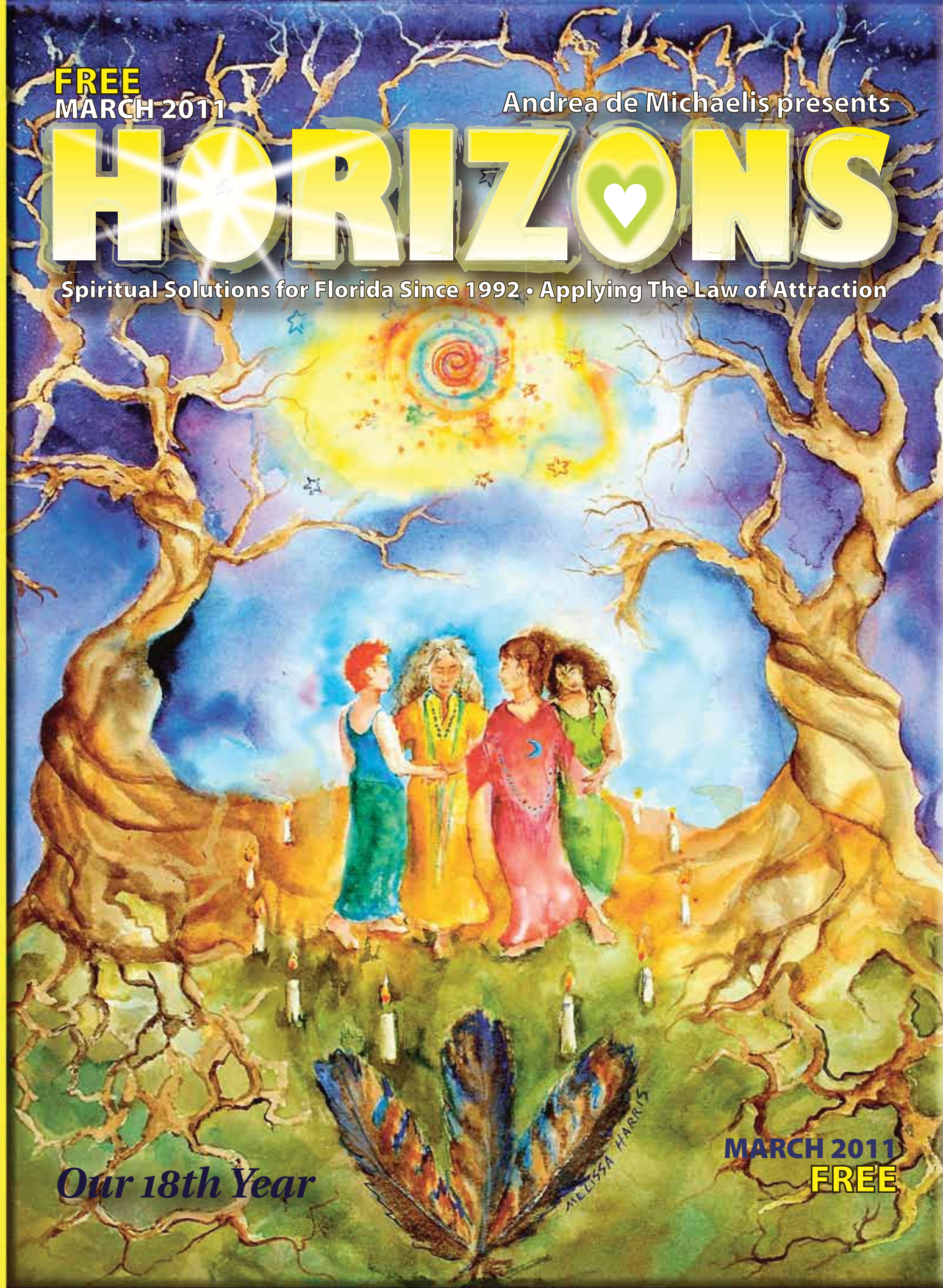


**FREE**  
**MARCH 2011**

Andrea de Michaelis presents

# HORIZONS

Spiritual Solutions for Florida Since 1992 • Applying The Law of Attraction



*Our 18th Year*

**MARCH 2011**  
**FREE**





*Enchanted Gifts for the Mind, Body and Soul*

# *Creative Energy*



*Welcome Spring!  
Blessings of Ostara ~Easter!  
Celebrate Awakening,  
New Life,  
Fertility, Rebirth  
and New Beginnings*



*Creative Energy*

presents

**Mini Readings**

every Saturday

11 AM - 5 PM



**Don't Forget!**

**"Friday Fest"**

**Family Street Party**

**March 11, 6 pm - 10 pm**

**Drum Circle**

**"Down on the Corner"**

**And... Join us for the**

**Spring Art Festival**

**April 23 & 24**

**Historic Downtown**

**Melbourne**

Our Enchanted Gifts include: Crystals, gemstones, jewelry, salt lamps, drums, didgeridoos, singing bowls, books, tarot, CDs, candles, incense, oils, herbs, sage, divination tools, statuary & altar items, belly dance accessories, henna, tapestries, peace-promoting items, faeries and more!

**Create your own Sacred Space  
with our new line of Altar  
Supplies and Divination Tools**



**835 East New Haven Avenue  
in Historic Downtown Melbourne  
(Think Purple)**

**Monday thru Saturday, 10 am - 6 pm**

**Sunday, Noon - 5 pm**

**321 952-6789**

*"Where Old Melbourne meets the New Age"*

**Basket of Abundance!  
Onyx Eggs for  
Strength and Vitality!**



# AQUARIAN DREAMS

*Serving Brevard County since 1986*

## Conscious Living Products

*Incense \* Candles \* Windchimes  
Yoga & Meditation Products  
Crystals \* Aromatherapy  
Massage Tools \* New Age Music*

## Global Imports

*India Tapestries \* Batik Wallhangings*

## Natural Children's Products

*Positive Lifestyle Children's Books  
Natural Fiber Clothing \* Organic Toys*

## Gemstone Jewelry

*100's of one-of-a-kind pieces.*

## Natural Fiber Clothing

*Imports from India, Bali & Guatemala  
Yoga Pants \* Tai Chi Shoes \* Sarongs*

## Holistic & Spiritual Books

*Largest selection in Brevard County!*

## Daily Classes

*Yoga \* Tai Chi \* Meditation \* Zen  
Healing \* Kundalini \* Chi Gung*

## Mail Order Catalog

*Request our catalog or visit us online*



## Special Events: March 2011

### **Intuitive Healings & Massage Therapy with Teren**

*Intuitive bodywork - reflexology - pranic healing  
& crystal healing - meditation - hatha yoga*

*Massage License #MA33885 Establishment License #MM13334*



## Transformational Experiences

### **Sedona Metaphysical Teacher: Bruce Orion**

*Bruce Orion is a well-known & respected spiritual teacher/  
Astrologer/ Certified Hypnotherapist / Metaphysical Historian  
from Sedona*

*Private Sessions:*

*Astrological Counseling, Chakra Clearing,  
Past Life Regressions, Higher Consciousness Work*

*For more information, visit [www.bruceorion.com](http://www.bruceorion.com).*



**Daily Services available:** *Acupuncture & Oriental Medicine  
Astrology Readings \* Chakra Balancings \* Hypnotherapy  
Massage Therapy \* Past Life Regressions \* Pranic Healing*



414 N. Miramar Ave (Hwy A1A)  
Indialantic (321) 729-9495  
[www.aquariandreams.com](http://www.aquariandreams.com)





**Stop in and  
see if what  
we offer  
nourishes  
your soul...**

*Rev. Beth Head welcomes you*



**1745 Trimble Road  
321.254.0313**

*Unity Church*  
**OF MELBOURNE FL**

New Thought Teachings in Practical Christianity  
[www.unityofmelbourne.com](http://www.unityofmelbourne.com)

**If you like Wayne Dyer and  
Louise Hay, you will enjoy  
Unity of Melbourne**

**JOIN US SUNDAYS 10:00AM**

**8 Weeks Beginning Tuesday March 1st 10-12pm  
Entering the Castle -Inviting the Flow: Exploring  
your Mystical Experience of God with Maggie  
Roche, LUT**

This class is based on the Book by Caroline Myss *Entering The Castle*, which is an exploration of Theresa of Avila's spiritual classic, *The Interior Castle*. We will be exploring along with Theresa and Caroline the process of 'going within' and consciously connecting with our Christ self. This is an important step in our spiritual journey "to be still and know" in preparation for "living the truth we know." Book available in bookstore for \$15.99. Contact Maggie at [iamthat@cfl.rr.com](mailto:iamthat@cfl.rr.com) for questions or to register. Sign up in the hospitality area starting February 6th. Love offering will be taken.

**Thursday, March 3rd 6:30pm For Your Health  
– Bioidentical Hormone Therapy for Women with  
Dr. Deborah Kaufman.** Love Offering will be taken for the church.

**Sunday, March 6th 12:30pm Webinar: The Call to  
Leadership and Stewardship with Gregg Levoy.**

Among the challenges of leadership is understanding and activating the deep motivations in other people – their callings, their sense of passion and mission, what they most want to achieve and contribute. People who operate from these deep motivations work with great enthusiasm and dedication and don't need a lot of managing. But to get at these deep drives and unleash their power requires courageous self-reflection, which is ideally modeled by leaders – by knowing your own deepest passions and purposes, knowing who you are and what you're here to do. To the degree leaders are clear and engaged in their own sense of mission, service and integrity, with what they stand for (and thus what they won't stand for), that is the degree to which they can then inspire others to contribute, to be engaged and impassioned. Knowing oneself is as crucial to good leadership and stewardship as knowing one's congregants and one's craft.

*Annual Membership Meeting March 20th  
Immediately after Sunday Service*

**Friday, March 11th 7-9pm and Saturday March 12th 9am-5pm  
The Art & Practice of Living with Nothing and No One Against  
You with Lloyd Reiser & Rev Beth Head.** Love Offering will be taken. The book is available in the bookstore for \$29.00. This class is offered as part of the Transformation Experience. Our goal is to have a significant number of people complete this class to help us realize our vision of a world that works for all. Rev Beth's personal testimony: "With the Art and Practice class I had a breakthrough about one of the myths that I grew up with. Somewhere as a child I learned that I was responsible for my alcoholic father's behavior – his tirades. How this has shown up as an adult is that whenever anything goes haywire (and stuff does happen!) I immediately feel guilt. No wonder I try to control my environment. This is a big ah ha for me." This program teaches us how to dismantle any exception to the principle that there is only one presence and one power at work in our life, God the Good. The Art & Practice is a fast-track to healing and personal transformation. It is a foundational program because it brings us individually and collectively into congruence with Unity principles and spiritual practice. It helps us to be in integrity with who we have come here to be in every aspect of our lives. You can find out more about the Art & Practice program and its creators at: [www.theqeffect.com](http://www.theqeffect.com).

**ONGOING EVENTS**

**Tuesdays and Thursdays at Noon  
Healing Prayer Service - Open to all.**

**March 6th noon  
Transformation Experience Leadership Group**

**Revolutionary Agreement Groups  
1st Wednesday of the month (March 6th) at 7:00pm  
2nd Saturday of the month (March 11th) at 1:00pm**

**Tuesdays 7:30pm  
A Course In Miracles - Facilitator: Darlene Capinha**

**Reiki Healing Service - Facilitator: Lloyd Reiser  
Sunday March 6th, 4:30pm  
Sunday April 3rd, 4:30pm**

**Always check [www.unityofmelbourne.com](http://www.unityofmelbourne.com) for possible event date or time changes**

**DIRECTIONS TO US:** I-95 exit 72, follow Eau Gallie Blvd (518) to Wickham Rd & go left, then left on Trimble. Trimble is north of Eau Gallie Cswy, south of Aurora.

**The greatest  
optical illusion  
is separation**

# HORIZONS

**Publisher/Editor/Layout**

Andrea de Michaelis

**Thanks for help this month**

Gerald & Rev. Beth Head  
Rev. Kathryn Flanagan  
Morgana Starr

**Cover Art (see page 29)**

Call to Gather by Melissa Harris

**Contributing writers:**

Michelle Whitedove  
Charles Lightwalker  
Esther & Jerry Hicks  
Cecelia Aitable  
Lynn A. Thomas  
Karen Williams  
Marlene Buffa  
Barbara Lee  
Dee Wallace  
Mike Dooley  
Alan Cohen  
Tom Sannar

Our Advertising Rates ... Low because we're in it for the outcome, not the income .....	6
12 Steps of Spiritual Freedom by Rev. Tom Sannar .....	6
This Month's Thoughts About Things by Andrea de Michaelis .....	7
The Teachings of Abraham by Esther and Jerry Hicks .....	9
Sowing Seeds of Success with Holistic Visioning by Charles Lightwalker ....	10
Loving Yourself by Dee Wallace .....	11
Herb Corner with Cecelia Aitable .....	13
What The Wizard Has For You by Marlene Buffa .....	14
Ask Whitedove with Michelle Whitedove .....	15
Soul Powered Life by Lynn A. Thomas .....	16
From The Heart by Alan Cohen .....	17
Our Classified Ads .....	18
Our Calendar of Events .....	19
Our Phone Directory *Horizons may be picked up at most of these locations* .....	20
Abraham Fun with Karen Williams .....	24
Notes From The Universe by Mike Dooley .....	28
Cover Artist .....	29
Solar & Lunar Celebrations .....	31
Our Mission Statement .....	35
Monthly Horoscopes by Barbara Lee .....	36
Suggested Reading, Watching, Listening .....	37



**"And the day came  
when the risk to remain  
tight in a bud was more  
painful... than the risk  
it took to blossom."**

Anais Nin

*Horizons thanks  
everyone willing  
to take the risk*

**HORIZONS MAGAZINE is distributed FREE each month** to 200+ bookstores and health food stores throughout Florida, as well as by subscription. HORIZONS is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life. Please write us with your comments.

**ARTICLE SUBMISSION:** You may submit articles of 200-900 words on any area of personal growth and practical spirituality to [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com), along with a 50 word bio telling who you are and how to contact you. Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for as an ad.

**The views expressed in Horizons Magazine** are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

*We accept all credit cards and Paypal*

**HORIZONS MAGAZINE**  
**575 Escarole Street SE • Palm Bay, FL 32909-4802**

**321.722.2100**

Visit [www.horizonsmagazine.com](http://www.horizonsmagazine.com)  
Email [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com)

Classifieds \$1.50 per word. page 18  
 Calendar \$.30 per word. page 19  
 Phone Directory \$5 per line. page 20

## DISPLAY ADVERTISING RATES

Ad size	1 month	3 months*	6 months*
Small Strip Ad	\$ 50	\$ 40	\$ 30
Business card	\$ 90	\$ 75	\$ 65
1/4 page	\$180	\$150	\$125
1/3 page	\$200	\$175	\$150
1/2 page	\$300	\$250	\$220
1/2 on pgs 36,37	\$350	\$300	\$250*horoscopes
Full page	\$400	\$350	\$300
Back page color	\$625	\$565	\$475
Inside back color	\$525	\$465	\$400 color
Inside front color	\$550	\$485	\$425 color
Page 3 color	\$550	\$485	\$425 color
Page 4	\$450	\$400	\$350
Front cover	\$900 (Restrictions apply)		

### COLOR ADD 25%

\*You must prepay to get discounted rate

Example: Business card for 6 months is \$390 prepaid

Full page ad for 6 months is \$1,800 prepaid

Broken contracts receive full advertising credit

### BEST AD RATES & WIDEST DISTRIBUTION

of any spiritual growth magazine in Florida.

We're distributed monthly to 200+ bookstores and health food stores all over Florida, as well as by private subscription. See pages 20-23 to see where HORIZONS MAGAZINE is distributed

*For good advertising results, studies show it takes a reader 3-4 times seeing a new ad before it is noticed and acted on. By the 4th ad, readers begin to call.*

**Payment is due by the 10th with your ad.**

## DISPLAY AD SIZES

Full page ad is 7.25" wide by 9.5" tall

1/2 page 4.25" tall by 7.25" wide or 9" tall by 3.5" wide

1/3 page 2.8" tall by 7.25" wide or 9" tall by 2.3" wide

1/4 page 4.25" tall by 3.5" wide or 2" tall by 7.25 wide

Business card ad is 2" by 3.5"

Small strip ad is 1" x 3.5"

**WE ACCEPT ALL CREDIT CARDS  
AND PAYPAL ONLINE**

Email us at [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com)

**321-722-2100**

Mail ad with payment to  
**HORIZONS MAGAZINE**  
 575 Escarole Street SE  
 Palm Bay, FL 32909-4802

# 12 Steps of Spiritual Freedom

By Rev. Tom Sannar

[www.new-thought.org/](http://www.new-thought.org/) Email [oneheart@roadrunner.com](mailto:oneheart@roadrunner.com)

1. **Recognition - God Is First.** I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.
2. **Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
3. **Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.
4. **Dominion.** I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
5. **I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.
6. **I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
7. **Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
8. **Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
9. **Persistence.** I persist through faith. I maintain focus and discipline.
10. **Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
11. **Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
12. **Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.





**Andrea de Michaelis**  
Publisher

## This month's thoughts about things...

"In the company of one who  
is living Love, you can't help  
but spring into that Love."  
- Sri Sri Ravi Shankar

**H**ello and welcome to this **March 2011** issue of **Horizons Magazine**. A quick 24 hour tummy bug moved through my body during final layout week of this issue. I'd posted on **Facebook**: "Do you ever have one of those days that you're so happy and full of joy that it's almost unbearable to sit in the body and do the work?" Four hours later, I wrote: "Ugh, a tummy bug and I have less than a week to finish the March magazine? Not good." I hoped it would pass quickly, since final layout week with the magazine usually means a week of 14+ hour days. 24 hours later, I began to feel better, just low energy and couldn't stay vertical for long, not even in the recliner. I'd been on the futon in the living room for 24 hours, so I decided to make the best of it. I lay there listening to the birds and windchimes, to the squirrels fussing at the cats and to the neighbor behind me doing some woodwork. I was reminding myself how much I really loved the wallpaper that I never get a chance to look at anymore, and I really liked how the sun streamed in the windows when they are all open like I had them. Within 48 hours, I felt back to normal. I love when that happens. I'm glad I have good eating habits and get plenty of Vitamins B, C and D, which help keep my immune system strong. I'm sure also that doing daily yoga and meditation helps, as does being an optimistic and happy person. I don't worry about what am I going to catch and when, and is it going to knock me out of

commission for how long. I figure: whatever comes along, some I'll get, most I won't, but it'll move through me quickly enough. And either way, I'll smile about it.

