

Andrea de Michaelis presents

HORIZONS

Spiritual Solutions for Florida Since 1992 • Applying The Law of Attraction

FREE
NOVEMBER 2008

NOVEMBER 2008
FREE

Art by Susan Sullivan



The *Gathering* is not just a place but rather the coming together of a group of people who are determined to see Love instead of fear in every situation. Grounded in the teachings of A Course In Miracles and open to the exploration of all spiritual paths, we gather to join in Spirit, examine our beliefs, and take joyful responsibility for our choices and experiences.

The Village Gathering

A Course in Miracles Every Wednesday Night



6:00 - 7:00 pm
Reading from
A Course in Miracles

7:00 - 8:30 pm
Lecture and
Discussion with
Rosalie Bianco

Happiness comes from a Well of Love so deep that it is inexhaustible. Accessing that Well is easy once you discover the secrets to life buried in your own soul. The willingness to know your True Self will lead You to the treasures found in your own reflection.

Join me on Wednesday nights and together we will bring the teachings of A Course in Miracles to life – to your life and mine.

See you there,
Rosalie

Dec. 7: Robin and Eddy in Concert!

No matter how far apart we may seem, we can always find common ground...as evidenced by this acoustic duo whose spiritually uplifting messages will warm your heart and get your feet tapping.



“Teach only love, for that is what you are.”

— A Course in Miracles

FIRST Sunday Evening Events

6:00 to 7:30 pm

(Love offering)

Nov. 2: Walk The Power of Our Way Medicine Wheel

with Anita and Brent Law

Join us for a physical, mental, energetic, and spiritual journey through *The Five Dimensions of Evolutionary Transformation* and *The Bridges of Higher Understanding*. Walking the wheel, we will honor the energies and intentions present within each of the 7 Directions honored in the Native American traditions; North, South, East West, Mother Earth, Father Sky and the Centered Self.

Healing the Past and any non-serving beliefs you are carrying is essential to fully accepting, sharing and celebrating the gifts in all areas of your life, each of us ultimately contributing to the Collective Consciousness. Although everyone's recipe for healing is unique, Anita and Brent will share several incredibly powerful principles and techniques that can literally heal us in an instant.

This journey of music, movement, unification and conscious co-creation empowers us to harness the creative energies of the Universe as we embrace a higher way of living and unleash ourselves into an unlimited potential.

Visit our website for a full schedule of events.

www.TheVillageGathering.com

The Village Gathering

6 Rosa L. Jones Blvd. ❖ Cocoa Village, FL ❖ 321-617-9005

(Enter on the East side of the building, under the portico.)



Rev. Albert J. Bowes

386-228-3209 • Cassadaga



Albert has been a professional psychic for 35 years. He offers a unique, scientifically proven service that has amazed and changed peoples lives. An Ordained Minister and Certified Psychic from Cassadaga, FL, Albert has a unique gift that allows him to develop a sincere empathy with his clients. He uses this gift to give people gentle but firm guidance into knowing themselves better.

PSYCHIC READINGS

Telephone or In Person

By appointment only

386-228-3209

Accuracy scientifically proven

Readings have the potential to:

- Improve marital communications.
- Resolve negative patterns.
- Enhance your career development.
- Provide insight into the lives and behavior of friends, family, co-workers, employees.
- Provide guidance for self-analysis, discovery and growth.
- Improve your understanding of people and events in your past including why they happened.



CREDENTIALS:

Albert was the subject of the internationally published book "VISIONS OF TIME", to make the world aware of the scientific possibilities for using psychic gifts. Albert's gifts have been validated by double-blind testing by a University Professor in a four-year research project. Albert's work has included successful projects with **NASA** & the **FBI**, to working on academic projects, to finding missing persons and sunken ships.

He has worked with a wide variety of professionals, including Archeologists, Research Scientists, Detectives, Doctors, Surgeons, Oil Companies, and many other individuals, both professional and private. He is the founder of **The Society for Holistic Living**, which advocates the incorporation of Body, Mind and Spirit, working toward completeness in life. He has taught University level Parapsychology 1 & 2 for the **University of Florida**, and his Anthropology work is still being taught in Universities.

He was also a Project Manager and Lecturer for the **Edgar Cayce Foundation** and their **Association for Research and Enlightenment**. Albert also hosted a year-long TV show, "Society of Holistic Healing" on **TV Channel 3**, and has made appearances by invitation on "The Carol Nelson Show", on **WFTV Channel 9** in Orlando, and "**PM MAGAZINE**" **WCPX Channel 6**. Albert was invited to **Russia** to study the paranormal, where he worked with a team of Psychics, Researchers and Scientists.

Albert Bowes is a REAL psychic detective who has worked with local and national law enforcement agencies. Visit him online at www.psychicconsultant.org

**Stop in and
see if what
we offer
nourishes
your soul...**



*Rev. Beth Head
welcomes you*



**1745 Trimble Road
321.254.0313**

Unity Church
OF MELBOURNE FL

New Thought Teachings in Practical Christianity

www.unityofmelbourne.com

Sunday Services 9:00am & 11am

**OUR SUNDAY
MUSICIANS ROCK!!**

FRIENDSHIP SUNDAY Sunday, November 2nd Services at

9:00 and 11:00am

POTLUCK Immediately following the 11am service Invite a friend and come to our joy filled Sunday service. Bring a dish with enough for your family and some to share.

TRUNK OR TREAT BRING YOUR LEFT OVER HALLOWEEN CANDY

Sunday, November 2nd After our potluck, we will invite all of you with leftover Halloween candy to move your cars towards the back of our parking lot. Then we will open our trunks and let our children visit each participating car for treats. Costumes are encouraged.



**Dr. Ken Hanson
Sunday Nov 9th
Sunday Services
9:00am and 11am**

**"A Brief History of
God"** An insightful

exploration covering
Judaism, Christianity & Islam.

Dr. Ken Hanson, Sunday Nov.

9th Workshop 2:00pm "The Lord's Prayer in Hebrew" The Lord's Prayer is an astonishing declaration of faith from ancient Israel.

Author of James and the Lost Heirs of Jesus, Essene Book of Everyday Virtues: Spiritual Wisdom From The Dead Sea Scrolls; Secrets from the Lost Bible; Dead Sea Scrolls: The Untold Story; Kabbalah: The Untold Story of the Mystic Tradition; Words of Light: Spiritual Wisdom from the Dead Sea Scrolls. Dr. Hanson's website is www.treasuresintime.org. You can also hear him on Coast to Coast with George Noory at www.coasttocoast.com/shows/2008/07/14.html

THE MANY PATHS OF MEDITATION WITH LLOYD REISER Saturday, Nov. 15th 9am – 5pm

\$40 Love Offering includes lunch. Forms of meditation will include Sylva method and biofeedback; Transcendental Meditation; Pranayama practices and Kundalini techniques; Kriya Yoga; Tantric or Mandala Meditation; Zen Meditation and Chanting.

UNITY BASICS NEW MEMBER

ORIENTATION Saturday, Nov. 22 9am

If you have any questions regarding Unity's basic principles or our church you are cordially invited to this class. Everyone is invited to the class. It meets the current educational requirements for membership.

THANKSGIVING EVE MUSIC SERVICE

Wednesday, November 26th 7:00PM

Join us for our annual Thanksgiving Eve service. This year we will have music by 'Music For Candles' as well as time for gratitude, meditation and communion.

Vashti Germaine will share her passion for sacred eating – practicing the presence of God and being in the Now moment as we partake our meals.

MUSIC FOR CANDLES WITH JAMES LEWIS FEAGANS, PIANO, AND KIMMARA ROSEHART, FLUTES,



have been producing their internationally known variety of Original ~ Gentle ~ Instrumental music and performing around the country for well over a decade. Their mission statement is to produce and promote instrumental music, which can help attune us to a calm state of heightened awareness producing helpful patterns of thinking, feeling and being. Their CD's include a large variety of healing and sacred music featuring, James' gentle, flowing Piano, Kimmara's beautiful Flute melodies, along with Harp, Cello and Guitar. Visit www.musicforcandles.com

PRAYER WORKSHOP with Darlene Capinha, Sonya Smythe and chaplains

Saturday, Nov. 29th 10am to 1pm Learn Unity Basics and Prayer as a way of life. This is a prerequisite for any chaplain candidate. If you ever thought you might want to be a chaplain, attend.

HEALING SERVICES

Reiki Service November 2nd at 4:30pm
Pranic Healing – watch our website for dates
Tuesdays & Thursdays at noon – healing prayer service
All are welcome to all services.

Make Peace Ribbon Bracelets With Artisans for Peace Group Thursday, Nov. 6th 7PM

Join as we gather together to make Peace Ribbon Bracelets. Made with organic cotton and stamped with the word peace, then we sew on a small coconut shell button and hole to make them bracelets. We will create one each and then take ten minutes to silently think about peace, as well as have a Japanese Tea Ceremony. Join us for this monthly event as we create projects based on Peace! \$10 Donation Non denominational

Coming Event Chaplain Training Retreat

December 5th – 7th Unity of Melbourne chaplains will be attending a training retreat from 6:00pm Friday to 1:00pm Sunday. Please see a chaplain if interested.



COMING SUNDAY DEC. 7TH HERE II HERE

A circle of talented musicians and a vocal harmony group, Here II Here f/k/a Inner Voice has been moving crowds to a frenzy with its rhythmic blend of tribal pop, illuminated rock, and soul-inspired R&B harmonies resonating with innovative lyrics of peace, awareness, connection, love.

CONCERT 6:30PM AND FEATURED MUSICIANS FOR THE 9:00AM AND 11:00AM SERVICES

This music heals. It blows your mind and heart wide open, all the while making your rump go bump!
Music and videos online at www.hereiihere.com
\$25 suggested love offering and no one turned away
More information on page 38

DIRECTIONS TO US: I-95 exit 72, follow Eau Gallie Blvd (518) to Wickham Rd & go left, then left on Trimble. Trimble is north of Eau Gallie Cswy, south of Aurora.

**THE GREATEST
OPTICAL ILLUSION
IS SEPARATION**

Horizons

Publisher/Editor/Layout:
Andrea de Michaelis

Thanks for help this month

Vickie & Richard Martin
Cha Cha La Belle
Rev. Beth Head
Sally Carmany
Gerald Head
Denise Marr

Cover art (see page 34):

Unicorn Rainbow by
Eva M. Sakmar-Sullivan

Contributing writers:

Michelle Whitedove
Richard A. Singer, Jr.
Esther & Jerry Hicks
Cecelia Auitable
Roger Coleman
Michael James
Karen Williams
June K. Brown
Barbara Lee
Sharon Janis
Alan Cohen
Mike Dooley
Tom Sannar
Steve Simon

| | |
|-------------------------------------------------------------------------------------------------|----|
| Our Advertising Rates ... Low because we are in it for the outcome, not the income | 6 |
| 12 Steps of Spiritual Freedom by Rev. Tom Sannar | 6 |
| This Month's Thoughts About Things by Andrea de Michaelis | 7 |
| The Teachings of Abraham by Esther and Jerry Hicks | 8 |
| Tips for Staying Calm in Today's Economy by Sharon Janis | 9 |
| Animal Spiritual Guidance by June K. Brown. | 10 |
| Anything Is Possible by Michael James | 11 |
| Herb Corner with Cecelia Auitable | 13 |
| Our Classified Ads | 14 |
| Ask Whitedove with Michelle Whitedove | 15 |
| Secrets of Spiritual Happiness by Sharon Janis | 16 |
| From The Heart by Alan Cohen | 17 |
| Notes From The Universe by Mike Dooley | 18 |
| Your Daily Walk by Richard A. Singer, Jr..... | 20 |
| The Movie Mystic DVD Review Ghost Town by Steve Simon | 21 |
| Our Phone Directory *Horizons may be picked up at most of these locations* | 23 |
| SoulSongs by Karen Williams | 33 |
| Cover Artist | 34 |
| Our Calendar of Events | 35 |
| Our Mission Statement | 40 |
| How to Use Horizons Magazine | 40 |
| Solar & Lunar Celebrations of the Ancients by Roger Coleman | 41 |
| Suggested Reading, Watching, Listening | 42 |
| Psychic Fair Calendar | 43 |
| Monthly Horoscopes by Barbara Lee | 44 |



And the day came
when the risk to remain
tight in a bud was more
painful... than the risk it
took to blossom.

Anais Nin

**Horizons thanks
everyone willing
to take the risk**

HORIZONS MAGAZINE is distributed FREE each month to 300+ bookstores and health food stores throughout Florida, as well as by subscription. HORIZONS is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life. Please write us with your comments.

ARTICLE SUBMISSION: You may submit articles of 200-900 words on any area of personal growth and practical spirituality to HorizonsMagazine@aol.com, along with a 50 word bio telling who you are and how to contact you. Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for as an ad.

The views expressed in Horizons Magazine are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

We accept all credit cards and Paypal

Visit www.horizonsmagazine.com

Email HorizonsMagazine@aol.com

HORIZONS MAGAZINE 321.722.2100
575 Escarole Street SE • Palm Bay, FL 32909-4802

Classifieds \$1.50 per word. page 14
 Phone Directory \$5 per line. page 23
 Calendar \$.30 per word. page 35
 Psychic Fair Calendar \$5 per line page 43

DISPLAY ADVERTISING RATES

| Ad size | 1 month | 3 months* | 6 months* |
|-----------------------|----------------------------|-----------|------------------|
| Small Strip Ad | \$ 50 | \$ 40 | \$ 30 |
| Business card | \$ 90 | \$ 75 | \$ 65 |
| 1/4 page | \$180 | \$150 | \$125 |
| 1/3 page | \$200 | \$175 | \$150 |
| 1/2 page | \$300 | \$250 | \$220 |
| 1/2 on pgs 44, 45 | \$350 | \$300 | \$250*horoscopes |
| Full page | \$400 | \$350 | \$300 |
| Back page incl. color | \$625 | \$565 | \$475 |
| Inside back | \$525 | \$465 | \$400 color |
| Inside front | \$550 | \$485 | \$425 color |
| Page 3 | \$550 | \$485 | \$425 color |
| Page 4 | \$450 | 400 | \$350 |
| Front cover | \$900 (Restrictions apply) | | |

COLOR ADD 25% *You must prepay to get discounted rate
 Example: Business card for 6 months is \$390 prepaid
 Full page ad for 6 months is \$1,800 prepaid

BEST AD RATES & WIDEST DISTRIBUTION

of any spiritual growth magazine in Florida.
 We're distributed monthly to 300+ bookstores and health food stores all over Florida, as well as by private subscription. See pages 23-26 to see where HORIZONS MAGAZINE is distributed

For good advertising results, studies show it takes a reader 3-4 times seeing a new ad before it is noticed and acted on. By the 4th ad, readers begin to call.

Payment is due by the 10th with your ad.

DISPLAY AD SIZES

Full page ad is 7.25" wide by 9.5" tall
 1/2 page 4.25" tall by 7.25" wide or 9" tall by 3.5" wide
 1/3 page 2.8" tall by 7.25" wide or 9" tall by 2.3" wide
 1/4 page 3.5" wide by 4.25" tall
 Business card ad is 2" by 3.5"
 Small strip ad is 1" x 3.5"

**WE ACCEPT
 ALL CREDIT
 CARDS AND
 PAYPAL
 ONLINE**

321-722-2100

Email us at HorizonsMagazine@aol.com

**SPONSOR OUR WEBSITE FOR ONE
 MONTH FOR JUST \$120**

Mail ad with payment to
HORIZONS MAGAZINE
 575 Escarole Street SE
 Palm Bay, FL 32909-4802

12 Steps of Spiritual Freedom

By Rev. Tom Sannar

www.new-thought.org/ Email oneheart@roadrunner.com

1. Recognition - God Is First. I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.
2. Unification. I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
3. Willingness To Change. I am willing to assess my life, to honestly look at and face all my fears.
4. Dominion. I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
5. I Live On Principle. I know that I am a Spiritual Being. I live my life with honesty and integrity.
6. I Live On Purpose. I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
7. Forgiveness. I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
8. Positively Present. I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
9. Persistence. I persist through faith. I maintain focus and discipline.
10. Service. I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
11. Gratitude. I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
12. Tithing. I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.





Andrea de Michaelis
Publisher

THIS MONTH'S THOUGHTS ABOUT THINGS...

*"I want to look back on my life and
be giddy with joy that I was the
one who got to live it."*

Hello and welcome to the **November 2008** edition of **Horizons Magazine**. Wow, I was really on a soapbox last month! As I reread my October editorial before beginning this one, I see I was ranting about the media - sheesh - do I forget that I **AM** the media? My article each month is typically written at the very last minute, as soon as I see how much space I have remaining after placing all the ads. I like having at least 24 hours between writing it and proof-reading it. That way, if I catch myself on a rant, a few hours later I will have balanced out about it and will edit it down. But I don't always get 24 hours. Last month I had like an hour, and so I just rattled off a page and a half of what was on my mind. When I read it later, in print, I see that I was lost in my movie of "I'm overwhelmed with work so I'm going to be grouchy" and let all of you be privy to that. Grin. You're welcome!

I like to catch myself offguard like that, it helps me to see what kind of story I am telling myself about me. Is this the story I tell everyone else about me, too? Hmm... what, then, IS my story? Is my story that I am overwhelmed with work, that I have no time for a personal life and that I miss out on a lot of community events because I am working? Or is my story that I am blessed with successful business, that my work IS my mission and is the fulfillment of my life's purpose, and that while I don't attend many local events, I maintain deep friendships behind the scenes via phone and email with many in the community.

Is my story that my yard is big and overgrown and hard to maintain? Or that I live in Paradise and get a chance every day to prune and sculpt the landscape into just what I'd like, to carve new trails as last season's trail grows over? I get to see everyday evolution in action, constant death and rebirth, and to be reminded that just like the fallen acorn is the seed for a future giant oak, just so will my good and prosperity flow out of me as a natural result of who I am as I grow.

Is my story that there is trouble in the world and I should spend my personal thought time worrying about it? Or is my story that my life is good and I believe there is more good to come, and that the best is yet to be?

No coincidence, **Abraham-Hicks** this month talks about the story you tell *smile* Oh! New! Abraham on The World Financial Crisis at www.economy-and-the-law-of-attraction.com. It's good news!

Enjoy our offering this month. Hari Om.

Andrea

GET THE SPIRIT!

If you appreciate what Horizons has each month, show your support by subscribing, even if your local store carries us.

