

Andrea de Michaelis presents

# HORIZONS

APRIL 2024

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# 12 STEPS OF SPIRITUAL FREEDOM

By Rev. Tom Sannar <https://new-thought.org/>  
Email [dr.tomsannar@gmail.com](mailto:dr.tomsannar@gmail.com)

**PUBLISHER:** We use many names for **God**, including The Universe, Universal Energy, Source Energy, Great Spirit, Divine Source. It all refers to the same, no matter what name we use for the **God of our understanding**.

**1. Recognition.** I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all my questions and has the ability and the willingness to fulfill all of my desires.

**2. Unification.** I unify my consciousness with the consciousness of **God**. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.

**3. Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.

**4. Dominion.** I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.

**5. I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.

**6. I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.

**7. Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.

**8. Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.

**9. Persistence.** I persist through faith. I maintain focus and discipline.

**10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.

**11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.

**12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure and my talent to the spiritual source of my choice.

**The greatest optical illusion is separation**

# HORIZONS

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**Co-incidence has meaning. If you find yourself reading these words, there is a message for you.**

“And the day came when the risk to remain tight in a bud was more painful... than the risk it took to blossom.” Anais Nin



**Horizons thanks everyone willing to take the risk**

HORIZONS MAGAZINE is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

**ARTICLE SUBMISSION:** You may submit articles of up to 1500 words on any area of personal growth and practical spirituality to [HorizonsMagazine@gmail.com](mailto:HorizonsMagazine@gmail.com). Time sensitive articles must be submitted 3 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for.

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# THIS MONTH'S THOUGHTS ABOUT THINGS

*"I want to look back on my life and be giddy with joy that I was the one who got to live it. So far, so good."*

**HELLO AND WELCOME TO THE APRIL 2024 HORIZONS MAGAZINE.** It's been a busy month, full of a little anxiety and uncertainty since my insurance premiums are all renewing. Last year was a bit of a fright when homeowner rates tripled and it was a mad scramble for financing for the appliance upgrades and new roof they demanded. I lucked into getting a grant for \$10K of the roof, which cut my insurance premium of \$9k by 2/3. Last year I also had high vet bills for my beloved kitties Sam, 6 and Ben, 10. Both passed in November due to outdoor issues. No more outdoor kitties. I use one credit card for personal, one for business, I pay them off each month. My personal card was high all year. It felt good to have a breather before the next.

## NEVER DOUBT THE UNIVERSE CAN DELIVER WHAT YOU WANT

So last month as I'm building the bank balance back up, I got a little nervous. I had to do some unexpected major tree trimming, \$2500. I bought dental insurance and began some dental work. The total was affordable and the insurance will pay for a lot of it but it's still \$2k.

I had to drop my car at the shop since the display panel was blacking out. But I kept myself in a hopeful frame of mind since it always works out. I got an affordable estimate on the car, it was \$200 less than I thought it'd be, replacing & reprogramming sensors, recharging a/c, oil change, finding a tire leak.

It's definitely been a month for big \$\$ jobs: tree trimming, dental stuff, the car, so

## I MAKE MYSELF REMEMBER THAT DOLLARS OUT LEAVES A VACUUM TO SUCK DOLLARS BACK IN.

I no longer think of saving dollars as filling a cup bcz then I'd get freaked if it's not topped up. I BEGAN TO THINK OF MYSELF AS A FUNNEL & AS LONG AS I'M POURING DOLLARS OUT, DOLLARS WILL KEEP POURING IN, POURING THRU.

**Provided I remember that's how it works.**

Bcz if every time I spend dollars I think *"Oh no, I'm depleting my coffers! What if no more comes in?"* **that thought is a sign post that shows me where my focus is** and that's what'll keep happening UNTIL I remember that **AS IT FLOWS OUT, IT'LL FLOW BACK IN.**

And I no longer worry where it's gonna come from. It'll come from wherever it is now. When I think of it this way, I'm guided to ideas and opportunities to keep it flowing.

Immediately after this, I got texts from 2 different realtors about the lots on either side of my home, making realistic offers after I made pretty unrealistic (I thought) demands. If I needed \$\$, the Universe was reminding me of an option. But I believe in hanging on to land. Then I got notification of a deposit I didn't expect. **Again, the Universe offering another option as it sees me fine tuning what I prioritize. I love how that works.**

**UPDATE** just also got an offer from **Reliable Home Buyers** (who have good reviews) for \$203k for my house. Even if I got \$350k for all 3 lots, my little piece of **Paradise**, where would I go and have such space and woods right in my own acre and so close to everything? I'm glad I still love it here, I figure I've got 40 more years here. Cool.

## ON WHY THINGS HAPPEN

The question is not why is this or that tragedy allowed to happen or why is greed and deceit allowed to prevail. There will always be good happenings and there will always be tragedies. The question is **NOT** how can I stop taxes & insurance from skyrocketing, the QUESTION is **WHAT am I choosing to focus on, what am I choosing to come into vibrational resonance with by virtue of my attention to it, whether in person, on tv or social media.**

--- There is no reason to get ticked when my mortgage payment doubles due to tax & insurance increase. **If I do, that is my indication that I no longer vibrate in harmony with what used to be.** It's true for you, too.

--- That means there is SOMETHING ELSE that is more suited for where you are resonating right now. That means if your intention is to help a lot of people and make a good living doing it, **recognize when you are being lead in a different direction and EXCITEDLY LOOK AROUND YOU to discover what it might be.**

--- There will always be good and there will always be bad. The only question is what kind of world do you see in front of you, **what lens are you viewing the world through? Which are you choosing to focus on and attract more of?**

Enjoy our offering this month.  
Hari Om.



Andrea

# ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Author of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and NY Times Best Seller, Money and the Law of Attraction, visit [www.abraham-hicks.com](http://www.abraham-hicks.com).

## TUNING TO SOURCE ENERGY

**As we play together here, the thing that we want most for you is that you will come to know that even in your moments of seeming separation (there's never separation or disconnect from your Inner Being - you just can't get loose of us), in the seeming disconnect that is represented to you by some form of negative emotion, it's only your impression about the situation that is causing you the discomfort.**

It is never ever, ever that someone in **Nonphysical** is disappointed in you, or blaming you, or seeing fault or lack in you. In other words, we want you, by the end of this conversation today, to be as proud of yourself when you are in a negative rampage as you are when you are flowing in a positive rampage because it's all you and it's all us and it's all good and it's all fine and it's all part of creation and it's all part of expansion and it's what we all signed on for.

And you play your part out there on the bleeding edge, and we play our part knowing who we all really are, and knowing when you know what you don't want that you know what you do want.

And when you know what you do want because you've known what you don't want, you launch a rocket of desire, a rocket of Energy, a vibrational rocket that is received by a **Nonphysical, already in motion Vortex** (we call it the Vortex, but it is a **Vibrational Reality**) where we always stand, that has momentum, and where the **Law of Attraction** is gathering the cooperative components.

And the only reason you ever feel bad about anything is because for some reason - and we know that often it feels like a good reason to you - you are not being a cooperative component to your own desire.

And you know, that's OK because when you're launching new desires, you sort of have to warm up, you sort of have to warm up to what it really means.

You have to find a vibrational way into it because sometimes you've picked up along your physical trail beliefs from your mother, who got it from her mother who got it from her father who got it from his father, or, or, or, or, or.

In other words, here you stand as an extension of **Source Energy**; yes, indeed. But you are also an extension of those physical beings who have lived here before you, who have thought thoughts, and had experiences, and have launched thoughts, and have told you things, and have said to you you're not deserving or life isn't good or life isn't easy.

And when someone really believes that, then you know their life isn't easy, and then you witness them living a hard life and saying life isn't easy, and you believe it because you have the evidence right before you.

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# NON - RELIGIOUS SPIRITUALITY

Jim Palmer is the Founder of the Center for Non-Religious Spirituality. A critically acclaimed author, Jim also writes for professional journals and major publications. Jim is an adjunct professor of Ethics, Philosophy of Religion and Comparative Religion. He is a Spiritual Director, Founder of the Nashville Humanist Association and Chaplain with the American Humanist Association. He is a trained religious trauma and spiritual abuse counselor. <https://nonreligiousspirituality.com> & <https://jimpalmerauthor.com>

## "JIM, WHAT DO YOU THINK IS THE MOST IMPORTANT INNER WORK A PERSON MUST DO?"

**Over the years I have observed that many people seek happiness by striving to mix and match life's circumstances together favorably. This strategy never works because the lived human experience is characterized by impermanence and fragility, and there are countless factors that impact our lives that are outside our control.**

We tend to suffer under the illusion that we are one prince charming, one dream home, one financial gain, one great success, one sculpted body, one divine intervention... away from the happiness we seek.

What often compels a person to seek coaching is a felt need, which presents itself in the form of a problem. The problem may be an external or circumstantial problem such as a relationship issue, career dissatisfaction, financial frustrations, health/fitness dissatisfaction.

Or, it could be more of an internal or psychological problem such as chronic unhappiness, self-sabotaging beliefs and mindsets, fear, lack of meaning, emptiness, spiritual dryness, and lack of motivation or direction. Consider the possibility that every problem such as these that you encounter, experience or feel in life is actually a symptom.

If you sought to remedy every circumstantial or internal problem one-by-one as they arose in your life, you may only really be doing symptom-management, but not true transformation and liberation.

For true transformation and liberation, you have to address your life at the most foundational and fundamen-

tal level. Stoppap measures to alleviate symptoms or achieve temporary self-improvement gains does not go deep and far enough.

It is necessary to go into the deepest substructures and default belief-system operating in the background and governing your life.

You have to put everything on the table - all your cherished beliefs, stories, sacred cows, certainties, comforts, assumptions, answers, dependencies... for starters. It requires courage, openness, honesty, humility and resolve.

The reason why religion and spirituality do not work for many people is because they simply use it as another attempt to employ the same strategy for influencing and controlling life in order to be happy.

Have you ever noticed that we are always wanting something. We want more of this and less of that. We perpetually want things to be better or different. More pleasure, less pain.

We have many desires and preferences - some are big and some are small. We desire more comfort and less difficulty. We desire financial prosperity. We want to be thinner. We desire a new laptop or phone, a better car, different job, a vacation, and a bigger living space. We desire different or better relationships.

We want to be more loved and appreciated for who we are. We want to be more enlightened. Some days we wish it would rain, other days we wish it wouldn't.

*...continued on page 22*





# SOUL SONGS • ABRAHAM FUN

Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. Join "Abraham Fun" on FB and like her FB page, "Soulsongs by Karen Money Williams." Email [karen@karenmoneywilliams.com](mailto:karen@karenmoneywilliams.com)

## REFLECTIONS ON CONNECTION

**If I were a scuba diver, probing the treasures of a sunken ship, my work would come secondary to staying fully hooked-up to my air source.**

This principle applies to all aspects of life. It is crucial that I ever give priority to connection to my Source energy.

Part and parcel of this energy, I came into physical expression to have desires born of life in this environment of contrast and then find ways to feel emotionally good enough to manifest these desires. But when I lapse into negative thought and emotion, I compromise my ability to manifest what I want.