### A ROAD TRIP WITH LOTS OF SYMBOLISM & SYNCHRONICITIES

I had a great road trip last Thursday with galpal **Joanne Priaulx**, see her ad on page 11. We left early and first drove to **Daytona Books and Metaphysics** to see the new store, then west to **LunaSol Esoterica** in **Sanford** to hang with **Ann Moura**. Earlier in the day, I'd taken a sweat jacket and black poncho back inside the house. Two hours north, we discovered we were WAY under dressed for the cool day and we could have used them. Home -- 2 hours south -- it was 65, here it was 46. Brrrrrr. Thankfully, we were never out in the wind for long.

Leaving **Sanford**, we headed toward **46 east** and encountered a detour with construction guys flagging us around. I rolled my window down and asked a pedestrian how I'd get to **46 east**. "Go up to the next street and turn left," he said. He didn't seem sure. He was young. I made the left turn and ended up on **441 west** instead of **46 east**. I didn't know it for half an hour or so. As we cruised into **Mt. Dora**, I stopped at an insurance agency to ask for directions. They were complicated, and I was furiously writing them down. It was 3:00pm, and the receptionist said she was done for the day and was headed that way and I could follow her onto SR 46 east. I was so relieved. She was a real angel for doing that for us. Talk about being at the right place at the right time. That happens to me all the time and I've come to expect it. *Maybe that's why it happens all the time...*

As we went through the town of **Sorrento** for the second time that day, I wondered if I'd make the same mistake again at the detour. *Wherever that was*. I didn't remember where it was and **Joanne** didn't remember the detour at all. She remembered me turning right toward the construction guys with flags, when other cars kept going straight through, presumably on SR 46.

*...continued on page 34...*

If you appreciate what Horizons has each month, show your support by subscribing, even if your local store carries us.

## Subscribe Today

We'll give you 12 monthly issues of Horizons Magazine for just \$22 (\$42 overseas.) Charge it to any credit card or PayPal. FILL OUT THIS FORM OR CALL 321-722-2100, and the next issue of Horizons Magazine will be at your door early each month. You may email HorizonsMagazine@aol.com or mail to 575 Escarole St SE Palm Bay, FL 32909-4802.

*Postage has gone UP but  
our prices have gone DOWN*

Please send me \_\_\_\_ subscription(s) at \$22 each. I enclose my check or money order \_\_\_\_ OR  
Charge \$ \_\_\_\_ to my credit card. The number is \_\_\_\_  
The expiration date is : \_\_\_\_ Email address: \_\_\_\_  
Mail my subscription to: Name \_\_\_\_ Phone \_\_\_\_  
Address : \_\_\_\_ Apt No. \_\_\_\_  
City \_\_\_\_ State \_\_\_\_ Zip Code \_\_\_\_

*Yes! I want to receive Horizons Magazine at my own front door*



# OWL VISIONS HAS EXPANDED!



*Come relax on the porch of the  
oldest wooden building in  
Historic Cocoa Village  
Look for the blue house  
at 501 Florida Avenue*

We now fill the entire  
downstairs with more gifts,  
jewelry, crystals, books, tarot,  
divination decks and tool,  
sage, herbs, altar items, art,  
statues, sacred art, music



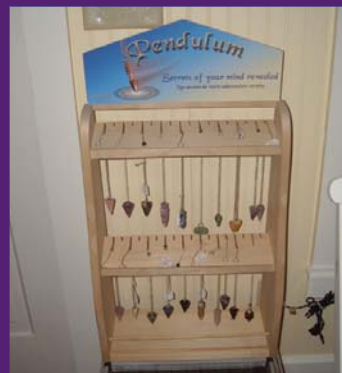
**Rev. Terri McNeely**  
Spiritual Advisor  
Medium  
Reiki Master

## DAILY SERVICES

Reiki • Readings  
Also Classes in Crystals,  
Spiritual Tarot, Mediumship  
Development, Jewelry  
Making, more to come.



Oils, tarot cards, crystal, music, books, divination decks



Our dowsing pendulums



**OWL  
VISIONS**  
501 Florida Ave  
Cocoa Village 32922

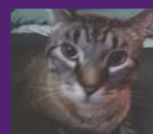
**Rev. Terri McNeely**  
**321-292-9292**



We also carry NATURE'S SPIRIT Distinctive Aromatherapy  
products: Aphrodisiacs, Bath Salts, Skin Scrubs, Natural Perfumes,  
Respiratory Relief, Natural Insect Repellants, Immune Enhancing  
Blends, Botanical Cleaning Products, Mists for the Body and Air. All  
products are pure essential oils, some can be added to a carrier base  
of jojoba oil or shea butter in therapeutic and massage strengths.



Doreen DeSerres Nature's Spirit  
Rev. Terri McNeely Owl Visions



Dusty wanted  
to be in the ad  
since he's not  
allowed  
in the store

Open most days  
1:00 to 6:00 pm  
*I'm a free spirit,  
so call first*



# ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Esther & Jerry Hicks are authors of *Ask & It Is Given*, *The Amazing Power of Deliberate Intent* and the NY Times Best Seller, *Money* and the *Law of Attraction* and their dvd, *The Secret Behind*

"The Secret." Visit [www.abraham-hicks.com](http://www.abraham-hicks.com).

Excerpted from the book, "Money, and the Law of Attraction"

## Your Story, and the Law of Attraction

**E**ach and every component that makes up your life experience is drawn to you by the powerful Law of Attraction's response to the thoughts you think and the story you tell about your life. Your money and financial assets; your body's state of wellness, clarity, flexibility, size, and shape; your work environment, how you are treated, work satisfaction, and rewards—indeed, the very happiness of your life experience in general—is all happening because of the story that you tell. If you will let your dominant intention be to revise and improve the content of the story you tell every day of your life, it is our absolute promise to you that your life will become that ever improving story. For by the powerful Law of Attraction, it must be!

### Does Life Sometimes Seem to Be Unfair?


You have wanted more success and you have applied yourself well, doing everything that everyone said you should do, but the success you have been seeking has been slow to come. You tried very hard, especially at first, to learn all the right things, to be in the right places, to do the right things, to say the right things . . . but often things did not appear to be improving much at all.

Earlier in your life, when you were first dipping your toe into the idea of achieving success, you found satisfaction in satisfying the expectations of the others who were laying out the rules for success. The teachers, parents, and mentors who surrounded you seemed confident and convincing as they laid out their rules for success: "Always be on time; always do your best; remember to work hard; always be honest; strive for greatness; go the extra mile; there's no gain without pain; and, most important, never give up. . . ."


But, over time, your finding satisfaction from gaining the approval of those who laid out those rules waned as their principles of success—no matter how hard you tried—did not yield you the promised results. And it was more disheartening still when you stood back to gain some perspective on the whole picture and realized that their principles were not, for the most part, bringing them real success either. And then, to make matters even worse, you began meeting others (who



**Charles Lightwalker**  
*Channeler, Shaman, Healer, Medical Intuitive*  
*Serena LaSol • Spiritual Pathwork*  
**509-389-7290**  
[www.thefamilyofflight.net](http://www.thefamilyofflight.net) [charleslightwalker@yahoo.com](mailto:charleslightwalker@yahoo.com)



*Tom Arcuti*  
*Yachak Shaman of Imbabura*  
**SHAMANIC CEREMONY**  
*Initiated in the Tradition of the Shamans Of*  
*Imbabura Lineage of the Caras from the Andes of Ecuador*  
 Offering an extensive gathering of products to assist you on your Journey: Crystals & Stones; Medicine Bags; Pendulums; Mineral Elixirs; and Smudge Supplies.  
 Online at [www.allipacha.etsy.com](http://www.allipacha.etsy.com) or call for a private viewing.  
**386-747-9294**  
[www.allipacha.com](http://www.allipacha.com) [tom@allipacha.com](mailto:tom@allipacha.com)



**William Deep**  
**Ifa Priest • Spiritualist Medium**  
**Opele Readings (Ifa Divination)**  
**Psychic Readings • Energy Work**  
**Cleansings • Psychic Self-Defense**  
**386-473-6842**  
[www.KeepItMindful.com](http://www.KeepItMindful.com)

clearly were not following those rules) who were achieving success apart from the formula that you had been so diligent to learn and apply.

And so you found yourself asking: "What's going on here? How can those who are working so hard be receiving so little, while those who seem to be working so little are achieving so much? My expensive education hasn't paid off at all—and yet that multimillionaire dropped out of high school. My father worked hard every day of his life—and yet our family had to borrow the money to pay for his funeral. . . . Why doesn't my hard work pay off for me the way it was supposed to? Why do so few really get rich, while most of us struggle to barely get by? What am I missing? What do those financially successful people know that I don't know?"

*...continued on page 26...*



**Charles Lightwalker**  
*Channeler, Shaman, Healer, Medical Intuitive*  
 Serena LaSol • Spiritual Pathwork  
**509-389-7290**  
[www.thefamilyoflight.net](http://www.thefamilyoflight.net) [charleslightwalker@yahoo.com](mailto:charleslightwalker@yahoo.com)

# SOWING SEEDS OF SUCCESS WITH HOLISTIC VISIONING



Charles Lightwalker is an intuitive business counselor, metis shaman, healer and medical intuitive. for more information please visit the web site; <http://www.thefamilyoflight.net>

**Metaphysicians' Circle**

**PSYCHIC FAIR 1ST SUNDAY**  
 \$10 for 15 minute reading



**2ND, 3RD, 4TH, 5TH SUNDAYS**  
 Guest Speakers on Metaphysical Topics

NEW LOCATION: Lotus Heart Wellness  
 529 East New Haven Ave downtown Melbourne

7:00 - 8:45pm  
 \$3 fee

[www.metaphysicianscircle.com](http://www.metaphysicianscircle.com) **321-474-7348**

**B**y visualizing yourself and your business successful and putting energy in motion with a solid plan of action, you create a sense of confidence and financial success. Don't wait until the start of the new year to put your plan into action, start now. It is important to put aside time to think about 2011 right now. Here are a few steps to support your seeds of success.

First, block off a full day to prepare your plan of action, your vision of the year ahead. Pick a quiet spot to work, unplug your phone, turn off your cell phone, turn off your computer, get out pad and pencil/pen. make yourself a cup of tea or coffee, quiet your mind, do a short 5 minute meditation, and then let your creativity flow. Write down any ideas that come to you.

Next review the previous year, what has worked , what has not, what client feedback have your received. Jot down any previous thought on the previous year.

## IMPORTANT QUESTIONS TO ASK YOURSELF NEXT:

1. What are my personal goals for 2011?
2. What are my business goals for 2011?
3. What did I accomplish in 2010?
4. What did I learn from the previous year?
5. Did I reach my goals of a successful practice?
6. What have I done to take care of my health?
7. How can I improve my business?
8. What goals did I not accomplish?
9. What prevented these goals from being achieved?
10. What did I learn from this?
11. What was most rewarding last year?
12. Why was it so rewarding?

*...continued on page 25 ...*

**The College of Metaphysical Studies**  
 The Educational Division of New Awareness Ministries, Int'l  
Authorized to operate by the Commission for Independent Colleges and Universities, Florida Department of Education

**Earn a Certification or Degree from  
the comfort of your own home**


The College of Metaphysical Studies (CMS) has been a leader in metaphysical and spiritual education since 1986. Our primary purpose is to train prospective leaders for metaphysical, New Age, New Thought, Spiritualist and Neo-Pagan communities through Distant-Learning or On-campus Training. Those persons not planning to become practitioners, but who only wish to pursue a solid self-improvement program and acquire an excellent education in metaphysics and the spiritual sciences, are also encouraged to attend in a degree or non-degree status.

We are authorized to operate as a private, non-secular college and to issue Associate, Bachelor, Master and Doctorate Degrees in metaphysics, religion, spiritual awareness, spiritual and holistic healing, esoteric studies, parapsychology, and the entire allied metaphysical field. We also train and certify ministers, spiritual and holistic healers, teachers, pastoral counselors, mediums, intuitive practitioners, past-life regression facilitators and administrators.

**Write for our free booklet or visit us at**  
[www.metaartsandsciences.org](http://www.metaartsandsciences.org)

**18514 US Highway 19 N**  
**Clearwater, FL 33764**  
**1-800-780-META**

Email: [meta@gte.net](mailto:meta@gte.net) or [drbarbara@cms.edu](mailto:drbarbara@cms.edu)



Dr's. Barbara and Paul Daniele



# LOVING YOURSELF

Dee Wallace is a keynote speaker at the Universal Lightworkers 2011 Spiritual Awakening Conference from June 10th-12th in Fort Lauderdale, Florida. For info and to register, [www.UniversalLightworkers.com](http://www.UniversalLightworkers.com).



**L**oving Yourself is the single most important principle in the creation process. If you don't love yourself, you won't decide to give yourself the things you think you want, you won't think you deserve them, and you certainly won't have the energy to take action to create them. Period.



When we were born, most of us were the center of the Universe. Everything revolved around us and our welfare. And then around two, socialization took over and familial and societal rules demanded the giving up of Self: share the toy you want, don't ask for what you want, don't want. Good little girls and boys didn't do those things. Now we're adults screaming, "Why can't I create what I want?"

It's time to reclaim that little person inside that knew they were good enough, smart enough, brave enough, and special enough to ask for, and get what they wanted. It's been so long that most of us have lost the art of even knowing how to ask for what we want.

When I ask for people to state what they want, I get responses like, "I don't want to worry about money anymore," and "I don't want to be alone," or "I don't want this sickness." Nobody says what they want!! They tell me what they want by stating what they DON'T want. That is like a director saying to me, "Dee, don't give me laughter. Don't give me a smile. Don't give me timing," when he is directing me in a serious drama. It doesn't tell me what he wants; it doesn't give me clear direction. That is what most of us are doing with the Universe, and the Universe is replying, "I don't understand the direction. I can't deliver the performance!"

I say we all give ourselves permission to love ourselves enough to give us — and the Creative Force — a very clear statement of desire for manifestation: wellness, freedom, love, bliss, security, peace, grace and happiness. I am, and create, all these in my life because I create me as these experiences within first. Match THAT, Universe. And the Universe says, "Yes."

We all want money. Ask for it. We all want love and passion. Ask for it. We all want wellness and unlimited energy. Ask for it. The original meaning of the ancient Hebrew teaching "Ask and you receive" was "Claim or Demand...and you receive." Well, I am stepping forward to claim and demand the attributes of freedom, love, etc. to perfectly match up with the money and passion I claim, also: that all is good, in integrity, and unconditional love for all concerned. Especially me. And I am standing in my knowing that when I experience my own love and power, I give everyone the excitement, right, and power to do the same. And the Universe says "Yes," baby. The Universe says — "YES!!"

	<p><i>TAROT... Palmistry...Healing</i></p> <p><b>T.J.</b></p> <p><b>(321) 693 8048</b></p> <p><i>Entertaining Readings of Enchantment Empowerment &amp; Enlightenment</i></p>	
---	---	---

## JOANNE PRIAULX, LMT, LCT

Licensed Massage Therapist • Licensed Colon Therapist MA 4308



*For health,  
detox,  
weight loss*

### MASSAGE THERAPY COLON HYDROTHERAPY

**Colon Health Services**

**874-B W. Eau Gallie Blvd**

**Melbourne, FL 32935**

**321-242-1713**

[www.colonhealth4u.com](http://www.colonhealth4u.com)

## THE SPIRITUALIST CHAPEL OF MELBOURNE

with Rev. John Rogers  
1924 Melody Lane

**MELBOURNE**



**SUNDAYS 10am-11:30am**

**Everyone Welcome!**

**321-733-1555**

Check website (under special  
announcements) for dates for

**MEDIUM'S DAY**

*Open to the public*

**\$15 for 15 minute reading**

Visit [www.spirit-chapel.org](http://www.spirit-chapel.org)

For Readings in Cassadaga, call for schedule

Rev.

**ALBERT J. BOWES**

*Accuracy scientifically proven*



## PSYCHIC READINGS

By Phone or In Person

Readings 7 days a week

Phone for appointment

**386-228-3209**

Albert Bowes is a REAL psychic detective who has worked  
with local and national law enforcement agencies.

**NEW! See video at [www.psychicconsultant.org](http://www.psychicconsultant.org)**

Albert, professional psychic over 35 years, is an Ordained Minister, Certified Psychic from Cassadaga, FL. He was a Project Manager and Lecturer with Edgar Cayce Foundation and Association for Research and Enlightenment. He hosted a TV show, and made many television guest appearances. He taught Parapsychology 1 & 2 at the University of Florida and was invited to Russia to study the Paranormal with Psychics and Scientists.



**386-228-0168**

**Nellie**

Psychic • Medium • Healer • Teacher

SCSCMA CERTIFIED CASSADAGA

Readings by appointment  
seven days a week

### Psychic Development Classes in Cassadaga

March 5: Travel Unlimited

10am to 4pm

**TESTIMONIAL:** Nellie, I just wanted to tell you how much I appreciated the time you spent with me on this past Saturday. The concert that I was having such a hard time remembering was Patti LaBelle -- that was Kenny's favorite singer and he was really surprised when we pulled into the theater. It was the day after Valentine's day and I made an excuse that we were going to drive to Sarasota to eat at a really nice restaurant. How seats in the 5th row were available just 3 days before the concert is beyond me -- it really was just meant to be. It's funny that this particular event came up in the reading Sunday because Sunday and Monday are the Mexican celebration for departed loved ones -- and I was just wondering to myself what the greatest moment we had together was in our short 4 years together, and for some reason I didn't think of this concert. This WAS definitely our best activity together and it took me coming to see you to remind me of that. You are a dear, special person and you will always have a special place in my heart. Thank you so much for the piece of mind you have given me. Warmest Wishes, Chris Tampa, FL

**NEW IN MARCH: [www.spiritnology.com](http://www.spiritnology.com)**



Email [alwaysnellie@yahoo.com](mailto:alwaysnellie@yahoo.com)



# HERB CORNER



Cecelia Avitable of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. Call 321-757-7522

## HERBS FOR SHINGLES

**S**hingles is a viral infection affecting the sensory nerve cells caused by the same virus (varicella zoster) that caused chicken pox when you were a child. That virus lays dormant on the nerve cell along the spinal cords and later on in life stress or a weakened immune system causes it to re-surfaces as shingles (herpes zoster) affecting your Central Nervous System.

