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MARCH 2024

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12 STEPS OF SPIRITUAL FREEDOM

By Rev. Tom Sannar <https://new-thought.org/>
Email dr.tomsannar@gmail.com

PUBLISHER: We use many names for **God**, including The Universe, Universal Energy, Source Energy, Great Spirit, Divine Source. It all refers to the same, no matter what name we use for the **God of our understanding**.

1. Recognition. I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all my questions and has the ability and the willingness to fulfill all of my desires.

2. Unification. I unify my consciousness with the consciousness of **God**. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.

3. Willingness To Change. I am willing to assess my life, to honestly look at and face all my fears.

4. Dominion. I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.

5. I Live On Principle. I know that I am a Spiritual Being. I live my life with honesty and integrity.

6. I Live On Purpose. I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.

7. Forgiveness. I forgive myself for any past mistakes and I forgive all others who I think have harmed me.

8. Positively Present. I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.

9. Persistence. I persist through faith. I maintain focus and discipline.

10. Service. I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.

11. Gratitude. I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.

12. Tithing. I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure and my talent to the spiritual source of my choice.

The greatest optical illusion is separation

HORIZONS

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Co-incidence has meaning. If you find yourself reading these words, there is a message for you.

“And the day came when the risk to remain tight in a bud was more painful... than the risk it took to blossom.” Anais Nin



Horizons thanks everyone willing to take the risk

HORIZONS MAGAZINE is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

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THIS MONTH'S THOUGHTS ABOUT THINGS

"I want to look back on my life and be giddy with joy that I was the one who got to live it. So far, so good."

HELLO AND WELCOME TO THE MARCH 2024 HORIZONS MAGAZINE. I've really slowed down the last 3 years. I went wild in **2020** redesigning my 3-lot yard for privacy after a house went up next door. I did so much yardwork & gardening in **2020-22** that I spent **2023** resting my strained paws, lounging, watching lotsa tv and doing so WITHOUT GUILT. A big part of my job changed for the better when we went into lockdown but the result was I'm less social, less active. BUT I was ready for a BREAK from travelling & seeing so many people in person.

Most of my dollar making work is on the computer and phone but I can do it anytime I want, no set hours. It's starting to feel normal to spend hours doing householdy type things or doing nothing. No feelings of time pulling at me, on someone's else schedule to get anything done. My hands don't hafta stay busy all a time. I can take a year off

to veg and find myself along with it. Find out a little more of WHO I AM without this label or that job title.

For the first time in a coupla years, I spent much of last month sewing, redesigning a coupla tops I'd gotten from **Temu** and **Shein**. There was so much about them I liked that I knew I could easily make them more of what I wanted. I thought one needed a black vest and, looking thru my crowded closet, I saw that I had 5 I'd forgotten about. Grrrr. Then I found a coupla supercool tops I bought in 2018 and haven't worn. I NEED A STAGING AREA!

I moved furniture and turned my sitting room into a dressing room. Then I went thru EVERY HANGER I OWN to assess what I have, what I want to move into rotation and what I want to 86 altogether. I re-discovered several cool cardigans, more tops, vests & long forgotten costume jewelry. Then I recalled I had a smaller rolling garment rack in the shed. **WOOT!** I moved it into the new dressing room & put the new purchases on it along with my newly discovered vests & accessories. Now maybe I can make myself stop wearing the same old tired 2-3 outfits anytime I venture out. Being unselfconscious is one thing, that doesn't mean I hafta look like a hobo just because it's comfortable. **I love taking what I have and making what I want.**



Enjoy our offering this month.
Hari Om.

Andrea

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ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Author of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and NY Times Best Seller, Money and the Law of Attraction, visit www.abraham-hicks.com.

ON CREATING YOUR OWN REALITY

By paying attention to the way you feel, and then choosing thoughts that feel the very best, you are managing your own vibration, which means you are controlling your own point of attraction - which means you are creating your own reality. It's such a wonderful thing to realize that you can create your own reality without sticking your nose in everybody else's and that the less attention you give to everybody else's reality, the purer your vibration is going to be - and the more you are going to be pleased with what comes to you.

ON REINCARNATION

QUESTION: What does Abraham have to say about reincarnation?

ABRAHAM: Well, the reason that you are picking your topic here and presenting it in a way that you are is because there are different vantage points about the subject from different people. So we would like to hear from you, since it's such a big topic, a more specific question. In other words, there cannot be any question that it is, is there?

...continued on page 28...

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NON - RELIGIOUS SPIRITUALITY

Jim Palmer is the Founder of the Center for Non-Religious Spirituality. A critically acclaimed author, Jim also writes for professional journals and major publications. Jim is an adjunct professor of Ethics, Philosophy of Religion and Comparative Religion. He is a Spiritual Director, Founder of the Nashville Humanist Association and Chaplain with the American Humanist Association. He is a trained religious trauma and spiritual abuse counselor. <https://nonreligiousspirituality.com> & <https://jimpalmerauthor.com>

15 THINGS I STOPPED DOING THAT DIDN'T WRECK MY SPIRITUALITY, LEAD ME ASTRAY, CURSE MY LIFE OR RESULT IN DIVINE PUNISHMENT:

1. Stopped identifying as a "Christian"
2. Stopped attending church
3. Stopped reading the bible
4. Stopped intercessory prayer
5. Stopped listening to "Christian" music
6. Stopped worshiping "God"
7. Stopped keeping the "holy seasons"
8. Stopped praying at meals
9. Stopped listening to "Christian" sermons and teachings
10. Stopped listening to "Christian" radio
11. Stopped telling people, "I'll pray for you."
12. Stopped quoting bible verses
13. Stopped acting "Christian" in order to fit in or please others
14. Stopped serving others as an act of obedience
15. Stopped using the word "blessed"

The above list is not prescriptive (not meant to imply this is what you should do). The list is descriptive (me sharing a season of my own deconstruction journey).

A FEW THINGS RELATED TO CHRISTIANITY THAT ARE STILL MEANINGFUL TO ME:

1. Jesus
2. Rich Mullins
3. Contemplative spirituality
4. Taking up the cause of the marginalized, victimized and oppressed

30 LIBERATING THINGS I DID AFTER LEAVING RELIGION:

1. Made peace with my religious past.
2. Took responsibility for my spiritual journey.
3. Stopped dividing up the world into "sacred" and "secular".
4. Began listening to and trusting my inner voice.
5. Started looking past the labels and externals, and reached out to the deepest reality I knew was present in every human being.
6. Quit making my humanity the enemy.
7. Resisted the need to build a persona around being an enlightened person.
8. Opened myself to the rhythm and flow of life in nature.

...continued on page 22



SOUL SONGS • ABRAHAM FUN

Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. Join "Abraham Fun" on FB and like her FB page, "Soulsongs by Karen Money Williams." Email karen@karenmoneywilliams.com

YOU CAN GET THERE FROM HERE

Panic attacks. Anxiety attacks. Bouts of low self-esteem, self-disparagement, and guilt.

If I sometimes feel helpless in the grip of painful thoughts and emotions, I can assure myself there is a way out.

Bouts of emotional upheaval are like anything else that I don't want: the secret to moving beyond them is to minimize the attention I give them and increase the attention I give to their opposite.

In the throes of a negative, perhaps inexplicable, emotional state, I can tell myself:

"This too shall pass," "I survived this before, and I'll survive it now,"

"I'm an eternal being and this is a drop-in-the-bucket of my overall experience,"

"This helps me appreciate all the times I feel good," and most important:

"As I continue to choose good-feeling thoughts, these times of emotional upset are sure to decrease."

As I stop making negative emotional states a huge deal, they will start to shrink.

And I'll speed the process by basking in the times I feel buoyant and light-hearted.

With appreciation, I then affirm, "Yes, I want more of this! It feels so good to feel good!"

More attention to what I want more of.

Less attention to what I want less of.

Lousy grammar, but it will take me anywhere, anywhere, I want to go.

AD RATES ON PAGE 4

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SOLAR AND LUNAR CELEBRATIONS OF THE ANCESTORS



Debra Strasser is High Priestess at Church of Iron Oak in Palm Bay, FL.

WELCOME TO MARCH 2024

March 1 Pagan, Bulgaria -- Baba Marta. Also known as **Grandma March Day** and **Birch Month**. One of Europe's oldest Pagan holidays, It is a day when people can celebrate the end of winter and the coming of spring.

March 2 Baha'I -- Nineteen Day Fast begins in preparation for their New Year on the Vernal Equinox on March 20.

March 8-9 Hindu -- Maha Shiravatri, celebrates the birth night of Lord Shiva. Included in the rituals of Maha Shivaratri is a flame, with the lighting of a lamp to help gain knowledge.

MARCH 10 - NEW MOON IN PISCES

March 11 Islam -- Ramadan begins at sundown Sunday, March 10 and ends at sundown on Tuesday, April 9. The start of Islam's sacred month, a holy month of worship, study of the Quran, prayer, and fasting.

March 17 Christian -- St. Patrick's Day -- commemorates **Saint Patrick** and the arrival of **Christianity** in Ireland, and, by extension, celebrates Irish heritage and culture.

March 18 Pagan -- Goddess of Fertility Day: In the ancient times, a few days before the spring equinox, women wishing to conceive would make offerings to the **Greek goddess, Aphrodite**, and to other gods and goddesses of fertility in celebration of life, fertility, and rebirth.

March 19 Pagan/Wiccan -- Ostara aka the **Spring or Vernal Equinox**, is one of two dates where day and night are equal; a point of balance, after which the forces of light gain power and preeminence over the powers of darkness until it reaches its ultimate at Midsummer. The sabbat takes its name from **Eostrā (Ostara), the Goddess of the Dawn, the Saxon Goddess** who honors the return of the light of the sun and the awakening of the earth into the greening season.

March 19 Baha'i New Year, Norooz aka Nowruz aka Naw Ruz – Zoroastrian or Persian New Year celebrated by various ethnic groups worldwide that started as a **Zoroastrian** celebration. It is a festival based on the **Solar Hijri** calendar on **Spring Equinox**

MARCH 20 -- VERNAL EQUINOX. SPRING. In the Northern Hemisphere, we celebrate the first day of spring on the vernal equinox. The word **equinox** comes from the Latin for "equal" and "night." As the sun crosses the **equator** (Earth's midline), the hours of daylight and night time are nearly equal. The **equinoxes** are the only times when the sun rises directly due East and sets directly due West for everyone on Earth.

March 23-24 Judaism -- Purim. Jews observe the holiday by sharing the story of **Purim**, sending gifts of food and drink to loved ones, giving to those in need and indulging in a festive meal. It's often celebrated with parties and festivals with much food and drink.

March 24 Christian -- Palm Sunday falls on the Sunday before **Easter**, commemorating **Christ's** triumphal entry into **Jerusalem**.

March 24 Hindu -- a day before Holi, is celebrated as Holika Dahan or Choti Holi, a **Hindu** festival in which a bonfire is lit to celebrate the burning of the demoness, Holika, a ritual symbolic of victory of good over evil and victory of devotion over wickedness.

