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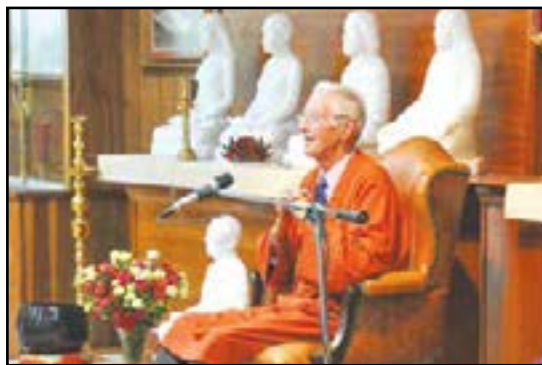
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Our founder, Roy Eugene Davis (1931 – 2019), a direct disciple of Paramahansa Yogananda, taught spiritual growth methods for sixty-eight years in North and South America, Japan, Africa, Europe, and India. His books are published in eleven



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12 Steps of Spiritual Freedom

By Rev. Tom Sannar

<http://oneheart-onemind.org> Email dr.tomsannar@gmail.com

Publisher's note: We use many names for **God**, including The Universe, Universal Energy, Source Energy, Great Spirit, Divine Source. It all refers to the one God, no matter what name we use.

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- 10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
- 11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
- 12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure and my talent to my spiritual source.



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optical illusion
is separation**

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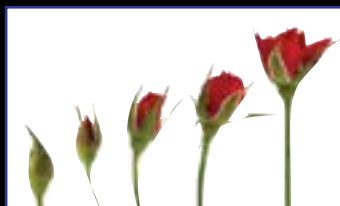
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Co-incidence has meaning. If you find yourself reading these words, there is a message for you.

"And the day came when
the risk to remain tight in
a bud was more painful...
than the risk it took to
blossom." Anais Nin



**Horizons thanks
everyone willing
to take the risk**

HORIZONS MAGAZINE is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

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THIS MONTH'S THOUGHTS ABOUT THINGS

*"I want to look back on my life
and be giddy with joy that I was
the one who got to live it."*

Andrea de Michaelis
Publisher

Hello and welcome to the SEPT 2021 issue of Horizons Magazine. This time last year I was pouring over seed catalogs and deciding what to plant in **October** when it cools off. Tomatoes, collards, kale and peppers for vegetables; Thai, lemon and holy basil, rosemary and parsley for herbs and I began dozens of sunflowers. My entire back porch turned into a greenhouse for seedlings and garden supplies and I was out there all hours.

By **July** this year, 8 months later, the tomatoes and peppers were almost done, the herbs and collards still going strong. It was a rewarding project but a lot of work. In retrospect, I shouldn't have begun a vegetable garden at the same time I was transplanting dozens of tree saplings to my west yard for privacy from the new home built next door. But it paid off because now, just one year later, there's a line of trees and bushes giving us privacy between our properties, and my west yard is lush and green again.

I was initially bummed that the property sold and that they were building on it. I was further bummed when the City made me clear 20ft of my north and west boundary lines to let the builder's machines in. There were dozens of oak and pine trees within that 20ft easement, so I felt exposed and bare.

To feel better, I knew I had to turn my attention to something happier.

I began planning how to replant the area they cleared since now I literally had a blank slate.

I began thinking what kind of neighbor I wanted as well. Someone who likes privacy and gives it, someone interested in caring for the land, someone pleasant. That could take many forms. I'm happy with the new neighbor. We keep to ourselves and help each other out - he has a fish tank and I have the perfect well water for it. A new build, he has City water. We trade cooking tips. I knew it would work out, although I didn't

know HOW it would work out. I just trusted it would because past experience tells me I always find a way to be happy.

I learned long ago that wherever I find myself, I can look around and find clues and opportunities. Or I can let my self talk run the old tape of *"Where's my good stuff? It never works out for me."*

I know my good stuff is on its way to me once I stop the constant self-talk that says it's not here yet.

**And where will this good stuff come from?
Why, from wherever it is right now.**

I don't need to know where it's coming from. I don't need a chance to say "no one's leaving me any money." It CAN come out of the blue.

And for that matter, we can stop lamenting that we're unable to make a living doing what we love. ***Just begin doing what you love and be so involved in the loving of it and watch your life begin shifting.*** Watch other opportunities for sources of income appear for you and appeal to you, while you continue doing what you love.

And as far as romantic love? You're going to fall in love with a lot of people in your lifetime, even years, decades after you think you've had your final love affair. Not every partner is meant to stay forever. Be prepared for them to arrive unexpectedly and leave unexpectedly.

Just because they leave doesn't mean you can't remain the best of friends.

Just because you're best friends doesn't mean you should be lovers or that you should be married.

There's no such thing as lifelong security, partners can change their mind when you least expect it.

My own mind is always subject to change upon evolution of consciousness.

Don't be anxious to take things to the next level. Make the best of where you are right now.

Let it be okay to be alone, too because you will have years of that. If you learn to love it all, you will always have love in your life.



Enjoy our offering.
Hari Om

Andrea

ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Author of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and NY Times Best Seller, Money and the Law of Attraction, visit www.abraham-hicks.com.

FUN GAME TO ATTRACT MORE MONEY

GUEST: If you're trying to create a situation, or you are creating a situation, and you're shooting Energy to that vortex, and let's say there's a certain thing that you have to have — it's money. Okay, I hate to say it, but it's money — and if you say, well okay I'm going to create this, but you have to put a time limit on it because you...

ABRAHAM: You need it.

GUEST: Yeah, right, something you can't have unless you have it. Is that shooting yourself in the foot?

ABRAHAM: Usually. Now, here is the thing. A lot of people that are teaching goal setting will say to you, "set your goal," and by that, they mean, decide what you want and when you want it. Well, **the advantage** of that is it makes it feel more real. If you can say, one month from now, or, one year from now, it gives you a more tangible feeling place.

The disadvantage of it is that if you've never done it, in all of your 29 years, and now you're saying, "I'm going to do it in two months or one month or six months," — **you defeat your purpose because you cast doubt on it. In other words, you vibrationally ask for something you don't believe, so every time you think about it, the negative belief rears its ugly head.**

So what you want to do is just pay attention to the way you feel, and if you say, "I want to have it" or "I've got to have it and I've got to have it fast," and you feel that discomfort, then know that whatever you're doing, right there, isn't working for you.

And then, as you start talking about why you want it and you start pretending that it has happened, or you start envisioning that it has happened, and you feel that discomfort sort of ease up, and you feel yourself starting to feel a little lighter about it, now you know the energy's flowing.



Janice Scott-Reeder, AA, BA, Druid

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And so, then next time you think about it, you might have to go through the same process again of feeling uncomfortable and then bringing yourself to a place of ease. But it doesn't take too many times of transmuting that energy — from a place of a knot in your stomach to feeling better — before you've transmuted your basic point of attraction relative to that subject. And it doesn't take too much of that before something starts to break loose. In other words, the Universe gives you the break that your energy now deserves. And we don't mean that in a judging term.

Somebody said, "*There is no justice.*" And we say, **there is utter justice. You all get exactly what you deserve. Meaning, you're all getting exactly what you're vibrationally offering.** So just play with it. Think and feel, think and feel, think and feel. If there's something that you really want, like, when you said "money"; in other words, you're almost embarrassed to even talk about it, because you can feel how negative it makes you feel even to think about it. Let us give you some sort of practical, fast approaches to this.

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RE-WRITING THE RULES OF VIRTUAL REALITY

Dr Joe Dispenza holds a Bachelor of Science degree and is a Doctor of Chiropractic. His post graduate training includes the fields of neuroscience and neuroplasticity, quantitative electroencephalogram (QEEG) measurements, epigenetics, mind-body medicine, and brain/heart coherence. As a researcher, lecturer, author, and corporate consultant, his interest lies in demystifying the mystical so that people have all the tools within their reach to make measurable changes in their lives. Visit www.drjoedispenza.com/ and www.blog.drjoedispenza.com/

This work is about moving outside of the headset that keeps you in the illusion of this 3D reality. Once you can get out of that VR headset, you can see the greater truth of this 3D world. That truth is that this physical reality is secondary to the mind or consciousness, but the headset has us believing that consciousness is born from the body. Why? Because we are constantly responding to and interacting with the illusions of the VR world.

Once outside of the VR headset, however—once we enter the doorway to the quantum field—we see it is the other way around. Consciousness is the builder and it is consciousness that brought the illusion of the physical into being—thus the body is actually the servant of consciousness, and the life we create is the projection of consciousness onto the VR screen. When you realize this is the case (which is to say, once you take off the VR headset), you are entering the quantum field where by your interaction with coherent energy and information can rewrite the rules, not to mention change the way you see and function in the VR headset. Thus, you can alter this 3D game to match your will and intention by no longer playing the game of trying to change the VR world from inside the VR world.

Occasionally in video games, films, or other electronic media, the creators place what are called “Easter eggs.” The origin of this term goes back to 1979 when Steve Wright, the Director of Software Development in the Atari Consumer Division, used it to describe a hidden message in the Atari video game called *Adventure*. In this context, Easter eggs became hidden messages, images, or features that give the player special powers, magical amulets, or necessary information that allow them to advance to the next level.

Unbeknownst to most people, there is an Easter egg in this three-dimensional reality we live in and it has always been with us, hidden in plain sight, just waiting for each and every one of us to discover it.

That Easter egg is energy, the power of which resides in the directed concentration of our focus and awareness. Think of it this way: if our 3D reality were a game, our focus and awareness would be the amulet of this dimension, an amulet which many people, businesses, governments, and leaders attempt to compete for and try to manipulate, often for their own power, purpose, or financial gain.

The good news is that, seeing as you are the action hero of this game—seeing as you are a sovereign, sentient being—you know not to give it away, because you know that the creative power of the amulet resides in the generative potential of where you direct this concentration of energy.

Now to return to the VR metaphor, let’s take this one step further and say that, when you have the VR headset on, you’re in a labyrinth. For the sake of this writing, let’s call a labyrinth a multi-layered matrix.

According to the dictionary, matrix is defined as “something that constitutes the place or point from which something else originates, takes form, or develops.” Your job as the action hero is to find the doorway out of the matrix. When you pass through that door, you not only escape the matrix of the labyrinth, but you get a bird’s eye view of it.

If this were the case, then every time you escaped the existing labyrinth—which in turn would enable you to see it from a higher level—you’d have a much greater understanding of it. Said another way, you would see it from another dimension.

You’d have to agree then that seeing the labyrinth from above would almost be like receiving the map that shows you the door out of the matrix, would it not?

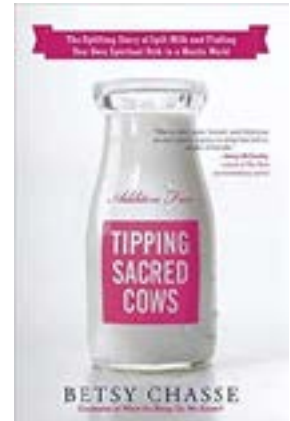
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TIPPING SACRED COWS

The Uplifting Story of Spilt Milk and Finding Your Own Spiritual Path in a Hectic World

Betsy Chasse. Writer, filmmaker, storyteller, changemaker and most importantly mom. You may have seen my film “What The Bleep Do We Know?!” or possibly one of my other films Song of The New Earth (Producer), Pregnant In America (Producer), Radical Dating (Producer/Director), The Empty Womb (Producer/Director), or read one of my books, Tipping Sacred Cows, Dancing In The Unknown, Stories of Becoming Myself, or my most recent Killing Buddha. **Get a FREE Digital copy of Tipping Sacred Cows by joining Betsy at www.betsychasse.net**



HOW TO GET COLDCOCKED BY AN EPIPHANY (or Waking Up Can Suck or Not Suck Depending on How You Handle Your Shit)

Crazily enough, the thought of drinking liquid black asphalt and puffing on a nicotine bomb suddenly didn't seem so appealing on this particular morning.

I've never been good at depriving myself, especially when it comes to caffeine and nicotine. Those have always been my usual go-to problem solvers—I mean, if Eckhart and Deepak couldn't help, usually a smoke and a mocha could, and without them, I was cranky and pissed off and suffered a robust bout of self-accountability dehydration. It seems to be a thing that when adults feel deprived, we generally either feel victimized or bitter. Out of the two, I'm better at bitter, which means blaming everyone I know.

The morning of The Epiphany (yes, it is now capitalized because it was an Event), I hopped right to it and blamed my parents, my husband, my kids, and even the damn cats—fur balls, always tortured, never happy with anything, always “me me me.” They were all sucking the life out of me because they all obviously hated me and wanted to stifle me. The horrific conspiracy to keep me down was real, and the cats were in on it. Of course, the whole it-is-everyone's-fault-but-mine argument didn't hold water for long. It takes a lot of energy to blame the world, and there I was without even the help of a cup of coffee or a cigarette.

This is how it is when you have a crisis of self in the early morning, before the first nervanic drink of coffee, before the first puff of nicotine, before those things that pull you right back into shoe-consciousness. This is how it is, so you doubt the realness of everything. Nothing feels true.

And when nothing feels true, every bit of you freezes in place. You feel the inner you tremble. You feel it in your intellect and your heart, and most pointedly in your

spirit. And you are filled with a horrible sense that you have caused yourself true harm. That's what it was for me, that moment in my bed, with my spirit trembling in actual, real fear.