At first you may feel a tingling pain that develops into a rash usually on the trunk of the body. As shingles develops, pain and itching begin to intensify usually along one side of the body along a nerve path branching out like branches on a tree. The hardest part is trying not to itch because shingles can be spread by direct contact with the rash and the more you itch the greater the chance of infection. Shingles typically lasts about 6 weeks but for some people it can last for months or years; then it's called postherpetic neuralgia. If you should get shingles in your eyes tell your doctor to prevent damage to your eyes.

If you have had shingles before, **St. Johns Wort**, **Flax seed**, **Spirulina** and **Comfrey** strengthen the fatty coating surrounding the nerves (myelin sheath) keeping it healthy so the virus won't affect them. **Adaptogenic or Adrenal supporting herbs** can also be beneficial, if your adrenal glands are over stressed you tend to have a weakened immune system. **Ginseng**, **Schizandra**, **Ashwaganda** and **Astragalus** help you to better deal with lifes stressors. **Lemon Balm**, **Peppermint**, **St Johns Wort** and **Licorice** are herbs that specifically at helping to fight off the virus. You can drink these as a tea or apply the tea as a compress on the sores. I prefer to do both; this way I'm treating the virus internally and externally. These herbs work on the inflammation and soothe the nerves, reduce the pain and they help to fight off the virus. Look in your spice rack if you have **Cayenne**, **Ginger** or **Turmeric** you can add a bit of these into a white cream or lotion applying it to the sores to reduce pain. Just be sure to wash your hands after doing this because it will burn if you get it near your eyes. Another blend I have gotten good results with is equal parts of **St. Johns Wort**, **Lemon Balm** and **Licorice**; this blend helps reduce pain plus it has antiviral, anti-inflammatory and nerve soothing properties.

During an outbreak, avoiding **Arginine** found in chocolate, red wine, peanuts, colas, sugars and soybeans helps to inhibit the replication of the virus; and increasing foods, herbs or supplements high in **Vitamins A, C, E, B12, Folic acid, Selenium, Magnesium and Zinc** help to reduce the healing time.



## TAKE CONTROL OF YOUR HEALTH & BOOST YOUR IMMUNE SYSTEM!

Herbal teas, tinctures, capsules and creams to aid with fighting: Blood pressure \* Cholesterol  
\* Fatigue \* Memory \* Hormone Imbalances  
\* Stress \* Cancer & Cancer treatments

## OVER MEDICATED? WE HAVE NATURAL ALTERNATIVES!

**Certified Master Herbalist & Holistic Healthcare Provider on Staff**

Hundreds of Organic Bulk Herbs  
Custom Blended Herbal Remedies  
Glass & Plastic Bottles  
Private Consultations  
Herbal Classes



## We Sell More Than Just Herbs!

Oil Diffusers & Organic Essential Oils \* Detox Foot Bath Sessions  
FDA Approved BioMat/Energy Sessions \* Candles  
Crystals & Gemstones \* Holistic Books \* Crystal Spinners  
Himalayan Salt Lamps \* Angel Statues & Pins  
Meditation CD's \* One of A Kind Jewelry  
Organic Skin Care Soaps & Cosmetics  
Perfume Bottles, Tear Bottles and Unique Gifts



**Maria Leach.**

**Spiritual Teacher/Medium/Energy Worker**

**Provides Channeled Spiritual Readings, Mediumship Sessions, Medical Intuitive Sessions, Cross-over Readings and much more!**



Her honest, down-to-earth approach accurately looks into your past and present, enabling her to provide guidance for the future. Maria's energy sessions will help to relax you and aid your body in healing itself.

**Call Maria today for an appointment or more information • 321-757-7522**

**UPCOMING EVENTS:** See [www.herbcorner.net](http://www.herbcorner.net) for full listing

**March 5- Herb Class - 9:00 am-11:30 am - Muscles & Bones**  
**March 19 - Herb Class - 9:00 am -11:30 am - Heart & Circulatory System**  
**March - Quantum Touch Classes - Call for Details!**

Visit [www.herbcorner.net](http://www.herbcorner.net) for articles, recipes, newsletter, etc.



# THE HERB CORNER AND LEARNING CENTER

Hours: Wed-Fri. 10-5, Sat. 11-3

**277 N. Babcock St., Melbourne \* 321-757-7522**

**Please stop in for a cup of tea!**



# WHAT THE WIZARD HAS FOR YOU



Taking a quiet sideways glance at life, Marlene Buffa offers insight through her words from experiences. A student of new-thought teachings, Marlene finds practical spirituality around every corner and seeks wisdom through observation of life's inter-relationships. Sometimes playful, sometimes poignant, always thought-provoking, her writing inspires readers in meaningful ways. [www.wordsofmind.com](http://www.wordsofmind.com).

**L.** Frank Baum wrote many books. The most popular and endearing of which we all know as "The Wizard of Oz." While the myths and legends regarding the origins of the book and its many interpretations continue in almost every culture spanning the globe, some poignant lessons provide strong spiritual insight. Ultimately, the Wizard of Oz taught Dorothy and her crew that everything she ever needed in life existed within her. The piercing and sometime menacing look into the crystal ball of our own psyche, offers us opportunities to examine aspects of our life and make new choices.

Dorothy set out on a journey fraught with danger, fear and the unknown. Much like Dorothy, we encounter our own travails of adversity as we travel on a whirlwind through life. While we may never encounter flying monkeys or a forest of unhappy trees, life continues to hurl obstacles at us to both divert our attention away from our true spiritual path, or to force us to stop and observe the strength within we muster to carry forth into the unknown.

## Someone to rescue you

Throughout her adventure, Dorothy's only goal remained consistent - to find her way home. Her cadre of seekers, each with his own misfit malady, sought a solution from the Wizard of Oz. Increasing their belief in his powers as the journey intensified, we see the quartet struggle between victimhood and empowerment.

Dorothy's figurative quest to return home to Kansas equates to her finding a home within herself. Sometimes resigned to her fate in Oz, forever pursued by a negative force personified as the Wicked Witch of the West, Dorothy struggles with injustice and a longing for vindication. Her primary battle is her inability to decipher her circumstances and find a way out, thus the dramatic search for a hero.

## Resourcefulness appears when necessary

Just as "necessity is the mother of invention," the stalwart Kansan wiggles out of situations which appear by chance or luck. Rarely do we see her confident in her ability to overcome; she battles her environment as well as the storms within.

As Dorothy, we are all at choice point no matter the circumstances which befall us. We can choose to defer to an exterior solution and give away our power, or rely on our own merits for answers. If we pay attention, we notice we are indeed most resourceful when the odds are against us. Your confidence to move forward in spite of debilitating effects of life's poppies or divergent roads may not forestall the inevitable siege of thundering clouds, but will fortify you in your climb to your goals and the destruction of negativity in your life.

## Only the expert knows

Like Dorothy and her misguided band of friends, we too often abdicate our wisdom and inner compass to others. As each the Scarecrow, Lion and Tin Man and our heroine grew dependent on the belief that someone wiser and all powerful knew better than they, we see the figurehead of a mere mortal, bereft by his own frailties and insecurities wrapped in a cloud of mystique.

In life, we abdicate responsibility for our mental and physical health to the so-called "experts" and absorb their interpretations as our own truth. Dorothy jumped through the demands of the Wizard including capturing the elusive broomstick and forcing the ultimate demise of the Wicked Witch, yet the Wizard proved unable to honor his commitment of returning Dorothy to Kansas.

## Conquering your internal witch

Oddly enough, the ease of the demise of Dorothy's personified demon, surprised not only the quartet of yellow-brick-road-wanderers, but the surrounding characters as well. Water, the bountiful substance on the planet, and ironically, in the human body, thrown onto the skin of the green monster, caused a melt-down - both literal and figurative.

...continued on page 32...



**SISTER BENNETT**

*Candle Magick*

*For love, luck,  
and health*

Love offerings accepted  
**904-551-6805**

The Cosmic Church of Truth



1637 Hamilton Street  
Jacksonville, FL 32210

**Sunday Mornings**  
**Lessons In Truth**  
Sunday Service 10:30am

*Call for classes & meetings.*  
*Private counseling &  
healing sessions*  
*available by appointment*

**(904) 384-7268**  
[www.thecosmicchurchoftruth.net](http://www.thecosmicchurchoftruth.net)



# Ask Whitedove



Got a burning question? Celebrity Psychic and Spiritual Teacher Michelle Whitedove is here to help give clarity on topics from Archangels to Zodiac, just ASK WHITEDOVE! Lifetime TV named her "America's #1 Psychic" after showcasing her gifts on "America's Psychic Challenge." Ask your specific questions at [www.MichelleWhitedove.com](http://www.MichelleWhitedove.com). Michelle will be speaking at the Universal Lightworkers 2011 Spiritual Awakening Conference June 10th - 12th, 2011, Fort Lauderdale, FL

**D**ear Whitedove, As a spiritual person trying to live a good clean life, I'm trying to resolve my need for money. Is money the root of all evil? I ask because I don't see many people using their excess money for the greater good. Do-gooder in Denver

Dear Do-gooder, We incarnated on a plane of duality where both positive and negative co-exist. The green paper that we call currency is neither good nor evil. Money is only an exchange of energy here on the Earth. It is not precious. So when people hoard it, the energy is stagnate. It is better to keep it in motion, and release your attachment to it. Please know that philanthropy is alive and well, many good deeds go unannounced. Of course the wealthy can always give more, but regular people can too! You can give money, You can give your time to help charities, and if you feel that you can't afford to give time or money, then you can give your prayers. The Law of attraction tells us that what you focus on you create. So see your abundance as you want it to be.

Dear Whitedove, Sometimes I dream of future events. Then sometimes I dream about people that I know, but are more symbolic rather than factual. It's all very confusing information. How am I supposed to interpret these wild dreams? And how do you feel about prophetic dreams? The Vision Questing, Vermont

Dear Vermont, The dreamtime is the doorway to the spirit world. As the body rests and rejuvenates, the soul is released. We do many things during the dreamtime. Sometimes we work out solutions to Earthly problems and our fears. This is also the time when we meet up with departed loved ones and continue our relationships. Dreams are also a way of self communication on a soul level. You see, in the spirit world there is no linear time as on Earth; the past, present, and future are all one. Then there are probable futures too. Upon waking, we can remember witnessing events, but in Earth time these events have not played out as of yet. Premonitions or Prophetic dreams are valid, but you have to learn to interpret them for yourself. I suggest to all my students to keep a dream journal. Train yourself to remember your dreams, they're important. At bedtime, start a little ritual. Place a glass carafe full of spring water on your nightstand near your head, this is not for drinking. You're using this water as a superconductor



**The Cosmic Salamander, Inc.**  
Readings, Magickal Supplies, Crystals & Jewelry  
5631 NW 77 Court, Coconut Creek, FL 33073  
**954-698-6926**  
[www.cosmicsalamander.com](http://www.cosmicsalamander.com)

## Spiritual Path Foundation

Available for private sessions:

- Reiki treatments
- Shamanic Healing
- Regressions
- Counseling in person or by phone

*What you are to be, you are now becoming.*

[www.spiritualpathfound.org](http://www.spiritualpathfound.org)  
Email [spiritualpath@bellsouth.net](mailto:spiritualpath@bellsouth.net) and Spiritweaver at [www.spiritweavershaman.org](http://www.spiritweavershaman.org)

**321-951-8774**

## Andria K. Molina, M.A.

LET A TAROT READING GIVE YOU A HELPING HAND TO YOUR LIFE QUESTIONS, LOVE, CAREER, HEALTH

### Intuitive Tarot Readings

Certified Tarot Reader

IN THE LOCAL AREA  
TAROT READINGS IN-PERSON OR BY PHONE  
MORE THAN 15 YEARS OF EXPERIENCE

**517-927-6382**  
[ANDRIA.MOLINA@GMAIL.COM](mailto:ANDRIA.MOLINA@GMAIL.COM)

to help bring clarity to your dreams. When you lay down, ask your subconscious mind to move over. It helps to make the request because your mind acts as a filter. Say to yourself, "I want to remember my dreams, and I will remember my dreams." This positive reinforcement will impress your true desires upon your subconscious mind. Upon waking, don't jump right up. Think about where you were. This lodges it into your short term memory. Ask yourself; what was just happening? Then jot down all the details of your dreams before getting out of bed. The more that you practice, the clearer your dreams will become. You will enjoy rereading your dream journal and come to a better understanding of your soul's dreamtime escapades. Many inventors receive

*...continued on page 32 ...*

## Rev. Dawn Casseday

Psychic, Clairvoyant, Medium  
Reiki /Energy Healing, Tarot  
Past Life Regression Specialist  
Clinical Hypnotist

**386-478-0341**

[www.revdawncasseday.com](http://www.revdawncasseday.com)

**CASSADAGA**

*Phone  
readings  
available*



## Soul Powered Life



Lynn Thomas is a nationally published author and intuitive writer who blends the practical with the mystical, bringing wisdom and insights to her readers to help inspire and overcome life's challenges. Receive your copy of "Unleash Your Intuition" at: [www.SoulPoweredLife.com](http://www.SoulPoweredLife.com)

### Want to Rewind Your Life for a Do Over?

**D**issatisfied with life or lamenting your past?

If so, how far back in time would you have to travel in order to wipe the slate clean?

To what point would you need to rewind?

Would it be back in years or just the last hour?

Are you regretting something you did or said? Do you really think you screwed up?

If we are not careful, we can get quite fixated in replaying something over and over again in our minds. "What did she mean by that?" "Why did I say that?" "Why didn't that work out?" "Why did I make that choice?"

And as we stew and ponder in the past we can build resentment, stress and dis-ease.

Perhaps you are pondering what ifs... "What if I had made a different choice?" "What if I could do that over?"

If we are looking over our shoulder, mulling over our past ... we are not watching where we are going now.

By rutting into the past, we sap our joy, energy, strength, vitality and peace of mind.

***Let go of the stone  
If you don't want to drown  
In the sea of heartache  
That's draggin' you down  
It's pulling you under  
And you keep hangin' on  
If I'm ever gonna save you  
Let go of the stone***

~ John Anderson "Let Go of the Stone" Lyrics



*...continued to page 30...*



**Metaphysical Minerals and Jewelry**  
"From the Earth to the Stars"

Coming to a show near you—check our website for dates and locations

**[www.meldedmetal.com](http://www.meldedmetal.com)**

Bring this ad for a 20% single purchase discount



**Mum's Metaphysical Shop**  
WHAT YOU'VE BEEN SEARCHING FOR  
[www.mumsmetaphysical.com](http://www.mumsmetaphysical.com)



**New Age  
Weekend of  
Enlightenment**

April 8-10, 2011  
Hidden River Resort  
(14 miles north of Mcclenny, FL)

Visit Our Webpage at  
[www.weekendofenlightenment.com](http://www.weekendofenlightenment.com)  
**912-843-2603**

Awakening your senses and discover the wisdom and teachings of holistic living

- Holistic Health
- Spirituality
- Metaphysics
- Drumming & Music
- Environmentalism
- Vendors

Weekend and Daily Fee Rates  
Camping Available



# From the Heart

Alan Cohen is the author of many popular inspirational books, including the metaphysical thriller, *Linden's Last Life*. Listen to Alan's weekly radio show *Get Real* on Hay House Radio at [www.hayhouseradio.com](http://www.hayhouseradio.com), and join him for Life Coach Training beginning in September. For more information about Alan's books, programs, or his free daily inspirational quotes via email, visit [www.alancohen.com](http://www.alancohen.com), email [info@alancohen.com](mailto:info@alancohen.com), or phone 1-800-568-3079.





Herbal Consults, Natural Healing School  
**DAWN'S ENCHANTED GARDEN**  
Email [Dawnsenchantedgarden@yahoo.com](mailto:Dawnsenchantedgarden@yahoo.com)

**Live Oak School of Natural Healing**  
Currently offering Herbalist Certification Programs in class and online  
**352-669-1963 • 407-967-6042**  
<http://dawnsenchantedgarden.com>

## The End of Sacrifice

I recently made a pilgrimage to the ancient Mayan temples at Chichen Itza and Tulum in Mexico. I was impressed by the staggering structures the Mayans created, demonstrating their sophisticated understanding of mathematics and astronomy, and a deep inherent spirituality.

At one pyramid our tour guide informed us that the Mayans regularly offered human sacrifices to appease their gods. "The Mayans feared that if they did not make sacrifices to the sun god, the sun would not rise the next morning," the guide explained. "In times of drought, they sought to appease the rain god with multiple sacrifices."

While we would regard such offerings as primitive and even abhorrent, the mindset of sacrifice is still very much alive in the modern world. Many of us believe that we must sacrifice something we value to gain something else we want. We believe that struggle, strife, sweat, and sorrow are required to get anywhere in our career; that we must deny our joy so others can have theirs; and, under a "no pain, no gain," mentality, we believe that if we are not suffering we have it too easy. While we are not sacrificing whole bodies as the Mayans did, we do sacrifice our emotions, our happiness, and often our health. Our sacrifices do not rob us of life in one dramatic moment, as the Mayans experienced, but they rob us of life a little bit more each day. We die not under the knife of the shaman, but under the whip of ongoing self-re-crimination.

Many religions thrive on the tenet of sacrifice and even glorify it. (It is said, "the Jews invented guilt and the Catholics perfected it.") Many sects of Christianity extol "the blood of the lamb" and seek to emulate the crucifixion of Christ. Yet many of them never arrive at the resurrection. They emulate the sorrow of Jesus but not his joy. I wonder if Jesus would be pleased to see people suffering in his name, or if he would find deeper reward to see them happy.

