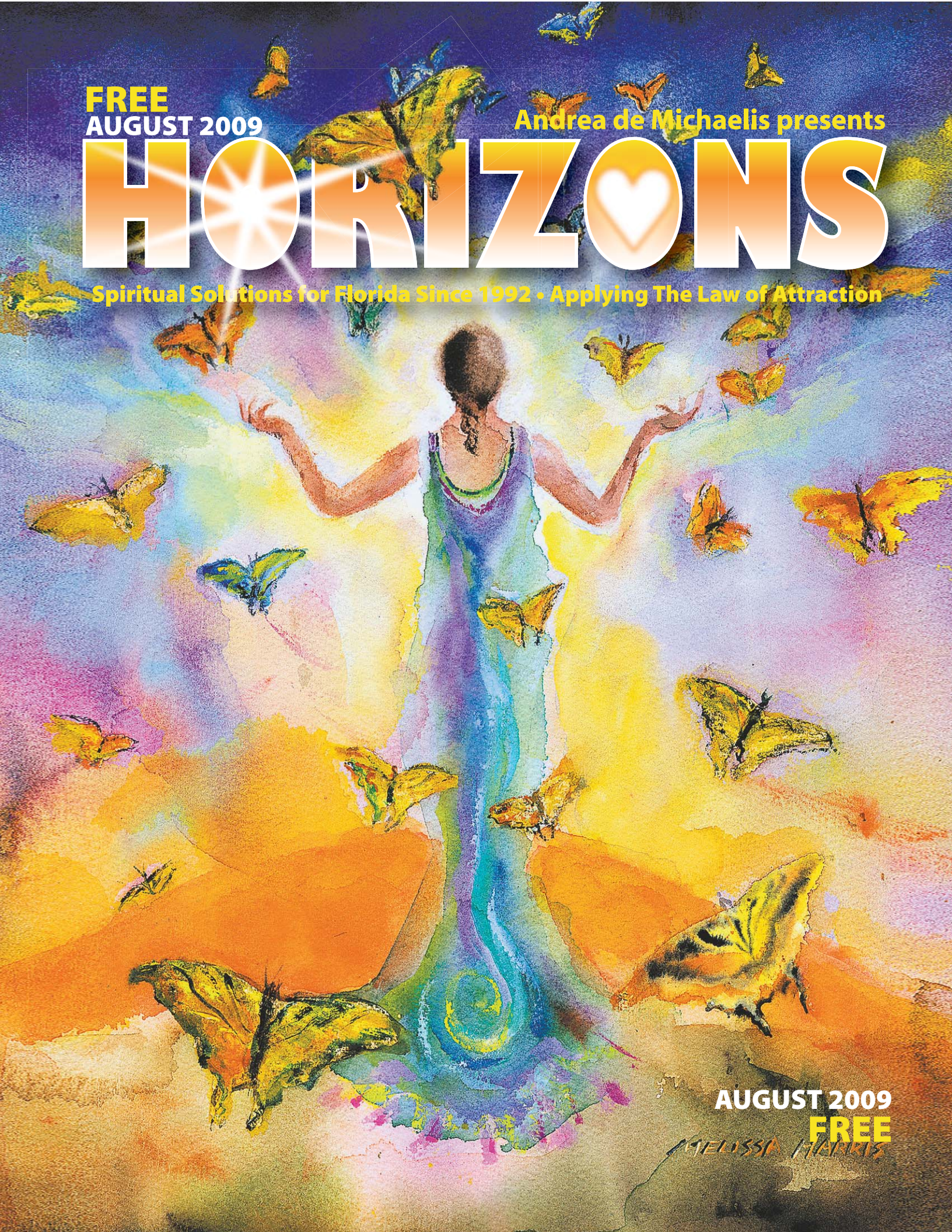


FREE
AUGUST 2009

Andrea de Michaelis presents

HORIZONS

Spiritual Solutions for Florida Since 1992 • Applying The Law of Attraction



AUGUST 2009

FREE

MELISSA HARRIS



Enchanted Gifts for the Mind, Body and Soul

Creative Energy



Our Enchanted Gifts include:
Crystals, gemstones, jewelry,
salt lamps, drums, didgeridoos,
singing bowls, books, tarot,
CDs, candles, incense, oils,
herbs, sage, divination tools,
statuary & altar items, belly
dance items, henna, tapestries,
peace-promoting items, Amy
Brown + faeries and much
more! *All Amy Brown Faeries
now 40%off!



Don't Forget!

"Friday Fest"

Family Street Party

Aug. 14 6 pm-10 pm

Drum Circle

"Down on the

Corner"



Shared Blessings

Thanks to our loyal customers

and the help of Ganesh

(the remover of obstacles)

Creative Energy is moving forward

into the world of "high-tech"!

After closing for brief moments

to get through renovations of our new

Reading Room and Workshop Space...

We are now Computerized and soon to

have our long-awaited Website!

835 E. New Haven Ave
in Historic Downtown Melbourne
(Think Purple)

Open Monday thru Thursday, 10 am - 6 pm

Friday and Saturday, 10 am - 8 pm, Sunday, Noon - 5 pm

321 952-6789

"Where Old Melbourne meets the New Age"

Creative Energy

presents:

Mini Readings

with Author, Astrologer
and Parapsychologist

Dikki-Jo Mullen

Noon - 3 PM

Fri. & Sat. Aug. 7th & 8th

Fri. & Sat. Aug. 28 & 29

And...

Tarot Card Reader

Yvette

11 AM - 5:30 PM

Sat., August 15

Sat., August 22



"Customer Appreciation"

10% off Entire Purchase

With this coupon

Through August 2009

Rev. Albert J. Bowes

386-228-3209 • Cassadaga

PSYCHIC READINGS

By Phone or In Person • By appointment only

"Albert has helped individuals establish new businesses that become very successful. He also has helped owners with businesses in trouble--even when their problems are due to the economy. Many have given up hope. They are able to find solutions to their problems and return to success and prosperity."



*Accuracy
scientifically
proven*

Complete Personal Readings

This means several subjects not just one or two. The questions should be the how, why, when, where, which type of question, not "yes" or "no" questions. These questions should relate to the information you seek and the items you bring. The questions are to be written down with space between for you to make notes. He does not permit recording. As the reading progresses, other questions will come to mind and you may ask these also. Questions are not shown to him, they are for you to use during the reading. All questions must be asked during your reading.

Gather up to 10 items that relate to the information you are seeking. The best are photos, or brochures, advertisements, or a page printed from the internet. They should be clear and large enough to see the face and eyes. If you are seeking information about career, buying or selling or other matters that have documents connected to them, bring documents (resumes, manuscripts, ect) . Group photos may be used for questions about more than one person.

When you arrive, be careful NOT to mention anything about yourself or the people, places, events or things that are connected to the information you seek. You are limited to the number of items you bring, but you are NOT limited to the number of questions you may ask. You ask as many as it takes to get the info you seek. Questions should be specific, not vague or general.

Albert has been a professional psychic for 35 years. He offers a unique, scientifically proven service that has amazed and changed peoples lives. An Ordained Minister and Certified Psychic from Cassadaga, FL, Albert has a unique gift that allows him to develop a sincere empathy with his clients . He uses this gift to give people gentle but firm guidance into knowing themselves better.

Albert's assistance to business has had wonderful success with those who have taken his information and followed his insights. They have achieved their goals, saved businesses, or realized their dreams. They have been developers, bankers, doctors, oil companies, etc -- the list is long. For information on business readings, call Albert -- He travels anywhere he is needed, as necessary.

CREDENTIALS:

Albert was the subject of the internationally published book "VISIONS OF TIME", to make the world aware of the scientific possibilities for using psychic gifts. Albert's gifts have been validated by double-blind testing by a University Professor in a four-year research project. Albert's work has included successful projects with NASA & the FBI, to working on academic projects, to finding missing persons and sunken ships.

He has worked with a wide variety of professionals, including Archeologists, Research Scientists, Detectives, Doctors, Surgeons, Oil Companies, and many other individuals, both professional and private. He is the founder of **The Society for Holistic Living**, which advocates the incorporation of Body, Mind and Spirit, working toward completeness in life. He has taught University level Parapsychology 1 & 2 for the **University of Florida**, and his Anthropology work is still being taught in Universities.

He was Project Manager and Lecturer for the **Edgar Cayce Foundation** and **Association for Research and Enlightenment**. Albert hosted a year-long TV show, "Society of Holistic Healing" on **TV Channel 3**, and has made appearances by invitation on "The Carol Nelson Show", on **WFTV Channel 9** in Orlando, and "**PM MAGAZINE**" **WCPX Channel 6**. Albert was invited to **Russia** to study the paranormal, where he worked with a team of Psychics, Researchers and Scientists.

Albert Bowes is a REAL psychic detective who has worked with local and national law enforcement agencies.
Visit him online at www.psychicconsultant.org

**Stop in and
see if what
we offer
nourishes
your soul...**



*Rev. Beth
Head welcomes
you*



Unity Church
OF MELBOURNE FL

1745 Trimble Road
321.254.0313

New Thought Teachings in Practical Christianity
www.unityofmelbourne.com

Sunday Services 9:00am & 11am

Our Sunday musicians rock!

SEE CLASS August 1 and 22 (two Saturdays) This is an all day class. 9am to 4pm with lunch in the middle. Myrtle and Charles Fillmore's Teachings on Healing and Wholeness Part I - MS815 Can we heal ourselves? Can we heal others? What does sickness say about our consciousness, if anything? What is a metaphysician? In this day of excessive health care costs, should we look at sickness differently? Can we heal ourselves? Can we heal others? If yes, how? Questions about healing have lingered in and around Unity churches for a long time. Some argue that we are entirely too quiet about our healing powers. Are we? Should we become much more proactive about our ability to heal? Do we have such ability? These are some of the questions to be addressed openly and frankly once we understand the foundational Unity teachings about healing. The course is a two part course, so participants will discuss dates on which to take Part II.

Books required: How to Let God Help You, Myrtle Fillmore Healing Letter, Christian Healing, Jesus Christ Heals, and The Revealing Word. Reading required before Class I: How to Let God Help You; Chapters 24 and 13, Myrtle Fillmore's Healing Letters; Chapter 2 and Jesus Christ Heals; The Foreword, Chapters 2, 3, 6, and 10.

REIKI HEALING SERVICE Facilitator: Lloyd Reiser Sunday August 2nd, 4:30pm

LOVE & MYSTICISM: Meditating with the Masters With Rev. Elizabeth Hess Stamper Eight Tuesday Evenings, beginning August 4th, 2009 Classes will be held on the first two Tuesdays of the month, from 7 – 9:30 pm. DATES: August 4 & 11, September 1 & 8, October 6 & 13, November 3 & 10. Love Offering. So, how did Jesus enter the Silence? How did the Buddha meditate? What prayers and practices awakened the prophets, saints and masters, and made their presence so beautiful and compelling that those around them wanted to "know what they knew and feel what they felt?" In this series of eight classes, we will explore some of the Practices of the Mystics of the world's great religions, including Christianity, Judaism, Islam, Hinduism, Buddhism and Native American traditions. The first class will cover the basics of meditation practice and the use of Prayer Beads, such as a rosary or mala, and the last class will be instruction on Healing and Meditation. Elizabeth Hess Stamper is a psychotherapist, energy healer and breathworker. She has been a student of meditation and yoga since she was 19, and is currently a student at the Chaplaincy Institute, in Berkeley, CA, and working towards ordination as an Interfaith Minister. Her passion is working (and playing) to weave together the threads of psychology and spirituality, of our everyday humanness and our cosmic awareness, into an ever-expanding, joyful and loving experience of LIFE.

Chakra Alignment Meditation • Crystal Singing Bowls • Saturday, August 8, 7PM lead by Rev. Janet and Rev. Robert Buck. - Increase and rejuvenate your life force energy field, creative spirit energies - Awaken the body's natural healing intelligence - Activate the perfect blueprint of spiritual well-being - Enhance your sense of self worth, peace and empowerment. We are now in a time of accelerated human evolution, and new patterns are replacing the old limitations in a profound way. Through these changes, we are adjusting on all levels - physical, mental, emotional and spiritual. Chakra alignment assists us to move smoothly through all these growth processes; provides upliftment for the body, mind and spirit; unlocks energy for creative processes and wholeness; and acceptance of our own power.

"THE 100 YEAR LIFESTYLE" Presenter: Joseph Eplett, D.C. Sunday, August 16th 11:30AM If you knew you'd live to 100 would you change your life?? The best years are yet to come! We will talk about maximizing the quality of our lives for now and later. Through a short evaluation, you will access the direction in which you are going now. Tips on how to manage your health for optimum well-ness now and in future. Love Offering.

Slideshow Presentation: SPIRITUAL ADVENTURE IN COSTA RICA Friday, August 21st 6:00 - 9:00 pm Presenter: Elaine M. Christine, Ph.D.

Wisdom Seminar: PEACE PROCESS Your Path to Inner Peace Saturday, August 22nd 10:00 am – 1:00 pm Presenter: Elaine M. Christine

SUNDAY, AUGUST 30TH YOUR PARTICIPATION IS IMPORTANT! Rev. Beth & Rev. Deborah Frownfelter (VP Education, Leadership and Ministry Development, Association of Unity Churches International) Please attend our Sunday Service and stay for our Town Hall Meeting. Unity Church of Melbourne has been selected as a Thriving Ministries Pilot Church. To learn more about that please visit TheTransformationExperience.org. Your minister and board were interviewed; church attendance and financial records were reviewed for 3 year before the church was selected. Now you as a congregation get to ask questions and will be asked to vote on whether we participate as a pilot church. We are being asked to step up and grow.

THE ART & SCIENCE OF LIVING YOUR DREAMS Presented by: Linda Sands, President and Co-Founder of DreamQuest International Monday Evenings 7:00 – 9:30 PM This is a six week series of innovative and creative techniques for identifying and implementing personal, business and social dreams and goals. Suggested love offering of \$20 per class or \$100 in advance for series.

Brevard County Buddhist Fellowship – Friday, August 14th and 28th, 2009 7:00 PM Our meetings include a brief meditation period and open discussions on how we can apply the Dharma to our everyday life. For more info, or if you would like to suggest a specific topic for discussion, please email Tim at brevard@bfbct.net, or call (321) 720-0738.

DIRECTIONS TO US: I-95 exit 72, follow Eau Gallie Blvd (518) to Wickham Rd & go left, then left on Trimble. Trimble is north of Eau Gallie Cswy, south of Aurora.

THE GREATEST OPTICAL ILLUSION IS SEPARATION

Publisher/Editor/Layout:

Andrea de Michaelis

Thanks for help this month

Gerald & Rev. Beth Head

Cha Cha La Belle

Sally Carmany

Janet Slimak

Julie Mallis

Cover Artist (see page 34):

Anything is Possible

by Melissa Harris

Contributing writers:

Michelle Whitedove

Esther & Jerry Hicks

Ray Hemachandra

Cecelia Aitable

Roger Coleman

Karen Williams

Sharron Britton

Kandi Phillips

A. Venefica

Barbara Lee

Anna Darrah

Sharon Janis

Alan Cohen

Mike Dooley

Tom Sannar

Marc Lesser

Cary Bayer

Horizons

Our Advertising Rates ... Low because we are in it for the outcome, not the income	6
12 Steps of Spiritual Freedom by Rev. Tom Sannar	6
This Month's Thoughts About Things by Andrea de Michaelis	7
The Teachings of Abraham by Esther and Jerry Hicks	8
Interview with Wayne Dyer by Ray & Loree Hemachandra	9
Antidotes to Busyness by Marc Lesser	11
Herb Corner with Cecelia Aitable	13
Our Classified Ads	14
Ask Whitedove with Michelle Whitedove	15
Secrets of Spiritual Happiness by Sharon Janis	16
From The Heart by Alan Cohen	17
Notes From The Universe by Mike Dooley	18
Is Your Bedroom A Space For Relaxation? by Kandi Phillips	19
Life 101: My Mother, The Now by Cary Bayer	21
Everybody Must Get Stoned with Sharron Britton	22
Our Phone Directory *Horizons may be picked up at most of these locations*	23
Animal Spirit Guidance: What's Your Sign? by A. Venefica	28
Abraham Fun with Karen Williams	32
Interview with Michael Beckwith by Anna Darrah	33
Cover Artist	34
Our Calendar of Events	35
Our Mission Statement	40
How to Use Horizons Magazine	40
Solar & Lunar Celebrations of the Ancients by Roger Coleman	41
Suggested Reading, Watching, Listening	42



And the day came
when the risk to remain
tight in a bud was more
painful... than the risk
it took to blossom.

Anais Nin

*Horizons thanks
everyone willing
to take the risk*

HORIZONS MAGAZINE is distributed FREE each month to 200+ bookstores and health food stores throughout Florida, as well as by subscription. HORIZONS is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life. Please write us with your comments.

ARTICLE SUBMISSION: You may submit articles of 200-900 words on any area of personal growth and practical spirituality to HorizonsMagazine@aol.com, along with a 50 word bio telling who you are and how to contact you. Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for as an ad.

The views expressed in Horizons Magazine are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

We accept all credit cards and Paypal

HORIZONS MAGAZINE
575 Escarole Street SE • Palm Bay, FL 32909-4802

321.722.2100

Visit www.horizonsmagazine.com

Email HorizonsMagazine@aol.com

Classifieds \$1.50 per word.	page 14
Phone Directory \$5 per line.	page 23
Calendar \$.30 per word.	page 35

DISPLAY ADVERTISING RATES

Ad size	1 month	3 months*	6 months*
Small Strip Ad	\$ 50	\$ 40	\$ 30
Business card	\$ 90	\$ 75	\$ 65
1/4 page	\$180	\$150	\$125
1/3 page	\$200	\$175	\$150
1/2 page	\$300	\$250	\$220
1/2 on pgs 44, 45	\$350	\$300	\$250*horoscopes
Full page	\$400	\$350	\$300
Back page incl. color	\$625	\$565	\$475
Inside back	\$525	\$465	\$400 color
Inside front	\$550	\$485	\$425 color
Page 3	\$550	\$485	\$425 color
Page 4	\$450	400	\$350
Front cover	\$900 (Restrictions apply)		

COLOR ADD 25% *You must prepay to get discounted rate
 Example: Business card for 6 months is \$390 prepaid
 Full page ad for 6 months is \$1,800 prepaid

BEST AD RATES & WIDEST DISTRIBUTION

of any spiritual growth magazine in Florida.
 We're distributed monthly to 200+ bookstores and health food stores all over Florida, as well as by private subscription. See pages 23-26 to see where HORIZONS MAGAZINE is distributed

For good advertising results, studies show it takes a reader 3-4 times seeing a new ad before it is noticed and acted on. By the 4th ad, readers begin to call.

Payment is due by the 10th with your ad.

DISPLAY AD SIZES

Full page ad is 7.25" wide by 9.5" tall
 1/2 page 4.25" tall by 7.25" wide or 9" tall by 3.5" wide
 1/3 page 2.8" tall by 7.25" wide or 9" tall by 2.3" wide
 1/4 page 3.5" wide by 4.25" tall
 Business card ad is 2" by 3.5"
 Small strip ad is 1" x 3.5"

**WE ACCEPT
ALL CREDIT
CARDS AND
PAYPAL
ONLINE**

Email us at HorizonsMagazine@aol.com

321-722-2100

Mail ad with payment to
HORIZONS MAGAZINE
 575 Escarole Street SE
 Palm Bay, FL 32909-4802

12 Steps of Spiritual Freedom

By Rev. Tom Sannar

www.new-thought.org/ Email oneheart@roadrunner.com

1. **Recognition - God Is First.** I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.
2. **Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
3. **Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.
4. **Dominion.** I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
5. **I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.
6. **I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
7. **Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
8. **Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
9. **Persistence.** I persist through faith. I maintain focus and discipline.
10. **Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
11. **Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
12. **Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.





Andrea de Michaelis
Publisher

THIS MONTH'S THOUGHTS ABOUT THINGS...

"In the company of one who is living Love, you can't help but spring into that Love." - Sri Sri Ravi Shankar

Wello and welcome to the August 2009 edition of Horizons Magazine.

I'm loving the weather out there. Hot but not too hot. Stormy but not too stormy. Remember it is weather exactly like we're having that ensures us an easy and light hurricane season. Remember that every time the weather folks on tv try to get you stirred up over what might be brewing in the Atlantic. It doesn't matter. We know that whatever they are, they will be manageable and just follow their course. And even if they pass right through us, well, we've had big winds already this year and we're still here and we're still fine.

I remember living in Miami we always kept track of the storms since the ocean was all around us. We always boarded up and sat out the hurricanes. The couple of times I evacuated in 2004 was simply because it would be too hot in the house overnight when the power went off. For Jeanne, I evacuated

at the last minute and there was zero traffic on the road. I wrote about it in my October 2004 editorial online at www.horizonsmagazine.com/2004Archives/10-04.html. The trick to knowing when to evacuate is crucial unless you want to end up in bumper to bumper traffic heading out of the state.