As I lay in my bed, suspended in time, not able to move forward and unwilling to go back to pre-Epiphany ignorance (because once the shit's out, there's no putting it back), I realized the truth was I didn't know anything. Anything about happiness, love, spirituality, or myself . . . nothing, nada, zilch. Now that's a real what-the-fuck moment.

I will say, I was righteously indignant. My inner monologue was all: How is this even possible? I am an expert, dammit. I made a movie about creating reality and finding spiritual bliss, for the love of God! I've spent years reading the books, listening to the gurus, the speakers—I've collected some kick-ass wisdom. Look at my beautiful, gorgeous, painted cows, decorated and accessorized with everything I have learned.

Meanwhile, from a very cinematic-esque distance, I heard another voice challenging my convictions. The voice was very practical and even-toned—the voice of someone telling it like it is and speaking the truth. It said, “Betsy, if you are real with yourself, you will admit that you have no idea what happiness and bliss look like or what something like spirituality even means. Your herd of sacred cows, no matter how you fancy them up, are hanging out in a closed-off pasture full of crap. They are glass cows. Easily breakable glass cows, and it only took one small, real moment to break them. It's time to really wake the fuck up to reality—Love you!” I paraphrase, but that was the gist.

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FIBROMYALGIA

The symptoms of fibromyalgia can be overwhelming. Aches and pains all over, constant headaches, muscles that twitch, sleep problems, weight gain, depression, menstrual irregularities and a weakened immune system.

As of now there is no conclusive cause of fibromyalgia. What might have started as a simple injury or virus may have triggered a response in the muscular and nervous system causing the nerves to constantly over fire extending out to more nerves.

Other possible causes could be heavy metal toxicity, parasites, candida or the disruption of pain receptors. Because there are so many possible causes, it is best to find the root cause.

If you have fibromyalgia, avoiding citrus, processed foods, artificial sweeteners, margarine or fake butters, flavored coffees and creamers may ease some of the symptoms because they can over stimulate an already overloaded nervous system.

In their place foods, herbs or supplements that are rich in B vitamins can help to relax the muscles and support the nervous system. Malic acid taken with magnesium helps to fight fatigue, if you are deficient in these necessary minerals there can be breakdown of the proteins in the muscles that is needed for energy. Over time this deficiency causes fatigue, muscle spasms and pain.

HERBS CAN BE USED TO BOTH ALLEVIATE THE SYMPTOMS AND HELP EASE THE CAUSE.

...continued on page 28



HOW TO RECOGNIZE MAGICAL BEINGS - WIZARDS

*Magic is easy! Just change your perspective,
and poof, the whole world has been transformed...*

Jim Egan has a Master's in Environmental Science and a Bachelor's in Geology and Sociology. He is President of Just Earth Inc. Environmental Consulting and does Environmental Recovery work on Natural Disasters for FEMA. He has taught Environmental Science at two Universities and reached the title of full Professor. He is the author of "Secrets We Have Kept from Ourselves" and "The Mysterious Man with the Ladder."

As part of a continuing series on the care and feeding of Magical Beings, here's an excerpt on Wizards:

(A NOTE ON WIZARDS:)

In the ancient annals it is recorded that the first appearance of Wizards on the earth occurred when mankind first showed signs of harming the planet.

It is believed that **Wizards** are the Creator's shock troops, sent to guard Mother Earth and heal her wounds and the wounds of the Children of the Earth. Always solitary, if you see two **Wizards** on the same continent know that someone has disturbed the Creator and She is about to unleash some serious Juju on their *muggle* butt.

Wizards are masters of subtlety, they rarely lead from the front or draw attention to themselves. Like the Creator Herself they work tirelessly behind the scenes, letting others appear to be in charge, letting others misunderstand their motivations, ever driven only by the protection of Mother Earth and her children.

This is not to say that on rare occasions a sudden shift towards disaster is not met with a lone anonymous figure who appears out of nowhere, and stands before the tanks or bulldozers stopping them in their tracks. After the evil is averted they vanish just as quickly into the mist, for all true **Wizards** avoid the spotlight, knowing their powers are most effective when they can practice them in secret without the intent of humans interfering.

A novice **Wizard** sees themselves as a powerful Queen on a board of *muggle* pawns. It is only when they realize they are really a pawn on the Creator's vast board that they may grow into a powerful Queen.

To be prideful about the powers granted to them, or to get distracted by desire or personal gain is the bane of a **Wizard's** powers.

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Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. Join "Abraham Fun" on FB and like her FB page, "Soulsongs by Karen Money Williams." Email karen@karenmoneywilliams.com

HEALTH IS ON ITS WAY

Physical pain and other health problems represent unhappiness taking physical form in my body. Certainly there can be many precipitating factors: an encounter with a virus, genetic heritage, an injury, exposure to toxins. But these are not the inception of the problem, for that takes place in the unseen world of thoughts and emotions. Always. I'm thankful to have access to many treatments, both conventional and alternative, to address health challenges. But I'm likely to find a cure when - and only when - I make the underlying adjustments in my happiness level.

This is a tough truth if I'm accustomed to thinking in terms of something "out there" causing my problem and finding something "out there" to fix it. *But it's a beautiful truth in that it gives me ultimate control over my physical well-being, for I & I alone determine how I think & feel.*

Today I choose to be as peaceful, hopeful, appreciative, and fun-loving as possible. Today I take a big step toward health.

THE MAGIC OF CONTENTMENT

Perhaps I know clearly what I want and perhaps I work intensely, both in visualization and activity, to achieve it. But if my desires have yet eluded me, the missing component may be contentment. If I want my life to improve, I make peace with where I am now.

Today I find ways to feel, if not satisfied, at least OK about my health, my finances, my social life, my family, my home, my job, even (gulp!) my age. I nudge myself to notice what's going right and remember the pleasant aspects of the past.

In order to usher in experiences that will feel good, I must fairly consistently feel good right now. *Thus I build a bridge from where I am to the place where my good resides.*

I don't postpone my happiness until my desires finally arrive, for they will never come under those circumstances. I practice feeling happier now, and I slowly but surely welcome my dreams.

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Morgana Starr
& Daena Deva

Angels Oasis is owned by esteemed Psychic Mediums and Spiritual Counselors, **Morgana Starr & Daena Deva**. They have a combined 50 years of Spiritual work. Known as **New Thought Leaders**, they are helping to guide and shape lightworkers from around the globe. Angels Oasis is located in Historic Cocoa Village, Florida and is a beacon of light for the local spiritual community. Knowing they wanted to expand their reach, they launched **Awaken Institute**, their online Spiritual School. Awaken Institute allows awakening souls to develop their gifts safely, with guidance they can trust. You can learn more at www.Awaken-Institute.com

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SETH SPEAKS

Seth is the nonphysical spiritual teacher who spoke through the author Jane Roberts. Seth presented the furthest reaches of human potential, the eternal validity of the soul, and the concept that we create our own reality according to our thoughts, emotions and beliefs. Seth taught to access and use the tremendous source of power, wisdom within you. www.sethlearningcenter.org

AS YOU BELIEVE, SO WILL BE YOUR EXPERIENCE

And, if you believe, in very simple terms, that people mean you well, and will treat you kindly, they will. And, if you believe that the world is against you, then so it will be in your experience. And, if you believe that you will begin to deteriorate at age 22, then so you shall.

SETH: LEAVE THEM ALONE!

CLASS MEMBER: How can you help a person who believes that you are making them miserable?

SETH: Leave them alone!

CM: Wait, let me finish, - and they believe that you are making them miserable. How can you help them change that belief, to see that they themselves are doing it without...how can you help someone to see that they create their own reality, or to accept that in this tenet?

SETH: First of all, if they believe that you're causing them misery, then you should leave them alone. It is the best help that you can give them at that time. It is false sympathy to do otherwise. You are not helping. The help now can come, but while that belief is held it cannot come from you.

CM: Even with my own thoughts, or whatever my beliefs are, without coming near this person, how can my attitude, my thoughts, or whatever I direct toward this person, help them change that belief?

SETH: Then, in your own mind, imagine them realizing that they form their own reality, and, in your mind, see this realization on their part, and, otherwise, do nothing. You cannot force a belief on another person.

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You cannot know, as Ruburt would call it, the inward order of their events. You should not try to force your ideas upon them, or your beliefs.

CM: Then you say, 'I'm not making you miserable, that way?'

SETH: Let them go their way, in their own way. You are your responsibility. Each person is his own responsibility. You are trying to prove a point. You want to help, but you are still trying to prove a point. You are setting up resistances and the more you insist that your way is right, the greater the barrier.

Ideas are fluid, like water. Left alone, they will change. You set up a dam when you insist, "You must see it my way". Beliefs form reality.

CM: What if I have never said that? But it may be that I take that attitude, in a certain way, but I don't think that it is that vocal and outspoken, but i understand that I am not the cause of this person's misery, or wish or not wish to live.

SETH: Then let that be sufficient. The individual is using you also, and you are allowing it. As long as someone can point to you and say, "You are the cause of my misery," then they do not have to face themselves.

And, as long as you play the game, you take part in it and you do not help. You do not have enough faith in the individual involved. They will find it their own way, in their own way, and joyfully take that for granted.

See page 23 for Frank DeMarco's account of TGU (The Guys Upstairs) on a dream, Jane Roberts (Seth) and the path ahead

ASK WHITEDOVE



Got a burning question? Ask Celebrity Psychic and Spiritual Teacher Michelle Whitedove. Lifetime TV named her America's #1 Psychic on America's Psychic Challenge. Her books include: A Psychic Medium Relays Messages from the Heavens • My Invisible Friends. Read more at www.MichelleWhitedove.com

DEAR WHITEDOVE, *I feel helpless and sad with the state of the world. I've considered suicide, I just can't get over the great sense of loss.*

DEAREST,

I'm here for you and I know that you are strong enough to endure this sadness. Most suicides are committed out of hopelessness. But if the person that commits suicide just persevered a little longer, their perspective on the situation would evolve. Have you ever noticed that people of greatness have overcome monumental obstacles and hardships? Out of tragedy we all have the potential to uncover life's biggest blessings even in this time of great change.

God grants us a time to enter and grants us a time to return to our true home...heaven. We volunteered for this Earthly mission. We came into this earthly incarnation to learn lessons, to learn how to love and how to receive love.

We should do our best to make use of this lifetime and be positive in all aspects of our lives. I have found that if you reach out to help others in need, you will focus on giving love, their comfort and support - the act of unconditional giving will also help to heal your soul.

One of the greatest lessons that I learned from my Near Death Experience, is the TRUE importance of each soul. In my case I was told that I had to go back to my life, I was shown the ramifications of my soul leaving its Earthy Mission too early. Every Soul is Greatly Important!

You see, each soul comes to Earth with an individual contract to fulfill, and other souls that we must interact with. Through the course of a lifetime, we come in direct contact with thousands of people.

Through our actions both positive and negative we also affect thousands of other people that we never meet. Because the people that we interact with... our deeds good or bad influence them... then they interact with thousands of people. And some souls influence generations of people.

We are like pebbles cast into a pond... the ripple effect radiates from us and results in change. Every soul is needed, we each have a purpose: from the lady who cuts your hair for a living, the grocery clerk, the activists, the pacifists, to world leaders. You are greatly needed here.

DEAR MICHELLE,


The other night I was dreaming that I was flying in the night sky with my arms outstretched. I was going somewhere then all of the sudden I could hear a sound in my bedroom. This sound caused me to jolt awake as if I were falling a great distance. Can you explain?

DEAREST,

I'm sure that most people can relate to your question. It happens to everyone; that feeling of falling, falling, falling and trying to catch yourself as you awaken startled. When the body rests, the soul is free to roam.

...continued on page 31...

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THE YEAR OF LIVING CREATIVELY



Mitch Ditkoff is a human being, currently living in Woodstock, NY. Most recently, he has launched "The Year of Living Creatively" -- an online course for anyone committed to following their heart's desire and manifesting a creative expression of who they are and how they want to serve. Visit www.mitchditkoff.com

"The privilege of a lifetime is being who you are."
- Joseph Campbell

During the past 50 years, quite a few researchers, social scientists, and psychologists have written passionately about the creative process, offering a number of models to help clarify its various stages. All of their models are deeply considered and relatively easy to understand. The best model I've encountered, however, is one that was never conceived to explain the creative process, but the archetypal human adventure we are all on -- a model conceived by the extraordinary mythologist **Joseph Campbell**, author of **The Hero With a Thousand Faces** and **The Power of Myth**.

Campbell's original **Hero's Journey** model consisted of 17 stages. At the risk of oversimplifying Campbell's construct, I offer you, below, a modified version of it -- one that captures the essence of Campbell's wisdom and is much easier to remember -- a kind of GPS for your creative process.

What I like about the **Hero's Journey** model is that it accurately describes the process human beings go through when attempting to create anything truly meaningful to them. In my experience, the creative process is very much a classical hero's journey. The more we understand the nature of that journey, the better our chances of actually embracing, enjoying, and completing it. Are you ready?

1. THE CALL TO JOURNEY: Have you ever felt called -- like the universe itself, was tapping you on the shoulder to get your attention -- that there was something for you to DO that absolutely HAD to be done and that if you DIDN'T do it you would end up feeling like you had chickened out? This calling is always preceded, according to **Campbell**, by some kind of disruption -- the end of the status quo and the recognition, as **Dorothy** in the **Wizard of OZ** so memorably stated that, "Toto, we're not in Kansas any more."

This disruption can take many forms. It can show up as a traumatic event, like a near death experience, the end of a marriage, the loss of a job, your home burning down, or Covid-19. Or, it might show up in a more intoxicating way -- like a dream, epiphany, or visitation from your muse.