SUBSCRIBE TODAY

We'll give you 12 monthly issues of **Horizons Magazine** for just \$26 (\$48 overseas.) Charge it to any credit card or PayPal. **FILL OUT THIS FORM OR CALL 321-722-2100**, and the next issue of **Horizons Magazine** will be at your door early each month. You may email HorizonsMagazine@aol.com or mail to **575 Escarole St SE Palm Bay, FL 32909-4802**.

Please send me ___ subscription(s) at \$26 each. I enclose my check or money order ___ OR Charge \$___ to my credit card. The number is _____
The expiration date is : _____ Email address: _____

Mail my subscription to: Name _____ Phone _____
Address : _____ Apt No. _____
City _____ State _____ Zip Code _____

Yes! I want to receive Horizons Magazine at my own front door!

ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Esther & Jerry Hicks are authors of *Ask & It Is Given*, *The Amazing Power of Deliberate Intent* and the NY Times Best Seller, *Money and the Law of Attraction* and their dvd, *The Secret Behind "The Secret"*! www.abraham-hicks.com.

NEW! Abraham on The World Financial Crisis at www.economy-and-the-law-of-attraction.com

Excerpted from book, "Money, and the Law of Attraction"

Your Story, and the Law of Attraction

Each and every component that makes up your life experience is drawn to you by the powerful Law of Attraction's response to the thoughts you think and **the story you tell about your life**. Your money and financial assets; your body's state of wellness, clarity, flexibility, size, and shape; your work environment, how you are treated, work satisfaction, and rewards—indeed, the very happiness of your life experience in general—is all happening **because of the story that you tell**. If you will let your dominant intention be to revise and improve the content of the story you tell every day of your life, it is our absolute promise to you that your life will become that everimproving story. For by the powerful Law of Attraction, it must be!

Does Life Sometimes Seem to Be Unfair?

You have wanted more success and you have applied yourself well, doing everything that everyone said you should do, but the success you have been seeking has been slow to come. You tried very hard, especially at first, to learn all the right things, to be in the right places, to do the right things, to say the right things . . . but often things did not appear to be improving much at all.

Earlier in your life, when you were first dipping your toe into the idea of achieving success, you found satisfaction in satisfying the expectations of the others who were laying out the rules for success. The teachers, parents, and mentors who surrounded you seemed confident and convincing as they laid out their rules for success: "Always be on time; always do your best; remember to work hard; always be honest; strive for greatness; go the extra mile; there's no gain without pain; and, most important, never give up. . . ."

But, over time, your finding satisfaction from gaining the approval of those who laid out those rules waned as their principles of success—no matter how hard you tried—did not yield you the promised results. And it was more disheartening still when you stood back to gain some perspective on the whole picture and realized that their principles were not, for the most part, bringing them real success either. And then, to make matters even worse, you began meeting others (who clearly were not following those rules) who were achieving success apart from the formula that you had been so diligent to learn and apply.

And so you found yourself asking: "What's going on here? How can those who are working so hard be receiving so little, while those who seem to be working so little are achieving so much? My expensive education hasn't paid off at all—and yet that multimillionaire dropped out of high school. My father worked hard every day of his life—and yet our family had to borrow the money to pay for his funeral. . . . Why doesn't my hard work pay off for me the way it was supposed to? Why do so few really get rich, while most of us struggle to barely get by? What am I missing? What do those financially successful people know that I don't know?"

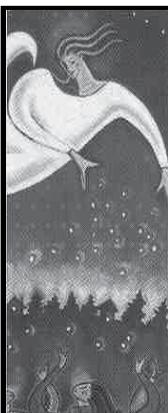
Is "Doing Your Best" Still Not Enough?

When you are doing everything you can think of, truly trying your best to do what you have been told is supposed to bring you success, and success doesn't come, it is easy to feel defensive, and eventually even angry at those who are displaying evidence of the success you desire. You even find yourself sometimes condemning their success simply because it is too painful to watch them living the success that continues to elude you. And it is for this reason—in response to this chronic condition in the financial affairs of your culture—that we offer this book.

When you come to the place of openly condemning the financial success that you crave, not only can that financial success never come to you, but you are also forfeiting your God-given rights to your health and happiness as well.

Many actually come to the incorrect conclusion that others in their physical environment have banded together in some sort of conspiracy to keep them from succeeding. For they believe, with all of their heart, that they have done every-

...continued on page 19...



Rev. Dr. Janet Claire Moore
Spiritual Reader, Channel and Counselor
ADL Minister, Licensed Mental Health Counselor
ACHE, Certified Clinical Hypnoterapist

"TO INSPIRE, ENCOURAGE AND HEAL"
Life path, future possibilities, Past lives, Grief issues, and Messages from Loved Ones in Spirit

GAINESVILLE, FL **352-373-8047**

JCMoore1@gmail.com

www.SeraphimCenter.org/reverend_drjanet.htm



STAYING CALM IN TODAY'S ECONOMY

Writer-producer-artist-musician Sharon Janis is the author of *Spirituality For Dummies*, *Secrets of Spiritual Happiness*, and *Never to Return: A Modern Quest for Eternal Truth*. Visit her website for inspiring book excerpts, streaming videos, devotional chanting, more: www.sharonjanis.com

Tips for Staying Calm and Centered During the Current Economic Crisis

Many people are finding themselves filled with anxiety as their financial portfolios crumble. But the good news is that there is something much greater than these financial challenges -- there is an awareness that exists beyond the ups and downs of this world. Tapping into that awareness allows you to navigate the decisions of your life while remaining happy and calm in spirit.

Here are some tips to help you get centered in your higher awareness:

1. Take slow deep breaths to calm your mind and nervous system. Breath in to the count of 4, hold for the count of four, breathe out to the count of four, and pause to the count of four, at whatever pace is most comfortable for you.

2. During the day, as you walk, think a walking affirmation timed with your steps. You can start with, "I am happy, I am healthy, I am wealthy, I am blessed," and compose your own personalized statements to bathe your mind in positive thoughts and words. You can also align positive words with your slow breathing exercise.

3. Remember death - not in a fearful way, but with a recognition of that which is inevitable. Remembering death helps you to appreciate life. Whatever you may have lost in the stock market is just practice for the day that you will leave this whole world behind to enter a greater realm of experience. Be grateful for what you have, and that gratitude will help to outshine the darkness of doubt and fear.

4. Don't listen to Suze Orman telling you (on CNN this past week) that you're going to have to live in your car and wait in bread lines. That's the same fear-mongering approach that helped create this crisis.

See our new website!
Lots of neat, new links!
www.horizonsmagazine.com

**Charles Lightwalker**
*Channeler, Shaman,
Medical Intuitive, Healer*
509-389-7290
www.thefamilyoflight.net charleslightwalker@yahoo.com

**MIND-GATE, INC.**
Pathways to the subconscious and beyond
SpiritualHypnosis.com
Gary W. Fisler, R.Ph., c.Ht. 912-552-0994
Past Life Regression
Karmic Regression
Future Life Regression
Life Between Lives Regression
Other Hypnosis Services (see website)

TRISH SMITH 386-490-6285
**Medium • Spiritual Counselor
Healer • Past Life Regression
Animal Readings**
Email trishsmith719@gmail.com

**Spiritual Path
Foundation**
Available for private sessions:
• Reiki treatments
• Shamanic Healing
• Regressions
• Counseling in person or by phone
Now taking registration for
2009 Shamanic Warrior Class
Deadline to register is 1/1/2009
See www.spiritweavershaman.org
www.spiritualpathfound.org
Email spiritualpath@bellsouth.net and
Spiritweaver at www.spiritweavershaman.org
321-951-8774

5. Have faith. If you're Christian, remember and write down **Bible** verses that give you greater faith that the hand of God is upon you and that He will take care of you as He does the lilies in the field. Each religion gives solace for difficult times - find whatever of these helps to soothe your mind and heart. Take refuge in the wisdom of ancient or modern sages. If you're "spiritual but not religious," you can still have faith in the rightness of the universe and know that whatever you are going through is your destiny, your karma. We all have crosses to bear in our lives, and with them comes our power to choose to experience them with faith and happiness.

...continued on page 31...

ANIMAL SPIRIT GUIDANCE



By June K. Brown
Animal Spirit Guidance is my passion. My Church is my backyard, the beach, or the grocery store parking lot. Everywhere I look, I see the omens sent to me from The Great Spirit, guiding me daily on my quest to spiritual enlightenment. Thank you Grandmother Spider! Email June at JBr340@aol.com



BOBCAT * SECRETS/SOLITARY

I could hear the chickens squawking in my back yard. They sounded frantic and when I looked out my kitchen window, they were all running toward the house, wings flapping wildly, fear in their eyes. I ran outside and saw a bobcat hiding under a cedar tree, ready to pounce. The only thing I could think to do was start yelling, so I did. The bobcat ran toward the woods, hopped the fence and with one final graceful leap, disappeared into the brush.

I stood guard near the back of my property, hiding behind a large patch of citronella grass. After an hour of impatient waiting I decided to move to another position and there she was, sitting just outside my fence. I stopped cold and stared at her, taking in her beauty, trying to decide what I should do. We locked eyes and my heart rate skyrocketed.

"You are beautiful," I said. "I need you to leave my chickens alone, though. I know the message you bring. Thank you." Once again, she turned toward the woods and leapt into the brush. I haven't seen her since then and I still have all of my hens.

The message? Well, there are two of them. #1: Hold your tongue and keep secrets sacred. #2: Come to terms with being solitary.

I was never good at keeping secrets when I was younger. I would always forget that certain information was for me and only me. I would tell someone something that I was told in confidence without even realizing what I had done, until it blew up in face. Now that I am older, I keep the secrets that are told to me. I have friends and strangers that give me information that they wouldn't tell anyone before.

Staying solitary helps in keeping those secrets. If I am alone, there is no one to tell. I love to be in contact with people, but truth be told I have always felt a little uncomfortable with large groups. I prefer one on one meetings with friends and to pray and meditate alone. Being around a lot of people and becoming part of a group that meets every week

seems to bring trouble for me. For a long time I thought that I was weird, so I joined groups in hopes of overcoming that uncomfortable feeling. And every time I would do that, I would say something that should not have been said and once again, it would blow up in my face.

Joining these groups was a rebellion against myself. Instead of embracing my true nature of needing and loving to be alone, I was forcing myself to be with people. Now I know better. Now I embrace my aloneness. Now I can keep the secrets. Now I feel normal and whole and life is easier for me.

Don't take this the wrong way, though. I do see people, visit close friends and family and I belong to a writer's group. I have to work and my work involves being around other people. The difference is that I don't have to say all that much when I am with them. We have one common thread that binds us together and I never break it or add more threads.

If you are struggling with being solitary or keeping secrets or both, remember the message that Bobcat brings. Whether you see Bobcat in your yard, at the zoo or in your dreams, the message is there for you. Take a look at your life and see if trouble comes when you open your mouth and let the cat out of the bag. When you talk too much, you can't listen - and listening is key to enlightenment.

Angelia
Intuitive High Priestess
Evolving Your Body, Mind, Heart & Soul
Psychic ★ Astrology ★ Numerology ★ Enneagram ★ Tarot
239.289.8602 www.angelia.com

ALIZ PSYCHIC SOLUTIONS
THE MOST POPULAR PSYCHIC LINE YOU WILL EVER CALL!
0800 404 5051
£25 00 20 min then £1.50 per min
FREE Phone payment by CREDIT or DEBIT CARD
Outside UK Callers
FREE CALL Credit Card Reading
0061 352 66 17 70
UK ONLY
0906 400 4010
Live Reading £1.50 per min
From BT Landline 16+ Mins.
PO Box 61 MAN M60 1ER
Text aliz and star and question to 67999, £1.50 per text.
Liz's truly caring gifted advisors
touch for LUCK



BECOMING AN ANYTHING IS POSSIBLE PERSON

Michael James is an author and teacher based in the UK. He enjoys discovering techniques to help people connect with their own inner truth and improve the quality of their own lives. The work of Esther and Jerry Hicks (Abraham) continues to inspire him and he greatly enjoys sharing this information with others. He is now training to be a yoga instructor. www.emergingjourneys.com

What the mind can conceive, the mind can achieve" says **Ernest Holmes** in his classic metaphysical text, *The Science of Mind*. And I have seen in my own life how true this is on more and more subjects. It takes dedicated practice to use our mind to focus mostly on what we want and therefore create these things in our world, but it is the most important thing we can practice.

When I interviewed **Caroline Myss** earlier this year, she mentioned **Lewis Caroll** to be one of her favourite spiritual authors. Caroll is a classic author I knew from childhood but I'd never particularly thought of him as a spiritual writer. I took another look and found his work to contain frequent expressions of spiritual wisdom. In his most famous work, *Alice in Wonderland*, there is a wonderful exchange between two characters; the Queen and Alice:

...continued on page 30...



IT'S TIME!
(TO REMEMBER WHO YOU ARE)
ViVat 321-725-3635



Rise above all challenges! Empower yourself! Develop and strengthen your inner spiritual powers of thought, intuition, visualization, psychic, meditation and powers of manifestation. Free monthly lecture. Visit www.mygardenofknowledge.com.

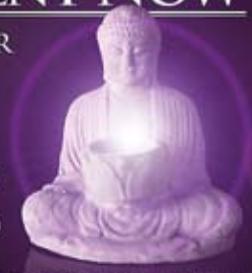
ENLIGHTENMENT NOW

LIVING SPIRITUAL MASTER



OPENING YOU TO DEEPER STATES OF LOVE, PEACE, PRESENCE & WISDOM

KEVIN HUNTER 239.784.7070
WWW.AWAKENEDHEARTPRESENCE.COM
SPIRITUAL EMPOWERMENT & GUIDANCE FOR THE INNER JOURNEY



Find out more! www.JoinCLP.com • Call 321.373.5215

Join Our Social Network

www.ConsciousLivingSpace.com

Find Old Friends~Meet New Ones!

1. Create your home page
2. Upload your favorite video, music & photos
3. Start your blog, read and comment on the forums, and start connecting

It's great fun and all free.

Created by

Conscious Living Partnership
Join the Conscious Revolution

www.ConsciousLivingPartnership.com

Come join us and like-minded people from around the world

-Shannon Burnett
Founder & CEO



888.285.1233





Enchanted Gifts for the Mind, Body and Soul

Creative Energy



Don't forget!

"Friday Fest"

Nov 14th, 6 pm - 10 pm

Drum Circle

"Down on the Corner!"

Our Enchanted Gifts include:

Crystals, gemstones,
jewelry, salt lamps, drums,
didgeridoos, singing bowls, books,
tarot, CDs, candles, incense, oils,
herbs, sage, divination tools,
statuary & altar items, belly dance
items, henna, tapestries,
peace-promoting items,
Amy Brown + faeries
& much more!

***All Amy Brown Faeries
now 40% OFF**

*Wishing you
Harvest Blessings
over-flowing with
Family, Friends,
Abundance and Joy
in the spirit of
Thanks and Giving*

Creative Energy
welcomes

Author, Astrologer and Parapsychologist

Dikki Jo Mullen

for Astrology and Tarot

Mini Readings

from Noon - 3 PM

on Friday, November 14

and Saturday, November 15

**835 East New Haven Avenue
in Historic Downtown Melbourne
(Think Purple)**

HOURS:

Monday thru Thursday 10 am - 6 pm

Friday and Saturday 10 am - 8 pm

Sunday, Noon - 5 pm

321-952-6789

*"Where Old
Melbourne meets the
New Age"*

HERB CORNER



Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. For more information call 321-757-7522

I CAN'T BELIEVE I ATE THE WHOLE THING

Common sense plays a huge role in the prevention of heartburn and indigestion but all of that goes out the window when you sit down to a holiday dinner. Indigestion and heartburn come with over indulging over the Holidays but Holiday binging doesn't have to cause pain if you plan your meals using some digestive soothing herbs. Incorporating herbs into the meal provides natural relief preventing the gas and bloating that comes with being as stuffed as the turkey.

Herbs can be added to vinegars for salad dressings; I like to make my vinegars about 3-4 weeks earlier for a stronger flavor using herbs like **Rosemary, Garlic, Basil, Oregano, Lemon Grass** or **Lemon Peel** in either **wine vinegar** or **cider vinegar** depending on the meal or the herbs. You can also add herbs to soups, salads, vegetable dishes, in potatoes, stuffing, rubbed onto the turkey or even in desserts.

Fennel can be used in breads rice, soups or in vegetables. In the book "**Back to Eden**" Fennel is said to be useful for gas, an overly acidic stomach, cramps and spasms.

Basil is good for reducing the acidity in tomato sauce that can cause gas and pain for some.

Anise is great for an overly acidic stomach caused by eating too many sweets. My Grandmother must have known this because many of her cake and cookie recipes included Anise.

Ginger is one of the oldest known stomach healing remedies and one of my personal favorites. I always have crystallized Ginger in my kitchen and I munch on it throughout the day. It's a mild bitter so it helps to stimulate digestive enzymes making nutrients more absorbable plus its volatile oils have carminative actions helping to dispel gas and bloating. Ginger also tastes good in soups, vinegars, gingerbread, pies, cookies, ice cream and in ginger ale.

Rosemary helps to calm the digestive system reducing the amount of gas that is produced. It can be used in vinegars, potatoes, soups, breads and in butters.

Cinnamon is a nice carminative herb that helps to calm the muscular lining of the digestive tract easing gas and bloating. Cinnamon tastes nice in ciders, pies, and cookies and mixed with sweet potatoes.

THE HERB CORNER AND LEARNING CENTER



*Over medicated?
We have natural
alternatives*

Hundreds of Organic Bulk Herbs
Custom Blended Herbal Remedies
Amber, Cobalt & Plastic Bottles
Essential Oils
Private Consultations
Crystals, Candles, Incense,
Egyptian Bottles and Jewelry

Sat Nov 15
Body Mind Spirit Fair
Readers, Reiki, Medical Intuitive,
Aromatherapy and Chair Massage

**Certified Master Herbalist
and Holistic Healthcare
provider on staff**

321-757-7522

OPEN Wed-Friday 10am-5pm
Saturday 10am-2pm
See www.herbcorner.net for free recipes, articles, info

277 N. Babcock St.
Melbourne, FL 32935

Some other herbs that could be used for preventing indigestion are **Coriander, Oregano, Thyme, Marjoram, Turmeric, Cumin, Sage, Cloves** and **Cayenne**.



MULLED CIDER RECIPE



1 gallon cider
1 cup brown sugar
2 teaspoons Allspice
1 teaspoon whole Cloves
1 teaspoon ground Ginger
1-3 Cinnamon sticks

Simmer for at least 15 minutes. After straining, it can be served hot, garnished with orange slices.

