SERENITY NOW BOOKS/GIFTS 787-5400
3269 Tampa Road in Palm Harbor

CHURCHES

UNITY OF CLEARWATER 531-5259
PEOPLE'S SPIRITUALIST CH 686-8362
TEMPLE OF LIGHT 538-9976

CRYSTALS & GEMS

CRYSTAL CONNECTION 595-8131
311 Gulf Blvd in Indian Rocks Beach

SARASOTA (941)

BOOKS & GIFTS

ELYSIAN FIELDS Midtown Plaza 361-3006

STARCHILD BOOKS & GIFTS 743-0800

CHURCHES

CENTER SPIRITUAL AWARENESS 926-7828
SHRINE OF THE MASTER 953-6620
UNITY OF BRADENTON 739-6568
UNITY CHURCH OF PEACE 423-8171
UNITY CHURCH SARASOTA 955-3301
UNITY CHURCH OF VENICE 484-5342

HEALTH FOOD STORES

RICHARDS WHOLE FOODS 941-966-0596

THE GRANARY 1930 Stickney Pt 924-4754
THE GRANARY 1279 Beneva Rd 365-3700

SEMINOLE (407) LAKE MARY SANFORD

BOOKS & GIFTS

SOUL PURPOSE 407-321-4953
177 No. Country Club Road in Lake Mary, FL
Books, CDs, incense, candles, crystals

UNITY CHURCH OF CHRISTIANITY
4801 Clarcona Ocoee Rd ORL 407-294-7171

CRYSTALS AND GEMS

TIMELESS TREASURES 407-314-7478
Flea World - Sanford - A/C Bldg 300 #38

ST. LUCIE COUNTY (772) FT PIERCE

ASTROLOGY

KATHY ALLAN Classes, Consult 332-0710

BOOKS AND GIFTS

DREAMCATCHER 692-6957
Emerald Plaza 1306 NW Federal Hwy Stuart

SPIRITUALIST READINGS

REV. MARILYN L. GODLEY 772-335-7221
By Phone or in Person

SPIRITUAL CENTERS

UNITY OF FORT PIERCE 461-2272
3414 Sunrise oneness@unityoffortpierce.com

VOLUSIA (386) DAYTONA, NEW SMYRNA, DELAND

BOOKS AND GIFTS

A LOTTA SCENTS 423-9190
511 Canal Street in New Smyrna Beach

CASSADAGA Camp Bookstore 228-2880

MERLIN'S VISION 738-4056
100 S. Woodland Blvd in Deland

THE PURPLE DOOR 774-9928
1427 S. Volusia Ave Orange City 10am-6pm
jewelry, crystals, c.d.s, books and much more

CRYSTALS, GIFTS MUSIC

CRYSTAL CONNECTION 673-0014
298 S.Nova Road, Suite A in Ormond Beach

HERBS AND GIFTS

SPICE OF LIFE HERBS 734-0035
214 W. Beresford Ave in Deland Wed 5-8pm
Sat & Sun 10-5pm www.spiceoflifeherbs.com

PSYCHIC READERS

REV. ALBERT J. BOWES 386-228-3209
In Cassadaga - see display ad page 3

NELLIE 386-228-0168
Cassadaga Psychic Medium and Teacher

BIRDIE formerly at Cassadaga Hotel
Photo readings, psychic readings. Now at
Spiritual Gardens Cassadaga 386-228-0266

PSYCHICS ROCKS & GEMS

PURPLE ROSE in Cassadaga 386-228-3315

GEORGIA

BOOKS & GIFTS

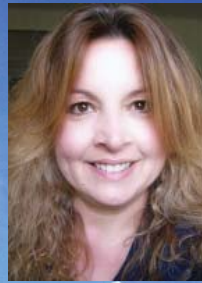
MINDFUL EXPRESSIONS
68 N. Main St in Clayton, 706-782-5755

PHOENIX & DRAGON 404-255-5207
5531 Roswell Road • Atlanta, GA 30342
inside I-285 www.phoenixanddragon.com
Unique gifts, jewelry, psychic readings

**Give the Gift of Insight
and Healing !!!!!**

www.HealThePast.com

Past Life Therapy / Deep Memory Process
Ancestral Healing
Earthbound Spirit Healing
Shamanic Hands-On Healing
Soul Retrieval
Evolutionary Astrology
Gift Certificates Available



Patricia L. Walsh - International Teacher, Lecturer and Healer

Sessions available in Bradenton Beach & Orlando, NY and Vancouver Canada

(845) 255-0515 Otterjoy999@aol.com



**CBE LIFE AND STRATEGIES
COACHING**

wishes you a blessed holiday

Mention this ad and get \$40
off a full month of coaching

CECELIA DANAS

CERTIFIED LIFE & STRATEGIES COACH

321-953-3225 • 321-794-7550

Lifecoaching7746@aol.com

www.CBEcoaching.com

Holiday Offer Sign up for
4 sessions get one free

PHONE SESSIONS AVAILABLE



The Source Ltd.
art gifts and gatherings

Thursdays, December 4, 11, 18
"Mediumship & Psychic Development"
Instructor Rev. Maeda Jones
All levels welcome. Maeda is a medium at
Cassadaga, FL and was trained at the
Arthur Findlay College in the UK
7:30 - 9 PM \$15 per session

**Great Contest
in Progress!**
Check our website or call

386-437-3230
www.thesourcelimited.com
thesource@ainweb.net

Marvin's Garden Plaza
4601 E. Hwy 100
#F-3 • Bunnell

Have a blessed holiday season

9th Annual
**EXPO
OF
Heart**

Produced by **Conscious Living
Partnership™**

Mark Your Calendar!
February 22, 2009

www.ExpoOfHeart.com
888.292.1116

Sponsored by **HORIZONS Magazine**



ABRAHAM-HICKS

...continued from page 19...

The Law of Attraction and its magnetic power reaches out into the Universe and attracts other thoughts that are vibrationally like it... and brings that to you: Your attention to subjects, your activation of thoughts, and Law of Attraction's response to those thoughts is responsible for every person, every event, and every circumstance that comes into your experience. All of these things are brought into your experience through a sort of powerful magnetic funnel as they are vibrational matches to your own thoughts.

You get the essence of what you are thinking about, whether it is something you want or something you do not want... That may be unsettling to you at first, but in time, it is our expectation that you will come to appreciate the fairness, the consistency, and the absoluteness of this powerful Law of Attraction. Once you understand this Law, and begin to pay attention to what you are giving your attention to, you will regain control of your own life experience.

And with that control you will again remember that there is nothing that you desire that you cannot achieve, and nothing that you do not want that you cannot release from your experience.

Understanding the Law of Attraction and recognizing the absolute correlation between what you have been thinking and feeling— and what is manifesting in your life experience—will cause you to be more aware of the stimulation of your own thoughts. You will begin to notice that your

own thoughts may be stimulated from something you read, or watch on television or hear or observe from someone else's experience. And once you see the effect that the Law of Attraction has upon these thoughts that begin small and grow larger and more powerful with your attention to them, you will feel a desire within you to begin to direct your thoughts to more of the things that you do want to experience. For whatever you are pondering, and no matter what the source of stimulation of that thought... as you ponder that thought, the Law of Attraction goes to work and begins to offer you other thoughts, conversations, and experiences that are of a similar nature.

Your attention to subjects, your activation of thoughts, and Law of Attraction's response to those thoughts is responsible for every person, every event, and every circumstance that comes into your experience

Whether you are remembering the past, observing the present, or imagining the future, you are doing it right now, and whatever you are focusing upon is causing an activation of a vibration that Law of Attraction is responding to. At first you may be privately pondering a particular subject, but if you think about it long enough, you will start to notice other people beginning to discuss it with you as the Law of Attraction finds others who are offering a similar vibration and brings them right to you. The longer you focus upon something, the more powerful it becomes; and the stronger that your point of attraction is to it, the more evidence of it appears in your life experience. Whether you are focusing upon things you want or things you do not want, the evidence of your thoughts continually flows toward you.

WELCOME TO PLANET EARTH

You may be feeling that it would be easier to be hearing these words if they had come to you on the first day of your experience upon this Planet Earth. And if we were talking to you on your first day of physical life experience, this is what we would be saying: Welcome, little one, to Planet Earth... There is nothing that you cannot be, or do, or have. You are a magnificent creator, and you are here by virtue of your powerful and deliberate wanting to be here. You have specifically applied the wondrous Law of Deliberate Creation, and by your ability to do that, you are here.

Go forth, giving thought to what you want, attracting life experience to help you decide what you want, and once you have decided, giving thought only unto that.

Most of your time will be spent collecting data—data that will help you decide what it is you want... Your real work is to decide what you want and then to focus upon it, for it is through focusing upon what you want that you will attract

...continued on page 32...



