

Andrea de Michaelis presents

HORIZONS

OCT 2024

Florida's FREE Mind, Body, Spirit
Mag Since 1992 • 32 YEARS, DUDE!

Celebrating All Hallows'

The October mag now online www.horizonsmagazine.com
Horoscopes on page 36 and horizonsmagazine.com/blog/



Angels & Oasis

"Where
Heaven and Earth
Meet!"



Virtual Empowerment Classes



Click on the Picture to Explore how to become Empowered



Home of
Morgana Starr,
The Angel
Communicator



Spiritual Mentor
Psychic Medium

Reiki Master/Teacher

STORE HOURS

Wed-Sat 12-5 PM

Sun 1-5 PM

Book a reading in-store or online at Angels-Oasis.com

Alexandra



Alexandra provides spiritual counseling through many ancient shamanic practices, Sacred Peruvian practices, Munay-Ki, Nusta Karpay Rites & more.

Jennie



Jennie is a Psychic Medium, Reiki Practitioner and Mystic.

Oracle



Oracle is a Medium & Seer, who has dedicated his life to the healing arts. He is ready to help you change your life!

Sefano



With 20 years experience, Sefano has offered guidance using tarot/oracle, claircognition helping clients live their best lives.

Angels Oasis

(321) 506-1143

402 BREVARD AVENUE

COCOA VILLAGE, FL. 32922

ANGELS-OASIS.COM

OnLine Mini Classes. Only \$10

Angels-Oasis.com

Spiritual Protection, Clearing your Space,
Working with Crystals, Pendulum Work
Discovering your Past Lives

Enjoy a visit to ...

Cassadaga Spiritualist Camp

A Community with Spirit

Cassadaga Spiritualist Camp Bookstore & WELCOME CENTER

Monday - Saturday 10am - 6pm and SundayS 11:30am - 5pm

Largest Selection of Books of Spiritualism, Metaphysics and Meditation

CD's • DVD's • Crystals • Jewelry • Candles • Unique Gifts and Crafts



***Experience This Peaceful Community Where
Certified Mediums And Healers Are Available Daily***

- Classes & Workshops
- Historic Tours
- Spirit Encounter Tours
- Special Events
- Readings by Certified Mediums
- Certified Spiritual Healers

Wednesday Message Service, Colby Temple 7pm
Sunday Adult Lyceum, Colby Temple 9:30-10:15am
Sunday Message Service, Colby Temple 12:00-1:00pm



Camp Bookstore 386-228-2880

Camp Office 386-228-3171

1112 Stevens Street, Cassadaga, FL 32706

www.cassadaga.org

DISPLAY ADVERTISING RATES NO CONTRACTS

DISPLAY AD SIZES

Full page ad \$200 7.25" wide by 9.5" tall

1/2 page ad \$140

4.25" tall by 7.25" wide or 9" tall, 3.5" wide

1/3 page ad \$80

2.8" tall by 7.25" wide or 9" tall, 2.3" wide

1/4 page ad \$70

4.25" tall by 3.5" wide or 2" tall, 7.25 wide

Business card ad \$40 is 2" by 3.5"

Small strip ad \$30 is 1" x 3.5"

SPECIAL NOW ~ ANY SIZE AD

Prepay 6 months and receive 1 month free.
Prepay 12 months, receive 3 months free.

For good advertising results, studies show it takes a reader 3-4 times seeing a new ad before it is noticed and acted on.

PAYMENT IS DUE WITH AD by the 20th of the month before

We accept all credit cards

Paypal horizonsmagazine@gmail.com

Zelle to horizonsmagazine@gmail.com

Venmo @Andrea-de-Michaelis

Text 321-750-3375

or email

HorizonsMagazine@gmail.com

We don't answer unknown callers (too much spam.)
We do return voice mail & texts

**You are loved
and guided more
than you can
imagine**



12 STEPS OF SPIRITUAL FREEDOM

By Rev. Tom Sannar dr.tomsannar@gmail.com

PUBLISHER: We use many names for **God**, including The Universe, Universal Energy, Source Energy, Great Spirit, Divine Source. It all refers to the same, no matter what name we use for the **God of our understanding**.

1. Recognition. I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all my questions and has the ability and the willingness to fulfill all of my desires.

2. Unification. I unify my consciousness with the consciousness of **God**. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.

3. Willingness To Change. I am willing to assess my life, to honestly look at and face all my fears.

4. Dominion. I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.

5. I Live On Principle. I know that I am a Spiritual Being. I live my life with honesty and integrity.

6. I Live On Purpose. I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.

7. Forgiveness. I forgive myself for any past mistakes and I forgive all others who I think have harmed me.

8. Positively Present. I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.

9. Persistence. I persist through faith. I maintain focus and discipline.

10. Service. I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.

11. Gratitude. I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.

12. Tithing. I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure and my talent to the spiritual source of my choice.

The greatest optical illusion is separation

HORIZONS

Publisher/Editor/Creator
Andrea de Michaelis

On the Cover
AI

Contributing Writers:

Bernadette Carter King
Seth thru Jane Roberts
Michelle Whitedove
Mokshapriya Shakti
Cecelia Avitable
David A. Cronin
Abraham-Hicks
David Quigley
Karen Williams
Debra Strasser
Sharron Britton
Mike Dooley
Mitch Ditkoff
Tom Sannar
Jim Palmer
Jeff Brown

Our Advertising Rates • <i>Low because we're in it for the outcome, not the income ...</i>	4
12 Steps of Spiritual Freedom by Rev. Tom Sannar	4
This Month's Thoughts About Things with Andrea de Michaelis	6
The Teachings of Abraham-Hicks	7
Non Religious Spirituality with Jim Palmer	8
Soul Songs: Abraham Fun with Karen Williams	9
Solar and Lunar Celebrations of the Ancestors with Debra Strasser	10
Herb Corner with Cecelia Avitable	11
Crystals, Rocks, Minerals: Daily Use & Practice with Sharron Britton	12
The Book My Daughter Asked Me to Write with Mitch Ditkoff	14
Ask Michelle Whitedove	15
Seth through Jane Roberts	16
Notes From The Universe with Mike Dooley	17
Spiritual Graffiti with Jeff Brown	17
Bless Them All with David A. Cronin	20
Conversations with a Modern Alchemist with David Quigley	21
Essential Life Hacks with Mokshapriya Shakti	19
What Is My Spirit Animal with Bernadette Carter King	22
Our Phone Directory	26
Our Mission Statement	29
Monthly Horoscopes	36

Co-incidence has meaning. If you find yourself reading these words, there is a message for you.

“And the day came when the risk to remain tight in a bud was more painful... than the risk it took to blossom.” Anais Nin



Horizons thanks everyone willing to take the risk

HORIZONS MAGAZINE is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

ARTICLE SUBMISSION: You may submit articles of up to 1500 words on any area of personal growth and practical spirituality to HorizonsMagazine@gmail.com. Time sensitive articles must be submitted 3 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for.

The views expressed in Horizons Magazine are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

HORIZONS MAGAZINE
575 Escarole Street SE • Palm Bay, FL 32909-4802

Text to 321.750-3375

Visit www.horizonsmagazine.com
Email HorizonsMagazine@gmail.com
Find us on Facebook, Tiktok, Insta



THIS MONTH'S THOUGHTS ABOUT THINGS

*"I want to look back on my life
and be giddy with joy that I was
the one who got to live it."*

HELLO AND WELCOME TO THE OCTOBER 2024 HORIZONS. I've been messaging with friends about channeling and having them send me links to channeled info they've found helpful. Everyone has to decide for themselves what's right for them. Me, I have no interest in cosmology -- the science of the origin and development of the universe. Much modern channeling involves defining new cosmologies and naming new entities and races (as in human or alien.)

Ram Dass pointed out "Cosmologies, by the nature of the metaphysics they deal with, have no scientific or empirical base." The message either speaks to you or doesn't. You either find **God** in it or you don't. It's either helpful for you in your everyday understanding of life or it isn't. Only you know what's for you.

Channels I've found helpful are first and foremost **Abraham-Hicks**, who speaks in plain language on specific topics.

Their most notable teaching to me was "EVERY SUBJECT IS 2 SUBJECTS," that you're either focused on the HAVING OF IT or the ABSENCE of it, and wherever your focus is, that is what you will ATTRACT MORE OF.

That completely changed my consciousness, even tho **Seth** spoke of it in the 70's.

Seth thru Jane Roberts opened my mind to what's possible, altho they can be a laborious read, the same with the theosophical writers, **Helena Blavatsky, Annie Besant, Alice Bailey, C.W. Leadbeater.** In the 80's, I found **Pat Rodegast's Emmanuel** and **Mary-Margaret Moore's Bartholomew** helpful, for the most part having to do with demystifying the physical death process, knowing we are more than this physical body and that life continues on, that there is only the Now moment.

Abraham-Hicks remains the gold standard for me. They have many audio & vids on **YouTube**, just search the specific topic you seek guidance on.

I've found **Kryon** to be insightful, two faves of his are **The Parable of the Rainbow Room** and **On Being a Lighthouse.** Here they are.

KRYON ON BEING A LIGHTHOUSE

A Lightworker asked: "I'm in a place I don't want to be in... Why am I being punished every day by having to work with these people that are so dark?... They think I'm crazy and don't honor me or my life... What should I think about this? It's hard!"

And my answer is: "So you think it's all about an accident? Or that you're being punished? Then you have missed the grandeur of a standard Lighthouse. Lighthouses aren't built in safe places. They choose to be where the storms are! You're not being punished.. You're being taken to a difficult place to shine your light.

Physically, what should you be doing with the people around you? Can you love them? Listen to them! Listen to what's really happening in their lives. Consider every day one where you have an opportunity to create light in a dark place. Watch attitudes change.. You may be "weird" to them, but they know you represent integrity.

Spiritually... you're a light in a dark place and you wonder why you're there? It isn't always about you. Think about them! You're being given an opportunity. This is the work you came to do, and it's not forever. In a place you don't want to be, working with people you don't want to be with, is the work of a Lighthouse. What if you're the only light they ever see?"

THE PARABLE OF THE RAINBOW ROOM BY KRYON

I want to give you a parable, a metaphor of life, and it goes like this. There is a room we will call the **Rainbow Room.** In this room, all the colors of the rainbow present themselves linearly, one at a time, and they change every few thousand years. The room needs this to exist, and that's why it's called the **Rainbow Room.** For thousands of years, the room is yellow, then it turns into the blue and the red, the purples, the greens and slowly, the room goes through all the colors of the rainbow. The colors take their turn in the spectrum, one at a time.

...continued on page 35

ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Author of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and NY Times Best Seller, Money and the Law of Attraction, visit www.abraham-hicks.com.

ABRAHAM ON USING PSYCHICS:

GUEST: What would be the whole idea of going to psychics for readings. The whole idea then of us having psychic ability and trying to develop that ourselves in order to give psychic readings. The idea of Astrology and the value of that?

ABRAHAM: Most importantly is your own connection to your own Inner Being, because that sort of guidance comes forth moment by moment. In other words, there is just nothing that is more important than that.

The value of a psychic is the same sort of value as your Inner Being in a dream state. In other words, a psychic can tap into YOUR energy and know sort of where you are going.

If you find a psychic that is very good at it, and there are some that are very good at it. In other words, when you understand the Laws of the Universe. And when you understand that energy in the NOW is a projection of what your future is, then it is not difficult to tap into what the greater probability will be.

But, it is only a PROBABILITY.

And so if you are going to a psychic counselor, the way to utilize the psychic is to hear and if it is good news, then embrace it and anticipate it. And if it is bad news,



then poke around it with a stick a little bit. Acknowledge what you don't want, let it help you identify what you do want. Then begin giving full, fuller attention to what you do want.

Many psychics that we have seen involved with others have a very difficult time separating one person's energy from another. And so sometimes you might get a dose of what she was picking up from the last one. Or even a little bit of what she is living in her own experience.

You are always far better off interacting with your OWN connectedness. And so, we say by all means develop that to the fullest. Get really, really good at following your own heart, following your own gut feeling. Follow your bliss and use psychics or even Abraham in this sense for entertainment by comparison.

In other words, your connection with your own Inner Being is THE most important. And anything else is FAR, FAR, FAR down on the list.

...continued on page 30...

Spirit Messages - Healing Service • Guest Speakers

Private Readings available after Services

321-419-6262



Spiritualism + Mediumship Classes

3rd Thursdays

6:30-8:30 pm

Services are held inside. Masks, distancing please

**SPIRITUALIST CHAPEL
OF MELBOURNE**

1924 Melody Lane, Melbourne, FL 32901
(behind Melbourne Auditorium)

Visit: www.spiritualistchapel.org

Email: spiritualistchapel7@gmail.com

Facebook: Spiritualist Chapel of Melbourne

**We Welcome All To
Sunday 10 AM services**



NON - RELIGIOUS SPIRITUALITY

Jim Palmer is the Founder of the Center for Non-Religious Spirituality. A critically acclaimed author, Jim also writes for professional journals and major publications. Jim is an adjunct professor of Ethics, Philosophy of Religion and Comparative Religion. He is a Spiritual Director, Founder of the Nashville Humanist Association and Chaplain with the American Humanist Association. He is a trained religious trauma and spiritual abuse counselor. <https://nonreligiousspirituality.com> & <https://jimpalmerauthor.com>

CAN YOU BE CHRISTIAN AND BUDDHIST?

Jesus and Buddha walk into a bar. The bartender says, "What will it be fellas?" **Jesus** says, "Give us two Whiskey Highballs." "Coming up," the bartender says. He brings the drinks and says, "That will be \$20.85." The **Buddha** pulls out a \$20 and hands it to him. The bartender says, "What about the change?" **Jesus** and **Buddha** look at each other and say, "Change comes from within."

One of the themes I've been unpacking lately in my writing is the connection between **Christianity** and **Atheism**. Many people are shocked to discover that "**Christian Atheism**" is a thing. In today's article, I want to briefly discuss yet another unlikely connection between two seemingly unrelated religions, **Christianity** and Buddhism.

On the surface, it's obvious that these are two distinct belief-systems that are based upon the teachings of two different religious leaders - **Jesus** and **Buddha**. At first glance it seems one couldn't be both a **Christian** and **Buddhist** simultaneously. However, the more you dig into the core messages of **Jesus** and **Buddha**, the more common ground you find.

In my view, a person could make one of three mistakes when discussing **Jesus** and **Buddha**:

MISTAKE ONE: MAKING JESUS BUDDHIST

This mistake is claiming that **Jesus** was essentially a practicing **Buddhist** in India during the so-called "lost years" (the years of **Jesus**' life not mentioned in the New Testament), and later put his spin on **Buddhist** teachings, which later became **Christianity**.

MISTAKE TWO: MAKING JESUS AND BUDDHA RIVALS

The second mistake is insisting that the message of **Jesus** and **Buddha** are irreconcilable, and one cannot ascribe significance to **Jesus** and embrace **Buddhist** philosophy. It's either **Jesus** OR **Buddha**, it can't be both.

MISTAKE THREE: MAKING JESUS AND BUDDHA TWINS

A third mistake would be syncretism, which would be fusing the teachings of **Christianity** and **Buddhism** together into one new religion, whereby diminishing or obliterating the distinct historical, worldview, cultural and philosophical distinctions of each.

I've taught several **Comparative Religion** courses in my day, which included **Buddha** and **Jesus** classes. Historical evidence indicates that **Jesus** was well acquainted with **Buddhism**. If **Jesus** did not go to **India**, then at least **India** went to **Judea** and **Jesus** through the **Silk Road**. The real historical question is not if **Jesus** studied **Buddhism**, but where and how much.

Historical accounts aside, many textual analyses indicate striking similarities between the teachings of **Jesus** and **Buddha**. The comparisons are so striking that, even if no historical evidence existed, we can suspect that there was some connection between **Jesus** and **Buddha**.

BUDDHA: THE LESS THAN CLIFFSNOTES VERSION

The historical **Buddha** was named **SiddhArtha Gautama**. The term "**Buddha**" means "one who is awake." I cannot in this piece adequately cover the teachings of the **Buddha** or the philosophy of **Buddhism**. I devoted an entire deep-dive article on **Buddha** and his teachings in my series on philosophy. That article includes additional resources to explore **Buddhism** further.

In a nutshell, the **Buddha**'s moment of enlightenment under the **Bodhi Tree** was the realization that nothing fundamentally needed to change in order to know peace, serenity and liberation. In other words, there is nothing wrong with the nature of reality at its most fundamental level, and therefore there is nothing truly, factually, ob-

...continued on page 24



SOUL SONGS • ABRAHAM FUN

Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. Join "Abraham Fun" on FB and like her FB page, "Soulsongs by Karen Money Williams." Email karen@karenmoneywilliams.com

FEELING SCRAMBLED

If, on occasion, I feel as mentally and emotionally scrambled as the eggs on a plate, I can take heart that there is an explanation. It goes something like this:

- 1) When I have a desire, Source energy sends the desire my way.
- 2) That sending process increases its speed and intensity with the number of desires I've launched. The longer I live, the more rapidly good things are flowing to me.
- 3) If I'm not allowing my good to reach me - if I'm in a state of focusing on negatives and regularly lamenting any part of my life - I may experience this stepped-up sending of desires in an unpleasant way. I may feel scrambled, bewildered, broadsided.
- 4) I can use any such scrambling as motivation to let go of anger, resentment, fear, insecurity, and an "Ain't life a witch" mentality. I can renew efforts to accept, forgive-and-forget, think positive, and be thankful. It is through this process that I become open to my desires and allow them to come to me unimpeded.

Now I know. Now I understand.

A NEW APPROACH

Changing another person is a frustrating endeavor. Most people don't want to be changed and will resist my efforts.

But what about people with harmful habits such as addictions? Shouldn't I do what I can to motivate them to change?

