Andrea de Michaelis presents



August 2024

Florida's FREE Mind, Body, Spirit Mag Since 1992 • 32 YEARS

The August mag now online <u>www.horizonsmagazine.com</u> Horoscopes on page 34 and <u>horizonsmagazine.com/blog/</u>



Angels Oasis

"Whene Heaven and Earth Meet!"



at Awaken Institute Training Center. across from Angels Oasis Retail Shop

On -Line/Virtual Classes

Psychic Self Defense

Click for link

By Oracle Hekatatos

Soul Empowerment

By Morgana Starr

Home of Morgana Starr, The Angel Communicator



Spiritual Mentor Psychic Medium Reiki Master/Teacher <u>STORE HOURS</u> Tues-Thurs 1-5 PM Fri+Sat 12- PM

Book a reading in-store or online at Angels-Oasis.com





Alexandra provides spiritual counciling through many ancient shamanic practices, Sacred Peruvian practices, Munay-Ki, Nusta Karpay Rites & more.



gennie



Jennie is a Psychic Medium. , Reiki Practitioner and Mystic. Selano



With 20 years experience, Sefano has offered guidance using tarot/oracle, claircognizance helping clients live their best lives.

Awaken-Institute.com Spiritual Protection, Clearing your Space, Working with Crystals, Pendulum Work Discovering your Past Lives

Enjoy a visit to ... Cassadaga Spiritualist Camp

A Community with Spirit

Cassadaga Spiritualist Camp Bookstore & WELCOME CENTER

Monday - Saturday 10am - 6pm and sundays 11:30am - 5pm

Largest Selection of Books of Spiritualism, Metaphysics and Meditation CD's • DVD's • Crystals • Jewelry • Candles • Unique Gifts and Crafts



Experience This Peaceful Community Where Certified Mediums And Healers Are Available Daily

- Classes & Workshops
- Historic Tours
- Special Events
- Readings by Certified Mediums
- Spirit Encounter Tours

- Certified Spiritual Healers

Wednesday Message Service, Colby Temple 7pm Sunday Adult Lyceum, Colby Temple 9:30-10:15am Sunday Message Service, Colby Temple 12:00-1:00pm

Camp Bookstore 386-228-2880 Camp Office 386-228-3171 1112 Stevens Street, Cassadaga, FL 32706

www.cassadaga.org



DISPLAY ADVERTISING RATES NO CONTRACTS DISPLAY AD SIZES

Full page ad \$200 7.25" wide by 9.5" tall

 1/2 page ad \$140

 4.25" tall by 7.25" wide

 1/3 page ad \$80

 2.8" tall by 7.25" wide

 1/4 page ad \$70

4.25" tall by 3.5" wide or 2" tall, 7.25 wide

Business card ad \$40 is 2" by 3.5"

Small strip ad \$30 is 1" x 3.5"

SPECIAL NOW ~ ANY SIZE AD

Prepay 6 months and receive 1 month free. Prepay 12 months, receive 3 months free.

For good advertising results, studies show it takes a reader 3-4 times seeing a new ad before it is noticed and acted on.

PAYMENT IS DUE WITH AD by the 20th of the month before

We accept all credit cards Paypal horizonsmagazine@gmail.com Zelle to horizonsmagazine@gmail.com Venmo @Andrea-de-Michaelis

Text 321-750-3375

or email HorizonsMagazine@gmail.com

We don't answer unknown callers (too much spam.) We do return voice mail & texts

You are loved and guided more than you can imagine



12 STEPS OF SPIRITUAL FREEDOM

By Rev. Tom Sannar dr.tomsannar@gmail.com

PUBLISHER: We use many names for **God**, including The Universe, Universal Energy, Source Energy, Great Spirit, Divine Source. It all refers to the same, no matter what name we use for the God of our understanding.

1. Recognition. I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all my questions and has the ability and the willingness to fulfill all of my desires.

2. Unification. I unify my consciousness with the consciousness of **God**. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.

3. Willingness To Change. I am willing to assess my life, to honestly look at and face all my fears.

4. Dominion. I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.

5. I Live On Principle. I know that I am a Spiritual Being. I live my life with honesty and integrity.

6. I Live On Purpose. I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.

7. Forgiveness. I forgive myself for any past mistakes and I forgive all others who I think have harmed me.

8. Positively Present. I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.

9. Persistence. I persist through faith. I maintain focus and discipline.

10. Service. I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.

11. Gratitude. I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.

12. Tithing. I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure and my talent to the spiritual source of my choice.

The greatest optical illusion is separation

Publisher/Editor/Creator	Our Advertising Rates • Low because we're in it for the outcome, not the income	4
Andrea de Michaelis	12 Steps of Spiritual Freedom by Rev. Tom Sannar	4
On the Cover Al	This Month's Thoughts About Things with Andrea de Michaelis	6
	The Teachings of Abraham-Hicks	7
Contributing Writers:	Non Religious Spirituality with Jim Palmer	8
Bernadette Carter King	Soul Songs: Abraham Fun with Karen Williams	9
Seth thru Jane Roberts	Solar and Lunar Celebrations of the Ancestors with Debra Strasser	10
Michelle Whitedove		
Mokshapriya Shakti	Herb Corner with Cecelia Avitable	11
Cecelia Avitable	Crystals, Rocks, Minerals: Daily Use & Practice with Sharron Britton	12
David A. Cronin	Life is Full of Surprises with Mitch Ditkoff	14
Abraham-Hicks	Seth through Jane Roberts	16
Karen Williams	Notes From The Universe with Mike Dooley	17
Debra Strasser	Spiritual Graffitti with Jeff Brown	17
Sharron Britton	The Plans For Today with David A. Cronin	18
Mike Dooley	Essential Life Hacks with Mokshapriya Shakti	19
Mitch Ditkoff		
Tom Sannar	What Is My Spirit Animal with Bernadette Carter King	20
Jim Palmer	Our Phone Directory	24
Jeff Brown	Our Mission Statement	27
	Monthly Horoscopes	34

Co-incidence has meaning. If you find yourself reading these words, there is a message for you.

"And the day came when the risk to remain tight in a bud was more painful... than the risk it took to blossom." Anais Nin



Horizons thanks everyone willing to take the risk

HORIZONS MAGAZINE is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

ARTICLE SUBMISSION: You may submit articles of up to 1500 words on any area of personal growth and practical spirituality to HorizonsMagazine@ gmail.com. Time sensitive articles must be submitted 3 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for.

The views expressed in Horizons Magazine are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

Text to 321.750-3375 HORIZONS MAGAZINE 575 Escarole Street SE • Palm Bay, FL 32909-4802 Visit www.horizonsmagazine.com Email HorizonsMagazine@gmail.com Find us on Facebook, Tiktok, Insta



THIS MONTH'S THOUGHTS ABOUT THINGS

Andrea de Michaelis Publisher

"I want to look back on my life and be giddy with joy that I was the one who got to live it.

HELLO AND WELCOME TO THE AUGUST

2024 HORIZONS. Man, it's hot out there! Thankfully I can skip yardwork during the hottest part of the day and am under shade for most of my property. In the 2000's, in addition to going thru menopause, I weighed more and the extra weight made the heat almost unbearable. That is reason enough to keep my weight down.

I detailed last month that I wanted to lower my triglycerides and A1c levels, so I began eating far fewer starchy foods, dropping bread, pasta, rice and potatoes.

Well, that lasted 10 days but it broke my starchy foods cravings. I dropped 15 lbs without trying which was a cool side effect.

I began substituting beans for toast with eggs and finally get why the Brits love that. I'm back to eating a toasted slice of **Dave's Killer Power Seed bread** every few days, and 1/4 cup of rice or potato every few days.

When I do that, the weight stays the same. If I skip the bread, rice and potato, I drop another pound. Good to know. But my intent is to lower my lab scores and stop insulin resistance before it has a chance to start.

I likely won't always eat like this but it feels good to give my system a break from starches for a reset.

A **Facebook** friend shared the below and wrote "In the spiritual world there are some dodgy gurus and some people that should do a lot more personal development and healing before stepping into the space of serving and helping others."

Andrea agrees "I have seen so much faux energy work and chicanery in the new age genre in the last 32 years of HORIZONS MAGAZINE and I agree completely. This is funny tho."

'SPIRITUAL' RED FLAGS TO WATCH OUT FOR (AND THEIR MEANINGS)

(Author Unknown)

1: To 'hold space' for someone = To sit and stare at someone with emotional issues for an uncomfortable amount of time, then pat yourself on the back for basically doing nothing while your homie has a breakdown.

2: I'm in transition = I'm unemployed and totally fucking lost, so I have created an identity out of being an opportunist. Maybe you have some trim work for me or food? Or a trade? I do crystal readings!

3: I'm processing a lot of downloads from the Universe = I smoked too much DMT and can't afford therapy. By pretending that my fragile brain is a sacred record keeper, I receive validation for speaking gibberish.

4: I'm a lightworker/empath = I am depressed and unstable and take zero responsibility for my own self-destructive tendencies, and need to focus on condescending your dark shit to avoid my own. (PS: I'll diagnose you as a narcissist)

5: I am a Reiki Master = I crave human contact, And this makes me feel less insecure than Tinder. I can cross personal physical boundaries with ease if I so choose, depending on what my client looks like, or I can think about random things while getting paid handsomely to hold my hands awkwardly over someone's body.

6: You have an amazing Aura = I would love to bang you.

7: I am writing a travel blog = I don't want to go home, I no longer fit in: I never have. I don't know where I will end up, but I'd like to get paid to figure it out.

8: I'm not looking for a relationship, only deep soul connections = I have commitment issues and fear of intimacy so I collect partners with compatible insecurities. I understand you will head off to **Thailand** soon anyways. "Bread-crumbing my love keeps me safe" is my mantra, while I dip my candlestick in every Shanti ratchet priestess in town.

...continued on page 22

ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Author of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and NY Times Best Seller, Money and the Law of Attraction, visit www.abraham-hicks.com.

INFLUENCE VS. ASSERTION

QUESTION: So you've said before that you had a therapist friend who used your scripting process to write a story about her son's business. And when she made herself believe that for a week, you said...

ABRAHAM: It was easy for her to believe it because first of all, she believes us, and she understands the **Law of Attraction**, and she already was good at visualizing, so when she turned her attention toward a daydream of success for her son, she influenced him.

We appreciate you bringing this conversation back to us in this format because *in the leverage of unresisted thought, the power of it is almost unspeakable*. If you want to influence someone to their own wellbeing, then get into that place and imagine them thriving. And they might not be ready for it, but you are.

QUESTION: Because I heard it, like when I heard it, I was like wait, there's no assertion, though, and does that mean that because their **Vortex** is aligned, or is that how she could...or he's in her **Vortex**... **ABRAHAM:** So step back just a little bit from your question because you're balled up in it, and we can see why, but instead, step into a clear place.

So, envision your **Inner Being** who is aware of everything that you are about and loving you anyway, who knows your potential and never sees any struggle, who only sees the positive aspects of your experience.

So, imagine your **Inner Being**, and imagine your **Inner Being** who has complete access to everything you've wished for, focusing only upon what you've wished for - not focusing on anything that you feel you have failed at.

And now feel the power of your **Inner Being** all hooked up with what you want to call **Source** calling you to that.

Well, that's all this mother did for her son - she just focused in with the power that creates worlds and got that calling going. He had the option to come or not come, but her influence was mighty because she was hooked into her **Inner Being** and his **Inner Being** and all the goodness of **All That Is**. That's some powerful positive expectation.

Hardly anybody lets themselves go there. Most mothers are wanting wellbeing for the son and wishing that he'd work harder, or wanting wellbeing and wishing he would get up earlier, or wishing that he'd chosen another vocation.

In other words, most people never find their power because they split their own energy. That's what we meant earlier when we said until you, for a minute,

....continued on page 28...





NON - RELIGIOUS SPIRITUALITY

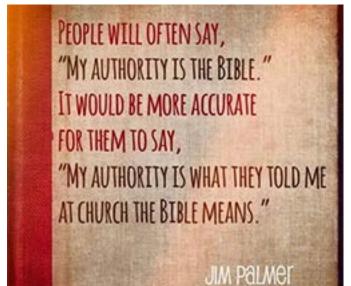
Jim Palmer is the Founder of the Center for Non-Religious Spirituality. A critically acclaimed author, Jim also writes for professional journals and major publications. Jim an adjunct professor of Ethics, Philosophy of Religion and Comparative Religion. He is a Spiritual Director, Founder of the Nashville Humanist Association and Chaplain with the American Humanist Association. He is a trained religious trauma and spiritual abuse counselor. https://nonreligiousspirituality.com & https://jimpalmerauthor.com

6 CHARACTERISTICS OF TOXIC RELIGION THAT MOST PEOPLE HAVE TO ADDRESS IN ORDER TO BE FREE

For close to twenty years I have been counseling people who have suffered religious trauma, and who are in the process of detox, deconstruction, recovery, healing, and cultivating a new life of meaning and wholeness. Toxic religion sets us up on a foundation that guarantees our demise.

WHAT FOLLOWS ARE 6 CHARACTERISTICS OF TOXIC RELIGION THAT MOST PEOPLE HAVE TO ADDRESS IN ORDER TO BE FREE.

1. The "old is gone and new has come" mentality can lead a person to believe that change and transformation happens as a miraculous or climatic occurrence at a specific moment in time, rather than a vigorous process over time of doing one's personal/inner work, taking responsibility for cultivating a life of wholeness and wellbeing, and possibly seeking professional help and support in areas where we cannot seem to make progress or adequately address on our own.



2. The religious premise that human beings are born inherently bad and sinful, that their essential nature is corrupt and untrustworthy, that they are incapable of guiding their lives on their own, and need to be saved from themselves, cripples their lives with shame and prevents the necessarily development of self-confidence, self-reliance and self-determination.

3. The tendency to focus on externals, appearances, rule-keeping, box-checking and behavior modification, distracts a person from digging deep enough into the layers of who they are to address the root cause of their personal suffering.

4. Seeking, expecting and waiting for God's "intervention" in one's life causes a passivity where a person doesn't take responsibility or action in ways that are necessary for growth and transformation.

5. Meeting-based and surface-level relationships,

which sometimes characterize institutional church, can often lack the depth, honesty, authenticity and vulnerability that we need in our relationships to support our growth and transformation.

6. The separatist mentality of religious subculture

cuts people off from connection and relationship with people who are different, which significantly limits the influences that could be making a significant contribution to a person's growth and development. The separatist subculture also discourages people from going outside the bounds of religious teachings to explore other fields of knowledge, which are necessary for one's growth and maturation.



SOUL SONGS • ABRAHAM FUN

Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. Join "Abraham Fun" on FB and like her FB page, "Soulsongs by Karen Money Williams." Email karen@karenmoneywilliams.com

AS THE WORLD CHURNS

There may be countless aspects of life, both personal and global, that I don't like and don't want: injustice, rancor, poverty, repression, and war, for openers. But dwelling on them with unhappiness and anger will never diminish them. For unhappiness and anger gave rise to these conditions in the first place.

