

**FREE**  
**NOVEMBER 2007**

Andrea de Michaelis presents

# HORIZONS

Spiritual Solutions for Florida Since 1992 • Applying The Law of Attraction



**FREE**





# "CREATING THE LIFE YOU LOVE"

SEMINAR AT SEA WITH WENDI FRIESEN

Your Hypnotic Guide

& Mistress of Enchantment !

ROYAL CARIBBEAN'S  
'NAVIGATOR OF THE SEAS'

MARCH 10, 2008

5 NIGHT WESTERN CARIBBEAN CRUISE

\*INTUITION & INFLUENCE: AMAZING RESULTS!

\*SEXY TIME! HOT! HOT! HOT!

\*BIZ WIZ & FINANCIAL FREEDOM AT LAST!

\*MIRACULOUS HEALTH!

PARTIES! CONTESTS!

CASH PRIZES! FUN!

YOU WON'T WANT TO MISS THIS ONE!

PRICES GOOD FOR  
LIMITED TIME ONLY !

PRICES STARTING  
AS LOW AS

**\$799.00\***



Country of Registry, Bahamas

\*Prices are per person based on double occupancy.

\*Prices Include Port Charge, Govt. Fees & Seminar Fees!

\*Purchase at This Low Introductory Rate Pending Available Space ONLY!

[www.AchievingSatoriSeminarsAtSea.com](http://www.AchievingSatoriSeminarsAtSea.com)

1-888-278-0270



Seller of Travel Numbers: CST 2015021-50, WA 601938728, IA 649, FL ST-35832, NV 2005-0072



The *Gathering* is not just a place but rather the coming together of a group of people who are determined to see Love instead of fear in every situation. Grounded in the teachings of A Course In Miracles and open to the exploration of all spiritual paths, we gather to join in Spirit, examine our beliefs, and take joyful responsibility for our choices and experiences.

# The Village Gathering

*"Teach only love, for that is what you are."*

— A Course in Miracles

## Sunday Evening Programs

6 pm to 7:30 pm

- Nov 4 **Closed** for **Peace in the Park**  
at Unity of Melbourne
- Nov 11 **Robin and Eddy Concert**
- Nov 18 **Jon Mundy** ex-Methodist pastor and  
Course In Miracles Guru
- Nov 25 **Thanksgiving Service** with  
Rev Paula Langguth Ryan
- Dec 2 **Sunday Night Alive!**

**SNA** features humorous sketches which compel us to examine our world, our lives and our hearts. Energized with live music and guest singers, **SNA** is a fun, once a month Spiritual evening out! Don't miss it! Check our web site frequently for short segments of **SNA**.

## Special Event

Saturday Nov 17

10 am - 4 pm.

### John Mundy Workshop

"Doing the inner work of ACIM"  
\$50 in advance \$65 at the door

Visit our website for a full Schedule of Events.

[www.TheVillageGathering.com](http://www.TheVillageGathering.com)



Rosalie Bianco

## A Course in Miracles

Every Wednesday Night  
7 pm to 9 pm

Happiness comes from a Well of Love so deep that it is inexhaustible.

Accessing that Well is easy once you discover the secrets to life that are buried in your own soul. The willingness to know your True Self will lead You to the treasures that are found in your own reflection.

Join me on Wednesday nights and together we will bring the teachings of A Course in Miracles to life – to your life and mine.

See you there.

*Rosalie*



## The Village Gathering

6 Rosa L. Jones Blvd. ♦ Cocoa Village, FL ♦ 321-617-9005



**Stop in and  
see if what  
we offer  
nourishes  
your soul...**



1745 Trimble Road  
321.254.0313

**Unity Church**  
OF MELBOURNE FL

*Rev. Beth Head  
welcomes you*

New Thought Teachings in Practical Christianity  
[www.unityofmelbourne.com](http://www.unityofmelbourne.com)

## Sunday Services 9:15am & 11am

If you enjoy The Secret and Law of Attraction, you'll enjoy Unity of Melbourne

### Free Yoga Classes November 12th

Ruby Saunders will be offering a free introductory Yoga class on November 12 in the Sanctuary. She will be doing two gentle forms of Yoga classes.

4-5:00 PM Chair Yoga (suitable for Seniors)  
5:30 to 6:30PM Regular Yoga with mats

### Nov. 15th IN CONCERT: DEVOTION

7:00PM This dynamic duo, Lori Sandstrom & Robert Anderson's numerous award winning songs are electric, full of powerful harmonies and will take you places you've never been! Love Offering

### Sat. Nov. 17th Chakra Alignment Meditation Crystal Singing Bowls



7 – 9 PM Revs. Janet and Robert Buck  
Increase and rejuvenate your life force energy field and creative spirit energies. Awaken the Body's natural healing

intelligence. Activate the perfect blueprint of spiritual well-being.  
Enhance your sense of self worth, peace and empowerment.

### What Is Spiritual Direction? Nov. 18th

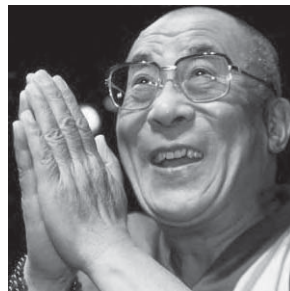
12:15 PM Immediately after 2nd service

"Tending the holy...helping people tell their sacred stories."

Find out more about this method of exploring and deepening your relationship with the God of your understanding. Information, question and answer session. For more information contact Debbie Abram 636-6252 or Maggie Rosche 255-4652.

### SUNDAY HEALING SERVICES (Love Offering)

Nov 4th	6:30 PM	Reiki (facilitated by Lloyd Reiser)
Nov 11th	4:30 PM	Pranic Healing
Nov 25th	4:30 PM	Pranic Healing



### Sunday Nov. 18th 2:30pm Movie: 10 QUESTIONS FOR THE DALAI LAMA

If you had an hour with the Dalai Lama, what would you ask? The Dalai Lama shines as a universal symbol of Peace and Unity. Promoting a greater understanding of philosophy and cultures, this film allows the viewer to participate in an intimate conversation with the Dalai Lama – most likely asking the very same questions you would ask. Please visit [www.thedalailamamovie.com](http://www.thedalailamamovie.com) (Suggested love offering \$10.00)

### Thanksgiving Eve Service

#### Wednesday, November 21st 7:00 PM

Join us as we prepare for a day of thanksgiving with music, prayer and Holy Communion. We will have a gratitude altar – bring an object that symbolizes gratitude and sacredness for you to place on the altar during our service.

### Thanksgiving Dinner Potluck

We will begin eating at 1:00PM. Bring a dish to share and we will enjoy Thanksgiving as a spiritual family. Friends and family are welcome. If you would like to cook a turkey or come early to help set up, please call the church.

### Overeaters Anonymous H.O.W.

(Honesty - Open minded - Willing)

Thursdays, 1:30-3:00 PM Facilitated by Susan P. (cell 298-8938)

These meetings have been formed to offer the compulsive overeater, who accepts the Twelve Steps and Twelve Traditions as a program of recovery, a disciplined and structured approach.



**OUR SUNDAY  
MUSICIANS ROCK!**

**DIRECTIONS TO US:** I-95 exit 72, follow Eau Gallie Blvd (518) to Wickham Rd & go north (left) on Wickham Road, then west (left) on Trimble. Trimble is north of Eau Gallie Cswy, south of Aurora Road.



# THE GREATEST OPTICAL ILLUSION IS SEPARATION

## Publisher/Editor/Layout:

Andrea de Michaelis

## Thanks for help this month

Cha Cha La Belle  
Rev. Beth Head  
Gerald Head  
Denise Marr

## Cover Art: (see page 36)

Winter Equinox by Jane Marie

## Contributing writers:

Margaret Ann Lembo  
Richard A. Singer, Jr.  
Cecelia Aitable  
Meredith Jordan  
Dr. Judith Orloff  
Roger Coleman  
Karen Williams  
Abraham-Hicks  
Beki Rosenthal  
June K. Brown  
Louise L. Hay  
Barbara Lee  
Alan Cohen  
Sharon Janis  
Byron Katie  
Lori Gear



And the day came  
when the risk to remain  
tight in a bud was more  
painful... than the risk it  
took to blossom.

Anais Nin

Horizons thanks  
everyone willing  
to take the risk

# Horizons

Our Advertising Rates ... Low because we are in it for the outcome, not the income .....	6
12 Steps of Spiritual Freedom by Rev. Tom Sannar .....	6
This Month's Thoughts About Things by Andrea de Michaelis .....	7
Who Is Solomon? by Abraham-Hicks .....	8
On Love, Sex and Relationships by Byron Katie .....	9
Empress Feng Shui by Lori Gear .....	10
From The Heart by Alan Cohen .....	11
Herb Corner with Cecelia Aitable .....	13
Our Classified Ads .....	14
Secrets of Spiritual Happiness by Sharon Janis .....	15
Angels and Invisible helpers by Margaret Ann Lembo .....	17
The Art of Remembering & Interpreting Dreams by Dr. Judith Orloff .....	18
Dear Louise by Louise L. Hay .....	19
Psst. The Secret and other Secrets by Natalie Reid, Ph.D.....	20
Your Daily Walk by Richard A. Singer, Jr. ....	21
Animal Spirit Guidance by June K. Brown .....	22
Twenty Seven Things by Meredith Jordan .....	23
Our Phone Directory *Horizons may be picked up at most of these locations* .....	27
Defusing Holiday Conflicts by Beki Rosenthal .....	35
SoulSongs by Karen Williams .....	37
Solar & Lunar Celebrations of the Ancients by Roger Coleman .....	39
Our Calendar of Events .....	41
Cover Art .....	43
How to Use Horizons Magazine .....	48
Suggested Reading .....	50
Our Mission Statement .....	50
Monthly Horoscopes by Barbara Lee .....	52

**HORIZONS MAGAZINE is distributed FREE each month** to 300+ bookstores and health food stores throughout Florida, as well as by subscription. HORIZONS is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life. Our ad rates are low because we are in this for the outcome, not the income. Please write us with your comments.

**Article submission:** You may submit articles of 200-1000 words on any area of personal growth and practical spirituality to [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com), along with a 50 word bio telling who you are and how to contact you. Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for as an ad.

The views expressed in Horizons Magazine are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

*We gladly accept MasterCard, Visa, PayPal, American Express*

**HORIZONS MAGAZINE**  
575 Escarole Street SE • Palm Bay, FL 32909-4802

Visit [www.horizonsmagazine.com](http://www.horizonsmagazine.com)  
Email [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com)

Classifieds \$1.50 per word.  
Phone Directory \$5 per line.  
Calendar \$.30 per word.

page 14  
page 27  
page 41

## Display Advertising Rates

Ad size	1 month	3 months*	6 months*
Small Strip Ad	\$ 50	\$ 40	\$ 30
Business card	\$ 90	\$ 75	\$ 65
1/4 page	\$180	\$150	\$125
1/3 page	\$200	\$175	\$150
1/2 page	\$300	\$250	\$220
1/2 on pgs 44, 45	\$350	\$300	\$250*horoscopes
Full page	\$400	\$350	\$300
Back page incl. color	\$625	\$565	\$475
Inside back	\$525	\$465	\$400 color
Inside front	\$550	\$485	\$425 color
Page 3	\$550	\$485	\$425 color
Page 4	\$450	400	\$350
Front cover	\$900 (Restrictions apply)		

**COLOR ADD 25%**

**\*You must prepay to get discounted rate**

Example: Business card for 6 months is \$390 prepaid

Full page ad for 6 months is \$1,800 prepaid

### Best Ad Rates & Widest Distribution of any spiritual growth magazine in Florida.

Horizons is proud to contain true editorial content,  
not merely advertorials and advertisements  
We're distributed monthly to 300+ bookstores and  
health food stores all over Florida, as well as by  
private subscription. See pages 27-31 to see where  
**HORIZONS MAGAZINE** is distributed

*For good advertising results, studies show it takes  
a reader 3-4 times seeing a new ad before it is  
noticed and acted on. By the 4th ad,  
readers begin to call.*

**Payment is due by the 10th with your ad.**

## Display Ad Sizes

Full page ad is 7.25" wide by 9.5" tall  
1/2 page 4.25" tall by 7.25" wide or 9" tall by 3.5" wide  
1/3 page 2.8" tall by 7.25" wide or 9" tall by 2.3" wide  
1/4 page 3.5" wide by 4.25" tall  
Business card ad is 2" by 3.5"  
Small strip ad is 1" x 3.5"

Pay with Visa,  
MasterCard,  
American  
Express, or  
PayPal online

# 321-722-2100

**Email us at [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com)**

Mail ad with payment to  
**HORIZONS MAGAZINE**  
575 Escarole Street SE  
Palm Bay, FL 32909-4802

# 12 Steps of Spiritual Freedom

**By Rev. Tom Sannar**

[www.new-thought.org/](http://www.new-thought.org/) Email [oneheart@roadrunner.com](mailto:oneheart@roadrunner.com)

- 1. Recognition - God Is First.** I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.
- 2. Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
- 3. Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.
- 4. Dominion.** I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
- 5. I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.
- 6. I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
- 7. Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
- 8. Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
- 9. Persistence.** I persist through faith. I maintain focus and discipline.
- 10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
- 11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
- 12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.







**Andrea de Michaelis**  
Publisher

## THIS MONTH'S THOUGHTS ABOUT THINGS...

"In the company of one who is living Love, you can't help but spring into that Love." - Sri Sri Ravi Shankar

**H**ello and welcome to the **November 2007** issue of **Horizons Magazine**. As I was finishing up this issue of Horizons, and wondering what I would write about, an email came in from a friend that gave me the answer. I love when that happens! I didn't have to wonder, "Hmmm, which shall I do? Answer my friend's email or get my work done?" because I've come to realize that maybe my friend's email IS my work right now... If whoever is before me is truly my "multitude" that I am given to serve, then I'd be remiss in not doing the work presented to me. So I answered his email.

**Sven** puts himself through college by working two jobs. He's likeable and charismatic, he's a serious worker, and a cool person with a good heart. That makes insecure coworkers jealous. He's now looking for another job because one brat is

trying to get him fired from a job he really likes. He wrote asking about bad karma. I realized as I wrote this to him, that it would be my article this month as well. How perfect when it all falls into place like that!

When I was living in a yoga ashram, I learned some giant lessons. I used to think I was there so I could be in the quiet and peaceful atmosphere and be able to just sit and meditate and pray all day and get real spiritual and enlightened, blah, blah, blah... So it would piss me off when people were making noise when I was trying to meditate, or they would be talking (about stupid stuff) behind closed doors when we were supposed to be in silence. Instead of everyone helping everyone out and everyone sticking to the practice and becoming holy beings, heck, we were all acting like everyone else out there in "the real world" that we were trying to get away from. What were they doing here if they weren't serious about working on themselves like I was? How can that be?

Well, I learned that was because they WERE just like me, I just had a distorted idea of "who" I was. And who "I" was. And a distorted idea of our purpose for being brought together, and a distorted view of how that purpose should play out. I went in thinking that since we were so 'enlightened', we would automatically support each other's strengths, when in fact what happened was we got a lot of opportunities to confront and work on our weaknesses. But of course we didn't always see that. Sometimes a lesson is only a lesson if you know it's a lesson.

*...continued on page 47...*

**GET THE SPIRIT!**

**If you appreciate what Horizons has each month, show your support by subscribing, even if your local store carries us.**

# SUBSCRIBE TODAY

We'll give you 12 monthly issues of **Horizons Magazine** for just \$26 (\$48 overseas.) Charge it to **Visa, MasterCard** or **American Express**. **FILL OUT THIS FORM OR CALL 321-722-2100**, and the next issue of **Horizons Magazine** will be at your door early each month. You may fax 321-722-0266, email **HorizonsMagazine@aol.com** or mail to **575 Escarole St SE Palm Bay, FL 32909-4802**.

Please send me \_\_\_\_ subscription(s) at \$26 each. I enclose my check or money order \_\_\_\_ OR Charge \$\_\_\_\_ to my credit card. The number is \_\_\_\_\_  
The expiration date is : \_\_\_\_\_ Email address: \_\_\_\_\_

Mail my subscription to: Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address : \_\_\_\_\_ Apt No. \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

**Yes! I want to receive Horizons Magazine at my own front door!**

**Page 7**

# WHO IS SOLOMON??



Secret"! Visit [www.abraham-hicks.com](http://www.abraham-hicks.com).

Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Esther & Jerry Hicks are authors of *Ask & It Is Given*, *The Amazing Power of Deliberate Intent* and the NY Times Best Seller, *The Law of Attraction* and their newest dvd, *The Secret Behind "The*

The following excerpt is taken from the book **Sara Book 2** by **Esther and Jerry Hicks**. It is published by Hay House (October 2007) and available at all bookstores or online at: [www.hayhouse.com](http://www.hayhouse.com)

## Chapter 3

### Who Is Solomon?

It was a warm and sunny afternoon in Sara's mountain town. In fact, Sara had decided earlier that this was the prettiest day so far this year. And to celebrate this extra-pretty day, she had decided to go to her favorite place in the whole town, her leaning perch. She called it her leaning

perch because no one else in town even seemed to notice that it existed. Sara couldn't come to this spot without remembering how it came to be. How the metal railing atop the **Main Street Bridge** had been bent way out over the river when a local farmer had lost control of his truck while trying to avoid running over **Harvey**, a friendly and always roving dog, who weaved his way in and out of traffic every day, always expecting everyone to stop or swerve to make way for him. And, so far, it had always worked out that way. Sara was relieved that no one had been hurt that day, not even Harvey, who many thought deserved to get run over. I've heard of cats having nine lives, Sara thought to herself as she remembered that day, but not dogs.

Sara lay there, lazily watching the river flow by beneath her. She breathed deeply and enjoyed the wonderful smell of this delicious river. She couldn't remember ever feeling better. "I love my life!" Sara said right out loud, feeling a fresh exuberance and an eagerness for more.

"Well, better get going," Sara said to herself, climbing back out of her perch and gathering up her book bag and jacket that she had piled in a heap on the bridge. She was still standing on the bridge when the **Morris** family's rattling, sagging, overloaded truck drove across it. It wasn't the loud clanging of an out-of-tune engine, the crates of chickens tied to the roof, or the old goat teetering in the back of the truck that caught Sara's eye, but the intense, interested gaze of a boy riding in the back. His eyes locked with Sara's, and for a moment, they each felt as if they had met an old friend. Then the truck sputtered on down the road. Sara threw her bag over her shoulder and ran down the road to the intersection, looking to see where the truck pulled in. It looks like it pulled into the old Thacker place, she thought. Hmm.

Sara picked up her pace as she walked toward the Thacker house. She was intensely curious about what she would find.

Sara had heard that old **Grandmother Thacker** had passed away, but she hadn't given much thought to what would happen to her old house. Her husband had died even before Sara was born, and it seemed to her that Mrs. Thacker had been waving Hello! for Sara's whole life. Sara never knew her children, for they were all grown up and gone before she was old enough to walk around town by herself. Over the years, Sara had come to know the life patterns of this independent old woman, and it felt empty now that she was gone.

Sara had heard someone in the drugstore talking about Grandmother Thacker. (Everyone in town called her that.) "Her damn kids didn't even bother to come to her funeral," she heard **Pete**, the druggist, complain. "Bet they'll be around fast enough to collect any money she's left behind, though. You just wait and see."

As Sara walked, she felt worse and worse. And she knew why, too. "**Solomon**, I don't want anybody moving into Grandmother Thacker's house," she complained. "Solomon, can you hear me?"

"Who's Solomon? Who are you talking to?" Sara heard a boy's voice from behind her.

...continued on page 24...

## METAPHYSICIANS' CIRCLE



### INTERESTING TALKS ON METAPHYSICAL TOPICS

We meet in the Melbourne Municipal Band Room behind the Melbourne Auditorium on Hibiscus Blvd, just west of US1, east of Babcock St. Park in back & walk in.

**PSYCHIC FAIR 1ST SUNDAY OF EACH MONTH**

**321-537-3843**

**Sunday evenings 7-8:30pm \$2 fee**



**Rev. Dr. Janet Claire Moore**  
Spiritual Reader, Channel and Counselor  
ADL Minister, Licensed Mental Health Counselor

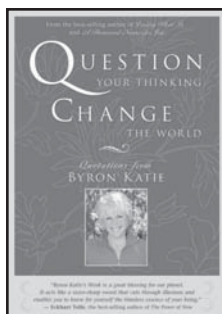
**"TO INSPIRE, ENCOURAGE AND HEAL"**  
Life path, future possibilities, Past lives, Grief issues, and Messages from Loved Ones in Spirit

412 NE 16th Ave, #215  
Gainesville, FL 32601

**352-373-8047**

RevJanet@SeraphimCenter.org  
[www.SeraphimCenter.org/reverend\\_drjanet.htm](http://www.SeraphimCenter.org/reverend_drjanet.htm)





# ON LOVE, SEX, AND RELATIONSHIPS



The following excerpt is taken from the book **Question Your Thinking**, by **Byron Katie**. It is published by Hay House (October 2007) and available at all bookstores or online at: [www.hayhouse.com](http://www.hayhouse.com)



nce we begin to question our thoughts, our partners—alive, dead, or divorced—are always our greatest teachers. There's no mistake about the person you're with; he or she is the perfect teacher for you, whether or not the relationship works out, and once you enter inquiry, you come to see that clearly.

There's never a mistake in the universe. So if your partner is angry, good. If there are things about him that you consider flaws, good, because these flaws are your own, you're projecting them, and you can write them down, inquire, and set yourself free. People go to India to find a guru, but you don't have to: you're living with one. Your partner will give you everything you need for your own freedom.

\*\*\*

When you don't love the other person, it hurts, because love is your very self. And you can't make yourself do it! You can't make yourself love someone. But when you come to love yourself, you automatically love the other person. You can't not. Just as you can't make yourself love us, you can't make yourself not love us. It's all your projection.

\*\*\*

Personalities don't love; they want something. Love doesn't seek anything. It's already complete. It doesn't want, doesn't need, has no shoulds (not even for the person's own good). So when I hear people say that they love someone and want to be loved in return, I know they're not talking about love. They're talking about something else.

\*\*\*

I can't feel angry at my partner without suffering. This doesn't feel natural to me. It doesn't feel resonant. If I meet my partner with understanding, it feels more like me. So when a thought appears, can I meet that thought with understanding? When I've learned to meet my thoughts with understanding, I meet you with understanding.



### Hearing Your Angels by Karen Talcott

Angel Intuitive/Psychic • Certified Medium  
*Angel Therapy Practitioner*  
[www.HearingYourAngels.com](http://www.HearingYourAngels.com)  
**561 314-5832**      [HearingAngels@aol.com](mailto:HearingAngels@aol.com)  
*"Specializing in Personal Guardian Angel Messages"*



MRSA, Aromatherapy, Therapeutic Lotions, Bath Products, Fully Organic Teas, Herbal, Dessert Teas, Honey In Every Tea Bag Tea **Country Living Collection**

**[www.djmagicherb.com](http://www.djmagicherb.com)**

What could you say about me that I haven't already thought? There are no new thoughts—they're all recycled. We're not meeting anything but thoughts. The external is the internal projected. Whether it's your thinking or my thinking, it's the same. Let's meet it with understanding. Only love heals.

\*\*\*

It has been a life's work to make our partner wrong. Then when we enter inquiry, we lose. It's a tremendous shock. And it turns out to be grace. Winning is losing. Losing is winning. It all turns around.

\*\*\*

When you own your share in something that your partner did to you, it's the sweetest thing in the world. You just feel humility, without the slightest urge to defend yourself. It leaves you completely vulnerable. This is the kind of vulnerability you want to lick off the pavement, it's so delicious.

\*\*\*

My love is my business; it has nothing to do with you. You love me, and that isn't personal. You tell the story that I am this, or I am that, and you fall in love with your story. What do I have to do with it? I am here for your perception, as if I had a choice. I am your story, no more and no less. You have never met me. No one has ever met anyone.