When the Mayans believed the sun would fail to rise if they did not offer it blood, they labored under the illusion that sacrifices were causing the sun to rise. Thus superstition reigned over science. If the culture suspended sacrifices for

any length of time they would have discovered that there was no relationship between the loss of life and the gain of sunlight. They would have found that the sun is happy to shine on all things unconditionally, delivering its blessing because that is its nature and what it loves to do. No payment required.

If we suspended our belief in personal sacrifice, we too might discover that, metaphorically speaking, the sun is happy to shine on us without exacting a fee. In classic anthropomorphic fashion, the Mayans projected human emotions and ego onto the sun. People in fear and pain may demand sacrifices, but the sun does not, and neither does anything in nature. If we questioned fear, we would realize it is void of substance. In its stead we would find well-being sufficient for all to bask in.

The assertion that you do not owe is a radical one in a society where debt is one of our most predominant and pressing themes. The jaw-dropping volume of personal and national debt reflects an underlying belief that we must lose in order to get. Rather than working harder to pay off our debts (meanwhile accumulating more), we might do well to instead look within to examine our core belief of indebtedness. We would thus address the source of the debt rampage and begin to heal our belief in paying blood for what would otherwise come to us by grace.

The Mayans have been in the headlines for the past few years, and will be increasingly spotlighted because their calendar ends in 2012, which has created a lot of hoo-ha as the supposed end of the world. Not exactly. It's not the world that will end, but the old world, which, as far as I can see, wasn't working so well anyway. Even unto the 21st century the belief in psychic self-mutilation still rules the masses. Wouldn't it be wonderful if 2012 marked the end of the world of sacrifice? If so, bring it on!

Life takes no joy at your loss; to the contrary, a part of the heart of God cries when you do. If you and I could suspend our belief that death keeps the sun rising, we might find that our blood serves far better in our veins than spilled. Then we shall erect new temples where we deliver to its altars the fruits of our joy, not our tears.

# OUR CLASSIFIED ADS

Your listing here for just \$1.50 per word. Mail your listing with payment by 10th of the month preceding publication or email to [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com)

**\* Get OFF of it!** with Resonance Patterning®  
[www.repatterninginstitute.net](http://www.repatterninginstitute.net)

**GRAND OPENING! MUM'S METAPHYSICAL SHOP.** What you've been searching for. [www.mumsmetaphysical.com](http://www.mumsmetaphysical.com)

**LEARN HOW THE BIOMAT CAN ENHANCE YOUR HEALING BUSINESS.**  
Dr. Geri Krista: <http://healing-business.com>

**SUNSHINE, FUN AND THE WILD SPOTTED DOLPHINS OF BIMINI,** Bahamas! Experience a magical week snorkeling and exploring the turquoise waters and the island in the stream. [www.dolfunswims.com](http://www.dolfunswims.com)

**UNIQUE OPPORTUNITY IN SPIRITUAL COMMUNITY.** 3/3 mountain home on creek for sale. World-renowned Delphi University. See <http://www.cytadia.com/4398.html> for details and pics. Call Marie 706-455-5900.

**PLEASE EMAIL FEEDBACK ABOUT PSYCHIC READERS** to the editor at [andrea@horizonsmagazine.com](mailto:andrea@horizonsmagazine.com)

**OOBE OUT OF BODY EXPERIENCE - YOU ARE NOT THE BODY** \$10 mp3 file at [www.horizonsmagazine.com](http://www.horizonsmagazine.com). See pg 25.

**HIGHEST QUALITY HAND MADE LYE SOAP** The No Sweat Soap Factory POBox 882, Mountain View, AR 72560 870-269-9499 [nosweatsoap@yahoo.com](mailto:nosweatsoap@yahoo.com) [www.nosweatsoap.com](http://www.nosweatsoap.com)

**CONNECTING WITH YOUR ANGELS, GUIDES & TEACHERS** \$10 mp3 file at [www.horizonsmagazine.com](http://www.horizonsmagazine.com). Designed to activate the third eye, expand awareness, develop psychic perception. Page 29.

**CHANGE YOUR EATING HABITS** \$10 mp3 file at [www.horizonsmagazine.com](http://www.horizonsmagazine.com). By the power of suggestion, your desire to overeat will be replaced; your craving for unhealthy foods will be replaced. See page 29.

**SLEEPYTIME RECHARGE** \$10 mp3 file at [www.horizonsmagazine.com](http://www.horizonsmagazine.com). Play this recording as you are falling asleep for restful rejuvenation. We can retrain our consciousness to create healthy beliefs. See pg 29



## CASSADAGA SPIRITUALIST CAMP PRESENTS

Sun. Mar 6 Rev. Dr. Don Zanghi How to see the Aura 2-4pm \$20  
 Thu. Mar 10-Mechanics of Mediumship \$25, 7-9:30pm Rev. Steve Hermann  
 Friday, March 11 Messages From Beyond Seance/Message Circle \$25, 7-9pm Rev. Steve Hermann  
 Sun. Mar 13  
 Master the Power of Psychic Healing \$25 2-4pm Rev. Steve Hermann  
 Monday, March 14 Spiritual Anatomy: Medical Intuition, Healing and the Aura \$25, 7-9:00pm Rev. Steve Hermann  
 Tues. Mar 15  
 Psychic Detective Work Made Easy \$25, 7-9:00pm Rev. Steve Hermann  
 Wed. Mar 16  
 Wednesday Night Message Service. Gallery style readings given in Colby Memorial Temple. 7-9:30pm Suggested donation \$5 Rev. Steve Hermann  
 Fri. Mar 18 Messages From Beyond Seance/Message Circle \$25, 7-9:00pm Rev. Steve Hermann  
 Sunday, March 20 Rev. Diane Davis, I Knew That! \$25  
 Sun. Mar 20 Shambhala Nuns Workshop \$20  
 Learn about the Buddha Maitreya Shambhala Meditation Healing Tools and experience the Music for personal and planetary healing. 6-7:30 workshop  
 Mon. Mar 21 Shambhala Nuns Open House, Stop by and view Meditation Tools and experience Music for personal and planetary healing. 10am-6pm  
 Mon. Mar 21  
 Psychic Art and Inspirational Mediumship \$25, 7-9:00pm Rev. Steve Hermann  
 Tue. Mar 22, Experimental Séance: Trance and Physical Phenomena \$25, 7-9:00pm Rev. Steve Hermann



### Cassadaga Camp Bookstore

**386-228-2880**  
[www.cassadaga.org](http://www.cassadaga.org)



*To Promote the Religion, Science, and Philosophy of Spiritualism*



IFS Director  
Marilyn Jenquin

**Private Readings**  
 In Person  
 or by Phone  
 \$75 / 45 minutes

**407-673-9776**

**BRITISH MEDIUM JAN MARSHALL**  
 Jacksonville ~ Feb 24th – 28th 2011  
 Tallahassee ~ March 1st – 6th 2011  
 Orlando ~ March 7th -8th 2011  
 Gainesville ~ March 11th -14th 2011

Stansted-in-Florida August 4th - 7th 2011  
 4 Day Intensive Psychic/Mediumship Workshop in Orlando

*Healing Energy ~ Shamanic Technique Workshops Coming in 2011*

**Ongoing Psychic – Mediumship Spiritual Development Classes.**  
 These classes are designed to be on-going once per month development classes to help you improve your personal Psychic-Mediumship skills. These skills are for you to use regularly and daily to have a more enjoyable powerful peaceful journey thru life.

Phone or e-mail for location and dates of classes.  
 Check the complete program for 2011 on our website [www.ifs.com](http://www.ifs.com)

Email [dependablepc@earthlink.net](mailto:dependablepc@earthlink.net)



# CALENDAR OF EVENTS

Call to confirm and learn of last minute changes 30c per word, due the 10th (of the month before) at 575 Escarole St SE Palm Bay FL 32909-4802. Email to [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com) - call 321-722-2100 with credit card info. No calendar listings taken by phone. Listings must include time and physical location. Just \$10 extra for color or a box around your listing

2d, 4th Thursdays MELBOURNE/PALM BAY 7pm Wiccan-Pagan Outer Court Classes, Church of Iron Oak 321-722-0291

Saturdays ORLANDO Pranic Healing Circle 2-4pm Meditation, healing at Christ Church Unity 771 Holden Ave. Call 407 852-3940

Sundays MELBOURNE Spiritual Lecture Series 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 No fee, but offering appreciated. Hield Rd is off Minton Road, just north of Palm Bay Rd, go west a mile or so, on the right, look for mailbox

Sundays MELBOURNE 10:00am Sunday Service Unity Church of Melbourne 1745 Trimble Rd (off Wickham) 321-254-0313 (see pg 4)

Sundays MELBOURNE 10AM Spiritualist Chapel of Melbourne, 1924 Melody La, behind the Melb. Auditorium 321-733-1555

Sundays MELBOURNE Metaphysicians' Circle meets at Lotus Heart, 529 East New Haven, Melbourne, FL, 32901 7-8:45pm \$3 321-474-7348

1st Sunday MELBOURNE Metaphysicians' Circle presents their Monthly Psychic Fair. They meet at Lotus Heart, 529 East New Haven, Melbourne, FL, 32901 7:00 to 9:00pm \$3 admission 321-537-3843 \$10 for 15 minute readings 321-474-7348

Saturday March 5th DAYTONA BEACH Daytona Books and Metaphysics, 125 West Intl Speedway Blvd, will host A Day of Creative Awakening Workshop from 9:00 a.m.-5:00 p.m. The following presenters will transform participants and ignite creative energies: Phil DeLong- Crystal Insights; Elizabeth Faulds- Debbie's Health Foods; Sheryl Goodwin- Native American Spirit; Bob Johnstone- Psychic Butterfly Art; Bill and Carol Morse- Creating Healing Power Within You; Diane Jackman Skolfield- Awakening Creative Energies; Dr. James W. Thomas- Creative Energy; Don Zanghi- East Meets West; Jeanette Strack-Zanghi- Writing With Spirit; and Kathleen Zurenko- Just Say Yes! Registration before March 2 is \$25 and \$35 after that date. Free vegetarian lunch is provided, gifts and door prizes. For more information, contact Ann DeLong at (386) 767-4732 or [deep\\_purple@yahoo.com](mailto:deep_purple@yahoo.com). Also contact Bill Morse at (386)679-5035 or [w.morse@mondspring.com](mailto:w.morse@mondspring.com). Space is limited, so register early!

Sun. Mar 6 CASSADAGA Rev. Dr. Don Zanghi How to see the Aura 2-4pm \$20 386-228-2880

Thu. Mar 10 CASSADAGA Mechanics of Mediumship \$25, 7-9:30pm Rev. Steve Hermann 386-228-2880

Friday, March 11 CASSADAGA Messages From Beyond Seance/Message Circle \$25, 7-9:00pm Rev. Steve Hermann 386-228-2880

Sun. Mar13 CASSADAGA Master the Power of Psychic Healing \$25, 2-4pm Rev. Steve Hermann 386-228-2880

Monday, March 14 CASSADAGA Spiritual Anatomy: Medical Intuition, Healing and the Aura \$25, 7-9:00pm Rev. Steve Hermann 386-228-2880

Tues. Mar 15 CASSADAGA Psychic Detective Work Made Easy \$25, 7-9:00pm Rev. Steve Hermann 386-228-2880

Wed. Mar 16 CASSADAGA Wednesday Night Message Service. Gallery style readings given in Colby Memorial Temple. 7-9:30pm Suggested donation \$5 Rev. Steve Hermann 386-228-2880

Fri. Mar 18 CASSADAGA Messages From Beyond Seance/Message Circle \$25, 7-9:00pm Rev. Steve Hermann 386-228-2880

Sunday, March 20 CASSADAGA Rev. Diane Davis, I Knew That! \$25 386--228-2880

Sun. Mar 20 CASSADAGA Shambhala Nuns Workshop \$20 Learn about the Buddha Maitreya Shambhala Meditation Healing Tools and experience the Music for personal and planetary healing. 6:00 to 7:30 workshop 386-228-2880

Mon. Mar 21 CASSADAGA Shambhala Nuns Open House, Stop by and view Meditation Tools and experience Music for personal and planetary healing. 10am-6pm 386-228-2880

Mon. Mar 21 CASSADAGA Psychic Art and Inspirational Mediumship \$25, 7-9:00pm Rev. Steve Hermann 386-228-2880

Tue. Mar 22, CASSADAGA Experimental Séance: Trance and Physical Phenomena \$25, 7-9:00pm Rev. Steve Hermann 386-228-2880

April 9th and 10th BIG PINE KEY MM 30 Treat your soul to an intuitive reading, relax & rejuvenate with various forms of bodywork, shop for products to delight the body & soul at the Intuitive Arts Fair at Good Food Conspiracy 305-872-9119 [revmarney@yahoo.com](mailto:revmarney@yahoo.com)

# ALPHABETICALLY BY COUNTY

To place your ad here for just \$5 per line and mail it with payment by the 10th of the month before to:  
Horizons, 575 Escarole St SE, Palm Bay, FL 32909-4802 Email [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com)

## OUR PHONE DIRECTORY... 321-722-2100

### ALACHUA COUNTY (352) GAINESVILLE (386) HIGH SPRINGS

#### A ROCK SHOP & MORE

HIGH SPRINGS EMPORIUM 386-454-8657  
660 NW Santa Fe Blvd (441)  
Gemstone Jewelry & More

#### BOOKS & GIFTS

WILD IRIS BOOKS 352- 375-7477  
802 W University Ave [www.wildirisbooks.com](http://www.wildirisbooks.com)

#### CHURCHES

SERAPHIM CENTER & CHAPEL 352-339-5946  
1234 NW 14th Ave Gainesville, FL  
<http://www.seraphimcenter.org>

#### HEALTH FOODS

MOTHER EARTH MARKET 352-331-5224  
MOTHER EARTH MARKET 352-372-1741

#### PSYCHIC READER

REV. DR. JANET CLAIRE MOORE 352-373-8047  
Channeler, Medium, Ordained Minister,  
Licensed Counselor

### BREVARD (321)

#### ACUPUNCTURE

SUSAN HATHAWAY, Ph.D., AP 723-3017  
2105 Palm Bay Rd NE Suite #2 in Palm Bay

#### ASTROLOGY REPORTS

ANDREA DE MICHAELIS \$22  
EMAIL [HORIZONSMAGAZINE@AOL.COM](mailto:HORIZONSMAGAZINE@AOL.COM)

#### BOOKS & GIFTS

AQUARIAN DREAMS 729-9495  
414 N. Miramar Avenue (Hwy A1A)  
[www.aquariandreams.com](http://www.aquariandreams.com)

#### CREATIVE ENERGY 952-6789

Incense, Music, Jewelry, Books, More  
See ad page 2 835 E. New Haven Ave Melb

ENCHANTED SPIRIT 784-2213  
Treasures to inspire the spirit, soothe the soul  
320 N. Atlantic Ave (A1A) Cocoa Beach  
Corner of North Third Street (on the west)

OWL VISIONS Rev. Terri McNeely 292-9292  
501 Florida Ave Cocoa Village Call for hours

SPEEDY PAC/Ship/Gifts/Decor 728-2415  
Interchange Sq. Malabar Rd just west of I-95

WHAT YOU LOVE TO DO 504-0304  
602 Brevard Ave in Downtown Cocoa Village  
[www.whatyoulovetodo.com](http://www.whatyoulovetodo.com)

WWW.ANGELSBYFELICIA.COM 917-3757

#### CHURCHES

CENTER FOR SPIRITUAL LIVING SPACE COAST  
Rev. Ron Fox Rockledge 321-338-2990

CONNECTIONS 10:30am 360-9239  
[www.ConnectionsSLC.com](http://www.ConnectionsSLC.com) Cocoa Village

THE NEW WAY [www.TheNewWay.us](http://www.TheNewWay.us) 961-3615

SPIRITUALIST CHAPEL OF MELBOURNE 733-1555

UU Church OF BREVARD [www.uubrevard.org](http://www.uubrevard.org)

UNITY OF MELBOURNE 10am Sundays 254-0313  
1745 Trimble Rd [www.unityofmelbourne.com](http://www.unityofmelbourne.com)

UNITY CENTER FOR SPIRITUAL LIVING 452-2625  
4725 N. Courtenay Merrit Island

UNITY CHURCH ON THE SPACE COAST  
2000 South St in Titusville 383-0195

#### COLON THERAPY

JOANNE PRIAULX, LMT, LCT 321-242-1713  
Colon Health Services Eau Gallie Blvd By Appt  
*The colon controls the aging process in the body*

#### HEALTH FOODS

APPLESEED 1007 Pathfinder Rckldge 631-1444  
NATURE'S MARKET & CAFÉ 254-8688  
PINETREE HEALTH 777-4677  
SUNSEED CO\*OP Cape Can AIA 784-0930  
THE JUNGLE ORGANIC AIA 773.5678

#### HERBS & GIFTS

HERB CORNER 277 N. babcock Melb 757-7522

MAMA JO'S SUNSHINE HERBALS  
1300 Pine Tree Dr. IHB 321- 779-4647

#### MASSAGE THERAPY

JOANNE PRIAULX, LMT, LCT 321-242-1713  
874-B Eau Gallie Blvd in Melbourne By Appt

#### MEDITATION CDS MP3S

ANDREA de MICHAELIS \$10 See display ad  
Stop Smoking • Out Of Body Experience  
ReProgram Your Eating Habits • Connecting  
With Your Angels, Guides, Teachers  
Breath & Mantra Meditation since 1972  
Breathe awake The One inside

#### PSYCHIC READERS

JORIE EBERLE 321-638-0367  
Spiritual Teacher, Reader, Advisor, Classes

KATHRYN FLANAGAN 321-591-5171  
Advisor • Teacher • Tarot • Home Parties

REV. TERRI MCNEELY 321-292-9292  
Spiritual Advisor/Medium. Classes in Medium-  
ship at Owl Visions in Cocoa Village. Also  
crystals and jewelry. [www.owlvisions.com](http://www.owlvisions.com)

REV. DEB PRIEVO 321-626-5641  
Psychic/Tarot/Vibrational Tuning  
At What You Love To Do in Cocoa Village

REV. APRIL RANE 321- 639-8738  
Psychic-Medium & Tarot [www.aprilrane.com](http://www.aprilrane.com)