The problem is that I can't help another person - or any circumstance, for that matter - by noticing what's wrong and trying to eradicate it. The Universe is set up so that whatever regularly receives my attention will expand.

If I want to assist a troubled person, I can begin shifting my focus to all that the person does right, to his/her strengths and small victories. This can pave the way for eventual change, and we'll both feel better in the process.

But what if the person is out-of-control? Then I proceed to set limits and boundaries, even separating myself if need be. But regardless of my action, it's important that I take my focus off the dysfunction.

For if I stay in a place of judgment and frustration, I'll help perpetuate this person's problems and/or draw a new, similarly challenging scenario into my life.

My thoughts exude power. Everything rises and falls on mental focus.

AD RATES ON PAGE 4
Text 321-750-3375
 or email HorizonsMagazine@gmail.com
 We don't answer unknown callers
 (too much spam.)
 We DO return voice mail & texts.

Crow's Crossroads Shoppe
AND METAPHYSICAL CENTER




Aurora Collins
 Owner/Psychic Consultant

OLD AND NEW AGE
HEALTH AND WELLNESS
Readings, Classes, Meditations, Tarot,
Aura Readings, Crystals, Herbs, Jewelry

352-235-0558
 Email Avalon.biz@gmail.com

3810 SE Lake Weir Ave
 Ocala, FL 34480



SOLAR AND LUNAR CELEBRATIONS OF THE ANCESTORS



Debra Strasser is High Priestess at Church of Iron Oak in Palm Bay, FL.

WELCOME TO OCTOBER 2024

OCTOBER – THE END OF DAYS The “End of Days” is a phrase with many meanings. To the ancient Celts, October 31 st or any day from then to Nov 14th became the end of the Celtic year. Why a range of dates? Because back then, no one had a GPS clock or any really good way of marking “real” time. But the “End of Days” has also the meaning of the end of an era. It could be the era of when you were single and the beginning of married life or before you had kids and your world changed. It could be when kids have grown, out on their own and you are left with your memories.

The month ends with Samhain, the end of the Celtic year. Here are some more observances for the month of October:

October 2-4: Rosh Hasanah, Judaism New Year

October 3 to October 12 Navaratri, Hindu. The Goddess Durga is worshiped in all of her 9 forms during this festival.

October 4th: Feast of St. Francis of Assisi, Catholic. Patron saint of animals and the Environment.

October 16-23rd: Sukkot, Judaism. A day in the Jewish faith that remembers when the Jews journeyed to the desert on the way to the promised land.

Evening of Fri, Oct 11, 2024 – Sat, Oct 12, 2024 Yom Kippur. This is one of the most important Jewish high holy days, centering on atonement and repentance

October 14th: New Moon in Libra

October 16th: Birthday of Baha’u’llah, Baha’i. A day honoring the birthday of the prophet-founding of the Baha’i faith.

October 17th: Full Moon in Taurus, also known as the Hunter’s Moon, Sanguine Moon, or Blood Moon. The Hunter’s Moon is the first full moon after the Harvest Moon, which is the full moon closest to the autumnal equinox.

October 22nd: Sun enters Scorpio.

October 31st: Halloween. Samhain: Pagan, Summer’s End. Wiccan, beginning of the spiritual New Year.



Images related to the **Day of the Dead or Dia De Los Muertos**, have become a common sight in American pop culture and items with iconic images can be found at many retailers in October. It is a two day holiday largely celebrated in **Mexico** that reunites the living and dead. Families create ofrendas (offerings) to honor their departed family members that have passed. These altars are decorated with bright yellow marigold flowers, photos of the departed, and the favorite foods and drinks of the one being honored. The offerings are believed to encourage visits from the land of the dead as the departed souls hear their prayers, smell their foods and join in the celebrations!

Day of the Dead is a rare holiday for celebrating death and life. It is unlike any holiday where mourning is exchanged for celebration. A **Calavera**, or sugar skull, is a decorative skull made (usually by hand) from either sugar (called **Alfeñiques**) or clay which are used in the **Mexican** celebration of the Day of the Dead.

HAPPY OCTOBER AND BLESSED BE!

HERB CORNER

Cecelia Avitable of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. herbcorner.net

GRINDELIA'S MEDICINAL USES

Indigenous to the U.S. and Mexico which belongs to the same family as sunflowers it is also known as Gumweed because of its sticky resin from the upper parts of this plant, tar weed, curlycup, August flower and rosin weed. It is in the genus of many species including *Grindelia robusta* and *Grindelia squarrosa*, which are used to make medicine.

Its leaves are edible raw or cooked but it has a strong taste, and its buds and flowers are sometimes used to make lozenges. Clinically *Grindelia* was used from 1880-1960 in both the **U.S.** and the **U.K.** until new laws required that herbal medicines needed to have their efficacy proven in clinical trials.

Historically *Grindelia* was used as an antibacterial, expectorant, anti-inflammatory and antitussive. In the respiratory system it is especially beneficial for coughs, bronchitis and whooping coughs particularly in the area of thinning and expectorating mucous and phlegm.

It is also known to relax spasms and constriction associated with asthma, emphysema, and hay-fever because *Grindelia* has a calming effect on the heart muscles, which makes it effective in the natural treatment of asthma and bronchial conditions, particularly when these are linked with an increase in the rate at which the heart beats and nervous response.

Herbally *Grindelia's*, decongestant property helps clear the sinus passages, which when clogged make it harder to breathe. If you are trying to quit smoking, *Grindelia* helps cleanse your lungs and your liver of toxins that have accumulated from smoking.

...continued on page 23...

THE HERB CORNER AND LEARNING CENTER

Hours: Wed-Fri. 10-5, Sat. 11-3
277 N. Babcock St., Melbourne • 321-757-7522

Ongoing Herb Classes! Call for Details!

HAVING TROUBLE WITH:

* Arthritis/Rheumatism	* Gout
* Asthma/Breathing Issues	* Headaches
* Calcium	* High/Low Blood Pressure
* Cancer	* IBS/Colitis
* Colds/Flu	* Insomnia
* Concentration/Memory	* Low Immune System
* Diabetes	* Nutrition Absorption
* Fibromyalgia	* Stress

We are a dedicated, caring shop helping you take control of your health with herbs!

Herbal Teas, Tinctures, Capsules, and Salves/Creams
Herbals Classes and/or Private Consultations to help you, all of your friends and family (including your pets).



Cecelia Avitable, Master Herbalist & Certified Nutritional Consultant

Florida native helps hormones & more!

Saw Palmetto:

(suggested health uses)

- * Digestive problems
- * Coughs
- * Benign prostatic hyperplasia (prostate health)
- * Boost poor immune system
- * Hair loss prevention

We Are More Than Just An Herb Shop!

Gifts, Jewelry, Gemstones, & More!



- * Candles
- * Unique Gifts
- * One of A Kind Jewelry
- * Crystals & Gemstones
- * Himalayan Salt Lamps
- * Organic Skin Care Soaps & Cosmetics
- * Glass & Plastic Bottles, Herbal Supplies
- * Organic Essential Oils & Diffusers
- * Detox Foot Bath Sessions



Gift Certificates Available for All Occasions!

Visit www.herbcorner.net for events, recipes, newsletter, etc.

CRYSTALS, ROCKS, MINERALS

DAILY USE AND PRACTICE

LABRADORITE

Photo by Karin Wolf



Sharron Britton has been a rock collector for as long as she can remember. From picking up shark's teeth and fossils on Venice Beach in Florida where she grew up to honing in on rare mineral treasures at the world's largest rock and mineral show in Tucson, AZ, she has always felt at home working with rocks. 20 years ago she began selling a few pieces from her collection to her friends, and the response was so positive she started her business. Her customers run the gamut from mineral collectors and lapidary enthusiasts to lightworkers and metaphysicians. Sharron believes everyone who loves rocks is a kindred spirit. See her [Facebook page at SharronRocks](#)

As we head into the month of October, we are surrounded by the energy of Storm. Here in Florida our surrounding seas are warm enough to nurture cyclones that roil the waters and batter the land as their fierce cleansing power sweeps over us. The days are growing shorter and we are reminded that it is time to look within. By **October's** end the veil between the worlds grows thin and we can connect with our ancestors and all the mighty spirits that impact our lives here on earth. This is a time for magic and ritual and finding our way in the dark. Anything is possible.

The stone that comes through as the best crystal ally for this month is **labradorite**. The picture accompanying this column is one of my favorite skulls. It is difficult to find a **labradorite** skull in larger sizes, but this one has wonderful blue flash. If you look closely you can see the one eye is deeply blue, hence the name "**the Bluest Eye.**"

Labradorite is a stone of magic. We all have the power to tap in to our magical natures through imagination and intent. This is a time we may feel the need to use this power to help shape the chaotic energies surrounding us into something that will make our world better. Powerful energy can make us feel uncertain or even fearful on occasion. Because **labradorite** is revered as a protector of those who do energy work, it can help free us from these fears so we can joyfully create rituals that enrich us and enhance our awareness of what is to come.

Crystal skulls represent what is eternal. When our physical bodies no longer serve us, our consciousness expands into a different dimension. When we work with them we are reminded that we are more than our physical bodies. A **labradorite** skull can help us connect with the magical part of our being. This can ease our way as we reach out to those we love who have passed over and share in the strength and wisdom of our ancestors.



"The Bluest Eye" - Labradorite skull, Madagascar

It is not difficult to find **labradorite** in any rock or metaphysical shop. When it is polished it shows off shimmering shades of blue, green, red, orange and purple. Skulls should not be difficult to find this month as the stores capture the **Halloween** spirit. If you cannot find a **labradorite** skull that calls you, you can create similar energy by placing a crystal skull of your choice inside a circle of 13 **labradorite** tumbles. Light a candle, set your intent and ask your ancestors to help you manifest what you need. More strength to all of you and many blessings

Gillian MacBeth (TheQuantumAwakening.com) & 2 Special Guests Present

11:11 2024 'The Lifting'



As above so below the '11:11 Lifting'

Hold your Light high, elevate your Humanness.

This is a Gathering of One Heart and One Light. Open the Star-gate of self and see the real you.

11:11 is the Gateway to all that is within a hair of instant manifestation.

A portal of Awakening comes to All on 11:11:2024, both the landscape, virtual and natural, has shifted and altered. Doorways never before seen open to show all possibilities that dwell within time itself. We as a Planet stand in the gap, we stand at a cross-road, and we stand at an intersection of time & self. Both of these workshops ask us to *Ceremonially* move thru Time, Lifting the Heart of Earth and her people to a place of Higher Healing Light and clear Insight.

Through the use of Peruvian whistling vessels, powerful Holy & Sacred Ceremony & Observances, Crystal bowls and our own Light, we will enter into this high level Doorway of Light. 11:11 is a number activation, a sacred sequence. Each time you see 11:11 the Universe has just taken a snapshot of your thoughts, which are manifesting in record-speed. This master number teaches us every problem comes as a divine opportunity; it asks us to use our sonar and locate the Light within all things and circumstances.

Workshop # 1

Sunday, November 10, 2024

10:00 am to 2:00 pm

Cost \$49.00 includes a special Gift or 2♥

Dr. Duncan Bowen

Ancient Healing Arts

1680 Highway A1A, Suite 4, Satellite Beach, FL

AncientHealingConference@gmail.com 321-543-8882

Workshop # 2

Monday, November 11, 2024

10:00 am to 2:00 pm

Cost \$49.00 includes a special Gift or 2♥

Heaven Sent Wellness/ Jane and Angie-Owners

4455 Pinewood Rd. Melbourne Florida

Breezette@gmail.com 321-271-1920

Space is unlimited however these workshops are not...

Please Reserve your place, time, date, workshop and location of your choice



THE BEGINNING OF THE BOOK THAT MY DAUGHTER, MIMI, ASKED ME TO WRITE

Mitch Ditkoff is a writer, poet, and storyteller enjoying life in Catskill, NY. More of his writing can be found on Medium, where he posts daily (www.mitchditkoff.medium.com)

Last Christmas, I asked my fabulous daughter, Mimi, to tell me what my next book should be about. In less than a second, she looked me straight in the eye and said “A book of wisdom from a father to his children.”

“And what should the title of the book be?” I replied.

“A CODE TO LIVE BY.”

Mimi was totally in the zone – a messenger at that moment from the great beyond. Like an oracle.

What follows is grist for the mill for the book, a list of what I’ve learned so far about life –at least some of the essential stuff I will develop further for the book that Mimi asked me to write for her and Jesse, her brother, my amazing son.

A sneak peak at some of the topics to be featured in **“A Code to Live By.”**

2. There is only now. The past is over. The future is a dream.

3. Love is the only game in town. (And it begins by loving yourself).

4. It’s easy to forget. But it’s also easy to remember.

5. Eventually we all need to let go (so why not let go now?)

6. Everything changes.

7. I am not the doer.

8. It feels good to give away stuff I don’t need.

9. I am never more than a breath away from fulfillment.

10. See God in everyone.

11. Everything happens for the best.

12. Life is a gift. Do everything you can to open it.

13. Focus becomes easy when you know what to focus on.

14. Every time I point a finger, there are three pointing back at me.

15. First effort, then grace.

16. Listen more deeply.

17. It’s a blessing to serve. Look for opportunities to be of service to others.

18. I am not here to teach anybody anything. I am here to love – and the love will do the teaching.

19. There will never be peace on Earth until the people on Earth are at peace.

20. Worry is optional.

21. When I stop projecting my concepts onto the universe, I begin to enjoy life.

22. Marriage is a yoga.

23. Life is not supposed to be a struggle.

24. Ain’t nothing like the real thing, baby.

25. Doubt is a killer. Give up doubt.

“Time flies like an arrow. Fruit flies like bananas.”

26. I am not taking anything with me that I don’t already have.

...continued on page 46



PSYCHIC MICHELLE WHITEDOVE

Lifetime TV named her America's #1 Psychic on America's Psychic Challenge. Her books include: She

Talks To Angels, Ghost Stalker, A Psychic Medium Relays Messages from the Heavens. As of Dec 2022 her physical body could no longer contain her Spirit, but she is still with us sending her guidance. Her work continues. She's done much writing that has not yet been published and Horizons has been given permission to continue to publish it. Visit www.MichelleWhitedove.com

DEAR WHITEDOVE: What is the attraction and repulsion that pulls us strongly to some people and away from others? Does Karma play a part in our emotionally charged reaction to a so-called stranger?
Rekindled in Memphis

DEAR REKINDLED: Almost always the sort of attraction or repulsion between two people will stem from past life memories. When you meet a person that you instantly love and trust chances are that they're from your soul clan, maybe a kindred spirit or even a soul mate (as we have more than one)! On the flip side when you meet someone that you instantly distrust or even dislike with absolutely no rational reason; usually this is a karmic bond from a past life. Perhaps that person had done you a disservice in a previous incarnation and your subconscious recognizes that soul's energy. The imprint is still with you. This is often what makes it so difficult for souls to repay karma owed. Remember that ALL Karma positive or negative must be repaid and reciprocated before the souls involved can move on from each other. In other words, if you do something wrong to a person in this life that you can not repay, then you will continue to meet them and work it out in future lives until you're able to pay the debt.

DEAR WHITEDOVE: I recently went to a local psychic for a reading; I was disturbed by the fact that it was seemed too general. Could you tell me what to watch for to avoid future frauds? **Sincerely Duped in Denver**

...continued on page 34 ...

YOGA SHAKTI MISSION



*Retreat to another world in the wooded seclusion of **Yogashakti Mission**. This Ashram was created by **Ma Yogashakti** and purified and energized by her.*

Ma Yoga Shakti

SUNSHINE LECTURES
Sundays 9 - 10am

YOGA CLASS SCHEDULE

Donation: \$10.00 per class or \$50 per month

Our weekly Yoga classes are held outside in a large, beautiful, screened in pavilion in the woods of Palm Bay. Bring your own mats.

Mon. 7 pm Anna Classical Asana Yoga

Tues 10 AM Maryann and Jim Loafman Classical Asana Yoga

Tues. 7 pm Natalia - Intermediate Vinyas Flow

Wed 7 pm. Kate or Lisa Yin Yoga

Thurs 7 pm Marguerite or Dillon Vinyas Fkwo

Schedule subject to change.
321-725-4024

**VEGETARIAN INTERNATIONAL
LUNCHES -- FIRST SATURDAY OF
THE MONTH AT NOON**

Suggested Donation \$15 each— small children free

YOGA SHAKTI MISSION
3895 HIELD ROAD, NW
PALM BAY, FL 32907
321-725-4024

www.yogashakti.org/
yogashaktipalmbay@gmail.com



SETH SPEAKS

Seth is the nonphysical spiritual teacher who spoke through the author Jane Roberts. Seth presented the furthest reaches of human potential, the eternal validity of the soul, and the concept that we create our own reality according to our thoughts, emotions and beliefs. Seth taught to access and use the tremendous source of power, wisdom within you. www.sethlearningcenter.org

SETH ON LOVE AND SEX:

SETH: Love is a biological necessity, a force operating to one degree or another in all biological life. Without love there is no physical commitment to life - no psychic hold.

Love exists whether or not it is sexually expressed, though it is natural for love to seek expression. Love implies loyalty. It implies commitment. This applies to lesbian and homosexual relationships as well as to heterosexual ones. In your society, however, identity is so related to sexual stereotypes that few people know themselves well enough to understand the nature of love, and to make any such commitments.

It is historically believed that males are naturally promiscuous, aroused by sexual stimuli almost completely divorced from any complementary "deeper" response. The male, then, is thought to want sex whether or not he has any love response to the woman in question - or sometimes to desire her precisely because he does not love her. In such cases, sex becomes not an expression of love, but an expression of derision or scorn.

Women, historically accepting these ideas, often seek for a situation in which they too can feel free to express their desires openly whether or not any love is involved. Yet loyalty is love's partner and primates display such evidence in varying degrees. The male in particular has been taught to separate love and sex, so that a schizophrenic condition results that tears apart his psyche - in operational terms - as he lives his life.