\*\*\*

It's not your job to love me—it's mine.

\*\*\*

When you believe the thought "My husband should understand me," and the reality is that he doesn't, it's a recipe for unhappiness. You can do everything in the world to make him understand you, and he'll end by understanding what he understands. And if he understands you, what do you have?

*...continued on page 25...*

# Empress feng shui



"Lori is an expert  
in her field..."

INVITE BEAUTY AND HARMONY INTO YOUR ENVIRONMENT



Lori Gear is a feng shui consultant, speaker, author and teacher. Her newest book, "Dear Empress" is available on the web at [www.empressfengshui.com/](http://www.empressfengshui.com/)

**Q:** I'm totally new to Feng Shui, and I have a question. I understand that there is something that can be done to help influence an unwanted neighbor to move away. They're not threatening but have had words with us as well as others who live nearby. Can you please explain what it might be I'm looking for?

My neighbor friend told me about something called "Bagua" but when I looked that up it was referring to a pentagon like object and led me to think that is not quite what I am looking for.

**A:** Hello, and welcome to the world of feng shui! The bagua mirror is what you are looking for. It is an 8-sided object, not a pentagram, and the small mirror in the center is said to deflect negative energy away from your home. It is very powerful and I have had more clients than I care to count use them to encourage neighbors to move house! It isn't really used to hurt anyone, rather to encourage movement where necessary, and typically neighbors turn 'bad' when their energy stagnates or sticks. They don't want to be stuck either, so I look at the bagua as helping them along their path. Good luck!

## Natural Treatment Now Available for Migraines, Fibromyalgia, Insomnia, Anxiety, and Depression



FDA-Approved device simply clips to your ear lobes to deliver a painless microcurrent to your body for sixty minutes to normalize electrical activity in your brain.



For information, testimonials, or scheduling your treatment go to [www.HowardNorthrup.com](http://www.HowardNorthrup.com) or call 321-258-1201

**Q:** Hello Lori, I am planning to buy a condo. I am new in Feng Shui, and now I am worried. The condo faces north. The main door faces a small coat hanging closet. But we won't look to the wall, but rather to a small portion of the kitchen and living room. My kitchen is in career area, north, and the master bath in NE and Guest bathroom in NW. Is it a good house to buy? Especially career wise? Will we lose our friends? I really appreciate your answer.

**A:** The kitchen in the career area indicates that you receive nourishment from your career, so that is not a problem. The northwest area is associated with helpful people, and I think that is why you are questioning if having a bathroom there will cause you to lose your friends. The answer is no. The bathroom is actually very positive in the helpful people area because it is associated with the metal element, and bathrooms are just full of the metal element. I can't recommend a house without seeing it, but it sounds fine to me. Blessings.

**Q:** Hello, I have a huge chunk of rose quartz that I keep in my living room, on the carpeted floor. It's lying in front of a stereo speaker. The sun light is able to come in and hit it at times. However, I am looking for love, and have not found anyone who has all the qualities I need. (I heard that this quartz is a love stone.) I am also coming out of a two year period of grief, as my husband passed away recently. Where is the best place I can put the quartz in my apartment? I am on the second floor in a two flat building.

**A:** I am sorry for your loss. Rose quartz is a powerful stone, and is known for its healing properties. It is definitely associated with love and romance. It is best placed in the relationship corner of a master bedroom, or in the relationship corner of the home. Good luck.



## FROM THE HEART

This month's article is an excerpt from Alan Cohen's new bestseller, *Don't Get Lucky—Get Smart*. Alan is the author of many popular inspirational books, including the best-selling *The Dragon Doesn't Live Here Anymore*. Join Alan for his life-changing Life Mastery Training in Hawaii, February 10-16, 2008. For information on this program or others, or to receive Alan's free daily inspirational quote and monthly newsletter, visit [www.alancohen.com](http://www.alancohen.com), email [info@alancohen.com](mailto:info@alancohen.com), or phone 1-800-568-3079.



The Cosmic Church of Truth



1637 Hamilton Street  
Jacksonville, FL 32210

Sunday Mornings  
Lessons In Truth  
Sunday Service 10:30am

*Call for classes & meetings.  
Private counseling &  
healing sessions  
available by appointment*

**(904) 384-7268**

[www.thecosmicchurchoftruth.net](http://www.thecosmicchurchoftruth.net)

## DIALING IN DATES

**A**fter dating Chuck for too long, Sara decided she had had it with men who couldn't be fully present. After their final frustrating date, Sara vowed to herself, "I refuse to see unavailable men anymore."

A few months later Sara was shopping in a mall with her son. Suddenly the boy tugged on her sleeve and asked, "Mom, why aren't you talking to Chuck?" Surprised, Sara asked the boy, "What are you talking about?"

"Chuck has been standing right next to you talking to you for a couple of minutes," the boy explained, "and you have been ignoring him."

Sara shifted her gaze and, sure enough, Chuck stood just a few feet from her. During the entire time he had been trying to get her attention, she hadn't even seen him.

Sara was not ignoring Chuck; she simply did not notice him. When Sara refused to see unavailable men anymore, she wasn't kidding. Without even trying, Sara had screened Chuck—and men like him—out of her field of vision. We all see what we want to see, and do not see what we do not want to see.

Your intentions and expectations are like electromagnets that draw people and events into your experience. Everyone else will not show up on your radar screen. This is why you keep meeting certain kinds of people, and you will never meet others. If you want to change the kind of people you meet (or increase the likelihood of meeting the kind you like), the place to start is right where everything else in your life starts—your head.

You cannot have your mental and emotional radio dial set on WBUMMER and receive shows on WAWESOME. If your needle is stuck on the dial, you could have a different date every night for a year, and you would just keep meeting the same ole, same ole. If you are tired of the same playlist and wish to reset your tuner, here's how to do it:

## DON'T:

- Keep complaining about the dates and relationships that haven't worked.
- Explain to new dating partners why your marriage(s) failed.
- Label and refer to yourself as having a particular dysfunction.
- Find people to agree with you about your predicament and complaints.
- Keep arguing with people you don't get along with.
- Indulge in movies, TV shows, novels, and tabloids glamorizing painful or disastrous dates and relationships.
- Enter social situations where most people do not match your interests or goals.
- Participate in groups that keep beating a victim drum.
- Indulge in mental chatter that demeans yourself or your present or past partner.

## DO:

- Think and talk about your ideal partner and relationship.
- Give yourself the benefit of the doubt when assessing the path you have taken that has brought you to where you now stand.
- Thank your dates and partners for the positive gifts they have bestowed upon you.
- Make a "treasure map" of your desired situation by pasting photos and headlines on a poster board you will see often in your home.
- Spend a few minutes each day visualizing a mental movie of your perfect relationship, to the point that you get the feeling of having it.
- Be selective about movies and books that focus on positive outcomes.
- Participate in groups, meetings, and social occasions where people are aligned with your interests and positive outcomes.
- Talk to new dates about your positive dreams, goals, and visions.

Who ends up with a great relationship and who keeps missing the boat are no accidents; the process is as scientific as water boiling at a certain temperature and freezing at another. While your dates and relationships may seem random, chaotic, or uncontrollable, you have a huge say in how your dates, relationships, and life turn out. You may be just steps away from connecting with someone who matches you in extraordinary ways. A small tweak on your mental tuner can open you to a world you thought was unavailable. Who knows? The person you seek may be standing just a few feet from you, and you needed just a small tug on your sleeve to look up and see him or her.



*Enchanted Gifts for the Mind, Body and Soul*

# *Creative Energy*

*Welcome Autumn  
With Harvest Blessings  
of  
Thanks and Giving*

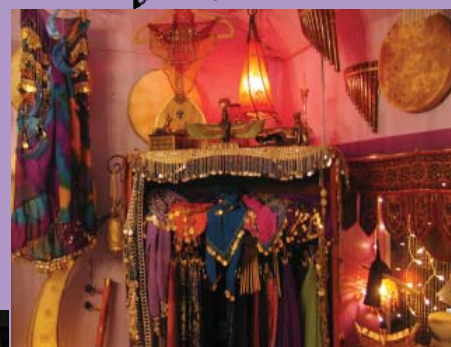


**All Amy Brown Signature Series  
Statuary now 20% off!**

Our Enchanted Gifts include:  
Crystals, gemstones, jewelry,  
salt lamps, drums, didgeridoos,  
singing bowls, books, tarot,  
CDs, candles, incense, oils,  
herbs, sage, divination tools,  
statuary & altar items, belly  
dance items, henna, tapestries,  
peace-promoting items, Amy  
Brown + faeries and much more!



*Come by and meet  
Jennifer Weldon,  
the newest member of our  
Creative Energy Family.*



**Don't miss the upcoming  
Book signings:**  
**Saturday, Nov. 3rd, Noon - 2 pm**  
**Author/Astrologer/Parapsychologist**  
**Dikki-Jo Mullen**  
**Personal Palm Reading with Purchase!**  
**Saturday, Nov. 10th, Noon - 2 pm**  
**Award Winning Author & Poet**  
**Adam Tritt**  
**The Phoenix and the Dragon and**  
**Tellstones: Runic Divination in**  
**the Welsh Tradition**



**Don't Forget!**  
**"Friday Fest" Family Street Party**  
**November 9, 6-10 pm**  
**Drum Circle "Down on the Corner!"**

**835 East New Haven Avenue  
in Historic Downtown Melbourne**  
**(Think Purple)**

Open Monday thru Thursday 10 am-6 pm  
Friday & Saturday 10 am-8 pm  
Sunday 12 to 5 pm

**321 952-6789**

*"Where Old Melbourne meets 'the New Age'"*





## HERB CORNER



Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. For more information call 321-757-7522

## PROTECTING YOUR BONES FROM OSTEOPOROSIS

**B**elieve it or not your bones are living tissue constantly undergoing change and renewal. Think of your skeleton as a huge calcium bank. When you are younger a healthy diet and exercise build a healthy bank account then somewhere around 35 your body reaches its calcium peak accepting fewer and fewer deposits using up more calcium than it can replace.

Calcium plays a major role in the health of your bones but the lack of calcium is not the only cause of osteoporosis. The lack of exercise, high protein, high fat diets, drinking sodas or alcohol, hormonal imbalances, smoking, low levels of vitamin D and calcium along with the consumption of refined, processed, and chemical laden foods along with certain medications are just a few things that can rob calcium from your skeletal bank account.

So what can you do to help yourself?

The use of herbs alone cannot eliminate osteoporosis but they can slow its progress. Exercise will encourage your bones to become stronger a 30 minute walk increases bone density reducing fracture risk by about 30%.

If you are thinking of using herbs consider *Oatstraw*, *Red Raspberry*, *Dandelion*, *Horsetail*, *Nettle*, *Alfalfa*, *Boneset* or *fennel*. These herbs are rich in calcium, magnesium, boron, silica, Vitamin K, and zinc helping to strengthen your joints, muscles, cartilage and bone density.

With menopausal women and men (Yeah! Men go through this too!) the increase of bone loss is associated with less estrogen being produced by the ovaries and by lower levels of testosterone being produced. Look for hormonal balancing herbs like *Wild Yam*, *Red Clover*, *Vitex*, *Sage*, *Black Cohosh* and *Saw Palmetto* these herbs supply the body with isoflavones, phyto-estrogen and phyto-testosterone compounds that help to create the hormones needed for both men and women to increase bone density and to slow down bone loss.

My favorite Calcium Rich Tea contains  $\frac{3}{4}$  oz. Rosehips,  $\frac{1}{2}$  oz. Lemon Balm,  $\frac{1}{4}$  Nettle,  $\frac{1}{2}$  oz. Lemongrass,  $\frac{1}{2}$  oz. Oatstraw,  $\frac{1}{4}$  oz. Red Raspberry and  $\frac{1}{8}$  oz. Cinnamon. This tea has such a nice flavor even the kids will like it.

Another tea blend rich in calcium and hormonal properties is  $\frac{1}{2}$  oz. Alfalfa,  $\frac{1}{2}$  oz. Red Clover,  $\frac{1}{4}$  Sarsaparilla,  $\frac{1}{2}$  oz. Horsetail,  $\frac{1}{4}$  oz. Wild Yam,  $\frac{1}{2}$  oz. Red Raspberry and  $\frac{1}{2}$  oz. Fennel.



WORKING WITH ANGELS  
IN EVERYDAY LIFE by  
Carol May, a new book by  
local author from Atlantic Beach, FL,  
called *Sacred Voice For the Light* by  
the Angels



Visit [www.lotusgrid.com](http://www.lotusgrid.com) or call 904-372-4297

## THE HERB CORNER AND LEARNING CENTER



Over medicated? We  
have natural alternatives

Hundreds of Organic Bulk Herbs  
Custom Blended Herbal Remedies  
Amber, Cobalt & Plastic Bottles  
Essential Oils  
Private Consultations



Certified Master  
Herbalist and  
Holistic Healthcare  
provider on staff

SEE [WWW.HERBCORNER.NET](http://WWW.HERBCORNER.NET)  
HERBAL CERTIFICATION COURSE  
ALSO FREE RECIPES, ARTICLES, INFO

321-757-7522

Wednesday-Friday 10am-5pm  
Saturday 10am-2pm

277 N. Babcock St.  
Melbourne, FL 32935

AURA PHOTOGRAPHY

CROSSOVER READINGS WITH MARIA

If you like John Edward, you'll like Maria

Each of these teas is prepared by using one teaspoon of the herbal mixture to eight ounces of boiling water, steeping about 15 minutes, straining and drinking.

Beyond herbs try spicing up your meals with garlic and onions they contain sulfur which increases calcium absorption and the strength of your bones. And don't forget your vitamin D; it can be gotten from a 20 minute walk in the sunshine 3-4 times a week without sunblock. If you're concerned about skin cancer another option is 3 teaspoons of cod-liver oil twice a day. I'd go with an early morning walk when the sun isn't as strong.

# OUR CLASSIFIED ADS

Your listing here for just \$1.50 per word. Mail your listing with payment by 10th of the month preceding publication or email to [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com)

**WEB DESIGN & MORE** [www.horizons.isabelsmith.com](http://www.horizons.isabelsmith.com)

**INTERESTED IN ANGELS?** See [www.acushlasangels.com](http://www.acushlasangels.com)

**DOLFUN SWIMS IN BIMINI, BAHAMAS!** Find yourself in magical, turquoise waters and let the wild dolphins touch your heart. <http://www.dolfunswims.com>

**ARE YOU THE AUTHOR OF A SPIRITUAL**, personal growth, self-help, healing, metaphysical or other book that you are ready to publish? Visit [www.RealityIs-Books.com](http://www.RealityIs-Books.com) or call 866-534-3366. No cost or obligation to discuss your project.

**EARN EASY \$\$\$**. NO EXPERIENCE, NO CONTRACTS, NO OBLIGATION, Ask your favorite shop or massage therapist to place an ad with Horizons (ad rates on page 6) and if they do, we will pay you 20%. That's a \$360 commission for just one full page ad for 6 months! Email your interest to [Horizonsmagazine@aol.com](mailto:Horizonsmagazine@aol.com)

**LIFE @ AWHISPER:** [www.atawhisper.com](http://www.atawhisper.com)

Visit <http://www.vibrationsmagazine.com/>

**QUANTUM WELLNESS SERVICES**, internal cleansers, radiation free cell phone headsets, and more, [www.saferforyourhome.com](http://www.saferforyourhome.com), be informed, [rrhelmke@comcast.net](mailto:rrhelmke@comcast.net)

**FREE E-COURSE FOR HOLISTIC PRACTITIONERS:** 7 Critical Skills to Attract More Clients. [www.ProPowerNow.com](http://www.ProPowerNow.com)

**ANGEL READINGS AND MESSAGES.** Visit [www.HearingYourAngels.com](http://www.HearingYourAngels.com) or 561 314-5832.

**FREE BULLETIN BOARD** [www.bodymindspiritnews.com](http://www.bodymindspiritnews.com)

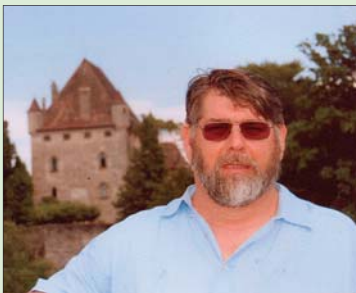
**VISIT [WWW.CONNECTINGLIGHT.COM](http://WWW.CONNECTINGLIGHT.COM)** to receive powerful distant energy treatments and attunements for healing and psychic/spiritual development - FREE Kundalini Reiki attunements

**ATTENTION: 5, 20 OR MORE ACRES.** Aesthetic purple skies, ethereal enchanted land. Glorious sun rises, mountain views, escape to paradise!!! New Mex, Colo, terms 352-795-0088.

## Rev. Albert J. Bowes

**386-228-3209 • Cassadaga**

Accuracy  
scientifically  
proven



*Albert has been a professional psychic for 35 years. He offers a unique, scientifically proven service that has amazed and changed peoples lives. An Ordained Minister and Certified Psychic from Cassadaga, FL, Albert has a unique gift that allows him to develop a sincere empathy with his clients. He uses this gift to give people gentle but firm guidance into knowing themselves better.*

**Albert Bowes is a REAL psychic detective who has worked with local and national law enforcement agencies. Visit him online at [www.psychicconsultant.org](http://www.psychicconsultant.org)**

**PSYCHIC READINGS 386-228-3209**

**Telephone or In Person • By appt only**



# SECRETS

*Excerpts from*  
**Secrets of Spiritual Happiness**



Writer-producer-artist-musician Sharon Janis is the author of *Spirituality For Dummies*, *Secrets of Spiritual Happiness*, and *Never to Return: A Modern Quest for Eternal Truth*. Visit her website for inspiring book excerpts, streaming videos, devotional chanting, more: [www.sharonjanis.com](http://www.sharonjanis.com)

## THERE'S ALWAYS A WAY TO CREATE HAPPINESS

I have become my own version of an optimist. If I can't make it through one door, I'll go through another door - or I'll make a door. Something terrific will come no matter how dark the present.  
**Rabindranath Tagore**



One of my friends who is a western-born swami - a monk of an Indian tradition - recently told a wonderful story. He was spending several months away from his usual monastery while doing some service in **Delhi**, one of **India's** larger cities. Swamiji's daily requirements often took him through one particular section of town, where the cars would have to slow down or stop for a while. As the cars moved slowly through the road, a group of young boys would be going from car to car, begging for money. This put my friend in a quandary.

Swamiji is especially attuned to befriending youth, because much of his monastic service has been involved with guiding teens on the spiritual path. He has quite a practical jokester sense of humor, which is just about right for entertaining adolescents. In fact, he's pulled a few practical jokes on me in the past.

*...continued on page 32...*

### AURA PHOTOGRAPHY

What is an Aura? The Aura is the energy field surrounding people and all living things. Your Aura is like a thumbprint of colors, reflecting the complete individual energies of the body, mind and spirit.

Ask about  
 10% discount



### AURA LIVE IMAGING

Amazing Live Aura Imaging. Live interactive Aura imaging uses a hand sensor to measure biofeedback from your hand and communicates the information to the computer. This displays a colorful energy field, this is your actual Aura. This biofeedback system is ideal for showing changes in your Auric field, responding to your thoughts, feelings, healing modalities, health products and other stimuli.

**PATRICE GIBBS 321-412-4434**

## CENTER FOR SPIRITUAL AWARENESS



Rev. Virgil Gfeller

### Discussion Meditation Group

**Spiritual Principles** are discussed. We may use books by Eckhart Tolle, Esther & Jerry Hicks, Neale Donald Walsch, Deepak Chopra, Ernest Holmes, Wayne Dyer & "The Secret"

### Held Twice Weekly

Wednesdays 7- 9:30pm  
 Friday 2- 4PM  
 Not held at the church  
 call for locations

**Sunday Services 10:30 AM Join us!**

**ASK LIFE ENHANCEMENT CLASSES & SELF-ESTEEM CLASSES.**

Join Virginia Panek, RScP at "Coffee Talk" **Thursday mornings at What You Love To Do** 10:00 - High Noon - Love Offering

Mid-Week Meditations **Wednesdays, 6:00 -6:30 pm** with Kathryn Flanagan, RScP at **What You Love To Do** - Love Offering

**5 Rosa L. Jones Drive • Cocoa • 321-634-5188**  
[www.gardenchapelcsa.org](http://www.gardenchapelcsa.org)

## Siddhartha's Attic

Metaphysical Supplies  
[www.siddharthasattic.com](http://www.siddharthasattic.com)

Palm Harbor, Florida  
 727-785-4526  
[elizabeth@siddharthasattic.com](mailto:elizabeth@siddharthasattic.com)

Florida Paranormal Research Foundation Psychic

Readings by Elizabeth  
 Psychic, Medium, Herbalist  
 Workshops, Pathworking, Readings,  
 Spiritual Counseling



Productos para  
La Suerte, Amor y el Trabajo

Velas de todo tipo, yerbas  
naturales, estatuas, religiosas  
para la casa y carro

# Botanica San Expedito

Essentials for Your Body, Mind & Spirit

Miracles Happen Everyday

*The Town Crier Review Deems the*  
**Botanica San Expedito a**  
**"Multicultural Experience".**

"A small island of spiritual relief on Okeechobee Blvd. in West Palm Beach. Residents pass back and forth, some duck into the botanica for a moment of spiritual healing, looking for advice and for ways to be more in touch with their body, mind and spirit"

## Sarah Spiritual Spiritual Advisor

Sarah Spiritual has  
designed unique bath salts,  
shower gels, aromatherapy  
mists and oils.

- Holiday Gifts
- Gift Baskets
- Bath Salt Collections

## St. Joseph "Sell My Home" Real Estate Statues



# 561-682-0955

4047 Okeechobee Blvd • Habitat Plaza #223

West Palm Beach, FL 33409 • Across from Mercedes Benz dealer

Al frente de Mercedes Benz Dealer • Tuesday - Saturday 10am-6pm

[www.botanicasanexpedito.com](http://www.botanicasanexpedito.com)

- Bibles
- Crosses
- Religious Statues
- Candles
- Religious Candles
- Spiritual Baths

- Bath Salts
- Bath Oils
- Spiritual Oils
- Crystals
- Crystal Jewelry
- Talismans

- Charms
- Herbs
- Incense
- Spiritual Books
- Beadwork
- Rosaries

- Prayer Cards
- Ritual supplies
- Xango Distributor

**Specialized herbal baths and personalized oils**



**10% OFF**  
Crystal Purchases  
Valued at \$25  
or more

Spiritual Reading  
**\$5 OFF**  
Spiritual Reading  
By Appointment Only  
Call 561-682-0956

**FREE**  
21 Herbs Aromatic  
Herb Bath  
With \$20 Purchase.  
While Supplies Last.

Buy any stick  
incense & receive  
the 2nd one  
**FREE**





# ANGELS AND INVISIBLE HELPERS

Margaret Ann Lembo owns The Crystal Garden, a bookstore, gift store and spiritual center in Boynton Beach, FL. She has 6 published Guided Meditations CDs, is a professional speaker and author, trained spiritual healer, Reiki Master, ordained Minister and Angel Therapy Practitioner®.

**Y**ou have many invisible helpers around you in every moment of your life. It doesn't matter if you are conscious of them or not, they are still there watching over you, inspiring you and guiding you through your path through life.

These invisible helpers are with you 24/7 whether you are sleeping or awake. They are just a thought away when you are ready to be conscious of them.

## ANGELS: BEINGS OF LOVE AND LIGHT

For me, it all began with the angels. My earliest recollections were with Angels. When I was just a little girl and would wake up with nightmares or afraid, my sister, Mary Ann, would soothe and calm me and tell me to sleep with the Angels.

Because of my dear sister, connecting with the angels was as normal as having dinner with my family or hanging out with my cousins. Nothing bad could happen to me when I was focused on the angels being with me. I would fall asleep with a smile on my face.