March 25 Hindu -- Holi begins, a **Hindu** festival of colors that welcomes spring and a new harvest in India.

MARCH 25 FULL MOON IN LIBRA, the worm moon, aka the Spring full moon, isn't your typical worm moon in Libra, as it doubles as a **LUNAR ECLIPSE**, bringing the first eclipse of the year.

March 31 Christian -- Easter Sunday. Christian Lent continues its 40 day season of prayer, fasting and almsgiving, leading up to Easter Sunday on March 31.

Blessed Be!

HERB CORNER

Cecelia Avitable of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. herbcorner.net

YARROW

(Achillea millefolium)

This delicate ferny plant grows in clusters with lacey white, pink or yellow flowers on stalks of 24 inches resembling Queen Anne's lace. If you are going to grow **Yarrow** in your garden for medicinal purposes, the white aromatic version is the one to choose (especially if you like butterflies.)

Yarrow's history goes back 60,000 years to the **Neanderthal** caves where **Yarrow** fossils have been found. In ancient **Greece, Aphrodite** - the patron goddess of **Yarrow** - instructed **Achilles** (the Trojan War hero) to treat his heel. Considered a magical plant by the Saxons, she was carried for protection.

Victorian ladies carried her to cure heartache and the soldiers of the **Civil War** had her in their packs as "**Soldiers woundwort**"

Yarrow is known as a women's herb since she is ruled by **Venus** and **Aphrodite**, the goddess of love and fertility. In baths it is said to encourage love and in bridal bouquets it symbolizes a happy marriage.

The flavanoids in **Yarrow** have **antispasmodic properties that ease cramps and control menstrual bleeding.** Just be cautious with this and any other plant when you are pregnant.

However, **Yarrow** is not just for women alone. It was primarily used on **wounds to stop bleeding, ease the pain at the site of the wound and as an antiseptic.**

Keep some **Yarrow** on hand if you get cut often or if you are prone to nosebleeds; it's amazing to see how quickly the bleeding stops.

Powdered **Yarrow** applied topically on wounds disinfects and stops the bleeding. This is probably why soldiers carried **Yarrow** with them since medieval times.

...continued on page 33...

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CRYSTALS, ROCKS, MINERALS DAILY USE AND PRACTICE

QUARTZ CRYSTALS FROM SOUTHERN INDIA

Photo by Karin Wolf



Sharron Britton has been a rock collector for as long as she can remember. From picking up shark's teeth and fossils on Venice Beach in Florida where she grew up to honing in on rare mineral treasures at the world's largest rock and mineral show in Tucson, AZ, she has always felt at home working with rocks. 20 years ago she began selling a few pieces from her collection to her friends, and the response was so positive she started her business. Her customers run the gamut from mineral collectors and lapidary enthusiasts to lightworkers and metaphysicians. Sharron believes everyone who loves rocks is a kindred spirit. See her [Facebook page at SharronRocks](#)

I've just returned from a month long sojourn at the big gem and mineral show in Tucson.

Nothing worked out as planned but I've learned during these topsy turvey times to hold my center and see what the universe has in store for me. Often I receive a marvelous surprise that turns out to be just what I needed, it was definitely true this time.

I missed the first half of the show due to illness. I had a good friend fly out to join me after I recovered. She had never been to the gem show before and we decided to wander the parts of the show that remained open to see what lay in wait for us. We were not to be disappointed. We stopped by one of the motels next to I-10 where there were many tents displaying the kind of carvings she was seeking. After she made her purchases, we decided on a whim to check out a few of the motel rooms filled with minerals from different vendors. As we were walking by the first room, I felt a need to go in. The room was dark, but inside was an array of very large quartz crystals that seemed to be glowing with an inner light.

We wandered among these beauties with awe and began questioning the man in the room about them. He told us the crystals were from southern **India** near the **Tamil** region and that he was the owner of the mine. I have long delighted in the quartz from the **Himalayas** in northern **India**, but these crystals felt like no quartz I have ever encountered. If I had been able to buy the entire room I would have, but there was one crystal that kept calling me. It was a magical double terminated citrine almost two feet long that was curved, see pic. Curved crystals are very special to me and quite rare. I use them in my work for moving between dimensions. This crystal was so compelling that I had to bring it home with me. The gentleman that owns the mine told me that it was his favorite of all the crystals he brought to the show and he was happy that it was going to someone who could fully appreciate it. Not only did I find a powerful companion crystal, I made a friend.



Spring is here in north central **Florida** and the **Vernal Equinox** is almost here. As we look forward in the cauldron of chaos that seems to keep expanding as we move forward into the year. It is imperative that we find the best ways to keep centered in the truth of our own being rather than succumbing to the fear and anger being strewn around us. The **Equinoxes** are a time of balance between the darkness and the light. Even if only for a moment, we have time to catch our breath and give thanks for the gifts that emerge to guide and inspire us when we least expect it. Keep your heart open to the alchemical magic that can bring new pathways of hope into our futures. If you get a wild hankering to go into a rock shop, follow your instincts. You might find exactly what you need.

Although I don't have a supply of the magical **South Indian crystals** at this time, I intend to get more of them as soon as I can. Meanwhile if you would like to see them and share in the beauty I found in Tucson, [check out my Facebook page at SharronRocks](#).



PSYCHIC MICHELLE WHITEDOVE

Lifetime TV named her America's #1 Psychic on America's Psychic Challenge. Her books include: She Talks To Angels, Ghost Stalker, A Psychic Medium Relays Messages from the Heavens. As of Dec 2022 her physical body could no longer contain her Spirit, but she is still with us sending

her guidance. Her work continues. She's done much writing that has not yet been published and Horizons has been given permission to continue to publish it. Visit www.MichelleWhitedove.com

DEAR WHITEDOVE,

I've been trying to work on my own personal mediumship abilities and sometimes I think that I can see and feel Spirits near by, but I'd like to know is there a way that I can bring Spirits to me? How can I communicate with them? Thank you for your insight.

Wanting to see, Miami FL

Dear Wanting,

First, please know that every soul born into this world comes in with two guardian **Angels** and **Spirit guides**. The number in your unseen support team is based on your life mission. They are there with you at your side. So prayer and meditation are the only tools that you need in order to call upon them. With practice you will start to see them, feel them, know them and with dedication of time your communication with them will improve.

However if you are looking to attract wayward spirits or ghosts to yourself I'm afraid I cannot help you. Wayward spirits are lost and confused souls that need help crossing over into the Heavens. I don't advise anyone to do this for mere curiosity or for amusement. As a spiritual medium, it is my job to help these souls resolve their issues that keep them **Earth bound**. In my **Ghost Stalker** books I give educational information not only on different types of hauntings but also about the ghosts' Earthly life. Remember ghosts were once living humans with mothers, siblings, friends and children of their own, and they deserve to be treated with respect and understanding. Also it's important to know that not all wayward souls are benevolent, and they can be violent causing potential harm to those living around them. Please if you are interested in the phenomena of ghosts then read about them. The only spirits that you should call upon are your helpers, ones that reside in the heavens.

DEAR WHITEDOVE,

In your book you wrote about our soul contract and our death date. I was wondering, can a tragedy really be an accidental death or is our destiny always written? I'm amazed that the accident rate is ever increasing and does this play a part our soul's contract?

Statistically Challenged in Maine

Dear Statistics,

It's hard to fathom how much preparation goes into planning our journey to **Earth**. We create a road map of the intended trip. And we make agreements to fulfill certain obligations along life's journey. We choose a birth date as a starting point, and we also create several possible exit dates. So in most cases, the timing for death has been selected based on the soul's evolution. **God** calls us home at the right time. But there are rare events where a soul's "free will" has interfered with another's and they have been taken prematurely. This is one of the reasons that there is an increase of **Near Death Experiences**. It's essential that souls stay and complete their mission. Just think about how many people that you come in contact with during the course of a lifetime. All of your interactions affect the people that you touch and the domino effect continues. The smallest gesture can change the world. This is why each soul is so much more powerful than you realize.

DEAR WHITEDOVE,

In difficult times it's hard to stay on the right path without getting all freaked out! The world seems so out of balance with war, economic challenges, crimes, and crazy weather too. Any advice for the light workers? **Bright Light in S.C.**

My Dear,

It's all too easy to become distracted with the negativity but freaking out with stress and worry won't help. This is a time of great change. Change makes us uncomfortable, but getting out of our comfort zone is just what we need to do. The negative aspects of our world need to be wiped away to make room for the rebirth of higher spirituality. In times of turmoil, focus your time and attention on helping those in need. Offer your prayers, give your love freely, be of service, and stay connected to the **Divine Intelligence** for guidance. Material goods will come and go, but your actions, thoughts, and deeds stay with you for eternity.



A MAN OF FEW WORDS

Mitch Ditkoff is a writer, poet, and storyteller enjoying life in Catskill, NY. More of his writing can be found on Medium, where he posts daily (www.mitchditkoff.medium.com)

A few years ago I wrote a 360-page book that attracted the attention of one of the world's most celebrated literary agents. He was so moved by my writing that he immediately took me on as a client and, one week later, sold my book to one of New York's leading publishing houses.

My editor there absolutely loved the book, but felt that I had "gone on too long" in several places and requested that I tighten up the writing before publication, which, I am pleased to say, I did without much complaint, leaving me with a much leaner and meaner 272-page manuscript.

The publisher's focus group, however, a vital part of the editorial process, noted that one of the chapters -- the longest one -- seemed better suited for the sequel -- an observation, I thought, that was actually quite astute and also inspiring, as I had not, until that time, thought my book was good enough to merit a sequel. So I got to work, excised the too-long chapter, tweaked a few segues and, in just a matter of days, was the proud papa of a still-very-commanding 189-page tome, "destined", my publisher declared, for the **New York Times Best Seller List**.

My publicist, an industry heavyweight since 1973 and an upstanding member of the **American Academy of Arts and Sciences**, was delighted to be representing me, but suggested, with all due respect, that I should more carefully consider my demographic -- a slice of the global population, her research indicated, that was increasingly struggling with ADD and, if I was still committed to my book becoming a commercial success, I needed to seriously consider trimming it down to 120 pages, which, she explained, was the ideal length for my particular market.

While I found it a bit disconcerting to re-enter the editorial process once again, what my publicist said made perfect sense and, since one of the reasons I had written the book in the first place was to make the extra money I needed to pay for my daughter's college education, I batted down whatever hatches I had left and got busy. It took me three weeks to make the

changes, but with the unflagging encouragement of my best friend and some top shelf tequila, I nailed it, leaving me with 120 pages of what my editor was now referring to as my "modern day **Rilkean** prose".

Not only had I gotten my book down to fighting weight, I finally understood what **Michelangelo** meant when he explained, centuries ago, his process for sculpting his iconic **David**. "I simply took away everything that wasn't." Though outwardly my book was now smaller than before, inwardly I had been transported back to the **Renaissance** and the emerging essence of my opus grande. Life was good.

When I showed the manuscript to my wife, a highly intuitive visionary with a knack for seeing what was invisible to me, she was miffed. One hundred and twenty pages, my dear wife explained, was more like a "booklet" than a book and did I really want to be known as a writer of booklets?