The expression of sexuality is historically considered male, while the expression of love is not considered manly. To some extent or another, then, the male feels forced to divide the expression of his love from the expression of his sexuality. It would be disastrous for women to follow the same course.

This great division has led to your major wars. This does not mean that men were alone responsible for wars. It does mean that the male so divorced himself

from the common fountain of love and sex that the repressed energy came forth in those aggressive acts of cultural rape and death, instead of birth.

When you look at the animal kingdom, you suppose that the male chooses blindly, led by "dumb" instinct, so that in overall terms one female will do as well as any other. When you discover that a certain chemical or scent will attract a certain male insect, for example, you take it for granted that that element is alone responsible for drawing the male to the female. You take it for granted, in other words, that individual differences do not apply in such cases so remote from your own reality.

You simply are not able to understand the nature of such consciousnesses, and so you interpret their behavior according to your beliefs. This would be sad enough if you did not often use such distorted data to further define the nature of male and female behavior.

Since you feel that sex is the only proper method of love's expression, and yet also believe that sex and love are divided, you are in a quandary.

HOW DREAMS AFFECT OUR DAILY LIVES:

Even if you don't consciously remember your dreams, you DO get the message. Part of it will appear in your daily experience in one way or another - in your conversation or daily events. ...

Great discrimination is used to do that; for example, one newspaper item is noticed over others because a certain portion of THAT item represents some of the dream's message. Another portion might come from a neighbor- but from the dreamer's INTERPRETATION of the neighbor's remarks, that further brings home the dream message. ...

You might dream of going away on a long trip by car, only to find that a tire blew when you were driving too fast. You may never remember the dream. One way or another, however, you will hit upon some kind of situation - a portion of a TV drama, perhaps in which a tire is blown. Or you will see an item of that nature in the newspaper, or you will hear a story, told directly or indirectly about the same kind of dilemma.

Even then, you might not recall the dream, but the situation itself as it comes to your attention might make you check your tires, decide to put off your trip, or instead lead you to inner speculations about whether YOU ARE GOING TOO FAST in a certain direction for your own good at this time. But you WILL get the dream's message.



NOTES FROM THE UNIVERSE

International tax accountant turned entrepreneur turned writer for "the Universe" and one of the teachers for The Secret, Mike Dooley runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit <http://tut.com>

The roller coaster of our lives seems to be going faster and faster, even though the only thing really moving is what we're thinking and feeling! As I catch my breath, some of the following ideas pertaining to this **Great Awakening** we're living through have given me comfort. Maybe they'll help you, too:

1. To any and every degree possible, do not take sides. Honor your own heartfelt leanings, preferences, and choices, without making anyone else "wrong."
2. Know that being alive at this crossroads in time is an extraordinary privilege. We're living on the razor's edge of reality creation, literally deciding the direction of humanity. You are among the chosen few who'll usher in a golden age.
3. Do not despair at the world's chaos. Circumstances do not portend outcomes. No matter how scary or hopeless any situation may appear, beneath the surface wheels are turning, there is order and unimaginable love at play, all moving in your favor.
4. Highly evolved beings are now crowded around the planet - some physically, others through astral projection - excitedly watching as we navigate the same slippery slope their own evolution of consciousness required millennia ago.
5. Refrain from judging others. Everyone is needed, here and now, as much as you are. The Universe could not exist one single day without every single one of us. Any darkness appearing in the world is doing so to be cleared.
6. Your own unique great awakening began a long, long time ago. You're growing so quickly that you're not even the same person you were a month ago. You already embody the magnificence you chose this very lifetime to achieve, and yet, excitedly, you have even more magnificence to untap.
7. Day-by-day, make every choice from the highest within you; lean in, act the part of someone who is awakened. Challenge yourself to be even happier in the density of time, space, and matter, as you come to know yourself as the eternal spark of the Divine.



SPIRITUAL GRAFFITI

Jeff Brown is author of Spiritual Graffiti, Ascending with Both Feet on the Ground, Love It Forward, An Uncommon Bond, Apologies to the Divine Feminine From a Warrior in Transition, Karmageddon, an award winning documentary, and Grounded Spirituality. Visit www.Soulshaping.com and www.Soulshapinginstitute.com

There is a wonderful thing that happens when you stop caring about working through all your issues. You relax, and some of them quietly resolve themselves.

And some of them go quiet, awaiting the next lifetime to be attended to. What a thing—to transform in the heart of surrender. What a thing—to accept yourself as you are.

I mean, we carry so much unresolved ancestral material. Not a chance any one generation can work it all through in one lifetime. It's got to be a team effort.

So, perhaps we can work on the most cumbersome pieces, and leave the rest for the next generation.

DAWN'S ENCHANTED GARDEN

Health Optimization & Herbalism
consults. Online natural healing
classes and products.

Visit DawnsEnchantedGarden.com
DawnsEnchantedGarden@yahoo.com

Dawn Lacska-Tommerdahl is an RN with 30 years of natural healing experience. She is a Master Herbalist, aromatherapist & natural healer. Dawn teaches the basics of herbalism & aromatherapy.

meditation for inner peace

with Ma Mokshapriya



November 16, 2024
Day Retreat - Saturday
9 a.m. to 5 p.m.
meditation
yoga
philosophy
breath work
deep relaxation
vegetarian lunch
\$101 per person

November 17, 2024
Workshop - Sunday
2 p.m. to 5 p.m.
various techniques
and stages
of meditation
and relaxation
\$30 per person



Yogashakti Mission
3895 Hield Rd. NW

Palm Bay, Florida - 321.725.4024

ESSENTIAL LIFESTYLE HACKS



Ma Mokshapriya Shakti is successor to H. H. Ma Yoga Shakti Saraswati, founder of Yogashakti Missions worldwide that teach the essence of yoga, meditation, and spirituality. Mokshapriya is an agent of change who teaches self-empowerment—inspiring people to make big changes through her down-to-earth interpretation of complex philosophy. She inspires and guides at the Yogashakti Ashram in Queens, New York. Her direct, approachable, and incredibly loving nature help her students to illuminate their own personal paths with ease and grace. Visit www.yogashakti.org Email yogashaktiny@gmail.com Yogashakti Yoga Center on YouTube at <https://www.youtube.com/channel/UC08Xfld4QT1fYGYN0b6QhPw>

YOGA SUTRAS SERIES: STUDY OF THE MIND BY SAGE PATAJALI

OUR MIND

This is a systematic series of the study of Our Mind. We will be giving you the most important **Yoga Sutras of Sage Patanjali** each month. The Sutras reveal how our mind works and how we can have complete control not only of the conscious but also of the unconscious mind. This is the true goal of all yogic practices.

Sage Patanjali understood the mental process to such a degree, that he could take the mind and evolve it to a higher consciousness just through this study. The text is written to be practiced, and through practice it brings deeper wisdom and awareness of our own mind. I am hoping that the reader will reflect on the contents and begin to understand how our mind works and how we can harness its power.

THE VRITTIS OR THOUGHT WAVES

Patanjali states that yoga is “Yoga chitta vritti nirodah” this translates as “*one who has perfect control over the waves of the mind is a yogi.*” We need to examine the meaning of each word to fully understand. We examined the word yoga and chitta in the previous article.

In review, yoga means “to yoke” or unite. **Yoga** is the unification of man with **God**, the individualized **Soul** with the **Master Soul**. **Chitta** is a disc full of knowledge of our consciousness. This disc in the subconscious mind has all of our past experiences recorded.

Patanjali states that the purpose of yoga is to have perfect control of the mind. To discern this further, we can ask ourselves these questions:

What would it feel like to have perfect control of the mind? What would it feel like if we set a goal and we finished it? What is holding us back from achieving what we desire? Why does the mind keep rambling on and on? Why do we worry? Why do we do things we know are not good for us? Why can we not maintain a routine

of healthy eating or exercising? The answer is that we do not have control over the mind.

We begin to know what is in the **chitta** by our thoughts or **vrittis**. They are fluctuations or waves of the mind. **Vrittis** are always compared with water. The slightest breeze can create ripples in water. Similarly, the mind always generates some kind of ripples or waves.

The only time the mind is quiet is during deep sleep, otherwise there is not a single moment when we do not think. This thinking power is like a wave that arises in

...continued on page 32...

meditation for inner peace
with Ma Mokshapriya

November 16, 2024
Day Retreat - Saturday
9 a.m. to 5 p.m.
meditation
yoga philosophy
breath work
deep relaxation
vegetarian lunch
\$101 per person

November 17, 2024
Workshop - Sunday
2 p.m. to 5 p.m.
various techniques
and stages
of meditation
and relaxation
\$50 per person

ॐ
Yogashakti Mission
3895 Field Rd. NW
Palm Bay, Florida - 321.725.4024



BLESS THEM ALL

David A. Cronin is a sometime meditation instructor, speaker, photographer, and writer. He is the prior owner of Changing Times Books in South FL Now retired in Atlanta, GA. His favorite pastimes include being 'Gramps' to 2 adorable grandchildren, volunteering, and hiking in nearby woods. You can follow him on Facebook: www.facebook.com/david.cronin.79/ and Instagram: www.instagram.com/david.a.cronin/. He can be reached at: davidcronin490@gmail.com. He took all the photographs accompanying his articles.

**IN THE GENTLE QUIETNESS OF YOUR HEART
OR THE UNSETTLED CONFUSION**
(It is okay to be clumsy at this)

BLESS THE PEOPLE YOU LOVE
"May your heart be at peace"

**BLESS THE PEOPLE YOU DO NOT LOVE
THE SAME WAY**
(Even if it is just a little bit)

BLESS THOSE YOU NEED TO FORGIVE

**BLESS THOSE WHO PROBABLY NEED TO FOR-
GIVE YOU**
(Many of them will be in both categories anyway)

NOBODY NEEDS TO KNOW
It is better that way
(It is a deeply private thing)

It is not something to make a show about
It is all about the inner intention
(And the sincerity)

**BLESS COMPLETE STRANGERS AS THEY WALK
BY**

You do not need to make eye contact

Or show any outward sign whatsoever

They will never know you are doing anything

(It is all an inner, silent offering)

**JUST BLESS EVERYONE
(SEE WHAT HAPPENS)**





CONVERSATIONS WITH A MODERN ALCHEMIST

David Quigley - Founder of the Alchemy Institute and one of the pioneers in the field of transpersonal hypnosis therapy. He has taught his original system of inner guide based therapy, Alchemical Hypnosis all over the world as instructor, trainer and practitioner. Visit him at <https://www.alchemyinstitute.com>

HOW TO PRAY SO THAT IT REALLY WORKS

In class we were discussing the weather working and other "miracles" I appear to perform as an Alchemist. Are these the results of "prayer" to God? If so, why are my "prayers" so incredibly effective? And how can we all learn to pray with such magnitude that tornadoes and hurricanes ... and cancerous tumors... appear to respond instantly?

Yes. There is a secret.

In the **Kabala**, that is the foundation of **Alchemical Hypnosis**, we discover there are four worlds. I'll dispense with the **Hebrew** names and use the equivalent **English** terms.

I'm going to reverse the usual order as well, listing these worlds from bottom up rather than top down, as usually taught by **Kabalistic** scholars. You'll see why shortly.

In my class recently I was going through the way that **PRAYER** works in all four dimensions to create effective outcomes.

THE FOUR WORLDS:

Physical plane
Emotional plane
Mental plane
Causal plane.

Prayer can emerge and shape its power through each of the 4 worlds. But it is most effective when our prayers weave the energies together from all four worlds to form a force field powerful enough to move mountains!

In contrast, simply kneeling before **God** (as you imagine Her to be) and asking for what you want is absurdly incomplete.

HERE'S HOW TO USE THE FOUR WORLDS TO MAKE PRAYER EFFECTIVE:

In the physical plane, prayer is dance. When I dance with firestorms and tornadoes I am performing physical prayer. Using the threads of the **Golden Egg** that is my activated **Astral body** I weave my intentions into beautiful patterns that interact with the **Astral "ley lines"** of the Earth into a powerful ocean like wave of blissful unity with the divine. I call cultivating this state entering the "sea of love" a blissful pulsating field of energies in which we can shape the possibilities of the future with my hands ... working with **Earth Mothers**.

This type of "dancing your prayers" is described and taught in my training as "hypnotic movement." This process is created through very specific instructions. It is used in **Somatic Healing** to relax, realign and repair the bodies muscles, tendons, and bones. It is the same type of movement that ... WRITTEN LARGE... gives me the threads of connection to a tornado helping me twirl in the same speed and direction that allows me to MERGE with the storm energetically so I can LOVINGLY alter its path! **This is prayer in the Physical plane. In the literature you may see it referred to as "temple dance."**

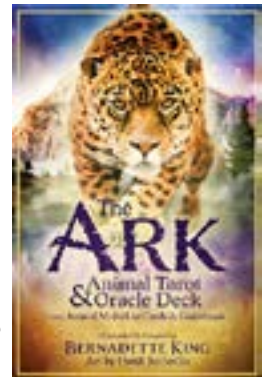
Many of us are familiar with **Emotional prayer**. "*Oh please God, spare little Joey's life! (Sob!) I can't live without him!*"

While emotion packed appeals don't always work to get what we want, I find a strong emotional attachment to the goal we seek is a powerful force for change. **LOVE is the carrier wave!** My experience is that whenever we appeal to **God** or anyone else on the spiritual planes that emotional charge is a critical element in successful communication.

continued on page 50



WHAT IS MY SPIRIT ANIMAL



Bernadette King, creator of The Ark Animal Tarot & Oracle Deck has for 20+ years helped folks get closer to their Animal Allies, become more accurate psychic mediums & animal communicators & stronger intuitive tarot readers. Thru WhatIsMySpiritAnimal.com folks are learning about their own Spirit, Totem, & Power Animals. The Ark is a 100 card deck which practitioners can use for divination & healings. Visit WhatIsMySpiritAnimal.com

BLACK SWAN

Are you feeling troubled and tense? Do you have trouble asking others for help? Longing for greater freedom of expression? **Black Swan**, as a Spirit, Totem, and Power Animal, can help! **Black Swan** teaches you to relax and how to reach out to those around you! Delve deeply into **Black Swan** symbolism and meaning to find out how this Animal Spirit Guide can support, educate, and guide you!

BLACK SWAN SYMBOLISM & MEANING

The **Black Swan** is a water bird that originated in Australia, Tasmania, and NZ where they build their nest in swampy regions. This bird is somewhat of a White Elephant symbolically and scientifically. Until the late 1600s, everyone thought it was simply a myth, and that all Swans were white. So **Black Swan** comes by the association of pleasant surprises, unexpected discoveries, and challenging the "impossible."

The tales of **Black Swan** appear in Aboriginal Dream-time. One tells us that **Black Swans** were once Ancestors to a tribe, eventually becoming men. Another tells us that an arrogant fisher doomed his entire crew to being transformed into **Black Swans**. He was out in the water and caught a young trickster spirit called the Bunyip and refused to release it at the behest of his mates. Mother Bunyip would have none of that, churned up the water for a flood around the boat, and used her might magic. It is said they remain in that form to this day, only being able to speak human tongue by night, because of perilous arrogance and pride.

A third folk story claims that there were once two brothers who became White Swans to assist in gathering weapons. The local hero, Wurrinna, used a crystal, shapeshifting them. Eaglehawks attacked the White Swans, picking them clean. Upon seeing this, Crows shared their black feathers, making the brothers into **Black Swans**. The color remained as a reminder of the Crow's kind assistance.

Today the **Black Swan** is an emblem for Western Australia. Their miraculous return to life is likened to a lesson in not jumping to conclusions or making false assumptions. **Black**



Swan Spirit and her story teach us that anyone can change feathers, particularly if we have a little help.

Throughout their native habitat, keywords and characteristics associated with **Black Swan** include ancestors, assistance, compassion, cooperation, discovery, epiphany, fidelity, group cooperation, happiness, liberation, joy, love, partnership, pride, revelation, shapeshifting, tenderness, thaumaturgy, and wonder.

Black Swans are totally black but for tiny tips of white on the wings. They often travel in flocks, particularly during molting season, when they cannot fly. At this time, they band together for protection, working in harmony together for the greater good.

Black Swans mate for life like other members of the Swan family. They work cooperatively on the nest and in caring for their young; this is an example of natural love and commitment. When one of the two dies, two **Black Swans** of the same gender may band together for the same purpose - protecting the nest with as much devotion as any others in the group. Once babies emerge and the parents manage to deter a predator, they actually dance together in victory, making a loud-and-proud trumpeting sound for all to hear.

BLACK SWAN SPIRIT ANIMAL

Black Swan may appear as a Spirit Animal for a variety of reasons. Sometimes she comes when you feel like



... from page 20

WHAT IS MY SPIRIT ANIMAL

you have no power over your circumstances. There seems to be no satisfactory solution, and you begin giving into victimhood. **Black Swan** wants to swim you away from that mentality and help you reclaim your power. Disadvantages can be turned around with a little creativity, and in this case, good energy from your **Black Swan** helper.

Sometimes **Black Swan** comes to remind us of where we should be helping (or not). This Swan has an exceedingly long neck, and it can reach the proverbial distance. The question here for you is: Are you over-reaching? Sticking your neck out for someone you trust over an acquaintance are two quite different things. Examine the situation more closely.

This Spirit Animal also teaches us about being willing to reach out and ask for aid ourselves (as much as you do for others). When the **Black Swan** cannot fly, it needs the safety of a group. So, if you've been grounded in some way, now's the time to let **Black Swan** guide you to the right people. Even if it's just your car being in the shop and needing a ride to work - say something! Don't just sit and stew.

Once airborne, the grandeur of the **Black Swan** is nearly unparalleled; this is grace in action, moving above life's limitations and seeing the greater picture. Your spirit is a beautiful thing already. Wait until you see it fly with liberated bliss.