TAROT BY TJ 321-693-8048

GRACE, Psychic/Tarot/Teacher  
[Intuitivegrace@yahoo.com](mailto:Intuitivegrace@yahoo.com) 321-213-6574

AAMichael Gabriel AM St.Germaine Reader  
[lilapsychic@yahoo.com](mailto:lilapsychic@yahoo.com) 321-264-8930

Please email feedback about readers  
to [andrea@horizonsmagazine.com](mailto:andrea@horizonsmagazine.com)

#### SALT DELIVERY AND

#### WATER TREATMENT

SALTY'S Water Treatment Supplies and  
Service, Salt Delivery and More 725-7080

#### SPIRITUAL DEVELOPMENT

ANDREA de MICHAELIS 321-722-2100  
What's it all about? What's happening to me?  
[andrea@horizonsmagazine.com](mailto:andrea@horizonsmagazine.com)



## **SPIRITUAL STORES**

CHRYSLIS SPIRIT (chrysalisspirit.com)  
Wholesale Prices on Stones, Crystals, Oils,  
Incense, Readings, Gifts and MUCH MORE!  
Readings and Hypnotherapy for \$20  
Flea Market on N. US1 in Cocoa Sat & Sun

## **THERAPY**

SPIRITUAL PATH FOUNDATION 321-951-8774  
Reiki, Regressions, Shamanic Healings,  
Counseling (in person or by phone)

KEITH FITCH, LMT 321-504-0304  
Massage/Cranial Release Technique  
Sound and Vibrational Therapy #MA53465  
Your home, biz or our Cocoa Village Location

## **YOGA MEDITATION**

### **CLASSES, RETREATS**

YOGA SHAKTI MISSION 321-725-4024  
Also books available by Ma Yoga Shakti  
3895 Hield Rd in Palm Bay (see page 39)

## **BROWARD (954) FT. LAUDERDALE**

### **BOOKS & GIFTS**

ANGEL HAVEN Las Olas Blvd Ft Laud 522-4720

CENTER FOR HUMAN DEVELOPMENT  
5809 Hollywood Blvd. Hollywood, FL  
954-989-6400 www.espcenter.com

CRYSTAL FANTASY Margate 973-0903

CRYSTAL VISION 3160 Stirling Rd 981-4992

DIVINE LOVE INSTITUTE 954-920-0050  
Hollywood, FL www.divineloveinstitute.org  
Gifts, Free Reiki Circle, Life Coaching, Akashic  
Record Certification, Angel Workshops, Magni-  
fied Healing and IET Certification

GRIFFIN'S LOFT 625-6775  
4282 S. University Drive in Davie

NATURE'S EMPORIUM 755-2223  
8041 West Sample Road Coral Springs

NEW AGE BOOKS & THINGS 771-0026  
4401 N. Federal Hwy Fort Lauderdale

### **CHURCHES**

RELIGIOUS SCIENCE FORT LAUDERDALE  
Center for Spiritual Living 954-566-2868

UNITY GATEWAY CHURCH 954-938-5222  
3701 N. University in Coral Springs

UNITY CHURCH OF HOLLYWOOD 954-548-9320  
2750 Van Buren Street www.unityoh.org  
Services in Spanish 6pm Sunday in the sanctuary

## **HEALTH FOODS**

HEALTH FOODS PLUS 989-3313  
3341 Hollywood Blvd in Hollywood

WHOLE FOODS MARKET  
810 University Drive Coral Springs 753-8000  
7220 Peters Road in Plantation 236-0600  
2000 N. Federal Hwy Ft. Laud 565-5655

WILD OATS MARKETPLACE 566-9333  
2501 East Sunrise Blvd in Ft. Laud

## **SPIRITUAL HEALING**

TRINITY HEALING TEMPLE 754-368-8813  
www.trinityhealingtemple.com

## **COLLIER COUNTY (239) NAPLES**

### **BOOKS & GIFTS**

SACRED SPACE 239-390-2522

### **CHURCHES**

UNITY OF NAPLES Books, gifts 775-3009

## **HEALTH FOOD STORES**

FOR GOODNESS' SAKE 353-7778  
FOOD & THOUGHT MKT CAFE 213-2222  
NATURE'S GARDEN 643-4959  
SUN SPLASH Market & Cafe 434-7721  
SUNSHINE Discount Vitamin 941-598-5393

## **CLAY (904) JACKSONVILLE**

### **PSYCHIC READERS**

Rev. Dianne Frazier Psychic Medium  
904-307-6501 www.diannespiritlight.com

## **DUVAL (904) JACKSONVILLE**

### **BOOKS & GIFTS**

BLACK SHEEP BOOKS 880-1895  
9735 St. Augustine Road Jacksonville 32257

EARTH GIFTS www.earthgifts.com 389-3690

### **CHURCHES**

COSMIC CHURCH OF TRUTH 904-384-7268  
1637 Hamilton Street - in Jacksonville

UNITY CHURCH FOR CREATIVE LIVING  
2777 Race Track Rd Jax 904-287-1505  
www.unityinjax.com/

## **ESCAMBIA (850) PENSACOLA**

UNITY OF PENSACOLA 850-438-2277  
716 N. 9th Ave. www.unitypns.com

## **FLAGLER (386) PALM COAST**

### **ART, GIFTS, GATHERINGS**

THE SOURCE LIMITED 386-437-3230  
4601 East Hwy 100, Unit F-3 Bunnell 32110  
Books, gifts, CD's crystals, classes, more

## **HILLSBOROUGH (813) TAMPA, LUTZ**

### **BOOKS, GIFTS, READINGS**

MYSTIKAL SCENTS 813-986-3212

GAIA SPIRITUAL DOORWAYS 813-943-3666  
26300 Wesley Chapel Blvd, Lutz Florida 33559  
http://www.gaiaspiritualdoorways.com/

## **INDIAN RIVER (772) VERO, SEBASTIAN**

### **ACUPUNCTURE**

COMPLEMENTARY MEDICINE 772-766-4418

### **CHURCHES**

UNITY OF VERO BEACH 772- 562-1133

## **LEE COUNTY (239) FORT MYERS**

### **BOOKS & GIFTS**

THE LABYRINTH 239-939-2769  
12995 S. Cleveland Avenue #108

### **CHURCHES**

UNITY OF FT. MYERS 239-278-1511  
11120 Ranchette Road Fort Myers, FL 33966  
www.unityoffortmyers.org

## **LEON CTY (850) TALLAHASSEE**

### **BOOKS & GIFTS**

CRYSTAL CONNECTION 878-8500  
1233 Apalachee Parkway in Tallahassee

STONE AGE Tallahassee Mall 383-0233

### **HEALTH FOOD STORES**

HONEYTREE 1616 N. Monroe St 681-2000  
NEW LEAF MARKET 942-2557

## **MANATEE COUNTY (941)**

### **PSYCHIC CARLA MARY**

www.carlamary.net 941-729-5142

## **MARION COUNTY (352) Ocala**

### **BOOKS & GIFTS**

MYSTIC GLENN 352-401-1862  
3315 E Silver Springs Blvd Ocala  
www.mystic-realms.com

SOUL ESSENTIALS Ocala 352-236-7000  
Crystals, rocks, gems, unique gifts, healing gifts  
606 SE 3rd Ave Ocala jensoul@embarqmail.com

### **CAFE**

BDBEANS CAFE 352-245-3077  
CHELSEA COFFEE 352-351-5282  
JITTERZ CAFE 352-307-9870

### **CHURCHES**

UNITY OF OCALA 101 Cedar Road 352-687-2113

### **HEALTH FOOD STORES**

MOTHER EARTH MARKET 352-351-5224

### **OCALA GHOST WALKS**

www.ocalaghostwalks.com 352-690-7933

### **THERAPY**

REIKI BY SUSI 716-803-0113  
Reiki Master specializing in stress and pain  
management Enchanting all other therapies.  
People, horses, pets.

## **MARTIN COUNTY (772) STUART**

### **BOOKS & GIFTS**

MYSTIC CHRONICLE Jensen 334-1899

### **CRYSTALS & GEMS**

BELLA JEWELRY & GIFTS 219-8648  
39 SW Osceola Street, Stuart 34994

DREAM CATCHER 692-6957  
1306 NW Federal Highway in Stuart

### **HEALTH FOODS/CAFE**

NATURE'S WAY CAFE Stuart 220-7306  
PEGGY'S 5839 SE Federal Hwy 286-1401

### **BOOKS AND GIFTS**

DREAMCATCHER 692-6957  
Emerald Plaza 1306 NW Federal Hwy Stuart

### **SPIRITUAL CENTERS**

CRYSTAL CENTER OF ILLUMINATION 465-9327  
ACIM • TM • Yoga • Reiki • E-W Sunday Service

UNITY OF FORT PIERCE 461-2272  
3414 Sunrise oneness@unityoffortpierce.com

## **MIAMI-DADE (305)**

### **BOOKS & GIFTS**

CELESTIAL TREASURES 461-2341  
3444 Main Hwy in Coconut Grove

9TH CHAKRA 538.0671  
530 Lincoln Road in Miami Beach

FAIRY'S RING 86 Miracle Mile 446-9315

### **HEALTH FOODS**

WHOLE FOODS MARKET 933-1543  
21105 Biscayne Blvd in Aventura

WILD OATS MARKETPLACE 532-1707  
WILD OATS MARKETPLACE 971-0900

## **MONROE (305) FLORIDA KEYS**

### **HEALTHFOOD/JUICE BAR**

GOOD FOOD CONSPIRACY 305-872-3945  
US 1, Mile Marker 30 on Big Pine Key

### **MASSAGE THERAPY**

SUSIE SOVEREL, RN, LMT 561-310-0075

### **NEW AGE BOOKS, GIFTS**

BLUE MOON TRADER 872-8864  
CRYSTAL LOFT 872-9390

## **OKALOOSA (850) FT. WALTON BCH**

### **CHURCHES**

UNITY CHURCH FWB 864-1232

### **HEALTH FOOD STORES**

FEELIN' GOOD! Hwy 98 Destin 654-1005  
GOLDEN ALMOND FWB 863-5811

### **YOGA, CLASSES, MORE**

THE BAREFOOT YOGA STUDIO 850-678-8498  
1605 Partin Drive North Niceville, FL 32578  
www.thebarefootyogastudio.net

## **ORANGE COUNTY (407) ORLANDO**

### **BOOKS & GIFTS**

AVALON Hillcrest St in Orlando 895-7439  
SPIRAL CIRCLE 750 Thornton Orlando 894-9854

### **CHURCHES**

CENTER FOR MIND BODY SPIRIT CONNECTION  
A Religious Science Church 407-671-2848  
6832 Hanging Moss Rd. Orlando, FL 32807

### **HERBS, GIFTS**

LEAVES & ROOTS 407-823-8840  
9434 E. Colonial Drive in Orlando

### **MEDITATION GALLERY**

SHIRDI SAI BABA CENTER 407-830-1276

### **HERBAL CONSULTS,**

DAWN'S ENCHANTED GARDEN  
Live Oak School of Natural Healing  
352-669-1963 and 407-967-6042  
Dawn @ Dawnsenchantedgarden.com

## **OSCEOLA COUNTY (407) KISSIMMEE**

### **PSYCHIC MEDIUM**

NODIRA 407-749-4800  
www.connect2thespirit.com Also classes

## **PALM BEACH (561)**

### **BOOKS & GIFTS**

BOTANICA SAN EXPEDITO 561-682-0955

CHANGING TIMES 640-0496

CRYSTAL CREATIONS 649-9909

SECRET GARDEN 844-7556

SHINING THROUGH 276-8559

DREAM ANGELS 561-745-9355

SPIRITUAL AWAKENINGS Lk Worth 561-642-3255

CRYSTAL GARDEN 369-2836  
2610 N. Federal Hwy Boynton Beach



### **COFFEE & GIFTS**

MOTHER EARTH COFFEE & GIFTS 561-460-8647  
410 2nd Avenue North in Lake Worth, FL 33460

### **CHURCH / CLASSES**

UNITY OF THE PALM BEACHES 561-833-6483

### **HEALTH FOOD/CAFES**

NUTRITION S'MART 561-694-0644  
4155 Northlake Blvd Palm Bch Gardens  
www.nutritionsmart.com

## **PINELLAS (727) ST. PETE CLEARWATER**

### **BOOKS & GIFTS**

MYSTIC GODDESS Largo 530-9994  
OTHER WORLDS St. Pete 345-2800

### **CHURCHES**

UNITY OF CLEARWATER 531-5259  
PEOPLE'S SPIRITUALIST CH 686-8362  
TEMPLE OF LIGHT 538-9976

## **SARASOTA (941)**

### **BOOKS & GIFTS**

ELYSIAN FIELDS Midtown Plaza 941-361-3006

### **PSYCHIC CARLA MARY**

www.carlamary.net 941-729-5142

## **SEMINOLE (407) LAKE MARY SANFORD**

### **CHURCH, BOOKS, GIFTS**

UNITY CHURCH OF CHRISTIANITY  
4801 Clarcona Ocoee Rd ORL 407-294-7171

### **CRYSTALS AND GEMS**

TIMELESS TREASURES 407-314-7478  
Flea World - Sanford - A/C GOLD Bldg #18-20

### **GIFTS, CONSULATIONS**

LUNASOL ESOTERICA Sanford 407- 392-6870

## **VOLUSIA (386) DAYTONA, NEW SMYRNA, DELAND**

### **ACUPUNCTURE**

Debra (Rusty) Gaffney AP, DOM. C.C.P.A., DCN  
Acupuncture Physician, Oriental Medicine  
339 E New York Ave DeLand FL 32724  
386 734 4126 www.acudebra.com

### **BOOKS AND GIFTS**

A LOTTA SCENTS 423-9190  
CASSADAGA CAMP BOOKSTORE 228-2880  
ENCHANTED SOUL OF CASSADAGA 532-1000  
MERLIN'S VISION in Deland 738-4056  
THE PURPLE DOOR 31 S Hwy 17-92 753-9393

### **HERBS AND GIFTS**

SPICE OF LIFE HERBS 734-0035  
214 W. Beresford Ave in Deland Wed 5-8pm Sat  
& Sun 10-5pm www.spiceoflifeherbs.com

### **METAPHYSICAL CENTER**

INT'L ASSN. OF METAPHYSICS (I.A.M.) 386-228-0910  
140 E. MICHIGAN AVE., LAKE HELEN, FL 32744  
CLASSES, SEMINARS, SUN & THU LIGHT SERVICES

### **PSYCHIC READERS**

REV. ALBERT J. BOWES 386-228-3209  
NELLIE 386-228-0168

### **PSYCHICS ROCKS & GEMS**

PURPLE ROSE in Cassadaga 386-228-3315

## **GEORGIA**

### **BOOKS & GIFTS**

PHOENIX & DRAGON 404-255-5207  
5531 Roswell Road • Atlanta, GA 30342  
inside I-285 www.phoenixanddragon.com  
Unique gifts, jewelry, psychic readings

## **Morgana Starr**

Author & Speaker

**Psychic Medium**

**Spiritual Advisor**



*Discover  
Your  
Life's  
Purpose*

Personal Sessions with Morgana  
assist you at gaining direction and  
finding Divine peace in your life.

Learn:

Psychic Blueprint  
Past Life Regression/Healing  
Energy Balancing  
Spiritual Healing  
Pain Management

### **PSYCHIC DEVELOPMENT CLASSES**

Beginning and Advanced Levels  
5 Week program Starting March 23  
Wednesday Evenings  
Call for info

### **GUIDED MEDITATION CD'S**

Astral Travel  
Finding your Totem  
Spiritual Protection  
Past Life Healing  
Relaxation

Personal Sessions in the Cocoa area

*Phone Sessions by appointment*



Find me on Facebook!

**321-506-1143**

www.morganastarr.com



## ABRAHAM \*Fun\*

Karen Williams is the author of *Soulsongs: Welcoming Your Deepest Desires* and distributes a bumper magnet, "Think Happy Thoughts & Good Things Will Happen." Karen and her partner, Mark, also host Abraham-Hicks discussion groups in Winter Springs, Florida. E-mail: [soulsongkaren@cfl.rr.com](mailto:soulsongkaren@cfl.rr.com). Karen's blog: [www.abrahamfun.com](http://www.abrahamfun.com).

### HOW TO AVOID CRIME

**C**rime & cruelty will never be eradicated. So what? I can focus my attention in such a positive way that I will never rendezvous with sleaze. And I can teach others how to do it, too.

I shared that tidbit that I've learned from Abraham on Twitter recently, and I noticed that several folks "unfollowed" me after that.

Unless a person knows a good deal about Abraham's philosophy, statements such as the one I shared are far from palatable or sane. "What do you mean, crime and cruelty will never be eradicated? YES they will, if we continue to work hard to eradicate them!"

*Sigh.*

Abraham clarifies that Planet Earth will always be a place of contrast. By contrast, they don't simply mean trouble but rather GREAT VARIETY. This will always be a land laden with what is wanted and what is not wanted. That's the way it was designed. Contrast (variety) produces desires, and desires

bring life force that keeps this old earth spinning on its axis. And it keeps us happily sitting on our axis, playing with our computers and watching The Simpsons.

The good news is that we need not rendezvous with crime and trouble — ever — if we're proactive about managing our vibration. This usually requires not talking about trouble and not watching crime shows and shocking news reports. It requires knowing that well-being is the name of the game as long as we don't have big lapses of focus and dwell on problems and feel vulnerable.

We will not eradicate the crappy aspects of this planet, nor will we ever need to do so. BUT we can delete them from our own experience and we can teach others how to do the same.

It's not a bad gig, come to think of it. Not at all.

