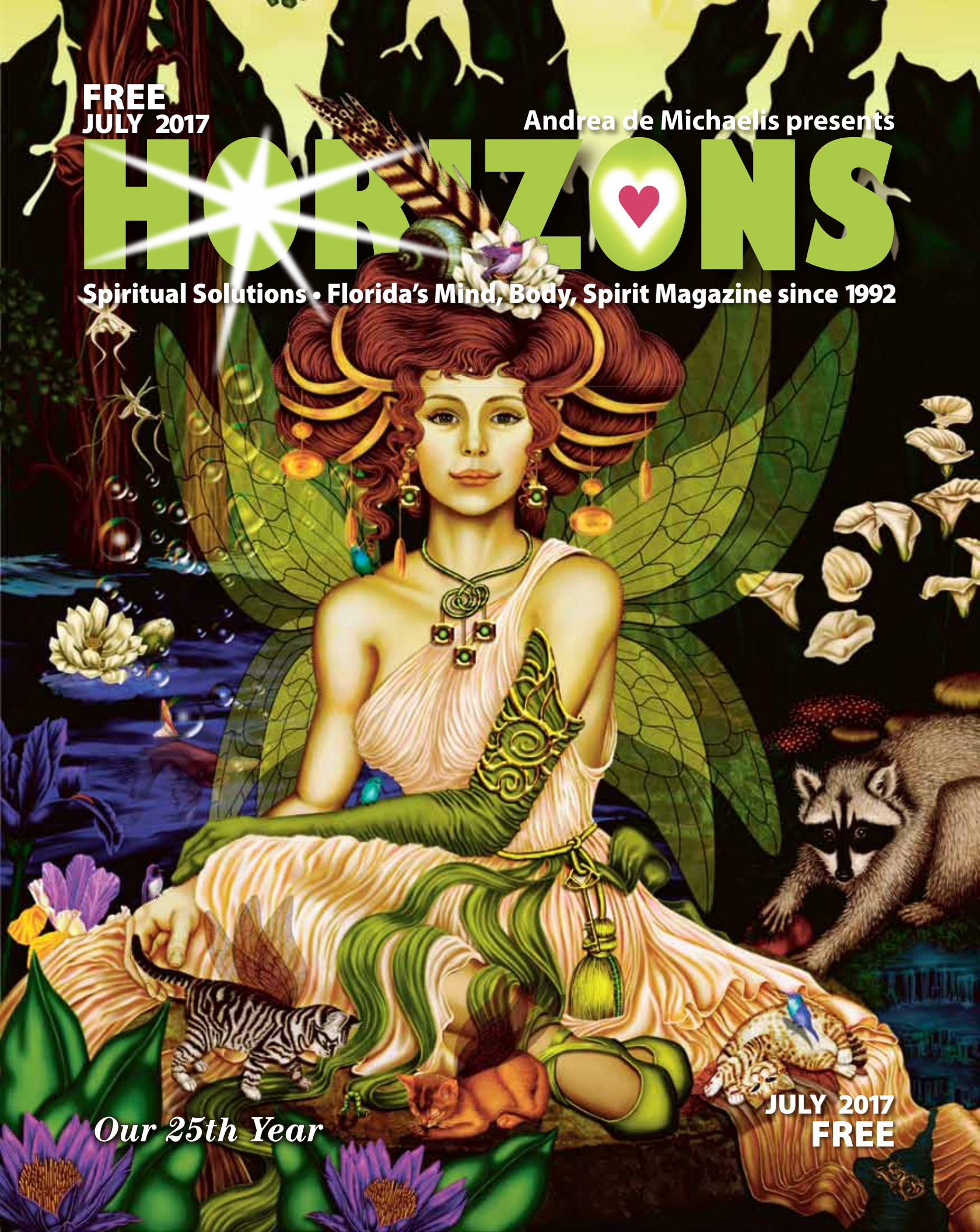


**FREE**  
**JULY 2017**

Andrea de Michaelis presents

# HORIZONS

**Spiritual Solutions • Florida's Mind, Body, Spirit Magazine since 1992**



*Our 25th Year*

**JULY 2017**  
**FREE**





# THE HERB CORNER AND LEARNING CENTER

**More than just herbs and herbal classes**

**Certified Master Herbalist and Holistic Healthcare Provider on Staff**



Cecelia Aitable  
Owner, Certified  
Master Herbalist

*See Herb Corner article on page 10*

## OUR HERBAL CERTIFICATION COURSE



### TAKE CONTROL OF YOUR HEALTH WITH HERBS - MANKIND'S OLDEST MEDICINE

### "Reclaiming Your Roots"

**An in depth study of the healing properties  
of herbs from June 2017 – August 2017  
on alternate Sundays.**

**Pre registration is required**

Cost \$300 plus a materials fee of \$40 includes  
all printed instruction and materials. A \$40 **non-  
refundable deposit** is required for books and  
supplies due by **May 30th, 2017** with the balance  
made in fourteen additional installments of \$20.  
A certificate will be awarded upon completion.

**CALL FOR MORE INFO 321-757-7522**

*As a Master Herbalist I will help to start you "on the  
road" to herbalism. "Reclaiming Your Roots" provides  
you with the health-promoting herbal skills that have  
nearly been lost to our "modern" world.*

*In 3 months you will learn how to treat non-emergency  
health problems, and gain an excellent grounding in  
the basics: teas, tinctures, salves, syrups, compresses.  
Classes will include herbs for the Digestive, Nervous,  
Circulatory, Urinary, Respiratory, Immune, Muscular &  
Skeletal systems, along with healthy choices  
for women, men, children and pets.*

*You will take two nature walks, one at Turkey Creek,  
and the other in an herbalist's garden.*

*Sign up now for the next class.*

Herbs have been used as a standard practice of complementa-  
ry health care for thousands of years. History has accumulated  
a vast knowledge of healing with plants, providing us with a  
huge variety of healing options. There are over 750,000 plants  
on the planet Earth and they all contain chemical compounds  
that can be converted into hormones, vitamins and miner-  
als that address the root cause of the condition not just the  
symptoms. They work like precision instruments providing  
overall support for the body. The Herb Corner carries all your  
herbal needs.



### WE SELL MORE THAN JUST HERBS!

Gifts, Jewelry, Books, Cards, Lip Balms, Headache  
Sticks, Bar And Liquid Soaps, Natural Organic Cos-  
metics, Salves, Essential Oils, Unique Tea Diffusers,  
Teapots And Oriental Rugs, Herbal Tumblers, Raw  
And Tumbled Gemstones, Gemstone Animals, Eggs  
And Spheres, Salt Lamps Various Sizes And Shapes,  
Sage, Candles, Multi Colored Led Light Boxes, Rings,  
Necklaces, Bracelets, Earrings, Glass & Plastic Bottles, Organic  
Essential Oils And Diffusers, Detox Foot Bath Sessions.



**Hours: Wed-Fri. 10-5, Sat. 11-3**  
**277 N. Babcock St., Melbourne**  
**321-757-7522**

**Visit [www.herbcorner.net](http://www.herbcorner.net) for articles, recipes, newsletter**



**NEW LOCATION!**

*reative Energy*

*Enchanted Gifts for the Mind, Body and Soul*

*Come join us and experience our Rebirth, Grand Opening  
& Celebration of 20 Years in Business!*

**At our new & much larger location:  
780 West New Haven Ave  
Melbourne, FL 32901**

*(formerly Meredith's Bridal)*

**Located just 1.7 miles west of  
Downtown Melbourne  
and 3/4 mile east of the mall.**



**We are excited to share  
our new Sacred Space  
with all of you and we  
have faith "If we build it ~  
you will come!"**



**Crystals, Gemstones and Spheres ~ Oh My!**



**We have VitaJuwel®  
Gem Water Bottles!**

**An expanded selection  
of items to enhance  
your Spiritual Journey  
Additional space for  
Workshops, Classes,  
Psychic Readings  
and More!**

**Readings  
Every Friday, Saturday,  
Some Sundays  
321-952-6789**



**Our Enchanted Gifts include:** Crystals, gemstones, jewelry, salt lamps, drums, didgeridoos, singing bowls, books, tarot, CDs, candles, incense, oils, herbs, sage, divination tools, statuary, altar items, men & women's world clothing, belly dance accessories, henna, tapestries, peace-promoting items, faeries & much more!



**Follow us on Facebook  
to get updated information  
<https://www.facebook.com/creativeenergymelbourne/>**





To welcome  
all people  
and  
experience  
our oneness  
with God

Rev.  
Beth Head  
welcomes you



2401 N. Harbor City Blvd  
Melbourne, FL 32935  
**321.254.0313**

**SUNDAY Services**  
**9:30 and 11:00am**  
Sunday school at 11:00am  
Child care both services



**Sunday, July 9th 12:30 pm – 1:30pm**

The Bible: A new look at an old Book  
Facilitator: Valarie Parson  
Got "QUESTions?" Join us for one power-packed hour of discussion as we find meaning on the journey and help others along the way. Suggested love offering \$20.

**Thursday, July 13th 7-9pm – 6 Thursdays**

Committing to the Path of Conscious Evolution  
Facilitator: Paulette Mason  
Have you heard the "call" to conscious evolution? Do you want to make a difference in the world? Are you ready to "step up" for humanity? If you answered yes to any of these questions or are curious to know more about how you can be a part of raising consciousness in the world, then this book study group is for you. We will study the book *Birthing A Greater Reality a guide for Conscious Evolution* by Rev. Robert Brumet. We will apply ideas from the book to our lives and use them to make a difference. Suggested love offering \$20 per class.

**Thursday July 13th and July 27th 7pm**

The 5 Love Languages: Singles Edition  
Join Jenny Battig as we dive into how learning more about how we express and need love can help us understand ourselves and others better, improving our relationships. Suggested love offering \$20



**Sunday, July 16th 12:30 pm**

**– 2:00pm** Drumming Circle  
Facilitator: Fred Goodnight  
You too can find the beat! If you have a drum bring it to the circle.



**Sunday, July 23rd 12:30 pm – 1:30pm**

Oneness: You make the Universe Complete  
Facilitator: Valarie Parson  
Got "QUESTions?" Join us for one power-packed hour of discussion as we find meaning on the journey and help others along the way. Suggested love offering \$20.

**Tuesday July 25th 9:45-11:45am or  
Wednesday July 26th 6:30 pm – 8:30pm**

Dive Into the Heart of Prayer  
Facilitator: Margaret Rosche  
This class is based on Rev. Linda Martella-Whitsett's award winning book *How To Pray Without Talking To God: Moment By Moment—Choice By Choice*. You are invited to dive into the heart of the Unity prayer method - praying from a consciousness of God. This involves getting clear about the nature of the divine, your own nature, and how things work in the Universe. There will be time for song, spoken and silent prayer, discussion and sharing, as well as for practice praying for self and others. Suggested love offering \$20.

**COMING IN AUGUST**

The Hebrew Scriptures facilitated by Paul Esche



**COMING IN  
AUGUST**

Daniel Nahmod  
in Concert

**ONGOING EVENTS**

First Sunday of the Month - Reiki Healing Service after both Sunday Service  
Second Friday Night – Game Night 6:30pm  
Third Sunday of the Month – mini service at WAVECREST 2:30pm  
Noon Prayer Service Tuesdays and Thursdays  
Tuesdays – Course In Miracles 7:00pm  
Wednesdays – Meditation with Jenny 6:30pm  
Wednesdays – Melbourne LGBT AA 6:30pm

*Join us in a Journey of Spiritual Discovery*



Merritt  
Island  
Sunday Services  
10:00 am



MINISTER  
Rev. Rose M.  
Whitham

Listen to our Sunday talks online

**[www.unitymerrittisland.org](http://www.unitymerrittisland.org)**

4725 N. Courtenay Parkway  
Merritt Island, Florida 32953

**321-452-2625** Email [info@unitymerrittisland.org](mailto:info@unitymerrittisland.org)



**10:30AM  
SUNDAY  
MORNINGS**

The New Way POD  
The Aquarian Building  
238 Peachtree St in Cocoa

**[www.thenewway.us](http://www.thenewway.us)**  
[www.facebook.com/peopleofdiversity](http://www.facebook.com/peopleofdiversity)

**321-543-0058**

**Come find what you're  
missing**

Rev. Mark  
Pasqualino



**The greatest  
optical illusion is  
separation**

# HORIZONS

Publisher/Editor/Creator  
Andrea de Michaelis

On the Cover (page 31  
Pond Fay by  
Sharon George

Contributing Writers:  
Michelle Whitedove  
Cheryl Richardson  
Michael A. Singer  
Cecelia Aitable  
Margaret Lembo  
Don Miguel Ruiz  
Abraham-Hicks  
Karen Williams  
Doreen Virtue  
Monte Farber  
Meera Watts  
Mike Dooley  
Alan Cohen  
Tom Sannar  
Sophia Quzi  
Maya White  
Jeff Brown

<b>Our Advertising Rates • Low because we're in it for the outcome, not the income .....</b>	<b>6</b>
12 Steps of Spiritual Freedom by Rev. Tom Sannar .....	6
<b>This Month's Thoughts About Things by Andrea de Michaelis .....</b>	<b>7</b>
Are You Listening To Your Life? by Cheryl Richardson .....	8
<b>The Teachings of Abraham-Hicks .....</b>	<b>9</b>
Herb Corner with Cecelia Aitable .....	10
<b>A Detached And Loving Soul Retains Power by Sophia Quzi .....</b>	<b>11</b>
Power Of Doubt: Being Skeptical Is A Good Thing by Don Miguel Ruiz ...	12
<b>From The Heart by Alan Cohen .....</b>	<b>14</b>
Ask Whitedove with Michelle Whitedove .....	15
<b>The Path of Unconditional Happiness by Michael A. Singer .....</b>	<b>16</b>
Soul Songs: Abraham Fun with Karen Williams .....	17
<b>Our Calendar of Events .....</b>	<b>18</b>
Spiritual Graffiti by Jeff Brown .....	19
<b>Notes From The Universe by Mike Dooley .....</b>	<b>19</b>
Crystal Garden with Margaret Lembo .....	20
<b>Our Mission Statement .....</b>	<b>20</b>
Quantum Affirmations with Monte Farber .....	21
<b>Our Phone Directory *Pick up Horizons at these stores and locations* ...</b>	<b>22</b>
Monthly Horoscopes by Maya White .....	30
<b>Cover Art .....</b>	<b>31</b>

**Co-incidence is meaningful. If you find yourself reading these words, there is a message for you.**

"And the day came when  
the risk to remain tight in  
a bud was more painful...  
than the risk it took to  
blossom." Anais Nin



**Horizons thanks  
everyone willing  
to take the risk**

**HORIZONS MAGAZINE** is distributed FREE each month to 200+ bookstores and health food stores throughout Florida, as well as by subscription. **HORIZONS** is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

**ARTICLE SUBMISSION:** You may submit articles of up to 900 words on any area of personal growth and practical spirituality to [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com). Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for.

The views expressed in Horizons Magazine are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

**HORIZONS MAGAZINE**  
575 Escarole Street SE • Palm Bay, FL 32909-4802

cell/text 321.750-3375

**We accept all credit cards and Paypal**

Visit [www.horizonsmagazine.com](http://www.horizonsmagazine.com)  
Email [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com)

Calendar \$.50 per word. page 18  
Phone Directory \$5 per line pages 22-25

## DISPLAY ADVERTISING RATES

Ad size	1 month	3 months	6 months	12 months
Small Strip Ad	\$ 50	\$120	\$180	\$300
Business card	\$ 75	\$210	\$390	
1/4 page	\$225	\$540	\$960	
1/3 page	\$240	\$600	\$1110	
1/2 page	\$350	\$900	\$1560	
Full page	\$485	\$1275	\$2250	
Back page	\$625	\$565	\$475	Unavailable
Inside back	\$525	\$1395	\$2400	
Inside front	\$550	\$1455	\$2550	
Page 3	\$550	\$1455	\$2550	
Page 4	\$450	\$1200	\$2100	
Front cover	\$900 (Restrictions apply)			

As of Feb 2016 all pages are color, so above prices have been adjusted to reflect color prices. Ad rates posted before Feb 2016 said "Add 25% for color" so no more math.