Metaphysicians' Circle

PSYCHIC FAIR

1ST SUNDAY OF MONTH
\$10 for 15 minute reading

EVERY OTHER SUNDAY
Talks on Metaphysical Topics

Where? In the Band Room behind the
Melbourne Auditorium on Hibiscus Blvd,
just west of US1. Park in back & walk in.

7:00 - 8:45pm \$2.00 fee 321-537-3843

www.metaphysicianscircle.com

SECRETS

Excerpts from
Secrets of Spiritual Happiness



...continued from page 16...

awful to you, you can still train yourself to wish well for him or her, although it may be a struggle at first.

The highest exercise of charity is charity towards the uncharitable.
- J. S. Buckminster

In fact, I always say that one way to receive my blessing is to get me angry, because instead of saying what my emotions might like to say — when the person's name comes up, I'll often say "God bless him," or "God bless her." I've even come close to suggesting that some folks could just go "bless" themselves.

Getting into a habit of giving your blessings may start out feeling somewhat uncomfortable, strange, or insincere, because most of us are relatively unaware of our own, truly awesome power to give blessings. However, with gratitude and faith, giving blessings comes naturally.

Once you see and appreciate all the blessings in your life, your gratitude for your own blessings will naturally inspire you to want to be a blessing to others, no matter who they are or what they have done or not done to or for you.

If they are good, you'll want to bless them; and if they are bad, you'll want to bless them twice.

Giving blessings is an especially important secret to spiritual happiness, because our wishes for others come back to us. You can think of this whole universe as being one big "I'm rubber, you're glue."

Giving blessings is an especially important secret to spiritual happiness, because our wishes of blessings for others come back to us in many ways. You can think of this whole universe as being one big "I'm rubber, you're glue."

If you offer abundant blessings and wishes of happiness for everyone, then that's likely what you'll find appearing in your own life as well.

You can even give blessings to people without telling them. In fact, this can be a more selfless form of blessing, because you're not doing it so the person will like you or give you something back when you are in need.

In the silence of your heart, you can send unconditional blessings to a friend, or to the whole world — in a simple but heartfelt gift, offered beneath the blanket of physical reality, in the realm of spiritual happiness.

Right now, take a moment to offer a prayer and blessing for every being on this planet — pray for grace to manifest as whatever would be a blessing for them right now. And may God bless you too!

THE
CRYSTAL GARDEN
BOOKS, GIFTS & SPIRITUAL CENTER

First time ever in Florida!

Another event by The Crystal Garden
at The Boynton Woman's Club

The Mitchell-Hedges Crystal Skull

with Bill Homann
Slide Presentation, Lecture &
Viewing of the Skull:

January 22, 2009

7:30 – 9:30 pm

\$33

Prepaid tickets are required.




Photo by Liz Alpert

This will be another sold out event to 300 people. Buy your tickets early online or at our front desk.

The Crystal Garden
2610 North Federal Highway
Boynton Beach, FL 33435
Visit www.thecrystalgarden.com
for more information.
info@thecrystalgarden.com
1-877-444-5099 • 561-369-2836



HIDDEN SPIRITUALITY OF MEN

...continued from page 11 ...

While lecturing recently in Chattanooga, TN about the spirituality of men, a middle aged African American man came up to me and said, "You are right. I am far too addicted to television and sports on television. I am wasting my life away on the couch. I really want to get going and contribute."

We are fools if we think we are on earth to watch an infinite number of games of other men (not us!) playing their hearts out to puts balls in a hoop, pitches in the strike zone, footballs over the goal line, or a golf ball in a hole. Sports has its place, both personal and vicarious. But only a place. Not the space that our souls should be occupying. Not the space that should be communicating with the younger generation, so many of whom need relationships with elders and adults, males modeling how to live, love, relate, celebrate, care, learn, and grow.

I speak to the hidden spirituality of men because I think most of us have a kind of inferiority complex when it comes to spirituality. We think some minister or preacher, some pope or monk, some professional pray-er knows all about spirituality and we are just novices kneeling to hear their wisdom and kiss their ring. While we can hope that our 'professional pray-ers' know something about spirituality that is not the point. The point is that spirituality (unlike much organized religion) is about the wisdom we all carry inside of us: The dreams, the aspirations, the yearning of soul, the ability to let go, to forgive, to move on, to struggle, to survive, to care, to be strong, to honor what is beautiful and what matters, to stand up for justice. We all carry these things inside us. We have all tasted the Divine—maybe it was on a camping trip out at night with the stars; maybe while studying the history of our people; or nature; maybe it was in making music or dancing or making love; or in organizing for worker's rights or civil rights. Wherever the best of us has been called forward, that is where Spirit dwells. And it dwells and works in each of us.

But we have to dig to access it. We have to go deeper than talk about the weather or the Mets or the A's or the super bowl or the stock market to get down to where spirituality truly lives and breathes inside of us. For it is hidden. We are not rewarded for "going there."

We have to change our ways. We have to want to find the hidden parts of ourselves. Otherwise, how will we change? How will our species change? How will our species survive if we don't search for the best in ourselves? It is from this depth that our creativity will come alive and we will find ways to create alternative energies, participatory politics, more fair economics, new ways to grow and distribute food, and alternatives to war.

Our depths are often hidden even from ourselves. But they are there. We all carry depths within us. We need to remove the veils in order to uncover what is in us. Let us not fail to act. Let us not be hoodwinked into wasting our lives as coach potatoes. Let's throw off the toxic messages about being male that society has been feeding us for centuries, messages that confuse the reptilian brain with manliness. Let us be lovers. The women in our lives will thank us for it and love us all the more. And the young will emulate us and become the men they were destined to become, as we become the fathers and elders we are called to be.

Printed with permission of New World Library www.newworldlibrary.com

FROM THE HEART

*...continued from
page 17 ...*



Like my friend **George**, the people who love you, and the universe that loves you may hold an entirely more appreciative view of you and your past than you do. They are closer to the truth. Would you be willing to question what you believe is your past, so you can have a better one?

A Course in Miracles tells us, "The one wholly true thought one can hold about the past is that it is not here." It also notes that all of your past is gone except for the blessings it has bestowed. In this sense, any interpretation you hold of your past other than absence or healing is invalid. It's time to get a new past.

As this year comes to a close, you might like to review your experiences to consider which ones you would like to take with you into the new year. Perhaps there have been pains, upsets, and losses. There have also been joys, gains, and healing. You may also recognize that the pain, put in proper perspective, has contributed to clarity, healing, and advancement. So the chaff is gone and the wheat remains. You can carry last year's pain into next year if you choose, but that is entirely unnecessary and counter to your good. Let the slate be wiped clean for the new year so it can build on the good of last year.

You can make anything out of anything, and your past is no exception. The past is not a static historical event. You are creating it at this moment as you think about it. How you view it determines what it is and was. Many people wish they could go back and make different decisions in the past so they could create a different outcome. At this very moment you can make a different decision about your past and instantly create a better future. View the past as your enemy, and it will be an albatross. View it as your friend, and it will give you wings.

Happy Old Year.



PERSONAL DEVELOPMENT FOR SMART PEOPLE

...continued from page 9...

By raising the bar just a little each week, you stay within your capabilities and grow stronger over time. When doing actual weight training, the work you do doesn't mean anything. There's no intrinsic value in lifting a piece of metal up and down. The value comes from the resulting muscle growth. However, when building your power and self-discipline, you also gain the benefit of the work you've done along the way, so that's even better. It's great when your training produces something of value and makes you stronger at the same time. That's a double win.

MASTER THE FIRST HOUR

It's been said that the first hour is the rudder of the day, meaning that the way you start your day will tend to set the tone for the rest of it. If you adopt a disciplined routine for your first waking hour, you'll probably enjoy a highly productive day. But if you squander that first hour, it's likely the rest of the day will be equally unspectacular. Conquer that first hour by exercising, reading, cleaning, writing, or doing other productive tasks.

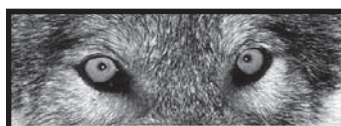
Many people have told me that whenever they complete an important task first thing in the morning, they gain a tremendous feeling of well-being and energy that lasts for hours. I've experienced this as well. Finishing an important task early in the day is motivating and energizing. When you conquer that first hour, you feel that no matter what else happens, your day is already a success.

PERSONAL QUOTAS

Just as a salesperson might have a monthly sales quota to meet, you can use the concept of quotas to improve your performance in any endeavor. Establish a daily minimum output goal for yourself in some area of your life. This ensures constant forward progress and is a fantastic way to develop your self-discipline.

You can use any metric you want as long as it works for you. A writer could set a daily quota of words, paragraphs, or pages to write each day. If you're organizing your finances, you could set a quota of processing a certain number of transactions or receipts per day.