Those who have been looking for a special someone may discover **Black Swan** coming into their awareness; this signals the love and romance for which you hope, but it won't unfold in the way you think. Remember, the **Black Swan** appeared quite mysteriously, as if out of a fairytale. The new interest coming to you will be very spontaneous, quirky, and a total, wonderful surprise. Don't get stuck in old relationship patterns and miss this opportunity for a long-term devoted partner.

BLACK SWAN TOTEM ANIMAL

Those with the **Black Swan Totem Animal** are never exactly what you expect when you first meet them. The phrase "out of the box" was coined for **Black Swan** people. They love being a bit mysterious, enigmatic,

mystifying, and even a bit cheeky about it. There is playfulness in **Black Swan** because they treasure life and laughter so dearly.

If **Black Swan** is your Birth Totem, those you love know it without question. Woe to the person or business that tries to insert themselves into that family bevy without invitation. You will protect hearth, home, and your extended family fiercely. **Black Swan** may look pretty, but in anything that could harm those people, all bets are off (the feathers can be combed back into place later).

Mind you; life isn't all about facing battles. Most times, you just like to relax and enjoy the company of good folk with intelligent conversation and mouthwatering food. These moments are about savoring the beauty in life and sharing happiness. If you know people who have trouble unwinding, they will flock to you for a little TLC. **Black Swans** love to preen each other.

In life, those with **Black Swan** totem may face some heartache that could make them jaded. You are really quixotic in a lovely way. Try not to lose that when you outgrow a relationship, as it would be a terrible loss to your whole aura. Don't just give up on long-lasting passion. It will come. **Black Swan** will always find her life mate.

BLACK SWAN POWER ANIMAL

Black Swan is not a simple power animal. You must have full respect for Her and a clear purpose before calling for aid. When She does come, **Black Swan** isn't a lenient communicator. Her answers or directions will be loud, strong, and clear.

You may wish to reach out to **Black Swan** in your quest for a soul mate. Be ready to be patient, however. Good things take time, and **Black Swan** will want only the best for you.

Black Swan Power Animal also helps you when you feel awkward in a group environment. If you're not quite sure where you fit in or how to help, let this Animal Guide support your efforts. She knows what it's like to feel invisible or out of touch. Note that if you tend to come off as heavy-handed, **Black Swan** tempers that too.

By far, the most intense reason for which to call **Black Swan** Spirit is when you need nothing less than what you perceive as a miracle. She has already made quite a splash on life. Get ready for a magical ride toward a whole new sense of wonder in your life.



NON--RELIGIOUS SPIRITUALITY

... from page 8

jectively preventing peace, serenity and liberation. Furthermore, the **Buddha** saw that the failure to realize this was the source of inner or psychic suffering, which ultimately

results in the hurt we inflict upon one another and destruction we cause in the world.

The Four Noble Truths were laid out by the **Buddha** as the remedy to this self-caused suffering. Our chronic unhappiness and disharmony, the **Buddha** said, is a result of our ignorance of the way things truly are, and our resulting misguided attachments and expectations of an unstable and impermanent world. The **Buddha** argued that all greed, violence, injustice, and hatred is a byproduct of this ignorance and our attachments.

Buddha's profound insight was that the ground of all being is whole and complete, and constitutes our primordial and fundamental nature. The **Buddha** observed that on the surface of life there is continuous change, and that our inner suffering results from our expectations and attachments upon an unsteady world, which will never be capable of providing the joy, peace and liberation we seek.

The **Buddha** taught that one can only find deep joy and peace in this life through the knowledge and abidance in the true nature of reality. He said that this frees us to live with a sustaining joy, love, compassion, peace, courage and wisdom. **Buddha** taught that true happiness is causeless and not circumstance-dependent, but flows from our true nature.

Of course there is normal human pain both physically, emotionally and mentally in this world, but the **Buddha** taught that the chronic unhappiness and inner suffering that plagues so many people's lives can be prevented through our awareness of the way things really are and the absence of resistance and attachment.

This does not mean that we accept what we see in the world without action to change it. Many situations and circumstances in life rightfully evoke the desire to bring change. Much of the misery and suffering of this world is the result of the ignorance **Buddha** identified. Rather than tapping into the deep peace and joy of the fundamental reality of all things which is never disturbed or threatened, we instead attempt to achieve happiness, well-being, and peace through our worldly attachments. We fight and claw to attain and hold onto that which by its very nature is impermanent and fading away.

Lest you think that you're a failure because you cannot seem to walk through this world with this deep awareness or the absence of resistance and clinging (often referred to as "**the middle way**"), the **Buddha** said you must first and foremost learn to have patience and compassion upon yourself. Some truths are not discovered through striving and ceaseless effort, but by gently relaxing into that which is always present.

THE ESSENTIAL INSIGHT

Jesus would not have disagreed with any of these insights from **Buddha**, but expressed them in different ways. **Jesus** was primarily concerned with debunking the religious falsehood of separation from God. He believed this falsehood was at the root of the kind of ignorance and suffering that **Buddha** identified. Whether it was "nirvana" in **Buddhist** terms, or "kingdom of God" in **Christian** terms, both **Jesus** and **Buddha** taught that the deepest human suffering stems from a catastrophic misunderstanding of our connection to ultimate reality. This essential insight they both shared.

Jesus never caused anyone to be saved and the **Buddha** never caused anyone to be enlightened. They both said they had a solution to a problem and the problem was suffering. They both said this suffering stemmed from separation.

In the case of **Jesus**, he struck down the false notion of separation from God by claiming to be both divine and human. **Jesus** insisted, "I am the truth." What "truth" is that? The truth that God and humankind are one. The "I" **Jesus** was referring to was not himself exclusively but all of humankind universally. Biblical titles for **Jesus** such as the "Son of Man" and the "Second Adam" are meant to convey **Jesus** as representing all humanity.

A common axiom of Eastern philosophy is, "Thou art That."

"That" is referring to...
"That", which is beyond words
"That", which cannot be named
"That", which is ultimate reality
"That", which is the highest truth
"That", which is the ground of all being
"That", which is whole and complete
"That", which is infinite and eternal
And the essential insight is: Thou art "That"!

...continued on page 48

HERB CORNER

... from page 11...

In the circulatory system, **Grindelia** has a calming effect on the muscles of the heart; this is beneficial to asthma because asthma is associated with an increase in the rate of the heart due to its nervous response.

Externally as a compress, poultice or prepared in soap **Grindelia** was used by **Native Americans** and is still used today as a remedy for **poison ivy**. It can be made into a liniment and used as an antiseptic wash or lotion to ease **dermatitis, eczema, to soothe insect bites (including mosquito and flea bites)**, and to help heal **burns, varicose veins, bed sores and other ulcerations of the skin**.

When made into a tincture it can be applied to the skin using **1teaspoon tincture to 1/2ounce water** and applied as a wet dressing to ease pain, soothe irritations and to cleanse the skin.

The actions of **Grindelia** come from constituents such as **kaempferol, quercetin and luteolin** these constituents inhibit COX-2 an enzyme that is responsible for inflammation and pain.

Grindelia also contains flavonoids which are antiviral and anti-allergic in action along with quercetin and apigenin which are anti-histaminic, and grindelic-acid, which **helps to control infections**. Besides these constituents it also contains resins that are high in **selenium, saponins** which act as an expectorant, and tannins which are astringent in action, which are beneficial to the respiratory system.

This herb can be of great benefit to those with respiratory problems such as asthma just be careful not to use **Grindelia** in large doses because it may be upsetting your stomach and kidneys.

THE HERB CORNER AND LEARNING CENTER

277 N. Babcock St. Melbourne, FL 32935

321-757-7522

Herbal teas, tinctures, capsules,
salves, creams, classes.

Call Cecelia for details

*For Your Health and Your Pet's
Health*



Cecelia
Avitable,
Master
Herbalist

HAVING TROUBLE WITH:

Arthritis, Rheumatism, Breathing
Issues, Cancer, Colds, Flu, Concentration,
Memory, Diabetes, Fibromyalgia, Gout, Head-
aches, High/Low Blood Pressure, Ibs/Colitis,
Insomnia, Low Immune System, Nutrition Ab-
sorption, Stress.

MORE THAN JUST AN HERB SHOP

We also carry jewelry, gifts,
gemstones, unique gifts, more

See www.herbcorner.net
for recipes, newsletter, etc.



Native American & Metaphysical Stuff Store
Readings, Crystals, Jewelry, Incense, Smudge

The Purple Rose Trading Co.

Rev. Tina, Owner 386-228-3315
1079 Stevens St. Cassadaga, FL 32706



Haunted History Museum

Photos and documents, bizarre and macabre displays
www.facebook.com/cgreenshauntedhistoryhouse

Next door to Purple Rose Trading Co.
1079 Stevens St • Cassadaga 32706

Rev. Tina, Owner
386- 228-3315

ALPHABETICALLY BY COUNTY

Place your ad here for just \$5 per line. 20 characters per heading, 44 characters per line

Payment due 15th of the month before • Email, Zelle and Paypal to HorizonsMagazine@gmail.com

HORIZONS PHONE DIRECTORY

ALACHUA COUNTY (352) GAINESVILLE

(386) HIGH SPRINGS

CRYSTALS, ROCKS, MORE

SHARRON BRITTON see SHARRONROCKS on FB

HIGH SPRINGS EMPORIUM 386-454-8657
19765 NW US Highway 441 High Springs 32643

BREVARD (321)

AROMATHERAPY, OILS

HERB CORNER 277 N. Babcock Melb 757-7522

ASTROLOGER

LESLIE MARLAR 779-0604
VLMarlar@aol.com www.lesliemarlar.com

ASTROLOGY REPORTS

ANDREA DE MICHAELIS \$28
3 MONTH FUTURE PREDICTION REPORTS
Email horizonsmagazine@gmail.com

BOOKS & GIFTS

ANGELS OASIS Cocoa Village 321-506-1143
402 Brevard Ave Visit Angels-Oasis.com

AQUARIAN DREAMS Indialantic 321-729-9495

CREATIVE ENERGY 321-952-6789
Crystals, Jewelry, Singing Bowls, Books, Tarot +
780 W New Haven Ave, Melbourne FL 32901

BUDDHIST TEMPLE

WAT PUNYAWANARAM 321-255-1465
4490 Aurora Road Melbourne

WHITE SANDS BUDDHIST CENTER 321-383-0723
4640 Knost Dr.ive in Mims, Florida 32754
www.tvct.org/ whitesandsbc@gmail.com

CHIROPRACTIC

VICKI M. MERRICK, DC 321-952-7004
2060 Palm Bay Rd NE #2, Palm Bay, FL 32905

CHURCHES

CENTER FOR SPIRITUAL LIVING SC 474.2030

CHURCH OF IRON OAK 321-258-2897
Wiccan Outer Court. Celebrate Sabbats.
Workshops Available email scribe@ironoak.org

THE NEW WAY www.TheNewWay.us 458-7956
SPIRITUALIST CHAPEL OF MELBOURNE 419-6262
UU Church OF BREVARD www.uubrevard.us

UNITY OF MELBOURNE 254-0313
2190 Sarno Road Melbourne 32935
www.unityofmelbourne.com

UNITY OF MERRITT ISLAND 452-2625
210 N.Tropical Trail32953unitymerrittisland.org

UNITY ON THE SPACE COAST 383-0195
2000 South St Tvl 32780 Unityonthespacecoast.org

CRYSTALS, GEMS ROCKS

BOOK AND BEAD OUTLET 321-453-2665
950 N. Courtenay Pkwy Merritt island 32953
Visit bookandbeadoutlet.com

CREATIVE ENERGY 321-952-6789
Crystals, Gemstones, Jewelry, Books & More.
780 W New Haven Ave, Melbourne FL 32901

YOUR CRYSTAL SHOP 321-615-8927
www.yourcrystalshop.com Cultural gifts
2100 N. Courtenay Pkwy Merritt Is, FL 32953

HEALTH FOODS

NATURE'S MARKET & CAFÉ 254-8688

NATURE'S HEALTHY HARVEST 321-610-3989

ORGANIC FOOD CTR Indialantic 724-2383

PINETREE HEALTH 777-4677

SUNSEED CO*OP Cape Can AIA 784-0930

SUNSHINE HEALTH FOODS Titusville 269-4848

HERBS, OILS & GIFTS

HERB CORNER 277 N. Babcock 321-757-7522

MAMA JO'S SUNSHINE HERBALS
1300 Pine Tree Dr. IHB 321-779-4647

HOME BIRTH SERVICES

PAM PEACH L.M. www.Birthingpath.com

HYPNOTHERAPY by Jenny

Transform unwanted behaviors 321-345-8971
www.HypnotherapybyJenny.com
Email Jenny@epicrenewal.com

YOGA

SUNDARI YOGA STUDIO 321-613-5999

FULL CIRCLE YOGA SCHOOL 970-333-4777

YOGA SHAKTI MISSION 321-725-4024
3895 Hield Rd in Palm Bay yogashakti.org

YOGA, MEDITATION

YOGA SHAKTI MISSION 321-725-4024
3895 Hield Rd in Palm Bay yogashakti.org

BROWARD (954) FT. LAUDERDALE

BOOKS & GIFTS

ANGEL HAVEN Las Olas Blvd Ft Laud 522-4720

CRYSTAL VISION 3160 Stirling Rd 981-4992

DIVINE LOVE INSTITUTE 954-920-0050
www.divineloveinstitute.org

NATURE'S EMPORIUM 755-2223

CRYSTALS, READINGS

SPIRITUAL JOURNEY 954-752-2329
7420 Wiles Road Coral Springs, FL 33067
<http://spiritualjourneyweb.com>

CHURCHES

CENTER FOR SPIRITUAL LIVING 954-566-2868

UNITY GATEWAY CHURCH 954-938-5222

UNITY CHURCH OF HOLLYWOOD 954-548-9320

HEALTH FOODS

HEALTH FOODS PLUS Hollywood 954-989-3313

WHOLE FOODS MARKET
810 University Drive Coral Springs 753-8000

WHOLE FOODS MARKET
7220 Peters Road in Plantation 236-0600

WHOLE FOODS MARKET
2000 N. Federal Hwy Ft. Laud 565-5655

WILD OATS MARKETPLACE 566-9333
2501 East Sunrise Blvd in Ft. Laud

PSYCHIC READERS

JANICE SCOTT-REEDER 954-698-6926
Tarotist and Astrologer, e/snail mail readings.
In person readings at the Cosmic Salamander

**COLLIER COUNTY (239)
NAPLES**

CHURCHES

UNITY OF NAPLES Books, gifts 775-3009

HEALTH FOOD STORES

FOOD & THOUGHT 239-213-2222
FOR GOODNESS SAKE 239-992-5838
NATURE'S GARDEN OF NAPLES 239-643-4959
SPROUTS FARMERS MARKET 239-325-6950
WHOLE FOODS MKT 239-552-5100
WYNN'S MARKET 239-261-7157

**DUVAL (904)
JACKSONVILLE**

BOOKS & GIFTS

SPIRITUAL UPLIFTS 904-571-2586
2186 Park Ave, Unit 102 Orange Park

CHURCHES

COSMIC CHURCH OF TRUTH 904-384-7268

UNITY CHURCH FOR CREATIVE LIVING in Jax
www.unityinjax.com/ 904-287-1505

UNITY OF JACKSONVILLE BCH 904-246-1300

**ESCAMBIA (850)
PENSACOLA**

CHURCHES

UNITY OF PENSACOLA 850-438-2277
https://unityofpensacola.org/

HIGHLANDS (863) SEBRING

CHURCH, CLASSES

UNITY LIFE ENRICHMENT CTR 863-471-1122
10417 S. Orange Blossom Blvd, Sebring 33875
http://www.unityofsebring.org

**HILLSBOROUGH (813)
TAMPA, LUTZ**

BOOKS, GIFTS, READINGS

MYSTIKAL SCENTS 813-986-3212

**INDIAN RIVER (772) VERO,
SEBASTIAN**

BOOKS & GIFTS

INSPIRED HEART Old Dixie Hwy 772-696-1910

SPARK OF DIVINE 772-257-6499

CHURCHES

UNITY OF VERO BEACH 772- 562-1133
950 43rd Ave 32960 www.unityofvero.org

LAND & TREE SERVICE

LION'S HELP www.lionshelp.com 772-492-8662
Tree trimming, removal, lot clearing, sod and
rock installation, Licensed and Insured 5 Stars

READINGS, CLASSES

INTO THE MYSTIC 1614 US Hwy 1 Sebastian
Spiritual Medium Marchelle 772-480-4344

**LEE COUNTY (239)
FT. MYERS**

BOOKS & GIFTS

THE MYSTICAL MOON 239-939-3339
8890 Salrose Lane in Fort Myers 33912

THE MYSTICAL MOON 239-301-0655
8951 SE Bonita Beach Rd Bonita Springs 34135

THE LABYRINTH 239-939-2769
12995 S. Cleveland Avenue #108

CHURCHES

UNITY OF FT. MYERS 239-278-1511
www.unityoffortmyers.org

**LEON COUNTY (850)
TALLAHASSEE**

BOOKS & GIFTS

CRYSTAL PORTAL 850-727-8214
www.crystalportalgems.com FB Crystal Portal

STONE AGE Tallahassee Mall 850-383-0233

HEALTH FOOD STORES

HONEYTREE 1616 N. Monroe St 681-2000
NEW LEAF MARKET 942-2557

**MARION COUNTY
(352) OCALA**

BOOKS & GIFTS

CROW'S CROSSROADS SHOPPE 352-235-0558

FAIRY DUST CRYSTALS AND SUCH 352-693-4592
11781 SE HWY 441, Belleview, FL 34420
www.fairydustcrystals.com