I clog my supply line of well-being.

If I've convinced myself that success comes by hurrying, overworking, prodding people, staying on my guard, and obsessing about details, well, I'm just like countless other people who do life the hard way and likely fall prey to stress ailments and maybe addiction.

Achieving my desires comes from learning to stay relaxed, calm, and upbeat, no matter what happens around me.

When I thus keep my connection to my joyful Source clear, I lead a "charmed life," and my goals and desires come running with open arms.

## YOU'RE STARRING IN YOUR OWN SITCOM

**If things go wrong today, I pretend I'm in a TV sitcom and foul-ups are all part of the plot. I find ways to joke about problems and about my typical reaction to problems.**

I find ways to poke fun at the human condition and amuse myself in the process. When I "chill out" and "lighten up," I do myself (and others!) a huge favor.

For feeling relaxed and happy is my natural state of being. When I regularly feel good, my body heals itself, my finances and relationships improve, and I start finding myself in the proverbial right place at the right time.



To jumpstart a light-hearted perspective, I can maintain and review scrapbooks of my favorite cartoons and jokes.

I give myself permission to act zany and silly. I initiate light-hearted banter with family and friends.

When things go haywire, I try to imagine what my favorite comedian would say in response to the situation.

I can become so adept at turning bleak experiences into hilarious ones, that I no longer try to avoid trouble. It's all just material for my act - the act of enjoying my life.

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# SOLAR AND LUNAR CELEBRATIONS OF THE ANCESTORS



Debra Strasser is High Priestess at Church of Iron Oak in Palm Bay, FL.

## WELCOME TO APRIL 2024

**Three of the world's major faiths will observe their highest holy days this month. These dates are based on the phase of the moon. We are now past the Spring Equinox and our outdoor traditions of Spring will go forward, egg hunts, spring cleaning and yard sales.**

Did you know that yard sales, also commonly known as a "rummage sale," date back to the early 1800s, when shipyards would put lost or damaged cargo (referred to by the now archaic term "romage") up for public retail. In our ancient world, late spring was a time of **Roman Goddess** festivals. **Venus**, goddess of love, beauty, gardens, and all things green and growing had several festivals in **Spring**. The **Great Goddess Cybele or The Magna Mater (Great Mother)** was honored during the festival of **Megalesia**. **Cerealia** was the major festival celebrated for the grain and bread goddess **Ceres**.

**Islam, Ramadan** continues thru April 9

**April 1: April Fools' Day** Celebrated by many cultures by playing tricks on family and friends, April Fool's Day began in Europe and was actually a celebration of the **Norse god Loki**. Loki was known to be a trickster god and a shapeshifter. There really was no telling what type of mischief or support **Loki** would bring. He was not considered to be trustworthy, but he was necessary for change.

**April 9-10: Eid al-Fitr, Islam.** The breaking of the fast, marking the end of the month-long dawn-to-sunset fasting of Ramadan.

**April 14: Vaisakhi** A Spring festival celebrating founding of the Sikh community

**April 8: New moon in Aries & total solar eclipse**  
The April 2024 total solar eclipse occurs in **Aries**. It will darken the daytime sky in parts of the world, but when the light returns, so will clarity. The next visible total solar eclipse to cross over the US will come on Aug. 23, 2044, according to NASA.

**April 22: Passover begins - Judaism**

**April 22: Earth Day.** Earth Day is an annual event to demonstrate support for environmental protection. First held on April 22, 1970, it now includes a wide range of events coordinated globally by Earth-day.org including 1 billion people in more than 193 countries. The official theme for 2024 is "Planet vs. Plastics."

**April 23: Full Pink Moon in Scorpio.** The pink moon is not actually pink in color, but it is a full moon that appears in **April** every year. It is also sometimes called the "**sprouting grass moon**" or the "**egg moon**" or the "**fish moon**" in different cultures.

These names reflect the seasonal changes happening in nature around the time of the **pink moon**. The **sprouting grass moon** refers to the new growth of grass in spring. The **egg moon** signifies the time when birds start laying eggs, and the **fish moon** marks the start of the fishing season.

**The full moon** is believed to represent a time of heightened energy and spiritual power. **The full moon** is thought to help amplify intentions and desires and can be a powerful time for manifestation and transformation.

**April 30: Passover ends**

*Blessed Be!*

# HERB CORNER

Cecelia Avitable of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. [herbcorner.net](http://herbcorner.net)

## SPRING DETOX WITH HERBS

**Over the past few months, we've all been to a few holiday gatherings and overindulged in those heavier and more fattening foods than we normally would have had.**

**Spring** used to be the time of the year when our ancestors took the time to clean the **Winter** cobwebs from their homes. At this time, they also followed a detox program because they knew cleansing the body removed the stagnation that can lead to disease.

**Detoxifying herbs** work on many systems of the body including **digestive, urinary, lymphatic, circulatory the respiratory system and your skin.**

If you are experiencing **constipation, brain-fog, fatigue, acne, weight gain, depression or re-occurring headaches** it may be time to consider a **Spring Cleaning** as many of our ancestors did.

A good way to start is by drinking a glass of water mixed with the juice of 1/2 of a fresh lemon or lime with each meal, this will start to stimulate digestion and mildly clear your gallbladder and liver (the bodies "**Master Detoxifier.**")

If you chose to use herbs for your **Spring-Cleaning Regime** you will want to use herbs that target the **liver** (your bodies' master detoxifier) and the **digestive system.**

Clearing these will help to remove built up toxins that have been stored in your body. When you clean your **liver and digestive system** you also clean up your **blood** and in the long run your **heart, lungs, and kidneys**, not to mention a few other places.

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# CRYSTALS, ROCKS, MINERALS

## DAILY USE AND PRACTICE

### CRATER AGATE

Photo by Karin Wolf



Sharron Britton has been a rock collector for as long as she can remember. From picking up shark's teeth and fossils on Venice Beach in Florida where she grew up to honing in on rare mineral treasures at the world's largest rock and mineral show in Tucson, AZ, she has always felt at home working with rocks. 20 years ago she began selling a few pieces from her collection to her friends, and the response was so positive she started her business. Her customers run the gamut from mineral collectors and lapidary enthusiasts to lightworkers and metaphysicians. Sharron believes everyone who loves rocks is a kindred spirit. See her [Facebook page at SharronRocks](#)

**For the past several nights I have not been able to sleep. I will go to rest after my evening meditation and sleep does not come.** I finish the book I am reading and still remain awake. Just before dawn I slip into the land of dreams.

Of course morning requires me to rise and take care of the many tasks that await me. Many of my friends and family members are telling me that they too are having difficulty getting their rest. It seems to me that we the people are on the cusp of a great change coming. No one can control it and no one really knows what these changes will bring.

Uncertainty of this magnitude makes folks feel uneasy. Some will grasp at anything that helps them make sense of what's going on in the world as long as they aren't required to re-examine their perspectives and cherished beliefs.

Now that **Spring** has arrived, we can see the green shoots pushing up through the ground driven by the rapid fire energy of new life - **Dylan Thomas** called this "the force that through the green fuse drives the flower." The eclipse of the full moon in **Aries** last night has opened up a gateway through this fire. We can feel everything exploding all around us and it is only natural that we try to shield ourselves from forces too powerful to control, but we cannot hide from them.



Patagonia Crater agate, Argentina

The fires of life require us to surrender come what may. The strength we need is already within us. For the butterfly to emerge from the chrysalis the caterpillar must die.

*...continued on page 23...*



# PSYCHIC MICHELLE WHITEDOVE

Lifetime TV named her America's #1 Psychic on America's Psychic Challenge. Her books include: She Talks To Angels, Ghost Stalker, A Psychic Medium Relays Messages from the Heavens. As of Dec 2022 her physical body could no longer contain her Spirit, but she is still with us sending her guidance. Her work continues. She's done much writing that has not yet been published and Horizons has been given permission to continue to publish it. Visit [www.MichelleWhitedove.com](http://www.MichelleWhitedove.com)

## DEAR WHITEDOVE,

Humans have such a great capacity for goodness. If we are all born from the Heavens, why do humans have the ability to commit evil acts?

Very Saddened in WV

## DEAR SADDENED,

**Great Spirit** is unconditional love and all things surrounding spirit are also of pure love; when we incarnate to **Earth** we travel further away from the love of **Great Spirit** to a lower plane of existence. The opposite of Love is Fear, and through fear comes hate, apathy, and violence.

**Evil** plays a part in human nature because **Earth** is a realm of duality where each soul can create their personal **Heaven** or **Hell**.

Remember, **Spirit** gave us the gift of **Free Will** so that each soul would reconnect with the **Divine Intelligence** of its own choosing.

We come to **Earth** to learn different lessons, but we do share one commonality, and that is to bring us closer to "**Spirit**."

Live your life by the **Universal Law of Unconditional Love**, and remember that the light is always stronger than the dark.

**Don't believe me?** Go into a room, turn the lights out and then light a single candle; you will see how a tiny bit of light can penetrate even the darkest room. So let your light shine!

## DEAR WHITEDOVE,

For my birthday I received a necklace that contained an **evil eye** pendant on it. It is very pretty but I've heard a lot of conflicting information on its true purpose? So I'm a bit nervous to wear it.

Cautious in LA

## DEAR CAUTIOUS

The **evil eye** dates back to ancient times, when it was believed that certain people had the ability to curse you or cause you misfortune just by staring at you. Usually it is caused by jealousy and envy of the good fortune someone else is having. This belief was so profound on ancient cultures that the **Egyptians** began wearing ornate eye makeup as a way to ward off evil stares.

In more modern times, the concept of wearing eyeliner was converted into charms of protection, hence the "**Evil Eye**" charm. There is nothing wrong with wearing your evil eye necklace, it is a positive power object that will add protection to the wearer, because like many power symbols the evil eye is strongly believed in and trusted in that our vibration and thoughts has made it so. Remember we have the gift of co-creation, if you believe it then it is relative because you give it power.

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# THE REAL VALUE OF CONFUSION

Mitch Ditkoff is a writer, poet, and storyteller enjoying life in Catskill, NY. More of his writing can be found on Medium, where he posts daily ([www.mitchditkoff.medium.com](http://www.mitchditkoff.medium.com))

**Are you confused about how to proceed with your most compelling creative project? Baffled? Bamboozled? If so, take heart! Confusion is not always a bad thing. In fact, it's often a necessary part of the creative process.**

The weirdness enters when you start judging yourself for being confused. Then, instead of benefiting from this normal stage of “not knowing” you end up in endless rounds of self-talk, procrastination, and worry. What is confusion, really?

Technically speaking, it's a state of mind in which the elements you are dealing with appear to be indiscriminately mixed, out of whack, or unable to be interpreted to your satisfaction.

Everyone from **Einstein to Mickey Mouse** has had this experience. It comes with the territory of trying to create something new. Most of us, unfortunately, have a hard time acknowledging it.

“Not knowing” has become a euphemism for “ignorance”. And so begins our curious routine of appearing to know and giving bogus answers to ourselves and others in a pitiful attempt to mask our confusion and maintain a sense of control, brilliance, and selfhood.

