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SUNDAY Services 10:00am

Sunday, November 4th Unity of Melbourne Celebrates 50th Anniversary Celebration Peace in the Park 11:00am to 5:00pm will include live music, an art show, family fun activities, delicious food, as well as restorative arts, special birthday surprises throughout the day, with a drum circle finish.

Midweek Meditation Wednesdays 7:30pm facilitated by Michelle Lyon.

Sound Journey Sunday, November 18, 2012, 6:30pm to 7:30pm (or when complete) facilitated by Janine Chimera, CMP (Suggested Love Offering \$12.00) (This event is not suitable for children).

Art and Practice of Living with Nothing and No One Against You with Lloyd Reiser
Friday 11/23/2012 7-9pm and Saturday 11/24/2012 9-5:00pm

Thanksgiving Eve – GRATITUDE and FORGIVENESS Wednesday, November 21, 6:30 pm Audiovisual Prelude: Unfolding into Birth 2012: We are Sacred Love
7:00 pm Contemplative Taizé Prayer Service: Priming Our Infinite Supply: Gratitude and Forgiveness – The Gifts That keep On Giving. Chant, prayer, silence, contemplation, and a communion service to vision our new world of peace and harmony. Receive your 3rd Birth 2012 meditation seed to remind you of your divine nature and sacred mission.

During The Week

o Sunday, 11:15 to noon. Adult Sunday school – Join us as we have a metaphysical discussion. Childcare available.

o Tuesdays and Thursdays at Noon – Healing Prayer Service open to all.

o Tuesdays 7:30pm A Course In Miracles

o Wednesdays 6:30pm Midweek Meditation with Michelle Lyon


o 1st Sunday of the month (Nov 4 and Dec 2) 4:00pm Reiki Healing Service with Lloyd Reiser

o 3rd Sunday of the month (Nov 18th) at 2:30pm Mini Sunday Service at Carnegie Gardens

Always check www.unityofmelbourne.com for possible event date or time changes


DIRECTIONS TO US: I-95 exit 72, follow Eau Gallie Blvd (518) to Wickham Rd & go left, then left on Trimble. Trimble is north of Eau Gallie Cswy, south of Aurora.

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**The greatest
optical illusion
is separation**

HORIZONS

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Thanks for help this month
Morgana Starr

On the Cover (see page 26)
Namaste by
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Barbara Lee
Mike Dooley
Alan Cohen
Tom Sannar

**"And the day came when
the risk to remain tight in
a bud was more painful...
than the risk it took to
blossom." Anais Nin**



**Horizons thanks
everyone willing
to take the risk**

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HORIZONS MAGAZINE is distributed FREE each month to 200+ bookstores and health food stores throughout Florida, as well as by subscription. HORIZONS is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life. Please write us with your comments.

ARTICLE SUBMISSION: You may submit articles of 200-900 words on any area of personal growth and practical spirituality to HorizonsMagazine@aol.com, along with a 50 word bio telling who you are and how to contact you. Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for as an ad.

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12 Steps of Spiritual Freedom

By Rev. Tom Sannar

<http://oneheart-onemind.org> Email dr.tomsannar@gmail.com

1. Recognition - God Is First. I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.

2. Unification. I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.

3. Willingness To Change. I am willing to assess my life, to honestly look at and face all my fears.

4. Dominion. I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.

5. I Live On Principle. I know that I am a Spiritual Being. I live my life with honesty and integrity.

6. I Live On Purpose. I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.

7. Forgiveness. I forgive myself for any past mistakes and I forgive all others who I think have harmed me.

8. Positively Present. I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.

9. Persistence. I persist through faith. I maintain focus and discipline.

10. Service. I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.

11. Gratitude. I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.

12. Tithing. I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.



YOU ARE LOVED AND GUIDED MORE THAN YOU CAN IMAGINE



Andrea de Michaelis
Publisher

This month's thoughts about things...

"In the company of one who
is living Love, you can't help
but spring into that Love."
- Sri Sri Ravi Shankar

Hello and welcome to the November 2012 edition of Horizons Magazine.

I've been asked several times about the elections, law of attraction and vibrational matching. ELECTION YEAR! No matter who you cast your ballot for, know that you vote vibrationally with every thought you think. Things come to you via your vibration and remain only by your attention to them. We vote vibrationally in every moment by where we choose to place our attention, and how we feel as our attention is placed there. It's that simple. Is someone in office - or anyone you perceive as having authority over you - pissing you off? *Keep talking about it and you're empowering the status quo. And it doesn't matter if you believe it or not, kind of like gravity.* To everyone who's upset with the election results, this too shall pass. To everyone who's thrilled with the election results, this too shall pass. Think of today as a good lesson in surrendering, going with the flow and offering it up. Remember that whatever happens is the will of God - and if we're in the midst of God's will - like it or not - how can we not rejoice?

*My life is
none the
lesser due to
whomever is
in office. I'll
find a way
to thrive no
matter.*

No matter who voted what, the majority got what the majority was vibing with. We live it day by day. My life is none the lesser due to whomever is in office. I'll find a way to thrive no matter.

Abraham-Hicks: "We are always casting vibrational votes whether we think we are or not. Our vibrational votes go beyond anything we can imagine, and the evolution of our planet is about that, not about what happens at the polling booth."

THE FIREPIT IN MY WEST WOODS IS READY FOR FALL

I went to the firepit and did a fall puja to renew the energy before we begin using that space again. I unstacked all the bricks and stacked them together again a little different way. I've been using the chimenea for my burning bowl ceremonies,



so the firepit has become overgrown. I untangled the grapevines and cut the foliage back about two feet around the circle. It had encroached since spring, when the summer heat drove us to the east garden where it's shadier and cooler. I moved two chairs up next to the firepit. Usually we sit on stumps of pine, but they are all rotting now and no new ones to replace them. I placed a grill along the back 1/4 of the open firepit to keep a tea pot on. The pit is about 18" deep, with bricks completely encircling. One space for the firetender is about 18" wide and 10" deep. We keep one water hose on site ready to extinguish the fire.

...continued on page 28..

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Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Esther & Jerry Hicks are authors of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and the NY Times Best Seller, Money and

Law of Attraction Quotes

My Life Story and the Law of Attraction...

Each and every component that makes up your life experience is drawn to you by the powerful **Law of Attraction's** response to the thoughts you think and the story you tell about your life. Your money and financial assets; your body's state of wellness, clarity, flexibility, size, and shape; your work environment, how you are treated, work satisfaction, and rewards—indeed, the very happiness of your life experience in general—is all happening because of the story that you tell.

I'll Tell My Story As I Want it to Be...

If you will let your dominant intention be to revise and improve the content of the story you tell every day of your life, it is our absolute promise to you that your life will become that ever-improving story. For by the powerful **Law of Attraction**—the essence of that which is like unto itself is drawn—it must be!

Achieving Success Is My Natural Birthright...

You are meant to succeed, and failure *should* feel bad to you. Life is supposed to go well for you—and when it does not, there is something wrong. But what is wrong is not something that is outside of you over which you have no control. What is wrong is within you—and you do have control. And taking control is not difficult to do once you understand the basis of *who-you-are* and the basics of the **Law of Attraction** and the value of your personal *Emotional Guidance System*.

My Every Story Is Attracting its Vibrational Match...

Every thought that you think is vibrating at a very personal frequency . . . and by the powerful **Law of Attraction** (the essence of that which is like unto itself, is drawn), that thought is now attracting another thought that is its Vibrational Match. And now, those combined thoughts are vibrating at a frequency that is higher than the thought that came before; and they will now, by the **Law of Attraction**, attract another and another and another, until eventually the thoughts will be powerful enough to attract a "real life" situation or manifestation.