Although it may seem the height of selfishness, the most powerful contribution I can make to world (and personal) stability is to choose to live in as much peace, joy, and optimism as I can muster.

This may seem downright irresponsible, as I turn my attention away from awful events on the news.

But since every thought that's ever thought continues to exist, I actually contribute harmony to the planet as I choose to live in a good-feeling way.

Yet this does not imply non-involvement or hermithood.

If I long to take action to help the world, I can approach it from an angle of increasing the good rather than fighting the bad.

And I continue to make my inner equilibrium tip-top priority, for I can never give what I do not have.

AD RATES ON PAGE 4 Text 321-750-3375

or email HorizonsMagazine@gmail.com

We don't answer unknown callers

(too much spam.)

We DO return voice mail & texts.

FEELING BAD AIN'T ALL BAD

I'm grateful for emotions such as anger, sadness, guilt, fear, regret and the pain they bring. For that pain is my alarm system, alerting me that I'm focusing on what I don't like and don't want.

Whatever I consistently focus on grows larger in my experience, so my negative emotions offer me hard-toignore feedback that a shift in attention would do me good.

Feeling bad tells me that it's high time to focus on something that feels good - perhaps nature's splendor, a pleasant memory, a dream, a goal, a fantasy, a new project.

Feeling bad tells me it will also be nice to sit in the silence, thinking about nothing at all, allowing pure Source energy to flood my mind, my body, my circumstances.

If I numb my negative emotions through overindulgence of any sort, it's as if I dismantle a smoke detector or turn off a security system and lose access to important information.

As I learn to pay attention to my negative emotions and the message they bear, I take powerful strides toward my goals and dreams.





SOLAR AND LUNAR CELEBRATIONS OF THE ANCESTORS



Debra Strasser is High Priestess at Church of Iron Oak in Palm Bay, FL.

WELCOME TO AUGUST 2024

AUGUST marks the beginning of the transition from summer to fall. Summer vacations end, families return home and students return to school. There are a variety of multicultural holidays and cultural events to recognize throughout the month. Following is a list of religious and historical observances.

August 1st: Lughnasadh, Pagan/Wiccan. Also known as Lammas or First Harvest.

August 1st: The Osun-Osogbo Festival celebrating the River Goddess Yoruba Orisha Oshun/Osun (see below)

August 4th: New Moon in Leo

August 9th: Nag Panchami, Hindu. On this day, offerings like milk, sweets, and flowers are given to snakes.

August 11th-12th: Peak Perseid Meteor Shower

August 12th-13th: Tisha B'Av, Judaism. The culmination of a three week period of mourning, that began with the fast of Tammuz on July 23.

August 13th-16th: Obon, Japan. Began as a buddhist custom, a time for reuniting with family, visiting ancestral sites and the graves of family.

August 15th: Feast of the Assumption, Catholic. Recalls the spiritual and physical ascent of the Virgin Mary into Heaven.

August 19th: Full Sturgeon Moon in Aquarius

August 26th: Janmashtami, Hindu celebration of the birth of Krishna.

The Month of August is sacred to the Yoruba Orisha Oshun/Osun, the River Goddess.

The **Yoruba Orisha Oshun/Osun** is actually the full breadth of womanhood. From the young, enthusiastic coquette who flirts with boys to the old matriarch that sits in a rocking chair, hard-of-hearing, reminiscing of her youth.

Oshun contains every woman's story within her patakis. She makes her residence in the rivers of the world. Hers is the power of sweetness in life, and all of the things that make life worth living.

The Osun festival, also known as the Osun-Osogbo Festival is held towards the rainy season. It is a traditional tribal festival from the Yoruba people, held to honor Oshun.

Thousands of people attend to bear witness to the ceremonies, which include priests seeking protection for the villagers for the year to come by offering gifts and sacrifices.

The festival is held at the **Osogbo Sacred Forest**, with **Yoruba** pilgrims from all over **Nigeria** coming to pray and sacrifice to the goddess **Osun**.

The month of August is often referred to as the "dog days of summer" but not because of pet pooches. It has to do with the star Sirius, also known as the dog star, which rose at the same time as sunrise during the month of August in ancient Roman times.

HAPPY AUGUST AND BLESSED BE!

HERB CORNER

Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. <u>herbcorner.net</u>

LUNGWORT (PULMONARIA OFFICINALIS)

Lungwort Is a member of the Boraginaceae family that can be found growing wild in damp costal habitats all over the world. Its history of use can be traced back to the Middle Ages. Today it can be found growing as an ornamental plant all over the world for its beautiful blue flowers. Because of the principle of "Doctrine of Signatures" it was a plant believed to be useful for the respiratory system because its leaves resemble the lungs; even its Latin name speaks of the pulmonary system.

Lungwort is beneficial specifically to the lungs, but it also benefits the urinary, digestive and the endocrine system as well as the skin. Medicinally the dried leaves of this plant have been found to have antimicrobial, antioxidant, and antibiotic properties.

It also has wound healing, bitter, astringent, diuretic, anti-inflammatory and mucilaginous properties. It gets these properties from its many constituents including quercetin, allantoin, tannic acid, caffeic acid, saponins and phenolic compounds.

Traditionally this herb is well known for helping respiratory conditions and it is still primarily used for this today. The antimicrobial and antibiotic properties can be helpful for **respiratory infections including colds**, **bronchitis, tuberculosis, and sinusitis.** And the antimicrobial properties help clear up the buildup of mucous from within the lungs.

This can be helpful if you are trying to quit smoking because it is believed that **Lungwort** can help remove the buildup of tar within the lungs. If you have trouble breathing due to **asthma, COPD, or pulmonary fibrosis** its phenolic constituents with antioxidant properties help with these conditions. This is a good herb for reducing coughs because it helps with the removal of mucous and inflammation within the respiratory system.

...continued on page 23...



277 N. Babcock St., Melbourne * 321-757-7522

Ongoing Herb Classes! Call for Details!

HAVING TROUBLE WITH:

* Gout

* Headaches

* IBS/Colitis

Insomnia

* Stress

* High/Low Blood Pressure

* Low Immune System

* Nutrition Absorption

- * Arthritis/Rheumatism
- * Asthma/Breathing Issues
- * Calcium
- * Cancer
- * Colds/Flu
- * Concentration/Memory
- * Diabetes
- * Fibromyalgia

We are a dedicated, caring shop helping you take control of your health with herbs!

Herbal Teas, Tinctures, Capsules, and Salves/Creams Herbals Classes and/or Private Consultations to help you, all of your friends and family (including your pets).

Cecella Avitable, Master Herbalist & Certified Nutritional Consultant

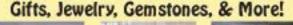




(suggested health uses)

- * Digestive problems
- * Coughs
- * Benign prostatic hyperplasia (prostate health)
- * Boost poor immune system
- * Hair loss prevention

We Are More Than Just An Herb Shop!





* Candles * Unique Gifts * One of A Kind Jeweiry * Crystals & Gernstones * Himalayan Salt Lamps * Organic Skin Care Soaps & Cosmetics * Glass & Plastic Bottles, Herbal Supplies * Organic Essential Oils & Diffusers * Detox Foot Bath Sessions

Gift Certificates Available for All Occasions!

Visit <u>www.herbcorner.net</u> for events, recipes, newsletter, etc.

Photo by Karin Wolf



CRYSTALS, ROCKS, MINERALS DAILY USE AND PRACTICE GOLD CALCITE

Sharron Britton has been a rock collector for as long as she can remember. From picking up shark's teeth and fossils on Venice Beach in Florida where she grew up to honing in on rare mineral treasures at the world's largest rock and mineral show in Tucson, AZ, she has always felt at home working with rocks. 20 years ago she began selling a few pieces from her collection to her friends, and the response was so positive she started her business. Her customers run the gamut from mineral collectors and lapidary enthusiasts to lightworkers and

metaphysicians. Sharron believes everyone who loves rocks is a kindred spirit. See her <u>Facebook page at SharronRocks</u>

This is the time for enormous changes at the last minute. I am in North Carolina at our mountain house expecting that I would be going to two of my favorite gem and mineral shows, one in Franklin and one in Spruce Pine. I have been attending both these shows for many years. I see old friends, enjoy all the rocks and minerals from around the world and bring a few treasures home with me.

There is always something to inspire me and I was planning to get some pictures so I could write my column. Due to unforeseen circumstances I have been unable to drive over the mountains to either show. I have been resting up for my drive back home to **Florida** while enjoying the sights and sounds of the natural world.

We hang bird feeders off the balcony so the goldfinches, chickadees, titmice and hummingbirds have been a welcome diversion. The other day I was visited by a young bear who thought it would be a good idea to climb up the maple tree by the porch and come on over to check out the bird feeders. I clapped my hands at him and told him to get down from there just as if he was a child. He looked at me and sauntered back over to the maple tree to make his way down to the meadow where he had big fun rolling in the grass and eating the windfall apples near the apple tree. Never in all the years we have had the house has a bear come up on the porch like that. I did not react with fear so the bear felt comfortable and behaved himself nicely.

Even though all my plans for this week have gone seriously awry, I have received an unexpected blessing. I really needed the rest. The creatures of the woods have been perfect companions. Out of all the chaos came the gift of joy. I knew what I needed to say in this column.

On **August 1**, many folks celebrate the ancient holiday of **Lammas. Lammas is the centerpoint between the Summer Solstice and the Fall Equinox**. The days are slowly growing shorter but the sun still shines brightly



Gold Calcite

in the sky. Here in the mountains the summer storms roll in during the afternoon and all is green. We honor the first fruits of the harvest - peaches, homegrown tomatoes, early apples and sweet corn. This brings me joy and a sense of peace - the peace that passes all understanding.

Out on the porch rests a very large rock that my father bought many years ago at one of the first mineral shows I attended after I started my rock shop. It is **gold calcite from Mexico** weighing well over 100 pounds.

These calcites can be found in many colors. Green, red, purple and brown pieces of this material are commonly found in rock shops everywhere and it is not expensive, but I have never seen another piece of the honey colored calcite this large.

... continued to page 31...



PSYCHIC MICHELLE WHITEDOVE

Lifetime TV named her America's #1 Psychic on America's Psychic Challenge. Her books include: She Talks

To Angels, Ghost Stalker, A Psychic Medium Relays Messages from the Heavens. As of Dec 2022 her physical body could no longer contain her Spirit, but she is still with us sending her guidance. Her work continues. She's done much writing that has not yet been published and Horizons has been given permission to continue to publish it. Visit <u>www.</u> <u>MichelleWhitedove.com</u>

Dear Whitedove,

I've recently been introduced to the concept of reincarnation. Coming from a traditional religion this was never discussed as a possibility, but when an intuitive friend said that I had a past life in **Egypt**, it felt true to my spirit. I've always had a fascination with that ancient culture.

My question to you is: why would we return to Earth for another go round: it's not much fun here! **Just visiting from Vancouver**

Dear One,

I hear you, it's not always fun but the **Law of Reincar**nation tells us: Reincarnation is the contract we made in the spirit realm. We promise **God** to learn spiritual lessons through physical experiences. The planet **Earth** is only one place where we can choose to incarnate. Reincarnation is the soul's journey, lifetime after lifetime of polishing and refining our spirit to perfection.

Dear Michelle,

Do you believe that **God** keeps score of all of our good and bad deeds? **Believer in Bradenton**

Dear Believer,

There is a heavenly realm that I've witnessed, that is much like a library with very high rows of bookshelves that goes on into infinity. This place is called the **Hall** of **Records** or the **Akashic Records**.

...continued on page 32 ...

YOGA SHAKTI MISSION



Retreat to another world in the wooded seclusion of Yogashakti Mission. This Ashram was created by Ma Yogashakti and purified and energized by her.

Ma Yoga Shakti

SUNSHINE LECTURES Sundays 9 - 10am

YOGA CLASS SCHEDULE

Donation: \$10.00 per class or \$50 per month Our weekly Yoga classes are held outside in a large, beautiful, screened in pavilion in the woods of Palm Bay. Bring your own mats.

Mon. 7 pm Anna Classical Asana Yoga Tues 10 AM Maryann and Jim Loafman Classical Asana Yoga

Tues. 7 pm Natalia - Intermediate Vinyas Flow Wed 7 pm. Kate or Lisa Yin Yoga Thurs 7 pm Marguerite or Dillon Vinyas Fkow Schedule subject to change. 321-725-4024

VEGETARIAN INTERNATIONAL LUNCHES -- FIRST SATURDAY OF THE MONTH AT NOON

Suggested Donation \$15 each- small children free

YOGA SHAKTI MISSION 3895 HIELD ROAD, NW PALM BAY, FL 32907 321-725-4024

www.yogashakti.org/ yogashaktipalmbay@gmail.com

LIFE IS FULL OF SURPRISES



Mitch Ditkoff is a writer, poet, and storyteller enjoying life in Catskill, NY. More of his writing can be found on Medium, where he posts daily (www.mitchditkoff.medium.com)

Thirty four years ago I was walking on a street in midtown Manhattan with a friend of mine when I noticed a man, laying face down on the sidewalk.

People, in both directions, nicely dressed, walked by him. No one stopped.

As I got closer, I could see that this man was Japanese, in a tuxedo, and bleeding from the forehead. As I bent to get a better look, I could smell alcohol on his breath. Lots of it.

Had he been mugged? Passed out and fallen? I didn't know. But clearly, this bleeding man in a tuxedo was drunk, in shock, and now beginning to moan.

"Call 911!", I yelled to my friend, trying my best to keep the bleeding man calm, not wanting his condition to get any worse.

The only thing I could think of -- maybe from a movie I'd seen years ago -- was to keep him calm.

So, I put my right hand on his shoulder, gently squeezed, and started telling him over and over again that "everything was going to be alright and help was on the way."

Nothing I did or said made a difference -- either because he was drunk, in shock, or didn't understand a single word of English.

AD RATES ON PAGE 4 Text 321-750-3375 or email

Horizons Magazine@gmail.com

We don't answer unknown callers (too much spam.) We do return voice mail & texts The more I spoke, the more he wiggled away from me, trying to make his way to the building to our right and get the support he needed to stand up.

This, I knew, was a terrible idea as it would only quicken his bleeding. And so I kept on telling him that everything was going to be alright and help was on its way.

But no matter what I said or how I said it, he kept wiggling his way across the sidewalk to the marble facade on the building just a few feet away. And then, having moved beyond all my attempts to keep him still, he leaned against the wall and, wobbling, did his best to stand.

When this **Japanese** man in a tuxedo with a gash on his forehead stood to his full height he immediately began falling forward.

That's when I reached out, in **Good Samaritan** mode, and spread both of my arms wide in a an attempt to break his fall. And that's when he punched me in the face. I never saw it coming. BAM! A classic roundhouse. A sucker punch.