I believed my sister and I were able to visualize and imagine the angels because I was still young enough to remember the angels. I even used to make room for my guardian angel to sit next to me on my chair in school. I am one of the lucky ones who still remember the angels as an adult.

The truth is you remember too! If you want to remember them and use them in

your daily life, then you will. It's really quite simple.

As you made your descent into matter upon your birth, it was in that moment that you began your Spiritual Journey on this planet. You consciously chose to be here. You came here of your own free will. This free will choice includes your own choice of parents.

Yes! You did choose your parents and the life circumstances that came with those parents. As you descended onto this beautiful Planet, with you came your Guardian Angel. This I know to be true.

From the moment you are born until the moment that you pass back to the other side or another dimension (at which time an Angel of Transition helps you,) you have at least one Guardian Angel.

Your Guardian Angel has only one focus and that is to be by your side, to light your path and to guard and to guide you. Isn't it comforting to know that you are never really alone?

In fact, there are times in your life when there are many more angels watching out for you and watching over you. When you were a toddler you had more angels by your side as you learned to walk.

As a teenager, many angels kept a close watch to assist as you learned to drive and as you learned how to become an adult. During those dark nights of the

*...continued on page 34*



## Angel Messenger Practitioner Program\*

with Rev. Margaret Ann Lembo, Angel  
Therapy Practitioner®, AMP\*

We all have intuitive gifts. Our ability to know, hear, see or sense the truth using our intuition is as real as our ability to use our physical senses. In this workshop, you will learn and practice different tools for receiving guidance from angels, guides, ascended masters and loved ones on the Other Side. Through knowledge, practice and development of self-trust, everyone will be giving messages using Divine Guidance throughout the program. Clairaudience, Clairvoyance, Clairsentience and Claircognition as well as potentially Clair-Smelliness and Clair-Tastiness will be developed.

**Thursday, Friday &  
Saturday,  
January 10, 11 & 12,  
2008**

Learn about the angelic realm including information about Guardian Angels, Archangels, Ascended Masters, Spirit Guides, Animal Totems, Elementals, Fairies and Deceased Loved Ones.

Discover your natural intuitive communication style and how to combine the 6 'clairs' in your AMP counseling sessions to gain deeper insight and understanding of your angels' messages.

Learn how to give accurate and healing angel readings, primarily using Doreen Virtue's Oracle cards. Use these divination tools to help you connect and communicate with your guides and angels and the guides and angels of the person who has come to you for information, clarity, confirmation and assistance. Understand and integrate ethical and confidentiality issues in spiritual counseling.

Learn how to read Crystals and Gemstones using The Gemstone Oracle technique, developed by Margaret Ann Lembo, ATP®, AMP®.

Discuss the practical and spiritual considerations involved in becoming an Angel Messenger Practitioner in facilitating spiritual counseling sessions.

Learn how to prepare yourself and your cards for conducting an Angel Messenger spiritual counseling session including how to clear you and your space after a session.

Practice automatic writing, psychometry and mediumship with the angels for receiving messages and information.

Learn techniques as to how to advertise yourself and build your practice.

\*Trademark Pending

**At The Crystal Garden  
561-369-2836**

**to attend and for further information  
VIST MY WEBSITE:  
www.margaretannlembo.com**

**2610 NORTH FEDERAL HIGHWAY  
IN BOYNTON BEACH  
info@thecrystalgarden.com**

# THE ART OF REMEMBERING & INTERPRETING DREAMS



Dr. Judith Orloff, M.D. is a board certified psychiatrist, energy and intuition expert, and author of the bestselling books *Positive Energy*, *Guide to Intuitive Healing* and *Second Sight*. She leads workshops on the interrelationship of intuition, energy, and medicine. Subscribe to her free E-newsletter at [www.drjudithorloff.com](http://www.drjudithorloff.com)

**A**t different times in my life, I am a physician, a teacher, a friend and an author, but being a dreamer is what I value the most.

Whatever I am doing, I always hear my dreams echoing in a distant underground chamber beneath my thoughts and feelings, attuned to the rhythms of my body and the very substance of the earth. They are my compass and my truth; they guide me and link me to the Divine. They call out to me in an intimate whisper, always knowing how to find me. They speak my real name.

For me, dreaming is a direct line to a place where magic abounds and nothing is without meaning. It is a pristine state of awareness, unpolluted and clear. Direct guidance for healing lies in our dreams, the natural territory of intuition. Here, time and space are non-existent and anything is possible. Like a blank, white canvas, our dream world is a spacious medium where intuition can freely express itself. We have only to listen.

You are in partnership with your dreams. Initiate an ongoing dialogue with them. It's like consulting the wisest doctor you can imagine who knows you inside out. You can ask your dreams anything. No question is trivial if it is meaningful to you. Expect answers. Some will be direct. Others may require interpretation.

Your dreams can reveal many truths about your life. They can provide extraordinary intuitive insights, and give you information that can help your health, love life and career. You'd be surprised at the straightforward advice that your dreams give, either spontaneously or on request.

Dreams can keep you well. Dreams provide answers. But first you must retrieve them. Here are my four strategies to help you remember your dreams:

- Keep a journal and pen by your bed.
- Write a question on a piece of paper before you go to sleep. Formalize your request. Place it on a table beside your bed or under your pillow.
- In the morning do not wake up too fast. Stay under the covers for at least a few minutes remembering your dream. Luxuriate in a peaceful feeling between sleep and waking, what scientists call the hypnagogic state. Those initial moments provide a doorway.
- Open your eyes. Write down your dream immediately; otherwise it will evaporate. You may recall a face, object, color, or scenario, feel an emotion. It doesn't matter if it makes perfect sense-or if you retrieve a single image or many. Record everything you remember.

When you're finished, refocus on the question you asked the previous night. See how your dream applies. One, two, or more impressions about the who/what/where of your solution may have surfaced. Get in the habit of recording your dreams regularly. Be assured I've never met anyone who can't be taught how to remember. Keep at it. Remember to practice. Soon it will become second nature to you!

In addition to the practical aspects of remembering dreams, there's an intuitive level to understanding dreams. Reliable intuitive information stands out in very specific ways. Watch for these clues:

- Statements that simply convey information
- Neutral segments that evoke or convey no emotion
- A detached feeling, like you're a witness watching a scene
- A voice or person counseling you, as if you're taking dictation from an outside source
- Conversations with people you never met before who give instructions.

I've found that my most dead-on intuitions either come across as compassionate or have no emotion at all. Develop a careful eye as you practice separating the content of your dreams from your reactions to it. Soon you'll be able to tell the difference between unreliable guidance and truly reliable guidance.

Be aware that your dreams go by different rules than your waking life. Get ready for a mind shift. Physical laws no longer apply. Gravity changes. In dreams you can fly!



A Company of Angels

*A Healing Place of Light*

**277 N. Marion Avenue**     Angels, fairies, jewelry, crystals,  
Downtown Lake City     aromatherapy, smudging supplies, more!

**386-752-5200**

10 to 6 Mon-Sat

Christmas Open House Nov. 2nd & 3rd  
...refreshments & deals!

Blood Drive November 10th 10-5 Lunch & store discounts!

Aura photos...November 23rd & 24th



# DEAR LOUISE...

Louise L. Hay is a metaphysical teacher and best-selling author of numerous books, including *You Can Heal Your Life*, *Empowering Women*, and *The Times of Our Lives*. For a free catalog call (800) 654-5126 or fax: (800) 650-5115. Please visit [www.hayhouse.com](http://www.hayhouse.com). For info on becoming a certified teacher of Louise Hay's philosophy, call Patricia Crane at (800) 969-4584 U.S. & Canada, or at (760) 728-8783 internationally.



**Dear Louise,** I looked up in your book *Heal Your Body* what you say about brain tumors. While I accept and sense what most of the affirmations and causes suggest, I don't understand how the word computer works. I assume you meant "thought input" when you say to "reprogram the computer" of the mind—is that correct? The affirmation I am doing is: All of life is change, and my mind is ever new. Do you suggest anything else? Thank you! **I.N., Los Angeles, CA**

**Dear I.N.,** I think of our minds as computers. The thoughts in our minds are the files. It's always a good idea to go through these files on a regular basis, deleting any negative thoughts or beliefs. I have the feeling that the "rules of the house" were very rigid during your childhood. This often results in a person who grows up to be quite untrusting of Life. The affirmations I recommend are: I am deeply loved by Life. Every part of my body is healthy and whole. I think only thoughts of love. Love heals me. Life loves me. I am safe. All is well.

**Dear Louise,** I'm writing today seeking your help, as I have a semi-rare disorder. Since my childhood, I've been mildly allergic to the sun. In recent years, it's gotten much worse. I can't go outside in the summer even to mow my lawn. A 15-minute ride to work leaves any exposed skin covered in a horrible, itchy rash. I don't want to be confined to a prison the rest of the summers of my life. What thought pattern causes this? Any affirmations you have would be most helpful. Thank you so much. **P.C., Detroit, MI**

**Dear P.C.,** On a physical level, I would like to suggest that you explore a few things. First, nutrition. Food can have a marked effect on allergic responses. Next, acupuncture often rebalances a body that has gone out of balance. Next, homeopathy is another natural form of rebalancing bodies. Even hypnosis could help your condition.

The thought patterns that contribute to all dis-eases are anger or fear. And the answers are forgiveness and self-love. Forgive those whom you feel have harmed you. Forgive yourself. Remove every thought that keeps you from loving yourself, Love your skin. Caress it and tell it how much you love it. Look in the mirror often and say, "I love you. I really love you." This can work miracles in your life.

Reverse aging, lose weight, increase energy! One-to-One Nutritional Consultation with Dr. Kapadia includes hair analysis, biofeedback. Dr. Kapadia reversed her osteoporosis, arthritis, fibroid, avoided a hysterectomy, eliminated a pancreatic tumor, lost 48lbs. She is an author, healer, educator for body, soul & mind.



Come Save Your Life! Nov.10th or Dec.1st  
Learn to do the healing foods that healed Dr. Kapadia.  
Learn how to control cravings and addictions call for more information. Early registration discount. Seating is limited.

GWAH Healing Way Institute, Inc • 911 N.W. 209th Ave Suite #121  
Pembroke Pines, FL 33029 954-303-8533

Wednesday nights **FREE** 7:30pm-9:30pm • Sundays **FREE** 1:00pm to 2:00pm

## WHAT YOU LOVE TO DO

*A unique art gallery and gift boutique  
showcasing what you love to do.*



Sound Therapy, Tarot Reader,  
Spiritual Counseling, Public Notary,  
Rental Space Available for Workshops, Classes, etc.

Thursday mornings 10:00 - High Noon  
Join Virginia Panek, RScP at "Coffee Talk" - Love Offering

Wednesdays, 6:00 - 6:30 pm  
Mid-Week Meditations with Kathryn Flanagan, RScP

602 Brevard Ave, Cocoa Village (321) 504-0304  
[www.whatyoulovetodo.com](http://www.whatyoulovetodo.com)

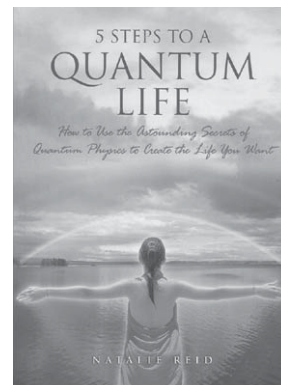
**Dear Louise,** I've been trying to work on my finances for six months ever since I lost a job. I've been getting by with the help of jobs that don't pay nearly as much as I used to make and through assistance from my family. I also crave romance in my life. I'm just looking for a woman to hold in my arms and kiss at this point. I haven't had that happen to me in more than five years. What do you suggest? **C.R., Atlanta, GA**

**Dear C.R.,** As you move through your days, keep repeating to yourself: I am lovable, and everybody loves me. Look in the mirror and repeat this often. Love yourself so much that you even put a smile in your liver. The love you're seeking is also seeking you. These affirmations, if repeated often and with joy, will bring good experiences of all kinds into your life. And please take the expression "Yes, but . . ." out of your vocabulary. Just stick with the positive affirmations and see what happens! All truly is well.

Questions for Louise? Write to: Dear Louise Column, c/o Hay House, Inc., P.O. Box 5100, Carlsbad, CA 92018-5100 (letters may be edited for length and clarity). Visit Louise and Hay House at: [www.LouiseHay.com](http://www.LouiseHay.com) or [www.hayhouse.com](http://www.hayhouse.com). And, tune in to Hay-HouseRadio.com for the best in inspirational talk radio featuring top Hay House authors!

# PSST. THE SECRET AND OTHER SECRETS

Natalie Reid, Ph.D. is a life coach. In her new book, "5 Steps to a Quantum Life," Reid combines her 30 years exploration of psychology, meditation and the mind-body connection with her study of quantum physics. The book provides a process to change anything in your life and achieve your goals. To learn more about Reid and her new book, visit the web site featuring "5 Steps to a Quantum Life," [www.wingedhorsepublishing.com](http://www.wingedhorsepublishing.com).



If you're like most people interested in self-improvement, it's probably been a year or more since you first heard of **The Secret**—the runaway best-selling program that explains how to use the law of attraction to create the life you want.

If you've seen the movie or read the book, you're probably still vividly inspired by the people who shared their stories of how they magnetized large sums of money, physical healing and other wonderful miracles by focusing on what they want in their lives and thinking positive thoughts.

Yet if you've tried applying the principles in your own life, they may not have worked out quite as neatly - or consistently - as they did for those featured in the program.

"Am I not concentrating hard enough?" You may have thought. "Am I doing it wrong?"

More likely than not, the answer to both questions is no. It's not that the principles of **The Secret** don't work. They do. In fact, they are actually supported by our understanding of quantum physics—the miniature world of subatomic particles that make up the essence of the physical universe.

Scientists have proven that we cannot observe the quantum world without disturbing it. For instance, if you do an experiment involving the quantum and don't watch the process, you get one result. If you do watch the process, you get a completely different one. In other words, subatomic particles actually respond to the people watching them.

That means that wherever you put your attention, you create change at the subatomic level, the very foundation of the world.

According to the quantum—and **The Secret**—it's up to you to select what you observe and where you place your attention. Once you make that choice, the very act of your observation changes what happens in your physical reality.

...continued on page 38...

## UNITY CENTER for Spiritual Living



Rev. Rose Whitham



4725 N. Courtenay Pkwy  
2.5 miles north of 528  
Merritt Island, FL  
Email [ucsl@bellsouth.net](mailto:ucsl@bellsouth.net)

### Practical Christianity for Today's World

#### Sunday Celebration Service and Children's Classes 10:00 am



Friday Nov. 30th  
6:30PM  
Native American  
Sweat Lodge  
Led by Fredrico

Thursdays  
5:45-6:45pm  
Gentle Yoga



Sat November 10th 7pm Chakra  
Bowls w/Revs Janet and Robert Buck



Prayer Circle in  
Peace Room  
9:45 AM Sundays

Sunday Nov 18  
11:30AM  
Healing Meditation  
and Reiki

**321-452-2625**

[www.UCSL.org](http://www.UCSL.org)



# YOUR DAILY WALK

Richard A. Singer Jr. is a therapist living in the Cayman Islands. The following is from his new book, "Your Daily Walk with the Great Minds of the Past and Present". To learn more, visit his Web site <http://www.yourdailywalk.org/> or E-Mail him at [RAS9999@aol.com](mailto:RAS9999@aol.com).



*"We are healed of a suffering, only by experiencing it to the fullest." Marcel Proust*

## MEDITATION

If we stuff our pain and suffering deep down inside of us, it will eventually catch up with us and be released sideways. It is important to express your feelings, emotions, and thoughts on a daily basis to remain clean inside your being. A daily cleansing is worth the benefits of true peace and tranquility. Empty the baggage of the past and stay baggage free from this point on. It is imperative to do a thorough cleaning and then conduct an inventory on a daily basis to free yourself from lugging a bunch of garbage around everywhere you go. If we continue to carry this debris, it will certainly seep out on present experiences. Clean now, so you can have freedom from the bondage of the past.

## PERSONAL JOURNALING

How will you begin to process your pain and suffering from the past? You may want to talk with a therapist, trusting friend, or journal these feelings.

---

---

---

---

---

---

---

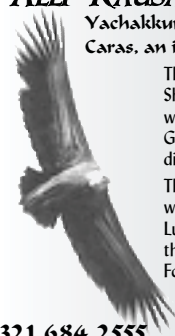
---

---

---

Today, I will begin one of the most vital journeys of my life; I will commence the process of cleaning up the darkness that conceals the radiance of my soul.

## ALLI KAUSAYPA CEREMONY in the Tradition of the Yachakkuma Imbaburaq (Shamans of Imbabura) Lineage of the Caras, an indigenous People of the Andes of Ecuador



The Ceremony for Good Fortune is an ancient ritual of the Yachak Shamans of Imbabura. Good Fortune is a Spirit, an Energy with which we interact. For most of us our interaction with the Spirit of Good Fortune fluctuates, that is, we are connected for a time, then disconnected. This pattern repeats itself over and over.

The Alli Kausaypa Ceremony was specifically created to reconnect us with the Spirit of Good Fortune. The Ceremony cleanses our Luminous Body, balances and reconfigures our energetic patterns, then reconnects with Samay Alli Kausaypa, the Spirit of Good Fortune.

**Tom Arcuti** Yachak Shaman of Imbabura

321.684.2555

[www.allipacha.com](http://www.allipacha.com)

[tom@allipacha.com](mailto:tom@allipacha.com)

## 1st Anniversary ORGANIC RAW / LIVING FOOD THANKSGIVING FEAST

*Free Sampling*

November 14th  
7:30pm until 9:30pm

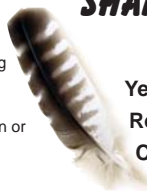


GWAH Healing Way Institute, Inc • 911 N.W. 209th Ave Suite #121  
Pembroke Pines, FL 33029 954-303-8533

## Spiritual Path Foundation

Available for private sessions:

- Reiki treatments
- Shamanic Healing
- Regressions
- Counseling in person or by phone



## SHAMANIC WARRIOR CLASS WITH SPIRITWEAVER

Year-long class begins January 12. --  
Registration due by January 1, 2008.  
Contact [spiritweaver@bellsouth.net](mailto:spiritweaver@bellsouth.net)

321-951-8774

[www.spiritualpathfound.org](http://www.spiritualpathfound.org)  
Email [spiritualpath@bellsouth.net](mailto:spiritualpath@bellsouth.net) and  
Spiritweaver at [www.spiritweavershaman.org](http://www.spiritweavershaman.org)

# ANIMAL SPIRIT GUIDANCE

By June K. Brown Animal Spirit Guidance is my passion. My Church is my backyard, the beach, or the grocery store parking lot. Everywhere I look, I see the omens sent to me from The Great Spirit, guiding me daily on my quest to spiritual enlightenment. Thank you Grandmother Spider! Email June at moonmother8@gmail.com



## DRAGONFLY

Life is an illusion.

I was walking around my yard the other day, checking my trees for seed production, when I noticed a young dragonfly perched on the end of a branch. I slowly stepped closer until my face was a few inches away from her. She was quite beautiful, even though her coloring seemed a little dull. I believe she was going through a change of color at that time because one eye was green while the other was



brown. She wasn't exactly happy that I had gotten so close to her; she defensively buzzed her wings and stared at me with her huge, bulbous eyes.

Getting that close to **Dragonfly**, seeing every detail of her body and taking note of her changing color made me realize how I am caught in my own little illusion. I am struggling. I have this idea in my head of how my life should be played out and of where I will live out the rest of my life. And yet I am struggling to hang on to everything. I am afraid of change, and yet I desperately need to change.

My fears seem to become reality. I have created this world and have no one to blame but myself. When I need to collect money from one of my clients, I don't feel comfortable sending out an invoice early. This results in my getting paid a little too late. Which then results in my bills being paid a lot too late and that results in my credit score dropping really fast. But I just keep plugging along with my optimistic attitude; Everything will be fine, you'll get paid on time... Don't worry about it.

Having a positive attitude is the best way to approach life. But we also have to remember that changing things for the better is what we are supposed to do. We are supposed to recognize our faults, see our patterns and then change our colors. The more we resist change, the more dull we become; our colors never reach their full potential.

I am like that young dragonfly, perched on her branch, not yet color formed. Waiting instead of doing. Dreaming without action. I am on the verge of transformation, but do I have the guts to leave the branch and reflect the light of the sun on my wings?

What about you?



### Eric A. Morgan Attorney at Law

Bankruptcy, Immigration,  
Criminal Defense, Personal Injury,  
Wills, Business Formation, more.

*The family attorney people rely on when life takes a difficult turn*

<http://ericmorganlaw.net>  
[CentralFloridaBankruptcy.net](http://CentralFloridaBankruptcy.net)

[CentralFloridaImmigration.com](http://CentralFloridaImmigration.com)  
We speak Russian

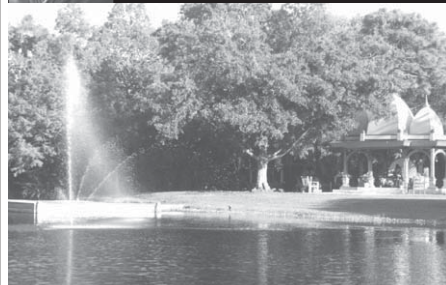
2616 Sarno Road  
Melbourne, FL 32935

321-446-1953

## Dwelling in Tranquility: Meditation Retreat



with Maya Malay, P.C.  
November 30, December 1, 2, 2007  
KASHI ASHRAM Sebastian, FL



Retreat style lodging in a  
tranquil wooded setting  
Dharma talks & meditation  
Mantra and nature walks  
Vegetarian Meals  
Daily Yoga

### "The perfect Holiday Gift to your SELF"

This Meditation Retreat will be held amongst the mystical energy of the famous Kashi Ashram, Sebastian, Florida. Take these 3 days for reflection and rejuvenation. Learn practices that will assist you in maintaining a tranquil state amongst the commotion of daily life. Quiet the monkey mind. Recognize the source of turbulent emotions and how to pacify them, experience peace and how to live in serenity.

All inclusive cost: \$395 (\$25 early registration discount- deposit received by Nov. 1, 2007)

For further information please call:

**Maya Malay (561) 832-0224**  
**or Marybeth Hegarty (561) 767-0205**





# TWENTY SEVEN THINGS

**Meredith Jordan, MA, LCPC**, is a Licensed Clinical Professional Counselor active in the field of psycho-spiritual development. Jordan is the author two books **Embracing the Mystery: The Sacred Unfolding in Ordinary People and Everyday Lives** (2004) and **Standing Still: Hearing the Call to a Spirit-Centered Life** (2006) as well as numerous published short stories and articles.

**T**hese little acts of letting go are practice, spiritual practice, for everything we must one day leave behind.

Late in **September**, just as the opening volley to the over-long and often exhausting holiday season was sounded, I was at a conference in **North Carolina** facilitated by one of the world's delightful elders: cross-cultural anthropologist **Angeles Arrien**, author of **The Second Half of Life: Opening the Eight Gates of Wisdom**. There were many times in the course of this life-altering weekend event when Angeles challenged participants in the workshop to think outside the box or seek innovative ways to help bring about a personal and cultural shift in our prevailing paradigms. With her mischievous and beautifully expressive face smiling on us, she asked us to institute a spiritual practice one of my conference friends came to call "27/9."

Could we commit ourselves, she inquired, to move, give, or throw away 27 items a day for 9 days? You could hear the collective gasp.

I was there in a group of six women from **Maine**, all self-appointed to be in the middle of this challenge. Oh, yeah! We waved our arms and raised our determined fists into the air. We can do this!

I'm now seven days into my nine, and it's becoming torture. The first two or three days were actually fun, as I opened drawers, closets and cabinets to discover all kinds of things I hadn't used in years. I was so intent upon the "throwaway" part of my commitment that I swept things into big, dark trash bags and happily hauled them to the end of the drive for a Tuesday morning pick-up. I would sneak covert glances of prideful satisfaction at these signs of my accomplishments, and continued to tear through my house like a banshee on overdrive.