### \*You must prepay to get discount

Example: Small strip ad for 6 months is \$180 prepaid

Full page ad for 6 months is \$1,800 prepaid

Broken contracts receive full advertising credit

Since 1992, distributed monthly to 200+ bookstores and health food stores all over Florida, as well as by private subscription. See pages 22-25 to see where to pick up HORIZONS MAGAZINE.

For good advertising results, studies show it takes a reader 3-4 times seeing a new ad before it is noticed and acted on. By the 4th ad, readers begin to call.

Payment is due by the 10th with your ad

## DISPLAY AD SIZES

Full page ad is 7.25" wide by 9.5" tall  
1/2 page 4.25" tall by 7.25" wide or 9" tall by 3.5" wide  
1/3 page 2.8" tall by 7.25" wide or 9" tall by 2.3" wide  
1/4 page 4.25" tall by 3.5" wide or 2" tall by 7.25 wide  
Business card ad is 2" by 3.5"  
Small strip ad is 1" x 3.5"

We accept all credit cards and PayPal online

Email HorizonsMagazine@aol.com

321-750-3375 cell/text

Mail ad with payment to  
**HORIZONS MAGAZINE**  
575 Escarole Street SE  
Palm Bay, FL 32909-4802

# 12 Steps of Spiritual Freedom

<http://oneheart-onemind.org> Email [dr.tomsannar@gmail.com](mailto:dr.tomsannar@gmail.com)

- 1. Recognition - God Is First.** I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.
- 2. Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
- 3. Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.
- 4. Dominion.** I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
- 5. I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.
- 6. I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
- 7. Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
- 8. Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
- 9. Persistence.** I persist through faith. I maintain focus and discipline.
- 10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
- 11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
- 12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.



You are loved and guided more than you can imagine





**Andrea de Michaelis**  
Publisher in 2016

## THIS MONTH'S THOUGHTS ABOUT THINGS...

"In the company of one who is living Love, you can't help but spring into that Love." - Sri Sri Ravi Shankar

### Welcome to the July 2017 Horizons.

#### POSITIVE THINKING DOESN'T MEAN DENY THE STORM, IT MEANS EXPECT THE RAINBOW

A friend sent me an article criticizing positive thinking, wherein the author quoted **Osho** as saying, "the philosophy of positive thinking means being untruthful; it means being dishonest. It means seeing a certain thing and yet denying what you have seen; it means deceiving yourself and others."

*That's not what it means at all.*

*No wonder people don't think it works.*

Positive thinking doesn't mean look at the raging storm and deny it's happening. Positive thinking means look for the rainbow, know the storm will pass and until then spend your time in happy pursuits, planning a hopeful future.

The writer said, "You cannot change reality. The night will still be there; you can think that it is daytime for 24 hours, but it is not going to be light 24 hours a day." Who thinks that would be true?? In positive thinking, you never deny what is there. You don't deny it's daytime if you're standing in the sun. You don't deny "what is."

That's all positive thinking really is — is replacing your thoughts of worry and concern with thoughts of what is possible in the best case scenario, and releasing enough resistance that you can attract the successful outcome.

A friend asked if it hurts my business when I make controversial posts on **Facebook**. I have not found it to. I consider consequences before I speak my mind. The few political posts I make, I feel my FB friends understand where I am coming from. I feel strongly that those in office should be qualified and act with integrity. When damage is being done, I don't mind shedding light so my FBF can make more informed decisions and step in to help where possible. When I feel info is important enough to be passed on, I pass it on.

*...continued on page 29...*

Love? Money? Travel? Learn what 2017 holds in store for you.

# PSYCHIC FAIR

**SATURDAY & SUNDAY  
JULY 22 and 23  
MERRITT ISLAND, FL**

**\$12 for a 10 minute mini-reading:**

**Behind McDonald's north of 520**

**Saturday Fair July 22 11am-4pm**

**Daena Croghan:** Psychic medium, Angel Readings

**Kathryn Flanagan:** Intuitive Channel, Tarot, Psychic Medium

**Maria Torano:** Psychic, Medium, Cross-Over Readings

**Robin Higgins:** Clairvoyant Medium, Channeling

**Carrie Raven Heart:** Native American Reader, Animal Spirit Reader

Tuning Fork Healings by **George Stankus** MA13729

**Leslie Marlar:** Astrology **Saturday ONLY**

**Kim Danbert:** Psychic-Medium Tarologist

**Sunday Fair July 23 11am- 4pm**

**Daena Croghan:** Psychic medium, Angel Readings

**Kathryn Flanagan:** Intuitive Channel, Tarot, Psychic Medium

**Maria Torano:** Psychic, Medium, Cross-Over Readings

**Robin Higgins:** Clairvoyant Medium, Channeling

**Kim Danbert:** Psychic-Medium Tarologist

**Carrie Raven Heart:** Native American Reader, Animal Spirit Reader

Tuning Fork Healings by **George Stankus** MA13729

**Kay Simon** will offer Aura Photography **Sunday ONLY**

**Jen Padgett:** Massage MA79795 **Sunday ONLY**



**Our Next Fair is  
Sept 16 and 17**



## BOOK AND BEAD OUTLET

Hundreds of Books, Beads, Tarot Decks, Gifts

**950 N. Courtenay Pkwy  
Merritt Island, FL 32953**

**321-453-2665**

Mon - Fri 10am-6pm  
Saturday 10am-5pm  
Sunday 11am-3pm



**Visit BookAndBeadOutlet.com See coupon at website for day of fair**



Photo credit Charles Bush

# ARE YOU LISTENING TO YOUR LIFE?

Cheryl Richardson is the New York Times bestselling author of several books including, *Take Time for Your Life*, *Life Makeovers*, *Stand Up for Your Life*, *The Unmistakable Touch of Grace*, *The Art of Extreme Self Care* and *You Can Create an Exceptional Life*. Visit [www.cherylrichardson.com/](http://www.cherylrichardson.com/)

**Every day, your life is speaking to you, telling you exactly where you should be going. Are you listening? You could be in for a great change!**

## LESSONS FOR LISTENING TO YOUR LIFE

### Lesson #1: Take Responsibility for Your Life.

In order to direct the course of your life, you must take full responsibility for everything that happens. No more blaming or waiting for someone to save you.

#### Responsibility Exercise

I have no control over \_\_\_\_\_ in my life.

I have no choice about \_\_\_\_\_.

I feel powerless over \_\_\_\_\_.

The answers to these sentences will provide clues to those places where you may need to take back your power, accept the reality of your situation, or surrender and move on.

### STORY: TYLER PERRY

Four years ago, Tyler was unsuccessful and homeless—then he learned to forgive and took responsibility...now he's a hit playwright!

"I can't find words to express what it has meant for me to understand that taking responsibility is key to changing your life." — Tyler Perry

Playwright Tyler Perry once blamed his lack of success on his parents and others—as a result, he was homeless and living in his car just four years ago. Now his sold-out shows are getting rave reviews across the country. How did Tyler transform his life? He took responsibility.

*...continued on page 26*



**Many PSYCHICS and HEALERS  
and VENDORS to choose from!**

**SARASOTA, FL**

**Saturday July 22, 2017**

**Sunday July 23, 2017**

Sat 11am-6:30pm Sun 11am-5pm

\$7 day/\$10 for weekend, 12 and under free

**Sarasota Municipal Auditorium  
801 Tamiami Trail North  
Sarasota, FL 34236**

• Massage • Tarot • Mediums • Angel Portraits • Feng Shui • Crystals • Candles • Incense • Beads • Spiritual Art • Jewelry • Mandalas • Angel Art • Reiki • Past Lives • Native American Art & Drums • Animal Communication

Email [canbria@aol.com](mailto:canbria@aol.com) [www.mysticfares.com](http://www.mysticfares.com)

**For info, call Candyce 239-949-3387**



# ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Author of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and NY Times Best Seller, Money and the Law of Attraction, visit [www.abraham-hicks.com](http://www.abraham-hicks.com).

**Q: Is there a way for me to think about a world without terrorism and shortage?**

**A: Yes. It takes discipline - it takes a strong desire to feel good. It takes a strong desire to feel good to create your own reality.** And a little bit of contrast certainly puts a lot in the Vortex, and there certainly is a lot in the Vortex around that subject. And future generations will benefit mightily for the perception and the conclusions and the asking of those of you who are now experiencing that contrast and launching your rockets of desire.

But you cannot get to where you want to be by focusing for long periods of time on things that cause you to feel fear, because the fear is the indication that you are deviating from the solution, and are still focused upon the problem. You just can't get around it - there is no other way.

Esther's been watching some of the political landscape, and she uses as her excuse that she just wants to understand - and we agree with that - we want her to understand, too - but we want you to understand how the Laws of the Universe are always accurate and in place, and with that understanding you can bring yourself to the resolution of alignment over and over and over again.

So let's say that, as you are witnessing that, there is an increase of contrast relative to that subject, so billions of you are focused and putting desire into the Vortex at all levels of your being. And so Source Energy is on the case like never before, and Law of Attraction is gathering cooperative components.

*The question you want to ask yourself is how can I be a cooperative component who can receive the solution?* And you know, it doesn't take many - throughout all of the history of your human race more people are creating the Vortex than are standing in the Vortex receiving the solution, but those who receive the solutions are always there. And one who is connected to that stream is more powerful than millions who are not.

*...continued on page 27...*



1951 Stimson St.  
Jacksonville, FL 32210

**(904) 389-3690**  
[www.earthgifts.com](http://www.earthgifts.com)

Open Wed - Sunday 10am - 6pm Closed Monday & Tuesday

ROCK SHOP,  
CANDLES,  
INCENSE,  
HERBS, OILS,  
BOOKS, TAROT,  
MORE



**Becky Tennill**

• Akashic Records Consultant  
• Medium • Psychic  
Call: 502-432-6265  
[BeckyTennill@yahoo.com](mailto:BeckyTennill@yahoo.com)





**Kim Danbert**

Spiritual Counseling • Phone Readings  
**PSYCHIC-MEDIUM TAROLOGIST**  
35 years experience **321 752-4218**  
[Gypsyohara@gmail.com](mailto:Gypsyohara@gmail.com)

**KORNUCOPIA** **386-963-4898**

12093 CR 137 • Wellborn, FL 32094

Tues thru Fri 10am - 5pm, Saturdays 10am - 3pm

Antiques, Vintage Collectibles, Chime Candles,  
Sage, Incense, Tarot Cards, Jewelry, Books, More





**Janice Scott-Reeder**, AA, BA, Druid

Licensed Psychic, Astrologer, Broward County, FL  
Master Tarotist, Hypnotherapist, Psychometry, Spirit Contact  
**954-698-6926 (Coconut Creek 33073)**

**ANGEL PSYCHIC**

**"The Psychic Psychics Go To"**

**1-323-466-3684**

True Answers + Real Results  
[www.TruePsychicReader.com](http://www.TruePsychicReader.com)



# Herb Corner

Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. Visit [www.herbcorner.net](http://www.herbcorner.net) 321-757-7522

See Herb Corner events on inside front cover

## Herbal Approaches for Dealing with Kidney Stones

**Kidney stones are mineral deposits or organic substances that build up in the kidneys.** Roughly 1million Americans develop Kidney Stones every year. Kidney stones can be as small as a grain of sand or as large as a golf ball and can cause moderate to excruciating pain depending on their size. If they become too large they can cause permanent damage to the urinary tract. This is not something to be ignored.

For most people kidney stones will pass without damaging the urinary tract. Or you may have had stones for years; but the larger they become the more symptoms and pain you will have. If you have Kidney stones you may notice pain in your sides and back just below the ribs, the pain can radiate to your lower abdomen and down to the groin area. You may have more frequent painful urination with cloudy, bloody or foul smelling urine. And there may be fever, chills, nausea and vomiting.

### Spiritual & Blissful Facials with 100% natural products

Working with our Archangels offering wonderful and relaxing facials. An Archangel will be at your side any time you ask, as well as during our time together.  
Natural products available.

**Call Monica at HarMoni**

**718 - 213-1134 By appointment only**



Kidney stones can form when the diet is highly acidic or alkaline, they can be the result of genetics, being sedentary (this is because low activity causes your bones to release more calcium), having high blood pressure (doubles your risk), or a diet high in sugar or salt (salt increases amount of calcium oxalates in urine). Digestive disorders also play a role in the formation of stones since digestion affects the rate of absorption of calcium and other minerals. Some medications like Lasix or antacids also increase the risk of producing stones. Also people who live in the "Kidney Belt" (SE USA) are more prone to Kidney stones because they tend to be more dehydrated.

When using herbs, the best remedy is prevention. Once you have had stones there is a greater chance of re-occurrence. Urinary toners and cleansing herbs like **Cleavers**, **Uva-ursi**, **Holy Basil**, **Nettle** and **Basil** help strengthen the health of the Urinary System by balancing electrolytes in the urine. **Dandelion**, **Chickweed**, **Holy Basil**, or **Nettles** can help to keep the kidneys and bladder clear so that crystals don't form into stones washing them away before they become too large.

You may want to use herbs like **Corn Silk** or **Marshmallow** to soothe the irritated tissue within the urinary tract making it easier for the passage of crystals and tiny stones before they develop into larger stones. Antilithics like **Gravel root**, **Hydrangea**, **Parsley root** and **Stone root** help soften and dissolve small stones. Herbs that are antiseptic to the Urinary system like **Uva-Ursi** or **Cleavers** can help prevent infections that can be caused when crystals scrape along the walls of the Urinary tract. And antispasmodics can be used to relax the walls of the Urinary tract; this will help the stones pass easier, some good herbs for this are **Cramp bark**, **Stone root** and **Black Haw**.

Don't forget to drink more water; research has shown that people who drink more water tend to have less Kidney stones.



## Rev. Dawn Casseday

Psychic, Clairvoyant, Medium  
Reiki /Energy Healing, Tarot  
Past Life Regression Specialist

*Phone  
readings  
available*

**386-478-0341**

[www.revdawncasseday.com](http://www.revdawncasseday.com)

**CASSADAGA**



## SPIRITUALIST CHAPEL of Melbourne

**We Welcome All To  
Sunday 10 AM services**

**1924 Melody Lane, Melbourne, FL 32901**

**Spirit Messages - Healing Service**

**Guest Speakers • Private Readings**

**\$15/15 minutes after Services**

**321-419-6262**

[www.SpiritualistChapel.com](http://www.SpiritualistChapel.com)

Friend us on Facebook: **Spiritualist Chapel of Melbourne**

**Spiritualism +  
Mediumship  
Classes**

**Thursdays**

**6:30-8:30 pm**

**\$5 members**

**\$10 others**






# A DETACHED AND LOVING SOUL RETAINS POWER

Writer Sophia Quzi works as a welfare benefits specialist adviser and has been practicing Raj Yoga and teaching mindful meditation for the past 10 years. She is also an Ayurveda massage therapist and training to be an Ayurvedic Nutrition Consultant and Practitioner. "I have always had a heart full of grace and compassion toward all that is, from a caterpillar to fellow human beings, from this world to the universe of which I am a part of. I believe I am to be compassionate of what I consider good and evil, of light and dark. I've always held on to a quote by the poet Rabindranath Tagore: "Clouds come floating into my life, no longer to carry rain or usher storm, but to add color to my sunset sky. That always sounded like something I believed in."