Not that there's anything wrong with being in traffic. As long as you don't think of it as being stuck in traffic.

When I lived in Miami, I worked downtown in the One Biscayne Tower Building and got caught in traffic both ways every day.

At 3:00am the drive would take me 20 minutes tops. But of course I didn't make the drive at 3:00am. I had to leave the house by 7:30 in the morning to get in the office by 9 o'clock. If I could get my car out of the garage before 5:30pm, I could get home before 7:00 o'clock. It used to aggravate me to waste so much time sitting in traffic.

Now it's different. For one, I've mellowed considerably and gotten over myself *smile* Also, there is far less traffic in Melbourne/Palm Bay than there is in downtown Miami.

I can check voice mail while I wait; I can check my email while I wait. Or I can recognize the perfect opportunity as a good time for a cell phone self portrait photo shoot.

Hi Andrea: LOVE your blog online - I read it every morning right after I pray and meditate. As always, it's very uplifting. Keep up the good work - I adore and am constantly inspired by your work. BN

...continued on page 31...

If you appreciate what Horizons has each month, show your support by subscribing, even if your local store carries us.

Subscribe Today

We'll give you 12 monthly issues of **Horizons Magazine** for just \$26 (\$48 overseas.) Charge it to any credit card or PayPal. **FILL OUT THIS FORM OR CALL 321-722-2100**, and the next issue of **Horizons Magazine** will be at your door early each month. You may email HorizonsMagazine@aol.com or mail to **575 Escarole St SE Palm Bay, FL 32909-4802**.

*Postage has gone UP
but our prices have NOT*

Please send me ____ subscription(s) at \$26 each. I enclose my check or money order ____ OR Charge \$ ____ to my credit card. The number is ____
The expiration date is : ____ Email address: ____
Mail my subscription to: Name ____ Phone ____
Address : ____ Apt No. ____
City ____ State ____ Zip Code ____

Yes! I want to receive Horizons Magazine at my own front door

Page 7

ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Esther & Jerry Hicks are authors of *Ask & It Is Given*, *The Amazing Power of Deliberate Intent* and the NY Times Best Seller, *Money and the Law of Attraction* and their dvd, *The Secret Behind "The Secret"!*

Visit www.abraham-hicks.com.

Excerpted from the book, "Money, and the Law of Attraction"

Your Story, and the Law of Attraction

Each and every component that makes up your life experience is drawn to you by the powerful Law of Attraction's response to the thoughts you think and the story you tell about your life. Your money and financial assets; your body's state of wellness, clarity, flexibility, size, and shape; your work environment, how you are treated, work satisfaction, and rewards—indeed, the very happiness of your life experience in general—is all happening because of the story that you tell. If you will let your dominant intention be to revise and improve the content of the story you tell every day of your life, it is our absolute promise to you that your life will become that everimproving story. For by the powerful Law of Attraction, it must be!

Does Life Sometimes Seem to Be Unfair?

You have wanted more success and you have applied yourself well, doing everything that everyone said you should do, but the success you have been seeking has been slow to come. You tried very hard, especially at first, to learn all the right things, to be in the right places, to do the right things, to say the right things . . . but often things did not appear to be improving much at all.

Connecting the tools to heal the mind / body / spirit



Carla Mary

Medium Messenger Channeler

Readings - Classes - Therapy

www.carlamary.net 941-729-5142 941-320-2687



PSYCHIC DEVELOPMENT CLASSES

Thursdays - 7:00-8:30 PM ~ \$10.00

What You Love To Do ~ Cocoa Village

321/504-0304 ~ www.whatyoulovetodo.com



Earlier in your life, when you were first dipping your toe into the idea of achieving success, you found satisfaction in satisfying the expectations of the others who were laying out the rules for success. The teachers, parents, and mentors who surrounded you seemed confident and convincing as they laid out their rules for success: "Always be on time; always do your best; remember to work hard; always be honest; strive for greatness; go the extra mile; there's no gain without pain; and, most important, never give up. . . ."

But, over time, your finding satisfaction from gaining the approval of those who laid out those rules waned as their principles of success—no matter how hard you tried—did not yield you the promised results. And it was more disheartening still when you stood back to gain some perspective on the whole picture and realized that their principles were not, for the most part, bringing them real success either. And then, to make matters even worse, you began meeting others (who clearly were not following those rules) who were achieving success apart from the formula that you had been so diligent to learn and apply.

And so you found yourself asking: "What's going on here? How can those who are working so hard be receiving so little, while those who seem to be working so little are achieving so much? My expensive education hasn't paid off at all—and yet that multimillionaire dropped out of high school. My father worked hard every day of his life—and yet our family had to borrow the money to pay for his funeral. . . . Why doesn't my hard work pay off for me the way it was supposed to? Why do so few really get rich, while most of us struggle to barely get by? What am I missing? What do those financially successful people know that I don't know?"

Is "Doing Your Best" Still Not Enough?

When you are doing everything you can think of, truly trying your best to do what you have been told is supposed to bring you success, and success doesn't come, it is easy to feel defensive, and eventually even angry at those who are displaying evidence of the success you desire. You even find yourself sometimes condemning their success simply because it is too painful to watch them living the success that continues to elude you. And it is for this reason—in response to this chronic condition in the financial affairs of your culture—that we offer this book.

When you come to the place of openly condemning the financial success that you crave, not only can that financial success never come to you, but you are also forfeiting your God-given rights to your health and happiness as well.

Many actually come to the incorrect conclusion that others in their physical environment have banded together in some sort of conspiracy to keep them from succeeding. For they believe, with all of their heart, that they have done everything possible to achieve success, and the fact that it has not come must surely mean that there are some unfriendly forces at work that are depriving them of what they desire. But we want to assure you that nothing like that is at the heart of the absence of

...continued on page 29...

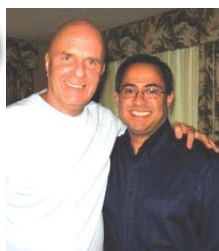
YOU ARE GOD

An In-Depth Conversation with Dr. Wayne W. Dyer

by Ray and Loree Hemachandra

www.hemachandra.com

Excerpts from <http://hemachandra.com/waynedyer.aspx>



Dr. Wayne W. Dyer (www.drwaynedyer.com) has been teaching people to live better lives for nearly 40 years. First coming from the perspective of a psychologist and then as a spiritual teacher, his books, recordings, and talks have influenced millions. After four decades, his core message has become incredibly simple and equally profound: You are the same as your Source. You are God. Because you come from God, you cannot be anything but God. All of Dr. Dyer's current work boils down to helping people realize this fundamental truth and overcome obstacles to living lives that fully recognize it.

Dr. Dyer is the most popular teacher in the mind/body/spirit genre. He has written more than 30 books, and his National Public Television specials have raised more than \$120 million for public television. His teaching include *Change Your Thoughts*, *Change Your Life: Living the Wisdom of the Tao*, in which Dr. Dyer reflects upon the verses of the Tao Te Ching and their wisdom in living a life of balance and alignment with nature; his book *Excuses Begone!*, in which he examines how to overcome memes—the viral, self-defeating thinking habits that prevent you from living your life's purpose; and the new feature film *Ambition to Meaning*, which stars Dr. Dyer, Portia de Rossi, and Michael DeLuise in a spiritual movie about discovering that life purpose.

We sat down with Dr. Dyer in Tampa, Florida, and talked about current topics both metaphysical and mainstream, from the law of attraction to laws about gay marriage; from the impact of Lao-tzu to the impact of Barack Obama; and from how we are failing future generations to how we can best serve them. Here are excerpts from the resulting article, which was first printed in the Winter 2009 issue of Pure Inspiration magazine:

Ray Hemachandra: Starting with *The Secret*, which has reached such a wide audience, the emphasis in today's popular understanding of the law of attraction is predominantly about material wealth. What are the consequences of that kind of skew to this teaching?

Dr. Wayne W. Dyer: First of all, I think the law of attraction has been misstated. You do not attract what you want. You attract what you are. That's how the law of attraction works.



Charles Lightwalker

Channeler, Shaman,
Medical Intuitive, Healer

509-389-7290

www.thefamilyoflight.net charleslightwalker@yahoo.com



Rev. Dr. Janet Claire Moore

Spiritual Reader, Channel and Counselor
ADL Minister, Licensed Mental Health Counselor
ACHE, Certified Clinical Hypnotherapist

"TO INSPIRE, ENCOURAGE AND HEAL"

Life path, future possibilities, Past lives, Grief
issues, and Messages from Loved Ones in Spirit

GAINESVILLE, FL **352-373-8047**

JCMoore1@gmail.com

www.SeraphimCenter.org/reverend_drjanet.htm

Spiritual Path
Foundation

Available for
private sessions:

- Reiki treatments
- Shamanic Healing
 - Regressions
 - Counseling in person or by phone

*What you are to be,
you are now becoming*

www.spiritualpathfound.org
Email spiritualpath@bellsouth.net and
Spiritweaver at www.spiritweavershaman.org

321-951-8774

Twenty-five centuries ago in ancient China, Lao-tzu said there were four virtues. If you live them—if you live in a place of God-consciousness—the universe will give you God-consciousness. If you live in a place of ego-consciousness, though, the universe will give you more of that.

One virtue is reverence for all of life. You revere all life. You never kill, you never harm, you never wish harm, and you never have thoughts of harm directed toward yourself or others. Another virtue is natural sincerity, which is manifested as honesty. Just be honest with who you are. Don't pretend

...continued on page 30...



6th Sense Connection Spiritual Center
 Readings, Healing & Workshops 407-433-9581
 1083 Stevens St Cassadaga FL or 386-956-5472
 email admin@6thsenseconnection.com
www.6thsenseconnection.ning.com

There is something in every one of you that waits and listens for the sound of the genuine in yourself.

It is the only true guide you will ever have.

And if you cannot hear it, you will all of your life spend your days on the ends of strings that somebody else pulls.

Howard Thurman

Talk Radio's Quantum Metaphysics

Always Interesting Conversation and Great Guests

~Free Readings~

Connect with Psychic Bee

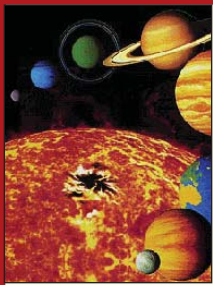
 Tuesdays at 12:30 PM Eastern
"The Edge"
www.UtopiaRadio.com

 Tuesdays at 8 PM Eastern
"The Metaphysical Edge"
www.Ask1Radio.com

 Sat. at 9 pm Eastern
"Trinity Psychics"
www.BlogTalkRadio.com

Private Readings  www.PsychicBee.com

Rev. Barbara S. Delozier, Msc.D.



PREDICTIVE Astrology for SPIRITUAL Transformation

UNLOCK THE FUTURE

ARE YOU A PERFECT MATCH?

Lover/Friend Comparison Report \$22
NEW! ... NOW EVEN MORE DETAILED!

Are You interested in ... understanding how you relate ... what attracts you to each other?
 ... how to heat up your love life using the power of the planets?

NEW! A Comparison that shows you how to harmonize with each other
NEW! Major Themes in the Relationship: What Brought You Together
NEW! Destiny of your relationship, themes of romance, sexual attraction.
DISCOVER Your Compatibility with a friend, lover, boss, family member.
Is this a soul-mate or karma-mate? Unfinished business?
UNCOVER your strengths, challenges, possible past lives together. What can you expect to face this time around?





WHAT WILL A TRANSIT REPORT TELL ME?

Transit Report \$22
 This report describes future trends, particularly psychological and environmental changes you are likely to encounter. **What cycle are you in?**
 This report will show you where planets are NOW, where they are headed **and how to make the most of it.**

NATAL/BIRTH REPORT

Natal Birth Report \$22

Character analysis, revealing your strengths, talents, abilities, potential challenges and blind spots, pointing you toward your soul's mission in this lifetime

\$22 EACH

3 REPORTS AVAILABLE

Lover/Friend Comparison \$22
 Natal Birth Report \$22
 Transit Report \$22

Email Horizonsmagazine@aol.com
www.horizonsmagazine.com

321-722-2100



ANTIDOTES TO BUSYNESS

Marc Lesser is CEO of ZBA Associates, an executive coaching and workshop company based in Northern California. His website is www.doingless.net. Based on the book *Less: Accomplishing More by Doing Less*. Copyright © 2009 by Marc Lesser. Reprinted with permission of New World Library, Novato, CA. www.newworldlibrary.com or 800/972-6657 ext. 52.



Having lost sight of our goals we redouble our efforts. — Mark Twain

here is an old story of a man riding very fast on a horse. As he rides past his friend standing on the side of the road, the friend yells, "Where are you going?" The rider turns toward his friend and yells, "I don't know, ask the horse!"

The pace and intensity of our lives, both at work and at home, leave many of us feeling like that person riding that frantically galloping horse. Our daily incessant busyness — too much to do and not enough time; the pressure to produce and tick off items on our to-do list by each day's end — seems to decide the direction and quality of our existence for us. But if we approach our days in a different way, we can consciously change this out-of-control pattern. It only requires the courage to do less. Instead of doing more, here are five activities in which to engage in less. These activities are:

FEAR – Begin to pay attention to and become friends with your fears. We all have fears. What fears get in your way, accelerate your sense of busyness, and hold you back from finding more meaning and satisfaction? You might consider beginning a regular meditation practice or going on retreat to better know and understand your fears. Experiment with naming your fears and developing new habits.

ASSUMPTIONS – We are brilliant assumption makers, but often our less-than-accurate assumptions, about ourselves and about others can be a hindrance to our happiness and our productivity. To reduce assumptions, find ways to get open and honest feedback from others. Pay attention to the information and feedback you are already receiving. Make small adjustments in your approach.

DISTRACTIONS – Though we enjoy certain kinds of distractions, the "other" kind, those that keep us from being focused and engaged, get in the way of our happiness and productivity. Experiment with staying focused – without checking emails, surfing the web, or answering phone calls. Have a clear vision of what you really want to accomplish. Write it down. Take regular breaks to refresh and recharge.

RESISTANCE – Everything changes. When we stop resisting what is and when we reduce grasping at what we have or want, we see that change is neither good nor bad. By accepting change you have more choice and more freedom – in not only what you do, but how you do it. Begin by noticing your resistance, the places where you are swimming against the current and getting in your own way.



SPIRITUAL DIRECTION/COMPANIONING

...a time and place to tell your

SACRED STORY

Margaret Rosche, Spiritual Director

321-255-4652 Melbourne, FL roscham@cfl.rr.com

Inner Peace - Outer Passion

A week-end retreat with

Sorah Datri Dubitsky and Larry Dubitsky



October 16-18, 2009

Kashi Ashram

Sebastian, Florida

*Exercise your creative muscles—
Become the change you want to see*

Early registration special \$339
until August 29th includes:

Program, vegetarian meals,

lodging. **Bonus – Sat. night Darshan with Kashi's
Founder, Ma Jaya Sati Bhagavati**

Register on line via Paypal at [www.dr.sorah.com/
events.html](http://www.dr.sorah.com/events.html) (follow links).

Email: dr.sorah@drsorah.com

Confirmation, map, directions and
schedule will be emailed to you upon
registration notification.



Ma Jaya



Sorah Datri Dubitsky, Ph.D. is a
teacher, lecturer, blogger and workshop
leader. She is also a Zumba Fitness instructor.

Larry Dubitsky, M.S. is a watercolor artist,
educator, lecturer and workshop leader.

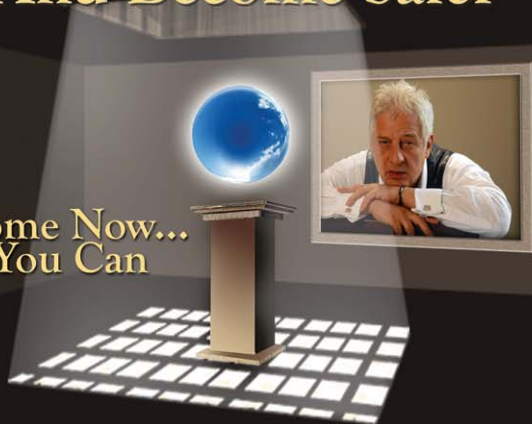
BUSYNESS – There is a story about two Zen teachers from seventh-century China. One teacher is sweeping some stone steps inside the monastery with a wooden broom. He is approached by the other teacher, who looks at him and remarks, "Too busy." (This is a way of saying, "Why are you sweeping when you should be meditating or undertaking some type of contemplative practice?") The first teacher, holding his broom, responds by saying, "You should know that there is one who is not busy."

Though we often associate busyness with activity and speed, and lack of busyness with stopping or slowing down, this is not always the case. It is possible to be actively engaged and not be busy. Not being "busy" does not require that you stop, slow down, or step out of the activity of your life. Most of the time, we learn, we adjust, we find our composure, right in the midst of the activity and intensity of our lives. We have to!

Begin to notice and play with effort and effortlessness, with exertion and letting go. Ask yourself – What am I doing that is extra? See if you can find "the one who is not busy" right in the midst of the intensity of your life.

Learn to See Visions And Become Safer

Come Now...
If You Can



Stuart Wilde In Las Vegas
Sept 4-5-6

Escape the Global Matrix of Control

Discover why
they call Stuart
the 'teacher's teacher'
He makes
two appearances a year,
Amsterdam in July and
Las Vegas in Sept

Invest in your future
sign up now.

For details go to:
www.StuartWilde.com and Click Events
lasvegas09@tolemac-iom.com

Each cd available for **immediate mp3
download** for **just \$10** (regular cd \$22)



Andrea de Michaelis has
designed this audio series for you

Connecting with Your Angels, Guides & Teachers

Designed to activate the third eye, expand awareness, develop psychic perception and become receptive to inner guidance. Even if you have never experienced conscious contact, you can still be successful. Once you activate your psychic perception, expect to receive inner guidance more clearly than ever before. Even if you are skeptical, you can still be successful. A fish doesn't have to believe in the ocean. As your third eye opens, expect to receive more vivid psychic impressions from your angels, guides and teachers.



Healthy Eating Habits

By the power of suggestion, your desire to overeat will be replaced by increased willpower; your craving for unhealthy foods will be replaced by finding interesting and fun ways to increase your physical activity. Turn up your body's metabolism to burn fat and leave you with a higher energy level. Each time you listen to this recording, you can experience a new and healthy vital energy flowing through body and mind.

Oobe You Are Not The Body An astral flight out of the body

Being out of your body is a completely natural state that happens every night whether you recall it or not. With this recording, you will suspend yourself in the awareness of your physical body being "not there." Of your existence beyond the physical realm. With repeated listening, you will realize your ability to leave your body, to return safely and to remember what happened. You have the ability to become conscious and lucid when your astral body is out at night.



Sleepytime Recharge

Science knows the health and wellbeing of our physical body is a direct result of the thoughts we habitually think and our inner response to the words we hear. The cells of our body process info and control our behavior by way of genes being turned on and off by influences outside us, such as our perceptions and beliefs. We can retrain our consciousness to create healthy beliefs, and create a profoundly positive effect on our bodies. Our body is a community of 50 trillion living cells, a biochemical machine and the driver is the mind. Disease is merely result of how we're driving our physiology. Carefully selected words and phrases on this recording will reprogram the cells of your body for optimum physical and mental health.



Listen online



For download, go to www.horizonsmagazine.com
Go to "Andrea's Audio CD MP3 Page"

OR directly to

http://www.horizonsmagazine.com/CD_Page/index.html



HERB CORNER

Cecelia Avitable of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. For more information call 321-757-7522

ALTERNATIVES TO RITALIN

School is about to start again and the laid back days of summer are almost over. Parents and children are preparing to make adjustments getting back to the routine of getting up early and doing homework. For some of children that's not easy. These are the children that have a harder time focusing on school work, they daydream, they're easily distracted, they have poor self control, they chat or they can't sit still causing them to fall behind in their school work because they seem to not be paying attention. Eventually these children are labeled with **ADHD (attention deficit hyperactivity disorder)**.

In my opinion these are very creative children. It's just that they have not found what sparks their creativity yet because they are so young. When these kids are interested in something they tend to be extremely focused, so focused that they think of nothing else.

Ritalin may not always be the answer, we are far too quick to medicate. I am a parent of an **ADHD** child who was on **Ritalin** for a few months because I was lead to believe that this was the only option; and for him to do well in school he needed to be on Ritalin. He changed so abruptly from a bubbly little boy to a zoned out little zombie with no life in him. I decided that between the zombie-like effects and the possible liver and kidney damage, that Ritalin was not what I wanted for him, so I began to do some of my own research.