She was right, of course. What writer wants to be associated with the word "booklet?" Certainly not me. So I dropped my 120-page paradigm and decided to cut my manuscript in half until I had the perfect 60-page story that could easily be serialized for **Esquire** -- one 15-page story per month for four consecutive months, the first one appearing in **September**, the same month my daughter would be heading off to college.

The idea to have my writing serialized in **Esquire** was an unexpected stroke of genius, I must say, since many a serialized story in that highly regarded publication, I came to realize, had caught the attention of **Hollywood's** biggest studios, many of whom paid big bucks to buy the movie rights and, by the way, I would be getting not only a screen credit and a hefty paycheck, but be invited to the **Oscars** should the movie make it big.

...continued on page 23

The purpose and mission of our "Mystic Faires" is to promote education and awareness of the psychic world, holistic health, natural healing, conscious living, and spirituality. One way we do this is by bringing together psychics, spiritual counselors, retailers, light workers, alternative health practitioners, vendors and others in one place, allowing them to come together for the health and wellness of body, mind, and spirit

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We keep a balance of vendors in all categories: Alternative Practitioners, Massage & Energy work, Aromatherapy, Astrology, Aura Photography, Gifts, Crystals, Jewelry, Health & Nutrition and Psychics. I look forward to seeing you at our next event! Blessings & Light! Candyce Strafford

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Seth is the nonphysical spiritual teacher who spoke through the author Jane Roberts. Seth presented the furthest reaches of human potential, the eternal validity of the soul, and the concept that we create our own reality according to our thoughts, emotions and beliefs. Seth taught to access and use the tremendous source of power, wisdom within you. www.sethlearningcenter.org

HOW TO PERCEIVE OUR PRESENT REALITY:

"It must be realized that the physical conditions are NOT permanent, but everchanging. To imagine otherwise is to become hypnotized by the physical symbols. Each day should be considered a new day. **Ruburt (Jane)** should not think for example: "I have had these symptoms for such and such a time." This reinforces the idea of permanency. The day should be considered as a psychic rebirth."

ON DREAMTIME TRAVELS:

...It means that the personality exists in many dimensions at once. Now this includes not only reincarnational material in your terms, but the realization that the personality in the dream state is actually as alert and conscious as it is in the waking state. Now pretend for a moment that you are your dreaming self. And you want to understand the nature of physical reality. So you must peek out at physical reality, while the body sleeps and the eyes are closed and the senses are "dimmed" in your terms. You would gain little information, and yet you are in the same position attempting to understand the nature of the dreaming state with your waking consciousness.

Now. I have told you often that there are methods by which you can indeed take your waking self into the dream state and follow your own travels. Now you follow them but you (**Rose**) will not remember; and you (**Sally**) follow them sometimes; and you (**Rachel**) follow them sometimes; and you (**Amelia**) are beginning to

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SPIRITUAL GRAFFITI

Jeff Brown is author of Spiritual Graffiti, Ascending with Both Feet on the Ground, Love It Forward, An Uncommon Bond, Apologies to the Divine Feminine From a Warrior in Transition, Karmageddon, an award winning documentary, and Grounded Spirituality. Visit www.Soulshaping.com and www.Soulshapinginstitute.com

It is utterly essential to provide alternative perspectives on spiritual teachings. It saves many lives. Those who are attracted to disembodied 'life without a centre' spiritualities are often the most traumatized and vulnerable members of society. It is important to provide other ways of looking at the spiritual game before they walk that way. They can certainly decide to continue but then it is an informed decision, rather than a manipulated one.

If we care about humanity, especially at a time when power brokers are better equipped (ie technology) to control human consciousness, we will prioritize all forms of critical review. Take nothing at face value. That's the best defence. Our only hope. Review, review, review. That's REAL spirituality. Not the blind-eyed acceptance of their ego-bashing egoically-driven stage show.

Sometimes people walk away from love because it is so beautiful that it terrifies them. Sometimes they leave because the connection shines a bright light on their dark places and they are not ready to work them through.

Sometimes they run away because they are not developmentally prepared to merge with another- they have more individuation work to do first. Sometimes they take off because love is not a priority in their lives- they have another path and purpose to walk first. Sometimes they end it because they prefer a relationship that is more practical than conscious, one that does not threaten the ways that they organize reality.

Because so many of us carry shame, we have a tendency to personalize love's leavings, triggered by the rejection and feelings of abandonment. But this is not always true. Sometimes it has nothing to do with us. Sometimes the one who leaves is just not ready to hold it safe. Sometimes they know something we don't- they know their limits at that moment in time. Real love is no easy path- readiness is everything. May we grieve loss without personalizing it. May we learn to love ourselves in the absence of the lover.



NOTES FROM THE UNIVERSE

International tax accountant turned entrepreneur turned writer for "the Universe" and one of the teachers for The Secret, Mike Dooley runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit <http://tut.com>

I distinctly remember the conversation. We were having triple-chocolate brownie Fudgsicles, listening to Beethoven's "Fifth" before he even was Beethoven, overlooking the galaxy, when you mentioned how neat you thought it would be to one day have dreams you didn't know you'd inevitably manifest, to have challenges you didn't know you'd inevitably overcome, and to have friends you didn't know you'd inevitably meet.

And as I leaned forward in total awe, all agog, wanting to learn more of your genius and courage, I almost fainted when you added, "And should it ever appear as if I could use your help, before I even begin helping myself, back off or you'll ruin everything."

You memory-maker you,

The Universe

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MY JOURNEY THROUGH DEPRESSION

David A. Cronin is a sometime meditation instructor, speaker, photographer, and writer. He is the prior owner of Changing Times Books in South FL Now retired in Atlanta, GA. His favorite pastimes include being 'Gramps' to 2 adorable grandchildren, volunteering and training to walk the Camino de Santiago pilgrimage. You can follow him on Facebook: <https://www.facebook.com/david.cronin.79/> He can be reached at: davidcronin490@gmail.com. All photographs shown here were taken by him.

I would like to use this month's column to share with you my journey through depression.

It is a very personal story. But first, a disclaimer: I make no observations or conclusions about the causes and possible cures for depression. In no way do I consider myself a qualified individual in offering suggestions to those grappling with depression. It is an enormously complicated illness. But I can offer some of my experiences and in doing so I hope it will be helpful. It is my way of giving back to all those who have helped me along my journey.

My journey with depression began many, many years ago. It is not my intention to go into any specifics here. One's journey in these matters is always very individualized. But oftentimes the experiences and their effects are common among those sharing similar illnesses. My depression took place over a very long period of time increasing with the tiniest of baby steps. Through most of it, I was unaware that anything was wrong. I have always had a rich spiritual life which has always brought me tremendous joy. But over many years the depression continued to slowly integrate more & more into my life.

My spiritual life, while a deep part of my everyday existence, also began to add to my depression. As I turned more and more to my spiritual practices for comfort, I found it harder and harder to find any solace. I also had many friends in the healing arts, some of whom were therapists, and I worked with them as much as possible. But because none of my spirituality appeared to be helping, I came to seriously doubt my own spiritual understanding, abilities, and worth.

At this point in my life, I had a family with two small children, a good-paying job that I loved, and was surrounded by loving family and friends. Yet during this time, it was all I could muster to just get through the day. It also was hard to communicate to my family and friends what it was like living with depression. Imagine being at the ocean and trying to walk through about two feet of seawater. It is a struggle just to move your feet forward. With depression every moment, every simple act, can feel like that. After a time you are exhausted on every level of your being.

I also sought out traditional psychotherapy and went on anti-depressants. This went on for a number of years as we tried to find the right medications and dosages. I explored, deeply, issues that I felt were the root causes of my depression. With everything I tried, there were steps forward and steps backward, successes and failures, times when I was able to honestly face my life, and times when I was unable to. Over time, even beginning before medication, depression slowly began to give way to despair.

During this time, I made some decisions that were clear, conscious, and life-affirming to myself, my family, and those around me. I also made other decisions that, quite truthfully, were not at all life-affirming to anyone and hurt others very deeply. Part of the process of healing is taking complete responsibility for one's actions.

As despair continued to be an underlying aspect of my daily experience, I entered into a relationship with the idea of ending my life. I say a relationship because it was an idea that I regularly considered and embraced, rejected and discarded, going back and forth. One never comes to such matters lightly. My experience of depression is that it can be a self-perpetuating illness. The more I came to grips with how horrifying my suicide would be to my family and friends the more I loathed myself for considering it, and consequently the more deserving of it I felt. For me, depression caused the complete meltdown of my spiritual core which had always been my foundation.

Over many years I finally surrendered to the idea of leaving this life. In my current cosmological view of life, I do believe in karma and reincarnation. I had a pretty good idea that this was going to be a major act that would have far-reaching consequences. I began, in the state I was in, to see suicide as an act of supreme self-love and self-compassion. I truly could not

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ESSENTIAL LIFESTYLE HACKS



Ma Mokshapriya Shakti is successor to H. H. Ma Yoga Shakti Saraswati, founder of Yogashakti Missions worldwide that teach the essence of yoga, meditation, and spirituality. Mokshapriya is an agent of change who teaches self-empowerment—inspiring people to make big changes through her down-to-earth interpretation of complex philosophy. She inspires and guides at the Yogashakti Ashram in Queens, New York. Her direct, approachable, and incredibly loving nature help her students to illuminate their own personal paths with ease and grace. Visit www.yogashakti.org Email yogashaktiny@gmail.com Yogashakti Yoga Center on YouTube at <https://www.youtube.com/channel/UC08Xfld4QT1fYGYn0b6QhPw>

HAPPINESS?

To be happy is very important. It is our birth-right. Happiness creates mental well-being, physical and emotional health and allows us to live longer. When we feel positive, we are more likely to engage in a healthier lifestyle. Our physical body responds to happiness and increases immunity. Our emotional body rejoices with an increase in creativity.

Both happiness and unhappiness are states that we create through our perceptions of external circumstances. We have a natural tendency to pay more attention to negative things than positive things. This is called “negative bias.” It is our tendency not only to register negative stimuli more readily but also to dwell on these events. We remember an insult more than praise. We think of negative things more frequently than positive ones. Complaining of situations that make us unhappy seems to be more acceptable than talking about the joys of our life. We focus more on the negative things in a person. We seem to delight in it and talk about it and that is called gossip.

Happiness is something people seek and try to find or achieve. But it is internal, it varies from person to person. It is usually defined as an emotional state like the feeling of joy, satisfaction, accomplishment, fulfillment, and contentment. In the quest for happiness, we look for things like relationships, love, money, security, or accomplishments. None of those guarantee lasting happiness.

Eastern philosophy talks about raag and dvesh. Patanjali defines raag as the mental flow that craves happiness. Craving does not allow us to share feelings with others. Dvesh he defines it as the mind's desire to follow unhappiness by generating adverse feelings. We blame people or circumstances, but these vibrations are in our own mind. The world is a state of duality, night & day, black & white, birth and death and so on. Where there is happiness there is also sadness.