My glasses went flying, both of my lenses popping out, me now bleeding from the bridge of my nose -- as an ambulance, sirens screaming, came screeching up to the curb, three paramedics jumping out and wrestling him to the ground, putting him in a straight jacket, then onto a stretcher and into the back of the ambulance.

Crawling on my hands and knees, squinting and bleeding, I found both of my lenses and my frames, now very bent. Then I stood up slowly, took the hand of my friend, and both of us, in silence, continued on our way.

The curious thing about this experience was that I was an **Aikido** student at the time, a **Japanese** martial art. All of my training went out of the window as soon I saw the bleeding man falling.

In retrospect, the experience was a big wake up call for me. Stay alert no matter what the circumstances are! Pay attention! Remain conscious!



Cassadaga Spiritualist Camp Bookstore & WELCOME CENTER

Monday - Saturday 10am - 6pm and sundays 11:30am - 5pm

Largest Selection of Books of Spiritualism, Metaphysics and Meditation CD's • DVD's • Crystals • Jewelry • Candles • Unique Gifts and Crafts



Experience This Peaceful Community Where Certified Mediums And Healers Are Available Daily

- Classes & Workshops
 S
- Historic Tours
- Special Events
- Readings by Certified Mediums
- Spirit Encounter Tours
- Certified Spiritual Healers

Wednesday Message Service, Colby Temple 7pm Sunday Adult Lyceum, Colby Temple 9:30-10:15am Sunday Message Service, Colby Temple 12:00-1:00pm

Camp Bookstore 386-228-2880 Camp Office 386-228-3171 1112 Stevens Street, Cassadaga, FL 32706

www.cassadaga.org





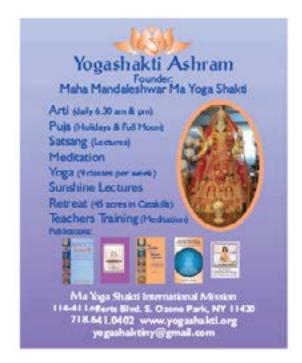
Seth is the nonphysical spiritual teacher who spoke through the author Jane Roberts. Seth presented the furthest reaches of human potential, the eternal validity of the soul, and the concept that we create our own reality according to our thoughts, emotions and beliefs. Seth taught to access and use the tremendous source of power, wisdom within you. www.sethlearningcenter.org

Seth on Learning From Alternate Events and Realities:

You do not consider a dream as a success or a failure. If the dream ends in a moment of destruction you do not consider the dream a failure.

In overall terms then, when I told you that the planet was dispensable, I meant it somewhat in those terms, for while in your reality you are vulnerable, and agony is real, still it is not the whole reality, and success and failure have no meaning in THOSE (underlined) terms.

Even the physical planet, having vanished, basically would continue to exist. Those responsible for such a destruction would have destroyed only reality as they knew it, in the probable system.



Other probable earths and other probable races of mankind coexist, and you are a part of these also. You would be dispensing with an experiment you were not able to handle.

At the same time, again, the experiences would be used. FROM A LARGER VIEWPOINT YOU WOULD KNOW THAT NOTHING HAD BEEN DESTROYED.

Now you should underline that last sentence. Think about it, and then I will answer questions that I believe you will have.

We have been speaking of projections and experiments in them, and if you want to, know what other experiments are being conducted by yourself and others this is one way you can at least briefly glimpse them.

Any event you would consider disastrous to your race, brought about by the race itself, would be used in another probable system to avoid the same sort of error.

There are disasters and dead end roads that your race has avoided completely, because in other systems of reality the lessons were learned and learned well.

Your own instinct for survival, so-called, is the result, so to speak, of experience in other systems. The original problem was far different.

A way was needed to teach these personalities to focus LONG ENOUGH, in your terms, intensely enough, within any given reality.

When the lessons are learned there is no reason for physical reality.

The survival instinct, strongly connected with the physical self, keeps it anchored in focus within your system.

Without it consciousness would tend to float free. It is your anchor.

 \sim Seth (Jane Roberts) 'The Early Sessions', Book 9, Session 499, pages 373-375.



SPIRITUAL GRAFFITI

Jeff Brown is author of Spiritual Graffiti, Ascending with Both Feet on the Ground, Love It Forward, An Uncommon Bond, Apologies to the Divine Feminine From a Warrior in Transition, Karmageddon, an award winning documentary, and Grounded Spirituality. Visit <u>www.Soulshaping.com</u> and <u>www.Soulshapinginstitute.com</u>

When you find your sacred purpose, your way of being changes dramatically.

No longer over-compensating, distracting, deflecting, depressing, your lifeforce is ignited. You are finally pathsatisfied and alive to your callings.

You wake up every morning certain of what you must do. Not always an easy path, but deeply satisfying because its truly yours. And then the most amazing thing happens.

Your focus shifts from a localized and ethnocentric perspective to a worldcentric framework of perception. Your community is humanity.

Rooted in the relational, your sense of responsibility extends well beyond your localized self and community, now fueled by an expansive vision of possibility for all of humankind. Not every one for themselves, but every one for humanity.



NOTES FROM THE UNIVERSE

International tax accountant turned entrepreneur turned writer for "the Universe" and one of the teachers for The Secret, Mike Dooley runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit<u>http://tut.com</u>

Just to be extra clear, there is absolutely no connection between the global economy and inflation and your freedom to think as you please.

Nor is there any connection between either and my ability to shock and delight, suddenly and without warning.

I think that pretty much takes care of everything -

The Universe

Native American & Metaphysical Stuff Store Readings, Crystals, Jewelry, Incense, Smudge

The Purple Rose Trading Co.

Rev. Tina, Owner 386-228-3315 1079 Stevens St. Cassadaga, FL 32706



Haunted History Museum

Photos and documents, bizarre and macabre displays www.facebook.com/cgreenshauntedhistoryhouse

Next door to Purple Rose Trading Co. 1079 Stevens St • Cassadaga 32706 Rev. Tina, Owner 386- 228-3315



THE PLANS FOR TODAY

David A. Cronin is a sometime meditation instructor, speaker, photographer, and writer. He is the prior owner of Changing Times Books in South FL Now retired in Atlanta, GA. His favorite pastimes include being 'Gramps' to 2 adorable grandchildren, volunteering and training to walk the Camino de Santiago pilgrimage. You can follow him on Facebook: <u>https://www.facebook.com/david.cronin.79/</u> He can be reached at: <u>davidcronin490@gmail.com.</u> All photographs shown here were taken by him.

"So, what are your plans for today?" she asked.

"Oh, you know, the usual," he replied.

She smiled lovingly, rolled her eyes, and slowly, gently shook her head from side to side. He always loved it when she did that, moved her head that way and smiled at him. There was a certain poetic, mystical sweetness to it all. It was hard to describe, not that he had any need to describe it to anyone. It reminded him of the way she used to softly touch his cheek with the palm of her hand.

They were two completely different actions, yet to his old heart, there was something about them that was the same. If he had to put a word to the feeling, he would probably call it 'connectedness'. But then, he didn't feel any need to put a word to it.

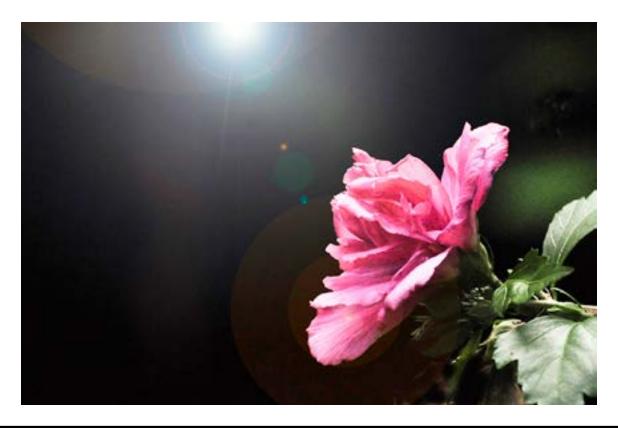
"You need to get out more, live more, experience new things, maybe, and I know this is a radical idea, even meet new people," she said softly.

"Why?" he asked. "I cannot think of a single thing that would bring me more joy than simply sitting here, thinking of you, remembering you. And it's not like I'm incapable of taking care of myself or interacting with the world when it is appropriate. It's just that this, right here, is all I need in this moment. This sustains me.

You see, once I finally let you go, or to be more concise, was finally able to release identifying myself with the loss of you, then it happened that the memories of you became as healing to me as was the joy of being with you."

And so they sat, in silence, together, as has been their custom for some time now.

Strangers walking by the coffee shop only saw a content old man, silently sitting alone, drinking his coffee, smiling, being with the woman he so deeply loved, who died years ago.



ESSENTIAL LIFESTYLE HACKS



Ma Mokshapriya Shakti is successor to H. H. Ma Yoga Shakti Saraswati, founder of Yogashakti Missions worldwide that teach the essence of yoga, meditation, and spirituality. Mokshapriya is an agent of change who teaches self-empowerment—inspiring people to make big changes through her down-to-earth interpretation of complex philosophy. She inspires and guides at the Yogashakti Ashram in Queens, New York. Her direct, approachable, and incredibly loving nature help her students to illuminate their own personal paths with ease and grace. Visit www.yogashakti.org Email yogashaktiny@gmail.com Yogashakti Yoga Center on YouTube at https://www.youtube.com/channel/UC08Xfld4QT1fYGYn0b6QhPw



This is a systematic series of the study of the Our Mind. We will be giving you the most important Yoga Sutras of Sage Patanjali each month. The Sutras reveal how our mind works and how we can have complete control not only of the conscious but also of the unconscious mind. This is the true goal of all yogic practices.

Sage **Patanjali** understood the mental process to such a degree, that he could take the mind and evolve it to a higher consciousness just through this study. The text is written to be practiced, and through practice it brings deeper wisdom and awareness of our own mind. I am hoping that the reader will reflect on the contents and begin to understand how our mind works and how we can harness its power.

WHY STUDY RAJA YOGA SUTRAS

Why study the mind? This would be the first question that you would ask yourself before you picked this up.

If we originated from **God** or the **Creator** or **Source**, then it seems that in the beginning we must have been perfect and pure. Obviously, we descended into what we are today. If we wish to go no further away from the **Source**, then we must strive to return. This then becomes a cycle, **Source** becomes man, man returns to **Source**.

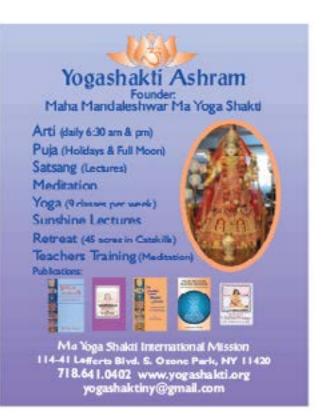
We were created in the image of **God**; that means that the **Divine energy** resides in everything and everyone, including us. We call that energy a fragment of the **Divine**, or our "**Spirit**" - "I am Presence" or "**Spirit**."

Spirit is pure and perfect and directly connected to the **Source**: part of our being right now, not removed,

not separated from us. The only separation we have from **Spirit** is our own human consciousness, our sense of limitation which we have created, that are less than the highest qualities of our True Self. Our **Higher Selves** or higher mental body, or inner guru, or inner heart leads us back to our True Self, our Immortal Self.

There is always a connection of **Spirit** with the incarnated Soul and body through a shaft of light or crystal cord. That crystal cord nourishes the **Divine** Flame of **God** in the chamber of our heart. It can never be extinguished. It is the three-fold flame which has the attributes of **Divine** Will, **Divine** Wisdom and **Divine**

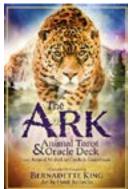
...continued on page 30...





WHAT IS MY SPIRIT ANIMAL

Bernadette King, creator of The Ark Animal Tarot & Oracle Deck has for 20+ years helped folks get closer to their Animal Allies, become more accurate psychic mediums & animal communicators & stronger intuitive tarot readers. Thru WhatIsMySpiritAnimal.com



folks are learning about their own Spirit, Totem, & Power Animals. The Ark is a 100 card deck which practitioners can use for divination & healings. Visit <u>WhatIsMySpiritAnimal.com</u>

MOSQUITO SYMBOLISM & MEANING

Looking to intensify a love affair? Want to understand dream messages? **Mosquito**, as a **Spirit, Totem, and Power Animal**, can help! **Mosquito** teaches you how to manage pesky relationship issues while showing you how to understand the symbolic language of dream imagery. Delve deeply in **Mosquito** symbolism and meaning to find out how this Animal Spirit Guide can motivate, enlighten, and awaken you.

The bothersome and vexing **Mosquito**, at least that's the image you'll conjure in your mind when you think of the creature. Imagine just getting comfortable when a tiny buzzing reaches your ears. You know **Mosquito** is there and thereafter itchy, irritating bumps appear. **Mosquito** Spirit is one to put you on notice, making you ever-watchful for its presence.

Mosquito is tiny, but that doesn't mean the insect can't pack a wallop when it bites you. **Mosquito**es have six legs. **Six in the Major Arcana of the Tarot is the Lovers. The Lovers Card** speaks of important decisions regarding relationships, but when **Mosquito** appears as an **Animal Spirit**, for some people it may indicate being "bitten by the love bug," while for others, it might mean pesky issues arise which will require addressing before the relationship can deepen or thrive.

For couples in long-term relationships, **Mosquito** may arrive when there's a seven year itch, meaning the people in the pairing have gotten too comfortable in the relationship, even lackadaisical about keeping the romance alive. As your **Animal Ally**, **Mosquito** comes to put bug in someone's ear, alerting them that potential problems are afoot.

Mosquitos have antenna too. They use them to receive and respond to vibrations in the surrounding air, similar to how you hear. The **Mosquito** also uses antennae for mating. They recognize the sound of potential mates. Spiritually, their ability to do so equates to **Clairaudience**, one of the four predominant psychic gifts.



Worthy of note is the fact that only the female **Mosquito** that bites you. Your blood sustains the female **Mosquito** so it can feed its young. Meanwhile, the male feeds on nectar.

Both **Mosquito** genders will fly up to fourteen miles seeking a meal. They use their senses to detect body heat, a skill that's akin to **Clairsentience**: The ability to sense vibrations in one's environment.

The **Mosquito** has intimate ties to the **Water Element** because they hatch in water from eggs. Water equates to your emotions, the subconscious, fertility, inspiration, mysteries, and magic.

As a **Guide**, **Mosquito** returns you to an organic examination of such matters. Questions arise like are you disturbed by someone or something, but trying to swat it away? Are you burying things you should overcome? Has your muse reached a stagnant state and needs refreshment?

Some scientists theorize dead particles in blood attracts and causes the **Mosquito** to bite; the behavior gives **Mosquito** associations with taking away the dead or what's no longer useful in your life. In the process, the **Mosquito** Spirit certainly grabs your attention!