Our discomfort with not knowing prevents us from mining the value of this potentially fertile time of dislocation.

**Picasso** understood. “The act of creation,” he said, “is first of all an act of destruction.”

Indeed, great breakthroughs often emerge after times of dissolution, chaos, and confusion. Wasn't the universe itself created out of chaos?

**Ilya Prigogine**, a leading brain researcher, describes this phenomenon as the “**Theory of Dissipative Structures**.” Simply put, when things fall apart, they eventually reorganize themselves on a higher level (if they don't first become extinct).

There is no need to fight confusion. Let it be. It's a stage we must pass through on the road to creation. Fighting confusion only makes it worse – like trying to clean a dirty pond by poking at it with a stick.

And, besides, even while our conscious mind is telling us we're confused, our subconscious mind is processing a mile a minute to come up with some amazing solutions. In the shower. While we're exercising. Even in our dreams.

## LOOK AT IT THIS WAY:

First, we refuse (to have our status quo threatened). Then, we get confused (trying to sort out all the new input).

Then, we try to diffuse the process (by regressing or denying.)

Eventually, we get infused (inundated by new insights). And, finally, we get fused (connecting with previously unrelated elements to form a new and unified whole). Your next step? Allow confusion to be what it is – the catalyst for more elegant outcomes.

## AND IF YOU REALLY CAN'T STAND THE CONFUSION, HERE ARE SEVEN SIMPLE THINGS YOU CAN DO TO GO BEYOND IT

1. Take a break from the problem at hand
2. Identify what's confusing you. Name it.
3. Talk about your confusion with friends
4. Seek out missing information
5. Reframe your problem, starting with the words “How can I?”
6. Pay attention to your dreams and intuitions
7. Maintain a longer term perspective (“this too shall pass”)

The purpose and mission of our "Mystic Faires" is to promote education and awareness of the psychic world, holistic health, natural healing, conscious living, and spirituality. One way we do this is by bringing together psychics, spiritual counselors, retailers, light workers, alternative health practitioners, vendors and others in one place, allowing them to come together for the health and wellness of body, mind, and spirit

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For info, call Candyce **239-949-3387**

**Mystic Faire of Central Florida is May 2024** in beautiful Crystal River! The Crystal River Armory is the perfect location for our event. 8551 W Venable St, Crystal River, FL 34429

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**We keep a balance of vendors in all categories: Alternative Practitioners, Massage & Energy work, Aromatherapy, Astrology, Aura Photography, Gifts, Crystals, Jewelry, Health & Nutrition and Psychics. I look forward to seeing you at our next event! Blessings & Light!** Candyce Strafford

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**Tuesday 7-8pm** Mary LaMarre -- Gentle Hatha

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**Thursday 7-8pm** Sensei Margarite -- Intermediate

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# SETH SPEAKS

Seth is the nonphysical spiritual teacher who spoke through the author Jane Roberts. Seth presented the furthest reaches of human potential, the eternal validity of the soul, and the concept that we create our own reality according to our thoughts, emotions and beliefs. Seth taught to access and use the tremendous source of power, wisdom within you. [www.sethlearningcenter.org](http://www.sethlearningcenter.org)

## SETH ON ALIEN CONTACT:

**Hypnotism** will become more and more a tool of scientific investigation. **Telepathy** will be proven without a doubt, and utilized, sadly enough in the beginning, for purposes of war and intrigue. Nevertheless **telepathy** will enable your race to make its first contact with alien intelligence. It will not at first be recognized as such.

There is nothing any more strange in such contact than there is in my contact with you. But because you are so involved with camouflage apparent reality, contact with such intelligence will be a startling discovery.

The contact made will be from one male to another, although the alien male, from another camouflage galaxy, will be more involved than you consider possible.

The actual **telepathy** contact with this **alien intelligence** will occur, your time I believe, not too far distant, perhaps by the year 2001. However, a hitch will develop of which your scientists will not be aware, at least in your terms. The intelligence that you contact will no longer inhabit the same universe by the time that the contact is made.

By then you will have discovered that your present theory of the **expanding universe** is in error; and this error will, nevertheless, affect your calculations as to the exact location in your space, of the intelligence that is contacted. The contact will be made, I believe, in **Australia**.

*...continued on page 32...*





# NOTES FROM THE UNIVERSE

International tax accountant turned entrepreneur turned writer for “the Universe” and one of the teachers for The Secret, Mike Dooley runs TUT’s Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit <http://tut.com>

**You're not in time and space to graduate into higher realms of existence; that's where you came from.**

**And back then you could think of no adventure greater than falling in love with yourself all over again, having new dreams, facing great challenges, with total amnesia of your magnificence... lest it all seem too easy.**

**Show off.**

**You're in a breed of your own,**

**The Universe**

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# SPIRITUAL GRAFFITI

Jeff Brown is author of Spiritual Graffiti, Ascending with Both Feet on the Ground, Love It Forward, An Uncommon Bond, Apologies to the Divine Feminine From a Warrior in Transition, Karmageddon, an award winning documentary, and Grounded Spirituality. Visit [www.Soulshaping.com](http://www.Soulshaping.com) and [www.Soulshapinginstitute.com](http://www.Soulshapinginstitute.com)

**It is natural to take it personally when someone disconnects from you, especially if they don't tell you why.** At the same time, it is also important to realize that people's decision to disconnect often has nothing to do with you. It is often entirely about them.

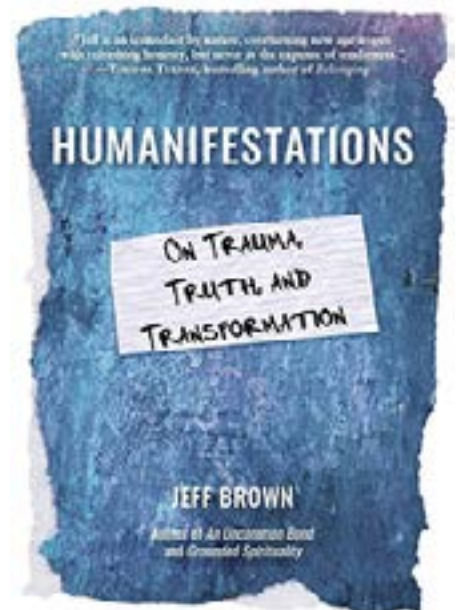
One of the most common things I have witnessed, is a need to sever connection that is rooted in the personal individuation process. That is, someone has gone through their life as a people pleaser, as a co-dependent, as someone whose experience of the self is confusingly intertwined with others, and they need to push someone away in order to finally feel separate.

They need to claim their stake as an individuated entity, but they don't know how to do it non-reactively. So they abruptly terminate a personal connection, in order to establish a new way of being.

Quite often, they do this with someone who is peripheral to their primary co-dependencies, because they are not ready to live without those. They pick a friend or a secondary figure, as their first stepping out.

In these situations, you are merely a relational symbology, a figure that had to go in order for them to finally feel like a boundaried, empowered person. This is not to say that it won't hurt, but it is to say that it was never about you.

#shadowbanned  
book





# SHIFTING FROM SUFFERING TO COMPASSION

David A. Cronin is a sometime meditation instructor, speaker, photographer, and writer. He is the prior owner of Changing Times Books in South FL Now retired in Atlanta, GA. His favorite pastimes include being 'Gramps' to 2 adorable grandchildren, volunteering and training to walk the Camino de Santiago pilgrimage. You can follow him on Facebook: <https://www.facebook.com/david.cronin.79/> He can be reached at: [davidcronin490@gmail.com](mailto:davidcronin490@gmail.com). All photographs shown here were taken by him.

**The idea of utilizing our own individual suffering as a means of cultivating compassion towards others is a common theme in most spiritual traditions. I have found it immensely beneficial in my own journey. Here are some steps I use when I am struggling in some area of my life.**

One of the first things is to simply be with what is happening, and how it feels in the body to be having this experience. In other words, not to deny the experience or make it wrong. It is helpful if we can fall into some form of compassion for ourselves, to hold ourselves, our own suffering, in our own heart.

This is vitally important. How we hold anything in our heart determines our experience of it. If you want to change your experience of anything, find a way to change how you hold it in your heart.

So often when we are deeply challenged by something we tend to feel alone in our suffering, disconnected from others. Here I remind myself that I am not experiencing 'David's suffering'. I am experiencing my version of human suffering. While the specifics may be unique to me, out of the billions of people on this planet, millions are most likely experiencing some version of what I am going through. We all share this human experience.

I then hold all those people in my heart and in doing so my heart opens.

I energetically send them my love. To experience what it means to share this same suffering, this shared humanness, softens the suffering, and helps turn it into compassion.

In that open-hearted, compassionate space I can say a prayer for them. Something like: "May the courage I draw forth, to face and heal my version, spread out like ripples throughout our connectedness to assist others in their version."

In this way, we can shift our suffering into compassion.



# ESSENTIAL LIFESTYLE HACKS



Ma Mokshapriya Shakti is successor to H. H. Ma Yoga Shakti Saraswati, founder of Yogashakti Missions worldwide that teach the essence of yoga, meditation, and spirituality. Mokshapriya is an agent of change who teaches self-empowerment—inspiring people to make big changes through her down-to-earth interpretation of complex philosophy. She inspires and guides at the Yogashakti Ashram in Queens, New York. Her direct, approachable, and incredibly loving nature help her students to illuminate their own personal paths with ease and grace. Visit [www.yogashakti.org](http://www.yogashakti.org) Email [yogashaktiny@gmail.com](mailto:yogashaktiny@gmail.com) Yogashakti Yoga Center on YouTube at <https://www.youtube.com/channel/UC08Xfld4QT1fYGyn0b6QhPw>

## WHO AM I?

**We are never alone. We were created in the image of the Divine. We hold a fragment of the Divine within our “I am Presence” or Spirit. That I AM Presence or Spirit is constantly with us.** It is ready to guide and communicate with us.

When we tap into our intuition, when we meditate and receive information, it is our I AM Presence that is communicating with us.

Our connection to our higher self and **I AM** Presence is through the crown chakra and that communication link is to be as wide as our head. Because we have forgotten, the connection has atrophied, and is only a thin silver thread. This thread cannot be severed.

Through reflection and meditation, we can strengthen that communication. The more we do so channels begin to open. Our goal would be for our lives to be guided by our **I AM** Presence or **Spirit**. This is not easy to do, because it requires surrender of the ego desire body.

Let us reflect. We have our own personal entity that is closely connected to the **Source**, or **God**. It is with all of us all the time. That entity wishes to guide and assist us in our best interest in our daily life 24/7.

That entity can synchronize our life so that we may attain our deepest heartfelt desires that are for our highest good, and we do not listen.

We do not listen because our ego, the bully, wishes to guide instead. The ego is our tool and is needed to live in this world. Think of the ego as a car. The car can take us places and we use it and direct it.

Now imagine, we get into the car, and it takes over. The car has control over the steering and power and no matter what we do it will go where only it wants to go. If we were sitting in that car, we would feel helpless. Similarly, we are allowing our desires and ego to take over our lives.