SOUL ESSENTIALS OF OCALA 352-236-7000
805 E. Ft. King St., Ocala, FL 34471
www.soulessentialsocala.com

CHURCHES

UNITY OF OCALA 101 Cedar Road 352-687-2113

HEALTH FOOD STORES

EARTH ORIGINS MARKET 352-351-5224

**MARTIN CTY (772)
FT. PIERCE/STUART**

HEALTH FOODS/CAFE

PEGGY'S 5839 SE Federal Hwy 286-1401

SPIRITUAL CENTERS

UNITY OF FORT PIERCE 461-2272
3414 Sunrise oneness@unityoffortpierce.com

**MONROE (305)
KEYS, KEY WEST**

AROMATHERAPY & HERBS

BLUE MOON HERBALS, AROMATICS 305-587-8303
www.bluemoonherbals.com
30150 Overseas Hwy Big Pine Key, FL 33043

HEALTHFOOD/JUICE BAR

GOOD FOOD CONSPIRACY 305-872-3945
US 1, Mile Marker 30 on Big Pine Key
http://www.goodfoodconspiracy.com/

NEW AGE BOOKS, GIFTS

BLUE MOON TRADER 872-8864

**OKALOOSA (850)
FT. WALTON BCH**

CHURCHES

UNITY CHURCH FWB 864-1232

HEALTH FOOD STORES

FEELIN' GOOD. 654-1005
GOLDEN ALMOND FWB 863-5811

**ORANGE COUNTY
(407) ORLANDO**

BOOKS & GIFTS

AVALON Hillcrest St in Orlando 895-7439
SPIRAL CIRCLE 750 Thornton Orlando 894-9854

BUDDHIST CENTER

VAJRAPANI KADAMPA CENTER 407-896-3998
813 Montana 32803 meditationinorlando.org

HERBS, GIFTS

LEAVES & ROOTS 407- 823-8840
9476 E. Colonial Drive in Orlando

BRANCH OF LEAVES & ROOTS 321-422-0815
460 N. Ronald Reagan Blvd, Longwood 32750

PALM BEACH (561)

BOOKS & GIFTS

SHINING THROUGH 276-8559
 DREAM ANGELS 561-745-9355
 CRYSTAL GARDEN 369-2836
 2610 N. Federal Hwy Boynton Beach

CHURCH / CLASSES

UNITY OF THE PALM BEACHES 561-833-6483

UNITED METAPHYSICAL CHURCH 561-686-0217
 OF THE PALM BEACHES unitedmetaphysical.org
 917 North Dixie Highway Lake Worth 33460

HEALTH INSTITUTE

HIPPOCRATES HEALTH 561-471-8876
 http://hippocratesinstitute.org WPB 33411

PINELLAS (727) ST PETE, CLEARWATER

BOOKS & GIFTS

MYSTIC GODDESS Largo 727-530-9994

CHURCHES

UNITY OF CLEARWATER 727-531-5259
 PEOPLE'S SPIRITUALIST CH 727-823-5506

HEALTH FOOD STORES

EARTH ORIGINS MARKET St.Pete 727-347-5682
 EARTH ORIGINS MKT Palm Harbor 352-786-1231

SARASOTA (941)

BOOKS & GIFTS

ELYSIAN FIELDS Midtown Plaza 941-361-3006

HEALTH FOOD STORES

EARTH ORIGINS MARKET 365-3700 and 924-4754

SEMINOLE (407) SANFORD, LAKE MARY

CHURCH, BOOKS, GIFTS

UNITY CHURCH OF CHRISTIANITY
 4801 Clarcona Ocoee Rd ORL 407-294-7171

GIFTS, CONSULTATIONS

LUNASOL ESOTERICA Sanford 321-363-4883

ST. JOHN'S (904) ST AUGUSTINE

BOOKS & GIFTS

MY CALUDRON TOO 904-217-0299
 PEACEFUL SPIRIT 904-228-9240
 SAGE & CRYSTALS LLC 904-808-5507

VOLUSIA (386) DAYTONA, DELAND, NSB

BOOKS, GIFTS PSYCHICS

CASSADAGA CAMP BOOKSTORE 386-228-2880
 1112 Stevens Street, Cassadaga, FL 32706

MY CAULDRON 386-624-7000

MAMA GAIA'S MYSTIQUE 386-366-4385

CHURCHES

CASSADAGA SPIRITUALIST CHURCH 386-228-3171
 1250 Marion Street, Cassadaga, FL 32706

CRYSTALS AND GEMS

TIMELESS TREASURES 386-252-3733
 Daytona Flea Market • Corner Shops CS 75&76

HERBS AND GIFTS

SPICE OF LIFE HERBS 386-734-0035
 214 W. Beresford Avenue, Deland
 Open Wed 11-6pm, Thurs, Fri, Sat 11-6pm
 www.spiceoflifeherbs.net

HAUNTED MUSEUM

C. GREEN'S HAUNTED HISTORY MUSEUM 228-3315
 Next to Purple Rose 1079 Stevens Street 32706

PSYCHICS GEMS ROCKS

PURPLE ROSE in Cassadaga 386-228-3315
 1079 Stevens Street 32706

KNOXVILLE, TN

READINGS AND REIKI

THERESA RICHARDSON 865-705-2525
 Original co-founder of Horizons Magazine
 Clairvoyant Intuitive Readings, Channeled
 Readings, Angel Readings, Tarot Readings.
 Readings are available by phone or in person.
 Email info@theresarichardson.com
 Visit www.theresarichardson5d.com/blog

UNITY CHURCHES IN FLA

Atlantic Beach	904-246-1300
Bonita Springs	239-941-3100
Bradenton	941-758-6489
Brandon	813-727-4431
Clearwater	727-531-0992
UnityNow	727-524-0600
Daytona Beach	386-253-4201
Delray Beach	561-276-5796
Dunedin	727-734-0635
Ft Laud Metaphysical	754-300-1428
Fort Myers	239-278-1511
Fort Pierce	772-461-2272
Gainesville	352-373-1030
Gulf Breeze	850-932-3076
Hollywood	954-922-5521
Jacksonville	904-287-1505
Jacksonville	904-355-5100
Jacksonville Beach	904-246-1300
Lakeland	863-646-5314
Lecanto	352-746-1270
Leesburg	352-787-0834
Melbourne	321-254-0313
Mount Dora	352-483-5683
Naples	239-775-3009
New Smyrna Beach	386-481-0890
Northport/Pt Charlotte	941-423-8171
Ocala	352-687-2113
Orlando	407-294-7171
Orlando	407-852-3940
Oviedo	321-206-5148
Palm Harbor	727-784-7911
Pensacola	850-438-2277
Plant City	813-659-2624
Poinciana	863-427-4276
Port Richey	727-848-7702
Port St. Lucie	772-878-9819
St. Petersburg	727-344-1515
St. Petersburgn	727-898-2457
St. Petersburg	727-527-2222
Sarasota	727-848-7702
Sebring	863-471-1122
Sun City	813-298-7745
Tampa	727-531-1836
Tampa	813-870-0731
Tampa	813-882-0440
Titusville	321-383-0195
Venice	941-484-5342
Vero Beach	772-562-1133
West Palm Beach	561-721-1267
West Palm Beach	561-833-6483

HORIZONS MAGAZINE MISSION STATEMENT

What I'm here to do with Horizons is share a belief and formula for happiness that I've found is true for me and for others I know. To give readers the choice to entertain those ideas, some of which may be an option for them as well. We don't always know what we might prefer, how our life might change for the better if we don't consider and entertain the idea of something new.

Andrea de Michaelis. Publisher

OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions.

To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience.

What we see and experience is simply the brain's interpretation of electrical signals. The only reality we cope with is the world of perceptions inside our mind.

We participate in creation of the reality we experience by our intentions, beliefs and expectations, by every thought we think and every word we speak. Because we participate in this creation, we have access to as much happiness and supply as we can discipline ourselves to focus on.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation.

Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, truly in the Now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it. We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise.

So, if you read an article that touches you or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss the offering with them.

Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.



ABRAHAM HICKS

... from page 7...

Esther Hicks

THE REALITY OF MERMAIDS AND UNICORNS

GUEST: I read a book about mermaids, and I was wondering if mermaids are real, or if they've existed, or if they're just beautiful fairy tales, and the same with unicorns?

[Long pause and lots of laughter by the audience.]

ABRAHAM: Okay, this is what happens when you're too happy all the time.

[Another long pause and more laughter by the audience.]

We're in the deep, deep archives...wait a little bit here... [more laughter]...

The most important thing to understand is that when you have the ability to imagine it, then you have the ability to manifest it fully. And so, there are a lot of things that have flowed into the consciousness of humans, and been translated by humans into a form of reality. But, what you want to call reality, what most of you want to call reality, is the sort of thing where nobody questions its existence.

In other words, if a unicorn came romping through those doors and up onto the stage, most of you would want to examine it closely... because it isn't part of your reality... meaning that the human consciousness that is living on the planet has not reached a state of expectation to allow that to show itself in that full manifested form.

And yet, the evolution of all species... the evolution of all things... but let's talk about the evolution of all species... It really is about life causing you to hold a desire... and then finding a way not to resist it... until it becomes part of your evolution.

There have been so many physical beings who have participated in your time-space reality. And there are

those who are able to travel inter-dimensionally... Your imagination is a very powerful thing. Your imagination is not necessarily a departure from reality.

The reason that we were not just willing - but eager - to talk with you about this is because we - or no one - has any business proclaiming anything that is in your consciousness as not real. And in the moment that you decide that you don't need everybody else or anybody else to agree with you about its existence, then it can show itself to you. That really is the conversation we're having here all day every day.

There are a lot of people who have a hard time thriving in a bad economy, but there are those who thrive most in a bad economy. There are those who have a hard time thriving when there is a physical epidemic, and yet there are those who thrive even amidst epidemics.

You are individual creators of your individual realities. But most of you have become so integrated in what's going on around you, and - more important - so interested in getting other's agreement about what you think. This is the thing that will trip you up more than all other things.

In other words, life shows you a pattern, and then you say, "Oh yeah, this is something I know. But you don't seem to know what I know, so I'm gonna give my every effort to get you to see this like I see this." And we say, "Give it up!" Let them see the unicorns. Let them see whatever it is that they want to see, while you see whatever it is that you want to see.

Will there be a time that you will see unicorns romping down your street? It is unlikely... Expectation is everything. There are a lot of writers who get into a creative mode where they begin to receive thoughts, and those thoughts are manifestations... and if there is anything that we would like you to hear in this room today - and this very example is going to be a tripping point for some of you - we want you to let her have her unicorns, we want you to let yourself have them, and just because something hasn't manifested doesn't mean that it can't.

You are not miles away from what you want. And you are not years, or months, or days, or hours away from what you want. You are only vibrations away from what you want. So, you have the ability to find a way of focusing... that allows.

...continued on page 31 ...



ABRAHAM HICKS

... from page 30...

Esther Hicks

If we were standing in your physical shoes, we would not try to stretch the biological boundaries of this time-space reality... We would start with things that are easy... We would start with things that are easy... Until we have convinced ourselves that, "If I have the ability to imagine it, then I have the ability to have a relationship with it." You see?

Not as satisfying as some would like. We will not say that they are not real... because our work all day every day is to get you to accept this Vortex that you cannot see. And who knows what's in there? Everything that you want is in there. It is your work to get into the receptive mode... You want it... you have allowed yourself to imagine it... that is a thought that you are realizing, that is a thought that you are realizing... So, what stops the momentum? What keeps the thought that you have imagined from manifesting all the way out? Thoughts that contradict it. That's all that it is.

A PLANNED TIME OF DEATH

QUESTION: Thank you. OK, here's my question: Do we, as humans, have a predestined way or date of how we die?

ABRAHAM: Nope.

QUESTION: So it could just happen any time.

ABRAHAM: Yup. (Fun)

QUESTION: Any place.

ABRAHAM: We've talked about this Nonphysical part of you that was you before you came into this physical experience, and yes, you have all kinds of intentions coming in. So your Vortex that we've been talking about, this Vortex of deliberate creation, there was plenty there that you put there from your Nonphysical perspective. So then you get here and you continue to add to it.

There are two points of attraction, really - you are really one, but the blending of your vibrations could be described as two points of attraction. In other words, there's your Source Energy - that's who You really are - and there's who you're being in any moment. And the emotions that you feel, whether it's anger or love or some other emotion, is all about how blended you are in that moment of emotion with your Inner Being.

So, as you are living your life, your intentions from Nonphysical are what you would call general by your physical standards - they're things like I want to enjoy myself, and I want to be an uplifter, and I want to be uplifted. And that's the enjoyment part - I want to be uplifted, and therefore I want to teach by the clarity of my example. I want to uplift, I want to expand, I want to experience more; I want to deliberately and consciously experience more. And so, those are those general intentions. Then, as you're living in your physical body, to the degree that you are asking and allowing, then you're constantly making new decisions as you move along.

The reason that this question is tricky for human ears to hear is because even though you may have been listening to us and others for a while talking about the eternal nature of your being, and that there really is no death, still, most humans see death as an unwanted thing. And we want to ask you, do you see complete blending with who You are as unwanted? Do you feel a complete emersion into Pure Positive Energy - is that unwanted? We like it when you say, as Esther says on a regular basis, "Several more decades, please," because she is loving life here and now. She's allowing the wholeness of who she is to focus within her, and so she's experiencing this wonderful hands-on creative experience.

But with someone who innately knows the beauty and the power of their beingness who is not allowing it, then maybe the path of least resistance is to reemerge into Nonphysical. And it's like when you leave this room at the end of this gathering: So here we are together and we're having a very nice time, and when you leave, you will not stand at the doorways and look back and yearn to never leave this room. You'll be on to what's next, and on to what's next, and on to what's next. And that's really how the Nonphysical feels about you in these physical bodies.

So that's just a sort of underpinning. Now, if you have more specifics, we're happy to address them. You define your time of death in two ways, just like everything else you do: Sometimes it's because you're ready to romp into the pureness of Pure Positive Energy, and sometimes it's because you just can't stand any more resistance. And in either case it's great.



Mokshapriya Shakti

ESSENTIAL LIFE HACKS

... from page 19

the lake of the mind, through external stimulation or it just flows in well-established grooves or neural pathways.

To have thoughts is easy, to control them requires practice with great effort. When we are not thinking, we are just responding to what is in our mind or **chitta**. By developing keen powers of awareness, one will be able to see everything that is in the mind. When we stare off into space and someone asks us what we are thinking, if we reflect we realize we do not know. What happened? The mind goes to thought grooves that it has formed either through choice, learning, society, or much repetition.

Every thought we have creates a neuropathway. This is how our brain stores thoughts in the **chitta**. When we have a stimulus, the neurons fire a chemical-electrical signal that neurotransmitters send to thousands of other neurons.

This forms a thought wave or **vritti**. If the stimulus is similar the firing of our neurons are similar. Our thoughts then travel via the same pathways we have previously used. In this way, we become more and more fixed in our behavior and our point of view, making it more challenging to make lasting desired changes.

Our mind is a result of past thinking. It is constantly modified by present thinking. The past is used to identify the new thoughts. Either we reaffirm the thoughts or modify them. There is truly no new thought, as a thought is a mixture of the old impressions and thoughts generated from new stimuli.

Our thoughts are conditioned by what is already within the mind. Yet we do always have a choice to accept or reject our previous impressions. But this rejection - due to our mind's conditioning to use the familiar neural grooves, - takes repeated effort and knowledge.

The vibrations created by our thoughts or **vrittis** seek out similar vibrations. In this way we create the world we are living in. Our thoughts, again and again, pick up similar thoughts which come right back to us, forming an infinity sign.

When we are in the company of a depressed person and we try to get them out of the depression, soon we will find ourselves exhausted and our energy depleted.

When we are happy and full of joy, then all the people that we meet will add to that joy. Our joy vibration is so high that when someone makes a negative comment to us we do not respond, as our vibrational field only attracts the same vibration.

Our thoughts not only travel in familiar grooves they also travel in a circular pattern. When the mind is not actively engaged it will loop over certain thoughts over and over until they are consciously stopped. Those loops are not usually what we would like. Hence the saying "an idle mind is a devil's workshop."

Understanding these two concepts: how the mind loops or falls into familiar neuropathways and how it is a magnet for similar vibrations makes us realize that the mind is not necessarily doing what we would like it to do. It has its own process, and we need to monitor it. If we do not monitor it, there can be no significant change as we do not have control. We become a slave to our neural programming that we did not form mindfully. We need to ask ourselves the question: "**Are we our mind?**"

Some traditions use a mantra that is repeated over and over to make a deep impression in the **chitta** so that when the mind is idle it will repeat the mantra. **Patanjali's Yoga Sutras** explain how the mind works and how to get control over it. Having control over the mind is yoga.

Nirodh means perfect control, as a voluntary willful control of the **vrittis**. Here it does not refer literally to stop, abort, or destroy. Once we can manage consistently the activities of our mind, then nirodh becomes our normal reaction and our inner **Real Self** emerges.

As soon as the waves in a lake are quiet, one is able to see the bottom. Similarly, once the mind becomes calm and mindful, we as the Seer will see our true selves.

We realize the true nature of the **Soul** and identify with the inner reality - no longer with the concealed forms we have created through our mental fluctuations. We begin to awaken and recognize that **God** or the **Self** is within, not outside of us.

Meditation For inner peace

with Ma Mokshapriya



November 16, 2024
Day Retreat - Saturday
9 a.m. to 5 p.m.

meditation
yoga
philosophy
breath work
deep relaxation
vegetarian lunch
\$101 per person

November 17, 2024
Workshop - Sunday
2 p.m. to 5 p.m.

various techniques
and stages
of meditation
and relaxation
\$30 per person



Yogashakti Mission
3895 Hield Rd. NW

Palm Bay, Florida - 321.725.4024



MICHELLE WHITEDOVE

...continued from page 15...