**When someone sees another's sad face and feels their pain, it is the pain of our own sanskars or habits that we feel their pain with. When we see another's sorrow but have no pain within ourselves, we give them the power to remove their sorrow.**

Courage is inspired within them. If they are Peaceless and their sorrow makes me feel Peaceless, then even though I may offer words of sympathy, *what I feel reaches them first*. Feelings are the deciding factor as to what uplifts another.

Words are only useful once the healing of feeling has been inspired. A soul that is detached and loving retains their power. It is detachment and then love which is why all human beings disempower each other. It becomes tiring listening repetitively to the same person's tales of woe if you take the sorrow of the story. It is just a story. It is the observer first and the loving nature of the soul secondly. If you are attached and loving, the roller coaster of emotions will leave you in need of love, too. The Universe can heal any soul through you with your own detached and loving stage.



Enjoy a visit to...

## Cassadaga Spiritualist Camp

*A Community with Spirit!*

**Experience This Peaceful Community Where Certified Mediums and Healers are Available Daily**

- Classes & Workshops
- Historic Tours
- Spirit Encounter Tours
- Special Events
- Readings by Certified Mediums
- Certified Spiritual Healers

Wednesday Message Service, Colby Temple 7p.m.  
Sunday Adult Lyceum, Davis Building 9:30 - 10:15 a.m.  
Sunday Church Service, Colby Temple 10:30 a.m.  
Sunday Message Service, Davis Building 12:30 - 1:30 p.m.

**Cassadaga Spiritualist Camp Bookstore & Welcome Center**  
Largest Selection of Books on Spiritualism, Metaphysics and Meditation.  
CD's • DVD's • Crystals • Jewelry • Candles • Unique Gifts and Crafts

Monday - Saturday 10am - 6pm Sunday 11:30am - 5pm  
Camp Bookstore 386-228-2880 • Camp Office 386-228-3171  
1112 Stevens Street  
Cassadaga FL 32706  
[www.cassadaga.org](http://www.cassadaga.org)



10% Off with this ad



## Fairy Dust

Crystals & Such

**Crystals, Books, Tarot Decks, Himalayan salt lamps, Jewelry, Candles, Unique Gifts**

352-693-4592  
[www.FairyDustCrystals.com](http://www.FairyDustCrystals.com)  
Like us on Facebook

**Your Holistic and Spiritual Healing Center**

11781 SE HWY 441, Belleview, FL 34420 (at the Almeida Plaza)

New location -- or rather, back to our old location!



## Metaphysicians Circle

[www.metaphysicianscircle.com](http://www.metaphysicianscircle.com)

**Explore the Psychic and Spiritual Universe with us!**  
**Metaphysical speakers, healers, teachers, more. Psychic fairs.**

**321-474-7348**  
Email [mabonstar60@gmail.com](mailto:mabonstar60@gmail.com)

**\$3 fee SUNDAYS 7 - 8:45pm**

**We meet in the Band Room behind the Melbourne Auditorium at 1924 Melody Lane, Melbourne, FL 32901**



# THE POWER OF DOUBT: WHEN BEING SKEPTICAL IS A GOOD THING

Don Miguel Ruiz is the international bestselling author of *The Four Agreements*, *The Mastery of Love*, and *The Voice of Knowledge*. For nearly three decades, don Miguel has shared his unique blend of ancient wisdom and modern-day awareness through lectures, workshops, and journeys to sacred sites around the world. In the tradition of his ancestors, he has dedicated his life to sharing the teachings of the ancient Toltec. Visit <http://www.miguelruiz.com>

**Have you ever asked yourself if something you heard was actually true? Have you ever wondered if someone was lying to you, or worse yet, have you ever wondered, "Am I lying to myself?"** Do you believe those voices in your head that are giving you opinions? Do you tend to believe other people's opinions? If you answered yes to any of these questions, you will understand when being skeptical is a good thing. Right now, you're delivering a message to yourself and to everyone around you. You're always delivering messages, and you're always receiving messages from one mind to another mind. But the most important messages are the ones you deliver to yourself. What are those messages? The word is a force you cannot see, but you can see the manifestation of that force, the expression of the word, which is your own life. The way to measure the impeccability of your word is to ask yourself: Am I happy or am I suffering? If you're suffering, it's because you're telling yourself a story that isn't true, but you believe it.

When you look at yourself in a mirror, do you like what you see, or do you judge your body and use the word to tell yourself lies? If you believe that you are not attractive enough, then you believe a lie, and you are using the word against yourself, against the truth. Is it really true that you are too heavy or too thin? Is it really true that you are not beautiful? If you're telling yourself: "I'm fat. I'm ugly. I'm old. I'm not good enough. I'll never make it," then be skeptical. Don't believe yourself, because none of these messages come from truth, from life. These messages are distorted; nothing but lies.

The truth is, there are no ugly people. There's no universal book of law where any of these judgments are true. Every judgment is just an opinion—it's just a point of view—and that point of view wasn't there when you were born. Everything you think about yourself, everything you believe about yourself, is because you learned it. You learned the

opinions from Mom, Dad, siblings and society. They sent all those images of how a body should look; they expressed all those opinions about the way you are, the way you are not, the way you should be. They delivered a message, and you agreed with that message. And now you think so many things about what you are, but are they the truth?

What is the truth and what is the lie? Humans believe so many lies because we aren't aware. We ignore the truth or we just don't see the truth. When we are educated, we accumulate a lot of knowledge, and all that knowledge is just like a wall of fog that doesn't allow us to perceive the truth, what really is. We only see what we want to see; we only hear what we want to hear.

Our belief system is just like a mirror that only shows us what we believe. In our development, as we grow throughout our lives, the structure of our beliefs becomes very complicated, and we make it even more complicated because we make the assumption that what we believe is the absolute truth. We never stop to consider that our beliefs are only a relative truth that's always going to be distorted by all the knowledge we have stored in our memory. As children, we are innocent; we believe almost everything that we learn, but everything that we learn isn't true. We put our faith in lies, we give them power, and soon those lies are ruling our lives.

Just imagine becoming the way you used to be as a very young child, before you understood the meaning of any word, before opinions took over your mind. The real you is loving, joyful and free. The real you is just like a flower, just like the wind, just like the ocean, just like the sun. There is nothing to justify, nothing to believe. You have no mission except to enjoy life.

*...continued on page 13...*



## SpaceCoastWebsites.com

**GET NOTICED -- INCREASE WEBSITE TRAFFIC**

**Targeted traffic is more cost effective than ever.**

*I can create a website for you and set you up to*

**MAKE MONEY FROM YOUR OWN WEBSITE**

**Summer Special - Starting @ \$250 per Package**

**FREE CONSULTATION**

Gary Leggett 321-544-5440 [gleg@usit.net](mailto:gleg@usit.net)

Website Creation  
Website Hosting  
Google - Bing Ads  
Facebook Ads  
Youtube Ads  
Traffic Analytics  
Market Analysis  
Email Campaigns  
Facebook Pages  
eBay Powerselling






# THE POWER OF DOUBT

*...continued from page 12...*

You are here just to be, for no reason. Then the only thing you need to be is the real you. Be happiness. Be love. Be yourself. That's wisdom. It's the complete acceptance of yourself just the way you are, and the complete acceptance of everybody else just the way they are. The reward is your eternal happiness.

But first you have to unlearn a lot, and you only have one tool to do this. That tool is doubt. Being skeptical is an important part of recovering what you really are because it uses the power of doubt to break all those spells you've been under. Whenever you hear a message from yourself, or from someone else, simply ask: Is it really true? With the power of doubt, you challenge every message you deliver and receive. You challenge every belief that rules your life. Then you challenge all the beliefs that rule society, until you break the spell of all the lies and superstitions that control your world.

Once you recover all the power you invested in lies, you can see what is real; you can feel what is real. Even though lies still exist, you no longer believe them. You don't believe everything anymore, but you can see, and what you can see is the truth. The truth doesn't need you to believe it. The truth simply is, and it survives—believe it or not. Lies need you to believe them. If you don't believe lies, they don't survive your skepticism, and they simply disappear. Centuries ago, people believed that the earth was flat. Some said that elephants were supporting the earth, and that made them feel safe.



**Crow's Crossroads Shoppe**  
Aurora Collins Owner/Psychic Consultant

Readings, Classes, Aura Readings  
Tarot, Crystals, Herbs, Jewelry

3810 SE Lake Weir Ave, Ocala, FL 34480  
Email Avalon.biz@gmail.com

**352-235-0558**

The belief that the earth was flat was considered the truth, and almost everybody agreed, but did that make it true? It was nothing but a superstition, and I can assure you that we still live in a world of superstition. The question is: Are we aware of it? Wherever you go, you will hear all kinds of opinions and stories from other people.

You will find great storytellers wanting to tell you what you should do with your life: "You should do this, you should do that, you should do whatever." Don't believe them. Be skeptical, but learn to listen and then make your choices. Be responsible for every choice you make in your life. This is your life; it's nobody else's life, and you will find that it's nobody else's business what you do with your life.

For centuries, there have been prophets who predicted big catastrophes in the world. Not that long ago, there were people who predicted that in the year 2000 all the computers would fail and society as we know it would disappear. The day arrived, and what happened? Nothing happened. Thousands of years ago, just like today, there were prophets who were waiting for the end of the world. At that time, a great master said: "There will be many false prophets who claim to be speaking the word of God. Don't believe."

You see, being skeptical is nothing new. Doubt takes you behind the words and helps you to discern the truth from lies. And this is a good thing.

*Thank you to all of Brevard county for your loving support*

*All  
Angels  
Oasis  
you'll find*



**Morgana Starr  
Daena Deva**



• Angel Themed Gifts,  
Books, and Framed Pics

• Archangel Essential Oils

• Readings (Mediumship, Spiritual  
Guidance, Meet Your Guardian,  
Psychic, Past Lives, Crystal,  
Tarot)

• Classes (Reiki, Spiritual  
Development, Angelic Arts)

Mediumship Classes  
every Thursday  
evening at 7pm

Readers Available Daily  
Mon-Sat 10-5pm  
Sunday 11-4pm

Little Angels Summer Camp  
July 24-28 for kids 6-12 years  
Mon-Fri 10:00-1:00pm  
Kids will learn about yoga,  
meditation, energy, painting,  
clay and mixed media art.



**Come join us in The Angelic Movement and visit us at Angels Oasis in the Threadneedle Mall**  
**321-506-1143    404 Brevard Avenue in Historic Cocoa Village, FL 32922    www.MorganaStarr.com**

# FROM THE HEART



Alan Cohen is the author of *The Grace Factor: Opening the Door to Infinite Love*. Become a certified professional life coach through Alan's transformational Life Coach Training beginning September 1. For more information about this program, his books and videos, free daily inspirational quotes, online courses, and weekly radio show, visit [www.AlanCohen.com](http://www.AlanCohen.com).

## Claim Your Inheritance

**When my coaching client Lana was a small baby, her parents divorced and she never saw her father again. For much of her life, she felt sad because she was fatherless.** As an adult, Lana became a life coach and wanted to set up a studio and business, but she did not have the funds. Then she received a surprise letter informing her that her father had died and left her a substantial inheritance—enough to start her coaching business and a lot more.

Like Lana, you may feel fatherless—not so much for a physical father, but for a source of support, abundance, and well-being to live the life you would choose. You may feel in some way deprived or outside the circle of enoughness. Meanwhile the universe has ingenious ways and means to take care of you.

The spiritual teacher Bashar defines abundance as “the ability to do what you need to do when you need to do it.” This definition says nothing about a particular amount of money in your bank account or a specified way your support should come. There are an infinite number of ways you can be taken care of. Money is just one of them.

I sat on an airplane next to a woman who told me that she and her husband wanted to live amidst lush nature on the island of **Kauai**, but the couple did not have money to make such a purchase. Then they met someone from a family that had just inherited an 1100-acre estate in one of the most beautiful

areas of that island. The family lived far away and needed caretakers for the estate. They didn't have to ask this woman twice. Now she and her husband live there full time, enjoy all the amenities as if they owned the property, and the owners hardly ever visit. This entire transaction occurred without the couple having to pay even a penny.

Don't get stuck on how your supply should show up. You may have your idea that it should come through a particular person, job, sale, or investment, but it could come in any one of a thousand ways. The universe is clever and creative when it comes to manifestation. Affirm, “*I am open and willing to have the universe support me in the easiest and most efficient way possible,*” and you will set in motion the positive dynamics necessary to work on your behalf.

In my book *Handle with Prayer*, I designate several different identities or positions from which most people pray. One is that of a beggar, in which you see yourself as unworthy and outside the kingdom and you must scratch and plead to get your prayers answered. The next identity is the servant, in which you see yourself as a worker on God's payroll and you live in the kingdom because you have a job at which you are earning your good. The next level is that of Child of God, meaning that you deserve the kingdom not because of anything you have done, but simply because you are heir to the estate established by your infinitely wealthy Source. While all the positions of prayer work if you are sincere, the identity in which you deserve the kingdom by virtue of who you are is the closest to the truth and the most rewarding to exercise.

Someone gave me a pamphlet titled, *Are You Letting Life Love You?* That pamphlet sat on my coffee table for years, and every time I looked at the title I had to do an honest introspection. We spend lots of time trying to make life love us, through people and things and events, but less time noticing how life is already loving us. You have been taken care of very nicely thus far. The hand of Grace that has provided for your needs will not stop now. The ego wants us to believe that the current challenge is an exception to the presence of love, but it is not. The universe has not let you down so far, and it will not let you down now or ever. You are valuable and you are loved. This is God's vision of you, calling for you to join it.

You are not fatherless, abandoned, or unsupported. Those thoughts are tricks of the mind fooled by current appearances. But appearances cannot override the truth that you have an infinite, eternal, loving Source that will give you exactly what you need when you need it. If you discovered that you have a winning lottery ticket, all you need to do is go to the lottery office, show your ticket, and claim your winnings. You don't have to beg, plead, argue, explain, or convince the bank of good to give you what you deserve. The number you are holding gives you all the entrée you need. You were born with the winning ticket; everyone was. But only a few are willing to show it with confidence. Ask and it is given, but claim and it is done.

### Spiritual Services with Laura Beers

Shift your Mind,  
Enlighten your Body  
& Connect your Spirit

Psychic Medium,  
Motivational Speaker,  
Spiritual Certified Coach,  
Ordained Minister

In Person, Phone, Skype, Groups, will travel

321-751-4766 By appointment  
[HealYourSpirit2.com](http://HealYourSpirit2.com)





# ASK WHITEDOVE



Got a burning question? Celebrity Psychic and Spiritual Teacher Michelle Whitedove is here to help. Lifetime TV named her "America's #1 Psychic" on "America's Psychic Challenge." Her books include: Ghost Stalker: A Psychic Medium Visits America's Most Haunted Sites • Ghost Stalker Two: A Psychic Medium Visits Europe's Most Haunted Castles • She Talks with Angels: a Psychic Medium's Guide into the Spirit World • Angels Are Talking: A Psychic Medium Relays Messages from the Heavens • My Invisible Friends  
Visit [www.MichelleWhitedove.com](http://www.MichelleWhitedove.com)

## Dear Michelle,

What is going on with me, I've had the worst year ever. My mom died, my boyfriend broke up with me, I dropped my laptop and crashed my car. Then I had to move in with my Dad. How could life go so wrong?