I've experimented with both action-based and outcome-based quotas. At first I preferred the former because the targets were more controllable. It's easier for me



SPEEDY PAC

321-728-2415

Spiritual supplies, fanciful home decor. Also shipping, Fed Ex
Interchange Square, Palm Bay • Malabar Road 1/4 mile west of I-95 exit 173

Center for Spiritual Living

709 Edgewater Dr. (Hwy 50 at I-4) Orlando

407-423-5571 Brandy Chabrol, RScP, Spiritual Leader

"Putting the Law of Attraction in Action"

Sunday Meditation 10:00 am • Sunday Service 10:30 am



Toastmasters on Tues.

Science of Mind Classes on Weds.

Free Yoga on Thursday

Ausar Auset Society Sundays 1:00 - 3:00 pm

Financial Freedom Class begins Weds Jan 7th, 7pm

www.orlandoreligiousscience.com



Christopher
Tims

LIVE RADIO WEBCASTS ON EXPLORATIONS RADIO WITH CHRISTOPHER TIMS

www.explorationsradio.com

covering Mystery School Teachings,
the Spiritual Journey, Sound Healing,
paranormal and extraterrestrial
phenomena, alternative health
topics, live guest interviews and open
call - in lines! Wednesdays 7:30 pm!

Visit www.christophertims.com and
www.soundhealing.org

to commit to writing for two hours per day versus writing 2,000 words per day. Unfortunately, I found that when I used action-based quotas, my results were weaker. I'd put in the time, but I wouldn't maintain the same compulsion to closure. Today I prefer outcome-based quotas, such as completing a new article, because I find them more effective and motivating.

I encourage you to experiment with daily quotas to see what works best for you. Start with small ones that you can easily achieve, and gradually increase them to keep yourself in the sweet spot of challenge.



ABRAHAM-HICKS

...continued from page 28...

it. That is the process of creating: giving thought to what you want, so much thought, and such clear thought, that your Inner Being offers forth emotion. And as you are giving thought, with emotion, you become the most powerful of all magnets. That is the process by which you will attract (what you want) into your experience.

Many of the thoughts that you will be thinking will not be powerful in their attracting, not in the beginning— not unless you stay focused upon them long enough that they become more. For as they become more in quantity, they become more in power; as they are becoming more in quantity, and more in power—the emotion that you will be feeling, from your Inner Being, will be greater.

When you think thoughts that bring forth emotion— you are accessing the power of the Universe. Go forth, (we would say) on this first day of life experience, knowing that your work is to decide what you want— and then to focus upon that.

But we are not talking to you on the first day of your life experience. You have been here for a while... Most of you have been seeing yourself, not only through your own eyes (in fact, not even primarily through your own eyes) but through the eyes of others; therefore, many of you are not now currently in the state of Being that you want to be.

IS MY "REALITY" REALLY ALL THAT REAL?

We intend to offer you a process whereby you can achieve the state of Being that is of your choosing so that you can access the power of the Universe and begin attracting the subject of your wanting, rather than the subject of what you feel is your actual state of Being. For, from our perspective, there is a very great difference between that which now exists—which you call your "reality"— and that which your reality really is.

Even if you sit in a body that is not healthy or in a body that is not the size, shape, or vitality, that you choose; in a lifestyle that does not please you; driving an automobile that embarrasses you; interacting with others that do not bring you pleasure—we want to assist you in understanding that while that may seem to be your state of Being, it need not be. Your state of Being is the way you feel about yourself in any point in time.

Your words will not bring you immediate manifestations of what you are asking for, but the more often you say them, and the better you feel while you are saying them, the purer or less contradicted your vibration will be. And soon your world will be filled with these things you have spoken about... Words alone do not attract, but when you feel emotion when you speak, that means your vibration is strong—and the Law of Attraction must answer those vibrations.

WHAT IS THE MEASURE OF OUR SUCCESS?

The achievement of anything that you desire must be considered success, whether it is a trophy, money, relationships, or things. But if you will let your standard of success be your achievement of joy, everything else will fall easily into place. For in the finding of joy, you are finding vibrational alignment with the resources of the Universe.

You cannot feel joy while you are focusing upon something not wanted, or the lack of something wanted; therefore, while you are feeling joy, you will never be in the state of contradicted vibration. And only the contradiction in your own thoughts and vibration can keep you from the things you desire.

We are amused as we watch the majority spending most of their life seeking a set of rules against which they can measure their life experience, looking outside of self for those who will tell them what is right or wrong, when all along they have within them a Guidance System that is so sophisticated, so intricate, so precise, and so readily available.

By paying attention to this Emotional Guidance System, and by reaching for the best-feeling thought that you can find right now from wherever you are, you will allow your Broader Perspective to help you move in the direction of the things that you truly want.

As you sift through the magnificent contrast of your physical timespace reality, consciously aware of the way you feel, and deliberately guiding your thoughts toward those that feel better and better, in time you begin to see your life through the eyes of your Broader Inner Being. And as you do so, you feel the satisfaction of being upon the path that you have chosen from your Non-physical perspective when you made the decision to come forth into this wonderful body. For, from your Nonphysical vantage point, you understood the eternally evolving nature of your Being and the promise that this Leading Edge contrasting environment held. You understood the nature of your magnificent guidance system and how, with practice, you could see this world as your Inner Being sees it. You understood the powerful Law of Attraction and the fairness and accuracy with which it responds to the free will of all creators.

By reaching for the best-feeling thought you can find, you reconnect with that perspective, and you shiver with exhilaration as you reconnect with your purpose, with your zest for life—and with You!

*Go forth, giving
thought to what you
want, attracting life
experience to help
you decide what
you want, and once
you have decided,
giving thought only
unto that*

SoulSongs



Karen Williams of Winter Springs, FL writes a humor column, "Funny Side Up," for The Seminole Chronicle (Florida) newspaper. Visit <http://www.karenwilliams.net> and NEW www.abrahamfun.com.

HELLO ROCK, AND HELLO HARD PLACE

When I think happy thoughts and feel emotionally good, I allow the Power that Creates Worlds to flow to and through me with ease.

The most fabulous thing I can do for myself is nudge myself in the direction of feeling good. Then my health, finances, self-esteem, relationships, and opportunities will improve accordingly.

But what if I face a decision where neither of the choices seems particularly inviting? Maybe it involves doing what I really want vs. fulfilling an important obligation.

Maybe it involves hiring one person over another good candidate or sharing a piece of shocking information vs. withholding it.

When I encounter a "tough call" situation, the most important factor is actually not my decision but how I feel about my decision once it's made.

I use my best judgment and after I decide, I refuse to second-guess myself or agonize over the alternatives. I go forward and make the best of things, knowing that the decision to feel emotionally good is the most important one of all.

See our new website
Lots of neat, new links
www.horizonsmagazine.com

The Cassadaga Hotel & Psychic Center

355 Cassadaga Road 386-228-2323
Exit 114 off I-4

*Invites you to Experience the Extraordinary
With one of our gifted Psychic Mediums Featuring*

LINDA is a registered and certified psychic medium who specializes in mediumship, spiritual counseling, spirit helpers, spirit healing, psychometry and phone readings. Therefore, if Love is what you hope to find.
Inspiration is what you seek...
Needs are not being met...
Decisions are hard to make...
Answers are what you need... Call Linda today

*Let us make your
life a little easier.*

JAMIE is a registered and certified psychic medium who specializes in psychic readings, couples sessions, pet readings, tarot interpretation, spirit communication, past life regression, future life progression, dream and aura interpretation. Jamie comes from a long line of Russian psychic mediums spanning over 150 years. She was born with the gift of spiritual awareness, is also highly trained, educated, certified in her profession.



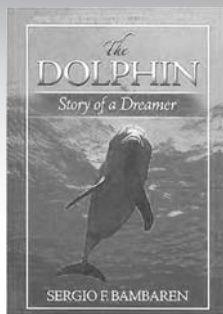
If you are looking for answers in this most troubling of times, please contact us for an appointment with one of our Gifted Psychic Mediums - Philomena, Jamie Ruiz, Margo, Tracy Yellowrose, Georgia, Linda, William and Keri - experts in Astrology, Numerology, Tarot, Runes, Spirit Contact, Past Life Regression, Angel Divination, and Dream Interpretation.

Wishing you a Blessed Holiday Season
<http://cassadagahotel.net>

THE CRYSTAL GARDEN

BOOKS, GIFTS & SPIRITUAL CENTER

The Crystal Garden is proud to present Hay House Author



SERGIO BAMBAREN
as he presents his new book

**THE DOLPHIN:
STORY OF A DREAMER.**

www.sbambaren.com

**Free Event & Book Signing
December 13th
2-4 PM**

THE CRYSTAL GARDEN
2610 N Federal Hwy, Boynton Beach, FL 33435
561-369-2836 • 1-877-444-5099 • info@TheCrystalGarden.com

OVER 10 MILLION COPIES SOLD WORLDWIDE!