Get creative this year with your meal, not only will it taste good but your guests won't have regrets on how much they ate.

OUR CLASSIFIED ADS

Your listing here for just \$1.50 per word. Mail your listing with payment by 10th of the month preceding publication or email to HorizonsMagazine@aol.com

AFFORDABLE CRUISES www.bffcruises.com 888-420-7514

PSYCHIC CLAIRVOYANT KELLY JO MONAGHAN
561-333-5367 Phone Readings Available - Call Today

PSYCHIC PHONE READINGS REV. EMMA ROSA
813-677-6314 • 813- 843-8961

LIVE RADIO WEBCASTS ON EXPLORATIONS RADIO WITH CHRISTOPHER TIMS www.explorationsradio.com covering Mystery School Teachings, the Spiritual Journey, Sound Healing, paranormal and extraterrestrial phenomena, alternative health topics, live guest interviews and open call - in lines! Every Wednesday 7:30 pm! Also visit www.christophertims.com and www.soundhealing.org.

NO PAIN TRAMA RELIEF , PAST LIFE REGRESSION, Distance Healing <http://www.joyoflivingwell.org> 305-280-1633

PERSONAL TAROT READINGS BY CASSY. Ethical, compassionate, Cassy's spiritual calling can help you find guidance today! Readings from \$20. www.Cassytarot.Com

"YES, THIS MESSAGE IS FOR YOU." Requesting your personal interpretation of The Lord's Prayer. To be published as a printed collection of diversity, compassion, Love, and unity from all cultures, religions, non-religions, races, and ages. Please email to ominerpeace@yahoo.com

ARE YOU A HOLISTIC HEALTHCARE PRACTITIONER IN BREVARD - passionate about your work and ready to reach more clients? A friend will be organizing a Wellness Cooperative at her A1A location in Melbourne Beach, where individuals offering varied services in the healing arts can share space inexpensively. Only rent the full or half days that you schedule appointments. Please contact if you are interested. Email Horizonsmagazine@aol.com with "Andrea, please forward to Debbie S" in the subject line.

HELPING ORDINARY PEOPLE IN EXTRAORDINARY CIRCUMSTANCES. www.innerchristlight.com

****HEALTHY MIND & BODY**** What's your number... Weight, Blood Pressure, Cholesterol, Blood glucose... Get healthy, naturally 904 502 3415, 850 725 0121. Franchise available

CRYSTAL CONNECTION

Amazing Geodes, Gems & Minerals



Also: Angel Gifts, Incense, Music, Cards, Singing Bowls, Candles, Jewelry, Oils

Two locations to serve you:

| | |
|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| <p>Crystal Connection 311 Gulf Blvd Indian Rocks Beach 727-595-8131</p> | <p>Crystal Connection 298 S.Nova Road, Suite A Ormond Beach 386-673-0014</p> |
|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|





International Foundation for Spiritual Knowledge

To Promote the Religion, Science, and Philosophy of Spiritualism

Develop Your Psychic-Medium Intuitive Talents * Ongoing Classes

These aren't skills needed just for work as a professional medium. These are life skills we had as children but have lost. It is of benefit to our everyday lives to regain the talents we had. Also these classes are an opportunity to understand what may already be happening in your life now that you would like to have better control over.



IFSK Director Marilyn Jenquin

New groups forming in Orlando, Gainesville, and Tampa /St. Pete in January. Call or e-mail for details.

On-going Psychic Spiritual Development Classes meet 7-9:30PM

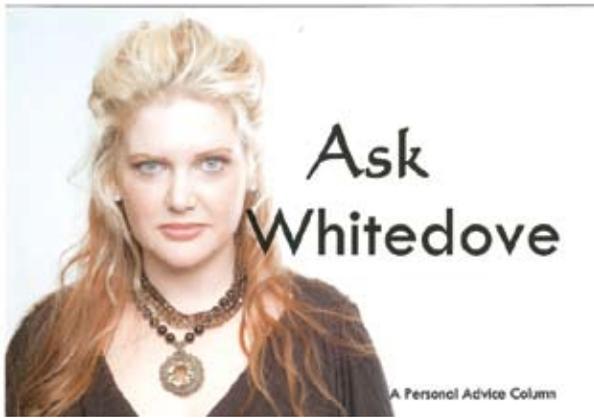
Melbourne ~ Monday, TBD ~ 7-9:30 PM & 2:30-4:30
 Jacksonville ~ Thursday, Nov 20th ~ 7-9:30 PM
 Tallahassee ~ Wednesday, Nov 12th ~ 7-9:30 PM
 Tallahassee ~ Friday, Nov 14th ~ 11AM-1:30 P
 Winter Park ~ Tuesday, Nov 11th ~ 7-9:30 PM

Private Readings

In Person or by Phone
\$75 / 45 minutes

www.ifsk.org **407-673-9776**

Page 14 Horizons Magazine by subscription \$26/12 issues Visit www.horizonsmagazine.com



Got a Burning Question, New Age terms nagging at you? Celebrity psychic Michelle White dove is a world-class medium whose mission is to empower humanity as a spiritual teacher and visionary. She has been featured on ABC, CBS, FOX, and PBS-TV. **Lifetime Television named her America's #1 Psychic**, Giving clarity on topics from Archangels to Zodiac, just ASK WHITE DOVE your specific questions at www.michellewhitedove.com/contact.php. Visit www.MichelleWhitedove.com

Dear White dove, My husband is fascinated with several of the paranormal programs that focus on "Ghosts". Yet I'm not convinced that ghosts DO exist, there's such a lack of scientific evidence. Do you think that our loved ones are ghosts that peer in on us from time to time? Needing more evidence, Georgia

Dear Needing, Science tells us that you cannot destroy energy, this is a fact. And we are made up of energy. Religion tells us that life continues after death. So if you truly believe that life goes on, why is it so hard to believe in Ghosts? Let me explain the phenomena as I see it. At the time of death, God still honors our free will. Most souls drop their physical body and move into the Heavens, our true home. As we cross over, we become aware of the way home and just follow the light. All souls are processed much in the same way as they enter Heaven. Our loved ones are souls that are allowed to check on us from time to time and even visit us in the dream time. They would not be considered ghosts.

Then there are some souls that do not to move into the light. I call them wayward spirits or ghosts. I divide ghosts into two categories. There are the ones who choose to stay. I've seen many reasons that a soul may want to stay here: out of great love for someone, out of fear for what awaits them, hatred, vengeance, love of a place or home, a need for justice, or another other strong human emotion that keeps them attached to the physical realm.

Then there are souls that stay earthbound for a period out of confusion. This happens many times after a traumatic death or suicide. When a soul is ejected from the body, it can be in a state of confusion or disbelief. Not realizing that the physical self is no longer a container for the soul,

Readings by
Ericka Boussarhane
www.coldcasepsychic.com
 International Psychic Medium
 Toll Free 1-866-994-4733
 As featured on TV and National Radio

merlin's mercantile PENNY O'BRIEN
 Mon-Fri 8:30-7pm
 Sat 8-5pm
 Sun 10am-2pm

Gems, crystals, herbs, oils, candles, incense, books, tarot cards, divination tools, runes, wands, pendulums, altar items, tapestries, shirts, faery art, cards, dragons, skulls, wizards, witches, fairies, windchimes, jewelry

386-445-9092
MerlinsMercantil@aol.com
www.merlinsmercantile.org
 In St. Joe Plaza off Palm Coast Pkwy

Is your space inviting abundance into your life?
 Feng Shui, Organizing, & Decorating Services

Visit our online store
save 15%
 Use Code: **horizons**

Upcoming Workshops:
 Live Your Intention
 Intro to Feng Shui
 Feng Shui & Energy

www.AwakenYourSpace.com
 772-299-0705

Awaken Your Space
 Designs for Harmonious Living

Tom Arcuti
 YACHAK SHAMAN OF IMBABURA
SHAMANIC CEREMONY
 Initiated in the Tradition of the Shamans Of Imbabura Lineage of the Caras from the Andes of Ecuador

OFFERING CEREMONIES FOR CLEANSING & BALANCING; GOOD FORTUNE; SOUL MISSION AND YOUR TRUE SELF; ALLIES, GUIDES, TOTEMS; ENERGETIC INTEGRATION & FRAGMENTATION; PROTECTION.

386.747.9294
tom@allipacha.com www.allipacha.com

they wander about trying to live life as normal, although they realize that something's amiss. But know this, eventually all Earth-bound souls return to the heavens, some just take longer than others.

...continued on page 22 ...

SECRETS

Excerpts from
Secrets of Spiritual Happiness



Writer-producer-artist-musician Sharon Janis is the author of *Spirituality For Dummies*, *Secrets of Spiritual Happiness*, and *Never to Return: A Modern Quest for Eternal Truth*. Visit her website for inspiring book excerpts, streaming videos, devotional chanting, more: www.sharonjanis.com

FINDING GRACE IN CHALLENGES AND BLESSINGS FROM TRAGEDY

Every day God has a new challenge for the joy of one who loves Him. Such a lover of God never undermines these divine surprises. He knows that whatever God sends his way is meant to turn him into a perfect offering. —Gurumayi Chidvilasana

 ur responsibility in life is what we give to the world in response to whatever experiences are given to us.

When difficulties come, see if you can look at them as challenges that are intended to refine, purify, or strengthen your soul. Some people also like to think of challenges as karma retributions for actions they've performed - that they did something wrong in their past, perhaps even in a so-called past lifetime, and that act has now boomeranged back from the cosmic scorekeeper as their present woes.

Personally, I prefer to keep my focus and interpretations on the idea of challenges as being lessons and gifts in an ultimately benevolent universe. This interpretation makes logical sense to me, and also allows me to grow without having to constantly descend into not-so-happy arenas such as guilt and self-condemnation.



A Company of Angels
277 N. Marion Avenue
Downtown Lake City
386-752-5200
10 to 6 Mon-Sat

Nov 7th & 8th Christmas Open House
Nov 8th Color Lake City
Nov 28th & 29th Festival of Lights
Holistic Health Fair on Nov 22nd

I choose to think of **God** as a good and kind God, who is only tough when that's the only way we can learn certain lessons. This is an example of choosing a world-view and God-view that helps to create greater spiritual happiness in our mind, heart, and soul. Your world- and God-views are for you to discern and choose; I'm just sharing some thoughts about how I've come up with mine.

Although none of us really knows how this whole human being in a big universe thing works, we can still choose to contemplate worldviews that contribute to our comfort and happiness. If you live your life thinking that God loves you, and that thought helps you to be a happy person, to perform good actions, and to ride the waves of life with a steady faith and joy, well then, does it even matter if God really does love you or not? (Of course He does - I'm just making a point!)

With the right attitude, we may find that life's tragedies can actually bring wonderful blessings, because they have the potential to shake our worlds and create an opening for grace and growth to enter through doors that may have been previously crusted over by complacency, boredom, pride, desires, and expectations.

The **United States of America** went through a group tragedy just after the turn of this millennium, with the "9-11" terrorist attacks. The whole country came together to mourn, and, in fact, the entire world came together to mourn. For several weeks after terrorists ran those planes into the **World Trade Center** buildings, the **Pentagon**, and the field in **Pennsylvania**, our whole world was steeped in goodness and goodwill.

One website showed an amazing array of photos from just about every country, with beautiful memorials and mourning faces. Hearts across the world were united. How grand it was.

That precious time didn't last too long because many agendas were waiting in the arenas of politics and human aggression, but while we were in that short but sweet "golden sky after the storm" phase, we were glorious, globally. Humanity loved; humanity cared. Celebrities came together and humbly offered their skills to do what artists are supposed to do - using their God-given talents to inspire and create more goodness across the lands. A world full of prayers and blessings arose to counter the evil that had shown its face.

Certainly, this tragic event did not go to waste in terms of giving us all food for thought and contemplation. Each person had to contemplate so many questions regarding this event. When we first saw images of airplanes hitting those twin towers, every one of us went through a shift of some kind and some magnitude - a soul quake, if you will.

...continued on page 29...

FROM THE HEART

Alan Cohen is the author of many popular inspirational books, including *I Had it All the Time*. Alan is now offering a daily inspirational lesson via email. For information on this program or others, or to receive Alan's free daily quote and/or quarterly newsletter, visit www.alancohen.com, email info@alancohen.com, or phone 1-800-568-3079



Inspiration and Motivation

I saw a video about a high school student named **Jed** who was failing his classes and getting into trouble. His parents, teachers, and counselors tried hard to motivate him to stay in school and succeed, but their efforts were to no avail. Nothing they did could get Jed out of his rut.

Then Jed discovered a bird sanctuary that rehabilitated injured hawks and birds of prey and released them back into the wild. Something about this work stirred Jed, and he began to visit the sanctuary every day after school. Before long he became a volunteer and he learned a great deal about the winged creatures.

The final scene of the video showed Jed giving a lecture at the sanctuary, skillfully explaining the behavior of these birds and the methods the sanctuary used to rehabilitate them. As the camera panned the audience, it was composed of several classes from the school at which Jed had been having such a hard time succeeding. The students in the audience were enthralled with Jed's presentation — he had become a local expert in the field, and he was shining.

Dr. Wayne Dyer notes, "Motivation is when you take hold of an idea. Inspiration is when an idea takes hold of you." You have had the experience of someone trying to get you to do something you would rather not do, or you trying to get someone to do something they do not want to do. This is no fun for anyone, and usually does not work. You have also had the experience of finding something that is so stimulating that you plunge into it enthusiastically. You enjoy the experience immensely and get positive results. The first scenario is an attempt at motivation. The second scenario is the surge of inspiration and its natural effects.

I would not waste time trying to motivate someone (or yourself) to do something that he or she does not want to do. Instead, I would find out what moved that person from inside out, and assist them to bring forth their joys and talents. People who are enthusiastic about a goal find ways to achieve it and they do not need to be goaded or manipulated. People not enthusiastic about a goal will not go there no matter what tricks you try to play to get them to do it.

I have a friend who is diagnosed as developmentally delayed. **Zack** is physically 21 years old, but he has the mentality of about a 10-year-old. He reads poorly, has not

Spiritual Awakening

1045 N. John Young Pkwy. Kissimmee, FL

407-343-9062

Church & Spiritual Center

BOOKSTORE – GIFT SHOP – READINGS
Hours – 12:00 p.m. – 5:00 p.m. Mon.-Sat.
Reiki – Tai Chi Chih Classes - Meditation Circle
Space Available for Meetings/Workshops
www.churchofspiritualawakening.com

The Cosmic Church of Truth



1637 Hamilton Street
Jacksonville, FL 32210

Sunday Mornings Lessons In Truth Sunday Service 10:30am

Call for classes & meetings.
Private counseling &
healing sessions
available by appointment

(904) 384-7268
www.thecosmicchurchoftruth.net



NIGHT SNACKERS LOSE THE URGE!

"I'm down 15 pounds and I no longer have the urge to snack in front of the tv. Who knew it could be this easy? I don't know how it works, but it works. Thank you." See Page 46

done well in school, and has limited motor skills. When Jack developed a crush on celebrity **Hillary Duff**, he found his way to Hillary's website and learned how to navigate it. When I visited Zack he was zooming around the site like a pro, subscribing to the mailing list, sending his idol emails, and ordering products. His apparent delay took a backseat to joy, and he was rocking!

...continued on page 30 ...

SISTER BENNETT specializes in tea leaf readings by telephone. **904-551-6805**



Also advice on love, luck, health

NOTES from the Universe



An international tax accountant turned entrepreneur turned writer for "the Universe," and one of the teachers for the bestselling book *The Secret*, Mike Dooley has found his calling. Mike runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, and happiness. Visit www.tut.com to sign up for free daily Notes from the Universe!

FEEL ICKY FOR NO REASON? SEE PAGE 46

"I used to think I had chronic fatigue or was depressed, but I think now it was all related to my habit of thinking. I have more energy now, more clarity and feel motivated. Thank you."



9th Annual **EXPO OF Heart** Mark Your Calendar!

February 22, 2009
www.ExpoOfHeart.com
 888.292.1116

Produced by Conscious Living Partnership™

Struggling, trying to physically manipulate the circumstances of one's life, reveals a misunderstanding of how those circumstances were actually created.

And for the focus placed on them during the struggle, it actually serves to keep things from changing.

Acceptance, on the other hand, reveals an understanding that today's circumstances arose from yesterday's focus, encouraging introspection and fueling new thought, actually serving to hasten change.

WHAT YOU LOVE TO DO

Gift Boutique ~ Meeting Place

| | |
|------------|----------------|
| Jewelry | CDs |
| Candles | DVDs |
| Salt Lamps | Tuning Forks |
| Incense | Singing Bowls |
| Oils | Tarot Readings |
| Cards | Toning Circles |
| Books | Belly Dancing |



Massage, Sound, & Vibrational Therapy by Keith Fitch, LMT
 MA53465 ~ MM21321

602 BREVARD AVE · COCOA VILLAGE
321-504-0304
www.whatyoulovetodo.com



Yeah, almost sounds like an SAT question.

The Universe

P.S. Though, one day soon, it will be taught in kindergarten. Real soon.

ABRAHAM-HICKS



...continued from page 8...

thing possible to achieve success, and the fact that it has not come must surely mean that there are some unfriendly forces at work that are depriving them of what they desire. But we want to assure you that nothing like that is at the heart of the absence of what you desire or of the presence of things you would like to remove from your experience. No one ever has or ever could have prevented your success—or provided it. Your success is all up to you. It is all in your control. And we are writing this so that now, finally, once and for all time, your success can be in your deliberate and conscious control.

Money Is Not the Root of Evil or of Happiness

This important subject of money and financial success is not the "root of all evil" as many have quoted—nor is it the path to happiness. However, because the subject of money touches most of you in one way or another hundreds or even thousands of times in every day, it is a large factor in your vibrational makeup and in your personal point of attraction.

So when you are able to successfully control something that affects most of you all day, every day, you will have accomplished something rather significant. In other words, because such a high percentage of your thoughts in any given day reside around the topic of money or financial success, as soon as you are able to deliberately guide your thoughts, not only is it certain that your financial success must improve, but the evidence of that success will then prepare you for deliberate improvement in every aspect of your life experience.

If you are a student of **Deliberate Creation**, if you want to consciously create your own reality, if you desire control of your own life experience, if you want to fulfill your reason for being, then your understanding of these prevalent topics—money and the Law of Attraction—will serve you enormously well.

