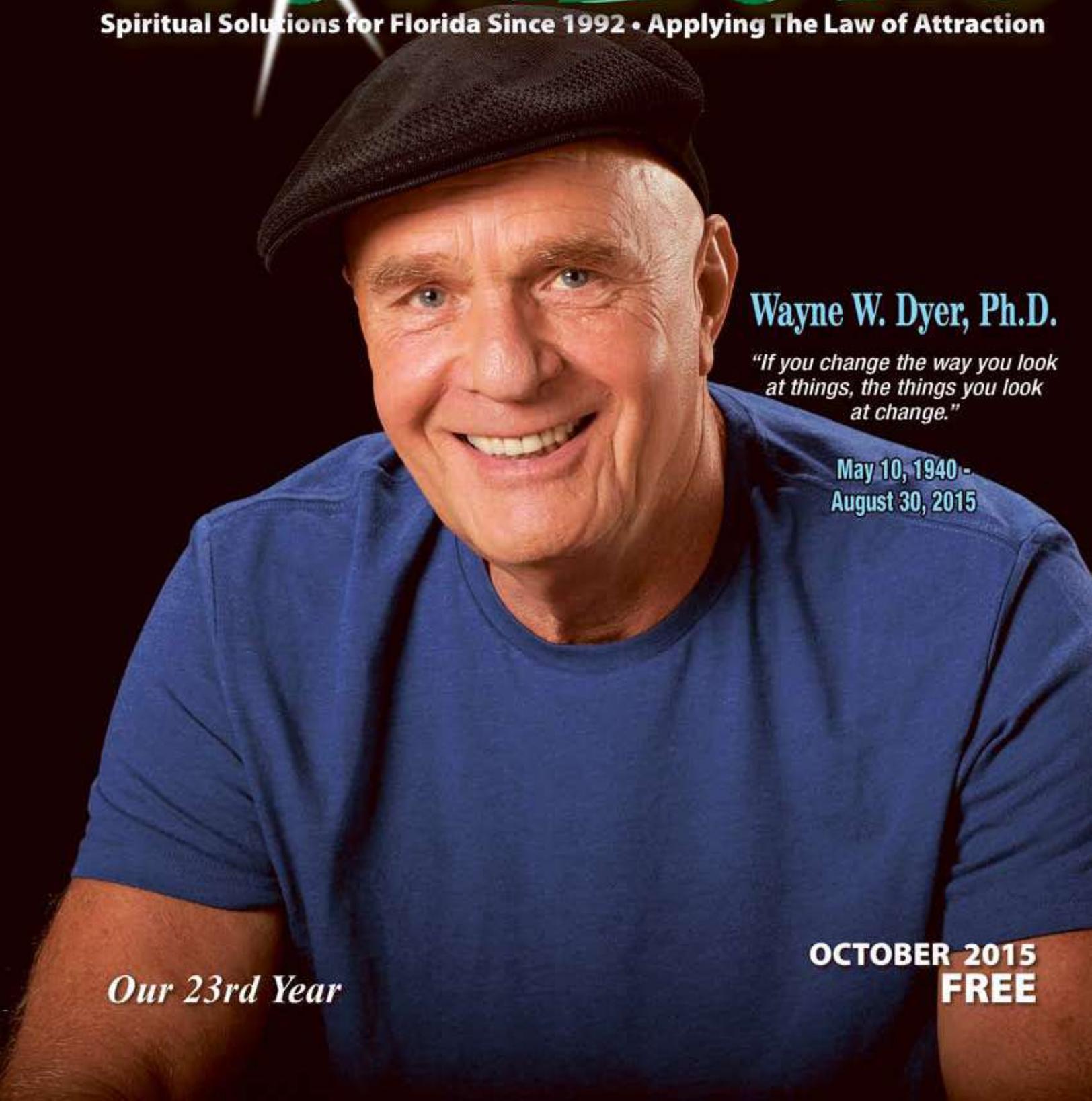


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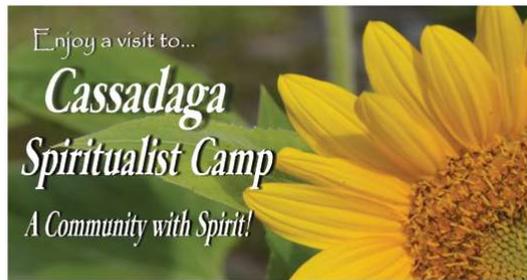
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10:00am**

*Rev. Beth Head welcomes you*

**Join us in 2015 ~ A Journey of Spiritual Discovery**

**Sunday Oct. 4th 10:00 AM**

**Rev. Therese Lee "I Am An Instrument"**

Bring a picture of your pet to church and Rev. Therese will do a blessing of the animals as part of our Sunday Service.

**Family Day October 9th Boo at the Zoo 5:30-9pm**

For children of all ages.

**Sunday Oct 11 10:00 AM Rev. Lauri Gist "In Her Words"**

How I found health by Myrtle Fillmore (co-founder of Unity).

**Sound Journey facilitated by Janine Chimera, CMP**

**6-7pm Sunday, October 11th**

A Sound Journey is an experience created through the use of sounds in a positive, loving, and healing environment. This sound bath is like meditation, it calms and decreases stress. Have a personal experience unlike you've ever had before. You may sit in a chair or bring a mat, pillow and blanket to get comfortable on the floor. (This event is not suited for young children.)

**Meditation with Jenny Tuesday 10/13 and 10/27 7:00 pm**

Join us for an EPIC Renewal guided group meditation session helping to renew External Peace and Internal Calm! Love offering

**The Untethered Soul – book by Michael A Singer**

**Our exploration begins Sunday October 18th**

**Rev. Roxanne Graves "Life is a Dream"**

Our Exploration continues with the following activities  
Adult Discussion Group facilitated by Paul Esche and  
Suzette Kachmaryk Sundays after service.

**7-week Classes facilitated by Maggie Roche, LUT.**

The morning class begins Tuesday, 10/20 at 9:45 am  
and the evening class begins Wed, 10/21 at 6:45 pm.

**Men's Group Thursday evenings 10/22 at 7pm.**

**Monday October 19th 6:30 pm**

**Prosperity Plus 2 Facilitated by Tim Hall**

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**Second and 4th Tuesdays**  
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**Second Friday Night**

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# HORIZONS

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Andrea de Michaelis



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"And the day came when  
the risk to remain fight in  
a bud was more painful...  
than the risk it took to  
blossom." Anais Nin



**Horizons thanks  
everyone willing  
to take the risk**

**HORIZONS MAGAZINE** is distributed **FREE** each month to 200+ bookstores and health food stores throughout Florida, as well as by subscription. **HORIZONS** is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

**ARTICLE SUBMISSION:** You may submit articles of up to 900 words on any area of personal growth and practical spirituality to [HorizonsMagazine@aol.com](mailto:HorizonsMagazine@aol.com). Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and paid for.

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- 2. Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
- 3. Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.
- 4. Dominion.** I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
- 5. I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.
- 6. I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
- 7. Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
- 8. Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
- 9. Persistence.** I persist through faith. I maintain focus and discipline.
- 10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
- 11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
- 12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.



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 YOU CAN IMAGINE**



Andrea de Michaelis  
Publisher

# THIS MONTH'S THOUGHTS ABOUT THINGS...

"In the company of one who is living Love, you can't help but spring into that Love." - Sri Sri Ravi Shankar

**Hello and welcome to the October 2015 edition of Horizons Magazine.** Dr. Wayne Dyer died. He was an internationally renowned author and speaker in the field of self-development and spiritual growth, author of 40+ books and on the *New York Times* bestseller list 20+ times. His complete obituary is on page 8. On page 11, **Serena Dyer Pisoni** shares a letter she wrote her father in 2012, which her sister Skye made into a song, *Thank You*. On page 28, **Serena** shares some personal notes about her Dad. On page 16, **Saje Dyer** and **Serena Dyer Pisoni** write to please spread the message of *no trace of leukemia* for their father. When **Dyer** was diagnosed with leukemia, they were told his particular type was incurable. However he always believed he had cured himself through spiritual healings and positive belief. This is confirmation that everything he said and believed was true. Sometimes when you check out of your physical body, your work takes on a new dimension. I'm sure that's so for **Dr. Dyer**. I always enjoyed hearing him speak. He was clearly excited about the work he did, and his enthusiasm was contagious.

**Why you should find something to be excited about**  
I'd love to be as motivated as **Wayne Dyer**, and as full of vision. I am excited about my work though, and I do consider it a mission. There's a good reason to find something to be excited about, something to look forward to. When you look forward to something and then achieve it and feel satisfaction literally wash over you, that's a dopamine rush in your brain. It was while studying the limbic system (our emotional brain) that I came to understand why I like doing research. It's the same reason some people like to play online games, which I always thought seemed boring. By activating the seek and find mechanism in playing the game - or researching our topic - we stimulate dopamine production in the brain, giving us a natural high. So if you've been in a slump, find something to be excited about, something to look forward to. Do a little research and make a list of what might be fun or interesting to check into. Include physical activities as well as online interests. Re-reading your list will remind you of what you like. Getting in person with new people will activate the brain neurons. New people = new things to think about. New things to think about begins an entire new life for you. Nice to know you're in charge of what you spend your time thinking about!