DEAR DUPED: There are many wonderful psychics but remember there are frauds in every profession. Often a fraudulent psychic will appear to be accurate, when in fact they are performing what is referred to as a “Cold Reading.” This is when they watch your body movement, your facial emotion and allow you to guide them to the correct answer. To avoid falling victim to a psychic fraud, first do your homework make sure the psychic has a good reputation. Other warning signs are: If they ask you a lot of questions when you sit down with them or if the person asks for large sums of money to clear up a problem. Hope this helps good luck to you.

DEAR WHITEDOVE: I’ve been having these very unusual experiences and there doesn’t seem to be any logical explanation. Among other things I will smell roses where there are none; I hear noises in my home when no one is around, or no one else seems to hear it. I need to know what is going on with me. Sincerely **Crazy in Little Rock**

DEAR CRAZY IN LITTLE ROCK: What you’re experiencing is psychic sensing called Clair audio / Clair visual. You are tuning into energies psychically and the information is coming to you in a variety of ways. When I experience my intuitive gifts, it’s a knowing from Spirit, but I also see, smell, hear and taste which helps me obtain the information with more detail. As your intuitive gifts increase, so does your awareness of energies around you that others can’t always sense. Mother Mary will often make her presence known through the scent of fresh roses, even when there are no flowers. People who have Native American guides will often smell a hint of tobacco or sage. These scents come to them psychically as a confirmation that the spirit is around. Try to pay attention to these signs and journal them, not just what you are seeing or hearing psychically but also what you were doing and thinking at the time. While sometimes these occurrences are simply meant to be a confirmation or reassurance that our angels and guides are with us, they can also be warnings of impending danger so remember to honor your gift and use it in a positive way to help yourself as well as others.

DEAR WHITEDOVE: There are several modern day magicians that perform amazing feats. I’d like to know is any of it real Magic? **Kreskin in AK**

DEAR KRESKIN, From the beginning of time, mankind has the ability to create their desires with the force of their will. We are truly magical creatures; Hence the very reason that the Angel kingdom fell in love with man. There was a time in history that magic abounded. People could create and manifest with little effort because they KNEW that they could. Then we came into an era of logic, intellect, and higher learning. When this happened, our intelligence ruled and true magic was deemed impossible, so then trickery or sleight of hand became the new magic. But yes, Magic is real however only a few have remembered how to harness their will to create change and manifest great feats. I Believe!

DEAR WHITEDOVE: There was a UFO sighting here in Texas yesterday, it made the news. My sister saw the lights in the night sky a perfect triangle formation, as did many others. There were also sightings in NYC during the same week. Then the naysayers come out with silly explanations, balloons from a children’s party. Please tell me: are we visited by beings from other Galaxies? **Little Green Man in TX**

DEAR GREEN MAN, It’s very egotistical of humans to look up into the night sky, see the millions of stars and then presume that we are the only beings that God created. Let me assure you there are many races of God’s children. Even here on Earth, we have other forms of intelligent life the mammals of the seas, and the animal kingdom too. The Star Beings are our brothers and sisters; just know that we all were created by the same Mother, Father, God.

DEAR WHITEDOVE: I’m getting pretty disillusioned with my church and their archaic rules and hypercritical abuses. Why does God allow so many religions all claiming that their doctrine is the only way to Heaven? Wouldn’t you say there’s a better way? **Avid Churchgoer in NYC**

DEAR CHURCHGOER, Interpretations of spiritual doctrines have been the cause of much war and bloodshed throughout the ages. Religion is a manmade system of rules and regulations that has created segregation, prejudice and limitations. However Spirituality is growth. As we evolve and grow we can expand our beliefs. The basic truths and principals are found in the Universal Laws. They apply to everyone. If everyone would live their life ethically, by The Golden Rule (which is mentioned in many religious text) Then the world would be a perfect place, the paradise as God originally created. Remember: “Do unto others as you would have them do unto you” .



THIS MONTH'S THOUGHTS ABOUT THINGS

"I want to look back on my life and be giddy with joy that I was the one who got to live it. So far, so good."

... from page 6

ERA OF THE RED ROOM

In this room, I would like to introduce you to some creatures - smart, intelligent and sacred, all born during a time when the color in the room was red. Their parents were also born during the red cycle, and even their grandparents. In fact, as far back as they had recorded history, the room was always red. It's all they've ever known.

Therefore, you might say they have a red consciousness and they expect red. Everywhere they go, they work with red. They are the red people.

ERA OF THE PURPLE ROOM

Over time, the **Rainbow Room** starts to do what it always has done and slowly begins to move into its next color, purple. The room starts to become purple. What happens to those who have always known red? The first thing is fear.

The red people say, "Here comes something odd and unusual, and it has never happened before! It's dark and somehow scary. We must have done it. We must be responsible. There is no other explanation! Therefore, we must find ways to stop the purple. It's supposed to be red. Purple is bad."

WELCOME THE SHIFT

But even among the red people, there are a few who say, "We welcome the purple. We don't know why it's here, but we recognize that it's appropriate. Although we've always been red and we don't understand the purple, we're not afraid of it. Ancient esoteric prophecy told us that someday a shift in the red would come. God bless the purple."

And that's the energy you sit in now, for that which has been normal on this planet for all of these thousands of years is simply shifting. www.kryon.com

I find that a very powerful story and it accurately depicts the divide between the groups. For the most part it's generational however not everyone in the older or newer generations feel the same way. There are conservative, traditional thinking youngsters and progressive, broad-minded elders.

This story made me understand the fear some people have when things are changing. So often they come across as angry and mean spirited when they are actually feeling the anxiety of fear of change.

The older I get, the more I'm inclined to go with the flow and not try to change things that are not mine to change. And I'm sure a lot happier for doing that.

If you create a chemistry of blissfulness within you, the activity you need to perform in the world will not leave a scratch upon you.

Sadhguru Jaggi Vasudev of Isha

I know for a fact this is absolutely true. Keeping the balance of chemistry takes a day to day, hour by hour, moment by moment mindfulness. A lotta work? No, that's why they call it "daily" practice.

Spiritual practice isn't always about praying or saying mantras or affirmations, doing yoga or working your body out. It's about being mindful of what you're doing, mindful of how what you do affects everyone around you and striving to in some way uplift or care for those in your world.

And while we're on the topic of others, here's a great

PROCESS FOR ATTRACTING A SUITABLE PARTNER:

1. Find things you like to do, things that thrill and fulfill you.
2. Spend your days and nights doing these things.
3. Take notice of those you consistently find around you who also find joy in these things. It is from this group you will most quickly attract a compatible mate.

Note: No.1 is the hardest but most important step in the process.

Enjoy our offering this month.
Hari Om.



Andrea

HOROSCOPES OCT 2024



ARIES – (March 19 – April 18)

ARIES: ASTRAL CLIMATE FOR OCTOBER 2024

Some will go through the month smoothly, determined to improve their daily lives without encountering obstacles, while others will have to deal with certain elements of the past that may slow them down but with which they can cope without too much difficulty. Still, others can count on active support and a strong mindset to progress, but they should remember that in the family, not everyone always agrees.

MOOD

ARIES: MOOD FOR OCTOBER 2024

You may be shaken by circumstances that invite you to take a step back from negative emotions. Opt for a strategic approach to actions to move the situation in a positive direction.

LOVE

ARIES: LOVE FOR OCTOBER 2024

If tensions rise in the family and you struggle to communicate smoothly with others, focus on a genuine desire to smooth things over and improve the situation to get out of the deadlock. By letting go of the past, you will have the best chance of calming spirits.

In a relationship: it's not certain that you will truly flourish, as tense exchanges could disrupt the harmony between you and your loved ones. Avoid intervening without first considering the impact of your words and actions.

Single: it is probably within the family that issues may arise if jealousy and resentment are revived and spoil the atmosphere. To resolve what surfaces, start by honestly addressing sensitive issues.

MONEY

ARIES: MONEY FOR OCTOBER 2024

If you have to deal with difficult day-to-day management, discuss with your loved ones to find a solution together rather than getting upset and causing chaos.

WORK

ARIES: WORK FOR OCTOBER 2024

You are mainly concerned with family issues that leave you little time to innovate or shine professionally. To

stay on track at work, do not hesitate to reach out to others and keep the dialogue open.

LEISURE

ARIES: LEISURE FOR OCTOBER 2024

If you manage to escape a heavy family atmosphere for a moment, retreat into reading, and prioritize solo getaways in nature; it's a great way to recharge.

KEY DATES

ARIES: KEY DATES FOR OCTOBER 2024

The 4th: a better understanding of what happened in the past could help you innovate in love, to surrender more or to better control your intense sensuality.

The 8th: communication flows well between you and others, and good humor prevails in exchanges. Take advantage of these good dispositions to improve your family ties.

The 14th: maintain friendly exchanges with those around you because if you raise your voice, it is unlikely to be appreciated. Do your best to elevate discussions and smooth things over.

The 22nd: reflection helps you shed light on the past, on events that continue to weigh you down. Some should be careful not to engage in power struggles with authority.

The 28th: if you aspire to improve your relationships, do not let past elements that could negatively interfere with your desires overwhelm you. In the family, your intuition guides you in the right direction.

ADVICE

ARIES: ADVICE FOR OCTOBER 2024

This is not a serene month; you will need to understand what is happening in your private life and what still pertains to a past that must be integrated or left behind.

TAURUS – (April 19 – May 19)

TAURUS: ASTRAL CLIMATE FOR OCTOBER 2024

Some exchange with sweetness and sensuality, exercising their power of seduction on those they like. Others need to manage their surroundings to gain support for a long-term project. Still, others are mobilizing to develop their potentials and defend their interests, avoiding tensions to achieve their ambitions.

MOOD

TAURUS: MOOD FOR OCTOBER 2024

Your diplomacy allows you to carry out your projects, but avoid showing your annoyance if you find others to be finicky.

HOROSCOPES OCT 2024



LOVE

TAURUS: LOVE FOR OCTOBER 2024

If you agree with your partner on a long-term project, avoid conflicts over daily details that might spoil the atmosphere. Make compromises.

In a relationship: If you agree on how to approach the future, stay attentive to potential problems and maintain your self-control.

Single: If you are working on a project that affects your future, rely on the support of others. Avoid contentious topics.

MONEY

TAURUS: MONEY FOR OCTOBER 2024

Some negotiations might hit a wall at the end of the month; revise your ambitions downward to better accept the situation.

WORK

TAURUS: WORK FOR OCTOBER 2024

If your charm works and you have convincing arguments, avoid raising your voice; differences in opinion may arise. At the end of the month, finances will be discussed.

LEISURE

TAURUS: LEISURE FOR OCTOBER 2024

Discuss your perspectives and communicate with those you love.

KEY DATES

TAURUS: KEY DATES FOR OCTOBER 2024

6th: Don't raise your voice to avoid hurting nearby sensitivities. Restrain your desire to dominate the debates and adapt to your audience.

8th: Stay attentive to your interlocutors, both private and professional partners, to finalize an agreement or sign a promising contract.

13th: Your great ambitions should not interfere with what is expected of you daily, and don't try to force your way through.

16th: You can charm and captivate others by presenting an inspiring project that makes them want to join you on the adventure, especially if your prospects concern the well-being of the community.

25th: You have no shortage of arguments or determination to assert your uniqueness. You aspire to break free from the usual codes, but do so with tact.

ADVICE

TAURUS: ADVICE FOR OCTOBER 2024

Approach the month without getting upset or putting pressure on anyone. Cultivate team spirit and solidarity to overcome obstacles.

GEMINI – (May 20 – June 19)

GEMINI: ASTRAL CLIMATE FOR OCTOBER 2024

Some enjoy a cloudless daily life and sail through the month in peace, while others redouble their goodwill to prove to those around them that they are willing to cooperate, to put their talents at the service of the community, and to keep the dialogue open. Still, others, even as they embark on a new cycle of expansion, must be careful not to demand too much from others if they wish to maintain their popularity.

MOOD

GEMINI: MOOD FOR OCTOBER 2024

You're in a somewhat gloomy mood as you need to make extra efforts to keep up. You are weighed down by a workload that prevents you from expressing your desires, causing you to suffer. However, now is not the time to assert yourself, and even less to complain.

LOVE

GEMINI: LOVE FOR OCTOBER 2024

You rely on your personal charisma and your ability to support those around you selflessly to smooth out daily life and get through the month without trouble. If you struggle to communicate calmly, lower your tone and remain sensitive to the needs of others.

In a relationship: To navigate the month without being weighed down by a heavy atmosphere, stay open and considerate of your loved ones' well-being rather than being overwhelmed by social concerns.

Single: Despite undeniable charm, you may find it difficult to feel completely available, free to surrender to the thrill of love. To get through the month without feeling lonely, cultivate a spirit of solidarity.

...continued on page 36

HOROSCOPES OCT 2024



MONEY

GEMINI: MONEY FOR OCTOBER 2024

No matter how much you ask for more or request a raise, you may face a setback. To plead your case, start by serving the company's interests.

WORK

GEMINI: WORK FOR OCTOBER 2024

A stern sky weighs on your social and professional life. You are burdened with responsibilities and tasks that you must face without shirking. Accept participating in the collective effort without seeking to defend your personal interests for now.

LEISURE

GEMINI: LEISURE FOR OCTOBER 2024

If you manage to escape your responsibilities, indulge in a hobby, cultivate a creative activity, or a talent to maintain your self-confidence, which has been a bit tested lately.

KEY DATES

GEMINI: KEY DATES FOR OCTOBER 2024

The 2nd: The new moon encourages you to openly express your talents and enhances your personal charisma. This increased magnetism attracts success in love and business.

The 4th: You want to serve the company's interests, and you put everything into innovating. Your superiors appreciate this.

The 8th: Your heart sings, your love life fulfills you, and your seductive power works, enough to lift your spirits. It's the perfect time to present your best arguments and passionately plead your case.

The 14th: Don't try to stand out from others; your bold projects could create divisions. Continue to work in the general interest without causing waves, as the best can become the enemy of the good.

The 22nd: Don't overuse your current charisma to pressure those in power and with money to get more. Continue to work diligently without complaining. Your dedication and talents will eventually pay off.

ADVICE

GEMINI: ADVICE FOR OCTOBER 2024

To handle October at best, don't put yourself too much in the spotlight, go with the flow, and temporarily give up defending your personal interests.

CANCER – (June 20 – July 21)

CANCER: ASTRAL CLIMATE FOR OCTOBER 2024

Some are dedicated to serving those around them, while others use their charisma to pursue their ambitions, risking displeasure if they try to impose their will. Others, meanwhile, are quietly preparing a new cycle of growth and seeking to innovate with their family. They should consult their loved ones before deciding to launch their bold projects.

MOOD

CANCER: MOOD FOR OCTOBER 2024

You are not lacking in ambition and are in search of an ideal to achieve. This aspiration could isolate you if you adopt a too rigid attitude and impose your worldview on others. Stay accessible and approachable.

LOVE

CANCER: LOVE FOR OCTOBER 2024

Count on Venus to meet your growing sentimental needs. This sky enhances your ideals, but also a rigidity that is not very compatible with the sensuality of love. If your heart seeks to open, a certain coldness restrains your impulses at the end of the month.

In a relationship: The sky raises your level of expectation. While Venus heightens your desire to please, it is not enough to fully warm the atmosphere, so relax.

Single: You do not play with love; you aspire to find someone who meets your high ambitions. Do not set the bar too high to avoid ending up alone.

MONEY

CANCER: MONEY FOR OCTOBER 2024

Your ambitious creations make an impression and earn you some successes. Persevere in your endeavors. Your energy and achievements will be appreciated and will enhance your credibility more than your finances.

WORK

CANCER: WORK FOR OCTOBER 2024

You are putting your talents at the service of the community, or even a personal ideal to achieve. While your initiatives and determination to showcase your abilities pay off, do not set yourself up as a model, at the risk of being seen as annoying.

HOROSCOPES OCT 2024



LEISURE

CANCER: LEISURE FOR OCTOBER 2024

Rely on dynamic energy, combined with a desire to love and be loved, to warm the atmosphere and break out of your isolation. Your loved ones are just waiting for this to celebrate.

KEY DATES

CANCER: KEY DATES FOR OCTOBER 2024

The 6th: Watch out for family tensions if you decide everything. Your loved ones do not like your initiatives and especially your methods. Be sure to consult them before making decisions.

The 13th: You will not maintain harmony at home if you do not keep the dialogue open; do not hurt susceptibilities.

The 16th: Count on an ideal climate to achieve your emotional ambitions. Whether you want to evolve your current relationships or find the rare gem, now is the time to keep your eyes and heart open.

The 25th: Your energy is contagious, one of your projects takes off. Rely on your natural authority and enthusiasm to rally support around a bold project.

The 28th: Serve the common cause to avoid cooling the atmosphere by displaying ideals that are seen as too austere or unattainable. On the other hand, some know how to motivate their team to embark on their dream.

ADVICE

CANCER: ADVICE FOR OCTOBER 2024

October invites you to smooth things over, to show what you are capable of without becoming obsessed with unattainable perfection.

LEO – (July 22 – August 21)

LEO: ASTRAL CLIMATE FOR OCTOBER 2024

Some prioritize their family life and have every chance of having a good time with those they love. Others positively improve the atmosphere at home, which has been somewhat weighed down by material problems. Still, others quietly but effectively communicate about an exciting project they are advocating for.

MOOD

LEO: MOOD FOR OCTOBER 2024

To effectively manage your communication, avoid being overwhelmed by latent aggression that impairs the quality of your exchanges. Stay attentive and do your best to improve your connections.

LOVE

LEO: LOVE FOR OCTOBER 2024

You are evolving your family situation, your connections are changing, allowing you to break away from past conditioning. If you manage events smoothly, beware of interventions that could be displeasing.