## Dearest,

Many people just like you are having a complete transition in life. When all aspects of your familiar life are being swept away and you are called upon to build a new life for yourself; this is called a Shaman's Death. This is NOT a physical death for you, although it is the death of life as you've known it. It's a spiritual process of releasing and rebirthing. We are in a time of quickening; there is no time to die a physical death, have a life review in Heaven and then go through the reincarnation process of being born as a baby to start another karmic journey. You my dear are on the fast track to spiritual growth. Now is the time for prayerful contemplation and the preparation of building a new life. Your life has been washed away now this is your rejuvenation or rebirth period. Let your old behaviors and habits die because they no longer serve you. Like a cocoon soon to open, you are transforming into a butterfly, you are rebirthing a completely new journey: a new job or complete career change, a new mate, a new home and many new friends too. This Shaman's Death in midstream of your lifetime all aspects of your soul's journey abruptly dissolve, you recover and start anew. It's like living two completely separate lives during the course of one. This time you will be doing something to help humanity as you also work through karmic lessons. The worst is over, look ahead, visualize this process as an adventure. Now is the time to imagine, strive for the life that you really want - you can do it!

## Dear Whitedove,

My step father is in hospice. We visit often but mostly he sleeps all day and night. Once in a while he wakes to smile or give us a nod. I'm thankful that he's not in pain. But since he's been in hospice I've seen him in my dreams; he's nicer than in real life. Also of late I've seen a large orb around the house at night; could this be him? These sightings have me a little rattled.

## Dearest,

Please keep calm. That's how souls travel, we can see them as an orb which is a ball of energy. His soul is half in and half out of his body now. When asleep, the soul travels at the speed

Native American & Metaphysical Stuff Store  
Readings, Crystals, Jewelry, Incense, Smudge

## The Purple Rose Trading Co.

Rev. Tina, Owner

P.O. Box 275 • 1079 Stevens St. Cassadaga, FL 32706

[www.cassadaga-purplerose.com](http://www.cassadaga-purplerose.com) (386) 228-3315



## Are you considered a "Medical Mystery"?

Try something new...



## MedHealers

**PAIRED PRACTITIONER PROGRAM ©**

\*Two talented MedHealers using multiple therapies in an expansive one hour session.

**772-559-1993**

**[www.medhealers.com](http://www.medhealers.com)**

[MedHealersinfo@gmail.com](mailto:MedHealersinfo@gmail.com)

License: MA74941



Rev. Andy Conyer



**UNITY LIFE ENRICHMENT CENTRE 863-471-1122**

**10417 S. Orange Blossom Blvd, Sebring, FL 33875**

Email [unity@vistanet.net](mailto:unity@vistanet.net) [www.unityofsebring.org](http://www.unityofsebring.org)

of thought, so his soul comes to check on your mother, you and the house. I feel that his death is quickly approaching and could be any time now.

Your step father is being visited by his guardian angels and they are preparing him for his transition. Many people in hospice see their angels and loved ones on the other side. They are given reassurance that everything is in order and that the time is near. Already he has come to the realization that he should have been a more loving father to you; that is his message. He is feeling sorry for all of the missed opportunities. He will even have more clarity upon his death.

There is nothing to fear, he means no harm. In fact quite the opposite, he wants to surround you and your Mother with love. He feels your grieving because it has already begun.

After his passing, you may feel his presence even stronger. Most souls linger around their loved ones for about a week, but it can be longer. The dead have given up their body but the spirit lingers to give comfort and help with the grief. They can send loving energy to the living. Funny enough, many souls go to their own funerals! They take count to see who came to pay respect, and who is feeling the loss. It's sobering for them as they have clarity and a knowing that they didn't have in life. At this time of death the soul then knows the truth, the veil has been lifted as they transition into the Heavens.



# THE UNTETHERED SOUL: THE PATH OF UNCONDITIONAL HAPPINESS

Michael A. Singer is the author of *The Untethered Soul*, *The Search for Truth* and *Three Essays on Universal Law: Karma, Will and Love*. During his doctoral work at University of Florida, Singer had a deep inner awakening. In 1975 he founded Temple of the Universe. Singer has made major contributions in the areas of business, the arts, education, health care, and environmental protection. Visit [untetheredsoul.com](http://untetheredsoul.com)

**The highest spiritual path is life itself. If you know how to live daily life, it all becomes a liberating experience. But first you have to approach life properly, or it can be very confusing.** To begin with, you have to realize that you really only have one choice in this life, and it's not about your career, whom you want to marry, or whether you want to seek God. People tend to burden themselves with so many choices. But, in the end, you can throw it all away and just make one basic, underlying decision: ***Do you want to be happy, or do you not want to be happy?*** It's really that simple. Once you make that choice, your path through life becomes totally clear.

Most people don't dare give themselves that choice because they think it's not under their control. Someone might say, *"Well, of course I want to be happy, but my wife left me."* In other words, they want to be happy, but not if their wife leaves them. But that wasn't the question. The question was, very simply, ***"Do you want to be happy or not?"*** If you keep it that simple, you will see that it really is under your control. It's just that you have a deep-seated set of preferences that gets in the way.

Let's say you've been lost and without food for days, and you finally find your way to a house. You can hardly make it to the doorstep, but you manage to pull yourself up and knock on the door. Somebody opens the door, looks at you and says, *"Oh my God! You poor thing! Do you want something to eat? What would you like?"* Now the truth is, you really don't care what they give you. You don't even want to think about it. You just utter the word "food." And because you really mean it when you say you need food, it no longer has anything to do with your mental preferences. The same goes for the question about happiness. The question is simply ***"Do you want to be happy?"*** If the answer is really yes, then say it without qualifying it. After all, what the question really means is ***"Do you want to be happy from this point forward for the rest of your life, regardless of what happens?"***

Now, if you say yes, it might happen that your wife leaves you, or your husband dies, or the stock market crashes, or your car breaks down on an open highway at night. Those things might happen between now and the end of your life. But if you want to walk the highest spiritual path, then when you answer yes to that simple question, you must really mean it. There are no ifs, ands, or buts about it. It's not a question of whether your happiness is under your control. Of course it's under your control. It's just that you don't really mean it when you say you're willing to stay happy. You want to qualify it. You want to

say that as long as this doesn't happen, or as long as that does happen, then you're willing to be happy. That's why it seems like it is out of your control. Any condition you create will limit your happiness. You simply aren't going to be able to control things and keep them the way you want them.

You have to give an unconditional answer. If you decide that you're going to be happy from now on for the rest of your life, you will not only be happy, you will become enlightened. Unconditional happiness is the highest technique there is. You don't have to learn Sanskrit or read any scriptures. You don't have to renounce the world. You just have to really mean it when you say that you choose to be happy. And you have to mean it regardless of what happens. This is truly a spiritual path, and it is as direct and sure a path to Awakening as could possibly exist.

Once you decide you want to be unconditionally happy, something inevitably will happen that challenges you. This test of your commitment is exactly what stimulates spiritual growth. In fact, it is the unconditional aspect of your commitment that makes this the highest path. It's so simple. You just have to decide whether or not you will break your vow.

When everything is going well, it's easy to be happy. But the moment something difficult happens, it's not so easy. You tend to find yourself saying, "But I didn't know this was going to happen. I didn't think I'd miss my flight. I didn't think Sally would show up at the party wearing the same dress that I had on. I didn't think that somebody would dent my brand-new car one hour after I got it." Are you really willing to break your vow of happiness because these events took place?

Billions of things could happen that you haven't even thought of yet. The question is not whether they will happen. Things are going to happen. The real question is whether you want to be happy regardless of what happens. The purpose of your life is to enjoy and learn from your experiences. You were not put on Earth to suffer. You're not helping anybody by being miserable. Regardless of your philosophical beliefs, the fact remains that you were born and you are going to die. During the time in between, you get to choose whether or not you want to enjoy the experience. Events don't determine whether or not you're going to be happy. They're just events. You determine whether or not you're going to be happy. You can be happy just to be alive. You can be happy having all these things happen to you, and then be happy to die. If you can live this way, your heart will be so open and your Spirit will be so free, that you will soar up to the heavens.



## High Springs Emporium

North Central Florida's **ONLY** Rock Shop  
The most unusual store in town.  
Rocks, Crystals, Gifts, Jewelry



### Find the Cost of Freedom Buried in the Ground

Honor the Earth and her Sacred Waters with  
Earth Treasures from the High Springs Emporium.

**Take 20% off any red, white or blue stone July 1-7**

New Corinthian Bells wind chimes in stock  
-Midnight Blue and Ruby Splash!

- Ethereal Selenite Spheres and wands
  - Moroccan azurite/malachite specimens
  - New stone animal totems
  - Carved stone eagles
  - Uruguan cave flower amethyst
- And so much more...

**Stop by on your way to the springs - see you at the store!**



Selenite sphere, lapis lazuli freeform, Moroccan red quartz, azurite on kaolinite matrix, hand-carved wooden box, red calcite

**OPEN Mon-Sat 11 am-6 pm and Sunday noon-5 pm**  
19765 NW US Highway 441 • High Springs, FL 32643

**386-454-8657** <http://highspringsemporium.net>

## ABRAHAM FUN



Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. Join "Abraham Fun" group on FB and like her FB page, "Soulsongs by Karen Money Williams."  
[karen@karenmoneywilliams.com](mailto:karen@karenmoneywilliams.com)

### SOULSONG #151

## THE GRUMBLE GAME

**When I complain or criticize, I invite more trying circumstances to evoke more dissatisfaction.** Through the universal Law of Attraction, anything that I focus on will begin to expand. Many people, of course, aren't familiar with this concept.

Many people seem determined to focus on what's going wrong, what's unfair, and what's deficient in life, unaware of how this habit of thought impacts them. As I begin to release tendencies I have to complain, I may find myself trying to avoid these whiners and complainers at all costs.

No need to do that. No need to react negatively to others' negativity. I can start making every encounter with a grumbler an opportunity to practice being positive and thus stronger in that mindset. I can, in fact, make a game of these interactions, coming up with an upbeat or gently humorous response to every gloom-and-doom remark someone makes.

I can have fun injecting a new mode of thinking into gripe sessions. Some of the gloomsters may actually begin to see things in a new light. Or they may begin to avoid me like the plague. Either way will work just fine.



*To Promote the Religion,  
Science, and Philosophy  
of Spiritualism*



IFSK Director  
Marilyn Jenquin

**Private  
Readings  
BY APPOINTMENT**



[www.ifsk.org](http://www.ifsk.org)

## ON-GOING PSYCHIC/MEDIUM SPIRITUAL DEVELOPMENT CLASSES

### TALLAHASSEE

Thursday, July 6th 7-9:30 PM  
Friday, July 7th 11AM-1:30 PM

### GAINESVILLE

Saturday, July 8th 2-4:30 PM

### JACKSONVILLE

Wednesday, July 26th 7-9:30 PM  
Thursday, July 27th 1-3:30 PM  
Thursday, July 27th 7-9:30 PM

*Check out the website or  
phone us for more information*

[dependablepc@earthlink.net](mailto:dependablepc@earthlink.net)

**407-247-7823**

Join us on  
Facebook



*Gifts, Books, Cards,  
Crystals, Candles,  
Incense, jewelry,  
Salt Lamps, More*

**Energy Healing  
Readings  
Classes**

**904-292-4555**

3491 Pall Mall Drive  
Jacksonville, Florida 32257  
<http://spiritualuplifts.com>

# CALENDAR OF EVENTS

Call to confirm and learn of last minute changes 50c per word, due the 10th of the month before. Email [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com) or call 321-750-3375 with credit card info. No calendar listings taken by phone.

Monday thru Thursday PALM BAY Yoga classes 7:00-8:00pm at Yoga Shakti Mission 3895 Hield Rd NW, Palm Bay 32907 321-725-4024 [www.yogashakti.org](http://www.yogashakti.org)

Tuesdays and Thursdays MELBOURNE 12-1pm Prayer Service Unity Church 2401 N. Harbor City Blvd 32935 321-254-0313 (pg 4)

Wednesdays 7pm TITUSVILLE The Spiritual Enlightenment Class at Space Walk of Fame Museum, 303 Pine St 32796 321-543-3674

2d, 4th Thurs MELB/PALM BAY 7pm Wiccan-Pagan Outer Court Classes Church of Iron Oak. [scribe@ironoak.org](mailto:scribe@ironoak.org) 321-722-0291

First Saturday PALM BAY Noon Vegetarian Luncheon at Yoga Shakti Mission 3895 Hield Rd NW, Palm Bay 32907 \$10 donation, children free. 321-725-4024 [www.yogashakti.org](http://www.yogashakti.org)

2nd Sat. every month JACKSONVILLE Psychic Fair 1 to 4 pm Spiritual Lighthouse Church 1049 Crestwood St Jax Church Sun 3 pm 904-764-7639

Sundays PALM BAY Spiritual Lectures 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 [www.yogashakti.org](http://www.yogashakti.org)

Sundays MELBOURNE 9:30am and 11am Services at Unity Church of Melbourne 2401 N. Harbor City Blvd 32935 321-254-0313

Sundays MELBOURNE 10am Spiritualist Chapel of Melbourne 1924 Melody Lane behind Melb Auditorium 321-419-6262

Sunday MELBOURNE 10am Dharma Talk Al Rapaport at Open Mind Zen 878 Sarno Rd Melbourne 321-427-3511 [openmindzen.com](http://openmindzen.com)

Sundays ORLANDO 10am Meditation 10:30am Service Center for Spiritual Living, 709 Edgewater Dr 407-601-1169

Sundays COCOA VILLAGE 10am Center for Spiritual Living Space Coast at 602 Brevard Ave 321.474.2030 [www.cslspacecoast.org](http://www.cslspacecoast.org)

Sundays 10:30am NEW SMYRNA Community Unitarian Universalist Church 1108 N. Dixie Highway (US 1) [dbcuuc.org](http://dbcuuc.org)

Sundays MELBOURNE Metaphysicians' Circle discussion group held 7-8:45pm \$3 at 1924 Melody Lane behind Melb Auditorium

Saturday July 15 New Smyrna Beach IONS (Institute of Noetic Sciences) 11am - Noon, Dr. Bruce Bromley, Rev. Nick Sourant. New Smyrna Beach Library (386-424-2910) 1001 S. Dixie Fwy, New Smyrna Beach, FL 32168 Email [NSourant@gmail.com](mailto:NSourant@gmail.com)  
August Meeting will be held August 12, 2017

July 22 and 23 Saturday and Sunday MERRITT ISLAND Psychic Fair \$12 for 10 minute mini reading, 950 N. Courtenay Pkwy, Merritt Island, FL 32952 321-453-2665 (see ad page 7.) visit [www.bookandbeadoutlet.com](http://www.bookandbeadoutlet.com) for coupon for day of fair.