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**QUESTION: When I'm all happy, how can someone burst my happy bubble?** I was asked, "When I'm all happy and content, how can someone come along and burst my happy bubble?"

**ANSWER:** Because mindfulness is a moment by moment choice. The grouchy ones will be just a passing blip on the screen of your life, unless you detain them and flood them with power-giving attention. If someone irks you, that just means you've let your focus wander. Get your self talk back under control and your aggravation will soon drop. You'll notice your pain is caused, not when a troublesome thought surfaces, but by your conscious choice to follow the troublesome thought. By your conscious choice to re-activate your pain by staying on the topic both in your mind and with your friends. *Stop being ticked at anyone you think can steal your happiness. They don't have that much power over you until you give them power by your repeated thoughts and words. They were just a passing blip on the screen of your life, until you detained them by giving them attention.* Enjoy our offering this month.  
Hari Om.

Andrea

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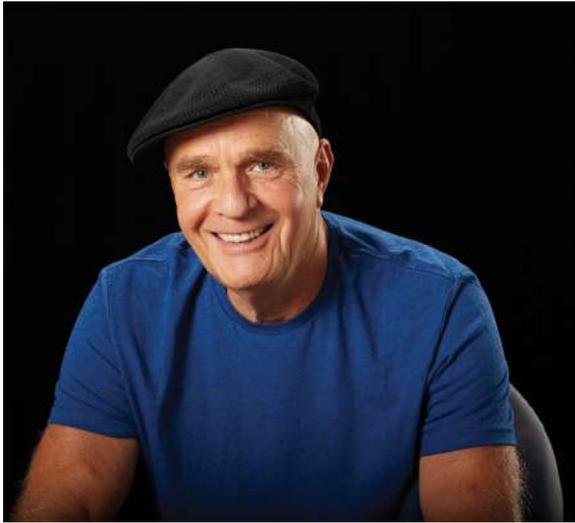
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# OBITUARY

## Wayne W. Dyer, Ph.D



### Wayne W. Dyer, Ph.D., was an internationally renowned author and speaker in the field of self-development and spiritual growth.

Over the span of his four-decade career, he wrote 42 books, 21 of which became *New York Times* bestsellers, and this wide readership earned him the affectionate nickname of “the father of motivation” among his fans. Dr. Dyer’s message reached across all markets, generations, and cultures. Even though the self-help industry has seen many new thought leaders emerge in recent years, Dr. Dyer continued to be a pioneer in this ever-expanding field up until his passing.

Born and raised in Detroit, Michigan, Dr. Dyer earned his doctorate in educational counseling from Wayne State University before serving as a professor at St. John’s University in New York. Through his early work as a college educator, and as a clinical psychologist, he discovered the need to make the principles of self-discovery and personal growth available to the general public. In 1976 he began his career as an author by traveling the country selling his first book, *Your Erroneous Zones*, from the trunk of his car—a book that went on to become one of the best-selling books of all time, with more than 60 million copies sold, printings in 47 languages, and 64 weeks spent on the *New York Times* bestseller list. Its success landed Dr. Dyer on *The Tonight Show* with Johnny Carson—a dream of Dr. Dyer’s since childhood—a total of 37 times.

After publishing a string of best-selling books on the practical psychology of self-improvement, Dr. Dyer felt a shift in his thinking that led him to explore the spiritual aspects of human experience. “My purpose is to help people look at themselves and begin to shift their concepts,” Dr. Dyer said at the time. “Remember, we are not our country, our race, or religion. We are eternal spirits. Seeing ourselves as spiritual beings without label is a way to transform the world and reach a sacred place for all of humanity.”

In 1993, Dr. Dyer began publishing books with Hay House and quickly became one of the cornerstones of the company. “Wayne and I spoke on the phone every day,” said Reid Tracy, President and CEO of Hay House, Inc. “I will forever cherish our conversations. We began as publisher and author, and that relationship blossomed into a great friendship. That’s no surprise, since Wayne was always ready to connect on a deeper level with everyone he met. Hay House would not have become what it is today without Dr. Wayne Dyer, and we are forever grateful and proud to be the stewards of his legacy. We will do everything we can to share his work with the people who can most benefit from it. That’s what he would have wanted most.”

Dr. Dyer created several audio programs and videos, and appeared on thousands of television and radio shows over the course of his career. His books *Manifest Your Destiny*, *Wisdom of the Ages*, *There’s a Spiritual Solution to Every Problem*, and the *New York Times* bestsellers *10 Secrets for Success and Inner Peace*, *The Power of Intention, Inspiration, Change Your Thoughts—Change Your Life*, *Excuses Begone!*, *Wishes Fulfilled*, and *I Can See Clearly Now* have all been featured as PBS specials, raising over \$200 million for public television stations nationwide and making Dr. Dyer one of PBS’s most successful fund-raisers. This philanthropic spirit was intrinsic to Dr. Dyer, as illustrated by his charitable contributions to his alma mater, *Wayne State University*, which totaled more than \$1 million.

Dr. Dyer’s first feature film, *The Shift*, was released in 2009, followed in 2012 by the autobiographical film, *My Greatest Teacher*. The second film dramatized a defining moment in Dyer’s life, when he had visited the grave of his father, who had abandoned him as a young boy. While the intention that day had been to exact some form of vengeance on the man Dyer felt had sent him down a dark path of rage and alcoholism, at the gravesite Dr. Dyer was overcome by inexplicable feelings of love and forgiveness. He credited this experience with changing the trajectory of his life. The date of this experience was August 30, 1974. On the exact same day, 41 years later, Dr. Dyer passed on.

Beyond this formative experience with his father, Dr. Dyer counted among his teachers St. Francis of Assisi, Lao Tzu, Rumi, Carl Jung, and Abraham Maslow. And Dr. Dyer himself acted as a teacher and mentor to emerging authors in his field, such as Anita Moorjani, Scarlett Lewis, and Dana Liesegang.

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...continued on page 27

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Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Author of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and NY Times Best Seller, Money and the Law of Attraction, visit [www.abraham-hicks.com](http://www.abraham-hicks.com).

**GUEST: I've heard you talk an a lot about death. The thing that I'm not complete with, is the actual process of the transition itself.** If I think about drowning or falling out of an airplane, I'm not comfortable with that.

**ABRAHAM:** Do you ever have a bad dream? [Yes] And do you ever wake up right in the middle of it? [Yes] That's what death is like in those "horrible" situations you just described. In other words, right in the middle of something that you feel would be abhorrent or intolerable, you wake up into the reality of who you really are -- And it is like a distant dream that is not in your now.

**GUEST: So I'll wake up before it's so bad I can't stand it?**

**ABRAHAM:** Always, every single time, without exception. Anytime you try to superimpose how you would feel in a given situation, you are distorting. But it is our promise to you that when that time is there for you, that the transition is very quick. The problem with most people is that they worry about death. They're pushing very hard against it. Death is not seen by most of you as the natural thing, or as the glorious, good transitioning thing that it is.

If we were standing in your physical shoes we would begin saying, on a regular basis, *"I love this physical experience. And as long as there are things that are drawing my attention, and as long as I am able to allow the Energy to flow through me, I want to run rambunctiously in this physical body. I want a long, healthy, happy physical experience. And when there are no longer things that are calling me, I will make my transition quickly."*

in the moment that you spend time saying, *"Well, I'm really not interested in that, and I'm really not interested in that,"* and you are not able to muster something that is summoning life through you, your Inner Being always says, *"Well there's plenty going on here, come on with us."* So there is a with-drawal of your consciousness from here -- just like getting up and walking out of a movie that's no longer pleasing you, or leaving a conversation that doesn't feel good any more. But your consciousness does not miss a beat.

You are eternal beings. You walk into this room, you all come willingly, and yet you have not committed your life to being in this room. In a few hours you're going to get up and you're going to walk out of here. And everybody's going to say, that's just fine. And yet, when somebody makes their transition which is no different than that, they just withdraw their attention from one room and give their attention to another room -- you all act like it's the end of the world.



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Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. Visit [www.herbcorner.net](http://www.herbcorner.net) 321-757-7522

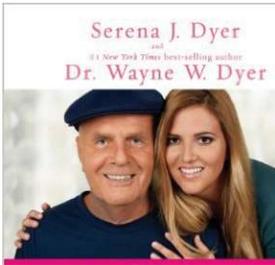
## Brain Boosting Benefits of Turmeric

The most serious loss of cognitive function is Alzheimer's disease (AD) considered the most common cause of dementia affecting millions world-wide. Alzheimer's is caused by a protein fragment called amyloid-B accumulating in the brain. This produces inflammation and oxidative stress resulting in plaque between nerve cells, which disrupts brain functions. As this plaque builds, the ability to make good judgments and quick decisions along with the ability to learn new information decreases. Amyloid build-up happens to everyone as we age. By age 65 it is estimated that 1-in-every-8 Americans will have AD and by age 80 it goes up to 1-in-every-2 Americans.