I Am the Attractor of My Every Experience

You are meant to live an expansive, exhilarating, good-feeling experience. It was your plan when you made the decision to become focused in your physical body in this time-space reality. You expected this physical life to be exciting and rewarding. In other words, you knew that the variety and contrast would stimulate you to expanded desires, and

...continued on page 28...

Rev. Clara Gross Psychic - Medium
CASSADAGA, FL Spiritual Counseling

Phone Readings Available
MasterCard, Visa accepted

386-774-9388



1500 Cassadaga Road • Cassadaga, FL 32706
Res. 407-323-7957

UNITY CENTER

for Spiritual Living





Rev Rose Whitham
Sunday talks on our
website www.ucsl.org

4725 N. Courtenay Pkwy
2.5 miles north of 528
Merritt Island, FL
Email ucsl@bellsouth.net

Positive, Practical Christianity
for Today's Families & Community

Sunday Service 10 am Inspirational, uplifting music with
keyboardist, composer and vocalist J D
Daniel and the UCSL band and choir

Children's Church - Growing Kids with Love 10am

FALL FESTIVAL
SATURDAY
NOV 15TH
8:00 AM to 3:00 PM

Food - Music - Crafts
Youth Games - Clown
Jump Room - Balloons

HUGE YARD SALE
8AM - 1PM
Large and small items



PET BLESSING
10AM-NOON
Pictures available
of your pet being
blessed

Weekly Activities

Gentle Yoga
Tuesday, 4:00-5:00PM

Music Together
Thursday, 3:30-4:30PM
& 4:30-5:30PM

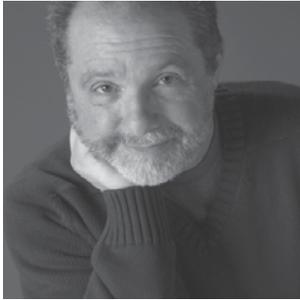
Buddhist Meditation
Friday, 7:30-8:45PM

Reiki Healing and
Meditation
3rd Sunday of Month,
11:30AM

321-452-2625
www.ucsl.org

Horizons Magazine by subscription \$26/12 issues Visit www.horizonsmagazine.com Page 19

THE MOVIE MYSTIC



Stephen Simon cofounded www.spiritualcinemacircle.com. He also produced such films as *Somewhere In Time* and *What Dreams May Come*, and both produced and directed *Indigo* and *Conversations With God*.



Mystic Faire

Saturday, November 22
10am-6pm

Many Psychics and Healers to choose from!
Lots of Vendors!
Door prizes all-day-long with raffle proceeds going to **local** charities.
Free lectures!

Massage*Reiki*Hypnotherapy
Animal Communication
Tarot*Mediums*Angel Portraits
Feng Shui*Crystals*Candles
Incense*Spiritual Art
Books*Jewelry
Native American Art & Drums
Angel Art*Mandalas

Clarion Hotel
 12635 S. Cleveland Ave. (U.S. 41), Ft. Myers
 For more information call
 Candyce, **239-949-3387**

\$5 cover at the door

GHOST TOWN

You know the kind of person who always seems angry at or disgusted by the world and all the people around him? The kind of guy who seems to wear a big sign around his neck that says "Don't bother me for any reason at any time." Ever wonder about why that kind of person is the way he is...or do we just try to avoid him?

What about the guy who is married to what seems to be, and actually is, a wonderful woman who loves him, treats him well, but he cheats on her anyway? What goes in his head...and heart?

Some answers to those questions can be found in **GHOST TOWN**, an absolutely enchanting, funny, and very poignant film about the choices we make and why we may behave the way we do.

Meet **Dr. Bert Pincus** (brilliantly played by Ricky Gervais) a dentist who seemingly has no use for any kind of real human contact. He chose dentistry because the practice allows him to keep gauze or appliances in people's mouths so they can't communicate with him. He treats everyone around him with cold indifference and seems to the entire world like the kind of guy who has no heart and no patience for anyone who does...until he goes into the hospital for a routine colonoscopy. Insisting on a general anesthetic, he accidentally dies for seven minutes. When he is revived, the hospital doesn't tell him what happened. He does rather immediately realize, however, that he has become an adult version of the **Haley Joel Osment** character in **The Sixth Sense**. He sees dead people.....they see him...and they all have unfinished business that they want him to help them complete.

Meet **Frank Herlihy** (played by **Greg Kinnear**) who seems like the polar opposite of Dr. Pincus. Charming, charismatic, and friendly, he has a smile and a line for everyone. Including his wife on whom he is cheating with a much younger woman. He seems to have it all figured out until he gets in the way of a bus and finds himself very quickly deceased. Realizing that he has left his wife in a very vulnerable state, he seeks help.

Dr. Bert meet Frank. One dead. One alive. Two people with no connection to their own hearts. Two self-centered guys who just happen to meet.....in the Twilight Zone. (Cue theme music).

...continued on page 42...



National Cremation SOCIETY®

Pre-Plan and Save
It's too important to
trust to anyone but
National Cremation

Call For Your Personal Consultation.
In Martin & St Lucie Counties 772-713-1510
Palm Beach & Broward Counties 561-582-3341





**Patricia Crane, Ph.D.
and Rick Nichols**

Heal Your Life, Achieve Your Dreams!

**March 21 – 28, 2009
Orlando, FL**

NOW YOU CAN BECOME CERTIFIED TO LEAD
TRANSFORMATIONAL WORKSHOPS BASED ON
THE PHILOSOPHY OF LOUISE HAY.

This powerful 7 day intensive is a unique
combination of personal growth and
professional training . . .

IDEAL FOR: Life Coaches, Holistic Health Practitioners,
Therapists, and Anyone who wants to contribute to the
healing of the planet by healing the emotional wounds
of themselves and others.

COME PREPARED FOR TRANSFORMATION!

Contact us immediately for your early registration bonuses.
800 969-4584 www.hylteachers.com



...continued from page 15...

Dear Whitedove, There is a famous hotel in my area that boasts of a nightly apparition of a woman descending a staircase. My question is this: Why would a ghost be compelled to spend time doing such repetitive actions? Scientific Mind in Miami

Dear Scientific, Well, this type of paranormal activity is often mistaken for a ghost, although it's actually what I call a "bleed-through". This is when a scene plays itself out much like a holographic movie clip. When a heartbreaking event takes place the strong energy of the incident can leave an impression on time. It plays itself out night after night at a specific time until it fades away. The scene is always the same, there are no variations. These "bleed-throughs" happen all over the world. In ancient Rome, there is a corridor where the legions of soldiers are seen marching to their death. The action still plays out although the souls have long ago moved on.

^i^ Horizon's Magazine has tapped the person who embodies the spirit of the age as its newest advice columnist. Mystic and Spiritual Teacher Michelle Whitedove winner of Lifetime TV's America's Psychic Challenge is here to help give clarity on topics from Archangels to Zodiac, just ASK WHITEDOVE! . Ask your specific questions at www.MichelleWhitedove.com/contact.php And be sure to check her local appearances

The SPIRITUALIST CHAPEL OF MELBOURNE

with Rev. John Rogers
1924 Melody Lane Melbourne



SUNDAYS 10am-11:30am
Everyone Welcome!
321-733-1555

2nd Sunday of month Noon-2pm
MEDIUM'S DAY
Open to the public
\$15 for 15 minute reading

Also available will be
Snacks • Massage Therapy • Healing by donations

Visit us online at www.spirit-chapel.org

386-228-0168

Nellie

Psychic • Medium • Healer • Teacher

SCSCMA CERTIFIED
475 Seneca
CASSADAGA

Serving Spirit

**Psychic Development
Classes in Cassadaga**
All classes 10am to 4pm

Oct 25: Prepare for the Journey

Nov 08: Make the connection

Nov 22: Travel unlimited

Intensive study course, each class complete but building upon others.



Begining and
intermediate students

386-228-2880

386-228-0168

P.O. Box 262
Cassadaga, FL 32706

www.aaanellieincassadagatherealone.com
Email alwaysnellie@yahoo.com

ALPHABETICALLY BY COUNTY

To place your ad here for just **\$5 per line** and mail it with payment by the 10th of the month before to: **Horizons, 575 Escarole St SE, Palm Bay, FL 32909-4802** Email HorizonsMagazine@aol.com

OUR PHONE DIRECTORY... 321-722-2100

ALAGHUA COUNTY (352) GAINESVILLE (386) HIGH SPRINGS

A ROCK SHOP & MORE

HIGH SPRINGS EMPORIUM 386-454-8657
660 NW Santa Fe Blvd (441)
Gemstone Jewelry & More

CHURCHES

SERAPHIM CENTER AND CHAPEL
412 NE 16th Avenue 352-373-3133
<http://www.seraphimcenter.org/>

HEALTH FOODS

MOTHER EARTH MARKET 352-331-5224
MOTHER EARTH MARKET 352-372-1741

PSYCHIC READER

REV. DR. JANET CLAIRE MOORE 373-8047
Channeler, Medium, Ordained Minister,
Licensed Counselor

BREVARD (321) MELBOURNE, COCOA

ACUPUNCTURE

SUSAN HATHAWAY, Ph.D., AP 723-3017
1900 Palm Bay Road NE, Suite #B Palm Bay

ASTROLOGY REPORTS

ANDREA de MICHAELIS \$22
Spiritual Astrology - Compatability, Transits
Reports focused on soul growth and mission
Email horizonsmagazine@aol.com with name,
birth date, time (if known) and location.
MC Visa Am Ex Discover Paypal - Email/Mail
My reports are unlike any report you've
had to date, they are in depth, soul growth
oriented and relevant to Now.

BOOKS & GIFTS

AQUARIAN DREAMS 729-9495
Large Selection of Books, Unique Gifts,
Global Imports, Crystals & Jewelry.
Serving Brevard since 1986.
414 N. Hwy AIA Indialantic
www.aquariandreams.com

CREATIVE ENERGY 952-6789
Incense, Music, Jewelry, Books, More
See ad page 12 835 E. New Haven Ave Melb
The little purple store in historic downtown

SPEEDY PAC/Ship/Gifts/Decor 728-2415
Interchange Sq. Malabar Rd west of I-95

WHAT YOU LOVE TO DO 504-0304
602 Brevard Ave in Downtown Cocoa Village
Visit us at www.whatyoulovetodo.com

WWW.ANGELSBYFELICIA.COM 917-3757

BUDDHISM 321-961-3223
www.brevardcountybuddhistfellowship.com

CHURCHES

CENTER FOR SPIRITUAL AWARENESS
Sunday Celebration 10:30 am
5 Rosa L. Jones Dr Cocoa Village 634-5188
www.cfsabrevard.org

CHRIST CHURCH OF POSITIVE LIVING
1353 N. Courtenay Pkway Suite U
Merritt Island 454-4109

THE NEW WAY 751-7584
Sunday Mornings 10:30am at the Aquarian
Building 238 Peachtree St Cocoa.
www.thenewway.us TheNewWay@bellsouth.net

THE SPIRITUALIST CHAPEL
OF MELBOURNE 733-1555
Sunday Services 10am Rev. John Rogers,
w1924 Melody Lane behind Melb Auditorium.
2nd Sunday of month 12-2pm Medium's
Day \$15 for 15 minute reading. Snacks ·
Massage Therapy · Healing by donations.
321-733-1555 Visit www.spirit-chapel.org

UNITY CHURCH MELBOURNE 254-0313
1745 Trimble Rd www.unityofmelbourne.com

UNITY CENTER FOR SPIRITUAL LIVING
4725 N. Courtenay Merrit Island 452-2625

UNITY CHURCH ON THE SPACE COAST
2000 South St in Titusville 383-0195

UNIVERSAL PATH CENTER 459-0208
2460 N. Courtenay Pkwy Merritt Island

UNIVERSAL LIGHT OF CHRIST CHURCH
Rev. Pat Raimondo. Sundays at 11am
414 N. Hwy AIA, Indialantc 729-9495

DREAM INTERPRETATION

ANDREA de MICHAELIS Andreahugs@aol.com
By phone, email from \$25 321-722-2100
Receive a written record to meditate upon

HEALTH FOODS

APPLESEED 1007 Pathfinder Rckldge 631-1444

THE HEALTH STATION AIA 773.5678

NATURE'S MARKET & CAFÉ US1 254-8688

PINETREE HEALTH 777-4677

SUNSEED CO*OP Cape Can AIA 784-0930

SUZAN'S HEALTH HAVEN 728-3930
924 E. New Haven Avenue
(In the new Railroad Emporium)

HERBS & GIFTS

HERB CORNER 757-7522
277 N. Babcock Street in Melbourne

MAMA JO'S SUNSHINE HERBALS
1300 Pine Tree Dr. IHB 779-4647

MASSAGE

JOHN ESTES House Call Massage 848-7875

MEDITATION

ANDREA de MICHAELIS Andreahugs@aol.com
Breath & Mantra Meditation since 1972
Breathe awake The One inside

MEETING PLACE

WHAT YOU LOVE TO DO 504-0304
www.whatyoulovetodo.com

PSYCHIC READERS

REV. APRIL RANE 321- 639-8738
Psychic-Medium & Tarot. www.aprilrane.com

JORIE EBERLE 321-638-0367
Spiritual Teacher, Reader, Advisor, Classes

ELLEN DOREEN Psychic/Medium 298-1624
256 Brevard Ave, Cocoa Village

KATHRYN FLANAGAN 591-5171
Advisor · Teacher · Tarot · Home Parties

LILA CARTER 264-8930
Spiritual Medium & Pet Psychic

PSYCHIC DIANNA 321-213-6574
Intuitive/reader www.mytarotspace.com

REV. DEBORAH PRIEVO 321-626-5641
Psychic - Tarot - Dream Interpretation

REIKI

MICHAEL T. COKER 954.328.1599
Reiki sessions, circles, and classes! Try
Reiki in a powerful pyramid structure!
Visit us via the web: www.gotReiki.net

SPIRITUAL COUNSELOR

KATHRYN FLANAGAN, RScP 591-5171
United Centers for Spiritual Living
Practitioner, Teacher, Counselor, Available for
Scientific Prayer. www.kathryn-flanagan.com

THERAPY

SPIRITUAL PATH FOUNDATION 951-8774
Reiki, Regressions, Shamanic Healings,
Counseling (in person or by phone)

KEITH FITCH, LMT 504-0304
Massage, Sound, Vibrational Therapy
MA53465 ~ MM21321

YOGA MEDITATION

RETREAT

YOGA SHAKTI MISSION 725-4024
3895 Hield Rd in Palm Bay (off Minton Rd)

BROWARD (954) FT. LAUDERDALE

BOOKS & GIFTS

ANGEL HAVEN 522-4720
1318 E. Las Olas Blvd Ft Laud

CRYSTAL FANTASY 973-0903
5111 Coconut Creek Parkway in Margate

CRYSTAL VISION 981-4992
3160 Stirling Road Hollywood

INNER WISDOM BOOKS 596-5059
39 S. Federal Highway Deerfield Beach

GRIFFIN'S LOFT 625-6775
4282 S. University Drive in Davie

NATURE'S EMPORIUM 755-2223
8041 West Sample Road Coral Springs

NEW AGE BOOKS & THINGS 771-0026
4401 N. Federal Hwy Fort Lauderdale

CHURCHES

HOLLYWOOD METAPHYSICAL CHAPEL
http://www.metaphysicalchapel.com/

RELIGIOUS SCIENCE FORT LAUDERDALE
Center for Spiritual Living 954-566-2868

UNITY GATEWAY CHURCH 938-5222
3701 N. University in Coral Springs

HEALTH FOODS

HEALTH FOODS PLUS 989-3313
3341 Hollywood Blvd in Hollywood

WHOLE FOODS MARKET
810 University Drive Coral Springs 753-8000
7220 Peters Road in Plantation 236-0600
2000 N. Federal Hwy Ft. Laud 565-5655

WILD OATS MARKETPLACE 566-9333
2501 East Sunrise Blvd in Ft. Laud

CHARLOTTE (941)

BOOKS & GIFTS

STARCHILD BOOKS 941-743-0800
3762-E Tamiami Trail, Port Charlotte 33952

COLLIER COUNTY (239) NAPLES

BEAUTY SALON, SPA

GEMINI MOON 403-8008
888 1st Avenue in Naples

BOOKS & GIFTS

SACRED SPACE 239-390-2522
3465-4 Bonita Beach Rd Bonita Springs

CHURCHES

UNITY OF NAPLES Books, gifts 775-3009

HEALTH FOOD STORES

FOR GOODNESS' SAKE 353-7778

FOOD & THOUGHT MKT CAFE 213-2222
2132 Tamiami Trl N. www.foodandthought.com

NATURE'S GARDEN 643-4959

SUN SPLASH Market & Cafe 434-7721

SUNSHINE Discount Vitamin 941-598-5393
2403 #7 Trade Center Way in Naples

MIGUN OF NAPLES 649-0077

2164 Tamiami Trl N www.migunworld.com

PET SUPPLIES, NATURAL

PAWS, CLAWS & TAILS 239-498-1198
3525 Bonita Beach Rd., #106 Bonita Springs

COLUMBIA (386) LAKE CITY

BOOKS & GIFTS

A COMPANY OF ANGELS 752-5200
277 N. Marion Avenue, Lake City, FL 32055

DUVAL (904) JACKSONVILLE

BOOKS & GIFTS

BLACK SHEEP BOOKS 880-1895
9735 St. Augustine Road Jacksonville 32257

COBALT MOON Neptune Beach 246-2131

EARTH GIFTS www.earthgifts.com 389-3690

CHURCHES

COSMIC CHURCH OF TRUTH 904-384-7268
1637 Hamilton Street - in Jacksonville

UNITY CHURCH FOR CREATIVE LIVING
2777 Race Track Rd Jax 904-287-1505
www.unityinjax.com/

ESCAMBIA (850) PENSACOLA

CHURCHES

UNITY OF PENSACOLA 850-438-2277
716 N. 9th Ave. www.unitypns.com

FLAGLER (386) PALM COAST

ART, GIFTS, GATHERINGS

THE SOURCE LIMITED 437-3230
4601 East Hwy 100, Unit F-3 Bunnell 32110

GIFTS, HERBS, READERS

MERLIN'S MERCANTILE 445-9092
234 St. Joe Plaza Drive in Palm Coast
Crystals, gems, divination tools, art classes
and events. Space available for workshops
Also U-Haul! www.merlinsmercantile.org