Old music tapes? Hundreds of them, gone. Old video tapes, including favorites of my children when they were growing up, gone. CDs I had no interest in hearing again,

Calling all of God's children under one umbrella to **SAVE Their Life!**

FREE Inspiration message every Sunday 1-2PM

Immediately after: Guided meditation for de-stressing. Essential oils to calm your spirits. Affirmations and Reiki. Learn how to have peace, health, joy, and presence. Learn to be guilt free! We accept all faiths. Rev. Dr. Elizabeth Kapadia, D.N., Ph.D.



Reverend Dr. Elizabeth Kapadia is known as the Mother of Crown bringing all the children back to health, joy, and presences.

GWAH Healing Way Institute, Inc • 911 N.W. 209th Ave Suite #121  
Pembroke Pines, FL 33029 954-303-8533

Sundays 1:00pm-2:00pm FREE. Raffle once a month for a FREE foot bath for detoxing the body of toxicity such as metals etc.

gone. Old business receipts, bills, outdated tax records, **GONE!** And it was a pleasure to watch them go. Even more of a pleasure to notice how space was slowly opening up in my home, which has already earned its reputation as "a little zen house."

I threw out plants I had been nursing through bouts of aphids for longer than I cared to remember. Every spring and fall, I'd haul them outside to hose them down, certain that, this time, I'd won the never-ending war to eliminate the bugs. Plants, gone. A few—those worth saving—I moved to new locations, and some I gave to others. A lifelong plant lover, taught by a mother who believed no home was complete without plants to warm its spirit, I actually felt free rather than resentful at the hours each week I'd spend watering them or picking away dead leaves. Space for something new to enter, Angeles had said. I made it.

On the fourth day, I almost didn't make my twenty-seven things. On the fifth, a Sunday, I gave myself a day of rest. On the sixth, I tried to pick up where I left off, but my enthusiasm was definitely fading. Then I went to the grocery store for a routine pass at getting food enough for the week. This is the most odious of my tasks: I simply hate the whole grocery store culture where everything lies in wait as a temptation to buy more than I'll ever need. I dislike knowing someone in an office somewhere is planning a strategy to manipulate me into wanting more than I need, and this is no where more apparent than when I walk into the aisle where Halloween has already been set in motion.

Shelves of candy no parent wants their children to eat. Cheesy costumes made by a man, woman or child in a third world nation who earns next to nothing so our kids can dress up in a throwaway outfit for a few hours to extort candy from neighbors (and in my neighborhood, the kids come in by the vanload from the nearby countryside) that will make them sick or hyperactive for days.

Just across the aisle, and it is now only the first of **October**, are the first of the **Christmas** decorations. **Thanksgiving** is thankfully overlooked. If I asked why, I feel sure someone would have said, once the turkey and all the fixings are bought, there's no money in it. **Halloween** and **Christmas**: a retailer's dream.

*...continued on page 46..*



Looking to SAVE  
TIME • \$\$\$ • ENERGY

**SPEEDY PAC**

MORE CHOICES  
For Gift and Home Decor  
MORE OPTIONS  
For Packing, Shipping, Freight

**ONE STOP**



Interchange Square, Palm Bay  
Malabar Rd. 1/4 mi W. I-95 Ext 173  
**(321) 728-2415**



## WHO IS SOLOMON??

*...continued from page 8...*

She wheeled around, startled that she had been overheard. She was certain that her face was turning bright red. Where in the world did he come from? she thought, embarrassed out of her mind. Sara just couldn't believe that this had happened.

She'd been caught, for the first time ever, talking to Solomon.

Sara was not about to answer his question. She had never told anyone about Solomon, and she certainly wasn't about to tell a total stranger this most important secret.

It was a pretty amazing story. She didn't know how she would ever get anyone to believe that she had met an owl last year on Thacker's Trail, the owl could actually talk, and that he called himself Solomon. And that even after her little brother, Jason, and his friend Billy had shot and killed Solomon, she was still able to have conversations with him. Sara knew no one would believe that she could hear Solomon's voice in her head.

There were times when Sara longed for someone to share this extraordinary experience with, but it felt too risky. If they misunderstood, they could ruin things. And Sara liked things the way they were with Solomon. She liked having this special friend all to herself—a wise and wonderful friend who had answers to anything that she could ask—a teacher who always seemed to appear just at the right time to help bring clarity to something that Sara was trying to understand.

"Don't be embarrassed. I talk to myself all the time, too." Seth said. "They say there's no need to worry unless you start answering yourself."

"Yeah, I guess," Sara stammered, still flushed

and embarrassed and looking mostly down. She took a deep breath and looked up. And there were those eyes again, familiar-seeming eyes like those of an old friend.

"I'm Seth. I guess we're going to live here, I mean, over there," he said, pointing in the direction of the old Thacker place.

"I'm Sara. I live past the river and down the road a ways." Sara's voice quivered as she spoke. This had really set her off balance.

"My dad sent me over to see if the creek water is clear, and to check out how far it is. I'd better get back."

Sara was relieved. All she wanted to do was run away, as far away as possible, from this strange new boy who hadn't even been in town for a whole hour and had already managed to intrude into the most important secret of her entire life.

**Save \$\$\$ on 1000's of natural health products and services**

*Florida's largest natural health consumer discount club!*



*Join today and SAVE all year long!*  
**Only \$25.00**

Conscious Living Partnership™  
the global wellness club  
**888-285-1233**



**www.ConsciousLivingPartnership.com**



# ON LOVE, SEX, AND RELATIONSHIPS

*...continued from page 9...*

Just validation that your story is true. What he says he understands isn't even you, because as you manipulate his understanding, he can only understand the story you're telling. So even at its best, you're not being understood. We don't hear what you tell us; we hear what we think you're telling us. We impose our story on what you say, and that's what we understand. Are your thoughts what you punish him for?

\*\*\*

I love telling a story that happened around 1997, when I was traveling every day, sharing The Work with people all over the world, day after day, constantly on planes, trains, and in cars. One night I got on a plane and I was really exhausted. It was a red-eye; that's what I could afford. I sat down next to a man, picked up his hand, put it in my lap, and fell asleep. I had no qualms about it, because I knew what he really was, and I knew that he loved me, although we'd never met. He was still holding my hand when I woke up hours later. He was so sweet about it. He never asked my name.

But he wasn't any sweeter than the suitcase that fell from the overhead bin onto my head on another flight. It felt like a kiss as I collapsed. How do I know that I needed a hit on the head? Because that's what happened! No mistake. When you know that whatever you need is what you get, life becomes paradise. It's the perfect setup. Everything you need, and even more than you need, is always supplied, in abundance.

\*\*\*

When I walk into a room, I know that everyone in it loves me. I just don't expect them to realize it yet.

\*\*\*

The only possibility of being understood by someone else is to understand yourself. It's a full-time job. So if you inquire and come to see that what is is what you want, it's the end of any decisions about him. At that point you don't have to make any decision. There's no decision to torture him into understanding you. He continues to show you that his understanding is not your business.

\*\*\*

What is an example that will prove that you aren't lovable? Rejection? If someone rejects you—and he could only do that because you don't match his beliefs about how he wants the world to be—it has nothing to do with you. Only an inflated ego could say that it had anything to do with you. Suppose your hand just moved for no reason, and he turns himself off with what he believes that means—do you have the audacity to think that you had something to do with it? You don't have that power, ever. If he yells at you and you perceive that that isn't love, you have hurt yourself; he hasn't. And if you're yelling within you that he shouldn't yell at you, that is where the pain begins, not with his yelling at you. You're arguing with reality, and you lose.

*...continued on page 33...*

*The  
Crystal  
Garden*  
since 1989

A Unique  
Gift Store,  
Book Store  
and Spiritual  
Center

- Medical Grade Essential Oils
- Aromatherapy Supplies
- Wide range of Incense
- Salt Lamps
- Beeswax Candles
- Crystals from Brazil and Uruguay
- Hundreds of New Books every week
- CDs and over 300 Demos!
- Books, Books and more Books
- Tumbled Stones
- Gemstone Jewelry
- Angels!
- Sage, Herbs and Resins
- Drums
- Native American Blankets

## NEW MERCHANDISE ARRIVING WEEKLY!

Massage Therapy available at  
The Crystal Garden #MM0002751  
Great for your Body, Mind and Spirit.  
Call to schedule your appointment.

Visit our website:  
[www.thecrystalgarden.com](http://www.thecrystalgarden.com)

Over 60 events a month including Yoga,  
Meditation, Drumming Circles, Astrology,  
Tarot and Channeling. Call or email to be  
added to our E-newsletter list.

**561-369-2836**

2610 NORTH FEDERAL HIGHWAY  
IN BOYNTON BEACH

info@thecrystalgarden.com •  
[www.thecrystalgarden.com](http://www.thecrystalgarden.com)

Celebrating 18 years of serving South Florida!

From [thecrystalgarden.com](http://thecrystalgarden.com)

\$12 each by Margaret Ann Lembo

Meet Your Master Guide:

A Guided Meditation

Color Meditation: Align Your Chakras

Short Meditations For Busy People:

Relieve Your Stress!

Meet Your Power Animal:

A Drumming Journey

Open Your Heart To Love

Crystal Singing Bowl Meditation

# CRYSTAL CONNECTION

**Amazing Geodes, Gems & Minerals**



Also: Angel Gifts,  
Incense, Music,  
Cards, Singing  
Bowls, Candles,  
Jewelry, Oils

**Two locations to serve you:**

Crystal Connection  
311 Gulf Blvd  
Indian Rocks Beach  
727-595-8131



Crystal Connection  
Aliko Plaza  
396 S. Atlantic Ave  
Ormond Beach  
386-673-0014

## The SPIRITUALIST CHAPEL OF MELBOURNE

with Rev. John Rogers  
1924 Melody Lane Melbourne



**SUNDAYS 10am-11:30am**  
**Everyone Welcome!**  
**321-733-1555**

2nd Saturday of month Noon-2pm

**MEDIUM'S DAY**

*Open to the public*

**\$15 for 15 minute reading**

Also available will be  
Snacks • Massage Therapy • Healing by donations

Visit us online at [www.spirit-chapel.org](http://www.spirit-chapel.org)

## ATTENTION Psychics & Psychic Fair Promoters



**You're invited** to be part of our newest project. As a sincere psychic or psychic fair promoter, we know you have great interest in making psychics available to those looking for readers. Horizons Magazine is now compiling

## PSYCHIC FLORIDA: A DIRECTORY OF PSYCHICS AND ASTROLOGERS

This directory will be available free  
of charge online at  
[www.horizonsmagazine.com](http://www.horizonsmagazine.com)

**Free!**



Image [www.thaliatook.com](http://www.thaliatook.com)

**INTRODUCTORY  
OFFER\*\***  
**\$10 per listing**

Our purpose with the directory is to offer a wide selection of spiritual counselors and psychic readers in Florida, and to build a network of readers. It will include psychics, mediums, spiritual counselors, astrologers, and stores that hold psychic fairs

\*\* Each (10 word maximum) line will be \$120  
per year prepaid or \$75 for six months prepaid.



# ALPHABETICALLY BY COUNTY

To place your ad here for just **\$5 per line** and mail it with payment by the 10th of the month before to: **Horizons, 575 Escarole St SE, Palm Bay, FL 32909-4802** Email [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com)

## OUR PHONE DIRECTORY... 321-722-2100

### ALACHUA COUNTY (352) GAINESVILLE (386) HIGH SPRINGS

#### A ROCK SHOP & MORE

HIGH SPRINGS EMPORIUM 386-454-8657  
660 NW Santa Fe Blvd (441)  
Gemstone Jewelry & More

#### CHURCHES

SERAPHIM CENTER AND CHAPEL  
412 NE 16th Avenue 352-373-3133  
<http://www.seraphimcenter.org/>

#### HEALTH FOODS

MOTHER EARTH MARKET 352-331-5224  
MOTHER EARTH MARKET 352-372-1741

#### PSYCHIC READER

REV. DR. JANET CLAIRE MOORE 373-8047  
Channeler, Medium, Ordained Minister,  
Licensed Counselor

### BREVARD (321) MELBOURNE, COCOA

#### ACUPUNCTURE

SUSAN HATHAWAY, Ph.D., AP 723-3017  
1900 Palm Bay Road NE, Suite #B Palm Bay

DAVID RINDGE, D.O.M., L.Ac., R.N. 751-7001  
279 N. Babcock Street in Melbourne

#### ASTROLOGY REPORTS

ANDREA de MICHAELIS \$22  
Spiritual Astrology - Compatability, Transits  
Reports focused on soul growth and mission  
Email [horizonsmagazine@aol.com](mailto:horizonsmagazine@aol.com) with name,  
birth date, time (if known) and location.  
MC Visa Am Ex Paypal - Choose Email or Mail

#### AURA PHOTOGRAPHY

PATRICE GIBBS 321-412-4434

#### BOOKS & GIFTS

AQUARIAN DREAMS 729-9495  
Large Selection of Books, Unique Gifts,  
Global Imports, Crystals & Jewelry.  
Serving Brevard since 1986.  
414 N. Hwy A1A Indialantic  
[www.aquariandreams.com](http://www.aquariandreams.com)

CREATIVE ENERGY 952-6789  
Incense, Music, Jewelry, Books, More  
Come visit the magical little purple store  
located in Historic Downtown Melbourne  
See ad on page 12 835 E. New Haven Ave

EARTH SHINE 407-267-5704  
4269 S. Hopkins Ave. in Titusville

ENCHANTED SPIRIT 784-2213  
Treasures to inspire the spirit, soothe the soul  
320 N. Atlantic Ave (A1A) Cocoa Beach

NATURE'S CALL Merritt Mall 986-8735

SPEEDY PAC/Ship/Gifts/Decor 728-2415  
Interchange Sq. Malabar Rd west of I-95

WHAT YOU LOVE TO DO 504-0304  
602 Brevard Ave in Downtown Cocoa Village  
Visit us at [www.whatyoulovetodo.com](http://www.whatyoulovetodo.com)

WWW.ANGELSBYFELICIA.COM 917-3757

#### CHIROPRACTOR

VICKI M. MERRICK, DC 952-7004

#### CHURCHES

CENTER FOR SPIRITUAL AWARENESS  
5 RosaLJones Dr Cocoa 634-5188

CHRIST CHURCH OF POSITIVE LIVING  
1353 N. Courtenay Pkwy Suite U  
Merritt Island 454-4109

UNITY CHURCH MELBOURNE 254-0313  
1745 Trimble Rd [www.unityofmelbourne.com](http://www.unityofmelbourne.com)

UNITY CENTER FOR SPIRITUAL LIVING  
4725 N. Courtenay Merritt Island 452-2625

UNITY CHURCH ON THE SPACE COAST  
2000 South St in Titusville 383-0195

UNIVERSAL PATH CENTER 459-0208  
2460 N. Courtenay Pkwy Merritt Island,

UNIVERSAL LIGHT OF CHRIST CHURCH  
Rev. Pat Raimondo. Sundays at 11am  
414 N. Hwy A1A, Indialantic 729-9495

#### CUSTOM WOODWORKING

KEY LARGO BLUE 321-952-6114  
Email Bill Brown at [JBr340@aol.com](mailto:JBr340@aol.com)

#### DIVINE INTERVENTION

REV. BRENDA ESPINOSA PhD 751-2925  
Spiritual Life Coach 321-693-1261  
[www.divineinterventionministries.com/](http://www.divineinterventionministries.com/)  
Custom Oils, Gifts, Counseling, Readings

#### FENG SHUI

YOLANDA BECKMAN 321-268-4101  
[www.yolandabeckman.com](http://www.yolandabeckman.com)

#### HEALTH FOODS

APPLESEED 1007 Pathfinder Rckldge 631-1444

THE HEALTH STATION A1A 773.5678

NATURE'S MARKET & CAFÉ US1 254-8688

PINETREE HEALTH 777-4677

SUNSEED CO\*OP Cape Can A1A 784-0930

WILD OATS Store & Cafe Hwy192 674-5002

#### HERBS & GIFTS

HERB CORNER 757-7522  
277 N. Babcock Street in Melbourne

MAMA JO'S SUNSHINE HERBALS  
1300 Pine Tree Dr. IHB 779-4647

#### HYPNOSIS BY PHONE

[www.verahennessy.com](http://www.verahennessy.com) 321-600-0827

#### MEDITATION

ANDREA de MICHAELIS [Andreahugs@aol.com](mailto:Andreahugs@aol.com)  
Breath & Mantra Meditation since 1972  
Breathe awake The One inside

#### PET GROOMING

A GROOM WITH A VIEW 243-4304  
Personalized at home pet grooming service



## **PSYCHIC READERS**

REV. APRIL RANE 321-639-8738  
Medium, psychic channel and tarot

JORIE EBERLE 321-638-0367  
Spiritual Teacher, Reader, Advisor, Classes

ELLEN DOREEN Psychic/Medium 298-1624  
256 Brevard Ave, Cocoa Village

KATHRYN FLANAGAN Cocoa Vlg 591-5171  
Advisor • Teacher • Tarot • 602 Brevard Ave

## **REIKI**

MICHAEL T. COKER 954.328.1599  
Reiki sessions, circles, and classes! Try  
Reiki in a powerful pyramid structure!  
Visit us via the web: [www.gotReiki.net](http://www.gotReiki.net)

## **THERAPY**

SPIRITUAL PATH FOUNDATION 951-8774  
Reiki, Regressions, Shamanic Healings,  
Counseling (in person or by phone)

## **WELLNESS CENTER**

ZEN DEN 321-613-2002  
117 Barlow Avenue Cocoa Beach

## **YOGA & RETREAT**

YOGA SHAKTI MISSION 725-4024  
3895 Hield Rd in Palm Bay (off Minton Rd)

## **BROWARD (954) FT. LAUDERDALE**

### **BOOKS & GIFTS**

ANGEL HAVEN 522-4720  
1318 E. Las Olas Blvd Ft Laud

CRYSTAL FANTASY 973-0903  
5111 Coconut Creek Parkway in Margate

CRYSTAL VISION 981-4992  
3160 Stirling Road Hollywood

INNER WISDOM BOOKS 596-5059  
39 S. Federal Highway Deerfield Beach  
GRIFFIN'S LOFT 625-6775  
4282 S. University Drive in Davie

NATURE'S EMPORIUM 755-2223  
8041 West Sample Road Coral Springs

NEW AGE BOOKS & THINGS 771-0026  
4401 N. Federal Hwy Fort Lauderdale

### **CHURCHES**

HOLLYWOOD METAPHYSICAL CHAPEL  
233 N. Federal Hwy, Dania Beach 923-0066  
Healing 10:30 a.m., Sunday service  
with spirit messages 11:00 a.m.  
<http://www.metaphysicalchapel.com/>

RELIGIOUS SCIENCE FORT LAUDERDALE  
Center for Spiritual Living 954-566-2868  
1550 NE 26th St Wilton Manors, FL 33305  
[www.rsiftl.com](http://www.rsiftl.com)

UNITY GATEWAY CHURCH 938-5222  
3701 N. University in Coral Springs

### **HERBS**

HERBAL GARDENS INC 584-6601  
1219 N State Road 7 in Lauderhill

NATURAL HEALTH SHOPPE 975-6400  
2001 W. Sample Road #100 Pompano Beach

### **HEALTH FOODS**

FLA NATURAL HEALTHCARE 436-6161  
2064 N. University Drive in Pembroke Pines

HEALTH FOODS PLUS 989-3313  
3341 Hollywood Blvd in Hollywood

WHOLE FOODS MARKET  
810 University Drive Coral Springs 753-8000  
7220 Peters Road in Plantation 236-0600  
2000 N. Federal Hwy Ft. Laud 565-5655

WILD OATS MARKETPLACE 566-9333  
2501 East Sunrise Blvd in Ft. Laud

## **CHARLOTTE (941)**

### **BOOKS & GIFTS**

STARCHILD BOOKS 941-743-0800  
3762-E Tamiami Trail, Port Charlotte 33952

## **COLLIER COUNTY (239) NAPLES**

### **CHURCHES**

UNITY OF NAPLES 775-3009

### **HEALTH FOOD STORES**

FOR GOODNESS' SAKE 353-7778  
Santa Barbara & Radio Road in Naples

FARMER'S MARKET 649-4866  
4202 Tamiami Trail North in Naples

NAPLES HEALTH HUT 513-7997

NATURE'S GARDEN 261-7838

SUN SPLASH Market & Cafe 434-7721

## **DUVAL (904) JACKSONVILLE**

### **BOOKS & GIFTS**

BLACK SHEEP BOOKS 880-1895  
9735 St. Augustine Road Jacksonville 32257

COBALT MOON 246-2131  
217 First Street in Neptune Beach

EARTH GIFTS 389-3690  
1951 Stimson St in Jax [www.earthgifts.com](http://www.earthgifts.com)

### **CHURCHES**

COSMIC CHURCH OF TRUTH 904-384-7268  
1637 Hamilton Street - in Jacksonville

UNITY CHURCH FOR CREATIVE LIVING  
2777 Race Track Rd Jax 904-287-1505  
[www.unityinjax.com/](http://www.unityinjax.com/)

### **SOUL ATTUNEMENT READINGS • REIKI**

CAROL MAY 904-372-4297  
Sacred Voice for the Light, also offers  
dynamic Meditation Tapes [www.lotusgrid.com](http://www.lotusgrid.com)

## **ESCAMBIA (850)**

### **CHURCHES**

UNITY OF PENSACOLA 850-438-2277  
716 N. 9th Ave. [www.unitypns.com](http://www.unitypns.com)

### **HEALTH FOODS**

GOLDEN ALMOND 850-863-5811

## **FLAGLER (386) PALM COAST**

### **ART, GIFTS, GATHERINGS**

THE SOURCE LIMITED 437-3230  
4601 E. Hwy 100 - Suite F-3  
(1st driveway West of Belle Terre)

## **HILLSBOROUGH (813) TAMPA**

### **BOOKS & GIFTS**

COSMIC BOOK CENTER Tampa 985-2901

HARMONY SPIRITUAL CENTER 872-0295

### **CHURCHES**

HARMONY SPIRITUAL CENTER 872-0295

## **INDIAN RIVER (772) VERO, SEBASTIAN**

### **BOOKS & GIFTS**

THE INSPIRED HEART 772-569-2877  
Psychic Fair Oct 13th 10am-4pm



## **CHURCHES**

UNITY OF VERO BEACH 562-1133

## **LEON CTY (850) TALLAHASSEE**

### **BOOKS & GIFTS**

CRYSTAL CONNECTION  
FOR MIND BODY & SPIRIT 878-8500  
1105 Apalachee Parkway in Tallahassee

STONE AGE Tallahassee Mall 383-0233

### **HEALTH FOOD STORES**

HONEYTREE 1616 N. Monroe St 681-2000  
HONEYTREE 1415 Timberlane 942-7000

NEW LEAF MARKET 942-2557  
1235 Apalachee Pkwy in Tallahassee

### **MEDITATION**

Transcendental Meditation 850-534-0004

## **LAKE COUNTY (352) MT DORA**

### **BOOKS & GIFTS**

GROOVE 'N ZEN 352.383.0317  
411 N Donnelly Street Ste 106 Mount Dora  
<http://www.groovenzen.com/>