If you are concerned about the health of your brain as you age, you may want to consider Turmeric. The powder from the tuber of this root is related to the ginger family and contains strong antioxidant and anti-inflammatory properties. For over 5000 years Turmeric has been used for both cooking and for medicine in the Indian culture where the number of AD patients is 25% lower than in the U.S. According to Stem Cell Research, this common curry ingredient has been found to boost the brains ability to heal itself. This may be due to Turmeric's ability to remove toxic heavy metals like aluminum, copper or iron that add to the oxidative damage and binds to amyloid-B proteins so they can no longer form plaque. Research has found that people who took Turmeric on a daily basis maintained better mental acuity and experienced reduced cognitive decline.

Curcumin, the main active constituent of Turmeric, gives it its strong antioxidant property, making it useful in the removal and protective role against cell damage caused by amyloid-B plaque buildup -- the main problem with dementia and AD patients. Turmeric also contains tumerones, curlone, alpha-santalene and curcuminoids. Together they help the body in breaking down beta-amyloid plaque better because combined they have even greater antioxidant potential. German studies found the compound aromatic-turmerone-a to be beneficial to nerve cell growth in the brain helping it repair nerve damage. Studies were done finding that taking 1 gram of Turmeric daily for 3 months showed improvement when working with AD. When combined with Vitamin D3 and black pepper, Turmeric's bioavailability increases. To get a greater benefit from Turmeric, it should be taken with a bit of fat like omega-3, foods with fat like butter on your morning toast or cream in your coffee. Turmeric is fat soluble, which means it is better absorbed with a fat for greater absorbability through the intestines. For more on the benefits of Turmeric, check out GreenMedInfo.com database, it provides a wide range of published information on Turmeric's benefits concerning AD.

# Serena Pisoni Dyer: A letter to my father Wayne Dyer



**In the Fall of 2012, I wrote a letter to my father, Dr. Wayne Dyer, letting him know how grateful I am to have him as a dad.**

Since that time, my sister **Skye** and her musical partner **Alex Woodard** wrote a song out of the letter that they now perform all over the country. Then, in September of 2013, some of my family and I traveled to San Diego for my dad to film his most recent PBS show, and my Dad asked me to read the letter to him during the show.

It was a great honor and I am thrilled to be part of this new PBS special which came out yesterday. When I wrote this letter, my intention was to do something special for the man who does so many special things for me. I never realized it would be read all over the place! I have realized that writing someone a letter of love and gratitude is a beautiful experience for both the writer and the receiver. I plan to continue writing love letters to the people in my life that I truly love so much.

*Dad, Today I sat behind you in Ephesus, Turkey while you gave a lecture to a few hundred people who had traveled from all over the world to hear you speak. I was overcome with emotion as I saw you standing there, fulfilling your dharma while touching the lives of so many. I know you as my father, but you have always been a teacher to me as well. You have taught me that the solutions to all of life's problems are inside of me, and that I only had to go within, be silent, present and know that all is well.*

*You never told me how to live or what to think or what to believe in. Instead, you showed me how to make each step a prayer and each word a word of love. You taught me about Rumi, St. Francis, Hafiz, Jesus, Buddha, Krishna, Mohammed, St. Germaine, Neville and so many others. You taught me to believe in magic and miracles, and you showed me how to be in awe of the awesome world we live in.*

*Since the time I was brought into this world, I knew that I was safe to be exactly as I was, and that whoever I was, I was a perfect creation of God. You told me that I was God and that it was God that looks out from behind my eyes. I learned from you that I was the master of my own fate, the creator of my destiny.*

*Of all the lessons I have learned the thing that hit me hardest was when you said that I AM GOD. Could I really be a spark of God, a perfect creation put here on Earth with a purpose?*



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*You say this all the time, but I have always struggled with it, especially since school and society were telling me otherwise.*

*I doubted myself, felt inferior and worried that I needed to apologize to something for even contemplating this idea. I have felt unworthy, undeserved and unsure. Although you gave me great tools, I still had to figure out how to use them on my own. Now I understand that God is love, God is beauty and God is truth. You told me I came from an infinite space of perfection and that I will return to it one day too. Slowly I am beginning to understand.*

*People love you so much, and yet to me you have always been Dad. You drove me to school each morning, you taught me how to swim and ride a bike, you read me stories and you came to all my plays. As I have grown, you have encouraged me to follow my dharma and go after whatever it is that excites me. You believe in me Dad and I love you so much for that.*

*What do you say to someone that gave you life and then showed you how to live it? You say thank you, thank you, thank you. -Serena*

# SAJE DYER AND SERENA DYER PISONI:



Photo Credit: Whipps Photography

## PLEASE SPREAD THE MESSAGE OF NO TRACE OF LEUKEMIA FOR THEIR FATHER DR. WAYNE DYER

**Saje Dyer, daughter of Dr. Wayne W. Dyer, writes: "I am so proud and awed to announce that after the autopsy that was performed on my Dad to discover the cause of death, we were told that there was absolutely no trace of Leukemia.** When he was diagnosed with Leukemia we were told that this particular type was incurable. However he always believed that he had cured himself through spiritual healings and positive belief. This is confirmation that everything he said and believed was true. Many people have been saying that he should have treated his Leukemia and that he would probably still be alive today had he done so. Please spread the word that this is not the case because I feel it is an insult to his memory and to his life's work to say that he passed away due to his Leukemia."

His daughter **Serena Dyer Pisoni** writes, "I would like to clarify something, so please spread this message. My dad died of a heart related issue. The result of the autopsy showed that there was NO leukemia in his body or in his blood. He believed he had healed himself of this disease and he was right, the doctor confirmed to us he did not have it.

So many people are writing to ask why he didn't treat his leukemia, even indicating it was selfish of him not to, but he knew he did not have it, and it was NOT his cause of death. I want to make this point because my dad lived and breathed the idea that we could heal ourselves of anything, including leukemia, and so many people who follow his teachings have used his work to heal themselves of things that were previously thought to be impossible to heal or cure. I personally will continue to do what my dad always said, be realistic and expect miracles. (\*\* we, as a family, say this message with much excitement and joy, we are so happy that dad gave us this little blessing of being able to continue his message that when you tap into the power of intention, anything is possible!!)"

# SOULSONGS ABRAHAM FUN



Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. You can join Karen's "Abraham Fun" group on FB and like her FB page, "Soulsongs." [karen@karenmoneywilliams.com](mailto:karen@karenmoneywilliams.com)

## Soulsong #307 - Death, Where Is Thy Stinger?

**Death seems like a horrible aspect of life. It would seem a vast improvement if earthly life could last forever and death could be obliterated. But then, the planet would become so crowded that we might all be at each other's throats all the time.**

Instead, people are ever coming and going. This moment, countless people are being born, and countless people are dying.

Death is not how we perceive it from our limited perspective. Each of us is an eternal being - a parcel of source energy - come to earth for the thrill, adventure, and creative opportunities.

We came for the fun and challenge. We knew it wouldn't last forever, and we didn't want it to last forever anymore than we'd want a roller coaster ride to last forever. (Anybody got an airsick bag?)

After death, when we return to a non-physical state of being, we can maintain our connection with loved ones and even have angelic-type interaction in their lives.

And then we'll get the "itch" for another roller coaster ride....

The joy simply goes on - here, there, here, there, here, there, always.

# WAYNE W. DYER: THERE IS A SPIRITUAL SOLUTION TO EVERY PROBLEM

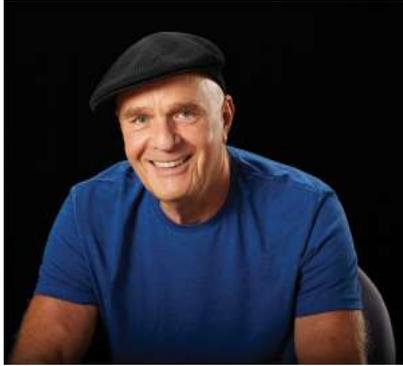


Photo Credit: Whipps Photography

**Spirit is what I have chosen to call the formless, invisible energy which is the source and sustenance of life on this planet.** This force, no matter the name we give it, can solve every problem that we encounter. There is a spiritual solution to every problem, we only need to learn how to access it. I first read about these steps when I immersed myself in *How to Know God: The Yoga Aphorisms of Patanjali*, written sometime between the fourth century B.C. and the fourth century A.D. I will begin by explaining the three basic steps to finding your spiritual solutions to problems.

**The First of Three Steps for Accessing Spiritual Direction: Recognition.** It may appear obvious that one must first recognize something before applying it, but this is actually the most troublesome step in moving toward spiritual illumination. Recognizing the availability of an invisible force that can be put to use in solving a problem, requires overcoming a great deal of our early training and conditioning.

Have you ever thought about the limitations we experience when we identify ourselves as only a physical body in material existence? For instance, do you believe there is only one kind of power or knowledge, which relies on your sensory or intellectual faculties to solve problems? Most of us have been taught this is true and that all of the information that has been acquired is the total inventory of options available to us. This is a conditioned attitude of nonrecognition of our divine connection to spiritual problem solving. In this state of nonrecognition we believe that medicines, herbs, surgery, and doctors are responsible for all healing, or that improving one's financial picture involves the exclusive application of working hard, studying, interviewing, and sending out résumés. In essence, nonrecognition leads us to believe that our knowledge is limited to those kinds of phenomena, which are explainable through our sensory functions.