We have disconnected from our source, our security. It is like a toddler who wishes to explore, runs away and touches everything. In the excitement of exploration, the need or security is not there. But later the toddler looks for the security of the parent. If the parent is not there the toddler begins to cry and feels lost.

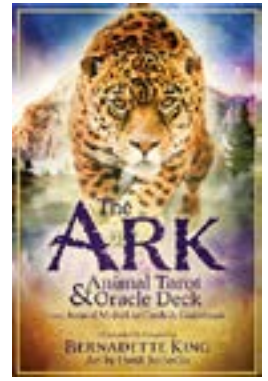
After some time, the toddler finds things to do and play with to forget the need of security. Similarly, we have lost our security and wish to obtain it through possessions or people. We say: I will feel secure once I find a partner. I will feel secure once I have x amount of money. I will feel secure once I have a house.

*...continued on page 30...*

A promotional graphic for Yogashakti Ashram. It features a blue background with a white lotus flower at the top. The text reads: "Yogashakti Ashram", "Founder: Maha Mandaleshwar Ma Yoga Shakti". Below this is a list of activities: "Arti (daily 6:30 am &amp; pm)", "Puja (Holidays &amp; Full Moon)", "Satsang (Lectures)", "Meditation", "Yoga (9 classes per week)", "Sunshine Lectures", "Retreat (45 acres in Catskills)", "Teachers Training (Meditation)", and "Publications:". To the right of the text is a circular image of a Hindu deity. At the bottom, there are several book covers and the contact information: "Ma Yoga Shakti International Mission", "114-41 Lefferts Blvd. S. Ozone Park, NY 11420", "718.641.0402", "www.yogashakti.org", and "yogashaktiny@gmail.com".



# WHAT IS MY SPIRIT ANIMAL



Bernadette King, creator of The Ark Animal Tarot & Oracle Deck has for 20+ years helped folks get closer to their Animal Allies, become more accurate psychic mediums & animal communicators & stronger intuitive tarot readers. Thru [WhatsMySpiritAnimal.com](http://WhatsMySpiritAnimal.com)

folks are learning about their own Spirit, Totem, & Power Animals. The Ark is a 100 card deck which practitioners can use for divination & healings. Visit [WhatsMySpiritAnimal.com](http://WhatsMySpiritAnimal.com)



## CETAN SYMBOLISM & MEANING

**Cetan** or Čhetán is a chimerical creature emerging from **Native American** Mythology and the oral stories the **Lakota** Tribe passed down from one generation to another. Like many **Native American** tribes, the **Lakota People** hold the **Hawk** as sacred, which is evident in the envisioning of **Cetan** and its epithet being “*Spirit of the Hawk.*” **Cetan** is a creature of supernatural origin. But the mythic Bird is still similar to the real-world **Hawk**, so reviewing the symbolic meaning of **Hawks** may provide additional insight into the meaning of **Cetan** as a Spirit Animal Guide.

The real-world **Hawk** and **Cetan** share the ability of graceful flight, which symbolizes poise, confidence, independence, ascension, transcendence, smooth transitions, and ease of movement. Where **Cetan** differs from the real-world **Hawk** is in its otherworldly characteristics. **Hawks** are **Mother Nature**’s most amazing aerialists. Likewise, **Cetan** achieves extraordinary heights as it soars through the star-stippled, celestial sphere. So, **Cetan** as an Animal Ally when you’re looking to access the Realm of Spirit, commune with the Divine, or work with Devas, Angels, Guardians, and the Ascended Masters.

In some cultures, people consider an encounter with **Cetan** as an omen-one warning of potential dangers on the horizon, and this is because the creature has associations with the **Air** and **Earth elements**. Since **Cetan** has exceptional vision, it is mastery over observation.

**Cetan** flies through the skies while navigating the earth with equal ease, giving the creature full knowledge of all happenings under the earth and sky. With its limitless knowledge, **Cetan** serves as a protector of humankind, forewarning others of impending problems or threats.

## CETAN SPIRIT ANIMAL

**Cetan** appears as a **Spirit Animal** to people who need to heighten their awareness or to form a strategy for success. The creature ascends and dives through the air like a skilled aerialist, all while making rapid decisions about direction and movement in midflight. But the Spirit Bird is also silent and still when a situation requires. As an **Animal Ally**, **Cetan**’s lesson consists of the power of keen observation coupled with decisive action for moving forward in an existing situation or relationship.

When you want to escape a confining relationship or free yourself from conditions where you feel emotionally imprisoned, **Cetan** may appear as your **Spirit Animal Guide**. One of **Cetan**’s primary skills is grace in movement. The creature comes to you to lend emotional support as you maneuver your way into friendlier conditions. Swift and agile in flight, this **Animal Ally** also supports you when things in life have reached an undesirable standstill. The Bird helps you uplift your mood and stir up stagnant energies resulting in refreshing or restorative change.





# WHAT IS MY SPIRIT ANIMAL

... from page 20



## CETAN BIRTH TOTEM

If **Cetan** is your **Birth Totem**, you have exceptional observation skills. When in a crowded room, you may appear to be the wallflower, but you are far more active than you seem as you soak up vital information. The details you glean from people's conversations and behaviors is something that complements your already powerful intuitive abilities. Sometimes you'll unnerve others as they will feel your insight into conditions is eerily uncanny.

You're apt to become a leader in your social circles or even class president in your youth; leadership skills emerge early in your life as one of your many talents. Later, in the workforce, you'll likely end up in a position of authority as those see you as a pillar of strength even in times of chaos. You handle the winds of change with majestic grace, and others seek to emulate your impressive poise.

With **Cetan** as a **Birth Totem**, you'll have little difficulty communing with the Universe or connecting with the Spirit Realm. You may put your psychic gifts to use helping others in the role of a psychic, medium, or as a spiritual advisor. Your desire to help others is always genuine, and you prefer uplifting the downhearted or lending a hand to the underdog in a situation.

## CETAN POWER ANIMAL

Invoke **Cetan** when you want to restore harmony in every aspect of life. **Cetan** has mastery over **Air** and **Earth** elements. So, The Sacred Bird embodies the **Hermetic** axiom, "As above, so below," or "As within, so without." As a powerful **Animal Ally**, **Cetan** lends support to those in search of the perfect equipoise between inner and outer realities.

Call on **Cetan** as a **Power Animal** when you want to lift the veil shrouding your destiny. Just as the creature flies to unbelievable heights, it also makes rapid dives through the air with an equal amount of grace; as such, **Cetan** aids in the exploration of the subconscious

realm. Consider invoking the creature whenever you want to access information about past incarnations, your soul's mission, and when you're on a quest to discover your most authentic self.

## NATIVE AMERICAN CETAN SYMBOLIC MEANINGS

The **Cheyenne** have the legend of **the Hawk and the Magpie**, where the creatures win the right for people to consume **Buffalo** as a food source.

The **Shawnee** and **Algonquin** tribes share the legend of the hunter **Waupee**, a name meaning "**White Hawk**," who falls in love with one **Morning Junco**, one of twelve star maidens who he encounters in a faery ring he discovers in the forest. He captures her, they marry and have a child, but the celestial Realm still pulls at **Morning Junco's** heart. After returning to heaven, she longs to return to **Waupee**. Eventually, **Waupee** joins **Morning Junco** and their son in the sky, where they all transform into **White Hawks**. The legend symbolizes love conquering all and the importance of family and fidelity while associating White Hawks with shapeshifting, magic, and the union of the earthly and celestial realms.

**Arapaho** legends of the **Hawk** depict the creature as humankind's helper. In one story, the **Hawk** rescues a female abductee from the **Spirits in the Sky**. They also describe the **Hawk** as a **Bringer of Justice** and a teacher. Blackfoot stories depict the Hawk as an admonisher of arrogant behavior.

Several **Native American Tribes** have **Hawk Clan** names. The **Chippewa** have the "**Gekek (Hawk) Totem**," while the **Hopi** has the **Sparrow Hawk Clan**. The **Iroquois**, **Menominee**, and **New Mexico's Pueblo** tribe also have **Hawk Clans**.



# NON--RELIGIOUS SPIRITUALITY

*...continued from page 8*

Is there ever a moment when we are not wanting something?

Consider what is available at the end of the racket of our incessant wanting.

Consider the possibility that true serenity and well-being is found at a deeper level.

*It is not in wanting things that is the problem - this is just part of being human - but it is believing that getting what we want is the source and secret to our happiness.*

The truth is that nothing in life can "make" you happy. If you believe anything in the lived human experience can "make" you happy, you will only find more suffering in life.

**Liberate the weather from your demand that it make you happy.**

**Liberate your hobbies from your demand that they make you happy.**

**Liberate your possessions from your demand that they make you happy.**

**Liberate food from your demand that it make you happy.**

**Liberate your bank account from your demand that it make you happy.**

**Liberate your work from your demand that it make you happy.**

**Liberate your social media activity from your demand that it make you happy.**

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**Liberate your relationships from your demand that they make you happy.**

**Liberate your mirror from your demand that it make you happy.**

**Liberate your spirituality from your demand that it make you happy.**

**Stop demanding that the world MAKE you happy.**

**It can't.**

**Discover that your innate being IS happiness.**

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# CRYSTALS, ROCKS, MINERALS DAILY USE AND PRACTICE

...continued from page 12

During this time of enormous change, I look to my crystal allies to give me the inspiration to receive this energy as a blessing. Outside in nature rebirth surrounds us. The fires of **Spring** rejuvenates the earth as she is wakened from the winter's rest. The destructive energy of fire can seem incompatible with the nurturing energy of earth, but both are necessary for life to emerge.

**Agate** is a cryptocrystalline quartz based mineral born of fire. It is an **igneous rock** with volcanic origins. The nodules of **Agate** form in cavities of volcanic basalt over millions of years. The variety of **Agate** I want to share with you is known as "**Crater Agate**" and it is found in one of the wildest and most beautiful places on our planet - **Patagonia in Argentina**.

I first saw this **Agate** several years ago at the **Tucson** show and was very attracted to the deep red center surrounded by **deep blue chalcedony** and **black banding** colored by **manganese**. The coloration is spectacular and unlike any **Agate** I have ever seen.

There are an almost infinite variety of **Agates**, each with their own metaphysical characteristics, but all **Agates** are known for enhancing strength and courage.

The month of **April** starts with the fire of **Aries** that segues into the strong earthy energy of **Taurus**. This can show us a way to navigate the changes before us if we open to the process catapulting us to the next level. The seeds of the great sequoias in **California** cannot germinate without a forest fire to clear out the underbrush and ignite the spark of life inside them. We can use the powerful force of fire to clear our own way into an undefinable future knowing that all impediments will be swept away, leaving us with the strength we need to create something we are not quite ready to imagine.

The striking contrast of the brilliant red and black presents a visual call to wake up. We must move through the fire to find ourselves renewed. Then we can find



Patagonia Crater agate, Argentina

ourselves ready to take on the challenges of what is to come. As we honor the earth that supports and nurtures us, we will be filled with strength and feel our purpose. Due to the presence of **uranium salts**, under ultraviolet light the **chalcedony** fluoresces green, the color of life.