Most commonly, human beings resist **The Call to Journey**. Where letting go would, ultimately, be the right move, we hold on. We tighten, clench, dig in our heels, cling to the past and procrastinate.

...continued on page 34...

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FROM THE HEART



Alan Cohen is the author of the bestselling *A Course in Miracles Made Easy* and his newly-released *Soul and Destiny*. Join Alan and musician Karen Drucker for an in-person ACIM-based retreat in California, *Into the Light*, December 6-10, 2021. For info visit www.alancohen.com.

ARE YOU READY TO TAKE OFF YOUR MASK?

As I was checking out of a grocery store, I asked the clerk if she was looking forward to removing her mask when our state releases its mask requirement soon. “I’ve kind of gotten used to it,” she replied. “I might keep wearing it even after I don’t have to.”

Her response reminded me of a poignant scene in the movie *The Princess Bride*. **Inigo Montoya** is a swashbuckling swordsman who has spent his entire adult life seeking to find the man who assassinated his father. Many times each day he practices cornering the killer, pressing his sword against the man’s chest, and telling him, *“My name is Inigo Montoya. You killed my father. Prepare to die.”*

Inigo eventually catches up with the assassin and does him in. As **Inigo** is exiting the castle, his sidekick asks him, *“Now that you have avenged your father’s death, what will you do with your life?”* Inigo stops in his tracks, a blank look washes over his face, and he confesses, *“I have been in the revenge business so long, I don’t know what I would do without it.”*

It is possible to become so steeped in fear, protection, and defense, that when we no longer need to protect ourselves, we may continue to do so out of habit and a sense of safety behind elaborate barricades. This dynamic goes far beyond **Inigo Montoya** and **Covid** masks. It applies to much of our life.

We have all adapted to a threatening world with masks we lay over our natural self. Such guises often take the form of a victim identity. The classic example of a rutted victim is **Miss Havisham** in **Charles Dickens’** classic novel, *Great Expectations*. **Young Pip** goes to visit **Miss Havisham**, a fiftyish woman wearing a tattered yellowed wedding gown. Yet she looks much older, a bony waxwork. On her dining room table sits an expensive china set for a wedding reception, and a cake covered with cobwebs. Many years earlier, **Miss Havisham** was jilted at the altar. She felt so crushed that she became frozen in that moment and found

twisted solace in clinging to her identity as a ditched bride. And so she remained, thirty years later. Like the checkout clerk and **Inigo Montoya**, **Miss Havisham** became so comfortable in her mask that she feared to remove it, and never did.

I will be glad to remove my mask and see the lovely faces of people I interact with. I miss seeing smiles, and I will not miss having to speak twice as loud to be understood. I understand the reason we have worn masks, and now I understand the reason for removing them. When the war is over, we can lay down our arms. After **World War II**, some soldiers holed up in the jungles of **South Pacific** islands did not know the war was over, so they remained in combat mode long after the enemy had disappeared. People who go through traumatic experiences sometimes keep reliving the trauma even when they are safe. Sadly, the **Covid** pandemic has been a rough ride for lots of people. At some point, the ride will be over, and we will be on to the next phase, hopefully gleaned lessons from the experience that will make the next phase better.

Many years ago, a great golden statue of **Buddha** sat outside a temple near **Bangkok, Thailand**. When the monks at the temple learned that an army from a neighboring country was about to invade their town, they feared that the soldiers would pillage the gold so they came up with a scheme to cover the golden **Buddha** with a cement of mud and stones, so the soldiers would not take notice. Sure enough, when the army marched past the temple, they overlooked the **Buddha** entirely. The conquerors occupied the city for many years and later departed. But by that time none of the monks in the monastery or anyone in the vicinity remembered that the **Buddha** was golden. They all thought it was made of stone.

Many years later a new king arose, and he ordered the **Buddha** moved to a new location. In the process, a piece of stone chipped off the **Buddha** and revealed something shiny. A workman looked deeper and saw that it was gold. He ran to his fellows, shouting, *“the Buddha is golden!”* The workers took picks and shovels and released the golden **Buddha** from his cement imprisonment. To this day, you can visit the **Temple of the Golden Buddha in Bangkok**. Many of us have become **Covid** stone Buddhas, disguising our divine nature under a sheath of fear, protectionism, and divisiveness. Meanwhile, lots of people have maintained our **Buddha** nature even while we wear masks. A mask cannot stop your spiritual light from shining. In spite of external events, we remain divine. Now we are ready for the great unveiling—physically by removing masks, spiritually by rising beyond fear. The **Golden Buddha** is ready to once again shine.

"Our ancestors' relationship with money shapes our future on a daily basis.

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I often see clients who cannot attain a certain income because of their belief

"Then it would be an obscene amount of money."

Notice the judgment that locks them into a limited money bandwidth?

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NOTES FROM THE UNIVERSE

International tax accountant turned entrepreneur turned writer for "the Universe" and one of the teachers for The Secret, Mike Dooley runs TUT's

Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit <http://tut.com>

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The Universe



SPIRITUAL GRAFFITI

Jeff Brown is author of Spiritual Graffiti, Ascending with Both Feet on the Ground, Love It Forward, An Uncommon Bond, Apologies to the Divine Feminine From a Warrior in Transition, Karmageddon, an award winning documentary about spirituality and emotional healing. His newest book is Grounded Spirituality. Visit Jeff Brown at www.Soulshaping.com and www.Soulshapinginstitute.com



Healthy boundaries aren't walls or barbed wire fences. They are gates, portals that we selectively open when it is healthy to do so.

Sometimes we have to wall others off- to heal, to get a taste of what it feels like to be protected- but eventually we come into a sacred balance. Here, we make conscious decisions as to when to open, when to close. I think of it as the art of selective attachment.

Rather than responding from a patterned place- too open, or too closed- we look at each situation on its own merits.

We keep the gate closed, when it is unsafe to open it. We unlatch the gate, if there is a healthy basis for connection.

Healthy boundaries are situation specific, evolving and clarifying as we grow.



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Photo by Karin Wolf



Sharron Britton has been a rock collector for as long as she can remember. From picking up shark's teeth and fossils on Venice Beach in Florida where she grew up to honing in on rare mineral treasures at the world's largest rock and mineral show in Tucson, AZ, she has always felt at home working with rocks.

20 years ago she began selling a few pieces from her collection to her friends, and the response was so positive she started her business. Her customers run the gamut from mineral collectors and lapidary enthusiasts to lightworkers and metaphysicians. Sharron believes everyone who loves rocks is a kindred spirit. Visit <http://highspringsemporium.net/> and find us on Facebook

Let's all take a breath and sing a September song. The **Autumnal Equinox** is on the way this



"Stellar Beam" Calcite,
Elmwood Mine, Carthage, TN

month as the days grow shorter and the nights longer until we reach the balance of darkness and light that ushers in the fall.

This year has been filled with rapid changes and challenges, so we are all craving some balance in our lives.

The crystal I want to share with all of you is my favorite ally and guide for finding the Cosmic Balance we need - **Stellar Beam calcite**. I have been using this marvelous stone in my classes and rituals for many years and have always loved its harmonizing effects in the midst of chaos.

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These mines are in the business of producing huge amounts of zinc for the commercial market, so collecting the beautiful crystals is not easy. Many of the finest crystals were smuggled out hidden in a miner's lunchbox from a mile or more below the surface of the earth.

...continued on page 28

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SEPTEMBER SONG

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SOLAR AND LUNAR CELEBRATIONS OF THE ANCESTORS

Debra Strasser is High Priestess at Church of Iron Oak in Palm Bay, FL. She can be reached at scribe@ironoak.org



WELCOME TO SEPTEMBER 2021

September brings us the Autumn Equinox and a flurry of festivals and religious observances around the world. While we worship and celebrate, it also seems we pause to feel the shift of the weather and time. We can reflect on the balance of our life, on a day when the dark and the light are equal.

Even a happy life cannot be without a measure of darkness, and the word happy would lose its meaning if it were not balanced by sadness. It is far better take things as they come along with patience and equanimity. -- Carl Jung

September 4- September 11: Paryushana, Jainism. A period of time to take on vows of study and fasting.

September 6: New Moon in Virgo

September 6 - 8: Rosh Hasanah, Judaism New Year

September 15 - 16: Yom Kippur Day of Atonement, Judaism. A time for personal reflection, reverence and fasting.

September 19 - 21: Moon Festival, China - A Time for family reunions. Ancient Chinese Emperors worshiped the moon in Autumn to thank it for the harvest.

September 20: Full Harvest Moon in Pisces

September 20: Pitru Paksha, Hinduism. Ancestor remembrance.

September 20 - September 26: Buddhism, Japan, a time to pay respects to deceased family members, visit family graves and hold family reunions in honour of those who have passed.

September 22: Autumn Equinox - 3:20 pm EST

September 22: MICHAELMAS DAY is the feast of **Saint Michael the Archangel**, celebrated on the **29th of September**, in the **Roman Catholic Church**. **Michaelmas** was an important observation in the **UK**, beginning in the **Middle Ages**.

It used to be said that harvest had to be completed by **Michaelmas**, almost like the marking of the end of the productive season and the beginning of the new cycle of farming. It was the time at which new servants were hired or land was exchanged and debts were paid.

This is how it came to be for **Michaelmas** to be the time for electing magistrates and also the beginning of legal and university terms.



Aislin Taylor has been interested in things that go bump in the night all her life. She's spent 30 years researching all things paranormal.

Email cronescauldron@yahoo.com



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A Q & A ON
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Was given a rusted coffin nail for a binding spell?

HELLO AISLIN, I am a waitress and I have a co-worker that is just horrible. He thinks he's being funny when makes rude jokes about the women that come into the restaurant. He used to make the same offensive jokes about female staff members but when management caught him and wrote him up he stopped. Management hasn't caught him saying those comments about customers. I'm sick of it, I can't take it anymore. A friend gave me a rusted coffin nail to use for a binding spell but I don't know what to do from here. Can you help? **Disgusted Coworker**

HELLO, I'm happy to help provide direction. Let's start simple, take a piece of paper, write their name three times horizontally, turn the paper 180° then write their name three times again. Do the exact same steps but place your name over theirs. It should look like a tic-toc-toe arrangement.

I like to use oils, herbs and other items I can find around my house in my practice. So I would grab a few items to make a quick potion. I'd grab garlic, cloves and maybe one more thing at the most. Put the garlic

and clove in your mortar and pestle with a little bit of oil, lightly macerate together while chanting something like - I bind _____ from further harming another, I bind _____ from any ill will towards another, I bind _____ from aggressive, inappropriate, hurtful thoughts while at work.

Now take your mixture, and using your hand, yes your hand because this is your spell, your intent, your will, so using your hand rub the mixture on the paper over the names while chanting. Fold that paper up, wind it around the base of the nail again while chanting. Next, take a black string and wrap around the paper, with each circle of string you are chanting and visualizing the black string binding the person.

Take the nail, and with a big ol hammer put it into the ground while chanting. When done, exhale and say, it is done, so be it. Depending on your belief system you may want to say, and let it harm none. I would be comfortable putting that in my backyard but others would be inclined to put the nail in the ground somewhere off their property. Blessings!



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GARDENING THE MEDICINE WAY

SACRED GARDENING



Debra Strasser resides on the Florida coast where she appreciates everything from the tallest trees to the humblest of weeds. She is Head ConjureWoman at Valkyrie Bees and Herbals, has completed Fundamentals of Herbalism with Joanna Helms BA, RH (AHG) and regularly volunteers at the Florida Herbal Conference. Debra is also HPS of Church of Iron Oak and can be reached at scribe@ironoak.org *I like encouraging people to grow things suitable to the Florida climate, to learn about things grown in our neighboring Caribbean and other cultures, to expand their palates and not be afraid of weeds!*

Our gardens can grow many things and for a variety of reasons. We grow food, herbs, trees for shade and flowers for decoration. A garden can also be a place set aside as a sacred or liminal place, for meditation, worship or a place to remember loved ones who have passed. We can create our own sanctuaries, visit a temple or church's garden or find a favorite place at a local park. Even in limited space, potted plants and greenery can help bring you the balance of the Earth you are seeking.

Sacred gardens do not necessarily need to be a place of solitude. An outdoor area to gather with friends, such as a fire pit or patio can bring a sense of connection and a place of sharing.

You don't need a big budget to create a sacred garden. Often, friends will be glad to share cuttings or let you dig up plants they are thinning out or removing. Watch your neighborhood pages on social media, your neighbors will often place 'curb alerts' for plants they have will place by the road, free for the taking.

Don't be afraid to ask a neighbor or friend for seeds from a pretty palm tree, many small ones grow well in pots. If you are not planting in the ground, use some creative time and decorate some plain, inexpensive pots.

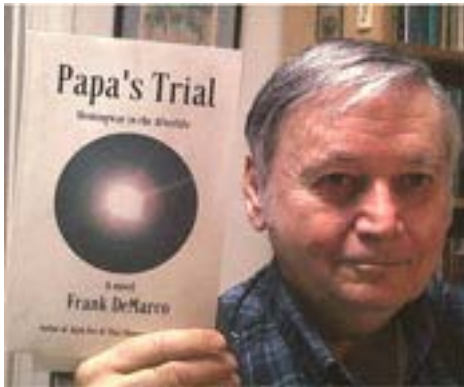
Take time to research native plants and flowers to benefit our pollinators. Many native plant clubs and even local agriculture extension offices will have free wildflower seeds available.

