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Publisher/Editor/Layout <u>Distribution/Billing</u> Andrea de Michaelis

On the Cover (page 26)
Athena, Owl & Pussycat
by Andrea de Michaelis

Contributing writers:
Michelle Whitedove
Janet StraightArrow
AnnMarie Roschilla
Cecelia Avitable
Abraham-Hicks
Karen Williams
Mike Dooley
Barbara Lee
Deb Strasser
Alan Cohen
Tom Sannar
Jim Carrey

"And the day came when the risk to remain tight in a bud was more painful... than the risk it took to blossom." Anais Nin



Horizons thanks everyone willing to take the risk

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HORIZONS MAGAZINE is distributed FREE each month to 200+ bookstores and health food stores throughout Florida, as well as by subscription. HORIZONS is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

ARTICLE SUBMISSION: You may submit articles of 200-900 words on any area of personal growth and practical spirituality to HorizonsMagazine@aol.com, along with a 50 word bio telling who you are and how to contact you. Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for as an ad.

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12 Steps of Spiritual Freedom

By Rev. Tom Sannar

- 1. Recognition God Is First. I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.
- **2. Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
- **3. Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.
- **4. Dominion.** I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
- **5.** I **Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.
- **6. I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
- **7. Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
- **8. Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
- **9. Persistence.** I persist through faith. I maintain focus and discipline.
- **10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
- **11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
- **12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.



This month's thoughts about things...

"In the company of one who is living Love, you can't help but spring into that Love." - Sri Sri Ravi Shankar

Andrea de Michaelis Publisher

Hello and welcome to the October 2014 edition of Horizons Magazine. Halloween! Samhain! Time to don a mask, dress up and celebrate!

Halloween is a socially acceptable time to wear a mask, and the crazier the better. But we all know people who wear masks all the time. Some wear a mask as a people pleaser. Some wear a mask to avoid letting on that anything is triggering emotional pain. We may accuse another of wearing a mask to project the reality away from

ourselves and our own mask. This comes at the cost of knowing who we actually are.

Like Dorothy and her friends in the Wizard of Oz, we're all trying to find a Wizard to make everything ok. We don't want to do it out in the open for everyone else to see how needy we are, so we don masks while we seek. Sometimes we forget we're not what the mask represents. We're so much more and, through our internal guidance system, we have access to everything we will need on the journey.

Most often, blinded by the Yellow Brick Road, we embark upon a perilous trek to the **Emerald City**. We get there to have the Wizard put us through exhaustive tests with the promise of receiving our heart's desire. Like Dorothy and friends, we withstand the trials only to find out in the end that the Wizard was all smoke and mirrors. We learn we had in ourselves all the time everything we thought we were seeking. And in real life, when you see behind someone's mask, if they are not ready to face who they are and what they do, they will disconnect from you until they grow into their soul.

We all wear masks every day: the happy one, the helpful one, the one who cares. Like the day after

Halloween, we all have to know when to wear the mask and when to put it down.

Masks! We've been painting some Day of the Dead masks here and they're quite colorful. The Day of the Dead is the day after Halloween. It is when we pray for and remember friends and family members who have died.



WHY I PAINT IN THE SILENCE

I've been painting every day for the past few months. You can see it at http://horizonsmagazine.com/blog/. | use art as a fun meditation practice. The finished image isn't as important as the thought-journey I get taken on. It lifts me out of the mundane, every day world and into another place, like a book for some, a movie or a trip for others.

I'm all about altering my consciousness (through meditation, visualization, creative expression) to see beyond the mundane, turning it into a world full of symbolism and metaphor from which I learn, every day.

Watching painting tutorials last month, I noticed they often have music in the background. It's interesting to note the different types of music. Some classical, some rock, some heavy metal. One said, "Painting without music is like trying to work in total darkness. Music is the light that switches me on in my work." I can see how that that can be so, but I much prefer to work in the soft, subtle nuanced world which is silence.

Sometimes we forget we're so much more than our mask represents, and that through our internal guidance system, we have access to everything we will need on our journey.

Silence for me is not empty, it is full of Presence. By Presence I don't mean a rambling chain-of-consciousness babble speak of hurried thoughts about daily doings. I mean simply observing what is in front of me, and letting myself be carried away by the beauty of whatever that is in each moment. I spend much time each day thinking thoughts that I have to think for work or on behalf of others. I look forward to having thought-time to think my own thoughts, to contemplate my own life. After I've done enough of that, I like simply steeping in the silence and observing what

Inner Guidance reveals to me.

As I paint in the silence, thoughts and images come to me to help me create each piece. One reason I paint is to allow the different facets of myself to reveal themselves to me. They

do this by impressing upon my mind the imagery of elements, symbols and totem animals.

In the researching, Googling and contemplation of the meaning of the words and images that come to mind, I discover the metaphor relative to me and learn a lot about myself. Listen to music while painting? My choice is time alone in my own world with my own thoughts.

I find silence full of Presence by simply observing what is in front of me, and letting myself be carried away by the beauty of whatever that is in each moment

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JIM CARREY TO THE 2014 GRADUATING CLASS

I am here to plant a seed that will inspire you to move forward in life with enthusiastic hearts and a clear sense of wholeness. Life doesn't happen to you, it happens for you.

How do I know this? I don't, but I'm making sound, and that's the important thing. That's what I'm here to do. Sometimes, I think that's one of the only things that are important. Just letting each other know we're here, reminding each other that we are part of a larger self.

I used to think Jim Carrey is all that I was... Just a flickering light. A dancing shadow. The great nothing masquerading as something you can name. Dwelling in forts and castles made of witches - wishes! Sorry, a Freudian slip there. Seeking shelter in caves and foxholes, dug out hastily. An archer searching for his target in the mirror. Wounded only by my own arrows. Begging to be enslaved. Pleading for my chains. Blinded by longing and tripping over paradise - can I get an "Amen"?!

I used to believe that who I was ended at the edge of my skin, that I had been given this little vehicle called a body from which to experience creation, and though I couldn't have asked for a sportier model, (laughter) it was after all a loaner and would have to be returned. Then, I learned that everything outside the vehicle was a part of me, too, and now I drive a convertible. Top down, wind in my hair!

I am elated and truly, truly, truly excited to be present and fully connected to you at this important moment in your journey. I want to thank the Trustees, Administrators and Faculty of Maharishi University School of Management for creating an institution worthy of Maharishi's ideals of education. A place that teaches the knowledge and experience necessary to be productive in life, as well as enabling the students, through Transcendental Meditation and ancient Vedic knowledge to slack off twice a day for an hour and a half!! (laughter) — don't think you're fooling me!!!