**METAPHYSICAL AND NEW AGE SUPPLY STORE**



**Luna Sol**  
**Esoterica**

311 S. Park Ave in Sanford, FL 32771

**407-392-6870**

Crystals, Stones, Candles, Incense, Oils,  
Herbs, Books, Jewelry, Statuary, Divination/  
Ritual Tools, Readings, Classes, Events

**FRIDAYS AND SATURDAYS:**

**Tarot consultations with international author, Ann Moura**

**Mar. 5 - Tarot Reading Class with Ann Moura**  
**Mar. 12 - Inner Silence Class with Beth Major**  
**Mar. 19 - Spring Festival & Psychic Faire**  
**Dropa Skulls of 2012 • Ostara Ritual at 1pm**

Credit and debit cards accepted - Knowledgeable, experienced staff

**Open Wed – Sat 10am – 6pm**

**Sundays 11am – 6pm**

Check website for details/costs of classes and events

[www.lunasolesoterica.com](http://www.lunasolesoterica.com)

[www.lunasolgifts.com](http://www.lunasolgifts.com)



10am to 7 pm Mon-Friday  
11am to 5 pm Saturday  
Closed Sundays

## Leaves & Roots

**9434 E. Colonial Drive**  
**Orlando, FL 32817**

[www.leavesandroots.com](http://www.leavesandroots.com)

Email: [leavesandroots@leavesandroots.com](mailto:leavesandroots@leavesandroots.com)



Over 300 herbs & spices **IN STOCK**  
Over 100 Essential & Fragrance Oils  
Herbal research center on premises  
Aromatherapy Supplies  
Tapestries

**(407) 823-8840**





# SOWING SEEDS

*...continued from page 10...*

Next, review your answers and take time to “feel” your responses to the answers. Don’t be overly critical of yourself for not accomplishing all your goals. Remember life is a process of spiritual growth. Life is a journey of challenges and joys. Also remember take care of yourself and you will be more able to take care of your business/practice. Set the example for your clients, walk your talk. Health is wealth.

## SUGGESTIONS FOR TAKING CARE OF YOURSELF:

1. Have an exercise plan for the year
2. Eat organic food as much as possible
3. Take time off - Rest, Relax, Rejuvenate
4. Plan a vacation
5. Get together with friends - socialize
6. Meditate daily (if possible)

## CREATE A BUDGET

Now create a the budget for the upcoming year, and ask yourself these questions:

1. What are my budget and cash flow projections for 2011?
2. How much money do I want to save this year?
3. How much money do I want to invest this year in the business?
4. How much time do I need to set aside to focus om my budget goals?
5. Do I need outside assistance with the budget?
6. Does the business have debts that needs to be paid off?
7. Do you always pay yourself first?
8. After you have answered the above questions, move on to your marketing plan.



## MARKETING PLAN

Do you have a monthly, quarterly or yearly marketing plan? If not you should create one. A marketing plan can be created around seasonal events such as:

1. Valentines Day
2. Mother Day
3. Father Day
4. Graduation
5. Back to School
6. Halloween
7. Thanksgiving
8. Christmas
9. New year



## THE LABYRINTH

“A SPIRITUAL RESOURCE CENTER”

12995 S. CLEVELAND AVE  
SUITE #108  
FT. MYERS, FL 33907  
239-939-2769

PSYCHIC READINGS  
SPIRITUAL SUPPLIES  
BOOKS  
CANDLES, OILS, HERBS  
GIFT ITEMS  
UNUSUAL ITEMS  
CLASSES AVAILABLE

E MAIL: [INFO@DEBORAHKELEMAN.COM](mailto:INFO@DEBORAHKELEMAN.COM)

## DIANNESPIRITLIGHT

NORTH FL PARANORMAL ACTIVITY GROUP



**Paranormal Activity  
Investigations Spirit  
Messages, Healings  
and HOUSE  
CLEARINGS**

[www.diannespirlight.com](http://www.diannespirlight.com)

**904-307-6501**

Also you can create special events, educational workshops, lectures, open house. When you create your marketing plan consider the following;

1. How much do I budget for each promotion?
2. What is the promotion
3. How will it benefit the clients
4. How will it benefit the business
5. How can I use social media to market the event.
6. Should you use the event to raise funds for a charity

Once you have done your marketing plan, set it aside for a few days then re look at it and see if still seems realistic, if so begin promotion. You are on your ways to success.



# Abraham-Hicks

*...continued from page 9...*

## IS "DOING YOUR BEST" STILL NOT ENOUGH?

When you are doing everything you can think of, truly trying your best to do what you have been told is supposed to bring you success, and success doesn't come, it is easy to feel defensive, and eventually even angry at those who are displaying evidence of the success you desire. You even find yourself sometimes condemning their success simply because it is too painful to watch them living the success that continues to elude you. And it is for this reason—in response to this chronic condition in the financial affairs of your culture—that we offer this book.

When you come to the place of openly condemning the financial success that you crave, not only can that financial success never come to you, but you are also forfeiting your God-given rights to your health and happiness as well. Many actually come to the incorrect conclusion that others in their physical environment have banded together in some sort of conspiracy to keep them from succeeding. For they believe, with all

of their heart, that they have done everything possible to achieve success, and the fact that it has not come must surely mean that there are some unfriendly forces at work that are depriving them of what they desire. But we want to assure you that nothing like that is at the heart of the absence of what you desire or of the presence of things you would like to remove from your experience. No one ever has or ever could have prevented your success—or provided it. Your success is all up to you. It is all in your control. And we are writing this book so that now, finally, once and for all time, your success can be in your deliberate and conscious control.

## MONEY IS NOT THE ROOT OF EVIL OR OF HAPPINESS

This important subject of money and financial success is not the "root of all evil" as many have quoted—nor is it the path to happiness. However, because the subject of money touches most of you in one way or another hundreds or even thousands of times in every day, it is a large factor in your vibrational makeup and in your personal point of attraction. So when you are able to successfully control something that affects most of you all day, every day, you will have accomplished something rather significant. In other words, because such a high percentage of your thoughts in any given day reside around the topic of money or financial success, as soon as you are able to deliberately guide your thoughts, not only is it certain that your financial success must improve, but the evidence of that success will then prepare you for deliberate improvement in every aspect of your life experience.

If you are a student of Deliberate Creation, if you want to consciously create your own reality, if you desire control of your own life experience, if you want to fulfill your reason for being, then your understanding of these prevalent topics—money and the Law of Attraction—will serve you enormously well.

## I AM THE ATTRACTOR OF MY EVERY EXPERIENCE

You are meant to live an expansive, exhilarating, good-feeling experience. It was your plan when you made the decision to become focused in your physical body in this time-space reality. You expected this physical life to be exciting and rewarding. In other words, you knew that the variety and contrast would stimulate you to expanded desires, and you also knew that any and all of those desires could be fully and easily realized by you. You knew, also, that there would be no end to the expansion of new desires.

You came into your body full of excitement about the possibilities that this life experience would inspire, and that desire that you held in the beginning was not muted at all by trepidation or doubt, for you knew your power and you knew that this life experience and all of its contrast would be the fertile ground for wonderful expansion. Most of all, you knew that you were coming into this life experience with a Guidance System to help you remain true to your original intent as well as to your neverending amended intentions that would be born out of this very life experience. In short, you felt an eagerness for this time-space reality that nearly defies physical description.

*...continued on page 33 ...*



*Center for  
Spiritual Living™  
Space Coast*



Our new minister  
**Rev. Ron Fox**  
invites you to  
**JOIN US**  
*Sundays*  
**10:00 am**

**At 835 Executive Lane, Suite 136, Rockledge.**  
**Located about 2 blocks South of Eyster**  
**(just west of US1) on the West side of Murrell**

*Great music and musicians each Sunday*

**321-338-2990**



UNIVERSAL LIGHTWORKERS PRESENTS

# 2011 SPIRITUAL AWAKENING CONFERENCE

JUNE 10<sup>TH</sup> - 12<sup>TH</sup> FT. LAUDERDALE, FLORIDA

"A CELEBRATION OF LOVE & LIGHT"

## Keynote Speakers



Mary  
Morrissey



Gary  
Renard



Michael  
Mirdad



Michelle  
Whitedove



Sheila & Marcus  
Gillette



Carey & Elsa  
Stokes



Ami & Steve  
Sciulli

## Perfomers



Jonn  
Serrie



Armand & Angelina



Ron  
Gosio

## Fort Lauderdale Marriott North

The Offical Hotel for Universal Lighworkers

\$275.00 until March 30th ~ \$299.00 until May 30th ~ \$325.00 after  
To Register call (360) 306-5675 or [www.UniversalLightworkers.com](http://www.UniversalLightworkers.com)  
Hotel Registration: 1-800-319-5705

## 2011 Sponsors

Horizons Magazine ♦ Ask Theo ♦ Oracle 20/20 ♦ Forgiveness.tv ♦ Harmonic Designs  
Humanity Healing International ♦ ThinkHolistic Love Threshold Group ♦ W4CY.com  
BlockBust Your Path ♦ Angel Hour Radio ♦ The Art of Living Well ♦ Forgiveness.tv  
InnerSpeak Soul Connections ♦ Grail Productions Purple ♦ Shamrock Productions  
Botanica San Expedito ♦ Spiritually Speaking with Sarah ♦ OM Times Magazine

# Enchanted Soul

of Cassadaga, Inc.

**Metaphysical Bookstore  
and A Course In Miracles  
Resource Center**

Books, CDs, DVDs, Gifts, Jewelry  
Crystals, Candles, Singing Bowls  
Handcrafted Essential Oils,  
Salt Lamps and More



## Psychic, Tarot & Crystal Readings

**Thursdays, March 02; 09; 16; 23; 30; April 06; 13**

**"Introduction to Astrology: All The Basics" with Sandra Helton**, Professional Astrologer for more than 20 years; columnist for ShirleyMacLaine.com; teacher of intuitive development, meditation, metaphysics, creative visualization; minister and writer. Tuition is \$10 per person per class.

**Meet Your Spirit Guides: A 4 Week Workshop with Nicole Bowman, Thursdays February 24 through March 17 from 7:00-9:00pm.** Learn how to center your energy, awaken your spirit, and connect with your spiritual guides and teachers. Tuition \$10 per class

**Aura Photos by Aura Visions, March 19** 11am -6pm \$20  
**Sacred Drum Circle March 16** 7:00 - 9:00pm.  
**Lake Helen Hawkins Study Group** with Kathy Kennard  
Tuesdays 7- 9pm

*Cassadaga's largest selection of  
A Course In Miracles books and products.*  
**ACIM Fridays 10am-12pm \* Sundays 6-8pm**  
**Daily ACIM Lesson Group 10am- 12pm**

Check our website for full Calendar of Events  
[www.enchantedsoulofcassadaga.com](http://www.enchantedsoulofcassadaga.com)

336 S. Lakeview Dr. Ste 7  
**386-532-1000**  
One mile from I-4 at exit 116

## NOTES from the Universe



An international tax accountant turned entrepreneur turned writer for "the Universe," and one of the teachers for the best-selling book *The Secret*, Mike Dooley has found his calling. Mike runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit [www.tut.com](http://www.tut.com) to sign up for free daily Notes from the Universe!

**One of the greatest things about finally reaching the "top of the mountain," - gazing about at the magnificence of life through tears of joy, thoroughly understanding every inch of your climb and its many unexpected setbacks, and grasping the dazzling perfection of it all - is looking back down at those still climbing (no, not what you're thinking, there's more...), still struggling, still lost and confused, and realizing with absolute certainty that they, too, will reach the top, in just a whisper of time.**

**Thank heavens,  
The Universe**

Tod  
McNeal's

NATURE'S HAVEN **SPIRITUAL SPEAK**

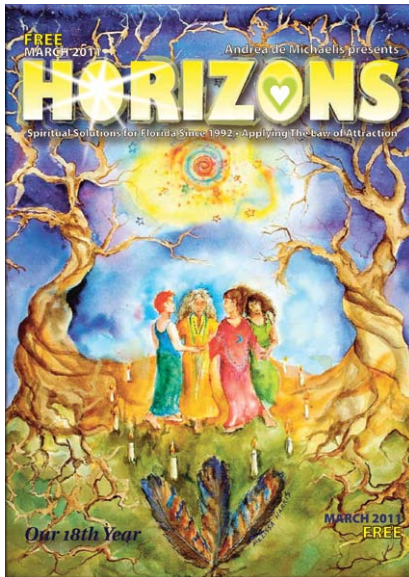
*"The same One that with Love moves The moon, the sun and the stars, Is the same One that with Love Moves You" ~ Rossana Ordoñez*

[www.natureshaven.biz](http://www.natureshaven.biz) 321-208-3636 Brevard rental homes



# COVER ART A CALL TO GATHER

By Melissa Harris



*Melissa Harris will be at the High Springs Emporium in High Springs FL a half hour north of Gainesville from March 18 - March 24 doing her Spirit Essence Portraits. See website at [www.highspringsemporium.net](http://www.highspringsemporium.net). She will be at Crystal Connection in Tallahassee, FL the weekend of March 25 - 27 teaching her art-making workshop, giving an evening lecture as well as doing her Spirit Essence Portraits. See [www.crystalconnectiononline.com](http://www.crystalconnectiononline.com)*

Melissa Harris is an internationally known and published artist, psychic, and author. She holds a BFA and MFA in Painting and was honored with a Fulbright grant to study painting in Paris. She has dedicated her life to the creation of imagery that celebrates life, love, beauty, nature and magic. Her colorful and emotionally evocative imagery can be found on prints, cards, and other gift items. Her series include themes such as *Women and Magic*, *Women and Nature*, *Women and Dreams*, *Cycles of the Moon*, and more.

Her images grace the covers of books, CDs, magazines, and calendars worldwide. You can also find her artwork in the *Goddess on the Go* affirmation deck as well as her own CREATRIX "Anything is Possible" activation card deck. Watch for her new 2011 calendar. Melissa teaches spiritually oriented art-making classes combining meditation, visualization and shamanic journeying with artistic technique, known as "Painting Outside the Lines"™. She has taught at the Omega Institute, the Open Center, and numerous other spiritual retreat centers.

Melissa he travels throughout the US doing her Spirit Essence Portraits. In these unique sessions she joins her background as a clairvoyant with her artistic abilities to create your own portrait by

tuning into you and painting a 7" x 10" watercolor of your unique essence as it appears to her in a semi-trance state. She combines the elements of what she finds into your painting in a way that will be helpful for you in your path of development. The session takes 60 - 70 minutes and you receive the double benefit of learning what she "sees" as well as owning a Melissa Harris original painting. These are not "aura" paintings, but much more realistic images.

Melissa lives in the Catskill Mountains on 9 beautiful acres and 4 cats where she has built her dream studio complete with skylights, French doors, and meadow views. To see more of her artwork visit [www.melissaharris.com](http://www.melissaharris.com)

*Each cd available for immediate mp3 download for just \$10 (regular cd \$22)*

## Connecting with Your Angels, Guides & Teachers

Designed to activate the third eye, expand awareness, develop psychic perception and become receptive to inner guidance. Even if you have never experienced conscious contact, you can still be successful. Once you activate your psychic perception, expect to receive inner guidance more clearly than ever before. Even if you are skeptical, you can still be successful. A fish doesn't have to believe in the ocean. As your third eye opens, expect to receive more psychic impressions from your guides.



**Healthy Eating Habits** By the power of suggestion, your desire to overeat will be replaced by increased willpower; your craving for unhealthy foods will be replaced by finding fun ways to increase your physical activity. Turn up your body's metabolism to burn fat and leave you with a higher energy level. Each time you listen, you can experience a new and healthy vital energy flowing.

## Oobe You Are Not The Body An astral flight out of the body

Being out of your body is a completely natural state that happens every night whether you recall it or not. With this recording, you will suspend yourself in the awareness of your physical body being "not there." Of your existence beyond the physical realm. With repeated listening, you will realize your ability to leave your body, to return safely and to remember it.



**Sleepytime Recharge** Science knows the health and wellbeing of our physical body is a direct result of the thoughts we habitually think and our inner response to the words we hear. The cells of our body process info and control our behavior by way of genes being turned on and off by influences outside us, such as our perceptions and beliefs. We can retrain our consciousness to create healthy beliefs, and create a profoundly positive effect on our bodies. Our body is a community of 50 trillion living cells, a biochemical machine and the driver is the mind. Dis-ease is merely result of how we're driving our physiology. Carefully selected words and phrases on this recording will reprogram the cells of your body for optimum physical and mental health.

## Listen online



For download, go to  
[www.horizonsmagazine.com](http://www.horizonsmagazine.com)  
Go to "Andrea's Audio CD MP3 Page"  
OR directly to  
[http://www.horizonsmagazine.com/CD\\_Page/index.html](http://www.horizonsmagazine.com/CD_Page/index.html)





# Soul Powered Life

*...continued from page 16...*

Instead of trying to fix the past or fix what's wrong – **drop the stone** - let go of the past and elevate above it.

Even if you could change the past and get on a different path - who knows that it would be better? You would most likely have the same experience if it's something you need to work through – even if it was with different faces and places. Maybe you are exactly where you need to be.

The past is over. Whatever you would change – you can't change the past. Let go of the past and start fresh today – from this moment.

A friend of mine has health issues related to smoking. He regrets that he ever started smoking, but no matter how deep his regret, he cannot go into the past and change that he started smoking years ago. The past is done. His power is in the now. He need not think about quitting smoking the rest of his life, or even the next day. But by taking a walk, drinking water, chewing gum, or whatever gets him through just his next craving, he takes control. As he gets through that moment, he feels empowered. Each time he breaks through the craving, he builds upon his success and soon finds that he likes feeling empowered more than he likes smoking.



*Celebrating life and diversity*

Crystals, Stones, Tarot Decks, Jewelry, Art, Clothing, Candles, Soaps, Lotions, Gifts. **Have wine or beer at the Wild Words Café. Delight in our gourmet coffees, teas and incredible food creations! Free wireless Internet.** Psychic Tarot Reader, Astrologer and Psychic Medium available full time. Call and schedule now because our calendar fills up quickly!



**Live Music, Spoken Word, Open Mic every Friday night until 11:00pm.**

**Hours:** 802 W. University Ave.  
Tues - Saturday Gainesville, FL 32601  
11am - 6pm (352) 375-7477  
Friday til 11pm www.wildirisbooks.com

We live moment by moment, feeling our way along. Decide to feel better now. Get into your center and align with your inner knowing and allow.

Allow the best to come in. Allow the best to be resolved. Allow the future to unfold in the highest order for the good of all concerned.

Elevate your thoughts by releasing and letting go as you declare: "Divine Order is now established in my life. Divine Order is now established in my world."

Drop the resistance and let go by elevating your thinking and feeling state. Use whatever tools work for you to break the pattern of thought, release the resistance and elevate your thinking: journal about it, exercise, yoga, meditation, visualization, affirmations, prayer, affirmative prayer treatment, seek counseling or go take the dog for a walk.