**HILLSBOROUGH
(813) TAMPA**

BOOKS & GIFTS

COSMIC BOOK CENTER Tampa 985-2901

MYSTIKAL SCENTS 813-986-3212
9545 E. Fowler Avenue in Thonotosassa

CHURCH, BOOKS

HARMONY SPIRITUAL CENTER 872-0295

**INDIAN RIVER
(772) VERO, SEBASTIAN**

ACUPUNCTURE

COMPLEMENTARY MEDICINE 772-766-4418

BOOKS & GIFTS

THE INSPIRED HEART 772-569-2877

CHURCHES

UNITY OF VERO BEACH 562-1133

**LEON CTY (850)
TALLAHASSEE**

BOOKS & GIFTS

CRYSTAL CONNECTION
FOR MIND BODY & SPIRIT 878-8500
1105 Apalachee Parkway in Tallahassee

STONE AGE Tallahassee Mall 383-0233

HEALTH FOOD STORES

HONEYTREE 1616 N. Monroe St 681-2000
HONEYTREE 1415 Timberlane 942-7000
NEW LEAF MARKET 942-2557

MEDITATION

Transcendental Meditation 850-534-0004

**LAKE COUNTY
(352) MT DORA**

BOOKS & GIFTS

GROOVE 'N ZEN 352.383.0317
411 N Donnelly Street Ste 106 Mount Dora
<http://www.groovenzen.com/>

**MARION COUNTY
(352) OCALA**

HEALTH FOOD STORES

MOTHER EARTH MARKET 351-5224

**MARTIN COUNTY
(772) STUART**

BOOKS & GIFTS

MYSTIC CHRONICLE Jensen 334-1899

CRYSTALS & GEMS

BELLA JEWELRY & GIFTS 219-8648
39 SW Osceola Street, Stuart 34994

REAM CATCHER 692-6957
1306 NW Federal Highway in Stuart

HEALTH FOODS/CAFE

NATURE'S WAY CAFE Stuart 220-7306
PEGGY'S 5839 SE Federal Hwy 286-1401

MIAMI DADE (305)

BOOKS & GIFTS

32 PATHS www.32PATHS.COM 461-2341
3444 Main Hwy in Coconut Grove

9TH CHAKRA 538.0671
530 Lincoln Road in Miami Beach

FAIRY'S RING 446-9315

HEALTH FOODS

WHOLE FOODS MARKET
21105 Biscayne Blvd in Aventura 933-1543
Wild Oats Marketplace 532-1707
1020 Alton Rd. on South Beach

WILD OATS MARKETPLACE 971-0900
11701 S. Dixie Hwy in Miami

**MONROE (305)
FLORIDA KEYS**

HEALTHFOOD/JUICE BAR

GOOD FOOD CONSPIRACY 872-3945
US 1, Mile Marker 30 on Big Pine Key

NEW AGE BOOKS, GIFTS

BLUE MOON TRADER 872-8864

CRYSTAL LOFT 872-9390

**OKALOOSA (850)
FT. WALTON BCH**

CHURCHES

UNITY CHURCH 864-1232
1797 Hurlburt Road in Fort Walton Beach

HEALTH FOOD STORES

FEELIN' GOOD! Hwy 98 Destin 654-1005

GOLDEN ALMOND 863-5811
339 NW Racetrack Rd in Ft Walton Bch

THE NAME IS NATURAL 244-8336
Store/Cafe-99 Eglin Pkwy Ft. Walton Beach

MEDITATION

Transcendental Meditation 850-534-0004

**ORANGE COUNTY
(407) ORLANDO**

BOOKS, GIFTS

AVALON Hillcrest St in Orlando 895-7439
SPIRAL CIRCLE 750 Thornton 894-9854

HERBS, GIFTS

LEAVES & ROOTS 407-823-8840
9434 E. Colonial Drive in Orlando

MEDITATION GALLERY

ART. GIFTS. CLASSES 407-830-1276

PSYCHIC MEDIUM/TAROT

DIANNE WARREN 407-880-3135
Phone Readings - Private readings

PSYCHIC TAROT SEANCE

DENNIS HOLLIN 407-721-3396

**OSCEOLA COUNTY
(407) KISSIMMEE**

SPIRITUAL CENTER

SPIRITUAL AWAKENING 407-343-9062
1045 N. John Young Pkwy Kissimmee
www.churchofspiritualawakening.com

PALM BEACH (561)

BOOKS & GIFTS

BOTANICA SAN EXPEDITO 561-682-0955
4047 Okeechobee Blvd. #129, W. Palm Beach
33409 www.BotanicaSanExpedito.com

CHANGING TIMES 640-0496
CRYSTAL CREATIONS 649-9909
SECRET GARDEN 844-7556
SHINING THROUGH 276-8559
CRYSTAL GARDEN 369-2836
2610 N. Federal Hwy Boynton Beach
DREAM ANGELS 561-745-9355

SPIRITUAL AWAKENINGS 561-642-3255
4469 S. Congress Ave #121 in Lake Worth

WITCHES HAT 561-656-1775
1107 Royal Palm Beach Blvd Royal Palm Beach

CHURCH / CLASSES

UNITED METAPHYSICAL CHURCH
528 S. Haverhill Road WPB 561- 686-0217

UNITY OF THE PALM BEACHES 833-6483
www.UnityChurchintheGardens.com

HEALTH FOOD/CAFES

NATURE'S WAY
103 South US Hwy 1 Jupiter 561-743-0401
11911 US 1 in N. Palm Bch 561-627-3233

NUTRITION S'MART 561-694-0644
4155 Northlake Blvd Palm Bch Gardens
www.nutritionsmart.com

PSYCHIC READER

SARAH SPIRITUAL 561-682-0956

PINELLAS COUNTY (727) ST. PETE, CLEARWATER

BOOKS & GIFTS

LEMURIA BOOKS & GIFTS 360-9773

MYSTIC GODDESS Largo 530-9994

OTHER WORLDS St. Pete 345-2800

SERENITY NOW BOOKS/GIFTS 787-5400
3269 Tampa Road in Palm Harbor

CHURCHES

UNITY OF CLEARWATER 531-5259

PEOPLE'S SPIRITUALIST CH 686-8362

TEMPLE OF LIGHT 538-9976

CRYSTALS & GEMS

CRYSTAL CONNECTION 595-8131
311 Gulf Blvd in Indian Rocks Beach

SARASOTA (941)

BOOKS & GIFTS

ELYSIAN FIELDS Midtown Plaza 361-3006

STARCHILD BOOKS & GIFTS 743-0800

CHURCHES

CENTER SPIRITUAL AWARENESS 926-7828
SHRINE OF THE MASTER 953-6620
UNITY OF BRADENTON 739-6568
UNITY CHURCH OF PEACE 423-8171
UNITY CHURCH SARASOTA 955-3301
UNITY CHURCH OF VENICE 484-5342

HEALTH FOOD STORES

RICHARDS WHOLE FOODS 941-966-0596

THE GRANARY 1930 Stickney Pt 924-4754

THE GRANARY 1279 Beneva Rd 365-3700

SEMINOLE (407) LAKE MARY SANFORD

BOOKS & GIFTS

SOUL PURPOSE 407-321-4953
177 No. Country Club Road in Lake Mary, FL
Books, CDs, incense, candles, crystals

UNITY CHURCH OF CHRISTIANITY
4801 Clarcona Ocoee Rd ORL 407-294-7171

CRYSTALS AND GEMS

TIMELESS TREASURES 407-314-7478
Flea World - Sanford - A/C Bldg 300 #38

ST. LUCIE COUNTY (772) FT PIERCE

ASTROLOGY

KATHY ALLAN Classes, Consult 332-0710

BOOKS AND GIFTS

DREAMCATCHER 692-6957
Emerald Plaza 1306 NW Federal Hwy Stuart

SPIRITUAL CENTERS

UNITY OF FORT PIERCE 461-2272
3414 Sunrise oneness@unityoffortpierce.com

VOLUSIA (386) DAYTONA, NEW SMYRNA, DELAND

BOOKS AND GIFTS

A LOTTA SCENTS 423-9190
511 Canal Street in New Smyrna Beach

CASSADAGA Camp Bookstore 228-2880

MERLIN'S VISION 738-4056
100 S. Woodland Blvd in Deland

THE PURPLE DOOR 774-9928
1427 S. Volusia Ave Orange City 10am-6pm
jewelry, crystals, c.d.s, books and much more

CRYSTALS, GIFTS MUSIC

CRYSTAL CONNECTION 673-0014
298 S.Nova Road, Suite A in Ormond Beach

HERBS AND GIFTS

SPICE OF LIFE HERBS 734-0035
214 W. Beresford Ave in Deland Wed 5-8pm
Sat & Sun 10-5pm www.spiceoflifeherbs.com

PSYCHIC READERS

REV. ALBERT J. BOWES 386-228-3209
In Cassadaga - see display ad page 3

NELLIE 386-228-0168
Cassadaga Psychic Medium and Teacher

BIRDIE formerly at Cassadaga Hotel
Photo readings, psychic readings. Now at
Spiritual Gardens Cassadaga 386-228-0266

PSYCHICS ROCKS & GEMS

PURPLE ROSE in Cassadaga 386-228-3315

GEORGIA

BOOKS & GIFTS

MINDFUL EXPRESSIONS
68 N. Main St in Clayton, 706-782-5755

PHOENIX & DRAGON 404-255-5207
5531 Roswell Road • Atlanta, GA 30342
inside I-285 www.phoenixanddragon.com
Unique gifts, jewelry, psychic readings

The **Source** Ltd.
art gifts and gatherings
386-437-3230

Call or see website for classes, festivals, readings

www.thesourcelimited.com
 Email thesource@ainweb.net
 Marvin's Garden Plaza • 4601 E. Hwy 100 • Bunnell

THE KEY CAN BE YOURS...

Unlock the Door to Your Potential
Cecelia Danas
 CERTIFIED LIFE & STRATEGIES COACH
 321-953-3225 • 321-794-7550
 Email: Lifecoaching7746@aol.com

ARCHWAY COUNSELING CENTER
 1503 Pine St • Melbourne, FL 32901

IT'S SAFE!
 (TO REMEMBER WHAT YOU CAME HERE FOR)
 ViVat 321-725-3635

Botanica San Expedito
"Bridge The Gap Between You and Your Spiritual Connection"
561-682-0955
 4047 Okeechobee Blvd., Habitat Plaza
 West Palm Beach
 Across from Mercedes - Benz dealer
 Tuesday - Saturday 10 am - 6 pm
 Shop Online at: www.BotanicaSanExpedito.com

Productos Para la Suerte, Amor y el Trabajo
 Velas de toda tipo, yerbas naturales, estatuas religiosas para la casa y carro

Soak Up The Multicultural Experience of Botanica San Expedito

- Spiritual Books
- Spiritual Oils
- Spiritual Baths
- Bath Salts & Oils
- Incense
- Candles
- Religious Candles
- Bead Work
- Crystal Jewelry
- Charms
- Talismans
- Crosses
- Rosaries
- Religious Medals
- Religious Statues
- Bibles
- Prayer Cards
- Ritual Supplies
- Xango Distributor

We Carry a Vast Selection of Crystals From All Over the World!

Sarah Spiritual Advisor

BIOPRO Technology

Biopro Cell Chip I H2o Water System

Protect yourself and your family

Vickie Martin 239-963-4202
 Email Martin.vic@comcast.net
www.myBIOPRO.com/vickymartin

ABRAHAM-HICKS



...continued from page 19...

you also knew that any and all of those desires could be fully and easily realized by you. You knew, also, that there would be no end to the expansion of new desires.

You came into your body full of excitement about the possibilities that this life experience would inspire, and that desire that you held in the beginning was not muted at all by trepidation or doubt, for you knew your power and you knew that this life experience and all of its contrast would be the fertile ground for wonderful expansion. Most of all, you knew that you were coming into this life experience with a **Guidance System** to help you remain true to your original intent as well as to your neverending amended intentions that would be born out of this very life experience. In short, you felt an eagerness for this time-space reality that nearly defies physical description.

You were not a beginner—even though you were newly beginning in your wee, small physical body—but instead you were a powerful creative genius, newly focusing in a new, leading edge environment. You knew that there would be a time of adjustment while redefining a new platform from which you would begin your process of deliberate creating, and you were not the least bit worried about that time of adjustment. In fact, you rather enjoyed the nest into which you were born and those who were there to greet you into your new physical environment. And while you could not yet speak the language of their words—and although you were perceived by those who greeted you as new and unknowing and in need of their guidance—you possessed a stability and a knowing that most of them had long left behind. **You were born knowing that you are a powerful Being, that you are good, that you are the creator of your experience, and that the Law of Attraction is the basis of all creation here in your new environment.** You remembered then that the Law of Attraction (the essence of that which is like unto itself, is drawn) is the basis of the Universe,

and you knew it would serve you well. And so it has.

You were still remembering then that **you are the creator of your own experience.** But even more important, you remembered that **you do it through your thought, not your action.** You were not uncomfortable being a small infant who offered no action or words, for you remembered the Well-Being of the Universe; you remembered your intentions in coming forth into your physical body, and you knew that there would be plenty of time for acclimating to the language and ways of your new environment; and, most of all, you knew that even though you would not be able to translate your vast knowledge from your Non-Physical environment directly into physical words and descriptions, it would not matter, for the most important things to set you on a path of joyful creation were already emphatically in place: You knew that the Law of Attraction was consistently present and that your *Guidance System* was immediately active. And, most of all, you knew that by trial, and what some may call "error," you would eventually become completely and consciously reoriented in your new environment.

As you learn to accept your vibrational nature, and begin to consciously utilize your emotional vibrational indicators, you will gain conscious control of your personal creations and of the outcomes of your life experience

I Knew of the Consistency of the Law of Attraction

The fact that the **Law of Attraction** remains constant and stable throughout the Universe was a big factor in your confidence as you came into your new physical environment, for you knew that the feedback of life would help you to remember and gain your footing. You remembered that the basis of everything is vibration and that the Law of Attraction responds to those vibrations and, in essence, organizes them, bringing things of like vibrations together while holding those not of like vibrations apart.

And so, you were not concerned about not being able to articulate that knowledge right away or to explain it to those around you who had seemingly forgotten everything they knew about it, because you knew that the consistency of this powerful Law would, soon enough, show itself to you through the examples of your own life. You knew then that **it would not be difficult to figure out what kinds of vibrations you were offering because the Law of Attraction would be bringing to you constant evidence of whatever your vibration was.**

...continued on page 32...

NEW! Abraham on The World Financial Crisis
at www.economy-and-the-law-of-attraction.com
It's good news!

SECRETS

Excerpts from
Secrets of Spiritual Happiness



...continued from page 16...

Such shocking moments can be the best times for practicing what the yogis call **sadhana**: our active participation in our spiritual and personal growth, through mental, physical, and spiritual efforts. When the heart is open and the mind is shocked, there is a rare opportunity to take great leaps in our spiritual awareness and consciousness. During such times, instead of just "freaking out," we can make extra efforts to keep our minds peaceful, and to contemplate deeper lessons behind the various outer events.

Usually in our lives, we can blow off this kind of inner spiritual contemplative work. Many people go through day after day of so-called living without even aspiring to see beyond simplistic, surface, black and white views of life. However, the 9-11 event really forced everybody to contemplate. You couldn't just blow this one off completely.

We watched executives leap to their death from the highest floors of those burning buildings. We saw faces filled with agony and shreds of precious hope parading through the streets of Manhattan, desperately showing photos of their missing loved ones. We heard story after story of tragedy, as well as of triumph. No movie could compare with what reality had brought forth. We realized and remembered how amazing life is — even, and perhaps especially in the midst of tragedy.

Powerful emotions gripped humanity. We had to contemplate topics such as death, hatred, intolerance, responsibility, and evil. We had to find more goodness within ourselves to balance out the horrors we were witnessing outside.

As the **United States** moved into a truly impressive state of prayer, I contemplated how it is often only in times of extreme personal tragedy — such as at the end of our lives — that we remember what is really important. The veil of worldly illusion falls away, and the soul lost remembers the soul eternal. Tragic events such as this can also give us opportunities to take great leaps of spiritual awareness and spiritual happiness right in the midst of our lives, if we are mature and lucid enough to make good use of those opportunities.

For months after this particular attack, television and movie studios also postponed showing negative images and violent movies. Instead, we watched images of some of

Read HORIZONS for free online
at www.horizonsmagazine.com
CHECK OUT OUR WEBSITE!

the best that human nature has to offer — the dedication of workers at the site, the caring by so many anonymous helpers across the nation, stories of selfless sacrifice, the moving and heartrending "singing cop," the generous giving of charity, inspired and moving interfaith memorial services, and patriotic offerings of time and skills by celebrities, as well as non-celebrities. Everybody had to bring forth some goodness inside of themselves to balance out the evil they'd witnessed. Americans had a rare opportunity to bless our motherland with song, and to show our gratitude and respect to a country that — thought clearly imperfect — has given many an opportunity to grow and learn our life lessons in an atmosphere of relative freedom. God bless America, and God bless the entire world.

An event as evil as the 9-11 attacks actually has the potential to bring forth its opposite, goodness, because everything in the universe likes to stay in balance. So when you have something as evil and offensive as killing thousands of innocent people in a terrorist attack, each person who witnesses those events experiences some measure of good rising up within themselves. The heroism that many showed during and after this disaster is an example of how so much courage, love, and goodness can come forth in the midst of an explosion of evil and suffering.

This shows how even something as horrific as those attacks can end up bringing even more blessings than tragedy — depending on how we respond to it. The key is in what we do with the opportunity before it fades back into business as usual.

If we trust that this universe is in the hands of an omnipotent and omnipresent God, then we have to trust it even when things hit the fan. By practicing living with greater trust, we get better at it, just as with any other skill. We learn to live in the spiritual consciousness and the worldly consciousness simultaneously. And on the spiritual level, everything's fine, everything is destined, and everything is for our good, always.

When tough times hit the fan in your life, don't forget that every adverse event also carries the seed of potential growth to bring us individually and collectively into greater harmony. Learn to find grace in challenges and blessings from tragedy, and spiritual happiness will always be close at hand.



ANYTHING IS POSSIBLE

...continued from page 11 ...

“Alice laughed: “There’s no use trying,” she said; “one can’t believe impossible things.”

“I daresay you haven’t had much practice,” said the Queen. “When I was younger, I always did it for half an hour a day. Why, sometimes I’ve believed as many as six impossible things before breakfast.”

The rational amongst us (and even the rational side of ourselves) may laugh and call this stupidity and childish fantasy, but I call it visionary. After all- aeroplanes, television, computers and mobile phones were once seen as “impossible things”. And now, thanks to a few mavericks of this world who dared to dream and ignore the naysayers- they are not only real but everyday.