I Am the Attractor of My Every Experience...

You are meant to live an expansive, exhilarating, good-feeling experience. It was your plan when you made the decision to become focused in your physical body in this time-space reality. You were born knowing that you are a powerful Being; that you are good; that you are the creator of your experience, and that the **Law of Attraction** (the essence of that which is like unto itself, is drawn) is the basis of the Universe, and you knew it would serve you well. And so it has.

What Do I Want, and Why Do I Want It...?


When you acknowledge what you *do not* want, and then ask yourself, "What is it that I *do* want?" you begin a gradual shift into the telling of your new story and into a much-improved point of attraction.

You get the essence of what you think about—whether you want it or not—because **Law of Attraction** is unerringly consistent—therefore, you are never only telling the story of "how it is now." You are also telling the future experience that you are creating right now.


I'm a Vibrational Being in a Vibrational Universe...

You live in a pulsating, vibrating Universe of advanced harmonics. Everything that exists, in your air, in your dirt, in your water, and in your bodies, is vibration in motion—and all of it is managed by the powerful **Law of Attraction**. There is nothing that exists outside of this vibrational nature, and

...continued on page 20...



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HAVING MONEY

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the website at www.orindaben.com

Money is neither good nor bad; it is energy. It is the way money is used that determines whether or not it is a positive energy that will benefit you and others. If you come from the highest level of integrity with your money, if you make it in ways that benefit people, through shifting their consciousness, or through serving and making a contribution, by giving your best, honoring others, and putting attention and consciousness into what you do, you are making a contribution to humanity and to yourself. When you use money in ways that serve your higher purpose and bring you and others joy, you are creating money of light. The more money is made and spent with integrity and light, the more it becomes a force of light for everyone.

True abundance is having all you need to do your life's work - the tools, resources, and living environment - and to live a life filled with joy and aliveness. Abundance is not an extravagant, glamorous style of living maintained purely to impress others or one that does not support your true aliveness and life's work. Part of the essence of spirituality is the belief in true abundance - of time, love, and energy. You teach others by setting an example. It may be hard, if not impossible, to help others lead abundant lives if you do not have a feeling of abundance about your own life. You do not want living at a survival level and experiencing lack to be the examples you set. When you have the right amount of money and money works in your life, people will learn about abundance from your example.

Most war and strife come from a belief in scarcity. People who believe in scarcity often try to squeeze more and more out of nature, wasting the planet's resources. If you want to contribute to planetary peace, you can start by believing in abundance for yourself and others. As society begins to believe that there can be abundance for everyone, new discoveries will be made that will provide unlimited energy and resources that do not pollute or deplete the earth, and there will be fewer reasons for war. There truly is the potential for abundance for everyone on the planet. If humanity believed in abundance for all, it could be created. Start by believing that it is possible for everyone to have abundance.

It is all right to have money. Some of you feel guilty about having money, especially when you look around and see others living in lack. Some people learn and grow as much by having a totally materialistic focus as others do by living in poverty. It is not more spiritual to be poor, nor is it better to be rich. If you are worried that it is not spiritual to have money, examine the times in your life when you had money, even if it was just a small amount. Remember how you used your money. You may have been able to help those around you even more. When you felt abundant, you probably felt generous and able to support others in their abundance.

...continued on page 12...



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- *May - Gala Day Festival
- *Aug - Gala Day Festival
- *Dec - Candlelight Service
- *Check Website For Dates

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NOTES from the Universe

Can you imagine me settling into a human body? Oh, it would be a grand one! Not just any body! Only a gorgeous body, with all the bells and whistles that really count. Capable of BIG dreams to remind me of what I'm capable of, and the strength to spin the world in the palm of my hand.

That's why I picked yours, and a few others. If you knew of the power you possessed, at this very moment, you'd cry, and cry, and cry. And then, feel light as a feather.

Ommmmmm,
The Universe

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Designed to activate the third eye, expand awareness, develop psychic perception and become receptive to inner guidance. Even if you have never experienced conscious contact, you can still be successful. Once you activate your psychic perception, expect to receive inner guidance more clearly than ever before. Even if you are skeptical, you can still be successful. A fish doesn't have to believe in the ocean. As your third eye opens, expect to receive more psychic impressions from your guides.



Healthy Eating Habits

By the power of suggestion, your desire to overeat will be replaced by increased willpower; your craving for unhealthy foods will be replaced by finding fun ways to increase your physical activity. Turn up your body's metabolism to burn fat and leave you with a higher energy level. Each time you listen, you can experience a new and healthy vital energy flowing.

OUBE You Are Not The Body An astral flight out of the body

Being out of your body is a completely natural state that happens every night whether you recall it or not. With this recording, you will suspend yourself in the awareness of your physical body being "not there." Of your existence beyond the physical realm. With repeated listening, you will realize your ability to leave your body, to return safely and to remember it.



Sleepytime Recharge

Science knows the health and wellbeing of our physical body is a direct result of the thoughts we habitually think and our inner response to the words we hear. The cells of our body process info and control our behavior by way of genes being turned on and off by influences outside us, such as our perceptions and beliefs. We can retrain our consciousness to create healthy beliefs, and create a profoundly positive effect on our bodies. Our body is a community of 50 trillion living cells, a biochemical machine and the driver is the mind. Dis-ease is merely result of how we're driving our physiology. Carefully selected words and phrases on this recording will reprogram the cells of your body for optimum physical and mental health.

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Email andrea@horizonsmagazine.com Andrea de Michaelis is a Certified Hypnotherapist, ABH

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Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. Visit www.herbcorner.net and Call 321-757-7522

RED CLOVER

A member of the bean family Red Clover can be found all over America. In some areas might be called Meadow Clover, Trefoil or Cow Grass.

Recognized by the National Formulary since 1916 as an herb that can assist the Respiratory, Circulatory, Immune and Urinary systems, supporting the liver, the skin and with the absorption of nutrients.

For women, Red Clover can act as a hormonal balancer, balancing estrogen levels by blocking or activating estrogen receptors depending on the needs of the women. This may help block breast cancer in its earliest stages. Red Clover gets this ability from its isoflavone compounds, which in Red Clover is four times stronger than soy. It also causes apoptosis in cancer cells causing the cancer cells to pop and die. These isoflavones also help reduce the severity of hot flashes, anxiety, depression, mood swings and fibroids in menopausal women. In a double blind study Red Clover was found to improve bone density particularly in the lumbar spine after six months of use.

In the Respiratory system as a strong tea it has been used as a sedative for coughs. Its antispasmodic and expectorant actions make it good for conditions such as whooping cough and asthma.

For the Cardiovascular System it helps to improve the healthy development of blood vessels, it reduces arterial stiffness and helps to lower blood pressure particularly for post-menopausal women. Just be careful if you are taking blood thinners as Red Clover contains coumarins.

In the Immune system Red Clover improves the circulation of lymphatic fluids helping to neutralize free radical damage before they have a chance to become cancerous.

Red Clover can be used in many ways. As a spring tonic herb its leaves, flowers and sprouts can be added to salads. As a poultice or compress its soothing actions can be used on the skin for eczema, psoriasis or for burns.

Or it can be prepared as a tea using 2-3 teaspoons of the herb with 8 ounces of boiling water; after steeping 10-15 minutes and straining honey can be added for flavor. This herb tastes so good as a tea either hot or cold you may want to make it by the quart.