Acknowledge the present moment and decide to live from this moment in alignment with your highest good.

Stop living with regrets. Let go of trying to figure everything out. Allow the good to flow in to you and all concerned.

Let go and drop the resistance and set yourself free. Get in the good flow by thinking of something that you are grateful about.

Take a deep breath in.... and out. Feel at peace, as you feel you way into your center. Feel your power as you go within.

Feel joy to align with your good. Think about something that makes you happy, hopeful or elated. Align with your peace and practice holding onto that feeling.

Feel joy as you establish divine order. Let go.

The Highest Quality Hand Made Lye Soap

## No Sweat Soap Factory

Using a 200 year old family recipe and a fifth generation iron soap pot, Deborah Burnett makes Scottish Lye Soap at the **No Sweat Soap Factory**. She may be found at Living History events, old-time music festivals, craft fairs.

"When Grandma brought her soap pot from Scotland in 1905, she had no idea she was founding a family business. Although she was only twelve, she managed to help support herself and six brothers by making soap and baskets. Wherever we go to demonstrate our craft, we are privileged to hear many family stories about making soap. The past has a legacy for all of us, and we hope to continue making Grandma's soap in her pot for at least five more generations..."



### LYE SOAP IS GOOD FOR:

Psoriasis and Eczema  
Spots & Stains  
Poison Oak/Ivy  
Athlete's Foot  
Insect Bites  
Dandruff  
Fish Bait  
Acne

**\$3 PER BAR**

### The No Sweat Soap Factory

870-269-9499 P.O. Box 882, Mountain View, AR 72560

E-Mail [nosweatsoap@yahoo.com](mailto:nosweatsoap@yahoo.com)

[www.nosweatsoap.com](http://www.nosweatsoap.com)



# A Folk Ways Calendar



**A**ncient people saw the flow of time as circular, not linear, and the changes were understood as a great wheel. Woven together with the solar cycles are the monthly lunar cycles, which affect all life on Earth from the tides of the oceans, to the fluids within our bodies, to our emotions, to our unconscious. Many folk/ethnic/Indigenous religions and other traditions have been lost through time, destroyed by men who sought to establish a new God. Which is interesting since Christianity and most of its rituals is based on Egyptian mythology, whose source is pagan.

I recognize that much myth and tradition isn't about worshipping gods or goddesses, rather about recognizing and honoring archetypes in a way that can be useful in our daily lives.

Much can be rediscovered through folk customs, legends and folktales. Our ancestors found comfort in the cycles of the seas and the stars. It gave them faith that when the sun left the sky, the moon would appear. It gave them faith that when a season of snow passed, a season of sunshine would follow. They learned by the phase of the moon and the cycle of the seasons the best times to plant and to harvest.

My experience is that being in tune with the natural rhythms of our Universe helps me find my place in it. It helps me feel connected and supported by the natural world around me, no matter what human chaos may be happening at the time.

When we feel ourselves to be separate from nature, we feel fragmented and frazzled by our daily lives. If we're to change this, it helps to begin seeing ourselves and our relationship to the Earth, the moon and the sun with new eyes. To look for the natural patterns and cycles, and see what relevance they might have in your life.

As a gardener and one who studies weather patterns, I find the cycles very relevant to my daily life. At new moon and full moon, I do a moon ceremony, to celebrate the last 14 days and welcome in the next 14. Observing the natural cycles teaches that every one and every thing is valuable and sacred.

You might want to Google the unfamiliar names you read here and see what some of the ancients believed, and how they celebrated the cycles.

-- Andrea de Michaelis, Editor

## March 2011

March 2-21 Nineteen Day Fast - Baha'i

March 3 Maha Shivaratri - Hindu  
Shiva's Night, God of destruction and rebirth.

March 4 New Moon at 20:46

March 6 Cheesefare Sunday - Orthodox Christian  
Transfiguration Sunday - Christian

March 7 Clean Monday - Great Lent begins  
Orthodox Christian

March 8 Shrove Tuesday - Christian

March 9 Ash Wednesday - Lent begins - Christian

March 17 St Patrick's Day - Christian

March 19 Full Moon in Virgo 6:11pm known as the Chaste Moon or the Worm Moon. The March Moon is the time to bless your herb garden and start preparing the soil in your garden for the seeds that you will be planting soon. Prepare yourself for new experiences.

March 19 Hindu: Holi, celebration of good over evil  
Buddhist: Magha Puja Day  
Christian: Saint Joseph's Day

March 20 Equinox  
Purim in the Jewish faith  
Ostara in Wicca/Pagan northern hemisphere  
Mabon in Wicca/Pagan southern hemisphere  
Holi 2 day celebration in the Hindu faith  
Hola Mohalla in the Sikh tradition

March 21 Norouz (New Year) - Persian/Zoroastrian  
Now Ruz (New Year) \* - Baha'i

March 25 Christian  
Annunciation of the Blessed Virgin Mary

March 28 Zoroastrian  
Khordad Sal (Birth of Prophet Zarathushtra)



## What The Wizard Has For You

*...continued from page 14...*

While the captive minions rejoiced with resounding "*Ding, Dong the Witch is Dead,*" Dorothy almost lost sight of her intention when amazed by the ease of destruction of the negative force. The demons we carry within us throughout our lives continue their forceful domination over us because few of us even notice their existence. We often believe the obstacle of our own green monster is more powerful than we, who created it in the first place. Self-love rises up to destroy our doubts and dissolve our inner turbulence. Present within us all along, we use our confidence and self-respect as a method to eliminate our internal nemeses, and like Dorothy, we discover how easily they are destroyed.

### It's already there, inside of you!

When their final audience with the "*Great and Powerful Wizard of Oz*" culminated in uncovering the deception perpetrated by the man behind the curtain, the foursome realized they'd been deluded by him - and for what purpose? The belief they held in him to follow his directions and commands, placed them in peril. Quite simply, they gave away their power. What they discovered proved his misrepresentation of expertise buoyed the illusion of worldliness for both the Wizard and the unlikely friends. Nobody really won!

Each received acknowledgment or validation from the Wizard in response to their respective quests. **The Scarecrow** magically gained brains only because someone outside of himself told him he was smart. **The Lion** acquired courage due to the Wizard conferring a medal of bravery upon him. **The Tin Man** received a mechanical implement to emulate a real beating heart. **Dorothy**, recognizing that nothing external could assist her in her journey home (to herself), sees her final hopes float away in a hot air balloon.

### There's no place like home

It's not until the return of **Glinda**, a representation of Dorothy's higher consciousness, that she acknowledges her own power. Dorothy visualizes home, and sets her intention to reach her heart's desire and uses the power she suppressed to transport back to herself.

The delightful "*Wizard of Oz*" touches people of every age. We never tire of watching the misadventures of Dorothy and friends and I dare say, we learn something new every time we see it. We learn that pompous and bullying people are really masking self-doubt and fear. As the trio received external confirmation as to their merits, we learn self-validation - others have little or nothing to do with how we feel about ourselves. The courageous Dorothy musters her belief in reaching that beautiful place of self-realization and self-actualization and return home to her spirit.

May your journeys be one of adventure and discovery and may you always remember you have everything you'll ever need, right there inside of you.



## Ask Whitedove

*...continued from page 15...*

information in the dream state. Thomas Edison would take cat naps in his office while holding marbles. He would focus on a solution to an invention as he would drift off to sleep. When he reached a level of deep sleep his hands would relax, the marbles would drop on the wood floor and wake him. By using this method to startle himself awake he would be able to remember more information from the dream state. Mr. Edison holds the world record for 1900 patented inventions. He was able to perfect a method to help him remember his dreams. Throughout biblical scriptures there are many instances of God and the Angels relaying special knowledge about events to come through dreams. This is an easy method for spirit communication. When God wants to give us an urgent warning or encourage us to take action a prophetic dream is an inspiring tool.

**Dear Whitedove,** I love the concept of instant karma, but I'm a little confused. Is there only bad Karma? Or is there good karma too? **Karma Comedian, Kansas**

**Dear Comedian,** "Karma" is relatively a new word for western civilization. You may understand the biblical term "reaping what you sow" or the new age phrase "the law of attraction". Science understands it as "the law of Cause and Effect". Simply put: For every action there is a reaction or similarly, for every cause there is an effect. This is a Universal truth in both positive and negative aspects. I consider "Good Karma" much like heavenly brownie points. Good deeds that flow in an unconditional manner will always be felt and recognized. You may not see the immediate effects. But during your life review you will have the opportunity and pleasure to see all of the lives that you touched. We are like pebbles that are cast into a pond... the ripples radiate out and touch everything! One small kind gesture can change a person's life, and thus change the world. Even a smile can generate change. Negative Karma is something that we will need to revisit for our soul's growth. Please understand, there is no need for punishment in the Heavens; we will choose to experience negativity so that we understand it, overcome it, and evolve spiritually. Right now there is a great need to dwell in the positive, everyday strive to be of service. Look for opportunities to help another. Let's all work to create more JOY in this world! Your actions make a huge difference.





# Abraham-Hicks

...continued from page 26...

You were not a beginner—even though you were newly beginning in your wee, small physical body—but instead you were a powerful creative genius, newly focusing in a new, Leading Edge environment. You knew that there would be a time of adjustment while redefining a new platform from which you would begin your process of deliberate creating, and you were not the least bit worried about that time of adjustment. In fact, you rather enjoyed the nest into which you were born and those who were there to greet you into your new physical environment. And while you could not yet speak the language of their words—and although you were perceived by those who greeted you as new and unknowing and in need of their guidance—you possessed a stability and a knowing that most of them had long left behind. You were born knowing that you are a powerful Being, that you are good, that you are the creator of your experience, and that the Law of Attraction is the basis of all creation here in your new environment. You remembered then that the Law of Attraction (the essence of that which is like unto itself, is drawn) is the basis of the Universe, and you knew it would serve you well. And so it has.

You were still remembering then that you are the creator of your own experience. But even more important, you remembered that you do it through your thought, not your action. You were not uncomfortable being a small infant who offered no action or words, for you remembered the Well-Being of the Universe; you remembered your intentions in coming forth into your physical body, and you knew that there would be plenty of time for acclimating to the language and ways of your new environment; and, most of all, you knew that even though you would not be able to translate your vast knowledge from your Non-Physical environment directly into physical words and descriptions, it would not matter, for the most important things to set you on a path of joyful creation were already emphatically in place: You knew that the Law of Attraction was consistently present and that your Guidance System was immediately active. And, most of all, you knew that by trial, and what some may call “error,” you would eventually become completely and consciously reoriented in your new environment.

## I KNEW OF THE CONSISTENCY OF THE LAW OF ATTRACTION

The fact that the Law of Attraction remains constant and stable throughout the Universe was a big factor in your confidence as you came into your new physical environment, for you knew that the feedback of life would help you to remember and gain your footing. You remembered that the basis of everything is vibration and that the Law of Attraction responds to those vibrations and, in essence, organizes them, bringing things of like vibrations together while holding those not of like vibrations apart.



**Rev. Dr. Janet Claire Moore**  
*Spiritual Reader, Channel and Counselor*  
ADL Minister, Licensed Mental Health Counselor  
ACHE, Certified Clinical Hypnotherapist

**“TO INSPIRE, ENCOURAGE AND HEAL”**  
Life path, future possibilities, Past lives, Grief  
issues, and Messages from Loved Ones in Spirit

GAINESVILLE, FL **352-373-8047**

JCMoore1@gmail.com  
www.SeraphimCenter.org/reverend\_drjanet.htm



**321-728-2415**

## **SPEEDY PAC**

**Spiritual supplies, fanciful home decor**  
**Plus pack & ship, FedEx, UPS, Postal & Freight**



*Psychic readers available*  
*Mon-Sat by appointment*  
**Mini Readings from**  
**10am-3pm Saturdays**

*Call for info on*  
*Shamanic healing*  
*and Munay Ki rites*

1153 Malabar Road NE • Interchange Square • Palm Bay, FL  
Malabar Road 1/4 mile west of I-95 exit 173  
**Hours • 9-6pm M-F • Saturdays 9-3pm**

And so, you were not concerned about not being able to articulate that knowledge right away or to explain it to those around you who had seemingly forgotten everything they knew about it, because you knew that the consistency of this powerful Law would, soon enough, show itself to you through the examples of your own life. You knew then that it would not be difficult to figure out what kinds of vibrations you were offering because the Law of Attraction would be bringing to you constant evidence of whatever your vibration was.

...continued on page 34...



## Abraham-Hicks

*... from page 33...*

In other words, when you feel overwhelmed, circumstances and people who could help you get out from under your feeling of overwhelm cannot find you, nor can you find them. Even when you try hard to find them, you cannot. And those people who do come do not help you, but, instead, they add to your feeling of overwhelm.

When you feel mistreated— fairness cannot find you. Your perception of your mistreatment, and the subsequent vibration that you offer because of your perception, prevents anything that you would consider to be fair from coming to you.

When you are buried in the disappointment or fear of not having the financial resources that you believe you need, the dollars—or the opportunities that would bring the dollars—continue to elude you . . . not because you are bad or unworthy, but because the Law of Attraction matches things that are like, not things that are unlike.

When you feel poor—only things that feel like poverty can come to you. When you feel prosperous—only things that feel like prosperity can come to you. This Law is consistent; and if you will pay attention, it will teach you, through life experience, how it works. When you remember that you get the essence of what you think about—and then you notice what you are getting— you have the keys for Deliberate Creation.

### WHAT DO WE MEAN BY VIBRATION?

When we speak of vibration, we are actually calling your attention to the basis of your experience, for everything is actually vibrationally based. We could use the word Energy interchangeably, and there are many other synonyms in your vocabulary that accurately apply.

Most understand the vibrational characteristics of sound. Sometimes when the deep, rich bass notes of your musical instrumentation are played loudly, you can even feel the vibrational nature of sound.

We want you to understand that whenever you “hear” something, you are interpreting vibration into the sound you are hearing. What you hear is your interpretation of vibration; what you hear is your unique interpretation of vibration. Each of your physical senses of seeing, hearing, tasting, smelling, and touching exist because everything in the Universe is vibrating and your physical senses are reading the vibrations and giving you sensory perception of the vibrations.

*...continued on page 35...*



## Thoughts about things...

*... from page 7...*

As it turns out, we never encountered the detour and I have no idea why I made the wrong turn. But we know there are no accidents.

I asked for directions three times that day because I kept feeling turned around. A big reason is that it was very overcast and, without having the sun and shadows as a marker, I wasn't sure if we were headed east or west. My **Toyota Prius** doesn't have a compass or a GPS. I travel old school with paper maps and highlighters.

### WE KEPT GETTING FEATHER SYMBOLISM.

I remarked on a Native American silver ring **Joanne** had bought the day before at **Sundancer Gallery** in **Cocoa Village**. It was coral and turquoise with a feather on it. We began to share stories of unexpected feathers and feather symbolism. About that time a truck passed with the name **Jay Feather** on it. Jay is a family nickname of Joanne's, spelled the same way. *Feathers!*

Later, as we were heading home on **SR 46**, twice there were white birds flying from the north, headed south, and twice they flew right toward us and like they were going under the car. “*Under the car. Who does that?*” **Joanne** asked. I was shocked we didn't hit any of them. They should have been flying over our heads. They were white, kinda like seagulls but a different beak, I was watching the road and didn't get a steady look at them. When I called **Jo** to ask her what kind of birds they were, she said she didn't remember, then 10 minutes later called back and said the name “*tern*” came to mind. I looked it up and that's what they were. I love when the correct answer just comes to mind.

Driving east of **SR 46**, halfway to **I-95** I heard a bell tone that I'd not heard before, and I checked my phone, my Bluetooth, nothing. Then I noticed the gas gauge was blinking. Blinking green, but low and blinking. We'd gone 400 miles on that tank. I knew there'd be a gas station on 46 and knew we could make it. We found one, gassed up and continued on our merry way.

We were home by 6pm. We went maybe two hours out of our way, but we had such a good time and such good conversation that we didn't mind. It was one of those days that flies by at lightning speed and you're having almost as much fun as it's possible to have. I like those kinds of days. But then, that can be almost every day if I want it to be, can't it?

*...continued on page 38...*



# Abraham-Hicks



*... from page 34...*

So as you come to understand that you live in a pulsating, vibrating Universe of advanced harmonics, and that at the very core of your being you are vibrating at what could only be described as perfection in vibrational balance and harmony, then you begin to understand vibration in the way we are projecting it.

Everything that exists, in your air, in your dirt, in your water, and in your bodies, is vibration in motion—and all of it is managed by the powerful Law of Attraction.

You could not sort it out if you wanted to. And there is no need for you to sort it out, because the Law of Attraction is doing the sorting, continually bringing things of like vibrations together while things of different vibrational natures are being repelled.

Your emotions, which really are the most powerful and important of your six physical vibrational interpreters, give you constant feedback about the harmonics of your current thoughts (vibrations) as they compare with the harmonics of your core vibrational state.

The Non-Physical world is vibration.

The physical world that you know is vibration.

There is nothing that exists outside of this vibrational nature.

There is nothing that is not managed by the Law of Attraction.

Your understanding of vibration will help you to consciously bridge both worlds.

You do not have to understand your complex optic nerve or your primary visual cortex in order to see. You do not have to understand electricity to be able to turn on the light, and you do not have to understand vibrations in order to feel the difference between harmony or discord.

As you learn to accept your vibrational nature, and begin to consciously utilize your emotional vibrational indicators, you will gain conscious control of your personal creations and of the outcomes of your life experience.

*Excerpted from their book, "Money, and the Law of Attraction"*

## OUR MISSION STATEMENT

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

### OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions. To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience. We do this by our intentions, beliefs and expectations, by every thought we think and every word we speak.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation. Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are.

This frees us to begin to live more fully, in every moment, now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it.