When we are creating a memory garden for a loved one passed, we will often want to plant things that remind us of them, but always check your plants against an invasive species list. These plants have the potential of taking over large areas, affecting native plants and animals and negatively changing local ecosystems.



Create some time and space for yourself, loved ones and Happy Gardening!

FRANK DEMARCO: MY SESSIONS WITH TGU (THE GUYS UPSTAIRS)



THIS MONTH: ON A DREAM, JANE ROBERTS (SETH) AND THE PATH AHEAD

Frank DeMarco, co-founder of Hampton Roads Publishing Company, is the author of four novels (most recently, Papa's Trial: Hemingway in the Afterlife) and 13 non-fiction books including The Cosmic Internet, It's All One World, and Awakening from the 3D World: How We Enter the Next Life. His books are rooted in more than 25 years of psychic exploration. Since 2005, he has been actively engaged in an on-going series of conversations with various non-physical beings, including historical individuals, "past lives," aspects of personal guidance, and a generalized group he calls "the guys upstairs." His blog is www.ofmyownknowledge.com. On Facebook he is Frank.DeMarco.10.

Thursday, April 22, 2021 5:40 a.m.

Malk? Not only do I now know what malk is supposed to mean, now I've lost the dream context. But it was very clearly malk, not mall. And in the dream I was driving very fast - too fast, leaving too little space between myself and others. I cut in to the right, the car ahead of me was too close, was stopping, I cut out to the left, then I was seeing from above my body, and realized I was in a massive car wreck in process. Then I was parked on the left shoulder, and the car was either unharmed or was harmed only slightly, but there had been this massive 70-something-car pileup along six or seven lanes of this freeway. I wish I could remember what "malk" means, or what its context was. A little help, here?

You often describe your life as a train wreck; this is a pileup. You didn't cause the pileup, but you were moving too fast, cutting too close, for safety even in ordinary conditions. The fact that you escaped uninjured and unhurt - if you did - would be inexplicable good fortune.

Oh, I got the sense of being dead and not yet realizing it - the out-of-body perspective, the inexplicable segue from being in the middle lanes while things were piling up to suddenly being at rest on the side of the road. Is that what this was describing? A sudden end? Or driving with insufficient caution? And what is malk and what was the context?

The better the question, the better the answer.
What's wrong with the questions? I am asking, what is the meaning.

There are better questions, such as Why this dream now? Consider it asked that way.

You have been reading about Jane Roberts' final days, skipping ahead to see where she died, and being somewhat disappointed that Rob Butts kept his privacy about her final time and his reaction.

All about death, yes, I see.

An appropriate follow-up question, should you choose to ask it, is, What is Jane Roberts and her experience to me? Why am I drawn to it?

All right. And - ?

Beyond the obvious - her exploration, her long interaction with Seth (and, by the way, her even longer interaction with Rob!) - is this: She was an artistic person interacting with the world, a situation that has its difficulties. You may learn something about yourself as much from the differences between your situations as from the similarities.

Such as.

Well, such as that she chose not to have physical children, concentrating instead on the children of her mind and spirit. Such as that she and Rob worked together, and that her explorations formed a common bond between them, rather than separating her from him. Such as that her work met success and was intended to, even though the extent of that success (1) at first escaped their attention, and then (2) surpassed their expectations and almost their belief. Such as that she moved down a dark path that constricted her, and him, increasingly, until her only way out was to leave the 3D entirely.

...continued on page 35...



ESSENTIALS FOR LIFE

Ma Mokshapriya Shakti is successor to H. H. Ma Yoga Shakti Saraswati, founder of Yogashakti Missions worldwide that teach the essence of yoga, meditation, and spirituality. Mokshapriya is an agent of change who teaches self-empowerment—inspiring people to make big changes through her down-to-earth interpretation of complex philosophy. She inspires and guides at the Yogashakti Ashram in Queens, New York. Her direct, approachable, and incredibly loving nature help her students to illuminate their own personal paths with ease and grace. www.yogashakti.org
Email yogashaktiny@gmail.com

COURAGE

It takes courage to look at ourselves. Courage means taking responsibility for ourselves. It means a willingness to try new things. With courage we have the capacity to face fears and character defects. We begin to accept responsibility and accountability for our actions, rather than blaming parents or society.

Many of us have been told that we are not good enough, or have sinned. Looking into our inner being might be frightening. *When I started meditation practice*, I was afraid of finding the demon within me. So, whenever I got further with my meditation, I sabotaged it due to fear.


This lasted until I learned that within the core of our being resides **the Divine**. In the **Upanishads** they refer to the heart center, where the **Divine** resides, as a lotus. The lotus flower opens when the light shines and closes when the light diminishes. But the stem of the lotus is always rooted and gives energy no matter what the light source.

Similarly, within each of us is the energy of the Divine. Without it we would not be alive. *I like to think of the heart center being a lotus with a pilot light*. We used to have a stove that had a pilot light, it was always on to light the other burners. So, each of us has the light of **the Divine** within us. It does not matter if we are a saint or sinner, that light is always there. *So, we need not fear looking into ourselves. The core of our being is the Divine. We will only find the light of the divine which we have covered with clouds that can be dispersed.*

Just like the sun is always there during the day, but we cannot see it when clouds are in the sky. When we look into ourselves, we do not wish to see the truth. We then compensate by defensive pride, anger, guilt, and shame. **Marianne Williamson** states it perfectly: *“Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us.”* It takes courage.

Courage brings inner confidence and personal power. It is not dependent on an outside force. It is not dependent on others' opinion or approval. To choose integrity and honesty is self-rewarding with an inner freedom. Our inner Self, our Spirit knows the truth. *When we do not acknowledge the truth of our Spirit, we are drawn into the collective consciousness of our society for validation. The quest for validation may take us into concepts and beliefs that are not truth but proselytized by a segment of society. This may lead us into being prejudiced and intolerant* even though the core of our being is always fighting against such beliefs.

...continued to page 31



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THE HERB CORNER

FIBROMYALGIA

...continued from page 10

St. John's Wort, Turmeric, Boswellia and Ginger help to ease pain, reduce inflammation, ease muscle aches and support the digestive.

Passion Flower, Valerian and Chamomile help to reduce anxiety that goes along with the constant pain. They can also help with sleep and depression.

Turmeric, Dandelion Licorice or Wild Yam support the liver and aid digestion in the proper assimilation of nutrients and with detoxifying the body. These along with Spirulina, Kelp, Cilantro and Bentonite Clay will help to reduce heavy metal toxicity associated with the possible cause of fibromyalgia.

St. John's Wort, Pau d' Arco, Garlic, Oregon Grape Root and Astragalus will help to support the immune system. These herbs have a greater effect on fighting viruses if there is a viral link to your fibromyalgia.

Eluthero, Rhodiola, Ashwaganda, and Astragalus support the adrenal glands. Because stress, lack of sleep, constant pain, insufficient absorption of nutrients, depression, poor bowel function and weight gain can all weaken the adrenal glands.

One of the nicest things you can do for your body if you have fibromyalgia is to provide it with nutrient rich herbs like Burdock, Dandelion, Red Clover, Nettles, Oat Straw or Slippery Elm these will help with both the symptoms and the possible causes.

Don't forget lifestyle modifications. Relaxation and meditation will help reduce stress and pain. Mild exercise can help ease muscle tension. Or a massage using a combination of essential oils like Rosemary, Camphor, Peppermint, Lavender and Wintergreen can be both relaxing and beneficial.

CRYSTALS, ROCKS

STELLAR BEAM CALCITE



Sharron Britton

...continued from page 19

When people ask me what is my favorite crystal, Stellar Beams are at the top of my list. The beautiful golden color resonates with the hues of early autumn and opens the doorway to respite from the chaos and strife that comes when things are wildly out of balance in our world.

Katarina Raphael, who is one of the people responsible for bringing crystal healing modalities into our modern world, states that these crystals bring everything into balance - the chakras; mind, body and soul; auric and etheric light bodies and our personal aspects of darkness and light.

Placing a Stellar Beam on the body during a crystal balancing treatment can bring someone's entire being into perfect alignment, allowing the crystal worker to access deeper issues without difficulty or resistance.

Meditating while gazing into a Stellar Beam allows us to reach our still point within where everything around us falls easily into perspective. This is very helpful during times of great change amidst chaos. I have found that the best way to thrive during a hurricane is to rest in the eye, and there is no better crystal than a Stellar Beam to help keep us there.

The Stellar Beam crystals from the Elmwood mine are sometimes associated with purple fluorite, sphalerite creamy balls of barite. All of these combinations are aesthetically pleasing and energetically powerful. The fluorite clears the mind and promotes true focus. Sphalerite is known as the stone of discernment -- it helps us sort through the vast amount of information pouring out into the world and separate the wheat from the chaff to choose what will serve us best. Barite leads us to a better understanding of our karmic path and helps us move through our discomfort into a greater awareness. When you have the opportunity to get a Stellar Beam, you will know which one is right. These are one of the crystals that chooses you.



Jim Egan

RECOGNIZE MAGICAL BEINGS

...continued from page 11

The most powerful of **Wizards** channel the **Creator** selflessly, without prejudice or personal bias. When a **Wizard** learns to drop their personal view of the world, they can channel the power and wisdom of the **Creator** Herself, unfiltered, and literally nothing is impossible for them to achieve.

Wizards often give the impression that they are peering off into infinity or right into your soul, which often they are. The distractions of the mortal world may hold little appeal to them, seeing the petty plots of humans as just ripples on the water.

It is the deep flow of the **Creator's** current that they must attend to, peering into the mist to see what the **Spirit that Moves In All Things** is up to at that moment.

If you suspect you have a **Wizard** in your world then you must be of great importance to the **Creator**. **Wizards** are quite rare and powerful, they are not assigned to interact with mortals randomly.

And the attentions of a **Wizard** can be quite confusing, one minute they might bend heaven and earth to save you from disaster and the next just laugh as you describe your small tales of woe.

One thing is certain, always mark well the words of **Wizards** for their meaning is always three-fold and often the full impact of their words await the right moment in the future when you suddenly remember them and see them in a whole new light.

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TGU (THE GUYS UPSTAIRS) ON A DREAM, JANE ROBERTS (SETH) AND THE PATH AHEAD



Frank DeMarco

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Such as that she didn't even have to give thought to who would carry on her work and give it a firm foothold in the world, because they both knew that Rob would continue to be her rock after her life as he had been during it.

Yes, that's interesting, and does throw light on my life by reflection. But I'm pretty sure there is something to be learned from that dream that we haven't gotten to. Given that I don't know the proper question to phrase, I fall back on "what would I ask if I had enough sense to know what to ask."

A part of your mind is asking: Am I nearly out of time? Am I driving too fast, too recklessly? Is a huge pileup about to happen?

And of course a better question is, What should I be doing right now? What should I be aware of, conscious of, oriented to, right now?

A better question any time, yes. If you are about to be involved in a major car wreck not of your own making, slowing down and driving carefully won't necessarily save you from it, but it certainly won't make anything any worse. In other words, it is the safe thing. It is, to coin a phrase, "Common sense," regardless how uncommon in practice. But maybe you would be better if you weren't on that road at all.

Competition? I suddenly get the racing down the road, cutting in and out of lanes, as a metaphor for competition. But is that it?

You do remember? (We smile, as obviously at the moment you do not. At the moment you are forgetting): Symbols never have any one meaning. They are always seed-pods, packed with more than any one potential. What you can find is well and good; there will always be more to be found.

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Esther Hicks

ABRAHAM HICKS

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Every time you spend money for anything, appreciate the fact that you had it to spend. Even if you think you're spending it unwisely, even if you shouldn't be spending it for this and should be saving it for something else, even if, when you spend it, it will deplete your checking account to a place that is uncomfortably low, even under those conditions – appreciate the fact that you had it to spend. "I am so happy to spend this money."

Now, let's talk about that subject of "tithing" for just a moment. A lot of people ask about tithing, because they have been told that there is benefit in it. And they're usually told that by those who will receive the benefit from their tithing. In other words, "tithing is a good thing, give your money to me and your life will be better," is the general picture of tithing.

The reason that tithing is beneficial is because, if you feel abundant enough that you have excess that you don't have to have — the excess is a vibration of Well-being. In other words, "I've not only got enough money for what I need, I have extra money," and so, it's that vibration of Well-being that allows more dollars to flow.

So we encourage that you "tithe" your clothing account, that you "tithe" your vacation account, that you "tithe" your eating-at-a-special-restaurant account. In other words, ***you don't have to tithe a church or a guru. Tithe yourself, but get into the attitude of excess.*** In other words, "not only can I meet my basic requirements, but I have excess that I can do other things with," because it's that vibration of abundance, that vibration of excess.

So, something that you can do that gets you in that flow, right away, is looking around at your personal possessions and noticing how many things you have that cost money. I've got... add up how much your stuff is really worth. In other words, I spent money on... add up how many meals you've eaten, how much money you've blown on food that you no longer have to call assets. You see what we're getting at?

As you start thinking in terms of all of the money that's passed through your hands you get a sense of the abundance of dollars, in and out, in and out, in and out, in

and out. ***Now, what makes many of you feel lackful of money is that you don't have a big pile of it sitting around somewhere. And we say, no problem.*** You don't have a big pile of air sitting around, either. You don't have a big pile of Energy sitting around.

It's not what it's for. It's the utilization of it that is the power of it; in and out, in and out, in and out, in and out. So rather than feeling lackful because there isn't excess money or extra money, just enjoy the money that is there; in and out, in and out, in and out and you get this sense of "the money is just like the Energy," it is just like the oxygen, it is always there.