WHAT IS MY SPIRIT ANIMAL

... from page 20

MOSQUITO SPIRIT ANIMAL

When **Mosquito** buzzes into your life as a Spirit Animal, it bears one of several messages. The first has to do with paying too much attention to trite, superficial matters. Use your energy in far better ways. Never release your will power when nagged incessantly. Stay true to your senses, put up your antennae, and follow **Mosquito**'s lead.

Next, the **Mosquito** Spirit Animal challenges you to look long and hard at the places where you spend a lot of time and the company you keep. Are they healthy or sucking you dry? Sometimes people don't recognize when something is bothering them because they've been in a toxic environment so long it feels normal. Figure out what needs to change, make alterations, then take a real bite out of life's joys again.

Third, your **Mosquito** Spirit Animal has a message about attention—what you receive, what you give out, what you desire, and what you block. Sometimes you want attention, but when you put your message out to the Universe, what you receive might differ from your hopes considerably. It can make you uneasy, like the **Mosquito**. The treatment you receive may get under your skin. Or, you might receive a lovely compliment, but brush it off (most people don't take compliments well, so work on it). Then, too, there are the unspoken proclivities and inclinations you project in various ways. Others can interpret your body language and gestures far differently from your intent. So take your time in your actions and reactions, realizing that you too may misinterpret things.

MOSQUITO TOTEM ANIMAL

People born with a **Mosquito** Animal Totem are not always the most comfortable folks to be around. They will poke and pry about matters until they get an answer. If they feel you are obtuse, they'll sting to get attention. Such an approach to life emanates not in meanness, but concerns. Sometimes the **Mosquito** Totem is a little too forward, no matter where their heart lies.



If **Mosquito** is your Birth Totem, you have defined boundaries in your own life. However, you don't always remember to remain attentive to the limits set by others. You rush in with ideas or aid, and then things get mucky. Your friends and family understand your actions, but you should still work on it. Use those antennae.

Walking with **Mosquito** means you can see through the people who want something from you other than companionship. There are limits to your personal energy and resources, so you use your intuitive talents to decide who you allow in your close circle of friends. You are careful, giving full deliberation about who you want to invest in and where you want to be.

You enjoy being around people. The only caution you must take in social situations is **Mosquito** always seeks nourishment. Your drive can turn into opportunistic behaviors. Seek energy exchanges instead. Give, receive, repeat.

In private time you are a deep thinker with profound sentiments. Watch you don't get yourself so tangled up in a quandary where everything seems out of whack. You live vibrantly, love deeply, feel intensely. As you know yourself and honor yourself, you'll find the negative tendencies fade away.

MOSQUITO POWER ANIMAL

Reach out to your inner **Mosquito** Power Animal when working with the Element of Water for inner emotional or soul searching. Some of what you find may sting a bit, but you'll come out healthier for it.

Invoke your **Mosquito** Power Animal when your soul hungers, and your spirit is weary. The **Mosquito** will lead you to places where you can rest, refresh, and renew. The **Mosquito** knows how to draw energy into itself, and you need it right now.



THIS MONTH'S THOUGHTS ABOUT THINGS

... from page 6

9: 'Inner Goddess Within' workshops = An understanding of daddy Issues and a way to overdevelop the masculine side to protect the little girl within. Helping participants to surrender to the bias that all men are shit (all of this for a nominal fee.) The level 2 masterclass will teach you how to galactivate your man's scrotum chakra enough to make him forget that you pay for bullshit workshops with his harvest money.

10: A guru = Someone who has overstepped the threshold of self-development into supreme egotism and found a niche market. Carries a flute and has a name you can't pronounce (though his driver's license says Steve) and chants words he doesn't understand. But interesting tattoos... right?

11. A shaman = see above.

12: Worshipping the Beloved = Classic scenario where a cluster B personality type convinces you at a festival that you are their twin flame, lost for centuries in the ether. If you have never been loved by your primary caregivers, this is paradise on earth as your fear of abandonment gets spanked with a mala on the magical, mystery tour of self-deception.

13: In the flow = I never commit to anything, especially plans to do anything with anyone, so that I can completely flake out and not take any responsibility for it; ie I didn't pay my phone bill this month.

14: Co-creating a retreat/gathering = my borderline personality friends and I have exhausted all other means of making an honest income, and have decided instead to use our social media clout (aka naked buttcheeks) to radically overcharge a too-large group of saps for 2-14 days of mediocre vegan food, awkward group encounters and real-world-style sexual politics.

15; Substance Free Event = Powder drugs are fine but if you bring alcohol, we'll judge the shit out of you. Tobacco's cool if you snort it and call it "ceremony" or roll your own.

16: Speaking My Truth = I reserve the right to be an asshole in this conversation and you must honour it, regardless of how deep my delusion may be. I'll probably use this phrase every time I don't want to be called out for my phony bullshit, because it's all perspective man...

Yes, I agree all that above sounds harsh but being an insider having published Florida's new age magazine for the last 32 years, I've seen enough of it to report that it's more prevalent than you think. And not everyone attracts the posers and wanna bes. It's the sincerity of your intention that attracts your teachers to you. And if you've attracted dubious teachers in the past, you can always start fresh today to attract something different.



Time is not running out. Time is just starting now. There's still time to party, still time to make a difference, still time to make amends, still time to find a purpose, still time to find joy in every little thing around you as long as it lasts.

I CAN KNOW IN EVERY MOMENT WHERE I'M VIBING

I CAN KNOW IN EVERY MOMENT WHERE I'M VIBING, what my point of attraction (what I expect and believe is possible for me) is by looking around at WHAT IS IN MY LIFE RIGHT NOW, RIGHT IN FRONT OF ME. When things suck, I've learned that means I need to release resistance and overcome some doubt and fear.

And I don't need to delve deeply in to figure out exactly what's causing it, I just have to RIGHT NOW turn my thoughts to all the good going on in my life RIGHT NOW.

...continued on page 33

HERB CORNER

... from page 11...

In the Digestive System, Lungwort's mucilaginous, antimicrobial, anti-inflammatory, astringent, bitter contents help with conditions such as indigestion, bloating, heartburn.

It is also known to help with other digestive disorders such as **diarrhea**, **constipation**, **nausea**, **vomiting**, **indigestion**, or other conditions where there is pain or an uncomfortable feeling in the upper middle part of your stomach area. And its bitter properties help with removing toxins through the **liver** and digestive the digestive system.

In the Urinary system Lungwort's diuretic property can be beneficial for edema and its antibiotic, astringent and antimicrobial properties help with the removal of infectious or toxic substances that can cause conditions like cystitis, bladder, or urinary infections.

The antioxidant and astringent properties in **Lungwort** help tighten and tone the skin helping it to remain stronger and younger looking. It gets this action from the constituent allantoin heals damaged tissue. Its other properties also help with burns, ulcerations of the skin, wounds, hemorrhoids, and eczema.

For the Endocrine system it helps the female reproductive system when there are problems with heavy bleeding during the menstrual cycle and it has been found to have some balancing properties for thyroid functions.

> **RECIPE:** It can be used as a tea from the dried leaves using: 1 tsp herb to 80z. boiling water, steep 10-15 min. strain, and drink. It does have a bitter taste so you may want to add honey or combine it with easier tasting herbs.

THE HERB CORNER AND LEARNING CENTER

277 N. Babcock St. Melbourne, FL 32935

321-757-7522

Herbal teas, tinctures, capsules, salves, creams, classes.

Call Cecelia for details

For Your Health and Your Pet's Health



Avitable, Master

HAVING TROUBLE WITH:

Arthritis, Rheumatism, Breathing Issues, Cancer, Colds, Flu, Concentration, Memory, Diabetes, Fibromyalgia, Gout, Headaches, High/Low Blood Pressure, Ibs/Colitis, Insomnia, Low Immune System, Nutrition Absorption, Stress.

MORE THAN JUST AN HERB SHOP We also carry jewelry, gifts, gemstones, unique gifts, more

> See www.herbcorner.net for recipes, newsletter, etc.



Native American & Metaphysical Stuff Store Readings, Crystals, Jewelry, Incense, Smudge

The Purple Rose Trading Co. Rev. Tina. Owner 386-228-3315

1079 Stevens St. Cassadaga, FL 32706



Haunted History Museum

Photos and documents, bizarre and macabre displays www.facebook.com/cgreenshauntedhistoryhouse

Next door to Purple Rose Trading Co. 1079 Stevens St • Cassadaga 32706 Rev. Tina, Owner 386- 228-3315

ALPHABETICALLY BY COUNTY

Place your ad here for just \$5 per line. 20 characters per heading, 44 characters per line Payment due 15th of the month before • Email, Zelle and Paypal to HorizonsMagazine@gmail.com

HORIZONS PHONE DIRECTOR

ALACHUA COUNTY (352) GAINESVILLE

(386) HIGH SPRINGS **CRYSTALS, ROCKS, MORE**

SHARRON BRITTON see SHARRONROCKS on FB

HIGH SPRINGS EMPORIUM 386-454-8657 19765 NW US Highway 441 High Springs 32643

BREVARD (321)

AROMATHERAPY, OILS

HERB CORNER 277 N. Babcock Melb 757-7522

ASTROLOGER

779-0604 I FSI IF MARI AR VLMarlar@aol.com www.lesliemarlar.com

ASTROLOGY REPORTS

ANDREA DE MICHAELIS \$28 **3 MONTH FUTURE PREDICTION REPORTS** Email horizonsmagazine@gmaill.com

BOOKS & GIFTS

ANGELS OASIS Cocoa Village 321-506-1143 Visit Angels-Oasis.com 402 Brevard Ave

AQUARIAN DREAMS Indialantic 321-729-9495

CREATIVE ENERGY 321-952-6789 Crystals, Jewelry, Singing Bowls, Books, Tarot + 780 W New Haven Ave, Melbourne FL 32901

BUDDHIST TEMPLE

WAT PUNYAWANARAM 321-255-1465 4490 Aurora Road Melbourne

WHITE SANDS BUDDHIST CENTER 321-383-0723 4640 Knost Dr.ive in Mims, Florida 32754 www.tvct.org/ whitesandsbc@gmail.com

CHIROPRACTIC

VICKI M. MERRICK, DC 321-952-7004 2060 Palm Bay Rd NE #2, Palm Bay, Fl 32905

CHURCHES

CENTER FOR SPIRITUAL LIVING SC 474.2030

CHURCH OF IRON OAK 321-258-2897 Wiccan Outer Court. Celebrate Sabbats. Workshops Available email scribe@ironoak.org

THE NEW WAY www.TheNewWay.us 458-7956 SPIRITUALIST CHAPEL OF MELBOURNE 419-6262 UU Church OF BREVARD www.uubrevard.us

UNITY OF MELBOURNE 254-0313 Melbourne 32935 2190 Sarno Road www.unityofmelbourne.com

UNITY OF MERRITT ISLAND 452-2625 210 N.Tropical Trail32953unitymerrittisland.org

UNITY ON THE SPACE COAST 383-0195 2000 South St Tvl 32780 Unityonthespacecoast.org

CRYSTALS, GEMS ROCKS

BOOK AND BEAD OUTLET 321-453-2665 950 N. Courtenay Pkwy Merritt island 32953 Visit bookandbeadoutlet.com

CREATIVE ENERGY 321-952-6789 Crystals, Gemstones, Jewelry, Books & More. 780 W New Haven Ave, Melbourne FL 32901

YOUR CRYSTAL SHOP 321-615-8927 www.vourcrvstalshop.com Cultural gifts 2100 N. Courtenay Pkwy Merritt Is, FL 32953

HEALTH FOODS

NATURE'S MARKET & CAFÉ 254-8688 NATURE'S HEALTHY HARVEST 321-610-3989 ORGANIC FOOD CTR Indialantic 724-2383 **PINETREE HEALTH** 777-4677 SUNSEED CO*OP Cape Can AIA 784-0930 SUNSHINE HEALTH FOODS Titusville 269-4848

HERBS, OILS & GIFTS

HERB CORNER 277 N. Babcock 321-757-7522

MAMA JO'S SUNSHINE HERBALS 321-779-4647 1300 Pine Tree Dr. IHB

HOME BIRTH SERVICES

PAM PEACH L.M. www.Birthingpath.com

HYPNOTHERAPY by Jenny Transform unwanted behaviors 321-345-8971 www.HypnotherapybyJenny.com Email Jenny@epicrenewal.com

YOGA

SUNDARI YOGA STUDIO	321-613-5999
FULL CIRCLE YOGA SCHOOL	970-333-4777

YOGA SHAKTI MISSION 3895 Hield Rd in Palm Bay

321-725-4024 yogashakti.org

YOGA, MEDITATION YOGA SHAKTI MISSION 3895 Hield Rd in Palm Bay

321-725-4024

yogashakti.org

BROWARD (954) FT. LAUDERDALE

BOOKS & GIFTS

ANGEL HAVEN Las Olas Blvd Ft Laud 522-4720

CRYSTAL VISION 3160 Stirling Rd	981-4992
DIVINE LOVE INSTITUTE www.divineloveinstitute.org	954-920-0050

NATURE'S EMPORIUM 755-2223

CRYSTALS, READINGS

SPIRITUAL JOURNEY 954-752-2329 7420 Wiles Road Coral Springs, FL 33067 http://spiritualjourneyweb.com

CHURCHES

CENTER FOR SPIRITUAL LIVING	954-566-2868
UNITY GATEWAY CHURCH	954-938-5222
UNITY CHURCH OF HOLLYWOOD	954-548-9320

HEALTH FOODS

HEALTH FOODS PLUS Hollywood	954-989-3313
WHOLE FOODS MARKET 810 University Drive Coral Springs	753-8000
WHOLE FOODS MARKET 7220 Peters Road in Plantation	236-0600
WHOLE FOODS MARKET 2000 N. Federal Hwy Ft. Laud	565-5655
WILD OATS MARKETPLACE 2501 East Sunrise Blvd in Ft. Laud	566-9333

PSYCHIC READERS

JANICE SCOTT-REEDER 954-698-6926 Tarotist and Astrologer, e/snail mail readings. In person readings at the Cosmic Salamander

Horizons Magazine online monthly at www.horizonsmagazine.com

COLLIER COUNTY (239) NAPLES

CHURCHES

UNITY OF NAPLES Books, gifts 775-3009

HEALTH FOOD STORES

FOOD & THOUGHT 239-213-2222 FOR GOODNESS SAKE 239-992-5838 NATURE'S GARDEN OF NAPLES 239-643-4959 SPROUTS FARMERS MARKET 239-325-6950 WHOLE FOODS MKT 239-552-5100 WYNN'S MARKET 239-261-7157