The New Way
www.thenewway.us



Rev. Suzan Bailey

SUNDAY MORNINGS 10:30AM
Held at The Aquarian Building
238 Peachtree St Cocoa

2 blocks North of 520, 2 blocks West of US1
(just north of Cocoa Village) Aquarium Art on Bldg

TheNewWay@bellsouth.net 321-751-7584
www.thenewway.us



ANIMAL COMMUNICATOR
Diane Gianlorenzo
386-308-1356
www.enlightenedspirits.org



Sarah Spiritual
Spiritual readings in person or by phone

Sarah Spiritual is a Medium, Empath, Clairvoyant, Clairaudient, and Herbalist. She channels the spirits around you and specializes in love, relationships, money, career, health, healing and communicating with loved ones who have passed on. Sarah has an uncanny ability to convey the true thoughts and emotions of those around you. Botanica San Expedito is her passion and is dedicated to her belief that life is a spiritual journey and each situation has a spiritual solution. As God's vessel, she will lead you into a world of enlightenment, personal empowerment and tranquility.

Sarah offers the following personalized services:

- Spiritual Readings
- Spiritual Guidance
- Channeling Spirits
- Candle Dressing and Blessing
- Spiritual Cleansings
- Home Blessing
- Business Blessing

Personalized Herbal Baths and Oils for:

- Luck
- Love
- Money
- Cleansings
- Reversing
- Legal Matters

New Years Bath collection to clear your way for 2009

561-682-0955

2009 New Year's reading Spiritual and Reiki Class call for schedule

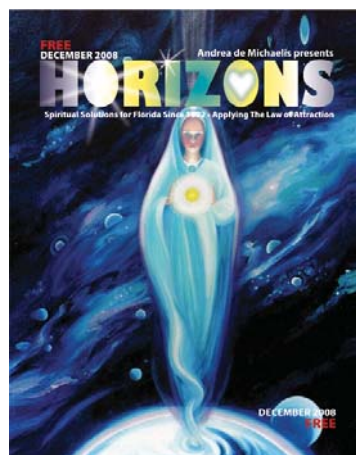
4047 Okeechobee Blvd. - West Palm Beach • Habitat Plaza
Across from Mercedes Benz • Monday 11am-4pm • Wednesday 10am-8pm our late night • Tues., Thurs., Friday Sat 10am-6pm

Shop Online at: **www.BotanicaSanExpedito.com**



COVER ART

GAIA
BY
EVA
SULLIVAN



Art can be a tool to transcend dimensions. It has the ability to be a springboard to elevate the spirit into realms of pure Love, Peace and Joy. -Eva

THE SACRED VISIONARY ART OF EVA M. SAKMAR-SULLIVAN. Eva is a Vi-

sionary Painter/Environmentalist. Her love of animals, the Earth and the Divine Creator is a constant theme in her paintings. She spent time in both the Atlantic and Pacific Oceans swimming with Dolphins, Sea Turtles and observing Whales. Her Spiritual Quest and travels to Ancient and Sacred sites worldwide have been instrumental in transforming her work to its current form of expression.

Eva's intent is that her art work serve the Highest Good of the viewer. Her paintings can be used as a meditative journeying tool for accessing one's own portal to higher dimensions. A portion of her sales are donated to support environmental, animal and humanitarian causes.



Eva M. Sakmar-Sullivan has been a professional artist her entire life. Her spiritual quest and travels to ancient and sacred places worldwide have been instrumental in transforming her work to its current form of expression. Eva's mission is that her artwork serve as inspirational tools to joyously facilitate personal and planetary healing, transformation and love.

Subjects of her artwork include angels, dolphins, mystic creatures, fairies, goddesses, priestesses and lightworkers.

Eva's website is **www.stardolphin.com**. She owns her own company, **Dreams of Stardolphin**. Stardolphin Greetings includes Eva's line of greeting cards, prints and magnets. She sells them at expos, conferences and personal orders by phone call 724-612-6114. You may also email Eva at **stardolphin77@hotmail.com**

OUR CALENDAR OF EVENTS

Call to confirm all events before attending to learn of last minute changes

30c per word, due with payment the 10th of the month at 575 Escarole St SE Palm Bay FL 32909-4802.
Email to HorizonsMagazine@aol.com and call 321-722-2100 with credit card info. If payment is not received with listing, your listing will not be placed and you will not be called for payment.

No calendar listings taken by telephone. All listings must include a physical location.

Mondays MELBOURNE Psychic / Spiritual Development Classes ~ 1 Monday / Month ~ 7:00 - 9:00 PM ~ Each class includes meditation, a topic/lesson, and hands-on actual practice to develop your personal skills. Private readings available by appointment. Marilyn Jenquin, International Foundation for Spiritual Knowledge 407-673-9776 or www.ifsk.org

2nd Tues, MELBOURNE, Laughter Yoga, 7pm, \$10 fee, Heaven Sent, 321-615-4678

4th Tuesday JACKSONVILLE Astrological Association of North Florida. We meet at The Cosmic Church of Truth, 1637 Hamilton Street at 7:00pm. www.astroassnorthflorida.com

Wednesday MERRITT ISLAND Meditation & Healing Service 12pm Christ Church of Positive Living 1353 N. Courtenay Pkwy 321-454-4109

Wednesdays MELBOURNE 7:00 - 8:00 PM Body Types and the Enneagram Learn why some types are incompatible, while others are drawn together; why some want to be more intensely what they are, while others yearn to be their opposites. Various Melbourne area locations. FREE www.consciousregeneration.org or (877) 285-7142

Every Wednesday - KISSIMMEE - Meditation Circle 7:30 p.m. - \$5.00 donation. Spiritual Awakening 1045 N. John Young Pkwy. call 407-343-9062 or visit us at www.churchofspiritualawakening.com

2nd Wed, PALM BAY, Laughter Yoga, 2:30p, \$10 fee, Izzy's Diner, 321-615-4678

2nd, 4th Thurs, COCOA VILLAGE, Joyful Movement and Sound, 7p, \$10 fee, What You Love To Do, 321-615-4678

2d, 4th Thursdays MELBOURNE/PALM BAY 7pm Wiccan-Pagan Outer Court Classes, Church of Iron Oak 321-722-0291

2nd Friday NEW SMYRNA BEACH 6th Sensory Lightworker Group meeting Oct. 12th at 633 US 1, NSB Call Judson for topic more info. at 386-847-2367

Saturdays ORLANDO Pranik Healing Circle 2-4pm Meditation, healing at Christ Church Unity 771 Holden Ave. Call 407 852-3940

Saturdays MELBOURNE 1:00 - 2:30 PM The Work - Do you feel like you are drifting aimlessly through life? Do you want to understand yourself and your purpose better? Overcome negative emotions? Make your everyday life more meaningful, more real? Learn about self transformation in the tradition of Gurdjieff and Ouspensky's teachings. www.consciousregeneration.org or (877) 285-7142

2nd Saturday - KISSIMMEE - "An Evening of Mediumship" - 7:00 p.m., \$10.00 donation. Spiritual Awakening, 1045 N. John Young Pkwy. call 407-343-9062 or visit us at www.churchofspiritualawakening.com

Sundays MELBOURNE Spiritual Lecture Series 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 No fee but love donation appreciated. Hield Road is off Minton Road, just north of Palm Bay Road, go west a mile or so, it's on the right, look for name on mailbox.

Sundays MERRITT ISLAND Sunday Services 10am Unity Center for Spiritual Living 4725 N. Courtenay Pkwy 321-452-2625. Inspirational, uplifting music with professional keyboardist, composer and vocalist J D Daniel with the UCSL band and choir

Sunday Church Services - KISSIMMEE - Healing & Meditation 10:00 a.m., Worship & Messages 11:00 a.m. Spiritual Awakening, 1045 N. John Young Pkwy. call 407-343-9062 or visit us at www.churchofspiritualawakening.com

Sundays COCOA VILLAGE - Sunday Celebration begins at 10:30 am - Center for Spiritual Awareness - A Spiritual Community of like-minded individuals who come together to celebrate the presence of God as life itself - 5 Rosa L Jones Dr. (Community Women's Club building) - 321/634-5188 - www.cfsabrevard.org

Sundays MELBOURNE 9:15, 11 am Sunday Service Unity Church of Melbourne 1745 Trimble Rd (off Wickham) 321-254-0313 (see ad pg 4)
Sundays MELBOURNE 10am-11:30am The Spiritualist Chapel of Melbourne with Rev. John Rogers, 1924 Melody Lane, behind the Melbourne Auditorium. Everyone Welcome! 321-733-1555 Visit www.spirit-chapel.org

CALENDAR CONTINUED ON NEXT PAGE...