August 1 SEBASTIAN 7pm Certified master Hypnotherapist, Robin Graves will be addressing the public regarding a revolutionary and very successful way to release your extra weight with the Virtual Gastric Band program. It has been proven effective in the UK and is now available in the United States. Come out to a presentation explaining the program at the Living Healthy Studio, 900 Village Square, Suite 2, Sebastian

November 25, 2017 MELBOURNE/INDIALANTIC, FL "The Best of Kryon with Lee Carroll Lecture and Channelling Special appearance by Dr. Amber Wolf 10 AM to 5:00 PM Hilton Hotel on the Beach - 3003 N Highway A1A, Indialantic, FL 32903 321-777-5000 Lunch is included at the Hilton For info visit [http://kryon.com/2017/k\\_24\(N\).html](http://kryon.com/2017/k_24(N).html) (scroll to November) \$124 including lunch and \$99 excluding lunch. Email [gary@kryon.com](mailto:gary@kryon.com)





# SPIRITUAL GRAFFITI

Jeff Brown is author of *Spiritual Graffiti*, *Ascending with Both Feet on the Ground*, *Love It Forward*, *An Uncommon Bond*, *Apologies to the Divine Feminine* From a Warrior in Transition and *Karmageddon*, an award winning documentary about spirituality and emotional healing. Visit [www.Soulshaping.com](http://www.Soulshaping.com) and [www.Soulshapinginstitute.com](http://www.Soulshapinginstitute.com)

**To arrive at this place in my life, I had to overcome so very much. I had to overcome emotionally unwell parents, crippling abandonment issues, childhood poverty, internalized shame and self-doubt.** I had to punch my way through endless challenges as I worked to become a lawyer, to let go of law, to surrender to writing as a path. I had to knock on hundreds of thousands of doors in Canadian winters to sell windows so I could afford to write through the night. I had to fight for my right to the light, time and time again, for more than 5 decades.

When people ask me how and why I did it, I only have one answer- Soul. Not ego, not masochism, not the need to be acknowledged but, instead, the deep need to fully excavate and actualize my soul's voice- my reasons for being, my entelechy, what James Hillman called the 'innate image'. It was like a desperate longing to be who I was called to become in this lifetime. And as difficult as it was to find and live that voice, it was easier than the uncomfortable alternative. It was easier than living a lie.

Wherever you are at on your journey through time, be assured that there is a soul path somewhere at the heart of it. And, as difficult as it may be to see it, as overwhelming as it may seem to embody it, it is well worth the effort. Once you catch a glimpse of it, it will beckon you home, like a fire of divine possibility with your name on it. And that fire... will not only show you the direction to walk, it will fuel you as you overcome the obstacles in the way. It will warm and inspire your every step.

When you walk through the gateway of your sacred purpose, you walk into yourself. Blessingly buffered from the madness of the world, your purpose filters out those relationships and energies that undermine your expansion. Infused with vitality and a clarified focus, new pathways of possibility appear where before there were obstacles. Life still has its challenges, but you interface with them differently, coated in an authenticity of purpose that sees through the veils to what really matters.

Don't lose the faith, wherever you are on the path.  
Keep going...



# NOTES from the Universe

An international tax accountant turned entrepreneur turned writer for "the Universe," and one of the teachers for The Secret, Mike Dooley runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. <http://tut.com>

**Did you know that whenever you feel love, you literally begin to glow? You probably did.**

**But did you know that the glowing is actually made up of zillions of minute sparkles? And that these sparkles receive as much energy as they create?**

**And that because of this energy exchange you completely stop aging and look younger? Abundance is immediately drawn to you? Healing powers fill you?**

**Muscles are strengthened, pounds are shed, and your vision improves? Lingering questions are answered?**

**New friends are summoned? Old friends are poked? Problems are solved? And maple syrup tastes more maple-y?**

**All when you feel love. It's true,**

**The Universe**

**Turn to the Stars LLC**  
*and you will find your answers there*

**603-490-6253**  
[www.turntothestars.com](http://www.turntothestars.com)  
[andrea@turntothestars.com](mailto:andrea@turntothestars.com)

**Andrea Klim**  
*Counseling Astrologer Since 2002*  
Eustis, FL 32736  
*(formerly of New Hampshire)*

Boston's NBC Astrologer  
Covering The Royal Wedding 2011  
<https://www.youtube.com/watch?v=IBB508Cn-IM>  
Host Turn To The Stars TV Show/YouTube

**Please Apply  
This 30% Off  
Coupon**  
Expires June 30, 2017

**Astrology Readings  
Life Event Readings  
Birth Charts  
Past Life Insights  
Future Predictions  
Home Parties, Visionary  
Shamanic Practitioner  
Astrology 101 Workbook  
Teacher Adult Education**

*Astrology Studies the systems  
around us so that we can  
understand the systems within us*



# THE CRYSTAL GARDEN

Margaret Ann Lembo is the author of Chakra Awakening; Essential Guide to Crystals, Minerals and Stones; the Essential Guide to Aromatherapy and Vibrational Healing; the Crystal Intentions Oracle; Masters, Mystics, Saints and Gemstone Guardians Cards and more. She is a spiritual entrepreneur, aromatherapist, and the owner of The Crystal Garden — a bookstore, in southeast Florida. Find out more about Margaret Ann at [www.MargaretAnnLembo.com](http://www.MargaretAnnLembo.com); [www.TheCrystalGarden.com](http://www.TheCrystalGarden.com); and [www.AcademyoftheSpiritualArts.com](http://www.AcademyoftheSpiritualArts.com) or email at [margaret@margaretannlembo.com](mailto:margaret@margaretannlembo.com)

## PATTERNS, CYCLES, AND LESSONS: MALACHITE AND MELCHIZEDEK

**Have you noticed the patterns in your life that repeat themselves? Do you notice you keep having the same type of relationship issues? If you are getting a yes answer and you are ready to release what is no longer working for you in your life, uncover the origin of the pattern.** Malachite with the help of Melchizedek can aid you to find the higher spiritual purpose for all of your challenges and lessons. Life is much like the walk the labyrinth. A labyrinth is a fairly complicated pathway or similar to walking through a maze. While you are in the middle of it, it is hard to find your way out or see the bigger picture. Turn to malachite and open your mind and heart to uncover what you need to realize. Malachite's swirling shades of green represent the lessons that the heart must go through during its lifetime, effectuating healing not only in this lifetime but also in past lives. These patterns are lessons that you can use to further your spiritual evolution.

As you discover which patterns no longer serve you, remove them and replace them with patterns of joy, harmony, and inner peace. Call on Melchizedek to aid you on this spiritual journey here on Earth. Call on Melchizedek's energy to establish a foundation of the Divine Will not your will and when you want to do the right thing. Malachite is a stone that helps you get to the heart of the matter. This stone reminds you that as patterns are repeated in relationships again and again that there is a lesson to be learned. This stone helps you grow emotionally as well as mentally and spiritually as you recognize the emerging patterns.

**AFFIRMATION:** I recognize repetitive patterns. I choose patterns of love, compassion, and kindness.





# THE CRYSTAL GARDEN

AROMATHERAPY SPRAYS & ESSENTIAL OILS

From the creator of  
**Smudge in Spray**



## LET YOUR WORRIES MELT AWAY



**BE SLEEPY ROLL ON**  
ROLL AWAY THE STRESS  
OF YOUR DAY AND ALLOW  
THIS MELLOW SCENT  
TO TRANSPORT YOU TO  
DREAMLAND.

10 ml



**BE WEALTHY ROLL ON**  
IMAGINE THE LIFE YOU  
WOULD LEAD IF GIVEN ALL  
THE WEALTH YOU DESIRE  
AS YOU ROLL ON THIS  
SPICY, WARM SCENT.

10 ml

2610 N. Federal Highway, Boynton Beach, FL 33435 • 1-877-444-5099 • [www.TheCrystalGarden.com](http://www.TheCrystalGarden.com)



# MONTE FARBER'S QUANTUM AFFIRMATION



Monte Farber is, with wife, artist/designer Amy Zerner, author of many best-selling metaphysical self-help books with over 2 million copies in print in 14 languages, including Karma Cards, Enchanted Tarot, the Psychic Circle and Quantum Affirmations. His two new books are Signs & Seasons: an Astrology Cookbook and Instant Tarot. [www.MonteFarber.com](http://www.MonteFarber.com) and [www.TheEnchantedWorld.com](http://www.TheEnchantedWorld.com)

## YOUR PSYCHIC IMAGINATION

**When you are asking your psychic ability to come out and play, you must first get past the tendency to think that what you find yourself "feeling," "hearing," even "smelling," "tasting," or "seeing" things in what William Shakespeare so perfectly called your "mind's eye" is "just" your imagination (sorry for all of the quotation marks!)**

My experience has shown me that my way of learning how to do psychic readings has been my ever increasing ability to listen to my intuition, but even more so my ability to listen to my imagination.

My imagination gives me an inner version of all the sensations I am capable of in the "real" world and then I use my intuition to assign values to those sensations.

You can see the image of a person entering an airplane, but unless you use your intuition, you won't know if that is something they should or shouldn't be doing. I call the combination of the two, using my intuition to help decipher the symbols and senses of my imagination, my "psychic imagination."

I believe that the prevailing view of imagination is that it is something we activate with our will when we have to solve a problem, be creative, or when we finally find the time to daydream it is not even half the truth of our imagination's wisdom, power, and usefulness for making our daily lives more enjoyable and wonderful.

Day in and day out, our psychic imagination is speaking to us in the only language it understands, symbols and feelings, and what we have to do is learn how to listen and, occasionally, to speak to it. It wants to help us.

## Leaves & Roots

9476 E. Colonial Drive  
Orlando, FL 32817

**407-823-8840**  
Email [leavesandroots@leavesandroots.com](mailto:leavesandroots@leavesandroots.com)

M-F 10-7  
Sat 10-5  
Sun 12-5

Over 100 Top Quality  
Essential & Fragrance Oils  
Herbs & Herb Blends in capsules  
Aromatherapy supplies  
Herbal research  
Herbal extracts  
Incense, Soaps  
Body Care  
Books

**Over 300 herbs & spices in stock**  
**[www.leavesandroots.com](http://www.leavesandroots.com)**

## YOGA SHAKTI MISSION



**Ma Yoga Shakti**

**First Saturday  
at noon  
VEGETARIAN  
LUNCHEON**  
\$10 donation  
(children free)

**YOGA  
CLASSES**  
**7-8pm**  
\$7 Per Class or  
\$25/month unlimited  
Monday thru Thursday

**Sunshine Lectures**  
**Sundays 9 - 10am**  
*Talks on Spiritual Topics*

June 4th & 18th - Gita Discussion Group - Dr. David Warren  
June 11 - Empowerment of the Soul - Yola Abdou  
June 25 - The wisdom of Bees - Hari Shankar

**BOOKS BY MA YOGA SHAKTI**

Yoga Syzygy Guide to Hatha Yoga \$15  
Techniques of Meditation to Enhance Mind Power \$10  
Shri Satya Narayana Katha \$5  
Hanumaan Chalisa \$5 • A Spiritual Message \$5  
The Seven Invisible Psychic Lotuses \$10  
Yoga Asana Chart \$2 • Chandogya Upanishad \$5

**YOGA SHAKTI MISSION**  
**3895 Hield Rd NW Palm Bay 32907**  
**[yogashaktipalmbay@gmail.com](mailto:yogashaktipalmbay@gmail.com)**  
**321-725-4024**  
**Visit [www.yogashakti.org](http://www.yogashakti.org)**

# ALPHABETICALLY BY COUNTY

Place your ad here for just \$5 per line. 20 characters per heading, 44 characters per line

Payment due 10th of the month before • Email and Paypal to [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com)

## OUR PHONE DIRECTORY... 321-750-3375

### ALACHUA COUNTY (352) GAINESVILLE (386) HIGH SPRINGS

#### A ROCK SHOP & MORE

HIGH SPRINGS EMPORIUM 386-454-8657  
Gemstone Jewelry **We have NOT moved but county gave new address. Same location is now called** 19765 NW US Highway 441 in High Springs, FL 32643

#### BOOKS & GIFTS

WILD IRIS [WWW.wildirisbooks.com](http://WWW.wildirisbooks.com) 352- 375-7477

#### HEALTH FOODS

EARTH ORIGINS MARKET 352-331-5224  
EARTH ORIGINS MARKET 352-372-1741

### BREVARD (321)

#### BOOKKEEPING

ACCOUNTING BY CATHI BRENNAN 321-266-1660

#### ACUPUNCTURE AND LASER LIGHT THERAPY

David Rindge, LAc, DOM, RN 321-751-7001  
1601 Airport Blvd, Suite 1 Melbourne, FL 32901  
[CooperativeMedicine.com](http://CooperativeMedicine.com) [HealingLightSeminars.com](http://HealingLightSeminars.com)

#### AROMATHERAPY, OILS

HERB CORNER 277 N. Babcock Melb 757-7522

#### ASTROLOGER

LESLIE MARLAR 779-0604  
[VLMarlar@aol.com](mailto:VLMarlar@aol.com) [www.lesliemarlar.com](http://www.lesliemarlar.com)

#### AUTOMOTIVE REPAIR

MELLOR'S AUTOMOTIVE 321-956-1997  
Visit [www.mellorsautomotive.com](http://www.mellorsautomotive.com)

#### BOOKS & GIFTS

ANGELS OASIS Cocoa Village 321-506-1143  
AQUARIAN DREAMS Indialantic 321- 729-9495

BOOKANDBEADOUTLET.COM 950 N. Courtenay Pkwy Merritt Island 321.453.2665 50% off bks

CREATIVE ENERGY 952-6789  
Crystals, Jewelry, Drums, Singing Bowls, Books  
780 West New Haven Avenue Melbourne, FL 32901 (formerly Meredith's Bridal) Located just 1.7 miles west of Downtown Melbourne

ENCHANTED SPIRIT 320 N. AIA CB 784-2213

RAIN TREE GIFTS 321-345-4970  
826 E. New Haven Avenue, Melbourne FL 32901

#### BUDDHIST TEMPLE

WAT PUNYAWANARAM 321-255-1465  
4490 Aurora Road Melbourne [www.watpun.org](http://www.watpun.org)

#### CAFE GLUTEN FREE

THE BALD STRAWBERRY 321-458-5529  
1248 Sarno Rd 32935 [thebaldstrawberry.com](http://thebaldstrawberry.com)

#### CHIROPRACTIC

DOCKSIDE CHIROPRACTIC 321-775-3734  
Dr. Kevin Poulston BS, DC 1300 Pinetree Drive Suite #7 IHB 32937 [docksidechiropractic.com](http://docksidechiropractic.com)

VICKI M. MERRICK, DC 321-952-7004  
2060 Palm Bay Rd NE #2, Palm Bay, FL 32905

#### CHURCHES

CENTER FOR SPIRITUAL LIVING SPACE COAST  
A Science of Mind Church Cocoa Vlg 474.2030

THE NEW WAY [www.TheNewWay.us](http://www.TheNewWay.us) 458-7956

SPIRITUALIST CHAPEL OF MELBOURNE 419-6262  
UU Church OF BREVARD [www.uubrevard.us](http://www.uubrevard.us)

UNITY OF MELBOURNE 10am Sundays 254-0313  
2401 N. Harbor City Blvd Melbourne 32935  
[www.unityofmelbourne.com](http://www.unityofmelbourne.com)

UNITY OF MERRITT ISLAND 452-2625  
4725 N Courtenay 32953 [unitymerrittisland.org](http://unitymerrittisland.org)

UNITY CHURCH ON THE SPACE COAST  
2000 South St in Titusville 383-0195

#### CRYSTALS, GEMS ROCKS

YOUR CRYSTAL SHOP 321-615-8927  
[www.yourcrystalshop.com](http://www.yourcrystalshop.com) Cultural gifts  
2137 N. Courtenay Pkwy Merritt Is, FL 32953

#### HEALTH FOODS

APPLESEED 1007 Pathfinder Rckldge 631-1444  
NATURE'S MARKET & CAFÉ 254-8688

ORGANIC FOOD CTR Indialantic 724-2383  
PINETREE HEALTH 777-4677  
SUNSEED CO\*OP Cape Can AIA 784-0930  
SUNSHINE HEALTH FOODS Titusville 269-4848