DUVAL (904) JACKSONVILLE

BOOKS & GIFTS

SPIRITUAL UPLIFTS 904-571-2586 2186 Park Ave, Unit 102 Orange Park

CHURCHES

COSMIC CHURCH OF TRUTH

904-384-7268 UNITY CHURCH FOR CREATIVE LIVING in Jax

850-438-2277

904-287-1505 www.unityinjax.com/

UNITY OF JACKSONVILLE BCH 904-246-1300

ESCAMBIA (850)

PENSACOLA

CHURCHES

UNITY OF PENSACOLA https://unityofpensacola.org/

HIGHLANDS (863) SEBRING

CHURCH, CLASSES UNITY LIFE ENRICHMENT CTR 863-471-1122 10417 S. Orange Blossom Blvd, Sebring 33875 http://www.unityofsebring.org

HILLSBOROUGH (813)

TAMPA, LUTZ

BOOKS, GIFTS, READINGS MYSTIKAL SCENTS 813-986-3212

INDIAN RIVER (772)VERO, **SEBASTIAN**

BOOKS & GIFTS

INSPIRED HEART Old Dixie Hwy 772-696-1910

SPARK OF DIVINE

772-257-6499

CHURCHES

UNITY OF VERO BEACH 950 43rd Ave 32960

772-562-1133 www.unityofvero.org

LAND & TREE SERVICE

LION'S HELP www.lionshelp.com 772-492-8662 Tree trimming, removal, lot clearing, sod and rock installation, Licensed and Insured 5 Stars

READINGS, CLASSES INTO THE MYSTIC 1614 US Hwy 1 Sebastian

Spiritual Medium Marchelle 772-480-4344

LEE COUNTY (239) FT. MYERS

BOOKS & GIFTS

THE MYSTICAL MOON 239-939-3339 8890 Salrose Lane in Fort Myers 33912

THE MYSTICAL MOON 239-301-0655 8951 SE Bonita Beach Rd Bonita Springs 34135

THE LABYRINTH 239-939-2769 12995 S. Cleveland Avenue #108

CHURCHES UNITY OF FT. MYERS www.unityoffortmyers.org

LEON COUNTY (850) TALLAHASSEE

BOOKS & GIFTS CRYSTAL PORTAL 850-727-8214

www.crystalportalgems.com FB Crystal Portal

STONE AGE Tallahassee Mall

HEALTH FOOD STORES HONEYTREE 1616 N. Monroe St

NEW LEAF MARKET

MARION COUNTY (352) OCALA

BOOKS & GIFTS CROW'S CROSSROADS SHOPPE

352-235-0558 FAIRY DUST CRYSTALS AND SUCH 352-693-4592

11781 SE HWY 441, Belleview, FL 34420 www.fairydustcrystals.com

SOUL ESSENTIALS OF OCALA 352-236-7000 805 E. Ft. King St., Ocala, FL 34471 www.soulessentialsofocala.com

CHURCHES UNITY OF OCALA 101 Cedar Road 352-687-2113

HEALTH FOOD STORES EARTH ORIGINS MARKET 352-351-5224

MARTIN CTY (772)

FT. PIERCE/STUART

HEALTH FOODS/CAFE PEGGY'S 5839 SE Federal Hwy 286-1401

SPIRITUAL CENTERS

UNITY OF FORT PIERCE 461-2272 3414 Sunrise oneness@unityoffortpierce.com

MONROE (305)

KEYS, KEY WEST

AROMATHERAPY & HERBS

BLUE MOON HERBALS, AROMATICS 305-587-8303 www.bluemoonherbals.com 30150 Overseas Hwy Big Pine Key, FL 33043

HEALTHFOOD/JUICE BAR

GOOD FOOD CONSPIRACY 305-872-3945 US 1, Mile Marker 30 on Big Pine Key http://www.goodfoodconspiracy.com/

NEW AGE BOOKS, GIFTS

BLUE MOON TRADER 872-8864

OKALOOSA (850) FT. WALTON BCH

CHURCHES UNITY CHURCH FWB

864-1232

HEALTH FOOD STORES

FEELIN' GOOD. 654-1005 863-5811 GOLDEN ALMOND FWR

ORANGE COUNTY (407) ORLANDO

BOOKS & GIFTS AVALON Hillcrest St in Orlando 895-7439 SPIRAL CIRCLE 750 Thornton Orlando 894-9854

BUDDHIST CENTER

VAJRAPANI KADAMPA CENTER 407-896-3998 813 Montana 32803 meditationinorlando.org

HERBS, GIFTS

LEAVES & ROOTS 407-823-8840 9476 E. Colonial Drive in Orlando

BRANCH OF LEAVES & ROOTS 321-422-0815 460 N. Ronald Reagan Blvd, Longwood 32750

681-2000 942-2557

239-278-1511

850-383-0233

PALM BEACH (561)

BOOKS & GIFTS

SHINING THROUGH	276-8559
DREAM ANGELS	561-745-9355
CRYSTAL GARDEN	369-2836
2610 N. Federal Hwy Boynton Bea	ach

CHURCH / CLASSES

UNITY OF THE PALM BEACHES 561-833-6483

UNITED METAPHYSICAL CHURCH 561-686-0217 OF THE PALM BEACHES unitedmetaphysical.org 917 North Dixie Highway Lake Worth 33460

HEALTH INSTITUTE

HIPPOCRATES HEALTH 561-471-8876 http://hippocratesinstitute.org

WPB 33411

727-530-9994

727-531-5259

727-823-5506

PINELLAS (727) ST PETE, CLEARWATER

BOOKS & GIFTS

MYSTIC GODDESS Largo

CHURCHES

UNITY OF CLEARWATER PEOPLE'S SPIRITUALIST CH

HEALTH FOOD STORES

EARTH ORIGINS MARKET St.Pete 727-347-5682 EARTH ORIGINS MKT Palm Harbor 352-786-1231

SARASOTA (941)

BOOKS & GIFTS

ELYSIAN FIELDS Midtown Plaza 941-361-3006

HEALTH FOOD STORES EARTH ORIGINS MARKET 365-3700 and 924-4754

SEMINOLE (407)

SANFORD, LAKE MARY

CHURCH, BOOKS, GIFTS UNITY CHURCH OF CHRISTIANITY 4801 Clarcona Ocoee Rd ORL 407-294-7171

GIFTS, CONSULATIONS

LUNASOL ESOTERICA Sanford 321-363-4883

ST. JOHN'S (904)

ST AUGUSTINE

BOOKS & GIFTS

MY CALUDRON TOO PEACEFUL SPIRIT SAGE & CRYSTALS LLC 904-217-0299 904-228-9240 904-808-5507



BOOKS, GIFTS PSYCHICS

CASSADAGA CAMP BOOKSTORE 386-228-2880 1112 Stevens Street, Cassadaga, FL 32706

MY CAULDRON MAMA GAIA'S MYSTIQUE

386-366-4385

386-624-7000

CHURCHES

CASSADAGA SPIRITUALIST CHURCH 386-228-3171 1250 Marion Street, Cassadaga, FL 32706

CRYSTALS AND GEMS

TIMELESS TREASURES 386 252-3733 Daytona Flea Market • Corner Shops CS 75&76

HERBS AND GIFTS

SPICE OF LIFE HERBS 386-734-0035 214 W. Beresford Avenue, Deland Open Wed 11-6pm, Thurs, Fri, Sat 11-6pm www.spiceoflifeherbs.net

HAUNTED MUSEUM

C. GREEN'S HAUNTED HISTORY MUSEUM 228-3315 Next to Purple Rose 1079 Stevens Street 32706

PSYCHICS GEMS ROCKS 386-228-3315

PURPLE ROSE in Cassadaga 1079 Stevens Street 32706

KNOXVILLE, TN

READINGS AND REIKI

THERESA RICHARDSON 865-705-2525 Original co-founder of Horizons Magazine Clairvoyant Intuitive Readings, Channeled Readings, Angel Readings, Tarot Readings. Readings are available by phone or in person. Email info@theresarichardson.com Visit www.theresarichardson5d.com/blog

UNITY CHURCHES IN FLA

904-246-1300 Atlantic Beach Bonita Springs 239-941-3100 Bradenton 941-758-6489 Brandon 813-727-4431 727-531-0992 Clearwater UnityNow 727-524-0600 Daytona Beach 386-253-4201 Delray Beach 561-276-5796 Dunedin 727-734-0635 Ft Laud Metaphysical 754-300-1428 Fort Myers 239-278-1511 Fort Pierce 772-461-2272 Gainesville 352-373-1030 Gulf Breeze 850-932-3076 Hollvwood 954-922-5521 904-287-1505 Jacksonville Jacksonville 904-355-5100 Jacksonville Beach 904-246-1300 Lakeland 863-646-5314 352-746-1270 Lecanto Leesburg 352-787-0834 Melbourne 321-254-0313 Mount Dora 352-483-5683 Naples 239-775-3009 New Smyrna Beach 386-481-0890 Northport/Pt Charlotte 941-423-8171 Ocala 352-687-2113 Orlando 407-294-7171 Orlando 407-852-3940 Oviedo 321-206-5148 Palm Harbor 727-784-7911 Pensacola 850-438-2277 Plant City 813-659-2624 Poinciana 863-427-4276 Port Richey 727-848-7702 Port St. Lucie 772-878-9819 St. Petersburg 727-344-1515 St. Petersburgn 727-898-2457 St. Petersburg 727-527-2222 Sarasota 727-848-7702 Sebring 863-471-1122 Sun City 813-298-7745 Tampa 727-531-1836 Tampa 813-870-0731 Tampa 813-882-0440 Titusville 321-383-0195 Venice 941-484-5342 Vero Beach 772-562-1133 West Palm Beach 561-721-1267 West Palm Beach 561-833-6483

HORIZONS MAGAZINE MISSION STATEMENT

What I'm here to do with Horizons is share a belief and formula for happiness that I've found is true for me and for others I know. To give readers the choice to entertain those ideas, some of which may be an option for them as well. We don't always know what we might prefer, how our life might change for the better if we don't consider and entertain the idea of something new. Andrea de Michaelis. Publisher

OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions.

To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience.

What we see and experience is simply the brain's interpretation of electrical signals. The only reality we cope with is the world of perceptions inside our mind.

We participate in creation of the reality we experience by our intentions, beliefs and expectations, by every thought we think and every word we speak. Because we participate in this creation, we have access to as much happiness and supply as we can discipline ourselves to focus on.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation. Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, truly in the Now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it. We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise.

So, if you read an article that touches you or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss the ir offering with them.

Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.



ABRAHAM HICKS

... from page 7...

Esther Hicks

find your power - you don't know what it is; until you find your alignment with **Source**, you don't know what power of influence you have.

You could be meeting someone that you meet on a pretty regular basis but have not been with them for a while, so that the things that annoy you about them are not very active within you, and you could have this really general daydream of how much fun you're going to have, and you would have so much fun with that person as soon as today because of your power of non-resisted thought.

Or you could dread being with them and remember what it was like last time, and try to stay off this topic and that topic for fear that it'll go south like last time, and then it will.

You cannot create in anyone else's reality, but you can create with your **Inner Being**, in which case you have the power to influence them positively, or you can create without your **Inner Being**, in which case you have hardly any power at all, and you can just muck around in the trenches with all of the other physical humans who are standing and pointing blame at each other all day every day.

TRIAGE BAD MOMENTUM

QUESTION: I'm so excited that I finally got up here because I think at the **Caribbean Cruise** I started doubting myself. But now I'm really glad because at the cruise...

ABRAHAM: Well, you could offer better words rather than "*I finally got up here*," because you're sort of amplifying more resistant times or more times of not being ready. We're nitpicking here, but you get what we're talking about.

QUESTION: Absolutely.

ABRAHAM: Most of you could just say half your sentence and you'd be better off. (Fun) "*I'm so glad*." (Fun)

QUESTION: So, at the cruise you said that you were going to spend a segment, a complete segment, on triaging the momentum - something like outside of the processes that you already gave us, something to intervene and triage the bad momentum.

ABRAHAM: Well, with what we're really talking about here, it's interesting that we just said to you all what we just said before you came up here, that **Esther**'s tuned into **Source Energy** as much as anyone we've ever known, and under most conditions she can get there pretty quick. It sort of depends on what she's been doing.

She prepares herself to see you; she makes sure that she's been daydreaming and meditating and making her lists of positive aspects and so forth.

And what we've been talking about here today is about tapping into your true power, and about understanding the difference between that power of non-resisted thought and trying to clean up resisted thought. Well, trying to clean up resisted thought is a little bit like just stop the bleeding.

If you are really upset about something, even though we want to help you and we'd like to take you all the way to your full empowerment, the likelihood of that happening in that moment is not that great because you already have enough momentum going that your world is sort of collapsing around you. And so in most cases, the best anybody can do is stop the bleeding. Does that make sense to you?

Well, you all are past that - we wouldn't have the conversation that we had here today with just any group of people that stumble in off the street, they would not be ready to hear this.

Most people are not ready to accept their worthiness. Most people would think it was outrageous that somebody would spend as much time as we are spending with you not focused on your problems.

...continued on page 29 ...



ABRAHAM HICKS

... from page 28...

Esther Hicks

But we know for sure that every minute that we spend with you focused on your problems is another moment of holding you in vibrational alignment with what you don't want rather than calling you or guiding you toward what you do want.

QUESTION: OK, I just wanted to clarify that.

ABRAHAM: But here's the point that you're making, and it's an important point: You are where you are. "I am where I am. I feel how I feel. I feel the way I'm feeling right now."

So, in this moment, where you are and how you feel is in relationship with who you really are. And we said earlier you couldn't feel terrible if your **Inner Being** didn't feel wonderful about this subject.

If your **Inner Being** didn't know your value and your worthiness, you could never feel defeated because there wouldn't be that wonderfulness to get sideways of.

So we made a strong statement earlier - some of you heard it and most of you did not: *You couldn't feel this bad if your Inner Being didn't feel this good*. "Oh, how very nice for you, Inner Being." (Fun)

Esther said to us more than once "Come over here where I am because the separation between us is too painful." Well, your Inner Being is not ever going to join you in your lower vibration.

But you are where you are. So, over time we've written a lot of books. The **Ask and It Is Given** book has 22 processes in it, each one of them to help you from wherever you are to move to a better feeling place. And every one of them works - there's not one of you, or anybody on the planet who is in any emotional state that is so bad feeling that we couldn't guide them to a little better feeling place with one of those processes. Every single one of them could be moved to an-other place.

But we can't stay with them and guide them to every thought that they're going to think, and so we would say to them exactly the same thing that **Jesus** said to someone he had just healed: Go forth and tell no one.

Because as soon as you go back into your normal world and start having the conversations that you are accustomed to having, then the gain that you made is lost again, because you'll introduce the resistance right back into your experience and separate yourself from who you really are again.

And so this process takes understanding, doesn't it - you have to know that there is another part of you who exists who is offering a vibration that **Law of Attraction** is responding to or you don't have a guiding light to reach for.