If we are looking at our lack without expressing gratitude for that which we have, our mind will be in a constant state of negative bias. We will be forced to

seek happiness through objects rather than an internal satisfaction of gratitude. Of course, that will make us very good consumers. We are programmed by the corporations that tell us constantly that if we have their product, we will be happy.

It is not easy to escape pre-programming, but we must make an effort. Diligently observing our mind and how it reacts is the first step. If we follow **Aristotle** the ancient philosopher, he believes that happiness has four levels, happiness from immediate gratification, from comparison and achievement, from making positive contributions, and from achieving fulfillment. If we try to balance these within our life, we will begin to fulfill our birthright to happiness.

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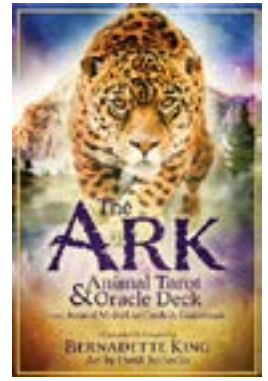
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WHAT IS MY SPIRIT ANIMAL



Bernadette King, creator of The Ark Animal Tarot & Oracle Deck has for 20+ years helped folks get closer to their Animal Allies, become more accurate psychic mediums & animal communicators & stronger intuitive tarot readers. Thru WhatIsMySpiritAnimal.com

folks are learning about their own Spirit, Totem, & Power Animals. The Ark is a 100 card deck which practitioners can use for divination & healings. Visit WhatIsMySpiritAnimal.com



DRAGON AS A POWER ANIMAL

Calling on **Dragon** medicine is like having a key to the supernatural and the realm of true magick. It will take you time learning how to use that key effectively, however. All **Dragon** spirits have alchemical power, which means they hope to turn you into “gold” spiritually. This is a great gift, and one you should accept with both gratitude and humility.

Invoking **Dragon** as your Power Animal means even greater responsibility for you Karmically. **Dragon** will protect you when you work for the greatest good, but woe to those who begin reaching for power greedily. This is a great way to lose your Power Animal and get burned by the **Dragon**'s fury at the same time.

Dragon energy and medicine is particularly potent for those who wish to become healers and physicians - especially Acupuncture.

NATIVE AMERICAN DRAGON SYMBOLIC MEANINGS

We see Serpents / Snakes in traditional Native American lore, but not **Dragons** per se. Because **Dragon** myth and legend is so closely tied to Snakes, it can help you better understand **Dragon** as a Spirit, Totem, and Power Animal if you read all about Snake Symbolism and Meaning.

DRAGON AS A CELTIC ANIMAL SYMBOL

Dragon symbolism plays heavily in the legends of the Celts where it is associated with all four elements and cardinal directions. To the Druids, **Dragons** represented vitality, the psychic self, ancient wisdom and the power of creation itself. Stories of **Dragons** protecting the secret and sacred entryways to other realms are common in Celtic and Druid folklore.



WHAT IS MY SPIRIT ANIMAL

... from page 20

It is no surprise to discover a Red **Dragon** on the flag of Wales. The motto roughly translates as ‘the Red **Dragon** leads us’. Unlike many European tales, **Dragons** have strong benevolent tendencies, only harming when evil rears its ugly head.

Throughout Celtic realms what we call Ley Lines are called **Dragon** Lines. This ties **Dragon** Spirit to Geomancy and the forces that connect all things on the Earth together. Stonehenge is thought to have been the ancient resting ground for travelling **Dragons**. Gives the phrase, “ley of the land” whole new meaning, doesn’t it?

The Anglo Saxon word for **Dragon** means “clear seer”. This implies that the Celts considered the **Dragons** as prophets and true seers with great wisdom. In fact, Seeing a **Dragon** was regarded as a great omen of good health and plentiful harvest. Even into modern times the **Dragon** is respected akin to the Gods as a protector of Mother Earth.

DRAGON DREAMS

Dreaming about a **Dragon** in a treasure cave represents those things you hold dear, or potentially things you hide from others. **Dragons** can also represent creation, power, sexuality, transcendence and primal forces that require care and regulation. To learn more about more specific **Dragon** dream symbolism, go to my Animal Dream Dictionary (be sure to read about Snake Dreams as they are so closely related to **Dragon** symbolism and meaning.

Learn more about **Dragon** Spirit by reading What Do **Dragon** Dreams Mean? on WhatIsMySpiritAnimal.com

DRAGON IN ASTROLOGY & ZODIAC SIGNS

In the Chinese Zodiac, **Dragon** is one of the 12 animals which govern this particular astrology system. Even if **Dragon** is not your Chinese Zodiac Sign, it is important to read about the personality, traits and characteris-



Image by alanajordan

tics. By understanding all teachings and energies of **Dragon**, you’ll be more capable of understanding and integrating its messages and medicine. On my sister-site, BuildingBeautifulSouls.com, you can learn all about the Chinese Zodiac **Dragon**.

DRAGON SYMBOLIC MEANINGS

- Luck
- Psychic Ability
- Speaking Truths
- Fearless
- Passionate
- Magickal Ability
- Ancient Wisdom
- Adaptable to Radical Change
- Rage
- Nobility
- Worthy Causes
- Sense of Humor



NON-RELIGIOUS SPIRITUALITY


...continued from page 8

30 LIBERATING THINGS I DID AFTER LEAVING RELIGION *continued*

- 9. Stopped looking for the meaning of life and discovered what it meant for me to live my life meaningfully.
- 10. Applied myself to addressing the root of my suffering.
- 11. Paid attention to my deepest desires and passions.
- 12. Cast off my people-pleasing façade, and became a more authentic and fully-expressed me.
- 13. Explored the connection between my mind, body and spirit.
- 14. Expanded my relational world beyond religious subculture.

- 15. Resisted creating a new religion out of my latest discovery.
- 16. Operated with the assumption that every human being know something I needed to know.
- 17. Refrained from latching onto the latest guru, and began seeing all people as participants in my deepening and liberation.
- 18. Explored new fields and areas of interest that were largely unknown to me.
- 19. Gave up the idea of needing to accomplish some epic thing for God.
- 20. Approached my life as a reality I was free to create.
- 21. Became interested and involved in the lives of people I encountered naturally along the everyday paths of my life.
- 22. Stopped feeling guilty about enjoying non-religious interests, hobbies and pleasures.
- 23. Explored life's biggest questions outside the parameters of religion in fields such as the natural sciences, psychology and philosophy.
- 24. Stopped apologizing for where I am on my spiritual journey, and the beliefs I no longer hold.
- 25. Strengthened my relationship with myself through significant inner work and commitment to self-care.
- 26. Laid down the burden of defining, labeling, fitting in, and defending my spirituality.
- 27. Converted my religious impulse to judge into greater compassion, acceptance and understanding.
- 28. Stopped dividing up the world into "us" and "them" and recognized every human being as my brother and sister.
- 29. Buried the myth of separation and understood our common ground of being in, from and through which all things exist as one.
- 30. Ceased striving for a peace, happiness, wholeness, liberation and well-being that had to be achieved and earned, and discovered the peace, happiness, wholeness, liberation and well-being that is my fundamental nature.

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Mitch Ditkoff

A MAN OF FEW WORDS

...continued from page 14...

What I didn't see coming was the mistress of my **Esquire** editor, a stunning, red-headed, erudite woman who, though she adored my writing, believed strongly that **Chapter 2** was far superior to my other three chapters and, since she was angry at her editor/boy-friend for spending **Valentine's Day** with his wife and kids, threatened not to have sex with him for six months unless he agreed to only publish **Chapter 2**. This was, shall we say, somewhat deflating for me, but I had to agree that of the four chapters, **Chapter 2** was, by far, the strongest.

As I reflected on this unexpected turn of events while walking the three blocks back to my hotel, it dawned on me that buried within the 15-page chapter my editor's mistress preferred, abided the perfect poem -- an epic poem -- a classic genre of writing, I believed, that could easily be revived for the modern day reader, a genre that would deeply honor my early roots as a poet. Wow! How great would it be to have my epic poem published in **Esquire** and reach an audience of millions!

My editor loved the idea, but when he pitched it to his protegee, a 22-year old wunderkind from **Hong Kong** recently hired to help **Esquire** tap into the **Far East** millennial market, he discovered that while **Asian** millennials DO read poetry, they do not read epic poetry. **Haiku** is their preferred medium, it being so ultimately pristine and, in today's **Twitter**-dominated marketplace, the perfect length to deliver a powerful message to as many people as possible in the shortest amount of time.

Was I reluctant to translate my epic poem into **Haiku** form? Yes I was, although, upon further reflection, there was something about the challenge that intrigued me, having always been a big fan of the form and, in fact, when I was 22, owned a first edition of **Basho's haikus**, a beautifully crafted tome complete with tissue paper overlays of the most elegant calligraphy I had ever seen. So, **Haiku** it was -- a form, I soon came to realize, that was easy to imitate, but hard to master -- kind of like the difference, as **Mark Twain** once wrote,

between lightning and a lightning bug. So I drank a lot of sake, downloaded some **Koto** music, and got to work.

In less than a week, I had myself a stellar **haiku**, one that my editor, his mistress, and protégé were so taken with that they took me out to dinner, that night, to the most expensive sushi restaurant in all of **Manhattan**. Finally, after months of endless editing I had the perfect piece of writing for publication! Hallelujah!

What I didn't understand at that precise moment was that the sales staff of **Esquire's** advertising department, newly back from an intensive **Tony Robbins** seminar on the **Left Coast**, was so unbelievably empowered that they had just broken all previous sales records and sold out every single inch of space in the magazine for the next four months.

Translation? There was no room left in the magazine for my haiku. All contracts had been signed and unless **Esquire** wanted to pay their advertisers hefty rebate fees, my haiku wouldn't be appearing for at least five months, which meant, of course, that I would not see a paycheck until February, which was several months after the tuition for my daughter's Freshmen year was due.

Though I admit to being understandably depressed at that particular moment in time, my spirits soon lifted upon hearing the latest news from my editor. The **September** issue, he explained, was going to feature a two-page spread by one of the world's most up-and-coming graphic designers from **Amsterdam** -- a creative genius with well over five million **Twitter** followers and, if I could just reduce my **Haiku** to a single word, the designer would find a way to feature my word in his spread -- the centerpiece of the **September** issue, I was told -- an issue that was going to be majorly promoted by the sales staff and, as a result, would likely bring a global, tidal wave of attention to my word.

Friday is my deadline, but... um... uh... I'm having some trouble with the final phase of the editing process. I wouldn't say I was "stuck", just needing a bit of feedback. What do you think the word should be? Please understand that I'm not asking you to write the piece for me, just suggest some possibilities and I, in conjunction with my wife, editor, editor's mistress, protegee, publicist, and advertising team, will select one.

If I end up using the word you suggest, be assured, I will generously acknowledge you in my acceptance speech.

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HORIZONS MAGAZINE MISSION STATEMENT

What I'm here to do with Horizons is share a belief and formula for happiness that I've found is true for me and for others I know. To give readers the choice to entertain those ideas, some of which may be an option for them as well. We don't always know what we might prefer, how our life might change for the better if we don't consider and entertain the idea of something new.