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HAVING MONEY

...continued from page 9...

The people who are clearest about money are not usually those who have large sums of money, or those who have none, but those who have just the right amount for them. People who have just the right amount are not burdened by too many possessions; their possessions serve them. They do not spend time and energy that would be best spent creating their life's work to acquire or take care of material things. Having too much money can take you off your path if you must spend a lot of time taking care of it. Not having enough money can also take you off your path if it requires a lot of your time and energy just to survive. It is important for you to have enough money to live on. If you do not have enough, if you spend most of your time worrying about your rent and food, your time and energy are not available to do the greater work you came here to do.

Think of being rich as having enough wealth to carry out your life's work. You may not need many material possessions to have enough. For instance, your life purpose may be to work with nature. You may live in a log cabin, spend little money, and still have all the natural resources you need to carry out your purpose. In that case, you would be rich. What is important is having enough money to do the work you came to do, and not having so much that it keeps you from the work you came to do. Having enough money means being able to put your vision into action, to transform the energy around you into a higher order.



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Some people may need many material things to accomplish their life purpose. They may need to work with a group of people who will only listen to and respect them if they have an appearance of wealth and power.

Material possessions may provide some with a spiritual experience, teaching them what they need to learn in this lifetime, just as not having money may be a great teacher for others. Some people gain great freedom and growth from having money; some people gain freedom and growth from not having money.

How much money people need is an individual matter; do not judge others for what they have or do not have. Some people may be amassing fortunes that will later be used for the good of humanity, even if at present they don't plan on using their money this way and aren't on a spiritual path. You cannot know the larger purpose of anyone's path. It is good to measure people's success not by how much money they make or have, but by the degree to which they are fulfilling their life purpose, are happy about their lives, have the right amount of money, and believe in themselves.

As you become more prosperous yourself, it is likely that you will be around prosperous people. As you think in terms of prosperity, your vibration begins to change and you attract other people who think in terms of abundance as well. Do not feel jealous or threatened by someone who is successful. Realize that if you are close to a person who is succeeding, you are beginning to have that same vibration of success yourself. Begin now to believe that everyone's success means even more success for you. If everyone around you begins to succeed, then you are surrounded with the vibration of success, and your success will grow even faster. When you hear of other people's good fortune, appreciate their success, knowing that it affirms the abundance that is available for you as well.

Many of you think that you have to get your work out to a large number of people or be number one in your field to truly be successful. It is not wrong to feel competitive if that feeling helps you do your best at your job, but don't feel that others who succeed in what you are doing can take away from your success. There is an unlimited supply of success. Every person in the world can be successful. Realize that you have your special place, and what you are here to do is in some way special and unique, no matter how many people are doing similar things. Are there people or companies you are competing with? Are you worried that their success might mean a loss to you? Take a moment to picture them succeeding beyond your wildest dreams. Then, imagine a reason why their success will be beneficial to you.

Know that there is no one else in the world who is going to do your work exactly as you do it. Even if it appears that others are doing the same work, they are probably reaching a different group of people, or reaching the same group in a different way. It is better to focus on living up to your potential. Are you putting the wants of people you serve first? Are you following your inner messages? As you do, you will shine. You will have all the business and abundance you want. Enjoy the process of getting your work out, not just to strive for recognition and fame. Let it be all right not to be number one, have the most clients, make the most money, or do it all yourself.

...continued on page 29

ABRAHAM *FUN*



Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. You can join Karen's "Abraham Fun" group on Facebook and like her Facebook page, "Soulsongs." Email her at karen@karenmoneywilliams.com.

Soulson #388 – Presto, Chango!

Of the gazillions of thoughts I could be thinking at any moment, why would I choose to focus my attention on things that are upsetting?

Why would I painfully review my own mistakes and those of others? Why would I scare myself over possible worst-case scenarios?

Habit, mainly. I'm adept at letting my mind go wherever reality seems to beckon. That's the way that most people process life, and that's the way that I learned, early-on.

But now I have the key to explaining life's proverbial mysteries AND manifesting my heart's desires. Now I know that everything hinges on (drum roll, please!) mental focus.

Every day now, I commit anew to removing my mind from the scary stuff, the hurtful stuff, the icky stuff. Every day, I focus a little more on what's going right. Every day, I insert more optimism, appreciation, and pure, unadulterated laughter into my experience.

Old habits may die hard, but as I place regular, concerted effort into becoming more positive, I can put far less effort into all other areas of life, for all other areas of life will begin to work like magic.



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WILD JOY!

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AND THE MOMENT ENTERS

Caution, causeless joy ahead. Enter at your own risk as spontaneous laughter may envelop your whole being! Steep yourself in constant awareness as each distraction dissolves into the heady arena of this moment. You may not even be aware of just when this moment entered. Yet, with measured practice, you will begin to find the genesis of each moment. Then you will sit in awe of your own awareness of crisp nuance and realization of how rich these moments are.

Soon, you will crave each moment to enter as silent as the first. And this is where causeless joy in all its raw unbridled expression leaps from your being setting off peals of laughter that erases anything other than pure bliss.

Are you ready for this moment to enter?

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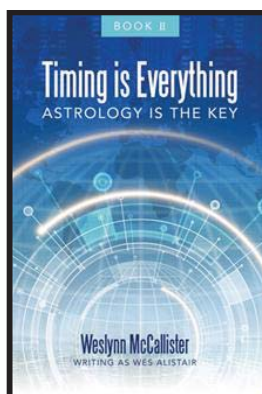
Dear Michelle, We are fast approaching December 21, 2012. Some are saying this date is the end of the world. With all the political clashes and rioting around the world, now I'm wondering - is there truth in this mass hysteria? Fretting in Philly

Dear Fretting, We are living in the days that were prophesized. This is a time of great change and upheaval but let me say right up front - the world will not end on December 21, 2012, so don't get caught up in fretting and fear because your thoughts create the future. Now more than ever, it's important to be mindful of negative mind chatter. Your fearful thoughts enter the mass consciousness and the negativity is magnified. The Law of Attraction tells us that whatever we focus upon good or harmful always expands. So center your attention on the positive aspects of what is going on in the world. Perspective is everything!

Yes, there are riots around the globe; people want the governments to act in the best interest of it's citizens. They are demanding change for the good of humanity. It's up to us individually to create the world that we want for ourselves and future generations. We need a revolution, the education system, our government, health care, taxation, financial institutions, social services all need an overhaul. But well organized non violent resistance is a far better solution. Mahatma Gandhi said it best "*Non-violence is the greatest force at the disposal of mankind.*"

Dear Whitedove, A year ago, my wife died unexpectedly, and I feel such a heaviness and so very alone in this world. Have you ever been given proof that there is life after death? ~Yearning for her in MI

Dear Longing, The grief that you're feeling is a natural part of the healing process. We mourn, grieve, and feel abandoned, but grief is only for the living. Our loved ones are still with us, just in their lighter body. *Did you know that the soul can travel at the speed of thought?* Just concentrate your thoughts on that person and your loved one will come to you. They can hear you. But it's easiest for them to show themselves and interact in your dreams. These are actual visitations. For me, I have proof everyday; I see souls and they often ask me to relay a specific message. But you will have your own experience through the dream time and it's a blessing when you feel reconnected. In this way, you will know that there is Life After Death.



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Change Your Frequency

While staying at a hotel, I signed up for wireless Internet service. To my disappointment, the service kept going on and off. A call to tech support did not help much. Finally the technician concluded there must have been some interference near my room. He suggested I change rooms. So at 1 A.M. I packed my gear and trudged to another hotel room.