And that's what goes wrong with most people - they're trying to please their teacher and their mother and their lover and their friends; they're trying to please all of these inconsistent vibrations around them where they can't really get a handle on who they really are, where your Inner Being doesn't wiggle around on you.

Your **Inner Being** knows who you are, your **Inner Being** is this stable consciousness who is the culmination of all that you have become, and will consistently offer you that signal.

So, when you hear us describe that and give a name to it, and explain to you the ways the **Laws of the Universe** work so that you have a footing that is consistent - one thing that we will say about all of you, no matter how long you've been listening to us, how many **YouTube** clips you've watched, how many books you've read, how many conversations you've listened to, one thing that we know for sure about every single one of you, about every person on the planet, is there's not one shred of evidence to the contrary of what we speak.

The Laws of the Universe are so consistent.

...continued to page 44...



ESSENTIAL LIFE HACKS

... from page 19

Mokshapriya Shakti

Love. It is a spark of **Sacred Light** that is transmitted from **God**'s heart to ours. So we are threefold: I am Presence or **Divine** Self, **Soul** or our **Higher Selves**, and Body or our Lower self.

We are not always aware of our **Divine Nature**, and now we strive to go back to **Source**, our **Real Self**. We wish to achieve **Christ Consciousness**, **Liberation**, **Self-Realization**, or **Nirvana**. This is a deep innate desire, to find our true Self.

This Soul is using this body to explore and create. We have the ability to create because we have a fragment of **Divine** Energy. **God** created this world for us to enjoy and explore our creative talents, our inner gifts, not to suffer. But in the present state we also created misery and suffering. We know then we are not using our highest state of purity or our **Real Self**.

So what happened? **God or Source** did not specify how to use energy. We are the creators of our destiny, through our thoughts and actions. Our vibrations from our conscious, unconscious and super-conscious mind emit into the world, and the world responds accordingly. Energy attracts similar energy; thoughts attract similar thoughts. So we are like magnets creating a world around us attracting the energy and thoughts that we emit.

In the beginning we were pure and created a paradise. But then we got attached to certain likes and dislikes. We started demanding the world to give us what we wanted without regard of consequences.

We also stopped listening to the nudging of our higher selves because they may interfere with our attachments. This allowed the ego body, the tool for us to use in this world to take over. So the ego, like a bully, was louder and more dominant and our communication with our higher selves became less and less. After a while and many incarnations we have lost our ability to have direct communications with our higher selves and our **Spirit**.

Our higher selves or **I Am Presence**, or the **Spirit of God** individualized for each one of us is always with us. It is ready to guide and support us in all our endeavors. We are the ones who've closed the door of communication. This world is a world of **Free Will**, and even **Spirit** is not allowed to interfere unless it is an untimely situation of life and death.

Because of the bullying ego, we do not realize **Spirit** will always guide us to our highest good and fulfill our innermost desires at the appropriate time. So, ironically, our attachments sometimes interfere with the fulfillment of our desires.

Only when we surrender our ego can **Spirit** take over. Initially we were to be guided by **Spirit** to fulfill our experiences here in this world. All our desires were to be fulfilled as long as it was for our highest good and for the highest good of all involved.

We all must return to that purity, the Divinity residing in the core of our being in the threefold flame of our heart. It is here we will find what we are searching for. Our attachments are a feeble attempt to regain our deepest Soul's desire. What we fail to realize is that by trying to control through the ego, we go further and further away from our goals.

This in turn then leads us to actions which are selfish and do not consider the whole of humanity. We can see extreme cases of this in greed, war, prejudice, power, and hatred. What all of these have in common is a lack of love, the purest of all emotions, but only if that love has no strings attached. Here, we are not talking of love for attachments like love of money, power and so on.

A seed disintegrates to transform itself into a beautiful oak tree, its purest potential. Similarly, we must disintegrate to become the splendor of the **Divine**, our purest potential. Only transformation brings us back to our purity, not death.

... continued to page 31...



ESSENTIAL LIFE HACKS

... from page 30

Mokshapriya Shakti

To do that we must understand what the mind is thinking and doing. We must understand what our emotions are emitting into the universe. But that is a difficult task. Sit back and try to have no thought and the mind keeps on rambling on and on. We are not aware of what it is doing. Many times we are not even aware why we are feeling the way we are.

When the mind is not engaged it seems to constantly keep on talking. Generally, it is judging us. *I am no good; I should have; why did I not* and so on.

Also, it goes over things that have happened in the past like a broken record and keeps repeating and repeating the same stuff. Or the mind gets into creating situations which do not exist to worry about. It does these things all by itself.

We are never alone; our **Spirit** is constantly with us. It is ready to guide and communicate with us. When we tap into our intuition, when we meditate and receive information, it is **Spirit** that is communicating with us. Through reflection through meditation, we can strengthen this communication. This deepens our goal for our lives to be guided by **Spirit**.

If we wish to change, we need to discover what kind of vibrations we are sending out into the world. We need to understand our own mind. **Sage Patanjali**, approximately 500 - 300 BC, gave an exposition on the mind which is still relevant today. Our basic mind has not changed. By studying the mind we will have a clearer understanding of our mind, strengthening our ability to change as we feel moved.

CRYSTALS, ROCKS, MINERALS DAILY USE AND PRACTICE



... from page 12

Calcites are often used to help calm the mind and free us from the worries and tensions of our day. The golden color exemplifies a sense of joy and allows us to open to what is truly important. A perfect peach. A deer in the meadow. A Blackeyed Susan blooming by the front door. Memories of shared time with people we love. In this space we can give thanks for life and imagine the possibility of peace.

This calcite is too heavy to move and it has been an anchor of our lovely space for many years. There is even a little green moss growing on the top from the many rains this summer. It is exactly what we needed to grid our mountain place and remind us all to relax and let nature do her magic.

If you want to find one for yourself, almost any rock shop should have some although you may need to do some searching to find a really large one. You can reach me at **sharronbritton@yahoo.com** if you would like me to find you one when I go to **Tucson** - unless there are more enormous changes at the last minute. My calcites will help me ride out the changes with grace.

Many blessings to you all.



Gold Calcite

MICHELLE WHITEDOVE

...continued from page 13...



Within the library there are records for each soul, that's called your "**Book of Life**". It's a detailed account of the soul's history that includes spoken word, deeds, interactions and thoughts.

Every soul has an eternal record book of every experience including chapters for each incarnation and the many lives that you've lived.

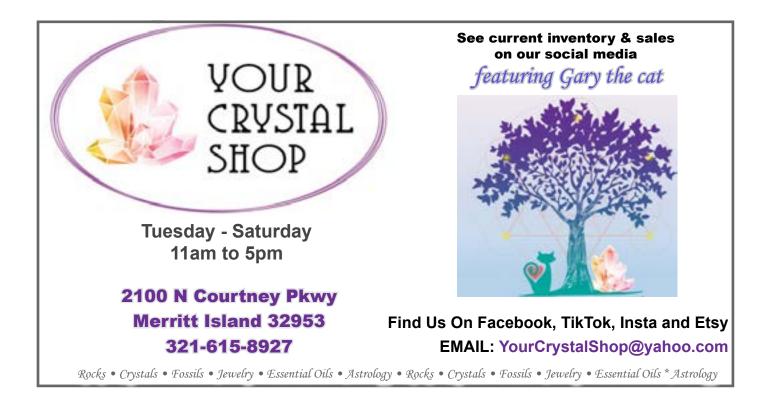
In the Heavens, we use these chapters to study our past experiences. We look back upon our misgivings, the choices that we made both positive and negative, our difficulties, our accomplishments, our relationships with other souls and take note of the spiritual lessons that we need to master.

These records serve us in our spiritual development and our continued desire to learn and grow in the Heavens. They are used extensively when we are between lives and deciding the details of our future life.

With the guidance of God, Angels and master teachers, we map out a plan for encounters that set us up to learn more advanced spiritual lessons. These are opportunities that will help us to grasp new awareness and to repeat old patterns that we will strive to overcome.

The most fascinating aspect of these books as we view them, they come to life like a three dimensional movie. Using all of our senses, we deeply feel the emotions of the event that we are viewing, not only from our perspective, but from the vantage point of others too.

In this way we are able to understand the full truth of the situation and we learn a great deal from the revisiting and reevaluating the experience. Every moment of the soul's grand adventure is recorded; we come here from Heaven to explore, to learn and to love.





THIS MONTH'S THOUGHTS ABOUT THINGS

"I want to look back on my life and be giddy with joy that I was the one who got to live it. So far, so good."

Andrea de Michaelis Publisher

... from page 22

I have to take a few moments to recall and re-relish every time something in the past worked in my favor, every time I was happy, every time I felt in love or free or limitless.

If nothing comes to mind (because of my vibe in that moment,) I hafta find a cat to pet or something fun to do or look at stoopid **YouTube** videoss, doesn't matter, it's just a stage to help me begin releasing resistance.

WHEN YOUR THOUGHTS OF GOOD TIMES PAST AND TO BE OUTWEIGH YOUR THOUGHTS OF RESISTANCE, YOU'LL ATTRACT A MORE PLEASANT EXPERIENCE

WHEN YOUR THOUGHTS OF GOOD TIMES PAST AND TO BE OUTWEIGH YOUR THOUGHTS OF RESISTANCE, of anger, of indignance, of loss, of not-enough, the scale will tip in the balance of things going more smoothly in your outer 3-d physical world. It never not works. **CAN I AWAYS DO IT? HECK NO** but that's when I remind myself what I know to be true. When I can pivot my focus and release the resistance, it never NOT works.

TO WHOEVER OR WHATEVER IS UP THERE OR OUT THERE:

To **Whoever or Whatever** is up there or out there, thank you for motivating me to do what it takes to remain in a vibrational place to attract all the blessings that come my way, for all the good things in my life, for giving me hope for the future despite media input.

Thank you for keeping \$\$ available for all needs, for everything running smoothly bcz that gives me hope for the future so I know even when it doesn't go well, it will again soon.

Thank you for good neighbors, good friends and a pleasant living environment. Thank you for keeping my mood uplifted & keeping the lows brief, all the while knowing that it is bcz it is with your grace that I'm able to stay conscious & mindful enuff to discipline myself to pivot from thoughts and behaviors that don't serve me, to stay focused on the good right in front of me and encouraging me to do good when occasions arise.

Enjoy our offering this month. Hari Om.

Andrea







ARIES - (March 19 - April 18)

ARIES: ASTRAL CLIMATE FOR AUGUST 2024

Some work persistently and manage to change their destiny, while others are confronted with a past that temporarily prevents them from expressing their desires or realizing their projects. It's best to contain your immediate desires and channel them until the end of the month.

Mood

ARIES: MOOD FOR AUGUST 2024

Rather affable and seductive at the beginning of the month, do not let yourself be overcome by a sudden desire to make yourself excessively heard. Try to identify the past conditioning that resurfaces and pushes you to assert yourself, risking to disrupt the frequency.

Love

ARIES: LOVE FOR AUGUST 2024

While the atmosphere at the beginning of the month favors your emotional fulfillment, do not abuse your ease of communication by raising your voice thinking you have all the rights. Some messages you send displease because they are laden with innuendos and poorly received by your partner.

In a relationship: to maintain a beautiful atmosphere in your duo, avoid the subliminal messages you send to the chosen one of your heart.

Single: if you benefit from a conducive atmosphere for your emotional fulfillment, do not spoil your chances afterward by multiplying mistakes that cool the ardor of the other.

Money

ARIES: MONEY FOR AUGUST 2024

If you want some financial advantages, express your requests at the beginning of the month. Afterwards, you may become more incisive and displeasing.

Work

ARIES: WORK FOR AUGUST 2024

Your creativity, your personal radiance benefit you at the beginning of the month, but do not let yourself be overwhelmed by past behaviors that sabotage your successes and harm your popularity.



Leisure

ARIES: LEISURE FOR AUGUST 2024

Choose the beginning of the month to go out, charm, and shine. Then, lower your tone to avoid hitting a wall and ending the month alone.

Key dates

ARIES: KEY DATES FOR AUGUST 2024

The 2nd: Beware of wild spending, you want everything. In love or elsewhere, the better often turns into the enemy of the good.

The 7th: you communicate with ease, lightness, and charm your partner with irresistible declarations! The 16th: You risk generating misunderstandings if you raise your voice. Your interventions and the pressure you exert on others are poorly tolerated.

The 19th: beware of the feeling of frustration that grips you if you persist in ignoring the obstacles that block your initiatives!

The 29th: you find the right arguments for others to want to believe you and follow you in a life project that guides your destiny and that of your loved ones.

Advice

ARIES: ADVICE FOR AUGUST 2024

Take advantage of a radiant start to the month to make an impression. The second half is less favorable, especially if you impose your codes on everyone.

TAURUS – (April 19 – May 19)

TAURUS: ASTRAL CLIMATE FOR AUGUST 2024

Those undergoing a major life transition rely on their loved ones for support as they evolve (anticipating a slowdown in communication from the 5th onwards). Others encounter obstacles hindering their expansion, while some must balance personal aspirations with family needs.

Mood

TAURUS: MOOD FOR AUGUST 2024

You're in excellent spirits to broaden your horizons, but overspending to fulfill your desires puts you in a tight spot, dampening your mood.

Love

TAURUS: LOVE FOR AUGUST 2024

You seek to contribute to your family and romantic fulfillment, but don't overestimate your ability to undertake a project beyond your means.

In a relationship: While the home atmosphere may be ideal, avoid investing in overly ambitious projects; temper your enthusiasm a bit.

Single: You have the opportunity to enjoy family time or create a cozy nest, but refrain from committing to a project you cannot financially sustain.

Money

TAURUS: MONEY FOR AUGUST 2024

This is where it gets tricky; you're aiming for a project that's too costly. Try to cut expenses to avoid sinking.

Work

TAURUS: WORK FOR AUGUST 2024

Regardless of your field, you tend to demand more than others are willing to give or spend more than is reasonable. If pursuing a major project, ensure you can meet deadlines.

Leisure

TAURUS: LEISURE FOR AUGUST 2024

If you enjoy spending time with family, realize that your indulgences may be more expensive than anticipated.

Key dates

TAURUS: KEY DATES FOR AUGUST 2024

The 5th: Obstacles disrupt communication; refrain from



imposing your desires on others. Wait for communication to flow smoothly again.

The 14th: Your ambition to succeed is valid, but will you achieve your goals quickly by being authoritative? Certainly not.

The 18th: Don't alienate loved ones by asserting your desire to forge your own path too forcefully. Your demands aren't well received.

The 19th: A long-term project faces financial hurdles. You must cope with frustration, which may affect you emotionally.

The 27th: More lightheartedness in your romantic relationships; your uniqueness is successful. However, you continue to preserve your freedom of action.

Advice

TAURUS: ADVICE FOR AUGUST 2024

The month begins on a pleasant note, but things cool down when you face the consequences of your grand projects. Course-correct in time.