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ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Esther & Jerry Hicks are authors of Ask & It Is Given, The Amazing Power of Deliberate Intent, The Vortex, Where Law of Attraction Assembles All Cooperative Relationships and the NY Times Best Seller, Money and the Law of Attraction and their dvd, The Secret Behind "The Secret." Visit www.abraham-hicks.com.

Limiting Beliefs and the Art of Allowing

Are you among the rare humans who have come to appreciate the contrast of your time and place?

Are you understanding that when desire is born within you, that it comes from the same contrast that sometimes you would like to do away with? Are you coming to recognize that the desire, that is so life giving, could not be without the variety? Are you coming to recognize that the variety is all about choosing?

It is not different from the buffet or the department store where you appreciate variety. You do not walk through the clothing department petitioning against those ugly clothes. You are satisfied and even comfortable in recognizing that someone else might choose them, while you might not. You do not feel that someone's going to knock you down and make you wear them anymore than someone would fill your plate and make you eat it. Although, that did happen to you. Maybe that's where your fear of contrast really began, with those bigger people, sure that they knew what's right, forcing you to accept their beliefs until you were big enough that you could at least run away.

We're wanting you to realize that beyond that which your parents attempt, there is no assertion. In other words, Law of Attraction (That which is like unto itself is drawn) is the order of the day here. And when you come to realize that as you offer a vibration, your vibration is answered, and that through the powerful Law of Attraction, all things that you are offering, vibrationally, come back to you, then this business of assertion is no longer something for you to worry about. Because there really is not any of that.

You are offering a signal, that is coming forth from you in every waking moment, that is being answered, and the manifestations that are occurring are perfect vibrational matches to that which you are about.

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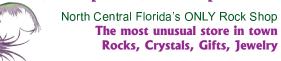
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Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. Visit www.herbcorner.net and call 321-757-7522

RHODIOLA

A perennial plant with yellow flowers sometimes called "Golden Root" is native to dry high altitudes of Asia. Rhodiola has more than 100 different species, 20 of these have been used for centuries medicinally throughout Europe, Asia, Russia, the U.S. and Scandinavia as a tonic and in Ancient Greece as a brain tonic.

Besides being used as a tonic traditionally it is used to increase work productivity, longevity, anemia, gastrointestinal disorders, depression and other nervous system disorders.

Its extract was approved by **Denmark** in 2001 as an herbal medicinal product classifying it as an adaptogen. Adaptogenic herbs help to tone and strengthen the bodies' non-specific resistance to the effects of physical and mental stress.

Since 1960 over 180 studies have been done on Rhodiola, what these studies found is that Rhodiola affects the functions of neurotransmitters, the brain chemicals that transmit messages between nerves. This can help in boosting your mood, memory and stamina. It also boosts energy, enhances learning, attention and concentration and fights both mental and physical stress and fatigue.

The phenolic compounds found in Rhodiola have strong antioxidant properties these compounds help protect the nervous system from oxidative damage caused by free radicals.

In the respiratory system, Rhodiola significantly improves bronchitis symptoms including chest pains that can be caused by excessive coughing. And since it enhances the immune system it helps reduce fever, sinusitis, tonsillitis, pharyngitis and other minor immune deficiencies.

Besides these issues, Rhodiola can also help with altitude sickness, headaches, anemia, gastrointestinal problems and other stress related illnesses.

It can be taken as a capsule, tincture as a tea or its powder can be added to a protein drink or fruit smoothie.

A SHAMANIC CALLING



Janet StraightArrow is a Practical Mystic, Shaman, Healer, Teacher, Sage, Astrologer, Medical Intuitive. StraightArrow has studied with Masters around the world and developed Be The Medicine a simple, clear and profound way to assist people in all aspects of their life, health, relationships,

career and discovering and living their life purpose. Visit www. Bethemedicine.com and www.JanetStraightArrowConsulting.com.

Americans are big business to Shamans, Gurus, Lamas, Sheiks and more from around the globe. Not all are authentic. As a layperson, you would be wise to ask questions and use discernment, trusting your body and perceptions.

People from other traditions mesmerize many people in our culture. We have allowed it and it is time to wake up. Work with someone who teaches you to find your own beauty and gifts inside instead of manipulative ways to give them your power.

It is time for us all to live in the unity and oneness that each tradition speaks about. Many people hunger for their natural connections to all of life, healing and happiness. I applaud the many teachers who assist people to find their natural connections and the ways that work for them. No lineage or tribe owns the circle or the directions or the elements.

New Seers, Time Travelers and Shamans are coming forward with authentic ways of working that are unifying all traditions and not of only a single group or tribe. These pioneers are working towards bringing all of the pieces back together.

NOT ALL WHO PRACTICE SHAMANISM ARE SHAMANS

You may train for years with teachers or groups and never become a Shaman. Many are called to Shamanic practice and perform Shamanic work daily. There is no certificate or degree that makes you a Shaman, although many people offer such things. They may be trained to do soul retrievals, healing journeys, drumming and rattling, crystal and herbal healings, work with the elements and use powerful ways to work with the spirits in healing.

...continued on page 20



NOTES from the Universe

An international tax accountant turned entrepreneur turned writer for "the Universe," and one of the teachers for the bestselling book The Secret, Mike Dooley has found his calling. Mike runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit www.tut.com

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ABRAHAM *FUN*



Karen Money Williams is a longtime student of the Abraham-Hicks perspective, and she and Mark hold Abraham discussion meetings in their home in Winter Springs, FL. You can join Karen's "Abraham Fun" group on FB and like her FB page, "Soulsongs." karen@karenmoneywilliams.com.

The Notebook

Writing things down can help me to become more peaceful and happy and thus more of a match-up to my dreams.

Using divider tabs, I separate a loose-leaf binder notebook into three sections. The first section is "Happy Memories." Here I list pleasant, enjoyable moments from any part of my life - childhood to now.

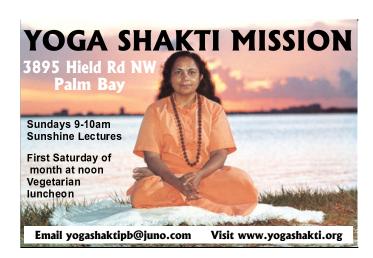
The second section is devoted to "Appreciation." Here I list aspects of my present experience for which I'm thankful.