Here on our little planet amidst billions of stars in the vast universe, perhaps we can rediscover that which connects us all.

**Patagonia Crater Agate** is not easy to source as it is quite rare and only found in one mine in a very remote part of the world but it is well worth seeking out. It is sometimes called "**Fire Fox Agate**" so you may be able to find it under that name. I am going to try to get some a little later this year. You can follow my **Facebook page, SharronRocks**, if you are interested as I will be posting pictures there when I get them. You can also find them on line occasionally should you know a trusted vendor.

Many blessings to all of you as we are propelled into Spring. The force that through the green fuse drives the flower, that which connects us all, do you know what it is? Of course you do. It is love.

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# HORIZONS MAGAZINE MISSION STATEMENT

*What I'm here to do with Horizons is share a belief and formula for happiness that I've found is true for me and for others I know. To give readers the choice to entertain those ideas, some of which may be an option for them as well. We don't always know what we might prefer, how our life might change for the better if we don't consider and entertain the idea of something new.*

Andrea de Michaelis. Publisher

## OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions.

To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience.

What we see and experience is simply the brain's interpretation of electrical signals. The only reality we cope with is the world of perceptions inside our mind.

We participate in creation of the reality we experience by our intentions, beliefs and expectations, by every thought we think and every word we speak. Because we participate in this creation, we have access to as much happiness and supply as we can discipline ourselves to focus on.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation.

Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, truly in the Now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it. We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise.

So, if you read an article that touches you or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss the offering with them.

Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

**Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.**



# ABRAHAM HICKS

*...continued from page 7...*

Esther Hicks

And it is easier for you, sometimes, to believe those who are manifested right before your eyes - you can see them and hear them and smell them and taste them and touch them - and when they demonstrate whatever it is they demonstrate, it is easy to believe because your eyes and so forth show it to you.

And then here's your **Inner Being** over here in this **Vibrational Reality** where you can't see or hear or smell or taste or touch, but you can get to sense, you can get to know, and when you pay attention to your emotions, you can find your path of least resistance back to that knowing.

But don't be hard on yourself because you believe things that you see - we just want you to become those powerful creators who can believe what you can't yet see, and in the belief of what you can't yet see, it will come into your visual reality. That's **deliberate creation**.

Most people create by default, a sort of regurgitation - they see it, they don't like it, they talk about it, they catalog it and pigeonhole it, they make monuments about it, everybody talks about it incessantly. And then all their gaps are filled in with things like it, until as a society, *as a vibrational group of forward-focused beings in this glorious creative experience*, you sometimes create things that you do not want.

**We call that creation by default.** We call it creating because it's easier to look at it than to find the feeling of what you really want.

And we don't disagree with that. If you were a farmer in the field, however, we don't think that you would take your kernel of corn and put it in the ground that you have prepared and then that afternoon go out and demand that it show itself to you as a stalk with ears. We think that you would be patient with the process of that gestation; we think you would understand in that case that it's coming and you just can't see it yet. We think you would be patient and kind to it, we think

you would be considerate of it, we think you would nurture it in every way you could, and most of all, we think that you be expectant of positive results about it. But someone who did not know might dig it up and say "You've failed me so I'll just eat you."

We want you to realize that there is a gestation period for when you know what you don't want, you know what you do want.

You put all of these pieces of desire - we call them **ingredients of creation** - into a **Vibrational Reality** where they are becoming, where they are being tended to and adored by **Source Energy**, where the resources of the Universe are responding to them, where the Law of Attraction is gathering the cooperative components, and where they will show themselves to you upon your readiness to receive them.

Parts of them are being revealed to you at all times, but if you are in a mood or attitude where you're not willing to believe it until you see it, then you hold yourself incessantly apart from the fun along the way of getting to experience the deliciousness of the evolution of your vibrations turning to thoughts and those thoughts turning to things where you can see them.

And we know for sure that your life is not fun for you unless you know that you have put it there with all the other ingredients, unless you've been willing to allow the **Law of Attraction** to gather those ingredients together, unless you've been willing to practice a state of being where you are consistently in a state of **non-resistance**, where you are in a state of being able to receive, where you are then receiving impulses and thoughts that you are willing to follow because you trust and expect, and then you get to witness the improvement, the escalation, the momentum, and the delicious unfolding of your creations as they show themselves to you bit by bit.

There is a compilation of all of the ingredients that you have put there. Some of them you put there before you got into the physical body - oh, good stuff! Things like adoring yourself and others, things like knowing your value, things like knowing the blessedness of who You are, things like knowing the eternal nature of your being, things like eagerness about being alive in this physical body, things about the love that you feel for all of humanity and all of not-humanity (those like us - we are not human, but we are in on it with you in every heart beat along the way).

*...continued on page 29 ...*



# ABRAHAM HICKS

*...continued from page 28...*

Esther Hicks

And so, as you come to realize that there is an attitude of appreciation about what you have created, and you begin to accept the reality...we've written two books about it, we so much want you to accept this reality, and we call it the **Vortex**, this vibrational compilation of hopes and dreams and desires that you have gathered that are there, ready to show themselves to you in different compilations just like the ingredients in your well-stocked kitchen will show you. And do you know that if these ingredients swirl and evolve and interrelate and become, that you can catch glimpses of them? In fact, you do.

And when you find yourself in a good feeling daydream, where you are, just for a moment, catching a glimpse of something that feels so good to you while you catch the glimpse - three seconds, five seconds, ten seconds - that daydream is evidence that you have been in a vibrational state where you have allowed a compilation of some of those ingredients to be realized by you. Most people don't spend any time trying to **daydream**, most people don't spend any time **segment intending** or **preparing** or making **lists of positive aspects** or getting on **rampages of appreciation**, because most people don't know the power of the ingredients that are swirling and ready for them. Most people aren't ready to consciously and actively realize that they are the creator of their own experience, and that the mechanism for creation is underway and being tended by **Source Energy**.

**So most people don't follow the path of least resistance**, which is the path that feels so good, most people follow the path of most resistance or greater resistance where they have decided they are going to struggle and prove themselves, where they decided they're going to compare and compete, where they decided that they're going to defend.

And we get that - we get that you want to be right - we just want so much for you to know that you are right. If we could convince you of the rightness of your beingness, then maybe you would let the defensiveness of

your beingness fall by the wayside, and that would go a long way to letting you be in a place where you could realize more of those things that you are wanting.

So we'll chew together today, and we'll drop some resistance by the wayside, and we will amplify what's in your **Vibrational Reality**. And already your vibration has been rising so that you are much more in vibrational harmony with who **You** really are. And together today we will touch upon the wholeness of who **You** are with enough emphasis and steadiness that you will not soon stray from your new vibrational set point without knowing it. Oh, you will stray because your life will keep having ground glass in it.

In other words, life is coming to you. You say "My life is coming at me - it feels like assertion." But **your life is coming to you based upon the vibrations that you have going**. And it's so easy to understand why those vibrations would be present within you - of course they would, of course they would.

But you get to choose which among those things that come to you that you want to keep coming, and which of those things that would rather just drift by the wayside. You get to choose whether you are under the influence of this **Source Energy** that is truly the basis of who You are, where you can feel the power of your aligned thought, the power of your daydream, the power of your non-resisted thought, in comparison with your struggle and sacrifice and competition that most humans are experiencing.

We enjoyed this interaction, and it was one - you weren't saying anything with your words, but oh, did we feel you. We received your vibrational responses to what we offered. We received your vibrational responses to the vibrations that we outputted that **Esther** hasn't yet translated because you're receiving us on many levels of your being. Each of you is a receiver equivalent to what **Esther** is doing here and now, you just don't quite know it yet.

We are eager to talk with you about anything that matters to you. Do not worry about us, we will wedge our message in the crack. Also, understand that it will be a perfect unfolding, so do your best not to be irritated with the irritating person who is sitting here irritating you. (Fun) Sometimes it is really helpful to you. What do you want to talk about? It's going to be a good day - it is being a good day; a magnificent culmination of creators. Start right here.



Mokshapriya Shakti

# ESSENTIAL LIFE HACKS

...from page 19

The list goes on and on. No person, no possession can give us permanent security. That leaves us hankering for more and more and forces us into attachments; and ultimately takes us further and further away from the source of what we seek.

If we wish to change, we need to find out what kind of vibrations we are sending out into the world. We need to understand our mind. Every motion and action is a circle and that allows us to understand the law of karma. Everything is a circle. If we love that love will come back to us completing the circle. If hatred comes out of us, it will come back to us full force, nothing can stop it. That law is in all. The plant takes nourishment from the earth, decays, and gives back to the earth.

This law also applies to the mind. It will eventually dissolve and return to its origin. We all came from **God**; we all will return to **God**. The law is absolute. When we came from **God**, we were perfect and pure. Then we became impure and when realizing this impurity, we begin to strive to go back to that purity.

A seed dissolves to transform itself into a beautiful oak tree. Similarly, we must dissolve to transform ourselves back to the Divine. Death does not do that. Transforma-

tion into purity will bring us back to **Godhood**. To do that we need to harness the mind and that is the study of **Raja Yoga**.

We think of ourselves as physical beings. But in reality, we live in more than one sheath or body at a time. In yoga we call them **koshas**.

**Anamaya kosh, the physical body** sustained by food. It should obey the orders of the mind, rather than rule the mind.

**Pranamaya kosh, the astral body**, should obey the orders of the mind, rather than rule the mind. Consciousness is scarcely evident. It is responsible for repair, replacement, digestion, assimilation, elimination, circulation etc.

**Manomaya kosh, the intellect**, endows the mind with reasons and self-consciousness. It begins to analyze, separate, and deduce. It knows and has the I-consciousness, and we know that we know. It makes us different from the animals.

**Vigyanmaya kosh, the spiritual mind**. When developed, one is near to their own self. It is the hunger of the soul - road to knowledge; known as the superconscious mind. Kindness, humanity, justice, unselfish love, mercy, sympathy, religious feelings are part of this mind. It is the spiritual mind, the source of inspiration for poets, writers, painters, orators, and any others creative endeavors. It comes from our inner self not from outside influence.

**Anandamaya kosh, the spirit is Bliss and Divine Joy**. **Anand** means bliss. All lower bodies owe their existence to this fifth body. It is totally responsible for our existence it is our Presence. We get to know it through meditation and contemplation.

We have a psychic nature that uses the physical form to perceive. From that psychic realm we project an image of the world wherein we dwell. It is a world of memories, a world of hopes and desires, a world of fears and regrets. Mental life expands on these images, measuring and comparing. We create the world through these images through which we create desires and hates, ambitions, envy, longing, curiosity, self interest etc.

This mental body gets its energy from the spiritual body. Because of the desires of the physical form, we forget the source of our energy and physical body. The purpose of life is to become aware of our true existence, in the purest form which is our divine nature. Meditation, contemplation, mindfulness are the tools to bring us back.

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# HERB CORNER

...continued from page 11...

**Dandelion** is by far the best spring cleansing herb for the liver, digestive system, the kidneys, and the blood. It helps to remove built up fluids from within the cells and the sludge from the blood. The root of the **Dandelion** helps to clear up the garbage from the liver and the bowels.