In my research I found that about 3-5% of our school aged children have **ADHD** and that most of these children are boys; I also found that ADHD is the fastest growing neurological disorder of young children with the numbers of children diagnosed getting higher and higher each year. When reading about dietary concerns I found that **for many children a simple change in diet could be the answer. Avoiding foods that contain salicylates (almonds, apples, cherries, cucumbers, tomatoes or oranges), sugars, artificial sweeteners, coloring, flavoring or preservatives, caffeine, gluten, casein or chocolate because these foods can trigger hyperactivity in some children.**

I also found that herbs like **Oat Straw, Lemon Balm, St. Johns Wort, Skullcap, Passion Flower, Chamomile or Catnip** can be helpful for children with ADHD. These herbs help to calm down and tone the nervous system without sedating it plus they help the body to cope with the excitability within the nervous system. I have a combination for my son with **Chamomile, Oat-straw, Rose Petals, Slippery Elm, Peppermint, Licorice, Catnip and Passion Flower** this blend can be used either hot or cold to replace all of those drinks that are highly sweetened and full of preservatives. I also used a **tincture of Catnip** and another tincture that helped him to focus when he was doing his school-work. We also have used **Bach** remedies to help with daydreaming and confidence. **Read more about ADHD, diet, herbs and supplements; there are so many possibilities out there.**




www.thenewway.us Rev. Suzan Bailey

SUNDAY MORNINGS 10:30AM

**Held at The Aquarian Building
238 Peachtree St Cocoa**

**2 blocks North of 520, 2 blocks West of US1
(just north of Cocoa Village) Aquarium Art on Bldg**

**TheNewWay@bellsouth.net 321-961-3615
www.thenewway.us**

THE HERB CORNER AND LEARNING CENTER



*Over medicated?
We have natural
alternatives*

Hundreds of Organic Bulk Herbs
Custom Blended Herbal Remedies
Amber, Cobalt & Plastic Bottles
Essential Oils
Private Consultations
Crystals, Candles, Incense,
Egyptian Bottles and Jewelry

Sat. Aug 29 BODY MIND SPIRIT FAIR
Readers, Reiki, Medical Intuitive, Aromatherapy and Chair Massage

321-757-7522

OPEN Wed-Friday 10am-5pm
Saturday 10am-2pm

**Certified Master Herbalist
and Holistic Healthcare
provider on staff**

277 N. Babcock St.
Melbourne, FL 32935

OUR CLASSIFIED ADS

Your listing here for just \$1.50 per word. Mail your listing with payment by 10th of the month preceding publication or email to HorizonsMagazine@aol.com

SPIRITUALIST READINGS BY PHONE OR IN PERSON.
Rev. Marilyn L. Godley 772-882-8772

WEBSITE DESIGN FOR BODY-MIND-SPIRIT
www.sjulien.com/horizons

COME FILL YOUR HEART WITH DOLPHIN JOY!
www.dolfunswims.com dolfunswims@comcast.net

RUM ISLAND RETREAT.COM - NORTH FLORIDA CABIN with camping.
Groups, individuals, canoe, kayak, springs. Santa Fe River. 321-676-1769

CARING & INFORMATIVE SPIRITUAL READINGS,
www.wise-spirit.com, 888-896-5733 or 321-283-5807

MASSAGE, FACIALS, BODYWRAPS, REIKI Maria Diaz
561-702-6135. 4307 10th Ave N. - Room 1, Lake Worth, FL 33461

WWW.CHRISTOPHERTIMS.COM FREE INFO FOR FREE THINKERS Free
broadcasts, articles, calendar of events, sound healing.

STOP SMOKING \$10 mp3 file at www.horizonsmagazine.com. Our
newest program. See pg 46.

OUBE OUT OF BODY EXPERIENCE - YOU ARE NOT THE BODY
\$10 mp3 file at www.horizonsmagazine.com. New! See pg 46.


CONNECTING WITH YOUR ANGELS, GUIDES & TEACHERS \$10
mp3 file at www.horizonsmagazine.com. Designed to activate the
third eye, expand awareness, develop psychic perception. Page 46.

CHANGE YOUR EATING HABITS \$10 mp3 file
at www.horizonsmagazine.com. By the power of suggestion, your
desire to overeat will be replaced; your craving for unhealthy foods
will be replaced See page 46.

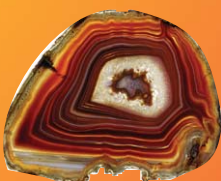
SLEEPYTIME RECHARGE \$10 mp3 file at www.horizonsmagazine.com.
Play this recording as you are falling asleep for restful
rejuvenation. We can retrain our consciousness to create healthy
beliefs. See pg 46.

CRYSTAL CONNECTION

Amazing Geodes, Gems & Minerals



Also: Angel Gifts,
Incense, Music,
Cards, Candles,
Jewelry, Oils




Two locations to serve you:

Crystal Connection
298 S.Nova Road, Suite A
Ormond Beach 386-673-0014
Now open Sundays 1:00-5:00pm

Wallis Lawson available for
readings at Ormond Beach store

www.myspace.com/crystalconnectionormb

Crystal Connection
311 Gulf Blvd
Indian Rocks Beach
727-595-8131
Open 7 days




International Foundation for Spiritual Knowledge

**To Promote the Religion,
Science, and Philosophy
of Spiritualism**

Develop Your Psychic-Medium Intuitive Talents * Ongoing Classes

These aren't skills needed just for work as a professional medium. These are life skills we had as children but have lost. It is of benefit to our everyday lives to regain the talents we had. Also these classes are an opportunity to understand what may already be happening in your life now that you would like to have better control over.



IFSK Director
Marilyn Jenquin

Private Readings

In Person
or by Phone
\$75 / 45 minutes

ON-GOING PSYCHIC SPIRITUAL
DEVELOPMENT CLASSES

**New Class starting in Gainesville-- Saturday
Oct 17th 2-4:30 PM**
Held @ Unity of Gainesville, 8801 NW 39th Ave

Jacksonville ~ Wednesday, Aug.12th ~ 7-9:30 PM
Held @ 1437 Flagler Avenue Jacksonville

Neptune Beach ~ Wed, Aug.12th ~ 1-3:30 PM
Held @ 1112 Third Street, Suite 7

Melbourne ~ Tuesday, Aug.11th 7-9 PM

www.ifsk.org 407-673-9776



A Personal Advice Column

Got a burning question? Celebrity Psychic and Spiritual Teacher Michelle Whitedove is here to help give clarity on topics from Archangels to Zodiac, just ASK WHITEDOVE! Lifetime TV named her "America's #1 Psychic" after showcasing her gifts on "America's Psychic Challenge". www.MichelleWhitedove.com

Dear Whitedove: My husband and I have been desperately trying to sell our home, I feel like we're never going to sell it for what it's worth, I'm ready to throw in the towel. Any advice on what we can do? **Heartbroken in Madison**

Dear Heartbroken: This economic depression is hitting the real estate market hard and it may seem impossible to find a buyer for your home. But as I tell my clients, you can not give into fear because you bring about what you think about. I'd suggest buying a small statue of St. Joseph. Then bury him in your front yard with his head facing down and at a slight angle. Thank Great Spirit for the perfect buyer at the perfect price, and the perfect time. Do not ASK for your home to sell, instead see it as already sold and give thanks. We need to learn to claim what we want, see it already being done and think positively. I realize that this can be difficult when we are surrounded by so much negativity but positive thinking and level headedness will get you through difficult times much more successfully than a negative mind set. Work towards your goals, for your mind is the builder.

Dear Whitedove: I recently discovered my spiritual path but my boyfriend wants nothing to do with it and no matter what I try, I can't seem to convince him otherwise. How can I get him to be more spiritual? **Convinced in St. Pete**

Dear Convinced: It's great that you found your spiritual path however spirituality comes from within, you cannot force it on someone else. Either your boyfriend will discover his own spirituality or he won't, but either way you need to honor his free will. If you try to force it on him, you will only push him further away. The best thing that you can do is stay on your path and incorporate spirituality into your everyday life to set a good example for him. But know that many times we outgrow our relationships as we move forward on our path. If you really want to help your boyfriend then pray for him, and ask his unseen support team to help him find his way. Opportunities for growth will present themselves but the rest is up to him. I always tell people there is no magic pill for instant enlightenment, we all have to do the work.

...continued on page 38 ...

Tom Arcuti
YACHAK SHAMAN OF IMBABURA
SHAMANIC CEREMONY
Initiated in the Tradition of the Shamans Of
Imbabura Lineage of the Caras from the Andes of Ecuador
OFFERING CEREMONIES FOR CLEANSING &
BALANCING; GOOD FORTUNE; SOUL MISSION
AND YOUR TRUE SELF; ALLIES, GUIDES, TOTEMS;
ENERGETIC INTEGRATION & FRAGMENTATION;
PROTECTION.
386.747.9294
tom@allipacha.com www.allipacha.com

Feng Shui, Organizing, & Decorating Services
www.AwakenYourSpace.com
772-299-0705
*Is your bedroom a space
for relaxation,
regeneration, and
romance?*
Awaken Your Space
Designs for Harmonious Living
Intuitive Empowerment Cruise
February 2010

merlin's mercantile **PENNY O'BRIEN** Mon-Fri 8:30-7pm
Sat 8-5pm
Sun 10am-2pm
Gems, crystals, herbs, oils, candles, incense, books,
tarot cards, divination tools, runes, wands, pendulums,
altar items, tapestries, shirts, faery art, cards, dragons,
skulls, wizards, witches, fairies, windchimes, jewelry
386-445-9092
MerlinsMercantile@aol.com
www.merlinsmercantile.org
In St. Joe Plaza off Palm Coast Pkwy

FLORIDA PARANORMAL RESEARCH FOUNDATION
Web Site: www.floridaparanormal.com
E-mail: Floridaparanormal@yahoo.com
Tracy Pretorius
Asst Director/Medium
Rev. Tim Tedana
Director
"Aimer tous, servir tous"

SECRETS

Excerpts from
Secrets of Spiritual Happiness



Writer-producer-artist-musician Sharon Janis is the author of *Spirituality For Dummies*, *Secrets of Spiritual Happiness*, and *Never to Return: A Modern Quest for Eternal Truth*. Visit her website for inspiring book excerpts, streaming videos, devotional chanting, more: www.sharonjanis.com

Finding Grace in Challenges and Blessings From Tragedy

Every day God has a new challenge for the joy of one who loves Him. Such a lover of God never undermines these divine surprises. He knows that whatever God sends his way is meant to turn him into a perfect offering.

—Gurumayi Chidvilasananda

Our responsibility in life is what we give to the world in response to whatever experiences are given to us.

When difficulties come, see if you can look at them as challenges that are intended to refine, purify, or strengthen your soul. Some people also like to think of challenges as karma retributions for actions they've performed - that they did something wrong in their past, perhaps even in a so-called past lifetime, and that act has now boomeranged back from the cosmic scorekeeper as their present woes.

Personally, I prefer to keep my focus and interpretations on the idea of challenges as being lessons and gifts in an ultimately benevolent universe. This interpretation makes logical sense to me, and also allows me to grow without having to constantly descend into not-so-happy arenas such as guilt and self-condemnation.

I choose to think of God as a good and kind God, who is only tough when that's the only way we can learn certain lessons. This is an example of choosing a world-view and God-view that helps to create greater spiritual happiness in our mind,

heart, and soul. Your world- and God-views are for you to discern and choose; I'm just sharing some thoughts about how I've come up with mine.

Although none of us really knows how this whole human being in a big universe thing works, we can still choose to contemplate worldviews that contribute to our comfort and happiness. If you live your life thinking that God loves you, and that thought helps you to be a happy person, to perform good actions, and to ride the waves of life with a steady faith and joy, well then, does it even matter if God really does love you or not? (Of course He does - I'm just making a point!)

With the right attitude, we may find that life's tragedies can actually bring wonderful blessings, because they have the potential to shake our worlds and create an opening for grace and growth to enter through doors that may have been previously crusted over by complacency, boredom, pride, desires, and expectations.

The United States of America went through a group tragedy just after the turn of this millennium, with the "9-11" terrorist attacks. The whole country came together to mourn, and, in fact, the entire world came together to mourn. For several weeks after terrorists ran those planes into the World Trade Center buildings, the Pentagon, and the field in Pennsylvania, our whole world was steeped in goodness and goodwill.

One website showed an amazing array of photos from just about every country, with beautiful memorials and mourning faces. Hearts across the world were united. How grand it was.

That precious time didn't last too long because many agendas were waiting in the arenas of politics and human aggression, but while we were in that short but sweet "golden sky after the storm" phase, we were glorious, globally. Humanity loved; humanity cared. Celebrities came together and humbly offered their skills to do what artists are supposed to do - using their God-given talents to inspire and create more goodness across the lands. A world full of prayers and blessings arose to counter the evil that had shown its face.

Certainly, this tragic event did not go to waste in terms of giving us all food for thought and contemplation. Each person had to contemplate so many questions regarding this event. When we first saw images of airplanes hitting those twin towers, every one of us went through a shift of some kind and some magnitude - a soul quake, if you will.

As the United States moved into a truly impressive state of prayer, I contemplated how it is often only in times of extreme personal tragedy - such as at the end of our lives - that we remember what is really important. The veil of worldly illusion falls away, and the soul lost remembers the soul eternal. Tragic events such as this can also give us opportunities to take great leaps of spiritual awareness and spiritual happiness right in the midst of our lives, if we are mature and lucid enough to make good use of those opportunities.

If we trust that this universe is in the hands of an omnipotent and omnipresent God, then we have to trust it even when things hit the fan. By practicing living with greater trust, we get better at it, just as with any other skill. We learn to live in the spiritual consciousness and the worldly consciousness simultaneously.



Visit Historic Cassadaga Spiritualist Camp Summer Festival

Saturday August 15th 2009, 10 am to 4 pm

Mini-Readings, Healing Modalities, Chanting, Vendors, Food, & more
 386-228-2880 Visit www.cassadaga.org

FROM THE HEART

Alan Cohen is the author of many popular inspirational books, including *The Dragon Doesn't Live Here Anymore* and *I Had it All the Time*. Join Alan this November 8-13 in Sedona for a life-changing retreat, "The Opportunity Before You." For more information on this program, Alan's free inspirational quote program, or his daily Wisdom for Today lessons via email, visit www.alancohen.com, email info@alancohen.com, or phone 1 800 568-3079.



Good News for Crackpots

An elderly Chinese woman brought two large pots to a stream to fetch water for her household each day. The pots hung at two ends of a stick she carried on her shoulders. One of the pots was perfect, but the other one had a crack in it.

At the end of the long walk from the stream to the house, the cracked pot arrived only half full. For a long time this went on, with the woman bringing home only one and a half pots of water each day.

The perfect pot was proud of its accomplishments. But the poor cracked pot was ashamed of its imperfection, miserable that it could only perform half of what it had been created to do.

After two years of what it perceived to be bitter failure, one day the pot spoke to the woman by the stream: "I am embarrassed because this crack in my side causes water to leak out all the way back to your house."

The old woman smiled and answered, "Did you notice that there are flowers on your side of the path, but not on the other pot's side? That's because I have always known about your flaw, so I planted flower seeds on your side of the path, and every day while we walk back, you water them. For two years I have been able to pick these beautiful flowers to decorate the table. Without you being just the way you are, there would not be this beauty to grace the house."

While you may criticize yourself for your flaws, they may serve a purpose. What you perceive as your shortcomings give you character, and may endear you to others, as well as serve them. Be not hasty to put yourself down for your foibles. What you think is wrong with you may be what is right with you, and your worst characteristic or experience might be the best.

I do a lot of work with people in 12-step programs, mostly members of **Alcoholics Anonymous**. I find them to be among the most honest, dedicated, and faithful teachers I know. They have a lot of compassion and heart, and sincerely seek to help others where they can. They have been tempered by the agony of their experience, and parlayed their growth into a powerful asset to uplift their lives and the world. While their addiction was once an albatross around their neck, it has been transformed into gift. The most difficult part of their life paved the way for one far better.

OZONE AIR PURIFICATION SYSTEM

Runs through the duct system of your a/c vents

CBC 022165

Mold/mildew, musty odors, smoke, animal smells

CCC 025490

Kills all living organisms and bacteria

FRED FEIN 321-536-2744 • 321-633-7770



Visit Historic Cassadaga Spiritualist Camp Summer Festival

Saturday August 15th 2009, 10 am to 4 pm

Mini-Readings, Healing Modalities, Chanting, Vendors, Food, & more

386-228-2880 Visit www.cassadaga.org

The Cosmic
Church of Truth



1637 Hamilton Street
Jacksonville, FL 32210

Sunday Mornings
Lessons In Truth
Sunday Service 10:30am

*Call for classes & meetings.
Private counseling &
healing sessions
available by appointment*

(904) 384-7268

www.thecosmicchurchoftruth.net

Historic Cassadaga Spiritualist Camp

Mediums • Spiritual Counselors • Healers • Tours

Church Services open to the general public

Cassadaga Bookstore

*Crystals, Jewelry, Stones, Oils, Incense, Singing
Bowls, Cards, Books, unique gift items*



386-228-2880

www.cassadaga.org

Beware of people who are well-adjusted. The question is, "well-adjusted to what?" If you are well-adjusted to being nice to everyone and doing what people expect you to do, you are probably pretty bored and boring. If you are somewhat maladjusted, you are probably making a bigger difference in the world and having more fun.


...continued on page 30 ...

SISTER BENNETT specializes in tea leaf readings by phone
904-551-6805
 Donations
 12866 Haversford Rd East
 #10, Jacksonville, FL 32218
Also advice on love, luck, health




Rev. Dawn Casseday
Phone readings available
 New office location coming soon
 Psychic, Clairvoyant, Medium
 Reiki /Energy Healing, Tarot
 Past Life Regression Specialist
 Clinical Hypnotist
386-478-0341
www.greyeaglesdawn.com
CASSADAGA



 **Center for Spiritual Living**
 709 Edgewater Dr. (Hwy 50 at I-4) Orlando
 407- 601-1169 Brandy Chabrol, RScP, Spiritual Leader
"Putting the Law of Attraction in Action"
 Sunday Meditation 10:00 am • Sunday Service 10:30 am
 Aug 9 Speaker Geho Gold of Soul Light Transformation
 August 9 Soul Light Transformation - Free healing & blessing demonstration following service
 Tuesdays 7pm power of soul classes
 August 16th Matrix Energetics 1pm-5:30pm
 Aug 29 Jazz, Drumming & Yoga Under the stars 6:30-10:30
www.orlandoreligiousscience.com

 **CAN'T MEDITATE?
 BET YOU CAN.**
SEE PAGE 46
"I never felt very successful at meditating until now... things don't worry me as much now. Thanks for the kickstart."

NOTES from the Universe



An international tax accountant turned entrepreneur turned writer for "the Universe," and one of the teachers for the bestselling book *The Secret*, Mike Dooley has found his calling. Mike runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, and happiness. Visit www.tut.com to sign up for free daily Notes from the Universe!

Act with faith. Prepare the way for your inevitable success. To the degree you can, behave as if your dreams have already come true, as if you already owned a 20 acre ranch in the mountains, as if later today you were going to have an awesome, competent business manager. And you shall see the power you wield as the floodgates begin to tremble, the elements begin to conspire, people in your life begin to change, insights are summoned, comprehensions soar, and clarity is born.

Not to mention fierce, wild animals laying down when you pass by -

The Universe

IS YOUR BEDROOM A SPACE FOR RELAXATION?



Kandi Phillips offers Decorating, Organizing, and Feng Shui consultations throughout the Treasure Coast. Learn more about this article and other ways to create a private space for yourself and others.
www.AwakenYourSpace.com

Sleep is needed to regenerate certain parts of the body, especially the brain, so that it may continue to function optimally. Studies have revealed that by not getting enough rest we have a shorter attention span that leads to problems in concentration in school or at work. According to the National Sleep Foundation our need for sleep changes with age, while the average is 7-9 hours. The bedroom is considered the most important room in the house for relaxation, regeneration, and romance in our lives. Oh la la.....

So how do we create a sanctuary within a bedroom plus meet other needs? The bed position should be diagonally opposite the door, have a solid wall behind the head, enough room on either side of the bed for a small table, and raised off the floor for air circulation underneath. Yes, this means removing all those items that only you know about under the bed. Having the foot of the bed in the direct line of the bedroom door is known as the "mortuary position" in China because coffins are placed in that position when awaiting collection. Shape, color, and material of a bed can influence the energetic impact for those that sleep in the bed. Therefore, beds should be made of natural materials that can breathe, such as wood or bamboo.

Keep metal beds away from electrical equipment and heaters because they conduct heat and electricity. If you have outlets positioned behind the headboard cut out cork to place between the outlet cover and the electric box. This will help absorb the strong electric current that is emitted from the outlets.