Andrea de Michaelis. Publisher

OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions.

To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience.

What we see and experience is simply the brain's interpretation of electrical signals. The only reality we cope with is the world of perceptions inside our mind.

We participate in creation of the reality we experience by our intentions, beliefs and expectations, by every thought we think and every word we speak. Because we participate in this creation, we have access to as much happiness and supply as we can discipline ourselves to focus on.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation.

Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, truly in the Now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it. We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise.

So, if you read an article that touches you or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss the offering with them.

Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.



ABRAHAM HICKS

...continued from page 7...

Esther Hicks

QUESTION: No, not to me.

ABRAHAM: In other words, if you are eternal - and we promise you, you are - then you just have to accept that in your eternalness, that you are coming forth with lots of different perspectives to have lots of wonderful times in lots of different time-space realities. But you know, everyone who wants to talk about reincarnation does not have that knowledge as their basis. And so, now what do you want to know?

QUESTION: Well, I recently had a sister who passed. And it was, of course, very sad, very sad circumstances as well. And I constantly felt like I was the older sister even though she was eight years older than me, and I thought, well, maybe she's just not been here as often as I have.

ABRAHAM: Well, it isn't that. Physical beings, in their comparative endeavor, often assume that someone less connected or less clear has less time, when really what it is is the circumstances of their life experience have just affected them in a more disallowing way.

But again, that's the reason that we asked what your specific questions about reincarnation are. There are so many people who, as they notice things as they are, as they're documenting and cataloging and pigeonholing things, they come to an assumption, and then they try to go back and re-work what must have come before in order to explain the assumption that they've come to.

And when the assumption that they've come to in the beginning is incorrect, then all the reworking is incorrect, too.

And so, there are a lot of people who will pronounce "I am a very old soul, and you are a very new soul." And it's just the new way to insult people. (Fun)

What we would like you to realize is that all of you have come forth from Source Energy, and all of you are Pure Positive Energy, and to the degree that you allow it, you will thrive, and you didn't come forth intending to compare.

Sometimes people who are in a very highly evolved culture, like in this nation for example, will look at someone in an underdeveloped country, and their natural assumption is that those people are less evolved because they're less evolved in terms of their physical countenance, so they must be less evolved in terms of Energy.

And we say you just can't make those assumptions - people come forth intending different exposure to different experiences for different reasons.

And so, it would be like you being a very advanced tennis player, and really, frankly, just enjoying playing with somebody who's up to speed with you who might evoke something more from you.

And all of you come forth into circumstances that you believe will be the best format in which to evoke from you this new, **Leading Edge** position that you are wanting to aspire to. But there are not old souls and young souls, or new souls and old souls, in anything close to the sense that physical humans often want to categorize it.

So, what we would say about your sister is that she just experienced more resistance and didn't allow her connection as early or as steadily or as often or as clearly as you do. But it doesn't mean that she was less wise, and of course, you know that. It doesn't mean that she was less loved.

Another part of your incarnation question (and we really want to get this in even though you haven't verbalized it, because others are wondering about it even as we are talking about this) is that it's not a stream of consciousness that's then assigned one physical flesh of body clump at a time.

In other words, sometimes they think "Oh, clump of Energy, clump of body, and then clump of Energy and another clump of body."

We'll hear people say "Oh, maybe I could be the same person as that because that person died right before I was born."

...continued on page 29 ...



ABRAHAM HICKS

...continued from page 28...

Esther Hicks

Or they'll say "I want to channel the master artist or the master musician through me, but I have to wait for him to die before I can channel him." And *we say you all have access to everything that everyone has access to, and you can receive it now.*

And so your sister, in the true essence of who she is, was not ever only in that one body that you knew as sister, anyway. And will she come back again? Well, she never really left. And does your relationship have the potential of continuing now? Yes, now, even more than ever, because at least the resistance on her part is gone. And so, when you get into a place of non-resistance, you can chat on endlessly if you want to. Yes.

ON THAT OLD-TIME RELIGION

Source is not standing in condemnation of one religion or another. Source is not standing in condemnation of one behavior or another. The Source within you only knows who you really are - who you've really become - and it's just guiding you continuously, steadily, constantly and lovingly toward who you really are and what you want to be, which means sometimes you'll be called into an awareness of a problem because once you focus upon the problem you begin asking for a solution.

So every religion, no matter how deep its roots, has modern-day conversation happening within it - you just can't go back and read what was written for people who were living in a different time under different circumstances with a whole different pile of resistance on their path. That's why we're encouraging you to tune to your own guidance, to your own knowing, which is present about the path you're walking on today.

Digging up those old books might be fun and interesting, but it's guidance that was written for someone else in another time. You have your own guidance today. And we are not claiming to be it, we're guiding you to that which it is.

A PLANNED TIME OF DEATH

QUESTION: Thank you. OK, here's my question: Do we, as humans, have a predestined way or date of how

ABRAHAM: Nope.

QUESTION: So it could just happen any time.

ABRAHAM: Yup. (Fun)

QUESTION: Any place.

ABRAHAM: We've talked about this **Nonphysical** part of you that was you before you came into this physical experience, and yes, you have all kinds of intentions coming in. So your **Vortex** that we've been talking about, this Vortex of deliberate creation, there was plenty there that you put there from your Nonphysical perspective. So then you get here and you continue to add to it.

There are two points of attraction, really - you are really one, but the blending of your vibrations could be described as two points of attraction. In other words, there's your **Source Energy** - that's who You really are - and there's who you're being in any moment.

And the emotions that you feel, whether it's anger or love or some other emotion, is all about how blended you are in that moment of emotion with your **Inner Being**.

So, as you are living your life, your intentions from **Nonphysical** are what you would call general by your physical standards - they're things like I want to enjoy myself, and I want to be an uplifter, and I want to be uplifted. And that's the enjoyment part - I want to be uplifted, and therefore I want to teach by the clarity of my example.

I want to uplift, I want to expand, I want to experience more; I want to deliberately and consciously experience more. And so, those are those general intentions. Then, as you're living in your physical body, to the degree that you are asking and allowing, then you're constantly making new decisions as you move along.

...continued to page 30...



ABRAHAM HICKS

...continued from page 29...

Esther Hicks

The reason that this question is tricky for human ears to hear is because even though you may have been listening to us and others for a while talking about the eternal nature of your being, and that there really is no death, still, most humans see death as an unwanted thing.

And we want to ask you, do you see complete blending with who You are as unwanted? Do you feel a complete emersion into **Pure Positive Energy** - is that unwanted? We like it when you say, as Esther says on a regular basis, "Several more decades, please," because she is loving life here and now. She's allowing the wholeness of who she is to focus within her, and so she's experiencing this wonderful hands-on creative experience.

But with someone who innately knows the beauty and the power of their beingness who is not allowing it, then maybe the path of least resistance is to reemerge into **Nonphysical**.

And it's like when you leave this room at the end of this gathering: So here we are together and we're having a very nice time, and when you leave, you will not stand at the doorways and look back and yearn to never leave this room.

You'll be on to what's next, and on to what's next, and on to what's next. And that's really how the Nonphysical feels about you in these physical bodies.

So that's just a sort of underpinning. Now, if you have more specifics, we're happy to address them. You define your time of death in two ways, just like everything else you do: Sometimes it's because you're ready to romp into the pureness of **Pure Positive Energy**, and sometimes it's because you just can't stand any more resistance. And in either case it's great.



Mokshapriya Shakti

ESSENTIAL LIFE HACKS

...from page 19

Joy starts with accepting where we are at this moment because it is the steppingstone to our happiness. We are placed into conditions for us to grow. Growth requires effort and without that effort joy cannot exist. When we feel grateful for what we have at this moment, even if it is very little, our mind stops craving. We need to be willing to take life as it comes, but with cravings this is not possible. Craving for things to make us happy will only lead to unhappiness or **dvesh**. Cravings are like fire, they start out small and quickly begin to consume our mind and eventually take away our reasoning power and our happiness.

When the mind craves, it only wishes to fulfill that craving. It does not have time or energy to look at other things and starts complaining about the lack. Once the craving is satisfied, others pop up. External items give us immediate gratification which dwindle in time. We are happy with the new car, then someone runs into it and damages it and we are unhappy.

Happiness is a choice. One can be happy at any time, just choose to be. Our thoughts create the world around us. Everyone is the center of their world. That world, even tho shared, looks different to all participants. Our mind is influenced by previous impressions and experiences and project those on the new experiences. Each of us sees the world from a different angle according to the disposition of the mind. When the mind is happy negative circumstances do not affect us. When we are in a negative bias state, we project unhappiness on our circumstances. Our mental state causes happiness or unhappiness.

Instead of craving happiness, let be grateful for that which we do have and work towards our wants and goals. We cannot be working towards our goals with a mind that craves. When we are grateful it frees the mind. With a clear mind the process towards our goals will be revealed. Our energy is better spent positively pursuing our goals, rather than following cravings.

Let us find joy in the things we have. Let us wake up in the morning and create joy in the mind to carry into the day. When we have joy in our mind things begin to look different. The same circumstances take on a different meaning.

I CHOOSE TO BE HAPPY! You cannot steal that from me!



David A. Cronin

MY JOURNEY THROUGH DEPRESSION

...from page 18

continue living and I decided to proceed with suicide even while willing to accept all the consequences. I felt pretty sure I would be reincarnated and have to face the same level of despair again. I rationalized that in between lives I would do all that I could to better prepare myself to overcome what I felt was a major soul identity crisis. I also would commit to assisting others in any way I could to successfully traverse this same crisis regardless of where I ended up.

This decided, I then took action. The specifics are not important. What is important is what occurred and is the very point of this writing. At the very moment I was surrendering into the action that would end this life something within me opened. It is hard to articulate exactly what transpired but my experience was that my awareness suddenly became clear and very expanded. In that openness, several things occurred. One was that I understood how thin the space is where one decides to live or die. It is paper thin. I knew that with just the tiniest move in one direction or the other, I was affecting the course of my soul's journey. I also felt complete love and compassion from Spirit. Spirit was holding that space for me, allowing me to decide either way, without judgment.