**Plantain** is another herb that is abundant in the spring. There are over 200 species of **Plantain** this may be why it was once known as "White-man's foot" because it seemed to be everywhere the white-man stepped.

**Plantain** contains mucilage, a water-soluble dietary fiber that overtime helps you to lose weight, lower cholesterol and may help balance your blood sugar levels if you drink it as a tea just before eating.

Another name for the seeds of **Plantain** is **Psyllium** which is commonly used as a gentle laxative. The fiber in **Psyllium** absorbs toxins and cholesterol from the intestinal tract and it increases peristalsis.

## RECIPE:

**A simple Spring Tonic Tea would be 1 quart of boiling water 1 ½ oz. Dandelion root, ¼ oz. Dandelion leaf, ½ oz. Chickweed and ½ oz Red Clover.**

**Using 4 teaspoons of the herbal mixture to one quart of boiling water let this steep for 15-20 minutes strain off and drink through out the day. (That one quart of water is ½ of the water you need for the day)**

Before you know it, we'll be back at the beach and barbeques, why not be prepared this year?

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# SETH SPEAKS

*...continued from page 16...*

Space travel, in your terms, will develop in a seemingly extravagant and startling fashion, only to be dumped as such when your scientists discover that space as you know it is a distortion, and that journeying from one so-called galaxy to another is done by divesting the physical body from camouflage.

The vehicle of so-called space travel is mental and psychic mobility, in terms of psychic transformation of energy, enabling spontaneous and instantaneous mobility through the spacious present.

## HABITUAL THOUGHT PATTERNS

Each of you will find habitual thought patterns in your own life backed up by resulting action - conditioned behavior as it were - by which you continually reinforce negative aspects, concentrate upon them to the exclusion of conflicting data, and so bring them into experience through natural hypnosis.

You must therefore replace negative patterns with positive ones. As you know, the negative patterns bring results.

The focus again now therefore, in his prayers, should be on feelings of peace, tranquility, safety and joy in creativity. This sort of focus, for his personal makeup, will bring about a quicker complete recovery.

Here the belief itself will generate the negative emotions that will, indeed, bring about a physical or emotional illness. Before long physical data bears out the negative belief; negative in that it is far less desirable than a concept of health.

In greater terms positive and negative have little meaning, for the physical experience is meant as a learning one. But if you are unhappy then the word negative has a meaning. Whenever you concentrate upon "what can happen" negatively, you literally cut down your options, inhibit your own and life's abundance.

## ON LIVING A LONG LIFE

"In those early days men and women did live to ages that would amaze you today - many living to be several hundred years old. This was, indeed, due to the fact that their knowledge was desperately needed, and their experience. They were held in veneration, and they cast their knowledge into songs and stories that were memorized throughout the years.

Besides this, however, their energy was utilized in a different fashion than yours is. They alternated between the waking and dream states, and while asleep they did not age as quickly. Their bodily processes slowed. Although this was true, their dreaming mental processes DID NOT slow down. There was a much greater communication in the dream state, so that some lessons were taught during dreams, while others were taught in the waking condition.

There was a greater and greater body of knowledge to be transmitted as physical existence continued, for they did not transmit private knowledge only, but the entire body of knowledge that belonged to the group or tribe as a whole.

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# HOROSCOPES APRIL 2024



## **ARIES – (March 19 – April 18)**

### **ARIES: ASTRAL CLIMATE FOR APRIL 2024**

You are starting a new cycle of expansion and taking advantage of dynamic currents to make changes, assess your activity, and openly express your awakening to new potentials. This life project is taking shape, and you have both the assets and the desire to achieve your goals in a month that explodes certain too restrictive codes that still constrain your impulses.

### **Mood**

#### **ARIES: MOOD FOR APRIL 2024**

If you want to invest in new projects, restrain your impulses until you are fully in possession of your means. Some negotiations take longer than expected, so wait for your time.

### **Love**

#### **ARIES: LOVE FOR APRIL 2024**

Venus enhances your personal radiance, but the dialogue with those you love goes in circles because a certain artistic ambiguity prevails in your exchanges. Soon, you will see things more clearly in debates that will be relaunched in a more constructive manner.

**In a relationship:** If you have charm and arguments to influence the world in your favor, to convince your partner to subscribe to your ideas, you leave a mark.

**Single:** Rely on your power of seduction to try your luck in love, even if you don't completely convince the person you like. Wait for your charming speeches to have an impact.

### **Money**

#### **ARIES: MONEY FOR APRIL 2024**

Jupiter continues to favor the expression of your talents, but don't force those who hold the funds. Sharpen your arguments before intervening.

### **Work**

#### **ARIES: WORK FOR APRIL 2024**

If you are launching a new phase of personal development, channel your striking force. Strive to learn from the past before getting involved with full knowledge.

### **Leisure**

#### **ARIES: LEISURE FOR APRIL 2024**

Now is not the time to surpass yourself; hold back your blows in the face of slowness that irritates you. To unleash without hurting yourself, engage in a supervised activity.

### **Key dates**

#### **ARIES: KEY DATES FOR APRIL 2024**

The 6th: Count on your charm to carry a project that changes the course of your life. You gain support for this plan.

The 8th: The new moon illuminates your sign and invites you to launch a new cycle of expansion benefiting from dynamic influences.

The 19th: You work with tenacity to valorize your talents and obtain the reward. Rest assured, none of your efforts have been in vain.

The 21st: An unexpected event surprises you; the unpredictable dominates. Ensure that your projects are based on financially realistic foundations.

The 25th: If you struggled to express your expectations clearly and fully, debates are reopened in a more open and fluid manner.

### **Advice**

#### **ARIES: ADVICE FOR APRIL 2024**

Despite a desire to act, you strive to slow down and accept the delays imposed by circumstances that invite you to be patient.

# HOROSCOPES APRIL 2024



## **TAURUS – (April 19 – May 19)**

### **TAURUS: ASTRAL CLIMATE FOR APRIL 2024**

You openly express your expectations to be recognized. You benefit from conditions that meet your requirements; the sky invites you to shape the future as you wish. On the emotional level, you keep your emotions to yourself. It's impossible to reveal yourself intensely on all fronts.

#### **Mood**

##### **TAURUS: MOOD FOR APRIL 2024**

Faced with the responsibilities weighing on you professionally, you resist pressure and showcase your abilities. If ongoing projects take a long time to materialize, you show determination and redouble your zeal to bring them to fruition.

#### **Love**

##### **TAURUS: LOVE FOR APRIL 2024**

You are more inclined to question the nature of your connections, their evolution, than to indulge in passionate declarations. You are realizing a project that takes time, and you are not inclined to surrender to the whirlwind of love.

**In a relationship:** You are laying the foundations of a project that takes time to materialize, and you are not present on all fronts. Justify your priorities to a partner who will understand.

**Single:** Very focused on the efforts required to advance a project that demands constancy and investment, you are not in the mood to seek a soulmate.

#### **Money**

##### **TAURUS: MONEY FOR APRIL 2024**

Jupiter enhances your desire to be valued, and you open a new cycle of expansion. If negotiations currently conducted in the shadows drag on, they resume with renewed vigor.

#### **Work**

##### **TAURUS: WORK FOR APRIL 2024**

Even if you have to deal with delays in the realization of a project, you stand firm. If small logistical issues sometimes keep you awake, you approach them more effectively.

#### **Leisure**

##### **TAURUS: LEISURE FOR APRIL 2024**

You cannot escape obligations that occupy you full time. To unwind, give yourself breaks rather than undertaking physically demanding challenges.

#### **Key dates**

##### **TAURUS: KEY DATES FOR APRIL 2024**

The 1st: To restart the debates, you must be patient. Take advantage of this time to refine your strategies and sharpen your arguments.

The 10th: You aspire to speed up the movement, but you have to deal with the approval of time. Mobilize your energies to make changes without forcing your way.

The 21st: An unexpected event disrupts your plans. It's not the time to be timid but to face the challenges that the sky presents to you.

The 23rd: Lingering debates can resume in a more constructive manner, even if what is happening is more in the shadows than in the light.

The 29th: You advance in disguise. You discreetly but surely place your pieces in the right place on the chessboard.

#### **Advice**

##### **TAURUS: ADVICE FOR APRIL 2024**

You know you need to invest in activities that may not pay off immediately. No matter, hold on and wait for your time.

## **GEMINI – (May 20 – June 19)**

### **GEMINI: ASTRAL CLIMATE FOR APRIL 2024**

You work to evolve your destiny, to reach an ideal. Count on destiny's assistance, even if it manifests discreetly. You go along with the movement but wait for everything to be revealed in the light.

*...continued on page 36*

# HOROSCOPES APRIL 2024



## Mood

### GEMINI: MOOD FOR APRIL 2024

You project yourself into a future that pleases you, you fight to keep moving forward. This mix of enthusiasm and stubbornness allows you to effectively clear the way for tomorrow.

## Love

### GEMINI: LOVE FOR APRIL 2024

The new moon on the 8th invites you to make plans. You exchange delightful thoughts on the subject with your chosen one, loved ones, or friends. If you feel that discussions are dragging on, find the right words to make people want to follow you.

**In a relationship:** Venus inspires you with tender projects, and you want to share your aspirations with those you love. Expect some hesitation, and wait to reignite the debates.

**Single:** You can't do without your loyal friends, and you thrive in a warm atmosphere. Exchanges are smoother, and you gain support.

## Money

### GEMINI: MONEY FOR APRIL 2024

A new cycle of expansion is preparing in the shadows but materializing. Meanwhile, you remain on the lookout to defend your interests.

## Work

### GEMINI: WORK FOR APRIL 2024

Whether your career plan seems stalled, you face obstacles, or you're on the rise, you stay on track. Count on your fighting spirit to confront difficulties without getting discouraged.

## Leisure

### GEMINI: LEISURE FOR APRIL 2024

You enjoy good times surrounded by those you love. Within your usual circles, you exchange freely, share your dreams, and consider a small recreational getaway.

## Key dates

### GEMINI: KEY DATES FOR APRIL 2024

The 3rd: You aspire to serve an ideal. Rely on your radiance to attract attention to yourself and what matters to you.

The 11th: If discussions about your projects drag on, keep arguing while waiting to reconnect with smoother exchanges.

The 19th: You have compelling arguments to convince those who can favor your plans, even if you don't have all the power yet.

The 21st: Perspectives open up or an event disrupts the course of things. Prepare to be shaken, even if the concrete consequences are yet to come.

The 25th: It's time to revive a project that faced barriers. Now is the time to openly defend your plans.

## Advice

### GEMINI: ADVICE FOR APRIL 2024

To reconcile endurance and exciting private projects, separate the two. Discover yourself and dream.

## CANCER – (June 20 – July 21)

### CANCER: ASTRAL CLIMATE FOR APRIL 2024

Your charm works in society, allowing you to leave a lasting impression. You mobilize to broaden your horizons or overcome potential resistance that might stand in your way. Even if unexpected events accelerate change for some.

## Mood

### CANCER: MOOD FOR APRIL 2024

No obstacle discourages you; you are determined to show what you are capable of. Count on your will to change things and overcome the barriers that litter your path.