Electronics, electric outlets, and lights emit strong electromagnetic fields (EMF's) that artificially stimulate the body. These man made EMF's oscillate through the body at 50 hertz per second. Eliminating EMF's in the bedroom would be the highest ranking on my list for a peaceful night's rest. Possibly you feel you cannot do without the TV in your bedroom but know that there are adjustments you can make to keep the TV. If you do have a CD or MP3 player in the room, only play sleep inducing music but place on a timer to turn off the electric. All electrical items should be on the opposite side of the room. Apply EMF protectors on electronics, especially in a bedroom where relaxation is of high priority.

Sleeping under a ceiling fan can be debilitating to the energy field that surrounds your body. Living in Florida and being comfortable while sleeping makes it tough

...continued to page 20...



NEW PSYCHIC BLOG

One FREE question

<http://www.papa-ds.com/psychicblog>




SPEEDY PAC

321-728-2415

Spiritual supplies, fanciful home decor. Also shipping, Fed Ex
Interchange Square, Palm Bay • Malabar Road 1/4 mile west of I-95 exit 173

UNITY CENTER

for Spiritual Living



Rev Rose Whitham
Sunday talks on our website
www.ucsl.org

4725 N. Courtenay Pkwy
2.5 miles north of 528
Merritt Island, FL
Email ucsl@bellsouth.net

Sunday Service 10 am **321-452-2625**

WHAT YOU LOVE TO DO

A Health & Spiritual Oasis

Jewelry	Salt Lamps
Crystals	Gemstones
Dragons	Angels
Fairies	Crystal Bowls
Tarot	Full Moon Circles
Cards	Tuning Forks
Music	Psychic Readings



MASSAGE

Cranial Release Technique
Keith Fitch, LMT
MA53465 ~ MM21321

www.whatyoulovetodo.com

602 BREVARD AVE • COCOA VILLAGE
321-504-0304



IS YOUR BEDROOM A SPACE FOR RELAXATION?

...continued from page 19...

not to have a ceiling fan but there are adjustments that can be made. I recommend hanging a 30mm round faceted crystal from the pull cord of your ceiling fan. Consider a battery powered alarm clock that simulates the sun.

If you do not have a view of the bedroom door while in bed you can keep yourself in what's called the "Command Position" with proper mirror placement. Mirrors in the bedroom should not face abed. But what if your partner likes the mirror for a spicy relationship? Here are a few suggestions: if you do have a mirror facing your bed and are unable or don't want to eliminate the mirror then cover with a folding screen or fabric panel during sleep, install decorative wallpaper over the mirror, or tint the mirror with opaque artwork. Mirrors can reflect light that disrupts the normal circadian rhythm in the body; therefore your room should be dark. If this is not possible: install a room darkening blind, sleep with a lavender scented eye mask, or install thick curtains. A mirror that faces an east-facing window would benefit those that need to rise early.

Clutter in the bedroom can make it difficult to rest and relax. This includes the clutter under your bed. What do you see upon waking up? Clothing scattered on the floor, laundry, computer, dirty dishes, exercise bike, etc. These items are constant reminders of mundane tasks while some items place you in a state of being on guard from danger. Typically your bedroom furniture should not take up more than half of the room's space.

Fabrics recommended for bedroom: Cotton, Silk, Satin, Chenille, Birch, and Bamboo. Fabrics add texture to the room and to the senses, as such pay particular attention to what you are trying to achieve in the bedroom with your selections. Silk sheets are very seductive while cotton sheets are absorbent so be sure to change cotton sheets after an argument. Wear comfortable clothing that is loose and made from natural materials.

Eastern light is considered the best lighting for a bedroom but if you do not have an eastern facing window then you can use diffused, soft lighting to compliment your skin and assist in relaxing the body. Color also plays a key role in providing a relaxing environment. Warm and cool tones can be used in the bedroom but if the cool tone casts a gray or blue tint on your skin this will not invite intimacy. Peach is a volatile color that initiates change in the body and should only be used if you are ready for a shift in your relationship.

People sleep better in a room with a cooler temperature. Sleep experts say that the ideal room temperature is 69 to 75 degrees F. The sense of smell is the most powerful of senses and can send the most vivid messages to your brain. Lavender is the scent used for relaxation and to prepare oneself for sleep. Lavender slows the body down by reducing your heart rate, blood pressure, and relaxes the muscles. Prepare your room 30 minutes before bed with a comfortable room temperature, a glass of water, relaxing music, reading material or journal, lavender spray, and/or diffuser filled with lavender oil. Pulse Point Balm is another essential I always have on hand. You can apply these pocket sized balms to your pulse points whenever you need to relax, energize, or reduce stress.

Everyone is entitled to some time for themselves so keep the cell phone charging by the front door, watch TV or use the computer in another room, and use the bedroom for rest, rejuvenation, and intimacy. Try this for one week and take notice of your sleep patterns.

Intuitive Empowerment Cruise
February 2010

Feng Shui, Organizing, & Decorating Services
www.AwakenYourSpace.com
772-299-0705

*Is your bedroom a space
for relaxation,
regeneration, and
romance?*

Awaken Your Space
Designs for Harmonious Living

SEE PAGE 46

*I really appreciate your Sleepytime
Recharge and Connecting With
Your Angels, Guides and Teachers
cds. They came at the right time
and they are very good. They are
making a major change in how I
view my life and I wanted to say
thank you.
LF, Titusville*



MY MOTHER, THE NOW

Cary Bayer is a Life Coach who conducts a national private practice by the ocean in south Florida (954-788-3380) and in the mountains of New York State (845-679-5526). He can be reached by email at successaerobics@aol.com or you can visit him at his web site at <http://www.carybayer.com>



This is a happy story, though don't be surprised or disappointed if it brings a tear or two to your eyes. It concerns my 88-year-old mother, who lives in a nursing home in Dallas and who's now among the most present people I've ever known. She also happens to have Alzheimer's Disease; note the word *happens*, rather than *suffers* from.

Mom enjoys the moment, even if it's a visit from her son who she carried in her womb for nine months, lived with for 18 years, and bragged about for 25 more, but now doesn't know from Adam. She thinks I'm either her brother, who just died at 91 (I must have aged poorly); her husband (a corpse for 10 years); or her father (who'd be 118 if he wasn't dead for 25 years). And I thought I was a pretty lively guy.

During my most recent visit, she was kissing and hugging a stuffed animal as if it were a new-born grandchild. I asked Mom if it was her daughter. When your mother has Alzheimer's, it's important to go with her in whatever reality she happens to inhabit at the moment. She said yes, the "doll" was her daughter. So we played as if "she" were just that.

Mom laughed excitedly and regularly, and asked at least a dozen times, "We're having a wonderful time, aren't we?" She was right; we were. I hadn't laughed like that with my mother since I played with stuffed animals. It was one of the most enjoyable times I remember ever spending with my mother.

Yet, if any medical professional were there to judge her competence, it wouldn't take more than a minute to determine she was incompetent. And certainly insane by our standards as well. It takes some adjustment in your own being to know that your mother is what we used to call mad.

Unlike most of us who are anything but mad, Mom has no past and no future: she resides in an eternal present and, like an innocent child, enjoys it immensely. Clearly, she enjoys it more than any adult I know, with the exception of some gurus I have been privileged enough to have spent some time around.

...continued on page 42...

BONNIE MCCLURE

Motivational Spiritual Life Coach



Are you at a crossroads in your life?

Not sure what to do next? Call I can help

321-403-5231



THE LABYRINTH

"A SPIRITUAL RESOURCE CENTER"

12995 S. CLEVELAND AVE

SUITE #108

FT. MYERS, FL 33907

239-939-2769

PSYCHIC READINGS
SPIRITUAL SUPPLIES
BOOKS
CANDLES, OILS, HERBS
GIFT ITEMS
UNUSUAL ITEMS
CLASSES AVAILABLE

E MAIL: INFO@DEBORAHKELEMAN.COM

Susan Z Rich LHT, ADLM

Certified UCSC Cassadaga Psychic

407-862-6902

Email: szrich@aol.com



Office & Phone Readings Available
Psychic Medium . Clairaudient . Tarot
Empathic . Holistic Intuitive . Life Coach
Soul Psychology . Reiki Master

www.szrwhitewings.com



Natural Health Institute

Janet W. Slimak, LMT

Lic # MA9836

Phone: 352-732-LIFE (5433)

Fax: 352-509-9066

Email: slimak3@comcast.net

*Speak as though every
word were a prayer...*

www.LanguageHealing.com

Specializing in energy balancing using
Conscious Language Feedback
Cert: NLP, CHT, Iridology, CranioSacral
See website for class schedule

New classes beginning

Guarantees for the if in life.®



Laurie Lynn Taylor
Financial Services Representative
1200 W. Granada Ave., Suite 2
Ormond Beach, FL 32174
Ltaylor4@metlife.com



Call Laurie today at (386) 673-9373 x 24.

For the if in life.®

MetLife

Guarantees apply to certain insurance and annuity products (not securities, variable or investment advisory products) and are subject to product terms, exclusions and limitations and the insurer's claims-paying ability and financial strength. Metropolitan Life Insurance Company, 200 Park Avenue, New York, NY 10166. L0309026567[exp0311][All States] 0709-5871 ©UFS

FEEL ICKY FOR NO REASON?

SEE PAGE 46

"I used to think I had chronic fatigue or was depressed, but I think now it was all related to my habit of thinking. I have more energy now, more clarity and feel motivated. Thank you."



The SPIRITUALIST CHAPEL OF MELBOURNE

with Rev. John Rogers

1924 Melody Lane **Melbourne**



SUNDAYS 10am-11:30am

Everyone Welcome!

321-733-1555

2nd Sunday of month Noon-2pm

MEDIUM'S DAY

Open to the public

\$15 for 15 minute reading

Also available will be

Snacks • Massage Therapy • Healing by donations

Visit us online at www.spirit-chapel.org

EVERYBODY MUST GET

STONED



Sharron Britton has been collecting and working with rocks and minerals for more than 40 years. You can find her happily creating stone altars at the High Springs Emporium, north central Florida's only rock shop, in High Springs, FL (386) 454-8657 highspringsemporium@yahoo.com.

Now that we have reached the molten heart of the summer, everyone is feeling the heat. It's not just the thermometer reaching towards triple digits with humidity to match, All the energy that has been swirling around for the past year is ready for action. Now is the time to let these changes in so we can get to work bringing in the light.



Fortunately, Mother Earth has generously provided us with amazing crystal allies to help us on our journey. One of the best minerals for opening the portals to the multidimensional brilliance of our spiritual nature is **creedite**. **Creedite** is a relatively rare variety of aluminum halide with a hardness factor of 4. The crystals can be orange, white or purple. The orange **creedite** from Mexico takes a ball-like shape - the crystals emanate light in all directions.

Picking up a piece of **creedite** can send an immediate rush of energy moving up from the sacrum through the heart and on through the head. As the energy moves, it helps create a sense of expansion within, and you feel radiant with spirit. **Creedite** has been used to contact spirit guides and helpers from the angelic realms, and remember what we already know - our divine purpose. The **orange creedite** is very useful for helping our physical bodies strengthen and expand to receive the new and powerful light pouring over the planet. I like to mediate with a piece of **creedite** in each palm. I leave these mediations reenergized and joyful with a strong sense of connection to everyone walking the path in infinite variation, yet guided by the same light.

The **purple creedite** excellent for connecting with your higher self for information to help you in your spiritual development, and makes an excellent piece for the third eye or crown chakra in a laying-on-of-stones treatment. Although the energy of **creedite** is very strong, the sweet violet ray that emanates from purple feels loving and easy to absorb. It helps remind us that love is the most powerful force of all.

Creedite is invaluable in helping us open to the great shifts that are taking place. Not only does it help infuse the physical realm with spirit, it clears the way for us to create our new reality. I have **purple and orange creedite** balls on my summer altar - the colors remind me of a sunset on the beach. Sunset on the beach... now there's a reality I'd like to create. I'll see you there!

ALPHABETICALLY BY COUNTY

To place your ad here for just **\$5 per line** and mail it with payment by the 10th of the month before to: **Horizons**, 575 Escarole St SE, Palm Bay, FL 32909-4802 Email HorizonsMagazine@aol.com

OUR PHONE DIRECTORY... 321-722-2100

ALACHUA COUNTY (352) GAINESVILLE (386) HIGH SPRINGS

A ROCK SHOP & MORE

HIGH SPRINGS EMPORIUM 386-454-8657
660 NW Santa Fe Blvd (441)
Gemstone Jewelry & More

BOOKS & GIFTS

WILD IRIS BOOKS 352- 375-7477
802 W University Ave www.wildirisbooks.com
Friday Nite Open Mic Singers, Poets, Musicians

CHURCHES

SERAPHIM CENTER AND CHAPEL
412 NE 16th Avenue 352-373-3133
<http://www.seraphimcenter.org/>

HEALTH FOODS

MOTHER EARTH MARKET 352-331-5224
MOTHER EARTH MARKET 352-372-1741

HERBS & GIFTS

OTTER & TROUT TRADING 352-224-5286
<http://www.ottertrout.com/>

PSYCHIC READER

REV. DR. JANET CLAIRE MOORE 352-373-8047
Channeler, Medium, Ordained Minister,
Licensed Counselor

BREVARD (321)

ACUPUNCTURE

SUSAN HATHAWAY, Ph.D., AP 723-3017
2105 Palm Bay Rd NE Suite #2 in Palm Bay

ASTROLOGY REPORTS

ANDREA de MICHAELIS \$22
Spiritual Astrology - Compatability, Transits
Reports focused on soul growth and mission
Email horizonsmagazine@aol.com
MC Visa Am Ex Discover Paypal - Email/Mail

BOOKS & GIFTS

WWW.ANGELSBYFELICIA.COM 917-3757

AQUARIAN DREAMS 729-9495
Large Selection of Books, Unique Gifts, Global
Imports, Crystals & Jewelry.
Serving Brevard since 1986.
414 N. Hwy A1A Indialantic
www.aquariandreams.com

CREATIVE ENERGY 952-6789
Incense, Music, Jewelry, Books, More
See ad page 2 835 E. New Haven Ave Melb

ENCHANTED SPIRIT 784-2213
Treasures to inspire the spirit, soothe the soul
320 N. Atlantic Ave (A1A) Cocoa Beach

SPEEDY PAC/Ship/Gifts/Decor 728-2415
Interchange Sq. Malabar Rd west of I-95

WHAT YOU LOVE TO DO 504-0304
602 Brevard Ave in Downtown Cocoa Village
Visit us at www.whatyouloveto.do

CHURCHES

CENTER FOR SPIRITUAL AWARENESS
Sunday Celebration 10:30 am
5 Rosa L. Jones Dr Cocoa Village 634-5188
www.cfsabrevard.org

CHRIST CHURCH OF POSITIVE LIVING
1353 N. Courtenay Pkwy Suite U
Merritt Island 454-4109

THE NEW WAY 961-3615
Sunday Mornings 10:30am Aquarian Building
238 Peachtree St Cocoa www.TheNewWay.us

THE SPIRITUALIST CHAPEL
OF MELBOURNE 733-1555
Sunday Services 10am Rev. John Rogers,
w/1924 Melody Lane behind Melb Auditorium.
2nd Sunday of month 12-2pm Medium's
Day \$15 for 15 minute reading. Snacks •
Massage Therapy • Healing by donations.
321-733-1555 Visit www.spirit-chapel.org

UNITY CHURCH MELBOURNE 254-0313
1745 Trimble Rd www.unityofmelbourne.com

UNITY CENTER FOR SPIRITUAL LIVING 4725
N. Courtenay Merritt Island 452-2625

UNITY CHURCH ON THE SPACE COAST 2000
South St in Titusville 383-0195

UNIVERSAL PATH CENTER 459-0208
2460 N. Courtenay Pkwy Merritt Island

DREAM INTERPRETATION

ANDREA de MICHAELIS By email from \$25
Horizonsmagazine@aol.com
Receive a written record to meditate upon

HEALTH FOODS

APPLESEED 1007 Pathfinder Rckldge 631-1444

THE HEALTH STATION A1A 773.5678

NATURE'S MARKET & CAFÉ US1 254-8688

PINETREE HEALTH 777-4677

SUNSEED CO*OP Cape Can A1A 784-0930

SUZAN'S HEALTH HAVEN 728-3930
924 E. New Haven Avenue
(In the new Railroad Emporium)

HERBS & GIFTS

HERB CORNER 757-7522
277 N. Babcock Street in Melbourne

MAMA JO'S SUNSHINE HERBALS
1300 Pine Tree Dr. IHB 779-4647

MEDITATION

ANDREA de MICHAELIS
andrea@horizonsmagazine@aol.com
Breath & Mantra Meditation since 1972
Breathe awake The One inside

MEDITATION CDS MP3S

ANDREA de MICHAELIS \$10 See page 46
Stop Smoking • Out Of Body Experience •
Connecting with Your Angels, Guides, Teachers

METAPHYSICAL STORES

CHRYSLIS SPIRIT (www.chrysalisspirit.com)
Jewelry, Crystals, Oils, Soaps, Readings, More!
Rare stones such as Moldivite and Azezulite.
Frontenac Flea Market US1 Cocoa Sat & Sun

PSYCHIC READERS

REV. APRIL RANE 321- 639-8738
Psychic-Medium & Tarot. www.aprilrane.com

JORIE EBERLE 321-638-0367
Spiritual Teacher, Reader, Advisor, Classes

more on next page

KATHRYN FLANAGAN 591-5171
Advisor • Teacher • Tarot • Home Parties
www.kathryn-flanagan.com

YVETTE Psychic Reader 952-6789
at Creative Energy in downtown Melbourne

LILA CARTER 264-8930
Spiritual Medium Intuitive & Pet psychic
lilapsychic@yahoo.com

DIANNA HINKLEY 321-213-6574
Intuitive/reader www.mytarot.space.com

REV. DEBBIE PRIEVO 321-626-5641
Psychic - Tarot - Dream Interpretation
At What You Love To Do in Cocoa Village

Rev. EMMA ROSA 813-677-6314, 813- 843-8961

REV. MORGANA STARR 317-525-2605
Psychic/Medium www.morganastarr.com
Cocoa Village & Melbourne areas

REIKI

REV. MORGANA STARR 317-525-2605
Classes & Individual Sessions

SPIRITUAL COUNSELOR

KATHRYN FLANAGAN, RScP 591-5171
United Centers for Spiritual Living Practitioner
Available for Scientific Prayer.
www.kathryn-flanagan.com

SPIRITUAL DIRECTION

Tell your Sacred Story - 321-255-4652
MARGARET ROSCHE, Spiritual Director

THERAPY

SPIRITUAL PATH FOUNDATION 951-8774
Reiki, Regressions, Shamanic Healings,
Counseling (in person or by phone)

KEITH FITCH, LMT 321-504-0304
Massage ~ Sound & Vibrational Therapy
Cranial Release Technique #MA53465
Home Appointments Available

YOGA MEDITATION

CLASSES, RETREATS

YOGA SHAKTI MISSION 725-4024
Also books by Ma Yoga Shakti
3895 Hield Rd in Palm Bay (see page 47)

BROWARD (954)

FT. LAUDERDALE

BOOKS & GIFTS

ANGEL HAVEN 522-4720
1318 E. Las Olas Blvd Ft Laud

CENTER FOR HUMAN DEVELOPMENT
5809 Hollywood Blvd. Hollywood, FL
954-989-6400 www.espcenter.com

THE COSMIC SALAMANDER 698-6926
5631 NW 77 Court, Coconut Creek, FL 33073
www.cosmicsalamander.Com

CRYSTAL FANTASY 973-0903 5111
Coconut Creek Parkway in Margate

CRYSTAL VISION 981-4992
3160 Stirling Road Hollywood

DIVINE LOVE INSTITUTE 920-0050
2832 Stirling Road #H Hollywood, FL 33020
Gifts, Reiki, Drumming, A Course in Miracles,
Life Coaching, Akashic Record Certification,
Angel Workshops, and IET Certification'

INNER WISDOM BOOKS 532-0786
2018 NE 36th St Lighthouse Point

GRIFFIN'S LOFT 625-6775
4282 S. University Drive in Davie

NATURE'S EMPORIUM 755-2223
8041 West Sample Road Coral Springs

NEW AGE BOOKS & THINGS 771-0026
4401 N. Federal Hwy Fort Lauderdale

CHURCHES

HOLLYWOOD METAPHYSICAL CHAPEL
http://www.metaphysicalchapel.com/

RELIGIOUS SCIENCE FORT LAUDERDALE
Center for Spiritual Living 954-566-2868

UNITY GATEWAY CHURCH 938-5222
3701 N. University in Coral Springs

HEALTH FOODS

HEALTH FOODS PLUS 989-3313
3341 Hollywood Blvd in Hollywood

WHOLE FOODS MARKET
810 University Drive Coral Springs 753-8000
7220 Peters Road in Plantation 236-0600
2000 N. Federal Hwy Ft. Laud 565-5655