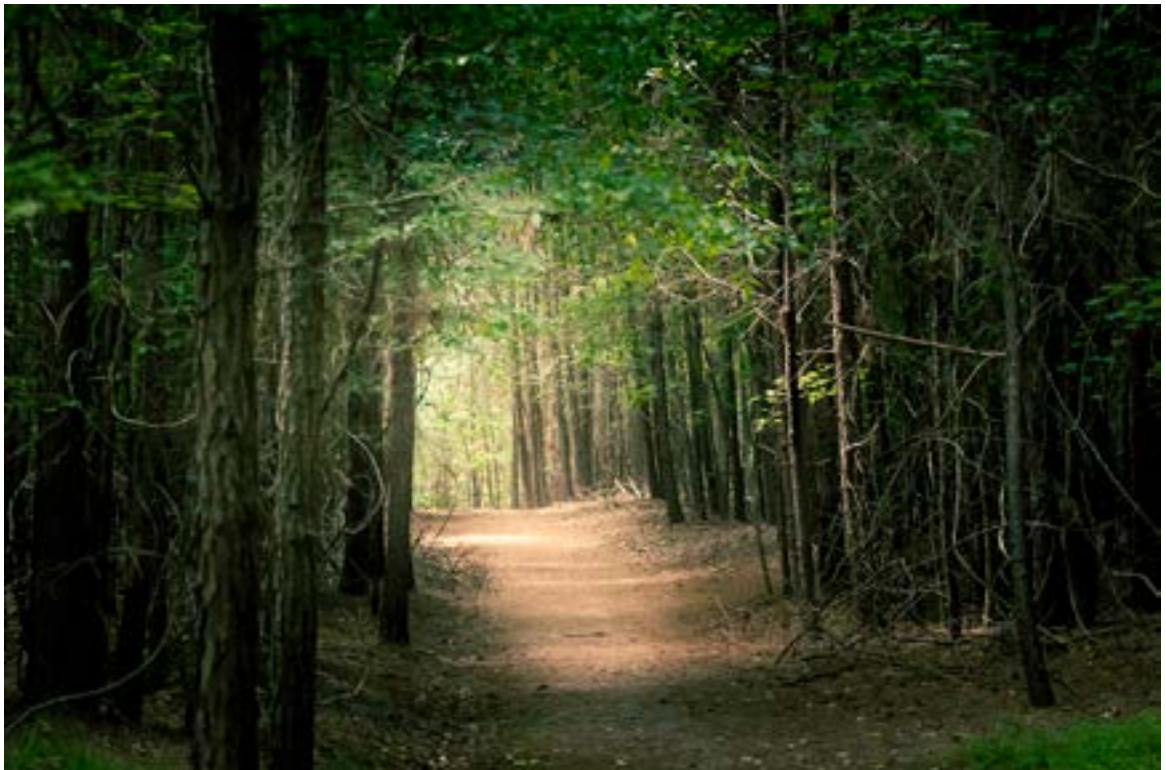
What happened next was that I began to see what I intuitively knew to be a specific moment in specific past lives. In all those lives I had arrived at the

exact same space I now occupied. In every one of those lives, I chose to end the life. I felt the communication from Spirit that I would continue to return to this space, life after life, until such time as I was able to be there and choose life. I also received the communication that once having chosen life I would never again have to revisit that space of despair.

It was then that I decided that if it only took one lifetime to choose life then I would make this lifetime that one.

My experiences of life took a major turn after that. I still faced many challenges and at times it was still very difficult. But I am truly grateful for all that I have and all that life has to offer.

Again, I want to be clear that with this writing I am making no assertions about depression, the appropriateness of treatments, or possible cures. Nor am I advocating any particular belief system around suicide, karma, reincarnation, Spirit, or the path of the soul after death. I am simply sharing what I experienced, how I interpreted those experiences, and how they affected my life. I do so as an offering with the intention, and hope, that it be helpful to others. Take from it what you will and draw your own conclusions. In gratitude.





SETH SPEAKS

...continued from page 16...

put one foot upon the path; and you (**Brad**) have not as yet allowed yourself to remember any of your dream encounters. But the point is that you can indeed learn to do this - that it is not impossible. It is not only probable, but it is not even difficult.

Once psychology realizes that the personality is also alert and conscious in the dream state, then indeed its precepts and its bases must change.

For information is given to you not only in your waking, conscious, alert daily life but in what you would call your unconscious sleep state.

Now your sleeping self is awake all of the time - you dream all of the time. Your dream life is continuous, only your waking ego closes out the inner stimuli and does not see it, for it must concentrate upon physical daily reality.

But it can learn to look inward, change the focus of its awareness and take quick pictures of this inner environment. So more than reincarnational existences are involved.

THE RESPONSIBILITY TO HAVE FUN:

"If you need to think in terms of responsibility, then it is your responsibility to have fun! You will not help yourself or others unless you enjoy the miracle of your own being. And so, in those terms, use if you must the belief in responsibility, by telling yourselves that it is your responsibility to enjoy your being.

When you follow your own nature, you automatically and naturally feel for the needs of others. You automatically feel when you are joyful and free. And when you are having fun, you feel your oneness with all other creatures of the universe, and you know your place in **All that Is.**

And when you are yourself, others look upon you with awe and joy and understanding, and you look the same upon them. And you help every other creature that shares with you the framework of this earth.

You do not have to worry about helping others, for your very existence is a help and a guide to them. They recognize the joy of being in their existence, and they respond as you do to a sunny day, or to a flower."



HERB CORNER

...continued from page 11...

When added to baths and teas along with elder and peppermint, **Yarrow** helps to **open the pores and increase sweating**. This brings down a fever, relieving the symptoms of colds and flu.

If you have a toothache or mouth ulcers, chew on **Yarrows** leaves. They have antiseptic properties to fight infections and analgesic properties for pain.

In the respiratory system Yarrow is a good anti-inflammatory herb that helps reduce excess mucous secretions and **congestion** in the lungs and the sinuses. It also acts as a broncho-dilating herb helping to open the lungs making it easier to breathe.

In the circulatory system Yarrow reduces blood pressure by dilating the peripheral blood vessels increasing the movement of blood through the vessels which moves excess fluids from the blood through the kidneys.

Scientists have studied **Yarrow** and have identified more than 100 compounds. Some have **anti-tumor** properties.

When tested on mice, some of **Yarrow's** compounds were active against **leukemia** cells.

Yarrow has also been found effective on inflammatory conditions, hypertension, varicose veins, hemorrhoids, diarrhea, heartburn, irritable bowel, ulcers, colitis, sore throat, gallbladder pain, swelling, back pain, cough and congestion.

I have found **Yarrow** to be useful in many of these conditions in tea form, compresses, and tinctures and in capsules.

Yarrow is a relatively safe plant. Should you have allergies to plants in the daisy family, if you are pregnant or if you are taking anticoagulant medications, speak to your healthcare provider before using **Yarrow**.

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Haunted History Museum

Photos and documents, bizarre and macabre displays
www.facebook.com/cgreenshauntedhistoryhouse

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Rev. Tina, Owner
386- 228-3315

HOROSCOPES MARCH 2024



ARIES – (March 19 – April 18)

ARIES: MOOD

ARIES: MOOD FOR MARCH 2024

Don't think everything is allowed, risking opposition from your close ones and professional circle. Opt for discreet strategies, much more effective.

Love

ARIES: LOVE FOR MARCH 2024

Don't frighten your partner with extravagant projects that require funding you don't have. These prospects may strain your exchanges. Take the time to reflect before undertaking to reassure those around you.

In a relationship: don't rush into a project that isn't unanimously supported at home. If you push too hard, you risk alienating your entourage.

Single: if you want to undertake a risky project and your loved ones are holding back, rather than pushing them, convey your messages gently.

Money

ARIES: MONEY FOR MARCH 2024

This is where you should remain cautious because you tend to invest without taking the necessary step back to judge the validity of your projects.

Work

ARIES: WORK FOR MARCH 2024

You're eager to shape the future to your liking, and you have potentials for success, but don't demand anything from those who dislike your stubbornness; play more subtly.

Leisure

ARIES: LEISURE FOR MARCH 2024

Uranus has awakened the desire to explore new potentials and an eccentricity that you should suppress to avoid displeasure.

Key dates

ARIES: KEY DATES FOR MARCH 2024

The 3rd: control a tendency to believe that everything is allowed. Your excess enthusiasm and eccentric behaviors harm your projects.

The 9th: calm your impatience, as imposing your methods may lead some to hinder your momentum.

The 21st: a project could change your life; take the time to channel your emotions to use them to your advantage.

The 24th: step back from your feelings to better exploit your potentials and reap the reward of your merits.

The 28th: thanks to your originality, you stand out. Rely on your appealing distinctiveness to score points.

Advice

ARIES: ADVICE FOR MARCH 2024

The month is productive if you refrain from insisting that others follow you unquestionably in your endeavors. To unite your surroundings, think about the strategies to implement for success.

TAURUS – (April 19 – May 19)

TAURUS: MOOD FOR MARCH 2024

The demands of your ego bring you annoyances in society. Fortunately, Venus favors outings, projects, and fantasy. This atmosphere has everything to please you.

HOROSCOPES MARCH 2024



Love

TAURUS: LOVE FOR MARCH 2024

Between your desire to shine in society and your wish to claim more freedom in managing your life, you find it challenging to navigate. Take the time to channel your emotions and schedule some exciting moments.

In a relationship: you're not really in sync with your surroundings, but you calm the situation and enjoy festive moments, surrounded by your loved ones or friends.

Single: don't try to stand out and manage your emotions. You have exciting projects to share with those you love.

Money

TAURUS: MONEY FOR MARCH 2024

Don't try to seduce those who hold the funds. Wait for more favorable flows to boast about your merits and the advantage of following you.

Work

TAURUS: WORK FOR MARCH 2024

You want to assert yourself, but don't impose your methods; your freedom of expression doesn't please your hierarchy. However, if you control your emotions by multiplying bold proposals, you have a chance to charm.

Leisure

TAURUS: LEISURE FOR MARCH 2024

Avoid frequenting the world; your manners do not meet unanimous approval. At the end of the month, everyone will want to have a good time with you.

Key dates

TAURUS: KEY DATES FOR MARCH 2024

The 4th: you rally your entourage to your cause. Regardless of the originality of your proposals, you convince your loved ones to believe and follow you.

The 10th: the new moon invites you to make plans by taking a step back from events to steer your destiny elsewhere or differently.

The 17th: you dream of an ideal future and are guided by an inspiring inner voice. After all, for once, it is not forbidden to dream.

The 24th: perspectives exhilarate you, and your enthusiasm serves your projects, happy prospects conducive to your personal fulfillment.

The 25th: the full moon recommends that you invest yourself to serve the common cause. Think of others at least as much as yourself.

Advice

TAURUS: ADVICE FOR MARCH 2024

Mobilize your loved ones to have a good time, organize beautiful evenings, and make exciting plans.

GEMINI – (May 20 – June 19)

GEMINI: MOOD FOR MARCH 2024

You are not very diplomatic or inclined to smooth things over; you multiply offensives and blunders. Calm the inner turmoil that pushes you to fault, wait for your emotions to calm down before renewing a friendly dialogue with those around you.

Love

GEMINI: LOVE FOR MARCH 2024

Do not let impulses interfere with your interactions with others. You risk sowing discord. Rely on Venus to smooth things over and calm your inner anger.

In a relationship: Your partner does not appreciate your aggressive interventions. Keep control of your emotions and internal turmoil that may lead you astray.

Single: To make friends and maintain a proper connection with those around you, think about what you say. Do not let yourself be overwhelmed by aggression that could disrupt the frequency.

...continued on page 36

HOROSCOPES MARCH 2024



Money

GEMINI: MONEY FOR MARCH 2024

Your codes, methods, and possible ill-will do not gain unanimous approval. Wait until the end of the month; you can gently convey your messages to seek help.

Work

GEMINI: WORK FOR MARCH 2024

Avoid saying everything you think. It seems like you're trying to hurt, even though you intervene without knowing the impact of your words. On the other hand, your kindness is appreciated, reinforcing your popularity.