In the third section, "Desires," I list my goals, wishes, and wants - tangible and intangible, small and grandiose.

I can make my notebook entries short and to-the-point or I can take time to ramble freely. The most important part of this exercise is that I spend regular time, however brief, with my notebook.

I will begin to recall happy memories that previously eluded me. I will begin to discover synchronicity and magic previously overlooked in my daily experience. And I will begin to manifest my deepest desires - thanks to my dear friend, the notebook.

--from Soulsongs Volume 3 e-book: Exploring the Law of Attraction





ENERGY VAMPIRES

AnnMarie Roschilla is proud Long Island, New York native. She is a spiritual enthusiast with a desire to make meaning out of life's struggles and share

them with the world. With a B.S. in communications, AnnMarie has a love for writing and regularly updates her blog. Visit her at www.ClumsyBuddha.com

They don't have fangs, wear black capes or lurk around a big creepy castle. The types of vampires that I am talking about are not after your blood. No, these vampires are after your light and energy. The scary part is they could be closer to you than you think.

I could never understand why I would get a headache or feel sick as soon as I was in the company of certain people. I would feel like my batteries were completely drained all of a sudden. Then, I had my "light bulb" moment. What did all of these people have in common? They were all unhappy, negative, and vibrated at a much lower frequency than I did. Negative people have just as strong of a pull as positive people do. It's an ongoing battle of light and dark. If you are generally a happy positive person, your radar should start beeping and flashing the moment you encounter a negative Nancy.

Family members are not excluded from being energy vampires. To be honest, I find family members to be the biggest offenders. You can't choose your family. You are stuck with what you got. Sorry folks. We all have to play the deck of cards we are handed. You can however, recognize the negative lasso that someone is trying to swoop around your neck and cut it before you're caught.

I have had to cut a lot of people out of my life because their toxic attitude and energy. It was extremely hard to do because they were by no means bad people. They were just not aware of the negative sewage they left behind after every conversation, and every time that mess became my responsibility to clean up. My garbage pale was over flowing and I was feeling empty and depleted.

Here's what I recommend you do the moment someone tries to go to negative town during your conversation. Just say, "THE COMPLAINT JAR IS FULL TODAY! How about we start a new jar". You have to draw the line in the sand sometimes. A more simple solution is to just not surround yourself with people who bring you down. What are insects attracted to? Light!

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SOLAR AND LUNAR CELEBRATIONS



Debra Strasser's blog can be found at http://the5thingsineed.wordpress.com/ Email her at dstrasse500@gmail.com



October's Full Moon arrives early in the month, on October 8th. There will be a full lunar eclipse on this evening, partially visible here in Florida as the Moon is setting to the West. On this evening, the **Jewish** festival of **Sukkot** will begin. During this week long observance, a temporary shelter called a **Sukkah** is erected for eating, praying and sometimes sleeping in. This is a great time for all to reflect on structures and patterns in your life that have served you for a short time, and can be cleared away now, to make our work more fruitful.

The New Moon falls on October 23, the same day the Sun enters the astrological sign of **Scorpio**. Leading up to the time of year where Samhain is observed, a time of honoring ancestors, it brings to mind the story of the Scorpion Men in the Epic of Gilgamesh. The heroic Gilgamesh convinced the Scorpion Men to let him pass the guarded gates of the Netherworlds in search of his ancestor. Reach out to your ancestors by creating an altar or a shrine with photos of loved ones past or decorate it with things that remind you of them. Keep your ancestral connection strong and alive.

To balance out the lunar eclipse at the beginning of the month, a partial solar eclipse will visible in North America on the day of October 23rd. This is when the Sun can cast a shadow on your inner most self. Take care of unfinished business as you move into the dark time of the year, when you can now focus on vourself, family, hearth and home.

Blessed Be!



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From the Heart

Alan Cohen is the author of many inspirational books, including I Had it All the Time: When Self-Improvement Gives Way to Ecstasy. Join Alan's upcoming Life Coach Training Program to become a professional life coach or incorporate life coaching skills in your career or personal life, join. For more information about this program, Hawaii retreats, Alan's books, free daily inspirational quotes, and his weekly radio show, visit www.alancohen.com, email info@alancohen.com.







IDENTITY THEFT

As I read my credit card statement, my eyes bulged. I was being billed for two \$5,000 cash advances I had not taken. Then there was a clothing shopping spree in Dallas. Someone had stolen my credit card information and went to town on it. Fortunately, the credit card company absorbed those losses, but they are not unusual. Every day crooks steal the identities of thousands of people, and as a result banks and Internet businesses go to elaborate security measures to protect customers' identities.

There is an even more insidious form of identity theft that has hijacked far more than your credit card account. This theft has caused you to forget who you are and believe that you are small, limited, and powerless—a photographic negative of your true self.

Grand theft identity began soon after you arrived on earth. Parents, teachers, siblings, clergy, and authority figures told you that you are inept, insignificant, ugly, unworthy, and sinful, and that the world is a menacing place with threats and danger at every turn. Over time you began to believe these terrible lies, and the day came when you forgot your innate beauty, strength, and innocence. Eventually you adopted an identity contrary to your divine nature and have lived as someone you are not.

If you tell a lie enough, you start to believe it. When I was in junior high school I went to a **Beatles** concert in **Atlantic City.** At school the next day, I decided to impress my classmate Donna by telling her that I had met **Paul McCartney** on his way out of the concert hall. Even more exciting, Paul had given me his guitar pick! To prove it, I showed Donna the pick with his initials "P.M." carved in it. Her pupils dilated. To thrill her even more, I romantically placed the pick in her hand and told her I wanted her to have it. Donna swooned and gave me a kiss on the cheek, which made my year. Word got around that I had obtained **Paul McCartney's** pick, and I had my junior high school day in the sun.

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ASK WHITEDOVE



Got a burning question? Celebrity Psychic and Spiritual Teacher Michelle Whitedove is here to help give clarity on topics from Archangels to Zodiac, just ASK WHITEDOVE! Lifetime TV named her "America's #1 Psychic" after showcasing her gifts on "America's Psychic Challenge." Ask your specific questions at www.MichelleWhitedove.com.