In a relationship: Ensure to gently intervene in family matters to improve the atmosphere at home, taking advantage of lessons learned from the past, and to establish a better foundation.

Single: Do your best to convey your messages smoothly within the family. Remove some barriers without raising your voice.

MONEY

LEO: MONEY FOR OCTOBER 2024

If financial difficulties hinder your progress, try to explain it to your loved ones and seek solutions together. If you keep everything to yourself, you may tend to lash out at everyone.

Work

Leo: Work for October 2024

Until the 11th, Mars encourages you to act covertly, not revealing your intentions. If a recently launched project seems stalled, do not force anything and patiently wait for the right moment to bounce back.

LEISURE

LEO: LEISURE FOR OCTOBER 2024

If you hit a wall, it's with your loved ones that you'll find the comfort you seek. There's no need to blow the budget by organizing a family meal; a little walk in the forest is enough.

KEY DATES

LEO: KEY DATES FOR OCTOBER 2024

The 4th: By smoothly conveying your messages within the family, you'll best succeed in overcoming recurring obstacles that hinder your family fulfillment. Keep going in this direction.

...continued on page 38...

HOROSCOPES OCT 2024



The 8th: There's good rapport between you and your loved ones. You find the right arguments to convince them to believe in you and follow you in the pursuit of your enticing projects.

The 14th: Avoid pressuring those around you to win support. However, if you tantalize them with exciting prospects, you'll convince them.

The 17th: It's through benevolent actions that you can make a difference within the family. The full moon invites you to believe in your dreams and broaden your horizons.

The 30th: Take the time to discuss with your loved ones about a career plan evolution that could disrupt family norms. Don't impose a change on them that you haven't prepared them for.

ADVICE

LEO: ADVICE FOR OCTOBER 2024

If you feel like nothing is moving, evolve your family ties to understand together what's blocking and tighten ranks around a challenge to overcome.

VIRGO – (Aug 22 – Sept 21)

VIRGO: ASTRAL CLIMATE FOR OCT 2024

While some hope to navigate the month in harmony with their surroundings and loved ones, others, facing difficulties in their interactions, must find the words to restore things. Alongside their social ascent, they must nurture a love life undergoing significant changes.

MOOD

VIRGO: MOOD FOR OCTOBER 2024

You understand that to warm up the atmosphere, you must take a step towards others and lower your tone. To open up the future to your ideas, don't alienate anyone. Initiate discussions and do your best to elevate them.

LOVE

VIRGO: LOVE FOR OCTOBER 2024

If you find it challenging to communicate with your partner, rely on Venus to infuse your exchanges with tenderness. Reconnect through discussing a shared project. Towards the end of the month, if the connection is there, increase your listening and delicacy to ensure understanding.

In a relationship: The most crucial aspect is to keep the dialogue open between you and your partner. Approach it gently, and do your best to gather support from your loved ones.

Single: If you struggle to connect with others, leverage the planetary influences of the month to thaw the atmosphere by employing gentle methods to communicate positively and constructively.

MONEY

VIRGO: MONEY FOR OCTOBER 2024

You have a project in mind, but you demand the freedom to finance it. It's uncertain whether those you're in business with will allow you this freedom.

WORK

VIRGO: WORK FOR OCTOBER 2024

Your professional relationships are not immune to the austere, even frustrating atmosphere prevailing in your exchanges. Restore a creative dialogue and avoid imposing your prerogatives in an authoritarian manner. By remaining attentive to others, you'll succeed in making yourself heard.

LEISURE

VIRGO: LEISURE FOR OCTOBER 2024

It's by championing motivating perspectives that you truly feel alive. You mobilize to inspire those whose support you hope for without too much resistance.

KEY DATES

VIRGO: KEY DATES FOR OCTOBER 2024

The 6th: Don't pressure those financially supporting you and finding you demanding. Lower your tone.

The 8th: You know how to utilize and express your talents to strengthen your career plan. It's time to negotiate to your advantage, convince, or even charm.

The 16th: There's a connection between you and the other. Whether it's a private or professional partner, you enchant them, rallying them to your cause.

The 22nd: It's through thoughtful communication and developed arguments that you restore the dialogue. The other is receptive to your honesty.

The 28th: Your determination to carry out a project resonates with others; you inspire your surroundings. Within the family, some must employ gentle methods to thaw the atmosphere and restart discussions.

ADVICE

VIRGO: ADVICE FOR OCTOBER 2024

Rely on tact and delicacy to make others aware of your

HOROSCOPES OCT 2024

projects. If you experience communication difficulties, strive to restore the flow gently, without force.



LIBRA – (Sept 22 – Oct 21)

LIBRA: ASTRAL CLIMATE FOR OCTOBER 2024

Some communicate with delicacy and negotiate in their favor. Others leverage their talents to smooth things over and warm up a somewhat austere atmosphere. Finally, some forcefully pursue their ambitions but need to dial down their demands to achieve their goals without too much difficulty.

MOOD

LIBRA: MOOD FOR OCTOBER 2024

You feel your spirits lifting, your inspiration returning; you regain confidence in yourself and your ability to take on overwhelming tasks and responsibilities. Beware of certain remarks that could backfire.

LOVE

LIBRA: LOVE FOR OCTOBER 2024

If the daily grind weighs you down, rely on your resources to lighten the mood, to find ways to facilitate communication, and to come up with solutions to break free from the deadlock. However, your messages aren't always well-received, and you're not immune to tensions or the return of gloominess.

In a relationship: you struggle to manage everyday affairs, to escape from a burdensome routine; regain confidence in yourself and your resources to keep your head above water.

Single: this isn't the best month of the year to exercise your charms. Your priority is to mobilize your talents to cope with an uninspiring routine.

MONEY

LIBRA: MONEY FOR OCTOBER 2024

This is where you have the most luck. If you're struggling to meet the demands of daily life, showcase your talents.

WORK

LIBRA: WORK FOR OCTOBER 2024

It's time to tap into the resources within you that will allow you to score points. You can draw the attention of your superiors by redoubling your efforts to show what you're capable of. But don't get cocky, risking irritation from your higher-ups.

LEISURE

LIBRA: LEISURE FOR OCTOBER 2024

Everyday affairs continue to weigh down your routine. If you manage to escape for a moment, cultivate your talents to dispel the cloudy cover.

KEY DATES

LIBRA: KEY DATES FOR OCTOBER 2024

The 2nd: the new moon in your sign invites you to launch a new cycle of expansion. It's not the time to doubt but rather to project yourself into perspectives that call upon your talents and the expression of boldness.

The 6th: avoid asking for too much if you don't want to displease a hierarchy that, while appreciating your expertise, dislikes you trying to force their hand.

The 13th: don't seek to dominate family discussions where recurring issues need to be approached gently.

The 16th: rely on your potential to influence those around you to your advantage. You can charm, seduce, and create a friendly atmosphere. It's the perfect moment.

The 22nd: negotiate considering a tight budget and don't impose your own point of view on your loved ones if you don't want to complicate exchanges.

ADVICE

LIBRA: ADVICE FOR OCTOBER 2024

October favors your resurgence if you maintain confidence and use your talents to meet the challenges posed by a somewhat gloomy daily life.

SCORPIO – (Oct 22 – Nov 20)

SCORPIO: ASTRAL CLIMATE FOR OCTOBER 2024

Some appetites are increasing, with the prospect of a new cycle of expansion. In this supportive context of their aspirations, they must be careful not to abuse their power of seduction to demand more than is offered to them. Some take advantage of opportunities to renew their existence, but they must play fair to progress without sowing mistrust.

MOOD

SCORPIO: MOOD FOR OCTOBER 2024

...continued on page 40...

HOROSCOPES OCT 2024



You are riding on less restrictive currents; it's time to showcase yourself, to reconnect with the pleasure of creating, to trust those you love. Certain tendencies were a bit forgotten lately; you were a prisoner of frustrating constraints.

LOVE

SCORPIO: LOVE FOR OCTOBER 2024

Count on your radiance to warm the atmosphere between you and the chosen one of your heart or between you and your children, rekindling enthusiasm on the emotional level. Others are more inclined towards criticism than passionate impulses. A return to austerity is not to be ruled out.

In a relationship: the desire to love and to be loved is reborn. Rely on your charm to reignite the embers and reconnect with the dizzying feeling of love, while awaiting a month-end that is probably less glamorous.

Single: currently, if you feel alone in the world, use your seduction to break free from your condition, even if frustration unfortunately remains on the agenda.

MONEY

SCORPIO: MONEY FOR OCTOBER 2024

If your radiance allows you to evolve, don't expect to reconnect with abundance. Don't throw money out the window, or you might find yourself short at the end of the month.

WORK

SCORPIO: WORK FOR OCTOBER 2024

More inspired, you are more likely to push the limits that restrain your potentials. You benefit from a little more freedom and space to assert your ambitions. Except at the end of the month when a lack of means could hold you back.

LEISURE

SCORPIO: LEISURE FOR OCTOBER 2024

Take advantage of feeling better to push your limits, to surpass yourself, even to take some risks. Organize a mountain hike, a rally, or any activity that will make you feel like you're reclaiming your power.

KEY DATES

SCORPIO: KEY DATES FOR OCTOBER 2024

The 6th: Assert your claims by nuancing your approach to avoid being slowed down, criticized, or schemed against behind your back.

The 8th: Your charm allows you to influence your hierarchy and evolve your love stories. In the background, some events favor the emergence of a new cycle of expansion.

The 13th: Some verbal slip-ups could backfire on you and your interests. Avoid gossip, unless you yourself are the victim of sneaky attacks. Stay on guard.

The 16th: A harmonious atmosphere prevails; you feel in harmony with the other. A conducive ambiance to tender impulses and declarations, shared dreams, a common ideal. Whether in terms of emotions or your potentials, you are inspired and inspiring.

The 25th: You can persuade your partners to follow you; they are eager for novelty, broader horizons, they appreciate your proposals to push the boundaries of the possible.

ADVICE

SCORPIO: ADVICE FOR OCTOBER 2024

Venus reinforces your personal radiance, regain confidence in yourself and in your ability to believe in life, don't let yourself be discouraged.

SAGITTARIUS – (Nov 21– Dec 20)

SAGITTARIUS: ASTRAL CLIMATE FOR OCTOBER 2024

Some benefit from charisma and work behind the scenes to gracefully open a new cycle of expansion. Others face family problems that they creatively address by stepping back from events. Still, others experience happy events but need to understand that their budget has limits.

MOOD

SAGITTARIUS: MOOD FOR OCTOBER 2024

Count on your ability to contain your emotions, to act only after careful consideration to manage family friction. Avoid deciding alone what would be best for everyone and using your charm to gain favor.

LOVE

SAGITTARIUS: LOVE FOR OCTOBER 2024

You are evolving a delicate family situation by acting discreetly but effectively, by stepping back, and by resisting the temptation to act too impulsively. If you control your emotions, you will succeed in innovating smoothly.

In a relationship: Avoid intervening hastily, risking to dampen the family atmosphere. Prefer to move forward with caution.

HOROSCOPES OCT 2024



Single: You are seeking the best way to approach certain family difficulties, to resolve lingering sensitive situations. Avoid rushing anyone.

MONEY

SAGITTARIUS: MONEY FOR OCTOBER 2024

Do not overstep your bounds, tensions could arise if you forget the spirit of teamwork.

WORK

SAGITTARIUS: WORK FOR OCTOBER 2024

Some family matters occupy your mind, but rely on your determination to influence an ongoing project. You redouble your efforts to get your way but tone it down to avoid losing valuable support.

LEISURE

SAGITTARIUS: LEISURE FOR OCTOBER 2024

The current situation encourages you to prioritize reflection over action. Take advantage of this period of withdrawal to read, dream, and escape mentally.

KEY DATES

SAGITTARIUS: KEY DATES FOR OCTOBER 2024

The 2nd: The new moon puts your future in the spotlight. It's time to make plans considering your resources and possible obstacles to not evade to properly direct your future.

The 6th: Do not pressure those who hold the funds and who will remind you if you exceed the limits.

The 14th: A project, prospects to consider together. Whether you decide to marry or to partner up, everything you undertake presents itself under the best auspices.

The 17th: It is by working behind the scenes, discreetly deploying your potential and talents, that you score points. Rely on your benevolence to motivate those who secretly defend your interests.

The 28th: You overcome a certain opacity in your family relationships. Rely on your natural authority to uncover certain secrets, clarify certain gray areas.

ADVICE

SAGITTARIUS: ADVICE FOR OCTOBER 2024

Only initiatives taken without haste, considering their impact, will positively evolve things. Renounce any decision made in haste.

CAPRICORN – (Dec 21 – Jan 19)

CAPRICORN: ASTRAL CLIMATE FOR OCTOBER 2024

Some are scrutinizing their emotions, delving into their hearts to prepare for a new cycle of emotional life.

Others are communicating around a project to overcome a difficulty, engaging in spontaneous and warm exchanges. Finally, some are riding favorable currents that improve their daily lives if they refrain from putting pressure on others.

MOOD

CAPRICORN: MOOD FOR OCTOBER 2024

If you reconnect with those you love and envision a bright future with them, you're not inclined to make concessions and assert yourself without reserve.

LOVE

CAPRICORN: LOVE FOR OCTOBER 2024

If you struggle to communicate and find yourself withdrawing a bit, rely on Venus to break out of your shell and connect with those you love. A charming project brings you together and encourages you to assert yourself.

In a relationship: you are more open to exchanges, certain perspectives inspire you, and urge you to abandon your reserve. Avoid hurting anyone by closing yourself off like an oyster.

Single: you break out of your silence to initiate discussions about an exciting project. Unless some loyal companions manage to cheer you up by involving you in their world.

MONEY

CAPRICORN: MONEY FOR OCTOBER 2024

If you need anything, you get it. Your offensive determination serves you well in effectively pleading your case.

...continued on page 42...

HOROSCOPES OCT 2024



WORK

CAPRICORN: WORK FOR OCTOBER 2024

You wield arguments capable of leaving an impression, asserting your ideas and trying to convince your partners to adhere to them. With such appealing prospects, you might succeed.

LEISURE

CAPRICORN: LEISURE FOR OCTOBER 2024

Rely on your circle to come together around a unanimously appealing project. You delight in appealing prospects or delightful shared moments.

KEY DATES

CAPRICORN: KEY DATES FOR OCTOBER 2024

The 4th: you break away from cold, contained exchanges with those around you by communicating about a unifying project, likely to pleasantly warm the atmosphere.

The 8th: you put pressure on those who can contribute to the development of your plans, and you show conviction. It's time to show what you're capable of.

The 16th: the rapport between you and those you love is good. A shared vision of the future brings you closer, and you find the words to encourage others to take off with you.

The 22nd: you communicate rigorously to set your projects on the right track. There's no question of embellishing the picture, but rather of assuming your responsibilities. Avoid taking yourself too seriously.

The 30th: to avoid giving off too eccentric an image, don't overdo it with originality that might quickly be labeled as eccentricity.

ADVICE

CAPRICORN: ADVICE FOR OCTOBER 2024

On one hand, the sky urges you to assert your needs, to convince, but on the other hand, it invites you to share precious moments in pleasant company. These tendencies aren't necessarily antagonistic if you put your offensive energy at the service of a common project.

AQUARIUS – (Jan 20 – Feb 17)

AQUARIUS: ASTRAL CLIMATE FOR OCT 2024

Dreams fill the minds of some, and tender projects seem to come to fruition. It's also an opportunity to

take the forefront professionally. However, others must contend with a tight budget to hope to impress those in high places without being overly optimistic. Still, some rely on their popularity and creativity to achieve their ambitions, whether in business or love.

MOOD

AQUARIUS: MOOD FOR OCTOBER 2024

Opt for a nuanced approach with your surroundings to avoid alienating those who could be useful in supporting your ambitions. Stay patient despite the urge to speed things up; keep your tone down. Remain available and helpful.

LOVE

AQUARIUS: LOVE FOR OCTOBER 2024

Your social ambitions take precedence over your quest for love. Even though one doesn't necessarily hinder the other, you expend more energy trying to impress the hierarchy than to please your partner.

In a relationship: you're not very present at home; explain to your beloved that you're focusing on advancing with your superior to meet your demands.

Single: more inclined to use your seductive power for more practical purposes than truly romantic ones, your primary goal is to charm your superiors to garner their support for your ambitions.

MONEY

AQUARIUS: MONEY FOR OCTOBER 2024

The sky limits your means and encourages you to save rather than spend recklessly. If your requests are granted, you'll have to make do with little.

WORK

AQUARIUS: WORK FOR OCTOBER 2024

Strive to prove to those in charge that you can serve the company's interests as much as your own. You'll gain more by charming than by forcing anyone's hand.

LEISURE

AQUARIUS: LEISURE FOR OCTOBER 2024

Venus increases your desire to shine in society. Don't hesitate to frequent circles that could foster your expansion to attract attention to yourself.

KEY DATES

AQUARIUS: KEY DATES FOR OCTOBER 2024

The 6th: don't overdo it; others perceive that you're working solely for your own benefit, so tone it down if

HOROSCOPES OCT 2024



you don't want to displease.

The 13th: past failures, doubts, complexes, and a certain lack of self-confidence interfere with the realization of your otherwise legitimate ambitions. Avoid overthinking and especially ruminating.

The 17th: rely on your charisma to strengthen your popularity and make those who observe you want to defend **your** interests. The full moon favors communication; it's not the time to stay silent.

The 25th: you spare no effort to evolve your situation and innovate within your family. If you want to break free from past conditioning, take action.

The 28th: you're striving to exploit and express your potentials. This broadening of your skills promotes the improvement of your income. However, others must revise their projects downward.

ADVICE

AQUARIUS: ADVICE FOR OCTOBER 2024

If you rely on your charm to get ahead, keep in mind that the numbers are decreasing. So, take it easy.