## **MARION COUNTY (352) OCALA**

### **HEALTH FOOD STORES**

MOTHER EARTH MARKET 351-5224  
1917 E. Silver Springs Blvd in Ocala

## **MARTIN COUNTY (772) STUART**

### **BOOKS & GIFTS**

DREAM CATCHER 692-6957  
1306 NW Federal Highway in Stuart

MYSTIC CHRONICLE Jensen Bch 334-1899

### **CRYSTALS & GEMS**

BELLA JEWELRY & GIFTS 219-8648  
39 SW Osceola Street, Stuart 34994

THE JADE, HEALING STONES 692-9307  
B & A Flea Market - Sat, Sunday 8am-3pm

## **HEALTH FOODS/CAFE**

NATURE'S WAY CAFE Stuart 220-7306  
PEGGY'S 5839 SE Federal Hwy 286-1401

## **MIAMI DADE (305)**

### **BOOKS & GIFTS**

32 PATHS [www.32PATHS.COM](http://www.32PATHS.COM) 461-2341  
3444 Main Hwy in Coconut Grove

9TH CHAKRA 538.0671  
530 Lincoln Road in Miami Beach

FAIRY'S RING 446-9315

### **HEALTH FOODS**

WHOLE FOODS MARKET  
21105 Biscayne Blvd in Aventura 933-1543  
Wild Oats Marketplace 532-1707  
1020 Alton Rd. on South Beach

WILD OATS MARKETPLACE 971-0900  
11701 S. Dixie Hwy in Miami

## **MONROE (305) FLORIDA KEYS**

### **HEALTHFOOD/JUICE BAR**

GOOD FOOD CONSPIRACY 872-3945  
US 1, Mile Marker 30 on Big Pine Key

### **NEW AGE BOOKS, GIFTS**

BLUE MOON TRADER 872-8864  
29842 Overseas Highway in Big Pine Key

CRYSTAL LOFT 872-9390  
30136 Overseas Hiway Big Pine Key 33043

## **OKALOOSA (850) FT. WALTON BCH**

### **CHURCHES**

UNITY CHURCH 864-1232  
110 Hulbert Road in Fort Walton Beach

### **HEALTH FOOD STORES**

FEELIN' GOOD! Hwy 98 Destin 654-1005

GOLDEN ALMOND 863-5811  
350 E. NW Racetrack Rd in Ft Walton Bch

THE NAME IS NATURAL 244-8336  
Store/Cafe-99 Eglin Pkwy Ft. Walton Beach

### **MEDITATION**

Transcendental Meditation 850-534-0004

## **ORANGE COUNTY (407) ORLANDO**

### **BOOKS, GIFTS**

AVALON Hillcrest St in Orlando 895-7439

SPIRAL CIRCLE 750 Thornton 894-9854

### **HERBS**

LEAVES & ROOTS 407- 823-8840  
9434 E. Colonial Drive in Orlando

### **MEDITATION GALLERY**

ART.GIFTS. CLASSES 407-830-1276

### **PAST LIFE REGRESSION:**

\$75 per session ½ off with ad 321-960-9767

## **PALM BEACH (561)**

### **BOOKS & GIFTS**

CHANGING TIMES 640-0496

CRYSTAL CREATIONS 649-9909

SECRET GARDEN 844-7556

SHINING THROUGH 276-8559

CRYSTAL GARDEN 369-2836  
2610 N. Federal Hwy Boynton Beach

DREAM ANGELS 561-745-9355

SPIRITUAL AWAKENINGS 561-642-3255  
4469 S. Congress Ave #121 in Lake Worth

WITCHES HAT 561-656-1775  
1107 Royal Palm Beach Blvd Royal Palm Beach

### **CHURCH / CLASSES**

UNITED METAPHYSICAL CHURCH  
528 S. Haverhill Road WPB 561- 686-0217

UNITY OF THE PALM BEACHES  
[www.unitypb.org](http://www.unitypb.org) 561- 833-6483

[www.UnityChurchintheGardens.com](http://www.UnityChurchintheGardens.com)

### **HEALTH FOOD/CAFES**

NATURE'S WAY  
103 South US Hwy 1 Jupiter 561-743-0401  
11911 US 1 in N. Palm Bch 561-627-3233

NUTRITION S'MART 561-694-0644  
4155 Northlake Blvd Palm Bch Gardens  
[www.nutritionsmart.com](http://www.nutritionsmart.com)

### **MASSAGE THERAPY**

ANNE REPPUCCI, MA, LMT 561-329-1775  
Massage, facials, home visits



## **PINELLAS COUNTY (727) ST. PETE, CLEARWATER**

**ART, READERS, CLASSES**  
EVERYTHING UNDER THE MOON  
West Bay Dr between 5th & 6th 586-5707

### **BOOKS & GIFTS**

LEMURIA BOOKS & GIFTS 360-9773  
371 Corey Avenue in St. Pete Beach

MYSTIC GODDESS Largo 530-9994

OTHER WORLDS St. Pete 345-2800

SERENITY NOW BOOKS/GIFTS 787-5400  
3269 Tampa Road in Palm Harbor

### **CHURCHES**

UNITY COMMUNITY 734-0635

UNITY OF CLEARWATER 531-5259  
2465 Nursery Road

PEOPLE'S SPIRITUALIST CH 686-8362

THE SPIRITUAL CENTER 585-4985

TEMPLE OF LIGHT 538-9976

### **CRYSTALS & GEMS**

CRYSTAL CONNECTION 595-8131  
311 Gulf Blvd in Indian Rocks Beach

### **PSYCHIC MEDIUM**

REV. GLORIA MOSSENATON 207-7977  
<http://www.mossenaton.mysite.com>

## **SANTA ROSA (850)**

### **HEALTH FOOD STORES**

NATURALLY DELICIOUS MKT 934-3400

### **CHURCH**

UNITY OF GULF BREEZE 850-932-3076  
<http://home.earthlink.net/~unityofgb/>

## **SARASOTA (941)**

### **BOOKS & GIFTS**

ELYSIAN FIELDS Midtown Plaza 361-3006

STARCHILD BOOKS & GIFTS 743-0800  
3765 Tamiami Trail Ste E in Port Charlotte

### **CHURCHES**

CENTER OF SPIRITUAL AWARENESS  
Sundays 10:30am 3590 Tuttle Ave 926-7828

SHRINE OF THE MASTER 953-6620  
Metaphysical Christianity Sun 10:30a 7:30p

UNITY OF BRADENTON 739-6568  
4200 - 32 St West Sunday 10am

UNITY CHURCH OF PEACE 423-8171  
Veterans Blvd Port Charlotte Sunday 10am

UNITY CHURCH SARASOTA 955-3301  
Wednesday 7-7:45pm Sunday 10am

UNITY CHURCH OF VENICE 484-5342  
125 N. Jackson Rd Sun 10:30am Wed 7pm

### **HEALTH FOOD STORES**

RICHARDS WHOLE FOODS 941-966-0596  
1092 S. Tamiami Trail in Osprey 9:30 - 5pm

THE GRANARY 1930 Stickney Pt 924-4754  
THE GRANARY 1279 Beneva Rd 365-3700

## **SEMINOLE (407) LAKE MARY SANFORD**

### **BOOKS & GIFTS**

ELEMENTAL CROSSINGS 407-321-9633  
311 South Park Avenue, Sanford, FL 32771  
Email: [admin@elementalcrossings.com](mailto:admin@elementalcrossings.com)

SOUL PURPOSE 407-321-4953  
177 No. Country Club Road in Lake Mary, FL  
Books, CDs, incense, candles, crystals

UNITY CHURCH OF CHRISTIANITY  
4801 Clarcona Ocoee Rd ORL 407-294-7171

### **CRYSTALS AND GEMS**

TIMELESS TREASURES 407-314-7478  
Flea World - Sanford - A/C Bldg 300 #38

## **ST. JOHN'S (904) ST. AUGUSTINE**

### **BOOKS AND GIFTS**

PEACEFUL SPIRIT 904-827-1334  
Jewelry, Crystals, Aromatherapy Oils, More  
501 Anastasia Blvd in St. Augustine, FL

THE RISING MOON 866-974-7464  
58 Spanish St St Augustine 904-829-0070  
Visit us at [www.therisingmoon.com](http://www.therisingmoon.com)

### **CHURCH**

ANCIENT CITY SPIRITUAL CENTER  
47 San Marco Ave. St Augustine 829-3155  
Service: 6:15 PM Sunday • Reiki Healers  
Psychic Development - Spiritual Counseling

### **PSYCHIC READERS**

ANCIENT CITY SPIRITUAL CENTER  
47 San Marco Ave. 888-753-3290  
Rev. Carri Donnan 5th Generation  
Spiritualist Medium - Readings phone or  
in person. Development Classes Teaching  
Metaphysics for over 30 years.

### **SPIRITUAL RETREATS**

ANCIENT CITY INN 888-753-3290  
47 San Marco Ave. in St. Augustine  
Spiritual Counseling - Individual and couples

## **ST. LUCIE COUNTY (772) FT PIERCE**

### **BOOKS AND GIFTS**

DREAMCATCHER 692-6957  
Emerald Plaza 1306 NW Federal Hwy Stuart

### **ORGANIC DAY SPA**

THE COTTAGE White City 489-8364

### **SPIRITUAL CENTERS**

UNITY OF FORT PIERCE 461-2272  
3414 Sunrise Blvd Weunity@bellsouth.net

## **VOLUSIA (386) DAYTONA, NEW SMYRNA, DELAND**

### **BOOKS AND GIFTS**

A LOTTA SCENTS 423-9190  
511 Canal Street in New Smyrna Beach

CASSADAGA Camp Bookstore 228-2880

MERLIN'S VISION 738-4056  
100 S. Woodland Blvd in Deland

THE PURPLE DOOR 774-9928  
1427 S. Volusia Ave Orange City 10am-6pm  
jewelry, crystals, c.d.s, books and much more

### **CHURCH, BOOKS, CARDS**

UNITY OF DAYTONA BEACH 253-4201  
908 Ridgewood Ave Sundays 9:00 & 11am

### **CRYSTALS, GIFTS MUSIC**

CRYSTAL CONNECTION 673-0014  
396 S. Atlantic Avenue in Ormond Beach

### **ENERGY SESSIONS**

ASSISTANCE & BLESSINGS 473-3530  
Visit [www.BioGenesis.us](http://www.BioGenesis.us) for more info.  
Then call for Appointment \* Cassadaga



### **HERBS AND GIFTS**

SPICE OF LIFE HERBS 734-0035  
214 W. Beresford Ave in Deland Wed 5-8pm  
Sat & Sun 10-5pm [www.spiceoflifeherbs.com](http://www.spiceoflifeherbs.com)

### **NATURAL INTUITION, LLC.**

Author, Medium & Intuitive Coach  
[www.naturalintuition.com](http://www.naturalintuition.com)  
Services Phone/Person  
Reclaim your Power!  
Contact Annie (386) 846-4909

### **PSYCHIC READERS**

REV. ALBERT J. BOWES 386-228-3209  
In Cassadaga - see display ad in this issue

### **PSYCHICS ROCK&GEMS**

PURPLE ROSE in Cassadaga 386-228-3315

# ALABAMA

### **METAPHYSICAL STORE**

INDIGO SKIES 251-981-4377  
25122 Perdido Beach Blvd in Orange Beach  
Just 5 minutes from the Florida border

# GEORGIA

### **BOOKS & GIFTS**

MINDFUL EXPRESSIONS  
68 N. Main St in Clayton, 706-782-5755



**THE KEY CAN  
BE YOURS...**

**Unlock the Door in 2008**  
Let me help you pre-pave  
for success in 2008.

Cecelia Danas

Certified Life & Strategies Coach  
321-953-3225 • 321-794-7550  
Email: [lifecoaching7746@aol.com](mailto:lifecoaching7746@aol.com)

ARCHWAY COUNSELING CENTER  
1503 Pine St • Melbourne, FL 32901

*Ask about  
the 5 session  
Quick-start  
Program. I  
can help you  
identify key  
definite steps  
to take to make  
your 2008  
a success.*



**To Promote the Religion,  
Science, and Philosophy  
of Spiritualism**

## **Meditation & Visualization**

**As an Aid to Healing**

Tuesday, November 6th 7- 8:30 PM

Tuesday, December 4th 7-8:30 PM



IFSK Director  
Marilyn Jenquin

### **LOCATION:**

Winter Park Church  
of Religious Science  
3425 Forsyth Road  
Donations Welcome.

**Private  
Readings**

In Person  
or by Phone



[www.ifsk.org](http://www.ifsk.org)

**On-going Psychic  
Spiritual Development**

**Classes meet 7-9:30PM**

De Land - Sunday, Nov. 11th ~ 2-4:00 PM

Melbourne ~ Monday, Nov. 12th ~ 7-9:30 PM

Jacksonville ~ Tuesday, Nov. 13th ~ 7-9:30 PM

Tallahassee ~ Thursday, Nov. 15th ~ 7-9:30 PM

**NEW** Winter Park ~ Tuesday, Jan. 15th ~ 7-9:30 PM

**407-673-9776**

## The College of Metaphysical Studies



The Educational Division of New Awareness Ministries, Int'l

Authorized to operate by the Commission for Independent Colleges and Universities, Florida Department of Education

**Earn a Certification or Degree from  
the comfort of your own home**

The College of Metaphysical Studies (CMS) has been a leader in metaphysical and spiritual education since 1986. Our primary purpose is to train prospective leaders for metaphysical, New Age, New Thought, Spiritualist and Neo-Pagan communities through Distant-Learning or On-campus Training. Those persons not planning to become practitioners, but who only wish to pursue a solid self-improvement program and acquire an excellent education in metaphysics and the spiritual sciences, are also encouraged to attend in a degree or non-degree status.

We are authorized to operate as a private, non-secular college and to issue Associate, Bachelor, Master and Doctorate Degrees in metaphysics, religion, spiritual awareness, spiritual and holistic healing, esoteric studies, parapsychology, and the entire allied metaphysical field. We also train and certify ministers, spiritual and holistic healers, teachers, pastoral counselors, mediums, intuitive practitioners, past-life regression facilitators and administrators.

**Write for our free booklet  
or visit our website at:  
<http://www.metaartsandsciences.org/>**

CMS 18514 US Highway 19 N  
Clearwater, FL 33764  
**1-800-780-META / Fax: 727-539-7323**  
Email: [meta@gte.net](mailto:meta@gte.net) or  
[drbarbara@cms.edu](mailto:drbarbara@cms.edu)



Dr's. Barbara and Paul Daniele

## SECRETS

*Excerpts from*  
**Secrets of Spiritual Happiness**



*...continued from page 15...*

Here were these poor, sad-looking beggar children asking for rupees, however, with my friend being a monk, it was not really appropriate for him to give money to the children in that way. At the same time, the swami didn't feel right just ignoring these children when they came to the car window. He was much more used to playing and laughing with children than uncomfortably ignoring them. I'm sure that anyone who has driven or walked through major cities of any country must have experienced the discomfort of not knowing how to respond to beggars on the road.

The swami had recently received a gift from his guru — a funny-looking cat puppet that almost looked real. He had an idea. The next time they drove through that part of town, Swamiji brought the cat puppet along. When one of the kids came by his car to beg for change, Swamiji reached up with the hand puppet on, and grabbed the child's arm. The child looked at the strange creature, squealed, and ran away.

At first, Swamiji was concerned that he had scared the child off, but soon the boy returned with the rest of the children. They all wanted to see the cat puppet, and the next thing you knew, the kids were all laughing and reaching out so the cat puppet could grab them too. From that day on, every time the swami's car came through that area, the boys would run to surround his car and play with the cat puppet. Talk about turning an uncomfortable situation around to create happiness!

This is what spiritually happy people do — they approach common situations with uncommon radiance and heartfelt thoughtfulness. Every person on this planet has had the experience of seeing someone in need that you'd like to help, and perhaps could help in some small way, or on a temporary level.

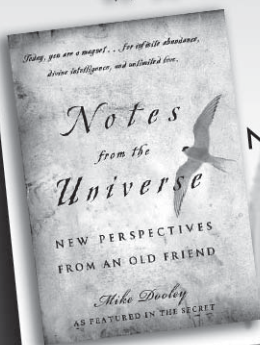
*...continued on page 36...*

## Notes From the Universe™

by Mike Dooley

**JOIN THE CELEBRATION!**  
Hawaiian Cruise Giveaway,  
Contests, Gifts, and FUN!

**www.tut.com**



Visit us online for  
more information!  
**Notes From the Universe**  
by Mike Dooley



# ON LOVE, SEX, AND RELATIONSHIPS

...continued from page 25...

\*\*\*

When you say or do anything to please, get, keep, influence, or control anyone or anything, fear is the cause and pain is the result. Manipulation is separation, and separation is painful. Another person can love you totally in that moment and you'd have no way of realizing it. If you act from fear, there's no way you can receive love, because you're trapped in a thought about what you have to do for love. Every stressful thought separates you from people.

\*\*\*

A dishonest yes is a no to yourself.

\*\*\*

When a thought hurts, that's the signal that it isn't true.

\*\*\*

Look at what you imagine is a flaw in your partner, and notice the ways that it gives you an opportunity to appreciate her. If you can't find these ways, you'll eventually have to strike out in anger—or you may just become frustrated by your lack of progress and attack yourself and her mentally. These attacks that you experience along the way are simply areas that need to be questioned, that's all. If the ways become obvious, you'll grow and grow into love without limit. And your partner will follow, and so will the rest of the world.

\*\*\*

Reality unfolds perfectly. Whatever happens is good. I see people and things, and when it comes to me to move toward them or away from them, I move without argument, because I have no believable story about why I shouldn't; it's always perfect. A decision would give me less, always less. So "it" makes its own decision, and I follow. And what I love is that it's always kind. If I had to name the experience in a word, I would call it "gratitude." Living, breathing gratitude. I am a receiver, and there's nothing I can do to stop grace from coming in.

\*\*\*

Seeking love is how you lose the awareness of love. But you can only lose the awareness of it, not the state. That is not an option, because love is what we all are. That's immovable. When you investigate your stressful thinking and your mind becomes clear, love pours into your life, and there's nothing you can do about it.

For your magical & spiritual needs

## Fae Gathering

Fridays, Saturdays  
Tarot Readings  
2-6pm \$30

Saturdays  
\$25 3-6pm  
Aura Photography

Reiki Healing, Drumming Circles, Meditation, Wicca, Altar Supplies,  
Crystals, Candles, Herbs & Teas, Pagan & Gothic Jewelry & Apparel

ONCE A MONTH TABLE TIPPING / SEANCE

Email Sandy at ffaegathering@efl.rr.com

676 West Ave. (Woods Plaza) Cocoa 321-735-0028

A friend sat in my room one morning—she's so courageous—with tears pouring down her face, saying, "I love you, Katie, I love you." The woman had no dignity. I saw her love for herself reflected through me. She saw that, too. And I said to her, "Isn't it fine to love at such a level and know you're not ever going to be disappointed in it?"

Sometimes you may appear to trade that love for the story appearing in the moment. It's like a little side-trip out into illusion. And when you investigate your story, you come back to where you always are.

\*\*\*

Ancient Power for Today's Healing!

## Center for Healing Arts

- **Private Shamanic Healing**
- **Shamanic Transformational Classes**
- **New/Full Moon Ceremonies**
- **Pranic Healing, Reiki,**
- **Energy Work**
- **Munay-Ki Inkan Rites of Transformation**
- **Massage Therapy**
- **Myofascial Release**
- **Trance Dance**
- **Rental Space Available**
- **Tantra for Beginners (Singles & Couples)**



(321) 733-7633

916 Columbus Ave. Melbourne

Member: Florida State Massage Therapy Association, Lic. MM8474

Rev. Clara Gross

CASSADAGA, FLA

Phone Readings Available  
MasterCard, Visa accepted

386-774-9388

Psychic - Medium  
Spiritual Counseling



What does 2008 hold for you?

1500 Cassadaga Road • Cassadaga, FL 32706  
Res. 407-323-7957

## ANGELS AND INVISIBLE HELPERS

...continued from page 17...

soul, when you were in great despair, there were many angels listening to the challenges and the dark thoughts. The angels helped guide you back out of the darkness and into the light by sending you the right people and friends to help you during your challenging times.

Guardian Angels have one charge and one responsibility. Your Guardian Angel(s) only responsibility is to really stay focused on what you are doing, thinking, feeling, and saying. Your Guardian Angel's job is to feel, know and help manifest your intentions based on your thoughts, words and actions. Hmmm . . . makes you want to be more conscious of what things are going through your mind, right? Especially if what you think affects your reality.

Remember to ask your Guardian Angel for help and guidance, it always comes. Pay attention to the signs and unsuspecting ways the messages or the answer to your requests arrive. I'll talk more about the signs and symbols that bring us messages in another article.

There are no such things as coincidence. In fact, coincidence is the manifestation of prior thoughtforms that coincide at a specific moment in time to create a new set of circumstances. Coincidence is often orchestrated by the angels because they are listening to your prayers and thoughts as well as the prayers and thoughts of others. The angels are assistants in manifesting through the Law of Attraction. In order to enlist the help of our Guardian Angel, we really need to ask the Creator, God/Goddess, Great Spirit to send help and guidance.

Angels are Messengers. The word angel comes from the Greek word 'angelos', which means messenger. Angels are Messengers of Love and Light from Spirit. In the moment that you ask for help, help is there. It's a matter of recognizing how the help, answers or guidance shows up.

Margaret now teaches about the angels and how to develop angel communication skills in the Angel Messenger Practitioner Certification Program. The course teaches how to give angel readings, provide helpful counseling, use oracle cards, learn to give gemstone readings, develop your intuitive skills using clairvoyance, clairsentience, claircognizance, clairaudience, and what I like to call clairs melliness (clairolfaction) and clairs tastiness (clairgustation) to bring through messages from higher realms of consciousness to assist others in their lives. Visit her website [www.margaretannlembo.com](http://www.margaretannlembo.com) to obtain more information.

Don't live with pain  
... *Let me help*

Dr. Vicki M. Merrick  
Chiropractic Physician

2060 Palm Bay Road NE #2  
Palm Bay, FL 32905

321-952-7004



**We Help People Get Well And Stay Well!**



- Laser Therapy
- Bio-electromagnetics
- Acupuncture
- Hypnosis
- Herbs/Homeopathy
- Thermography Screening

**DAVID RINDGE, LAc, DOM, RN**  
**ACUPUNCTURE PHYSICIAN**

DOCTOR OF ORIENTAL MEDICINE • REGISTERED NURSE  
OVER 30 YEARS MEDICAL EXPERIENCE • PRESIDENT EMERITUS, FLORIDA  
STATE ORIENTAL MEDICAL ASSN



**Sheila Rindge, CHt**  
Certified Hypnotherapist

**Behavior Modification:**  
Smoking, Weight Control

Overcome Fears and Anxiety

**Performance enhancement:**  
Competitive sports, personal goals

**COOPERATIVE MEDICINE**  
279 N. Babcock Street  
Melbourne, FL 32935  
321-751-7001

[www.cooperativemedicine.com](http://www.cooperativemedicine.com)





# DEFUSING HOLIDAY CONFLICTS



Beki Rosenthal believes anyone can learn conflict resolution techniques, and open themselves to deeper living and vast love. Information about workshops is online at [www.intimateconflictresolution.com](http://www.intimateconflictresolution.com).

**A**lthough conflict is a wonderful way to transform your life, conflicts during the holidays, especially recurring conflicts that repeat themselves year after year, turn a potentially special, loving time into a very stressful situation. Below is a collaborative approach to dealing with verbal attacks or conflicts. At the end of the steps are alternative approaches if this interest-based approach does not work. Tell me how it goes!

In summary:

1. Be happy
2. Make boundaries
3. Stay calm
4. Reduce hot buttons
5. Feel the emotions
6. Identify underlying emotions
7. Thank the person
8. I-statements
9. Visioning
10. Ask the other person
11. Listen
12. Dialogue
13. Agreement
14. Celebrate!

1. What emotion do you want to feel during the holidays? Happiness and peace are choices. We choose to be happy or to be unhappy. How much time do you want to spend unhappy?

2. Establish boundaries. What are you willing to accept into your life this holiday season? How do you want to spend your time? Can you really change your relatives or friends, or can you change yourself and how you deal with them? Can you visualize a pleasant holiday experience? We choose whether to be a victim or not in our relationships and dealings with other people.