DEAR MICHELLE, I understand that some souls don't go to heaven but instead they stay in their home as a ghost. So why would a ghost haunt a ship or a hotel? Wouldn't they have better things to do, or are they on vacation? **Thinking out loud**

Dear Thinking, One of the greatest gifts bestowed on humanity is the gift of Free-will. Even at the time of death, God still honors our Free-Will. A small number of souls decide to stay Earth Bound and they turn away from the light of Heaven at the moment of death. As "spirits" they have the capability to travel at the speed of thought. A ghost may choose to go to the home that it loved, hang around a loved one, stay at the



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location where it was killed in battle with comrades, or go to a place that held great memories like the USS Queen Mary. For a wayward soul the possibilities are endless. But know that the earthbound spirit has only briefly delayed its return home to Heaven. This is an eternal journey and all souls know their way home.

Dear Michelle, It's been said that a few people have witnessed their doppelgänger, an exact twin that is a mirror image of oneself. Can a person be in two places at the same time? If so, does the soul actually split? -Soul Surfing in St. Vincent

Dear Surfer, This is a complex spiritual concept. First, the basics: humans are multidimensional beings. As light beings we are on an eternal journey. We agree to come to Earth for a period of time yet, even while we are here, fragments of our soul are having additional experiences. We actually leave a piece of our essence in the Heavens. This tells us that we already exist in more than one place. Veteran remote viewers also know this to be true. As they sit in a room, they use their ability to project a piece of their soul to another location as a psychic spy. There is also the phenomenon of bi-location. This is when an advanced soul can project its lighter body to a separate location for a specific purpose; for instance when there is a world crisis. Today's most brilliant scientists have a theory of Parallel Universes. Many of them believe that we are here, yet we are also having a separate life in another place. You see, time and space is an illusion; it's like a program that only works on Earth which does not exist in the Heavens.

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Jim Carrey

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eaves & Roots

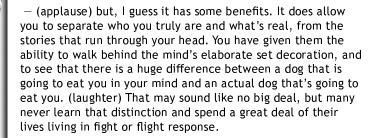
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You are the vanguard of knowledge and consciousness; a new wave in a vast ocean of possibilities. On the other side of that door, there is a world starving for new leadership, new ideas. I've been out there for 30 years! She's a wild cat! (laughter) Oh, she'll rub up against your leg and purr until you pick her up and out of nowhere she'll swat you in the face.

Fear is going to be a player in your life, but you get to decide how much. You can spend your whole life imagining ghosts, worrying about your pathway to the future, but all there will ever be is what's happening here, and the decisions we make in this moment, which are based in either love or fear.

So many of us choose our path out of fear disguised as practicality. What we really want seems impossibly out of reach and ridiculous to expect, so we never dare to ask the universe for it. I'm saying, I'm the proof that you can ask the universe for it — please! (applause) And if it doesn't happen for you right away, it's only because the universe is so busy fulfilling my order. It's party size! (laughter)

My father could have been a great comedian, but he didn't believe that was possible for him, and so he made a conservative choice. Instead, he got a safe job as an accountant, and when I was 12 years old, he was let go from that safe job and our family had to do whatever we could to survive. I learned many great lessons from my father, not the least of which was that you can fail at what you don't want, so you might as well take a chance on doing what you love.

That's not the only thing he taught me though: I watched the affect my father's love and humor had on the world around me, and I thought, "That's something to do, that's something worth my time."

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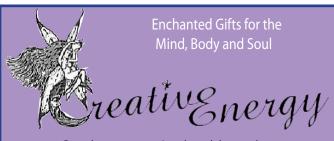
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Call to confirm and learn of last minute changes 50c per word, due the 10th of the month before. Email HorizonsMagazine@aol.com or call 321-722-2100 with credit card info. No calendar listings taken by phone. Listings must include time and physical location. \$10 extra for color or box around your listing

2d, 4th Thursdays MELBOURNE/PALM BAY 7pm Wiccan-Pagan Outer Court Classes, Church of Iron Oak email scribe@ironoak.org 321-722-0291

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Sundays MELBOURNE Spiritual Lecture Series 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 Love offering www.yogashakti.org

Sundays, FT MYERS 9:15 am and 11am services at Unity of Fort Myers, with Rev. Jim Rosemergy. www.unityoffortmyers.org Sundays MELBOURNE 10am Service Unity Church of Melbourne 1745 Trimble Rd (off Wickham) 321-254-0313 (pg 4) Sundays MELBOURNE 10am Spiritualist Chapel of Melbourne 1924 Melody Lane behind Melbourne Auditorium (321) 961-5390 Sunday MELBOURNE 10am Dharma Talk by Al Rapaport at Open Mind Zen 878 Sarno Rd Melbourne 321-427-3511 openmindzen.com

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November 7 - 9, 2014 MELBOURNE In celebration of Native American Heritage Month, the Native Heritage Gathering, Inc., and the Indian River Flute Circle will host a Native American music, arts and crafts festival at the Wickham Park amphitheater the weekend of November 7 - 9, 2014. Admission to the festival is FREE. Musical performances are scheduled throughout each day, with headliner performances starting in the late afternoon through 10pm. A full description of the event, including a list of headlining and featured entertainers, performance times, workshop schedules and registration, participating vendors, camping and accommodation specifics can be found at: http://nativerhythmsfestival.com .



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Croghar a Star



Jim Carrey

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My father used to brag that I wasn't a ham — I was the whole pig. And he treated my talent as if it was his second chance. When I was about 28, after a decade as a professional comedian, I realized one night in LA that the purpose of my life had always been to free people from concern, like my dad. When I realized this, I dubbed my new devotion, "The Church of Freedom From Concern" - "The Church of FFC"- and I dedicated myself to that ministry.

What's yours? How will you serve the world? What do they need that your talent can provide? That's all you have to figure out. As someone who has done what you are about to go do, I can tell you from experience, the effect you have on others is the most valuable currency there is. (applause)

Everything you gain in life will rot and fall apart, and all that will be left of you is what was in your heart. My choosing to free people from concern got me to the top of a mountain. Look where I am — look what I get to do! Everywhere I go - and I'm going to get emotional because when I tap into this, it really is extraordinary to me - I did something that makes people present their best selves to me wherever I go. (applause) I am at the top of the mountain and the only one I hadn't freed was myself and that's when my search for identity deepened.