## Love

### CANCER: LOVE FOR APRIL 2024

You use your charm to attract attention rather than to maintain or ignite the flame. You are focused on your affairs and fully invested in realizing your ambitions.

**In a relationship:** You must make colossal efforts to advance your career plan and realize projects that matter to you. Explain your priorities to those you love. They will understand.

**Single:** You pursue goals that you achieve and hardly have the leisure to indulge in the whirlwind of love.

# HOROSCOPES APRIL 2024



## Money

### CANCER: MONEY FOR APRIL 2024

If you need funds to finance your ambitious projects, solicit friends, clients, an audience, a network that responds positively. You are skilled at showcasing your talents, and negotiations are speeding up.

## Work

### CANCER: WORK FOR APRIL 2024

The realization of your ambitions takes time, but you do not give up, on the contrary. Rely on this determination to overcome obstacles and negotiate advantageously; your exchanges become more fluid.

## Leisure

### CANCER: LEISURE FOR APRIL 2024

You have too much effort to convince your hierarchy that you deserve encouragement; you don't have time to distract yourself. Allow yourself outings to events where you shine.

## Key dates

### CANCER: KEY DATES FOR APRIL 2024

The 1st: High-level negotiations are delayed. Don't force things; wait for exchanges to resume more freely.

The 6th: Your personal radiance positively influences the course of events. It accompanies change and directs it in the right direction.

The 10th: Don't give up on your ambitions, even if you struggle to be heard. It is by acting courageously that you make things evolve.

The 19th: You invest to broaden your horizons and accelerate ongoing changes. Your personal and social expansion depends on it.

The 21st: An unexpected opportunity arises; take advantage of it, even if this decision forces you out of your comfort zone. You won't regret it.

## Advice

### CANCER: ADVICE FOR APRIL 2024

You defend your interests and projects that matter to you. Your efforts bear fruit, and negotiations in your favor are revitalized.

## LEO – (July 22 – August 21)

### LEO: ASTRAL CLIMATE FOR APRIL 2024

Some aspire to reconsider their behavior on a relational level, others struggle to manage structural changes affecting their existence. Finally, some hope to change their activity and life through unforeseen events that demand energy and courage to overcome a hurdle.

## Mood

### LEO: MOOD FOR APRIL 2024

Mars strengthens your will to overcome what resists you, and you bravely draw a line on the past. You feel lighter.

## Love

### LEO: LOVE FOR APRIL 2024

You are hindered in your desire for personal and emotional fulfillment by trials blocking your path and restraining your enthusiasm. You mobilize to fight them and have a good time in excellent company, engaging in inspiring exchanges.

**In a relationship:** You redouble your endurance to overcome resistances; Saturn slows you down. Rely on your ability to love, to make your partner dream to solicit their tender support.

**Single:** If you feel you are exhausting your energy to unlock situations that trap you in your defenses, this unavoidable investment does not prevent you from bringing along whoever pleases you in your dreams.

## Money

### LEO: MONEY FOR APRIL 2024

You are more occupied with breaking down barriers than making sparks. However, you are capable of negotiating and promoting your talents and merits.

## Work

### LEO: WORK FOR APRIL 2024

Saturn provokes structural changes that upset your existence, your reference points, and confront you with the need to mourn situations linked to the past that hinder your evolution. Do not avoid this work, redouble your zeal to progress.

*...continued on page 38...*

# HOROSCOPES APRIL 2024



## Leisure

### LEO: LEISURE FOR APRIL 2024

You hardly have the opportunity to distract yourself from responsibilities that devour your energies and occupy you full-time. You want to rise above the melee and take a breath of fresh air.

## Key dates

### LEO: KEY DATES FOR APRIL 2024

The 3rd: Sensitivity on the surface, ardent sensuality. Rely on your magnetism to captivate those you love.

The 8th: The new moon encourages the realization of your ambitions. Do not hesitate to mobilize to broaden your horizons and take things to the next level.

The 11th: You interact with the hierarchy to gain more recognition. If your arguments are legitimate, you will need to be patient. Don't give up.

The 21st: An unexpected event, an offer of advancement, or a departure to the other side of the world, be ready to start with a bang.

The 29th: Your existence takes a different direction, one that suits you, and you fully invest to change things.

## Advice

### LEO: ADVICE FOR APRIL 2024

Despite the pressure Saturn exerts on your daily life, and an evolution to accomplish with pain, you are changing things by creating a pleasant escape.

## VIRGO – (Aug 22 – Sept 21)

### VIRGO: ASTRAL CLIMATE FOR APRIL 2024

You want to change things on a relational level and in your daily life that needs to evolve. You invest yourself to push your limits, transform what needs to be transformed, and overcome certain resistances to continue moving forward.

## Mood

### VIRGO: MOOD FOR APRIL 2024

You do not hide your emotions and grievances; you go into battle if the situation demands it to clarify a situ-

ation that hinders your progress. Everything falls into place afterward.

## Love

### VIRGO: LOVE FOR APRIL 2024

You struggle to communicate with your partner, to express your expectations, to open the dialogue. Rely on a more assertive approach to push the other into their defenses and evolve a tense situation.

**In a relationship:** Saturn complicates exchanges between you and your partner. You face problems giving meaning to the relationship or moving on, but with full awareness.

**Single:** You confront without privileging consensus. You feel the need to probe the other, to know if you can count on them or not. The sustainability of your family or romantic ties depends on your courage.

## Money

### VIRGO: MONEY FOR APRIL 2024

Sensitive exchanges concern financial negotiations; you will see more clearly later, once certain debts have been settled.

## Work

### VIRGO: WORK FOR APRIL 2024

You do not give up in the face of a situation that blocks your attempts. If some of your interlocutors pose a problem, you confront them and force them to explain. This approach allows you to overcome differences, change things, and restart constructive exchanges.

## Leisure

### VIRGO: LEISURE FOR APRIL 2024

You hardly feel like having a good time; you have too much to resolve on the relational level to want to socialize. Some activities related to the occult or gambling tempt you.

## Key dates

### VIRGO: KEY DATES FOR APRIL 2024

The 6th: Your daily life evolves, even if you have to settle for a subordinate position. You will put a lot of heart into your work.

# HOROSCOPES APRIL 2024



The 10th: There is a hitch on the relational level. There is a time for everything, and currently, you feel the need to understand what is driving you away from the other.

The 19th: You relay your ambitions and broaden your horizons by expatriating or taking it to the next level; you spare no effort to achieve it.

The 21st: You finally have the opportunity to unlock a process, to realize what frees you from a past and a behavior that has run its course.

The 25th: If some slowness or misunderstandings prevent you from progressing, negotiating as you wish, the brakes and obstacles gradually dissipate.

## Advice

### VIRGO: ADVICE FOR APRIL 2024

Do not take lightly what is at play between you and the other in love or in business. Confront what is problematic to restart the discussions on healthier foundations.

## LIBRA – (Sept 22 – Oct 21)

### LIBRA: ASTRAL CLIMATE FOR APRIL 2024

For some, a triggering event affects the course of their existence and forces them to become aware of the limits to overcome for personal growth. Others respond to the demands of a daily life that requires unwavering commitment. Finally, some reflect on emotional behaviors that lead them to repeat the same patterns. It's time to change.

## Mood

### LIBRA: MOOD FOR APRIL 2024

You are exhausted by a period that devours your time and doesn't allow you to unwind. Despite a busy schedule, you resist pressure and remain attentive to others. This behavior leaves no one indifferent to your willingness to stay available.

## Love

### LIBRA: LOVE FOR APRIL 2024

You initiate dialogue, but you are hindered by obligations and a heavy daily routine that prevents you from fully dedicating yourself to your loved ones.

**In a relationship:** Unless you feel overwhelmed by responsibilities, you interact more fluidly with those you love.

**Single:** You make colossal efforts to overcome exhausting burdens. This busyness encroaches on your availability but does not prevent you from maintaining open communication with your loved ones.

## Money

### LIBRA: MONEY FOR APRIL 2024

You don't get the reward for your investment in energy and time. You put in the effort without receiving any recognition.

## Work

### LIBRA: WORK FOR APRIL 2024

Saturn burdens your daily life with responsibilities that exhaust you if you don't take a step back. You invest in studying what demands your attention. Rely on your listening skills to maintain a team spirit.

## Leisure

### LIBRA: LEISURE FOR APRIL 2024

You don't have the opportunity to take a break; you must make colossal efforts to meet demands. Wait before taking some leisure time.

## Key dates

### LIBRA: KEY DATES FOR APRIL 2024

The 1st: Exchanges drag on. If you feel that the dialogue is reaching an impasse, don't give up, but wait until the end of the month to actively restart the discussions.

The 8th: The new moon invites you to take a step towards others. Don't try to win at all costs, to convince, but listen to what others are saying.

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# HOROSCOPES APRIL 2024



The 10th: You spend a lot of energy to progress, to speed up the movement, and overcome certain obstacles that limit your field of action.

The 21st: Some external events impact the course of your existence; accept the need for transformation.

The 23rd: The full moon invites you to temporarily withdraw to draw lessons. You've spent a lot of energy to adapt and turn things around.

## Advice

### LIBRA: ADVICE FOR APRIL 2024

It's a challenging month that you can manage if you invest fully. Venus invites you to pleasantly connect with others. Take advantage of it.

## SCORPIO – (Oct 22 – Nov 20)

### SCORPIO: ASTRAL CLIMATE FOR APRIL 2024

Strong decisions are made. While some invest a lot of energy to overcome resistance in love, others change things and approach relationships differently. Some, on the other hand, step back to serve the family. But it's not certain that this cautious approach will work.

## Mood

### SCORPIO: MOOD FOR APRIL 2024

You are serious, determined to make an impression with your ability to approach life from a more adult perspective. You impress with your commitment, seducing by putting your skills at the service of the community.

## Love

### SCORPIO: LOVE FOR APRIL 2024

Saturn doesn't favor intense passions but invites you to examine the reasons for engaging in the same relationships. You let nothing slide, but you conduct debates with kindness.

**In a relationship:** Don't expect to ignite or reignite the flame; reason prevails more than grand romantic gestures. You seek to understand what binds you to the other while preserving daily complicity.

**Single:** Don't expect to find the perfect match; your critical mind reaches new heights. You generate good vibes that those around you appreciate.

## Money

### SCORPIO: MONEY FOR APRIL 2024

You're more interested in building a solid foundation than getting rich. But as one doesn't preclude the other, you don't shy away from compliments or any other advantage or reward.

## Work

### SCORPIO: WORK FOR APRIL 2024

Discussions about methods drag on; don't give up, continue working to assert your approach. You present arguments that actively revive the debates.

## Leisure

### SCORPIO: LEISURE FOR APRIL 2024

You spare no effort to strengthen your foundations and achieve long-term results, but you can brighten daily life by multiplying small attentions that enchant everyone.

## Key dates

### SCORPIO: KEY DATES FOR APRIL 2024

The 3rd: You have an ideal vision of love. Enjoy these strong and infinitely romantic moments while keeping your feet on the ground.