Patanjali described a kind of knowledge or power that is not accessed solely through the material or sensory world. Recognition that this power exists and is always available is



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the first step in activating it. However, it is not accessed solely through the teachings of others, or through ancient writings, just as we do not dream because someone teaches or writes about dreaming.

Recognizing, like dreaming, is something we access by making an inner and outer commitment to our ability to recognize.

For example, in this first step when you are faced with a problem, I suggest you create a personal affirmation such as: "I may not know exactly how to access the spiritual solution here, but I fully recognize that a spiritual solution exists." By recognition of its existence, we invite the power to be known by us.

As physical beings we can make a flower grow in the sense of the response to the question in the opening sentence of this book. But if we are thoughtful we realize that we cannot even begin to unravel the mystery of the invisible force that initiates life. Yet it is in this omnipresent, omniscient, omnipotent spiritual world that we find the solutions to all our problems.

This spiritual force is everywhere and in every thing and every one. When we incorporate the first step, recognition, we begin the process of accessing this all-knowing power.

**The Second of Three Steps for Accessing Spiritual Direction: Realization.** We discover that knowledge achieved by realization is of a much higher order than intellectual reasoning.

This is not an exercise in intellectual reasoning. In this step we go beyond recognition of a spiritual presence into the phase of realization where nothing but our own personal experience is trusted.

We become an explorer in virgin territory where no one but ourselves can be. Here, only you can validate your experience. Our desire to realize the presence is an integral part of the unexplainable dynamic that creates life. When we actively meditate on a chosen spiritual ideal or even a given personality we are expressing our desire by inviting the presence to be accessible.

**The Third of Three Steps for Accessing Spiritual Direction: Reverence.** Communing quietly with the spiritual force is our way of becoming one with it. Quietly communing with God, when we are searching for guidance, is a way of temporarily turning off our ego mind. Instead of our ego self thinking "I can fix this," we are willing to emerge into our higher self.

# FROM THE HEART

Alan Cohen is the author of *A Course in Miracles Made Easy*. Join Alan's celebrated Life Coach Training Program, beginning January 6, 2016, to become a professional life coach or incorporate life coaching skills in your career or personal life. For more information about this program, Alan's Hawaii Retreat, free daily inspirational quotes, and weekly radio show, or visit [AlanCohen.com](http://AlanCohen.com).



## How Many Miracles do You Get?

**A coaching client reported that years ago when she became pregnant, her doctors told her that the baby would not survive.**

She and her husband prayed fervently for the child's well-being, and the baby was born healthy and went on to live a happy life. Since that time she had a few miscarriages, and now the couple very much wants another child. "Do you think we each get a certain allotment of miracles, and when we use it up, we get no more?" she asked.

"That's not how it works," I told her firmly. "Miracles and well-being are our natural state, given freely forever. Only the human mind lays limits over the good available to us. It is not God's grace we need to beg for. It is our own. And we don't need to beg. We just need to claim it."

We were all born in utter freedom. Every limit you perceive has been learned, a tight and restricting cloak laid over the magnificence that you are. One of the most exhilarating explorations in life—really your only purpose—is to discover the illusory limits you have adopted, shine the light on them to reveal their untruth, and grow beyond them.

Guilt—also learned but not true—tells us that we are selfish to want good things for ourselves. It warns us that if we become happy we will somehow remove the happiness of others. Nothing could be further from the truth. Your happiness contributes to the happiness of others. Because you are a spiritual being, the energy you exude influences others more than your actions. Thus your genuine joy is your greatest contribution to humanity. Accepting your blessings does not diminish the quality of life for anyone else. The nature of blessings is to expand.

A woman named Sara attended my Life Mastery Training in Hawaii. "I worry about money, I yearn for a relationship, and I don't feel good," she told the group. During the training Sara examined, questioned, challenged, and moved beyond her sense of smallness and non-deservingness. She experienced "aha" moments and opened to greater prosperity.

The day before the program concluded, Sara told me, "I just did something I have never done before. I phoned the airline and ordered an upgrade to first class for my flight home. It cost me \$875—but I'm worth it!"

*...continued on page 26...*

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**Dear Michelle,** What happens to a soul when they are in a coma either by accident or by a doctor inducing it with drugs? My Mum had surgery and has been on a ventilator for a week as I sat talking to her I wonder - can she hear me, will she wake? - [Mum in Manchester](#)

**Dear Mum,** The soul is our true essence. When the body is in a coma, the soul travels just like when we are asleep. Also when under the effects of anesthesia the soul disconnects from the body and is free. In fact, there are many stories of people in surgery recounting the events and watching the doctor as the soul was hovering above. Many times after surgery people remember these conversations, and on a soul level they know who is present when they are in a coma even if they don't remember when they awaken. It's important as you watch over a coma patient to stay positive in your conversations and actions because we have the power to coax a soul to come back to us. Many times the soul goes to The Elders to weigh their options; whether to go home to Heaven or return to the body and finish their mission. During this time we can help to sway them, by playing their favorite love song that's connected with a powerful emotion; telling stories and recounting good times and then assuring them that you will make more memories together.

**Dear Whitedove,** This is the first time that I've ever dreamed about my Grand Father. In my dream he showed me a box and guided me though his old farm house and pointed to the stair case and the steps. When I woke, it seemed that he was telling me to go find it. Our family still owns the property although I live in South East Asia. Should I plan a trip back to the states or is this my colorful imagination working over time? [Farm Girl in Thailand](#)

**Dear Farm Girl,** Dreams are very interesting. They can be messages to our self from our superconscious mind. They can also have symbolic meanings that need interpretation or dreams can be visitations from loved ones on the other side. In your case this was a very vivid visitation with a direct message and it's important that you act upon it. Your Grandfather loves you very much and he is guiding you to some important family mementos, documents and I do see a special gold coin that he saved in case of an unseen family emergency. So yes, act upon the dream because you are being led by a love that transcends time and space.


Rev. Andy Conyer


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**Dear Michelle,** My fiancé passed with a rare type of cancer less than a week ago. I spent his last few months lying in bed with him just talking. My loss is so great although I feel him around me. How long will his soul stay here with me? [Heartache in Hatfield](#)

**Dear Heartache,** I'm so sorry for your loss; I know that his death is heavy on your heart. At the time of death when the physical body drops away, the soul will stay around their loved ones for at least three days, but number varies. Most souls are compelled to go to their funeral services to experience the gathering of family, friends and outpouring of love. The soul takes note, feels the emotions and even uses their energy to help soothe the pain of grief and mourning. Once the soul feels that they have done all in their power, they move on into the light of Heaven and begin the process of transition. From the emotional and physical trauma that we experience on Earth each soul goes through a healing period to help wash away their earthly battle wounds. Your lover deserves a long period of healing time in the Heavens. Once he transcends, try not to keep tugging on him with pleas and great sorrow. Light a candle and let his spirit soar; for you will see your beloved again.

# THE END OF DEATH AS WE KNOW IT



## What The Crossing Over Experience Was Like, As Reported By Those Who Made The Transition

By Andrea de Michaelis

*What a caterpillar calls death, we call a butterfly*

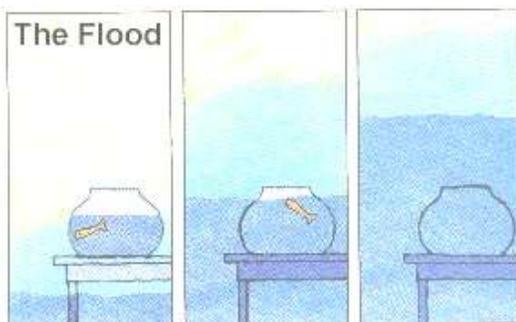
### What's shown in the media isn't necessarily how things are; it's just what sells tickets.

I've witnessed many times where those who did not believe in an afterlife were surprised with messages from loved ones, altho they'd been brought up to believe otherwise. I love watching someone experience the dawning of a new understanding as their former, limited belief system crumbles. In the movie **The Others**, there are several families sharing the same living quarters via multiple dimensions. One family has just newly passed on and at first do not understand they are no longer alive. They'd been programmed during their own lives to have specific beliefs about what happens when you die, and specific beliefs about where you go when you die, so it didn't occur to them they were dead. Since their beliefs did not coincide with what really happens, we see them taken through a journey of orientation where they are little by little introduced to new ideas and concepts until they can begin to understand and accept their new surroundings and their new living status. *The movie is an excellent study in witnessing the psychological process of a belief system being radically changed.*

I'm glad I don't have the fear that lotsa people do about getting older and dying. Everyone in my family was healthy and lively until their sudden passing. I figure I'll be the same. Being a psychic medium I know we survive physical death and go into another dimension, where we can still communicate with loved ones. Maybe having experienced that so often makes me feel more safe and secure about the process.

I've been told I have a very casual attitude about death. If I do, it's only because from an early age, I learned that death was a fact of life. I've lost many family members and never thought of it as unfair or untimely. It's just a part of life. From what I've experienced during readings with deceased loved ones in the past 20 years, I believe that when I die, it will be like dozing off in one place and waking up in another. Dozing off in one body and waking up in another or formless who knows? I feel whatever

happens, I'll be granted enough presence of mind to move through the situation happily enough.