I wondered who I'd be without my fame. Who would I be if I said things that people didn't want to hear, or if I defied their expectations of me? What if I showed up to the party without my Mardi Gras mask and I refused to flash my breasts for a handful of beads? (laughter) I'll give you a moment to wipe that image out of your mind. (laughter)

But you guys are way ahead of the game. You already know who you are and that peace that we're after, lies somewhere beyond personality, beyond the perception of others, beyond invention and disguise, even beyond effort itself. You can join the game, fight the wars, play with form all you want, but to find real peace, you have to let the armor fall.

Your need for acceptance can make you invisible in this world. Don't let anything stand in the way of the light that shines through this form. Risk being seen in all of your glory. --> A sheet drops and reveals a wall sized painting of Jim's.

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ABRAHAM-HICKS

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It is nice to know that whatever it is that you are feeling is a true indication of what you are offering, vibrationally. And that when you are able to understand the basis of your feelings or emotions, that then you can consciously understand exactly what your vibrational offering is, so that you could, if you wanted to, adjust it before the manifestation, that always answers it, occurs. That can be very helpful.

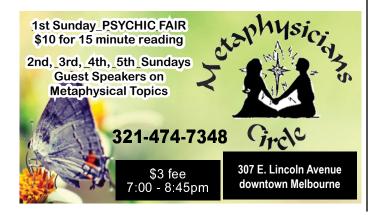
THIS VERY IMPORTANT MOMENT

The Art of Allowing is about paying attention to the way that you feel in any moment. This moment is a very important moment because in this moment, where all of your feeling is, is where all of your power is. In this moment you hold the vibrational leverage to allow the Well-being that you want and deserve, or not. No one else that you have ever known, whether it is government or that which you call God, certainly not your family or peers, no one has the ability to pinch off the Well-being that flows to you. Only you.

"In terms of in this moment, am I letting it in or not? Am I letting in my abundance when I'm dissatisfied with my current financial state of being? No. I'm not letting in more Well-being when I am feeling unhappy with the Well-being that exists.

"If I go to the doctor and he takes an x-ray and announces that I have arthritis in my shoulder, am I now allowing the Well-being that my body is asking for? Or in my concern,

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JANET STRAIGHT ARROW

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An initiated Shaman doing their work for at least ten and better twenty years, with excellent results, will then maybe acknowledged as a Shaman or Man or Woman of Medicine. Many are called to do the work of healing the earth, others and themselves through Shamanic practice. This is important work in this time of earth changes. The more people who answer this call to live and work in harmony with spirit and nature, the more we will recover our earth, personal healing and world order.

THE WORK OF THE SHAMANIC PRACTITIONER

Our current excitement and commitment to healing the earth has many people practicing spiritual healing inappropriately due to inadequate training and innocence. People do not know what they do not know. Practitioners need the tools and training to develop more clarity and awareness to work safely.

Our ancestors lived a simple life in harmony with the natural world. They knew not to participate in rituals and ceremonies that they were not in full understanding of. They also knew that travel to worlds and beings beyond your everyday sphere may allow your power to be given to others unknowingly.

As clients and practitioners, please use your deepest knowing in your telepathic body to discern appropriateness while you are participating in spiritual and Shamanic journeys, healing, ceremonies and rituals. Spiritual healing is safe and very effective when done with responsibility, knowledge and awareness. A good heart is not enough. Shamanism and spiritual healing are important in our time. Use caution and awareness as to who and what you allow to affect you in your life and in healing groups and sessions.

SHAMANIC LIFE FOR EVERYONE

Go take a walk and play and relax in nature. Discover your own nature and love your own body and honor yourself. Be aware of the environment and stop polluting the earth. Honor other people, the animals, trees, water, air, fire and everything on this earth and beyond. Be responsible for your actions. Learn and act with unconditional love. What you say and do affects everyone and everything as energy. What you put out comes back to you many fold. Have fun and learn to live in beauty, truth, health, happiness and light.

ABRAHAM-HICKS

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that has been amplified by this diagnosis, am I disallowing? When I see my friend's gorgeous new car and I feel thrilled beyond measure at her achievement of it, am I allowing my own abundance? Oh, yes! When I feel jealous of my friend's amazing new car, am I allowing my own abundance? No!"

THE POWER OF YOUR EMOTIONS

Your emotions are your indicator of what you are doing. Your emotions don't have any power. All of your power is in your choice of thought. All of your power is in your ability to focus your mind upon those things that cause you to feel good when you focus upon them. That's the power of your emotions.

IS IT A LIMITING BELIEF?

Do you know the only thing that can ever hold you back is your own limiting beliefs? Now, what is a limiting belief? A limiting belief is a belief that contradicts your desire. That's it. Well, how did you get those beliefs? You just picked them up along your physical trail, and now you drag them everywhere you go.

Do you do it deliberately? Do you say, "I think I will carry limiting beliefs around with me, to keep me from thriving, to keep me from being clear minded, to keep me from being safe, to keep me from being well, to keep me from being prosperous. I think I will just pick through the rubble of physical human experience, and I will just gather up a whole parcel of things that don't serve me well. And I'll carry them around and pass them on from generation to generation, and I'll make my life miserable with them and, hopefully, I'll pass them on to my children who will do the same."? It's not like that at all, is it? Not one of your limiting beliefs did you pick up deliberately intending to do yourself or someone else harm. You did not do any of this in a deliberate way, you did it in an indeliberate way, because you did not understand the power of your emotions. You did not believe that feeling good meant that it was good for you.

It does not matter how you picked up these limiting beliefs. The only thing that matters is that you recognize that the negative emotion is pointing them out to you. Negative emotion is saying to you: You're holding a belief that is thwarting your light from shining. It's thwarting the God Force or Creative Life Force that is naturally being drawn through you.

Sometimes we see you moving through your day-to-day experience, and you can tell that you have a limiting belief, or at least you can tell that something is screwy within you because you can feel the strong negative emotion that is within you. It often comes forth right after you have clearly identified that you want something. When you clearly identify that you

want something, when you heighten the focus of some desire and the Energy begins to move more quickly -- the limiting Energy becomes more evident.

Should I Lower My Desires? It's sort of like if you drive your car at 100 mph through a forest of trees, the trees are more apparent to you. They are more hindering to you than if you are driving your car through a forest of trees at 5 mph. At 5 mph, you feel you have more discretion to pick your way through them. But at 100 mph, you're crashing into a lot of trees. So the more deliberately you are focused, the faster your Energy is moving. And the faster your Energy is moving, the more important it is for you to release those limiting beliefs. Otherwise you sort of have a rocky ride.