There is as much there as is ever needed – and you can start identifying what you will do with it: "If I had an extra \$100, I would do that." Now, a process that we have seen work, incredibly well, is to put an extra \$100 in your pocket. Find it from somewhere, carry it in your pocket and note how many things that please you you could do with it if you really wanted to.

Somebody said, "Abraham, you obviously haven't been around lately, because \$100 won't go very far." And we say, if you spend it 1,000 times today, mentally, that's \$100,000 that you have projected. In other words, "I would buy that, I could buy that; We could eat there; We could do this; We could stay there; It is a down payment on this." You see what we're getting at?

And as you mentally project that...And something about actually having it, makes it feel real. It's not a fantasy anymore. In other words, "I've got it." You can even take it out and look at it. You could see something in a window and say, ***"You know, if I really wanted that, if I wanted that more than the feeling of Well-being that this \$100 offers me, I could just exchange it right now."*** But if you keep the \$100 in your pocket and mentally spend it again and again and again and again, what happens is, that vortex opens.

In other words, as you mentally expend it, you mentally bring it in, as you mentally expend it, you mentally bring it in, as you mentally expend it, you mentally bring it in until soon it is physically coming to you. Soon it is physically coming in and physically going out, physically coming in and physically going out – but you have to start with the mental projection of it first.

And then, before you know it, you have more money than you know what to do with. Truly, we're not kidding you. It becomes, then, a new process of determining what you're going to do with it. In other words, managing your money, letting it flow, having the fun of it, taking it to the bank, you see. You'll see.



ASK MICHELLE WHITEDOVE

...continued from page 14...

Or fly! Your soul was out of body on a journey. You became aware of this, or consciously awake with the sound and your soul came crashing back in a hurry and jolted you awake.

I always advise my students; when this happens try to lay there for a few minutes and remember where you were, then journal it. The experiences we have on the other side are often vivid journeys - just like your exciting adventure of the soul. Wishing you many more happy travels!

DEAR WHITEDOVE,

I'm trying to detach from the craziness and drama that surrounds my family and a friend. I really just want time and space to do my own thing. I'm just letting go and pulling away from everyone and trying to let them be responsible for their circumstances. We as mothers and nurturers carry so much guilt about helping family so I'm asking you: is this the right thing to do?

DEAREST,

There is a big difference between Detachment vs. Non-Attachment. Detaching from everyone that you love can be emotionally dangerous. This type of withdraw or total detachment from the world can create depression and lead to a downward spiral.

The art of letting go is really about non-attachment; you are present although not attached to the outcomes. The negative aspects surrounding your family and friends may remain unchanged. Although you can choose to experience peaceful non attachment and no longer have a personal relationship with the drama. Love them and guide them but give yourself the freedom of non- attachment by way of non-judgment. It's not your job to hold on to the root of their emotional unhappiness.



Mokshapriya Shakti

ESSENTIALS OF LIFE

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Therefore, we look towards our society, friends and family with similar beliefs to validate us. To break free from a social untruth requires extreme courage and one may find the consequences too distressing. But if we do not follow the truth, there is

always a nagging of discomfort within us. This discomfort leads to things that jar our health and wellbeing, like pride, anger, greed, stress, guilt, shame, rage, depression etc. We also need courage to challenge our fears, our self-doubts, and the fear of failure.

Courage does not mean absence of fear, but the willingness to confront it. Once accomplished, we gain hidden strengths and fortitude. Strong intention coupled with determination can bring wonderful success. But most importantly it increases self-esteem and confidence.

Once we gain a little courage, then we are capable of reflection concerning the inner workings of our consciousness. *Self-inquiry requires strength to look at our limitations and accept them without judgment. This will begin to give us inner power to strive for honesty and integrity and leads to discernment between truth and illusion.* Inner confidence brings new power to achieve what we set out to do.

It takes courage to accept that we need Spirit for our strength. **Bill Wilson** and **Bob Smith** realized that they could not conquer alcoholism by themselves: "surrendering to a higher power" was required. Their 12-step program is very successful in not only treating alcoholics, but also other addictions. We need to accept that without **Spirit** we are powerless.

When we surrender the ego and ask for **Divine Grace**, we begin to embrace our inner power. Our life's purpose comes into view. *The alignment with integrity through Grace brings acceptance of character defects.* They are seen as challenges for self-improvement rather than excuses, blame or resentment. A realistic look at limitations will develop into tolerance.

Courage then is the willful act of deciding to live with inner honesty and integrity no matter what the obstacles are.



Betsy Chasse

TIPPING SACRED COWS

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“So now what are we going to do?” my freaked-out, inner monologue squeaked. And I said, “Fuck if I know!” ***What the bleep did I know?***

Up until this moment, I had believed the story I was living; I had based myself, my identity, on being the expert, the mom, the wife, and the cat and dog owner. I had based myself on a story I told myself. I built my life around a belief that I had to be perfect, that no one could ever know the doubt and pain I felt inside me.

My career was built upon being in the know—if anyone saw that I didn’t know, I would be left with nothing, sort of like how I felt at that very moment. I had told myself that I should be happy at all costs, that I was seeking enlightenment, that screaming positive affirmations at the top of my lungs would eventually drown out the negative ones I whispered.

I told myself that eventually that thing called the **Law of Attraction** would kick in, that I could indeed manifest all the gold I could imagine if only I meditated long enough, even if I never actually believed I deserved it. That didn’t matter. Just be it, and it will be—right?

I would fake it until I made it. It was all a lie; I was the fool, fooling me. At that moment I could not identify the person at the core of all of those labels. My story was myth, something to give me cognitive comfort in the dark night of my soul, or rather, in my case, in the cold light of day.

I have to say, even in retrospect I have no idea how long this little life disemboweling took. I did at some point realize that I needed to start fresh, from the ground up.

Yeah, that’s easy to say, but after you’ve read all the perky platitudes on **Facebook**, how do you actually create a new life when you don’t know who you’re creating it for? And how do you create this “new” life if you don’t know how you created the life you’re already living?

Still lying in my bed, staring up at the ceiling, I started playing through, like a montage cliché, the movie of my life: every piece, every story, every truth, every belief from my faith to my lack thereof, everything I thought

I knew. And one by one I dismantled all of it, leaving no room to justify my story, to placate it, or to appease it with the logic and illusion my sacred cows had previously so easily provided for me.

One by one I ticked the pieces off: marriage—lie; wealth—lie; spiritual know-it-all—big, fat lie. I checked them off until I could no longer hide behind the false reality I knew I had tried my hardest to make real. I confirmed that none of it was real, none of it was true, and that I was, in fact, an imposter in my own life. It was somewhat nauseating, this self-evisceration.

The mosaic of images that swirl before you during this self-examination, the moments from your past that flash before your eyes when you are peeling yourself back, are not the ones you want to remember. They’re not the birthdays that made you laugh until you cried and the first kisses that made you touch your lips with your fingertips after they were done.

No, instead they are the moments like when you lied to your best friend about kissing her boyfriend and when you first realized you could only fly in your dreams.

You see the moment when your favorite stuffed animal remains silent instead of speaking to you when you cry into it at night. You see the moments filling you up with your life’s heartbreak.

You see the things that made you lose your belief in magic and wild possibility and the things that made you exchange wonder and awe for fear of failure and the loss of your own love of self.

I saw all of this, all right there in front of me, in wonderful Technicolor on my ceiling. Plus a single statement in easy-to-understand words, flashing bright and glittery: **YOU DID THIS TO YOURSELF.**

That was a truth I wasn’t sure I wanted to face. And let’s be honest—who would? I was scared shitless.

In my Technicolor autobiography on the ceiling, I found that I had chosen the easiest path in my life. It wasn’t a path that was filled with truth, and deep inside, I knew it. I had taken the story that was offered by the world at large, the one that took the least effort on my part, and ran with it, even when it hurt.

I have to say, I was an excellent runner. I even had a baton to pass along—my story of least resistance and even less internal work—and somewhere along the way, I decided I should collect lots of even less-stellar batons. Here, quick, take it: “*You’re too damaged to be worth anything to anyone.*” Here, quick, take it: “*You’re short and will never be pretty.*”

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Betsy Chasse

TIPPING SACRED COWS

...continued from page 32

Here, quick, take it: “You aren’t smart enough for college, and you don’t have the money.” Here, quick, take it: “Just think happy thoughts and everything will be okay.” Quick, run: “Make a movie about quantum physics and finally you will have the answers you seek.”

All the while, I was grabbing a baton and running, grabbing and running, grabbing and running, until I couldn’t hold any more batons and my legs burned and my feet had blisters and I couldn’t breathe. I was desperate to grab on to that one baton that would deliver me to some kind of bliss, to enlightenment, to ubiquitous, amorphous happiness.

And while I was grabbing all of those batons, I was also busy passing out the ones I had constructed out of all the rest. All of my friends, my family, my kids, my dog, and even the damn cats, they took those DIY batons because that was all I handed them.

As I lay there buried under the batons I had grabbed, I began to realize that this life wasn’t creating itself. There was an artist, a painter, a hand of God, if you will, up there somewhere, putting the pieces together. I saw my own hand reaching toward my pieces of glass, and I understood. There was a bit of wisdom to be found among my cows: it was up to me to create myself.

The clichés are true. With every yin there is a yang, with every down an up, and the upside to this aha! moment—this Epiphany—was that I had a choice whether to believe the story or create a new one.

So often, we glom onto that new thing, that new book, that new technique, only to have our shelves become so cluttered with pretty glass cows that we lose sight of the blueprints, the unadorned cows underneath. We lose the ability to see their true beauty, their true meaning, and most important, their meaning to us. It was time to drop some batons. It was time to tip some sacred cows and chip off the bling.

I started with my own beliefs about myself, about what I thought I knew about what it meant to live a meaningful, spiritual life. It was time to figure out what being spiritual even meant, what any of it meant, and how I could finally find peace with it within myself.

I may have spent as many years on this journey as you have, or perhaps fewer. I had a lot of data, yet I hadn’t really done the work to actually incorporate my knowledge about the stuff that fills us up and gives meaning to our lives, all of the things that I had researched and explored.

I started to, but then got caught up in the pageantry, the illusion that a little bit of knowledge can cause you to build, and I left those cows on my shelf of intellectual pursuit. Yet I truly thought I had integrated everything. I guess that is part of the journey. I had peeled away layers of the onion of how we find meaning. But the work and application—that’s the trick, isn’t it?

Back in the day, in the early stages of my “awakening” when I first began to dig, little bits of myself were being revealed that I didn’t like. Instead of digging further, I stopped because I was truly afraid of what I might find down there and afraid of what others might think of me if I wasn’t perfect, if I didn’t already know it all.

The morning of The Epiphany was the beginning of the next part of my journey. It began as I picked up one sacred cow of my past and really examined it from every angle, not just what was on top, but in those dips and curves that are usually hidden and always filled with hard-to-shake-up dust. I couldn’t start the journey forward until I had cleaned up the mess I’d left behind, at least for myself.

There is no going back and undoing, and I realized I didn’t want to. I just wanted the freedom to leave it behind if I needed to, or take it with me, cleaned up and ready for use. It didn’t have to be perfect, just workable. When you decide to hit the reset button in life, you can’t always just hop on a plane and disappear off into the sunset. There is a reality you have created, and for me it was filled with a husband, children, cats, a dog, a career, a house, and shoes.

The greatest gift I have been given during this process is the freedom to break free of the old paradigm, the old patterns of myself, and to gleefully romp through my fields of cows and tip them at will. I know that when I do, I am experiencing a whole new reality (the one where I keep the kids, the cats, and the dog, but not the husband).

MORE next month.

Can't wait? Get a FREE Digital copy NOW of *Tipping Sacred Cows* by joining Betsy at www.betsychasse.net



Mitch Ditkoff

THE YEAR OF LIVING CREATIVELY

...continued from page 15

If YOU are on the cusp of an inspiring, new project it is highly likely that you are feeling called -- that something deep within you has gotten your attention and you are now at the intersection of "Life As I Know It" and "I Have Absolutely No Clue." Welcome to the fun house. Let the games begin!

2. THE PREPARATION: In order to transform nothing into something, you will need to prepare for the transformation. There is no way around it. Farmers do this every season. Committed to having a harvest, they roll up their sleeves, plough their fields, fertilize the soil, and do whatever is needed to help nature take her course. You, too, will need to roll up your sleeves. You, too, will need to prepare for your creative journey. What, specifically, this preparation looks like is completely up to you.

3. THE ENCOUNTER: Every aspiring creator eventually runs into obstacles. Every fairy tale has its Big Bad Wolf. Luke Skywalker had Darth Vader. Cinderella had evil stepsisters. And Jesus had Judas. That's just the way it is. Or as the Buddhists like to say, "No mud, no lotus."

The obstacle is not the problem. The problem is how you relate to the obstacle. Do you freeze, procrastinate, stick your head in the sand, and eat another quart of ice cream -- or do you summon your courage and proceed?

The good news? In the Hero's Journey, allies and mentors show up all along the way to offer their help, bearing all kinds of gifts -- winged sandals, mirrored shields, magic beans, and maybe a foot massage.

4. THE HOMECOMING: All major rites of passage have some kind of honeymoon period associated with them -- the intoxication phase when everything is new and our lives are animated by the energy of anything is possible. That's a good thing. It keeps us in the game and provides the fuel we need to keep on trucking.