**How can that be?** I've been asked. Just look at the **National Geographic** program showing the cheetah stalking and catching the gazelle. You see them thrashing and hear the screams and imagine the worst. What you don't consider is that at the first blow of trauma, the victim is either on its way out of its body, or its system is flooded with endorphins. Endorphins are your body's natural painkiller and also Nature's euthanasia. It is literally Nature's morphine. What we see the gazelle going through, and the sounds we hear her make, are a series of automatic responses and muscle memory. The consciousness of the gazelle is no longer in her body. If she's alive, her brain is in an endorphin haze so she feels no pain. "She's" already elsewhere. She's on to bigger and better things, onto her next evolutionary stage.

From doing readings through the years with those who have crossed over, I know that without exception, when the moment comes, there is a deep peace and understanding, and that we are met by those we know who have passed before us. I've compiled some personal case studies that I want to share with you, about the experience of those who have crossed over. Here I've listed several causes of death as reported to me by the one who had "died", and what they experienced at the time of death.

**Drowning** He'd been sailing alone and got knocked over without a harness or life preserver. He found himself struggling in the water, then felt peaceful, then found the energy to swim to the surface. There he was met by passed loved ones as he reached the beach

**Car accident** She fell asleep at the wheel and woke up as the car was heading off the road and into a tree. She thought she was thrown from the vehicle upon impact. She got herself out of the vehicle and walked back to the road where she saw cars pulled over to help. The first person she saw was her mom, who had passed earlier that year. Together they looked back at the accident scene.

**Gunshot** He was in an argument behind a bar in an alley with people he didn't know. He thought he just missed being shot. His anger and sadness was gone and he felt peaceful as he walked back to his apartment.

**Violence** She was walking down the street and was attacked by a group of thugs. As she walked past them, her fear left her and she felt they changed their minds and let her pass. However when she looked back, she saw they did not let her pass. As she looked on the scene, she felt not a sadness, but just a sense of nature playing itself out, as when the frog catches and eats the fly.

**Abused child** Although he'd been abducted, it was by a family friend whom he was not afraid of. He thought they were playing a wrestling game. He thought it happened accidentally. He didn't feel any fear. He thought they were playing. He heard an inner voice say "Listen to me. It's ok. Don't be afraid." He thought he ran to safety. He was met by his grandmother who had passed.

*...continued on page 29...*

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SUNDAY, AUGUST 30

Remain confident that through continued reliance on your imagination, your assumptions are materializing into reality.

From Wayne Dyer's desk calendar Everyday Wisdom. He passed on the date of this entry. Wayne Dyer walked his talk. He remained confident he could imagine himself out of leukemia and the autopsy showed no leukemia. *Remain confident that through continued reliance on your imagination, your assumptions are materializing into reality. His did.*

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2d, 4th Thurs MELB/PALM BAY 7pm Wiccan-Pagan Outer Court Classes Church of Iron Oak  
email [scribe@ironoak.org](mailto:scribe@ironoak.org) 321-722-0291

Thursdays, 7-8:30pm The Artist's Way with Fred Goodnight at Unity of Melbourne 2401 N. Harbor City Blvd 32935 (pg 4)

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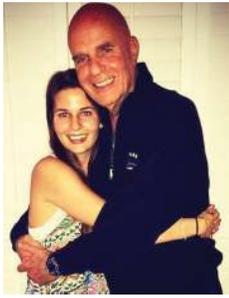
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**Daena Croghan**  
**Morgana Starr**



# SAJE DYER: A CELEBRATION OF MY DAD'S LIFE

This is from Wayne's youngest daughter Saje from their family's celebration of Wayne's life in Boca Raton.

**My Dad would not have wanted a funeral in which we all sat around in sadness and cried for him. Nor would he have wanted anyone to make a big fuss over his death.**

Death is just something that he did not believe in and he often stated that he didn't "do" funerals. This why we have decided to call today a celebration of life and this is why I would like to mostly just share some of my recent fun memories with my father.

With my Dad, there was never a dull moment. He was the funniest and most entertaining person to be around. If he wasn't going on an animated rant about GMO's, gun control, or coffee enemas, then he was making everyone around laugh with his sometimes perverted and inappropriate jokes. Being around him was almost addictive and his mood was contagious. I would wake up in the morning, put on work out clothes and say that I was going to go for a walk, but when I would get out into the living room around my Dad, it would end up being hours before I would actually get going.

In my mind I cannot even comprehend that he is gone. I am filled with images of him lifeless and of what his last moments would've been like. My heart aches in a way that I did not know it could. The tears flow from my eyes as I'm filled with the greatest sense of loss I have ever experienced. However amidst all of this chaos and turmoil that my mind insists I experience, I am reminded of so many of the ideas my Dad taught to me and to the world.

You see I was blessed to have been able to spend the last 3 weeks traveling through Australia and New Zealand with my Dad, my sister and her husband. In that time we shared so many laughs and we all grew even closer. My dad insisted on rooms that could be conjoined and then he would help himself in entering our room at any time he pleased. He would wake us up every morning by coming in to our room singing "Oh what a beautiful morning, gosh what a beautiful day. I've got a wonderful feeling, everything's going my way" on the top of his lungs while he proceeded to open the blinds and allow the sun to shine our eyes awake. One morning after he did his usual wake-up routine, he climbed into my bed, put his head on my shoulder and said "let's take a selfie". At other times he would call out my name while he did his famous coffee enemas, and he would yell "Quajey, I need you to come help me do my coffee" just because he knew I would say "Dad, that is so gross I will not help you with your coffee".

...continued on page 28...



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# DEEPAK CHOPRA ON WAYNE DYER



**Dear friends,**  
**Today our hearts are filled with deep sorrow and immense love as we grieve the loss of Wayne Dyer,** who passed away in his sleep Saturday night. Wayne was known throughout the world as a true teacher, a best-selling author, and a man who inspired countless people to move beyond limitations and fulfill their deepest intentions for love, happiness, success, health, and peace.

Wayne has been a close personal friend of the Chopra family for many years, and he was a big part of the **Chopra Center for Wellbeing**, where he was a special guest speaker at events. He spoke from his heart, and touched us with the depth of his love, wisdom, sincerity, humility, and kindness. There are so many stories from people who say that he had saved their life, helping them find light and courage at their lowest point. He also had a wonderful sense of humor, delighting in bantering and finding the joy in connecting, teaching, and living.

We feel such a loss at Wayne's passing, and yet we know that he viewed the death of the physical body as a return to source, to pure love.

As Wayne wrote, *"Before merging into form, we were part of God, with all the inherent qualities of a Creator who sends forth abundance, creativity, love, peace, joy, and well-being. Each and every one of us represent God or Spirit revealing Itself here on our planet. Remember that your life is bigger than you are, and dedicate your life to something that reflects an awareness of your Divinity."*

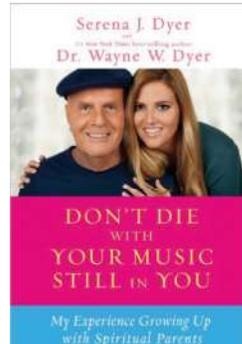
As a young man, Wayne read Leo Tolstoy's short story *"The Death of Ivan Ilyich,"* about a man who reaches the end of his life and is filled with regret, asking, "What if my whole life has been wrong?" Wayne was deeply moved and shaken by the story, and he wrote himself a note that said, *"Dear Wayne, don't die with your music still inside you."*

He said that he had lived his entire life with that intention. We have all been blessed that Wayne has shared his music, his love, and his wisdom. His divine song will continue to play out into the universe, touching our hearts and spirits for eternity.

With love and gratitude for the love we all share,

Deepak Chopra and the Chopra Center  
[www.deepakchopra.com](http://www.deepakchopra.com)

# SERENA DYER PISONI - MY DAD WAYNE DYER



This is from Wayne's daughter Serena Dyer Pisoni from their family Celebration of Life ceremony in Boca Raton

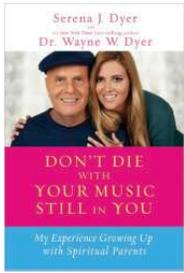
**My dad didn't have a filter, so I am going to not filter this either. I want to share with all of you some things about my dad that you probably wouldn't know unless you were one of his children or closest friends...**

Two things stand out to me about dad, one is his sense of humor, and the other is his desire to share, whether that was share knowledge, share money, share stories... He was always teaching and sharing with everyone around him.

One summer when we were on Maui and I was about 8 years old, our family and friends took a catamaran over to the island of Molokai, where we swam, ate lunch, climbed trees, swung on vines, and played in a giant valley of mud that we used to cover ourselves in from head to toe. Some of the little kids were running naked in the mud and my brother Sands asked my dad if he was going to get naked and run in the mud too. My dad replied to us that he couldn't get naked and run in the mud for three reasons. The first was that if he did, all the women would go crazy over his peeper (our family word for penis) and chase him all over the island. The second was that the kids would mistake his peeper for a vine and try and use it as a swing, and the last was that his peeper would drag on the ground and scrape and he didn't want to get hurt. We were in hysterics over his responses and to this day we have never forgotten those reasons, even though this happened some 20 odd years ago.