3. If a conflict, especially a recurring conflict, begins, stay calm. Flooding is a normal response. Flooding is a state where emotions cause the emotional part of our brains to take over and flood the reasoning parts of our brains. It can take 20 minutes or so to recover from flooding. You know that feeling of overwhelming emotions, where you might not

even remember what you do or say, get violent or say things you regret, or simply shut down and stop talking? That is flooding. Recognize the feeling as it is starting, so you can tell yourself "I am getting emotional, I can work through this".

4. Do not take what is said personally. Know your "hot buttons"! Why does this conflict or what is being said bother you? By not taking it personally, you are far more likely to stay calm! When we become aware and work on our own issues, it is amazing how the hot buttons disappear.

5. Feel and allow your anger/hurt/other strong emotion. See if you can work with the emotion. Feel the emotion. Allow it to pass in you, through you, as a teacher and a catalyst for change. You do not have to respond immediately in a conflict. You can go outside and take a walk (large muscle activity is a great way to work off flooding or ask for time to respond).

6. Identify your real emotions under the surface of the reaction emotion. Many times, there might be another feeling under the surface. Inadequacy, inability to satisfy a parent, spouse, friend, etc., helplessness, betrayal, are some examples of what are the underlying emotions.

7. Thank the person, if appropriate. "Thank you for talking to me, it means a lot to me."

8. Use I-statements to tell the other person your underlying feelings. Starting a sentence with "You..." puts the other person on the defensive. How can you rephrase your emotion from #6 into an I-statement? "I feel inadequate, like I don't measure up to your ideal child. I know this is just my reaction to what you are saying". The trick is to use the I-statement in a way that is not accusatory.

9. Say what you envisioned or need. Such as continuing to say..."I love you and hope we can talk about this. I really want to have holiday time where we spend time loving each other and having fun rather than arguing!"

10. Ask for help or an explanation from the other person. The other person has underlying reasons and emotions that are driving what they say and feel too. Ask a question, such as "Can you tell me more about your frustration with me?" or "Can you tell me why you think we should stay with our relatives this time?"

11. Actively listen to her or him. Make sure you can hear the words, use eye contact, do not interrupt, and repeat the content and emotion back to them.

12. Agree on the problem(s) and discuss the problem in detail. Make sure to tell the person how much they mean to you (if appropriate), how important the relationship is, acknowledge that you are in conflict, and emphasize the importance of solving the problem (metacommunication).

13. Make an agreement with as many solutions as you like, and honor the agreement. It can be something very simple, or some people like to write down their agreements.

14. Reconciliation. Perform reconciliation by apologizing, telling others the story about solving the conflict, shaking hands, hugging, and/or celebrating, etc.

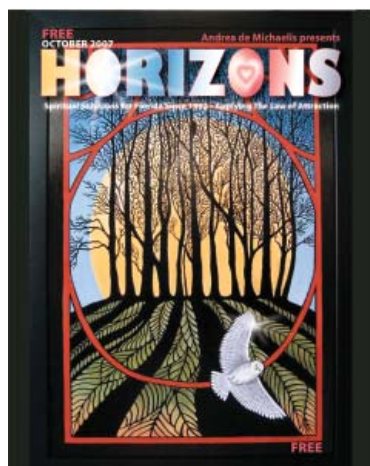
© 2006 Beki Rosenthal.

# COVER ART

## WINTER EQUINOX

BY  
JANE  
MARIE

Jane Marie is a 3d decan Aries and likes to stay anonymously in the background. She grew up in Chicago and has exhibited in the Chicago area, and in Florida.



## SECRETS

*Excerpts from*  
Secrets of Spiritual Happiness



...continued from page 32...

You may not have the means to really help the person, or you may know that helping in that way would only serve to continue the cycle of poverty for them. You're only one little person with limited finances - you can't just pour a few thousand billion dollars into uplifting conditions for those in need around the world. What can one person do?

Perhaps you can still offer a smile, a blessing, or some friendly words. Or you could break out a cat puppet. Ask your heart for guidance on how you can create happiness in any situation, according to your own best nature.

What the swami did was to give these children something even more precious than they would ever have dreamed of finding on that noisy street. Forget the few rupees that they were begging for; the swami helped them to experience happiness, love, playfulness, laughter, and ecstasy. And what did he get back from giving that? More, more, and more of the same. This story is a great illustration of how giving is receiving, and how the light we give to others also reflects back upon ourselves. Happiness shared is happiness multiplied.

The final touch of Swamiji's experience came on the day when he was leaving Delhi. He hadn't told the boys that he was leaving that day, and yet, acts of joyful good will often bring amazing and grace-filled synchronicities — the miracles of life, if you will.

As the swami's car made its way through the street on that last day of his stay in Delhi, there were the children. They had been working on their own gift for him. Without even knowing that this was the swami's last day, the children happily surrounded the car, and began singing in English, "We love you, we love you!"

How beautiful life is when we seek and find happy solutions for challenging problems!

BREATHE IN THE PEACE, MOVE WITH THE MUSIC, BE INSPIRED BY THE ART;  
REJUVENATE YOUR BODY, MIND AND SPIRIT...AND SHOP FOR THE HOLIDAYS!

Unity Church of Melbourne 2nd Annual  
**Peace in the Park**  
Inspirational Arts Festival

**Nov. 4, 2007** 10 AM ~ 5 PM

- Sensational LIVE Music
- Awesome Artworks
- Fun Family Activities
- Insightful Intuitive Arts
- Rejuvenating Healing Arts
- Delicious & Nutritious Foods
- Enlightening Labyrinth Walk
- Premier Drum Circle

*A Grateful Heart  
is Filled with  
Peace*

On the enchanting grounds of  
Unity Church of Melbourne, Florida  
1745 Trimble Road 32934  
PH: 321.254.0313

MELBOURNE



# SoulSongs

**Karen Williams** of Winter Springs, FL, e-mails "SoulSongs" several times weekly to subscribers worldwide. For a free subscription, e-mail her at [soulsongkaren@cfl.rr.com](mailto:soulsongkaren@cfl.rr.com). She also writes a humor column, "Funny Side Up," for *The Seminole Chronicle* (Florida) newspaper. Visit <http://www.karenwilliams.net>



## WHAT IS THE KEY TO SUCCESS?

**I**t sometimes seems as if I'm awash in a sea of situations, events, societal institutions, and a myriad of people with countless agendas. If I want to be successful, I must work hard, learn how to click with the right people at the right time, and exert tenacity and patience to painstakingly move towards my goals.

This is actually doing things the hard way if it entails taking action without using the primary method through which I create - my thoughts. If I'm not consistently focusing on my goals but instead letting my attention flop all over the place - to those things I both love and loathe - I might work my proverbial rump off but still end up frustrated.

I didn't come to Third Rock from the Sun to create my life purely through words and actions; I came here to create my life through my thoughts - regularly envisioning what I like and want. As a result of laying groundwork in my imagination, I then receive insights and nudges concerning fun and easy courses of action to bring about my desires.

This is not about sitting around on my hands, waiting for signs and wonders. It IS about regularly pre-paving good things in my mind and then falling into opportunities and synchronicity as a result of that mental focus.

If I consistently take time to think about what I want to occur next year, next week, even this afternoon, my thoughts will go before me to magnetize and shape circumstances into those that I want. Life will begin to go so much more smoothly that it will seem like the difference between driving a car and pushing it.

10am to 7 pm Mon-Friday  
11am to 5 pm Saturday  
Closed Sundays



## Leaves & Roots

9434 E. Colonial Drive  
Orlando, FL 32817  
[www.leavesandroots.com](http://www.leavesandroots.com)


Email: [leavesandroots@leavesandroots.com](mailto:leavesandroots@leavesandroots.com)



**(407) 823-8840**

Over 300 herbs & spices IN STOCK  
Over 100 Essential & Fragrance Oils  
Herbal research center on premises  
Aromatherapy Supplies  
Tapestries





with **Patricia Crane, Ph.D.**  
and **Rick Nichols**

### Heal Your Life, Achieve Your Dreams!

**April 5 - 12, 2008  
Orlando, FL**

NOW YOU CAN BECOME CERTIFIED TO LEAD  
TRANSFORMATIONAL WORKSHOPS BASED ON  
**THE PHILOSOPHY OF LOUISE HAY.**

This powerful 7 day intensive is a unique combination of personal growth and professional training . . .

**IDEAL FOR:** Life Coaches, Holistic Health Practitioners, Therapists, and Anyone who wants to contribute to the healing of the planet by healing the emotional wounds of themselves and others.

COME PREPARED FOR TRANSFORMATION!

**Contact us immediately for your early registration bonuses.**  
**800 969-4584 [www.hylteachers.com](http://www.hylteachers.com)**

# PSST. THE SECRET AND OTHER SECRETS

*...continued from page 20...*

So why haven't you yet manifested the life you want? Why aren't you perfectly healthy, financially free, blissfully in love with your ideal partner or whatever is your dream? I believe the biggest reason is because of beliefs you hold in your subconscious mind.

The truth is, whatever exists in our subconscious will play out in the physical circumstances of our lives. **The Secret** acknowledges this fact and recommends mastering our thoughts and feelings by keeping them focused on what we want..

This is excellent advice, although accomplishing that kind of control can be a bit trickier than it sounds. How do you prevent negative thoughts and fears from coming to mind, especially if you already have a propensity to see the world a certain way, conditioned by years of perception and experience? And how do you stop new messages of negativity from entering your subconscious every minute of every day? If you read the words "don't think about a black cat," you can't help but think of the very thing you're trying to avoid.

One way to deal with old thought patterns and unwanted new ones is to directly talk to your subconscious mind. We can actually order our subconscious mind not to take in a particular thought by saying a command like: "Cancel, cancel." The subconscious is like a compulsively obedient child that does exactly what it is told. We can make use of that knowledge and make sure the instructions we give it are aligned with our desires. And we can explore and uncover unproductive beliefs deep in our beings, using techniques to transform them into constructive ones, and those positive changes which will be reflected in our lives.

But what happens when things go wrong? For instance, say you are deep in debt, trying to manifest abundance and prosperity in your life. You faithfully apply the principles of **The Secret** to create wealth and tell yourself everything is going fine, but then you get a \$100 speeding ticket on the way home from work. You arrive home, only to realize you've also lost your **Visa** card, and your carelessness sparks a fight with your spouse. How do you keep your thinking from spiraling back into negative patterns?

In reality, nobody is perfect, and we can't think positive thoughts 100% of the time. Believing that you have to stay optimistic at all times so that everything will be great puts too much pressure on you. That line of thinking can lead you to feel like a failure when you can't maintain the same level of euphoric feelings you had when you first learned about

the principles behind **The Secret**.

We are complex beings and have a wide range of emotions appropriate to the vast assortment of situations that arise. To honestly believe — all the time — that everything is great, takes a force of will over thoughts and feelings that cannot be accomplished simply by saying it.

When things go wrong then, it is important to honestly experience your true feelings. The key is not to dwell on them, augment them, or berate yourself for having them in the first place. It's also important to be responsible for what happened without judging yourself. Stay objective. You can't know everything and can't always see the bigger picture. Maybe you attracted that speeding ticket so you would slow down in your life right now. That missing **Visa** card might force you to take a closer look at your spending habits. And the fight with your partner can bring the two of you closer and ultimately bring positive change.

Here is a vital point: Do not, under any circumstances, try to convince yourself that everything is positive if it's not. The subconscious mind is extremely literal, so giving it a conflicting piece of information is actually counterproductive. An affirmation like, "I am healthy and strong," when you are weak and riddled with disease will instruct your subconscious mind that this malady is what you call health! Saying, "I have all the money I need" when you are in debt will confuse the subconscious! Instead, always use terminology such as "I am getting healthier and stronger" and "I am receiving more and more money." Those words inform the subconscious that you want to continue improving your health and increasing your wealth.

It's also good to remember that the subconscious does not have a sense of humor. So when you are sarcastic, "Oh, great. Just what I wanted: a \*!%&# traffic ticket," the subconscious mind says, "Okay, we need more of these," because it does not recognize sarcasm, charming though it is to use. If that kind of humor is part of your personality, just remember to instruct your subconscious to cancel out your negative remarks once you've cracked everyone up.

Along with the beautiful insight that comes with using **The Secret**—that we are not just victims in a world of chance, but that our lives are a direct consequence of our attention, desires and focus—comes the need to take responsibility for our thoughts, whether conscious or subconscious. Once we begin to clean out and reprogram ourselves at the subconscious level, the better **The Secret** and its wonderful techniques will work.





# SOLAR & LUNAR CELEBRATIONS OF THE ANCIENTS

Roger is the Principal Minister of the Church of Iron Oak, ATC. He is also the East Coast Presiding Elder with the Aquarian Tabernacle Church, an international Wiccan Church. He loves nature and finds Spirit among the trees and flowers, even after having lived in Florida for thirty years. He can be contacted through the church at (321) 722-0291 or through the web page at [www.ironoak.org](http://www.ironoak.org) or [www.ironoak.us](http://www.ironoak.us)

## NOVEMBER 2007

**T**hey did it again! The Time Lords have mandated a ripple in the fabric of time itself! No longer are we free to look at our watches, confident that time is a linear progression from past to future. Oh no! It's not for us poor mortals, we, to expect that 3 AM shall follow 2 AM in a nice predictable fashion. No, no, no! After all, it is not our place to question the ultimate authority of the Time Lords!

Time is a wealth of change,  
but the clock in its parody makes it mere change and no  
wealth.  
Let your life lightly dance on the edges of Time  
like dew on the tip of a leaf.  
- R.Tagore

Non-the-less, starting in 2007, daylight time begins in the United States on the second Sunday in March and ends on the first Sunday in November. On the first Sunday in November, clocks are set back one hour at 2:00 AM local daylight time, which becomes 1:00 AM local standard time instead of 3 PM, whatever time. What happened to 3:00 PM? It got spent! It's temporal inflation where hours grow fatter consuming their neighbors on either side! Now, with fewer hours in the day, there are fewer hours to burn off calories and we all get a bit fatter. Someone has got to do something about this! But not me, I don't have enough time...

There is a poem about Time and a poem about Love,  
A poem about Life and the Spirits above,  
A poem about how to live life as a rhyme,  
But no poem about Daylight Savings Time...

### A FACTOID WITH WHICH TO END THE MONTH:

Standardization of time zones began U.S. and Canada by the railroads in 1883, but was not part of U.S. law until the Act of March 19, 1918, also called the Standard Time Act. It established daylight saving time which was not accepted then and was repealed. It was re-established nationally early in World War II.

### Florida Paranormal Research Foundation



### Paranormal Investigations

(321) 504-1140

Website: [www.floridaparanormal.com](http://www.floridaparanormal.com)

E-mail [Floridaparanormal@yahoo.com](mailto:Floridaparanormal@yahoo.com)

Nov 1st – Wicca/Neo Pagan:  
Samhain - northern hemisphere,  
"summer's end" celebration of ancestors.

Nov 1st – Wicca/Neo Pagan: Beltane - southern hemisphere, celebration of life  
Nov 1st – Christian: All Saints Day (Feast of All Hallows; Halloween)

Nov 2nd – Christian: All Soul's Day  
Nov 2nd – Mexico: Día de Muertos, 'Day of the Dead' celebration

Nov 3rd – Egyptian: The last day of Isia - the rebirth of Osiris

Nov 4th – Daylight Savings Time ends

Nov 9th - New Moon at 6:04 PM, EST  
Nov 9th – Hindu and Sikh: Beginning of Diwali (Deepavali), Festival of Lights (for five days)

Nov 12th – Islam: Eid al Fitr, End of Ramadan  
Nov 12th – Baha'i: Birth of Baha'u'llah

Nov 15th – Roman: Festival of Feronia, goddess of harvests

Nov 24th - Full Tree Moon at 9:31 AM EST  
Nov 24th – Egyptian: Feast of the Burning Lamps for Isis and Osiris

Nov 28th - Baha'i: Ascension of Abdul'l-Baha



## Taking Conscious Living To Heart

Over 100 exhibitors  
Over 50 workshops

Personal Growth • Metaphysics • Holistic Wellness Centers • Zen • Reiki • Angels • Animal Communication  
Visionary Art & Handcrafts • Feng Shui • Crystal & Jewelry • Intuitive Counselors • Health Products  
Acupuncture • Yoga • Raw Food • Skin Care • Energy Treatments • Massage • Environmental Resources



**Register Now For Limited Exhibitor Space!**



**All attendees will  
get an opportunity  
to win a 3 day cruise  
to the Bahamas!**



### **Awaken the Buddha Mind with Al Rapaport**

Using Zen Breathwork, Voice Dialogue and Guided Visualization, both beginners and experienced meditation practitioners will learn how to quickly and easily access the unborn, creative mind which is part of all of us. In Zen, this state is called Buddha Mind or Big Mind, and is achieved through a shift of perspective from the personal to the transpersonal.

Al Rapaport is a Zen Master with over 35 years of experience. He is director of Open Mind Zen Center in Melbourne, FL and author of Open Mind Zen: A Guide to Meditation. In addition, he is Project Manager for the Expo of Heart.



### **Creating Miracles with Dr. Michael Mirdad**

Dr. Michael Mirdad is a Spiritual Teacher, Healer, and Author with an extensive background in Healing, Parapsychology, and Metaphysics and is the author of the bestselling book, The Seven Initiations of the Spiritual Path and Sacred Sexuality: A Manual for Living Bliss. Michael has facilitated thousands of classes, lectures, and workshops throughout the world on Mastery, Spirituality, Relationships, and Healing and is suitably noted in many books as a "teacher's teacher" and a "healer's healer." He has been on radio and television and has been featured in several magazines, including Whole Self Times, Sedona Journal (Australia), and Yoga Journal.

**Sunday, February 24, 2008**  
**Broward Convention Center**  
**Fort Lauderdale, Florida**  
**888-292-1116 • [www.ExpoofHeart.com](http://www.ExpoofHeart.com)**  
CLP members receive 25% discount of entry fee.

*Our Sponsors:*



**Jill Dahne**  
World Renowned Love Psychic  
**natural**  
awakenings®  
HEALTHY LIVING MAGAZINE  
BROWARD COUNTY



# OUR CALENDAR OF EVENTS

**Call to confirm all events before attending to learn of last minute changes**

30c per word, due with payment the 10th of the month at 575 Escarole St SE Palm Bay FL 32909-4802.

You may also fax 321-722-0266 or email [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com) with credit card info.

If payment is not received with listing, your listing will not be placed and you will not be called for payment.

No calendar listings taken by telephone. Please do not fax flyers or press releases.

Mondays LARGO Healing Circle The Spiritual Center 160 6th Street SW from 5-9 pm open to all Reiki, Quantum-Touch energy practitioner ~ love donation. Meet new people and learn new skills. Tuesday Service Healing starts at 7pm Service 7:30 with messages to follow Sunday healing 10:30 Service 11:00 Sunday Evening Meditation & Messages 6 pm 727-585-4985

Monday MELBOURNE Psychic / Spiritual Development Classes ~ 1 Monday / Month ~ 7:00 - 9:00 PM ~ Each class includes meditation, a topic/lesson, and hands-on actual practice to develop your personal skills. Private readings available by appointment. Marilyn Jenquin, International Foundation for Spiritual Knowledge 407-673-9776 or [www.ifsk.org](http://www.ifsk.org)

Wednesday MERRITT ISLAND Meditation & Healing Service 12pm Christ Church of Positive Living 1353 N. Courtenay Pkwy 321-454-4109

Wednesdays CAPE CANAVERAL Kundalini Yoga with Nam Hari (TJ) 6:30-7:45pm Family Health and Wellness Center on AIA 321-626-5333 [Rivers97@rocketmail.com](mailto:Rivers97@rocketmail.com)

Wednesdays COCOA VILLAGE, 7PM, Belly Dancing with Jeanette, \$10.00, at What You Love To Do, 602 Brevard Ave, 321-504-0304

Wednesday COCOA 7-9pm Discussion/Meditation Group: Spiritual Principles i.e., Eckhart Tolle, Esther & Jerry Hicks, Neal Donald Walsch, Deepak Chopra, Ernest Holmes, Wayne Dyer, & "The Secret" Contact Rev. Virgil 321-634-5188 [www.gardenchapelcsa.org](http://www.gardenchapelcsa.org)

Wednesdays ST PETERSBURG Lightworker Guidance Classes begin 8/8, 7pm. \$27.50. Enchanted Forest 3015 16th St N., 727-823-9291 <http://lightworker.bravehost.com> All Welcome!

Wednesdays, MERRITT ISLAND, Spiritual Discussion/Meditation Group, 7 PM Center for Spiritual Awareness 480 Sail Ln, 321-634-5188

2nd Wednesdays MELBOURNE Just Say Yes! To Laughter: Come laugh "Jest for the Health of It." Club meetings: Call Pegatha for details. 321-951-2528

Thursdays PT CHARLOTTE Beginner's Belly Dancing with Sandy Anastasi. 7-8PM. Free. Starchild. 941-743-0800 [www.starchildbooks.com](http://www.starchildbooks.com)

Thursdays CAPE CANAVERAL Kundalini Yoga with Nam Hari (TJ) 6:30-7:45pm Family Health and Wellness Center on AIA 321-626-5333 [Rivers97@rocketmail.com](mailto:Rivers97@rocketmail.com)

Thursdays COCOA Course in Miracles discussion Group 7pm at The New Church - call Eddie at 321-264-1911

Thursdays MELBOURNE 7-9PM Mindwalk Expand your abilities! Improve your life! Weekly classes in psychic and personal development. Beginners and intensive workshops too! [www.SuzieMiller.com](http://www.SuzieMiller.com) email [Aquaaura@gmail.com](mailto:Aquaaura@gmail.com) 321-254-0000

2d, 4th Thursdays MELBOURNE/PALM BAY 7pm Wiccan-Pagan Outer Court Classes, Church of Iron Oak 321-722-0291

3rd Thursdays COCOA VILLAGE Just Say Yes! To Laughter: Come laugh "Jest for the Health of It." Club meetings at What You Love To Do, 602 Brevard Ave, Cocoa Village, Call Pegatha for details. 321-951-2528

Fridays PT CHARLOTTE There is something different going on at Starchild Institute! 941-743-0800. [www.starchildbooks.com](http://www.starchildbooks.com)

Fridays, INDIALANTIC Spiritual Discussion/Meditation Group, 2 PM Center for Spiritual Awareness 501 Oakridge Dr, 321-634-5188

Friday, COCOA VILLAGE, Preparing Raw Gourmet Desserts with Raw Joy, 6:30 -8:30 PM, PRE-REGISTRATION NECESSARY, What You Love To Do, \$25.00, 321-504-0304

Friday INDIALANTIC 2-4pm Discussion/Meditation Group: Spiritual Principles ie Eckhart Tolle, Esther & Jerry Hicks, Neal Donald Walsch, Deepak Chopra, Ernest Holmes, Wayne Dyer, & "The Secret". Contact Rev. Virgil 321-634-5188 [www.gardenchapelcsa.org](http://www.gardenchapelcsa.org)

**CALENDAR CONTINUED ON NEXT PAGE...**



# OUR CALENDAR OF EVENTS

**Call to confirm all events before attending to learn of last minute changes**

2nd Friday NEW SMYRNA BEACH 6th Sensory Lightworker Group meeting Oct. 12th at 633 US 1, NSB Call Judson for topic more info. at 386-847-2367

Saturdays PORT CHARLOTTE: Channeling & Messages Mediums and Channels. 7PM. \$25 pre-paid. 941-743-0800. [www.starchildbooks.com](http://www.starchildbooks.com)

Saturdays HOLLYWOOD 11:00am Yoga with Glenn Allen at Hollywood Metaphysical Chapel 954-923-0066. \$10.00 per class

Saturdays ORLANDO Pranic Healing Circle 2-4pm With the blessings of Grand Master Cho and Master Stephen Co, Central Florida Pranic Healing Circle invites everyone to participate in an afternoon of meditation and healing at Christ Church Unity 771 Holden Avenue in Orlando. For information, call 407 852-3940

Saturday ST. PETE/TAMPA Psychic/Spiritual Development Class - 1 Saturday/month - 7:00-9:00 PM. Includes meditation, lesson, actual hands-on practice to develop your personal skills. \$20 if prepaid for 3 classes or \$25 each class. Private readings available by appointment. Marilyn Jenquin, International Foundation for Spiritual Knowledge. <http://www.ifsk.org/>. 407-673-9776. Locally: Karen 813-356-8066.