WILD OATS MARKETPLACE 566-9333
2501 East Sunrise Blvd in Ft. Laud

CHARLOTTE (941)

BOOKS & GIFTS

STARCHILD BOOKS 941-743-0800
3762-E Tamiami Trail, Port Charlotte 33952

COLLIER COUNTY (239) NAPLES

BOOKS & GIFTS

SACRED SPACE 239-390-2522

CHURCHES

UNITY OF NAPLES Books, gifts 775-3009

HEALTH FOOD STORES

FOR GOODNESS' SAKE 353-7778

FOOD & THOUGHT MKT CAFE 213-2222

NATURE'S GARDEN 643-4959

SUN SPLASH Market & Cafe 434-7721

SUNSHINE Discount Vitamin 941-598-5393

HOLISTIC HEALER

REVEREND ARLENE PONACK
arleneponack@aol.com 239-601-7548
arlenesatyourserviceholistichealing.vpweb.com

COLUMBIA (386) LAKE CITY

BOOKS & GIFTS

A COMPANY OF ANGELS 752-5200
277 N. Marion Avenue, Lake City, FL 32055

DUVAL (904) JACKSONVILLE

BOOKS & GIFTS

BLACK SHEEP BOOKS 880-1895
9735 St. Augustine Road Jacksonville 32257

EARTH GIFTS www.earthgifts.com 389-3690

CHURCHES

COSMIC CHURCH OF TRUTH 904-384-7268
1637 Hamilton Street - in Jacksonville

UNITY CHURCH FOR CREATIVE LIVING
2777 Race Track Rd Jax 904-287-1505
www.unityinjax.com/

METAPHYSICAL

DrHJohn 215-9263 on Fridays Coach/Hypnotist

ESCAMBIA (850) PENSACOLA

UNITY OF PENSACOLA 850-438-2277
716 N. 9th Ave. www.unitypens.com

FLAGLER (386) PALM COAST

ART, GIFTS, GATHERINGS

THE SOURCE LIMITED 437-3230
4601 East Hwy 100, Unit F-3 Bunnell 32110
"Come to the Light....a shop with a trendy
flair. Books, gifts, CD's crystals and much
more. Classroom and classes available"

GIFTS, HERBS, READERS

MERLIN'S MERCANTILE 445-9092
234 St. Joe Plaza Drive in Palm Coast
Crystals, gems, divination tools, art classes
and events. Space available for workshops
Also U-Haul! www.merlinsmercantile.org

PSYCHIC ASTROLOGER

REV. AYNNE MCAVOY, Reiki Master
Teacher, Columnist, Radio Personality
www.GoldenTrines.com 866-729-6643

HILLSBOROUGH (813) TAMPA

BOOKS & GIFTS

MYSTIKAL SCENTS 813-986-3212

PSYCHIC READING

Rev. Emma Rosa 813-677-6314 • 813- 843-8961

INDIAN RIVER (772) VERO, SEBASTIAN ACUPUNCTURE

COMPLEMENTARY MEDICINE 772-766-4418

BOOKS & GIFTS

THE INSPIRED HEART 772-569-2877

RADIANT SPIRIT 772-564-9649
Reiki, Massage, More 2015 13th Ave Vero Beach

CHURCHES

UNITY OF VERO BEACH 772- 562-1133

LEE COUNTY (239) FORT MYERS

BOOKS & GIFTS

THE LABYRINTH 239-939-2769
12995 S. Cleveland Avenue #108

CRYSTALS, ROCKS, GEMS

STONE AGE EMPORIUM 239-267-6496
www.stoneageemporium.com Wholesale prices

LEON CTY (850) TALLAHASSEE

BOOKS & GIFTS

CRYSTAL CONNECTION 878-8500
1105 Apalachee Parkway in Tallahassee

STONE AGE Tallahassee Mall 383-0233

HEALTH FOOD STORES

HONEYTREE 1616 N. Monroe St 681-2000
NEW LEAF MARKET 942-2557

MEDITATION

Transcendental Meditation 850-534-0004

MARION COUNTY (352) OCALA

BOOKS & GIFTS

A NOVEL IDEA 352-351-9475
2019 E. Silver Springs Blvd

ALL ABOUT ART Artful Living 352-307-9774
5162 SE Abshier Blvd, Belleview

MYSTIC REALMS 352-401-1862
3315 E Silver Springs Blvd Ocala

SOUL ESSENTIALS Ocala 352-236-7000

CAFE

BDBEANS CAFE 352- 245-3077
5148 SE Abshier Blvd, Belleview

CHELSEA COFFEE 352-351-5282
3217 E Silver Springs Blvd Ocala

JITTERZ CAFE 352-307-9870
11783 SE US Highway 441 Belleview

CHURCHES

Unity of Ocala 101 Cedar Road 352-687-2113

HEALTH FOOD STORES

MOTHER EARTH MARKET 352-351-5224
REESER'S NUTRITION CTR 352-690-2384

B-HEALTHY HEALTH FOODS 352-867-8727
2202 E Silver Springs Blvd Ocala

HERBAL ADVANTAGE 352-629-1110
4901 E Silver Springs Blvd Ocala

OCALA GHOST WALKS

www.ocalaghostwalks.com 352-690-7933

MARTIN COUNTY (772) STUART

BOOKS & GIFTS

MYSTIC CHRONICLE Jensen 334-1899

CRYSTALS & GEMS

BELLA JEWELRY & GIFTS 219-8648
39 SW Osceola Street, Stuart 34994

DREAM CATCHER 692-6957
1306 NW Federal Highway in Stuart

HEALTH FOODS/CAFE

NATURE'S WAY CAFE Stuart 220-7306
PEGGY'S 5839 SE Federal Hwy 286-1401

MIAMI DADE (305) BOOKS & GIFTS

32 PATHS www.32PATHS.COM 461-2341
3444 Main Hwy in Coconut Grove

9TH CHAKRA 538.0671
530 Lincoln Road in Miami Beach

FAIRY'S RING 446-9315

HEALTH FOODS

WHOLE FOODS MARKET
21105 Biscayne Blvd in Aventura 933-1543
Wild Oats Marketplace 532-1707
WILD OATS MARKETPLACE 971-0900

MONROE (305) FLORIDA KEYS

HEALTHFOOD/JUICE BAR

GOOD FOOD CONSPIRACY 872-3945
US 1, Mile Marker 30 on Big Pine Key

NEW AGE BOOKS, GIFTS

BLUE MOON TRADER 872-8864

CRYSTAL LOFT 872-9390

OKALOOSA (850) FT. WALTON BCH

CHURCHES

UNITY CHURCH 864-1232
1797 Hurlburt Road in Fort Walton Beach

HEALTH FOOD STORES

FEELIN' GOOD! Hwy 98 Destin 654-1005

GOLDEN ALMOND 863-5811
339 NW Racetrack Rd in Ft Walton Bch

THE NAME IS NATURAL 244-8336
Store/Cafe-99 Eglin Pkwy Ft. Walton Beach

ORANGE COUNTY (407) ORLANDO

BOOKS, GIFTS

AVALON Hillcrest St in Orlando 895-7439
SPIRAL CIRCLE 750 Thornton 894-9854

HERBS, GIFTS

LEAVES & ROOTS 407- 823-8840
9434 E. Colonial Drive in Orlando

MEDITATION GALLERY

SHIRDI SAI BABA CENTER 407-830-1276

HERBAL CONSULTS,

DAWN'S ENCHANTED GARDEN
Live Oak School of Natural Healing
352-669-1963 and 407-967-6042
Dawn @ Dawnsenchantedgarden.com

PSYCHIC MEDIUM/TAROT

DIANNE WARREN 407-880-3135
Phone Readings - Private readings

PSYCHIC TAROT SEANCE

DENNIS HOLLIN 407-721-3396

PALM BEACH (561)

BOOKS & GIFTS

BOTANICA SAN EXPEDITO 561-682-0955
www. BotanicaSan Expedito.com

CHANGING TIMES 640-0496
CRYSTAL CREATIONS 649-9909
SECRET GARDEN 844-7556
SHINING THROUGH 276-8559

CRYSTAL GARDEN 369-2836
2610 N. Federal Hwy Boynton Beach

DREAM ANGELS 561-745-9355

SPIRITUAL AWAKENINGS 561-642-3255
4469 S. Congress Ave #121 in Lake Worth

WITCHES HAT 561-656-1775
11150 Okeechobee Blvd Royal Palm Beach, FL

CHURCH / CLASSES

UNITY OF THE PALM BEACHES 833-6483

www.UnityChurchintheGardens.com

HEALTH FOOD/CAFES

NUTRITION S'MART 561-694-0644
4155 Northlake Blvd Palm Bch Gardens
www.nutritionsmart.com

HOLISTIC ATTORNEY & HEALER

Reva M. Brown 561-629-8161
www. Spirit-Law.com

PSYCHIC READER

SARAH SPIRITUAL 561-682-0956
Botanica San Expedito

PINELLAS COUNTY (727) ST. PETE, CLEARWATER

BOOKS & GIFTS

LEMURIA BOOKS & GIFTS 360-9773

MAGICKALYSTICS 772-8700
34838 US Hwy 19 N Palm Harbor

MYSTIC GODDESS Largo 530-9994

OTHER WORLDS St. Pete 345-2800

CHURCHES

UNITY OF CLEARWATER 531-5259

PEOPLE'S SPIRITUALIST CH 686-8362

TEMPLE OF LIGHT 538-9976

CRYSTALS & GEMS

CRYSTAL CONNECTION 595-8131
311 Gulf Blvd in Indian Rocks Beach

SARASOTA (941)

BOOKS & GIFTS

ELYSIAN FIELDS Midtown Plaza 361-3006
STARCHILD BOOKS & GIFTS 743-0800

SEMINOLE (407) LAKE MARY SANFORD

CHURCH, BOOKS, GIFTS

UNITY CHURCH OF CHRISTIANITY
4801 Clarcona Ocoee Rd ORL 407-294-7171

CRYSTALS AND GEMS

TIMELESS TREASURES 407-314-7478
Flea World - Sanford - A/C Bldg 300 #38

ST. LUCIE COUNTY (772) FT PIERCE

BOOKS AND GIFTS

DREAMCATCHER 692-6957
Emerald Plaza 1306 NW Federal Hwy Stuart

SPIRITUALIST READINGS

REV. MARILYN L. GODLEY 772-882-8772
By Phone or in Person

SPIRITUAL CENTERS

UNITY OF FORT PIERCE 461-2272

3414 Sunrise oneness@unityoffortpierce.com

VOLUSIA (386) DAYTONA, NEW SMYRNA, DELAND

BOOKS AND GIFTS

A LOTTA SCENTS 423-9190
Daytona Flea Market E2 a/c building

CASSADAGA Camp Bookstore 228-2880

MERLIN'S VISION 738-4056
100 S. Woodland Blvd in Deland

THE PURPLE DOOR 753-9393
31 S US HWY 17-92 jewelry, crystals, cds, books
Looking for teachers, mediums, tarot readers

CRYSTALS, GIFTS MUSIC

CRYSTAL CONNECTION 673-0014
298 S.Nova Road, Suite A in Ormond Beach

HERBS AND GIFTS

SPICE OF LIFE HERBS 734-0035
214 W. Beresford Ave in Deland Wed 5-8pm Sat
& Sun 10-5pm www.spiceoflifeherbs.com

PSYCHIC READERS

REV. ALBERT J. BOWES 386-228-3209
In Cassadaga - see display ad page 3

NELLIE 386-228-0168
Cassadaga Psychic Medium and Teacher

6TH SENSE CONNECTION 407-433-9581
1083 Stevens Street in Cassadaga

PSYCHICS ROCKS & GEMS

PURPLE ROSE in Cassadaga 386-228-3315

GEORGIA

BOOKS & GIFTS

MINDFUL EXPRESSIONS
68 N. Main St in Clayton, 706-782-5755

PHOENIX & DRAGON 404-255-5207
5531 Roswell Road • Atlanta, GA 30342
inside I-285 www.phoenixanddragon.com
Unique gifts, jewelry, psychic readings



**WILD IRIS
BOOKS**

Celebrating life and diversity

Wild Iris Books
is North Florida's
largest and most
comprehensive
Metaphysical and
New Age store.

We carry Crystals, Stones, Tarot Decks, Jewelry, Clothing,
Candles, Soaps, Lotions, Art and Gifts to fit every budget.

Have a glass of wine or bottle of beer at the Wild Words Café.
Delight in our gourmet coffees, teas and incredible food
creations! And, as always, we offer free wireless Internet.

Psychic Tarot Reader, Astrologer and Psychic Medium
available full time so call and schedule your consultation
now because our calendar fills up quickly!



*Live Music, Spoken Word, Open Mic
every Friday night until 11:00pm.*

Hours:
Tuesday - Saturday
11:00am - 6:00pm
Friday until 11:00pm

802 W. University Ave.
Gainesville, FL 32601
(352) 375-7477
www.wildirisbooks.com



The **Source** Ltd.
art gifts and gatherings

**PSYCHIC
READINGS**

Development Circle

Course In Miracles

Healing Night

Blue Star Mystery School

What The Bleep....Workshop

August Message Service is Rev. Dr. Louis Gates

386-437-3230

www.thesourcelimited.com

thesource@ainweb.net

Marvin's Garden Plaza
4601 E. Hwy 100
#F-3 • Bunnell



Psychic • Medium • Healer • Teacher

SCSCMA CERTIFIED 475 Seneca CASSADAGA

386-228-0168

Serving Spirit

PSYCHIC DEVELOPMENT CLASSES:

Oct 10 Prepare for the Journey

Oct 24 Make the Connection

Nov 7 Travel Unlimited

Classes 10am-4pm

Preregister at Cassadaga Bookstore

386-228-2880, \$45 includes 2 books

SUMMER READING SCHEDULE

Mon ~ Sat 11:30 - 4pm

Sundays 2pm thru 5pm

Phone readings & evenings by appt

Email alwaysnellie@yahoo.com



Nellie

A reading can help you improve your understanding of people
and events - answering *why is this happening to me?* Clarify
communication, resolve negative tendencies, be motivated to
career development, receive insight into friends and family,
obtain guidance for self-discovery and spiritual growth,

ANIMAL SPIRIT GUIDANCE



"As a kid A. Venefica peeked under rocks, gleeful to discover dark treasures under each one. Today, she is still exploring, but instead of rocks, she flips over the underside of every-day-ness to find magic and inspiration hiding beneath common reality. Join her journey to discover the remarkable
www.Whats-Your-Sign.com"

WHATS-YOUR-SIGN.COM

The Doorway to Symbolism



A Few Tips on Knowing Your Totem Animals

Take Time for Silence: The majority of our non-human counterparts exist in present-moment simplicity and quietude. If our goal is to expand our awareness of the bountiful wisdom our animal queen/kingdom offers us, it makes sense to energetically meet-up on their level. Whether you call it meditation, or just settling into a still moment of awareness, be present to the potential that is present within the collective animal realm. This one small step into stillness engages something within the human mind that brings us face to face with our animal counterparts.

EMPTY OUT: Vessels need to be emptied out before they can be filled. The capacity of the human heart is no different. Animal energy is expansive, and must have room to flourish. We can allow that room for the fullest animal expressions (and allowing rich animal relationships) by emptying out. What do I mean by this? To encounter the animal parallel, we must make a clearing within the woods of our souls that is suitable and attractive to our energetic animal counterparts. Empty out judgments, preconceived notions, limitations, emotional clutter, and doubts. These limitations are easily replaced with the wisdom and virtues of our animal kin.



RESEARCH: Whether in a moment of silent clarity, or as an intuitive surge - your animal attraction will happen. When your totem surfaces through energetic waves to meet your awareness make the effort to learn more about this magnificent animal. The totemic way of life is a commitment requiring an energetic investment. An important investment of this energy is to research the animals that come into our awareness. We can do this by reading about them, watching videos about them, observing them in nature. Learn how they live their lives. Where do they live? What do they eat? How do they love? How do they behave? This is a clear signal of earnest and sincerity to your deepest self and your animal counterpart. This kind of invested interest will enhance your connection to the animal realm, and gather your animal energies more close to you.



NIGHT SNACKERS LOSE THE URGE!

"I'm down 15 pounds and I no longer have the urge to snack in front of the tv. Who knew it could be this easy? I don't know how it works, but it works. Thank you." See Page 46

OBSERVATION AND REFLECTION: Totemic living is 95% observation. Observation of animal energy. Observation of Self. Observation of new flavors of experience that emerge as relationships are established between you and your animal(s). Observation of that relationship growing, and the changes both it and you (and your animal counterpart) undergo as time moves. The more we gaze into the steady pools of observation, the more clear our energetic reflections will become.

ABRAHAM-HICKS



...continued from page 8...

what you desire or of the presence of things you would like to remove from your experience. No one ever has or ever could have prevented your success—or provided it. Your success is all up to you. It is all in your control. And we are writing this book so that now, finally, once and for all time, your success can be in your deliberate and conscious control.

Money Is Not the Root of Evil or of Happiness

This important subject of money and financial success is not the “root of all evil” as many have quoted—nor is it the path to happiness. However, because the subject of money touches most of you in one way or another hundreds or even thousands of times in every day, it is a large factor in your vibrational makeup and in your personal point of attraction. So when you are able to successfully control something that affects most of you all day, every day, you will have accomplished something rather significant. In other words, because such a high percentage of your thoughts in any given day reside around the topic of money or financial success, as soon as you are able to deliberately guide your thoughts, not only is it certain that your financial success must improve, but the evidence of that success will then prepare you for deliberate improvement in every aspect of your life experience.

If you are a student of Deliberate Creation, if you want to

consciously create your own reality, if you desire control of your own life experience, if you want to fulfill your reason for being, then your understanding of these prevalent topics—money and the Law of Attraction—will serve you enormously well.

I Am the Attractor of My Every Experience

You are meant to live an expansive, exhilarating, good-feeling experience. It was your plan when you made the decision to become focused in your physical body in this time-space reality. You expected this physical life to be exciting and rewarding. In other words, you knew that the variety and contrast would stimulate you to expanded desires, and you also knew that any and all of those desires could be fully and easily realized by you. You knew, also, that there would be no end to the expansion of new desires.

You came into your body full of excitement about the possibilities that this life experience would inspire, and that desire that you held in the beginning was not muted at all by trepidation or doubt, for you knew your power and you knew that this life experience and all of its contrast would be the fertile ground for wonderful expansion. Most of all, you knew that you were coming into this life experience with a Guidance System to help you remain true to your original intent as well as to your neverending amended intentions that would be born out of this very life experience. In short, you felt an eagerness for this time-space reality that nearly defies physical description.

You were not a beginner—even though you were newly beginning in your wee, small physical body—but instead you were a powerful creative genius, newly focusing in a new, Leading Edge environment. You knew that there would be a time of

...continued on page 38 ...

Journey to Sedona and The Grand Canyon Oct 28 - Nov 3

Guided Meditations on powerful vortexes, rebirthing, meet your guides, past lives



- Native American Indian Tour
- Sweat Lodge
- Teachings & Dharma Talks
- Yoga with Marybeth Hegarty

Cost \$1,395 or
\$1,475 after Sept 1
(airfare not included)

Contact Maya Malay 561-832-0224
or Marybeth Hegarty 561-767-0205
Email marybethhegarty@yahoo.com



2 retreats.... facilitated by Maya Malay Pastoral Counselor/Buddhist Ngakma



Living From the Heart

November 13 - 14 Palm Beach, FL

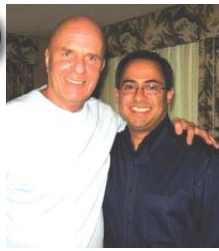
Would you like to have a life of joy,
inspiration and ease?

Find your inner champion, genuine
self love and a life filled with purpose!

Friday 6pm - 10pm
Saturday 10am - 7pm

YOU ARE GOD

...continued from page 9..



to be something you're not. Don't be a phony. Walk your talk. That's how God works, so doing it is emulating how Source works. The third virtue is gentleness, which manifests as kindness toward all others.

The fourth virtue, which is relevant here, is supportiveness. If you say to the universe, "Gimme, gimme, gimme," which is what a lot of the work around the law of attraction says because of a misinterpretation, then the universe gives you back what you offered out.

You get more "gimme, gimme, gimme." "Gimme" means you don't have enough. You have a shortage. The universe just keeps giving you more shortage because of what you're thinking and saying.

If, on the other hand, you say to the universe again and again, "How may I serve? How may I serve? How may I serve?" and you live a life of constancy reflecting that principle, the universe will respond back, "How may I serve you?"

Ray: With an approach centered on lack and need, even if you are getting things, the feeling of shortage keeps coming back to you. So no matter what you get, you still always feel the need, don't you?