OUR CALENDAR OF EVENTS

Call to confirm all events before attending to learn of last minute changes

Sunday MERRIT ISLAND 11am Sunday Service, Christ Church of Positive Living, 1353 N. Courtenay Pkwy, 321-454-4109

Sundays MELBOURNE Metaphysicians' Circle meets at 1924 Melody Lane behind the Melbourne Auditorium. 7-8:30pm \$2.00 fee. Info 321-537-3843 Interesting and compelling presentations on metaphysical topics

1st Sunday MELBOURNE Metaphysicians' Circle presents their Monthly Psychic Fair. They meet at 1924 Melody Lane behind the Melbourne Auditorium. 6:30 - 9:00pm \$2.00 fee. \$10 for 15 minute readings 321-537-3843

2nd Sunday of month MELBOURNE Noon-2pm Medium's Day Open to the public \$15 for 15 minute reading. Also available Snacks • Massage Therapy • Healing by donations. The Spiritualist Chapel of Melbourne 321-733-1555 Visit www.spirit-chapel.org

2nd and 4th Sunday MELBOURNE Pranic Healing Circle 4:30-6:30pm at Unity Church of Melbourne, 1745 Trimble Road 321-254-0313

3rd Sunday DELAND Pranic Healing Circle at Blue Sky Yoga Center pranichealingcircles@gmail.com

3rd Sunday - KISSIMMEE - Mini-Reading Sunday after service at 12:00 noon - 12 min. reading \$15.00 donation, lunch available - Spiritual Awakening, 1045 N. John Young Pkwy. call 407-343-9062 or visit us at www.churchofspiritualawakening.com

December 11-14 CLEARWATER Donna Eden with David Feinstein, PhD. Energy Medicine For Women And The Men Who Love Them at the Sheraton Sand Key Resort. Once upon a time - the medical profession called them "female problems." Your biology controls your destiny no longer! If you are a woman... if you know a woman... in just 4 days exploring energy medicine with Donna Eden you will start to discover extraordinarily empowering, practical knowledge about women's bodies that can put you in your own driver's seat. Energy medicine is particularly potent for women due to the way their hormones orchestrate a complex and evolved system of internal communication. For almost every health condition a woman faces, hormonal imbalances are in the foreground or background. Learn more at www.Innersource.Net

December 12th NEWE SMYRNA BEACH "6th Sensory Lightworkers" Dapper Dan's Hair Cuts, 633 US 1 at 7 PM. Discussion on your spiritual growth the past year and what you will be working on the next year. Call Judson for more information 386-847-2367

January 5 - March 9, 2009 Each Monday Vero Beach "Live Your Intention Workshops" Learn how to put your space to work for you through intention with Feng Shui. These will be fun interactive workshops in a group setting. Each participant receives items to use and take home. For additional information www.AwakenYourSpace.com or call 772-299-0705

January 17-18, 2009 Awaken Your Space will sponsor the Art of Living Green festival celebrating greener living. Held at Backus Museum's grounds in Fort Pierce. Kandi Phillips, owner of Awaken Your Space, will talk on Saturday and also present Carter Oosterhouse, host of HGTV's new show Red Hot & Green. He will also sign autographs after his presentation on Saturday. Enter for a chance to win tickets to the event and a private party, which Carter Oosterhouse will be attending, through our website www.AwakenYourSpace.com

January 19 EDGEWATER Pathwork is a spiritual program of self-Transformation. For more information call Barbara Richford at 386-509-0004 or 386-683-4878

February 22nd, 2009, FORT LAUDERDALE The 9th Annual Expo of Heart Expo 10am - 7pm Broward County Convention Center. EXHIBITOR SPACE STILL AVAILABLE. Plan your booth now - the newest and best products, services and info about Personal Growth, Metaphysics, Holistic Wellness Centers, Zen, Reiki, Angels, Animal Communication, Visionary Art and Handcrafts, Feng Shui, Crystal and Jewelry, Intuitive Counselors, Health Products, Acupuncture, Yoga, Raw Food, Skin Care, Energy Treatments, Massage, Environmental Resources, and Creating Abundance in your life. email info@expoofofheart.com Offer to volunteer. www.expoofofheart.com 888-292-1116



**IT'S TIME!
I AM VIVAT
I WALK IN ALL DIMENSIONS
I TALK WITH ANGELS
LET'S GET TOGETHER
AND INTEND
A NEW WORLD!**

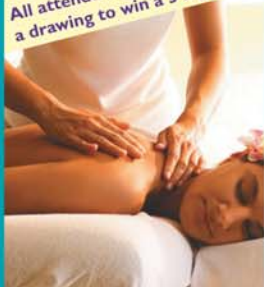
ViVat 321.409.2706

**Sunday December 7
MELBOURNE**
Here II Here
in concert
Music and videos online at
www.hereiihere.com. They
will be featured music at the
9:00 and 11:00am services, as
well as a concert at 6:30pm.

Unity Church of Melbourne, 1745 Trimble Rd, Melbourne
321-254-0313. **More info, see page 4** www.hereiihere.com



All attendees are entered into a drawing to win a 3 night cruise



MASSAGE



YOGA



RAW FOODS

TAKING CONSCIOUS LIVING to Heart

9th Annual



Now under
NEW
Management

25% OFF
ADMISSION
If pre-registered
by Feb. 13th

PRODUCED BY
Conscious Living
Partnership™

Sunday, February 22, 2009

Broward Convention Center • Fort Lauderdale, FL

888-292-1116 • www.ExpoofHeart.com

Expo Admission \$20
(includes all workshops)

Don't Miss Over 100 Exhibitors Plus Over 50 Workshops Featuring:

Holistic Wellness Centers • Metaphysics • Zen • Reiki
Skin Care • Animal Communication • Feng Shui
Visionary Art & Handcrafts • Angel • Crystal & Jewelry
Intuitive Counselors • Health Products • Energy Treatments



ACUPUNCTURE



ENVIRONMENTAL RESOURCES



PERSONAL GROWTH

ORGANIC & RAW FOODS AVAILABLE IN FOOD COURT

FOR A FULL SCHEDULE OF SPEAKERS VISIT EXPOOFHEART.COM



Dr. Michael
Mirdad

"Discovering
Your Soul"



Jill Dahne

"Love Signs,
Soulmates
&
Relationships"



Ernie Chu

"Soul Currency:
Invest in Your
Inner Wealth for
Prosperity"



Dr. Melissa
Andersson

"Awaken
Your Inner-
Awesome"



Michelle
Whitedove

"Messages
From Spirit"



Shannon
Burnett

"Holistic
Practitioner
Panel"



Kandee G

"The Power
of a
Personal
Vision"



SusieQ

"Embrace the
Creative
Process to
Uncover Your
Desires"



Jill Lublin

"Get Noticed
Get Referrals"

PLATINUM SPONSOR



www.QuantumLife.info



Conscious Living
Partnership™

GOLD SPONSOR



Optimal Modification Inc.



Spiritual Solutions Florida



Jill Dahne
World Renowned Love Psychic

Dr. Melissa Andersson
HumanPotentialCentral.com

natural
awakenings®
HEALTHY LIVING MAGAZINE
PALM BEACH

SILVER SPONSOR

ClayWithClass.com
SpiritistFederation.us
SoulCurrency.org
SunriseCinemas.com
MichelleWhitedove.com
zAyurveda.com

Let's have a Seance

Psychic Readings

with Dennis Hollin



A night of Spirit Communication thru table tipping. Ask your loved ones questions and watch in amazement as spirit tips the table for "yes" and "no" answers. Experience it for yourself.

1801 E. COLONIAL DRIVE
SUITE 103 in ORLANDO

407-721-3396



Every 2nd
Saturday

Table
Tipping
Seance
7pm
\$20

*Dennis is an internationally known
3rd Generation Psychic in Orlando,
FL. He has many US and UK clients.*

Home Seances and
Phone Readings
Available.

Host a Home Seance
and receive a free
reading.



NEW • EXCLUSIVE

**Papa D's Law of
Attraction Oils**

Love Renew, Spark
of Love, Money Come,
Psychic Spark, Shield
Me, Career Boost
.5 fl. oz

See www.papa-ds.com



**1st Sunday Dec. 7th
Spirit Walk with Lorena
6-7:30pm**

Guided journeys based on Shamanic Traditions. Each session includes 2-3 journeys, discussion of techniques and your experiences. Not a class, but an experience based on ancient healing and spiritual practices. Heal past soul wounds. Donation.