On a practical level, as Alice says, believing something that you currently think is impossible is not really possible. The mere fact you have decided that something is impossible means it will not be possible for you until you change this attitude of thinking!

But, as the Queen responds in this story, you can change your beliefs with practice. According to the teachings of Abraham-Hicks, a “belief is just a thought you keep thinking”. In other words, while we may look at our beliefs as something solid and permanent, they are simply ideas we have spent a lot of time focusing on. The **Law of Attraction** then brings us other thoughts like our beliefs and even physical evidence which confirms these beliefs (illustrated with phrases like “self-fulfilling prophecy” or “I knew that was going to happen”) and the spiral continues. So, for many, beliefs seem to remain the same throughout life.

However it does not have to be this way.

I look back and remember when things I now take for granted as perfectly normal, I actually once strongly believed were “impossible”.

I changed my mind, one thought at a time, and then my outer world changed.

If you dedicate yourself to this practice, soon you will find yourself having ideas of circumstances or events that you would like to happen to you and rather than thinking “That’s not possible... how on earth is that going to happen?” you will catch yourself thinking “I can do this, I will find a way to do this” and you will be on your way to becoming an “anything is possible” person about more things in your life.

FROM THE HEART



...continued from page 17 ...

The **Sudbury** model of schooling allows children to learn what they want to learn when they want to learn it. Students show up at school each day and generate their curriculum by choice. If a student wants to learn to play the saxophone, the school will bring in a saxophone teacher, and the student can play saxophone all day if he likes. If a child wishes to sit in a tree for hours a day, that is his curriculum. If a student asks to read at the age of five, a teacher will teach him reading. If the desire to read comes forth at age eight, that is when the training is given. While you might expect students to need more structure than this, the **Sudbury** graduates have an extraordinary success rate: 98% of them get into the college of their choice. When learning proceeds from the inside out, it is sure to happen. When it is pounded from the outside in, it generally goes nowhere.

In business, it is far easier to teach skills to a motivated employee than to teach motivation to a skilled employee. Someone may know what to do, but if they do not want to do it, their skill is useless. Someone who wants to do something will find a way to do it. Inspiration is the source of all great achievement.

Of course there are times when you must do something you would rather not do. The key here is to remind yourself (or the other person) why the task needs to be done, and to recognize the reward for doing it. You can motivate with a carrot or punish with a stick. The carrot usually works better.

Joseph Campbell advised us all to “follow your bliss.” This is absolutely practical advice. Someone once asked me, “If everyone just followed their bliss, what kind of world would this be?” I answered, “A very blissful world.”

Some people fear that if everyone followed their bliss the world would be a sludge of bliss-ninnies lying on the beach all day. Not so. Bliss guides people to engage in exciting projects according to their unique inclination. Bliss moves people to erect great architecture, invent alternative energy automobiles, and be stellar parents. You may not find waitressing blissful, but there are people who absolutely love it and do a great job at it. The universe is designed to take care of itself, and inspiration is the way all good things get done.

You cannot instill joy. You can only find where it lives and bring it forth. Trust your happiness and the happiness of others, and you will be astounded at how efficient it is.



STAYING CALM IN TODAY'S ECONOMY

...continued from page 9...

6. Play gentle music that soothes your spirit and uplifts your heart and soul. Playing gentle music before you go to sleep will help to quiet the buzzing vibrations that keep you thinking and worrying. One example of good music to play before going to sleep is the "Eternal Om" recording that comes on the music CD in the back of each **Spirituality For Dummies** book, which you can also play online (for free) at www.spiritual-happiness.com/sfdcd.html

7. As you prepare to sleep at night, bring your focus into the present moment. In the present moment, everything is fine. You still have a bed to sleep in; you still have so much more than so many who live on this very same planet. Focus your attention on the sensation of lying in bed. Use whatever blankets and pillows help you to feel comfortable. Intentionally let go of the events of today and the concerns about tomorrow. Be like a child again. Your only job is to let go of yourself. Sleep in heavenly peace. . .

8. Before you go to sleep, ask your subconscious mind to give you whatever dreams will help to heal your concerns and bring you peace of mind, whether you remember the dreams consciously or not. A lot of personal empowerment and healing can come from having the right dreams, and you can easily communicate with your own subconscious mind like a prayer, asking it to help you to survive and thrive through this and any other crisis.

9. Instead of watching the scary news before going to sleep, take care of yourself with a cup of warm chamomile tea and some peaceful silence, as you read even a paragraph or two from a favorite uplifting positive book to guide you into a peaceful, sound sleep.

10. Use this financial downturn as an opportunity to clarify your priorities and simplify your life. Contemplate what is most important to you and fund that. Identify what is least important, and let it go. Everything in the middle can be decided on an individual basis. Do you really need to have that cell phone? If family vacations are a priority, are there less expensive ways to go? What are you paying for that you could do without? Do your kids really need those ballet lessons they don't really enjoy? Find simple and inexpensive ways to entertain yourself and your family. Playing a board game together can be every bit as fun as going to a movie, and a whole lot less expensive. With this kind of discernment, even when the stock market funds go back up, you'll have taken the very important step of considering what is most important in your life.



SPEEDY PAC
321-728-2415

Spiritual supplies, fanciful home decor. Also shipping, Fed Ex
Interchange Square, Palm Bay • Malabar Road 1/4 mile west of I-95 exit 173

Center for Spiritual Living
709 Edgewater Dr. (Hwy 50 at I-4) Orlando
407-423-5571 Brandy Chabrol, RScP, Spiritual Leader
"Putting the Law of Attraction in Action"

Sunday Meditation 10:00 am • Sunday Service 10:30 am



Toastmasters on Tues.
Science of Mind Classes on Weds.
FREE YOGA ON Thursday
www.orlandoreligiousscience.com



LIVE RADIO WEBCASTS ON EXPLORATIONS RADIO WITH CHRISTOPHER TIMS
www.explorationsradio.com
covering Mystery School Teachings, the Spiritual Journey, Sound Healing, paranormal and extraterrestrial phenomena, alternative health topics, live guest interviews and open call - in lines! Wednesdays 7:30 pm!
Visit www.christophertims.com and www.soundhealing.org

Christopher Tims



ABRAHAM-HICKS



...continued from page 28...

In other words, when you feel overwhelmed, circumstances and people who could help you get out from under your feeling of overwhelm cannot find you, nor can you find them. Even when you try hard to find them, you cannot. And those people who do come do not help you, but, instead, they add to your feeling of overwhelm.

When you feel mistreated— fairness cannot find you. Your perception of your mistreatment, and the subsequent vibration that you offer because of your perception, prevents anything that you would consider to be fair from coming to you.

When you are buried in the disappointment or fear of not having the financial resources that you believe you need, the dollars—or the opportunities that would bring the dollars—continue to elude you . . . not because you are bad or unworthy, but because the Law of Attraction matches things that are like, not things that are unlike.

When you feel poor—only things that feel like poverty can come to you. When you feel prosperous—only things that feel like prosperity can come to you. This Law is consistent; and if you will pay attention, it will teach you, through life experience, how it works. **When you remember that you get the essence of what you think about—and then you notice what you are getting— you have the keys for Deliberate Creation.**

What Do We Mean by Vibration?

When we speak of vibration, we are actually calling your attention to the basis of your experience, for everything is actually vibrationally based. We could use the word Energy interchangeably, and there are many other synonyms in your vocabulary that accurately apply.

Most understand the vibrational characteristics of sound. Sometimes when the deep, rich bass notes of your musical instrumentation are played loudly, you can even feel the vibrational nature of sound.

We want you to understand that whenever you “hear” something, you are interpreting vibration into the sound you are hearing. What you hear is your interpretation of

vibration; what you hear is your unique interpretation of vibration. Each of your physical senses of seeing, hearing, tasting, smelling, and touching exist because everything in the Universe is vibrating and your physical senses are reading the vibrations and giving you sensory perception of the vibrations.

So as you come to understand that you live in a pulsating, vibrating Universe of advanced harmonics, and that at the very core of your being you are vibrating at what could only be described as perfection in vibrational balance and harmony, then you begin to understand vibration in the way we are projecting it.

Everything that exists, in your air, in your dirt, in your water, and in your bodies, is vibration in motion—and all of it is managed by the powerful **Law of Attraction**.

You could not sort it out if you wanted to. And there is no need for you to sort it out, because the **Law of Attraction** is doing the sorting, continually bringing things of like vibrations together while things of different vibrational natures are being repelled.

Your emotions, which really are the most powerful and important of your six physical vibrational interpreters, give you constant feedback about the harmonics of your current thoughts (vibrations) as they compare with the harmonics of your core vibrational state.

The Non-Physical world is vibration.

The physical world that you know is vibration.

There is nothing that exists outside of this vibrational nature.

There is nothing that is not managed by the **Law of Attraction**.

Your understanding of vibration will help you to consciously bridge both worlds.

You do not have to understand your complex optic nerve or your primary visual cortex in order to see. You do not have to understand electricity to be able to turn on the light, and you do not have to understand vibrations in order to feel the difference between harmony or discord.

As you learn to accept your vibrational nature, and begin to consciously utilize your emotional vibrational indicators, you will gain conscious control of your personal creations and of the outcomes of your life experience.

NEW! Abraham on The World Financial Crisis
at www.economy-and-the-law-of-attraction.com
It's good news!

Soulsongs



Karen Williams of Winter Springs, FL writes a humor column, "Funny Side Up," for The Seminole Chronicle (Florida) newspaper. Visit <http://www.karenwilliams.net> and NEW www.abrahamfun.com.

FEELING BETRAYED

FACT OF LIFE: People sometimes make promises to me that they don't keep.

Maybe they once had every intention of living up to their word...or maybe it was a case of deliberate deceit.

Maybe they let me down on a peripheral matter such as failure to return a borrowed item or follow through on a promised favor.

Or maybe they turned out to be a disloyal friend or business partner or even a cheating spouse.

Regardless of the context or the degree of infraction, I alone get to decide how much I let the situation affect me.

I can dwell on the utter unfairness and disrespect I received and perhaps the lack of an apology, or I can practice - little-by-little, thought-by-thought - releasing it from my mind.

Every time I think about a painful situation, I am requesting the Universe to send me more-of-the-same via the Law of Attraction.

Every time I deliberately turn my attention away from a past hurt, I open a brand new portal through which all that I desire can flow to me.

I make my choice from a clear place of self-love and self-respect, which matters far more than anything I ever lost at the hands of another.

The Cassadaga Hotel & Psychic Center

355 Cassadaga Road 386-228-2323

Exit 114 off I-4

*Invites you to Experience the Extraordinary
With one of our gifted Psychic Mediums Featuring*

MARGO. Margo considers herself to be a sentinel for humanity, born to help others and firmly believing that when life doesn't go the way we want, the only control we have is how we think about it. With help from her Spirit Guides she provides Gentle Counsel. Margo can help you find your True Path and Achieve Inner Peace.

PHILOMENA. Philomena has dedicated her life's energy to helping make this planet a happier and easier place to live in. Her expertise lies in: soul Development and Purpose; Past Life Awareness; Relationship Issues; Career Issues: Business consulting; Guided Meditation; Tarot; Palmistry and Clairvoyance.

If you are looking for answers in this most troubling of times, please contact us for an appointment with one of our Gifted Psychic Mediums - Philomena, Jamie Ruiz, Margo, Tracy Yellowrose, Georgia, Linda, William and Keri - experts in Astrology, Numerology, Tarot, Runes, Spirit Contact, Past Life Regression, Angel Divination, and Dream Interpretation.



*Let us make your life
a little easier.*

<http://cassadagahotel.net>



10am to 7 pm Mon-Friday
11am to 5 pm Saturday
Closed Sundays

Leaves & Roots

9434 E. Colonial Drive
Orlando, FL 32817
www.leavesandroots.com



Over 300 herbs & spices **IN STOCK**
Over 100 Essential & Fragrance Oils
Herbal research center on premises
Aromatherapy Supplies
Tapestries

Email: leavesandroots@leavesandroots.com
(407) 823-8840





IT'S TIME!
(TO SHOW YOUR COLORS)
 ViVat 321-725-3635

The College of Metaphysical Studies
 The Educational Division of New Awareness Ministries, Int'l
Authorized to operate by the Commission for Independent Colleges and Universities, Florida Department of Education



Earn a Certification or Degree from the comfort of your own home

The College of Metaphysical Studies (CMS) has been a leader in metaphysical and spiritual education since 1986. Our primary purpose is to train prospective leaders for metaphysical, New Age, New Thought, Spiritualist and Neo-Pagan communities through Distant-Learning or On-campus Training. Those persons not planning to become practitioners, but who only wish to pursue a solid self-improvement program and acquire an excellent education in metaphysics and the spiritual sciences, are also encouraged to attend in a degree or non-degree status.

We are authorized to operate as a private, non-secular college and to issue Associate, Bachelor, Master and Doctorate Degrees in metaphysics, religion, spiritual awareness, spiritual and holistic healing, esoteric studies, parapsychology, and the entire allied metaphysical field. We also train and certify ministers, spiritual and holistic healers, teachers, pastoral counselors, mediums, intuitive practitioners, past-life regression facilitators and administrators.

Write for our free booklet or visit us at
www.metaartsandsciences.org

18514 US Highway 19 N
Clearwater, FL 33764
1-800-780-META

Email: meta@gte.net or drbarbara@cms.edu

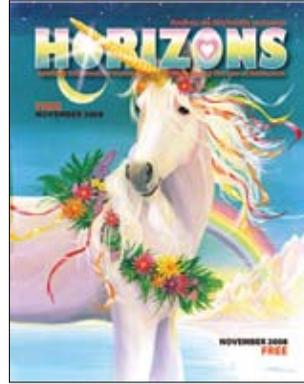


COVER ART

Unicorn Rainbow

Celebrating our ability to find Magic in our everyday lives.

BY
EVA SULLIVAN



Art can be a tool to transcend dimensions. It has the ability to be a springboard to elevate the spirit into realms of pure Love, Peace and Joy. -Eva

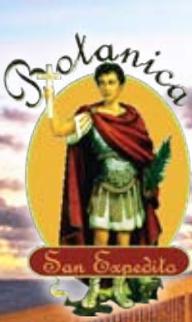
THE SACRED VISIONARY ART OF EVA

M. SAKMAR-SULLIVAN. Eva is a Visionary Painter/Environmentalist. Her love of animals, the Earth and the Divine Creator is a constant theme in her paintings. She spent time in both the Atlantic and Pacific Oceans swimming with Dolphins, Sea Turtles and observing Whales. Her Spiritual Quest and travels to Ancient and Sacred sites world-wide have been instrumental in transforming her work to its current form of expression. Eva's intent is that her art work serve the Highest Good of the viewer. Her paintings can be used as a meditative journeying tool for accessing one's own portal to higher dimensions. A portion of her sales are donated to support environmental, animal and humanitarian causes.

Eva M. Sakmar-Sullivan has been a professional artist her entire life. Her spiritual quest and travels to ancient and sacred places worldwide have been instrumental in transforming her work to its current form of expression. Eva's mission is that her artwork serve as inspirational tools to joyously facilitate personal and planetary healing, transformation and love.

Subjects of her artwork include angels, dolphins, mystic creatures, fairies, goddesses, priestesses and lightworkers.

Eva's website is www.stardolphin.com. She owns her own company, **Dreams of Stardolphin**. Stardolphin Greetings includes Eva's line of greeting cards, prints and magnets. She sells them at expos, conferences and personal orders by phone call 724-612-6114. You may also email Eva at stardolphin77@hotmail.com



Sarah Spiritual
Spiritual readings in person or by phone

Sarah Spiritual is a Medium, Empath, Clairvoyant, Clairaudient, and Herbalist. She channels the spirits around you and specializes in love, relationships, money, career, health, healing and communicating with loved ones who have passed on. Sarah has an uncanny ability to convey the true thoughts and emotions of those around you. Botanica San Expedito is her passion and is dedicated to her belief that life is a spiritual journey and each situation has a spiritual solution. As God's vessel, she will lead you into a world of enlightenment, personal empowerment and tranquility.

Sarah offers the following personalized services:

- Spiritual Readings
- Spiritual Cleansings
- Spiritual Guidance
- Home Blessing
- Channeling Spirits
- Business Blessing
- Candle Dressing and Blessing

Personalized Herbal Baths and Oils for:

- Luck
- Love
- Money
- Cleansings
- Reversing
- Legal Matters

561-682-0955

4047 Okeechobee Blvd. - West Palm Beach • Habitat Plaza
 Across from Mercedes - Benz dealer - Tuesday - Saturday 10 am - 6 pm

Shop Online at: www.BotanicaSanExpedito.com



OUR CALENDAR OF EVENTS

Call to confirm all events before attending to learn of last minute changes

30c per word, due with payment the 10th of the month at 575 Escarole St SE Palm Bay FL 32909-4802.
Email to HorizonsMagazine@aol.com and call 321-722-2100 with credit card info. If payment is not received with listing, your listing will not be placed and you will not be called for payment.

No calendar listings taken by telephone. All listings must include a physical location.

Mondays MELBOURNE Psychic / Spiritual Development Classes ~ 1 Monday / Month ~ 7:00 - 9:00 PM ~ Each class includes meditation, a topic/lesson, and hands-on actual practice to develop your personal skills. Private readings available by appointment. Marilyn Jenquin, International Foundation for Spiritual Knowledge 407-673-9776 or www.ifsk.org

2nd Tues, MELBOURNE, Laughter Yoga, 7pm, \$10 fee, Heaven Sent, 321-615-4678

4th Tuesday JACKSONVILLE Astrological Association of North Florida. We meet at The Cosmic Church of Truth, 1637 Hamilton Street at 7:00pm. www.astroassnorthflorida.com

Wednesday MERRITT ISLAND Meditation & Healing Service 12pm Christ Church of Positive Living 1353 N. Courtenay Pkwy 321-454-4109

Wednesdays MELBOURNE 7:00 - 8:00 PM Body Types and the Enneagram Learn why some types are incompatible, while others are drawn together; why some want to be more intensely what they are, while others yearn to be their opposites. Various Melbourne area locations. FREE www.consciousregeneration.org or (877) 285-7142

Every Wednesday - KISSIMMEE - Meditation Circle 7:30 p.m. - \$5.00 donation. Spiritual Awakening 1045 N. John Young Pkwy. call 407-343-9062 or visit us at www.churchofspiritualawakening.com

2nd Wed, PALM BAY, Laughter Yoga, 2:30p, \$10 fee, Izzy's Diner, 321-615-4678

2nd, 4th Thurs, COCOA VILLAGE, Joyful Movement and Sound, 7p, \$10 fee, What You Love To Do, 321-615-4678

2d, 4th Thursdays MELBOURNE/PALM BAY 7pm Wiccan-Pagan Outer Court Classes, Church of Iron Oak 321-722-0291

2nd Friday NEW SMYRNA BEACH 6th Sensory Lightworker Group meeting Oct. 12th at 633 US 1, NSB Call Judson for topic more info. at 386-847-2367

Saturdays ORLANDO Pranic Healing Circle 2-4pm Meditation, healing at Christ Church Unity 771 Holden Ave. Call 407 852-3940

Saturdays MELBOURNE 1:00 - 2:30 PM The Work - Do you feel like you are drifting aimlessly through life? Do you want to understand yourself and your purpose better? Overcome negative emotions? Make your everyday life more meaningful, more real? Learn about self transformation in the tradition of Gurdjieff and Ouspensky's teachings. www.consciousregeneration.org or (877) 285-7142

2nd Saturday - KISSIMMEE - "An Evening of Mediumship" - 7:00 p.m., \$10.00 donation. Spiritual Awakening, 1045 N. John Young Pkwy. call 407-343-9062 or visit us at www.churchofspiritualawakening.com

Sundays MELBOURNE Spiritual Lecture Series 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 No fee but love donation appreciated. Hield Road is off Minton Road, just north of Palm Bay Road, go west a mile or so, it's on the right, look for name on mailbox.