Wayne: Exactly, and that's why I say you don't get what you want, you get what you are. When you live the virtues—when you live in that place of God-consciousness—all these rules we have about cause and effect, beginnings and ends, don't have any impact or relevance.

As **Joel Goldsmith** said, in the presence of the **God** realized, the laws of the material world do not apply.

That's why people who live steadfastly at a place of God-consciousness can perform miracles. They can create.

They can make virtually anything happen. From the space in-between, that last inch is the critical inch you have to take to reach that place. Every once in a while, I get to that place of God-consciousness, and miracles do happen.

FROM THE HEART

...continued from page 17 ...



One of my favorite actors is **Sean Penn**, who has had a longtime reputation as a "bad boy." He was married to **Madonna**, got into drunken fistfights, and is seen as a loose canon. Yet Sean has also directed his energy and passion toward positive social causes.

He took out a full-page ad in the **Washington Post** openly criticizing **President Bush** for the war in **Iraq**, and has chosen some excellent roles championing the causes of the downtrodden, such as a developmentally disabled man in **I am Sam**, a prisoner in **Dead Man Walking**, and a gay politician in **Milk**.

The red hot passion that has gotten him into trouble has also uplifted many when directed meaningfully. If Sean Penn were well-adjusted, he would not be, well, **Sean Penn**.

If you have felt like a misfit in this world, you may have more company than you know. You may be a part of a very large group (perhaps over 50 million in the U.S.) called "cultural creatives," a term coined by sociologist **Paul H. Ray** and psychologist **Sherry Ruth Anderson** to describe people who are disenchanted with traditional religion and societal roles, hold visionary values, and seek a lifestyle unlike the masses.

If you are not normal (and who is? **Stephen Wright** asks, "How do you feel to know that half of the people you know are below average?") one of your major life lessons may be to find and claim your right place in the great web of life.

If you have felt weird for being spiritual, gay, not interested in climbing the corporate ladder, bored with television, unwilling to sell your soul for a mortgage, or bashful about revealing your psychic experiences, you may be closer to home than you know.

You may be living exactly the life you came to live, and you simply need confidence to claim it without apology or compromise.

In the film **The Lake House**, one character feels lost and confused and does not know where to go. A friend advises her, "Go where you feel most like yourself." So, too, you must go the place and be with the people where you feel most like yourself.

You don't need to attend family gatherings, church services, or business meetings where you don't belong. They may be right for others, but if they are not right for you, you must seek people who match you at your core. Those who truly belong to you will greet you with open arms and you will feel like you have come home after a long trek in the wilderness. Then your jigsaw piece will fit and you will realize, like the cracked pot that created a long row of beautiful flowers, that the universe has a place for you.

THIS MONTH'S THOUGHTS ABOUT THINGS...

"I want to look back on my life and be giddy with joy that I was the one who got to live it."



...continued from page 7..

I've already got great lighting with the bright sunny day outside. I've got the time. Why not? I took a quick glance around to see who was sitting in traffic alongside me. No one was paying any attention.

Not that I'd care. I don't care about stuff like that too much anymore. I've learned being silly has its advantages, not the least of which is keeping me young and in motion.

I did some regular smiling shots. Then I remembered to pull the seatbelt out of the frame and took a few more.

Then I remembered I had my glasses on and so I took them off and took a few more.

I saw my sun hats lying on the seat next to me, so I put each one on and did a few mugs and kissy faces for the camera with them.

I checked the images I'd just shot and they were hilarious and ridiculous. I took a few more while I was laughing.

I glanced at the car next to me and there was a family inside with 3 young kids just laughing and watching me like on tv. I waved and took some shots of them, too.

Soon enough, the traffic moved along and it was back to cameraphone in purse, hands at ten and two.

What could have just been an annoying episode being stuck in traffic became a fun interlude in the day. Because some of us saw the opportunity in the moment, despite circumstances, we were able to come alive and make the most of it.

A favorite quote of mine by Howard Thurman: *Don't ask yourself what the world needs from you. Ask yourself what makes you come alive and go do that. For the world needs more people that have come alive.*

Isn't that the truth? I've got several pals and clients who are doing the dating services online and they show me their profiles. Some of them list very specific things they want in a mate:

They have to like cats/dogs.

They have to be a nonsmoker.

They have to like boating or reading or bowling.

Some men want a woman who looks good in a lil black dress.

Some women want a man with hair.

All these definite things they list, and sometimes it is a long list.

When they ask, I am happy to help them write their profile. I suggest they realize that different people bring out different facets of their personality. So no matter what you think your absolute type is, be open to variables.

Who's to say you won't find great connection with someone who lives a life completely unfamiliar to you? Some thing you can't even imagine right now?

Be open to variables. Because all any of us want is to be around people who help us come alive.

When you meet someone you click with - and this is in any area of life, not just intimate relationships - you come alive. You feel inspired. The thoughts and ideas and creativity begin to flow.

So, don't ask yourself what the world needs from you.

Ask yourself what makes you come alive and go do that.

For the world needs more people that have come alive.

Become an explorer, and figure out what and who makes you come alive. Then jump into it.

Enjoy our offering this month.

Hari Om.

Andrea



Read Andrea's daily blog at <http://horizonsmagazine.com/blog/>

ABRAHAM *FUN*



Karen Williams is the author of *Soulsongs: Welcoming Your Deepest Desires* and distributes a bumper magnet, "Think Happy Thoughts & Good Things Will Happen." Karen and her partner, Mark, also host Abraham-Hicks discussion groups in Winter Springs, Florida. E-mail: soulsongkaren@cfl.rr.com. Karen's blog: www.abrahamfun.com.

What About Despair?



"Despair: the feeling that everything is wrong and nothing will turn out well. Do you experience this? We've all heard of cell phone 'dead zones.' Sometimes I enter a personal dead zone.

Here's how it works... I'm going about my day, doing the next thing, perhaps even walking in the present reality of God's kingdom and mindful of the fullness of life and spiritual abundance within me...and then suddenly the dead zone...a surge of despair and emptiness and aloneness and despondency sweeps over me....

I am contacted by many people who express despair. So, I have some questions. Do you experience despair? What is it like for you? Does it take some specific form such as the ways I described mine above? Also, are feelings of despair a sign of failure - as in you're just not "getting it" or otherwise you wouldn't be experiencing such negative thoughts or feelings? What exactly is "despair" beyond the above definition? Where does it come from? What causes it? What is the way you deal with it? Whatever it is, is despair simply a part of being human? Karen, Just wondering if you had any thoughts on this?"

Despair is a feeling of immense disillusionment with life, we could say. On the emotional scale that Abraham published in their first Hay House book, *Ask and It Is Given*, despair is listed in last place as far as feeling good is concerned. It's #22, along with its buddies, fear, grief, depression, and powerlessness (p. 114).

I personally do not experience despair, but I may well have experienced it at earlier times in my life. I'm not inclined to go back and evaluate that, for I've now trained myself to think only about the good-feeling times in my past. Nothing good comes from feeling bad or from remembering times when we felt bad.

I do know that sometimes negative emotions, such as fear, grief, and despair, can seem to come upon people out of the blue — as if we've entered a "dead zone." We know that our feelings come from our thoughts, so there must have been some major thoughts of what we don't like and don't want accumulating in our vibrational offering, even along with thoughts of appreciation and abundance. Then, we may run head-long into some unhappy thoughts/ thought forms from other people. (Like attracts like, and as our unhappy thoughts gain some momentum, they can draw others to themselves.) At that point,

we feel heightened emotional discomfort, which is, of course, our Inner Being's way of urging us to find somewhere else to place our attention.

Despair certainly can be part of being human, but as we learn to move up the vibrational scale by choosing thoughts that feel a little better...and a little better...and a little better yet, it doesn't need to be part of our experience. If we do feel despair or its cohort emotions, though, we can be thankful that our emotional guidance system is alive and well and nudging us to focus our attention differently. We can also be thankful that as we practice choosing better-feeling thoughts, we will not continue to dip that low on the emotional scale.

Many people do experience despair, and it's always, as far as I can tell, a result of how they've been focusing their attention, their habitual patterns of thought. Further, a person who has intense desires, who is a "powerful wantor" in Abraham terminology, will be more prone to despair than those with fewer desires if both groups are focusing in ways that don't allow their desires to find them. A "powerful wantor" has more to potentially feel frustration and disillusionment about than someone who has fewer goals and desires that are calling to him/her.

How does one move beyond despair? It's the same way that one moves beyond every emotion to a better-feeling one: deliberately thinking thoughts that feel a bit better, as mentioned above. Let's tinker with a few thoughts that might come up:

"I suddenly feel despair right now. I feel like I'm a victim of these emotional states that seem to descend on me.

Actually, I don't feel despair all the time. Sometimes I feel fine. It's just that when I'm in a negative emotional state, it feels as if I'm always here. I can remind myself that's not true.

I know that negative emotions are valuable feed-back from my Inner Being, alerting me that I've been focusing, off-and-on, on circumstances that I don't like and I don't want. They're like the pain receptors in my fingers that alert me to take my hand off a hot stove. They serve an important function.

Despair doesn't mean I'm a failure in my spiritual practice. It simply means that my guidance system is alive and well. That's actually a good thing. I wouldn't want my fingertips to become numb, and I wouldn't want my emotional guidance to be numb, either.

I'm going to deliberately think some feel-better thoughts right now. I'm going to focus on some pleasant memories or something that I hope for in the future. Maybe I'll also try to find something to appreciate in this moment. As I practice some better feeling thoughts, I'll magnetize better feeling thoughts and thought-forms, and I'll gain momentum in feeling some relief.

My goal isn't to try to think thoughts of glee and jubilation. I'm simply aiming to focus my attention in ways that feel a little better than where I am. Through this simple process, I can begin moving up the emotional scale. Thinking slightly better-feeling thoughts is a tool I can use wherever I find myself on the scale — in anger, blame, disappointment, or even boredom. Through this process, I can train myself to feel better...and better...and better yet.

As I take my emotional journey upward, I will notice my circumstances changing to more of what I like and want. My dreams and desires will start to come within reach. But those manifestations will simply be the icing on the cake, for it just feels so good to feel good. And now I know how to get there.

SPIRITUAL LIBERATION

Michael Beckwith Up Close & Personal

By Anna Darrah



What's it like to spend a day in the life of one of America's most well-known spiritual leaders? That is the subject of the new documentary, **SPIRITUAL LIBERATION**, which provides an up close and personal look into the life of **Michael Bernard Beckwith**. As the founder and spiritual director of the **Agape International Spiritual Center** in **Los Angeles**, Dr. Beckwith is an international speaker and teacher of meditation/affirmative prayer, and is the originator of the Life Vision process. His book, **Spiritual Liberation: Fulfilling Your Soul's Potential**, was recently awarded a Gold Nautilus book award.

The **SPIRITUAL LIBERATION** film, being offered by www.SpiritualCinemaCircle.com, gives viewers an opportunity to take an intimate walk with Dr. Beckwith and witness how in his daily life he applies his own evolutionary teachings.

Anna: One of the things that I really appreciated about the film was the going back and forth between the sermon and the conversation, and particularly through the dinner party.

Michael: Yes. The vision was to have a dinner in my home and have some of my friends and family discuss and share their experience of the morning talk I gave at Agape. And so, as you mentioned, it flows back and forth — from sanctuary to dining room table talk. It was a very sweet and very powerful thing for me to hear how they are integrating the teachings into their daily life, at the kitchen sink level, because that's what matters — that there's a practical practice that can affect their lives.

Anna: The film asks us to consider, "What is your purpose? Where are you right now? Are you living fully? Is there something that is asking to come through right now?" Could you talk a little more about these questions?

Michael: People want to know about their purpose, why are they here on the planet. It's the question that won't go away, because the answer reveals that we are here to wake up, to discover our true nature. Additionally, there's a spiritual mandate for us to discover our gifts, talents and capacities, to uncover them, to cultivate them, and to express them.

...continued on page 37..



Metaphysicians' Circle
PSYCHIC FAIR
1ST SUNDAY OF MONTH
\$10 for 15 minute reading

2ND, 3RD, 4TH, 5TH SUNDAYS
Talks on Metaphysical Topics
Where? In the Band Room behind the
Melbourne Auditorium on Hibiscus Blvd,
www.metaphysicianscircle.com just west of US1. Park in back & walk in.
7:00 - 8:45pm \$2.00 fee 321-537-3843




**VISIT THE NEW & IMPROVED
CHRISTOPHERTIMS.COM**
FREE INFO FOR FREE THINKERS!

- Podcasts & Articles
- Calendar of Events
- Info on Sound Healing
- Pick a "Present Moment" Card

**HOME OF THE
BLUE STAR
MYSTERY
SCHOOL**

CHRISTOPHER TIMS
FOUNDER OF SOUND ENERGY DYNAMICS
& THE ORDER OF THE BLUE STAR



The College of Metaphysical Studies
The Educational Division of New Awareness Ministries, Int'l
Authorized to operate by the Commission for Independent Colleges and Universities, Florida Department of Education

**Earn a Certification or Degree from
the comfort of your own home**


The College of Metaphysical Studies (CMS) has been a leader in metaphysical and spiritual education since 1986. Our primary purpose is to train prospective leaders for metaphysical, New Age, New Thought, Spiritualist and Neo-Pagan communities through Distant-Learning or On-campus Training. Those persons not planning to become practitioners, but who only wish to pursue a solid self-improvement program and acquire an excellent education in metaphysics and the spiritual sciences, are also encouraged to attend in a degree or non-degree status.

We are authorized to operate as a private, non-secular college and to issue Associate, Bachelor, Master and Doctorate Degrees in metaphysics, religion, spiritual awareness, spiritual and holistic healing, esoteric studies, parapsychology, and the entire allied metaphysical field. We also train and certify ministers, spiritual and holistic healers, teachers, pastoral counselors, mediums, intuitive practitioners, past-life regression facilitators and administrators.

**Write for our free booklet or visit us at
www.metaartsandsciences.org**

**18514 US Highway 19 N
Clearwater, FL 33764
1-800-780-META**

Email: meta@gte.net or drbarbara@cms.edu

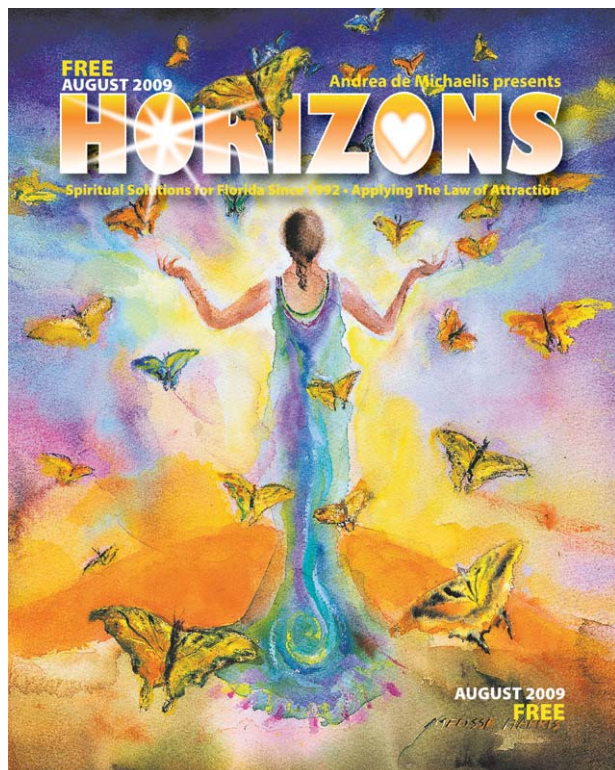


Dr's. Barbara and Paul Daniele

COVER ART

Anything is Possible

Melissa Harris



Melissa Harris is a Fulbright Scholar who studied in Paris for 2 years on her grant for painting.

She received her BFA in painting from Syracuse University in NY, and her MFA in painting from Queens College, in Flushing, NY.

Melissa also studied at the University of Virginia, the Brooklyn Museum Art School, and The New York Studio School.

She teaches private classes combining drawing, painting, and meditation, and has held workshops at the Omega Institute, The New York Open Center, the Foundation des Etats-Unis, and the Phoenicia Pathwork Center.

Melissa's work has appeared on numerous magazine and book covers, several cassette and CDs, and both "We Moon" and "Celebrating Women's Spirituality" calendars (through 1998).

Quite prolific, she has shown at nearly two dozen solo exhibitions, and many dozen more group exhibitions, in both the US and France.

A desire to re-connect with nature after many years of life in New York and Paris prompted a move to the Woodstock, NY area in 1993.

Melissa Harris lives on 9 acres with her partner Kent and their 4 cats, Timmy, Sashi, Monkey, and Lucy.

Visit her at www.melissaharris.com

Find out more! www.JoinCLP.com • Call 888.285.1233

Join Our Social Network

www.ConsciousLivingSpace.com

Find Old Friends~Meet New Ones!

1. Create your home page
2. Upload your favorite video, music & photos
3. Start your blog, read and comment on the forums, and start connecting

It's great fun and all free.

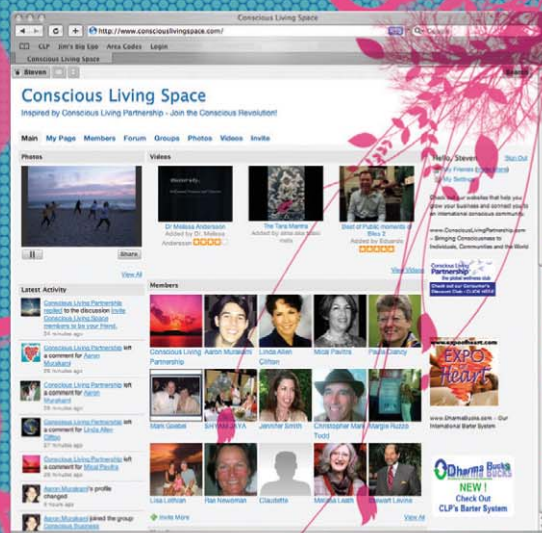
Inspired by

Conscious Living Partnership
Join the Conscious Revolution

Come join us and like-minded people from around the world

-Shannon Burnett
Founder & CEO

www.ConsciousLivingPartnership.com



OUR CALENDAR OF EVENTS

Call to confirm all events before attending to learn of last minute changes
30c per word, due with payment the 10th of the month at 575 Escarole St SE Palm Bay FL 32909-4802.
Email to HorizonsMagazine@aol.com and call 321-722-2100 with credit card info.
No calendar listings taken by telephone. All listings must include time and physical location.

Wednesday MERRITT ISLAND Meditation & Healing Service 12pm Christ Church of Positive Living 1353 N. Courtenay Pkwy 321-454-4109

2d, 4th Thursdays MELBOURNE/PALM BAY 7pm Wiccan-Pagan Outer Court Classes, Church of Iron Oak 321-722-0291

Saturdays MERRITT ISLAND 9-10am Pro active support group presentation on Natural Holistic Approaches using self actualization producing techniques for help for you or your loved ones with ADD, ADHD, depression, grief, anxiety, sleep disorders, post traumatic stress syndrome and various related physical health problems. Merritt Island, FL call Dr. Ward, D.C. @ (321)453-7005 for RSVP & more information.

Saturdays ORLANDO Pranic Healing Circle 2-4pm Meditation, healing at Christ Church Unity 771 Holden Ave. Call 407 852-3940

Saturdays 1:00 to 3:00 PM MELBOURNE Know Thyself. Within each of us lies untapped potential that we go through our lives never developing. Learn to create true, lasting security regardless of your external circumstances. Based on an ancient, yet practical, little known system, as taught by Gurdjieff and Ouspensky. Various locations in Cocoa, Melbourne and Cape Canaveral. www.consciousregeneration.org or (877) 285.7142

Sundays MELBOURNE Spiritual Lecture Series 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 No fee but love donation appreciated. Hield Road is off Minton Road, just north of Palm Bay Road, go west a mile or so, it's on the right, look for name on mailbox.