GEMINI – (May 20 – June 19)

GEMINI: ASTRAL CLIMATE FOR AUGUST 2024

Some enjoy ideal conditions within their families and relish in close moments with their loved ones. Others may inadvertently hurt those around them by sending subliminal messages, which are misunderstood by those who interpret them as a desire to break ties. Still, others encounter resistance if they take initiatives without authorization.

Mood

GEMINI: MOOD FOR AUGUST 2024

Avoid overdoing it to avoid arousing suspicion from your superiors. It's better to remain discreet and avoid conflicts.

Love

GEMINI: LOVE FOR AUGUST 2024

You start the month with confidence, but professional obstacles overshadow the family atmosphere and dampen your desires for fulfillment.

...continued on page 36



In a relationship: If things are going well with your loved ones, expect conflicts at work and personal disappointments.

Single: You start strong, but encounter obstacles midmonth, which can be discouraging.

Money

GEMINI: MONEY FOR AUGUST 2024

You feel restricted, even aggrieved, and certainly frustrated when you realize that your requests are met with resistance.

Work

GEMINI: WORK FOR AUGUST 2024

The month begins with optimism, but you encounter obstacles that hinder your ambitions. Avoid pushing too hard, as it doesn't work in your favor.

Leisure

GEMINI: LEISURE FOR AUGUST 2024

Instead of lamenting in vain about your situation, escape from it; you'll come out ahead.

Key dates

GEMINI: KEY DATES FOR AUGUST 2024

The 2nd: Beware of clumsiness that causes confusion in your interactions; express clearly and gently what's on your mind.

The 7th: You have a charisma that makes everyone like you and makes everyone want to team up with you! The 16th: Avoid getting angry, especially when addressing authority figures who do not appreciate your interventions; lower your tone!

The 19th: You may be frustrated in your expectations by a hierarchy that blocks your progress, dampens your enthusiasm, and hinders your desire to broaden your horizons.

The 29th: You have a good atmosphere to assert, even achieve, your ambitions. It's time to push your limits, to push the boundaries of what's possible!

Advice

GEMINI: ADVICE FOR AUGUST 2024

This month won't leave you with unforgettable memories, but rather a slight bitter taste. Take valuable lessons from possible disappointments to better navigate obstacles next time.

CANCER - (June 20 - July 21)

CANCER: ASTRAL CLIMATE FOR AUGUST 2024

Some are seeking to convey their messages gently, to innovate within the family constructively. Others are facing financial obstacles that delay their bold projects. Some see their ambitions thwarted and must revise their plans before realizing them.

Mood CANCER: MOOD FOR AUGUST 2024

Let go, don't try to force your way through; your manipulations may backfire on you and your interests. A period of frustration darkens your mood.

Love

CANCER: LOVE FOR AUGUST 2024

You start the month in tune with your heightened creativity, but find yourself facing obstacles in achieving your ambitions. A climate more tinged with frustration than conducive to your emotional fulfillment, even though Venus does her best to warm the atmosphere. In a relationship: Your efforts to achieve what matters to you professionally are consuming your attention. Take the time to explain to your partner the reasons for your concerns.

Single: Somewhat disheartened by the resistance you encounter in your professional path, you hardly have the time or desire to pursue romance.

Money

CANCER: MONEY FOR AUGUST 2024

Don't demand that your expectations be met. While the sky may work in your favor at the beginning of the month, be aware of the contrary currents that it will be futile to defy later on.

Work

CANCER: WORK FOR AUGUST 2024

You want to develop potentials that have been insufficiently exploited so far, but be prepared for some disappointments; you need to lower your ambitions. Don't try to force your way through; your initiatives undertaken in the shadows are hitting a wall.

Leisure

CANCER: LEISURE FOR AUGUST 2024

Try to forget about ongoing matters until the resistance subsides. In the meantime, go on vacation, but don't strive to perform at all costs.

Key dates

CANCER: KEY DATES FOR AUGUST 2024

The 5th: Communication experiences some delays. If you need to negotiate, convey a message, or teach, you will regain fluidity in exchanges starting from the 28th. The 14th: Behind the scenes, you refine your strategies and finalize the emergence of a new cycle of expansion that will only manifest itself from June 2025.

The 19th: You are dealing with thwarted ambitions. Handle disappointment with detachment to overcome it and learn lessons for the future.

The 23rd: Don't let your resentment disturb communication. It's better to remain silent than to react too aggressively.

The 28th: It's time to restart discussions that have been on hold since the 5th. Try to remain as pragmatic as possible; the conversation will flow smoothly.

Advice

CANCER: ADVICE FOR AUGUST 2024

You have to deal with a frustrating atmosphere. Opt for a more detached and serene attitude that serves your interests better than counterproductive stubbornness.

LEO – (July 22 – August 21)

LEO: ASTRAL CLIMATE FOR AUGUST 2024

Some express their desires and establish constructive exchanges with those around them. Others seek to overcome resistance to realize a life-changing project but must hold back their punches. Finally, some manage a climate of excitement around a turn that disrupts their bearings and keeps them on edge.

Mood

LEO: MOOD FOR AUGUST 2024

You start the month with contagious enthusiasm, but beware of the disillusionments that await if you underestimate the means to realize your plans. You risk becoming disillusioned and ending the month disheartened.

Love

LEO: LOVE FOR AUGUST 2024

You start the month with a project that excites you, but don't try to accomplish it at all costs. Your stubbornness worries those around you who feel you're taking too many risks.

In a relationship: try to slow down rather than accelerate the movement regarding a project that your entourage finds a bit risky. Not everyone shares your point of view.



Single: you envision a future that you perceive as perfect. Your prospects are not unanimous, but your loved ones encourage you to persevere.

Money

LEO: MONEY FOR AUGUST 2024

Avoid playing with fire; you're investing beyond your means to realize a project that pleases you. Plan for a safety net; don't throw money out the window.

Work

LEO: WORK FOR AUGUST 2024

You charge ahead to realize a project that mobilizes all your energy and ignore the financial risks you run by pursuing your dream. It's not certain that the logistics will follow, and you may then face frustrating disappointments.

Leisure

LEO: LEISURE FOR AUGUST 2024

Your sole objective is to realize a project that mobilizes your energies but exceeds your means. You're not ready to invest in what takes you away from your goals. What if you thought a bit about others?

Key dates

LEO: KEY DATES FOR AUGUST 2024

The 4th: the new moon in your sign invites you to launch a new cycle of expansion. The month promises to be intense and a bit tiring.

The 7th: projects evolve, your charisma is strengthened by the circumstances, allowing you to shine. Don't overstep the bounds or you'll soon find yourself stuck.

The 16th: brakes halt your momentum abruptly; any attempt to force your way meets resistance and reluctant counterparts don't insist.

The 19th: a bit of frustration for those who impose their perspectives. Don't resist and let go in the face of adversity.

The 29th: you know how to approach others and manage relational tensions. Your associations need to evolve, and you're willing to open up a creative dialogue.

...continued on page 38...

HOROSCOPES A



Advice LEO: ADVICE FOR AUGUST 2024

A somewhat tense month to manage wisely by calming your obsessive thirst to materialize your projects on the spot. A necessary, even indispensable, step back to avoid hitting a wall.

VIRGO - (Aug 22 - Sept 21)

VIRGO: ASTRAL CLIMATE FOR AUGUST 2024

Some benefit from personal charisma to persuade, even if exchanges slow down after the 5th. Others, despite their progress, encounter resistance from their professional environment, which complicates matters for them. Some must not let their emotions interfere with their intentions to end the month in beauty rather than disgrace.

Mood

VIRGO: MOOD FOR AUGUST 2024

You lack neither ambition nor eloquence, but your mannerisms are not appreciated. Avoid using strongarm tactics to get your way, as you'll encounter tougher resistance. Lower your tone and be patient.

Love

VIRGO: LOVE FOR AUGUST 2024

Venus endows you with a certain charisma, but do not abuse your power of seduction to gain advantages rejected by wary partners. This affects your love life. In a relationship: This is not the best month of the year for strengthening bonds. Despite your charm, you are met with suspicion, you are ignored. This is not a reason to lash out at everyone.

Single: You can use your finest eloquence, but you risk hitting a wall. The one who interests you is not very receptive to your charms and arguments.

Money

VIRGO: MONEY FOR AUGUST 2024

This is not the time to demand anything. People are hardly inclined to respond positively to your expectations.

AUGUST 2024

Work

VIRGO: WORK FOR AUGUST 2024

It's at work that the rapport is the weakest. You seek to assert your ambitions, but you struggle to gain approval. Do not force your way through, risking to harden exchanges and end up disappointed.

Leisure

VIRGO: LEISURE FOR AUGUST 2024

Go on vacation and spend your energy on activities that allow you to relieve tension. Don't try to break down temporarily insurmountable barriers at work.

Key dates VIRGO: KEY DATES FOR AUGUST 2024

The 2nd: Some emotions hinder your ambition to broaden your horizons, to steer your destiny in a direction that goes beyond the beaten path.

The 7th: You work in the shadows and successfully promote your ideas. Count on discreet support to further your interests.

The 16th: Lower your tone to avoid offending interlocutors who are not inclined to let you act freely.

The 19th: The best may become the enemy of the good if you push too hard. Opt for the gentle method rather than the strong-arm approach.

The 29th: Rely on expressing your talents to enrich your daily activities and serve the interests of the community as much as your own.

Advice

VIRGO: ADVICE FOR AUGUST 2024

This month exposes you to probable setbacks in social and professional spheres. So, escape and go breathe the fresh air!

LIBRA - (Sept 22 - Oct 21)

LIBRA: ASTRAL CLIMATE FOR AUGUST 2024

Some are taking the necessary emotional distance to fully live their stories, while others are dealing with demanding daily life that stifles their desire for expansion. Some must also refrain from any eccentricity, especially in their spending, when they embark on a project dear to their heart.

Mood

LIBRA: MOOD FOR AUGUST 2024

Frustrations multiply and weigh down your mood. You feel like you're not up to the task of fighting against the obstacles that destabilize you. Don't give up.



Love

LIBRA: LOVE FOR AUGUST 2024

While some projects show promise at the beginning of the month, you may encounter obstacles that affect you. Wait until next month to regain your smile! In a relationship: The month starts well, but then you encounter difficulties. Keep your spirits up while waiting for things to improve.

Single: This is not the best time to engage in a new relationship. You have too much on your plate daily to think about love.

Money

LIBRA: MONEY FOR AUGUST 2024

Don't rejoice too soon, to avoid rushing into anything, risking having to slow down in the second half of the month.

Work

LIBRA: WORK FOR AUGUST 2024

Despite promising prospects, this month is full of challenges. You encounter obstacles that slow down your progress.

Leisure

LIBRA: LEISURE FOR AUGUST 2024

Avoid going far away, planning an escapade that you'll have to give up, as demanding daily life reminds you to stay grounded, whether at home or at work.

Key dates

LIBRA: KEY DATES FOR AUGUST 2024

On the 4th, you have plans and the energy to pave the way for your future idea. Make sure your ambitions don't take an overly excessive turn.

On the 7th, rely on your surroundings and possible external support to broaden your horizons, push the boundaries of what's possible without going overboard. On the 14th, you accelerate the movement, showcase your talents, but don't pressure those who are likely to facilitate your ascent.

On the 19th, disappointments for those who don't anticipate the obstacles arising on their path from daily obligations that hinder their momentum.

On the 28th, if negotiations concerning your future were stagnating, exchanges resume more smoothly, but stay realistic.

Advice LIBRA: ADVICE FOR AUGUST 2024

You plan to take off for a destination you love, to escape far away, but you're caught up by a less pleasant reality. Instead of lamenting, try to adapt.

SCORPIO – (Oct 22 – Nov 20)

SCORPIO: ASTRAL CLIMATE FOR AUGUST 2024

Some are fortunate to have the support of their loved ones to innovate within the family, while others must contend with circumstances that dampen their enthusiasm. Still, others should avoid using their influence to pressure others, as this tactic is unlikely to work and may strain relationships.

Mood

SCORPIO: MOOD FOR AUGUST 2024

Balancing feelings of frustration from the difficulty of expressing your potential and the desire to escape this situation is challenging. Trying to evade these imposed limitations might lead to a fall. Be cautious of the consequences of your actions if you push too hard.

Love

SCORPIO: LOVE FOR AUGUST 2024

At the beginning of the month, nothing disrupts your plans, but be wary of a tendency to dominate others later on. Building trust and solidifying feelings cannot be achieved by throwing money around or pressuring your partner.

In a relationship: Don't try to compensate for a lack of intensity in the relationship by acting recklessly. You may achieve the opposite of what you desire. Single: Reign in your desire for excitement in your love life. Forcing events won't create a relaxed atmosphere.

Money SCORPIO: MONEY FOR AUGUST 2024

Avoid squandering money and asking for too much. You might hit a wall.

...continued on page 40...



Work

SCORPIO: WORK FOR AUGUST 2024

Saturn restrains the expression of your talents. Trying to reverse this trend won't be effective. This month, simply do what is expected of you.

Leisure

SCORPIO: LEISURE FOR AUGUST 2024

Enjoy a harmonious start to the month by going on vacation, having fun, and spending time with others. The second half is less conducive to relaxation and enjoyment.

Key dates

SCORPIO: KEY DATES FOR AUGUST 2024

The 2nd: Your charm alone may not convince others to agree with your proposals, especially if they prefer to do things their own way.

The 7th: Seize opportunities promptly, but don't overestimate your influence on events and your social and professional circle.

The 16th: Don't force anyone to follow you. In love or in business, you may face defeat if you try to coerce others.

The 19th: Emotional blockage or a cooling off in feelings might hinder your progress. It's better to refrain from action than to end up stuck.

The 27th: Hope is renewed as the sky clears. Seize any opportunity that comes your way to pave the path for your future endeavors.

Advice

SCORPIO: ADVICE FOR AUGUST 2024

Between feelings of powerlessness and the desire to change things, endure frustration without indulging in extravagance that could harm your situation.

SAGITTARIUS - (Nov 21- Dec 20)

SAGITTARIUS: ASTRAL CLIMATE FOR AUGUST

Some gather goodwill around a project, while others balance between their ambitions and daily difficulties. Yet others, despite a desire to involve their loved ones in their vision, encounter obstacles, even refusals, which frustrate their desires.

Mood

SAGITTARIUS: MOOD FOR AUGUST 2024

After a pleasant start to the month where you interact with others, the atmosphere becomes heavier in the second half. Family responsibilities may weigh a little on the mood.

Love

SAGITTARIUS: LOVE FOR AUGUST 2024

At the beginning of the month, you aspire to involve your partner in your adventures, but you may be disappointed when family responsibilities bring you back to earth.

In a relationship: seize the beginning of the month to escape, go on vacation with your loved one, because in the second half, you are caught up in family responsibilities to fulfill.