Leisure

GEMINI: LEISURE FOR MARCH 2024

People don't want to be around you; they find you offensive. Instead of annoying those around you, invest in a punching bag to avoid turning everyone against you.

Key dates

GEMINI: KEY DATES FOR MARCH 2024

The 1st: Seek the support of those who defend your interests. A new chapter in your personal history is opening. Keep the necessary distance to adjust your aim.

The 8th: Mobilize yourself to achieve an ideal, but keep your feet on the ground to convince those who listen to believe and follow you.

The 9th: Do not awaken hidden adversity by imposing your methods. If your ambitions are legitimate, beware of excess zeal that harms you.

The 17th: Succeed in persuading your hierarchy to relay your aspirations and support a mission if you stay in touch with reality.

The 24th: Rely on your charisma to seduce your interlocutors and convince them to support a project that can be appealing if you take the time to establish its foundations.

Advice

GEMINI: ADVICE FOR MARCH 2024

You seem to hold a grudge against everyone, and you don't even know why. Prefer to wait until your inner

storms calm down before reconnecting and communicating.

CANCER – (June 20 – July 21)

CANCER: MOOD FOR MARCH 2024

You are bold and unwilling to make concessions. If you persist in doing what pleases you despite criticism of your costly projects, you may encounter major obstacles. Patience increases your chances of getting your messages across.

Love

CANCER: LOVE FOR MARCH 2024

Don't pressure your partner to join you in a life project they find too audacious. It's better to wait and bring along those willing to share your dream.

In a relationship: Ensure that your chosen one is willing to follow you in your fantasies, or you may trigger debates and conflicts.

Single: If tempted to spend recklessly on a surreal project, don't expect approval if it jeopardizes a loved one's finances.

Money

CANCER: MONEY FOR MARCH 2024

You have no intention of depriving yourself or giving up an inspiring project. Before launching it, ensure you have enough means to see it through.

Work

CANCER: WORK FOR MARCH 2024

Avoid taking too many risks. While you have an adventurous spirit to achieve your goals, your superior may not endorse your initiatives. However, patience increases your chances of convincing and charming.

Leisure

CANCER: LEISURE FOR MARCH 2024

Don't throw money out the window, and consider leaving your debit card at home if you plan a shopping spree. You're in a spendthrift mood and indifferent to the consequences of your actions.

Key dates

CANCER: KEY DATES FOR MARCH 2024

The 3rd: Avoid overly audacious plans to prevent criticism from loved ones. Resist the temptation to spend all your money.

HOROSCOPES MARCH 2024



The 9th: Inner restlessness may drive you to excess. Keep control of your nerves to avoid incidents or repercussions.

The 10th: The new moon encourages idealistic initiatives. If you want to raise awareness in your surroundings, now is the time.

The 21st: Your destiny is evolving, whether you actively participate or not. Embrace it; it contributes to your metamorphosis and helps you be reborn.

The 28th: A bold project or an irresistible desire to change your life? Trust your ability to inspire your partner and loved ones.

Advice

CANCER: ADVICE FOR MARCH 2024

You would be wise to restrain yourself. Understand that it's more profitable to be reasonable than to follow every whim.

LEO – (July 22 – August 21)

LEO: MOOD FOR MARCH 2024

You maintain open and empathetic communication with the outside world, but you're not ready to make concessions in your quest for independence. You find ways to make yourself heard without alienating those around you.

Love

LEO: LOVE FOR MARCH 2024

Despite your desire to listen to others, you need to act according to your own will. You assert your position as a unique individual, without merging with others. Tensions may arise.

In a relationship: Explain to your chosen one why you aspire to break free from past patterns to reassure or forewarn them without causing disorder.

Single: Eager to convey your messages gently but unwilling to give up your freedom and independence, it's uncertain if others will follow you in this direction.

Money

LEO: MONEY FOR MARCH 2024

If you need to negotiate a contract or a loan, wait until the end of the month to launch into it. You find arguments that can persuade even the most resistant.

Work

LEO: WORK FOR MARCH 2024

You communicate while remaining attentive to the needs of your partners, but you don't hide your desire to claim your freedom and your determination to stand out rather than blend in.

Leisure

LEO: LEISURE FOR MARCH 2024

You find a way to balance the needs of others with your desire to chart your own course. You have no difficulty working as a team and sharing a creative, artistic, or sports activity. Otherwise, prefer to go solo.

Key dates

LEO: KEY DATES FOR MARCH 2024

The 4th: Negotiations are progressing. Whether you seek to stand out, change jobs, or transform your life, you are capable of achieving it.

The 8th: Rely on your intuition to steer negotiations in your favor. You are convincing and can influence whoever you want.

The 17th: Your inner world expands under Neptune's influence, favoring inspired initiatives and urging you to mobilize for change.

The 24th: If you seek funds, you could obtain them; your talents and merits are duly rewarded. Savor this brief moment of glory.

The 25th: The full moon invites you to communicate. Convey your messages, share your ideas; you are unlikely to face setbacks under this influence.

Advice

LEO: ADVICE FOR MARCH 2024

To end the month on a high note, avoid false notes, as you are torn between the desire to close ranks and the desire to liberate yourself.

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HOROSCOPES MARCH 2024



VIRGO – (Aug 22 – Sept 21)

VIRGO: MOOD FOR MARCH 2024

It's not certain that you'll find a balance between your desire to serve the community and your aspiration to assert your high ambitions. Instead of engaging in controversy and triggering conflicts, wait until the end of the month to make yourself understood.

Love

VIRGO: LOVE FOR MARCH 2024

Between your desire to break free from limiting beliefs and your wish to serve the community, you struggle to position yourself, to choose, and you get frustrated. Prefer to wait for better conditions to re-establish positive dialogue.

In a relationship: You aspire not to disappoint your loved ones, but you are torn by personal demands that urge you to escape. To avoid upsetting those around you, wait until the end of the month when exchanges are favored.

Single: To preserve your family relationships, avoid expressing your desire to assert your independence by raising your voice. Restart the discussions when you are more attentive.

Money

VIRGO: MONEY FOR MARCH 2024

You need funds to better steer your destiny. Don't demand too much, as you could scare off your interlocutors. You are more diplomatic and convincing at the end of the month.

Work

VIRGO: WORK FOR MARCH 2024

If you have a good rapport with the hierarchy, caution is recommended in your exchanges. While it's appreciated that you get involved, don't disrupt the frequency by expressing ambitions that are considered offbeat or even eccentric. Fortunately, dialogue becomes more constructive at the end of the month.

Leisure

VIRGO: LEISURE FOR MARCH 2024

It's not easy to figure you out, and not everyone always wants to be around you. But your company is sought after at the end of the month when your listening and kindness earn you numerous invitations.

Key dates

VIRGO: KEY DATES FOR MARCH 2024

The 1st: If you want to evolve your personal or professional relationships, take a step towards others to broaden your horizons together.

The 8th: Communicate clearly with your partner so that your words are not misunderstood. You can bask in an atmosphere of great complicity.

The 9th: Beware of tensions if you impose your worldview, codes, and methods on others. Avoid pressuring anyone.

The 17th: You tend to idealize others, to seek to merge with those you like or understand. Don't confuse fusion with confusion.

The 28th: If you aspire to spice up your relationships and break free from monotony that weighs you down, don't hesitate to involve others in the adventure.

Advice

VIRGO: ADVICE FOR MARCH 2024

To preserve your reputation, stop trying to transgress limits that irritate you; stay in line. At the end of the month, you are more in the mood for dialogue.

LIBRA – (Sept 22 – Oct 21)

LIBRA: MOOD FOR MARCH 2024

You do as you please; you are difficult to follow, and conflicts will arise if you pressure those around you to endorse proposals deemed unreasonable. Fortunately, towards the end of the month, you appear more reassuring.

HOROSCOPES MARCH 2024



Love

LIBRA: LOVE FOR MARCH 2024

Don't provoke others; you are putting too much emotional pressure on them. Certainly, no one is immune to your charm, but if you use it to fulfill your expectations without reservation, beware of conflicts. You are no longer in harmony with others.

In a relationship: Don't demand that your partner bend to your every desire; they find you too demanding. It is through compromise that you have a chance to end the month in harmony.

Single: It's not certain that your eccentricities and excessive demands will help you form a lasting connection. Towards the end of the month, being more attentive to others increases your chances of being heard.

Money

LIBRA: MONEY FOR MARCH 2024

You tend to ignore your limits and, especially, those of your bank account. Be mindful of the consequences.

Work

LIBRA: WORK FOR MARCH 2024

If you have both imagination and boldness, be wary of your tendency to transgress established codes and rules. People may be reluctant to follow you down paths they find risky.

Leisure

LIBRA: LEISURE FOR MARCH 2024

While you have plenty of original ideas for entertainment, consider an environment that may not necessarily want to go skydiving or climb Annapurna with you.

Key dates

LIBRA: KEY DATES FOR MARCH 2024

The 4th: Rely on dialogue and your willingness to do well to steer events and prepare for certain inevitable changes.

The 10th: A dialogue allows you to address the issue of your romantic relationships. Don't try to dodge it; exchange with others to see things more clearly.

The 21st: Your desire to contribute to the well-being of the community lightens the burden of the duties and responsibilities you must assume.

The 24th: External events reward your willingness to assist those around you who appreciate your support. Seize the opportunity.

The 25th: The full moon illuminates your sign. It's an opportunity to ask yourself the right questions about the relationship and intervene to establish a constructive dialogue.

Advice

LIBRA: ADVICE FOR MARCH 2024

You would do well to curb your impulses if you want others to be willing to follow you rather than avoid you.

SCORPIO – (Oct 22 – Nov 20)

SCORPIO: MOOD FOR MARCH 2024

Be careful not to trigger controversies; you are seen as authoritative and demanding in the family. To unite and gather rather than divide, use your charm and openly express your love; you will bring everyone to an agreement.

Love

SCORPIO: LOVE FOR MARCH 2024

Despite your good intentions, you are not immune to family conflicts or disputes with your partner. One of you needs more space and asserts the right to live more independently. Loosen up to end the month on a positive note and possibly reconciled.

In a relationship: tensions at home are to be expected, and you need to adapt to the situation to end the month in harmony with your partner.

Single: avoid sparking family quarrels, as despite your desire to close ranks, you are losing patience. Fortunately, you can find the path to a creative dialogue.

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HOROSCOPES MARCH 2024



Money

SCORPIO: MONEY FOR MARCH 2024

If Saturn encourages you to be more methodical and channel your potentials for concrete use, you know what to do to make others want to reward your efforts.

Work

SCORPIO: WORK FOR MARCH 2024

Explain to your colleagues and superiors that you work better when given freedom. It is only under these conditions that you give your best. You are understood, and you are allowed to act as you please.

Leisure

SCORPIO: LEISURE FOR MARCH 2024

To unwind in the face of tense family situations, tap into your creativity, which will bring you success in society and love. It's time to increase your outings to make a noticeable impression.