Eventually, however, this phase comes to an end. The buzz wears off. Holy Grail having been discovered, head of the Minotaur having been decapitated, we need to integrate what we've learned. We need to sustain the effort on a daily basis -- the "chopping wood and carrying water" phase of life when we practice what we've preached (or what's been preached to us).

In **Joseph Campbell's** taxonomy of life, this is known as **The Homecoming** -- the part of the process when the hero, after all kinds of adventures, gets the chance to LIVE their wisdom. The mountain has been climbed. Now it's time to do the laundry with the same consciousness that received the **Ten Commandments** the week before.

5. THE TELLING OF THE TALE: Storytelling is our species' most powerful way of sharing what it knows -- a form of communication that has been going on forever. Indeed, neuroscientists tell us that human beings are hard-wired for storytelling. It's what we do and how we do it -- translating our life experiences into a form that not only attracts attention, but delivers our message in the most memorable way possible -- the message of what we've learned... and what we know... and what will be useful for other people to consider as they continue on their journey -- or, perhaps, return from one.

THE TELLING OF THE TALE IS THE FINAL STAGE OF THE HERO'S JOURNEY and, for those of us attempting to unleash our creativity -- a way to clarify our wisdom and be of service to others at the same time. YOU, as someone on the journey will not only be on the receiving end of many tales, you will also be the teller of tales -- the deep expression of what you've learned along the way. Your insights. Your moments of truth. And, ultimately, your wisdom. And all in service to the greater good.

If you are on the cusp of creating something wonderful and realize you can use some help along the way, you might be interested in enrolling in The Year of Living Creatively, a two-month, online course I have decided for anyone attempting the seemingly impossible.

"A hero is someone who has given his or her life to something bigger than oneself."

PS: Scholarships available. If you would like more information about the course, feel free to email me: mitch@ideachampions.com

TGU (THE GUYS UPSTAIRS) ON A DREAM, JANE ROBERTS (SETH) AND THE PATH AHEAD



Frank DeMarco

...continued from page 23

Seems to me you are being unnecessarily (and irritatingly) cryptic. Both, then? Impending pile-up and a description of competition?

It is - or could be taken to be - a description of competition as experienced by you. Certainly not by a John F. Kennedy or a Hemingway, or by any who thrive and derive energy from competition. Your attitude

Is more like Jane Roberts had! I get that.

It is a different path entirely, you see, calling for different skills and different attitudes, leading to different results.

But I had the sense that the pileup wasn't my fault, even though I wasn't helping matters by my aggressive driving. It had started far in front of me.

Not a question of fault but of consequences. Is the middle of a pileup where you want to be?

So stay off the superhighway.

Or if you find yourself there, at least drive very differently, leaving yourself reaction time, and room to bail out of an emerging situation.

Now, are we talking about a social situation - a massive currency inflation, say, or a civil uprising, or something? A war, even?

Let us put it this way, and we ask that you and any who read this slow down and hear this carefully.

Recalibrate. Okay.

What you call "hard times" continue to concatenate. Things don't get easier, as you don't go backwards in your ability to cope with them; they get harder, as you move through what must be experienced for you to arrive beyond them. Please re-read that sentence carefully, allowing yourselves to reflect what it may possibly refer to.

"Hard times" manifest in various ways to various people, depending upon who and what they are. Remember, the "external" world will give you what you are, because that is what will resonate in your life. What may be a problem to someone else may be seemingly nonexistent to you, because you have no need for it, no need to grapple with that particular aspect of life. But what may be nonexistent (functionally) to others may be a big thing to you, because it represents something you do need to grapple with.

But the common thread is that "hard times" can't be avoided, even though they come in seemingly different forms.

They can't be avoided, and - this may be a new thought - they shouldn't be avoided; in fact, you shouldn't want to avoid them, but should welcome them as you welcome any new day. Like the rest of your life, they do not arrive "at random."

Final thoughts I should consider about my dream?

You wanted to know what the dream is telling you. It says, "Stay awake! Stay aware!" And it says, by implication, "If you don't want to be in the middle of a huge pileup, don't get on that road, or, if you have to be on it, drive conservatively and hope for the best.

Which we do by staying awake.

No, there's a nuance you aren't getting. Given certain circumstances, you pass a point of no return.

Ah! That's Jane Roberts' situation! Somehow she went too far into illness, and the only way out was through it, into non-3D.

That sentence contains many wrong assumptions and errors of interpretation, but you do have the nub of it: You can wind up with no way out. This is not necessarily a good thing or a bad thing. But you see, here is another connection to you reading about Jane Roberts and your having a dream that at first seems entirely unconnected to her.

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ARIES – (March 19 – April 18)

ARIES: MOOD FOR SEPTEMBER 2021

You are in great shape, perhaps a little agitated. All month long, successive influences push you to reach out to others, collaborate, exchange, and love... Your moods are changeable but somewhat balanced, and you can nurture interesting, enriching, or profitable communication with your loved ones. You consolidate your achievements, settle down in a particular material or moral ease, leave room for others, and enrich your relationships by stronger or more numerous bonds. This is an excellent month to meet new people and charm some of them.

ARIES: LOVE FOR SEPTEMBER 2021

Venus and Mars follow one another during the month to endow you with powerful feelings, stunning charm, and luck in love until the 10th. You also have an incredible sensuality and goodwill from the 15th. All this is under the guidance of Jupiter and Saturn. They protect your emotional assets and allow you to blossom into powerful and lasting relationships. Some concessions will be necessary. You will have to control your greed, but you have all the assets to launch or maintain a beautiful love story.

ARIES: MONEY FOR SEPTEMBER 2021

Your beautiful planetary dispositions put you in a good mood and make you optimistic. Be careful with impulsive spending or investments. Even if the sky is right for you, it won't be enough to keep you out of trouble if you throw money away. You have a tendency to shower your loved ones with gifts or treat yourself to whatever you want without thinking it through. You want to enjoy the good things in life, but you're getting a little greedy, so be careful!

ARIES: WORK FOR SEPTEMBER 2021

You have no problem getting your ideas or demands across clearly and forcefully. Your charm works, and people listen to you willingly. However, prepare your speeches by putting a figure on your expectations. If



you are not voluntarily listened to, people may back away from your claims. It is better to ask for something reasonable and get it than to demand the impossible and find yourself frustrated. Your ardor and your eloquence are supported by a vital force that pushes you on the road to success. Know how to savor the steps of your ascension without trying to go faster than the events.

ARIES: LEISURE FOR SEPTEMBER 2021

You have a lot of energy to channel into family, friends, and group activities. This is an excellent month to get back into sports. Set up a back-to-school schedule with bike rides, friendly matches, hikes, and regular activities. If you feel more stressed, you can turn to yoga or meditation. Avoid screens: smartphone, tablet, TV. Prefer board games with friends or family, they bring people together instead of separating them. They generate a lot of good humor and friendliness and will relax you as much as a long walk.

TAURUS – (April 19 – May 19)

TAURUS: MOOD FOR SEPTEMBER 2021

You feel good about yourself, smiling, and are positively occupied with concrete and constructive activities. However, Jupiter gives you excessive desires that Saturn is quick to stifle. You often swing between ardor and discouragement, optimism and frustration, not to mention, for some, sudden changes that are difficult to manage serenely. In short, you are a bit shaken up by various planetary influences. Still, your charm and courage win the day and allow you to remain rather zen throughout this month of autumn. You are often forced to step out of your comfort zone. But even if this upsets your routine, it is all to your advantage.

TAURUS: LOVE FOR SEPTEMBER 2021



Your social and professional life takes up a lot of your time and energy. Still, you find a second wind in love from the 10th when Venus comes to occupy your complementary sign and helps you to open your arms to the other. Venus makes you charming and very sensual. You take advantage of this to conquer a coveted person or to strengthen the bonds in your relationship. It's a month of return filled with good dispositions. With Mars in Virgo, opposite Neptune, you are intuitive and lucid in your exchanges. In your actions, you could build a fantastic framework for your emotional life this month!

TAURUS: MONEY FOR SEPTEMBER 2021

In September, your financial situation depends on the relationships you have with others. You will have to please your superiors. Show your collaborators that you fully assume your responsibilities and show potential investors that your projects are structured and solid. In any case, you should only launch large expenditures or significant investments with caution. From the 10th onwards, income from your associations is most likely to take off. Your charm and strength of conviction are present throughout the month, and your energy supports you in your endeavors.

TAURUS: WORK FOR SEPTEMBER 2021

You are taking on heavy tasks or facing many responsibilities. Still, you are not alone, and you feel supported by your superiors, colleagues, or associates. However, you need to be patient and cautious, as there are many obstacles to your initiatives. You may see too big or overestimate your means (physical, financial). You show yourself sometimes too authoritarian or stubborn. Beware also of your greed which can push you towards excess. Uranus gives you the desire to distinguish yourself, to stand out from the crowd, expose your ideas to attentive interlocutors, supportive colleagues, or to a hierarchy charmed by your originality.

TAURUS: LEISURE FOR SEPTEMBER 2021

Mars will give you a lot of physical energy until the 15th, which you should maintain for as long as possible at the end of the summer. This is an excellent time to practice regular physical activity, decide to eat healthier, and avoid excesses. You have a great desire to get closer to people and to communicate with everyone. Family walks, board games, team sports, outings with friends are the activities that suit you best during this month of back to school.

GEMINI – (May 20 – June 19)

GEMINI: MOOD FOR SEPTEMBER 2021

Your relationships with others are good, marked by friendship, but communication is slow. Delays, breakdowns, misunderstandings make you bristle and darken your moods at times. Your caustic spirit then takes over, and you must be wary of the jabs you throw, which could earn you lasting enmities. Instead, use your eloquence to expose your plans, find support, or set out to win over an attractive person. Suppose you use your critical mind positively by analyzing situations lucidly rather than making fun of others. In that case, you will make supporters rather than enemies.

GEMINI: LOVE FOR SEPTEMBER 2021

Mercury and Venus in trine during the first two weeks of the month will guarantee you good popularity due to your good mood, sense of communication, and light and naughty sensuality. The sky exalts your desire to be helpful and to take care of everyone's well-being. Still, you also relay your personal ambitions, and your desire to elevate yourself sometimes prevails over your desire to seduce. Your initiatives are not always clearly perceived by your family. Avoid emotional manipulation and express your feelings honestly. Don't be too demanding in your expectations: let the other person have the right to make mistakes or simply to feel differently.

GEMINI: MONEY FOR SEPTEMBER 2021

Until the 10th, your associations and collaborations are profitable. You share your vision of the future without any problem, and you do not lack support for your projects. However, your means remain limited: you must preserve your assets, limit your expenses and invest prudently. At the beginning of the month, you may be tempted to spend a lot of money to please or offer yourself a beautiful object, a luxury product. Keep this tendency in check and think about putting aside a few pennies for a rainy day instead. On the whole, you are not risking much in September: your sky is protective as long as you stay reasonable.

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GEMINI: WORK FOR SEPTEMBER 2021

From September 15th onwards, Mars reinforces your confidence and your ability to ensure quality work up to your personal expectations and those of your hierarchy. Your thoroughness and dedication are appreciated. From the 22nd, the Sun exalts your desire to be valuable and profitable. Venus frees your imagination, and you find it easier to express your talents until the 10th. Jupiter encourages you and participates in your social development. At the same time, Saturn curbs your spontaneous impulses and gently guides you towards maturity. Your convincing arguments are likely to favor your advancement. Still, with the retrograde of Mercury, negotiations will get bogged down a bit from the 29th. They will only really resume from October 18th.

GEMINI: LEISURE FOR SEPTEMBER 2021

Your creativity is exalted, and this is an excellent time to engage in an artistic activity that should give you great satisfaction and perhaps increase your popularity. Mars encourages you to exercise physically to eliminate the nervous tension that builds up and sometimes leaves you overwhelmed by your unconscious emotions. As a family, plan activities with your loved ones without making it a competition: a bike ride, a treasure hunt, playful activities with the children will distract and relax you.

CANCER – (June 20 – July 21)

CANCER: MOOD FOR SEPTEMBER 2021

With Mercury in square plus retrograde, exchanges are not always easy, communication is slowed down, travel too, and these constraints, limits, or delays weigh on your morale. You can go from unbridled enthusiasm to pessimism at the drop of a hat because of a single glance or word. You need to be aware of your emotional fragility in your relationships with others and not take everything you are told at face value. Instead, use your undeniable charm to seduce everyone with your smile and sobriety. Your very perceptible sensuality can make for some excellent moments.

CANCER: LOVE FOR SEPTEMBER 2021

Venus keeps peace in the household, eventually restoring harmony. Above all, it exalts your power of seduction and facilitates conquests, favors encounters, and induces romantic flights of fancy. However, Saturn will slightly hinder these excellent dispositions, and your spontaneity will be curbed, your thirst for life's pleasures will be slowed down. In your family, unspoken words pollute the atmosphere, and you should consider changes that could improve your daily life. Don't communicate vaguely if you want people to listen to you. September remains an ideal time to develop your relationship or to fall in love.

CANCER: MONEY FOR SEPTEMBER 2021

You will be very popular with your family if you make successful financial deals (a bonus or return on investment) and share them with your loved ones. But avoid spending too much. Simply continue to defend family interests and values. You can count on hidden income (income, inheritance) to improve the atmosphere in the family. Your ideas are bold, and you can invest in solid projects like real estate or home improvement. Don't waste your money on impulsive and futile purchases.