I logged onto the wireless service and found that the reception in this room was no better. Stymied, I scanned for other wireless services in the hotel and found there was another one available. I logged onto it and it worked perfectly. So I didn't need to change rooms after all. I just needed to change my frequency.

Many of us are tempted to change jobs, houses, or spouses, and sometimes that works. Yet it's not unusual that when you get to your new situation you find it to be simply a repeat of the old one. In many cases you didn't need to change the situation. You just needed to change the point from which you were looking at it. More often we need to make a vertical move rather than a horizontal one. Instead of moving to the side, move up.

Dr. Michael Ryce offers a workshop called, "*Why is this Happening to me Again?*" He cites this example: "You fly away from New York to get away from a relationship that isn't

working, and the person who meets you at the airport in Los Angeles finishes the sentence that the person you left in New York started."

The world we experience is not created by people or situations. It is created by our thoughts. The most powerful place to start changing the world is in your mind. If you try to change your world without first changing your mind, the world will not change. When you change your mind, everything changes.

We are entering the holiday season, which often brings up lots of juicy material for spiritual growth. You might face family and social gatherings with people who annoy, insult, or drive you crazy. While you may attempt to avoid such situations, if you find yourself in a position where you have to attend, you can seize the moment to practice vertical rather than horizontal movement.

To illustrate: A woman called into my radio show *Get Real on Hay House Radio* (www.hayhouseradio.com) and reported that she had to go to a weekend family meeting with members who bug her. I suggested, "Before the weekend, sit quietly for a few minutes and make up your mind that your only goal for the weekend is inner peace. No matter what anyone says or does, you will stay centered in your calm inner space. Completely withdraw any power you have given your relatives to make you unhappy."

That might be a good practice for all of us to adopt. If you can hold your inner peace in the presence of someone who has regularly irked you, you earn your spiritual graduation diploma. Consider yourself in a seminar called, "Happiness before all else." Reframe that person as an angel who has come to help you find inner strength. You have a spiritual contract with that person to assist you to build soul muscles. If you can choose to thrive in their presence, no matter what they say or do, they will likely spin out of your orbit. If they don't, you won't really care because you have mastered the lesson they have come to help you learn. A Course in Miracles tells us, "The holiest spot on earth is where an ancient hatred has become a present love."

Think of life a big radio tuner or Internet browser. There are millions of stations or web pages to choose from, some delicious and others horrid. You get to experience the station or URL you tune in on. If a bad show comes on, it will do you no good to yell back at the station or curse the web page. You have the option to choose another frequency. An old Microsoft tagline is quite appropriate here: Where would you like to go today?

I'm not suggesting that you never change relationships, jobs, or hotel rooms, or that you have to attend gatherings with energy vampires. Sometimes a move is indicated, and "no" is the most helpful response. But there are times when changing your mind is far more effective than changing your position. Ultimately your mind is your position.

Your problem may not be, as the tech support fellow told me, interference from somewhere outside your room. Your problem might be interference from illusion. The answer to interference from illusion is not to substitute one illusion for another. The only answer to illusion is truth. Reality doesn't move illusions around. Reality sees beyond them.

The secret to a great holiday season may be what you have heard millions of times from your favorite radio and television shows: Stay tuned.

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THE CHAKRAS AND METHODS TO BALANCE THEM

The chakras are energy centers located at strategic sites (midline of the body) that distribute the life force or qi to all organs and body parts. There are 7 main chakras. Each tradition says a different number i.e., the Buddhists mention 9, Hindus claim that there are 7, Tibetans mention 4 and so on. However, all of them agree that these wonderful "wheels" of energy are very important and have to be balanced for our physical, mental and spiritual well being.

Each has a different function. The Crown chakra is related to the intellect. When it is balanced, it allows us to be more intuitive and clear in our meditation. The Third Eye processes the info received through the senses, memory work, mind and our spiritual aspirations (such as clairvoyance). When the Heart chakra is balanced, we have the sense of calm, clarity in what we feel and tolerance for others. The Solar Plexus chakra is related to the control and power that gives us the ability and willingness of create our lives. The Sacral chakra is connected with the experiences of pleasure and sensuality. Its purpose is to allow us to explore, develop and enjoy our emotions. The Base/root chakra is our primary source of energy and it is related to our career, finances and everything related to our material security.

There can be are several causes of imbalance, such as stress or traumatic experiences, that may prevent the chakra's ability to absorb, process and distribute the energy properly through the body. There are several methods to balance the chakras. Among these methods we can mention the use of crystals, Reiki, therapy with angels, spiritual response therapy, meditation and kundalini. The main goal of these methods to balance the chakras is to return to each of them its optimum operation and harmony with the other energy centers, which will bring a better quality of life and better connection with our spirituality. The important thing is to find the method with which you feel most comfortable and identified and that ultimately it's the intention we put to it that makes the difference!

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You and I are standing on the precipice of the next level of human evolution. This is a very exciting time where we are accessing something that has always existed in the universe - but not existed for us before. It's the perfect intelligence of the universe telling the body how to heal.

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Monday when I came into to my office, seven of my patients independently of each other told me they could feel my hands before I touched them. I could see tiny little muscles in their face move involuntarily, and then their fingers or feet move when I moved my hands around them. This was just the beginning. People who hadn't walked in years got up off the table. Others who had serious diseases reported them gone in a matter of a few sessions. And because this discovery was so important, I devoted my life to teaching it to others around the world. Nearly 70,000 people have now learned Reconnective Healing worldwide.

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Wednesdays CAPE CANAVERAL Beginning, Weds. Sept. 19th at 7:00 pm, a book discussion group focusing on the teachings of Ernest Holmes will begin. The first Ernest Holmes book to be discussed is *Living the Science of Mind*. Please contact Kathryn Flanagan, 321-458-7956 or Keliann Eggleston, 801-580-5066, for directions or questions.

2d, 4th Thursdays MELBOURNE/PALM BAY 7pm Wiccan-Pagan Outer Court Classes, Church of Iron Oak 321-722-0291

Sundays MELBOURNE Spiritual Lecture Series 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 No fee, but offering appreciated. Hield Rd is off Minton Road, just north of Palm Bay Rd, go west a mile, on the right look for mailbox

Sundays MELBOURNE 10am Service Unity Church of Melbourne 1745 Trimble Rd (off Wickham) 321-254-0313 (pg 4)

Sundays MELBOURNE 10am Spiritualist Chapel of Melbourne 1970 Melody Lane behind Melbourne Auditorium 321-728-4738

Sundays ORLANDO 10am Meditation, 10:30am celebration and Service at Center for Spiritual Living, 709 Edgewater Dr. 407-601-1169 Email cs_l_orlando@yahoo.com www.orlandoreligiousscience.com

Sundays Rockledge 10AM Sunday Celebration, Wednesday Life Enrichment Series 7PM, visit www.cs_lspacecoast.org for more info. Center for Spiritual Living-Space Coast, 835 Executive Lane, #136, (321) 474-2030

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Saturday, November 17. Access Body Classes: "Energetic Facelift" and "Follow the Energy" body healing. \$125 each. Awareness Center, Cocoa Village. OurAwarenessCenter.com/AccessClasses or 321-261-5975 for info.