#### HERBS, OILS & GIFTS

HERB CORNER 277 N. Babcock Melb 757-7522

MAMA JO'S SUNSHINE HERBALS  
1300 Pine Tree Dr. IHB 321-779-4647

#### HOME BIRTH SERVICES

PAM PEACH L.M. [www.Birthingpath.com](http://www.Birthingpath.com)

#### MASSAGE THERAPY

EILEEN A JACOBS, L.M.T. 321-773-0409  
Reiki Master/Teacher • MM9571 • MA 8698

#### NATURAL PET SUPPLIES

NATURAL PET SPECIALTY SHOP 321-259-3005

#### PSYCHIC READERS

ANDREA de MICHAELIS 321-750-3375  
Clairvoyant, honest, accurate, illuminating

REV. APRIL RANE 321-639-8738  
Psychic/Medium, Channel [www.aprilrane.com](http://www.aprilrane.com)  
Accurate Spiritual advice -36 years in Brevard

REV. KATHRYN FLANAGAN 321-458-7956  
Spiritual Advisor \* Teacher\* Tarot  
Reiki \* Weddings\* Public Notary

REV. TERRI MCNEELY 321-292-9292  
Spiritual Advisor/Medium Classes one on one

MORGANA STARR 321-506-1143

Please email feedback about readers  
to [horizonsmagazine@aol.com](mailto:horizonsmagazine@aol.com)

#### SPIRITUAL DEVELOPMENT

ANDREA de MICHAELIS 321-750-3375  
Why does this keep happening to me?  
Working thru it [horizonsmagazine@aol.com](mailto:horizonsmagazine@aol.com)

#### YOGA

SUNDARI YOGA STUDIO 321-613-5999  
46 North Brevard Ave Cocoa Beach, FL  
<http://sundariyogastudio.com/>

THEE HOUSE OF YOGA Classes 321-726-9642  
412 5th Ave, Indialantic, FL 32903



## **YOGA, MEDITATION**

YOGA SHAKTI MISSION 321-725-4024  
3895 Hield Rd in Palm Bay yogashakti.org

## **ZEN MEDITATION**

OPEN MIND ZEN openmindzen.com 427-3511  
Al Rapaport/Sensei•Breathwork•Zen Dialogue

## **BROWARD (954) FT. LAUDERDALE**

### **BOOKS & GIFTS**

ANGEL HAVEN Las Olas Blvd Ft Laud 522-4720

CRYSTAL VISION 3160 Stirling Rd 981-4992

DIVINE LOVE INSTITUTE 954-920-0050  
Hollywood, FL www.divineloveinstitute.org  
Gifts, Free Reiki Circle, Life Coaching, Akashic  
Record Certification, Angel Workshops, Magni-  
fied Healing and IET Certification

NATURE'S EMPORIUM 755-2223

NEW AGE BOOKS & THINGS 771-0026  
4401 N. Federal Hwy Fort Lauderdale

SPIRITUAL JOURNEY 954-752-2329  
7420 Wiles Road Coral Springs, FL 33067  
<http://spiritualjourneyweb.com>

### **CHURCHES**

CENTER FOR SPIRITUAL LIVING 954-566-2868  
UNITY GATEWAY CHURCH 954-938-5222  
UNITY CHURCH OF HOLLYWOOD 954-548-9320

### **HEALTH FOODS**

HEALTH FOODS PLUS 989-3313  
3341 Hollywood Blvd in Hollywood

WHOLE FOODS MARKET  
810 University Drive Coral Springs 753-8000  
7220 Peters Road in Plantation 236-0600  
2000 N. Federal Hwy Ft. Laud 565-5655

WILD OATS MARKETPLACE 566-9333  
2501 East Sunrise Blvd in Ft. Laud

### **PSYCHIC READERS**

JANICE SCOTT-REEDER 954-698-6926  
Tarotist and Astrologer, e/snail mail readings.  
In person readings at the Cosmic Salamander  
<http://cosmicsalamander.com>

## **COLLIER COUNTY (239) NAPLES**

### **BOOKS & GIFTS**

SACRED SPACE 239-390-2522

### **CHURCHES**

UNITY OF NAPLES Books, gifts 775-3009

### **HEALTH FOOD STORES**

EARTH ORIGINS MARKET 239-434-7221

FOR GOODNESS' SAKE 353-7778

FOOD & THOUGHT MKT CAFE 213-2222

NATURE'S GARDEN 643-4959

SUN SPLASH Market & Cafe 434-7721

SUNSHINE Discount Vitamin 941-598-5393

## **DUVAL (904) JACKSONVILLE**

### **BOOKS & GIFTS**

EARTH GIFTS www.earthgifts.com 389-3690  
Wed - Sunday 10am - 6pm Closed Mon & Tues

SPIRITUAL UPLIFTS 904-571-2586  
3491 Pall Mall Dr Jax 32257 spiritualuplifts.com

### **CHURCHES**

COSMIC CHURCH OF TRUTH 904-384-7268

UNITY CHURCH FOR CREATIVE LIVING in Jax  
www.unityinjax.com/ 904-287-1505

UNITY OF JACKSONVILLE BEACH 904-246-1300  
1079 Atlantic Blvd, Atlantic Beach, FL 32233  
www.unityofjacksonvillebeach.com

### **RECONNECTIVE HEALING**

www.healingenergybyted.com 904-613-7608

## **ESCAMBIA (850) PENSACOLA**

### **CHURCHES**

UNITY OF PENSACOLA 850-438-2277  
716 N. 9th Ave. www.unitypns.com

## **HIGHLANDS (863) SEBRING**

### **CHURCH, CLASSES**

UNITY LIFE ENRICHMENT CENTRE 863-471-1122  
10417 S. Orange Blossom Blvd, Sebring 33875  
<http://www.unityofsebring.org>

## **HILLSBOROUGH (813) TAMPA, LUTZ**

### **BOOKS, GIFTS, READINGS**

MYSTIKAL SCENTS 813-986-3212

GAIA SPIRITUAL DOORWAYS 813-943-3666  
26300 Wesley Chapel Blvd, Lutz Florida 33559  
<http://www.gaia-spiritualdoorways.com/>

## **INDIAN RIVER (772) VERO, SEBASTIAN**

### **ACUPUNCTURE**

COMPLEMENTARY MEDICINE 772-766-4418

ACUPUNCTUREVEROBEACH.COM 772-770-6184

### **BOOKS & GIFTS**

INSPIRED HEART Old Dixie Hwy 772-696-1910  
SPARK OF DIVINE 772-257-6499

### **CHURCHES**

UNITY OF VERO BEACH 772- 562-1133  
950 43rd Ave 32960 www.unityofvero.org

### **READINGS, CLASSES**

INTO THE MYSTIC 1614 US Hwy 1 Sebastian  
Psychic Medium Marchelle 772-480-4344

## **LAKE COUNTY**

### **BOOKS & GIFTS**

CRYSTAL CLOSET (407) 878-2700  
121 N Highland St Mount Dora, FL  
www.thecrystalcloset.com

## **LEE COUNTY (239) FT. MYERS**

### **BOOKS & GIFTS**

SO MOTE IT BE 239-689-3728  
2267 1st St in Fort Myers, Florida 33901

THE MYSTICAL MOON 239-939-3339  
8890 Salrose Lane in Fort Myers 33912  
www.themysticalmoon.com

THE MYSTICAL MOON 239-301-0655  
8951 SE Bonita Beach Rd Bonita Springs 34135

THE LABYRINTH 239-939-2769  
12995 S. Cleveland Avenue #108

### **CHURCHES**

UNITY OF FT. MYERS 239-278-1511  
www.unityoffortmyers.org

## **LEON CTY (850) TALLAHASSEE**

### **BOOKS & GIFTS**

CRYSTAL CONNECTION 878-8500  
1233 Apalachee Parkway in Tallahassee

STONE AGE Tallahassee Mall 383-0233

### **HEALTH FOOD STORES**

HONEYTREE 1616 N. Monroe St 681-2000  
NEW LEAF MARKET 942-2557

## **MARION COUNTY (352) Ocala**

### **BOOKS & GIFTS**

CROW'S CROSSROADS SHOPPE 352-235-0558

FAIRY DUST CRYSTALS AND SUCH 352-693-4592  
11781 SE HWY 441, Belleview, FL 34420  
Crystals, books, tarot, jewelry, candles, oils  
[www.fairydustcrystals.com](http://www.fairydustcrystals.com)

GREEN DRAGON NEW AGE GIFTS 352-690-7933  
725 E Silver Springs Blvd, #1 Ocala, FL 34470

SOUL ESSENTIALS Ocala 352-236-7000  
Crystals, rocks, gems, unique gifts, healing gifts  
828 E Fort King St [jensoul@embarqmail.com](mailto:jensoul@embarqmail.com)  
<http://soulessentialsocala.com/>

### **CHURCHES**

UNITY OF OCALA 101 Cedar Road 352-687-2113

### **HEALTH FOOD STORES**

EARTH ORIGINS MARKET 352-351-5224

### **OCALA GHOST WALKS**

[www.ocalaghostwalks.com](http://www.ocalaghostwalks.com) 352-690-7933

## **MARTIN COUNTY (772)**

### **HOBE SOUND/FT. PIERCE**

### **BOOKS, GIFTS, READINGS**

PSYCHIC & THE GENIE 772.402.5441  
Hobe Sound Crystals/Incense/Salt lamps/Psychic

### **HEALTH FOODS/CAFE**

PEGGY'S 5839 SE Federal Hwy 286-1401

### **SPIRITUAL CENTERS**

UNITY OF FORT PIERCE 461-2272  
3414 Sunrise [oneness@unityoffortpierce.com](mailto:oneness@unityoffortpierce.com)

## **MONROE (305) KEYS, KEY WEST**

### **AROMATHERAPY & HERBS**

BLUE MOON HERBALS, AROMATICS 305-587-8303  
[www.blumoonherbals.com](http://www.blumoonherbals.com)  
30150 Overseas Hwy Big Pine Key, FL 33043

### **HEALTHFOOD/JUICE BAR**

GOOD FOOD CONSPIRACY 305-872-3945  
US 1, Mile Marker 30 on Big Pine Key  
<http://www.goodfoodconspiracy.com/>

HELP YOURSELF FOODS 305-296-7766  
829 Fleming Street in Key West, FL 33040  
<http://www.helpyourselffoods.com/>

### **NEW AGE BOOKS, GIFTS**

BLUE MOON TRADER 872-8864

## **OKALOOSA (850) FT. WALTON BCH**

### **CHURCHES**

UNITY CHURCH FWB 864-1232

### **HEALTH FOOD STORES**

FEELIN' GOOD! Hwy 98 Destin 654-1005  
GOLDEN ALMOND FWB 863-5811

## **ORANGE COUNTY (407) ORLANDO**

### **APOTHECARY**

GYPSY APOTHECARY HERB SHOPPE 407-745-5805  
3540 South Orange Ave, Orlando, FL, 32806  
[www.herbbsorlando.com/](http://www.herbbsorlando.com/)

### **BOOKS & GIFTS**

AVALON Hillcrest St in Orlando 895-7439  
CRYSTAL CLOSET Mount Dora 878-2700  
SPIRAL CIRCLE 750 Thornton Orlando 894-9854

### **BUDDHIST CENTER**

VAJRAPANI KADAMPA CENTER 407-896-3998  
813 Montana 32803 [meditationinorlando.org](http://meditationinorlando.org)

### **HERBS, GIFTS**

LEAVES & ROOTS 407- 823-8840  
9476 E. Colonial Drive in Orlando

### **MEDITATION CLASSES**

BRAHMA KUMARI MEDITATION CENTER  
FREE Meditation Classes [www.bkwsu.org](http://www.bkwsu.org)  
407-228-0026 Call 407-493-1931

### **SPIRITUAL COUNSEL**

PSYCHIC MEDIUM TORRE' 321-439-3073  
Teacher, Healer [www.venusinvelvet.com](http://www.venusinvelvet.com)

## **PALM BEACH (561)**

### **BOOKS & GIFTS**

EXPEDITO ENLIGHTENMENT CTR 561-682-0955  
CRYSTAL CREATIONS 649-9909  
SHINING THROUGH 276-8559  
DREAM ANGELS 561-745-9355  
SPIRITUAL AWAKENINGS Lk Worth 561-642-3255  
CRYSTAL GARDEN 369-2836  
2610 N. Federal Hwy Boynton Beach

### **COFFEE & GIFTS**

MOTHER EARTH COFFEE & GIFTS 561-460-8647  
410 2nd Avenue North in Lake Worth, FL 33460

### **CHURCH / CLASSES**

UNITY OF THE PALM BEACHES 561-833-6483

UNITED METAPHYSICAL CHURCH 561- 686-0217  
OF THE PALM BEACHES [unitedmetaphysical.org](http://unitedmetaphysical.org)  
917 North Dixie Highway Lake Worth 33460

### **HEALTH FOOD/CAFES**

NUTRITION S'MART 561-694-0644  
4155 Northlake Blvd PBG [nutritionismart.com](http://nutritionismart.com)

### **HEALTH INSTITUTE**

HIPPOCRATES HEALTH 561-471-8876  
<http://hippocratesinstitute.org> WPB 33411

## **PINELLAS (727) ST PETE, CLRWATER**

### **BOOKS & GIFTS**

MYSTIC GODDESS Largo 727-530-9994

### **CHURCHES**

UNITY OF CLEARWATER 727-531-5259  
PEOPLE'S SPIRITUALIST CH 727-823-5506

THE TEMPLE OF SPIRITUAL AWARENESS 709-3909  
[www.templeofspirituala.wix.com/spiritual-awareness](http://www.templeofspirituala.wix.com/spiritual-awareness) Find us on Facebook

### **HEALTH FOOD STORES**

EARTH ORIGINS MARKET St.Pete 727-347-5682  
EARTH ORIGINS MKT Palm Harbor 352-786-1231

## **ST LUCIE (772)**

### **BOOKS, GIFTS, EVENTS**

THE OWL BUTTERFLY 772-242-8166  
US-1, Port St Lucie 34952 [theowlbutterfly.com](http://theowlbutterfly.com)

## **SARASOTA (941)**

### **BOOKS & GIFTS**

ELYSIAN FIELDS Midtown Plaza 941-361-3006

### **HEALTH FOOD STORES**

EARTH ORIGINS MARKET 365-3700 and 924-4754



## **SEMINOLE (407)**

### **SANFORD, LAKE MARY**

#### **CHURCH, BOOKS, GIFTS**

UNITY CHURCH OF CHRISTIANITY  
4801 Clarcona Ocoee Rd ORL 407-294-7171

#### **GIFTS, CONSULATIONS**

LUNASOL ESOTERICA Sanford 321-363-4883

#### **SPIRITUAL COUNSEL**

PSYCHIC MEDIUM TORRE' 321-439-3073  
Teacher, Healer www.venusinvet.com

## **SUWANNEE (386)**

### **LIVE OAK, WELLBORN**

#### **BOOKS AND GIFTS**

KORNUCOPIA 386-963-4898  
12093 CR 137 in Wellborn, FL 32094  
Tues thru Fri 10am - 5pm, Sat 10am - 3pm  
Antiques Candles Sage Incense Tarot Jewelry

## **VOLUSIA (386)**

### **DAYTONA, DELAND, NSB**

#### **BOOKS AND GIFTS**

CASSADAGA CAMP BOOKSTORE 386-228-2880  
MY CAULDRON 386-624-7000

#### **CHURCHES**

CASSADAGA SPIRITUALIST CHURCH 386-228-3171  
COMMUNITY UNITARIAN UNIVERSALIST dbcuuc.org  
UNITY COMMUNITY CHURCH NSB 386-481-0890