CANCER: WORK FOR SEPTEMBER 2021

Saturn is forcing you to break with an outdated way of doing things. You manage the situation without destabilizing yourself too much. Your creativity pushes you to expose your talents, but don't overdo it so that people don't distrust you. You are convincing, even offensive, and you easily make an impression. You can successfully present your audacious projects thanks to your eloquence and your devastating charm. Jupiter multiplies the opportunities for creative changes, but clarify your goals to avoid making mistakes or arousing the distrust of your hierarchy. Your arguments express your potential, and you carry your ambitions high with the approval of your hierarchy. Simply, do not be too greedy and demanding.

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CANCER: LEISURE FOR SEPTEMBER 2021

Genealogy is an excellent hobby for you: try it, and you will be delighted to reconstruct your family history. Back to school is an ideal time to sign up for a class. Whether it's cooking, knitting, yoga, or video editing, regular activity will go a long way in reducing tension and taking your mind off things. In fact, you may discover an unexpected passion for fun or sports that you may never have heard of before. Don't give in to the laziness that only undermines your self-confidence. Exercise in good company and maintain your relationships.

LEO – (July 22 – August 21)

LEO: MOOD FOR SEPTEMBER 2021

You are still under the combined pressure of Jupiter and Saturn in September, who are bringing contradictory and therefore tiring influences to bear on you. Jupiter encourages you to show off, sometimes excessively, and Saturn blocks you, slows you down. You navigate between ardor and pessimism, pride and discouragement, and your moods are as changeable as your feelings. Fortunately, Venus until the 10th and Mars from the 15th onwards will help to nuance this trying atmosphere. At the beginning of the month, Venus will guarantee you good relationships with others, whether about feelings, work, or friendship. Mars will reinforce your ability to expose your talents and share them, which will cheer you up.

LEO: LOVE FOR SEPTEMBER 2021

Saturn dominates your exchanges and invites you to make a commitment or to break up after careful examination of your emotional situation. Count on Venus to ease any tensions, even if differences of opinion drive you away from your partner. At the end of the month, you can re-establish communication between you and those close to you, even if your personal affairs preoccupy and mobilize you. You must remain attentive to the needs of those around you to receive the emotional

support you so badly need. But don't use your charm to manage a complex situation. Instead, rely on your friendliness to change things by consulting your loved ones before deciding for everyone.

LEO: MONEY FOR SEPTEMBER 2021

In September, you have every chance to advance your activities and benefit from a raise or a bonus. You work hard, show yourself to be enterprising and friendly, and make an impression on people and your superiors by your growing maturity and boldness in your new projects. This cocktail should be successful for you in terms of salary. Other bonuses could fall into your lap relating to a previous investment, an unexpected gain, or a reimbursement. However, don't take advantage of this opportunity to make expensive purchases. Before making any significant investments, take advice and put your money into proven areas, such as real estate.

LEO: WORK FOR SEPTEMBER 2021

Your serious view of current affairs will reassure your contacts. You approach your activity with a sense of responsibility that inspires confidence. Your transparency and determination will win you over. The New Moon on the 7th invites you to exploit your talents and to ask for their reward. You plead your cause and obtain what you covet: a valuation of your work or more freedom. Don't ask for too much at the beginning of the month. First, demonstrate your talents by seducing your interlocutors. Whether it is a partnership to be launched, a contract to be signed, or any association, these agreements will open promising avenues for you.

LEO: LEISURE FOR SEPTEMBER 2021

To combat the pressure exerted by Jupiter, Saturn, and Uranus, you must first and foremost relax, distract yourself and rest. Choose relaxing physical activities such as golf or swimming to unwind. Take a walk with family or friends, revive board games, or take a short getaway to take your mind off things. Don't be overwhelmed by work worries or family tensions. Work

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something out calmly and work together instead of confronting each other.

VIRGO – (Aug 22 – Sept 21)

VIRGO: MOOD FOR SEPTEMBER 2021

You are very busy with activities that correspond to you and give you confidence in yourself and your abilities. Until the 22nd, the supportive Sun encourages you to get noticed, express yourself, and meet new people. From the 10th, Venus sends you tender influences. You become more romantic and passionate. Your sensuality increases, as well as your gluttony or your material greed. Don't go for excess that doesn't suit you, but savor the good things in life without feeling guilty or counting on too much...

VIRGO: LOVE FOR SEPTEMBER 2021

Misunderstandings are sometimes possible, as certain situations thwart your aspirations. The New Moon on the 7th encourages you to launch a new cycle of expansion. You want to broaden your horizons, push back the limits and feel free to evolve as you please. You talk about this with your loved ones, trying not to offend their sensibilities. Do not impose your will on the other person. Use your combative energy to convince them and understand that you want to improve your living conditions. You will be more persuasive in making them want to follow you in your desire for well-being and harmony.

VIRGO: MONEY FOR SEPTEMBER 2021

Specific discussions concerning your budget are blocked with the retrograde of Mercury in the field of your finances. You will have to wait until October 18th for negotiations to resume under good conditions. Your eloquence and charm help you find support for your projects. You can invest efficiently or launch a profitable business but do not overestimate your chances. Do not live beyond your means!

VIRGO: WORK FOR SEPTEMBER 2021

You are working hard, but you are frustrated by a planetary situation that reduces your room for maneuver and your freedom of expression. You are looking for ways to improve your working conditions. The heavens encourage your initiatives and offer you a path that better corresponds to your expectations of autonomy and change. You have bold plans, communicate them with care, take the time to talk with those around you about what inspires you to get support and not attract reproaches. Your charm works, and everyone wants to team up with you.

VIRGO: LEISURE FOR SEPTEMBER 2021

You are looking for something useful to do, and the beginning of the school year is an excellent time to take up handicrafts or crafts. The benefits will be many: you'll keep your hands and mind busy, you'll be skillful enough to make an impression and be proud of your accomplishments, and finally, these hobbies will relax you better than any other outside activity. But don't neglect the physical exercise for all that: treat yourself to some lovely walks, reward yourself with a bit of rest and make plans with your loved ones. The atmosphere is excellent, and you should take advantage of it to see your friends.

LIBRA – (Sept 22 – Oct 21)

LIBRA: MOOD FOR SEPTEMBER 2021

You are somewhat limited by the discipline of Saturn. At the same time, Jupiter encourages you to excess, and Mercury in retrograde may slow down your progress. Still, overall, this is a very gratifying month where you will have no trouble putting yourself forward. You will find fulfilling activities that will contribute to your popularity and thus support your beautiful moods. Under these easy influences, you tend to use your charm in any situation. Still, you risk annoying your relatives or superiors. They will look at you with suspicion. Stay sober and serious in all your endeavors, and your abili-



ties will be recognized by all.

LIBRA: LOVE FOR SEPTEMBER 2021

Saturn will force you to calm down and take a closer look at your emotional relationships, to put them through the sieve of reason. Your desires will sometimes clash with the need to step back from your emotions. Still, you will freely express an overflowing sensuality. Count on Venus to reinforce and satisfy your desires, provided you don't get too greedy, reckless, or greedy. By playing on your charm, you can improve your family relationships where you are expected to be good at management, serious, and rigorous. But your love affairs will be full of fantasy and spice, so take advantage of this!

LIBRA: MONEY FOR SEPTEMBER 2021

Don't ask too much of your banker or those who have the financial means to support you. They may find you too greedy and refuse you what you ask for. Financial luck should smile on you until the 10th, and from the 15th, your work will give you complete satisfaction and could bring you an increase in your status or salary. Invest wisely, without projecting yourself into ideas of grandeur that could harm your assets. Don't give in too quickly to your sudden desire for luxury or fashionable items. In short, don't squander your fortune on frivolous things.

LIBRA: WORK FOR SEPTEMBER 2021

The planets are pushing you to fulfill your duties, not to express unbridled creativity. Humility, diligence, and a sense of responsibility are expected of you. You hope for more autonomy in your work and observe your situation from a position of retreat, working away from the noise of the world to implement the changes you long for. However, if you are faced with questionable circumstances, refrain from acting. By emphasizing your desire to serve the common cause, you'll make an impression. But don't overdo it.

LIBRA: LEISURE FOR SEPTEMBER 2021

Saturn is weighing down your creativity, spontaneity, and love life. Instead of moping around, relax and

enjoy yourself. Plan a variety of activities with your friends, get closer to your family, and leave the screens aside. Instead, choose board games, good-natured competitions, crafts with the little ones, and arts and crafts with the grown-ups. Keeping your hands and mind busy will do you a world of good.

SCORPIO – (Oct 22 – Nov 20)

SCORPIO: MOOD FOR SEPTEMBER 2021

The month's mood improves from week to week, and your good mood blossoms as the doors open. The beginning of the month is active, conducive to initiatives and firm decisions. As of the 10th, Venus adorns you with a devastating charm and, if you don't overdo it, you could attract new friendships, and even more if you are so inclined. Changes are in the air and bring with them certain constraints or responsibilities that could, from time to time, cast a shadow over you. Still, you have the means to overcome these minor disappointments to evolve towards greater mastery and maturity.

SCORPIO: LOVE FOR SEPTEMBER 2021

Until the 10th, you are absorbed by your activities, but then the sky opens up for your love life, and you have every chance to meet someone new or to strengthen your ties with your partner. Beware of Jupiter, which exacerbates your greed, and Saturn, which limits your possibilities. Stay sober and balanced to enjoy your relationships without asking too much or manipulating your partner. Make an effort to communicate to be sure you are always understood. For some people, Uranus induces significant and abrupt changes in agreements and associations, including marriage. If this is the case, stay zen and think carefully before making a decision that commits you, whether it is a promise or a break-up, do not do things too hastily.

SCORPIO: MONEY FOR SEPTEMBER 2021

This is a peaceful month. If you manage to curb certain impulses and not deprive yourself of everything, you

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will achieve a comfortable balance. Luck could smile on you from the 10th, but until the 15th, your activities will show the best return. Jupiter pushes you to compulsive purchases, Saturn limits your means, Uranus provokes various surprises. Still, Neptune and Pluto assure you a good intuition in everything that concerns investments. Don't let this stop you from taking advice for any necessary purchase. As is often the case, real estate remains a safe bet if you have the capital to invest over the long term.

SCORPIO: WORK FOR SEPTEMBER 2021

September is, above all, a month of reflection. You are elaborating strategies, looking for new fields of action, perhaps other associations. You are looking to reorient your career to feel more accessible and more fulfilled in your daily life. Your hierarchy is not always listening to you, and Saturn is weighing you down with constraints or responsibilities. Don't give up too quickly on your hopes for advancement in your current job: the situation could change more rapidly than you think. Your charm should help you, from the 10th onwards, to plead your case with your superiors or associates and, if you remain transparent and sincere, things should go well. Don't try to manipulate or deceive your partners. You risk losing all credit and for a long time...

SCORPIO: LEISURE FOR SEPTEMBER 2021

You will have the best time with your friends: Mars invites you to join a group or community that has the same interests as you. Whether it's sports, hiking, dining out, or going to a show, you'll feel better in good company. Your relationships with others will provide you with the energy you need to embark on picturesque or exotic adventures. Team sports are worth exploring as well as activities like yoga if you're feeling stressed or stuck. Walking and biking are still the best activities to keep you fit and in a good mood.

SAGITTARIUS – (Nov 21– Dec 20)

SAGITTARIUS: MOOD FOR SEPTEMBER 2021

You are looking to make a project a reality. You gather your friends, relatives, and potential partners to develop your arguments and express your expectations.

From the 10th onwards, you go back into your shell to analyze your motivations, feelings, and emotions in-depth. You guess that a new page in your emotional life is about to open. To continue or branch out in your life, you need this period of retreat, which allows you to calmly take stock of your achievements and expectations. This will encourage you to make the best decisions for your future and avoid many disillusionments.

SAGITTARIUS: LOVE FOR SEPTEMBER 2021

Your exchanges with those around you contribute to exposing your projects. Take advantage! From the 10th onwards, you will withdraw to study your love life more closely and decide what is worth preserving, improving and what you need to give up to feel at your best with the other person and yourself. Your circle of friends can be a great help, whether it's talking heart-to-heart with someone close to you or finding the right person for you in your current relationships. While the sky is very promising, beware of Neptune, which at times confuses the issue or leads you down a blind alley. Trust your common sense rather than your intuition, which is not always a good advisor.

SAGITTARIUS: MONEY FOR SEPTEMBER 2021

Your friends could point out some good investment plans, but stay alert and don't rush into anything. Until the 10th, Venus grants you some beautiful moments of luck, and you could try (reasonably) a game of chance. Jupiter protects your income on a larger scale, and Saturn helps you manage your budget wisely. From the 15th onwards, your activities will pick up a good rhythm and should bring you rewards, a bonus or a pleasant surprise in terms of your results. Your enthusiastic temperament helps you to act with zeal, but be careful not to let yourself be tempted by impulsive and often futile spending.

SAGITTARIUS: WORK FOR SEPTEMBER 2021

Your sense of responsibility reassures your partners, and they trust you. However, your sometimes impulsive reactions may disconcert your colleagues or associates, so don't put too much feeling or emotion into your work. Your energy and optimism enhance your popularity and allow you to build on a solid foundation. Would

you like to lighten your schedule, work more independently, train in another discipline, or even change your job? All this is possible in September if you don't ask for too much. Don't use your popularity to manipulate a seemingly benevolent hierarchy, be attentive and sensitive to exaggerations.