January 13 WEST PALM BEACH Meditation Seminar with Roy Eugene Davis, a direct disciple of Paramahansa Yogananda. See page 32, back cover of this magazine, email info@csa-davis.org. Visit www.csa-davis.org

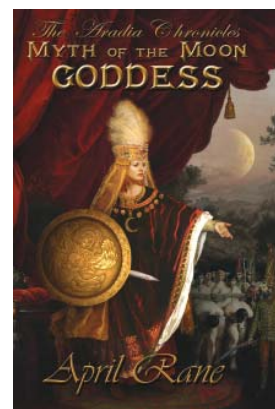
Why are you here?

What karma is unfolding in your life?

Myth of the Moon Goddess, by Rev. April Rane

This New Age Fantasy series could answer those questions.

"Reminiscent of Marion Zimmer Bradley in *Mist of Avalon*, Rane takes myth, legend and historical settings, weaves in elements of magic and the world of the unseen, and creates a rich tapestry of entertainment." iUniverse



Rane stirs your heart and engages your mind with her powerful epic of the **Moon Goddess Aradia**, who more than two-thousand years ago gave up her immortal life in the heavens and journeyed to earth, to teach spells, herbs and magic to better the plight of women.

At fifteen, Aradia is brutally abducted after witnessing the vicious slaughter of her village; hardening her heart to the loss she becomes a fierce protector of the young girls she finds in her care. **Excerpt:** *Slowly she walked out back to the donkey-pen in search of the large butchering knife. Hesitantly, she reached for it. For a long moment she thought of using the crude, cold knife on herself, knowing in the end she would be raped, killed or enslaved by the violent and depraved warriors from the north. Aradia gingerly pointed the bloodstained rusty knife toward her heart, but then she thought of her beloved sister, I must find her...*

~Aradia discovers the price of her heroic quest is high...it seems to come at the cost of love. ~

Inside **Myth of the Moon Goddess** you'll find a path of self-discovery. The mystical gems of Aradia's **spirit guide** are woven throughout so seamlessly you will hardly be aware of the subtle shifting of beliefs that are occurring within you. Merge with Aradia as she traverses the wheel of life, love, death and rebirth. On each page and between the lines you are there as Aradia's sorcery and magic are laid bare. Aradia's journey is your journey, walk beside her as she slowly pieces together her heart and mind, in an attempt to regain some hold upon the heavens, and her immortal soul.

This first book of the Aradia Chronicles is a trilogy; three different lives of the Moon Goddess. Follow her intriguing story in **Myth of the Moon Goddess ~ Aquarian Dreams - Book signing Dec. 9, 2012 2-4 P.M.** ~ Or purchase book at www.Amazon.com www.aprilrane.com



ABRAHAM-HICKS

...continued from page 8

as you learn to accept your vibrational nature, and begin to consciously utilize your emotional vibrational indicators, you will gain conscious control of your personal creations and of the outcomes of your life experience.

The Law of Attraction Adds Power to Both Problems and Solutions...

The realization that something is not as you want it to be is an important first step, but once you have identified that, the faster you are able to turn your attention in the direction of a solution, the better, because a continuing exploration of the problem will prevent you from finding the solution. The problem is a different vibrational frequency than the solution—and *all* thoughts (or vibrations) are affected by (or managed by) the **Law of Attraction**.

It Comes by Universal Law of Attraction... Start telling a better-feeling story about the things that are important to you. Do not write your story like a factual documentary, weighing all the pros and cons of your experience, but instead tell the uplifting, fanciful, magical story of the wonder of your own life and watch what happens. It will feel like magic as your life begins to transform right before your eyes, but it is not by magic. It is by the power of the *Laws of the Universe* and your deliberate alignment with those *Laws*.

I Have Control Over the Thoughts I Think...

Since you have control over what thoughts you offer, what could be more just than the powerful **Law of Attraction** responding equally to everyone who offers a vibration? Once you gain control over the thoughts you think, your sense of injustice will subside and will be replaced with the exuberance for life and the zest to create that you were born with. Let everything in the Universe be an example to you of the way the *Laws of the Universe* work.

Law of Attraction Responds to My Vibration...

A belief is nothing more than a chronic pattern of thought, and you have the ability—if you try even a little bit—to begin a new pattern, to tell a new story, to achieve a different vibration, to change your point of **attraction**. The **Law of Attraction** is responding to your vibration, and you can easily change your vibrational point of **attraction** by visualizing the lifestyle you desire and holding your attention upon those images until you begin to feel relief, which will indicate that a true vibrational shift has occurred.

Rather Than Complaining, I'll Focus On Positive Aspects...

When you focus upon lack in an attitude of complaining, you establish a vibrational point of **attraction** that then gives you access only to more thoughts of complaint. Your deliberate effort to tell a new story will establish a new pattern of thought, providing you with a new point of **attraction** from your present,

about your past, and into your future. The simple effort of looking for positive aspects will set a new vibrational tone and the **Law of Attraction** will begin the immediate attraction of thoughts, people, circumstances, and things that are pleasing to you.

I'm Always Receiving the Essence of What I'm Giving...

Appreciation and *love*, and *alignment* to that which is Source, is the ultimate “giving back,” so to speak, for in your *pain* or *struggle*, you have nothing to give back. *What you are living is always an exact replication of your vibrational patterns of thought. Nothing could be more fair than life as you are living it, for as you are thinking, you are vibrating, and as you are vibrating, you are attracting—for by the Law of Attraction, you are always getting back the essence of what you are giving.*

Enlightenment means literally aligning to the Energy of my Source. And genius is only about focusing. *Law of Attraction* takes care of everything else. Physical humans often want to make enlightenment about finding some process and moving through the process that has been pre-described. But true enlightenment is moving to the rhythm of the internal inspiration that is coming in response to the individual desire. Enlightenment is about allowing my Connection to the Source that is me for the fulfillment of the things that I have individually defined here in my time-space-reality. That's as good as it gets!

We are all Vibrational Beings. You're like a receiving mechanism that when you set your tuner to the station, you're going to hear what's playing. Whatever you are focused upon is the way you set your tuner, and when you focus there for as little as 17 seconds, you activate that vibration within you. Once you activate a vibration within you, *Law of Attraction* begins responding to that vibration, and you're off and running—whether it's something wanted or unwanted.

Law of Attraction says, “That which is like unto itself is drawn.” Vibrations are always matched. So, as you experience the contrast which inspires the new desire, this new desire, whether it is a strong one or a soft one, is summoning unto itself proportionately. And as it summons, it is always answered. It is the basis of our Universe: When it is asked, it is always given. Humans think they are asking with their words, or even with their action, and sometimes you are, but the Universe is not responding to your words or your action. The Universe is responding to your vibrational calling.

When you begin to understand Law of Attraction, and you understand that which is like unto itself is drawn, then it is easier and easier to understand that you are offering a signal, and the entire Universe responds. And when you finally get that, and you begin to exercise some deliberate control about the signal that you offer, then it really begins to be fun, because then you recognize that nothing happens outside of your creative control. There are no things that happen by chance or by circumstance. There is nothing that is happening because of something you vibrated a long time ago or in a past life. It is not about what you were born into. It is only about what you are, right now, in this red hot fresh moment emitting.

THE HOLISTIC PERSPECTIVE:



Two brain hemispheres
— two perspectives on
the world. Are you taking
advantage of both?

Adapted from *The Whole-Brain Path to Peace: The Role of Left- and Right-Brain Dominance in the Polarization and Reunification of America*. This is James Olson's first book. TheWholeBrainPath.com

Many of the problems we encounter in life are the result of simple misunderstandings that result from differences in perspective. If our goal is to gain the cooperation of others and live in peace, whole-brain living can enrich our lives and nurture individual and collective peace. If we were more aware of the effects of perspective, many of our problems could be easily solved, if not avoided entirely!