Key dates

SCORPIO: KEY DATES FOR MARCH 2024

The 3rd: You want to close ranks in the family, but you face everyone's need for autonomy. Set limits that respect everyone's desires.

The 9th: If you impose your rules on others, beware of family conflicts. If you persist in laying down the law, know that it's at your own risk.

The 17th: Some have a mission to fulfill that matters to them. Rely on your dedication to intervene as selflessly and effectively as possible.

The 24th: Use your irresistible charm to get closer to someone you want to seduce or to rekindle the flame with your partner.

The 28th: In love or business, count on your talents and aura to spice up your connections or collaborate with entrepreneurs eager for your skills.

Advice

SCORPIO: ADVICE FOR MARCH 2024

Manage a difficult family atmosphere as best as you can; your charm works wonders. Restore balance at home to enjoy good times without anything disturbing your mood.

SAGITTARIUS – (Nov 21– Dec 20)

SAGITTARIUS: MOOD FOR MARCH 2024

Uranus exacerbates your desire to escape routine and break free from a daily life that bores you. This is not a reason to try to deceive everyone or rebel so that others follow you. Neither of these approaches serves your cause.

Love

SAGITTARIUS: LOVE FOR MARCH 2024

Your desire to communicate clashes with your desire to manage daily life your way. You will displease others if you only aim for your own interest. On the other hand, you gain unanimous support within the family.

In a relationship: The connection struggles between you and your partner because, under the guise of benevolence, you try to impose your ideas. Prefer to show your genuine willingness to take care of your loved ones. Success guaranteed.

Single: You feel torn between your desire to please others and an irresistible urge to manage things as you see fit. An antagonism that gives way to your thirst for living in harmony with your close ones.

Money

SAGITTARIUS: MONEY FOR MARCH 2024

Jupiter favors your expansion, multiplying opportunities to improve the ordinary. Unfortunately, you display a mindset that does not evoke gratitude from those around you, except within the family.

HOROSCOPES MARCH 2024



Work

SAGITTARIUS: WORK FOR MARCH 2024

Tensions escalate into open conflict if you try to influence your colleagues to support your initiatives without giving them a say. No one wants to collaborate with someone who tries to lead everyone and acts solely on their terms.

Leisure

SAGITTARIUS: LEISURE FOR MARCH 2024

Opt for recreational activities to practice with family to channel sometimes offensive communication. If you need to renovate a house or weed the garden, now is the time.

Key dates

SAGITTARIUS: KEY DATES FOR MARCH 2024

The 4th: You make it clear to those around you that you need space, finding the right arguments to convince them to follow you.

The 8th: In search of an inspiring lifestyle, you are persuasive enough for your loved ones to accompany you, finding the right words to charm them.

The 10th: The new moon invites you to improve your living conditions, focusing on family goals that require sustained attention.

The 21st: Do not take anything lightly at home. Deal with these issues seriously. Some tap into their potential as a new source of creativity.

The 25th: The full moon invites you to make plans, project yourself into an inspiring future, in anticipation of a new life.

Advice

SAGITTARIUS: ADVICE FOR MARCH 2024

You struggle to communicate without slipping, and conflicting tendencies sow disorder. Try to find a balance between your desire to breathe more freely and the risk of exasperating everyone.

CAPRICORN – (Dec 21 – Jan 19)

CAPRICORN: MOOD FOR MARCH 2024

You believe that no limits can be imposed on you. However, avoid deciding for everyone, thinking that everyone must yield to your every whim. You would only alienate those around you who are more responsive to your demonstrations of affection.

Love

CAPRICORN: LOVE FOR MARCH 2024

An urge to indulge yourself drives you to spend too much and disrupt the harmony between you and your partner. Others do not share your enthusiasm, and if you insist on doing what pleases you, conflicts may arise. However, you know what to say to make amends.

In a relationship: Tensions arise between you and your partner if you don't take their remarks into account. This disapproval subsides towards the end of the month, thanks to your demonstrations of affection.

Single: It's not certain that others will want to be around you if you display an impulsive, whimsical, and unpredictable temperament that may worry others. Instead, focus on delicate communication to ignite the flame.

Money

CAPRICORN: MONEY FOR MARCH 2024

Even if you stand out, it's not a reason to pressure others to fulfill your desires. You have a better chance of getting what you want by appealing to emotions.

Work

CAPRICORN: WORK FOR MARCH 2024

While your whimsy and originality charm, your demands do not win unanimous approval. You are too extravagant, too decisive; don't think you have all the rights and wait until the end of the month to reconnect with success and popularity.

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HOROSCOPES MARCH 2024



Leisure

CAPRICORN: LEISURE FOR MARCH 2024

If you are tempted to spend a lot to satisfy an intense need to stand out, prefer to exploit your creative talents rather than favor the shopping option.

Key dates

CAPRICORN: KEY DATES FOR MARCH 2024

The 3rd: Don't squander money. You have the right to have fun and indulge, but not to go overboard.

The 9th: Not everything is always possible; you think you have all the rights, risking a conflict with a loved one who dislikes your ways.

The 17th: Your inspired communication positively influences your exchanges and makes others want to follow you. It's time to reshape the world together.

The 24th: You easily communicate with your chosen one. If you're single, express your feelings. If someone appeals to you, you appeal to them too.

The 28th: You convey your messages about wanting to bring fantasy into the air, spice up the relationship, and add excitement to your love life.

Advice

CAPRICORN: ADVICE FOR MARCH 2024

You start the month on slippery ground, tempted to go beyond the limits in all areas. Fortunately, you become aware of what is right and good for you at the end of the month. So, wait for the fever to subside before making bold moves.

AQUARIUS – (Jan 20 – Feb 17)

AQUARIUS: MOOD FOR MARCH 2024

You are primarily working to materialize a private project that is dear to your heart. You aspire to broaden your horizons, move, invest. Prefer discussing this with those close to you rather than imposing your vision on them.

Love

AQUARIUS: LOVE FOR MARCH 2024

If you seek to free yourself from family constraints, to break free from patterns that constrain you too much, be sure to do so diplomatically. If you consistently prioritize your desires over those of others, it may not be well-received.

In a relationship: Avoid imposing anything on loved ones who find you selfish. On the other hand, if you use your resources for the benefit of everyone, the connection improves.

Single: While your charm is undeniable and your authority is unwavering, it's not enough to garner support for a project that gives your loved ones the feeling that they don't matter. Fortunately, you show more attentiveness at the end of the month.

Money

AQUARIUS: MONEY FOR MARCH 2024

Count on Venus to strengthen your talents, favor your presentation. A significant ally to hope to make an impression, score points, and fill your purse.

Work

AQUARIUS: WORK FOR MARCH 2024

You don't let people walk all over you, but temper any latent aggressiveness before it's criticized. If you channel your talents and express them constructively, you will convince your interlocutors.

Leisure

AQUARIUS: LEISURE FOR MARCH 2024

Exploring and exploiting your talents is the best way to have a good time. If you use them for a private project, you have every reason to be happy.

Key dates

AQUARIUS: KEY DATES FOR MARCH 2024

The 1st: You invest in real estate or repair your home. You want to improve your living environment and spend to settle comfortably.

The 9th: In the family, your positions and decisions do not win unanimous approval. Rather, lower your tone so that people truly want to follow you.

The 10th: The sky invites you to use your talents to improve your income. Your life is taking a different direction; discuss it with your loved ones.

HOROSCOPES MARCH 2024



The 21st: Cut back on expenses, indulge yourself while respecting your budget. Take the time to discuss certain changes with those around you.

The 24th: You allow yourself expenses, spoil your loved ones, or enhance your living environment without negative consequences on your budget.

Advice

AQUARIUS: ADVICE FOR MARCH 2024

To change things in the family, to free yourself from beliefs that hinder your progress, don't force things and opt for expressing your talents. This attitude will help you achieve your goals.

PISCES – (Feb 18 – March 18)

PISCES: MOOD FOR MARCH 2024

You make statements whose impact you do not control and that displease. Filter what you feel before speaking; rely on your charm to radiate and seduce.

Love

PISCES: LOVE FOR MARCH 2024

Be careful that some repressed desires do not interfere with your expectations. You might risk disrupting the harmony with those around you who do not accept your demands. On the other hand, things flow well at the end of the month where your irresistible charm comes into play.

In a relationship: Channel your instinctive impulses that lead you to fault. The chosen one's heart is not receptive to your demands that he finds abusive. Wait until the end of the month to touch him deeply.

Single: If you don't control your unconscious desires in March, you risk driving away or repelling someone you like. You are more skilled at seduction; Venus enhances your sensuality and favors the expression of your feelings.

Money

PISCES: MONEY FOR MARCH 2024

Avoid demanding anything from anyone; your entourage does not like your initiatives and interventions. Wait for your charm to work in your favor.

Work

PISCES: WORK FOR MARCH 2024

Mars urges you to fault; you intervene against common sense. Wait to be more conscious of your actions, more responsible to win approval and charm your interlocutors. You have the opportunity at the end of the month; people will hang on your every word.

Leisure

PISCES: LEISURE FOR MARCH 2024

If you tend to criticize or even attack those around you, you then reconnect with the art of seduction, and your entourage is all ears. It's the ideal time to go out and have a good time in excellent company.

Key dates

PISCES: KEY DATES FOR MARCH 2024

The 1st: Meetings as useful as pleasant enchant you. Rely on your magnetic presence to convince and seduce.

The 9th: If you say everything you think, if you feel uncontrollable emotional waves rising, stay silent instead of provoking conflicts.

The 17th: Inspired and inspiring, you have all the assets to win approval for an ideal that you aspire to embody.

The 21st: You approach the subject of love with the utmost seriousness. Some connect with their inner world to better tap into their buried talents.

The 28th: You have everything to please; your originality works wonders. You are ready to try anything to bring the other into your universe.

Advice

PISCES: ADVICE FOR MARCH 2024

The month doesn't start on the right foot, but things evolve positively. Avoid saying too much.

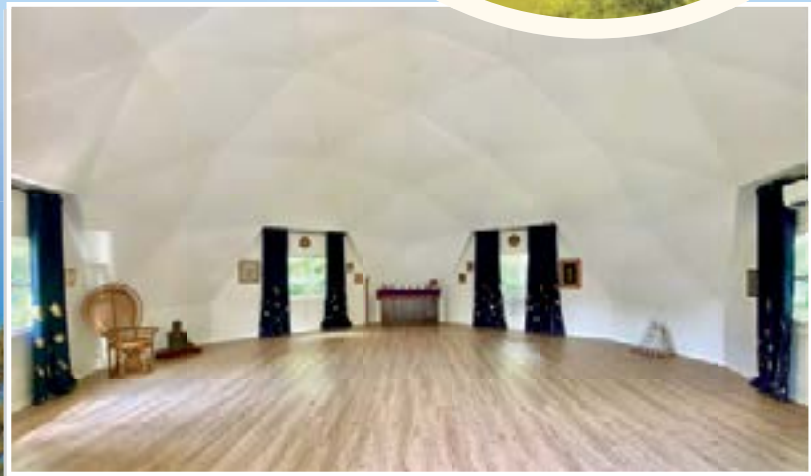


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