#### **CRYSTALS AND GEMS**

TIMELESS TREASURES 386 252-3733  
Daytona Flea Market • Corner Shops CS 75&76

#### **PSYCHICS GEMS ROCKS**

PURPLE ROSE in Cassadaga 386-228-3315

#### **SPIRITUAL COUNSEL**

PSYCHIC MEDIUM TORRE' 321-439-3073  
Teacher, Healer www.venusinvet.com

## **KNOXVILLE, TN**

#### **READINGS AND REIKI**

THERESA RICHARDSON 865-705-2525  
Original co-founder of Horizons Magazine  
Clairvoyant Intuitive Readings, Channeled  
Readings, Angel Readings, Tarot Readings.  
Readings are available by phone or in person.  
Email info@theresarichardson.com  
Visit www.theresarichardson.com

## **UNITY CHURCHES IN FLA**

Atlantic Beach	904-246-1300
Bonita Springs	239-941-3100
Bradenton	941-758-6489
Brandon	813-727-4431
Clearwater	727-531-0992
UnityNow	727-524-0600
Daytona Beach	386-253-4201
Delray Beach	561-276-5796
Dunedin	727-734-0635
Ft Laud Metaphysical Chapel	754-300-1428
Fort Myers	239-278-1511
Fort Pierce	772-461-2272
Gainesville	352-373-1030
Gulf Breeze	850-932-3076
Hollywood	954-922-5521
Jacksonville	904-287-1505
Jacksonville	904-355-5100
Jacksonville Beach	904-246-1300
Lakeland	863-646-5314
Lecanto	352-746-1270
Leesburg	352-787-0834
Melbourne	321-254-0313
Mount Dora	352-483-5683
Naples	239-775-3009
New Smyrna Beach	386-481-0890
Northport/Pt Charlotte	941-423-8171
Ocala	352-687-2113
Orlando	407-294-7171
Orlando	407-852-3940
Oviedo	321-206-5148
Palm Harbor	727-784-7911
Pensacola	850-438-2277
Plant City	813-659-2624
Poinciana	863-427-4276
Port Richey	727-848-7702
Port St. Lucie	772-878-9819
St. Petersburg	727-344-1515
St. Petersburg	727-898-2457
St. Petersburg	727-527-2222
Sarasota	727-848-7702
Sebring	863-471-1122
Sun City	813-298-7745
Tampa	727-531-1836
Tampa	813-870-0731
Tampa	813-882-0440
Titusville	321-383-0195
Venice	941-484-5342
Vero Beach	772-562-1133
West Palm Beach	561-721-1267
West Palm Beach	561-833-6483

## **We Help People Get Well And Stay Well!**

**Our goal: rapid, effective,  
affordable treatment**

- Acupuncture
- Laser Needle Acupuncture
- Laser Therapy
- Pulsed Electromagnetic Field Therapy (PEMF)



**David Rindge,  
LAC, DOM, RN**

We specialize in modern, cutting edge therapies shown to heal a broad range of health conditions because of the science supporting them and because of the clinical results and lack of problems we have seen over many years.

Pain  
Sports Medicine  
Urology / Prostate  
Digestive Disorders  
Hair Loss - Alopecia  
Respiratory Disorders  
Cardiovascular Disease  
Neuropathy / Nerve Pain  
Bone Healing - Osteoporosis  
Female / Gynecology / Fertility  
Skin -- Acne, Dermatitis, Psoriasis  
Hearing Loss, Meniere's, Tinnitus  
CNS Disorders - MS, Parkinson's, Spinal Cord Injury



**If you have been told that you or a loved one will just have to live with pain or that your health or that a specific condition cannot be improved, think again!**

**David Rindge, LAC, DOM, RN**  
**Center for Cooperative Medicine**  
**Healing Light Seminars**  
1601 Airport Blvd, Suite 1  
Melbourne, FL 32901  
**321-751-7001**  
**www.CooperativeMedicine.com**  
**www.HealingLightSeminars.com**





Photo credit Charles Bush

## ARE YOU LISTENING TO YOUR LIFE?

*continued from page 8...*

After years of intense anger and deep resentment, Tyler experienced an awakening. One day while Tyler was watching **The Oprah Winfrey Show**, he took some timeless advice—it can be cathartic to put feelings down on paper. So Tyler started writing letters to deal with his painful childhood—letters that eventually turned into his plays.

When his shows failed at the box office and he was left penniless, Tyler blamed everyone else—a habit he had acquired from his past. Tyler found that because he had allowed so much anger from his turbulent past to build inside of him, he always found a way to self-sabotage his ventures.

“Although I was angry, bitter, and blaming everyone in life, I had to take responsibility for [sabotaging myself].” — Tyler

Tyler took back his power by confronting his abusers and taking responsibility for his failures. His perception of his own writing changed, and he came to terms with his past.

Now Tyler’s plays are successful and seen by 20,000 to 30,000 people a week. He listens to what his life has to say!

### **Lesson #2: Live in the Moment. Living in the Moment Leads to Big Discoveries**

When You Live in the Moment, You Will:  
Hear the messages your life gives you each day  
Respond better to these messages  
Feel more gratitude  
Connect more deeply with others  
Stay connected to your feelings on a more regular basis  
How to Develop “Present Moment Awareness”  
Breathe deeply—Focus your attention on your breath  
Focus on your body. Use simply daily tasks like brushing your teeth or taking a shower to bring your attention to your body and focus your awareness on what you’re doing in the moment.

Meditate for brief periods of time each day. Start out with five minutes of silence and stillness and build from there. You might even practice the pleasure of being still two or three times a day!

### **THE STORY: SUE HENDRICKSON**

This real life “Indiana Jones” says her intuition led her to an important discovery—buried for over 67 million years.

“When I’m doing my work, I’m truly living in the moment. There are absolutely no distractions. I’m in ecstasy.” — Sue Hendrickson

Hardly the career you’d expect of someone who dropped out of school because of boredom at 17 years old, Sue Hendrickson has uncovered some of the most startling scientific discoveries of the last 20 years by trusting her intuition. Sue says, “I’ve always followed my instincts, even when people expected other things of me.”

Not sure whether to call it an instinct or a sixth sense, Sue knows there’s something that compels her to venture off the beaten path. “I just feel like I have to stop and look, or go to a certain area...and a number of times, I’ve found something very important.”

Cheryl Richardson says Sue’s story is a great example of what happens when you “hyper-focus” on the present moment—you can almost hear what your inner voice is telling you. Sue’s dedication to listening to her life has led her to big payoffs.

While on a dig in the Black Hills of South Dakota, Sue had felt magnetically drawn to one spot, but didn’t have time to investigate. As her group was leaving, a flat tire gave her the excuse she needed. Sue walked seven miles to a particular cliff with her dog, Gypsy, and saw six bones sticking out of the rock—they turned out to be the largest and most complete Tyrannosaurus rex ever found! Sue says, “It’s as if the dinosaur cried out to me.”

### **Lesson #3: Follow Your Intuition. How to Listen to Your Intuition**

When you trust and act on your intuition, you increase your self-esteem, build trust in yourself, and experience a profound sense of security that no relationship or amount of money will ever give you.

*continued on page 28...*



## WAT PUNYAWANARAM

*Brevard County's Learning Center Of The Buddha's Teaching, Meditation And Thai Culture*

4490 Aurora Road Melbourne 321-255-1465 [www.watpun.org](http://www.watpun.org)

Visiting Hours: 7AM to 8PM Daily  
Meditation 7 to 8AM \* 7 to 8PM Daily  
Thrift Shop: Wed to Sun 9AM to 4PM  
Thai Food Served Sunday 10AM - 2PM

We are predominately Thai but many from other cultures join us. We have several Monks and Nuns of the Dhammayut Order in residence.



# ABRAHAM-HICKS

*...continued from page 9*

So if you could just step back just for a moment from the thinking that "I need to get into the Vortex or I need to get into the Receiving Mode so that I can receive the solution so that I can pronounce it and explain it to all mankind," if you could just avoid that thought and instead say "It is my desire to get into the Vortex or into the Receiving Mode so that I can feel my utter wellbeing and feel the alignment between me and Me."

If that could be your desire, if that could be why you're wanting to be in the Receiving Mode, now you're in the Receiving Mode and you're not complicating it with that impossible task of getting one other person to understand you or listen to you or take action because of something that you've said.

Now solutions come to you and a mighty current of aligned beings begin summoning this Energy and flowing it forward, and all kinds of solutions begin to happen - economic solutions which are at the basis of so much unrest, political solutions that are at the basis of so much unrest that the majority of you don't have anything to do with, that even when you cast your vote you feel incapable of accomplishing anything.

But you sure can cast your vibrational vote - you sure can look into the mass consciousness and find things that cause you to be in alignment - and you can stand ready for the solution ideas that will flow to you along with millions of others who are standing ready for the solution.

And do you know who a lot of those millions are? Animals that are being born, the plants that are being born, and baby humans that are being born, and those like you who are coming into alignment. In other words, this movement of the Receiving Mode is a large movement - it always has been and it always will be - because it is your natural inclination to feel good.

**You can cast your vibrational vote - you can look into the mass consciousness and find things that cause you to be in alignment and to feel good**

So, is there to think about a world without terrorism and shortage? Yes. It just takes discipline - it takes a strong desire to feel good. Find ways to do that.

**Q: I have an eight month old at home, and I'm very curious about babies. I've heard you talk about as soon as they're conceived they have their stream going.**

A: That stream is their Nonphysical awareness - that's that Nonphysical stream, and at the moment that they take their first breath and have some awareness of their physical environment, now they have two points of attraction and two points of consciousness.

**Q: OK, so they have a little bit of resistance.**

A: At birth.

**Q: OK, I just want to clarify: They are vibrationally independent, as in they can choose for themselves?**

A: Yes, and already have. And let's talk about that just for a moment based upon what we just said - none of you are really ever completely vibrationally independent from your Inner Being because your Inner Being is momentum that came forward with you.

**Q: Can you say that again?**

A: None of you are ever vibrationally independent from the goodness of who you really are. In other words, this Source Energy You is always the dominant Energy, and is always calling you to it. But when you try to accomplish independence from that, or let's say separation from that, you don't feel so good.

**Q: Right, but I'm talking about vibrational dependence on or independence from other people.**

A: We know you are. So often you think you want your independence, but you don't want independence from clarity and you don't want independence from Source and you don't want independence from vitality - the reason you want independence is because you have a vibration going on that you don't like. But the seeking of independence is not really a healthy thing because it's a pushing against what you don't want usually. It's like with people who say "I want freedom," they always mean freedom from bondage, so bondage is a big thing in the vibration, bigger usually than the freedom that they're saying with the word.

*continued on page 31...*





Photo credit Charles Bush

# ARE YOU LISTENING TO YOUR LIFE?

*continued from page 26...*

## HOW TO LISTEN TO YOUR INTUITION

Rev up your intuition by starting to use it for less important decision-making choices such as the right meal to eat or the best movie to see. When making important decisions, get quiet and ask yourself for guidance. Close your eyes, take a few deep breaths and focus on a question. Notice any images, thoughts, sounds or feelings that occur to you. Be willing to make mistakes in order to strengthen your relationship with your inner guidance system. As you learn to act on your intuition, act on the wisdom you receive, even if you're not sure whether or not it's the right direction. Don't worry about making the "perfect" decision!

## THE STORY: EILEEN FISHER

A Business Built on Intuition. This successful fashion designer connected with her inner voice and followed her dream to start her own business—with only \$350 in her bank account!

"Your inner voice teaches you about yourself and puts you on the right path. Without it, I wouldn't be where I am today."

— Eileen Fisher

As a little girl, fashion designer Eileen Fisher was taught to put the feelings of others before her own; she learned to ignore her inner voice. In her 20's, she worked as a waitress and in interior and graphic design to make ends meet—but always dreamt of her own clothing line. People called her a dreamer and said she'd never make it. "It made me doubt myself," says Eileen. "I was so confused that I couldn't hear the voices inside telling me what to do or how to go about it."

Eileen began to write and sketch in a journal to clarify her inner vision. Reading the journal helped her to see herself more clearly and realize negative energy was holding her back.

When Eileen surrounded herself with supportive people, she was able to put aside her childhood inhibitions and start her own business—with only \$350 in her bank account! "It was like I was on a path. And the ideas and energy began to flow." Today, Eileen Fisher's clothing company is worth over one hundred million dollars! "I believe that every minute we're awake our life is sending us messages about what we should be doing, where we should be headed." — Eileen Fisher

## WHERE TO LOOK FOR SIGNS

*Can you open your heart and mind to listen?* Our lives communicate with us in many ways. Learn where to look. Can you open your heart and mind to listen? Learn to keep an open mind about where you'll get these messages—they can come from many places:

**PEOPLE.** By paying close attention to conversations with friends, family members or coworkers, you may hear important information.

**JOURNALING.** Use your journal to dialogue with your "Wise Self" by asking a question, getting quiet, and then writing whatever comes to mind. This is a great way to train yourself to look inside for answers first.

**TV AND RADIO.** By paying attention to what occurs around you, you might even find that information or next steps come to you in the most unusual ways. You may get an answer while watching a favorite TV program or tap into a specific memory or feeling while listening to the radio.

## BE OPEN TO MESSAGES

John, a car salesman, was once a guest on *The Oprah Winfrey Show*, and was asked to help a woman overcome her insecurities by negotiating for a car. But John got a lot more than he bargained for...a burning desire to discover his passion!

Two days after the show taping, John gave notice at the dealership. John said he hadn't been listening to his life—he felt he was doing what was expected of him.

Another step John took was to get rid of the toxic relationships in his life—"friends" he realized were superficial. Now he only surrounds himself with supportive people.

"From a spiritual standpoint, it's amazing to actually be yourself, and not to have to put on that mask." — John

## LISTENING TO YOUR DREAMS

If you're not listening to the messages your life is sending you throughout the day, there's hope— you're likely to get messages while you sleep!

## DREAMING POSSIBILITIES

Your dreams can give you great direction in your life. Here's insight into the importance of your dreams:

Recurring dreams may be messages from your subconscious about a situation that needs your attention.

You can dream solutions to problems.

Your dreams can contain important messages about your body and your health.

## TAP INTO YOUR DREAM MESSAGES

Keep a journal by your bed. Write in it when you awake in the morning in your online journal. If you wake up in the middle of the night and have had a dream, write it down! You may not remember it in the morning.

If you have trouble remembering your dreams (which many people do), start by writing fragments or even vague memories of dreams you may have had. Pretty soon your subconscious will get the message that you're paying attention, and you'll remember more and more of your dreams.

Try writing down a question before you go to bed. Often, you'll get the answer in a dream.



## This month's thoughts about things...

*"I want to look back on my life and be giddy with joy that I was the one who got to live it."*

*... from page 7*

### YOUR WORDS HAVE CONSEQUENCES

Having said that, always watch your words — some people troll pages waiting to pick a fight. A friend of mine got herself in a pickle. She made some tipsy, rude comments on FB one midnight last week and a handful of Facebook friends took it the wrong way. They began a witchhunt, getting her banned from several location entertainment venues and contacting her employer asking that she be fired. She said a stupid thing and she apologized hours later but now she's receiving threats of bodily harm as Facebook friends continue to share the offending post with directives to "find this person and teach her a lesson, give her something to cry about, put her out of her misery," etc. WORDS MATTER. Choose them carefully and know there are always consequences.