We manage our lives based on our perception. Perception is the product of many factors, but since it begins with our perspective—what we observe from our position (physical, mental and spiritual)—if we want to better understand perception, perspective is an excellent place to start.

If you wonder why perspective is important, it is because consciousness is largely fed by the info we receive from a combination of two perspectives; the left-brain's dualistic perspective and the right-brain's holistic perspective. Although at any moment we can view the world from either perspective, one or the other will tend to dominate. Our choice of perspective determines what we see. And what we see affects what we believe and feel, which influences what we do, including what we create. Brain perspective—whether of the left or of the right—resonates powerfully in everything we do.

The brain does not need conscious management; although we can assist it by managing certain aspects of its operation such as the information we feed it. Perhaps the best way to do this is to manage our perspective. Another thing we can do to enhance our perception is to understand the relationship between the two brains, understand what each is designed to reveal to us and how each is designed to respond. Although the two hemispheres feed us information that often seems at odds, it is not, and this is obvious once we understand how they complement one another.

Our left and right brain hemispheres are specialized. The right hemisphere gives us a holistic perspective, a vision of wholeness. It attempts to comprehend the overview, the context. In contrast, the left gives us a dualistic perspective,

a perspective in which wholeness is broken down into at least two parts. The left serves us as individuals and is conservative and analytical (separative) in its actions; the right serves us as a culture, and is liberal and synthetic (it assembles things, is constructive). The left is competitive; the right is cooperative. They complement one another. Reject either brain's perspective and the result is partial perception.

Because our two perspectives reveal radically different aspects of reality, the information they feed us can seem to be contradictory and incompatible. Should we conclude that one is correct and the other incorrect, the tendency is to fall into disagreement and become polarized. Left unchecked, this sets us on the road toward some form of war. Both the big picture supplied by the right brain and the details supplied by the left brain are essential. As such, the two perspectives need to be treated with equal respect, though one perspective will probably be dominant, which is fine.

We believe and act based mostly on what we see, hear, and feel. And mostly what we see, hear, and feel is a worldview that sees and discusses reality from a left-brain-directed perspective. It's a competitive view that frequently derides the holistic perspective. Seen from a left-brain perspective, the holistic perspective often seems vague and lacking in detail—detail being something the left brain highly prizes. Nevertheless, when we act based on this worldview alone, the loss to consciousness, to our ability to make fully informed decisions, can be substantial—the combination of any two parts is greater than the sum of the individual parts.

To engage your holistic brain, ask questions that only a holistic perspective is positioned to answer—questions that deal with the larger components of life, with spiritual issues, with the Now, with feeling, with constructive processes. To engage your dualistic brain, ask questions that require a yes or no answer, questions that focus your consciousness on the smaller components of reality such as details, or on the past or future, or on questions that involve the act of separation/deconstruction, such as how to dissect an idea.

We can also assist the management of our perception by managing our attention and our intention. The belief or the acceptance that we can do or be a particular thing contains an energy capable of moving us along the path to success. We must also shape and guide that energy, which we appear to do through intention. Therefore, to be more holistic in perspective and perception, we can focus more of our attention on relationships, with the intent of developing greater harmony, especially with respect to our beliefs.

Happiness is being at peace with what we have, at peace with who we are, and at peace with the Now. Happiness and peace are built on a foundation of giving and having freedom, which means not being at war with ourselves or with others. The happiness that reveals itself when we have the peace of freedom is a function of the relationships we develop—relationships both internal and external; are individual and collective; and are physical, mental, and spiritual in energy. It's a lot to manage, but the brain was designed to do this. Sometimes we just need to get out of its way.

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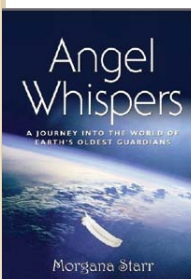
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The Secret - the Original edition with Abraham-Hicks. It's the one with "the secret" actually in it, although The Secret "extended version" (with Abraham-Hicks edited out) has good info also, it just left out the actual "Secret" with the deletion of Abraham-Hicks.

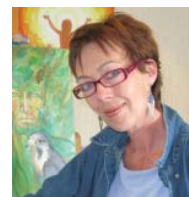
COVER ART NAMASTE



by
**Jane
DelaFord
Taylor**

Jane DelaFord Taylor is an inspirational British artist whose work is now sold worldwide to collectors who love the depth of colour, movement and soul energy in her paintings.

Already an established freelance illustrator, who has worked on over 200 books during the last two decades, she has recently returned to her first love - painting in oil on canvas.



"For me painting is one of the necessities of life, I find it energising and transformational and couldn't imagine not doing it! I tend not to plan too far ahead but just move with the spirit, literally, although themes of subject and colour do tend to develop anyway - at the moment it's nature, big time! Or nature spirits and angels - sometimes I have no idea what is going to materialise on the canvas before I pick up my brush!"

What I do find is that folk will often say that a particular picture speaks to them on a deep level, and brings them a great deal of joy - and selling my work like this is so much better than just plonking it in a gallery! I organise delivery myself, and get fantastic feedback and I know that the reason I painted a specific piece was because it was meant to be owned by just one special person - it closes the sacred circle of creativity in a very beautiful way.

I don't give lofty interpretations of my artwork, although I may have ideas of course - but the meaning in the painting is essentially the one that the viewer perceives, and that is how it should be. I just channel the image for them."

Jane's new work is available <http://janetaylorart.weebly.com/>
Prints and cards available at <http://redbubble.com>
Email Jane at chalicewell@hotmail.co.uk

LIFE REALLY WASN'T MEANT TO BE DIFFICULT



Born in the U.K., Steven Redhead has over 35 years experience writing motivational spiritual philosophy intended to inspire people into asking themselves the questions that will lead them to 'The Solution' they seek. www.lifecoachingsystems.com/

Everything in the Universe is in a constant state of motion; don't be the only thing standing still.

We create the chains that bind us, that limit us, that hold us back or even stop us from achieving our true potential in life. When things run out of control it is because we failed to control how reality plays out. How you manage and control your reality will come to determine your life. Life was never meant to be difficult, we just make it that way so that it fits into societies and our own belief concepts of what things should be like. We make bridges or barriers; create unnecessary self-fulfilling prophecies, and give life to issues that don't even deserve the light of day. Challenge who you can be, don't let fate control your future. You can either follow your dreams with determination and persistence until they become true or you can be blown by the winds of fate - where anything can happen.

Life was meant to be a wondrous adventure; yet we trade that ideal for whatever we have because of our complacency, or through laziness we start to accept without question whatever comes our way. Change is one of the most vibrant elements we can use to create a different tomorrow. Don't be a creation of circumstances, create your dreams; start to take full control of your destiny. Through misinformation we are lead to believe that some things are difficult to achieve; when in fact things are as difficult as we wish or make them. The issue is not what you may be facing, rather your interpretation of it. You shouldn't blame others for the conditions you endure; we each have the freedom to follow which path we desire in life. Destiny is not fate, it is a course that we must find, then create. Take control of your reality now by consciously deciding how things will be.

What keeps things as they are is our inability to comprehend how things can be. Open your mind to the infinite possibilities that exist for you; then create within your reality the things that you desire. Life is made up of chances to make choices of what we wish to do; the result of those choices is what we call our life. Learn to create your own miracles, don't just wait for miracles to happen. Infinite possibilities do exist by keeping focus on what you really want. The quality of your life will be governed by the effort you make to giving your life quality. Reinvent your life endlessly; opening your minds to the infinite possibilities that do exist. Life is exactly what you make it; it can be a heaven or hell; it's all up to you.