Often, once you become aware that you're having the rocky ride you, almost without exception, begin to slow down your car. You begin to slow down your desire, and it gives you some temporary relief. When you say, "Oh, never mind, I don't really want that," your angst goes away because you slow the Energy deliberately. And so, the contradictory feeling is not so hindering or so apparent or so uncomfortable, or so noticeable. But we want to say to you, this is really going about it the hard way. And the reason that we know this so powerfully, and that we want to speak it to you so emphatically, is because the entire Universe has been established to produce the contrast that will constantly give birth to newer, fresher, more leading edge desire within you. And deciding that you will then go against all of the Universe, and keep yourself in a place of not letting yourself focus the desires that are born naturally within you, is a lifelong challenge. You have to work very hard at talking yourself out of the things that you were born to conclude.



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COVER ART

Athena, Owl & Pussycat

By Andrea de Michaelis



Andrea has published Horizons Magazine since 1992.

"Creating art is meditation for me."

The imagery is archetypal and I take everything as a metaphor having to do with my personal growth upon the spiritual path. I'm working on a series of paintings representing soul retrieval, showing the spirit version of the various fragmented parts of myself, each bringing back a healed part. Before I create

each image, I meditate on what the next step in my journey is. As I wait for thoughts to arise, an image comes to me who I take to depict a part of me, a facet of my personality, in this life, previous or future lives.

A soul retrieval in shamanic tradition has you meditate to alter your consciousness, then takes you, via inner imagery and creative visualization, on a journey to the astral realm to enlist the aid of helping spirits to locate and restore lost soul fragments. These soul fragments are restored by discovering what gifts each part of your soul is handing back to you. I take note of everything that comes into my mind's eye, because everything has meaning. I enjoy watching what unfolds on the canvas during my journey, and what unfolds within me as I work on it. I use painting as a medium for my spiritual path work.

The moon appears often in my work. It has to do with not only illumination and reflection, but with doubt, obscured vision, illusion, dreaming, mystery, the emotions. I paint the moon to give form to the imagery of the emotions evoked within me. When I paint a person, I take them as a guide who's come to give me a message, then I wait for the message to unfold itself to me.

They tend to have large eyes for seeing the broader picture than I do. Some have skewed eyes, so they can see from many perspectives. They tend to have wild hair since hair is a natural extension of the nervous sytem, like fine antennae enhancing intuition and inner guidance.

The owl is symbol for Athena, daughter of Zeus, the Greek goddess of reason, arts and literature. Often referred to as Night Eagle, Owl is at home in the night. It has great awareness of all that is around it at all times. It has predator vision, which means it sees clearly what it looks at. It has great intuition. It has the courage to follow its instincts. Owl's medicine includes seeing behind masks, silent and swift movement, keen sight, messenger of secrets and omens, shape-shifting, link between the dark, unseen world and the world of light, comfort with shadow self, moon power, freedom. If you carry Owl medicine, you have the ability to be aware of your own shadows and see the shadows of others. Your heightened perceptions allow you to be able to see through appearances and illusions without judgment.

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Alan Cohen

...continued from page 14...

The story, of course, was complete bunk. But I told it so many times over the course of the days that followed, with increasing detail, that now when I think of it, it seems as real as many things that actually happened. I can clearly picture Paul running out the back door of the concert hall and tossing the pick my way. I can feel the excitement of an event that never occurred!

Over your lifetime you have adopted an array of lies about yourself, underscoring what's wrong with you and the world. You have been playing out these untruths in your finances, relationships, career, health, and other significant arenas of your life. The world you see is based on a mass of illusions that appear to be real because so many people agree with them and base their lives on them. "If you take enough people to the middle of nowhere, it starts to feel like somewhere." Yet popularity cannot make fiction true, and habit cannot render fear more substantial than love. The only cure for illusions is truth. The only cure for a mistaken identity is to remember who you really are.

The story is told of a princess who was kidnapped as a child and taken to live among fishmongers. She grew up amidst piles of fish, smelled like them, and accepted the mentality of a struggling hawker. Years later, one of the king's servants found the princess and brought her back to the royal palace. Her parents welcomed her profusely and showed her to her elegant bedroom laden with the softest bed, flowers, incense, a breathtaking view, a sumptuous dinner, and servants at her beck and call. During her first night in the palace the princess tossed and turned. "Get me out of here," she cried out. "I can't stand this. I want to go home."

What the princess did not realize was that she was home. Elegance, royalty, and riches were her birthright. But she had gotten so used to living amidst foul smells and poverty that she believed those conditions were her true place in life. Normal does not equal natural. Like the princess, you have become accustomed to living in psychic quarters far shabbier than you deserve.

You can find your way back to the palace by remembering your origin. A Course in Miracles urges us to know, "I am as God created me." Your real identity is spiritual and spiritual only. You are not your name, age, weight, address, relationship status, job, bank statement, medical diagnosis, or any other attribute by which the world identifies you. While the world judges and pigeonholes you by fragmented aspects, God sees you as whole. When you share God's vision of yourself, you know who you are and you live in the love and dignity you merit by virtue of your divine inheritance. People can steal your credit card number or another physical item, but they cannot steal your soul. Don't leave home without it.

ENERGY VAMPIRES

...continued from page 12

ASK WHITEDOVE



...continued from page 15

If you are a happy, bubbly, and outgoing person you probably exude a tremendous amount of light and love. Positivity is a great thing, as it will attract good people and things to into your life. Unfortunately, this will also attract the energy vampires and leeches that want to steal your glow. Pay no mind to the insects that swirl around you. As long as you deflect them and swat them the other way, they have no power over you.

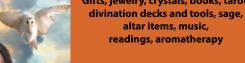
I work extremely hard to be positive even in the midst of chaos or drama. I am not going to let anyone try and pee in my cheerios. We all wake up with two choices; you either wake up and are happy to be alive and awake or you are pissed off because you are already predicting the worst for the day ahead. I CHOOSE to be happy above all things, because at the end of the day it is a choice.

Vampires and leeches walk among us through our everyday lives. It is up to you to ensure you protect yourself from having your energy sucked right out of you. Remember, "It is better to light a candle than to curse the darkness."

-Chinese Proverb

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The doppelgänger of German folklore is an exact duplicate of a person. I believe these body doubles to be one of two phenomena. The first being when a person sees an apparition of themselves; they are psychically glimpsing into the future and having a premonition. The second is bi-location; when someone reports seeing a look-like around the time of a tragedy; yet the person was known to be elsewhere. Just as our soul travels at night while the body is sleeping, our lighter body can be seen by others.