Single: at the beginning of the month, you enjoy good vibes to go out with friends or with a recent acquain-tance, but the second half reminds you of your duties.

Money

SAGITTARIUS: MONEY FOR AUGUST 2024

Count on the beginning of the month to seek financial support and to encourage others to follow you. Afterwards, opportunities diminish.

Work

SAGITTARIUS: WORK FOR AUGUST 2024

If a recent event opens up perspectives for you, you are led (from the second half) to support your family.

Leisure

SAGITTARIUS: LEISURE FOR AUGUST 2024

Even if the beginning of the month offers you the opportunity to take off to distant destinations in good company, do not stray too far from a home that requires your attention.

Key dates

SAGITTARIUS: KEY DATES FOR AUGUST 2024

The 5th: If negotiations stall, persevere. Debates will resume more smoothly from the 28th.

The 8th: Your charm works, even if you have to wait until the end of the month to reap the rewards of your initiatives and proposals.

The 14th: You want to convince the other to adhere to your principles, but tone it down so as not to come across as a dictator.

The 19th: Regardless of your good intentions, your enthusiasm is not shared by others. Don't pressure anyone.

The 29th: You find arguments to gather support around a project that you like and want to share with your loved ones.

Advice

SAGITTARIUS: ADVICE FOR AUGUST 2024

The month appears mixed; it's difficult to communicate with your loved ones without friction. Avoid putting pressure on anyone.

CAPRICORN - (Dec 21 - Jan 19)

CAPRICORN: ASTRAL CLIMATE FOR AUGUST 2024

Some aspire to evolve their relationships without hurting the sensitivity of their loved or desired one. Others have no trouble involving those they love or desire in their dreams, even in their lives. Finally, some must take advantage of a daily life that opens up perspectives if they remain open to change.

Mood

CAPRICORN: MOOD FOR AUGUST 2024

You are determined to exploit opportunities to improve your situation and daily life. However, expect resistance, which may slow down your progress and somewhat dampen your spirits.

Love

CAPRICORN: LOVE FOR AUGUST 2024

At the beginning of the month, the atmosphere is conducive to pleasant changes, but don't rush anything afterward. You risk frightening your surroundings, who are not inclined to follow you. Avoid putting pressure on your family. horoscope

In a relationship: to prevent communication from reaching a deadlock, make decisions alone and decide the future of the family without prior consultation. Single: some opportunities that seem promising do not meet unanimous approval in your circle. Don't sabotage yourself by displaying a stubborn attitude.

Money

CAPRICORN: MONEY FOR AUGUST 2024

The beginning of the month is promising; nothing seems to be refused to you, but don't rejoice too soon. Prepare yourself for a little disappointment that will undermine your hopes a bit.

Work

CAPRICORN: WORK FOR AUGUST 2024

If you are ready to seize opportunities at the beginning of the month, you may encounter difficulties in their realization afterward. Don't try to speed things up; you would only reinforce the blockages, whether they come from you or from others.

Leisure

CAPRICORN: LEISURE FOR AUGUST 2024

If you can, go on vacation away from the noise of the world. If you feel misunderstood for the moment, don't take it personally.

Key dates

CAPRICORN: KEY DATES FOR AUGUST 2024

The 2nd: you need to spice up your romantic relationships, but don't turn your little bit of whimsy into a big dose of madness; avoid excesses.

The 7th: you are ready to seize opportunities to innovate your daily life; it's time to act and distinguish yourself.

The 16th: avoid intervening without reservation, or your stance may be criticized. Your tendency to control everything is not appreciated.

The 19th: you are hindered in your impulses if you adopt a sullen or even stubborn attitude. Stay flexible and attentive to evolve.

...continued on page 42...



The 27th: to spice up your love life, to evolve a too conventional bond, keep a close eye and an open heart.

Advice

CAPRICORN: ADVICE FOR AUGUST 2024

The month seems to undermine your hopes of improving your daily life. Instead of lamenting your fate, wait for it to pass.

AQUARIUS – (Jan 20 – Feb 17) ASTRAL CLIMATE FOR AUGUST 2024

Some people don't hesitate to take risks to accompany their transformation, while others respect boundaries to avoid disappointment and dissatisfaction. It's important to maintain open dialogue to innovate without causing conflicts.

Mood

AQUARIUS: MOOD FOR AUGUST 2024

While you may feel jubilant at the start of the month, you may appreciate less the polar chill that descends upon you afterward. Don't avoid what darkens the picture; don't force things if events block your path.

Love

AQUARIUS: LOVE FOR AUGUST 2024

At the beginning of the month, you declare your feelings, reigniting the flame to win over the one you desire. But don't try to impress the other, as you lack funds to splurge and may feel a sharp frustration. In a relationship: Your love life lacks neither flair nor intensity; the relationship flourishes through intimate dialogue. However, in the second half of the month, material reality reminds you to be prudent, dampening the atmosphere a bit.

Single: You have someone in mind; a recent romance is progressing positively. It would be a shame to tarnish such a lovely picture by throwing money around recklessly. Alternatively, a financial burden may come back to haunt you.

Money

AQUARIUS: MONEY FOR AUGUST 2024

Saturn and the burdens it imposes are upon you. Try not to engage in reckless spending that far exceeds your means.

Work

AQUARIUS: WORK FOR AUGUST 2024

You're not short of creativity or talents, enjoying considerable popularity at the beginning of the month. However, the second half promises more disruption due to financial issues that dampen your mood.

Leisure

AQUARIUS: LEISURE FOR AUGUST 2024

Enjoy the light and intense start to the month to party, have fun, and relax, as the sky clouds over afterward. Responsibilities resurface, slightly dulling the daily routine.

Key dates

AQUARIUS: KEY DATES FOR AUGUST 2024

The 4th: The new moon invites you to maintain open dialogue throughout the month. Even if exchanges seem to slow down after the 5th, don't give up. The 7th: The day is marked by love or creativity; you feel free to express yourself and share your expectations and desires.

The 18th: Beware of palpable tensions disrupting family harmony. Don't react too aggressively; stay zen in all circumstances.

The 19th: Between the desire to fulfill all your desires and certain limits, moderation and restraint are necessary.

The 29th: In full metamorphosis, rely on your inspiration to achieve your ambitions. Take advantage of this favorable astral alignment to believe in yourself and take action.

Advice

AQUARIUS: ADVICE FOR AUGUST 2024

If your month starts off with a bang, you may feel frustrated later when it's time to come back down to earth. Don't play the victim; stay realistic.

PISCES – (Feb 18 – March 18)

PISCES: ASTRAL CLIMATE FOR AUGUST 2024

Some manage to maintain a serene dialogue despite some slowdowns in communication starting from the 5th. Others deal with family tensions regarding investments or commitments for mutual fulfillment. Watch your words to avoid hurting those around you and disrupting communication.

Mood

PISCES: MOOD FOR AUGUST 2024

At the beginning of the month, you're conciliatory, but beware of a tendency to make everything about you, which brings trouble in the family. While your dedication is appreciated at the beginning of the month, your inclination to decide everything for everyone is less favored.

Love

PISCES: LOVE FOR AUGUST 2024

At the beginning of the month, you seek to satisfy the desires of your loved ones while considering your own needs. Between the desire for family expansion and the necessity to meet your own requirements, tensions may escalate.

In a relationship: the warm atmosphere at the beginning of the month doesn't last. Don't let your desire to manage everything take over.

Single: you're tempted to prioritize your personal interests, and your suggestions aren't unanimously accepted.

Money

PISCES: MONEY FOR AUGUST 2024

You have resources to improve your living conditions and those of your loved ones, but you're more cautious in your spending during the second half of the month, which doesn't favor excess.

Work

PISCES: WORK FOR AUGUST 2024

If you're focused on improvements in your private life, make sure not to impose anything at work. Being too assertive may lead you to be regarded with suspicion and incite your colleagues to curb your enthusiasm.

free-

oroscope

Leisure

PISCES: LEISURE FOR AUGUST 2024

Count on the beginning of the month for vacation plans. You're more open to others and more inclined to have a good time then. In the second half, your more sullen attitude doesn't encourage others to socialize with you.

Key dates

PISCES: KEY DATES FOR AUGUST 2024

The 2nd: If your desire to contribute to your family's interests is evident, don't let your bold ideas disturb relationships.

The 5th: Although circumstances push you to get closer to others, your exchanges slow down; the pace will naturally resume from the 28th.

The 14th: If you aspire to improve your quality of life, avoid rushing events and imposing your pace on others. They are reluctant.

The 18th: Beware of conflicts if you adopt an offensive tone rather than a diplomatic one when addressing others. Not everyone appreciates your humor.

The 19th: Avoid any stubborn or sullen attitude, risking offending those around you. Your loved ones don't like your behavior and make it known.

Advice

PISCES: ADVICE FOR AUGUST 2024

You start the month with the desire to make everyone happy, but then you backtrack. You need to control your emotions, but don't let a too austere atmosphere take over.



ABRAHAM HICKS

... from page 29...

Esther Hicks

Another thing that we will say to you: You have never heard us say one thing ever that contradicts another thing that we've said; ever.

Because, while there is an expansion and an evolution of the process, while your knowledge can get deeper and maybe easier to apply, none of it is ever vibrationally off from any other part of it, which means it's coming from the true heart of that which is **Source**, from the true heart of that which is You.

So the sales job that we do all day every day is in introducing you to You by first convincing you that these **Laws** are laws, that they don't wiggle around; they're not arbitrary.

And that you are **You**, and that that doesn't wiggle around; that just keeps becoming more and more and more and wonderful and knowing.

And once you get those two things in place, now you have a reference point. And now, as you pay attention to your own emotions, you can tell whether you're leaning in the direction of who You are or leaning away from it.

And sometimes you're leaning so far away from it that the best we can do is stop the bleeding, and you're not going to get that much from us in this conversation, while you will feel a little better.

And sometimes we'll have some conversations like we've had here today where you have gone with us into a place where consciousness has never been before, and you have felt the exhilaration that your **Inner Being** felt as we moved into a place that has never been before unto all of the Universe, and in your complete alignment, you felt that thrill, you felt that harmony, you felt that evidence of motion forward. And so, then we just send more words - maybe it just sounds like words to you and maybe you feel it, but this is how you are meant to always feel: You're meant to know your value and to play with the others of the world, and to realize that the rascals who bother you the most are the ones that help you put the most in your **Vibrational Reality**, and that it's all about you focusing and finding and focusing and finding and reveling, until some days you'll just be sitting in some place feeling the absolute perfection of your beingness, and you'll be reveling with your Inner Being who is doing exactly that with you.

And sometimes life feels like it sucks.

But it's all your choice.

If you're in a really sucky place, take a nap - do any-thing to break that momentum.

SYNCHRONICITY WITH A TV SHOW

ABRAHAM: This is the way we like to explain it: Most people are trying to figure themselves out in relationship with everybody else, so most everybody is cataloging and pigeonholing everything.

There are those who like to watch **Batman** and there are those who like to watch **basketball** and there are those who like to watch **politics** and so forth.

And so there are all these piles of humanity, all sort of aware of each other, but mostly just aware of where they stand, and mostly believing that where they stand is the good place and that where everybody else stands is a lesser good place.

And so there's that feeling of competition, and mostly a lot of resistance that people are feeling about each other. So, of course you have your samenesses and your similarities and your harmonies - this is the contrast from which you are selecting your preferences.

Esther wants to rearrange the furniture in the suite she's staying with in this hotel because she knows for sure that that picture was supposed to be centered over the couch, and now it isn't.

... continued on page 45...



ABRAHAM HICKS

... from page 44...

Esther Hicks

So at one time she knows that living room was down there, and so she sort of wants to move the couch. If anybody wants to help her, she's going to do it this afternoon. (Fun) Always looking for improvement is sort of how you're all wired.

Well, we would like you to look at this clump of humanity, and all of the **Schitt's Creek** watchers and the **Batman** watchers and whatever other category that you're wanting to see, and see from our point of view that there are only two categories worth mentioning:

There's the clump of people who are in this moment under the influence of their **Inner Being**, and there is a clump of people that in this moment are **not under** the influence of their **Inner Being**.

And it doesn't matter what activity that they are involved in, it only matters if they are under the influence of **Source** while they are involved or not, because if they are under the influence of **Source**, then no matter what they are involved in, they are finding the positive aspects of it and it's feeding them in a positive and productive way, and they are enjoying their life in this moment, which is what it's all about.

Can you hear that from us? When we say you are here for the pleasure of creating here, do you hear that?

Or do you think you are here to fix a broken world?

Do you think you're here with responsibility, or do you think you're here for the pleasure of creating?

And if there is anything that we've noticed as we have been sort of guiding **Esther** along in watching her discover her true self, who she really is, it's the subject of the practicality that she has been taught by her physical surroundings, and the power of connection, which we are teaching. And we are wanting her to hear us when we say there is nothing more highly practical than to be tuned into this **Source Energy**.

And so, that's why a conversation that you sort of started out here with feels frivolous and not important.

In other words, shouldn't we be trying to heal cancer, and shouldn't we be trying to feed the hungry, and shouldn't we be trying to do something about would peace?

And we say those problems that are big problems, that the consciousness have thought of as big problems, as soon as we focus on those, do you know what happens?

You disconnect from your **Source** and you become part of one of those piles that is powerless to change anything; powerless to change anything.

If you are not willing to be selfish enough to hook up to this Energy that feels good when you hook to it, then you don't have anything to give anyone anyway.

And so we just wanted to put some context into what you're talking about, because at face value, it sounds frivolous. And so does **Esther** - talking about these things that are frivolous in nature when there are real world problems that could be addressed.

The other day **Esther** was having a moment - she wasn't daydreaming, she was nightmaring, and she sat to visit with us, asking us if we could help her out of it.

And she can always reach us.

And we said to her this isn't a good time for you, **Esther**, because we can't come low enough to find you and you can't come high enough to find us.

Go to bed. Go to bed. Go to bed.

QUESTION: I feel really blessed to be able to sit up here with you and have questions answered.

ABRAHAM: You're blessed whether you get up here or not.



AN ENRICHED JOURNEY TO SPIRITUAL AWAKENING



The CSA Golden Lotus Bookstore offers a variety of items for sale: including books, Ayurvedic products, Hatha Yoga and meditation aides, as well as gifts and healthcare products.

The newly renovated Hatha Yoga Dome is a beautiful and peaceful environment to spiritually deepen and enhance your asana practice.



The CSA Learning Resource Library offers retreat participants a quiet place to read and study the science and philosophy of Yoga. Years of profound meditation by committed and dedicated Yogis have made CSA's Meditation Hall a sacred space to commune in silence with Spirit and turn inward to focus on Self and **God**-realization.

P.O. BOX 7 • LAKEMONT, GA 30552 • P: 706.782.4723 • M-F: 10 A.M. TO 5 P.M. EST WWW.CSA-DAVIS.ORG