The 6th: You meet the expectations of your loved ones. If a difficulty arises, if you are asked to solve a recurring problem, respond to this solicitation.

The 19th: You impose your rhythm on the other to hasten commitment, putting pressure on the partner to react and decide quickly.

The 21st: You want to change things, get married, or break an engagement; you are not afraid to precipitate events.

The 29th: If the management of household matters lacked fluidity, you regain more freedom; it's finally an opportunity to quickly settle current affairs.



# HOROSCOPES APRIL 2024



## Advice

### SCORPIO: ADVICE FOR APRIL 2024

You struggle to distance yourself from subjects that demand all your attention. Maintain a pleasant atmosphere to benefit from the support you need.

### SAGITTARIUS – (Nov 21– Dec 20)

#### SAGITTARIUS: ASTRAL CLIMATE FOR APRIL

Communication needs to be deepened between you and your loved ones to clarify any potential points of disagreement. Some exchange without letting anything pass, but without dampening the atmosphere. For others, unexpected events transform daily life, in a breath of fresh air that can oxygenate their existence.

## Mood

### SAGITTARIUS: MOOD FOR APRIL 2024

You lack neither courage nor endurance to face and resolve family-related problems. You mobilize to change things, and the atmosphere lightens up; you reconnect with a more festive and tender mood.

## Love

### SAGITTARIUS: LOVE FOR APRIL 2024

If you feel like you're moving mountains within your family to solve a recurring issue and support your loved ones, you experience more rewarding moments afterward. Tender exchanges bring back your smile and energy.

**In a relationship:** You bend under the weight of family responsibilities that weigh you down. Rest assured, Venus offers you delightful compensations.

**Single:** Tired of carrying the burden for others, you don't abandon anyone and come to the aid of your loved ones. Rely on increased radiance to attract someone you like.

## Money

### SAGITTARIUS: MONEY FOR APRIL 2024

If your management of family affairs is problematic, if you lack funds to support your loved ones, you double your efforts to unlock the situation, and you succeed.

## Work

### SAGITTARIUS: WORK FOR APRIL 2024

If some ongoing discussions drag on, if your proposals, your creations are slow to get the approval of decision-makers, persevere. Don't hesitate to use your charm to convince and seduce. The exchanges resume with even more vigor.

## Leisure

### SAGITTARIUS: LEISURE FOR APRIL 2024

Wait until the middle of the month to release the pressure and relax. You are available to exercise your creative talents, have a good time in excellent company.

## Key dates

### SAGITTARIUS: KEY DATES FOR APRIL 2024

The 1st: Exchanges that lead nowhere, endless discussions, and the feeling that debates are dragging on. Be patient for the debates to become more constructive.

The 8th: The new moon invites you to express your feelings and nurture a creativity on the surface. Let your heart speak.

The 10th: You tackle family problems. You don't let yourself be discouraged, and you take initiatives likely to evolve ongoing issues.

The 21st: Unexpected events impact your daily life and put it on new tracks. This direction allows you to rediscover the taste of existence.

The 25th: Some exchanges with the partner are revived, and the connection is better, solutions emerge, allowing you to expand your horizons together.

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# HOROSCOPES APRIL 2024



## Advice

### SAGITTARIUS: ADVICE FOR APRIL 2024

The month requires that you invest yourself to overcome resistance and problems within the family. Fortunately, you can rely on your personal radiance to re-enchant your life. So, don't deprive yourself of anything.

### CAPRICORN – (Dec 21 – Jan 19)

#### CAPRICORN: ASTRAL CLIMATE FOR APRIL 2024

Expect to experience events that can change the game. Some ensure their security, others communicate more fluidly with their loved ones to overcome possible misunderstandings. Yet others go through a period where their feelings are heightened, and their emotional life takes a new turn.

## Mood

### CAPRICORN: MOOD FOR APRIL 2024

Saturn increases your need for rigor; you manage your exchanges in a reasoned manner. While your approach can overcome blockages that hinder the free expression of your ideas, consider letting go a bit so as not to go through the month all alone.

## Love

### CAPRICORN: LOVE FOR APRIL 2024

If communication between you and your loved ones is difficult, don't hesitate to raise your voice or intervene to change things, restart debates, and reconnect with benevolent and constructive exchanges.

**In a relationship:** It's not always easy to understand each other, to get along. You express your desire to break the deadlock or even the unspoken, and you are pleased to have warmed up the atmosphere.

**Single:** You are determined to eliminate the blocks that disrupt family exchanges. And you succeed since you and your loved ones communicate on the same wavelength.

## Money

### CAPRICORN: MONEY FOR APRIL 2024

You are more inclined to care for your communication and connect with your loved ones than to count your pennies or increase your income. Unless you want to increase your wealth.

## Work

### CAPRICORN: WORK FOR APRIL 2024

Saturn invites you to structure your thoughts, avoid any superficiality, and deepen your methods. This attitude reassures your colleagues and hierarchy, understanding that you can be trusted. But be careful that your demands do not turn into obsession and do not repel those less serious than you.

## Leisure

### CAPRICORN: LEISURE FOR APRIL 2024

Take advantage of the benevolent influence of Venus to have a good time with your family, organize a party, celebrate an event, or enjoy a lightened atmosphere and get closer to those you love.

## Key dates

### CAPRICORN: KEY DATES FOR APRIL 2024

The 3rd: You understand each other with loved ones who share your worldview and projects without speaking a word. Rely on your inspiration to seduce.

The 6th: You work hard to ensure your loved ones a comfortable life, and it is returned to you tenfold. You enjoy popularity to maintain.

The 10th: Faced with blockages that disrupt the frequency, you do not hesitate to launch heated debates to resolve them as quickly as possible.

The 19th: You lack neither energy nor arguments to evolve a sentimental situation that you want to improve or interrupt.

The 23rd: The full moon illuminates your perspectives, invites you to believe in them, and rally support for your exciting plans.

# HOROSCOPES APRIL 2024



## Advice

### CAPRICORN: ADVICE FOR APRIL 2024

Take advantage of your serious approach to debates to unlock frozen exchanges. Push your interlocutors to their limits to re-establish authentic connections.

## AQUARIUS – (Jan 20 – Feb 17)

### AQUARIUS: ASTRAL CLIMATE FOR APRIL 2024

Some make significant efforts to overcome constraints that prevent them from flourishing. Others enter a crucial phase that urges them to transform and break away from an old version of themselves. Some are tempted to move, expatriate, start a family, or break a family dependency, sometimes under the pressure of events that precipitate change.

## Mood

### AQUARIUS: MOOD FOR APRIL 2024

You fight to defend your interests, values, and don't give up; you pursue your goals with determination. This determination, coupled with warm communication, eventually overcomes persistent reluctance.

## Love

### AQUARIUS: LOVE FOR APRIL 2024

You prioritize defending your material interests and are not very available to others. But you engage with your close ones, listen to them, advise them. This attention touches them and ensures consideration in return.

**In a relationship:** You expend a lot of energy to ensure financial security for your loved ones. Explain why you can only give them a little time, even if you express your affection.

**Single:** Obsessed with the desire to expand your skills, overcome resistance, stay attuned to loved ones who appreciate your interventions, advice, and above all, your caring listening.

## Money

### AQUARIUS: MONEY FOR APRIL 2024

This is where the problem lies; you deploy courage and endurance to overcome obstacles, restrictions that prevent you from advancing or significantly restrict your maneuvering room.

## Work

### AQUARIUS: WORK FOR APRIL 2024

You feel difficulties expressing your potentials, getting them recognized, and obtaining the reward. You strive to convince your interlocutors that they would benefit from trusting you. This investment in energy and time bears fruit.

## Leisure

### AQUARIUS: LEISURE FOR APRIL 2024

You don't have too much money to spend on recreational activities. Opt for meetings with close friends and family with whom you exchange and escape, at least for a moment, from the influence of routine.

## Key dates

### AQUARIUS: KEY DATES FOR APRIL 2024

The 6th: You find the words to explain to your loved ones what is happening within you and must be integrated for you to evolve according to your own codes.

The 10th: You use your energy to defend your interests and obtain what you covet. You put pressure on those who can help you.

The 19th: You spend a lot to set up your home in a place you like or to repair, enlarge your habitat, or reconsider its decor.

The 21st: An acquisition is favored by an unexpected event. New perspectives open up, allowing you to change things within the family.

The 25th: If discussions in progress drag on, debates resume more actively. You communicate and reach an agreement with those around you.

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# HOROSCOPES APRIL 2024



## Advice

### AQUARIUS: ADVICE FOR APRIL 2024

Some financial issues weigh on the atmosphere. Rely on communication with those around you to decompress while continuing to mobilize to unblock the material aspects.

## PISCES – (Feb 18 – March 18)

### PISCES: ASTRAL CLIMATE FOR APRIL 2024

Some search deep within themselves for what nourishes their creativity. They want to break free from limiting conditioning. Others strive to build themselves, to acquire a maturity that asserts itself over time. Some rely on an inventive mindset and flamboyant communication to enrich their address book and charm.

## Mood

### PISCES: MOOD FOR APRIL 2024

Saturn depletes your resources, weighs on your morale, but count on the austere planet to build on solid ground. Mars helps you accelerate the process, and Venus restores your taste for pleasure.

## Love

### PISCES: LOVE FOR APRIL 2024

You are more focused on opening a new cycle of life than surrendering to the whirlwind of love; you want to accelerate change. Don't completely forget to cultivate simple pleasures, to treat yourself.

**In a relationship:** You are turned inward in a process of introspection aimed at reorganizing your existence on more authentic foundations. Venus invites you to express your desires. Don't deprive yourself of it.

**Single:** You don't surrender to the whirlwind of love. You are in search of meaning in your existence, but your priorities do not prevent you from having a good time.

## Money

### PISCES: MONEY FOR APRIL 2024

You seem more focused on your new priorities and your personal path. Do not hesitate to assert your talents and merits and to demand recognition, even reward.

## Work

### PISCES: WORK FOR APRIL 2024

You expend a lot of energy to move forward, overcome certain obstacles that freeze your evolution. Count on a determined and offensive Mars to change things and then on Venus to exalt your creativity and express it to your advantage.

## Leisure

### PISCES: LEISURE FOR APRIL 2024

You spend more time alone with yourself than surrounded by your close ones and loyal friends. Break your isolation, whether it's a shopping trip with friends, a massage session, or a painting class.

## Key dates

### PISCES: KEY DATES FOR APRIL 2024

The 3rd: In search of a sentimental, social, professional, or more spiritual ideal, rely on your inspiration to capture the subtle currents that help you.

The 10th: Count on your determination to hasten a structuring of yourself that inaugurates a promising new cycle of evolution.

The 21st: You surprise with creative communication and ideas that stand out. Rely on your imagination to get noticed.

The 23rd: You aspire to evolve your connections, assert your ambitions, broaden your horizons, but do not exceed limits.

The 29th: You influence your surroundings and make them believe in your dreams. You are convincing in mobilizing your troops.

## Advice

### PISCES: ADVICE FOR APRIL 2024

If ongoing negotiations drag on, wait a bit to conclude them in your favor.



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