Dear Michelle, I've had a great love I believe was a karmic relationship because of the difficulties we experienced. This time I'm looking for a soul mate and I'm online dating, It's overwhelming because there are so many people there. I'd like to know is there a short cut to sorting through possible mates? Are there specific signs to look for when searching for a soul mate connection? Dating Again in Alaska

Dear Dating, You may have to kiss a lot of frogs. We come to Earth to learn many spiritual lessons and work through karmic debts. Spiritually speaking, love relationships are mostly souls who come together for the opportunity to resolve karmic debt. Each partner is trying to learn, grow and heal. This is one reason relationships can be like a revolving door. The good news. we all have more than one soul mate. To find that romantic partner you have to be ready for that energy to enter your life. Ask yourself, have I paved a way for a soul mate to enter? Have I transformed my life so that I don't attract dysfunctional relationships? Do I know the attributes that I'm looking? Make a detailed list and you will draw to yourself the things that you are focusing on. You can manifest a new loving relationship.

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This month's thoughts about things...

... from page 7 ...

"I want to look back on my life and be giddy with joy that I was the one who got to live it."

A friend is upset, citing "once again life has slammed a door in my face." I told her it's important to remember that it's no biggie when that happens, that something else will replace it soon enough. Where one door closes another will open, but you won't see the door if you're stuck in the grieving process of what you feel you lost.

But what if you feel you lost your purpose in life? Your purpose in life is just morphing into new forms of expression is all, and you're in the stage of "oh, the caterpillar is dying". That's all. After the caterpillar dies, the butterfly emerges. All it is doing is morphing. What a caterpillar calls death, we call a butterfly. You don't freak out when a student graduates high school. That's not the end, next is college or profession. To move forward, you don't look at what you're leaving, you look at where you're going.

How do I know if I'm looking in the wrong place?

You feel negative emotion when you're looking in the wrong place. If you're looking in the right place but carry unresolved baggage from the past, you won't see it. How clearly you see what is right in front of you is up to you. When you begin fulfilling your soul's purpose, you will see doors fly open all around you and it will become easy to attract the people who want what you have to offer.

The person next to you is part of your spiritual family, like it or not — or they wouldn't be there

When we fail to recognize who our spiritual family is Sometimes it's not so easy. You think those rascals around you are interrupting your spiritual practice? Those people ARE your spiritual practice. Honor your derailment because it puts you on the path to where you really want to be.

I'm always coming across friends who are scoping out locations to open a new healing center, a place for like minded folks to gather and come to circle. I've seen it often: a new group begins and soon enough personality conflicts split it apart and each party goes off to start their own group. Twenty years later, there are a dozen groups, each with just a handful of attendees. Everyone wants to start their own group rather than attend where someone rubs them the wrong way. What they fail to see is that each person in the group - especially if they rub you the wrong way — are there reflecting back to you facets of your personality that you are unaware of. When you are triggered by something or someone, that shows you where you have emotional work to

So, personality conflicts on the spiritual path? That's how we work this stuff out, with each other. And we don't get to work it out with only the ones it's fun to work on issues with. That comes later. First we have to work on it with the people we really don't care for, have no respect for and think are beneath us, who we think don't walk their talk or possess the skills they profess. The reason these people are in our experience and irritating us is because right now we are all vibrating in the same place — like it or not. So the quicker we can get over it and get on with it, the quicker we move onto the ones it will be fun to work on issues with. I promise.

You only feel competitive if you are disconnected from your inner guidance

Ah, the illusion of competition! That was the topic last month week during readings. What experience has taught me is there is enough for everyone, and we each attract according to right of consciousness: our expectation and belief about how much of anything we think is available to us. And it's all related, everything. He advertises more? So what! No one can take anything from you for long. If you're all caught up in the world of emotions, you're operating on an astral level. The astral level is where a lot of illusion lies. As we raise in consciousness, we rise above the astral level so that truths are less and less clouded by illusion. As we meditate, we are no longer driven by our emotions, we can distance ourselves emotionally from the situation. When we can view the situation objectively, we see there is never any competition. What anyone else does doesn't matter, unless you think it does. Again, your expectation and belief governs what you attract.

Those times you're reminded you're a business person competing for dollars in a world of just so many customers? That's when you know you've gone off your guidance signal. If you think anything anyone says about you can prevent you from attracting the good that is meant for you, you are temporarily disconnected from guidance. We've all done it. Gotten angry in the moment over some perceived wrong and created an entire scenario about it in our head, blaming someone else. But when we're conscious, we take the time to contemplate what is going on in our life. We take responsibility for what we've put into motion. We know that whoever we think is to blame is just someone we are allowing to have some power over us. Power over our thoughts and emotions. Allowing your thoughts and emotions to go there is a choice. Choose to rise above the astral level so you can see through the eyes of guidance.

There IS no competition. Focus on your work and why you do your work and why you love your work and pretty soon, you'll have more work to love. And you will have attracted it because you're now connected to your inner guidance, where you realize anything is possible, and anyone can do it.

Accept all things. It's the only way to wake up... anything else perpetuates the dream. Enjoy our offering this month. Hari Om.



Jim Carrey

...continued from page 19

This painting is big for a reason. This painting is called "High Visibility." (laughter) It's about picking up the light and daring to be seen. Here's the tricky part. Everyone is attracted to the light. The **Party Host** up in the corner (refers to painting) who thinks unconsciousness is bliss and is always offering a drink from the bottles that empty you; **Misery**, below her, who despises the light — can't stand when you're doing well — and wishes you nothing but the worst; The Queen of Diamonds who needs a King to build her house of cards; And the Hollow One, who clings to your leg and begs, "Please don't leave me behind for I have abandoned myself."

Even those who are closest to you and most in love with you; the people you love most in the world can find clarity confronting at times. Some pretty crazy characters (in the painting) right? Better up there than in your head. Painting is one of the ways I free myself from concern, a way to stop the world through total mental, spiritual and physical involvement.

But even with that, comes a feeling of divine dissatisfaction. Because ultimately, we're not the avatars we create. We're not the pictures on the film stock. We are the light that shines through it. All else is just smoke and mirrors. Distracting, but not truly compelling.