I have met many people who have been treated for depression and other conditions when they were, in fact, in the deep stages of spiritual crisis. ~ Caroline Myss

ARE YOU IN SPIRITUAL EMERGENCE-Y?

Are you in turmoil in relationships?
Have you been fired or feel betrayed?
Do you have a total sense of abandonment?
Is your emotional life a roller coaster?
Are you moving between feelings of numb
blankness to darkness and despair? Are you:

Have you had a major life upheaval such as	hurt
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near-death experience	irritable
death of loved one	fatigued
change of location	restless
job change	resentful
marriage	melancholy
disability	mentally foggy
divorce	over or under fed
illness	sleepless or overslept
	using addictive substances?

Are your spiritual needs not being met in the churches?
You know your spiritual needs are being met when you have a sense of stillness within you, and a feeling of connection to the *Creator/Source/Universe/Energy/God/Goddess* of your understanding. Spiritual emergence-y is a form of identity crisis where you undergo drastic changes to your belief system. This is a sign that deep work and purification are unfolding. It can be uncomfortable and painful, not easy to function in society and to continue with daily tasks and responsibilities. As we pursue a spiritual path, we all deal with the same issues,



"Who am I?"
"What am I doing here?"
"What is my purpose?"
"Why is there so much pain & suffering?"

These questions arise from contemplation of something that does not fit into our present belief system. In order to break through, you have to burn away your current limited view of the

world and of your place in it. There are rules to navigating this smoothly and I can teach you those rules, so you can live a more expansive life. So much of my practice is currently on the topic of spiritual emergence-y that I decided to make it a focus for 2012. Together we can discover more of who you came here to be. \$60 for one hour by phone at your schedule, and affordable because this is important work.

"How blessed I was to find you. Who so effortlessly showed me who I was and made me see through the lies I'd been told and began to believe myself. Thank you."

Andrea de Michaelis 321-722-2100
Email horizonsmagazine@aol.com

Andrea online at <http://horizonsmagazine.com/blog/>
CREDIT CARDS, PAYPAL

Thoughts about things...

... from page 27...



Andrea de Michaelis, Editor

*"I want to look back on my life
and be giddy with joy that I was
the one who got to live it."*

One thing I love about the city of Palm Bay laws about having a fire is that you can only do it when you're cooking food. That makes it mandatory to have a picnic at the campfire! In go a few potatoes wrapped in foil, along with half ears of corn and cloves of garlic spritzed with olive oil. I can eat that for dinner every night. In the meantime, each sundown I make a ritual of going out and walking the yard and pick up kindling and branch deadfall to have ready for the next fire. I love having different yards I can play in different times of the year - the east garden for Spring and Summer, the west woods for Fall and Winter. Knowing it's a cycle makes me look forward to the changes.

Not everyone considers every change to be for the better. At first. It can be with a little expansion of perception. *Don't take score so soon.* In a reading last month, Domino wanted to know if she and her ex were back together again or not. The last time I spoke with her, they'd had a big blow up fight. He shouted at her, *"That's it, we're over!"* and he moved into a buddy's apartment. Since they're in business together, they see each other every day and still sit together to chat for meals and breaks. "Now," she says, "he's acting all lovey dovey and once again refers to her as his girlfriend, etc." Domino's question is *"WTF???"*

I get some version of this question a lot. One party wants to know "where they stand" in the relationship, to make sure it is in line with their goal, usually marriage. Once their partner knows what their goal is, they can decide if they want to work toward that goal with this person. Most often, two are together because one has a goal and thinks they are in a relationship, and the other is just enjoying a happy day by day experience and, while not wanting to commit, they don't want anything to change, either. They like things the way they are. They don't ever want to discuss relationship stuff.

We cannot always teach loved ones how to communicate their feelings to us. They may not have the words for it. They may not have had a healthy role model for it. Or they may simply not have enough interest in the topic of relationship - with you or at all - or just at this time. When your partner is known for being moody and having verbal outbursts, keep that in mind. He may say something in anger he doesn't really mean. That was how he was brought up and it may be the only way he knows how to act and react. Don't take it personally. Don't judge it. Don't take it as truth and don't take it to heart. Don't make light of it. He's hurt and needs something to change. He doesn't know how to ask for it because he may not know what needs to change. Neither of you do.

So my response to "Is it over or are we still together?" is, act in each moment as you would if you were getting along well. Talk about everything of interest in the now. When it feels good, spend time together. When it feels tense, have other things to do. Don't talk about relationship. Whatever you feel a need to put a label on automatically limits you. If you have to ask the question, "are we together or not," the likely answer is no.

Domino asked, she said, because she needed to know if she should begin to look for a new boyfriend. That always struck me funny because I never felt someone was missing from my life all the years I went without a man. If I came across someone in my daily travels while involved in my particular interests and pursuits, someone who enlivened my interest, that was a bonus, no matter how long it took to find them and no matter how long it lasted. My pair bondings have historically lasted 3 years each. I'm happy when I have a partner. I'm happy when I am alone. I have a full happy life.

*My response
to "Is it over
or are we still
together?" is,
act in each
moment as
you would
if you were
getting along
well. Period.*

To constantly be on the lookout for the next partner can be exhausting. Many people waste many years by waiting to do this or that until they have a partner to do it with. Their life goal becomes to find a partner. Often they haven't cultivated any real interests, so they don't make themselves into an interesting partner. Funny how that works, isn't it?

I told Domino that as long as they are working side by side each day and getting along well, don't get involved with anyone else. When you turn your attention to someone new, that pulls energy away from your current partner. If you want to work it out with them, don't dilute the issue with someone new just yet. If you enjoy being with them, even knowing it's not long term, don't do anything to rock the boat unnecessarily. Domino and her man need an easier energy flow between them, not to add unneeded confusion to the mix.

Of course, if you can't be around him without feeling ignored or neglected, don't be around him. If you can't find fun in the times you are together, mostly that's because you keep running thoughts of past "stuff" through your mind. Don't be around him if you can't find the fun in it.

WHY DO SPECIFIC PEOPLE COME TO US? "They are a manifestation of your vibration, every time. So they come as evidence of what you're doing vibrationally, every time. They came because I summoned them with my practiced vibration." If you are with your partner as evidence of what you've been habitually doing vibrationally, it stands to reason that if you'd like a change, you'll begin doing things to vibrate in a different place yourself. That can be as simple as focusing on new topics, focusing on new people, focusing on new places. Abraham-Hicks.com



Enjoy our offering this month. Hari Om.

Andrea

HAVING MONEY

...continued from page 12

Do not worry about someone else taking away your idea, or doing what you are doing better than you are. As long as you do the best you know how and put out the finest quality product or service you can offer, you will be richly rewarded. It doesn't matter what other people do. Even if someone is claiming the credit right now for your good work, don't stop putting out quality work. You will be rewarded eventually. As with the tortoise and the hare, the one who works consistently and steadily, doing a good job all the time, will have more abundance and make a greater mark in the world than the person who takes shortcuts to beat everyone else out.

If you are competing with other job applicants for a job, or with other businesses for a client, or are wanting to get a grant or funding, do not view yourself as competing with others. If it is for your highest good to get the money, client, or job, you will. Always do your best in your grant applications, job interviews, and sales presentations; write or go to only those people your inner messages direct you to, and you will find your money or job. If you get it, do not worry that you have taken something away from someone else.