Sundays MELBOURNE Spiritual Lecture Series 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 No fee but love donation gratefully accepted. Hield Road is off Minton Road, just north of Palm Bay Road, go west a mile or so.

Sundays MERRITT ISLAND Sunday Services 10am Unity Center for Spiritual Living 321-452-2625

Sundays CAPE CANAVERAL Kundalini Yoga with Nam Hari (TJ) 10:30-11:45am Family Health and Wellness Center on AIA 321-626-5333 [Rivers97@rocketmail.com](mailto:Rivers97@rocketmail.com)

Sundays COCOA Sunday Services 10:30am Center for Spiritual Awareness 5 Rosa L. Jones Drive. 321-634-5188 [www.gardenchapelcsa.org](http://www.gardenchapelcsa.org)

Sundays MELBOURNE 9:15, 11 am Sunday Service Unity Church 1745 Trimble Rd (off Wickham) 321-254-0313

Sunday MERRIT ISLAND 11am Sunday Service, Christ Church of Positive Living, 1353 N. Courtenay Pkwy, 321-454-4109

Sundays ST. AUGUSTINE 6:15 pm Psychic Development Classes at 47 San Marco Ave. Ph: 888-753-3290

Sundays MELBOURNE Metaphysicians' Circle meets at 1924 Melody Lane behind the Melbourne Auditorium. 7-8:30pm \$2.00 fee. Info 321-537-3843 Interesting and compelling presentations on metaphysical topics

Sunday FORT PIERCE Science of Mind For Positive Creative Living. We meet at Unity 3414 Sunrise Blvd Ft Pierce each Sunday at 4pm come join us, we have great speakers 772-785-8525

1st Sunday of every month MELBOURNE Metaphysicians' Circle presents their Monthly Psychic Fair. They meet at 1924 Melody Lane behind the Melbourne Auditorium. 6:00 - 9:00pm \$2.00 fee. \$10 for 15 minute readings 321-537-3843

2nd Sunday COCOA Eckankar Services, 11:00 AM at the Holiday Inn Express, 301 Tucker Lane, Cocoa (520 and I95). Learn more about the ancient religion of Light & Sound. This month's topic is "Tips on how to Understand Your Experiences" Free Booklet

2nd and 4th Sunday MELBOURNE Pranic Healing Circle 4:30-6:30pm With blessings of Grand Master Cho Kok Sui and Master Stephen Co, you are invited to participate in an afternoon of meditation and healing at Unity Church of Melbourne, 1745 Trimble Road 321-254-0313

Tuesday NORTHPORT, FL from 7-8:30 pm Suzanne St. Onge PhD, RN leads a group on JOY and HEALING through CHANT and MOVEMENT. \$10.00 per class. Explore CHAKRAS and Develop your Voice and Intuition. Call 941-258-1547

Wednesdays, November 1, 8, 15, 29 BUNNELL Meditation 101 7-8:30PM \$10 Love Offering. [www.thesourcelimited.com](http://www.thesourcelimited.com) or 386-437-3230.

Thursdays, November 1, 8, 15, 29 BUNNELL....A Course In Miracles. Facilitated by Doris Scarbrough....10:00 AM - Noon....N/Cwww.thesourcelimited.com or 386-437-3230

Thursdays, November 1, 8, 15, 29. BUNNELL....Robert Whiting brings us Music For The Soul. Music Appreciation & Performance of Jazz & More. Children 11 to Adults....instrument talented or challenged welcome....7-9 PM....\$15.00 per session. [www.thesourcelimited.com](http://www.thesourcelimited.com) or 386-437-3230

**CALENDAR CONTINUED ON NEXT PAGE...**



# OUR CALENDAR OF EVENTS

Call to confirm all events before attending to learn of last minute changes

Friday-Sunday, November 2-4 - ALTAMONTE SPRINGS - This Florida Journey "Exploring the Communication Gateways," provides hands-on tools and instruction in working with energy, intuition, clairvoyance, clairsentience, altered state, healing, mediumship and more. No matter your level of experience, this retreat allows you to work with four primary Journeys instructors and is designed to assist you in making a heart-soul connection with your purpose and abilities to apply to daily living. Complete info online at [www.journeys-by-design.com](http://www.journeys-by-design.com) or call 407-949-0472.

Saturday, November 3rd - ALTAMONTE SPRINGS - 6:30-9:00pm - Mediumship Demonstration Event - Meet 4 of the primary Journeys instructors as they work with spirit in this demonstration of platform mediumship and intuitive linking. Reservations Required. \$20 pre-registration until Oct 22nd/\$30 at-the-door. Hampton Inn Complete info online at [www.journeys-by-design.com](http://www.journeys-by-design.com) or call 407-949-0472.

Saturday, NOVEMBER 3, 1-3 EMOTIONAL FREEDOM TECHNIQUE. Presented by Sue Sawyer, BS,CMCHt,L.L.C. Board Certified Master Clinical Hypnosis. Presented at ILLUMINATIONS 256 Brevard Ave, Cocoa Village. \$60.00. Call 321-432-7267 or 321-298-1624.

Saturday, November 3.BUNNELL...Aura Visions by Kay Simon. A day of Aura Photography. Beginning @ 10:30 AM....\$25.00 per photograph/reading. [www.thesourcelimited.com](http://www.thesourcelimited.com) or 386-437-3230.

Tuesday, November 6. BUNNELL.an evening with Rev. Dr. Louis Gates. 7-9 PM....\$10.00 Love Offering. [www.thesourcelimited.com](http://www.thesourcelimited.com) or 386-437-3230

Friday, November 9. BUNNELL...Rev. Christopher Tims....7-9 PM....\$10.00 Love Offering. [www.thesourcelimited.com](http://www.thesourcelimited.com) or 386-437-3230

Saturday, November 10.. BUNNELL..Rev. Christopher Tims....10:00 - Noon & 2:00 - 4:00....\$50.00 all day session. [www.thesourcelimited.com](http://www.thesourcelimited.com) or 386-437-3230

Friday, November 30. BUNNELL...John Springer....Paranormal Photography and Natures Grab bag....\$10.00 Love Offering. [www.thesourcelimited.com](http://www.thesourcelimited.com) or 386-437-3230

Saturday, December 1.. BUNNELL..John Springer...Enchanted Walkabout @ Washington Oaks State Park. Details @ [www.thesourcelimited.com](http://www.thesourcelimited.com) or 386-437-3230

Tuesday November 6th WINTER PARK Guided Meditation Visualization as an aid to healing - 7:00-8:30 PM - Learn how to use meditation/ visualization to help you become well. Marilyn Jenquin, Director, International Foundation for Spiritual Knowledge. Held at Winter Park Church of Religious Science, 3425 Forsyth Road, Winter Park,32792. Donations welcome. 407-673-9776.

November 9th NEW SMYRNA BEACH 6th Sensory Lightworkers: featuring Speakers and discussions on topics to help you with your spiritual development. The world needs your gifts. For more information call Judson at 386-847-2367

Sat. Nov. 17th PORT CHARLOTTE Starchild's Psychic Fair. 12- 5PM. 941-743-0800. Starchild. [www.starchildbooks.com](http://www.starchildbooks.com)

Sunday, November 18 BOCA RATON Polyamory. Want more love? Vast love awaits with multiple loves. 9-10 AM discussion, free, Palmetto Park Road and AIA beach pavilion, Boca Raton, [polylove@bellsouth.net](mailto:polylove@bellsouth.net).

November 30th NEW SMYRNA BEACH 6th Sensory Lightworkers: "Share Our Gifts" meeting. Where our members share their gifts of healing; Reiki, Spiritual Response Therapy, Healing Touch, Meditation, and more. Call Judson at 386-847-2367

Saturday DECEMBER 1, 10-4 AURA VISIONS by Kay. ILLUMINATIONS presents, Kay Simon, Aura Photographer. No appointment needed. \$25.00 includes, picture, computer print out and reading by Kay. Call for information 321-298-1624. Illuminations 256 Brevard Ave, Cocoa Village.

January 21-25, 2008 from PORT CANAVERAL Steven Lane Taylor "Living Life in The Divine Flow Seminar at Sea! Presented by [www.achievingatoriseminarsatsea.com](http://www.achievingatoriseminarsatsea.com) special pricing! Only 60 Cabins Left! 1-888-278-0270

Saturday, January 26, 2008 \*DATE CORRECTION FROM LAST MONTH\* MELBOURNE Special Event! Steven Lane Taylor Top Selling Author, Row, Row, Row your Boat: A Guide for Living Life in the Divine Flow" "Open Discussion & Book Signing", 2 - 4 PM Barnes & Noble Booksellers, 1955 West New Haven Avenue, Melbourne, FL 1-888-278-0270



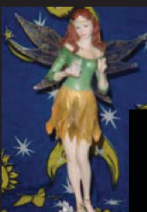
# Nature's Call

## Unique Gifts Natural Alternatives

Located In  
Merritt Square  
Mall  
Next To Sears

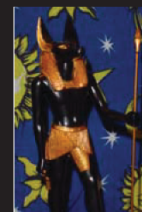


Open 7 days a  
week!  
Contact Us At:  
(321) 986-8735  
Naturescall00@  
aol.com



MYSTICAL &  
CELESTIAL STATUES

FAERIES, DRAGONS, ANGELS,  
UNICORNS, EGYPTIAN, CELTIC,  
FENG SHUI, BUDDHIST, & MORE



CANDLES, INCENSE, OILS,  
SAGE, & RESINS

HERBAL TEAS &  
SUPPLEMENTS



UNIQUE SELECTION OF  
CRYSTALS & MINERALS

NEW BEADING SECTION FOR  
CREATING YOUR OWN CUSTOM  
GEMSTONE JEWELRY



COMING SOON:  
NATURE'S CALL  
ALTERNATIVE  
HEALING CENTER!  
ACUPUNCTURE, REIKI,  
REFLEXOLOGY, IRIDOLOGY,  
CHAKRA BALANCING,  
MASSAGE THERAPY, &  
MUCH MORE!



ALTAR SUPPLIES FOR MANY  
SPIRITUAL PATHS



ROBYN & BRANDON

SPIRITUAL READINGS BY ROBYN AVAILABLE BY APPOINTMENT





# UNIVERSAL PATH CENTER

*Your Gateway To Spiritual Freedom*



**Sunday  
Services  
10:00am**

Reiki, Level One \$75  
Reiki, Level II: \$75  
Master Level: \$200  
Call Rev. Sigi

Wednesdays 1pm  
Healing Service 4pm  
A.R.E. (Love Donation)

Rev. Violet & Rev. Sigi  
Are Available For  
Weddings As Well  
As Counselling By  
Appointment

Rev. Sigi Is  
Available For  
Clinical Hypnosis

*Ask about  
classes, geared to  
acknowledge your  
true God-Self*

UNIVERSAL PATH CENTER  
2460 N. Courtenay Parkway  
#210 Merritt Island, FL 32953  
**In Brevard, call 321-459-0208**  
Toll Free 1-866-904-PATH

E-mail: [Upcc@bellsouth.net](mailto:Upcc@bellsouth.net)  
Rev. Violet 321-638-0194 Email [Violet@cfl.rr.com](mailto:Violet@cfl.rr.com)  
Rev. Sigi 321-452-2079 Email [Sigi340@aol.com](mailto:Sigi340@aol.com)

*Flagler's Only  
Metaphysical Store*

**The Source Ltd.**  
art gifts and gatherings  
[www.thesourcelimited.com](http://www.thesourcelimited.com)  
Email [thesource@ainweb.net](mailto:thesource@ainweb.net)

**386-437-3230**

Marvin's Garden Plaza • 4601 E. Hwy 100 \* #F-3 • Bunnell

**"What You Love to Do" in Participation  
with The Church of Iron Oak, ATC**

presents a

**PSYCHIC FAIR**

**602 Brevard Avenue, Cocoa Village**

**321-504-0304**

**Saturday, November 17 10 am to 4 pm**

- b** Tarot Readings
- o** Astrology Natal Charts and Interpretations
- c** Past Life Readings
- n** Animal Totem Readings
- d** Massages
- g** Reiki Healing Sessions

Meet Dikki Jo Mullen, a Pagan Author who will discuss her books  
and Paganism from her own unique perspective

The Church of Iron Oak holds Wicca 101 Classes  
on the Second and Fourth Thursdays of each Month

Call 321-722-0291 for more information



**CENTER FOR  
SPIRITUAL  
AWARENESS**

*Where seeds  
are planted  
and you are  
encouraged  
to grow*

**SUNDAY SERVICES:  
10:30AM**

5 Rosa L. Jones Drive in Cocoa  
Call for Classes 321-634-5188  
[www.gardenchapelcsa.org](http://www.gardenchapelcsa.org)

# TWENTY SEVEN THINGS

*...continued from page 23...*

I'm not a grinch. Let me say that again, and emphatically: I AM NOT A GRINCH! I love the spirit of the holidays: the gathering of friends and family, the times we spend together as my sisters and brothers share the effort of making a shared meal for our large family, or the cleaning up as the meal is done. Good things happen in those times. Stories intermingle with laughter; afterwards, we play some silly game and laugh even more.

But the holidays are not about things, and somewhere along the line we have all been swept into a collective lie that tells us no celebration will be complete without (fill in the blank). The brief glimpse into the Halloween aisle was sufficient to renew my commitment to my practice of 27 things in 9 days. I went home re-invigorated.

This time, I dug deeper, and it hurt some. I made a pile of clothing that I wouldn't wear anymore, some because my size has changed, and some because there are associations with those items of clothing I don't want. I placed them in a neatly folded pile in a chair in my dining room. Within a few hours, many of them found new homes with women who were all too pleased to have something bright or striking to help them remember they are truly beautiful.

I went back to that closet. There, on two hangers, are my son's first sport jacket and half a dozen of his first ties. He doesn't want them (he already told me so) but I just couldn't seem to let them go. Day seven now, and I was sweating more than a little. There, on a table in my kitchen, stand 27 rolls of film, exactly 27, from the last two vacations shot on vacation with my beloved before we ended our relationship last winter. Exactly 27 rolls. Do I want to develop (move) them and re-visit those memories of happier times, or do I want to throw them away? On a bookshelf, travel books for those places we were going to go, and didn't. Are those dreams I want to keep for myself? Is it time to let them go? The decisions to move, give or throw were becoming more painful, as though part of my soul would be lost with whatever I let go.

If this ritual of 27/9 is something like the Boston marathon, then it wasn't far to Heartbreak Hill.

This whole process brings me back to attachment, which—I suppose—is just what Angeles hoped it might do. It brings my attention squarely onto those things I'm not attached to (and can easily shed), to those that fall in the murky middle, and to those where my attachments are still running at full throttle. This was not a comfortable place to find myself, yet I'm sure as I write this that it's precisely where Angeles was guiding us. Notice our places of attach-

ment, whether to people, places or things. This is what I am called to shed as I slip deeper into the second half of my life, and into intimate relationship with the bare bones of "true nature," stripped of all but what's genuinely, naturally, and authentically me.

"It is as important to prepare for death," she says, "as it is to prepare for adulthood, for a career, for marriage, for parenting." These little acts of letting go are practice, spiritual practice, for everything we must one day leave behind.

It's time to loosen those attachments to make room for what's truly meaningful in my life today.

At this point, the phone rang. My daughter, calling from one of her many trips to and from work, to share a concern about Christmas. She and her sweetheart are getting married just weeks before Christmas this year; her brother, my son, and his sweetie follow a few months later. None of us is in a position to spend unwisely, to buy frivolously, to make decisions that are not conscious and mindful. She wondered if I could agree to approach the holidays this year in a simple, financially wise way to express our love for each other. Sounds good? I began to weep. Tears streaming down my face, I tried to explain how much shedding I was already doing, how much of the old I was sloughing off. She listened, waited, and her quiet wisdom calmed the demons of my grasping. I knew she was right. The wedding was gift enough for all of us. No thing could bring the same joy, love, laughter, memories. The books on my shelf are of dreams that have died, the rolls of film of good times gone by.

Finally, I heard my own wisdom speak: Stand still, stand still, and wait for your next instructions. When I found words again, it was to suggest each of us would buy one small gift for the others, a small but heartfelt way to say what Christmas is all about, "I love who you are. I love the light of the Spirit that shines in the world through you."

My promise to move, give or throw away 27 things has taken on new and expanded meaning. Some of the things I'm releasing are old habits, ways of being family, ways to express my love: not with things, but with words that truly touch the soul. Yes, I will re-visit that closet and complete what I began. The jacket and ties will go to another boy crossing the threshold into manhood. I can remember my son's passage without clinging to the symbols that represent it. I'll develop the film, save some of the pictures and give or throw the rest away. The books will go to other people whose dreams call them to exotic places.

How I laughed when Angeles first asked us to enter this practice! I have learned so much in these last days about where, when and why I am still attached; it's time to loosen those attachments to make room for what's truly meaningful in my life today.

The volley has sounded. The holidays are bearing down on us. The search is not for the perfect Elmo doll, or the right computer game, or a gift that will fill another's heart. We are all entrained to think in those terms. Time to stop, stand still, and listen for the hushed voice of Spirit, so easily lost in the clamor of commerce. You will know it: it's peaceful, calm and true. And it speaks always—and only—the message of love.





## THIS MONTH'S THOUGHTS ABOUT THINGS...

*...continued from page 7 ...*

**Gurdjieff** said, "The worse the conditions of life, the more productive the work, provided however you remember the work. Remember you come here having already understood the necessity of struggling with yourself—only with yourself. Therefore thank everyone who gives you the opportunity."

### IT'S THEM , IT'S NOT ME

As I was living and working with this group of people, I had many opportunities to change my thinking so I could attain the peace I sought. But since I didn't recognize them as opportunities, I didn't take advantage of them. Since I didn't KNOW it was part of my lesson, I didn't treat it as a lesson. That is, I didn't meditate on it and try to figure it out. I just thought I was living and working with a bunch of rude, unconscious, ignorant and uncaring people.

### I'VE ATTRACTED IT ALL

What I know now is that I attract everyone into my life for a reason. Whoever shows up in front of me and rubs me the wrong way, is a reflection showing me an area I am weak in. Whoever shows up in front of me and rubs me the right way is also a reflection, they are a signpost to show I'm heading in the right direction.

### WE AGREED TO ALL THIS A LIFETIME AGO

I've learned that we are just a big group of people who all chose to jump into this giant tumbler together, all agreeing to let our sharp edges be knocked off and smoothed in the process. But I didn't always remember that I agreed to be part of that process. That's when I'd think someone else was doing something TO me. That's when I forgot that I attracted them. That's when I'd forget that we agreed together before coming into this lifetime to help each other work on our stuff.

### WHAT CAN I LEARN FROM THIS?

Then I'd read some spiritual book and I'd meditate and I'd remember, "Oh, right, this is what it's all about!" Then I'd re-visit the situation in light of it being a lesson to find what I could learn from it. For me, many lessons early on had to do with teaching me acceptance, patience and self control. Teaching me I did not have to take personally anything anyone else did. I did not have to react to every word and behavior of someone else. I did not have to change anything. All I had to do was change myself.

### MAKING CHANGE

Hahaha we hear that a lot, "just change yourself" but what does that mean? That means that other people are going to do what they are going to do. We don't know their sad and lonely lives, we don't know their private pain. If they are acting ugly, believe me, they are stuck in an emotional situation they do not know they are in, much less know how to get out of.

### WHAT WOULD JESUS DO?

Would he talk about them behind their back to his friends and other co-workers and let everyone know how pissed off he was? Would he plot ways to get back at the offender? Or would he have some compassion for this person who is acting out of pain and not-knowingness?

### USE YOUR FREE WILL AS A TOOL

You hear people talking about free will as if it's an excuse, but it's actually a tool you can use if you recognize it as a tool. You can exert your will to discipline your mind. You can use your willpower to keep your emotions in check so you can see your life situations objectively. You can use your willpower to focus on what is true when your imagination runs away with you. You can exert your will to discipline yourself to choose what you want to observe and where you place your attention, rather than just being swept away by whatever appears in front of you.

### LOOK FOR WHAT'S GOING RIGHT

You don't go into **Publix** and just reach into the produce bin and grab a tomato. You take a moment and glance at what is in the bin and choose the one you want. And you can train yourself to do that with your thoughts and attention as well. Yes, there's a horrible car accident over there but as you say a quick prayer, look, help is on the way and the paramedics are well trained and the ambulance gets there fast and the emergency room is set up for just this kind of thing. You can train your thoughts to automatically look for what's good in any situation, it just takes practice.

### BLESS YOUR DETRACTORS

Or yes, your co-worker is a bitch and loves targeting you for torment and watching you react. But thank her for helping you make a decision to no longer be around that kind of behavior. Thank her for helping you realize this job may no longer be for you. In thanking her, you are training your thoughts to not only automatically remember what's good in the situation, but to learn the lesson and move past it.

### LOOK FOR WHO TO THANK

Or yes, your last boss laid everyone off without warning and then jerked everyone around about their final paychecks, but thank her for knocking you off the hamster wheel that was keeping you stuck anyway, and making you find another

*...continued on page 48..*



## THIS MONTH'S THOUGHTS ABOUT THINGS...

*...continued from page 47...*

job you like better. By looking for who you should thank for a situation, you are training your thoughts to automatically look for what's good, and that's good practice.

### GET OVER IT AND GET ON WITH IT

It's hard to not get caught up in the personality dramas of the ones you are around all day long, but with just a little willpower you can focus your attention on much better things and get a much better result. The benefit of working on it is so you can get past all the drama and get on with a much more fun and more expansive life. When your job or your life is becoming a tight fit and you feel the need to squeeze yourself out into more freedom and joy, you can do it the hard way or you can do it the easy way.

## HOW TO USE HORIZONS MAGAZINE TO CREATE YOUR OWN HORIZONS COMMUNITY GROUP

- Mark on your appointment book all of the events from the calendar you are interested in. That way, when the day comes and you're suddenly free, you know about it in time to go.

- Have friends over once a week to discuss articles and ideas. Use Horizons as a basis for creating spiritual community where you are. I especially enjoy discussing Alan Cohen's articles and the Abraham work.

- Find some out of town events and arrange a weekend jaunt with friends to attend new seminars, psychic fairs and discussion groups,



### DO IT THE HARD WAY

The hard way is by hating your job and complaining about it and just looking for another job. The problem with this way, is that the only things that will change are the location, names and faces. The problem will be the same. And they will keep being the same until you work the problem out with that person in the here and now, and learn that lesson and move past it.

### OR DO IT THE EASY WAY

The easy way is to know this and know it's a lesson. The easy way is to sit and write down (no, don't just think it, write it down, trust me) what you see the situations and problems are. Then consider this as a lesson plan and work on it.

### YOU CAN ASK YOURSELF THIS, FROM BYRON KATIE:

Does this thought bring peace or stress into your life?  
Where does your mind travel when you believe that thought?  
Whose business are you in when you think that thought?  
What do you get for holding onto that belief?  
Can you find a peaceful reason to keep that thought?  
What do you assume would happen if you didn't believe that thought?  
Who would you be without the thought?  
How would you live life differently if you didn't believe that thought? Close your eyes and imagine life without it.  
Imagine you are meeting this person for the very first time with no story. What do you see?  
Who are you right now, sitting here without that thought?  
If you lived this turnaround, what would you do, or how would you live your life, differently?

### FROM THIS MOMENT ON

The easy way would be to start right now with the intention that from now on, it's going to be different. And you're the reason it's going to be different. You're going to pretend it's the beginning of your job instead of the end and you're going to remember why you love it there. The customers like you, you make good money, the bosses appreciate you. The work used to be fun, the people used to be fun, remember those times and put yourself mentally in that place again.