SAGITTARIUS: LEISURE FOR SEPTEMBER 2021

Your work absorbs a lot of physical and nervous energy. You need to relax. The best times are always spent in adventure, experimentation, and discovery. In the second half of the year, you will find it easy to find partners for games or sports in your circle of friends. Take advantage of this opportunity to get back into physical exercise in good company. Treat yourself to a good restaurant from time to time (without losing sight of your figure). It is in the balance between effort and pleasure that you will find the most satisfaction and that you will remain in Olympic shape.

CAPRICORN – (Dec 21 – Jan 19)

CAPRICORN: MOOD FOR SEPTEMBER 2021

Communication is not accessible, and you are asked to express yourself when you don't really want or need to. Many things seem trivial, and this generalized lightness darkens your mood. Fortunately, from the 10th onwards, Venus will help you feel better loved if not really understood. You will work hard and efficiently until the 15th. A period of hesitation or tension is possible in your activities: your ambitions are growing, but you may not find the opportunities that suit you. Try to remain sociable, at least with your close friends, to not find yourself too isolated...

CAPRICORN: LOVE FOR SEPTEMBER 2021

Suppose you have a declaration to make or some clarifications to discuss. In that case, September is not the most favorable month because Mercury in Libra quickly retrogrades. It bogs down exchanges in misunderstandings or tensions. Delays and misunderstandings are likely. Wait until the 10th: Venus entering your sign will compensate for the unpleasant effects of Mercury with a tenfold power of seduction and the possibility of communicating through looks, attitudes, and actions. The Sun in trine until the 22nd only reinforces this charm, and Mars, until the 15th, supports all your undertakings. The super sluggish Uranus, Neptune, and Pluto



are also at your service, allowing for essential changes, creativity, and the possibility of metamorphosing your life.

CAPRICORN: MONEY FOR SEPTEMBER 2021

Venus invites you to make financial plans, talk about them, and manage to interest your relatives, who are willing to help you in your undertakings. But don't overestimate your limited means. Saturn is encouraging you to economize. Fortunately, you will know how to reverse this trend and influence the course of events, especially after the 10th, with the help of Venus and Jupiter. Suppose you have an idea about real estate. In that case, the heavens encourage you to invest in this direction, whether it is to buy a property or to renovate in depth what you already own. Your assets are safe. You can gamble a little on luck, as long as you stay moderate (which is in your nature).

CAPRICORN: WORK FOR SEPTEMBER 2021

At the beginning of the month, negotiations concerning your budget or skills will work in your favor. As long as your projects do not exceed the means granted to you. At the end of the month, you will do a lot of work to prove that you are up to the task. The New Moon on the 7th invites you to assert your ambitions and originality, which work in your favor. Rely on your charm and enthusiasm to rally goodwill around your bold initiatives. Your popularity will overcome resistance, and you will launch significant changes. You stand up for what you believe in and get what you want.

CAPRICORN: LEISURE FOR SEPTEMBER 2021

You are in good shape and need to keep yourself fit. Moderate physical exercise will do you a world of good, and hiking and climbing will be your thing. As for more gourmet pleasures, treat yourself to a restaurant from time to time, relax by experimenting with new recipes, start tending the garden, or decorating your balcony. Take precautions if you do sports, as Mercury in square and retrograde increases the risk of incidents related to travel and mobility.

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AQUARIUS – (Jan 20 – Feb 17)

AQUARIUS: MOOD FOR SEPTEMBER 2021

Everything is going well during the first half of the year, even if some tensions appear from time to time, especially in the family. Venus allows you to meet new people, Mercury ensures good communication, and you feel rather appreciated. However, some upheavals could sometimes dampen the mood. Still, as long as you keep your freedom of maneuver and autonomy, your morale remains good. From the 15th onwards, you will find something concrete and practical to occupy yourself with, significantly contributing to keeping you in a good mood.

AQUARIUS: LOVE FOR SEPTEMBER 2021

Your power of seduction is strong in September. Still, you tend to isolate yourself at times, as you rely only on yourself to evolve without seeking to unite. Even if you want to, this state of mind could lead to feelings of frustration. You need to make changes in your family, and you may be thinking of moving, which is stressing you out. But don't sabotage your chances of finding that special someone or moving your current relationship forward by letting unconscious emotions cloud the frequency. On the other hand, don't overdo your charm by demanding too much.

AQUARIUS: MONEY FOR SEPTEMBER 2021

You are ready to commit yourself, take responsibility, and inspire confidence. This is a perfect atmosphere to raise money, get a raise, or invest wisely. But don't be too demanding with those who hold power and money. They may not appreciate your demands which they find not very clear or even unreasonable. Neptune is still keeping the financial sector a bit opaque. You need all your common sense, wisdom to establish and then respect a daily budget that ensures your security and comfort.

AQUARIUS: WORK FOR SEPTEMBER 2021

You want to build on a solid foundation, so be gentle with your superiors and show your spirit of collabora-

tion by communicating clearly. You have the means. The New Moon on the 7th invites you to transform situations that have gone on too long. You should favor social relationships that offer you a breath of fresh air and the feeling of being recognized for your merits. Don't hesitate to take a step back from your family life to shine at work. This will allow you to refine your strategies to get the recognition you deserve. The trick is to be diplomatic about it, and in September, it will be easier for you, so take advantage of it!

AQUARIUS: LEISURE FOR SEPTEMBER 2021

Your best leisure activities are collective. Join a sports club, discover new physical activities, organize evenings with your friends, or offer yourself family escapades. You need to escape from loneliness and boredom, and for that, nothing is better than getting out of your comfort zone. Go towards the unknown, the exotic, and the new. Travelling attracts you, and if there are still restrictions at this level, there is always a way to get a change of scenery without having to travel thousands of kilometers. Give yourself a few days to visit a place you don't know.

PISCES – (Feb 18 – March 18)

PISCES: MOOD FOR SEPTEMBER 2021

Your desires and appetites are exalted, sensuality and delicacies are on the agenda. You develop your artistic talents in a harmonious atmosphere. Your entourage seeks your company and admires your sense of aesthetics. You are not lacking in recognition, and this warm climate puts you in an excellent mood. However, avoid risky activities during the first fortnight! You are not managing your energies very well, and you could get hurt, exhausted, or do something stupid. Unexpected events change your views on your life and those around you. Stay alert and enterprising, so you can take advantage of positive changes and build a better life.

PISCES: LOVE FOR SEPTEMBER 2021

Venus is exalting your love life, but some aspects of the past are causing more frustration than fulfillment. Learn from your past stories to transform current and future ones. You can communicate about your dar-

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ing ideas, but you must control your originality to not worry the other person. Your original ideas are not necessarily easy to understand for your other half. Clarify your proposals to reinforce cooperation or reconciliation and to share intense moments by maintaining the relationship.

PISCES: MONEY FOR SEPTEMBER 2021

If you need funds to launch a project, don't overly solicit your supporters, as they may become exhausted or weary. Venus provides you with financial support from the 10th, which will be a good time to invest, save, or spend wisely. Your intuition can significantly help you make suitable investments. You have the qualities required to get a bonus, a premium, or a substantial raise, so take advantage of it. Don't be too quick to give in to the urge to buy expensive things. You are a little too sensitive to luxury in September!

PISCES: WORK FOR SEPTEMBER 2021

You will learn from what you have accomplished and move forward with full knowledge of the facts. However, you may feel frustrated if your ambitions come up against a wall, but this does not prevent you from investing yourself successfully to change the situation. In September, you will have at your disposal beneficial influences that will allow you to make an impression, but do not abuse these facilities to play your charm. Don't attack anyone. Use your strategy to serve an ideal and open the way to a dream.

PISCES: LEISURE FOR SEPTEMBER 2021

You enjoy beautiful creativity, and you should take advantage of it to devote yourself to art that you like. Whether it's drawing, music or literature, any occupation will benefit you, as it will relax you and change your mind. Moreover, the result will probably be very flattering and will increase your self-confidence and popularity. For the rest, choose collective activities, team sports, or family games. It is in harmony with others that you will have the best moments.

THE GUYS UPSTAIRS ON A DREAM, JANE ROBERTS (SETH) AND THE PATH AHEAD



Frank DeMarco

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Then to finish the statement you began to make -

If you don't want to wind up in a certain place, a certain situation, it would be well to move out of it before you reach the point of no return.

And this statement will mean different things to different people, depending on where they are in life.

It is never any different. There's no way else it could be.

Okay, well, thanks very much. Or - something else?

Only that we wouldn't like to leave this with a penumbra of doom hanging over it. This is not about doom but about fate, which is a far different thing.

You can't leave us with that. A bit more, please.

What is fate (that is, what can't be avoided because of the net weight of so many decisions by so many people over so long a time) may at first blush look pleasant or not, survivable or not, fortunate - even heavenly - or not. What is common, always, is that from your own perspective, you are the center of its meaning. You aren't the center of what unfolds, but from your point of view it necessarily unfolds as if you are the center.

This is how it must be, by the nature of things. So, when what comes to you arrives, greet it as a friend; from your point of view (or rather, when viewed in relation to your life) it was fashioned specifically for you. It is, in a sense, a gift, even if often a difficult one. It is not a mistake, certainly not a punishment, not an accident.

And that is enough for the moment.

All right, thanks again, and we'll see you next time.
(6:50)



Dr Joe Dispenza

RE-WRITING THE RULES OF VIRTUAL REALITY

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This means that every time you put the VR glasses back on you'd have more knowledge about being in the labyrinth. Thus, you'd be able to do more, create more, see more, and have greater control over the outcomes in the matrix of the VR world.

All of this is to say that, every time you take off your VR headset by removing your attention from the reality within it—the reality of being some body, some one, in some thing, in some place, in some time—you escape the matrix of the labyrinth. How? By simply no longer placing your attention on it.

If your attention is no longer on the reality of being some body, some one, in some thing, in some place, in some time, then you become no body, no one, in no thing, in no where, in no time.

As such, to get beyond all of your known associations to this 3D reality is the doorway to the quantum field. Because where you place your attention and awareness is where you place your energy, to place it on a reality beyond the senses—a reality made up entirely of energy and information—is to enter the quantum field.

Every time you do so, your interaction with this coherent energy and frequency (which is how information is carried and transmitted) rewrites the code of the VR headset. By rewriting the code, you change your experience of this 3D reality. Why?

Because we don't see things how they are, we see things how we are. That's how your perception and understanding of the game can evolve.

More importantly, however, you can't upgrade the VR experience from inside your headset. When inside the headset, you can only experience that world equal to the rules that are programmed into it. Thus, in order to create a greater advantage in the VR world, it would have to be reprogrammed from outside the VR headset.

When our community takes all of their attention off of the known material 3D world, moves into brain and heart coherence, and places all of their attention and awareness on the energy of the unknown, they are able to transduce information carried on different frequencies from the quantum field.

In this full-on sensory experience that arises through the translation of energy into imagery, to the individual interacting with these frequencies of energy, their inward experience is as real, if not more real, than their outer experience.

Since experience enriches brain circuitry—which then produces feedback in the body in the form of emotions—now they've broadened their spectrum of perception in the VR headset, and the result is a biological upgrade in the body in which they experience the VR world.

The idea of virtual realities is not necessarily a new one. It is precisely what Plato was talking about in his Allegory of the Cave, or what Lewis Carroll was talking about in his 1872 novel, Through the Looking-Glass.

In Plato's Allegory of the Cave, a group of people live their entire life chained up in a cave facing a wall, and the only reality they know are the moving images on the wall. But the greater truth is that the images on the wall are nothing more than the projection of shadows created by people and objects moving between the cave dwellers' backs and a light, the source of which in this case, is a fire.

The purpose of the allegory is to explain how the ancient philosopher is like the prisoner who is freed. It is only in their freedom that they realize that what they thought was reality, was not reality at all.

In Through the Looking-Glass, Alice has a similar experience of entering an alternate reality by climbing through a mirror. And just like a reflection, on the other side of the mirror everything is reversed, including logic.

While these were once fanciful ideas of great thinkers and artists, now science, which is the contemporary language of mysticism, has confirmed that there is indeed another reality—another layer of laws that supersede how Newtonian laws once described the universe.

HORIZONS MAGAZINE

MISSION STATEMENT

What I'm here to do with Horizons is share a belief and formula for happiness that I've found is true for me and for others I know. To give readers the choice to entertain those ideas, some of which may be an option for them as well. We don't always know what we might prefer, how our life might change for the better if we don't consider and entertain the idea of something new.

Andrea de Michaelis. Publisher

OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions.

To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience.

What we see and experience is simply the brain's interpretation of electrical signals. The only reality we cope with is the world of perceptions inside our mind.

We participate in creation of the reality we experience by our intentions, beliefs and expectations, by every thought we think and every word we speak. Because we participate in this creation, we have access to as much happiness and supply as we can discipline ourselves to focus on.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation.

Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, truly in the Now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it. We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise.

So, if you read an article that touches you or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss the offering with them.

Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

HORIZONS MAGAZINE
575 Escarole Street S.E.
Palm Bay, FL 32909-4802



As hopeless as any situation feels,
it's really only your thoughts that
you're dealing with. And you
have the power to change those.
Louise Hay

When we think that the
world has unlimited
resources, our world
becomes unlimited.
Ma Yoga Shakti



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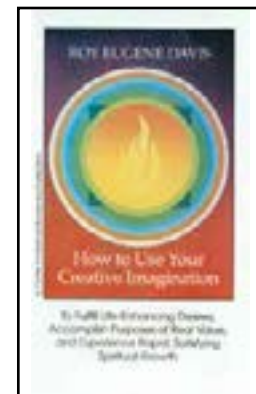
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