My dad is funny, really, really funny, and every time we were together we were laughing and telling stories. My dad rarely had a simple answer for any question we may have asked. Just a few weeks ago we were taking Sailor's pacifier out and dangling it in front of her, trying to encourage her to use her hands to reach. My dad was laying there watching and said "this is like the myth of Sisiphus, every time she gets close you take it away." Having no clue what he was talking about he went on to explain the Greek mythology of Sisiphus, and all of this was before breakfast! He was always telling stories and teaching us, his children.

*...continued on page 21...*



## SERENA DYER: WAYNE DYER, MY DAD

...from page 20

He was creative in his story telling, he had his own language, he could deliver a punch line like no other. He was obsessed with not wasting things. He never wanted to throw anything out and because of that, his fridge was full of items way passed their expiration date. He would sense **Skye** or myself sifting through the fridge, looking for things to throw away, and he would fly into the kitchen and exclaim, *mustard doesn't expire! I don't care if it says 2009 on it that mustard is perfectly good you are not throwing that away.* He went one entire summer using one paper plate for his toast every morning just to prove that could. One paper plate for breakfast for the entire summer!

He and technology had a terrible relationship. He could never figure out how to use his iPad and would call me and say something like *"the Google isn't letting me YouTube the website,"* or *"I want to send my website to someone in an email, how do I give them the password."* The first time he saw one of us put in a password on a computer he smirked and said, *I know your password!* And we were like *oh yea dad, what is it?* He was completely serious when he said *"four stars."* I was at the mall with **Matt** recently and my dad called twice in a row, which meant a technology panic, and I answered while **Matt** was in the dressing room. For the next 30 minutes I had to explain to him how to copy and paste the link to a website that he wanted to email to someone. Other people in the dressing rooms were cracking up listening to our dialogue.

**Dad** had an inherent sense of justice, of doing what was right, even when it may have been easier to ignore something. He is just so good, so full of love, and he did so many generous things in ways that never brought attention to himself, and I would like to share some of those with you.

He saw an **HBO** show a few weeks ago that highlighted a story of an elderly **African American** woman named **Harriett Cleveland** who was 61 years old, living in **Montgomery, AL** was raising her 3 year old disabled grandson. Unable to pay a driving fine as well as medications and food, she put the bill in a pile of unpaid bills to be gotten to later. Over time, the fine compiled and built, eventually going from \$75 to over \$3000. She was arrested in front of her grandson and brought to jail, spending 2, two week sentences. My dad, having seen her story, was so moved that he had his assistant, close friend, and coauthor, **Dee**, look her up, locate her, and he wrote her a letter and sent her \$3000 to cover the fine, and additionally sent her two multiple thousand dollar checks just to make sure she was alright. The woman called him in tears, she couldn't believe that a complete stranger sent her more money than she had ever had at one time in her life. This woman's story aired on **HBO** and only one person, one person in the whole world, reached out to help her, without seeking any attention or praise, and that one person was my dad.

He has paid for the education of over a dozen children unrelated to him, children of friends or even strangers just because he believed in the value of a good education and he was capable of providing one. He set up a million dollar college fund at his alma mater for inner city kids struggling to pay for school and to date over 74 inner city kids have benefitted from that scholarship.

On his birthday this year I sent him a card and in it I wrote that on his 75th turn around the sun, he should be so proud of the fact that his children take all of their free time to be with him, to be around him, and that that is the mark of a great man and an even greater father. I am so grateful that he knew how much I loved being with him.

My dad and I took several trips around the world together and on one of those recent trips I wrote him a letter and told him how much I loved him. He read that letter at every one of his talks afterward and my sister **Skye** even turned it into a song she sang to us while we danced together at my wedding. I am so grateful to have that memory. In that letter I told him that I could feel that he believed in me, and what greater gift could a parent give their child but to make them feel how much they believed in them? When we came up with the idea to write a book together, a book about how I was raised and what it was really like to grow up in the **Dyer** household, I felt daunted and thrilled. He was so encouraging, so loving. He worked with me, telling me over and over, *"Serena, you have a gift at telling stories, just tell your stories and it will be perfect."* At the end of writing that book, we were both so proud of it. I felt his love and pride for me. I am so grateful he is the kind of dad who shared that. I am grateful he taught me to go within and find God. Grateful he taught me to be open to other peoples' ideas and ways of living. He taught me to leave the judging to someone else, and instead, to just treat people with compassion, understanding that everyone is just doing the best they can. Most importantly, in this moment, I am most grateful that he taught me that even in death, we are just shedding one coat and putting on another. He told me he would never leave me, even when he left this earthly realm, and I am most grateful that I know this to be true.

In closing, I want to tell you that **Dad** and I agreed to name our book *"Don't die with your music still in you"* because for me, it was the most important lesson he taught me. **Dad** came here with music to play and he played it so loudly, it changed the world. One man, with some really big ideas, changed the lives of millions of people for the better. My dad, with his love of teaching, of sharing, of story telling, helped millions of people improve their lives. It is now my promise to you **dad** that I will not die with my music still in me. I carry who you are within me, and I will do everything I can to continue your message as you had just recently asked me to one day do. For me, this isn't goodbye. I could never say goodbye to the person who is everywhere and everything for me. To me, this is just learning to see you and hear you in a new and different way, cause as you said, when you die, you will still be here, just in another room... I love you forever and ever **dad**. Thank you, for everything. **I AM, Serena**

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## Alan Cohen

*...from page 14...*

"Congratulations," I told her. "You just graduated from the training." A few weeks later I phoned Sara to find out how she was doing. "Fabulous!" she told me. "I loved my first class flight, and when I arrived home I had a miracle. I was going through some financial papers and I found some unknown funds that exactly equaled the cost of the training plus travel, including my upgrade."

Sara's experience provides a shining model of expanding prosperity. The more you claim your right to well-being, the more the universe provides. Life gives all to all, but we each receive what we are willing to let in.

After a man departed from the world, God was showing him around heaven. When the two passed a locked room, the fellow asked, "What's in there?" "It would make you very sad to see what is in that room," answered God. "I want to see it anyway," the man insisted.

God opened the door to reveal a vast chamber of treasures. There were exotic jewels, sophisticated electronic entertainment devices, and luxury cars. "Wow, what a collection!" the man exclaimed. "Why would these riches make me sad?"

"These are the gifts I offer people," God explained, "but if they are not willing to accept them, I must keep them here."

"That's incredible!" the man replied. "Look at that Rolls Royce over there!" He went to sit in the Rolls and was astounded to find a tag with his name on it. "This was the car I always wanted!" he said. "Every night I prayed to you for a car. . . How come I never got this one?"

"Yes, you did pray every night for a car, and I heard your prayer," God answered. "But you prayed for a Ford."

Instead of asking for what he really wanted, the man asked for what he thought he could get, so he manifested not according to his possibilities, but his expectation. The universe is happy to fulfill our grandest visions, but we must have the confidence to ask for them. Do not be shy when asking God or people for what you want. Bring a small cup to the ocean, and you will come away with a small volume. Bring a larger cup, and it will be filled.

Somerset Maugham said, "It's a funny thing about life; if you refuse to accept anything but the best, you very often get it." You cannot ask for too many miracles. There is no limit on what you can receive. All is given. When you accept, the transmission of love is complete.



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## OBITUARY Wayne W. Dyer

*...continued  
from page 8*

Despite a childhood spent in orphanages and foster homes, Dr. Dyer made his dreams come true. He lived to teach others to overcome their perceived limits and engage in their "Highest Self."

"I realize I was this little kid that was just born into the situation that I was born into," Dr. Dyer said while reflecting on the publication of his 2014 book *I Can See Clearly Now*.

"But as I look back on all of these things and all of these books that have come out of it and the movies that we've done and the millions of millions of people who've been touched all over the world, I look back and I see that I was in some kind of training since I was a little boy. It's like these experiences are all gifts, and that's how you have to look at it."

Just before his passing, Dr. Dyer had returned from **Australia and New Zealand**, where he lectured in front of thousands of people. As a father to eight children and six grandchildren, he was back home in **Maui** looking forward to spending time with his family, while gearing up for the launch of his upcoming book, **Memories of Heaven: Children's Astounding Recollections of the Time Before They Came to Earth**.

Although he was public with his struggle with leukemia, Dr. Dyer was the healthiest he had been in years, keeping a very active schedule. His death has officially been attributed to heart failure.

In lieu of flowers, Dr. Dyer's family would like to encourage those wanting to show support, to make a donation in Wayne's name to one of the following causes he was passionate about: gun safety, non-GMO foods, and education. Please see below for a list of charities he supported.