PISCES – (Feb 18 – March 18)

PISCES: ASTRAL CLIMATE FOR OCTOBER 2024

Some aspire to broaden their horizons and have the means to do so. Others need to avoid focusing on themselves if they want to be followed without reluctance. Some strive to improve their living conditions and convince those around them of their good intentions. It's up to them to be persuasive.

MOOD

PISCES: MOOD FOR OCTOBER 2024

Saturn darkens your vision, but Venus warms the atmosphere this month. Step out of your shell without imposing your opinions.

LOVE

PISCES: LOVE FOR OCTOBER 2024

It's time to temper your demands; October brings more flexibility to evolve your connections and seek the rare gem. Avoid trying to impose your desires on others.

In a relationship: Venus reinforces your desire to give meaning to your loves and elevate discussions. Express this longing for the absolute without excessive pressure on your partner.

Single: Venus encourages you to break out of your shell to reconnect with the outside world. Your romantic ambitions are rising, but avoid excessive demands.

MONEY

PISCES: MONEY FOR OCTOBER 2024

Avoid putting pressure on those who serve your interests. A subtle approach will increase your chances of persuasion.

WORK

PISCES: WORK FOR OCTOBER 2024

In the midst of inner reconstruction, explore new perspectives, broaden your horizons, and assert your ambitions. Use your talents without manipulating anyone to achieve your goals.

LEISURE

PISCES: LEISURE FOR OCTOBER 2024

Take advantage of your desire for openness for a beneficial getaway, both physically and morally. Venture out and break free from your routine.

KEY DATES

PISCES: KEY DATES FOR OCTOBER 2024

The 4th: More demanding on the emotional front, you aspire to find the rare gem that will meet your expectations and be in line with the maturity you've gained over time.

The 8th: You have set criteria that the other must meet. Whether you're already in a relationship or searching for a soulmate, you allow no compromises on this ideal to achieve. Within the family, bonds evolve positively.

The 14th: Things are evolving within the family, with a child on the way, a move that changes everything... Don't impose anything on others without prior discussion.

The 22nd: You have no shortage of arguments to assert your ambitions, but don't pressure those who hold the funds if you want to maintain their support.

The 28th: You are investing to fulfill a dream, to reach an ideal. Whether in the emotional or creative realm, you're nearing the goal. But avoid flaunting yourself in society, risking arousing animosity.

ADVICE

PISCES: ADVICE FOR OCTOBER 2024

Open yourself to new perspectives. Get some fresh air and lighten the mood.



Mitch Ditkoff

A CODE TO LIVE BY, A BOOK THAT MY DAUGHTER, MIMI, ASKED ME TO WRITE

... from page 14

27. Don't take myself so seriously.
28. Life is not what I think.
29. Take more time to smell the roses (and plant some, too).
30. There is a feeling deep within me that is absolutely exquisite.
31. Chop wood. Carry water. Floss.
32. There is a difference between desire and longing. Desire is wanting what I don't have. Longing is wanting what I do.
33. People appear more beautiful the more beautiful I feel.
34. Thirst is a good thing – the thirst for the divine.
35. Let go of letting go. Then let go of that, too.
36. There is nothing to be afraid of. Nothing.
37. I am guided and protected by all of the powers of love. Always was. Always will be. And you, too!
38. Trust that which is trustworthy.
39. Stretch more.
40. Don't turn my point of view into a religion.
41. Be kinder to myself. That's where kindness to others begins.
42. Get enough rest.
43. I don't really need anyone's approval.
44. I am not a victim. No one has power over me.
45. I am responsible (and so are you).
46. Honor my word.
47. Most conversations are about the past, the future, or unfinished business.
48. Bobby McFerrin was right. Don't Worry, Be Happy
49. When I'm not on the path, it's razor thin. When I'm on the path, it's a million miles wide.
50. Adapt. Adjust. Flex to the moment.
51. All Masters have said the same thing in different ways.
52. Everything I need is coming to me and I already have everything I need.
53. Keep it simple.
54. We are all in this together.
55. When a pickpocket meets a saint, all he sees are pockets.
56. Ideas are sometimes more than ideas. They are inspirations from the beyond.
57. We all have a story to tell. Let's tell it already.
58. Learn from my mistakes.
59. Enjoy this "come as you are" party.
60. The goal is not perfection. The goal is to become fully awake.
61. Say YES!
62. Take one breath at a time (then give it back).
63. Life is a dance. Keep dancing!

... continued on page 47...

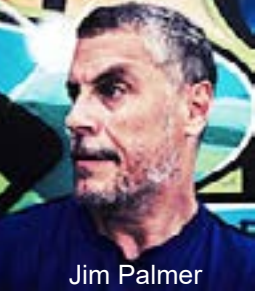


Mitch Ditkoff

A CODE TO LIVE BY, A BOOK THAT MY DAUGHTER, MIMI, ASKED ME TO WRITE

... from page 46

64. I am both the center of the universe and an extremely small particle of dust.
65. Drink more water.
66. The people I don't like often teach me more than my friends.
67. I am a nobleman. My father is the King.
68. Life is not so much about the what, but the how.
69. Be careful not to get addicted to my own story.
70. When I meet the Buddha on the road, ask him if he wants a foot massage.
71. Celebrate more.
72. Learn how to say no without being negative.
73. Each step is also an arrival.
74. There's nothing wrong with inconsistency. Yes there is.
75. Peace is possible on planet Earth.
76. Keep learning every day.
77. Read all contracts carefully before signing them.
78. The mind is a chicken with its head cut off.
79. We are all on a hero's journey.
80. Ask for help. There are allies everywhere.
81. God is in the details.
82. Stop trying so hard.
83. Write a letter, by hand, once in a while.
84. It's not about what others think of me. It's what I think of myself.
85. When I find a pair of pants I really like, buy two.
86. Be the same in a room full of people as I am when I'm all alone.
87. Ask for what I want.
88. Forgive.
89. Stop complaining.
90. Treat people to dinner more often.
91. Meditate.
92. The average life span is 25,500 days.
93. Be happy for others' successes.
94. Gratitude is the most authentic prayer.
95. Don't judge the judgers for judging.
96. "Ask not to be loved, but to love." — St. Francis
97. Enjoy the play of life.
98. Pause before committing.
99. I have no problems. The only problem I have is thinking I have problems.
100. Every cloud has a silver lining. Every silver lining has a golden lining.
100. Be a field big enough for others to dance in.



Jim Palmer

NON-RELIGIOUS SPIRITUALITY

... from page 24

In my view, when **Jesus** said, “I and the **Father** are one”, he was saying in his own words, “Thou art That.” Many people miss this because they confuse **Jesus’** metaphor (“Father”) to mean a male supreme being sky-god. In my view, it can’t be any more clear in passages such as John 17:22-23 that **Jesus** saw **God** and humankind as one reality.

Both **Jesus** and the **Buddha** taught that true liberation occurred as a result of a deep-seated change of perception within oneself. I discuss this in great detail in last week’s article, Seeing is Believing. Neither **Jesus** nor the **Buddha** taught that this liberation makes one indifferent toward the world. In fact, once a person connects with true peace, joy and well-being inside and finds that “kingdom of **God**” or “nirvana” within, one can give themselves fully to the world in love and compassion without greed, hatred or judgement.

Buddha was right - there is suffering and we can liberate ourselves from it.

Jesus was right - there is no separation between **God** and humankind.

CARRYING JESUS AND BUDDHA IN MY HEART

Jesus was put to death at a very early age. He was crucified as a criminal. The **Buddha** in later years became frail and fell ill near a remote village near the border of **Nepal**, and died. Statements made by **Jesus** and the **Buddha** before their deaths indicated that they did not want to leave the world behind - a world they had loved so much.

Both **Jesus** and **Buddha** told their followers to use even their deaths as an occasion for awakening. They did not deny or gloss over the sorrow, grief and sadness that would be felt among their friends and followers by their passing from the world. All along both **Jesus** and the **Buddha** demonstrated that there was both sorrow and joy on the journey of life, but that the underlying truth and ultimate reality never swayed. Knowing their deaths were near, each reminded their followers of the task at hand to live by the same spirit and to walk in truth.

I feel a great love for the **Buddha**. How he entered the suffering of the world and his resolve to overcome it. When I ponder his moment of enlightenment under the Bodhi Tree I feel a peace in my own heart. I am also grateful to **Jesus**. I see his revolutionary spirit and relentless love, and how he demonstrated the human and divine together as one.

Jesus said, “I am the truth.” The **Buddha** said, “He who sees me sees the teaching and he who sees the teaching sees me.” It is not necessary to build a religion around **Jesus** or **Buddha**. Embrace the truth they taught, demonstrated and lived.

Jesus said there would come a time when the world would no longer see him. The **Buddha** said “if you meet **Buddha** on the street, kill him.” Meaning, there is no **Jesus** or **Buddha** except the **Jesus** and the **Buddha** that is within ourselves and that each of us are. Each of us must walk our own path of enlightenment and liberation. We must be able to say “I am the truth” and “He who sees me sees the teaching.” Do you understand? The path is within you. The path is you. You must walk it. You must be that path.

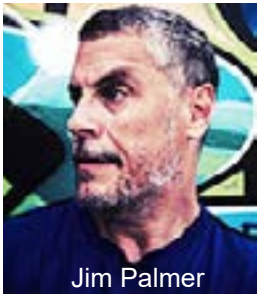
One of the reasons I have great respect for **Jesus** and the **Buddha** is that they came to their truth through their own journey and experiences of living, and followed the insight they found deep within themselves and applied it to their daily lived human experience.

Jesus had a religious tradition that he could have easily followed but he forged a different path based on the spiritual reality and authority he found within himself. The **Buddha** poured himself into many religious pathways to find the root cause and solution to human suffering. He had many failed attempts looking for the answer but his resolve kept him going until he discovered it within himself.

Despite the fact that their truths stood in opposition to the prominent beliefs and views of their day, **Jesus** and **Buddha** both trusted themselves. In the face of resistance, disapproval, rejection, danger and even death, they did not waver. They both lived their truth - owned it, expressed it, demonstrated it... became it.

The **Buddha** and **Jesus** had moxie and did not mince words. The **Buddha** laid out the entire cause and solution to human suffering in four simple points. **Jesus** said, “I am the truth.” They were often misunderstood, dismissed, ridiculed and treated unkindly. Neither one held back or flinched and I love them for that.

... continued on page 49...



NON-RELIGIOUS SPIRITUALITY

... from page 48

I sometimes wonder what more we would have gained if **Jesus** and the **Buddha** had lived many more years. We tend to think that their significance lies in their teachings and truths, but consider the possibility that perhaps the greatest lesson is how they arrived at them.

Like **Jesus** and **Buddha**, question everything. Look inside yourself deeply. Don't blindly follow others. Put everything to the test of your direct experience. Go to the heart of it all. Be willing to walk away from what you've been told. Become the heretic. Find the truth within yourself. Don't just find it or talk about it... become it. Be the truth.

I carry **Jesus** and **Buddha** in my heart. Not because I am a **Christian** or **Buddhist**, but because I stand in respect and solidarity with their journey, their wisdom, their compassion, and the lives they lived. **Jesus** wept and **Buddha** was brokenhearted by the suffering of the world. The way these two so completely identified with the human condition touched my heart and greatly impacted my journey.

This is where we start. We look out and we see suffering, we look inside ourselves and we find suffering. This suffering is a chronic unhappiness, disharmony, anxiety, and emptiness we carry and mask to the world. We feel it deeply. We weep. Our hearts are broken. We care.

We care enough to get at the root of our own suffering because we know we must travel this path of liberation ourselves. We consider how our mindsets and actions are complicit in the suffering of others, and we care enough to face them.

We do not observe with indifference the suffering of the world or turn a blind eye to our own. We vigorously and resolutely do our inner work and seek to aid the liberation of all human beings. We learn to have compassion on others in their suffering, knowing that we all suffer for the same underlying reasons. We hold in our heart a genuine wish for the happiness and liberation of every person. We carry a deep longing for the cessation of all suffering. We are committed to our own liberation not only for ourselves but for all human beings. We address the ignorance, delusions and grasping at the root of our suffering so you can better aid others in their liberation.

The point was never to worship **Jesus** but to turn ourselves into a **Jesus**; not to worship **Buddha** but to turn ourselves into a **Buddha**. This was the meaning of their lives. To turn yourself into a **Jesus** or a **Buddha** is to awaken to the nature of reality, to embody truth, to walk in wisdom, to grasp your true nature, to live with deep peace and joy, to open your heart with compassion to the whole world. The problem is that people substituted turning themselves into a **Jesus** or **Buddha**, and instead turned them into a religion.

A few books that further explore the connection between **Jesus** and **Buddha** are:

Living **Buddha**, Living Christ by Thich Nhat Hanh

Jesus and **Buddha**: The Parallel Sayings by Marcus Borg

Without **Buddha** I Could Not be a **Christian** by Paul F. Knitter

Secular Buddhism: Eastern Thought for Western Minds by Noah Rasheta

Christ the Eternal Tao by Hieromonk Damascene

Jesus and **Buddha** walk into a bar... the change we seek is found inside.

Knock-Knock!

Who's there?

Jesus and **Buddha**.

Jesus and **Buddha** who?

Jesus and **Buddha** you.

When the student is ready, the teacher will appear. When the student is truly ready, the teacher will disappear. When the student is free, the teacher is known within themselves. Alas, there was never a student, there was never a teacher. There was only one.

In Summary

Christianity and Buddhism may be two different religions, but **Jesus** and **Buddha** were unified in teaching and living the most essential truths.

You haven't gone far enough in your truth seeking until you can say, "I am the truth."

We are committed to our own liberation not only for ourselves but for all human beings.

Jesus and **Buddha** aren't rivals or twins, they were two people who deeply identified with human suffering and wanted all people to be free.

Thou art that.



David Quigley

HOW TO PRAY SO THAT IT REALLY WORKS

... from page 21

Examples abound: a non psychic muggle suddenly gets a powerful message: "*my son is in trouble!*" Or "*my dad is here! His plane landed!*" etc. Emotional bonds create a powerful carrier wave that helps our messages get projected easily onto another person. It is therefore easy to extrapolate that our prayers to the divine work far better when we mount them in a tidal wave of emotion. **That is the emotional plane prayer.**

Prayer at the mental plane is also familiar to us. **Mental plane Prayer** is founded on a different principle ... **FAITH**. When I have unshakable faith it can indeed work wonders. When I have girded up my loins with faith in my Gods and saints, I call upon their **NAMES** to achieve goals for myself and my flock of co-believers.

This force can be effective in political and military campaigns with enormous power. But as the world's greatest empires are discovering, against forces of nature, the power of **FAITH** works only if:

- 1) we are appealing to real powers.
- 2) we are **MORALLY AND SPIRITUALLY** aligned with the forces we call upon.

HERE'S AN EXAMPLE OF "MENTAL PLANE " PRAYER DONE POORLY:

As **Hurricane Idalia** was headed toward America's "Big Dick" state (**Florida**) a group of fundamentalist Christian pastors gathered on a TV show to stop the hurricane. Loudly denouncing this "evil villain" they demanded in the name of **Jesus** that the hurricane withdraw immediately.

One must presume their audience joined them in this powerful demonstration of the power of **Christian prayer**.

The results? Amazing! The hurricane strengthened from category 3 to category 4 before slamming straight

into the scrotum of the big dick state. Yeah. If I was a hurricane I'd probably do the same.

These preachers were members of that same political party which is the declared enemy of our environment, our Democracy, and our freedoms. I wasn't too surprised that their demands were ignored ... or worse ... by **Mother Earth**.

In contrast I have been an environmental activist and Champion of Democracy and friend of **Mother Earth** all of my life. I spent 40 days alone with Her in the rocky mountains. And my prayers to work weather have led to miracle after miracle. Because She and I are friends. Not enemies.

My friend **Jesus** spoke of the **Pharisees** who dress up in fancy robes to pray loudly in public display. Not half as useful... He says ... as the prayers a poor old widow delivers in humility and kindness. **That is mental plane prayer.**

Now "Causal plane" prayer is entirely different from faith based mental prayer.

At this plane, the plane from which **God** creates the world we live in, it really has nothing to do with My Will! It's all about submission to **God's** will. Not my will ... Thy Will be done.

When I have completely surrendered my own ego desires and allow the power of **God** to enter me I once again enter the "sea of love" in dance. But this dance is just divine love moving through me.

I am a mere servant of the divine shaping my body's energy to **SUBMIT** to the purposes of the **Goddess** in my dance. It is perhaps from this place that I remember dancing fearlessly with the terrible **Glass fire**, the tornados and wondering what happened to my terror when it was happening?

The word for this in Arabic is **ISLAM: Submission to God.**

I am a friend to my liege lord **JC**.

A student of **Jewish** Scholars of **kabbalistic** lore
But I am also a servant of **Islam** Who swims surrendered in the great ocean that is the infinite light of love.

When I can pray in this way, hurricanes are deflected, firestorms stopped. I have seen the dead rise. Especially when I am joined by others.

This is how prayer can move mountains.



CENTER FOR SPIRITUAL AWARENESS

AN ENRICHED JOURNEY TO SPIRITUAL AWAKENING



The CSA Golden Lotus Bookstore offers a variety of items for sale: including books, Ayurvedic products, Hatha Yoga and meditation aides, as well as gifts and healthcare products.



The newly renovated Hatha Yoga Dome is a beautiful and peaceful environment to spiritually deepen and enhance your asana practice.



The CSA Learning Resource Library offers retreat participants a quiet place to read and study the science and philosophy of Yoga.



Years of profound meditation by committed and dedicated Yogis have made CSA's Meditation Hall a sacred space to commune in silence with Spirit and turn inward to focus on Self and God-realization.

P.O. BOX 7 • LAKEMONT, GA 30552 • P: 706.782.4723 • M-F: 10 A.M. TO 5 P.M. EST

WWW.CSA-DAVIS.ORG