### USE YOUR WILLPOWER

React to the coworkers as if you didn't know their life stories, their problems and complaints. React to that friendly, fun place you know they have with their own friends. Use your willpower to focus your attention on all these good (even if they are small and few) details. Use your willpower to make yourself act and react from an emotional place that says, "I know you can be friendly and fun, even though you aren't that way with me, so I'm going to pretend you're doing it anyway, just because it feels better to me when I do that."

*...continued on page 49...*



# THIS MONTH'S THOUGHTS ABOUT THINGS...

*...continued from page 48 ...*



## AN UPGRADE IS ON THE WAY

And when you pretend that, and when it begins to feel better, that means you are using your willpower effectively. And when you keep pretending that, and when it feels better, that is your signal that change for the better is on the way. That is your signal that either you will change jobs or she will change jobs or maybe everyone will just begin to get along and either way you win. And when you've worked it out, you don't drag your baggage to the next job, the lesson is over and done with when you leave this one.

## GETTING CAUGHT IN THE ILLUSION

I used to beat myself up for this back and forth, this remembering and then forgetting. Then I realized, this is the illusion. The knowing and the forgetting. This is the stuff of life: the remembering and the forgetting. I no longer beat myself up for forgetting, I just try to get the lesson quickly once I remember.

## WHAT MAKES ME FORGET?

What makes me forget? Allowing my thoughts to be controlled by whatever is moving or talking in front of me, with no time for personal reflection on my own. This can include tv and friends. Allowing my thoughts to just arise in response to external stimuli, and allowing myself to ponder those thoughts whether it's what I want to attract into my experience or not. Like allowing myself to get emotionally caught up in the sad stories of people I love because I "want to be there for them" so I listen when I know it doesn't serve either of us to do that. Getting caught up in those movies is what makes me forget. So when I do remember, I remind myself why would I want to spend a split second of my attention on anything that has nothing to do with my hopes and dreams and goals and wishes?

## ANOTHER EMAIL, ANOTHER TOPIC

A few months ago, a friend forwarded an article about "The Secret" and he wrote, "the article doesn't say that the **Law of Attraction** is invalid, but it says that all of one's mind has to work together in order to manifest the things or circumstances that one wants, and it is nearly impossible to control every part of one's mind." I found that to be just one example of what is misunderstood about "The Secret." **Rhonda Byrne** did a disservice in removing **Abraham-Hicks** from her movie, because without the Abraham-Hicks mate-

rial, questions remained unanswered and basic concepts are unclear. Byrne has an excellent marketing story and did a good job - when editing out the Hicks' involvement - of discovering earlier books on the topic and making them the focus. Without exception, however, all the teachers shown in the original (with Hicks) version of the movie were very familiar with the Abraham material and that was initially the common thread. And that part is no secret.

## IT'S REALLY NOT ALL THAT HARD

Abraham makes it clear we do NOT have to go through all the mental work to make anything happen. That in fact it is **IN THE VERY ACT** of the mental work that we encounter the most resistance, and resistance is always the **ONLY** thing **EVER** holding us from what we have identified we want.

## CAN'T ALWAYS IMPROVE THE ORIGINAL

Some teachers in the movie now have packaged up multi-cd programs costing thousands of dollars, and the material they sell can all be found for free at the **Abraham-Hicks** website. They are without exception all versions of processes taught by Abraham in the last 20 years, with added commentary.

This is clear to anyone who has followed the Abraham work through the years. This is clear to anyone in the media who knew any of the teachers involved in the movie at the time the segments were taped and as the project was being shopped prior to production. This is not a small group of people. Those involved all have staff and publicists (not to mention friends and relatives) who were eager to be "in the know" and have advance information and to share it with whoever they could. Something they may regret now that the 'official spin' is a completely different back story.

The result will be that for many people, the first they hear about 'the law of attraction' is through The Secret movie. They will have many unanswered questions. If they buy the affiliate books and cd programs, they will hear the added commentary, and the commentary reveals how much the authors actually have personally grasped the Abraham teaching. And surprisingly most miss the key component. Yes, even these brilliant teachers don't all really know "the secret".

I'm thrilled that **Abraham-Hicks** is finally - 20 years later - becoming popular with the mainstream media, as witnessed by their books and dvds: The Law of Attraction, The Secret Behind The Secret, The Astonishing Power of Emotions, Ask and It Is Given and The Amazing Power of Deliberate Intent. More recently, there has been an increase in the number of people other than **Esther and Jerry Hicks** who claim to channel **Abraham** and who advertise themselves as being available to those who are unable to schedule personal appointments with Esther, and unable to attend a Hicks' workshop.

*...continued on page 51...*

# SUGGESTED READING & LISTENING



**The Law of Attraction: Teachings of Abraham**  
by Esther and Jerry Hicks [www.abraham-hicks.com](http://www.abraham-hicks.com)

**Secrets of Spiritual Happiness** by Sharon Janis  
**Spirituality For Dummies** by Sharon Janis [www.sharonjanis.com](http://www.sharonjanis.com)

From [www.hayhouse.com](http://www.hayhouse.com)  
**Angel Medicine** by Doreen Virtue Ph.D  
**The Astonishing Power of Emotions** by Esther and Jerry Hicks

From [www.newworldlibrary.com](http://www.newworldlibrary.com)  
**Does It Matter** by Alan Watts  
**Hindu Altars: A Popup Gallery** by Robert Beer,  
Peter Weltevrede, Bruce Foster, Tad Wise

From [www.redwheelweiser.com](http://www.redwheelweiser.com)  
**Pure Magic** by Judika Illes  
**Let Go and Live in the Now** by Guy Finley  
**Crystal & Gemstones** by Daya Sarai Chocron  
**Life Changing Affirmations** by Vicky Thompson

From [www.beyondword.com](http://www.beyondword.com)  
**The Way of the Fertile Soul** by Randine Lewis Ph.D  
**The New Science of Getting Rich Wattles** by Ruth L. Miller  
**True Self True Wealth: A Pathway to Prosperity**  
by Peter Cole and Daisy Reese

**MUST SEE DVDs**  
**The Secret Movie** <http://thesecret.tv/>  
**The Secret Behind The Secret** [www.abraham-hicks.com](http://www.abraham-hicks.com)

From [www.soundings.com](http://www.soundings.com)  
**Wood Over Water** by Dean Evenson  
**Soundings of the Planet** by Soundings of the Planet  
**Eagle River** by Dean Evenson and Sounding Ensemble



## OUR MISSION STATEMENT

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

### OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life, and use our combined power to encourage each other in our personal visions, promoting social transformation.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience. We do this by our intentions, beliefs and expectations, by every thought we think and every word we speak.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation. Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, now.

We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise. So, if you read an article that touches your heart, or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss their offering with them. Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

*From my heart to yours,  
Andrea de Michaelis*



# THIS MONTH'S THOUGHTS ABOUT THINGS...

"I want to look back on my life and be giddy with joy that I was the one who got to live it."



...continued from page 49 ...

I've experienced several of these "Abraham" sessions and - for those who are afraid they are going to be singled out - don't worry, no one is. I simply have not found any of them to be so. Not that some don't have good information to repeat, and are sincere in wanting to help others understand the law of attraction. Their sessions however are mostly a monologue, a repetition of **Abraham-Hicks** words, although most of them can answer basic questions. Since I've attended and listened to hundreds of hours of Abraham-Hicks programs and workshops in the past 10 years. I know the Abraham material very well and work with it personally every day. And I have never experienced anyone who even comes close to bringing forth **Abraham** except **Esther Hicks**.

In workshops through the years, several who stood up to ask a question have said they felt the presence of Abraham and felt they were channeling Abraham at some point and, through Esther, Abraham agrees we all have access to receive the same information.

Some took that as confirmation that they should begin offering Abraham readings to other people and through the years I have experienced many of those as well, and some are friends. For each one, they lacked the fluidity of speech, the quick instant response, the crystal clear message. I'm not saying these are pretenders or wanna-be's. I can't know what everyone's motivations are. I'm saying, it's my experience that if I want the **Abraham** message, **Esther Hicks** presents it like none other.

## WHY AM I EVEN WRITING ABOUT THIS???

I am writing about this because I have received so many inquiries asking what I think. So, for those of you seeking to more fully understand the law of attraction, do yourself a favor and visit [www.Abraham-hicks.com](http://www.Abraham-hicks.com) and read all the free information on their site. Read their books and listen to their cds. Don't get sidetracked by anyone using the name "Abraham" to market what they do. If someone has sincere and valid knowledge, they will attract to themselves the ones who are ready to receive their information. They don't need to market themselves as being a channel for Abraham or the Apostle Luke or a green chihuahua named Shirley. They don't need to name names.

The more I learned about how "the spirit world" works, the more I understood why - as your consciousness evolves and you gain more and more knowledge - individual names and identities are unnecessary and just serve to get in the way and confuse your thinking. It takes your

focus off the message and puts it on the personality of the purported guide. And that's not the purpose of a reading, is it?

The purpose of a reading usually has to do with gaining information to learn how to successfully navigate through the world you are living in now, to attain soul growth and learn to live so that you can make the most of what you have.

You may have questions about a particular area of your life and you don't understand what the repeating behavior or thoughts are that are causing this to keep happening to you.

You may be in a relationship with an uncommunicative partner and you have questions you'd like answered, since she won't talk with you about it. You don't need to receive the answers from some famous channelled entity, you would just like some straightforward, truthful answers.

And if you agree, then you're in luck:

I just placed a new **Free Directory of Psychics** on the website at [www.horizonsmagazine.com](http://www.horizonsmagazine.com) Click on the last link that says **Psychic Readers in Florida**. This list will grow as I make time to work on it.

And correct, I am not on the list. I've just scheduled myself through as much of next year as I want to work for now, so thanks for all the appointments. If there is someone you know who is an honest and accurate reader, send me their name or ask them to email me.

Enjoy our offering this month.  
Life is good! Hari Om

**ACHIEVING SATORI:**  
**SEMINARS AT SEA**  
Presents  
**"Living Life in The Divine Flow"**  
AN EMPOWERING GATHERING AT SEA!  
With Top Selling Spiritual Author  
**STEVEN LANE TAYLOR**  
[www.rowrowrow.com](http://www.rowrowrow.com)

JAN 21 - JAN 25 2008  
4 NIGHT BAHAMAS CRUISE  
SOVEREIGN OF THE SEAS

  
Get out there!  
Country of Registry, Bahamas

"Stop Struggling with Life & Start Living Life as it is Meant to be Lived ~ Effortlessly & Joyfully!"

 **CALL TODAY To Reserve Your StateRoom**  
**888-278-0270 or 866-998-5757**  
**AchievingSatoriSeminarsAtSea.com**  
Seller of Travel Numbers: CST 2015021-50, WA 601938728, IA 649, FL 81-35832, NV 2005-0072



*Andrea*



Barbara Lee is a Reiki Master Teacher, Psychic and Professional Astrologer. She offers phone consultations and a state of the art astrological chart service with six types of computerized reports available. Barbara can be reached at 1-208-773-7822 and at P.O.Box 3427 Post Falls, Idaho 83877 and on the web at [www.IntuitiveReflections.com](http://www.IntuitiveReflections.com), or by email at [barbaralee21@verizon.net](mailto:barbaralee21@verizon.net)



**Aries: March 20 to April 19/20 "I Am".** This time of year I would hold off on any extravagant purchases until the beginning of the year. Your Mars nature would rather act first then think later. November 20th is not a time to push the river, but November 21st is a better day to get things accomplished. All in all, the Universe would like for you to be clear with what is important to you.

**Taurus: April 19/20 to May 20/21 "I Have".** Still doing a bit of short term travel lately, just remember to check your car over with discerning eyes. We all know what a perfectionist you can be when it comes to your car. Avoid using the magnifying glass on your loved ones. They know when you bring it out, it is your frustration with yourself. Focus and a steady mind will go a long way when it comes to accomplishing your heart's desire.



Psychic & Astrological  
Phone consultations  
Astrological Chart Service

Order a Natal Report and receive a  
one month Transit Report FREE

## Barbara Lee

208-773-7822

Visa / MC accepted  
Email [barbaralee21@verizon.net](mailto:barbaralee21@verizon.net)    [www.IntuitiveReflections.com](http://www.IntuitiveReflections.com)

## HOROSCOPES FOR

**Gemini: May 20/21 to June 21 "I Think".** You are at a place in your life where you will re-establish your roots in the world. Because of the 7 year itch you are in, your lesson is to learn patience. The Full Moon in Gemini on November 24th is a new start for you. You know where you have been and now know where you want to go. One step at a time with a smile and a helping hand will get you far in life.

**Cancer: June 21 to July 22 "I Feel".** Transiting Mars is really doing a number on you lately, by activating your desire principle. You will be extremely sensitive to energy well into early spring of 2008. Just remember the difference between you and others. In other words, don't take on other people's emotions. Also be aware that the holidays are more prone for people to be depressed. You may be called upon to help some one in need.

**Leo: July 22 to August 22/23 "I Will".** At this time in your life what matters most to you is being in love and having lots of fun with your friends and family. As Winter approaches, you will turn your focus more inward to access your creative center. Something huge is coming soon that you will have to be emotionally in tune to spot the knock at the door. This is where your creativity will come in handy.

**Virgo: August 22/23 to September 22/23 "I Analyze".** Your relationship issues will come up to the surface for you to take a good look at. Everything we do for others we do for ourselves. If you enjoy receiving gifts, you may be one that also enjoys giving them. Your ability to be discerning can push your loved ones away. What you have to remember is that when you are unhappy with yourself, don't take it out on others. Change yourself first before you expect others to dance to the beat of your drum. They hear a different beat.

**Libra: September 22/23 to October 23 "I Balance".** Oh boy, what side of your brain do you listen to now? Transiting Retrograde Mercury since October 13th in Scorpio finally goes Direct November 2nd in Libra, and will be out of the shadow, (the degree Mercury went retrograde at 8 degrees Scorpio) on November 18th 2007. Don't make any major decisions until after that date. But until then expect indecisiveness. Stay in peace is the key.



# NOVEMBER 2007

## **Scorpio: October 23 to November 22 "I Create".**

A New Moon in Scorpio on November 9th will assist you on many levels to clear out the old and bring in the new. Transiting Uranus in Pisces and transiting Mars in Cancer make a Grand trine with your Sun in Scorpio helping you access your psychic ability. You will come to know things and wonder how. The lesson is to be brave enough to trust yourself.

**Sagittarius: November 22 to December 21 "I Perceive".** You are flying high with a positive attitude because of transiting Jupiter (the ruler of your sign) in Sagittarius. Your focus will be more on the super conscious mind as well as searching for the meaning of life as you expand your awareness of everything and everyone around you. This month you may be prone to reinvent your work habits to increase corporate profits. Trust in your ability to make lots of money.

**Capricorn: December 21 to January 19/20 "I Use".** Your friendships are under reconstruction. As your vibration changes, so will the people that will be called your friends. As old ones leave your life gracefully or not, new ones will take their place. The key to a happy social life is to be happy yourself, because you are happy you will attract others of like mind. Be willing to show love and kindness to all you come in contact with.

**Aquarius: January 19/20 to February 18 "I Know".** With transiting Neptune on your Sun sign you may be feeling a little spaced out at times, kind of like a time warp. The Universe is wanting you to be in tune with the deepest aspects of yourself. Yoga and Meditation will take the pressure off of living when the details become too overwhelming. It will be very important to take care of yourself during these busy Holidays.

**Pisces: February 18 to March 20 "I Believe".** Be mindful of how you respond to life, too much emotionally overreaction drains your body and dissipates your energy. You have the choice to be a doer or a server. Serve or suffer is the motto. As this year quickly comes to a close take time to look back at all you have accomplished, and prepare for your prosperous future. Your life is up to you so make the most of it!

## *Tap Into Your Intuition and Build the Power Within ... with "Dr. Orloff's Living Room Series"*

*Learn to interpret dreams, tap into  
your intuition and protect your  
energy from draining people*

... in free video mini-courses on YouTube.

### *Welcome to Dr. Judith Orloff's Living Room!*



**Judith Orloff, M.D.** is offering a special yearlong series of FREE video mini-courses on youtube.com

based on the materials in her best-selling books, *Guide to Intuitive Healing*, *Positive Energy and Second Sight*. In "Dr. Orloff's Living Room Series," the renowned psychiatrist and intuition expert will help you build the power within, offering expert information you can immediately put to use in your life!

### **Videos ( 2-10 minutes long) include:**

The Art of Remembering and Interpreting Dreams  
How to Tap Into Your Intuition  
The Sacredness of Energy  
Combat Draining People  
How to Protect Your Energy  
in an Overwhelming World

Dr. Orloff synthesizes the pearls of traditional medicine with cutting edge knowledge of intuition and energy. She passionately believes that the future of medicine involves integrating all this wisdom to achieve emotional freedom and total wellness.



Go to [www.youtube.com/judithorloffmd](http://www.youtube.com/judithorloffmd) and enjoy the mini-courses that are now showing. Learn when new courses are posted and find more inspiration by subscribing to her free E-newsletter at [www.drjudithorloff.com](http://www.drjudithorloff.com)



## *Predictive Astrology for Spiritual Transformation*

### **UNLOCK THE FUTURE.**

What should I be doing with my life?

### **WHAT ARE THE POTENTIALS?**

Newborn • Birthday • Wedding

### **WHAT ARE THE REASONS?**

Death • Health • Accident • Loss

## **UNCOVER YOUR SOUL'S MISSION**

Knowing which planets are affecting you each month brings insight into what area of life you're working on spiritually and gives you guidance to overcome challenges

### WHAT WILL A TRANSIT CHART TELL ME?

This report describes future trends, particularly psychological and environmental changes you are likely to encounter. **What cycle are you in?** This report will show you where planets are NOW, where they are headed **and how to make the most of it.**



### **NATAL/BIRTH REPORT**

Character analysis unlike you've seen before, revealing strengths, talents, abilities, potential challenges and blind spots, pointing you toward your soul's mission in this lifetime

## **ARE YOU A PERFECT MATCH?**

Lover/Friend Compatibility Chart \$22

### **NEW! ... NOW EVEN MORE DETAILED!**

Are You interested in ...understanding how you relate  
...what attracts you to each other?  
...how to heat up your love life using the power of the planets?

**NEW!** A Comparison that shows you how to harmonize with each other

**NEW!** Major Themes in the Relationship:  
What Brought You Together

**NEW!** Destiny of your relationship and themes of romance and sexual attraction.

**DISCOVER** your Compatibility with a friend, lover, boss, family member - anyone!

### **IS THIS A SOUL-MATE OR KARMA-MATE? UNFINISHED BUSINESS?**

**UNCOVER** your strengths, challenges, possible past lives together. What can you expect to face this time around?

**EVALUATE** a potential business client.  
Impress your new date.

**WORK OUT** the pros & cons of a partnership, merger, contract.

*What is your soul's mission  
this time around?*



## **SOUL CENTERED ASTROLOGY REPORTS**

*by Andrea de Michaelis*

**321-722-2100**

### **Choose from 3 reports:**

**\$22 Natal Birth Report**

**\$22 Transit Chart Report**

**\$22 Lover/Friend Comparability**

**ONLY \$22**

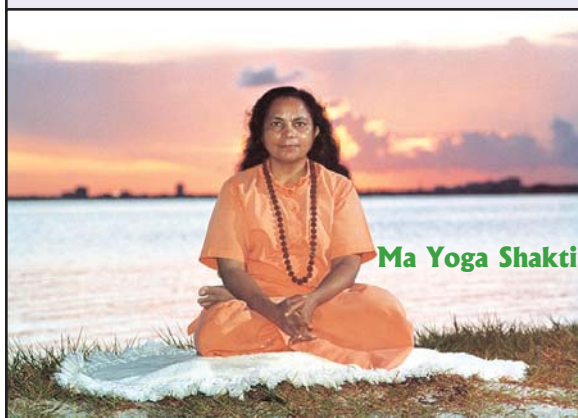


Email [Horizonsmagazine@aol.com](mailto:Horizonsmagazine@aol.com)

[www.horizonsmagazine.com](http://www.horizonsmagazine.com)



# YOGA SHAKTI MISSION



Ma Yoga Shakti

**Sundays 9-10am**  
**Sunshine Lectures**  
*Talks on Spiritual Topics*

**First Saturday of**  
**month at noon**  
*Vegetarian luncheon \$7*

## YOGA CLASSES

\$7 Per Class  
\$25/mo unlimited  
evening classes

### Monday

Gajendra - 7:00-8:00 p.m.

### Tuesday

Maryann and Jim Loafman  
7:00-8:00 pm

### Thursday

Val Anderson  
9 -10 am

### Thursday

Chip & Shyama  
Iacona  
7-8 pm

### Full Moon Puja

Satya Narayan Katha

*Bring Fruit, Flowers  
and a Pure Heart*  
5 pm on Oct 26, Nov 23

### Ramayan Chanting

Sundays 10:15-11:15 am

### Bhajans/Kirtans

First Wednesday of Month  
6.45- 7 45 PM

*Christmas  
Pageant  
Dec. 22nd  
at noon*

**SIGN UP  
NOW FOR  
NEW YEAR'S  
RETREAT WITH  
MA YOGA SHAKTI**

**DECEMBER 28-30, 2007**



*The Last week of  
November and first  
week of December  
MA YOGA SHAKTI  
will teach a series of  
classes on Patanjali's  
Yog Darshan*



## YOGA SHAKTI MISSION

3895 Hield Rd NW  
Palm Bay

**321-725-4024**

yogashaktipb@yahoo.com  
www.yogashakti.org

## BOOKS BY MA YOGA SHAKTI

Yoga Syzygy Guide to Hatha Yoga \$15  
Techniques of Meditation to Enhance  
Mind Power \$10  
Shri Satya Narayana Katha \$5  
Hanumaan Chalisa \$5  
A Spiritual Message \$5  
The Seven Invisible Psychic Lotuses \$10  
Yoga Aasana Chart \$2  
Chandogya Upanishad \$5



HORIZONS MAGAZINE  
575 Escarole Street S.E.  
Palm Bay, FL 32909-4802  
321-722-2100



As hopeless as any situation feels, it's really only your thoughts that you're dealing with.  
And you have the power to change those. Louise Hay

8th Annual



Produced by  
Conscious Living  
**Partnership™**

## Taking Conscious Living To Heart

Over 100 exhibitors  
Over 50 workshops

Personal Growth • Metaphysics • Holistic Wellness Centers • Zen • Reiki • Angels • Animal Communication  
Visionary Art & Handcrafts • Feng Shui • Crystal & Jewelry • Intuitive Counselors • Health Products  
Acupuncture • Yoga • Raw Food • Skin Care • Energy Treatments • Massage • Environmental Resources



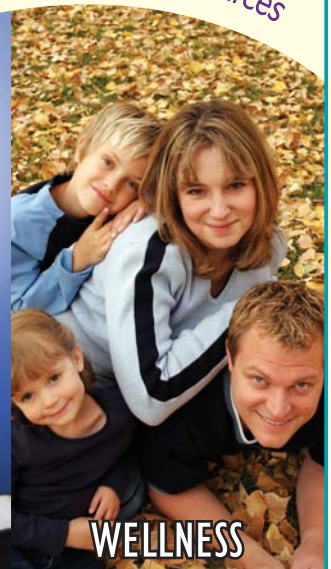
YOGA



RAW FOOD



SUSTAIN ABILITY



WELLNESS

**Sunday, February 24, 2008**  
**Broward Convention Center**  
**Fort Lauderdale, Florida**  
**888-292-1116 • [www.ExpoofHeart.com](http://www.ExpoofHeart.com)**

CLP members receive 25% discount of entry fee.

*Our Sponsors:*



**Jill Dahne**  
World Renowned Love Psychic

**natural**  
awakenings®  
HEALTHY LIVING MAGAZINE  
BROWARD COUNTY