**(1) Guns: Everytown for Gun Safety** ([https://donate.everytown.org/donate/support-everytown\\_em/?source=emne\\_whatever-it-takes&akid=2977.2491508.U9lodg](https://donate.everytown.org/donate/support-everytown_em/?source=emne_whatever-it-takes&akid=2977.2491508.U9lodg))

"He was a strong believer in making guns harder to get, thereby improving the safety of our nation. When he met Scarlett Lewis and heard her son Jesse's story from Sandy Hook, he was moved to tears and wanted to help tell Jesse's story in the hope that it would make a difference. If he can do anything from the other side, my guess is he is whispering in the ears of Congress and reminding them to vote with a conscience." - Tracy Dyer

**(2) Non GMO: org** ([https://salsa3.salsalabs.com/o/50202/p/salsa/donation/common/public/?donate\\_page\\_KEY=9661](https://salsa3.salsalabs.com/o/50202/p/salsa/donation/common/public/?donate_page_KEY=9661))

"Anyone who attended one of his talks or spent more than 10 minutes with him, knew how passionate he was about the Genetic Modification of our food supply. He always believed in keeping things simple and food was probably the biggest example of this. Just grow real food and eat it." - Tracy Dyer

**(3) Education: Wayne State University** (<https://cardinal.wayne.edu/wsugiving/give.cfm>)

"Education was also one of his biggest passions. He was forever grateful to Wayne State University for taking a chance on an inner-city kid who came out of the Navy with a dream to make his life better. As a father, he always told us as long as we were working toward something, he would always help us fund our educations and that was no small task, with 8 kids." - Tracy Dyer

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CASSADAGA



## Saje Dyer: Celebrating My Dad Wayne Dyer

... from page 19

My Dad was the light of any room he walked into, and this was true even in his last weeks of life. While we were in **Australia**, I gave a little twenty-minute speech on stage with my Dad at each one of his talks. Before my Dad would bring me on stage, he always had a very unique and somewhat traumatizing way of introducing me. He would tell the story of my conception to the audience. His reason for telling this story was to convey to the audience that the odds were very highly stacked against me getting here because among other things he “withdrew” at the critical moment. Now as you can imagine, this caused me to go a little red in the face and stumble with my words for a few minutes.

The first time he introduced me this way, I came up on stage, took the microphone and said **“I specifically told him not to use the word ‘withdraw’ in his introduction and what do you know? That’s exactly what he did”**. The second time he introduced me in this way, he proceeded to call me **“withdraw”** by saying **“Please welcome to the stage, my youngest daughter, Withdraw Dyer”**. So this became a little running joke between my Dad, the audience, and myself. His very last text messages to me, two days before he left his body, are: **“I love you ‘withdraw’. I’m so happy you insisted on getting here. You really shine onstage. This is a trip none of us will ever forget. I love you infinitely. Dad”**

I wrote back saying that I also loved the trip but that my name was NOT Withdraw, and then he said **“Withdraw is WD. Same initials as your daddy. On the plane now. Going seepy soon.”**

Besides all of the laughs and memories we made on this trip, I am so grateful that over these last 3 weeks in **Australia** and **New Zealand**, I had the privilege of hearing my Dad speak for over 21 hours on 5 different days. I can hear his words in my mind so clearly and it brings me so much comfort. On countless occasions over these 21 hours my Dad spoke of the beauty of death. He spoke of how he often envies those who have passed on to the infinite world of love.

He spoke about the new book that he co-authored with **Dee Barnes**, **“Memories of Heaven”**, which relays numerous stories of children recalling their experience of heaven before they came to earth. He also stated that it is his belief that whenever you are confronted with the death of a loved one, you have the choice whether you get over your sadness “sooner or later”, and he said, **“I always tell people, and myself, to choose sooner”**.

I even had the gift of hearing **Anita Moorjani** speak about her experience of temporarily crossing over to what she referred to as ‘the other realm’ and how it was a timeless and endless

realm filled with infinite love and all knowingness. Needless to say, I left this experience with a shift in my perception of death. Which is why I stated before, that amidst this great chaos

and turmoil that my mind insists I experience, I am reminded of so many of the ideas my Dad taught me.

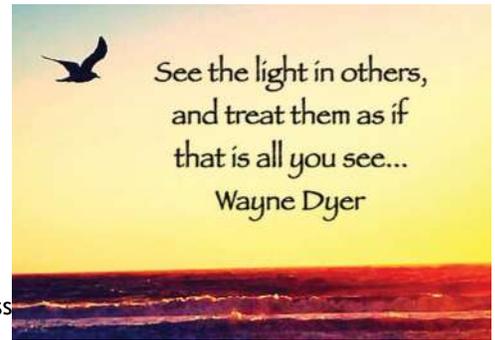
My Dad has taught me that we are not our bodies nor are we our minds. There is a part of us that is infinite and that is pure love and that is who we truly are. Now while I am still a person with a body and a mind, I am not able to abandon the deepest sadness that I have ever felt in my life. However when I get still and am able to hold my sobs back for a moment or two, I am comforted in an unexplainable way because I just simply know that my **Dad** is now apart of this infinite world that he so ferociously studied and taught about.

There are just a couple funny things about my Dad that a lot of you probably don’t know that I would like to share. Whenever any of us was in **Maui** and he had to leave town, meaning we were staying there without him, he would leave the most explicit directions on how to care for his plants. These directions of course stated the obvious - water them, sunlight etc. However he would go on to insist that we must talk to his plants for at least 10 minutes each day and we must say goodnight to them and tell them we love them before going to bed. And I’ll tell you something - these were some of the healthiest plants I’ve ever seen.

Also, whenever an ant, mosquito, cockroach, fly, lizard etc. came into the condo - which happened quite frequently since he almost never closed his doors or ran the AC, he would stop everyone and say **“don’t you dare kill that critter, he or she is my friend and this is not a funeral home”** and we would simply have to get comfortable living with his ‘friends’ in our home. In conclusion - my **Dad** has left this earthly plane at a very unexpected time for me. Having just been with him for so long makes it even harder to fathom that someone who was just so alive and full of excitement for life has passed on to the next adventure. But I know it was his time and that this is exactly the way he would’ve wanted to go. I will miss him more than I could ever explain, but his legacy is left with us, his 8 children, and our children and so on. I love you **Dad** and I know that you walk beside me now at all times. With love, your baby, **Saje aka “withdraw”**

**“If you knew who walked beside you at all times, on the path that you have chosen, you could never experience fear or doubt again” - A Course in Miracles**

**Dad**, I know you walk beside me and it brings me so much comfort. **Saje**





## THE END OF DEATH AS WE KNOW IT What The Crossing Over Experience Was Like

*...continued from page 16*

**Heart Attack/Stroke** She thought she had indigestion. She thought she went to bed and fell asleep and woke up to walk into her mother's house when she was a child, a very good time in her life.

**Heart Attack/Stroke** He was dozing in his favorite chair watching tv and had some chest pains and thought it might be a heart attack. He reached for the phone and found he couldn't move. He suddenly felt better and decided not to phone, and felt sleepy and dozed off. He woke up to hear his wife, who'd passed 7 years before, asking if he'd like rice or dumplings with his dinner.

**Killed in a fall** She thought she survived the fall and continued to hike until she ran into others on the trail ahead of her. As they hiked along together, she realized she knew them as loved ones who had passed.

**Tractor accident** He fell off the tractor and thought he just barely escaped being run over. He went around the field a complete turn after the accident and saw his dad call him in to supper early. As he went inside, he saw at the dining table loved ones there who had passed thru the years.

**Pneumonia** She was in the hospital; she had trouble breathing, and felt lightheaded. She watched the nurse come in and flip off the machine, and told her she was free to go home.

**Elective surgery** She went into a dream where she was at her youngest and most beautiful and as she experienced that again, she felt her life moving forward in time to when she went in for the procedure. She saw herself above her body, realizing she was gone.

**Fall on tile bathroom floor** He thought he got up from the floor, checked for bruises, and was glad to find none. He thought he went out the door for work and found himself in a camping situation with his grandfather and a brother who'd passed years before.

**Aircraft** They knew the aircraft was going down and there was chaos in the cabin, people crying and panicking. He felt the impact and looked up and saw everyone was calmed down, waiting to see what would happen next. It seemed foggy and smoky as they exited the aircraft. There was no runway or concourse, but there were lines of people waiting to meet the plane. He saw his bags and followed the man who carried them, who he soon realized was his grandfather, who led them to the old station wagon they used to drive. As they drove away, he realized what happened.

**Fire/Asphyxiation** A mother remembers waking to the smoke and running toward the flames to get her child to safety. She took her child outside and placed him on the ground, then reentered the house. She remembers getting confused in the smoke and being unable to open a door that had a hot doorknob. She was trying to stay low and was coughing because of the smoke. She suddenly felt a great peace, she felt a rush of fresh air, she felt the smoke lifting. She found herself sitting outside the house with her son until a rescue team arrived. She saw her deceased husband standing nearby as their son was lifted into the ambulance. He motioned for her to turn around and she saw a fireman carrying her body out of the burning house.

**Strangulation** She'd been arguing with her husband and he'd been drinking. This time he grabbed her by the throat and began squeezing until she couldn't breathe. She was struggling, but he outweighed her by 100 pounds. She felt herself losing consciousness, which was a blessed relief from the struggle. When she awoke, she found herself alone in the house so she walked around to see where everyone was. As she moved through the house, she realized she was in a house they lived in years before. She walked into the kitchen and found her mother in law, who she loved very much, and who had passed a decade earlier, shelling peas.