We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise. So, if you read an article that touches your heart, or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss their offering with them. Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

*From my heart to yours,  
Andrea de Michaelis*



Barbara Lee is a Reiki Master Teacher, Psychic and Professional Astrologer. She offers phone consultations and a state of the art astrological chart service with six types of computerized reports. Call Barbara at 1-208-773-7822, visit on the web at [www.IntuitiveReflections.com](http://www.IntuitiveReflections.com), or email [barbaralee21@roadrunner.com](mailto:barbaralee21@roadrunner.com)

# HOROSCOPES

**Aries: March 20 to April 19/20 "I Am."** During the moon in Aries on March 6th & 7th your mind will go to the depths of your subconscious to bring clarity to your mortal mind. Your power is in your ability to stay focused to manifest positive results. You will be very happy as you learn to tame your mind. When you stay in control of yourself, others will think twice about attempting to control you.

**Taurus: April 19/20 to May 20/21 "I Have."** Transiting Saturn in Libra went retrograde Jan. 25, and goes direct June 11. This means you are reevaluating relationships. The task master has arrived and it's time to step up to the plate. Whatever you have been doing that is not for your greater wellbeing will either do you in, or you will stop doing it. The choice is yours. What results do you want? Take your power back so you can be happy with yourself.

**Gemini: May 20/21 to June 21 "I Think."** Now that everything is on the up and up in your life, it is time to take a deeper look at your darker issues. If you don't deal with them soon the Universe will make you deal with them, and it will be less painful if you do it first. But on the other hand the greatest pain in your life is what got you to where you are now. So embrace your deeper healing that is about ready to begin, and forgive the past and the people in it.

**Cancer: June 21 to July 22 "I Feel."** This is a good time to get caught up on all those home improvement projects. Watch your tendency to be too aggressive towards others, you are to shift that energy into self assertion and willpower. Just remember when you point the finger there are 4 more fingers pointing back at you. Always trust your feelings first and don't take no for an answer.

**Leo: July 22 to August 22/23 "I Will."** What ever has been pushed under the rug is ready to come out. The unresolved issues will surface in divine timing. So stick your nose to the grindstone and productively busy you will be, and more creatively focused as well. You will succeed at anything that you love, so don't mess around doing things you do not enjoy. Follow your heart and fill your pockets with cash.

**Virgo: August 22/23 to September 22/23 "Analyze"** The full moon in Virgo on March 19th could be an especially powerful day for you if you are willing to take a deeper look at your self and listen to what your emotions are trying to tell you. The cards are stacked in your favor if you spend the time to nurture yourself. Family will be especially important to you this month, your Mother in particular, please allow her into your heart.

**Libra: September 22/23 to October 23 "I Balance."** Pay extra attention to your filtration system this month because the Universe is on your tail to purge and make you let go of everything but the essence of who you really are. Remember to breathe and breathe. Water is the key to your success, bathe in it to wash the impurities out of your life from the inside out. Get used to 2-1/2 years of transiting Saturn in your sign, he will be the best teacher you ever had.

**Scorpio: October 23 to November 22 "I Create."** Everything that you have been working on for the past six months will become perfectly clear on the Equinox on March 20th in Aries, powerful changes are in store for you this year, take the leap of faith. Your lesson is about self discipline and self restraint. Jupiter the planet of luck is in Aries for one year providing you with a chance for amazing growth on every level with expanded opportunities.



Psychic & Astrological  
Phone Consultations  
Astrological Chart Service

**Barbara Lee**  
208-773-7822

Order a Natal Report  
receive a one month  
Transit Report FREE

Visa / MC accepted  
Email [barbaralee21@roadrunner.com](mailto:barbaralee21@roadrunner.com)  
[www.IntuitiveReflections.com](http://www.IntuitiveReflections.com)



**Wildwood Botanicals**  
Premium Massage Lotion and Cream

Wildwood Botanicals Premium Massage Lotion & Cream  
Visit website at [www.wildwoodbotanicals.net](http://www.wildwoodbotanicals.net)  
Email [info@wildwoodbotanicals.net](mailto:info@wildwoodbotanicals.net) (208) 773-7822



# March 2011



## SUGGESTED READING WATCHING LISTENING

**Sagittarius: November 22 to December 21 "I Perceive."** Purge is the name of the game for you while Pluto continues to transit your sign. As you go to the depths of your soul you will come through this process with more compassion for your fellow human beings. The bottom line is, when it comes down to it, we are all human and God's children no matter race, creed, religion or dogma. A loving and compassionate heart knows no boundaries. Treat thy neighbor as thyself. We all have feelings, some of us are just unconscious, and know not what we do, we are doing the best that we can at this moment in time.

**Capricorn: December 21 to January 19/20 "I Use."** March 26, and 27 are great days for you to implement some needed changes in your environment of work and home. On another note you have been way too hard on yourself as well as too critical of others. It is time for you to let go a little and kick up your heels, so have some fun. If the world would end tomorrow what would you miss, there is your answer. Focus on "Love." Live every day as if it is your last.

**Aquarius: January 19/20 to February 18 "I Know."** Your love life will intensify at a rate beyond your control. Your love of life and desire for creative expression will propel you into the future with success way ahead of your peers. With transiting Neptune on your Sun sign your psychic ability will continue to get crystal clear. You may also be drawn to meditation and yoga practices to explore your inner world. There you will connect to your higher self and find what you have been seeking.

**Pisces: February 18 to March 20 "I Believe."** With transiting Uranus leaving your Sun sign and moving into Aries, be sure and get the most from this experience, because Uranus will never be in Pisces in your life time again. The energy running through you feels like a lightning bolt. You are feeling eccentric and creative pushed to the edge of normal. The full moon in Pisces on March 4th, will actually help you get grounded. March 4th and 5th is a time to focus on self healing, and for thinking about what you want to create for the future, just remember to trust your instincts.

### CDS:

Getting into the Vortex Guided Meditations CD and User Guide by Esther and Jerry Hicks

### BOOKS:

Be Love Now, The Path of the Heart by Ram Dass  
The Essence of Tantric Sexuality Mark A. Michaels, Patricia Johnson  
Joel Goldsmith and I by Walter Starcke  
It's All God by Walter Starcke  
Ecoshamanism by James Enndredy  
Change your Life, Change the World by Ryuho Okawa

### FROM [WWW.BEYONDDWORD.COM](http://WWW.BEYONDDWORD.COM)

Wild Feminine by Tami Lynn Kent

### [WWW.HAYHOUSE.COM](http://WWW.HAYHOUSE.COM)

Question Your Thinking, Change the World by Byron Katie  
How to Hear Your Angels by Doreen Virtue, Ph.D  
Healing Words from the Angels Doreen Virtue, Ph.D.  
The Age of Miracles Marianne Williamson

### [WWW.NEWWORLDBIBLIOTHECA.COM](http://WWW.NEWWORLDBIBLIOTHECA.COM)

The Hidden Spirituality of Men by Matthew Fox  
The Denim Diet by Kami Gray  
Do It Anyway by Kent M. Keith  
Saying goodbye to your Angel Animals by Allen & Linda Anderson  
Why Walk when You Can Fly by Isha  
365 Prescriptions for the Soul by Dr Bernie S. Siegel

### FROM [WWW.SIMONANDSCHUSTER.COM](http://WWW.SIMONANDSCHUSTER.COM)

How to Be Compassionate by His Holiness the Dalai Lama  
The Secret Life of Water by Masaru Emoto  
The Miracle of Water by Masaru Emoto

### [WWW.ABRAHAM-HICKS.COM](http://WWW.ABRAHAM-HICKS.COM)

Ask And It Is Given  
Money & Manifestation  
The Astonishing Power of Emotions  
The Law of Attraction: Teachings of Abraham  
From Grief To Joy: Moving Up The Emotional Scale  
Money and the Law of Attraction: Learning to Attract  
The Vortex, Where Law of Attraction Assembles All Relationships  
Getting into the Vortex Guided Meditations CD and User Guide

### MUST SEE DVDs

The Secret Behind The Secret [www.abraham-hicks.com](http://www.abraham-hicks.com)

The Secret - the Original edition with Abraham-Hicks. It's the one with "the secret" actually in it, although The Secret "extended version" (with Abraham-Hicks edited out) has good info in it also.



"I want to look back on my life and be giddy with joy that I was the one who got to live it."

## Thoughts about things...

... from page 34...

### HOW TO STOP ATTRACTING STUFF YOU DON'T WANT

A friend sent me one of those email petitions last night, the one about **Social Security Benefits to Illegal Aliens**. Not everyone gives much thought about the impact of the words they send around the planet. I wrote back to him: *These email petitions are false. They are started by haters who like to get things stirred up. I always check at [www.snopes.com](http://www.snopes.com) before I forward anything.* Once you understand how you "really" attract people, events and circumstances into your life, you don't worry about stuff like this. If you dwell on problems and talk about them and theorize about them with pals, that keeps you feeling vulnerable, and that keeps you attracting more of that sh\*t. *We will not eradicate the crappy aspects of this planet, nor will we ever need to do so. But we can delete them from our own experience and we can teach others how to do the same.* We do that by taking our focus OFF what pisses us off and putting our focus on something that makes us have good feeling emotion when we think about it or do it.

For me, that means spend more time petting the cats and hanging at the firepit and watching the moon and the squirrels and listening to the windchimes and taking walks around the neighborhood. That means spending thought-time in remembering happy things, and daydreaming about the best "what if" scenarios. ***"What if I win the lotto? What if I find the love of my life? What if I find my life's calling? What if everyone lives happily ever after? What if?"***

The reason to have these thoughts and to train yourself to have thoughts like this, is not to deny anything that is going on in the world under the pretense of "positive thinking." No, it is to take you into an expanded state of consciousness. At an expanded state of awareness, you have access to a wider range of thoughts and ideas than you usually have. These thoughts and ideas can be used to greatly improve your quality of life. Period.

*Think of like an upward spiral tornado shape and at the ground level is the caveman and all the thoughts he had access to. Not too many. He did not live in a complex world. Higher up the spiral is where thoughts led to the Industrial Revolution. Even higher up they lead to the Technology Revolution. At each state of consciousness, what we knew expanded so we could see the broader picture, and we used that expanded info to improve our quality of life. Just the same, at each upward stage of your own consciousness, you have access to thoughts and ideas you didn't have before, and you can use these to improve your quality of life.*

### SO HOW DO YOU GO UP THE SPIRAL SO YOU CAN HAVE THESE MORE EXPANDED THOUGHTS AND IDEAS?

You take yourself up the spiral when you release resistant thought, when you stop thinking about what's worrying you or what you're afraid of. The fastest way to release resistant thought is to do something that makes you feel good. Like turning off the news, turning off complaining friends, like petting the cats or taking a bubble bath or gardening or making love or whatever it is you do that makes you feel good. That's the reason to stay focused on "good stuff." To attract a wide and expanded range of good stuff.

And since I am selfish enough to want to have a happy and joyful life full of fun and opportunity, I ask myself all the time: *am I spiralling upward or downward with this line of thought??* Enjoy our offering this month. Hari Om.

Andrea

Dennis Hollin is an internationally known 3rd Generation Psychic in Orlando, Florida with many US and UK clients. Dennis does Psychic Readings, Home Seances and Phone Readings.



**Saturday March 12th**  
**TABLE TIPPING SEANCE**  
**\$20 in Orlando 7:30pm**

*A night of Spirit Communication thru table tipping.  
Ask your loved ones questions and watch in amazement as spirit tips the table*

Oils, incense, candles, cds,



Email [orlandos\\_spirits@yahoo.com](mailto:orlandos_spirits@yahoo.com)

Visit [www.orlandopsychic.com](http://www.orlandopsychic.com)

**Papa D's Law of Attraction Oils:** Love Renew, Spark of Love, Money Come, Psychic Spark, Shield Me, Career Boost, Spell Breaker, Altar Blessing, Client Boost, Healthy Vision, Lucky Bingo, Memory Boost, Lucky Win, Adam 4 Adam, Eve 4 Eve .5 fl. oz [www.papa-ds.com](http://www.papa-ds.com)

**SUNDAY PSYCHIC FEST**  
**Sunday March 13th**  
Psychic Mini Readings  
with Dennis in Orlando  
15 minutes just \$10  
**Noon to 2pm**

**1801 E. COLONIAL DRIVE**  
**SUITE 103 in ORLANDO**

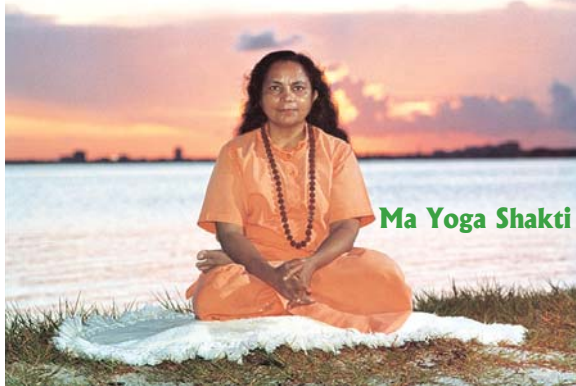
(Until end of April, then Moving Day Sale)

**407-721-3396**





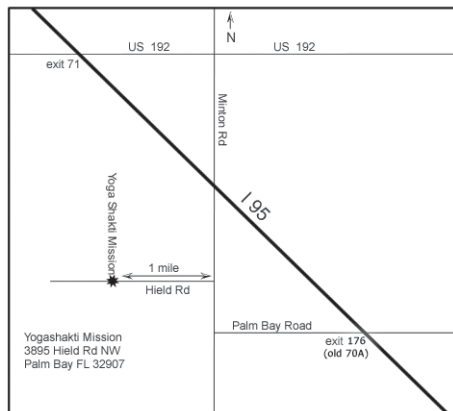
# YOGA SHAKTI MISSION



Ma Yoga Shakti

**Sunshine Lectures**  
**Sundays 9 - 10am**  
*Talks on Spiritual Topics*

**First Saturday at noon**  
**VEGETARIAN LUNCHEON**  
 \$10 donation (children free)



## BOOKS BY MA YOGA SHAKTI

Yoga Syzygy Guide to Hatha Yoga \$15  
 Techniques of Meditation to Enhance Mind Power \$10  
 Shri Satya Narayana Katha \$5  
 Hanumaan Chalisa \$5  
 A Spiritual Message \$5  
 The Seven Invisible Psychic Lotuses \$10  
 Yoga Aasana Chart \$2  
 Chandogya Upanishad \$5

**Newly re-released: Spiritual Message just \$5**  
*Tips on daily spiritual practice, silencing the mind*

### March 2nd at 12 noon

Siva Raatri: Puja in the Siva Temple in the presence of Pujya Mataji

### First Saturday March 5th

A Congolese Vegetarian Lunch will be served in the presence of Pujya Mataji.

### Sunday March 6th

Mataji will give the Sunshine Lecture at 9 AM with the topic "World is Our Family"

*Mataji will leave for New York on March 12th*

**Ramayan Chanting**  
 Sundays  
 10:15-11:15 am

**Bhajans/Kirtans**  
 First Wednesday  
 6.45- 7 45 PM

## YOGA CLASSES

\$7.00 Per Class  
 \$25/month unlimited evening classes

### Monday

Gajendra - 7:00-8:00 p.m.

### Tuesday

Maryann and Jim Loafman 7:00-8:00 pm

### Thursday

Chip & Shyama Iacona 7:00-8:00 pm

## YOGA SHAKTI MISSION

3895 Hield Rd NW  
 Palm Bay

**321-725-4024**

**yogashaktipb@yahoo.com**

**Visit our website at**  
**www.yogashakti.org**

www.photographybyrebecca.com

HORIZONS MAGAZINE  
575 Escarole Street S.E.  
Palm Bay, FL 32909-4802



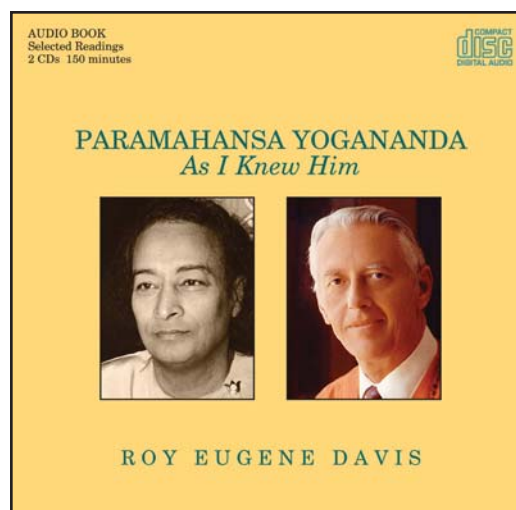
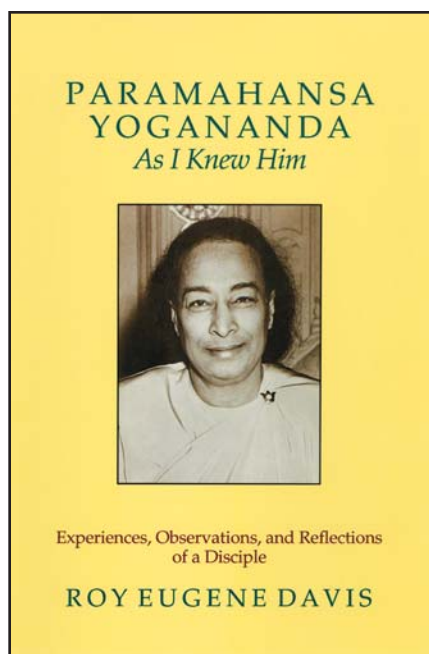
As hopeless as any situation feels, it's really only your thoughts that you're dealing with. And you have the power to change those. Louise Hay

*Inspirational and Informative*

## **Paramahansa Yogananda As I Knew Him**

**Experiences, Observations & Reflections of a Disciple**

**by Roy Eugene Davis**



**The Book: Hardcover 160 pages**  
**16 pages of photos \$12.00 plus \$2.00 P&H**  
**2 Audio CDs by the author \$10.00 plus \$2.00 P&H**

Order online at [www.csa-davis.org](http://www.csa-davis.org) or by mail from the address below:  
Center for Spiritual Awareness P. O. Box 7 Lakemont, Georgia 30552-0001  
Tel. 706-782-4723 weekdays 8 a.m. – 3 p.m. e-mail: [info@csa-davis.org](mailto:info@csa-davis.org)

The book can also be downloaded on an Amazon.com Kindle

**FREE**

**Read or download our Truth Journal magazine.**

**[www.csa-davis.org](http://www.csa-davis.org)**