**2nd Saturday
Dec 13th, Jan 10th
Table Tipping Seance
with Dennis @7pm \$20**

**3rd Sunday of month
Dec 21, Jan 18th at 5pm
Healing circle, meditation, and
spirit messages with Vickie.
\$5 donation**

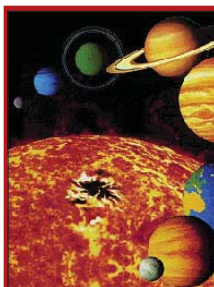


**ALSO INCENSE, OILS,
CANDLES, CDS, BOOKS**



Email Dennis at orlandos_spirits@yahoo.com

407-721-3396 www.orlandopsychic.com



PREDICTIVE Astrology for SPIRITUAL Transformation

UNLOCK THE FUTURE

ARE YOU A PERFECT MATCH?

Lover/Friend Comparison Report \$22

NEW! ... NOW EVEN MORE DETAILED!

Are You interested in ... understanding how you relate
... what attracts you to each other?
... how to heat up your love life using the power of the planets?

NEW! A Comparison that shows you how to harmonize with each other
NEW! Major Themes in the Relationship: What Brought You Together
NEW! Destiny of your relationship, themes of romance, sexual attraction.

DISCOVER Your Compatibility with a friend, lover, boss, family member.
Is this a **soul-mate** or **karma-mate**? Unfinished business?

UNCOVER your strengths, challenges, possible past lives
together. What can you expect to face this time around?

WHAT WILL A TRANSIT REPORT TELL ME?

Transit Report \$22

This report describes future trends,
particularly psychological and
environmental changes you are likely to
encounter. **What cycle are you in?**

This report will show you where planets
are NOW, where they are headed
and how to make the most of it.

NATAL/BIRTH REPORT

Natal Birth Report \$22

Character analysis, revealing
your strengths, talents, abilities,
potential challenges and blind
spots, pointing you toward your
soul's mission in this lifetime



\$22 EACH
3 REPORTS AVAILABLE

Lover/Friend Comparison \$22

Natal Birth Report \$22

Transit Report \$22

Email Horizonsmagazine@aol.com

www.horizonsmagazine.com

321-722-2100



*Have a
blessed
holiday
season*

BIOPRO Technology

Biopro Cell
Chip I H2O
Water
System



*Protect
yourself
and
your
family*

Vickie Martin 239-963-4202
Email Martin.vic@comcast.net

www.myBIOPRO.com/vickymartin



**WILD IRIS
BOOKS**

Wild Iris Books
is North Florida's
largest and most
comprehensive
Metaphysical and
New Age store.

Celebrating life and diversity

We carry Crystals, Stones, Tarot Decks, Jewelry, Clothing,
Candles, Soaps, Lotions, Art and Gifts to fit every budget.

Have a glass of wine or bottle of beer at the Wild Words Café.

Delight in our gourmet coffees, teas and incredible food
creations! And, as always, we offer free wireless Internet.

Psychic Tarot Reader, Astrologer and Psychic Medium
available full time so call and schedule your consultation
now because our calendar fills up quickly!



*Live Music, Spoken Word, Open Mic
every Friday night until 11:00pm.*

Hours:

Tuesday - Saturday
11:00am - 6:00pm
Friday until 11:00pm

802 W. University Ave.
Gainesville, FL 32601
(352) 375-7477
www.wildirisbooks.com

We Help People Get Well And Stay Well!



- Laser Therapy
- Bio-electromagnetics
- Acupuncture
- Hypnosis
- Herbs/Homeopathy
- Thermography Screening

DAVID RINDGE, LAc, DOM, RN

ACUPUNCTURE PHYSICIAN

DOCTOR OF ORIENTAL MEDICINE • REGISTERED NURSE
OVER 30 YEARS MEDICAL EXPERIENCE • PRESIDENT EMERITUS, FLORIDA
STATE ORIENTAL MEDICAL ASSN



Sheila Rindge, CHt
Certified Hypnotherapist

Behavior Modification:
Smoking, Weight Control

Overcome Fears and Anxiety

Performance enhancement:
Competitive sports, personal goals

COOPERATIVE MEDICINE

279 N. Babcock Street

Melbourne, FL 32935

321-751-7001

www.cooperativemedicine.com



CREATE YOUR OWN HORIZONS MAGAZINE COMMUNITY GROUP

**Let us know when your group meets so we can
list it in the calendar for others to join you**

• Mark on your appointment book all of the events from the calendar you are interested in. That way, when the day comes and you're suddenly free, you know about it in time to go.

• Have friends over once a week to discuss articles and ideas. Use Horizons as a basis for creating spiritual community where you are. I especially enjoy discussing Alan Cohen's articles and the Abraham work.

• Find some out of town events and arrange a weekend jaunt with friends to attend new seminars, psychic fairs and discussion groups,



OUR MISSION STATEMENT

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions. To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience. We do this by our intentions, beliefs and expectations, by every thought we think and every word we speak.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation. Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it.

We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise. So, if you read an article that touches your heart, or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss their offering with them. Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

*From my heart to yours,
Andrea de Michaelis*



SOLAR & LUNAR CELEBRATIONS OF THE ANCIENTS

Roger is the Principal Minister of the Church of Iron Oak, ATC. He is also the East Coast Presiding Elder with the Aquarian Tabernacle Church, an international Wiccan Church. He loves nature and finds Spirit among the trees and flowers, even after having lived in Florida for thirty years. He can be contacted through the church at (321) 722-0291 or through the web page at www.ironoak.org or www.ironoak.us

DECEMBER 2008

December (named derived from "decem" which is Latin for 10. December was the 10th month in the ancient Roman calendar.

"Do not go gentle into that good night.
Rage, rage against the dying of the light."
Do not go gentle into that good night by Dylan Thomas

Welsh poet Dylan Thomas wrote these words as part of his poem to his dying father, to encourage him to fight for his life against imminent death. Today, many hold death as an end, but not the ancients. Death was an inevitable part of life and necessary for the cycle of life.

One way to look at a particular religious faith is whether it is linear or cyclic. This view is also the way the adherent views life. Linear time is what most in the western world have believed for centuries. Wicca, one of the fastest growing religious movements in the west, views life as cyclic as did many ancient religious beliefs. Just as the year is cyclic from season to season, so the life is cyclic with birth, death and rebirth.

These life events and the seasons of the year all are part of an endless cycle that includes both endpoints as equally important; equally valuable as they are brought together into a circle. The cycle continues with life following death following life just as the year turns.

"We are nearer to Spring
Than we were in September,
I heard a bird sing
In the dark of December."
- Oliver Herford, I Heard a Bird Sing

This year ends soon on our calendar. As the sun seems to move further south and away from us, we know that soon it will return. We know this because of our science. The ancients knew this because of their faith. In many ways, there is little difference since on a practical level, most science is not experiential and must be believed rather than proven. That is, unless you are the discoverer of that science or a student. The ancients held celebrations like the Roman Bruma as a way to encourage the god of the sun to return.

"Christmas is coming, the geese are getting fat.
Please put a penny in the old man's hat."
- Traditional English Christmas rhyme

One single penny for the return of the light; no need to rage against the coming of the night.

DECEMBER 2008

Dec 2nd - Hindu: Feast of Shiva, God of cosmic destruction and creation

Dec 8th - Ancient Egypt: Festival of Neith

Dec 12th - Full "Long Night" Moon at 11:38AM EST

Dec 18th - Roman: First day of Saturnalia
- Dedication of the temple of the god Saturn

Dec 21st - Winter Solstice 7:04 AM EST

Dec 21st - Wicca: Yule

Dec 22nd - Gnostic: The Festival of Lights

Dec 11th - Roman: Day of Bruma (shortest day).
Celebration of Sol Invictus (unconquerable sun)
who now begins to return

Dec 25th - Christian/Secular: Christmas

Dec 26th - African-American: First day of Kwanzaa

Dec 26th - Zoroastrian: Death of Prophet Zarathustra

Dec 27th - New Moon at 7:23 AM EST

Dec 29th - Ancient Egypt: Birthday of Ra

A FACTOID WITH WHICH TO END THE MONTH:

This month has also the celebration of Saturnalia, a re-dedication of the temple of Saturn. This festival was one of the most important in the Roman world. Saturn or Saturnus was a Roman god that was second only to the father god Zeus. He has been related to Ninib of Babylon and Cronus of Greece and His name today is still commemorated as a day of the week.



MOVIE MYSTIC

...continued from page 21...

Problems in the hips or feet? Inability or unwillingness to move forward. Problems in the hands? Inability to grasp or let go. Alzheimer's? A desire to leave the planet.

Simplicity, though, may well be the cornerstone of the ability to heal. The information we get from doctors is usually beyond our comprehension, and, often as not, it's meant to scare us. Sometimes, it can actually scare the life out of us, and it was one of the scariest diseases ever that propelled **Louise Hay** and **Hay House** into the national spotlight.

Welcome to the Hay Ride.