Sundays MERRITT ISLAND Sunday Services 10am Unity Center for Spiritual Living 4725 N. Courtenay Pkwy 321-452-2625. Inspirational, uplifting music with professional keyboardist, composer and vocalist J D Daniel with the UCSSL band and choir

Sunday Church Services - KISSIMMEE - Healing & Meditation 10:00 a.m., Worship & Messages 11:00 a.m. Spiritual Awakening, 1045 N. John Young Pkwy. call 407-343-9062 or visit us at www.churchofspiritualawakening.com

Sundays COCOA VILLAGE - Sunday Celebration begins at 10:30 am - Center for Spiritual Awareness - A Spiritual Community of like-minded individuals who come together to celebrate the presence of God as life itself - 5 Rosa L Jones Dr. (Community Women's Club building) - 321/634-5188 - www.cfsabrevard.org

Sundays MELBOURNE 9:15, 11 am Sunday Service Unity Church of Melbourne 1745 Trimble Rd (off Wickham) 321-254-0313 (see ad pg 4)
Sundays MELBOURNE 10am-11:30am The Spiritualist Chapel of Melbourne with Rev. John Rogers, 1924 Melody Lane, behind the Melbourne Auditorium. Everyone Welcome! 321-733-1555 Visit www.spirit-chapel.org

CALENDAR CONTINUED ON NEXT PAGE...

OUR CALENDAR OF EVENTS

Call to confirm all events before attending to learn of last minute changes

Sunday MERRIT ISLAND 11am Sunday Service, Christ Church of Positive Living, 1353 N. Courtenay Pkwy, 321-454-4109

Sundays MELBOURNE Metaphysicians' Circle meets at 1924 Melody Lane behind the Melbourne Auditorium. 7-8:30pm \$2.00 fee. Info 321-537-3843 Interesting and compelling presentations on metaphysical topics

1st Sunday MELBOURNE Metaphysicians' Circle presents their Monthly Psychic Fair. They meet at 1924 Melody Lane behind the Melbourne Auditorium. 6:30 - 9:00pm \$2.00 fee. \$10 for 15 minute readings 321-537-3843

2nd Sunday of month MELBOURNE Noon-2pm Medium's Day Open to the public \$15 for 15 minute reading. Also available Snacks · Massage Therapy · Healing by donations. The Spiritualist Chapel of Melbourne 321-733-1555 Visit www.spirit-chapel.org

2nd and 4th Sunday MELBOURNE Pranic Healing Circle 4:30-6:30pm at Unity Church of Melbourne, 1745 Trimble Road 321-254-0313

3rd Sunday DELAND Pranic Healing Circle at Blue Sky Yoga Center pranichealingcircles@gmail.com

3rd Sunday - KISSIMMEE - Mini-Reading Sunday after service at 12:00 noon - 12 min. reading \$15.00 donation, lunch available - Spiritual Awakening, 1045 N. John Young Pkwy. call 407-343-9062 or visit us at www.churchofspiritualawakening.com

Nov 8, Nov 22 CASSADAGA 10am-4pm Nellie" SCSCMA Certified Teacher, Psychic Development -- Information, call 386-228-2880 or 386-228-0168. Begining and intermediate students

Nov. 14 NEW SMYRNA BEACH "6th Sensory Lightworkers" Dapper Dan's Hair Cuts, 633 US 1 NSB, Fl. 32168 7 PM. Speaker Melody long Anglin Harpist and Vocalist speaking on how music and the body works together. Call Judson for more information 386-847-2367

Saturday Nov 15th VERO BEACH Change Your Life! Be All That You Are! Release Stress And Negativity, Live Your Dreams! facilitated by Betty (772) 260-0221. from 10:30am to 12:30pm. At the Vero Body Mind Center 2424 US 1 in Vero Beach \$30

Nov. 21 EDGEWATER LANDING 6th Sensory Lightworkers - Will study and discuss the Pathwork a spiritual path of self-purification and self- transformation. 7PM 758 navigators Way, Fl. (Edgewater Landing), For more information call Barbara at 386-663-1900

Nov 22 CASSADAGA 10am-4pm Nellie" SCSCMA Certified Teacher, Psychic Development -- Information, call 386-228-2880 or 386-228-0168. Begining and intermediate students

Sunday December 7th MELBOURNE Here II Here in concert. Music and videos online at www.hereiihere.com. They will be featured music at the 9:00 and 11:00am services, as well as a concert at 6:30pm. \$25 suggested love offering Unity Church of Melbourne, 1745 Trimble Road, Melbourne, FL 321.254-0313 www.unityofmelbourne.com

February 22nd, 2009, FORT LAUDERDALE The 9th Annual Expo of Heart Expo 10am - 7pm Broward County Convention Center. EXHIBITOR SPACE STILL AVAILABLE. Plan your booth now - the newest and best products, services and info about Personal Growth, Metaphysics, Holistic Wellness Centers, Zen, Reiki, Angels, Animal Communication, Visionary Art and Handcrafts, Feng Shui, Crystal and Jewelry, Intuitive Counselors, Health Products, Acupuncture, Yoga, Raw Food, Skin Care, Energy Treatments, Massage, Environmental Resources, and Creating Abundance in your life. email info@expoofheart.com Offer to volunteer. www.expoofheart.com 888-292-1116



IT'S TIME!
I AM VIVAT
I WALK IN ALL DIMENSIONS
I TALK WITH ANGELS
LET'S GET TOGETHER
AND INTEND
A NEW WORLD!
ViVat 321-725-3635

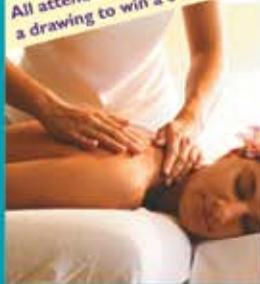
**Sunday December 7
MELBOURNE
Here II Here
in concert**

Music and videos online at www.hereiihere.com. They will be featured music at the 9:00 and 11:00am services, as well as a concert at 6:30pm.

Unity Church of Melbourne, 1745 Trimble Rd, Melbourne 321-254-0313. **More info, see page 39**



All attendees are entered into a drawing to win a 3 night cruise



MASSAGE



YOGA



RAW FOODS

TAKING CONSCIOUS LIVING to Heart

9th Annual

EXPO OF Heart

PRODUCED BY
Conscious Living
Partnership™

25% OFF
ADMISSION
If pre-registered
by Feb. 13th

Sunday, February 22, 2009

Broward Convention Center • Fort Lauderdale, FL

888-292-1116 • www.ExpoofHeart.com

Expo Admission \$20
(includes all workshops)

**Don't Miss Over 100 Exhibitors
Plus Over 50 Workshops Featuring:**

Holistic Wellness Centers • Metaphysics • Zen • Reiki
Skin Care • Animal Communication • Feng Shui
Visionary Art & Handcrafts • Angel • Crystal & Jewelry
Intuitive Counselors • Health Products • Energy Treatments

ORGANIC & RAW FOODS AVAILABLE IN FOOD COURT



ACUPUNCTURE



ENVIRONMENTAL RESOURCES



PERSONAL GROWTH

FOR A FULL SCHEDULE OF SPEAKERS VISIT EXPOOFHEART.COM



Dr. Michael Mirdad

"Discovering Your Soul"



Jill Dahne

"Love Signs, Soulmates & Relationships"



Ernie Chu

"Soul Currency: Invest in Your Inner Wealth for Prosperity"



Dr. Melissa Andersson

"Awaken Your Inner-Awesome"



Michelle Whitedove

"Messages From Spirit"



Shannon Burnett

"Holistic Practitioner Panel"



Kande G

"The Power of a Personal Vision"



Susie Q

"Embrace the Creative Process to Uncover Your Desires"



Jill Lublin

"Get Noticed Get Referrals"

PLATINUM SPONSOR



Quantum Life
www.QuantumLife.info



balance
natural awakenings
HEALTHY LIVING MAGAZINE
BROWARD COUNTY

Conscious Living
Partnership™

GOLD SPONSOR

Jill Dahne
World Respected Love Practitioner

Dr. Melissa Andersson
HumanPotentialCentral.com



Kande KG
natural awakenings
HEALTHY LIVING MAGAZINE
PALM BEACH

SILVER SPONSOR

ClayWithClass.com
ThinkHolistic.com
SpiritistFederation.us
SoulCurrency.org
SunriseCinemas.com
MichelleWhitedove.com
zAyurveda.com



Let's have a Seance

A night of Spirit Communication thru table tipping. Ask your loved ones questions and watch in amazement as spirit lovingly tips the table for "yes" and "no" answers. Experience it for yourself!

Psychic Readings

with Dennis Hollin

1801 E. COLONIAL DRIVE
SUITE 103 in ORLANDO

407-721-3396



Sundays 2pm Psychic Development classes
\$10 per class includes all handouts and materials

Dennis is an internationally known 3rd Generation Psychic in Orlando, FL. He has many US and UK clients.

Home Seances and Phone Readings Available. Host a Home Seance and receive a free reading.

1st Sunday Nov 2nd Spirit Walk with Lorena 6-7:30pm

Guided journeys based on Shamanic Traditions. Each session includes 2-3 journeys, discussion of techniques and your experiences. Not a class, but an experience based on ancient healing and spiritual practices. Heal past soul wounds. Donation.



2nd Saturday Nov 8th, Dec 13th
7:00pm Table Tipping
Seance \$20.

3rd Sunday of month Nov 16, Dec 21 at 5pm
A group led by Vickie based on the work of Abraham-Hicks and the Law of Attraction.
\$3 donation



NEW • EXCLUSIVE Papa D's Law of Attraction Oils
Love Renew, Spark of Love, Money Come, Psychic Spark, Shield Me, Career Boost
.5 fl. oz

See www.papa-ds.com



ALSO INCENSE, OILS, CANDLES, CDS, BOOKS

Saturday, Nov. 22nd Birthday Celebration with Dennis 2pm-6pm...



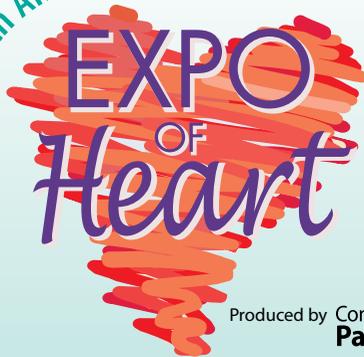
15 minute readings for \$15.00... Special sales on candles, oils, incense.... Come save some money or just drop in for a piece of birthday cake.

Email Dennis at orlandos_spirits@yahoo.com

407-721-3396 www.orlandopsychic.com



9th Annual



Produced by Conscious Living Partnership™

Mark Your Calendar!

February 22, 2009

www.ExpoOfHeart.com

888.292.1116

Sponsored by **HORIZONS** Magazine

TIME FLIES,

whether you're

having fun

or not



HEALTH AND LIFE INSURANCE

Families • Individuals

Barbara Dobson, Licensed Insurance Agent

321-412-0215

Insurance plans underwritten by The MEGA Life and Health Insurance Company, a HealthMarkets Company. Administrative Office: N. Richland Hills, TX. Exclusions and limitations apply. (Policy Series 26025, 26026)

Association membership is required. M/001557 exp. 9/09

**COMING SUNDAY DECEMBER 7TH
TO UNITY CHURCH OF MELBOURNE**



IN CONCERT

HERE II HERE F/K/A INNER VOICE.

A circle of talented musicians and a vocal harmony group, Here II Here has been moving crowds to a frenzy with its rhythmic blend of tribal pop, illuminated rock, and soul-inspired R&B harmonies resonating with innovatively inspirational lyrics of peace, awareness, connection, laughter, and love. Their music has been described as elusive, mystical, hysterical, lyrical, inspirational, remarkable. It is about being Present. About Being.

**CONCERT 6:30PM SUNDAY DECEMBER 7TH
HERE II HERE ARE ALSO FEATURED MUSICIANS FOR THE
9:00AM AND 11:00AM SERVICES**

This music serves. It heals. It expands. It blows your mind and heart wide open, all the while making your rump go bump! **HERE**



II HERE has performed for the **Tibetan State Oracle** (spiritual advisor to **H.H. the Dalai Lama**) in 2007, as well as for the **Reverend Michael Beckwith's** (of "**The SECRET**") spiritual community at **Agape** in **Los Angeles**.

Music and videos online at www.hereiihere.com

**Sunday December 7th 9:00 and 11:00am
with concert at 6:30pm**

\$25 suggested love offering and no one turned away

**Unity Church of Melbourne
1745 Trimble Road**

**Melbourne, FL 321.254-0313
www.unityofmelbourne.com**

We Help People Get Well And Stay Well!



- Laser Therapy
- Bio-electromagnetics
- Acupuncture
- Hypnosis
- Herbs/Homeopathy
- Thermography Screening

DAVID RINDGE, LAc, DOM, RN

ACUPUNCTURE PHYSICIAN

DOCTOR OF ORIENTAL MEDICINE • REGISTERED NURSE
OVER 30 YEARS MEDICAL EXPERIENCE • PRESIDENT EMERITUS, FLORIDA
STATE ORIENTAL MEDICAL ASSN



Sheila Rindge, CHt
Certified Hypnotherapist

Behavior Modification:
Smoking, Weight Control

Overcome Fears and Anxiety

Performance enhancement:
Competitive sports, personal goals

COOPERATIVE MEDICINE

279 N. Babcock Street
Melbourne, FL 32935
321-751-7001

www.cooperativemedicine.com



OUR MISSION STATEMENT

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions. To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience. We do this by our intentions, beliefs and expectations, by every thought we think and every word we speak.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation. Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, now.

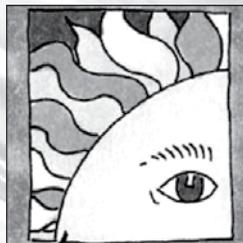
We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise. So, if you read an article that touches your heart, or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss their offering with them. Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

*From my heart to yours,
Andrea de Michaelis*

CREATE YOUR OWN HORIZONS MAGAZINE COMMUNITY GROUP

Let us know when your group meets so we can list it in the calendar for others to join you

- Mark on your appointment book all of the events from the calendar you are interested in. That way, when the day comes and you're suddenly free, you know about it in time to go.
- Find some out of town events and arrange a weekend jaunt with friends to attend new seminars, psychic fairs and discussion groups,
- Have friends over once a week to discuss articles and ideas. Use Horizons as a basis for creating spiritual community where you are. I especially enjoy discussing Alan Cohen's articles and the Abraham work.





SOLAR & LUNAR CELEBRATIONS OF THE ANCIENTS

Roger is the Principal Minister of the Church of Iron Oak, ATC. He is also the East Coast Presiding Elder with the Aquarian Tabernacle Church, an international Wiccan Church. He loves nature and finds Spirit among the trees and flowers, even after having lived in Florida for thirty years. He can be contacted through the church at (321) 722-0291 or through the web page at www.ironoak.org or www.ironoak.us

NOVEMBER 2008

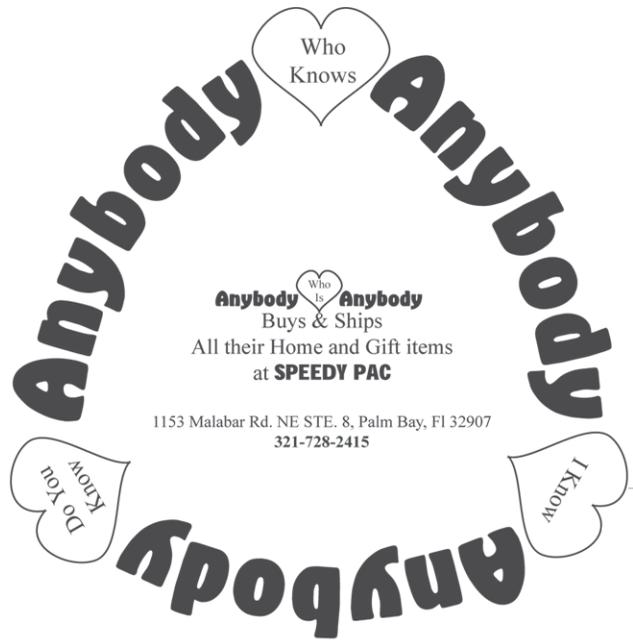
The beginning of chaos starts this month. No, I'm not about to talk about stock market or other financial stuff. For people of the ancient world, this month came with a subtle feeling that things would be...well...shall we say choppy. It is the month of a number of celebrations of goddesses and gods that have something to do with chaos to remind us that life itself is chaotic. That the weather getting cooler doesn't dispel the growing feeling. Because this is the time when life itself becomes threatened with the coming frozen ground.

Go ye not out to the sea without
A sense of enormity,
For there be no mightier sound about
Than the clamor of chaotic sea.
Paraselsu - The Nodgery Docket

It began in the last week of October with the celebrations of the goddess Kali and the western celebration of Halloween. It continues this month with the celebration of the Babylonian goddess Tiamat who was the oldest known goddess of chaos and the sea. Why are chaos and the sea related? Go out to the beach as the weather gets cooler. Feel the chill in the air and hear the sound of something powerful and chaotic lying before you.