Sundays MERRITT ISLAND Sunday Services 10am Unity Center for Spiritual Living 4725 N. Courtenay Pkwy 321-452-2625. Inspirational, uplifting music 1st Sunday Potluck & Bring a Friend, 3rd Sunday Wellness Healing Service 11:30am

Sundays COCOA VILLAGE - Sunday Celebration begins at 10:30 am - Center for Spiritual Awareness - We are a loving, accepting Spiritual family celebrating an awakened life - 5 Rosa L Jones Dr. (Community Women's Club building) - 321/634-5188 - www.cfsabrevard.org A Member of United Centers for Spiritual Living www.unitedcentersforspiritualiving.org

Sundays MELBOURNE 9:15, 11 am Sunday Service Unity Church of Melbourne 1745 Trimble Rd (off Wickham) 321-254-0313 (see ad pg 4)

Sundays MELBOURNE 10am-11:30am The Spiritualist Chapel of Melbourne with Rev. John Rogers, 1924 Melody Lane, behind the Melbourne Auditorium. Everyone Welcome! 321-733-1555 Visit www.spirit-chapel.org

Sunday MERRIT ISLAND 11am Sunday Service, Christ Church of Positive Living, 1353 N. Courtenay Pkwy, 321-454-4109

Sundays MELBOURNE Metaphysicians' Circle meets at 1924 Melody Lane behind the Melbourne Auditorium. 7-8:30pm \$2 321-537-3843

1st Sunday MELBOURNE Metaphysicians' Circle presents their Monthly Psychic Fair. They meet at 1924 Melody Lane behind the Melbourne Auditorium. 6:30 - 9:00pm \$2.00 fee. \$10 for 15 minute readings 321-537-3843

2nd Sunday of month MELBOURNE Noon-2pm Medium's Day Open to the public \$15 for 15 minute reading. Also available Snacks • Massage Therapy • Healing by donations. The Spiritualist Chapel of Melbourne 321-733-1555 Visit www.spirit-chapel.org

2nd and 4th Sunday MELBOURNE Pranic Healing Circle 4:30-6:30pm at Unity Church of Melbourne, 1745 Trimble Road 321-254-0313
Saturday, Aug 1st Cassadaga 10am -5pm Lionel Owen visiting Author and Medium from Brazil Cassadaga Bookstore, call for info. 386-228-2880

Sunday, August 2 Cassadaga 10:30 am Jim Neely, will be speaking at Colby Temple, Meet the Author at the Welcome Center, Cassadaga, 386-228-2880

Sunday, August 2 Cassadaga 2:00-3:30pm -Yoga Nidra, with Chandrakant, Amrit Yoga Senior Instructor. A simple way to bring physical, mental and emotional balance and harmony into your life. Cassadaga, 386-228-2880 Donation only!

Sunday, August 2 Cassadaga 4:00-7:00 pm -Yoga Nidra, with Chandrakant, Amrit Yoga Senior Instructor. Experience Evenness of Mind. Radically Change Your Perspective About Yourself! Cassadaga, 386-228-2880 Donation only!

Monday, August 3 CASSADAGA 5:30-9:00 pm -Mediums Night, Mini-readings available by our Certified Mediums, \$30 Cassadaga, call for details 386-228-2880

CALENDAR CONTINUED ON NEXT PAGE...

OUR CALENDAR OF EVENTS

Call to confirm all events before attending to learn of last minute changes

Tuesdays, August 4, 11, 18, 25 BUNNELL Reading/Discussion Group. Rev. Dr. Judith Hoggan facilitates based on the book Essential Spirituality. 2 - 4 PM \$5.00 per week. The Source, 4601 E. Hwy 100, Unit F-3, Bunnell 32110. 386-437-3230.

Wednesdays, August 5, 12, 19 26 BUNNELL "What The Bleep Do We Know - Workshop". Facilitated by Dave Bachman. Each week we will watch a portion of the movie and then have a discussion/study group for that portion. 7 PM \$5.00 per week. The Source, 4601 E. Hwy 100, Unit F-3, Bunnell, FL. 32110. 386-437-3230.

Saturday, August 8 CASSADAGA 1:00-3:00 pm -Essential Oils for Healing, Facilitated by Shirley Casanas, MS, \$25. This workshop is centered on learning therapeutic uses of some of the most common essential oils. Cassadaga, 386-228-2880

Sunday, August 9 CASSADAGA 2:00-4:00pm -Find Your Spirit Animal, Harry Byard, \$20. Explore and discover through music and a guided meditation which Totem and their messages! Cassadaga, 386-228-2880

August 14th NEW SMYRNA "6th Sensory Lightworkers" Dapper Dan's Hair Cuts, 633 US 1 NSB, FL. 32168 7 PM. Jill Cook Richards will be our speaker and will channel White Eagle. For information call Judson (386) 847-2367

Saturday, August 15 CASSADAGA 10:00am to 4:00pm "Cassadaga Spiritualist Camp Summer Festival". Lectures, Mini-Readings, Healing, Vendors, Food and much more! 386-228-2880

Tuesday Aug.11th MELBOURNE - Psychic / Spiritual Development Classes - 7:-9:30 PM. Class includes meditation, lesson, actual hands-on practice to develop your personal skills. \$20. Marilyn Jenquin, International Foundation for Spiritual Knowledge. www.ifsk.org 407-673-9776

Sat & Sun August 15 & 16m 2009 CASSADAGA Cassadaga Spiritualist Camp Summer Festival! For info, call 386-228-2880

Sunday, August 16 CASSADAGA 2:00-4:00pm Rev. Diane Davis, Did You Know That? How many times have you said "I knew that"! Learn more about your intuition. \$25. Cassadaga 386-228-2880

Tuesday, August 18 CASSADAGA 1:00-3:00pm Mediums Day, Mini-readings available by our Certified Mediums, \$30 Cassadaga, 386-228-2880
Thursdays Aug 20, Sept 3, 17, Oct 1, 15, 29 CASSADAGA 5:30-6:45pm Hatha Yoga Class with Buffy Williams, E-RYT, \$10/class 386-228-2880

Sunday, August 23 CASSADAGA 2:00-4:00 pm-"Mystic and The Medium", Join, Christopher Tims and Dr. Louis Gates, \$25 Cassadaga, 386-228-2880

August 28th EDGEWATER LANDING 6th Sensory Lightworkers - Will study and discuss the Pathwork a spiritual path of self-purification and self-transformation. 7PM 758 navigators Way, FL. (Edgewater Landing), For more information call Barbara at 917-509-0004

Saturday, August 29, 2009 CASSADAGA from 1-4 pm "Choose to Empower Your Life" Kathleen Kimberlin of Kimberlin Hypnosis, LLC, limited to 30 people. Connect with Your Higher Self, Access and draw from the Akashic Records the highest and the best talents and character traits of other lives to empower your life. \$50/\$60 at the door. Reserve today, call 386-228-2880 Cassadaga

Saturdays Aug 29, Sept 26, Oct 10, 24 CASSADAGA 9:00-10:15am Hatha Yoga Class with Buffy Williams, E-RYT, \$10/class 386-228-2880

Saturday, August 29 BUNNELL Writing to Heal. A 4 week workshop facilitated by Deborah Susswein. 10:30 AM - 12:30 PM - \$15.00 per week. The Source, 4601 E. Hwy 100, Unit F-3, Bunnell, FL. 32110. 386-437-3230.

Sunday, August 30 BUNNELL Message Service....guest is Rev. Dr. Louis Gates from Cassadaga. 11 AM. Immediately following service is our Covered Dish Social and @ 1:00 PM Rev. Dr. Gates will create a workshop with his healing pyramid. \$15.00 per person. The Source, 4601 E. Hwy 100, Unit F-3, Bunnell, FL. 32110. 386-437-3230.

Sunday, August 30, 2009 CASSADAGA from 2-5 pm "Choose to Empower Your Life" Kathleen Kimberlin of Kimberlin Hypnosis, LLC, limited to 30 people. Connect with Your Higher Self, Access and draw from the Akashic Records the highest and the best talents and character traits of other lives to empower your life. \$50/\$60 at the door. Reserve today, call 386-228-2880 Cassadaga

Mondays 9/14 and 9/21 NORTH PALM BEACH Fresh Start... Beginnings and Beyond - Joyful Interactive Workshop. 6:30 - 8:30 PM Imagine your life and learn to create your joy. Gather together and learn, laugh, love, create and share. Connecting with self and others. \$10/session. 561-568-0639 561-762-2187 / 561-602-0006

SPIRITUAL LIBERATION

...continued from page 33...



That's why we're here, and at this particular time in our evolution, we have to go beyond the mere survival instinct and really begin to ask the deeper questions as to what's trying to emerge in, through, and as our individual life. The next step is to open ourselves, to become receptive to the teachings and practices of a spiritual path that can not only meet us at our current level of consciousness, but support us in our evolutionary expansion.

Anna: Do you have a sense of direction for the human species?

Michael: It absolutely feels as though the universe is projecting one massive evolutionary trigger for humanity to take a collective evolutionary leap. As we watch the old systems breaking apart, as we admit they are obsolete, we make space for the new to enter. Paradoxically, these seeming opposites are happening simultaneously. Now some people would disagree and think that we're either at the brink of Armageddon, or that we're going to manifest heaven on Earth. Black-and-white solutions are not the deal because that's too simplistic. The evolutionary spiral always goes upward, even though it may not appear so to our outer, superficial view. It may unfold slowly, but it will unfold surely.

Anna: Do you have a sense of what's going to evolve and what's going to dissolve?

Michael: When we look at the decay of our stock market and the global economy, what appears to be dissolving is greed, the rampant materialism, the consumerism, that which drove economic systems up to this point. Humanity is beginning to ask some different questions about values and principles. We will no longer look to the material forms of success, such as how the stock market is doing. It won't be our barometer for success anymore. As I listen to individuals during my speaking engagements, I hear a new tonality of genuine interest in living life from the inside out rather than superficially.

Anna: What role do you feel spiritual leaders such as yourself should play when it comes to politics and government?

Michael: Visionary, progressive spiritual leaders have always been among us throughout history. They have spoken and continue to speak to more than what are traditionally political issues. They were abolitionists. They spoke for women's rights. They spoke for the African Americans and other minorities. They are now speaking for gay marriage, reforming our prison systems, and stopping torture. So I would say that a genuine spiritual leader holds and conveys a vision of the highest possibilities for humankind, that he or she keeps high ideals at the forefront so that individuals remain encouraged that we live in a friendly universe that is constantly conspiring on our behalf, that cherishes humanity, and is constantly

WHAT IS WEIGHING YOU DOWN? WITH CECELIA DANAS

Through This Program Learn To:

Explore topics that will shed light and understanding of what is creating your weight management problem. In a confidential, pleasant atmosphere, you will explore your personal relationship with pain and demand for food. Together we will explore how to make changes that can last a lifetime.



Thursdays 6pm - 7pm
Archway Counseling Center
1503 Pine St Melbourne
321-953-3225
321-794-7550



All my life I was heavy. There wasn't a diet or a pill or a program that kept the weight off. I examined why I was eating so much. In 2.5 years have lost 153 lbs and am still losing. I have led many many people into their own success.

providing inspiration that speaks to our next stage of evolution. The role of a spiritual teacher is to consistently point to the limitless possibilities available to us. And if it rattles some people's chains so be it.

SPIRITUAL LIBERATION is available through the **Spiritual Cinema Circle**, a DVD service dedicated to films about love and compassion. You can receive this film for free (just pay a small shipping fee), along with the feature film **OUTSOURCED**, a romantic comedy feature about life in a "call center" in India that explores cultural differences, relationships and doing the right thing. The collection also has two great short films. To access your free trial, please visit www.joinssc.com

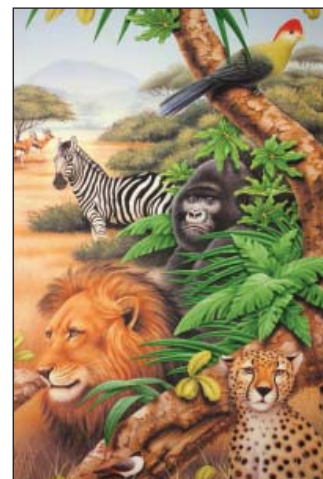
About Anna Darrah:

Anna Darrah is the director of acquisitions for the Spiritual Cinema Circle. Prior to joining Spiritual Cinema Circle, Anna was the director of events and development for the Santa Fe Film Festival. She lives in Santa Fe, NM with her daughter.

KNOWLEDGE IS POWER

ANIMAL SPIRIT GUIDANCE

Learn about Animal
Spirits & Totem Animals



www.animal-spirit-guidance.com



...continued from page 15...

Dear Whitedove: I have two children who are in elementary school; one is doing fine the other is struggling and I am afraid she is going to fail. The teachers tell me I should put her on Ritalin. What can I do? **Panicked in Tulsa**

Dear Panicked: First of all, teachers should not ever be diagnosing their students with ADD let alone suggesting treatment with drugs. They are not doctors. I am very against drugging our children; it is not the solution, just another problem. Your child is most likely an indigo child, a very highly evolved spiritual soul. These amazing children need a lot more one on one attention to get through their education.

When I have clients that come to me with their Indigo children I always recommend that they consider placing their child into a Waldorf or a Montessori school. These schools are designed to give children much needed one on one attention, the class room sizes are smaller and the education is superior. For those parents who are able to stay home with their kids, they can tackle home schooling, I know many parents who have opted to home school and I feel it is also a viable way to ensure your children get the best education possible.

Oobe You Are Not The Body **An astral flight out of the body**

A \$10 mp3 file by Andrea de Michaelis

Being out of your body is a completely natural state that happens every night whether you recall it or not. With this recording, you will suspend yourself in the awareness of your physical body being "not there." Of your existence beyond the physical realm. With repeated listening, you will realize your ability to leave your body, to return safely and to remember what happened. You have the ability to become conscious and lucid when your astral body is out at night.



SEE PAGE 46

ABRAHAM-HICKS



...continued from page 29...

adjustment while redefining a new platform from which you would begin your process of deliberate creating, and you were not the least bit worried about that time of adjustment. In fact, you rather enjoyed the nest into which you were born and those who were there to greet you into your new physical environment. And while you could not yet speak the language of their words—and although you were perceived by those who greeted you as new and unknowing and in need of their guidance—you possessed a stability and a knowing that most of them had long left behind. You were born knowing that you are a powerful Being, that you are good, that you are the creator of your experience, and that the Law of Attraction is the basis of all creation here in your new environment. You remembered then that the Law of Attraction (the essence of that which is like unto itself, is drawn) is the basis of the Universe, and you knew it would serve you well. And so it has.

You were still remembering then that you are the creator of your own experience. But even more important, you remembered that you do it through your thought, not your action. You were not uncomfortable being a small infant who offered no action or words, for you remembered the Well-Being of the Universe; you remembered your intentions in coming forth into your physical body, and you knew that there would be plenty of time for acclimating to the language and ways of your new environment; and, most of all, you knew that even though you would not be able to translate your vast knowledge from your Non-Physical environment directly into physical words and descriptions, it would not matter, for the most important things to set you on a path of joyful creation were already emphatically in place: You knew that the Law of Attraction was consistently present and that your Guidance System was immediately active. And, most of all, you knew that by trial, and what some may call "error," you would eventually become completely and consciously reoriented in your new environment.

I Knew of the Consistency of the Law of Attraction

The fact that the Law of Attraction remains constant and stable throughout the Universe was a big factor in your confidence as you came into your new physical environment, for you knew that the feedback of life would help you to remember and gain your footing. You remembered that the basis of everything is vibration and that the Law of Attraction responds to those vibrations and, in essence, organizes them, bringing things of like vibrations together while holding those not of like vibrations apart.

...continued on page 43..

Let's have a Seance

Psychic Readings

with Dennis Hollin

A night of Spirit Communication thru table tipping. Ask your loved ones questions and watch in amazement as spirit tips the table for "yes" and "no" answers. Experience it for yourself.



1801 E. COLONIAL DRIVE
SUITE 103 in ORLANDO

407-721-3396

Dennis is an internationally known 3rd Generation Psychic in Orlando, FL. He has many US and UK clients.

Home Seances, Phone Readings Available. Host a Home Seance and get a free reading.



• NEW • EXCLUSIVE

Papa D's Law of Attraction Oils

Love Renew, Spark of Love, Money Come, Psychic Spark, Shield Me, **Career Boost**, Spell Breaker, Altar Blessing,

Client Boost, Healthy Vision, Lucky Bingo, Memory Boost, **Lucky Win**, Adam 4 Adam, Eve 4 Eve

.5 fl. oz www.papa-ds.com

Private one on one classes available



Saturday August 8th
TABLE TIPPING SEANCE

with Dennis \$20 7:30pm

**Table
Tipping
Seances
\$20**

**The real thing.
Have you ever
seen it?**

ALSO INCENSE, OILS, CANDLES, CDS, BOOKS

Phone Reading **\$5 Off**

with coupon • one per person.

Expires Sept 9th, 2009

Email Dennis at
orlandos_spirits@yahoo.com

www.orlandopsychic.com

**SUNDAY PSYCHIC FEST
Sunday August 9th**

Psychic Mini Readings
with Dennis 15 minutes
just \$10 Noon to 5pm

We Help People Get Well And Stay Well!



- Laser Therapy
- Bio-electromagnetics
- Acupuncture
- Hypnosis
- Herbs/Homeopathy
- Thermography Screening

DAVID RINDGE, LAc, DOM, RN

ACUPUNCTURE PHYSICIAN

DOCTOR OF ORIENTAL MEDICINE • REGISTERED NURSE
OVER 30 YEARS MEDICAL EXPERIENCE • PRESIDENT EMERITUS, FLORIDA
STATE ORIENTAL MEDICAL ASSN



Sheila Rindge, CHt

Certified Hypnotherapist

Behavior Modification:
Smoking, Weight Control

Overcome Fears and Anxiety

Performance enhancement:
Competitive sports, personal goals

COOPERATIVE MEDICINE

279 N. Babcock Street

Melbourne, FL 32935

321-751-7001

www.cooperativemedicine.com



HOW TO CREATE YOUR OWN HORIZONS COMMUNITY GROUP

Let us know when your group meets so we can list
it in the calendar for others to join you

• **Mark on your appointment book all of the events from the calendar you are interested in.** That way, when the day comes and you're suddenly free, you know about it in time to go.

• **Have friends over once a week to discuss articles and ideas.** Use Horizons as a basis for creating spiritual community where you are. I especially enjoy discussing Alan Cohen's articles and the Abraham work.

• **Find some out of town events and arrange a weekend jaunt with friends to attend new seminars, psychic fairs and discussion groups,**



OUR MISSION STATEMENT

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions. To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience. We do this by our intentions, beliefs and expectations, by every thought we think and every word we speak.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation. Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it.

We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise. So, if you read an article that touches your heart, or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss their offering with them. Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

*From my heart to yours,
Andrea de Michaelis*



SOLAR & LUNAR CELEBRATIONS OF THE ANCIENTS

Roger is the Principal Minister of the Church of Iron Oak, ATC. He is also the East Coast Presiding Elder with the Aquarian Tabernacle Church, an international Wiccan Church. He loves nature and

finds Spirit among the trees and flowers, even after having lived in Florida for thirty years. He can be contacted through the church at (321) 722-0291 or through the web page at www.ironoak.org or www.ironoak.us

AUGUST 2009



August is a traditional month to start the harvest season and gather what treasure you have sown in the spring. Much of the ancient European pagan world timed its life around the harvesting seasons and the gathering of the grain which generally called "corn". It was believed that the act of harvesting robbed the corn spirit of its home. To give a home to the spirit, the last sheaf of wheat was shaped into a doll and kept during the winter. Then, at next planting season, the "corn dolly", also called the "corn-mother" or the "old woman" would be ploughed back into the first furrow at the beginning of the next planting season returning the spirit back to its home.

There came three merry men from the east,
And three merry men they be;
And they have sworn a solemn oath
John Barleycorn shall die.
Traditional ballad

Another tradition of the season was the song John Barleycorn. Some theories hold that the song tells of three men who come to harvest (kill) the barley (John Barleycorn). An other is that the three men were so drunk on the fermented barley that they plotted poor Barleycorn's demise. The alcohol was, of course, the fermented barley which is referred to as John Barleycorn's 'blood'.

John Barleycorn is the wightest man that ever throve in land ;
For he could put a Wallace down wi' the turning of his hand.
ibid

But, in case you wish to imbibe some of John's 'blood',
remember:

He'll change a man into a boy,
A boy into an ass ;
He'll change your gold into silver,
And your silver into brass.
ibid yet again

The Cassadaga Academy of Spiritual Magick

Presents

An intense week long study of Wiccan magic

October 26 - 30, 2009

Hosted by the enchanted "Cassadaga Hotel", Cassadaga, FL

EMBRACING YOUR INNER GODDESS RETREAT

Five full days of focused class work with practical participation in rituals and other magikal works every evening.

Upon successful completion of this week long intense course you will receive a certificate in "Practical Wiccan Magick."



For more information call (386) 228-2323 daily between 9am and 5pm EST Class size is limited so make reservations early.

Discount rates on lodging in the Cassadaga Hotel for those who have signed up for the Goddess retreat

AUGUST 2009

Aug 1st - Wicca, North European: Lammas or Lughnasadh, celebration of the god Lugh

Aug 5th - Full Lightning Moon at 8:56 PM EDT

Aug 2nd - Ancient Persian: Day of Anahita, goddess of love similar to the Greek Aphrodite and consort to Mithra, the god of light

Aug 9th - Druid: Feast of the Fire Spirits

Aug 15th - Greek: Festival of Vesta, goddess of hearth and home

Aug 20th - New Moon at 6:02 AM EDT

Aug 31st - Lagos: Ritual Walk of the Eyos, purification of family spirits

A factoid with which to end the month:
Two likely sources for the word 'doll' are that it is a corruption of the word 'idol' or that it comes from the Greek word 'eidolon' which means "that which represents something else"...like Barbie!