The disease was one in which the body began to destroy itself - AIDS. It spread like wildfire through gay men and intravenous drug users in **California**, populations that were naturals for Hays' message that the way to heal yourself was to love yourself, and accept yourself just as you are. She started a program in her living room, "a safe place for people that were terrified out of their wits". Six people showed up, then twenty, thirty, sixty, until local government gave her a space that drew 850 people, and the Hay Ride was born - not a wagon train, but close enough.

Just to show she was walking her talk, Hay created money and a director out of thin air to make a video about the Hay Ride; scenes from it are on the DVD. The next step? **Donahue** and **Oprah** the same week, and **You Can Heal Yourself** was soon involved with a different list - the one the **New York Times** keeps of best-selling non-fiction. It's been there ever since, translated into over thirty-five languages.

Hay House celebrated its twentieth anniversary last year, and now represents some of the top names in the field - **Wayne Dyer**, **Esther and Jerry Hicks**, **Marianne Williamson**. Many of them appear on the DVD, and their admiration and gratitude are obvious. The real star, though, is Louise Hay and her message, whether from her or from the tributes from teachers and writers like **Dyer**, **Hicks**, **Greg Braden**, **Mona Lisa Schulz**, **Doreen Virtue**:

- You are creating the story of your own life, and you can change it with a few words, if you're willing to take the first steps.
- If it feels fake at first, keep going. Affirmations are like doing reps of an exercise, and their strength builds.
- Once you've planted the seed, let it grow - don't dig in the earth to check it.
- Affirmations are scientifically validated by electromagnetic field research. When you change the field, you can change atomic structure and alter reality.
- Most importantly, the answer to almost any problem is forgiveness, a gift to your self. Even **Mark Twain**, not known for his sunny outlook on life, knew that. "Forgiveness," he said, "is the fragrance the violet sheds on the heel that crushes it."

Michael Abedin is a freelance writer and the owner, publisher, and editor of Austin All Natural magazine, in Austin, Texas and available online at www.AustinAllNatural.com. (512) 803-0721, or michaelabedin@yahoo.com



SUGGESTED READING WATCHING LISTENING

The Law of Attraction: Teachings of Abraham
by Esther and Jerry Hicks www.abraham-hicks.com

A New Earth, Awakening to Your Life's Purpose
by Eckhart Tolle

Emotional Freedom by Judith Orloff, M.D.

Energy Medicine for Women

Foreword by Christiane Northrup, M.D.
by Donna Eden with David Feinstein, Ph.D.

From www.hayhouse.com by Esther & Jerry Hicks

Manifest Your Desires: 365 Ways to Make Your Dreams a Reality,
Astonishing Power of Emotions
Money and the Law of Attraction

From www.hayhouse.com

Angel Medicine by Doreen Virtue
Karma Releasing by Doreen Virtue
The Biology of Belief by Bruce Lipton
Overcoming Fears by Louise L. Hay
The Answer is Simple by Sonia Choquette
Personal Development for Smart People by Steve Pavlina
Forgiveness/Loving the Inner Child by Louise L. Hay

From www.newworldlibrary.com

The Hidden Spirituality of Men by Matthew Fox
Trager for Self-Healing by Audrey Mairi
Angel Horses by Allan & Linda Anderson

From www.dreamtreepress.com

The Rascal's Guide to Enlightenment by Mat Zo

www.agnepublishing.com

The Magic Box by Egan Sanders

MUST SEE DVDs

The (Secret Movie <http://thesecret.tv/>)
The Secret Behind The Secret www.abraham-hicks.com
Orbs: The Veil is Lifting with Miceal Ledwith and Klaus Heinemann

From **Spiritual Cinema Circle**

You Can Heal Your Life: The Louise Hay Story

THIS MONTH'S THOUGHTS ABOUT THINGS...

"I want to look back on my life and be giddy with joy that I was the one who got to live it."



...continued from page 7

If I am who I say I am, it shouldn't matter who gets the message out. The message is the important thing and it's amazing what can get done when it doesn't matter who gets the credit.

I attract what I attract and he attracts what he attracts. I sure can't complain about my golden life. Reading at his site inspired me that I can be much more than I am now, and I'm already real motivated. Reading the articles at his site helped me expand my idea of what was possible for me. As a result, I redid the **Horizons** website to be much more organized and easier to read. We have past issues online in pdf format. I have my monthly articles going back to 1997 so you can follow along my last dozen years' journey.

Would I have gotten around to doing all that without ever hearing of **Steve Pavlina**? Sure. Maybe. But he made it easy for me. Which is the point of his website and the point of **Horizons Magazine**. To share our personal stories of what we have found that works or no longer works, to try to save someone time and effort in their journey toward personal fulfillment and discovering new purpose. And if millions of people worldwide are waking up to who they are, discovering who they want to be and acting responsibly, then everyone wins.

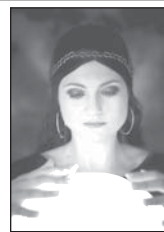
The last time I was this excited about a writer was when I discovered **Abraham-Hicks** over a dozen years ago. Pavlina writes in his blog about discovering **Abraham-Hicks** and **The Secret**. Do a title search on www.stevpavlina.com for the May 25, 2006 blog entry entitled **The Secret**. I love it when people first discover the Abraham work. Just like with Steve's work, it can change your world and make available to you a different kind of life. Look for **Steve Pavlina's** monthly column beginning with this December **Horizons**. Ah, 2008 coming to a close. What kind of life are you ready for 2009 to bring you?



Andrea

Enjoy our offering this month. Hari Om.

PSYCHIC FAIRS Calendar



1st Sunday in Melbourne 6:30 - 9:00pm

Monthly Psychic Fair at 1924 Melody Lane behind the Melbourne Auditorium.

321-537-3843 \$10 for a 15 minute reading

2nd Sunday in Melbourne Noon-2pm

Medium's Day \$15 for 15 minute reading.

www.spirit-chapel.org held behind Melbourne Auditorium.

3rd Saturday nights each month

Table Tipping Seance **In person Readings, Phone Readings** Dennis Hollin 407-721-3396

www.orlandopsychic.com

First Sat Every Month NEW PT RICHEY.

Great Readers, Spirit Art, Reiki Healings & Gift Shop, Sanctuary Of Light Chapel, 5112 Trouble Creek Road, 1/8 Mile East of US 19 727-430-6179

**List your event here
for only \$5 per line**





Barbara Lee is a Reiki Master Teacher, Psychic and Professional Astrologer. She offers phone consultations and a state of the art astrological chart service with six types of computerized reports available. Barbara can be reached at 1-208-773-7822 and at P.O.Box 3427 Post Falls, Idaho 83877 and on the web at www.IntuitiveReflections.com, or by email at barbaralee21@verizon.net

HOROSCOPES FOR

Aries March 20 to April 19/20 "I Am".

Giving it all you got've this month will aide you in your search for prosperity. By the end of the year you will be confident in knowing what isn't working and thereby sticking with what works. Your head-first approach to life gives you the best chance of getting what you want, the early bird gets the worm!

Taurus April 19/20 to May 20/21 "I Have".

You will be quite the social butterfly this month, lots of networking, and holiday parties to attend. December 9th and 10th are good days for you to take some personal time for yourself to do what makes you happy, because when you are happy everybody is happy.

Gemini May 20/21 to June "I Think".

The area of concern for you this month is your values and what is important to you; what really matters in your world? This is a good time to do gratitude prayers, and appreciate all that you have. It is a time to get back to the basics. The full moon in Gemini on Friday December 12th will give you momentum to pursue your personal goals.

Cancer June 21 to July 22 "I Feel".

If you are planning a big holiday party, the weekend of Dec 13th and 14th will be the best time to spend time in the kitchen to prepare the food of the soul to feed your guests. Nurturing the ones you love is the gift you give to the world. You love with arms wide open, continue to follow your heart and your needs will be met.

Leo July 22 to August 22/23 "I Will".

Your creative juices are flowing. Now that you have removed the obstacles you are finally ready to get busy creating. Needless to say all your creations need attention. So get busy and be in the limelight where you can thrive so comfortably. Be sure and make time for friends, family and fun this Holiday season.

Virgo August 22/23 to Sept 22/23 "I Analyze".

This is a time where the old must go and the new can then come forward into a deeper state of balance. With transiting Saturn in Virgo aspecting your Sun sign you are being called upon to stabilize your intentions. You have a deep understanding about what is going on in the world, remember to see life with loving eyes.

Libra September 22/23 to Oct 23 "I Balance".

Relationships relationships, is the key balancing act for a Libra, and now more than ever you need a partner to feel in balance with. You tend to choose a gentle and vulnerable mate, someone that is sensitive and caring, as well as skilled in public relations and a smooth talker.