It's all a farce, - these tales they tell
About the breezes sighing,
And moans astir o'er field and dell,
Because the year is dying.
Paul Laurence Dunbar - Lyrics of a Lowly Life

...and on that depressing note, I'm outta here. Happy November!



NOVEMBER 2008

- Nov 1st - Christian: All Saints Day
- Nov 2nd - Daylight Savings Time ends
- Nov 2nd - Lithuania: Vėlinės, Celebration of the Dead
- Nov 3rd - Gaelic: New Year
- Nov 6th - Babylonian: Birthday of Tiamat, goddess of primordial chaotic sea
- Nov 10th - French: Goddess of Reason Festival
- Nov 11th - Celtic: Samhain (original)
- Nov 13th - Full "Tree" Moon at 1:19 AM EST
- Nov 16th - Greek: Night of Hecate, goddess of witchcraft and childbirth
- Nov 22nd - Norse: Winter Festival
- Nov 27th - New Moon at 11:55 AM EST

A FACTOID WITH WHICH TO END THE MONTH:

How many seas are there? Seven seas, such as "to sail the seven seas"? WikiAnswers says 108, but take a look at the Wikipedia list of about 130 seas! That's more than 20 seas different. Someone must have lost a few and they don't come for free; now, I ask you to explain, how can they lose a sea?

THE MOVIE MYSTIC



GHOST TOWN

...continued from page 21...

On the surface, *GHOST TOWN* seems at first to simply be a comedy with some wonderfully funny dialogue and moments. As it progresses, however, it becomes a fascinating and compelling romantic drama in which two men help each other learn why they have both been so self-centered. And, oh yes, there is also a charming and eccentric love story that revolves around Frank's wife Gwen, played with wit and grace by **Tea Leoni**.

At its deepest level, *GHOST TOWN* also has great compassion for those of us who have been wounded at such a deep level that we are terrified to ever put ourselves in any situation in which we could ever again be hurt. For some, the root cause could be childhood trauma such as physical, mental, emotional, and/or sexual abuse. For others, it could be loved ones who have abandoned us and broken our hearts. For still others, it could be experiences in which our lives seem to come crashing down around us.

It is said that our souls only expose us to those kind of painful experiences for two reasons. First, when they have already tried to find other ways to help us learn those life lessons in less painful ways but somehow we have ignored all the warning signs. Second, when the lessons learned are essential to our life journey. Dr. Bert and Frank have both constructed elaborate and seemingly impenetrable fortresses around their hearts. Much like the characters in *REIGN ON ME*, their relationship provides them the opportunity to heal their deepest wounds and then move on.



Two films in the last two years that have focused on men reconnecting to their emotional selves. Heartening indeed. Pun very much intended.

GHOST TOWN is one of those wonderful films that works on the surface while you're watching it and then stays with you long after you've left the theater. And THAT'S Spiritual Cinema.



SUGGESTED READING WATCHING LISTENING

The Law of Attraction: Teachings of Abraham
by Esther and Jerry Hicks www.abraham-hicks.com

A New Earth, Awakening to Your Life's Purpose
by Eckhart Tolle

Energy Medicine for Women
Foreword by Christiane Northrup, M.D.
by Donna Eden with David Feinstein, Ph.D.

From www.hayhouse.com by Esther & Jerry Hicks
Manifest Your Desires: 365 Ways to Make Your Dreams a Reality,
Astonishing Power of Emotions
Money and the Law of Attraction

From www.theintentionexperiment.com
The Field by Lynne McTaggart
The Intention Experiment by Lynne McTaggart

From www.newworldlibrary.com
Golf's Three Noble Truths by James Ragonnet
Freedom Is by Brandon Bays
Secret Keeping by John Howard Prin
Ancient Secrets of Facial Rejuvenation by Victoria J. Mogilner

From www.thefourwinds.com
Courageous Dreaming: How Shamans Dream the World into Being
by Alberto Villoldo PhD

From www.beyondword.com
The Orb Project
by Miceal Ledwith and Klaus Heinemann

MUST SEE DVDs
The Secret Movie <http://thesecret.tv/>
The Secret Behind The Secret www.abraham-hicks.com
Orbs: The Veil is Lifting with Miceal Ledwith and Klaus Heinemann

From **Spiritual Cinema Circle**
After Life
Ghost Town

From www.lifeinbalancemusic.com
Crystal Bowl Meditation by Life In Balance
A Vibratory Journey into Deep Meditative States

ATTENTION
Psychics, mediums, spiritual
counselors, astrologers, and
stores that hold psychic fairs



There are **5** ways you
can let our readers know
where you are

 **ONE:** We have a FREE directory
of Psychics at www.horizonsmagazine.com
Each (10 word maximum) line is \$120 per
year prepaid or \$75 for six months prepaid.

 **TWO:** Our Psychic Fair Calendar
on page 43 is just \$5 per line

 **THREE:** Our Classified Ads on
page 14 are just \$1.50 per word

 **FOUR:** Our Phone Directory on
pages 23-26 is just \$5 per line

 **FIVE:** You can have a monthly
display ad for as little as \$30 per month

Email Horizonsmagazine@aol.com

Call 321-722-2100

Visit www.horizonsmagazine.com

PSYCHIC FAIRS Calendar



1st Sunday in Melbourne 6:30 - 9:00pm
Monthly Psychic Fair at 1924 Melody Lane
behind the Melbourne Auditorium.
321-537-3843 \$10 for a 15 minute reading

2nd Sunday in Melbourne Noon-2pm
Medium's Day \$15 for 15 minute reading.
www.spirit-chapel.org held behind Melbourne
Auditorium.

3rd Saturday nights each month Table
Tipping Seance *In person Readings, Phone
Readings* Dennis Hollin 407-721-3396
www.orlandopsychic.com

Spirit Of Light Expo, Sat & Sun, Nov 1-2,
2008 PENSACOLA Bayview Community
Center & Park 850-457-9800
<http://solexpo.org>

First Sat Every Month **NEW PT RICHEY.**
Great Readers, Spirit Art, Reiki Healings & Gift
Shop, Sanctuary Of Light Chapel, 5112 Trouble
Creek Road, 1/8 Mile East
of US 19 727-430-6179

**List your event here
for only \$5 per line**





HOROSCOPES FOR

Barbara Lee is a Reiki Master Teacher, Psychic and Professional Astrologer. She offers phone consultations and a state of the art astrological chart service with six types of computerized reports available. Barbara can be reached at 1-208-773-7822 and at P.O.Box 3427 Post Falls, Idaho 83877 and on the web at www.IntuitiveReflections.com, or by email at barbaralee21@verizon.net

Aries: March 20 to April 19/20 "I Am"

Last Month's October 14th Full Moon, you got a taste of what life really expects from you. This month is the time to show the Universe what you are made of. Don't let the economy stop your progress, you have never been one to allow other people's fear to hold you back.

Taurus: April 19/20 to May 20/21 "I Have"

Do not kid yourself, you should know by now that with Venus as your ruler you never have to walk through life by yourself. Venus is the relationship planet. This last Mercury Retrograde in Libra, which Venus rules, has brought every single relationship issue to the surface to be cleared. Easy does it, this month is about your money.

Gemini: May 20/21 to June 21 "I Think"

Whatever you are driven to do, nothing can stop you now. Your Health will be of special importance as November nears the end. With an increase in stamina you will be guided to direct all your extra energy to home improvements. What this is really saying is that you are looking for more comfort.

Cancer: June 21 to July 22 "I Feel"

This is a good time to square away your will and any legal issues with others that have gone unfinished. November brings a breath of fresh air to help you see any family issues more clearly. It will be up to you to set the record straight, as you do what it takes to go the extra mile.

Leo: July 22 to August 22/23 "I Will"

These last few months have been interesting to say the least in regards to your one on one relationships. Retrograde meaning redo, reorganize, repair as well as past relationships reentering your life to heal what was thought to be already healed. Yeah! another chance to heal past relationship issues.

Virgo: August 22/23 to September 22/23 "I Analyze"

This may be difficult for you, but it is time for you to step outside of the recesses of your mind and try to see life from someone else's perspective. This Fall is amazing for self growth as well as creating new lines of communication with others that can further your career as well as your personal understanding.

The personal growth, awesome clarity, and ability to give and receive love that you find during this weekend will amaze you.

www.margieruzzo.com presents

"THE" WORKSHOP

with Scott Donat, Margie Ruzzo & Mark Pasqualino

WEEKEND OF NOVEMBER 14-16

\$277 or \$247 if paid by Nov 1, 2008

HELD AT THE BONEYARD • 6 ROSA L JONES BLVD • COCOA VLG

- Improve communication skills
- Increase self confidence
- Find personal power
- Turn fear into excitement
- Release anger
- Get "unstuck"
- Release guilt and shame
- Learn to love yourself
- Allow grief to go
- Find your inner child
- Bring clarity to your life
- Improve your relationships



WWW.MARGIERUZZO.COM

321.639.4382

Email MargieRuzzo@bellsouth.net



Psychic & Astrological Phone consultations Astrological Chart Service

Order a Natal Report and receive a one month Transit Report FREE

Barbara Lee

208-773-7822

Visa / MC accepted

Email barbaralee21@verizon.net

www.IntuitiveReflections.com

NOVEMBER 2008

Libra: September 22/23 to October 23 "I Balance".
November, depending on how you manage your life changes, will raise your vibration beyond your normal thinking realms. It is time for you to reacquire yourself with your focus and personal intent. By the Full Moon in Taurus on November 12th, you will be ready to begin your new projects.

Scorpio: October 23 to November 22 "I Create".
This Fall is a good time for you to let go of the past so the Future can present itself. Remember when you planted those seeds, did you go out and dig them up to see if they had sprouted, no you didn't, you trusted that they would grow. You have asked for what you wanted and now you must release it to the highest and greatest good of all concerned.

Sagittarius: November 22 to December 21 "I Perceive".
Spiritual action is what is needed in your dilemma. Mid November resolution will take place but only if you realize that you have to go to the inner planes to activate the healing process. Even with your short bursts of impatience, butting heads will get you no where but the land of frustration.

Capricorn: December 21 to January 19/20 "I Use".
By November you will get that promotion that you have been working towards. The work that you have done stands on its own, and your reputation speaks for itself. Now that you are on top, it is very important for you to be especially kind to others, of course keep a strong backbone, but be an empowering mentor to all that you come in contact with.

Aquarius: January 19/20 to February 18 "I Know".
Election Day with a moon in Aquarius, a great day for you to meditate on your intentions by a beautiful Lake. You are opening up to higher and higher frequencies, healing is the key, settle and release the old so the new can be embraced. Trust in your intuition as it continues to get stronger.

Pisces: February 18 to March 20 "I Believe".
For you to manifest what you want this November, you have to make sure that you really really want it with all your heart. Be careful what comes out of your mouth, believe it or not you are creating your reality by what you talk about. This Fall a change happens inside of you, your values shift into a higher vibration where self responsibility becomes a priority.

UNIVERSAL PATH CENTER

Your Gateway To Spiritual Freedom



**Sunday
Services
10:00am**

Reiki, Level One \$75
Reiki, Level II: \$75
Master Level: \$200
Call Rev. Sigi

Wednesdays 1pm
Healing Service 4pm
A.R.E. (Love Donation)

Rev. Violet & Rev. Sigi
Are Available For
Weddings As Well
As Counselling By
Appointment

Rev. Sigi Is
Available For
Clinical Hypnosis
by Appointment

*Ask about
classes, geared to
acknowledge your
true God-Self*

UNIVERSAL PATH CENTER
2460 N. Courtenay Parkway
#210 Merritt Island, FL 32953
321-459-0208

Rev. Violet 321-638-0194 Email Violet@cfl.rr.com
Rev. Sigi 321-452-2079 Email Sigi340@aol.com



Just behind the visible world is a whole other world in which it all works differently. ~ Ram Das



Andrea de Michaelis has designed this audio series just for you.

Connecting with Your Angels, Guides & Teachers

This cd is designed to activate the third eye, expand awareness, develop psychic perception and become receptive to inner guidance.



Even if you have never experienced conscious contact, you can still be successful. Once you activate your psychic perception, expect to receive inner guidance more clearly than ever before.

Even if you are skeptical, you can still be successful. A fish doesn't have to believe in the ocean. As your third eye opens, expect to receive more vivid psychic impressions from your angels, guides and teachers.

While relaxing, does your body begin to hum or vibrate, sometimes so intensely you think the room itself is shaking? Learn how to manage this energy and use it for more expansive and experiences with your invisible helpers. Go into each session with questions you would like answered by your angels, guides and teachers.

Andrea, I listen to this mp3 file as I begin my meditation, then I go into the silence for 20 minutes. I never felt very successful at meditating until now. It's easier to feel peaceful and things don't worry me as much now. I have even done some automatic writing that has helped me focus myself careerwise, and my new ideas are creating more income. Thank you for the kickstart. Jennifer Hudson, Orlando

HEALTHY EATING HABITS

By the power of suggestion, your desire to overeat will be replaced by increased willpower; your craving for unhealthy foods will be replaced by finding interesting and fun ways to increase your physical activity. Turn up your body's metabolism to burn fat and leave you with a higher energy level. Each time you listen to this recording, you can experience a new and healthy vital energy flowing through body and mind.

Thank you! I downloaded the mp3 file in June and have been listening every night as I go to sleep. I'm down 15 pounds and I no longer have the urge to snack in front of the tv. I also find myself wanting to walk and be more active. Who knew it could be this easy? I don't know how it works, but it works. Thank you. Dee Watson, Tampa



SLEEPYTIME RECHARGE

Play this recording as you are falling asleep for a refreshing segment of restful rejuvenation. Even when asleep, your subconscious mind is listening, so expect change to occur.

We've learned that the health and wellbeing of our physical body is a direct result of the thoughts we habitually think and our inner response to the words we hear around us. The cells of our body process info and control our behavior by way of genes being turned on and off by influences outside us, such as our perceptions and beliefs. Our beliefs, true or false, positive or negative, affect our genetic activity and alter our genetic code.

We can retrain our consciousness to create healthy beliefs, and thus create a profoundly positive effect on our bodies and in our lives. We can not only regulate our own brain chemistry to overcome ailments and bad habits, we can reprogram our lives for more personal joy.

Our body is a community of 50 trillion living cells, all cooperating as a collective consciousness, and we speak to it and direct it every time we have a thought or reaction. The body is a biochemical machine and the driver is the mind. So dis-ease is merely a result of how we're driving our physiology.

Carefully selected words and phrases on this recording will reprogram the cells of your body for optimum physical and mental health. Each time you listen to this recording, you will awaken refreshed, rejuvenated and motivated to get into your day.

I listen to Sleepytime Recharge every night as I fall asleep and sometimes let it repeat over and over. I used to think I had chronic fatigue or was depressed, but I think now it was all related to my habit of thinking. I have more energy now, more clarity and feel motivated to do things with my family. Thank you for this. K. Crane, Cocoa



HOLIDAY SAVINGS + STRESS RELIEF

Each cd is available for *immediate download* for just \$10 (regular cd price \$22)



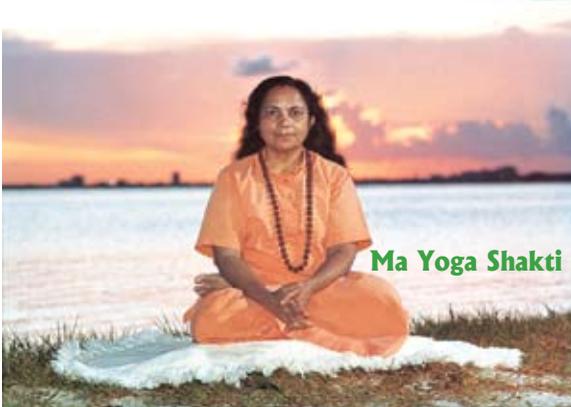
PAGE 46

For download, go to www.horizonsmagazine.com
Go to "Andrea's CD Page"
Listen anytime you want or save to a cd



Email HorizonsMagazine@aol.com Andrea de Michaelis is a Certified Hypnotherapist, ABH

YOGA SHAKTI MISSION



Ma Yoga Shakti

Sundays 9-10am
Sunshine Lectures
Talks on Spiritual Topics

First Saturday of
month at noon
Vegetarian luncheon \$7

YOGA CLASSES

\$7 Per Class
\$25/mo unlimited
evening classes

Monday

Gajendra - 7:00-8:00 p.m.

Tuesday

Maryann and Jim Loafman
7:00-8:00 pm

Thursday

Val Anderson
9 - 10 am

Thursday

Chip & Shyama Iacona
7-8 pm

New Year's Retreat with Mataji January 2-4, 2009



Friends of the
World 2009
Plan early to
reserve vendor
booth space and
get on performance
schedule

YOGA SHAKTI MISSION

3895 Hield Rd NW
Palm Bay

321-725-4024

yogashaktipb@yahoo.com
www.yogashakti.org



Full Moon Puja
Satya Narayan Katha
*Bring Fruit, Flowers
and a Pure Heart*
5 pm Call for dates

Ramayan Chanting
Sundays 10:15-11:15 am

Bhajans/Kirtans
First Wednesday of Month 6.45- 7 45 PM

BOOKS BY MA YOGA SHAKTI

Yoga Syzygy Guide to Hatha Yoga \$15

Techniques of Meditation to Enhance Mind Power \$10

Shri Satya Narayana Katha \$5

Hanumaan Chalisa \$5

A Spiritual Message \$5

The Seven Invisible Psychic Lotuses \$10

Yoga Aasana Chart \$2

Chandogya Upanishad \$5



HORIZONS MAGAZINE
575 Escarole Street S.E.
Palm Bay, FL 32909-4802
321-722-2100



As hopeless as any situation feels, it's really only your thoughts that you're dealing with. And you have the power to change those.

Louise Hay

The best gifts...
are the ones you'd also like to receive.
Give movies that matter.



Jillian's Vantage

Illusion

King of California

Inspire the ones you love with a 3-month membership to Spiritual Cinema Circle. Your gift will include a monthly DVD of 4 heart-touching, soul-nourishing movies that are theirs to keep; a CD of instrumental melodies and organic sounds; and a hand-written gift card with your personal message.



"These films truly make me feel good about being human."

MARIEL HEMINGWAY
Spiritual Cinema Circle Co-host, Actress, & Author

**Order by
December 14
to ensure
Christmas Delivery!**
DVDsThatMatter.com
800-449-9886

3-month membership
only ~~\$59.95~~ **New lower price**
(plus shipping) **\$49.95**

SPIRITUAL CINEMA CIRCLE™