MY MOTHER, THE NOW



...continued from page 21...

Mom is a child in an 88-year-old wheelchair-bound body. And like a baby, she needs her diapers. It's ironic how life comes full cycle, as **Shakespeare** so eloquently described in his seven stages of man speech.

While my heart breaks to see what's become of the mind of the woman who brought me into the world and brought me up to join it, I appreciate that she often has a merry old time, blithely unaware of her condition.

If the dark cloud of Alzheimer's has a silver lining-as I believe it does--it's that the greatest suffering takes place among those close to the patient, far more than the patient suffers herself.

It's also that the "patient" has much to teach us.

Here are just some of the things that my mother, "the patient," taught me during my most recent visit:

1. Enjoy the present because that's all that you have.
2. It doesn't matter what time it is, because time doesn't exist.
3. You don't have to know who people are, or what they do for a living, to have a thoroughly good time with them.
4. Stuffed animals make great playmates and, if necessary, companions or family members.

Read Andrea's daily journal at
www.horizonsmagazine.com/blog/



GODDESS

Healthy and luscious
LOW FAT MEALS
for the goddess on the go
www.goddessgrub.com

Grub



SUGGESTED READING WATCHING LISTENING

The Law of Attraction: Teachings of Abraham
by Esther and Jerry Hicks www.abraham-hicks.com

The Journey To Greatness And How To Get There
by Noah benShea Corwin Press

From <http://www.vibrantwomenswisdom.com/>
Vibrant Women's Wisdom: Surviving & Thriving through Dark
& Bright Hours by Kelly Palace, Dr. Wanda Bethea, Linda
Wiggins and 20 other vibrant authors

From www.hayhouse.com by Esther & Jerry Hicks
Manifest Your Desires: 365 Ways to Make Your Dreams a Reality
Astonishing Power of Emotions
Money and the Law of Attraction

From www.hayhouse.com
Daily Om by Madisyn Taylor

From www.newworldlibrary.com
Storycatcher: Making Sense of Our Lives Through the Power
and Practice of Story by Christina Baldwin
50 Ways to Leave Your 40's - Sheila Key & Peggy Spencer MD
Mental Resilience by Kamal Sarma
Happiness From The Inside Out by Robert Mack
Single Woman of a Certain Age by Jane Ganahl

From www.soundstrue.com
Leap Before You Look by Arjuna Ardagh

From www.o-books.com
Palmistry by Johnny Fincham
Powers of the Sixth Sense by Jock Brocas

Music from www.soundings.com
CD Global Rhythms Collection by Dean Evenson
CD Meditation Moment by Dudley Evenson

MUST SEE DVDs
The Secret Behind The Secret www.abraham-hicks.com

The Secret - the Original edition with Abraham-Hicks. It's
the one with "the secret" actually in it, although The
Secret "extended version" has good info in it also.

ABRAHAM-HICKS



...continued from page 38...

And so, you were not concerned about not being able to articulate that knowledge right away or to explain it to those around you who had seemingly forgotten everything they knew about it, because you knew that the consistency of this powerful Law would, soon enough, show itself to you through the examples of your own life. You knew then that it would not be difficult to figure out what kinds of vibrations you were offering because the Law of Attraction would be bringing to you constant evidence of whatever your vibration was.

In other words, when you feel overwhelmed, circumstances and people who could help you get out from under your feeling of overwhelm cannot find you, nor can you find them. Even when you try hard to find them, you cannot. And those people who do come do not help you, but, instead, they add to your feeling of overwhelm.

When you feel mistreated—fairness cannot find you. Your perception of your mistreatment, and the subsequent vibration that you offer because of your perception, prevents anything that you would consider to be fair from coming to you.

When you are buried in the disappointment or fear of not having the financial resources that you believe you need, the dollars—or the opportunities that would bring the dollars—continue to elude you . . . not because you are bad or unworthy, but because the Law of Attraction matches things that are like, not things that are unlike.

When you feel poor—only things that feel like poverty can come to you. When you feel prosperous—only things that feel like prosperity can come to you. This Law is consistent; and if you will pay attention, it will teach you, through life experience, how it works. When you remember that you get the essence of what you think about—and then you notice what you are getting— you have the keys for Deliberate Creation.

What Do We Mean by Vibration?

When we speak of vibration, we are actually calling your attention to the basis of your experience, for everything is actually vibrationally based. We could use the word Energy interchangeably, and there are many other synonyms in your vocabulary that accurately apply.

Most understand the vibrational characteristics of sound. Sometimes when the deep, rich bass notes of your musical instrumentation are played loudly, you can even feel the vibrational nature of sound.

We want you to understand that whenever you “hear” something, you are interpreting vibration into the sound you are hearing. What you hear is your interpretation of vibration; what you hear is your unique interpretation of vibration. Each of your physical senses of seeing, hearing, tasting, smelling, and touching exist because everything in the Universe is vibrating and your physical senses are reading the vibrations and giving you sensory perception of the vibrations.

So as you come to understand that you live in a pulsating, vibrating Universe of advanced harmonics, and that at the very core of your being you are vibrating at what could only be described as perfection in vibrational balance and harmony, then you begin to understand vibration in the way we are projecting it.

Everything that exists, in your air, in your dirt, in your water, and in your bodies, is vibration in motion—and all of it is managed by the powerful Law of Attraction.

You could not sort it out if you wanted to. And there is no need for you to sort it out, because the Law of Attraction is doing the sorting, continually bringing things of like vibrations together while things of different vibrational natures are being repelled.

Your emotions, which really are the most powerful and important of your six physical vibrational interpreters, give you constant feedback about the harmonics of your current thoughts (vibrations) as they compare with the harmonics of your core vibrational state.

The Non-Physical world is vibration.

The physical world that you know is vibration.

There is nothing that exists outside of this vibrational nature.

There is nothing that is not managed by the Law of Attraction.

Your understanding of vibration will help you to consciously bridge both worlds.

You do not have to understand your complex optic nerve or your primary visual cortex in order to see. You do not have to understand electricity to be able to turn on the light, and you do not have to understand vibrations in order to feel the difference between harmony or discord.

As you learn to accept your vibrational nature, and begin to consciously utilize your emotional vibrational indicators, you will gain conscious control of your personal creations and of the outcomes of your life experience.

Excerpted from book, “Money, and the Law of Attraction



Barbara Lee is a Reiki Master Teacher, Psychic and Professional Astrologer. She offers phone consultations and a state of the art astrological chart service with six types of computerized reports available. Barbara can be reached at 1-208-773-7822 and at P.O.Box 3427 Post Falls, Idaho 83877 and on the web at www.IntuitiveReflections.com, or by email at barbaralee21@verizon.net

HOROSCOPES FOR

Gemini: May 21 to June 20 "I Think". Your focus this month is to tune in to your higher self and listen to what spirit has to tell you. Your beliefs are under reconstruction; its time to step back from your issues and learn detachment so you can enjoy the moment. Love propels you into deeper states of transformation, and by the time August is over, the integration that penetrates your soul permeates every area of your life.

Aries: March 21 to April 19 "I Am". This August, relationships are gearing up for some fun in the Sun. Once the seeds of newness have been planted, be sure to nurture what you've started. Your focus is meant to clean up any unfinished details. When will you allow yourself to really enjoy the sizzle of this new romance?

Cancer: June 21 to July 22 "I Feel". August surprises you quietly with a feeling of inner peace and gratitude. In your state of being-ness you are able to go to the depths of your soul. When you are that clear with who you are this month and what your work is, people flock from all walks of life to soak up your wisdom. Just be yourself, that comfortable state of being you.

Taurus: April 20 to May 20 "I Have". This August is when your financial situation will finally stabilize. Your creative genius and goals that you have put into motion, will strengthen your group connections. What anchors you is happiness in your intimate relationship, and August creates a clear path of success on your career adventure. Follow your heart, and God will take care of the rest.

Leo: July 23 to August 22 "I Will". August weather tempts you to play hooky from work, you can do both. Your lesson is to balance your responsibilities with the needs of your soul. You will be a master of organizing your life. The needs of your soul takes over and becomes center stage in creating healthier and happier relationships with clearer communication.

Virgo: August 23 to September 22 "I Analyze". This August, you become immersed in the depths of your subconscious world where you will learn to become one with who really occupies your body. Love rewards you with your heart's desire, because you took the time and had the courage to deal with your emotional issues. August has you clearly on the path to clarity.

Libra: September 23 to October "I Balance". August finds you and your sense of balance pretty well in tact. You want peace at all odds. Universal life force energy brings in new opportunities that propel you into the deepest recesses of your own mind. You may experience some alienation but in August you will realize that synchronicity has played a huge role in bringing you sovereignty.



**Psychic & Astrological
Phone Consultations
Astrological Chart Service**

Barbara Lee
208-773-7822

Order a Natal
Report and
receive a one
month Transit
Report FREE

Visa / MC accepted
Email barbaralee21@verizon.net
www.IntuitiveReflections.com

AUGUST 2009

Scorpio: October 23 to Nov 21/22 "I Transform". Who you are up until now is about to change in a big way. Sometimes when we're unwilling to make changes ourselves, the Universe ushers them in unexpectedly for our higher good. The warm Summer months bring more equilibrium to your sense of self. The energy of August anchors in a healing vibration that soothes your soul and quiets your mind to prepare you for the next step.

Sagittarius: November 22 to December 21 "I Perceive". Now is a time for family members to bridge any gaps in communication, and to heal some old wounds. August comes in like a clean slate with the realization of what is most meaningful to you. With all that you have been through lately, now is the time to anchor in a new positive approach for how you present yourself to the rest of the world and how people see you.

Capricorn: Dec 22 to January 19 "I Use". This is a time for you to reevaluate where you want to grow roots. Take some time off to integrate the last year of your life. A positive attitude helps you begin a very bright future as you venture off into a more stable career. August brings you strength and stamina towards going after what you want.

Aquarius: January 20 to February 19 "I Know". You are inspired to new depths of your inner world. You are once again at a crossroads creating who you really want to be. August for you is a very important family time; home is where the heart is. Stay in your center and all that you need will come to you. You will find yourself out and about, meeting and talking to people from all walks of life. Remember to trust that your life is in divine order, and that all your needs will be met.

Pisces: February 19 to March 22 "I Believe". August is your catch up month. All of the issues that you have put on the back burner to deal with are begging you for resolution. You are in need of some extra nurturing for your soul. Just remember that when one door closes, another door opens. August has you coming out of your shell helping those in need. It is now time to reap what you have sowed.

UNIVERSAL PATH CENTER

Your Gateway To Spiritual Freedom



**Sunday
Services
10:00am**

Reiki, Level One \$75
Reiki, Level II: \$75
Master Level: \$200
Call Rev. Sigi

Wednesdays 1pm
Healing Service 4pm
A.R.E. (Love Donation)

Rev. Violet & Rev. Sigi
Are Available For
Weddings As Well
As Counselling By
Appointment

Rev. Sigi Is
Available For
Clinical Hypnosis
by Appointment

*Ask about
classes, geared to
acknowledge your
true God-Self*

UNIVERSAL PATH CENTER
2460 N. Courtenay Parkway
#210 Merritt Island, FL 32953
321-459-0208

Rev. Violet 321-638-0194 Email Violet@cfl.rr.com
Rev. Sigi 321-452-2079 Email Sigi340@aol.com



Just behind the visible world is a whole other world in which it all works differently. ~ Ram Das



Andrea de Michaelis has designed this audio series just for you.

Connecting with Your Angels, Guides & Teachers



Designed to activate the third eye, expand awareness, develop psychic perception and become receptive to inner guidance. Even if you have never experienced conscious contact, you can still be successful. Once you activate your psychic perception, expect to receive inner guidance more clearly than ever before. Even if you are skeptical, you can still be successful. A fish doesn't have to believe in the ocean. As your third eye opens, expect to receive more vivid psychic impressions from your angels, guides and teachers.

Andrea, I listen to this mp3 file as I begin my meditation, then I go into the silence for 20 minutes. I never felt very successful at meditating until now. It's easier to feel peaceful and things don't worry me as much now. I have even done some automatic writing that has helped me focus myself careerwise, and my new ideas are creating more income. Thank you for the kickstart. Jennifer Hudson, Orlando

Healthy Eating Habits



By the power of suggestion, your desire to overeat will be replaced by increased willpower; your craving for unhealthy foods will be replaced by finding interesting and fun ways to increase your physical activity. Turn up your body's metabolism to burn fat and leave you with a higher energy level. Each time you listen to this recording, you can experience a new and healthy vital energy flowing through body and mind. *Thank you! I downloaded the mp3 file in June and have been listening every night as I go to sleep. I'm down 15 pounds and I no longer have the urge to snack in front of the tv. I also find myself wanting to walk and be more active. Who knew it could be this easy? I don't know how it works, but it works. Thank you. Dee Watson, Tampa*

Sleepytime Recharge

Science now knows that the health and wellbeing of our physical body is a direct result of the thoughts we habitually think and our inner response to the words we hear around us. The cells of our body process info and control our behavior by way of genes being turned on and off by influences outside us, such as our perceptions and beliefs. We can retrain our consciousness to create healthy beliefs, and thus create a profoundly positive effect on our bodies. Our body is a community of 50 trillion living cells, a biochemical machine and the driver is the mind. Dis-ease is merely result of how we're driving our physiology. Carefully selected words and phrases on this recording will reprogram the cells of your body for optimum physical and mental health. *I listen to Sleepytime Recharge every night as I fall asleep and sometimes let it repeat over and over. I used to think I had chronic fatigue or was depressed, but I think now it was all related to my habit of thinking. I have more energy now, more clarity and feel motivated to do things with my family. Thank you. K. Crane, Cocoa*



Oobe You Are Not The Body An astral flight out of the body

Being out of your body is a completely natural state that happens every night whether you recall it or not. With this recording, you will suspend yourself in the awareness of your physical body being "not there." Of your existence beyond the physical realm. With repeated listening, you will realize your ability to leave your body, to return safely and to remember what happened. You have the ability to become conscious and lucid when your astral body is out at night.



SAVINGS + STRESS RELIEF Listen online

Each is available for **immediate mp3 download** for just \$10 (regular cd \$22)



PAGE 46

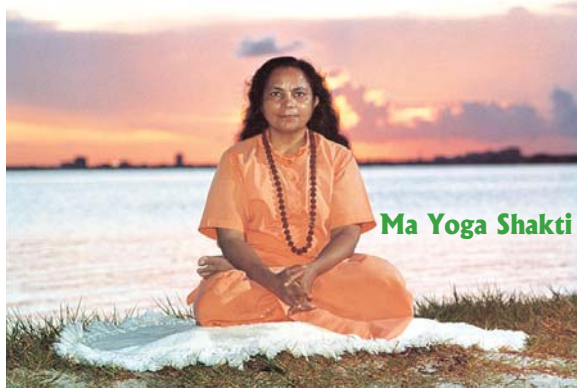
For download, go to www.horizonsmagazine.com
Go to "Andrea's Audio CD MP3 Page" OR directly to

http://www.horizonsmagazine.com/CD_Page/index.html

Email HorizonsMagazine@aol.com Andrea de Michaelis is a Certified Hypnotherapist, ABH



YOGA SHAKTI MISSION



Ma Yoga Shakti

Sundays 9-10am Sunshine Lectures

Talks on Spiritual Topics

- 28 June "Guatemalan Mayan Cultural Experience"
with Carlos and Migdalia
- 5 July "Techniques of Tree Trimming" - Anna Hutson
- 12 July "Worm Composting & Super Veggie Growth"
with Suzanne Richmond
- 19 July "Alternative Energy Sources and Energy
Conservation with Larry Abdullah

First Saturday each month@noon

Vegetarian luncheon \$7

**CALL AND
COME
VISIT**

**SEE
WEBSITE
FOR
DETAILS**

YOGA SHAKTI MISSION

3895 Hield Rd NW
Palm Bay

321-725-4024

yogashaktipb@yahoo.com
www.yogashakti.org

LABOR DAY RETREAT WITH MATAJI September 4th - 6th 2009

Come away for a weekend to a different world, in the oasis of beauty and peace created for us by Mataji in her Palm Bay Ashram. Come and sit at the feet of a Master of Yoga, Mataji, Ma Yogashakti. Hear her expound the wisdom of the Vedas. Take part in Hatha Yoga classes, early morning satsang and meditation with Mataji and traditional temple worship.

Call or email for details

YOGA CLASSES

\$7 Per Class
\$25/mo unlimited
evening classes

Monday

Gajendra - 7:00-8:00 p.m.

Tuesday

Maryann and Jim Loafman
7:00-8:00 pm

Thursday

Val Anderson
9 -10 am

Thursday

Chip & Shyama Iacona
7-8 pm

Ramayan Chanting
Sundays 10:15-11:15 am

Bhajans/Kirtans
First Wednesday of Month
6.45- 7 45 PM



BOOKS BY MA YOGA SHAKTI

- Yoga Syzygy Guide to Hatha Yoga \$15
- Techniques of Meditation to Enhance Mind Power \$10
- Shri Satya Narayana Katha \$5
- Hanumaan Chalisa \$5
- A Spiritual Message \$5
- The Seven Invisible Psychic Lotuses \$10
- Yoga Aasana Chart \$2
- Chandogya Upanishad \$5

Email yogashaktipb@yahoo.com

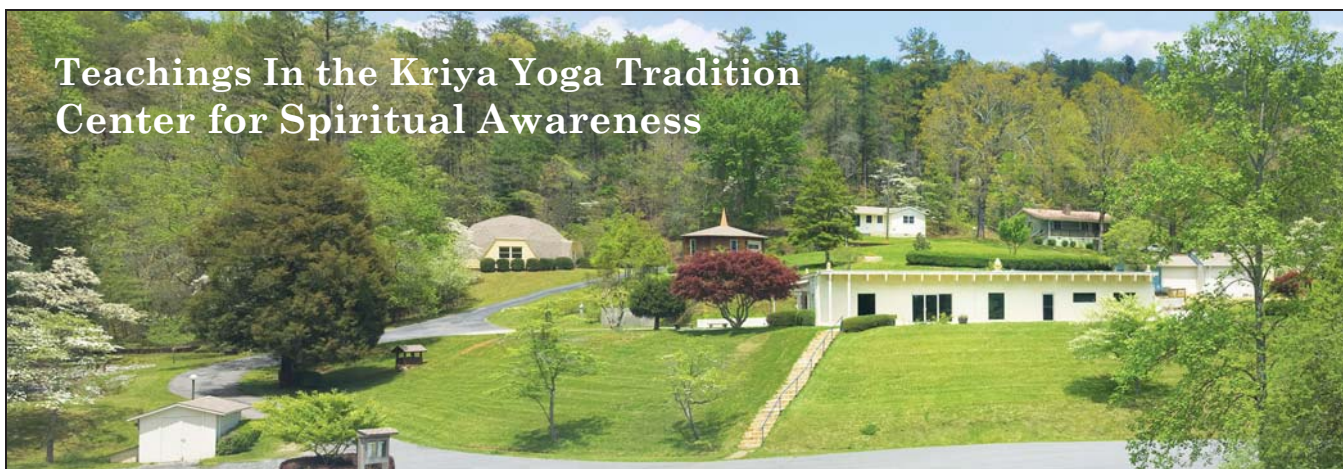


HORIZONS MAGAZINE
575 Escarole Street S.E.
Palm Bay, FL 32909-4802



As hopeless as any situation feels, it's really only your thoughts that you're dealing with. And you have the power to change those. Louise Hay

Teachings In the Kriya Yoga Tradition Center for Spiritual Awareness



Roy Eugene Davis, Spiritual Director A direct disciple of Paramahansa Yogananda

Week long and weekend meditation retreats in the Kriya Yoga tradition. In the northeast Georgia mountains, 90 miles north of Atlanta. Guest house rooms, vegetarian meals, and all programs on a donation basis. *Reservations required.*

Request our FREE literature packet with a sample copy of *Truth Journal* magazine and a list of Mr. Davis' books, DVDs, and CDs.

On our web site: www.csa-davis.org

Click on **Retreat Schedules** and **Free Literature**

Or request retreat schedules and Free literature by mail from:

Center for Spiritual Awareness
P.O. Box 7 Lakemont, Georgia 30552-0001
Telephone 706-782-4723 weekdays 8 a.m. – 3 p.m.
Fax 706-782-4560
e-mail: sales@csa-davis.org

Also on our web site: online book ordering, updated news, photos of events, books and articles in English, Spanish, Italian, German, French, and Turkish.



Paramahansa Yogananda