**Psychic & Astrological
Phone Consultations
Astrological Chart Service**

Barbara Lee

208-773-7822

Visa / MC accepted

Email barbaralee21@verizon.net

www.IntuitiveReflections.com

Order a Natal
Report and
receive a one
month Transit
Report FREE

DECEMBER 2008

Scorpio October 23 to November 22 "I Create".

Your focus this month is about gaining power and status. You gravitate toward energetic people, especially those with creative passion and a drive for success. The best way for you to learn is to interact with others, and that should be your focus. Relationships are a way for you to see yourself. Take a good look, you just might like what you see.

Sagittarius November 22 to Dec 21 "I Perceive".

You have intensity on your side, so the energy is ripe for manifestation. With such a penetrating mind, you have a talent for research and analysis, with the ability to see beyond the normal scope of vision. The healing arts are an avenue to fulfillment, so follow what interests you, and the treasure will find you.

Capricorn December 21 to Jan 19/20 "I Use".

You are at a crossroads in your career, Transiting Pluto in Capricorn is making its presence known, so in order to make the most of this transit you need to be passionate and feel the life force, the drive to create more of what is important to you! Take this time to learn all you can, knowledge is the key to understanding.

Aquarius January 19/20 to February 18 "I Know".

The growth of your career is your number one priority this Winter. All that you can do to promote yourself the better. You have a drive for experiences that fulfill you in ways that mankind can not. It would behoove you to join organizations with idealistic, mystical, secret, spiritual, or visionary aims.

Pisces February 18 to March 20 "I Believe".

With Transiting Uranus on your tail, everything that has been hidden will need to come up to the surface to be cleared. Your intuitive mind will propel you to pay attention to your higher self. Your intuition is strong and vibrant, you will receive many answers in your dreams, just get clear about the questions.

UNIVERSAL PATH CENTER

Your Gateway To Spiritual Freedom



**Sunday
Services
10:00am**

Reiki, Level One \$75
Reiki, Level II: \$75
Master Level: \$200
Call Rev. Sigi

Wednesdays 1pm
Healing Service 4pm
A.R.E. (Love Donation)

Rev. Violet & Rev. Sigi
Are Available For
Weddings As Well
As Counselling By
Appointment

Rev. Sigi Is
Available For
Clinical Hypnosis
by Appointment

*Ask about
classes, geared to
acknowledge your
true God-Self*

UNIVERSAL PATH CENTER
2460 N. Courtenay Parkway
#210 Merritt Island, FL 32953
321-459-0208

Rev. Violet 321-638-0194 Email Violet@cfl.rr.com
Rev. Sigi 321-452-2079 Email Sigi340@aol.com



Just behind the visible world is a whole other world in which it all works differently. ~ Ram Das



Andrea de Michaelis has designed this audio series just for you.

Connecting with Your Angels, Guides & Teachers

This cd is designed to activate the third eye, expand awareness, develop psychic perception and become receptive to inner guidance.



Even if you have never experienced conscious contact, you can still be successful. Once you activate your psychic perception, expect to receive inner guidance more clearly than ever before.

Even if you are skeptical, you can still be successful. A fish doesn't have to believe in the ocean. As your third eye opens, expect to receive more vivid psychic impressions from your angels, guides and teachers.

While relaxing, does your body begin to hum or vibrate, sometimes so intensely you think the room itself is shaking? Learn how to manage this energy and use it for more expansive and experiences with your invisible helpers. Go into each session with questions you would like answered by your angels, guides and teachers.

Andrea, I listen to this mp3 file as I begin my meditation, then I go into the silence for 20 minutes. I never felt very successful at meditating until now. It's easier to feel peaceful and things don't worry me as much now. I have even done some automatic writing that has helped me focus myself careerwise, and my new ideas are creating more income. Thank you for the kickstart. Jennifer Hudson, Orlando

HEALTHY EATING HABITS

By the power of suggestion, your desire to overeat will be replaced by increased willpower; your craving for unhealthy foods will be replaced by finding interesting and fun ways to increase your physical activity. Turn up your body's metabolism to burn fat and leave you with a higher energy level. Each time you listen to this recording, you can experience a new and healthy vital energy flowing through body and mind. *Thank you! I downloaded the mp3 file in June and have been listening every night as I go to sleep. I'm down 15 pounds and I no longer have the urge to snack in front of the tv. I also find myself wanting to walk and be more active. Who knew it could be this easy? I don't know how it works, but it works. Thank you. Dee Watson, Tampa*



SLEEPYTIME RECHARGE

Play this recording as you are falling asleep for a refreshing segment of restful rejuvenation. Even when asleep, your subconscious mind is listening, so expect change to occur.

We've learned that the health and wellbeing of our physical body is a direct result of the thoughts we habitually think and our inner response to the words we hear around us. The cells of our body process info and control our behavior by way of genes being turned on and off by influences outside us, such as our perceptions and beliefs. Our beliefs, true or false, positive or negative, affect our genetic activity and alter our genetic code.

We can retrain our consciousness to create healthy beliefs, and thus create a profoundly positive effect on our bodies and in our lives. We can not only regulate our own brain chemistry to overcome ailments and bad habits, we can reprogram our lives for more personal joy.

Our body is a community of 50 trillion living cells, all cooperating as a collective consciousness, and we speak to it and direct it every time we have a thought or reaction. The body is a biochemical machine and the driver is the mind. So dis-ease is merely a result of how we're driving our physiology.

Carefully selected words and phrases on this recording will reprogram the cells of your body for optimum physical and mental health. Each time you listen to this recording, you will awaken refreshed, rejuvenated and motivated to get into your day.

I listen to Sleepytime Recharge every night as I fall asleep and sometimes let it repeat over and over. I used to think I had chronic fatigue or was depressed, but I think now it was all related to my habit of thinking. I have more energy now, more clarity and feel motivated to do things with my family. Thank you for this. K. Crane, Cocoa



HOLIDAY SAVINGS + STRESS RELIEF

Each cd is available for *immediate download* for just \$10 (regular cd price \$22)



PAGE 46

For download, go to www.horizonsmagazine.com
Go to "Andrea's CD Page"
Listen anytime you want or save to a cd



Email HorizonsMagazine@aol.com Andrea de Michaelis is a Certified Hypnotherapist, ABH

YOGA SHAKTI MISSION



Ma Yoga Shakti

Sundays 9-10am
Sunshine Lectures
Talks on Spiritual Topics

First Saturday of
month at noon
Vegetarian luncheon \$7

YOGA CLASSES

\$7 Per Class
\$25/mo unlimited
evening classes

Monday

Gajendra - 7:00-8:00 p.m.

Tuesday

Maryann and Jim Loafman
7:00-8:00 pm

Thursday

Val Anderson
9-10 am

Thursday

Chip & Shyama Iacona
7-8 pm

New Year's Retreat with Mataji
January 2-4, 2009



**Friends of the
World 2009**
Plan early to
reserve vendor
booth space and
get on performance
schedule



YOGA SHAKTI MISSION

3895 Hield Rd NW
Palm Bay

321-725-4024

yogashaktipb@yahoo.com
www.yogashakti.org

Full Moon Puja
Satya Narayan Katha
Bring Fruit, Flowers
and a Pure Heart
5 pm Call for dates

Ramayan Chanting
Sundays 10:15-11:15 am

Bhajans/Kirtans
First Wednesday of Month 6:45- 7:45 PM

BOOKS BY MA YOGA SHAKTI

Yoga Syzygy Guide to Hatha Yoga \$15 Email yogashaktipb@yahoo.com

Techniques of Meditation to Enhance Mind Power \$10 to order books

Shri Satya Narayana Katha \$5

Hanumaan Chalisa \$5

A Spiritual Message \$5

The Seven Invisible Psychic Lotuses \$10

Yoga Aasana Chart \$2

Chandogya Upanishad \$5



HORIZONS MAGAZINE
575 Escarole Street S.E.
Palm Bay, FL 32909-4802
321-722-2100



As hopeless as any situation
feels, it's really only your thoughts
that you're dealing with. And you
have the power to change those.

Louise Hay

The best gifts...
are the ones you'd also like to receive.
Give movies that matter.



Inspire the ones you love with a 3-month membership to Spiritual Cinema Circle. Your gift will include a monthly DVD of 4 heart-touching, soul-nourishing movies that are theirs to keep; a CD of instrumental melodies and organic sounds; and a hand-written gift card with your personal message.



*"These films truly make me feel
good about being human."*

MARIEL HEMINGWAY

Spiritual Cinema Circle Co-host, Actress, & Author

3-month membership
only ~~\$59.95~~ **New lower price**
(plus shipping) **\$49.95**

Order by
December 14
to ensure
Christmas Delivery!

DVDsThatMatter.com
800-449-9886

SPIRITUAL CINEMA CIRCLE™



©2008 Spiritual Cinema Circle. A Gaiam company.