### WHAT'S THE POINT OF IT ALL ANYWAY??

A friend asked, "What's the point of it all? If we're going to just live and die, what's the point of trying to achieve anything if it all turns to dust?" The point is not achieving. The point is the emotional journey you take as you go this way and that. The point is to follow emotional happiness. That is also how you serve yourself and your fellow man. When you are filled with happiness, you exude a nonphysical 'good' into the environment and anyone around you has access to thoughts and feelings of happiness, not unlike accessing good thoughts from a collective thought bank.

### HOW I COPE WITH LIFE BY LOOKING FOR FUN

*Why bother to feel good ever if we're going to eventually die?* Because those thoughts and emotions build up and follow you from lifetime to lifetime, making easier and happier future lives. I cope with life by training myself to have an interest in things around me, looking for the fun to be had, looking for the helpers, looking for the silver lining, looking for someone to give a kind word to, by training my self talk to keep me motivated and uplifted. That is my contribution to emotional well being on planet Earth.

*Your being here matters, your being happy matters, the happiness of others matter. Never think it's pointless. Become an emotional missionary in this lifetime and follow happiness, feel happiness, collect happy thoughts and feelings so you can remember happiness when things are not so happy. Fill up your happy tank to overflowing, that's how you silently help your self and your community. In this lifetime and the next.*

A friend thanked me today for introducing her to metaphysical thought, to the idea of continuation of life in consciousness after the death of the physical body, to the idea of different levels of existence, intermingled and parallel worlds and the

reasons for that, and that we are all connected to each other. To the idea of the body's energy system and the power we have for self-healing. To the idea that we create the world around us by virtue of the thoughts we choose to think repeatedly. She said she was beginning to lose hope because she felt her life was meaningless. As usual, all that needed to change was her perception.

### DURING A BIG GOOF UP IT HELPS ME TO REMEMBER THAT THINGS USUALLY WORK OUT FOR ME

My Verizon contract was up last month, so I transferred my phone from Verizon (\$81/month) to Straight Talk (\$47/month.) I made sure to call from the land line and do the process with a real person so I did not lose my number. Of course they dropped my number! Mark, after I stressed I specifically needed to take my phone number with me, failed to ask me any of the Verizon account info in order to port the number over. It was only AFTER we got off the phone I realized he didn't ask me any of that info. I called back and Brian did the necessary to fix it. I attracted it because I was nervous about losing the number. I thought it might happen, I knew there was a chance and I was resigned to it if it happened. *I also know that things usually work out for me and when there's a goof, I can usually find someone right away to fix it. And I did. So did it work out because I expected it to or did I expect it to because it always works out?*

### ASKING IS POWERFUL

Did you ever notice that when there's been no one exciting and new in your life for awhile and then there is, suddenly there's 2 and 3 and 4 of them? That's because the more you focus on the good feeling you got from the one, the stronger your signal. *"Bring me new inspiration."* Asking is powerful. When we ask, we will be guided to new inspiration or a new goal or a new muse. But we have to ask for it. When you're ready, sincerely ask internally: *"Whoever or Whatever is up there or out there, please bring me something to be intensely interested in and inspired about, something to bring new spark into my life. Thank you."* It never fails. Never.

### GOD WILL TAKE CARE OF THOSE YOU LEAVE BEHIND

When you finally decide to leave and cut the cord, here's a comforting truth — if you're no longer there by choice or chance. "Responsibilities are part of the play, the maya or illusion of our lives. At any time that you abandon or are snatched from your life — the people in it will be taken care of by God. So just know, pray for them, play your part with them as far as you are prompted to do it. But be aware, they will be okay if you are not there. That struggle to stand on their own may be part of their growth."

— Marie Dooley

You can leave out of misery or leave gracefully. You can stay and be miserable, or stay gracefully. The turmoil lives within limiting options. Find the grace and the options will appear. — Zanda Gutek



Enjoy our offering this month.  
Hari Om.

Andrea



Maya White is a Master Destination Astrologer and one of only 90 people in the world certified in Astro\*Carto\*Graphy, a specialized branch of astrology which helps people find their perfect place on earth for love, prosperity, and personal growth. She's also the creator of Easy Astrology Oracle Cards published by Hay House. Visit Maya's website and sign up to receive her weekly newsletter. [www.MayaWhite.com](http://www.MayaWhite.com)

# HOROSCOPES

## JULY 2017

Cusp dates are accurate for 2016. Sometimes the actual date the sun enters the sign varies by a day or so because of a leap year, or, even the time of day. I assure you these cusp dates are correct for 2017.

**Aries - (March 20 - April 18)** You are called by your courage this month, Aries. Your fearless nature will be tested as your ruling planet, Mars, interacts with Pluto (July 2nd) and Uranus (July 17). Do whatever you must to maintain balance and stability; this includes healthy food, moderate exercise, and getting enough rest. Being centered and grounded is your key to success. Name it, claim it; and step up to the plate.

**Taurus - (April 19 - May 19)** Your finances come together nicely this month, Taurus. Venus holds court in your 2nd house of money, and Jupiter (finally moving direct) stabilizes your 6th house of work and service; both are pathways to predictable income for you. There will be moments when you have to move through your own inertia, but do not let the words, and especially the fears of others, slow your progress. Rock on!

**Gemini - (May 20 - June 19)** This is a good month for you, Gemini. It might be a bit scary because you are ready to make some hard decisions. But, honestly, you're ready, and it's not like this is anything new. This is 8th house stuff; wrapped up to look like money and/or love. But, it's really about taking your power back. Now you get to make up the rules to your own game of Life. What story will you write next?

**Cancer - (June 20 - July 21)** Things happen fast this month, Cancer. There will be last minute decisions to be made which have lasting consequences. Know that you are surrounded by a grace and embraced in the support of your family. Better get a pair of roller skates so you can move fast, and keep yourself strong and grounded through a daily practice of meditation and balanced lifestyle.

**Leo - (July 22 - August 21)** Now you know, Leo. Mysteries that were previously tangled up in layers of intrigue are finally solved. And, you happily put the remaining puzzle pieces in place. July is a month for consolidation as we all prepare for the *Great American Eclipse* of August 21st. The eclipse functions like a re-set button for you; it turns the lights out on dark parts of your past and illuminates a bright, new future.

**Virgo - (August 22 - Sept 21)** Embrace your Inner Child now, she is growing up and has a contribution to make. Like the Lotus, there is a beautiful flower that is ready to bloom. Like the Lotus, born from the mud of your unfilled desires, this seed has been nurtured in the recesses of your kind soul and has now reached a state of maturity. Paint and create in beautiful color and Light. Express Yourself.

**Libra - (September 22 - October 21)** Any questions left over from last month will be clearly answered by July 17th when Mars squares Uranus and Venus squares Neptune - on the same day. This is a core power turning point month for you, Libra. It's an opportunity to go deeply into the recesses of your history and emerge victorious with a prize that is beyond all earthly treasure - your inner gold and Diamond Light.

**Scorpio - (October 22 - November 20)** You will be called to take some decisive steps this month. Both of your co-ruling planets are activated; the full moon of July 8th joins Pluto, and Mars is putting the pressure on as he wades through Cancer. This is not about total transformation or drama; rather, think of it as assigning a new name to an old friend. You are being urged to revitalize something that is old, and make it new.

**Sagittarius - (November 21- December 19)** July promises to be an inspiring and energetic month- if you play your cards right. There is a lot of 'noise' out there in the form of minor irritations and problems that seem bigger than they really are. If you allow these to take you off course, it'll feel like just another month on the merry-go-round. However, IF you buckle down and get real, you'll emerge as the hero of your own story.

**Capricorn - (December 20 - January 18)** With the full moon of July 8th in your sign, this is a very important month for you. As Mars entices the role of 'other', you may feel called to please someone else. But, the truth is: only you can make yourself whole. Pluto was known to the ancients as a 'Gatekeeper'. Allow him to work his magic as you meet your future self.

**Aquarius - (January 19 - February 17)** So much is revealed to you in this merry month of July! People will think that you have eyes in the back of your head, or that you've activated psychic superpowers. Actually, both have merit. You easily read between the lines, Aquarius. There may be a disillusionment that comes with the full moon of July 8th. Understand that there was something destructive about this relationship, and it has served its purpose.



**Pisces - (February 18 - March 19)** Yours is a mutable sign noted for having many options and being able to navigate under any conditions. Jupiter and Venus want to help you maintain that edge this month. But you must also transverse the shallows of desire and uncertainty; and both take you off-course by presenting too many possibilities. We are often advised to 'live in the moment', but right now, the stars urge you to think about your future.



# COVER ART

## POND FAY AND HER KITTENS

by Sharon George



**This nature faery is resting upon her favorite stone at the edge of a hidden pond.** She

is with her adopted children, three fay kittens. They are visited by their friend, Raccoon, who has picked a giant strawberry and is washing it in the miniature falls. The talking carp makes bubbles while one of the kittens watches an inchworm make his way across the stone. The pond fay, decorated with her favorite found objects, is quite contented in the late afternoon shadows. She exudes a gentle air that has drawn a pod of

hummers to rest with her in her calm. It's a peaceable kingdom.

**Sharon George:** Award Winning Digital Painter of fantasy and goddess art. Her online portfolio is at [www.fantasy-goddess-art.com](http://www.fantasy-goddess-art.com). Her open edition archival quality prints are signed by the artist and come with a letter explaining her process of creation and the symbology used in each image. Each print is superb quality, stunning color and signed by the artist. What she says about herself and her work:

"I am the embodiment of Earth Mother. I am Empath; my spirit forever dragging my body behind. I live in a world of dreams. I am Nature. My mind an ancient tree, a primordial fern, a pool of silver water beneath the moon. I am part Raven, part Owl, part Lizard, part Rabbit and mother to many cats. I speak to my animal friends because I respect them. I have often felt my images are channeled. The best work leaves me waking from a trance with no idea how I just created whatever I did. Once I was taken on a journey through some deep red rock fissures. We flew by very fast and on the walls were petroglyphs that came forward and glowed. I was taught the meaning of shapes and colors on a very profound level. There are no words to describe what I was given that afternoon. It's inside me somewhere.

My work is not done because I've yet to express these meanings. When I have grown enough to do so, everyone will gain. We all feel wonderful when those common chords in our hearts are touched. We understand for a moment we're sacred and we're not alone. As a woman, I have shared with many women the birth and raising of children, the joys and sorrows of marriage...and I've emerged with a profound appreciation for the female experience. I've learned to honor the eternal feminine aspect of life. I hope when people see my art they recognize the goddess within themselves. What is it? It's the indescribable something that makes life "alive", the creative force, the love that permeates all. Call it whatever you want. I celebrate it with my paintings."

<https://fantasy-goddess-art.com/>



## ABRAHAM-HICKS

*...continued from page 27*

**Q:** OK, so the independence we're seeking is really independence from our resistance?

**A:** The independence that you're really seeking is independence from those who aren't your guidance system, so that you can interconnect and integrate with what is your guidance. Can you see why it was important to clarify this?

**Q:** Yes. So the real dependence is my alignment with my Inner Being - I'm dependent on my Inner Being for the clarity, for the feeding me what I want - am I following?

**A:** Yeah, but that word dependent is one that smacks of something that you don't want. But it is an accurate use of it, so let's find a better feeling word to you than that. Let's call it collaboration of co-creation or integration or extension of or we're all in this together or that we are one or partnership - yes.

Let's not count all partnerships that aren't your Inner Being as flawed or not good, let's just understand the good ones feel one way and the not good ones feel another way.

**Q:** And put my focus on the good ones. OK.

There's no risk out there, there is only your point of attraction. That's why there are people who thrive under all conditions and there are people who suffer under all conditions.

There are people who thrive in what the world would call the worst conditions, and there are people who suffer in what the world would call the best conditions, and it doesn't have anything to do with what's out there, it has everything to do with what's going on with you vibrationally. A

nd your point of attraction is always based upon what you're broadcasting, so the things you broadcast - the things you say about yourself and others, and situations and circumstances and events - what you say is what sets your tone.

So with what you're saying and what you're feeling and what you're meaning, the Universe doesn't listen to your words, the Universe is responding to what you mean, and what you mean is how you feel.

HORIZONS MAGAZINE  
575 Escarole Street S.E.  
Palm Bay, FL 32909-4802



As hopeless as any situation feels,  
it's really only your thoughts that  
you're dealing with. And you  
have the power to change those.  
Louise Hay

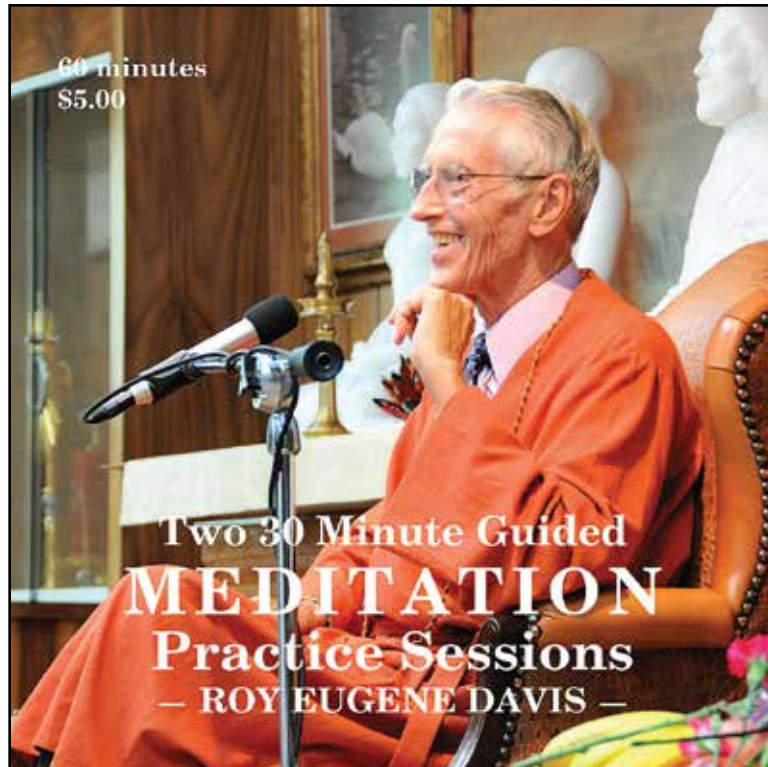
When we think that the  
world has unlimited  
resources, our world  
becomes unlimited.  
Ma Yoga Shakti

**FREE**

**Meditate Easily,  
Naturally, and  
Effectively With  
this FREE Audio  
CD Recording**

**Two 30 Minute  
Guided Practice  
Sessions**

Benefits of regular  
meditation are stress  
reduction, improved  
concentration,  
strengthening of the  
body's immune system,  
slowing of biological  
aging, and satisfying  
spiritual growth.



Sessions begin with routines to calm the mind and focus attention.  
Use the short periods of silence to contemplate your pure essence.

Request your free copy by mail, e-mail, or telephone.  
Pay only for packing and postage. In the U.S. \$3.00

**Center for Spiritual Awareness**  
**P. O. Box 7 Lakemont, Georgia 30552-0001**  
e-mail [info@csa-davis.org](mailto:info@csa-davis.org)  
**706-782-4723** weekdays 8 a.m. – 3 p.m. East Coast Time

**Free on our Internet web site: [csa-davis.org](http://csa-davis.org)**  
*Truth Journal*, articles & books in several languages; video and audio talks; online  
ordering of books, DVDs and CDs; meditation seminar and retreat schedules.

**Roy Eugene Davis has been teaching spiritual growth processes for more than  
60 years in North and South America, Europe, West Africa, and India. He was  
ordained by Paramahansa Yogananda in 1951. Read *Truth Journal*, hear Mr. Davis'  
talks, and see meditation seminar and retreat schedules at [www.csa-davis.org](http://www.csa-davis.org)**