**Who do children meet if they wouldn't recognize anyone who has passed over?** I've had children who are met by Santa Claus, whom they recognize as a person who brings happiness, or they see a favorite pet who has passed, which they follow "home". From my experience in communicating with those who have passed, by the time they look upon the body they left behind, their reaction is, "oh, that's what happens". They don't freak out and they don't feel emotional pain over the passing. They understand that others feel pain and they also understand it's a human emotion and they will feel less pain as time goes on, much as we feel the first time our teenage daughter gets her heart broken. Yes, they know it feels devastating at the time, however they also know that with time, understanding will ease their pain.

**The point is, we so fear the moment of death yet it's an unfounded fear. When the moment comes, it's not a fearful occurrence. We are met by those who, in life, we saw as our greatest comforters.** The situations we find ourselves in after death are not fanciful with gold clouds and pearly gates, they are every day happenings that lend a sense of familiarity so we are not shocked and afraid as we find out we've passed. This helps to orient those who have been told to expect something else upon death, i.e., purgatory, Judgment Day, heaven, hell, etc.

**So, what can we expect to experience?**

1. We will be taken from our body before what we experience becomes unbearable.
2. No matter how much pain and trauma we've been in, we experience a deep peace at the moment of death, a deep sense of being comforted and loved.
3. We will be met by those we know and feel comforted by.



Barbara Lee is a Reiki Master Teacher, Psychic and Professional Astrologer. She offers phone consultations and a state of the art astrological chart service with six types of computerized reports. Call Barbara at 1-208-640-9524, visit on the web at [www.IntuitiveReflections.com](http://www.IntuitiveReflections.com), or email [barbaraleellc@gmail.com](mailto:barbaraleellc@gmail.com)

# HOROSCOPES

## OCTOBER 2015

### Aries: May 20 to April 19 "I Am "

Communication is a priority this month; when you get started you will be amazed what will be said by others close to you that had been swept under the rug. When hidden information comes out in the open, you will understand many of their behaviors as well as what your intuition has been saying.

### Taurus: April 19 to May 20 "I Have "

Your home life is about ready to change for the better, possible moving to a new home; one that will allow you to experience more inner peace. Your one on one relationships are also up for growth and change. Put your best foot forward as you speak your truth and walk your talk.

### Gemini: May 20 to June 21 "I Think "

Your creativity is growing stronger in ways that will bring you income and support your passion to thrive. Your health is strong as long as you take time to take care of yourself, especially your lungs. Remember to breathe deeply and exercise your body so your mind can feel alive and bright.

### Cancer: June 21 to July 22 "I Feel "

You are searching for meaning and fulfillment in your soulmate relationship. As you move forward in your new life, you are ready and willing to take more risks, and that comes with more rewards. As you follow your passion, you are divinely protected. Remember to ask your angels for help.

### Leo: July 22 to August 22 "I Will "

You are being called into the silence to meditate on your future. The relationship boundary issues that you have had in the past are resolving now. You have gained more self respect and feel stronger than ever. Keep your sights high when looking for your match and don't settle for less.

### Virgo: August 22 to September 22 "I Analyze "

Now that a new Solar Return year has begun, you are ready and willing to get on with your plans to create more wealth, happiness, serenity and true love. May that special one be near to you now. Do whatever it takes to keep your energy moving in a positive direction.

### Libra: September 22 to October 23 "I Balance "

This month you are working on trusting your intuition. You may be planning a vacation to Maui and or thinking about going back to school, you may even be thinking about holding study groups in your home. You are really on a roll when it comes to stepping outside of the learning curve.

### Scorpio: October 23 to November 22 "I Transform "

You are coming into your personal power, so get ready to embark on an unexpected journey of your true heart's desire. Trust in what you feel, not what you hear from others. Your life is about to get really busy with beautiful people and amazing experiences.

### Sagittarius: November 22 to December 21 "I Perceive "

This month you have reached a fine balance between work and home. Because you have such great family support you have risen to the top of your field. Whatever intuitive promptings you are receiving, you must trust and act on them right away for the highest and greatest good of all.

### Capricorn: December 21 to January 19 "I Use "

You have been working so hard and such long hours that you feel like your family is behind the scenes. It is time to rest and take some time to review your life and remember what is important. What is up for you next is to come out of the darkness into the light, and come up for air.

### Aquarius: January 19 to February 18 "I Know "

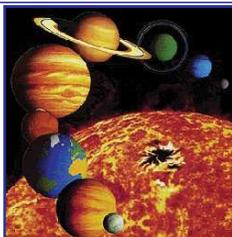
This month you are realizing your dreams, all that you have worked for is now here and you should be so happy with the results. Things will turn out better than you could have ever expected. Just remember what got you where you are; your faith, trust and your positive approach to life!

### Pisces: February 18 to March 20 "I Believe "

If money seems to be an issue this month that is a sign that more faith and trust are needed. Be careful about your bleeding heart right now, you must take care of yourself first. Movement and dance will keep the energy flowing in your life, money is energy. Be grateful and all your needs will be met.



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# HORIZONS MAGAZINE MISSION STATEMENT

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

## OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions. To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience. What we see and experience is simply the brain's interpretation of electrical signals. The only reality we cope with is the world of perceptions inside our mind. We participate in creation of the reality we experience by our intentions, beliefs and expectations, by every thought we think and every word we speak.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation. Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are. This frees us to begin to live more fully, in every moment, now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it.

We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise. So, if you read an article that touches your heart, or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss their offering with them. Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

*From my heart to yours,  
Andrea de Michaelis*

# YOGA: A Natural Pathway to Godhood



Ma Yoga Shakti is a beloved teacher with ashrams in India and US, instrumental in the spread of Yoga in the US. Yogashakti Mission, 3895 Hield Rd NW Palm Bay FL 32907 [www.yogashakti.org](http://www.yogashakti.org) 321-725-4024 and email [yogashaktipalmbay@gmail.com](mailto:yogashaktipalmbay@gmail.com) Yoga is a spiritual approach concerned with the fundamental mental aspect of every human life. The word Yoga is derived from the sanskrit word "Yuj" to unite. It means union, The union of the Individual Soul the Supreme Soul is known as Yoga.

**Death is as natural a thing as losing a tooth. Even as when a child turns into a youth and a youth changes into a man, the mother and father do not grieve, similarly we should not grieve when the soul leaves this body to go to another body.**

Kabir says, "Earth goes back to earth, the body goes back to the five elements. The breath or the soul goes back to its own source." Who has died? Death is a transformation. You are going to acquire a new and healthy body. When you transcend one state of existence and go to another, be happy rather than sorry. Rejoice as at the birth of a child. Do not grieve when the soul leaves the body. Everybody's duty is only to realize the knowledge of the Self. Who dies? Who is living? Who is that being who enjoys and suffers? That being is never dead.

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As hopeless as any situation feels,  
it's really only your thoughts that  
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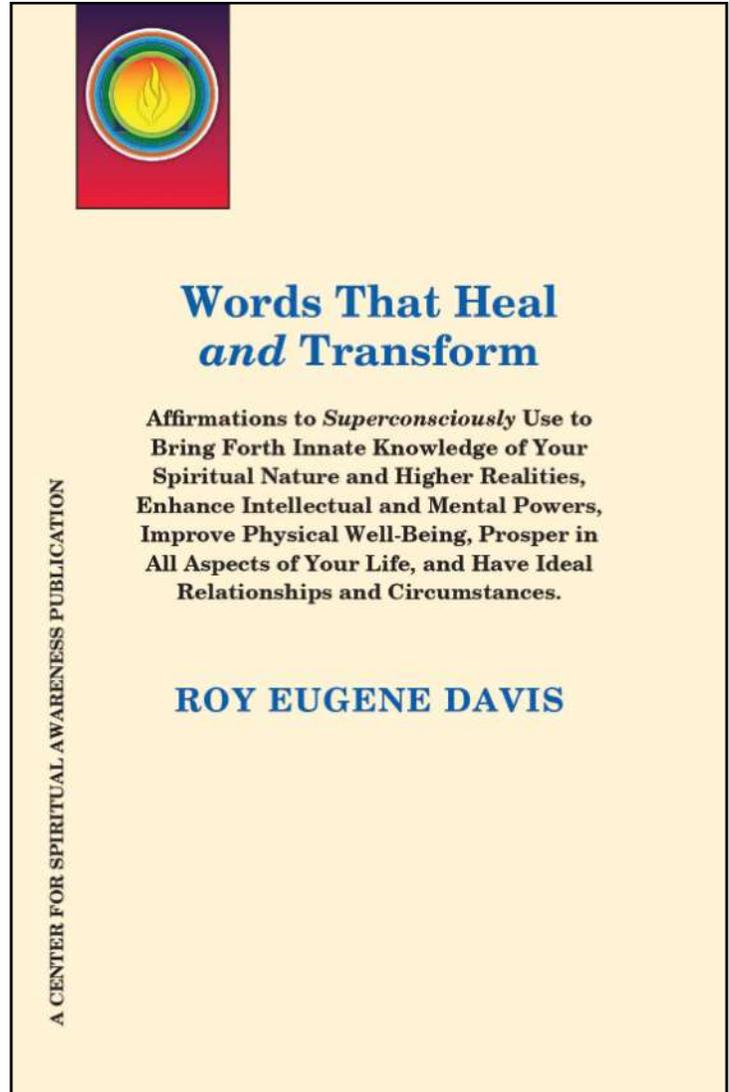
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