The universe is perfect and abundant, and others will receive exactly what is best for them. You cannot take away from others. Your opportunities are meant for you, and those that aren't for you will be given to others. If you are competing for anything right now - a job, funding, a loan, a scholarship, or an apartment - see if you can let go of your worry and trust that the best outcome will occur for all of you. Trust that what is meant to be yours will be yours; the universe is always working to bring your higher good to you.

Don't view your coworkers or those around you as competitors; see them as friends. Cooperation will get you much further than competition. When you think of others and yourself, have thoughts of riches, prosperity, success, and goodness. Having such thoughts helps make them come true. Let your thoughts about everyone be of their increased good. Picture everyone as successful. Sometimes people bring financial hardship to themselves by dwelling on other people's financial difficulties, for what you focus on is what you draw to yourself. Rather than talking about how hard life is for people, send them compassion and light; see them getting out of their difficult situations and experiencing abundance. The positive pictures and love you send out will come back to you many times over. If you hear friends complaining of lack, remind them of what they do have. When you are around people who talk of financial problems, see if you can change the subject or help them appreciate the abundance they have already created.

You may be hoping that your wealth will come from winning a lottery. To win, be ready to receive the money. While many of you hope to win, you don't truly expect to win. People who win are committed to winning, and have dealt with their beliefs that say getting money this way is too easy, or too good to be true. Even more important, if winning the money would stop you from doing your life's work, your higher self will keep you from winning. Winning a large sum of money can create more challenges than you think. It is important to have the right amount of money, and if a huge windfall would put your life out of balance, your higher self will most probably keep it from you.

Rev. Dr. James W.R. Thomas *Certified Medium & Healer*

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Depending on how prepared you are to have a large windfall, many things in your life will change. Getting money gradually, at a pace you can adjust to, is a gift. You can get used to handling a larger energy flow in a balanced, stable way. You have the time to try out various actions before large sums are involved. If you aren't prepared to handle a larger amount and you do get it, your higher self may find many ways for you to let go of it. Many people who have won or inherited large sums have also lost or spent them in just a few years; their own energy and the larger sum of money weren't in harmony. Those who do keep their windfalls often keep the same jobs and homes and bank the money, slowly getting used to the increased amount.

Play lotteries if you grow from the process. For many people, lotteries provide an opportunity to visualize themselves as abundant, and that picture helps them draw in abundance in other ways. Every time they buy lottery tickets, they feel the possible joy of winning, and bring that feeling into their lives. That may be precisely the feeling their souls want them to develop. You can create the same experience by visualizing your success, imagining having what you want, and making the picture as real and vivid as possible.

When you have money, see your money as a source of good; see it as potential to create higher purpose that has yet to be converted into substance and form. Keep picturing all your money in the bank or in your wallet as money that is awaiting your command to go out and create good for you and others. Appreciate your abundance, and realize that you have learned to tap in to the unlimited abundance of the universe. Your money is awaiting the opportunity to bring you good, and to improve your life and the lives of others.



Barbara Lee is a Reiki Master Teacher, Psychic and Professional Astrologer. She offers phone consultations and a state of the art astrological chart service with six types of computerized reports. Call Barbara at 1-208-773-7822, visit on the web at www.IntuitiveReflections.com, or email barbaralee21@roadrunner.com

HOROSCOPES

NOVEMBER 2012

Aries: March 21 to April 19 "I Am"

All hard work and no play will quickly get you out of your comfort zone. Temptation will lend you a hand anytime you intend to live it up. Balance is the key when it comes to living foot loose and fancy free, there is no such luck. You pay your dues no matter what; be generous now and pay the piper.

Taurus: April 20 to May 20 "I Have"

You may not see it now but there is a very powerful spiritual justice at work in your life. Karma is at work big time, you may not be enjoying your experience but you are really clearing up the crap in your life, or I should say the Universe is wringing it out of you. It boils down to consequences. Things have to change for the better and they will.

Gemini: May 21 to June 20 "I Think"

Your brain is on overload, too many things to accomplish, and so much to say. Sometimes what you have to remember is that you may be put in situations to help others even if you are not aware of why. One thing for sure is you really get around. You would be so surprised how much good you can do just by networking in your neighborhood.

Cancer: June 21 to July 22 "I Feel"

Your creative urges will bring you to many interesting places and different states of mind. You have so much to live for, and so many projects in the making that you can have a hard time sleeping. Try doing yoga in the evening to calm your nervous system and you will be amazed at what your higher self will channel.

Leo: July 22 to August 22 "I Will"

Be gentle with yourself for you are changing at a very very deep level. Your special relationship may be a target for betrayal from a so called best friend. Watch your back and get to the bottom of things. You know what is happening on a cellular level. The lesson here is to trust yourself first and prepare for what you want.

Virgo: August 23 to September 22 "I Analyze"

You are at a place right now where what you know can help many people. You yourself have been through so much, your personal experience will help others in need love and trust your knowledge. Love of all the finer things in life will attract more of what you want and deserve!

Libra: September 23 to October 22/23 "I Balance"

Are you willing to face your fears about changing your current situation because you may encounter a short period of discomfort? Is it easier for you to hide in your worry and fear, or can you find the courage within yourself to create the life you have intended for yourself?

Scorpio: October 23 to November 21/22 "I Transform"

Get ready for the Solar Eclipse New Moon 2 degrees of Scorpio on November 13, 2012. This will be a huge shift into power for all. How you handle your finances; your money and how generous you are with your resources is a reflection of how you feel about yourself. Do you have enough of whatever you need?

Sagittarius: November 22 to December 21 "I Perceive"

You have been put in a position of leadership where you can not run or hide, you have to tell the truth, and be willing to stand alone in your beliefs. Your responsibility is the ability to respond to any situation with integrity, and be willing to do the right thing no matter what; what are you willing to live with?

Capricorn: December 22 to January 19 "I Use"

You live in an abundant Universe because you are willing to work for what you want, so you are able to have everything you need. Your work focus may change slightly which will allow you to trust in the Universe to provide. As you well know you can lead a horse to water but you can not make them drink.

Aquarius: January 20 to February 19 "I Know"

You may be in the dark about someone's motives, they are not showing you their true colors. All you can do is listen carefully to what your body signals are telling you. Wishful thinking will get you nowhere. Ask for clarity and awareness and you will be shown what to do and when to do it. Your trust in a higher power will see you through to your very best life.

Pisces: February 19 to March 22 "I Believe"

You are feeling like submerging yourself within yourself. Time to take a time out to take a deeper look at your life. What habits do you need to change. Who are you now and where is your life headed and where do you want it to go? Time to change directions, get a massage, take a salt bath. Enjoy yourself, do some yoga.



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HORIZONS MAGAZINE MISSION STATEMENT

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions. To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience. What we see and experience is simply the brain's interpretation of electrical signals. The only reality we cope with is the world of perceptions inside our mind. We participate in creation of the reality we experience by our intentions, beliefs and expectations, by every thought we think and every word we speak.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation. Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it.

We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise. So, if you read an article that touches your heart, or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss their offering with them. Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

*From my heart to yours,
Andrea de Michaelis*

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As hopeless as any situation feels, it's really only your thoughts that you're dealing with. And you have the power to change those. Louise Hay

West Palm Beach, January 13

Meditation Seminar with Roy Eugene Davis

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**1 p.m. ROY EUGENE DAVIS
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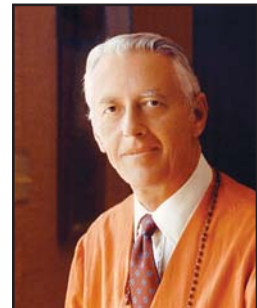
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