I've often said that I wished people could realize all their dreams of wealth and fame so they could see that it's not where you'll find your sense of completion. Like many of you, I was concerned about going out in the world and doing something bigger than myself, until someone smarter than myself made me realize that there is nothing bigger than myself! (laughter)

My soul is not contained within the limits of my body. My body is contained within the limitlessness of my soul — one unified field of nothing dancing for no particular reason, except maybe to comfort and entertain itself. (applause) As that shift happens in you, you won't be feeling the world you'll be felt by it — you will be embraced by it. Now, I'm always at the beginning. I have a reset button called presence and I ride that button constantly.

Once that button is functional in your life, there's no story the mind could create that will be as compelling. The imagination is always manufacturing scenarios — both good and bad — and the ego tries to keep you trapped in the multiplex of the mind. Our eyes are not only viewers, but also projectors that are running a second story over the picture we see in front of us all the time. Fear is writing that script and the working title is, 'I'll never be enough.'

You look at a person like me and say, (kidding) "How could we ever hope to reach those kinds of heights, Jim? How do you fly so high without a special breathing apparatus?" (laughter) This is the voice of your ego. If you listen to it, there will always be someone who seems to be doing better than you. No matter what you gain, ego will not let you rest. It will tell you that you cannot stop until you've left an indelible mark on the earth, until you've achieved immortality. How tricky is the ego that it would tempt us with the promise of something we already possess.

So I just want you to relax—that's my job—relax and dream up a good life! (applause) I had a substitute teacher from Ireland in the second grade that told my class during Morning Prayer that when she wants something, anything at all, she prays for it, and promises something in return and she always gets it. I'm sitting at the back of the classroom, thinking that my family can't afford a bike, so I went home and I prayed for one, and promised I would recite the rosary every night in exchange. Broke it — broke that promise. (laughter)

Two weeks later, I got home from school to find a brand new mustang bike with a banana seat and easy rider handlebars — from fool to cool! My family informed me that I had won the bike in a raffle that a friend of mine had entered my name in, without my knowledge. That type of thing has been happening ever since, and as far as I can tell, it's just about letting the universe know what you want and working toward it while letting go of how it might come to pass. (applause)

Your job is not to figure out how it's going to happen for you, but to open the door in your head and when the doors open in real life, just walk through it. Don't worry if you miss your cue. There will always be another door opening. They keep opening.

And when I say, "life doesn't happen to you, it happens for you." I really don't know if that's true. I'm just making a conscious choice to perceive challenges as something beneficial so that I can deal with them in the most productive way. You'll come up with your own style, that's part of the fun!

Oh, and why not take a chance on faith as well? Take a chance on faith — not religion, but faith. Not hope, but faith. I don't believe in hope. Hope is a beggar. Hope walks through the fire. Faith leaps over it.

You are ready and able to do beautiful things in this world and after you walk through those doors today, you will only ever have two choices: love or fear. Choose love, and don't ever let fear turn you against your playful heart.

Thank you. Jai Guru Dev. I'm so honored. Thank you.

This is the Official Commencement Address Graduating Class of 2014 from Maharishi University of Management, May 24th, 2014.

See full transcript and painting at https://www.mum.edu/default.aspx?RelId=694468



Barbara Lee is a Reiki Master Teacher, Psychic and Professional Astrologer. She offers phone consultations and a state of the art astrological chart service with six types of computerized reports. Call Barbara at 1-208-640-9524, visit on the web at www.IntuitiveReflections.com, or email barbaraleellc@gmail.com

HOROSCOPES OCTOBER 2014

Aries: May 20 to April 19 "I Am"

This month your restless state of mind has been causing too many sleepless nights. You can expect a tremendous amount of support from friends and family in assisting you with completion of an important project. Be aware of any unfinished business in regards to past relationship issues.

Taurus: April 19 to May 20 "I Have"

Unresolved issues concerning your Mother has haunted you most of your life. This Fall you will come to understand the reason behind her decisions and how she greeted the world. What is most important is to live free from resentment and know that understanding is the key to forgiveness.

Gemini: May 20 to June 21 "I Think"

Transiting Mars in Sagittarius is nudging you towards a creative project that has been on the back burner. The key to this project that you have been avoiding is one of a kind creation that will inspire many. Your desires are like flowers, prepare the soil for Spring and plant many varieties.

Cancer: June 21 to July 22 "I Feel"

Your work situation is causing you extreme stress having to do with feelings of inadequacies. Stress and anxiety are interfering with your job focus. Correct your unhappiness at work to avoid raiding the refrigerator late at night; exercise your stress away!



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Leo: July 22 to August 22 "I Will"

You may be in the middle of a personal conflict having to do with work verses personal relationships. You are at a crossroads of severe choices in regards to what you really want and are willing to accept as your reality. Trust in what you have asked for; timing is everything.

Virgo: August 22 to September 22 "I Analyze"

The trip you have been planning for months now will prove to be life transforming. It will be up to you what you do with the information you receive while you are away from home. Perception will be important for your new career this year, make it the best year yet.

Libra: September 22 to October 23 "I Balance"

This month you know what you need to do in regards to your appearance, where to shop, what to eat and how to exercise. Your inner soul craves knowledge now more than companionship. Your Solar Return year has you coming full circle back to yourself.

Scorpio: October 23 to November 22 "I Transform"

You will not be satisfied until you have made your mark in the world. You are a powerhouse and of energy this month ready and willing to do what you have to do. In the the heat of the moment with how busy you are, remember to take time for yourself.

Sagittarius: Nov 22 to December 21 "I Perceive"

You are being reminded to take back your innocence and become one with you inner child again. Walk away from the chaos of the outer world where stress, fear and greed are so common place. You have so much more to contribute to the world when you spend time on the inner planes.

Capricorn: December 21 to January 19 "I Use"

You are being reminded "to thy own self be true". Self Esteem has always been an issue for you, but now you are on your way to a brighter and more fulfilling future. You have reason to feel good about your recent accomplishments!

Aquarius: January 19 to February 18 "I Know"

October is always a very powerful month for you and this month nonetheless patience is your virtue. You are being put on notice to show some trust in your situation. Just know that what is yours will be yours in divine timing. There are some amazing magical times in your near future.

Pisces: February 18 to March 20 "I Believe"

Be like the ocean and allow yourself to express what feelings reside inside you. Your playful side is calling to you, feel the breeze on your face and dive into the waters of the Universe and allow her to surround you with her love.

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